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HOUSE & GARDEN

JULY $1.25

1979

Vitality food
that tastes terrific!
33 easy recipes

JUN 24 1979
LIBRARY

cial: Health and beauty at home

v to decorate rooms that
ke *you* feel wonderful

Blass's country house,
d with fresh ideas you can use

v to give your kitchen
ting country style

Ingenious ways to save money
all through the house

Great ways to arrange and
care for your photographs

Home gym in a closet—exercise
equipment to keep you fit rain or shine

Crafts of the month

2 easy storage units you can make
8 new needlepoint pillow designs

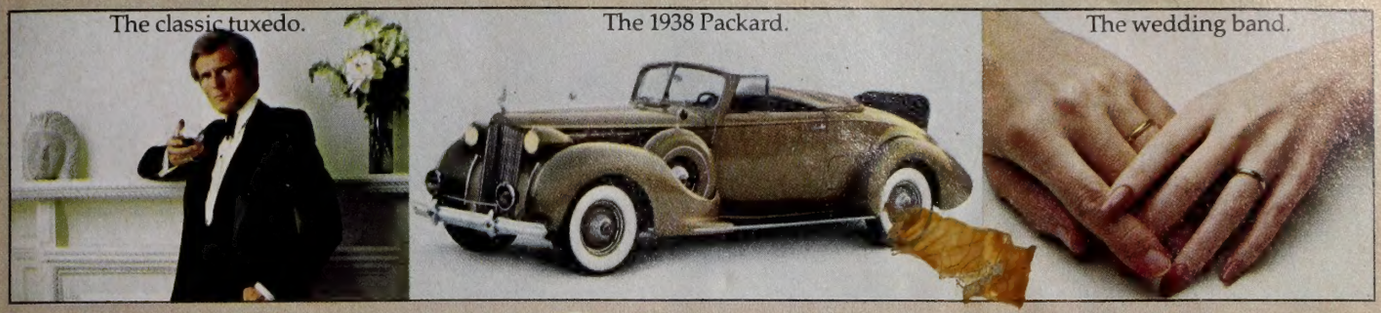
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Time-proven designs of traditional upholstered furniture provide the inspiration for these beautifully detailed loveseats from the Henredon Collection. Gracefully shaped back pillows follow the contour of the rounded back that was typical of late 18th Century upholstery. The careful tailoring of each line and curve is evidence of the handcraftsmanship that ensures lasting beauty and comfort. To receive catalogues of the Upholstered and Occasional Furniture Collections, send $3.00 to Henredon, Dept. G-79 Morganton, N.C. 28655.

Henredon

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ly gurgles back, his sounds have really made her day. Wonderful,
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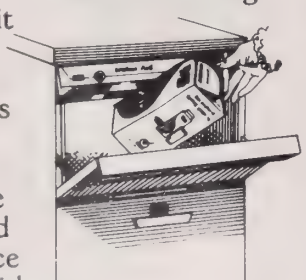
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Best of all, it has the same reliability and performance as KitchenAid dishwashers.



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Hobart Corporation, Troy, Ohio 45374

Incorporating LIVING for young homemakers

Vol. 151. N

HOUSE & GARDEN®

JULY 1979



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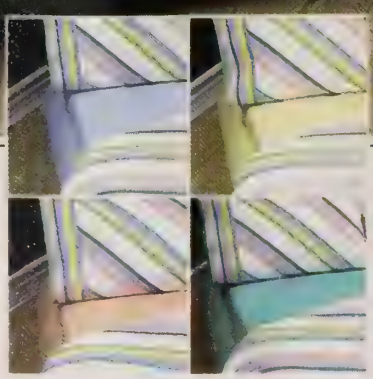
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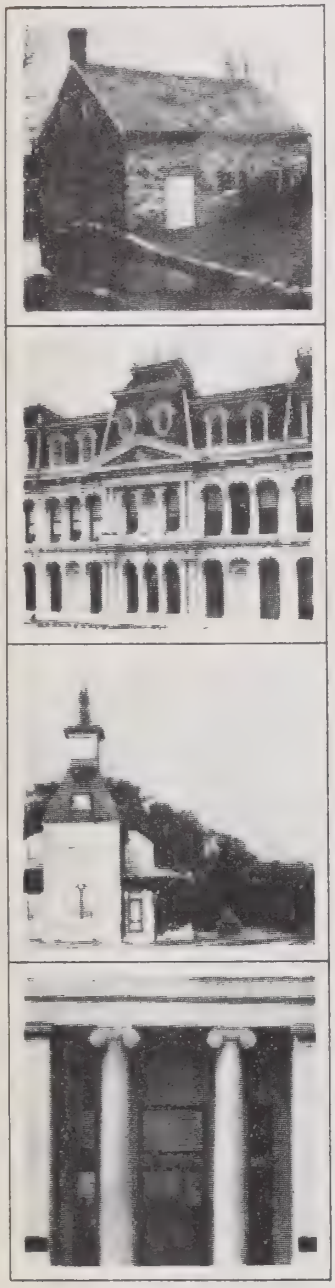
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JULY, 1979

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MICHAEL ALEXANDER

On the cover: A garden porch for dining, with an antique French garden table skirted for a summer's lunch, white-painted French park chairs, a blossoming azalea tree, and pots of flowers everywhere. "It's like dining in the Tuileries," says designer Ron Hefler, who added the porch to his California house "to let his dining room expand outdoors." (The two are connected by French doors.) With the help of designer David Graham, Mr. Hefler had the porch floor built with 2-by-6s painted with gray deck enamel. Panels of 1-by-2s enameled white and arranged in a herringbone pattern make a hipped roof that filters light.

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"HOW I BOUGHT A VOLVO WAGON AND LOST 1,000 POUNDS OF UGLY FAT."

By Pat Fellman, as told to Volvo.

You wouldn't know it to look
ne now, but I used to
e a wagon that weighed two
s and felt a block long.
thought that was the price
had to pay if you were a wife
n kids, dogs and groceries to
l around.
)ne day, my oldest daughter,
) had become very energy con-
us, said, 'Mom, what are you
ing that big thing for? Why
't you get something smaller?'
Then and there, I decided to
this weight problem of mine.
irst, I looked at the little
ion wagons. They felt tinny
unsafe. And they didn't hold
:h of anything.
Then I looked at the Volvo
;on. What a shock! It had
ost as much room in back as
monster I'd been driving. Yet
:n I drove it, it handled more
my husband's sports car.
:lt safe, solid, maneuverable.
as easy to park. And I could
k over the steering wheel
ead of through it.
omehow, since buying that
vo wagon, I feel more
rated."
tatistics show that 9 out of 10
ple who have bought new
vos are happy.
Vhy not follow the Volvo
ght reduction plan yourself?
ou have everything to gain.

VOLVO

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979 VOLVO OF AMERICA CORPORATION. LEASING AVAILABLE.



"Before, I used to have to wrestle with a beached whale. No wonder I felt tired all the time."



"This is me after losing half a ton. I feel like a new woman."

This month: A traveling show of new handmade furniture, a hotel/motel guide for traveling pets, japan paint by mail, and a photography collecting service

LIVING



JOHN MARSHALL

"Couch with gazelles" by Judy Kensley McKie. Poplar and Baltic birch

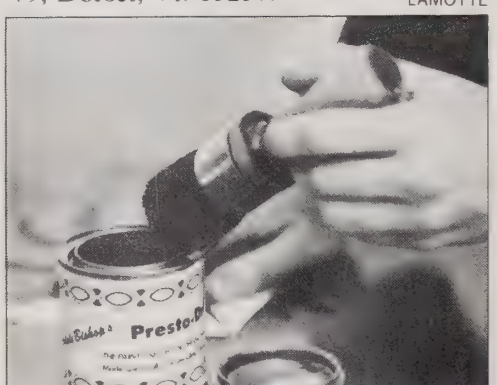
A celebration of wood

The tradition of American handmade furniture flourishes. And anyone who is looking for proof in an age of mechanized products need only see "New Handmade Furniture: American Furniture Makers Working in Hardwood," the premier exhibit of The American Craft Museum (formerly the Museum of Contemporary Crafts) in New York. The pieces, made within the last five years, meet certain requirements: They must be made of hardwood, make the best use of the wood's natural color and character, and they must work as furniture. But there's still room for a touch of whimsy—Wendell Castle's "Umbrella Stand" includes a carved raincoat! Through July 15, with a two-year tour of the U.S. and Canada. Write for the ACC Wood Bibliography, $4.50 ppd. ACC, 22 W. 55th St., New York, N.Y. 10019.

No-fuss stenciling paint ready-to-buy

The interest in stencil patterns on floors, walls, and fabrics continues to grow. Here's good news for those who want authentic results. The old-time japan paints, made popular during the Tiffany era of Art Noveau, are now available by mail. "Adele Bishop's Presto-Dri" Instant Drying Japan Paint comes in 1-ounce jars in a set of six colors—red, blue, green, yellow, white, black. How is japan paint different from acrylics? It gives you control: no smearing or run-under of the paint beneath the pattern, so you get clean, crisp outlines. And there's no drying time, so you can do large spaces quickly. You also get good color mixing—tips are included in the set. The set of six is $12.95; the brush $9.95 (add $2 for postage). For more information, write for Adele Bishop Catalogue, $1 to Adele Bishop, Dept. H&G '79, Dorset, Vt. 05257.

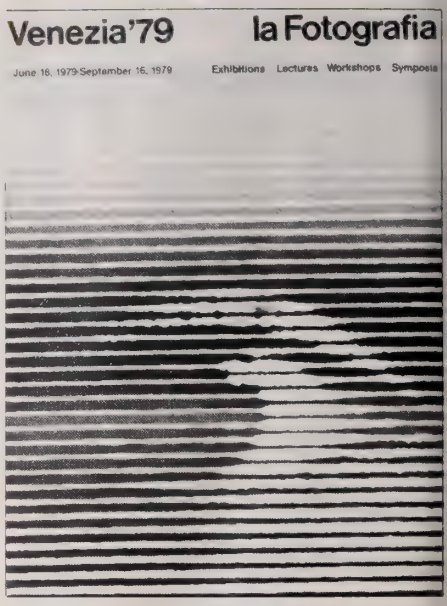
LAMOTTE



Kids' stuff

For children, summer usually means going places—to the beach, camping, or just down the street to play. Here are some ideal things for kids in summer, and they come from a new book, *Kids' Stuff.* The stuff includes a folding double-decker cot (to take on camping trips or overnight visits); storage bins that can be taken off the wall or stay put to hold soft balls, bathing caps, toys; and the backpacking equipment shown here for little hikes or picnics on bikes. By Linda Foa and Geri Bin. The book also has shopping information to help you find the stores and the manufacturers that make kid's stuff. Published by Pantheon Books, $15.95 at bookstores everywhere across the country.





International photo show

You might want to make special va tion plans this summer to include one the broadest photography celebratic yet: "Venezia '79—La Fotografia," a month series of workshops, lectur symposiums, and exhibitions by lead photographers from around the wor Among the exhibits: works by Diane bus, Edward Weston, Henri Carti Bresson, Alfred Stieglitz. Artists I Duane Michals, Deborah Turbevil Ernst Haas, and Lee Friedlander w conduct forty-six 6-day workshops. T classes, limited to 15 students, will taught in the instructors' native la guages (French, German, Italian, Sp ish, or English) with interpret available. Also available: special stud housing for participants. Tuition workshops is $100, with some cam and darkroom equipment provided.

Public lectures will be given onc week by photographers, including Dm Kessel, Sam Wagstaff, Allan Port And, two 5-day symposiums are sch uled: "On Latin American Photog phy" and "GEO: Behind the Scene The Making of a Magazine."

"Venezia '79," as its title indica will be held in Venice, Italy at the Pa zo Fortuny. The Palazzo, a 15th-cent building undergoing restoration, will main a center for photographic edu tion. Why Venice? "It's a magical ci says Regina Fiorito, of "Venezia '7 So, enjoy the magic June 16-Septem 16, 1979. Write The International C ter of Photography, 1130 Fifth A New York, N.Y. 10022.

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It was the time of "War and Peace." "The Nutcracker Suite." Of Tolstoy and Dostoevsky.

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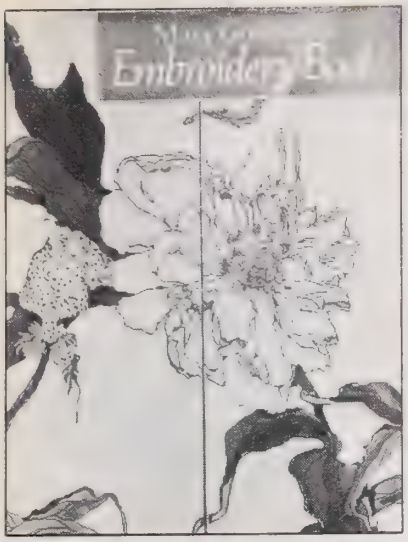
Life has changed since the days of the Czar. Yet Wolfschmidt Genuine Vodka is still made here to the same supreme standards which elevated it to special appointment to his Majesty the Czar and the Imperial Romanov Court.

Wolfschmidt Genuine Vodka. The spirit of the Czar lives on.



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Wolfschmidt Genuine Vodka



Embroidery by the book

What are you doing with your own two hands? Some kind of needlework, we'll guess. It's been a popular art form for centuries—from the Peruvian Indians in the 4th century B.C. to the tapestry makers of the Middle Ages. And the variations are as many as there are colors for yarn. *Mary Gostelow's Embroidery Book*, first published in England and now here, is a valuable compendium of the state of the art. There are more than 300 illustrations of stitches and techniques for appliqué, bargello, assisi, crewel, hardanger, patchwork, quilting, samplers, and embroidery. The book also lists further references for more information on the art. Mary Gostelow says the book "is less a history of embroidery than a really step-by-step guide to embroidery as it's practiced today. It's intended for craftspersons at the highest levels of expertise, and for beginners too." The book is $15.95 and published by E.P. Dutton.

LAMOTTE



A make-it-yourself summertime swing

This summer, you can turn your porch into an extra room by adding a slatted Chesapeake swing. This one goes together in less than 6 hours, with just a screwdriver. It comes in a kit with the pieces already cut and drilled, and manila ropes and metal hooks to screw into the porch ceiling. Designer Tom Bell-Wright suggests adding a sealing coat of see-through varnish or stain. He has made it in two sizes—5-feet and 8-feet long (ideal for sleeping out on hot summer nights). He will also custom build on request. The swing can be tilted to almost any angle, and can hold up to five people. $285 (5-foot) and $325 (8-foot) ppd. Write The Chesapeake Swing Co., 6 Bancroft Ave., Annapolis, Md. 21403.



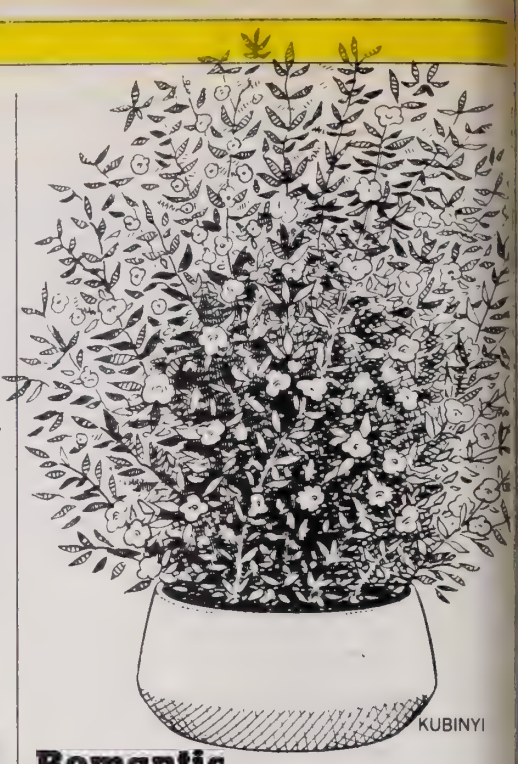
ROBERT LAUTMAN

Seek and he shall find

Photography lovers: Regardless of whether you're an old-pro collector or don't know a Stieglitz from a Steichen, you'll want to know about Photocollect, a photography buyer's service. Photocollect will track down the works you've been looking for and help you get them at the right price, bid for you at auctions, and help develop the collection.

"I don't tell people what to buy," says Alan Klotz, *left*, director of Photocollect. "But I'll always take time to discuss a photographer's merits, or recommend buying certain prints to strengthen a collection."

Photocollect also publishes a quarterly newsletter, *Photofolio*, a continuing guide for collectors. Subscription is $20 a year. Write Photocollect, 740 West End Avenue, New York, N.Y. 10025. Telephone in New York (212) 222-7381.



KUBINYI

Romantic flowering myrtle

Myrtle (*Myrtus communis*) is a Mediterranean herb grown today more for its attractive, trainable form than for its reputed medicinal or prophetic qualities. Once essential components of every bridal wreath and coronet, sprigs of this fragrant plant sacred to Venus, the goddess of love, are still often carried by brides in Europe.

One of the herbs producing copious quantities of essential oils, myrtle is also the basis of many old-time "skin cordials." The leaves and flowers were steeped in white wine and the essence was then distilled to produce a somewhat astringent bracer to improve the skin's tone and clarity. Merely rubbing fresh-picked leaves—citrusy in fragrance, with slight medicinal overtones—gently on the skin is a refreshing and soothing pick-me-up.

The plant does well in poor light, poor light for an herb meaning you can grow it without any direct sunlight, though the light available should be bright. Use a well-drained, loamy soil to which 10 to 20 percent fine peat moss has been added. Keep the soil reasonably moist. Regular treatment with a balanced fertilizer will aid the development of the small but pleasant white flowers.

Although it is a slow grower, myrtle should be pruned heavily each year at the beginning of the spring growing season and again around midsummer. This will produce a lush plant of almost impenetrable density. Because of its compact habit, myrtle lends itself very well to potted indoor topiary. Try growing a fragrant cube. The result is always eye-catching when the myrtle is set among your other free-growing herbs.

GARDEN ART

RICHARD LANGER

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But as your tastes have changed, you may have found yourself reaching for a cigarette even lower in tar. An ultra-low tar alternative that satisfies your new tastes in smoking.

Then the decision is Now.

Now has only 2 mg tar. And bear this in mind: today's Now has the most satisfying taste in any cigarette so low in tar.



Now

Only 2 mg tar. Significantly lower than 98% of all cigarettes sold.

Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

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You'll never run short of ice again with a JCPenney icemaker. And, right now you can get one free (water line and hook-up not provided) when you buy one of our most popular refrigerators. Models #0721 and #0022 excluded. Choose the frostless model shown and you'll save $80 more. Along with the free icemaker you'll get adjustable shelves, an energy saving Power Economizer Switch, and dependable JCPenney Product Service.

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Sorry, not available outside normal delivery area. Phone for details. Prices slightly higher in Alaska, Hawaii, Puerto Rico.

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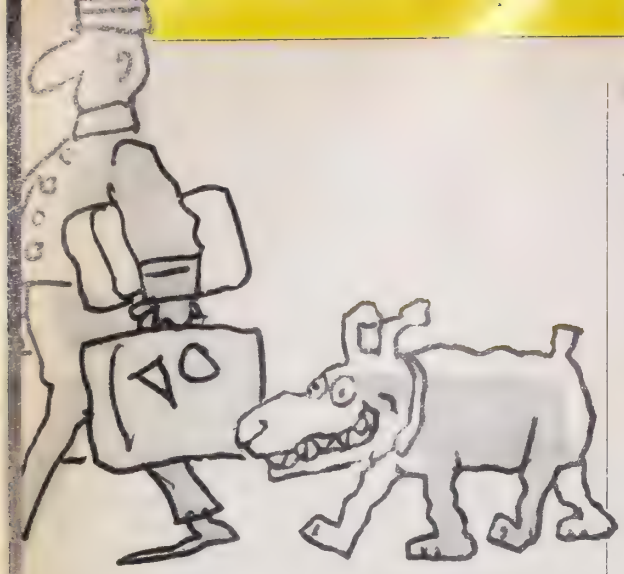
Stouffer's Side Dishes do for dinner.

Stouffer's Spinach Souffle and Noodles Romanoff are just two of the 13 side dishes Stouffer's makes. To liven up a simple meal. Or do justice to a special one.

Out-of-the-ordinary dishes. Made with uncommon care. To be uncommonly good. That's why they're the great mealtime accessories.



Stouffer's Side Dishes.



Best bets for pets

There's a directory for dog owners who want to take their pets with them on automobile trips. "Touring with Towser" lists hotels and motels nationwide where you'll *both* be welcome. Knowing what to expect can make a journey a lot more pleasant! The booklet also indicates the rules that apply to each place: "Small dogs only," "Small extra charge," and the like. Guests are always asked to keep their pets leashed when not in the room, and under control at all times. And do remember, whenever you make stops along the way during your trip, never, never leave your dog alone in the car in the sun or in warm weather—even with the windows open a crack. The car can heat to well over 100 degrees and the animal can suffer heat prostration. For the directory send $1 to Gaines "TWT," Box 1007, Kankakee, Ill. 60901.

PET NEWS

PATRICIA CURTIS

Watercolors in silk

A new way to live with art: Sit, lounge, or just plain revel in beautifully colored upholstery fabrics handpainted by artist Dennis De Crescenzo. De Crescenzo, who has been giving silks the look of watercolor painting for 10 years, has teamed up with Craig Fabrics, Inc., which takes the 10-yard stretches he paints, quilts them to Qiana, and treats them with a stain-resistant finish. The result: sturdy fabrics that stand up to upholstering but keep the soft, delicate feeling of the painted silk. What does the quilting do to the art? Craig Fabrics found it made the colors take on jewel-like depth. So far it has developed 3 designs: a floral on a wash of color, an abstracted flow of grays and pinks or blues and golds, and a butterfly shaped by the flow of the colors on the cloth. $85 a yard through designers from Craig Fabrics, 979 Third Ave., New York, N.Y.



EDWARD OLEKSAK

Good-looking planters from wine crates

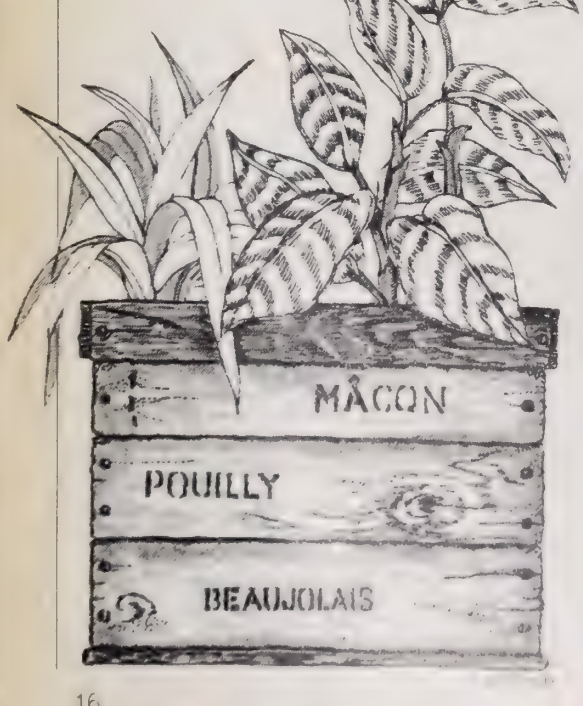
The patterns on wooden wine crates can be as distinctive as the labels on the bottles. They easily turn into good-looking indoor/outdoor planters. Here's a 4-step how-to from Charles Marden Fitch:

Treat the wood with a harmless preservative such as Cuprinol. Staple a heavy black plastic trash bag inside, and cut holes into the bag for drainage. Drill holes into the bottom of the crate if it isn't slatted to begin with.

Fill the planter with an inch of gravel or light foam packing nuggets. Top that with a prepared soil mix based on peat moss. Add a few teaspoons of a timed-release fertilizer pellet. Wet the mix with very warm water and let sit for a day.

Plant household plants with their root balls free or potted.

Place crates on a sunny porch and bring indoors about mid-fall.





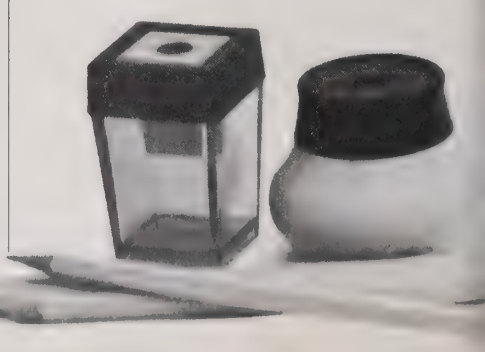
LAMOT

Stretch for health

Football has its pregame show. Tenn has its warm-up rally. And jogging, ru ning, swimming, almost any vigoro sport you can name should have preworkout stretch. Coaches and exerci physiologists everywhere have emph sized the value of the preliminary stret in any fitness program. One of the mo convenient we've seen is the Stretchi Cards sets from Bob Anderson, preside of Stretching, Inc. in Palmer Lake, Col Stretching is his business, and he h three ways to teach you: a book, char and the cards shown here. There are ho to-stretch-properly cards for runner travelers, and one for everyday, for tho who aren't specializing in any particul game. Stretches for you alone, or, mo fun, two together who use each other partners for an easier pull. The cards a $2.95; a chart $2; and the book, *Stretc ing*, $7.50. You can get a complete set charts for 23 different sports for $25 pp Write Stretching Inc., Box 767, Palm Lake, Colo. 80133.

Color to the point

Take a close look at the designs of today desk accessories and you'll see that the l tle things are getting a lot of attention- plastic clips in giant sizes and knocko colors, stack-em-up boxes in see-throu acrylics, fabric-covered clipboards, a pens and pencils that are shots of col sticking out from a breast pocket. Her another—a chubby pumpkin-color sharpener for $1.49 from New York Ce tral Supply, 62 Third Ave., New Yor N.Y. 10003.



MICHAEL LOVE

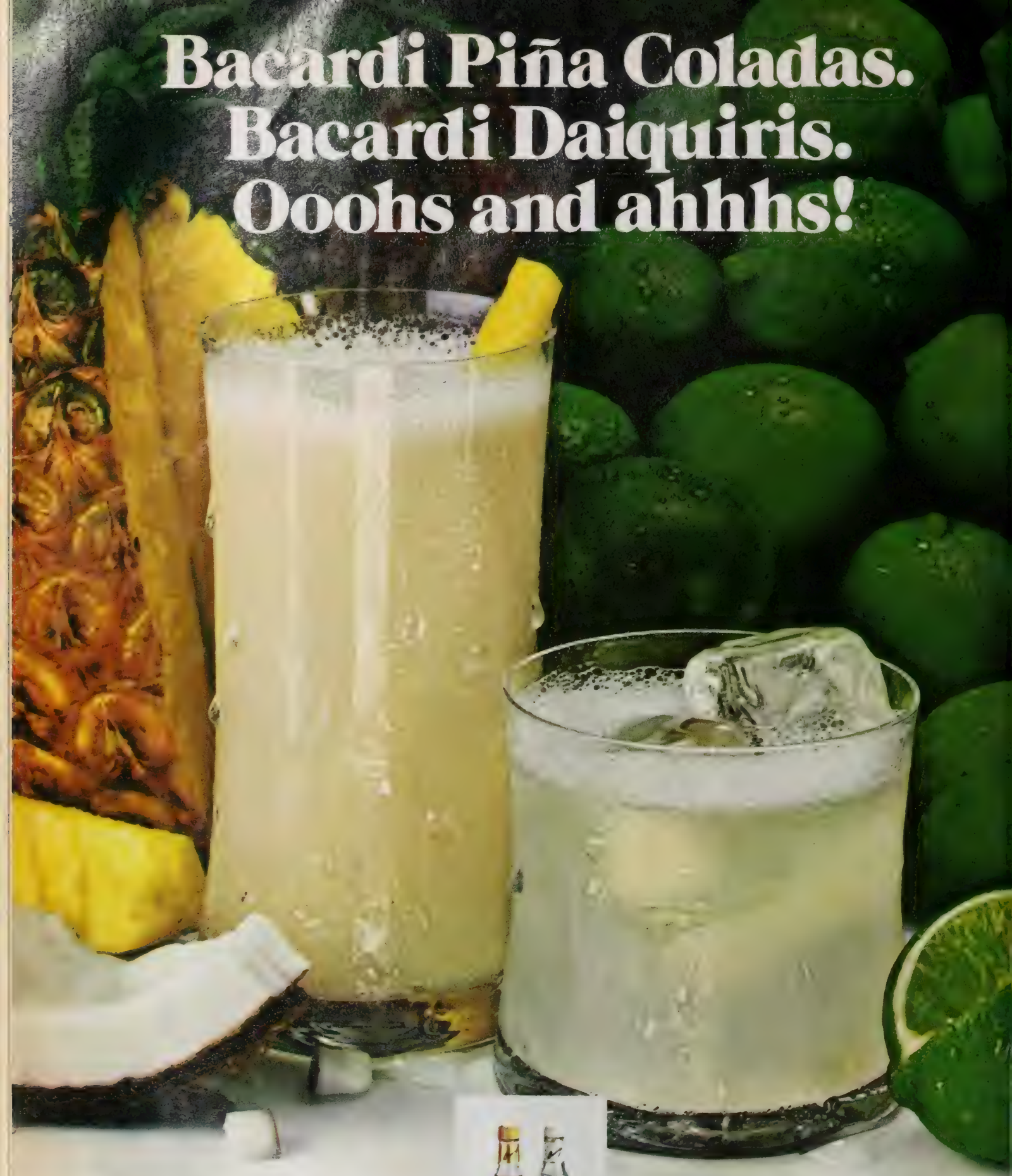
"I didn't do the usual Florida 'bit' with this West Palm Beach condominium. A few years ago these busy owners asked me to design a haven where they could really unwind. So instead of vivid colors and bold prints, I used soft, low-key tones, fresh touches of white and natural textures. And the upkeep is easy. Even after several months' absence, they can just walk in—and relax."

We at Century Furniture are very pleased that Mrs. Love, A.S.I.D., chose two of our classic Parsons chairs. If you would like to see more Century furniture, including our through-the-home collections, send for our Century booklet. Enclose $1.00 with your name and address to: Century Furniture Co., P.O. Box 3427, Dept. J-4, Hickory, N.C. 28601.

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Oooh! Frosty, frothy Piña Colada.
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Ahhh! Simply sublime Daiquiri.
Just shake or blend juice of half a lime or lemon and ½ tsp. sugar (or use prepared mix), with 1½ oz. Bacardi light rum and crushed ice. Strain and serve in a cocktail glass or on the rocks.

BACARDI® rum. The mixable one. Made in Puerto Rico.

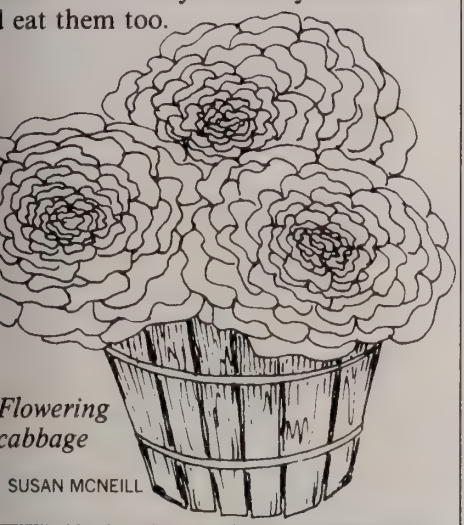
OFFER VOID WHERE PROHIBITED. BACARDI AND THE BAT DEVICE ARE REGISTERED TRADEMARKS OF BACARDI & COMPANY LIMI

BY RICHARD LANGER

Chinese vegetables indoors

Cabbage bouquets, snow-pea curtains, and other delicious ways to grow Oriental greens

ntainerized gardening brings to mind dow boxes and redwood tubs filled to rflowing with flowering bouquets. maybe this is the year to think vege- les instead—tasty and different Ori- al vegetables like Chinese cabbage, ite eggplant, and chrysanthemum. ey are a delight to both palate and . And now for the first time in years, seeds are available from several rces. So it's easy to have your flowers l eat them too.



Flowering cabbage

SUSAN MCNEILL

he particular cabbage I have in mind wa choy, the Chinese flowering cab- e (*Brassica oleracea*). Planted in late y or August, it will mature in the cool autumn, its favorite time. For a num- of weeks it will grow and develop in shion not unlike that of your run-of- -mill everyday green kraut head. en, suddenly, with the onset of cool nings, it will turn like the maples. u'll have cabbage roses in striking des of red and pink, delightful to look -and eat.

Grow hwa choy as you would conven- al cabbage, but more closely spaced. inches center to center, and the cab- es will fill their tub with a solid mass colorful foliage. Pick the outer leaves he heads mature. You can harvest for eral weeks until you finally decapitate crop.

f thinking of a cabbage as a flower is fusing, think of ivory-colored egg- nt. That's exactly what you get with wa, the Chinese version of our purple sion. The foliage looks like that of the nmon eggplant, if perhaps a little re compact, which is an additional s for container growing. A 3-gallon tainer is about the right size for one inese eggplant and the easily half-a- en or more fruits it will give you over the season. Since it grows as a 2-foot-high bush, a single plant alone in its container does not look out of place.

White eggplant is esthetically unacceptable to some people, affecting them in the same way yellow bell peppers affect me. The solution for them is purple Chinese eggplant. The color is familiar. The shape is not. Purple Chinese eggplants are long and thin, like cucumbers. But their taste is eggplant all the way—and never bitter.

Both eggplant and cabbage seeds are best started in flats or small peat pots and transplanted to their larger, permanent containers once the plants are past the seedling stage. You can sow them directly into the larger pots, but things will look very sparse until the plants are established.

While you're waiting for the seedlings to reach their transplantable size, why not plant a radish in their future home? That "a radish" is not a typographical error. If those marble-sized red balls at the greengrocer's are all you know of the radish world, consider daikon, a general if rather misapplied term for Oriental radishes. The Sakurajima Mammoth, for instance, has on occasion reached a weight of 100 pounds. Now that's a radish!

Most Oriental radishes weigh in at only a few pounds each. Still, one per pot will do you in most cases. Their growing time is longer than that of our radishes. They usually take 60 days or so to reach maturity. But they like cool weather and can be grown and harvested from your containers before the warm-weather seedlings such as eggplant and peppers are transplanted.



La chiao peppers

When it comes to containerized vegetables, yield's the thing. Growing enough for just a taste simply won't do. This could present a problem with beans. But enter the yard-long Oriental version, dow gauk. Two beans alone make a serving. And you'll get lots and lots of servings from a couple of plants. Trouble-free and easy to grow, this vegetable requires only two things—warmth and a pole or trellis to call home. Night temperatures should be in the 60s, which means planting in June or July. The short growing season of 40 days to harvest assures a good crop even in regions where fall comes early. Speaking of the harvest, although the bean will indeed grow to almost a yard in length, for tender taste it is best harvested when a foot and a half long.



Ginger

Continued on next page

The inside-out window box

Some urban situations simply don't lend themselves to container-grown vegetables. Or so it seems. There's no terrace, for instance, and the landlord is less than keen on your suspending window boxes outside your sixteenth-floor abode above the apartment house's main entrance. Well then, consider putting the window box *inside*.

This seemingly paradoxical form of gardening is particularly suitable for that taste delight, the edible-pod snow pea, which, like corn, is always best eaten no more than 10 minutes after the picking. Mount the window box on the inside sill of the window. If need be, you can even set it on the floor next to the window, but in that case you'll have to use artificial light until the plants can peep over the window ledge and see the sun in person.

Once the peas have begun to grow, lead strings from the window box to the top of your window frame. The vines will climb up these supports rapidly, giving you an exotic living green curtain. Better yet, there will be a profusion of truly beautiful lavender blossoms followed by a mass of snow peas. Best of all, the more you pick the more they'll grow.

continued from preceding page

Ornamental peppers are a popular pot plant indoors and out. But why settle for the florist's version when you can spice up your container garden with some hot peppers? La chiao, or chili peppers as they are known on this side of the Pacific, are just as attractive on the plant as in Hunan dishes or tamales. Dark green leaves, white flowers, long red peppers, and a fiery taste—it's enough to make a gardener, or a cook if too exuberant, cry with joy.

No Oriental cook could survive a day without ginger, a commodity that is often hard to obtain fresh, yet is simple to grow in a pot indoors or out. All you need is a few fresh ginger roots. These usually appear seasonally in the larger city markets and are always available in Chinatown.

Bury a fresh, firm root under 2 inches of soil, and once the shoots emerge, tend the ginger as you would any other house plant that likes sun. Like most house plants, ginger is tropical in origin. It can be grown outside during the summer, but needs to be taken indoors come fall. We usually end up forgetting to put ours outside for the summer, and so it sits among the begonias in the bay window, adding an Oriental bamboolike visual touch to the broad-leaved jungle.

To harvest ginger, dig around and cut off one of the new roots that has formed beside the old. Baby roots are pinkish and mild. Mature roots are grayish brown and gingery hot. Always leave enough roots for new plants. Once every 2 years, dig up the whole plant, harvest what you want, and repot some healthy growth in fresh soil.

The ultimate container vegetable may well be the chrysanthemum. Not the standard garden variety, but shungiku, the edible chrysanthemum. Frankly, you're going to eat most of the plant before it flowers—the greens turn bitter once the blossoms form—but you can always let the end of the crop go to flower.

The plant itself will grow to 4 feet. To keep it lower, pinch back the leaves and use them in cooking. But how? Well, try them in pork dishes, for one, or as a fragrant flavoring with vegetables, particularly snow peas. Then of course there's chicken soup. Chrysanthemum instead of celery in the soup means it may not be like the chicken soup mother used to make, but the combination is surprisingly good. And, just like mother's chicken soup, it's good for you. The chrysanthemum, after all, is considered the flower of life in the Orient.

The best footing

The question of what kind of container is best is as readily answered as the one about which china or flatware pattern is the best. In other words, it depends on your taste and surroundings. Starting with one of the most appropriate things for Oriental vegetables—recycled 5-gallon vegetable oil containers that a friend gets from the local Chinese restaurant—I've see almost everything used for container gardening—milk cartons, cut down and painted bleach bottles, colanders, vegetable baskets, galvanized wash tubs, and barrels cut in half, as well as the wooden planters so readily available. Metal planters, incidentally, are less desirable than those made of other materials, because the metal gets very hot in the sun.

Your imagination is as good as anyone's when it comes to picking containers. Just keep the basics in mind. For most plants, the container should hold a minimum of 1 to 2 gallons of soil. Although you might get away with less, providing more soil than the minimum keeps a plant cool and moist. Dry soil will kill container-grown plants very quickly, and it can be a real problem on a hot city terrace.

At the opposite end of the moisture spectrum is soggy soil. To avoid it, all containers used for growing plants must have some drainage holes in the bottom.

The soil itself should be rich. Don't use soil directly from the garden. It's simply too heavy and dense for good container growth. Your best bet is to purchase prepackaged sterilized potting soil. It comes in bags for container growers, and it heads off a lot of problems before they start.

Speaking of problems, growing containerized vegetables is really simpler than growing the vegetables in the garden, since weeds and pests are at a minimum. But for real success, make sure to water frequently enough so the soil never dries out, and fertilize regularly.

Suppliers

Oriental vegetable seeds are becoming more readily available at garden centers and plant stores. But if you have trouble finding what you want, send for a free catalogue from the specialists. Here are some of them.

Kitazawa Seed Co.,
356 West Taylor St.,
San Jose, Calif. 95110.

Nichols Garden Nursery,
1190 North Pacific Highway,
Albany, Ore. 97321.

Tsang & Ma International,
1556 Laurel St.,
San Carlos, Calif. 94070.



For the name of the store nearest you write Woodard, 317 Elm Street, Owosso, Michigan 48867.

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e art of exceptional beauty, at the very
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first time in its history, the Royal Society for tection of Birds has undertaken the creation of a on of international porcelain bird sculptures.

tern Bluebird, that vivid and much loved herald of th American spring, inaugurates the collection. in fine, hand-painted porcelain, it is both an ive work of art and a model of ornithological y. And it will be issued at the very modest price of which may itself be paid in three convenient y installments of $30 each.

w and original work of art has been designed to iety's commission by the internationally renowned artist Peter Barrett. The Bluebird is portrayed with gs outstretched, alighting among a cluster of od blossoms. The deep blue of the wings . . . the ue of the breast . . . the delicate formation of the tail s . . . all are depicted with realism and accuracy, in tic natural color.

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tradition of classic works in fine porcelain, *The Bluebird* will be made available in a single, limited , reserved *exclusively* for those who order from the 's first collection of international bird sculptures 1979. When all valid orders from those individuals een filled, the edition will be permanently closed. ficate of Authenticity bearing the signature of the r of the Royal Society for the Protection of Birds ompany each sculpture.

tern Bluebird, by Peter Barrett, will provide a ing focal point of beauty for your home. It will be ersation piece of which you will never tire. ured heirloom, to be deservedly passed along to generations.

rve *The Eastern Bluebird,* please be sure that your ation Application is postmarked by August 10, 1979.



Sculpture shown smaller than actual size. The complete sculpture stands approximately 6½ inches (16cm) in hei

RESERVATION APPLICATION

THE EASTERN BLUEBIRD

Please return postmarked no later than August 10, 1979

The Royal Society for the Protection of Birds
c/o Franklin Porcelain, Franklin Center, Pennsylvania 19091

Please accept my reservation for *The Eastern Bluebird,* to be handcrafted for me in the finest hand-painted porcelain, at the original issue price of $90.* plus $3. for shipping and handling. I need send no money now. I will be billed in three equal monthly installments, with the first payment due in advance of shipment.

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Limit: One per person

BY PAULA RICE JACKSON

Spicing up the natural look

New ways with makeup from Diane Von Furstenberg, a go-getting entrepreneur who thinks *sexy* is the look of the new American woman

Is there a woman alive who has not benefited from "The Natural Look," the dominant look of this decade? To American women, natural means positive, enhancing, down-to-earth good looks. We expect a woman today to have the courage of her curly hair, her strong jaw, her prominent nose, as well as of her convictions. But look: As the 1970s come to a close, there is a new and growing idea, something to challenge what has gone before.

Diane Von Furstenberg is 32 years old. She's Belgian, the mother of two children, an author, and the head of a multimillion-dollar clothing and cosmetics company. Diane Von Furstenberg designs: furs, lingerie, luggage, jewelry, table linens, wallcoverings, glasses, umbrellas, and fragrance—just a sampling of the things she's involved with now. Few women in America have made such an impact in so many different areas. She says if one word could describe the *how* of it all, that word would be Confidence. Part of hers grew out of the Natural Look of the 70s.

"There is no question in my mind that the way a woman looks is the reflection of how she thinks about herself," she says. We are talking in her new office, where she is surrounded by a deep, strong pink—the walls, the rug, the flowers. She is also to-the-minute prompt for our talk.

ALAN KLEINBERG



Diane Von Furstenberg in her new lab

"The Natural Look has been the only really accepted look, the only really universally popular way to appear in this country for many years. Women have profited enormously by the expert advice they've been given by beauty and health experts to help them look and feel their best naturally, in harmony with their own features. Who could possibly be against it? The Natural Look relates to real life, to husbands, to children, to Nature.

"But . . . things change. I think that makeup is a secret between a woman and her mirror and I also think that it won't be enough to just use makeup as a "natural enhancer." We should be thinking more about what we want makeup to do; which of ourselves we want to shimmer on the surface. I sincerely believe that in each woman there are many different women to be exercised and enjoyed. Makeup is one way of doing it, of expressing that variety. This new look I'm trying to describe is somewhat less 'gosh-oh-golly' wholesome, and much more sexy. In the 70s, we thought that a certain look for makeup was only appropriate for day or for evening. Seldom would the same makeup do for both.

"Let me give you an example. Look at my hair. [It's extremely thick and naturally curly, and she lets it hang loose around her shoulders.] It used to be that not a man in my life knew I had a curl on my head and this kind of fullness would only show when it rained—all that time I wasted trying to keep it sleek! Madness! Even five years ago, hair like this would only have been proper for evening because it looks dramatic and yes, a little sexy. Dramatic, yes. Natural, yes. I don't want to feel that I'm restric ed to a ladylike business look because run a company. I hope drama for d will be as acceptable as it is for evenin Of course, many women won't want dramatic look for day, but for the on who do, the proper makeup tools will there. Confidence is the key. When y have the courage to do things your wa you make your features into assets th are distinctive of you in all your variet What is makeup for, after all, if not f bringing forward a dimension of you self? This is the new direction.

"The most important area I'm focu ing on right now is treatment—the ca and conditioning of skin. Yes, it's st natural, back-to-basics thinking. B with the more-makeup look coming ar coming soon, cleansing and toning a moisturizing grow in their importanc More makeup means foundation wi more pigment for more coverage. means lipsticks, eyeshadows, and che colors with frank, bright colors, mo opaque textures. When skin was relativ ly bare, as it was in the 70s with all tho sheer, see-through foundations and co ors that let skin show what its natur condition was, good cleansing was cr cial for the overall effect. Now th we're thinking of skin as the clean ca vas over which these slightly heavi creams and lotions will be used, goo conditioning is crucial to health. An we're making great strides about wh can go into makeup to protect skin fro the sun, from the environment, and fro stress. It's very important, because you never have a better foundation for yo good looks than your good skin.

"Another great contributor to goo skin and your health in general is—onc again—water. You should try to drin as much as you can everyday. An here's a tip for those times when yo think you've eaten just a shade to much: Have a glass of hot water wit fresh lemon juice added to it. It has cleansing effect, I believe (or at least ps chologically I feel less guilty).

"Energy? My energy comes from m children. They are the part of my li that I keep distinctly separate from an thing else. They've taught me a very sp cial secret—that they reinforce yo belief in yourself because they make yo somehow greater than yourself. They r store and refresh me, because they forc me to shift my focus away from grow ups, away from business, toward anothe

Continued on page 2

Summer: The season that makes you feel younger can make you look older.

Remember when you were young, how good it felt to spend a day outdoors? Collecting seashells down by the beach, or enjoying long picnics by the lake, even lazing around the backyard was a special summer pleasure. You never worried about a thing, least of all, the drying effects of summer weather.



But now you're older. So when you are enjoying yourself outdoors, remember that warm, wonderful weather can become your skin's worst enemy. And each summer spent outdoors further promotes dryness and wrinkles...robs your skin of moisture, and steals its youthful look.

Usually, it starts with tiny dry lines. Then the skin becomes dull and tight to the uch...you can feel the softness slipping away. And efore you know it, you're beginning to look older than ou really are.

That's why you should discover the secret of the mysrious beauty fluid that restores the suppleness that your kin can lose to burning sun and drying wind. Millions of omen around the world share the benefits of this beauty ecret. Here in the United States, it's known as Oil of Olay.

As soon as you try Oil of Olay, you'll realize how fferent it is from anything else you've ever used. It's a lend of precious tropical oil and emollients that magially recreates a young and beautiful climate for your kin. In fact, Oil of Olay is so remarkably similar to your kin's own natural fluids and oils, it can actually help our skin look younger.

Oil of Olay is greaseless, so it never just sits on your kin. It penetrates fast to soften those telltale little lines nd silken the feel of even sun-dried skin.

Just gentle this precious fluid on your face and throat very morning, every night, and watch your skin drink it . Your very own mirror will tell you the lustre and diance of your skin has returned. And don't be surprised if your husband notices it too.

And Oil of Olay is so light-textured, it's the ideal foundation under makeup. It provides a smooth, even finish and helps prevent your makeup from streaking and caking. Sometimes, you may even want to wear it all alone, without makeup, to cherish bare skin and give it a radiant glow.

Once again, summer is here. And now, more than ever, is the time to discover the secret millions of women around the world share. Oil of Olay. The mysterious beauty fluid that can help you look your youngest, even in the summer.



BEAUTY HINTS

When you return from the beach, take a refreshing shower...and after that shower, lavishly apply Oil of Olay® to your face and those parts of your body that are especially dry – perhaps your elbows, or ankles. This will help alleviate that taut and tingly feeling that so often comes after a day in the sun.

If you've acquired a glorious-looking tan, forget about makeup. Instead, indulge your face with a wash of Oil of Olay. It will help make your natural healthy look even more glowing.

continued from page 24

aspect of myself. For me, children do this. For another woman, it could be writing or gardening. It really doesn't matter. The important thing is that when you relax you don't stop doing you simply do something else. And th more a woman develops herself by ha ing many targets her view can shift toward, the more vital and exciting she becomes."

How to wear your face better

"The real change that's coming as we look toward the 80s is an emphasis on makeup as art. Artifice, not artificial. It takes some skill to do this successfully so that you end up looking like a woman and not like a mannequin. Here are my suggestions to help you make the makeup change."

Skin

Learn the principles of light and dark, shine and matte. Wherever you apply a light color or a shiny texture, you bring that area forward; whatever skin you apply a dark or matte texture to will recede. Highlight your good features, shade-out the not-so-good.

Always apply makeup with a downward motion—cheek color and foundation. It's the exact opposite of your cleansing routine which should be done using upward motions. Up for cleansing, down for staying on the surface. Makeup should stay on the surface of your skin so that moisturizers underneath can do their lubricating work.

How to find where to place cheek color: press fingers lightly into the cheek and lift slightly. The color goes where you feel the bone. I also like to see cheek color go all the way around the eye. Color that frames the face looks more natural. The news is to intensify the color of that frame.

Select a color of foundation that complements your skin tone. Once again the news is to choose a color a hair darker—I prefer keeping it as light as possible—than what you're used to. Begin by staying sheer and gradually build the color as your whim takes you.

Eyes

Think shape. Neither the liner nor the color of your shadow is as important as the color of your eyes, so use a color to define their shape. Brown is for almost everyone and we'll be seeing charcoal and navy soon.

The most common mistake women make about their eyes is that they compete against themselves. Your eye color should be the winner, not the color of your shadow. Stay away from whites or pales. They really only look well on the very young.

Mascara is vital. Lots of it. Use two colors, if you're blond. The first coat should be brown with lots of black over

Eyebrows

Try this instead of applying the pencil directly to your brows: Rub the pencil end into the bristles of a proper eyebrow brush and then stroke the brush over your eyebrows. It's a neater, cleaner, softer look. Eyebrows may be getting thin again and this is an effective way to keep them sleek.

Lips

Shiny, deeply colored, maybe outlined, maybe not. Every woman is going to have to learn to use a lip brush—lipstick in the tube just can't deliver the kind of control you need. Thin lips? Choose a bright, sassy color. Thicker lips? Use the sultry, more muted shades.

Setting your makeup

Make it last with powder or water. A thin veil of translucent powder adds hours to your makeup's effectiveness. Water misted directly on your finished face, or a cotton ball dipped into water, squeezed, and patted on your face gives a glowing look. And here's a thought—contrast your finish with your clothes. If you're wearing matte jersey, give yourself the water-treatment which makes you glow and reflect light. If you're wearing shimmering silk, finish with the powder. It's matte and will absorb the light your clothes throw off. The focus is your face—enjoy the looks you get.

Beauty and health products new this month in the stores

What's new ... For the air that surrounds you: Sachets—ivory satin hearts filled with the essence of *Halston's* fragrance **Halston**. They go into drawers, closets, or even under a pillow to give your bed an aura of soothing scent. Two for $16.50. And there's more: **Halston Body Shampoo**, a creamy lotion that cleanses your skin in the bath; **Halston Splash** is fragrance in a lighter, fresher, cooler-than-cologne form you can use as a basis for the rest of the scent you wear, day or night; and a shaker canister of **Halston Perfumed Talc** can keep skin soothed and cool in summer. Find the collection at fine department stores across the country.

For skin that's active in summer: A 3-step control system from *Lancôme* that helps oily skin keep its just-cleaned freshness longer. **Control de Lancôme** helps normalize skin's natural sebaceous oils. **Priming Cleanser** disperses oils and impurities from the top layers of the skin. **Regulating Liquide** is then smoothed on with a cotton pad twice a day until oil levels are reduced. After that you need use it only in the morning. **Maintenance Cream** goes on at bedtime in tiny amounts and works with Re lating Liquide to soften and soothe sk The set costs $34.50 and, of course, e of the treatments is available separat Look for them at fine drug and dep ment stores everywhere.

For your lips: Since when can a stick double as a lipliner? Since **Doub** which is brand new from *Ultima II*. a double-ended pencil that comes in colors, and in 2 formulas (one at e end). One end is a smooth-drawing li the other, a rich, high-luster lipsti Sure saves space. $6 each at drugsto and cosmetic counters.

For your summer pleasures: Here wonderful batch of summer ideas, t and new ways to use familiar produ from the experts at *Clinique Labor ries*. 1. Bolster limp, fine hair by spr ing your brush with Clinique N Aerosol Hairspray. The spray can substitute for a setting lotion and ac an antistatic tamer for hair that's away. 2. To groom a stray eyebr sleek Wrinkle Stick lightly over bro 3. Clean nail tips with cotton-tipped ange stick dipped in Crystal Cl Cleansing Oil. 4. Use Herb Shampoo wash lingerie. It contains no perfu and works in the hardest water. A g idea for travelers. 5. To carry loose f powder in a small handbag, put Blen Face Powder on the small brush comes with it. Swivel brush down replace its cap. It's ready to apply w you need it. 6. Add a touch of "S Pink" Color Rub to your makeup b for a light, shimmery summer even look.

For your skin's health: Total Ecli Sunscreen Lotion by *Herbert Labor ries*. It's SPF rating is 15, the highest government lists. Use it at the beginn of your suntan project and then blen with whatever other products you us help your skin gradually adapt to sun's burning ultraviolet rays. Kee mental record of just how much ex sure you get. PAULA RICE JACKS

Your fragrance and herbal almanac



The sign: **Cancer**
Circa: June 22-July 22

One of the most fascinating and per tent mysteries of the human mind is effect of fragrance upon memory. W specific scents have the ability to p duce instant recall of past events, peo or places is not yet understood.

Intuitive Cancerians are especially sponsive to evocative fragrances and joy living with them. The beautifu scented **Renaissance Garden's** potpo ris and sachets are made from anti formulas and packed in imaginative manders, baskets, and stoneware croc Cinnabar perfume from Estée Lau has an enchanting Far Eastern aura.

MARIA REA


Don't I look super, man.
Diamonds. And suddenly you feel irresistible.
De Beers

© Lorillard, U.S.A., 1979

3 mg. tar with satisfying taste. New from Kent.

EASY-DRAW FILTER. Special double filter allows a free and easy draw... never muffling the good taste.

IMPORTED HIGH-TASTE TOBACCOS. A special blend with imported tobaccos packs as much taste as possible up front, so that enough good taste comes out the other end.

25 YEARS OF LOW TAR TECHNOLOGY. We called upon everything we've learned in 25 years of making America's leading low tars and put it all together with recent taste technology. The result? The lowest low tar with taste.

NEVER BEFORE HAS SO LITTLE TAR YIELDED SO MUCH TASTE.



IT TAKES YOU ALL THE WAY TO 3 MG. TAR, WITH TASTE ENOUGH TO STAY!

New Kent III

Satisfying taste. 3 mg. tar.

3 mg. "tar," 0.4 mg. nicotine av. per cigarette by FTC Method.

Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

NGENIOUS WAYS TO MAKE YOUR LIFE

EASIER

SAVING MONEY

ıvest in ourself

ick yourself into building investment fund: Bank all quarters you receive. If u get a raise, and you've en living in the black on old salary, bank it.

vo ways to resist tempta-n:

Think long-term. Do you ınt a house? A second use? A boat? A grand pi-o? A trip to Europe? ben a savings account just r that goal, and when mething you don't really ed attracts you, remember ur goal.



Think of saving as a posi-ve activity. Keep a list here you keep a running tal of the prices of things-u-could-have-bought but dn't. One person tells us e saves $75 a month this ay.

onsider yourself someone ho must be paid each onth, too. Save for just 10 ars—putting aside $125 a onth in a savings account paying 7½ percent, compounded continuously (that's 7.9 percent effective annual yield)—and look at the money you'll have at age 65. All but $15,000 is interest!

Deposit from ages	Balance at age 65
0-10	$1,528,290
10-20	714,482
20-30	334,023
30-40	156,157
40-50	73,004
50-60	34,129
60-65 (only 5 yrs.)	9,476

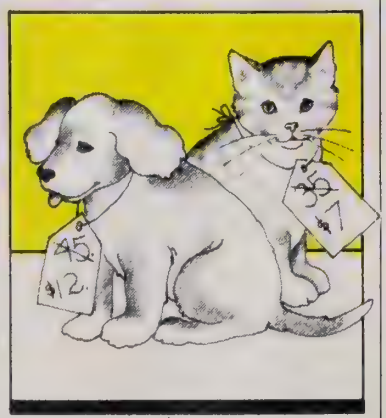
These figures assume taxes on interest are paid from other sources. From *The Economics of Being a Woman* by Dee Dee Ahern with Betsy Bliss (Macmillan, $8.95).

How fast will a guaranteed-interest investment double? Dee Dee Ahern suggests you remember the "Rule of 72": Divide the percentage annual interest into 72. Money invested at 6 percent will double in about 12 years; at 8 percent, in about 9.

Fun Savers

If your television has an "instant-on" feature, it uses some electricity even when it's off. Attach it to an extension cord with a switch so you can turn it *all* the way off.

What premium do you pay for eating out? Food writer Mimi Sheraton recently estimated that—generally—2/3 of your restaurant check goes for nonedibles.



Pets for less

Pet-shopping? Prices at your animal shelter or humane society won't make you howl. At Bide-A-Wee in New York City, for example, prices range from $7 for a mixed-breed kitten to $40 for an adult, neutered, purebred dog.

Commercial, nutritionally formulated food is best for your dog or cat, says Dr. Robert Cohen, V.M.D., staff doctor at The Animal Medical Center in New York. As an occasional treat, boil inexpensive fish or chicken innards and mix the warm broth and pieces with the pet's regular food. Innards and kitchen scraps are too rich to serve by the plateful.

Buy pet food and supplies by the case and save—query stores listed in city Yellow Pages under "Pet Supplies & Foods—Retail." Many deliver.

Check with your local A.S.P.C.A. to see if there's a low-cost pet-neutering center or clinic in your area.

Travel tactics

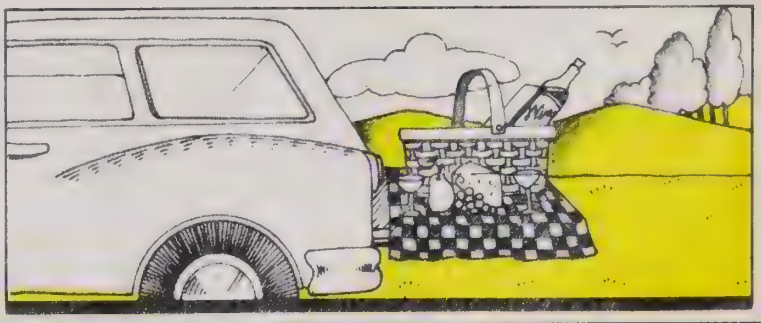
Read the fine print on super-saver air fares—it may pay you to hedge your bet by buying trip cancellation insurance with the tickets.

Find the foreign near home: The U.S. dollar goes relatively far in Canada and Mexico. Discover American local color, too—state departments of tourism and commerce and Mobil paperback guides (America in 7 volumes) list festivals, restorations, annual fairs.

You may get more for your money in a housekeeping cottage or rented private house than a hotel room—but find out what *local* food costs are first.

Traveling by car? Take along a picnic instead of stopping for a meal.

SUSAN GRAY



For more money-saving ideas, turn the page

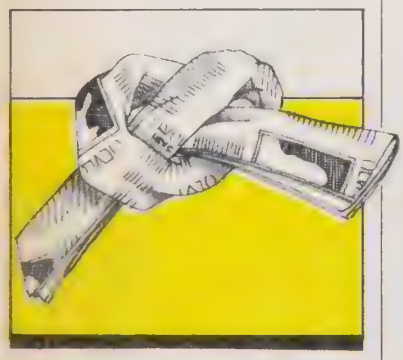
Decorating on a velvet shoestring

Don't just sit there—make something! Easy tablecloths and shawls: Buy material, pull threads to make a fringed edge.

Inexpensive, instant slipcovers: Indian paisley bedspreads you just throw on, tuck in, or tie. Let the hem fall to the floor, or wrap the fabric around to the underside and secure with Velcro tape. They're cotton—cool for summer, easy to wash—and come in delicious colors.

Almost free art: Save pretty canceled postage stamps, mat, and frame in groups, by color or motif.

Make your own kindling: Fold three sheets of black-and-white newspaper on the diagonal and tie in a knot in the middle. From Concern, Inc., a Washington, D.C. environmental education group.



Liven up an old headboard: Sew up a white piqué slipcover, diagonally quilted, with bow ties at the sides.

For an inexpensive headboard, gather sheeting on two ⅜-inch solid brass rods (top and bottom). To come out bed-width when gathered, sheeting must be twice that to start.

To give a room drama without a lot of expense, remember paint. In a white room, think what just one wall of color could do—House & Garden's Green Mint, Ultramarine Blue, or, perhaps for a small windowless kitchen, Tangerine.

Think Japanese: Switch from shoes to slippers at the door to save on rug cleaning. Good exercise for your feet, too.



Give an old lampshade a new lease on light—cover with brown wrapping paper pleated and shaped with a drawstring sewn through the top.

Low-cost, high-tech lighting: clip-on photographer's lights you can attach to a bookshelf or headboard.

Invest in furniture that can make changes—expandable tables, modular seating, movable wall systems. When you're ready to redecorate, you don't have to reinvest. Just rearrange.

Moving bigger? Expand your wall-to-wall carpeting: Have a broad border bound on in another color carpet.

Beauty savers

Make shampoo go three times as far: Decant into a plastic bottle in 1:3 proportion with warm water, as super-hairdresser Marc Sinclair does. Easier to rinse in—and out. Also, check discount health and beauty shops—you can sometimes find name brands of shampoo concentrate—or shampoo by the gallon—at a fraction of the cost of the standard bottles.

A very inexpensive way to get all the tangles out: Add a little white vinegar to your rinse water.

In a hurry? Baking soda on a brush = a dry shampoo.

Turn from toothpaste to tooth powder: Plain baking soda. Store in a sealed jar.

Frugal feasting

If you work, bringing your lunch from home two or three days a week can easily save you $200-$1000 a year. Discover a money-saver that's thousands of years old: Peasant cooking. Experiment with pastas, frittatas, curries, stews, Moroccan couscous.

Shop for bargains in protein: lentils, split peas, soybeans, chick-peas with rice, cottage cheese, and peanut butter. Learn the art of the omelet and the crêpe.

Turn dry bread into croutons or bread crumbs. For hors d'oeuvre shells: Dampen each slice, press into muffin tins, and toast.

Give everyone an initialed napkin ring so he or she can use one napkin for several meals (barring sauce splashes and colds). Eighteen-inch-square "lapkins" are a cinch to sew. And they can more than pay for themselves with what you'd have spent on paper ones.

Cut automatic dishwashing costs in half: Skip the drying cycle. When rinse cycle stops, turn the dial gently to *off*. (You can preprogram some machines.) Then leave the machine door open 3 inches so evaporation can speed drying. Run the dishwasher only when you have a full load—more savings.

Powdered milk will work well in place of fresh in most recipes.

Greenthumb pennypinching

Start an herb garden in a hanging pot—any herbs except horseradish will do. Use all-purpose potting soil. Give sun.

Plant quick-multiplying bulbs mice dislike: daffodils, scilla (not tulips).



Plant a minimal-maintenance 'lawn': moss or pachysandra.

Feed your garden after dinner: Keep a coffee can by the sink to save eggshells, coffee grinds, outer lettuce leaves: free compost.

Keep a waterproof container with 2 inches of moist vermiculite handy, so you can root a snipped or broken plant tip right away.

Can't wait for cuttings to grow up? Try ivy topiary: Make a frame of wire or chicken-wire screening and train ivy up. A source for compact-growing ivies: Alestake, Elkwood, Va. 22718 (catalogue, $1).

Have a vegetable garden, even indoors. Leaf lettuce, cherry tomatoes, eggplant, peppers, and—with a trellis—tomatoes and cucumbers will grow enthusiastically in pots in a sunny spot. For particulars, see *Vegetable Gardening* ($1.95 a copy prepaid from Oxmoor House, P.O. Box 2463, Birmingham, Ala. 35202. Alabama residents add 4 percent sales tax).

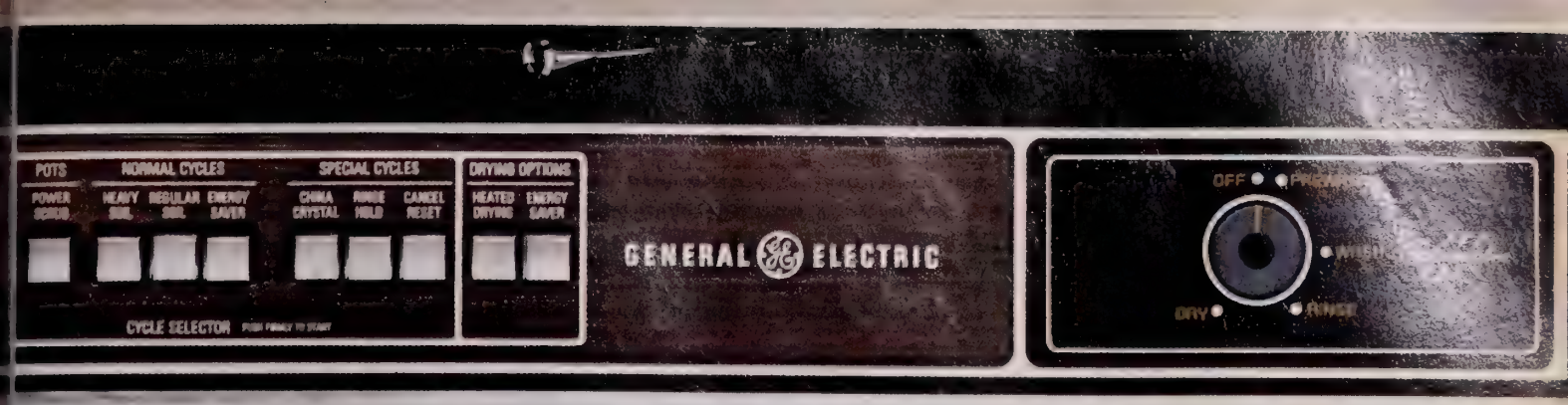
Budget basics

Keep a running total of just what you spend on luxuries. You'll be tempted to spend much less.

Anticipate nonmonthly bills the way author Shirley Conran (*Superwoman*, Crown, $8.95) does: Make monthly installment payments in a special savings account.

Unload oldies-but-goodies at a thrift shop, repairables you no longer want at charity boxes such as Goodwill's. Get a receipt for tax deductions if you itemize.

Speaking of taxes, bone up on ways to pay less tax legally. The I.R.S. considers a surprising number of things tax-deductible: watch repairing, for example, if a watch is a must on your job. As tax return preparation expenses are deductible, hiring a reputable tax accountant may not be—in the final analysis—as expensive as you might think.



"My Potscrubber® III dishwasher even cleans dishes that are stained and discolored with enchiladas.



Susan Echito

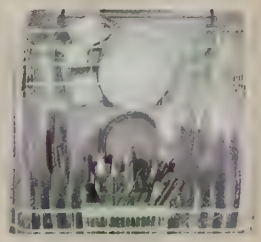
Susan Echito
Chino, Ca.

I can't tell you how impressed I am."



The Potscrubber III dishwasher cleans better and holds more dishes than any dishwasher General Electric has ever made.

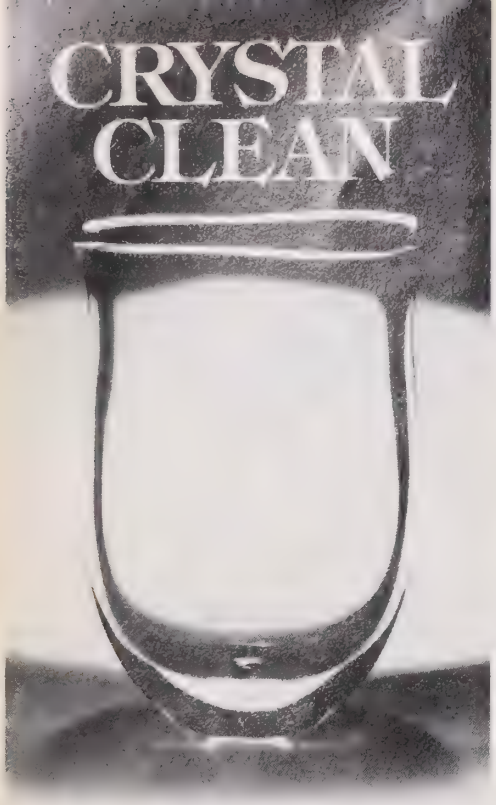
It features the exclusive Multi-Orbit™ wash arm which combines with the Power Shower on top, and the Power Tower in the middle, to give you a pattern-changing 3-level washing action for sparkling clean dishes, glasses, pots and pans.



The Potscrubber III dishwasher runs quietly, and it's the most economical to use in GE history. The new Super Racks hold more, to cut down on washes; the machine uses less hot water to save you money and it has a special energy-saver drying button to save you even more.

The Potscrubber III dishwasher. **It's the best dishwasher we've ever made.**

GENERAL ELECTRIC



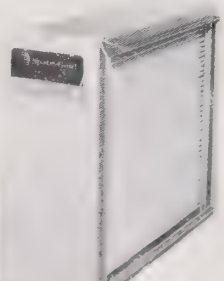
as the air you breathe with **Space-Gard®** high efficiency air cleaner

You'll have cleaner crystal, furniture, draperies, and even carpet — when you have a SPACE-GARD air cleaner in your home. Because SPACE-GARD removes up to 90% of the dust and dirt circulated through it. And **99% of the irritating pollen and spores!**

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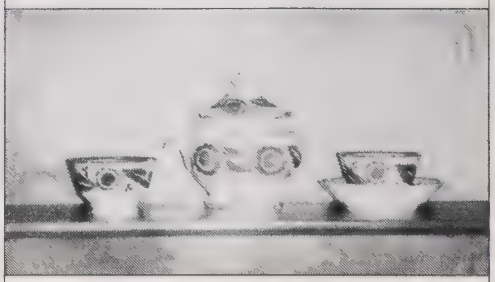
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Manufacturers of the Aprilaire® Humidifier

ANTIQUES QUESTIONS & ANSWERS

BY LOUISE ADE BOGER

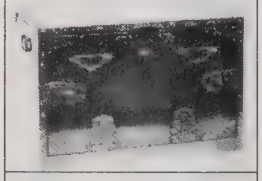
English tea set

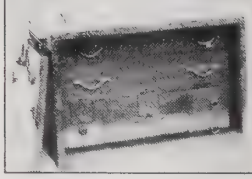


Q. I would like to know where my tea pieces were made and about how old they might be.
J.H.S.—Seal Beach, Calif.

A. Your English porcelain tea pieces were probably made about 1820 by New Hall or one of its competitors. The globular form of your covered sugar bowl derives from contemporary English silver and is characteristic of the era, but is far from common.

Keyaki sea chest





Q. My son got this chest in Japan and the dealer said it was Keyaki wood. What is this wood, and is the chest a very old one?
B.R.—Carmel, Calif.

A. Keyaki is the Japanese name for birch. Your solidly constructed sea chest with handwrought iron mounts was probably made in the very early 19th century at Sado, an island belonging to Japan, which is noted for its sea chests.

Bavarian porcelain



Q. I would be interested in knowing the origin of my dishes and something about the firm that made them. Can you help me?
H.M.—Laurel, Miss.

A. Your dishes, dating perhaps around 1900, were made at a porcelain factory started 1814 at Hohenberg, Bavaria by Carl Magnus Hutschenreuther. One of his sons, Lorenz Hutschenreuther, started his own porcelain factory in 1857 at Selb. They prospered, and in the early 20th century each factory purchased several other well-established porcelain factories. In 1969, C. M. Hutschenreuther of Hohenberg and L. Hutschenreuther of Selb united under one management and the name became the Hutschenreuther Co. Racine is the name of your pattern.

Open salts and mustard pot



Q. From my photograph and the mark, can you tell me when my silver tableware was made?
K.H.R.—New Orleans, La.

A. Your pair of oval open salts and a oval mustard pot with domical cove and fitted blue glass liners were probabl made about 1880-1900 by the Atki Brothers, English Victorian silverplater working at Sheffield.

Boy robbing nest bank



Q. Do you have any idea who made my old bank? The boy climbs out on the tree limb, and when the spring is released, the limb falls and pushes the coin into the trunk.
C.P.—Newport, R.I.

A. The manufacturer of your mechan cal bank, J. & E. Stevens, of Cromwel Conn., calls this bank in its 1906 cat logue, the "Tree Bank." It was designe by Charles A. Bailey of Cobalt, Conn who designed some of the most desirab of all banks.

Continued on page 3

THE VERSATILE GE MICROWAVE COOKING CENTER.

)ESIGNED TO COOK TODAY'S MEALS FAST. OR FANCY.

e days, you've got a lot more to about than just what's cooking. e built our versatile Microwave ing Center for the way you cook .

When you've got just minutes to meal, our microwave oven up top ave you time on everything, from sting to reheating, from baking to ng. It lets you cook by time *or* temperature. And multiple power levels give you a range of time-saving choices.

On the rangetop, you'll like our Calrod® units that unplug for easy clean-up. (Or choose the exciting decorator ceramic cooktop.)

And when you've got time to spend on good cooking, there's the conventional lower oven. And it's self-cleaning so you can cook all your delicious meals without the messy clean-up.

We think you're going to like our Microwave Cooking Center a lot. Because you can get a lot more out of it when you have the time to put into it. And even when you don't.

You can count on GE for great ideas in cooking.

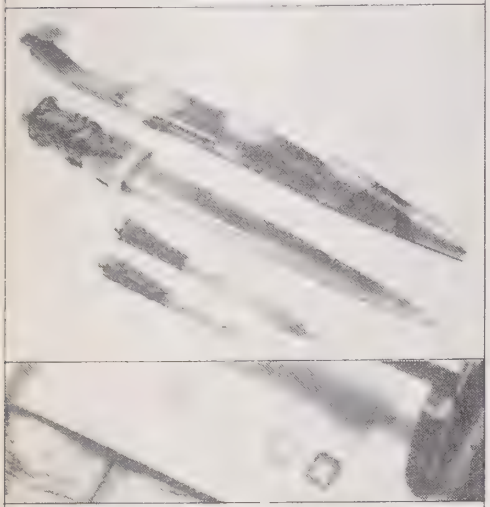
GENERAL ELECTRIC



Q & A

continued from page 32

Scottish dirk



Q. Who made the mounts for my silver dirk and can you tell me how dirks are worn?
C. McC.—Syosset, L.I.

A. In 1898-1899, the Edinburgh silversmiths Young & Tatton made the silver mounts for your dirk, which is the name given to a dagger, especially a heavy dagger, carried by the highlanders of Scotland. The dirk, as worn in full highland costume, is a richly ornamented weapon with cairngorms or other ornamental stones or silver beads, as in your example, set in the head of the handle which has no guard. Inserted in the sheath may be two small knives or a knife and fork, depending upon the wishes of the owner.

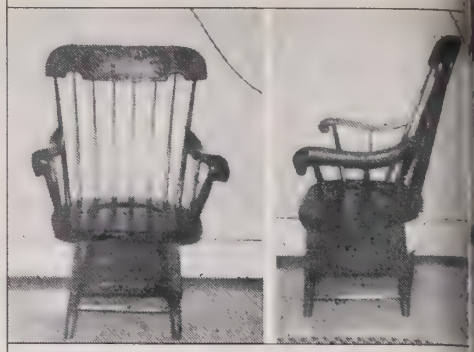
Early typewriter



Q. My Smith-Premier typewriter has two sets of keys, prints from the center, and types characters on the bottom of the platen. Can you tell me how old it is and something about it?
C.L.O.—Albuquerque, N.M.

A. The Smith-Premier typewriter was invented in 1888 by Alexander Timothy Brown and was manufactured by the Smith-Premier Typewriter Co. of Syracuse, N.Y. Strength, durability, light touch, and speed were its chief features. It enjoyed an extensive world sale until later improvements supplanted it. Model No. 2 was introduced in 1895.

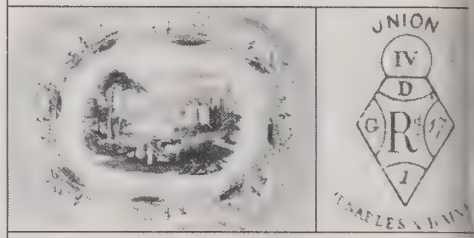
American commode chair



Q. Is my unusual chair of American origin, and is it very old?
D.L.—Southbridge, Mass.

A. Your commode chair, of the Boston rocker type, was made in America about the 1850s. The stenciled decoration on the crest rail looks in good condition.

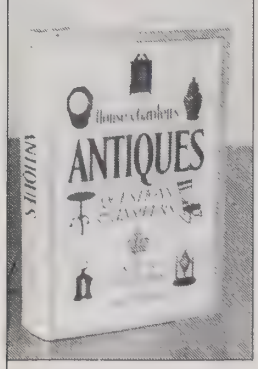
Staffordshire platter



Q. I would like to know when and where the makers of my platter operated and how old it is.
J.M.—Bombay, India

A. The Staffordshire potters Venables & Baines, active about 1851-1853, registered your pattern, Union, at the English Patent Office on Feb. 17, 1852. This finely engraved underglaze blueprinted rural scene might almost be a real scene in northern England, with its customary castle, loch, and town with church in the background.

Antiqueries



Copies of Louise Ade Boger's book *House & Garden's Antiques: Questions & Answers*, which contains more than 900 items chosen from past columns, all arranged by category for quick and easy reference, can be purchased for $12.95 a copy, plus 45¢ to cover the cost of postage and handling. To order, please write to: Condé Nast Books, Post Office Box 3308, Grand Central Station, New York, N.Y. 10017, enclosing your remittance and correct mailing address.



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space.

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Save Space.
Our totally adjustable shelves give you space for big cartons and odd-sized containers.

Save Money.
The automatic icemaker comes at no extra charge. It replaces ice as you use it. And the removable storage tray holds up to 190 ice cubes

Y THIS GENERAL ELECTRIC "BIG SAVER" REFRIGERATOR FORE JULY 31, 1979, AND GET THE ICEMAKER AT NO EXTRA CHARGE.

Thinking about buying a new GE refrigerator? 's the time, because GE is offering this model ealers with a factory-installed icemaker at no charge.*

You'll make other big savings too. You see, GE refrigerator is designed to save you space, gy, work and time.

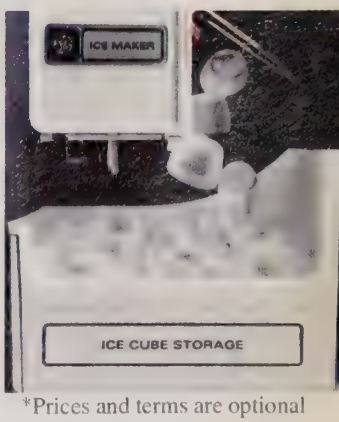
And because this GE refrigerator is also built st, you'll keep on saving in all these ways for s to come.

It's no wonder we've had many letters from families telling us that the GE refrigerators they bought years ago are still running smoothly today. They feel it's been a good investment.

So stop by your nearest General Electric dealer now, and look at our "Big Saver."

It could be a visit that'll pay off for years and years to come.

It all adds up to a good investment.



*Prices and terms are optional with participating dealers.

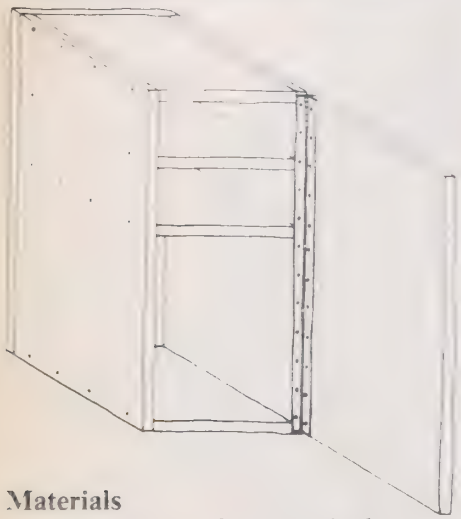
GENERAL ELECTRIC

BY PETER STAMBERG

How to make the inside storage unit

(see page 116)

The 24-inch-short column



Materials

2 6-foot lengths of 1-by-12-inch #2 pine	$10.44
23 ½-inch piano hinge (Note: can be cut to size at hardware store or cut down with hack saw or tin snips)	1.32
2 ounces 1½-inch (4d) finishing nails	.12
2 ounces wood glue	.15
25 ⅝-inch flat head wood screws	.25
2 sheets sandpaper (1 fine, 1 medium)	.30
Total:	$12.58

Tools

Saw	Pencil
Hammer	Screwdriver
Tape measure	(Hack saw or tin snips
Sanding block	to cut piano hinge)

Step 1 Cutting the wood

● You can have the wood cut to size at the lumberyard or, to save money, saw it yourself. Note that a piece of 1-by-12-inch pine will measure about ¾-by-11¼ inches depending on the lumberyard that mills it.

● Cut one 6-foot length into 3 24-inch pieces for back and 2 sides.

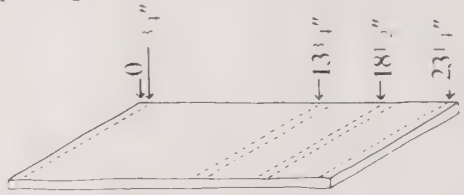
● Cut the other 6-foot length into one 23½-inch door and 4 pieces for column top, bottom, and 2 shelves. To find the length for these 4 pieces, measure the width of your 1-by-12 and subtract 1½ inches. If 1-by-12 is ¾-by-11¼ inches, the pieces will be 9¾ inches long.

Step 2 Sanding wood

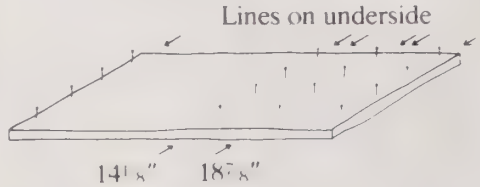
● Wrap paper around block to sand. Use medium-grain paper first, then fine. Be sure to smooth edges as well as sides.

Step 3 Assembling the column

● Take the 2 sides and back, and mark the spots for the top, bottom, and 2 shelves as shown. The lines for the shelves are ¾ inches apart. (Hint: The marked side of the wood will be on the inside, so if one side is less visually appealing, mark on it.)

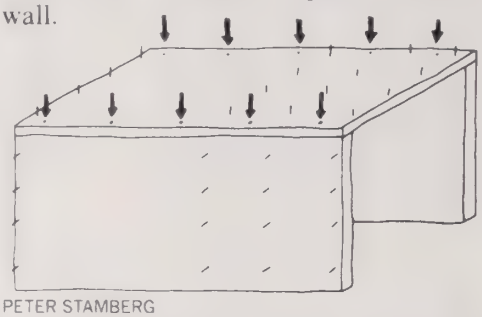


● Turn pieces over. Start 4 rows of 4 nails: one row ½ inch from each end to secure the top and bottom, and 2 more at the points shown to secure shelves.



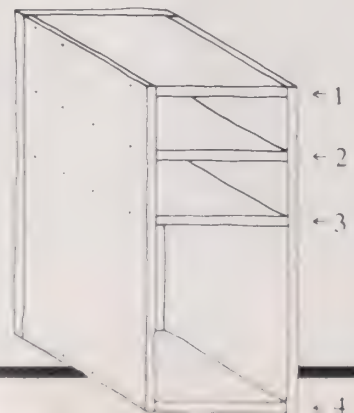
● Take the back piece and start 10 nails, 5 along each side, ⅜-inch from the edge. Space them 5 inches apart, starting 2 inches below the top. These nails will secure the back to the side pieces.

● Run glue along edge of first side wall and nail it to back. Repeat for other wall.

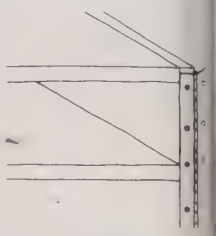


PETER STAMBERG

● Take the top piece and run glue along the 2 9¾-inch sides and one 11¼ side; slip into place using lines as guide, and nail. Repeat for 2 shelves and bottom piece.

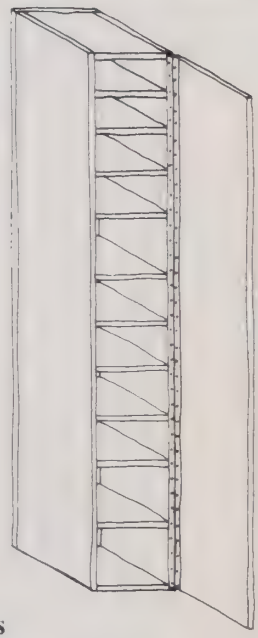


● Place piano hinge on the ¾-inch ed of the side wall from which the door w open. (If you're making 2 columns fo buffet or desk, you may want the doo to open in opposite directions—bo away from the center.) The hinge should be ¼-inch short of the top and bottom of the column. Fasten with approximately 12 flat head screws.



● Screw the hinge to the inside of t door (hinge and door should be exac the same length) as shown in le diagram.

The 72-inch-tall column



Materials

6 6-foot lengths of 1-by-12-inch #2 pine	$31
71 ½-inch piano hinge	4.
4 ounces wood glue	
72 ⅝-inch flat head wood screws	
6 sheets sandpaper (3 fine, 3 medium)	
Total:	$37.

Step 1 Cutting the wood

● Three of the 6-foot 1-by-12s make the 2 sides and back. Cut ½ inch another 6-foot piece to make a 71 ½-in door. The remaining 2 1-by-12s will ma up the 10 shelves and the top and bott pieces. These will be approximately 9 inches. (See Step 1 of short column how to find exact measurement.)

Step 2: Sand the wood as before

Continued on page

National Smoker Study:

Merit Rocks Tar/Taste Theory.



Flavor rated as good as or better than high tar leaders in fresh research study.

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Confirmed: Majority of smokers confirm taste tisfaction of low tar MERIT.

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Confirmed: Overwhelming majority of MERIT smokers say their former high tar brands weren't missed!

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First Major Alternative To High Tar Smoking

MERIT has proven conclusively that it not only delivers the flavor of high tar brands—but *continues* to satisfy!

This ability to satisfy over long periods of time could be the most important evidence to date that MERIT is what it claims to be: The first real alternative for high tar smokers.

Philip Morris Inc. 1979

gs: 8 mg "tar," 0.6 mg nicotine—
0's: 11 mg "tar," 0.7 mg nicotine av. per cigarette, FTC Report May '78

Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

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Kings & 100's

The range that grills without a hood..

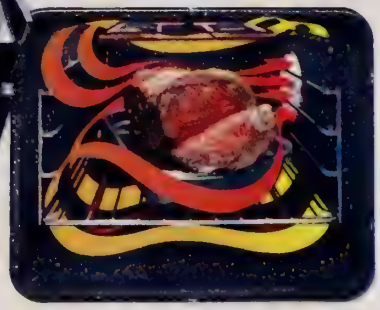


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2' x 3' full-color poster (without frame or glass).

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Please allow six weeks for processing. Offer good in U.S.A. only. Void where prohibited, restricted or otherwise regulated. Offer expires December 31, 1979

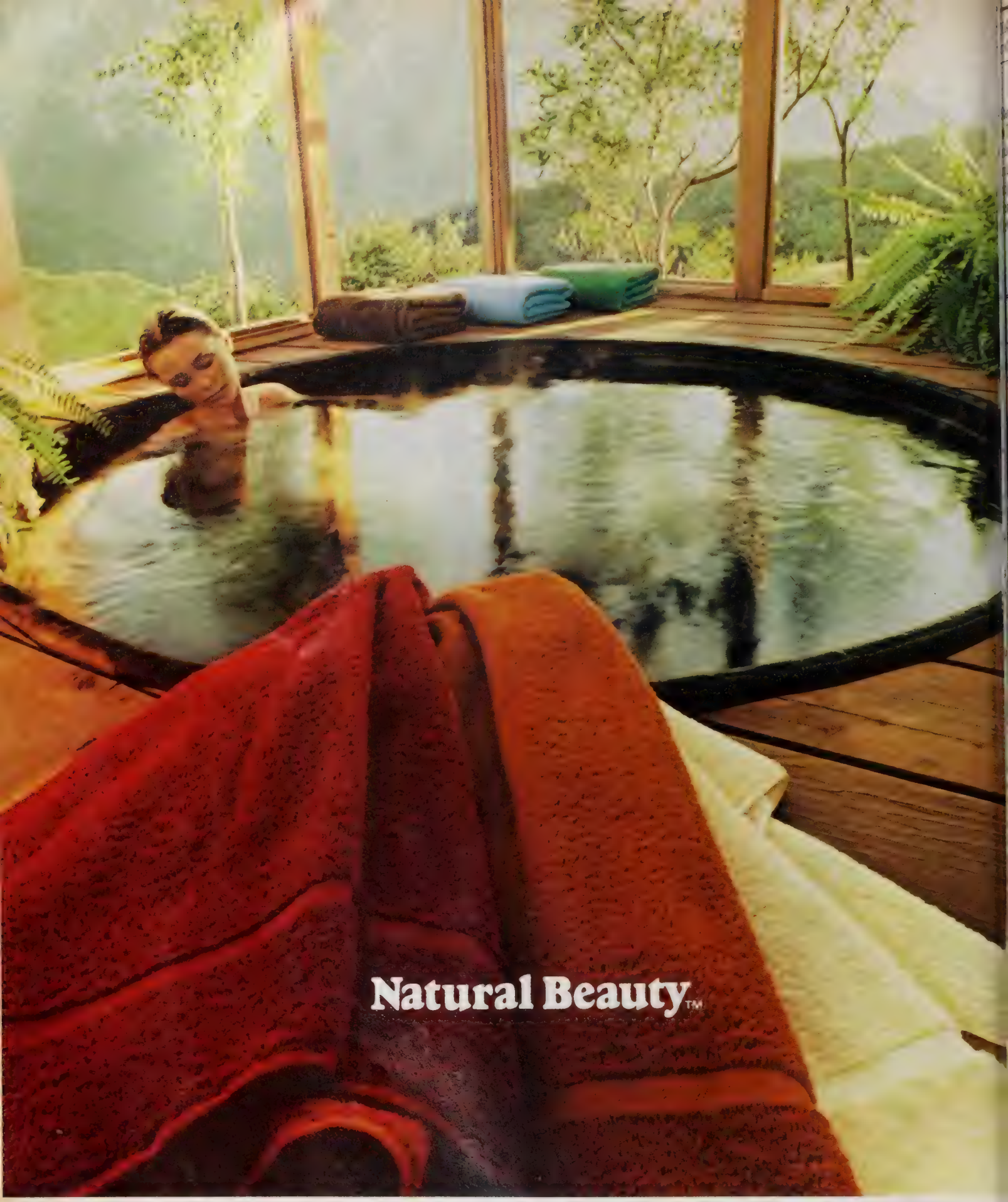
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7¢ **SAVE 7¢ on one can of any size Minute Maid® frozen concentrate for lemonade, pink lemonade or limeade.** 7¢

TO CONSUMER: This coupon is good only on purchase of the product indicated. Please do not ask your grocer to redeem it without making the required purchase. This coupon is non transferable. NOTICE TO RETAILER: We will reimburse you for the face amount of this coupon, or your normal retail price if the coupon calls for free goods, plus 5¢ per coupon for handling, if you receive it on the sale of the specified product, and you and the consumer have complied with the terms of this offer. Presentation without such compliance constitutes fraud and may void all coupons submitted for redemption and subject them to confiscation. Invoices proving current purchase of sufficient stock to cover coupons presented for redemption must be shown upon request. Consumer must pay any sales tax. This coupon is nonassignable and will not be honored if transferred or exchanged prior to or after use or if presented through outside agencies, brokers or others who are not retail distributors of our merchandise, unless specifically authorized by us in writing to present coupons for redemption. Offer void where prohibited, taxed, restricted or a license is required. Coupon may not be reproduced. Cash value 1/20¢. Offer limited to one coupon per purchase of the product specified. Redeem properly received and handled coupons by mailing to: MSC, P.O. Box 3960, Omaha, Nebraska 68103



7¢ OFFER EXPIRES FEBRUARY 28, 1980



The Royal Classic Towel. 100% cotton in a glorious rainbow of colors. Another Natural Beauty from Royal Family.

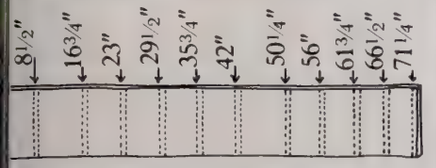
Royal Family by Cannon®

Cannon Mills, Inc., 1271 Ave. of the Americas, N.Y., N.Y. 10020.

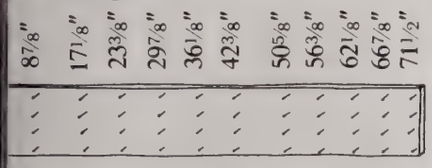
ke inside storage
tinued from page 36

3 Assembling the column

ake the back and side pieces and rk the spots where the top, bottom, 10 shelves will go, as shown. (Or ist the scheme below to fit specific ns you plan on storing.) The space ween the shelf lines is ¾ inch.

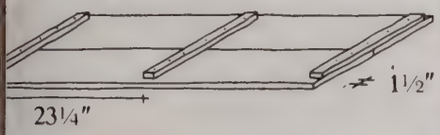


urn the pieces over and start 12 rows evenly spaced nails, as shown.



ake the back piece and start 12 nails ng each side, ⅜ inch from edge. The and bottom nails should be 2 inches m the ends and the other 10 nails ced slightly less than 7 inches apart. ollow the rest of the instructions for 24-inch column to complete.

sk top for mini-secretary



terials

-foot length of 1-by-10-inch ? pine	$8.00
-foot length of 1-by-2-inch ? pine	.76
ounce 1¼-inch wire brads	.05
unce wood glue	.08
heets sandpaper (1 fine, nedium)	.30
Total:	$9.19

sembly

Cut the 8-foot 1-by-10 (which will be out ¾-by-9¼ inches) into 2 48-inch- g pieces. Cut the 1-by-2 (about ¾-by-) into 3 16-inch lengths.

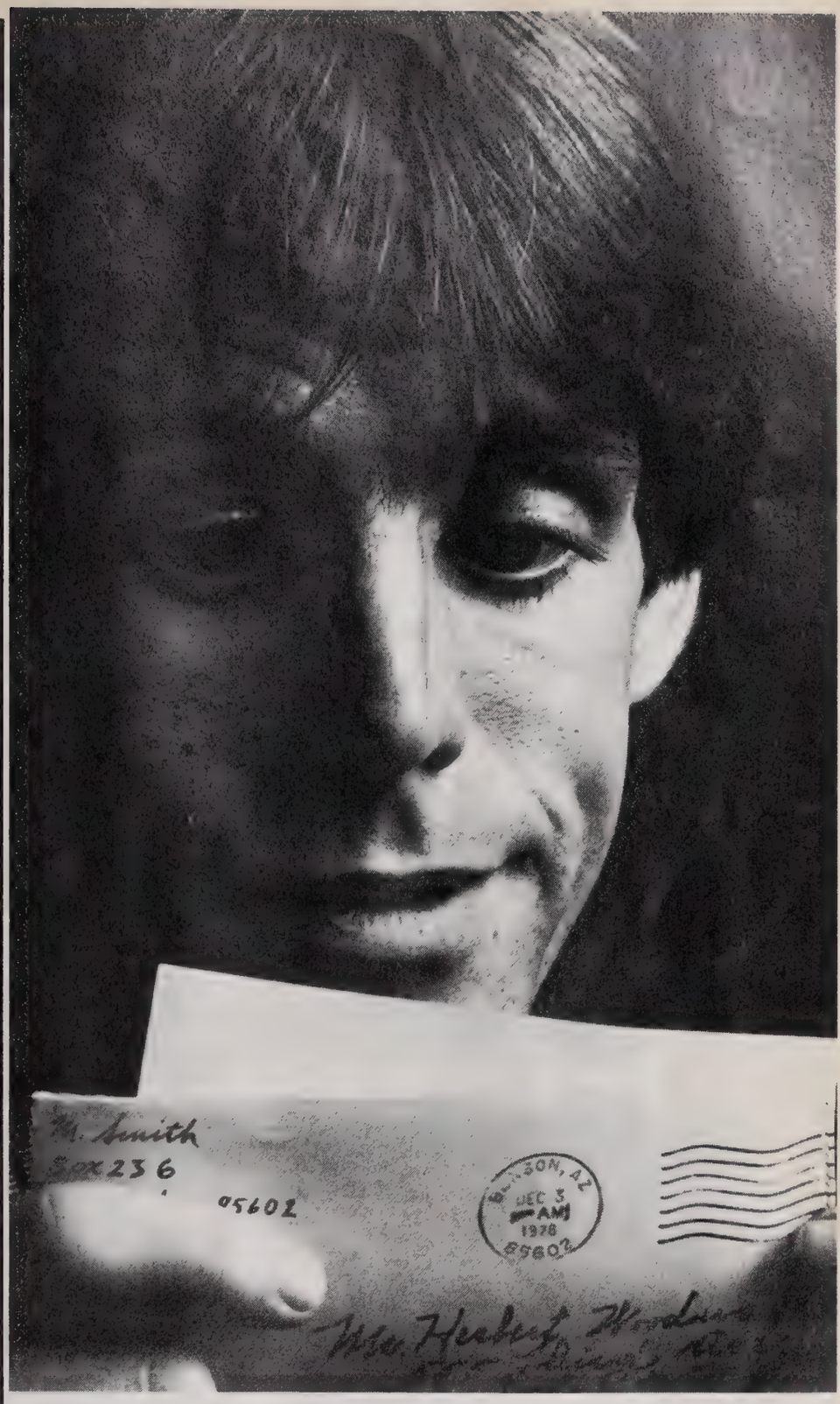
Sand as before.

Start 6 nails into each 1-by-2, spacing m evenly.

Line up the 2 1-by-10s and glue and l one 1-by-2 to each end and the other the center. Each end of the 1-by-2 will about 1½ inches short of the 2 1-by- s.

Turn desk top over and position on 2 rt storage columns. The sides of the sk top will overhang 3 inches on each e and the front should be 3 inches in m the front of the storage columns to w the doors to open. Nail into posi- n with 1¼-inch wire brads.

To make the mini-secretary mobile, ach 4 2-inch casters to each storage lumn. ■



Zip Code and the forgetful son.

"Now that you've turned eighteen, happy birthday and love. But if you're old enough to vote, aren't you old enough to write? Sally says she hears from you, but how about your mom? It seems..."

Make sure your reminders carry the right Zip Code. It speeds things up for everybody and makes your letter travel better.

U.S. MAIL

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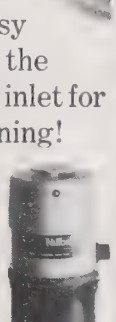
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NuTone Central Cleaning.

No heavy canisters. No noisy sweeper to push. Just plug the lightweight hose into a wall inlet for unbelievably-powerful cleaning! Dirt and dust (even pet hair) are quietly whisked away to the hidden Power Unit.

That's convenience. That's NuTone Built-in Central Cleaning!



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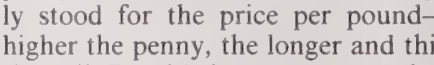
Form 5018

BY DEANNE RAFFEL

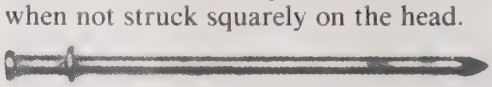
Sorting the nails and a good-looking radiator cover to build yourself

Q. There must be a thousand different kinds of nails. How can you tell which to use?

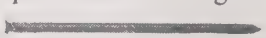
A. Each nail is specifically designed for a particular job. Holding power is determined by the length of the nail, diameter and shape of the shank—round, square, grooved, or threaded—and the size of the head. In addition to finding the *type* of nail for the type of construction you're doing, you'll need to get the right *size*. Common nails, box nails, and finishing nails are sold according to the penny (abbreviated "d") which originally stood for the price per pound—the higher the penny, the longer and thicker the nail. But, it's just as easy to ask for a 2 1/2-inch (8 penny) nail or 1 1/4-inch (3 penny) nail. The hardware salesperson will be able to give you the proper nail. Other nails are sized according to length.



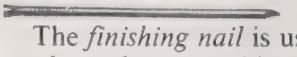
The *common nail* is the strongest and most frequently used nail. It has substantial weight for its head and shank size in conjunction with its length. Used primarily in heavy construction work, it is easily driven home with a few hammer blows. It is relatively soft and bends when not struck squarely on the head.



The *double headed nail* (common nail with two heads) was developed to insure rapid removal of temporary construction. It is excellent for use on such things as scenery and carnival props, which require disassemblage.

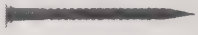


The *box nail* is a skinnier version of tne common nail. Its head is thinner and shank narrower, but its length is the same. Use it in place of the common nail where the heavier-shanked fastener would split the wood.

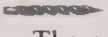


The *finishing nail* is used for finishing work, such as attaching window frames and door jambs to the skeletal structure of a building. The shank is the same diameter as that of the box nail, but it has a very small head. Because of this, it can also be countersunk (set below the surface, then covered with patching material) to render it invisible to the eye.

The *brad or wire nail* is a fine, small finishing nail used to secure thin molding and decorative trim.



The *annual* or *ring shank nail* fastens plasterboard, underlayment (put under finished floors), roofing, etc. The rings around the shank are an extra holding feature that prevent the nail from loosening and popping out. Ring shank nails cost pennies more per pound than ordinary round shank nails, but are definitely worth the investment.



The *spiral* or *drive nail* needs only a few hammer strikes to secure pilaster strips, aluminum window channels, hardboard siding, and flooring. In many instances, it replaces a screw—and the work of wielding a screwdriver.



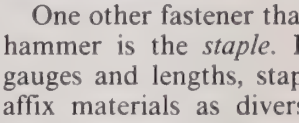
The *hardened steel cut masonry nail* has a fluted shank and a very strong head which must be hit squarely or else it will break. It can secure wood to masonry—brick walls, cinderblock, and cement—without preliminary drilling, but it is very hard to drive.



The *steel cut flooring nail* has an unusual shape—a rectangular shank that tapers down to a flat tip. It's used for blind nailing the tongue of a floorboard to the subflooring.



The high-domed *upholstery tack* and the sharp-pointed *carpet tack* speak for themselves.



One other fastener that you set with a hammer is the *staple*. In various wire gauges and lengths, staples are used to affix materials as diverse as hardware cloth, flexible armored cable, electrical wire, and also to fasten wire fencing to wood.

Q. Any ideas for making an older radiator look good?

A. An easy and attractive way to hide an old radiator is to make a 3-panel cover by using a lattice grill and topping it with a shelf for books, plants, or whatever. The lattice will let the heat flow and still cover the radiator.

Continued on page 4



Sunrise Coffee.
Any way you like it, it isn't bitter.

You've swallowed your last cup of bitter ffee. Now you've got Sunrise® instant coffee ellowed with chicory—full ffee flavor without coffee terness. That's what happens nen you blend roasted chicory th fine coffees. Because icory does for coffee what coffee cannot do for itself. Chicory brings out all of coffee's better nature, but leaves the bitter taste behind.

So any way you like it, Sunrise Coffee isn't bitter.



Chicory makes it better natured, not bitter.

979 The Nestlé Co., Inc.

Taste Salem Lights.



Light menthol refreshment.
Low tar.
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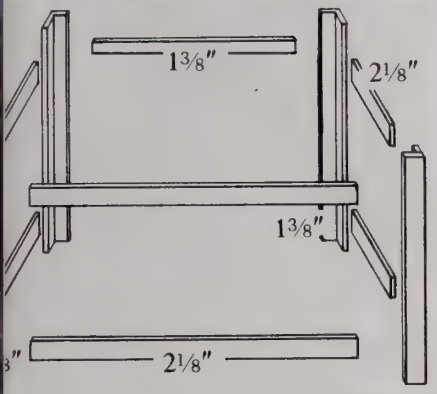
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12 mg. "tar", 0.8 mg. nicotine av. per cigarette, FTC Report

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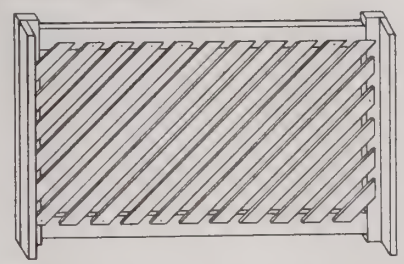
Making the panel frames: You will d to make a front frame out of 2 1/8-h-wide wood and 2 identical side pan-with 2 1/8-inch horizontals and back ticals and a 1 3/8-inch front vertical ich is narrower so that equal corners



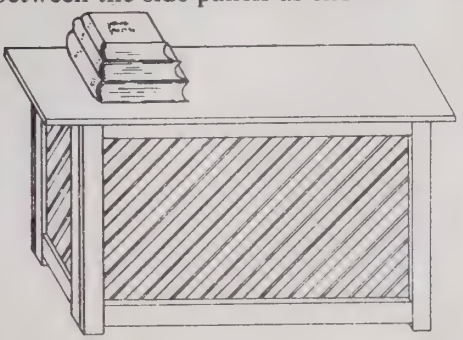
FALZARANO

l be formed when attached to the nt panel). To get 1 3/8 and 2 1/8-inch od, have 1-by-4s (which will measure -by-3 1/2 after milling) cut (or pped") lengthwise into two lengths. ping will add only a dollar or two to cost of wood, but will give you ths easier to work with than the wid--by-3s and 1-by-2s. To determine the ensions for the panel frame pieces, 2 inches to the radiator height for *verticals*, and 2 inches to the width the *front horizontals*. (If pipes pro-de, add double that extra distance so cover will be centered under the win-v.) Measure the depth from radiator nt to the wall for *side horizontals*. Buy ugh 1-by-4 wood for 4 verticals, 2 nt horizontals and 4 side horizontals. ve the wood ripped; cut the 2 ⅛-inch gth into 2 front horizontals, 4 side izontals, 4 verticals. Cut the 1 3/8-n length into 4 verticals (2 for for-rd verticals of side panels and 2 to ke corners in the back) and a back 2 3/4 inches longer than the front izontals. (You will have extra 1 3/8-n wood left over.) With wood glue, ach the horizontals to the verticals an h from the top and bottom. When , secure with 3-inch finishing nails. ish the frames with stain and shellac, primer and paint.

Attaching lattice to panel frames: Lat- is available in widths of 7/8 to 3 5/8 hes. You can create your own pattern ng vertical or horizontal slats, a dou- layer for a checkered pattern or a iation on a diagonal. Allow a 1-inch ce between slats for a single layer or a ch space for a double to permit heat nter the room. To cleanly cut lattice, a miter box and saw. When figuring amount of lattice you'll need, allow a 1/2-inch overlap on each end. For agonal pattern, measure the length of h slat, and, when adding for total fig- allow an inch for the space each di-nal cut will take. Prime and paint each cut piece of lattice before nailing—it will be hard to get in the grooves later. Attach to back of frame with glue and 3/4-inch finishing nails for the first layer and 1-inch for the second, if any. For a checkerboard pattern, nail first and last horizontals to the frame instead of across the opening.



Attaching the panels: Glue and nail the 1 3/8 forward verticals of the side panels to the front panel verticals with 1 3/4-inch finishing nails. Attach another 1 3/8-inch vertical to the back verticals of the side panels to form back corner. Glue and nail the 1 3/8-inch back bar between the side panels as shown.



Topping it off: You can make the cover from 3/4-inch plywood and glue plastic laminate to it, or use marble, slate, or any sturdy material. The size is up to you—it should overhang a few inches and can be extended to the width of the window to make an undersill shelf. Line the underside with aluminum foil to deflect heat, place on top of lattice cover. Top lifts off for vacuuming.



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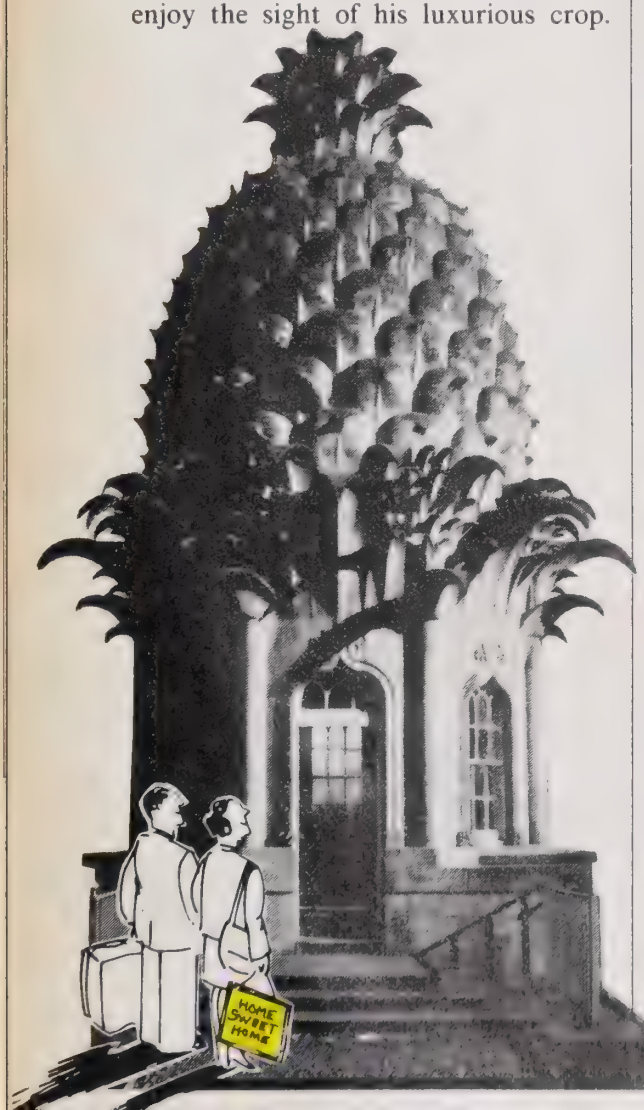
A week in a pineapple, vacations in the wild, and summer specials

Living in a pineapple: How to rent a national monument for a vacation week in Britain

BY DONA GUIMARAES

The Pineapple is an 18th-century garden folly in Stirlingshire, 30 miles outside of Edinburgh. It was built in 1761 by an unknown architect for the Earl of Dunmore to celebrate the Earl's successful growing of hothouse pineapples. And what better way to celebrate than to build a stone pineapple complete with plump carved sides, foliage, and a leafy topknot?

In it, the Earl could sit with his guests, high over the walled garden, and enjoy the sight of his luxurious crop.



The fact that he ordered a windowed garden retreat, rather than an open-air one, was probably because of the fly problem. Eighteenth-century hothouse pineapples were bedded in dung, pushed to tropical heat by wall furnaces.

His architect was very practical indeed. Flanking the elegant pineapple, he added two small cottages, "for the housing of bachelor gardeners." Lucky that the cottages were added, because they, and the Pineapple itself, are now owned by the British Landmark Trust, which rents them out year round for vacation holidays.

The Landmark Trust is a unique charitable organization in England that rescues small worthy buildings in distress, restores them, furnishes them, and continues its work with the rental income that the 60 odd properties (in England, Scotland, Ireland, and Wales) bring in. And what properties! While there is only one Pineapple, the Trust owns abbeys, follies, cottages, fortresses, manor houses, and priories—all for rent. The before pictures of the buildings attest to the ruined states in which they were taken over. Some of them needed a great deal of work, and the Trust practice is to preserve the original features, rather than redo. A 16th-century oak ceiling will be secured structurally, but the wormholes and smoke stains will be left. And over 10,000 people a year (mostly British) take advantage of the chance to live, for a brief period, in a special house—whether it be a Martello tower in Surrey, a gothic temple in Buckinghamshire, or as in our case, a stone Pineapple in Scotland.

We'd not really planned to rent a house—much less a pineapple—in Scotland. We'd planned a two-week drive up through the Highlands, with a few days in Edinburgh. Then we fell into the Landmark Trust Handbook, and were hopelessly hooked. We'd always wanted to live in a garden folly (most of them are ruined, unavailable, or too small), and the Pineapple was centrally located for both Glasgow and Edinburgh. It took one quick January phone call ($6) to guarantee us a June week in the Pineapple. Price: $250, sleeps four, and please bring your own linens!

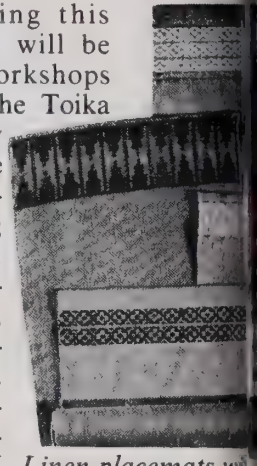
Continued on page 50

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NEWS

Special weaving course in Finland

Finland is a country where almost eve body, it seems, learns to weave in gr school. In a country proud of its cr weaving is one of the liveliest. Americans interested in learning ab Finnish weaving this summer, there will be two 12-day workshops conducted by the Toika Loom Company in a rural village just outside Helsinki (July 2-13; July 31-Aug. 11). $585 includes room, meals, instruction, excursions. To get to Finland, try Finnair's APEX fares. From New York to Helsinki—stay 7-90 days—$555. Cou lectures will be in English; morning a afternoon sessions include all aspects the weaving process from natural d ing, carding, spinning, and drafting special Finnish weaving techniques. S dents can buy a Toika loom and sen home. (There are many models choose from; price ranges from $15 $1000 knocked down and boxed.) T information: Hanslin Travel Servi 1290 Avenue of the Americas, N York, N. Y. 10019 (212-489-0999).



Linen placemats wi embroidered border

More tips for weavers and craft col tors in Helsinki from Madeline Nobl House & Garden correspondent in rope: With a couple of afternoons craft scouting, the ideal place to star the Design Center, Kasarmikatu Special exhibitions plus a permanent lection that's both crafts and indust products. The Design Center will you a list of exhibitors with addresses you can search out the individual sh for yourself. Next door is Catalina wh specializes in handwoven chenille rug superb colors. It also takes special ders. Then stop at Vokki-Virkki, M kannontie 13, an Ali Baba's cave

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continued from page 48

There was, of course, that problem of linens. The idea of carrying enough sheets and towels for four across the Atlantic was daunting. But it was less of a problem than anticipated. I just grabbed all our worst linens, packed them into a folding suitcase, and left them at the Pineapple, giving us predetermined room for Acquisitions, and Scotland some new dustcloths.

We drove into the village of Airth on our appointed Saturday. (Trust properties are rented from 4 P.M. one Saturday until 11 A.M. the next.) Mr. McLuckie, the caretaker, gave us the keys, told us in broad Scots that we were the first Americans to rent the Pineapple, and pointed our way. We drove up a back road, through green fields of barley, and there it was, perched over its walled garden, our stone Pineapple gleaming in the sun. There were also 15 sightseers happily picnicking on the terrace below. It came to us that renting a National Monument with public access had some unique place in the annals of vacation homes.

The Pineapple itself holds only an octagon room, with nicely gothic windows, stone window seats, and folding deck chairs. It is a room for viewing, reading, or dreaming.

The bachelor gardener's cottages of the Pineapple have been made into a living-room, kitchen wing, and a 2 bedroom-1 bathroom wing. They're furnished with sturdy 19th-century antiques—the kind that can stand the gaff. The living room had a comfortably squashy sofa and a stone fireplace, and the kitchen was admirably equipped with a modern gas stove, a hot water heater, and a garbage disposal. The kitchen's deep window embrasures instantly became our counter space. A big bouquet of pink rhododendrons stood on the dining table, and there were two cartons of fresh milk in the tiny refrigerator.

We unpacked with a sense of coming home. There was a fire to be made, dinner to be cooked, a garden, and a little lake (dancing with dragonflies) to be explored. After so many hotels, it was wonderful to be in a house again—a house both deliciously strange and comfortably familiar.

The sightseers (we kept a list—237 people and 8 dogs in our week) were one of the nicest parts of the Pineapple. True, they came at all hours. One lovesick couple mooned under the portico at 5 A.M. But they were universally polite, curious, and enthusiastic. Some of them were locals, who'd known the Pineapple as a ruin.

Some of them were helpful. A dog-walker gave us a shortcut to nearby Elphinstone Tower; another told us that the Thistle Shopping Centre in Stirli had the best food shops.

Providing meals in unknown territo was a challenge. There were lovely loc products—homemade bread, count milk, double cream thick enough to flo strawberries. But fresh vegetables a meats had to be shopped for almost d ly. We worked our shopping in with o sightseeing. The Loch Fyne village Inverary provided us with delicious o smoked kippers. Hopetoun House's g deners grew zucchini, lettuce, and eg plant, which were sold at the entran Scottish beef and pork roasts were exc lent (I *had* thought to pack my me thermometer) served with tiny boil Welsh potatoes and a salad of Guerns tomatoes. I also got rather expert sneaking thyme from the herbaceo borders of stately houses we visited. fresh herbs were ever on sale anywhe Our helpful tourist was right. T Marks & Spencer in Stirling had a fo hall which was indeed a supermark Useful for food, as well as househo necessaries. Food prices were abo equivalent to the U.S., but the qual much better. In Scotland, fresh is fres

Required reading at the Pineapp (and at every other Trust property) the logbook of the house. In it, previo visitors have filled in information a impressions about their stays. It's an comparable tipsheet, especially f Americans, and deserved to be taken bed the first night. It was a lovely re In it, we discovered the farm for fre milk, a recipe for wild rabbit stew, wh the frogs mated, how to find the hermi cave, to ignore certain "Private Roa signs, and that the Earl's estate hou Dunmore, was derelict, but occasiona provided carved plaster paperweig when another ceiling fell in. There w also notes on local places to eat. W some dissention.

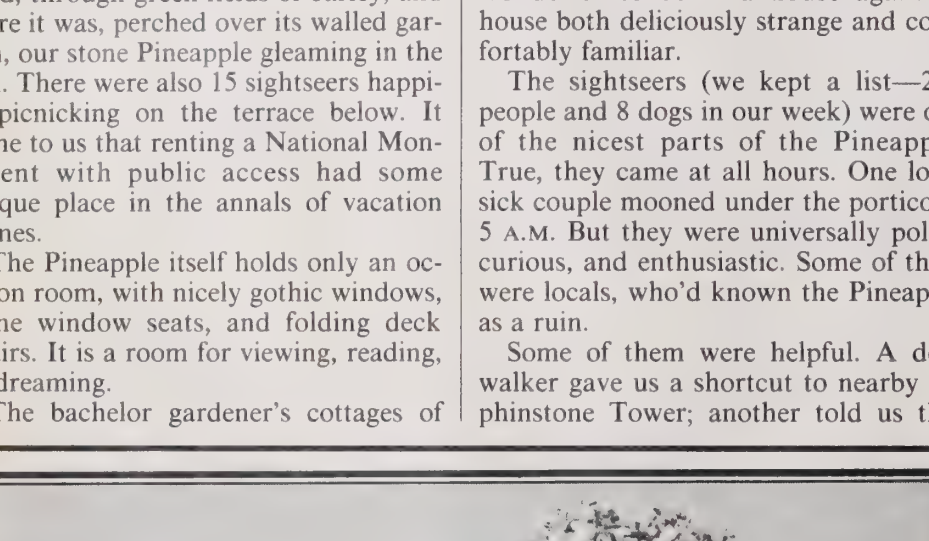
It is typical of the Landmark Tr that the Pineapple had a small but fas nating library. Fascinating enough keep us reading on the lawn for seve mornings. Books on British flora a fauna—the purple flowers at the edge the rhododendron drive were wild pins; the shrill barks at night were fo trotting along the tops of the crumbl garden walls. There were books on Sc tish history, archaeology, and archit ture, Robert Louis Stevenson, Sir Wa Scott, the odd thriller, and a deligh 1830 gardening book that explained actly how to force pineapples.

Using the Pineapple as headquart it is possible to see a good bit of Sc land. Edinburgh and Glasgow are ec distant, and 30 miles away. Withi half-day's drive are numerous stat houses open to the public: Linlithg House of the Binns, Rossdhu and Ho toun, the Adam brothers' masterpie A full-force day's drive could take to the Isle of Arran or through the Hi

Continued on page

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continued from page 50

land lochs and glens to Inverary or the famous castles of Scone and Glamis. St. Andrews and the fishing villages of Crail and Pittenween are a day's trip away. If you are an architecture buff, there are the two remaining Charles Rennie MacKintosh art nouveau buildings; his famous Glasgow Art School, and his lesser known Hill House at Helensburgh. Within 15 miles of the Pineapple are the Doune Castle Motor Museum and gardens, Stirling Castle, The Blairdrummund Safari Park, and a healthy stretch of the Antonine Wall built by the Romans.

Our real conflict was which to do at the Pineapple? Stay lazily sunning on the lawn, watching the clouds float over the distant highlands? Or should we plunge into the car and take off? We ended up doing both—and the long June days made it quite possible. For us, the greatest pleasure was the coming back to the Pineapple every night. After a day spent looking at Other People's houses/churches/towns/walls, it was wonderful to drive into the now-familiar Airth village, past the knobbly little gatehouse, through the green fields, and be in our own private Pineapple.

And at night there would be the scent of an oak fire, the fruits of the day's shopping bubbling on the stove, the sleepy chirps of the night birds, and the cozy feeling that even, if briefly, we had come home.

And as we drove away from the Pineapple on our last day, we stopped in Airth and made another phone call. To reserve our next year's landmark: a medieval thatched cottage in Devon.

How to rent a Landmark Trust property

Send to The Landmark Trust, Shottlesbrook, Maidenhead, Berkshire, England, for the Handbook ($3, sea mail) which lists all its properties, complete with photographs, locations, layouts, and brief descriptions. Reservations can be made by letter or phone (Littlewick Green 3431). A deposit holds your choice and you must confirm and pay the remainder two months prior to your stay. Planning ahead is essential. Many of the Trust properties are booked a year or more in advance.

Trust properties sleep from 4 to 14 people, and are priced according to size and season. The range is roughly between $100 and $275 a week, and during the summer they are rented only by the week: off season, weekends are possible. Once you're in, there are no extra charges. Landmarks, blissfully, do not have telephones or TV.

All of the Trust houses are heated, have hot water, and are fully equipped

Continued on page 55

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Louisville — La-Z-Boy Showcase Shoppe
Louisville — Sunlighting Light Center
Louisville — Village Clock Shop
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Mayfield — Youngblood Furniture
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Paducah — Economy Appliance & Furniture Co
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Steubenville — Good Department Store
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Warren — King Quality
West Carrolton — Roberd's Furniture
Wheelersburg — William Furniture

SOUTH DAKOTA
Aberdeen — Hay Furniture
Rapid City — Furniture World, Inc.
Sioux Falls — Dick Ahlers Clocks
Watertown — Zimmers Furniture

UTAH
Orem — Dalley's Clocks
Salt Lake City — Granite Furniture
Salt Lake City — Kolby Time & Instrument
Syracuse — R. C. Willey

WISCONSIN
Appleton — Spolars Jewelry & Clocks
Brookfield — Boston Store
Fond Du Lac — Fox Keepsake Diamond Center
Kenosha — M. T. Duczak Furniture
La Crosse — Ross Furniture
Madison — American TV of Madison, Inc
Mequon — Just-In-Time, Ltd
Milwaukee — Gordons Furniture
Milwaukee — Milwaukee Boston Store
Random Lake — Wilk Furniture
Wausau — Fine Clock Shop
Wausau — Wausau Furniture Co

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Casper — Plains Furniture

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Ridgeway

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inued from page 52

ı silver, china, glasses, even dustpan vacuum cleaner. Before you go, 're sent directions, the caretaker's ıe, and an exact list of what kitchen ipment is provided. Including pud- basins, toast racks, and milk jugs! What you have to bring are sheets and els (dishtowels and fleecy white blan- are there), candles, toilet paper and kitchen-plastic/foil you use. All of e last (and your Sunday food) should ought before you go into a house. ermarkets are not usually open late ırdays or on Sundays either. I'd also gest a couple of cheap flashlights, maybe a plastic icetray or two if you lots of ice. Since most of the proper- are country ones, clothes can be ab- ıtely casual, but sweaters, a raincoat, lding umbrella, and rain boots would come amiss. ■

ature trips fer fitness, esh air, and fun

MARGARET MORSE

ing in a city where my soles never ch bare earth from Monday through day, my vision of a getaway destina- is usually someplace where the sky- ıpers are pine trees and the back- und noise birds, wind, and water. So, summers in a row, I signed up—to backpacking one year, canoeing the t. It was like going back to summer ıp. I cherish the new memories: the told by a local octogenarian out- rsman—the speaker at our welcome ner—of a moose hunt sixty-five years ier, when he slept inside the hide of first moose . . . showering in a water- . . . raindrops pattering in the cocoa t heated on the campfire . . . and the re package" of soda, cakes, and fruit uide's son and friends backpacked us 10 miles before our destination.

ome of the dozens of sponsors of out- r trips are given below. Pick your el/exercise style: backpacking, cy- g, climbing, cross-country skiing, raft- kayaking, or canoeing—tame "brown er" or wily "white." Prices for primi- -camping can be positively down-to- h, and everyone-on-KP the style.

hose who might find these modes of el too strenuous, but who'd still like go primitive camping might consider seback riding or hiking with pack- k, where mules or burros carry the r. If bed, not bedroll, is your pre- ed berth, consider trips described be- as nature "sightseeing." Most of the eage is covered by van or bus, but re's usually quite a bit of hiking: Of course, they're far more expensive.

Adventures range from day trips for around $25 to long hotel-accommodated sightseeing trips to the other side of the earth that top $4,000. Many of the organizations listed are nonprofit—so if you take one of their trips, you'll have helped the organization break even. Some have fees that are all or partially tax-deductible. Others let you volunteer with research or trail-keeping. (The more adventurous and faraway the trip, the more important it is to check with your doctor before you sign up.)

While all these trips still had space available as we went to press, some may have been filled in the interim. Trips are subject to rescheduling or cancellation. If membership is a must, we've given the annual cost for an individual.

Help scientists at work

Earthwatch, 10 Juniper Rd., Box 127MM, Belmont, Mass. 02178.
Assist scientists in any of a dozen disciplines in field research. There are over 30 staging areas around the world—from New England to W. Australia. Most trips run during summer, for 2 or 3 weeks.

Continued on next page



Is the ugliest thing in your garden your hands? Here's help.



While you're creating beauty, your hands are going to pot. Rough, red, chapped hands like these can make you want to give up gardening.

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GOING PLACES

continued from page 55

Catalogue, $2. Members only: $20 a yr.
Sea Education Association, Inc., P.O. Box 6, Woods Hole, Mass. 02543.
Study maritime affairs and nautical and marine science at S.E.A.: Each student spends 6 weeks in Woods Hole, taking 3 college-level courses, then 6 weeks aboard the research vessel "Westward," a steel, 250-ton auxiliary-powered topsail schooner, "crewing" and taking two laboratory courses. A new 12-week session starts about every 2 months. The 6-week shore session—but not the sea session—may be taken alone. Brochure, $1.
The Jean-Michel Cousteau Institute, P.O. Drawer CC, Harbour Town, Hilton Head Island, S.C. 29928.
The eldest son of oceanologist Jacques-Yves Cousteau, Jean-Michel Cousteau is leading three "Ocean Search" expeditions later this year in the Atlantic, Caribbean, and South Pacific. People with *SCUBA* certification may apply for diving positions, those without for deckhand ones. Brochure, $1.
The Ocean Research and Education Society, Inc., 64 Commercial Wharf, Boston, Mass. 02110.
Sail and study marine-mammal biology and celestial navigation aboard the Regina Maris, a 144-foot, 3-masted barquentine. Alaska to Haiti itinerary is broken into trips from 1 to 4 weeks.
University of California Research Expeditions (HG), University of California, Berkeley, Calif. 94720.
Take a working vacation for science with "UREP"—the entire fee is tax-deductible. 2- and 3-week sessions from July to November, subjects as diverse as Kenyan monkeys, Italian archaeology.

Join scholars at leisure

American Museum of Natural History, Central Park West at 79th St., New York, N.Y. 10024, Attn.: Discovery Tours.
Visit areas of natural beauty accompanied by museum scholars. Studying rather than "roughing it" is the style. Bahamas windjammer cruise, Middle East cruise, and Nile river and land tour.
Associates Travel Program, 1278 A & I Building, Smithsonian Institution, Washington, D.C. 20560, Dept. G.
Two autumn study weeks—a geology hike in Bryce and Zion National Parks, marine study with snorkeling in the Florida Keys. Membership—$12 a year—or a nonmembership surcharge of $25 required.
Lindblad Travel, Inc., 133 E. 55th St., New York, N.Y. 10022.
This highly respected company has 20 years' experience in organizing sightseeing trips with trained naturalists and outdoorsmen. For instance, you can take a 20-day tented safari of Kenyan wildlife habitats (13 trips, July-Dec.). Or join Tenzing Norgay—the first man, with Sir Edmund Hillary, to climb Everest—native porters for a 21-day trek in kim (2 trips, Nov. or Dec.).
National Audubon Society, 950 3rd Ave., New York, N.Y. 10022, Attn.: Audubon Camps.
1- or 2-week courses in ecology at A bon camps in Connecticut, Maine, consin, and Wyoming. July and Au
Nature Expeditions International, 599 College Ave., Palo Alto, Calif. 94306, Dept. HG.
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The Museum of Comparative Zoolog Harvard University, Cambridge, Ma 02138.
Several scholarly international tri year, plus Provincetown whale-wat weekends in the spring. Next yea wildlife tour in Madagascar, Kenya Tanzania. Literature, 50¢. Shorter are members only ($15 a yr.).
Questers Tours and Travel, Inc., 257 Park Ave. South, New York, N.Y. 10010.
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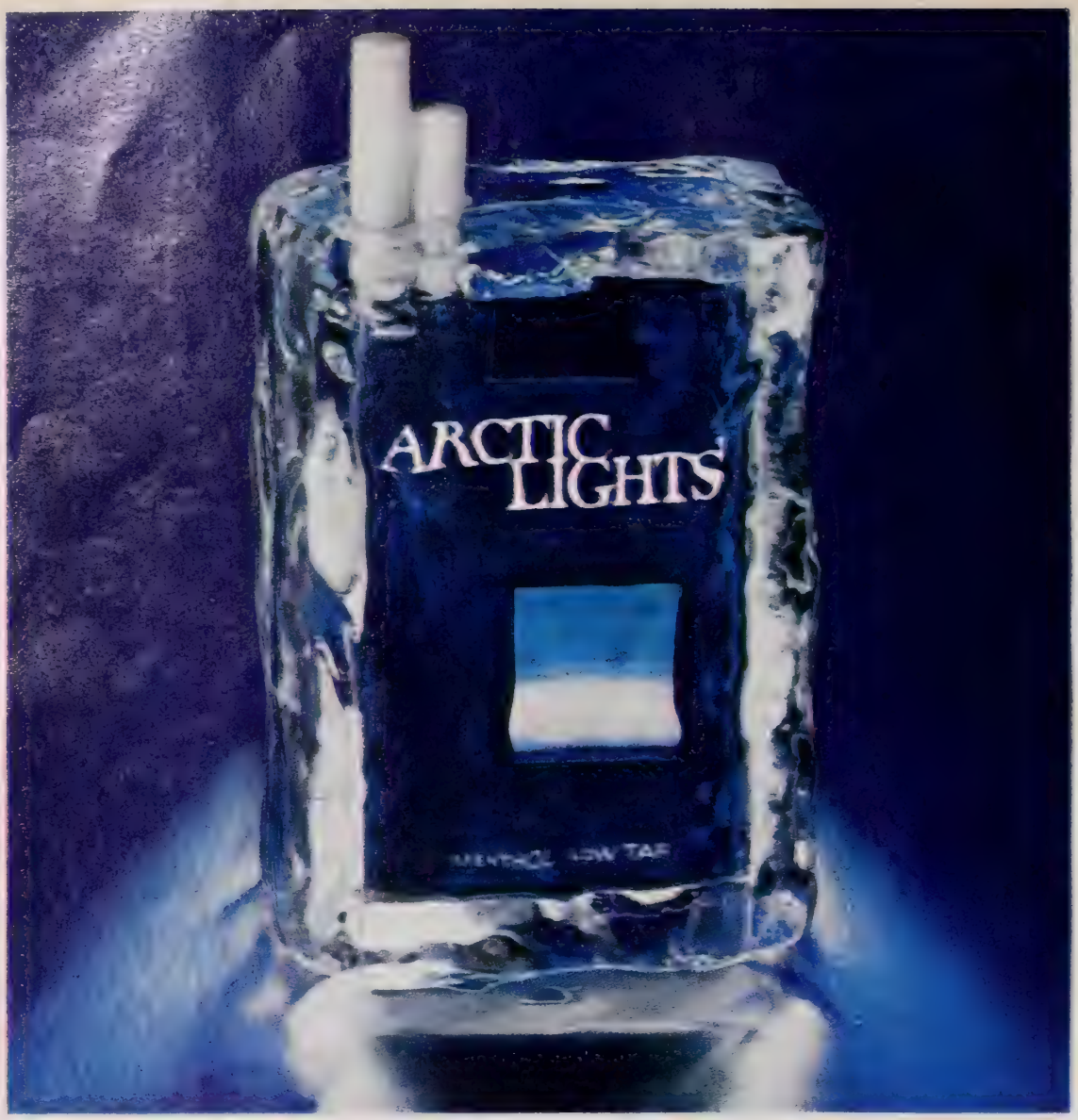
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iversity Extension, University of lifornia at Berkeley, 2223 Fulton St., keley, Calif. 94720.
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allenge/Discovery, Box 229, Crested tte, Colo. 81224.
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ternational Backpackers Association, ., P.O. Box 85, Lincoln Center, Me. 458, Dept. G.
mping and conservation basics are ght at I.B.A. "Schools of Outdoor ills" in eastern Maine and northeastern abama. Two beginner's weeks, one ad- nced week this summer. Member, non- mber rates. Membership, $12.50 a yr.
If you'd like to spend anywhere from weeks to 3 months *as a volunteer* help- g with trail maintenance and other ojects in national forests and parks in western and southeastern states, con- ler I.B.A.'s "Earthcare" program with e U.S. Department of Agriculture and e National Forest Service. "S.O.S." d "Earthcare" literature is $1.
tward Bound, Inc., 384 Field Point l., Greenwich, Conn. 06830, Dept. L.
rsonal growth through wilderness liv- g is the keystone here. Courses are of- ed year round and last from 4 to 26 ys—most for about 3 weeks. The cli- ax of many courses is a 2- and 3-day olo" with minimal supplies. A 5-conti- nt organization founded in Wales in 41, Outward Bound has 7 of its 30 hools in the U.S. (in Colo., Me., inn., N.H., N.Mex., N.C., and Ore.). ch has seasonal specialties like back- cking, mountaineering, canoeing, cy- ing, skiing, rafting—even ocean iling, snorkeling, and caving.
e National Outdoor Leadership School, Box AA, Lander, Wyo. 82520.
This 14-year-old organization emphasizes how to live—and teach—outdoors with minimal adverse effect on the environment. Three levels of NOLS certification are offered. Courses are given in the U.S. (including Alaska) and in Mexico: Most last 4 to 5 weeks and combine several skills like backpacking, rock-climbing, canoeing. Field courses in biology, desert ecology, geology. Ski-touring too. And semester courses in the American Rockies, Alaska, or Kenya. Packet on all programs, 60¢.
The Wilderness Institute, 333 Fairfax St., Denver, Colo. 80220.
This 9-year-old organization of professional guides has a variety of summer offerings: 11 backpacking trips in Colorado, Wyoming, Alaska, and Canada, two Colorado climbing seminars, and 6 2-week mountaineering-and-survival "schools" in Colorado and Wyoming. Autumn climing on Mt. Kilimanjaro or Mexican volcanoes, plus cross-country skiing in Yellowstone.

Or just enjoy the outdoors

Adventure Center, 5540 College Ave., Oakland, Calif. 94618.
Camping trips on 5 continents are the specialty of this 8-year-old organization. There are 90 different itineraries in 84 countries, from 7 to 114 days in duration. Some hotel-accommodated trips.
American Rivers Conservation Council, 317 Pennsylvania Ave., S.E., Washington, D.C. 20003.
If you've just a day to spare for canoeing or rafting, the A.R.C.C. sponsors over a dozen trips down various American rivers between now and October 5. And a weekend canoe-camping trip.
American Wilderness Alliance, 4260 East Evans Ave., Denver, Colo. 80222, Suite 8.
Over 70 trips in the western and southeastern U.S., Alaska, Hawaii, and Canada, from 2 to 14 days duration: Mostly summer backpacking trips, but also trips by horseback, raft, sail, canoe, kayak, sport-yak, and on cross-country skis. Hiking with packstock, too. Special trips with a nature artist or photographer; environmental workshops.
International Bicycle Touring Society, 2115 Paseo Dorado, La Jolla, Calif. 92037.
1-3 week volunteer-led trips that cover an average of 50 miles a day. In the U.S., Europe, and Israel. Open to members only: $10 a yr.
REI Adventure Travel, 1525 11th Ave., Seattle, Wash. 98122.
For seasoned outdoorsmen in superb physical condition there are trips the year round—climbing, backpacking, canoeing, and rafting—in the Northern Rockies, Alaska, the Yukon, Mexico, and also the Andes. Biking in Ireland.

Continued on page 62



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Uthiru 2

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Barquisimeto 5
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Maracaibo 6
Maracay 4
San Cristobal 7
Valencia 4

YUGOSLAVIA 3
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CODES FOR PRINCIPAL CITIES IN JAPAN (81)

Chiba	472	Kobe	78	Sakai	722
Fukuoka	92	Kyoto	75	Sapporo	11
Hiroshima	822	Nagoya	52	Sendai	222
Kawasaki	44	Okayama	862	Tokyo	3
Kitakyushu	93	Osaka	6	Yokohama	45

Bell System

1979



GOING PLACES

continued from page 59

And trekking in Nepal and Sikkim.
Sierra Club, 530 Bush St., San Francisco, Calif. 94108, Attn: Outing Dept.
Calling itself the largest outing club and oldest conservation organization in the U.S., the Sierra Club runs over 14,000 trips a year, including day and weekend ones organized by local chapters. Several hundred national and international trips—backpack, bicycle, burro, horse, cross-country ski trips, five kinds of boat trips, and volunteer trail-keeping trips—are described in the catalogue, which is free to anyone while supply lasts. You must, however, be a Sierra Club member ($25 a yr.) to apply for a trip.
Trail Riders of the Wilderness, American Forestry Association, 1319 18th St., N.W., Washington, D.C. 20036.
Take in 6 to 11 days of North American mountain scenery—horseback-riding, hiking (with packstock), or combining river-floating with hiking or horsebackriding. Some canoe trips, too. Through Sept. There are nearly 40 trips in all. For a catalogue, send a self-addressed, 15¢-stamped business envelope with your request. Members only: $10 a yr.
Two new monthly publications from the American Adventurers Association are *Adventure Travel Magazine* and *Adventure Travel Newsletter*. For information, write the association at Suite 301, 444 N.E. Ravenna Blvd., Seattle, Wash. 98115. Ask for the Association's *1979 Worldwide Adventure TravelGuide* (distributed by Random House) in bookstores. ■

News
continued from page 48

shop hidden behind a block of apartments. Vokki-Virkki carries Karelian crafts: wonderful tightly woven wool wall hangings with intricate patterns in red, black, white, and bits of other colors; linen embroideries—mostly red pattern on off-white fabric; also handwoven mohair rugs by Ritva Puotila in subtle pastel colors with a texture of clouds.

The Friends of Finni Handicraft has offices, wor shops, and a shop in a love old wooden house in the ou skirts of Helsinki, Meilahti It is a center for the produ tion of rya wall hanging (Rya rugs have a long histo in Finland. They were used sleds, boats, and on beds. T day they are hung on a wall art. The National Museum Helsinki has a good collecti of old ones.) The Friends Finnish Handicraft sell fi ished rugs as well as do-yourself kits. Nearby is Hv trask, the home of the arch tect Eliel Saarinen (father Eero Saarinen). It's now museum/restaurant whe you can have lunch and st the night. The house itself so interesting—although t scale is large, the effect is st very personal.

Another prime objective anyone searching for crafts Helsinki: a tiny shop call Helsky, Annankatu 16, t Helsinki sales outlet for country-wide organizati the Finnish Handicraft Ass ciation, which sponso courses, workshops, and cra consulting centers across F land. In Helsinki it sells kn wear, looms, weaving suppli window and wall hangin wood and straw decoratio wooden and ceramic hou hold utensils. I bought a birc bark birdhouse, pine baske huge linen sauna towels in ri stripes on off-white. The wh shop smelled of junipe Helsky will ship.

Restaurants in Helsin The Fisherman's Cotta Kalastajatorppa, in a char ing hotel on the water. T the smoked white fish w scrambled eggs and morels start. For smorgasbord: restaurants in the Hotel Kl Kurki and the Hotel H peria. More information Finland: The Finland Nati al Tourist Office, 75 Rocke ler Plaza, New York, N. 10021.

Super summer rates at a five-star resort hotel

This summer the charms the Breakers, Palm Beac old-fashioned but up-to-d resort hotel (five stars in Mobil Travel Guide) are e more accessible to coup and families who like b value and fun for their m

From June 15 until Sep-
ber 2, the Breakers is of-
g, for the first time, a
ial weekend rate. Couples
be charged $45 per per-
plus tax for Friday and
rday nights. Plus: Friday
ner or Sunday brunch,
kfast both days, a party
dinner on Saturday night,
hours of tennis, or a
ns fee, and a beach locker.
Breakers has 2 pools, a
beach, and ocean swim-
g; 12 tennis courts; 2 18-
golf courses; lawn bowl-
croquet; and there's shop-
on Worth Avenue, which
½ blocks from the hotel.)
you'd like to stay longer,
ial summer rates apply,
h are *half* the winter rates.
instance, a double room
two people in it costs from
$60. Breakfast included in
oom rate. If you would like
ave lunch and dinner at the
l add $18 a day per person
15 percent service and tax.
ou stay in Florida at least
n days, Eastern's Super
r II fares apply: from New
k to Palm Beach traveling
ne weekend, it's $161 round
Traveling from Monday-
rsday, it's $138. (January-
, $230 regular economy
nd trip fare) Children from
pay $49 round trip. To
ify you must make your
rvation and buy a ticket
n days in advance. ■

ooklets to
elp you
an your trip

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1. The 1979 Easy Guide to BritRail has travel hints, suggested trips, organized tours, and a map of the entire British Railway system. Get a BritRail pass for 7, 14, 21 days or a month and travel all over Britain by train.

2. Spend 7 nights in London for only $77 (fall/winter season) or $127 (spring/summer) plus airfare. You'll get: accommodations at the Tavistock Hotel, unlimited bus and subway transportation for 4 days; a 2-hour sightseeing tour; and breakfast every morning. More tours like this one in British Airways's **Dollar Stretcher Holidays to Britain and Europe.**

3. Illinois Vacation Kit: 7 brochures, including "Chicago Shopping," "Illinois Hotel/Motel Directory," "Calendar of Events," and "Chicago Mini-Holiday."

4. The Australian Travel Service and Qantas Airways's **Thorn Birds Country Tour**—a 17-day trip through Australia that includes a day-trip to a small island near the Great Barrier Reef.

5. Australia Holiday Guide has practical information for all visitors: special air fares, how to get there by boat, railway schedules, adventure tours, hotels, motels, hostels, and where to obtain additional information.

6. Boston Vacation Kit: A complete guide to dining, shopping, and staying in Boston. Included is a street map with historic sites, listings for 49 hotels, motels, inns, and a guide to over 65 restaurants and shopping areas.

7. Massachusetts: "The Official Transportation Map" and "Massachusetts Facts." Included: a guide to recreational activities, points of interest, driving in Massachusetts.

Circle the number of each booklet you want. Add $1 for postage and handling. Do not send stamps. Allow up to 4 weeks for delivery. Mail to HOUSE & GARDEN, Dept. HA, Box 3579, Grand Central Station, New York, N. Y. 10017.

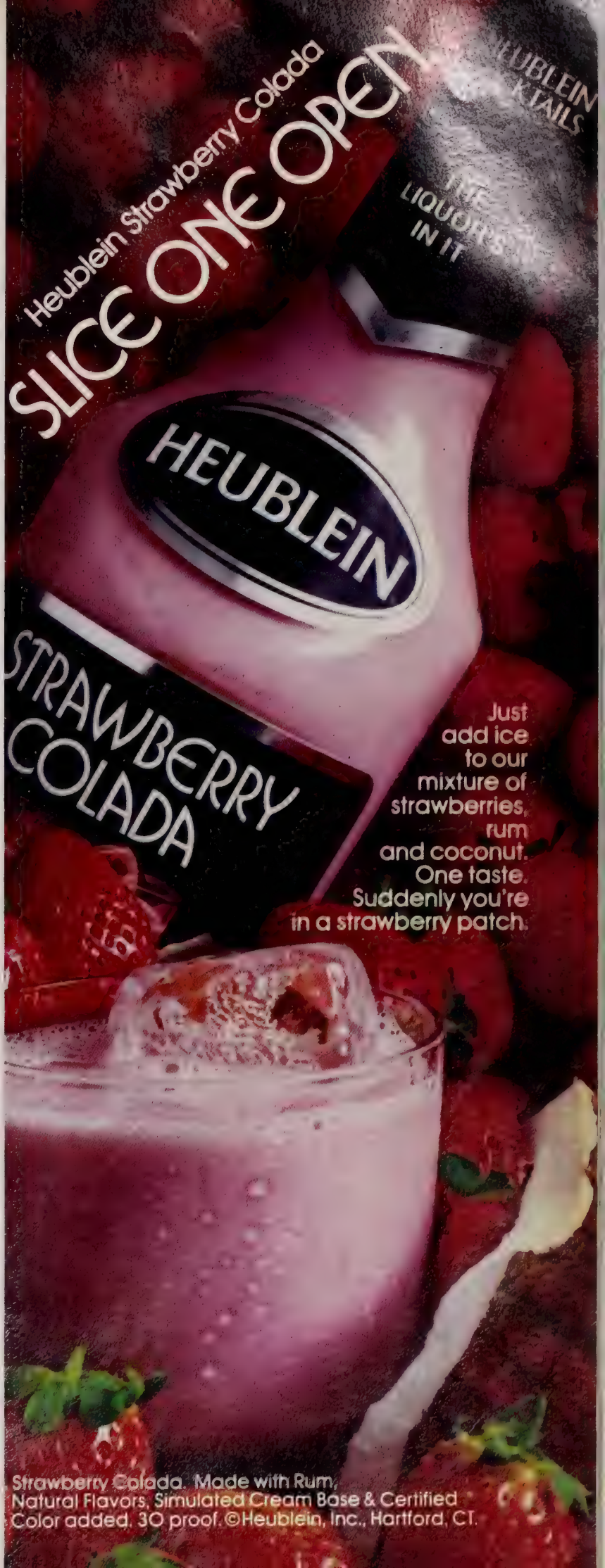
2 3 4 5 6 7

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New and different potpourris to make at home

BY CLAIRE WHITCOMB

What better way to take advantage of summer's full flower than with potpourris to use the rest of the year? Here are 4 recipes, the specialties of 3 fragrance artists, Maurice Gibson and Stanford Stevenson, owners of Agraria, the potpourri shop in San Francisco (see their potpourri-in-progress, page 78), and herbalist Maida Silverman.

Picked fresh and dried, or if you're drying your own herbs, try Maida Silverman's method: Pick in the morning after the dew is gone and spread one layer deep on a basket or tray. Dry away from the sun until crisp and brittle—about 2 or 3 days.

For potpourri in an afternoon's time, you can use an electric food dehydrator (about $225 from Hammacher Schlemmer, New York, N.Y. 10010) as Mr. Gibson and Mr. Stevenson do. Besides making preparation a breeze, it lets you add slices of oranges, lemons, and grapefruits for citrus scents.

For a breath of herb-fresh air, four recipes by three herbal experts

Agraria's refreshing verbena potpourri with a lemon twist

Proportions are flexible but this recipe provides enough for a 2-quart container.

Mix together in a large bowl or pan:

- 4 cups dried whole verbena leaves
- 1 cup dried mint leaves (preferably peppermint)
- 1 cup mixed dried herbs such as thyme, lemon thyme, sweet marjoram, and lemon-scented geranium leaves

Use your hands when mixing and slightly crush a few of the herbs to release their fragrance. Combine in a glass measuring cup:

- ½ ounce pure lemon essence
- ¼ ounce lemon verbena essence
- ¼ ounce oil of bergamot

Sprinkle the combined essences over the herbs, stirring and turning with a rubber spatula until the essence is evenly distributed. Then mix in:

- ¼ cup dried lemon peel, pulverized in the blender

Age the mixture in a ceramic or glass container with a tight-fitting lid—a stoneware crock is ideal—and, if necessary, wrap the container in aluminum foil to protect the potpourri from moisture and light. Store in a cool, dark place for at least 3 weeks to allow the fragrance to develop and mellow. Meanwhile, prepare the citrus-floral garnish. Dry and store until needed:

- 1 medium grapefruit and 3 lemons cut into ⅛-inch slices
- thin strips of lemon peel
- any combination of yellow or orange flowers and petals

The petals will take 2½ to 3 hours in the dehydrator, the citrus slices up to 24. Add the garnish and display the potpourri in baskets, glass bowls or terra-cotta dishes.

Agraria's aromatic cooking potpourri from the south of France

This is a classic combination of the herbs of Provence. It is also primarily a cooking potpourri—bouquet garni—but with extra lavender and fennel makes a delightful, fragrant potpourri for an open bowl. Why not double the recipe and make both? To make the basic mixture, wash herbs, drain, dry and combine thoroughly:

- 2 cups thyme, leaves and crushed stems
- 1½ cups summer savory, leaves only
- ½ cup lavender leaves
- ¼ cup fennel seeds (commercially dried)
- 1 cup basil, leaves only

Pack the mixture into small earthenware crocks and cover tightly. This potpourri needs no aging, but still must be protected from moisture and light. For the garnish, prepare and store separately (and add in when cooking):

- dried zest of 6 untreated oranges
- bay laurel leaves (if available—otherwise substitute commercially dried imported bay leaves)

To convert from a cooking to a Provençal potpourri, add to mixture:

- ½ cup dried lavender flowers
- ¼ cup fennel seeds, pulverized in blender or with mortar and pestle

Arrange in an open bowl or basket; garnish with dried orange slices, peel, bay leaves, dried lavender stalks.

Maida Silverman's tranquility bath potpourri

A fragrant bath is a luxury in itself, and these herbs were selected to soothe the body and promote restful sleep.

- 4 cups peppermint leaves
- 1 cup sweet marjoram
- 1½ cups bay leaves, broken up
- 2 cups lavender
- 2 tablespoons fennel seeds, gently bruised with mortar and pestle
- 1 cup dried cornflowers (optional)
- 1 cup dried fragrant carnation petal (optional)

In a large bowl mix all ingredients t gether very thoroughly with the hand Carnations add refreshing, spicy fi grance and cornflowers lend soothi blue. To use, fill a brightly color square (about 14 inches) of thin, cott voile or batiste with a generous cup potpourri and knot with a white co Hang from the bath tap; let very hot w ter run through for 30 seconds to extra herbal essences. Adjust bath to a co fortable temperature, soak.

Maida Silverman's reviving refreshing bath potpourri

This is a potpourri for energy a invigoration.

- 1½ cups rosemary
- 5 cups lemon verbena
- 2½ cups linden flowers
- 1 cup chamomile
- 1 cup Roman chamomile flowers
- 1 cup dried calendula petals

Mix in a large bowl, crushing gen with your hands.

Spoon into fabric squares and ha under the tap.

Mail-order sources

Plants and seeds

Hilltop Herb Farm, P.O. Box 17 Cleveland, Tex. 77327. Catalogue, 50¢

Logee's Greenhouses, 55 North St., D ielson, Conn. 06239. Catalogue, $2.

Nichols Garden Nursery, 1190 North I cific Highway, Albany, Ore. 97321. F catalogue.

Sunnybrook Farms Nursery, 9448 M field Rd., Chesterland, Ohio 440 Catalogue, 50¢.

Taylor's Herb Garden, Inc., 1535 L Oak Rd., Vista, Calif. 92083. Catalog 50¢.

Dried ingredients and essential oils

Caswell-Massey, 575 Lexington Av New York, N.Y. 10022. Catalogue, $

St. Remy L'Herbier de Provence, 156 64th St., New York, N.Y. 10021. F catalogue.

Aphrodisia, 28 Carmine St., New Yo N.Y. 10014. Catalogue, $1.50. ■

979 R. J. Reynolds Tobacco Co.



mg. "tar", 1.3 mg. nicotine av. per cigarette, FTC Report MAY '78.

Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

BY DIANA LEA

Garden food for all seasons

Preserving tips to help you stock your pantry all year with summer's harvest of nutritious fruits and vegetables

Preserved fruits and vegetables not only recapture the taste of summer, but dishes like Golden Dandelion jelly offer an exotic way to upgrade the vitamin and mineral content of your diet. To make sure that your fresh produce preserving gets better-than-best results, here are some tips from Marilyn Kluger's *Preserving Summer's Bounty* (M. Evans, $12.95), just out in April.

Jellying

Sugar flavors, preserves, and aids in gel formation of jelly. For best texture and keeping results, jelly should contain 60 to 65 percent sugar.

To figure out sugar substitutes: In jelly with no added pectin, light corn syrup can replace up to one quarter the sugar, honey up to one half the sugar; with powdered pectin, light corn syrup can replace up to one half the sugar, honey up to 2 cups of sugar; with liquid pectin, both light corn syrup and honey can replace up to 2 cups of sugar.

Honey can substitute for up to one half the sugar without overwhelming the fruit flavor, but when honey is the sole sweetener, add wine or herbs.

From **Preserving Summer's Bounty** by Marilyn Kluger Copyright © 1979 Marilyn Kluger. Reprinted by permission of the publisher M. Evans and Co., 216 East 49th St., New York, NY 10017.

Jelly will jell when your jelly thermometer registers 8° above the temperature of the boiling water.

When jelly doesn't jell: For every quart of jelly, bring ¼ cup water and 4 teaspoons powdered pectin to a boil, stirring constantly. Stir in ¼ cup sugar, the unjellied jelly and, if too little acid, 2 tablespoons lemon juice. Boil hard for 30 seconds. Test for jelling.

Spiced Grape Jelly with Cardamon Seed: Wash, stem, and crush 3 pounds ripe Concord grapes in heavy kettle, add ½ cup cider vinegar (or water for less sharp taste), 6 crushed cardamon seeds; bring grapes to boil on medium heat, simmer 10-15 minutes until grapes are tender. Let grapes drip through jelly bag in refrigerator overnight; next day, mix 4 cups grape juice with 7 cups sugar and boil over high heat. As soon as boil begins, stir in 3 ounces liquid pectin. Boil hard one minute, skim, and pour immediately into hot glasses. Seal with ½ inch hot paraffin.

Golden Dandelion Jelly: Snip off stems and green collars and rinse 1 quart dandelion blossoms in cold water; boil petals in 2 quarts water for 3 minutes. Cool, strain, and press petals with fingers to extract 3 cups juice. Add 2 tablespoons lemon juice, 1¾ ounces powdered fruit pectin. Bring to boil in jelly kettle. Add 5½ cups sugar and stir while mixture boils for 2½ minutes. When jelly cools, pour in small glasses and cover with melted paraffin.

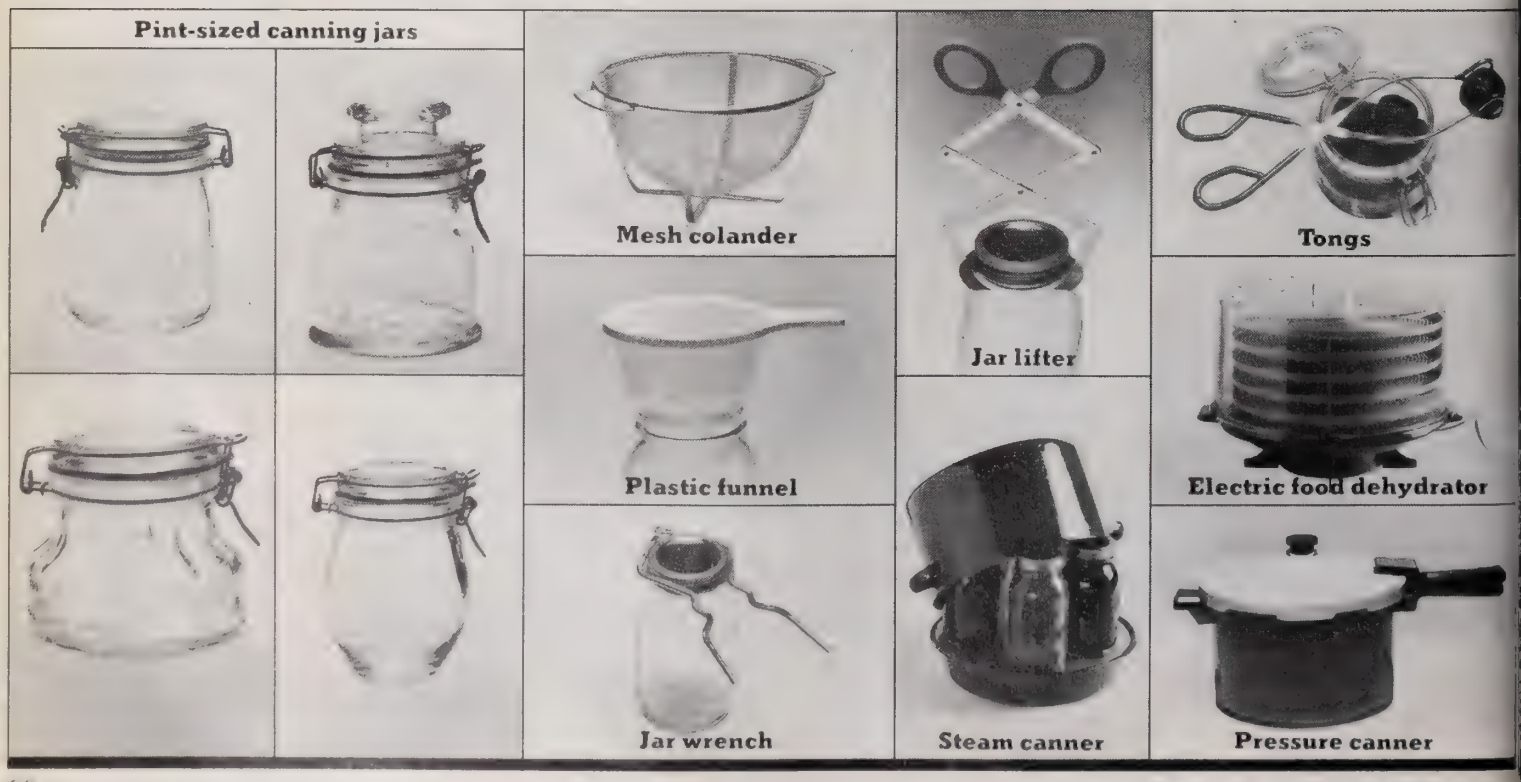
Canning

Pressure saucepans are not recommended for processing foods for canning because they cool and heat too rapidly; however, if pressure can be maintained at 10 pounds, and 20 minutes is added onto processing time, use them for small pint or half-pint jars.

For all low-acid foods—most vegetables, meats, poultry, seafood, and varieties of low-acid tomatoes—use a steam pressure canner (set at 240°-10 pounds pressure), usually a heavy cast alumi

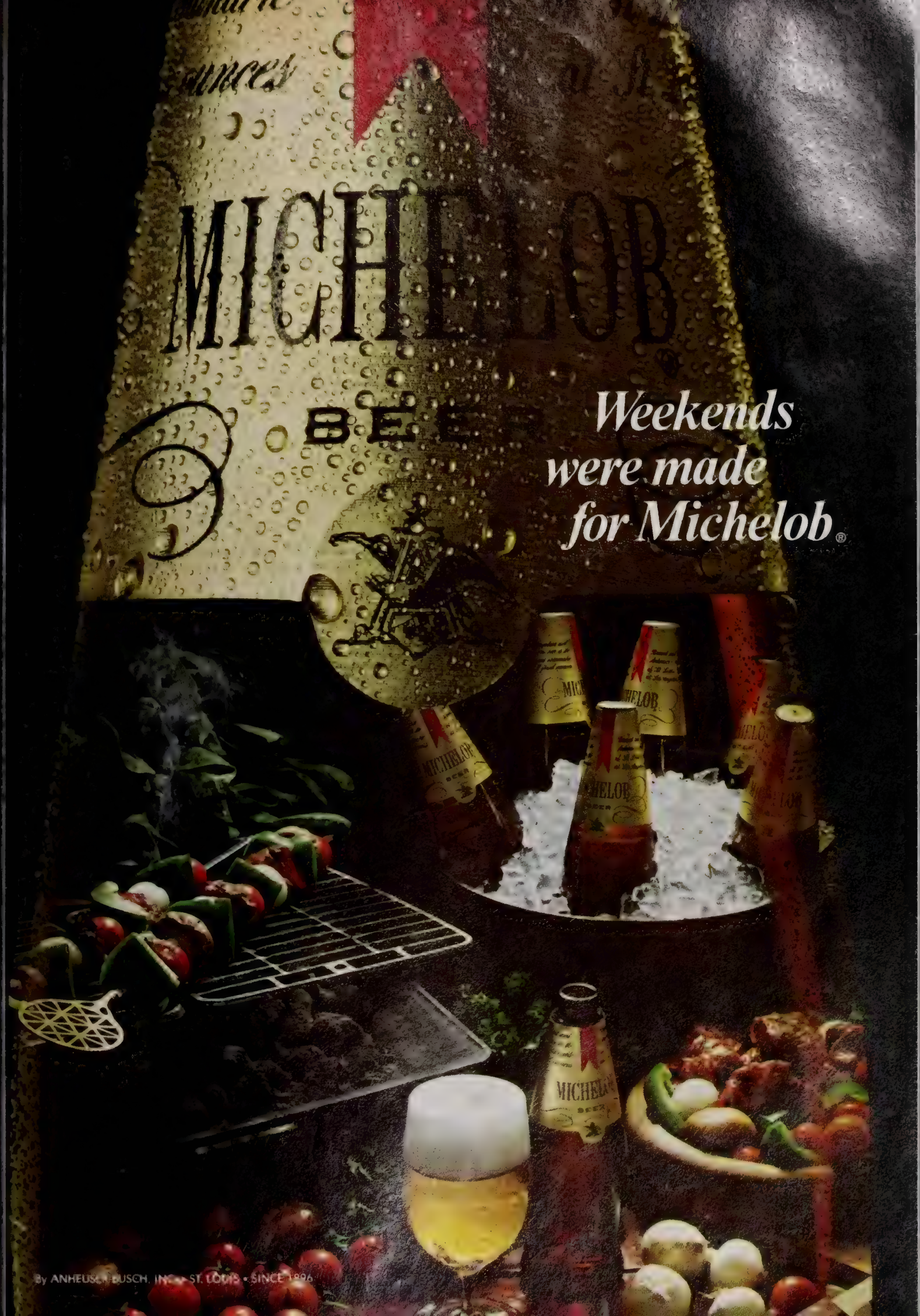
Continued on page 6

A checklist of the latest equipment for high-quality canning



ROGER BESTER

For details, see Shopping Information


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arden food
ntinued from page 67

m kettle with a lid that can be locked clamped tight to keep in the steam so at pressure can build up inside the nner.

For processing high-acid foods—eet acid fruits, fruit juices, jams, fruit tters, marmalades, preserves, relishes, mato products—except jellies, most ople use a boiling water bath canner, uich for best results should be 11½ ches tall so boiling water covers jars by least 1 inch.

Hot-packing fruits: Although sugar lps preserve color, flavor, and texture, s not necessary to keep canned fruits om spoiling; instead, pack them in iling water or in their own or another uit's hot juice. (To extract juice: Crush d simmer ripe, prepared fruits over w heat until tender; then strain and use hot-pack fruits).

Note: Not mentioned in Marilyn luger's book, but worth noting, is an ernative to the boiling water-bath can-r—a steam canner for high-acid foods, cently put out by General Housewares orp. It requires less water, cuts pro-ssing time in half, and uses lower heat tings and less stove and storage space an a waterbath canner. Too, because eam produces distilled water that re-oves mineral residue, glass jars sparkle nen removed from canner.

Freezing:
Almost all vegetables should be blanched before freezing to help preserve flavor, vitamins, color, tenderness. Steam blanching is suggested for vegetables with high content of water-soluble vitamins or ones that are cut and peeled. Best bets: broccoli, sweet potato, squash, pumpkin. Blanch leafy greens in large amounts of boiling water.

Solid tart fruits that require no peeling or pitting—cranberries, blackberries, green grapes, blueberries, raspberries, rhubarb, gooseberries, whole strawberries—can be frozen without sugar. Freeze for 2 hours on a baking sheet at -10°, then pack in polyethylene bags.

The sugar pack: Four parts fruit to one part sugar is the proportion that offers adequate protection of flavor, nutritive value, and color during freezing and storage. The fruit and sugar (with antidarkening agent added if necessary) should be mixed until the sugar is just dissolved, and the juices begin to flow from the fruit. Seal in rigid, leakproof containers, leaving head space between packed fruit and lid to allow for expansion during freezing (-10°).

The syrup pack: Make a medium syrup by dissolving 3 cups sugar in 4 cups cold or boiling water; stir, let stand until clear, and chill. Pack prepared fruit in rigid, leakproof containers; cover each pint package with ⅔ cup syrup, leaving adequate head space. Freeze at -10°.

To freeze persimmon pulp: Use fully ripe, not puckery persimmons. Remove stems and blossom ends, rinse with sink spray. Press pulp through colander, add a bit of ascorbic acid or antidarkening agent to preserve color; package in small quantities in moisture vapor-proof containers. Thaw purée in refrigerator.

Drying:
Drying preserves food quality because it reduces moisture, inhibits molds, yeasts, bacteria.

Produce should be at color, taste, freshness peak, dried the same day it is picked. Wilted, overripe, blemished, or bruised fruits will not produce quality-dried foods.

Light-colored fruits should be treated with antidarkening agent before drying. Most effective treatment is sulfuring, which helps preserve vitamins A and C, shortens drying time, destroys insects. Easiest sulfuring method: Dip fruit before drying in sodium bisulfite solution. Fruit is dry when it feels leathery on outside, slightly moist on inside.

Blanching in boiling water or by steam is standard for preserving vegetables for drying, although horseradish, mushrooms, okra, onions, parsley, peppers, herbs require no treatment. Vegetables are dry when they are brittle, tough.

Packaging and storing dried foods: Let no air remain inside containers, use heat sealable plastic bags, and keep them in a dark place or use lightproof jars. ■



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How to mat a photograph

BY ANTONIA LAMOTTE

The easy way to protect your photographs as professionals do.

For a complete guide to collecting photographs, turn to page 108.

Materials

For the wheat starch paste
Dry wheat starch
Boric acid
For the mat
Acid-free paper (Japanese rice paper is recommended)
2 pieces 100 percent acid-free rag board (boards come 1- to 8-ply)

Tools

Sharp, heavy-duty mat knife
Metal straightedged ruler
Hard-lead pencil
Fine sandpaper
Scissors

To make the wheat starch paste

Mix ¼ pound wheat starch with 1½ cups tap water. Put in a covered jar and soak for 3 weeks. Pour off the water that's risen to the top. (After you've made your paste, the leftover soaked starch can be stored for 3-4 weeks if covered with an inch or more of tap water and refrigerated.)

In the top of a double boiler, mix 1 part soaked starch with 5 parts tap water. (A cup of the completed paste will mat around 15 prints.) Heat until warm to touch—150-200°. Cook, stirring constantly, over low heat 45-55 minutes. Paste should be the consistency of cake batter.

During the last 5 minutes of cooking, add about ½ teaspoon of a preserving solution you've made from ¼ teaspoon boric acid dissolved in a cup of water. Stir well.

Transfer paste to a clean, airtight container. Cover immediately to avoid having skin form on the surface. Paste will keep 3-4 weeks.

Before using, whip paste in a blender until it's the consistency of sour cream.

Other adhesives you can use if you're in a hurry: gummed linen or museum paper tape, or a pretreated starch (so all you do is add water) from Talas, 130 Fifth Ave., New York, N. Y., 10011 (minimum order, $3). Do not use: rubber cement, gummed paper tape (like packing tape), Scotch tape, or anima based adhesives. All give off chemic harmful to photographs.

To make a mat

Remember to buy boards big enough cover the photograph generously. Nev cut a print to fit a mat: You'll not on decrease it's value but also destroy t compositional balance the photograph worked so hard to achieve.

Cutting the viewing window. You want the window to be a bit above t center of the board. That will put t photograph in the optical center, make it more pleasing to the eye. Me sure the dimensions of the print as y wish to see it, then mark the measur ments on the back side of the board wi pencil. Cut out window with the m knife. Smooth the inside of the windo edges with fine sandpaper.

Hinging the print to the backi board. *To make hinges:* First decid whether you'll be using one or tw hinges—one long hinge gives more su port for larger or heavier prints; tw smaller hinges put less paste on the bac of the photograph. For single hingin cut a strip of rice paper as long as th top edge of the picture and about ¼ wide as the picture is long. For doub hinging, cut 2 strips about an inch c two depending on the width of the pri and again about ¼ as wide as the pri is long. Fold each hinge in half and ap ply paste lightly and evenly to one ou side surface. Attach to back side photo at top edge.

Measure to determine where to attac the print to the backing board by layi the window board on the backing boar and lightly marking the inside corners the window.

Carefully apply paste to other side hinge (s); attach to backing board.

A photograph can also be attached a board with photo corners. Just like th ones from dime-stores (but acid-free homemade rice paper photo corne cross each corner of the photograph hold it in place. In this procedure, th paste never touches the print. Ask ph to-supply stores or framers if they ha acid-free paper or plastic photo corner

Hinging the top and bottom board together. *To make the hinge:* Cut on hinge the length of the top edge of th board and ¼ as wide as the board long. Apply paste to outside of hinge; a tach to top board. Apply paste to othe outside edge of hinge; attach to backin board. ■

The SGT.

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av. per cigarette, by FTC me

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GOOD LOOKS! GOOD HEALTH!

for your summer at home

s not just the obvious things—exercise, esh air, sleep, nutrition—that promote good alth. It's a whole attitude, as more and ore doctors are pointing out. The old ıage about a healthy mind in a healthy ody was never more relevant. So when u do your summer things—play a game tennis, make a salad, enjoy a quiet eve- ng read in the garden, build sand castles on the beach, water your geraniums on the porch, plunge into a pool—remember that your health comes from all these experiences. The gratifying part is that when you are healthy all over, it shows not only in yourself but in your surroundings: You'll have created a healthy house. To keep that all-over fitness, here are some easy summery ways to bring health home.

How to give your living room the look of an old-fashioned porch: Make window shades of dark green or sun yellow canvas, grow a garden of glossy green plants in white wicker baskets.

Did you know that almost all a cucumber's vitamin C is in its peel? A good summer side dish: paper-thin cucumber slices with peel on, and slices of sweet onion. Layer in a serving bowl, spread ice cubes on top, and sprinkle with vinegar and a dash of water.

Glamourous summer quencher: 1 ounce green crème de menthe in 6½ ounces chilled sparkling water. Serve over shaved ice, garnish with a sprig of mint.

How to turn garden weeding into a great waist exercise: Kneel, then twist and turn from the waist up. *Don't* stand and bend—it might strain the back.

To purify water and the pots you boil it in, try a decalcifier—a flat round fiber disk that fits in the bottom of a pot or kettle and collects mineral deposits.

A new shower curtain to make outdoors: Spatter-paint a white or clear plastic curtain the rainbow colors of confetti.

For long-lasting summer color—begonias massed on steps, in baskets, in window boxes, on the kitchen windowsill, on a hall table, and beside the bed.

If you're planning a day on the beach or at the park, leave a stewpot simmering *very* slowly. It avoids a hot kitchen later, and all you'll need for a complete dinner is a platter of sliced tomatoes and fruit salad for dessert.

To cast a pretty glow on a summer's evening, look for big chubby candles. Some have a bonus of a built-in insect repellent, so you can enjoy an open porch or patio all evening without uninvited flying guests.

Quick summer changeover for the bedroom: Make a new button-on duvet or blanket cover from one of the new pastel sheets, and spread it over sheets in another great pastel shade.

Just because it's too hot to *move*, don't give up on exercising. Try isometrics in a soothing tepid tub. Add mineral bathsalts to the water for an extra lift.

Slim cooking: a new kind of roaster that looks like a wire Eiffel Tower. You spear chicken or shish kebab meats—no need for oils or butter. Makes delicious seafood too, for picnics.

To shade your windows from the outside, plant fast-growing morning glories or white moonflowers; to shade from the inside, hang a big basket of trailing ivy geraniums.

Quench that milkshake thirst! Drop frozen fruit into the blender (berries are delicious) with a touch of milk and a dash of honey. The frozen berries give bulk, so you don't need ice cream.

For a summery bedroom that lasts year round: Pick a botanical print fabric for window curtains and bed, cover a screen with a leafy print, and wake up to garden flowers even when summer's over.

fresh food
in a see-through refrigerator



The picture of health—the freshest foods and vegetables on show in a see-through refrigerator. Enjoy this windows-on-the-food-world refrigerator by Hobart. For more details, see Shopping Information.

The more you realize rooms can make you feel good, the more fun decorating is. Kitchens become centers for nutrition and taste. Baths are total environments. Bedrooms are more appealing than ever, with new sheets in garden colors. Starting here, a wonderful portfolio of rooms and ideas to make you look and feel your best this summer at home

A movable pot garde of herbs and vegetab

One of the miracles of nature is that we can grow some of the most beautiful, aromatic, and culinary treasures in a pot as small as a man's hand. Parsley, thyme, basil, sage, rosemary, lavender, chives are just some of the herb plants that flourish indoors or out, for the country or city dweller, *opposite page*. One vital tip from Peter H. Dunlop of Horticulture House: "Remember they are not low-light house plants. *Keep pruning*. And keep them in a cool spot."

GOOD LOOKS

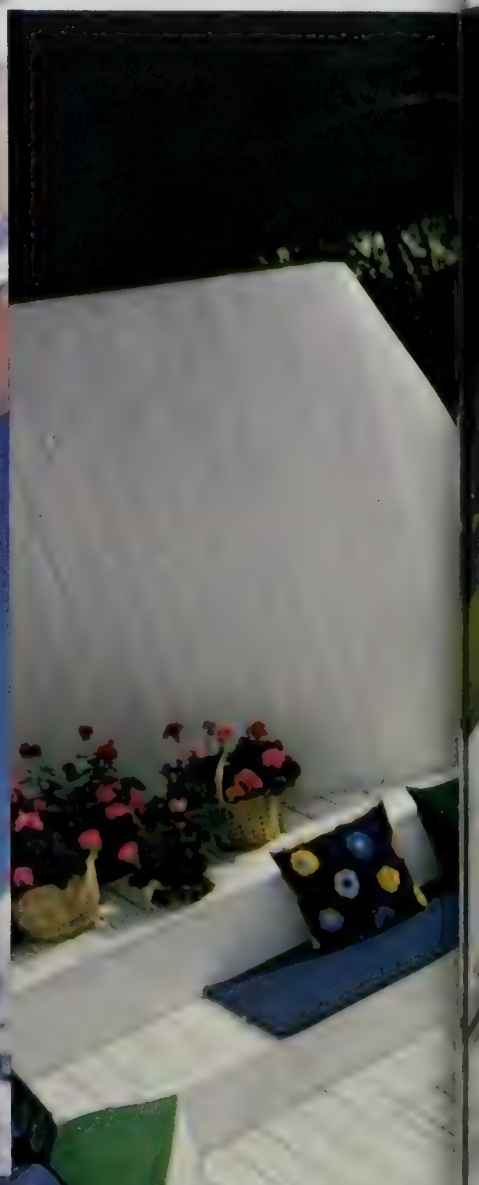

freshly grown
Healthiest jump—it's reported that jumping rope for 10 minutes is as effective for body conditioning as about 30 minutes of jogging.
GOOD HEALTH!

relaxing pleasures

a fresh mix of sheets, music t wake up by



KAREN RADKAI



The body rests in a peaceful blue garden of cornflower-print and paisley cotton sheets, above, and a scalloped pillowcase, as the mind tunes in to summer sounds and music to relax by. Slim radio/alarm clock, Sanyo. Porthault sheets.



's a whole new world of enjoy-
outdoors in this glittery white
nd-games center. Added onto a
mporary house in New York's
otons, the deck spreads wide for
ing, exercise, or eating beside a
ular 50-foot-long pool. Big enough
ancing and entertaining a crowd,
s up sun from east and south and
ntimate corners for a lone sun-
r or reader. Centered on the deck,
e the pool, is a 12-foot-long buffet,
manent counter for food and
s. Sliding doors from the dining
EE


BEADLE

Summer scoop: cucumber, grapefruit, parsley, ice, blended together and poured into a glass lined with strawberry slices. Waring blender. Pfaltzgraff plate.

room are two steps away. The work of architect Donald Chapell, the deck and pool center is angular to complement the angular house he designed behind it (see House & Garden, February, 1975). Built of duckboard for easy drainage, with a durable Marine white finish, the deck veers off at both ends. At one is a two-part dressing room and shower, at the other, separate storage structures for deck furniture, pool equipment, and bikes. Also added, off the deck, is a sauna, rounding out its healthful amenities.

a deck and pool designed for family action

invigorating exercise

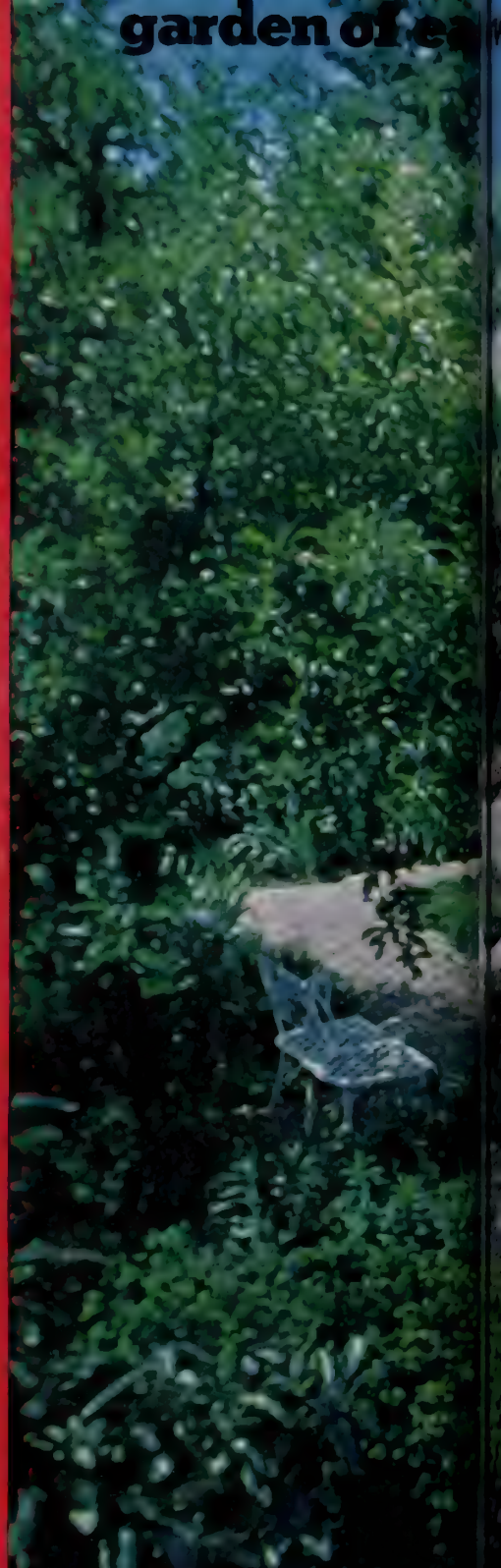
fruit-and-flowers potpourris you can make yourself

To capture the scents of summer for year-long exhilaration, fruits, flowers, and herbs dried and blended in potpourri. Flower and food dryer, Hammacher Schlemmer. For special recipes and tips on potpourri, see Contents Page.



GOOD LOOKS! GOOD HEALTH

natural fragrance



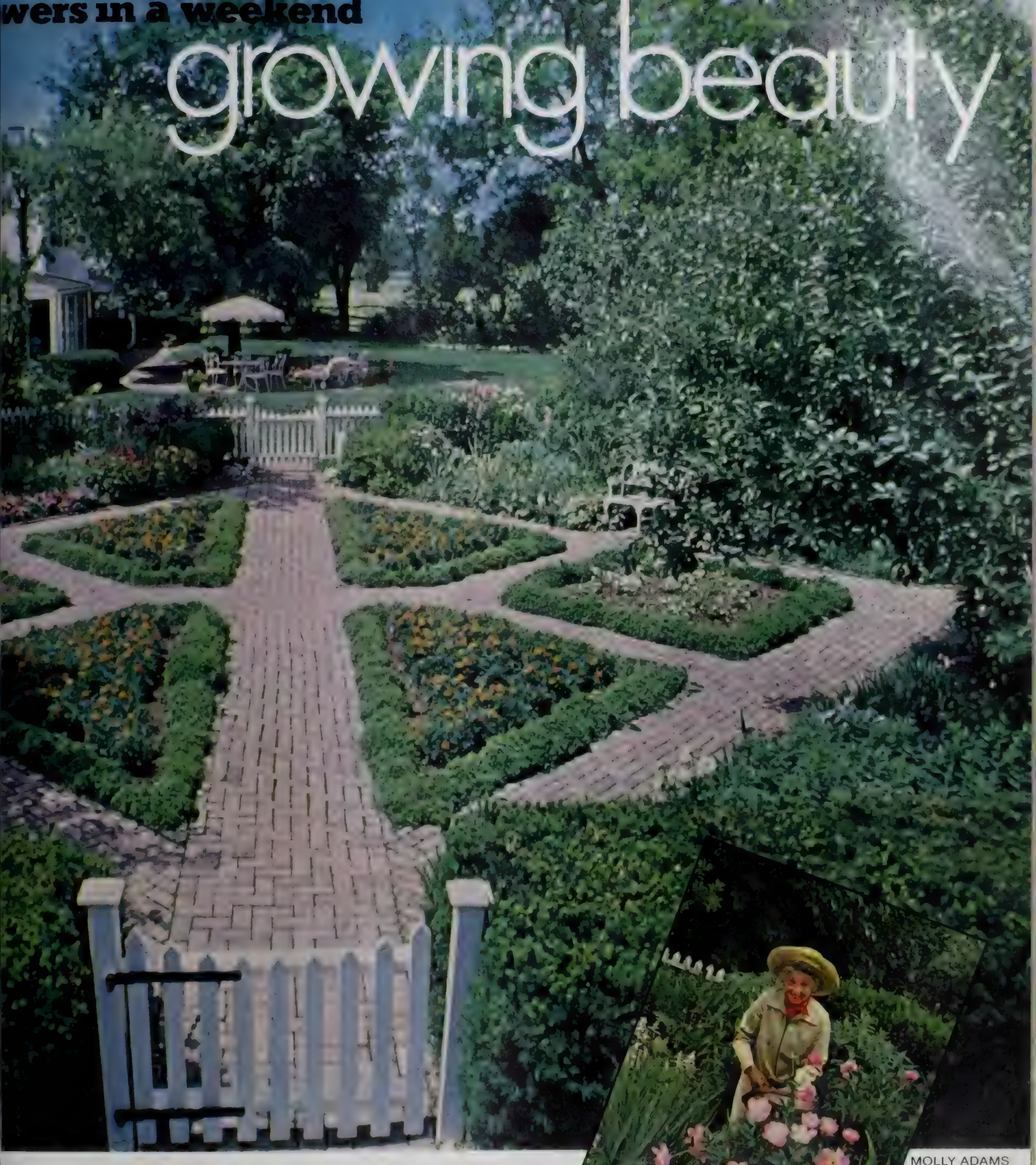
garden of e

This is a garden of green geometry design that gives leeway for experi "It's a garden I can take care weekends," says Mrs. Donald B. S "small, enclosed, delicious." Seven ago when this garden was just a corner of an apple orchard, Mrs. was "a real beginner—I had take

EDWARD OLEKSAK

wers in a weekend

growing beauty



MOLLY ADAMS

Mrs. Donald B. Straus with peonies, astilbe, phlox, and iris—and a favorite trug basket and clippers for gathering them.

t the New York Botanical Gar-
ow she grows sun-loving asters,
s, coreopsis, helenium; shade-
leeding heart, Chinese forget-
Japanese anemone, monkshood,
t, and more. And she is vice-
n of NYBG's Board. Landscape
Nelva M. Weber, author of
Plan Your Own Home Land-
Bobbs-Merrill), worked out a
r sun and the light shade of well-
pple trees ("thank goodness they
weren't maples with greedy roots"). The combination of brick and Korean boxwood makes the garden attractive in all seasons. Near one garden bench, cheerful Sweet William nuzzles a clump of variegated hosta; behind them, blue and white columbines. Yellow lilies—a Jan de Graaff hybrid—and red monarda bloom near the picket fence, garlanded with purple clematis. And in the six inner beds, spring bulbs, summer annuals.

soothing waters



KAREN RADKAI

in a total bath environment-whirling herbal massage, an indoor garden a cooking lesson on TV

The magic of the bath, above, combination of energy (whirlpool jets and a brush to stimulate circulation and skin), and relaxation, (warm water for tired muscles, weary limbs). Take a time out from the world this summer, with a portable 5-inch color TV by Toshiba. For more details, see Shopping Information.

What position do you sleep in? The way you sleep reveals all sorts of things about you, according to Dr. Samuel Dunkell, Associate Medical Director, New York's Postgraduate Center for Mental Health. He has analyzed the most common positions in his book, *Sleep Positions* (Signet), see opposite page. "My studies are of the 'omega' posture, which comes late in the night," explains Dr. Dunkel, "not your first sleeping position. The range of positions you adopt in sleep reflects the facets of your daily life." To help non-sleepers, Dr. Dunkell recommends milk or camomile tea at night, a warm bath, and this sleep producing technique: Imagine the feeling of heaviness in your body, and a floating feeling in the head, while you breathe deeply through nose. "Gradually the floating feeling predominate, as you reach the edg sleep. Now turn into your favorite p tion, and sleep will come." Nightg designed by Fernando Sanchez. more about the wonderful new pa sheet colors on the opposite page, pl see Shopping Information.

The thinker's position



Self-protective



A healthy ego



The sleep-resister



Earthbound



A topsy-turvy world



active sleep

body language on the new pastel sheets

Alert yet relaxed



You like to be in control



The common-sense position





A Natural Style



Sometimes the best way to decorate is to let a house be itself

A country dining room with wood-beamed ceiling, an antique plate rack, windows curtained only with ivy, and a table set for a summer's lunch. It's the natural look of a room that used to be the kitchen in an 18th-century tavern, now the house of designer Bill Blass. Tablecloth by Mr. Blass for Kemp & Beatley.

A natural style

With the simplicity of white, forest colors, antiques with character



When you have great respect for a house, it's only natural to let the look of each room determine its decoration. "I'm so fond of this house that I try to keep what I put in from intruding on its inherent good looks," says designer Bill Blass of the old stone tavern that became his house. Just as the dining room's 18th-century antiques enhance its rustic quality, the simplicity of white walls and quiet prints in the living room accentuate the personality of a room created from two tavern waiting rooms—one for men, one for women. Windows here and in other downstairs rooms are curtainless to let "nature paint pictures that change with the seasons."

Right: The living room, spare but inviting with four patterns that give strength to the all-white background. Between the windows, an old Italian cabinet that once held flags. Behind the sofa, an Indian weathervane. **Top:** Mr. Blass, Kate, and Brutus.

BEADLE





A parlor corner paneled in three shades of blue.



In the front hall, scenic wallpaper panels, a blanket chest, and a pitcher—in greens and blues that inspired the colors of the parlor next door.



A g



An upstairs sitting room warmed with red on the walls, chintz sofa, a lamp. On the chairs, old French quilt from Elinor Merrell.



Above an antique French kitchen table, framed work stitched by voyaging English sailors.



In the mud room, baskets, a Mexican dowel shelf.



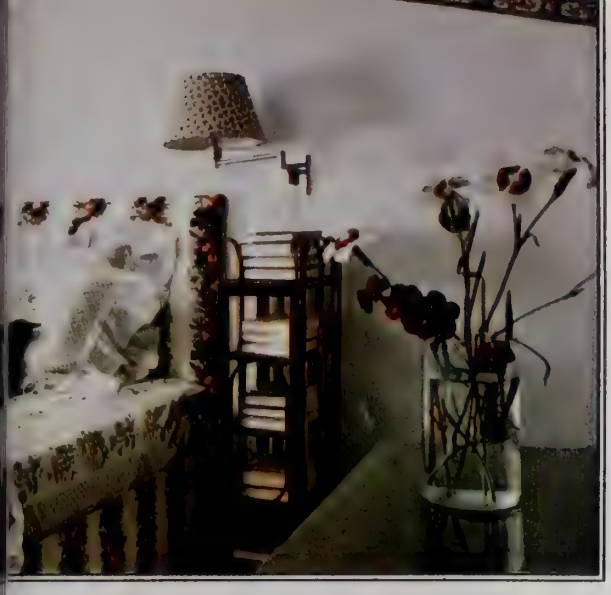
An 18th-century Welsh cupboard with pitchers, wood plates.



Near the dining room, wing chair covered with an old French quilt.



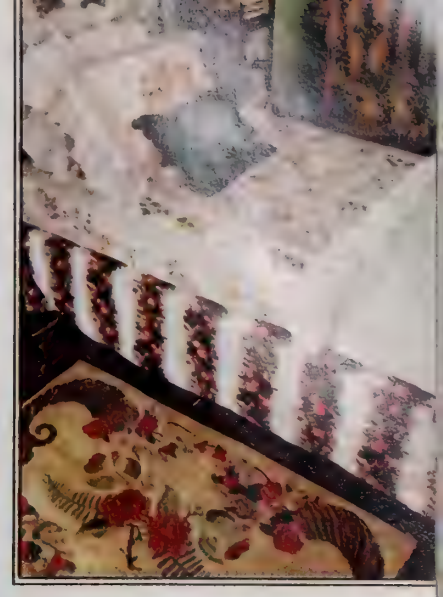
Half bat
framed



t moldings, flowered bed, a tiny-flowered use" sheets by Bill Blass for Springs Mills.



Wallpaper moldings to accentuate the all-white room.



Bedside comforts: books, light, a hooked rug.

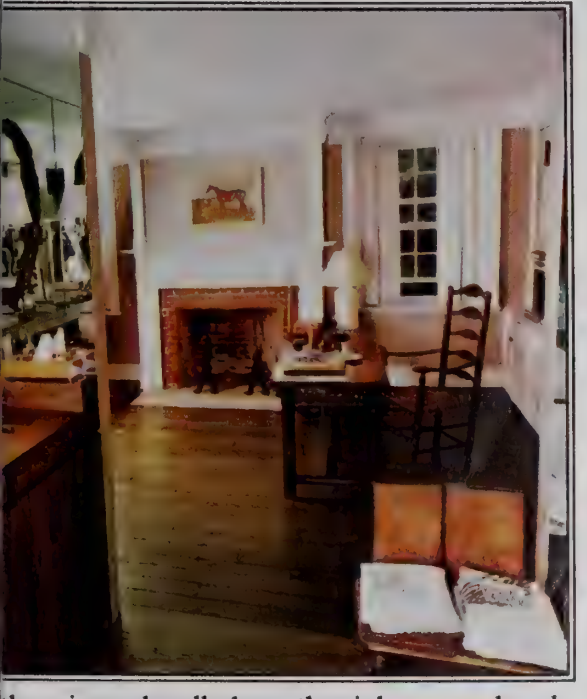


ADLE

A tabletop collection of Edwardian papier-mâché boxes.



The fireplace mantel with an old Japanese print, a hand-carved 18th-century American silhouette, and a trio of potted greens.



the mirrored wall above the sink, a round cork-om, antique French desk and a ladderback chair.



Monkey pitchers on a triple-tiered stand in the bedroom.



Outdoor table. Tablecloth, Kemp & Beatley.

For details, see Shopping Information.

A natural style

In a room with purpose: sleeping, sitting, and working

Like faces, every room in the house has its own personality. The bedroom, for instance: "It has a sense of purposefulness," says Mr. Blass, who believes that a bedroom should be more than a room for sleeping. This one also has a work area—note the wall full of built-in bookshelves and the French kitchen table that doubles as a desk—and a sitting area. "What better place to relax than in the total privacy of your own bedroom?" He loves to light fires in the two fireplaces that flank the sofa—they're exact matches of the ones directly downstairs in the living room—and stretch out with a good book. The bedroom used to be the old tavern's meeting room with a small bath, hallway, and cupboard next to it—"the perfect space to turn into a big bed-sitting-workroom with an adjoining bath." The transformation was his idea, but Mr. Blass readily admits to getting a little help from his friends: Those who helped include good friend-and-neighbor Lady Slim Keith, Mica Ertegun and Chessy Rayner of design firm MAC II, Francoise de la Renta, Billy Baldwin. "With friends like that, who needs a decorator?"

Right: Mr. Blass's bed-sitting-workroom—"a room of real substance." For the walls, a mottled beige wallpaper enriched by the chintz on the sofa and the one that floats around the tester bed. On the bed, "Gwyneth" sheets designed by Mr. Blass for Springs Mills. The apothecary chest is used for a bureau.



BEADLE



A country feelin

An open-air house designed with the outdoors in min



KAREN RADKAI



Outdoor living in a room with a garden next door

A living room that continues right out the doors to a patio where outdoor dining is a pleasure every day for designer Karin Blake and her two children. Filled with country furniture, tiny-printed fabrics, baskets of flowers, decoys, and an old toy horse, the living room is just part of a New England look transplanted to California by Mrs. Blake. For more of the house, please turn the page.



Small prints, graphic quilts, and a fanfare of Americana colors



Americana in the hall

For the upstairs skylit hallway, *above,* patriotic colors in quilts, durrie rug, printed wallpaper. *Left:* Mrs. Blake, Emily, and Justin.

KAREN RADKAI



Brick-paved entryway

The front of the house, with new New England-style shutters and a window box above the door.



Dining under beams and baskets

The dining room, *above,* with an antique English table, Windsor chairs. Pine cupboard from Richard-Mulligan.

Country kitchen

The kitchen, *right,* created from two tiny rooms, has a commercial stove, an old laundry sink with French spigots, and a bright red refrigerator.



UNTRY FEELING

se is just a shell's throw from the Pacific, but it if it's from New England, with wide board untined windows, and fireplaces in almost ev-n. When designer Karin Blake moved to Cali-om Cape Cod she wanted to surround herself ngs she felt comfortable with. So she made the er with a country look, and filled each room iques and folk art: "Since I grew up in a house ntiques, having them around makes me feel at Rustic beams were added to the bedroom and g room, which was created from the old living-rea. The living room is a new addition—"An r's interpretation of California living."

For the bedroom, provincial prints

The bedroom, *above and right*, was two dark rooms until Mrs. Blake joined them. She pulled down their ceilings and added a wall of French doors, a terrace, and a fireplace. To enhance the room's country charm, country prints from Souleiado at Pierre Deux.



Details, Shopping Information.

Fresh-air living

in a house with young ideas and old-fashioned char

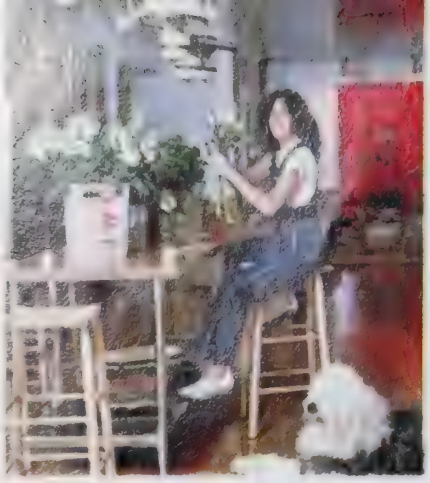




A modern kitchen, country style

A sun-flooded kitchen, big as all outdoors, where fresh healthful foods are the order of the day. Designer Nancy Heller loves to cook and entertain here, surrounded by a friendly mix of wonderful old furniture and the latest professional equipment. To see more of the house, please read on

KAREN RADKAI



Glass walls to let the sun in, cool white walls and furniture, and a bath that's an indoor oasis

A living room for lounging

In the living room, **below** new white walls and down filled furniture, original woodwork and beams. At one end of the 19th-century bar from Paris, an antique pewter-trimmed jewelry case holds glasses. On the ottoman, one of the silk and velvet quilts Ms. Heller collects. Doors open onto a brick-paved courtyard. **Left:** Nancy Heller and Muffin.



KAREN RADK



Patio dining indoors

At the far end of the kitchen, **right**, walls of glass make the dining area part of the garden beyond. Potted plants and a napkin lily in every glass add to the fresh-air feeling.

New kitchen, old-fashioned charm

Left: The kitchen is a mix of old and new: track lights and antique fixtures side by side; antique dressers as cupboards, tile-topped.





phic bath focus:
per-size tub

e master bath, **above**, a sleek black Jacuzzi
ned by Ms. Heller is framed by white
nt walls and squared-off archways. The tub
rrounded by flowers and plants—some
painted on a border of tile, others thriving in
t-in trough. The sloping backrest is a
ical luxury: "You can't lean back in a
e-sided tub!" Overhead, an antique brass
er head is mounted from the beams.

FRESH-AIR LIVING

It was the romantic Spanish style of this California house that lured clothing designer Nancy Heller of Nancy Heller Designs. "Archways, courtyards—who could resist? And the place was in shambles—just what I wanted!" A resourceful remodeler, she kept the charm of the house intact, but injected it with fresh new spirit: crisp cotton fabrics, lightly polished floors, and a lavish use of black and white. The house was untouched by previous owners (one was Howard Hughes), so she started from scratch, using the original 1918 blueprints as a guide. Walls came down in five small rooms to make a 55-foot kitchen. An upstairs bedroom became the new master bath. Walls are white and windows are bare throughout the house: "We have neighbors, but with so much open space around, it's like living in the country."

Reaching for the sun

in a house that puts its back to the wind, its face in the sunshine





Design for fresh-air living

From a wide-open living room and a deck with a removable canvas awning, *far left*, this house stretches up and out toward the sun and a view over a canyon. For more about how Hallet, Hermanson & Associates designed the house to make the most of life indoors and out, turn the page.

KAREN RADKAI





Deck set for breakfast

Reaching east toward the morning sun, the triangular deck (2) is ideal for breakfast. In the afternoon when the sun is high and very hot, the square, slotted wood sun break provides shade.





On the north, house is hugged by surrounding hills

Looking down at the house from the north hills (1) you see the almost unbroken walls that provide protection from north winds and privacy from neighboring houses clustered around the canyon and hills.

Picnic with a canyon view

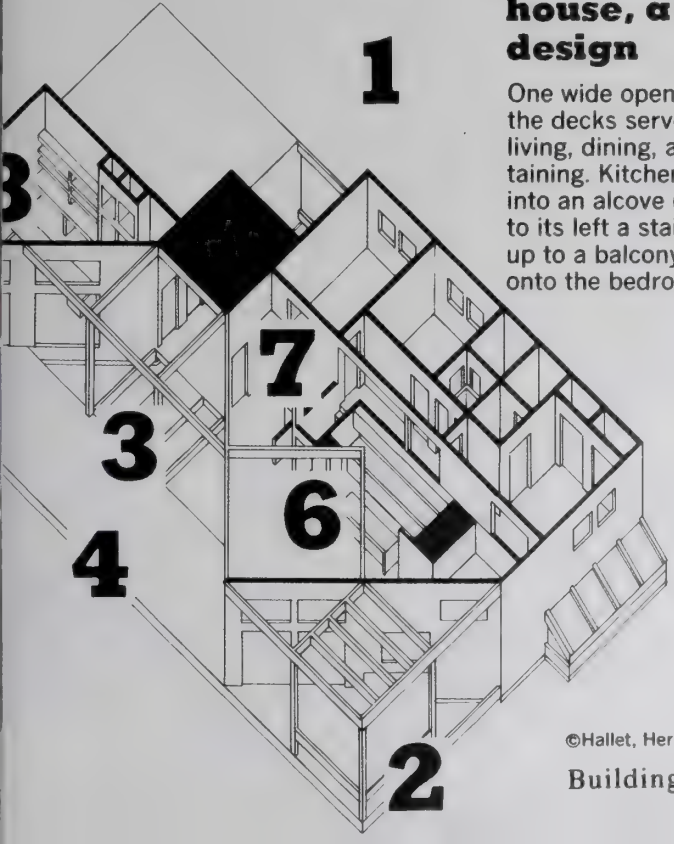
In summer a canvas awning goes up to provide some shade for sitting (5) or a picnic (4), here set on a rug from Afghanistan. The deck frames formal planting areas (3) that contrast dramatically with wild natural vegetation that surrounds the house.



As the sun glides around the mountain to light the canyon below, "the house clings to the side of the valley to grab the winter sun." That's how architect/owner Stanley Hallet characterizes a house so in tune with its mountainous Utah site that, with 75 percent of its windows facing south, it takes only about $300 a year to heat. Yet much of the inspiration for the design comes not from modern solar technology but from the hillside houses in Afghanistan Stanley Hallet studied as a Fulbright lecturer there. Here, as there, bedrooms with only small windows are at the back of the house, protected from the north wind by the mountains, and kept private by the more outgoing rooms in front. One wide welcoming area (6 and 7) serves for living, dining, and entertaining. "It's an open friendly space that can be rearranged like a stage set." Its diagonal walls of windows look out over the canyon to give an illusion of enormous space. The life of the house extends outdoors onto decks (2,3,4, and 5) positioned to follow the sun all day. The house, built on a 12-foot module (a planning device using standard materials), harbors other activities within its 3,100 square feet—an editing room for Judith Hallet to work on her films, an architecture studio, and downstairs, an apartment for Mr. Hallet's mother.







Heart of the house, a flexible design

One wide open room off the decks serves for living, dining, and entertaining. Kitchen is built into an alcove (7) and to its left a staircase goes up to a balcony that opens onto the bedrooms.



The architects at work

In the studio, Stanley Hallet, his partner Robert Hermanson, and Mustafa Kanishka work on ways to adapt the house's basic 12-foot module for other clients. "We think of the office as a laboratory where we explore and refine. Our architecture is always in evolution."

©Hallet, Hermanson and Associates

Building facts, see Contents Page.

TAKE A CLOSET, MAKE A GYM

he murphy gym



Now you see it. Now you don't. Just like a Murphy bed that drops down out of nowhere, this indoor home gym is a surprise. It takes the merest space to store and operate its fitness equipment. Your family's health is as close as . . . "Open Sesame!"

Who has the space? It's the complaint of our age. So we calculate and compress every square inch until it functions at peak efficiency. Case in point, a fitness center that works out of a closet 9 feet wide and a mere 2 feet deep. It was designed for House & Garden by corporate fitness consultant Thomas Wills, and contains equipment for aerobics, flexibility, and strength. At the heart of the gym is the "Power Pack" weight-lifting unit with its bench; to the right, a stationary bicycle; and to the left, a stationary rowing machine. Behind the central column is space for an indoor trampoline, and slotted storage for a graduated dumbell set. Closet wall is paneled with space-expanding mirror. Kevin Miserocchi and Suzanne Heilmann, *left*, work out with tapes, radio/earphones, and lots of enthusiasm. Power Pack by Universal Resilite; bike and rowing machines by Tunturi; Antron carpeting by Bigelow; A.C.E. indoor trampoline; dumbells by MacLevy; TV by General Electric. Mirrors from John Depp. Details, see Shopping Information.

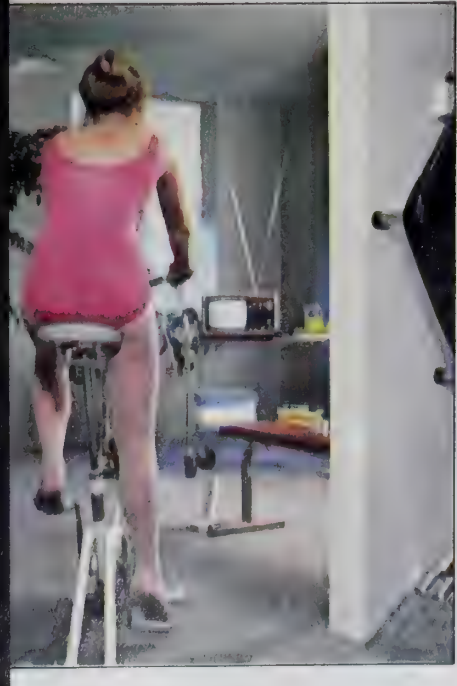




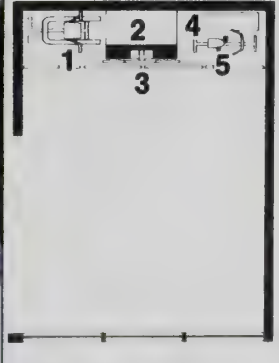


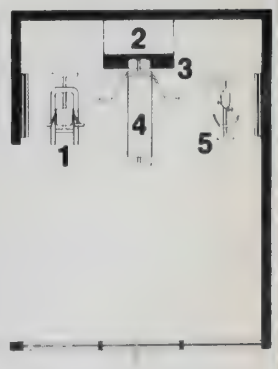
An indoor gym can fit into any spare wall space

The equipment at rest, **above**, turns snugly into 2-foot-deep closet. **Below, plan left:** Equipment away, doors closed. **right:** Equipment out, and ready for action.



EDWARD OLEKSAK





Inset, left: With her back to the mirror and bike pulled out Suzanne can pedal to music, watch TV. Trampoline and dumbell storage in carpeted slots. Workout space required: about 6 feet.

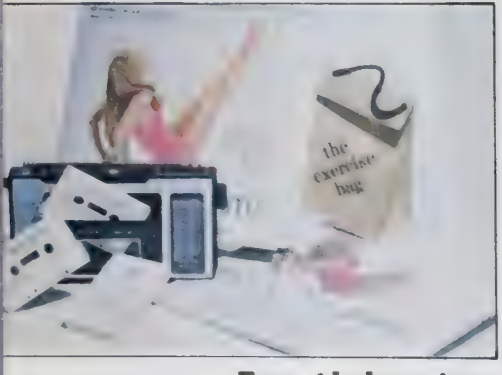
1 Rowing machine
2 Storage: (not seen) dumbells trampoline jump-rope books
3,4 Power pack w/bench
5 Bicycle

We hold three truths to be self-renewing:

"Aerobics, strengthening, and flexibility—the three areas of conditioning you need," says Michael O'Shea, director of The Sports Training Institute in New York and consultant to House & Garden on home gear. And now you can get the same kind of workout at home as you can at a health club. Here's a chart that spells out what equipment meets which needs (look closely and you'll notice two pieces that meet several). Save here, splurge there, but get all three kinds of exercise.



Handy clip-on timers



Expert help on tape

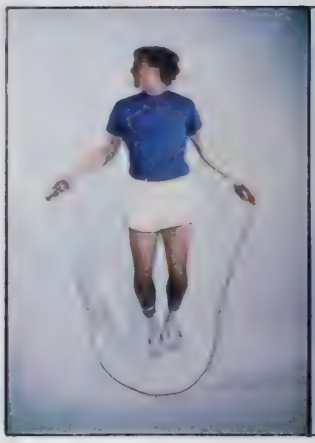


Electronic step counter

Tapes, timers, and electronic trackers spur energy, reward effort

Left, top: Wind-up, clip-on-a-belt timers, 2½-inches square, $11 each. Ambienti. **Center:** Help-on-tape from some of the country's top exercise experts—Richard Nickolaus and Elizabeth Arden's Marjorie Craig; Manya Kahn book and record. Recorder by General Electric. **Bottom:** Battery-operated electronic pedometer records each step. $150 by Toshiba.

aerobics: to exercis



Skipping rope
Handles count, $10. Hammacher Schlemmer.



Trampoline
6-sided jogging gym, $16. By A.C.E., Inc.



Stationar
Adjustable p
$275. By

strength: to incr



Chinning bar
Adjustable width braces, $25. By Tunturi.



X-country skier
Swing-arms pulley system, $318. NordicTrack by PSI.



Weight-lifti
8-position arm/
$225. BodyBar by

flexibility: t



Exercise mats
Washable covered mats, $58 each. Everlast.



Bench press
Stationary balance bench, $65. Universal Resilite.



X-country
Sliding leg-stret
$318. NordicTra

TAKE A CLOSET, MAKE A GYM

·t and lungs



ntry skier
/ walker, $318.
Track by PSI.



Exercise bicycle
Bicycle with ergometer, $390. By Tunturi.



Treadmill
Running machine, $1,795. By American Tredex.

stamina

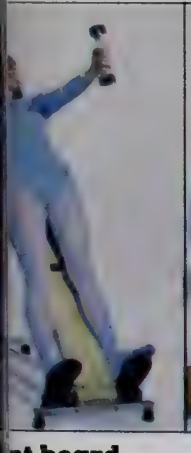


mbells
d chrome bells,
By MacLevy.

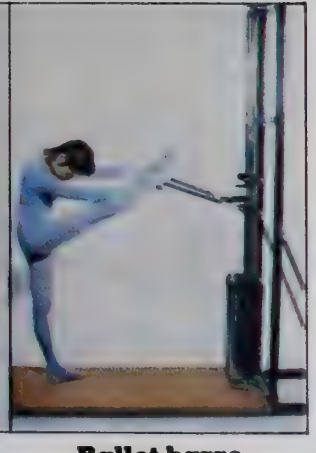


Balance bar
Body lift on weight lifts, $595. Universal Resilite.

· muscles



nt board
and dumbells,
th by MacLevy.



Ballet barre
Balance bar on lift unit, $595. Universal Resilite.

Finding the exercise you can live with: a talk with Michael O'Shea

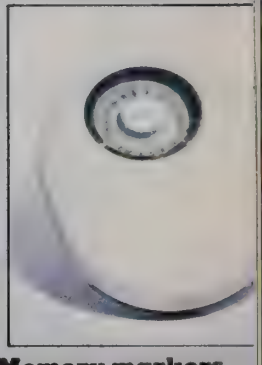
"Always check with your doctor before you begin a new program of exercise, no matter how mild you think it is. Exercise should be like a prescription—especially designed for the one who's going to do it. At The Sports Training Institute each client has a thorough stress exam which takes up to four days to evaluate. Then we set up a program of exercises that will challenge and reward the person it's made for. Men and women like to do what they're good at. We have to add what's good for them, too. That doesn't mean all work and no play. Our clients learn about their bodies and body mechanisms, plus diet and nutrition information we hope will start them on lifelong fitness programs."

Exercise with a smile — new scales to encourage your effort

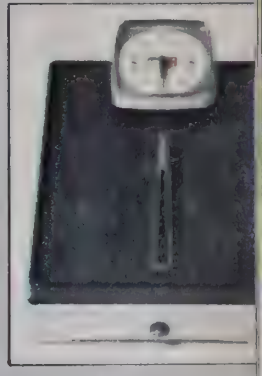
Somehow facing the naked truth is easier with these handsome scales.
Below, top photo: A vinyl-padded scale with movable "memory markers." Set them at the beginning of your diet/exercise program and track yourself down. $36 by Krups; **Middle:** Doctor's platform scale with raised dial, $110. Hammacher Schlemmer. **Bottom:** Ruby-colored acrylic scale with clear raised bevel, $36 by Martin S. Garment Co. **Left:** Doctor's scale with 29-inch standing dial, $129.95 at Hammacher Schlemmer.

EDWARD OLEKSAK





Memory markers



Doctor's scale



Magnified numbers

BY CAROLINE SEEBOHM

Body language while you sleep

Not all dreams are psychological: Here, two doctors discuss sleep movements and the physical origins of dreams

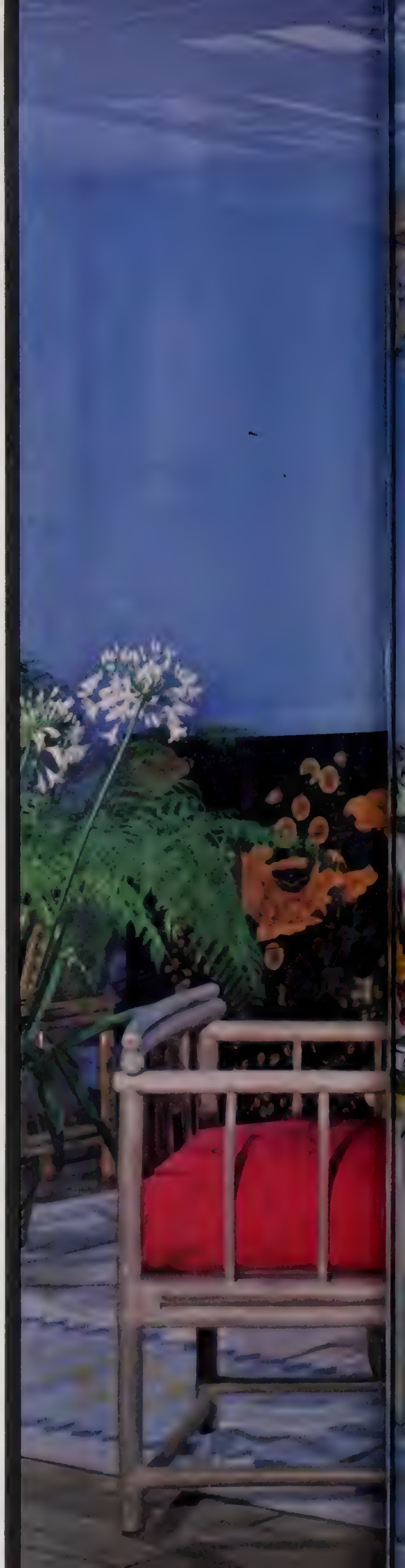
It's the end of a perfect day and you sink into bed, never to move again until morning. Is that what you think? New research has just emerged that suggests something very different happens during those hours of slumber.

A group of sleep researchers at Harvard bases its finds on an exciting new technique for studying sleep—time-lapse photography. Dr. Allen Hobson, currently at the Massachusetts Mental Health Center, Department of Psychiatry, has been working with photographer Theodore Spagna, taking photographs of sleeping people at 15-minute intervals throughout the night. This is part of a new approach to sleep research—an "ethology" of sleep, which means the study of sleep in the natural environment (instead of all those wires and electrodes attached to the victim's head, while he attempts to get a normal night's sleep).

What the time-lapse camera shows is that in normal circumstances we shift in our sleep much more than we think. In fact, between the hours of 1:12 A.M. and 8:12 A.M., one sleeper, sleeping in his own bed at home, made *17* major changes in his sleep position (turning over completely from one side to the other).

That sounds like an awful lot, but this apparent energy in sleep ties in with a new theory about dreams that this group of sleep researchers has recently proposed: that our dreams, contrary to what most people believe, do not generally expose psychological attitudes that are repressed or built up during the day. They say our dreams are more physiological than psychological; in other words, the dream state is an automatic state built into the human organism and kicked into action when we sleep.

"The occurrence of dreams is not dependent upon what happened during the day," explains Dr. Robert W. McCarley, also at the Massachusetts Mental Health Center, and associate professor in the Department of Psychiatry at Harvard University. "You dream regardless, and the form of the dream is shaped physiologically." (*Continued on page 136*)



A bed designed for dreaming

An island in a sea of blues: a rattan-bamboo pavilion of a day bed from the Far East Collection by Baker. It's this room's centerpiece—and most private hideaway. Under the fretwork, an exuberant garden splashes sheets, comforter, pillowcases—all "Summer Blooms" by Jeremiah for Fieldcrest. Table, chest, and chairs by Baker; handwoven wool durrie rug from Stark Carpet; fabric for shades and on slipper chair at Conran's; "Blue Balloon" latex paint on walls and ceiling by Pittsburgh paints; 5-inch black-and-white-TV by Quasar. See Shopping Information.

HORST



PHOTOGRAPHS

art collecting for everyone

Like open albums, photographs can give a room personality and wonderful appeal. Here, 6 ways people who know about photographs live with their collections, plus how you can start collecting and caring for photographs of your own

HORST



"Photographs are part of a world of inspiration you can live in" BEA FEITLER

Right: In art director Bea Feitler's bedroom/workroom, the work counter and wall are gathering places for all kinds of design inspiration: photographs, post cards, drawings, type samples. **Above:** In the living room is another mixture: A photograph by Lartigue with crafts from Bea Feitler's homeland, Brazil.



A complete guide to finding, choosing, framing, storing, and caring for

PHOTOGRAPHS

BY ANTONIA LAMOTTE

Collecting photographs can become a wonderful obsession. You go out of your way for pictures of people you know, pictures you have taken, pictures by a favorite photographer. You know all about them. You take care of them, live with them, and suddenly they are an indivisible part of your environment. Your eyes are always open for new and newly discovered photographers and their work, and new ways to preserve and protect the photographs you own. A young art (and a young science), photography has opened a growing world for you to discover. Photographs are part art, part history: Those soldiers in the Mathew Brady photographs really fought in the battles he shows—it's Brady's arrangement of light and composition that makes the photographs works of art.

Many of the outstanding photographic prints and plates come with reasonable price tags, and they are usually excellent investments. Also, it's fun rooting around for good buys at sales, auctions, and galleries.

OK, I'm interested. Where do I start?

Liking a photograph is the most important reason for buying it.

"Buy what you like," says Anne Horton, head of Sotheby Parke Bernet's Photographs Department, "Certain types of images will recur, and a collection will take shape naturally."

Actor and collector Peter Coffeen agrees: "When I started buying photographs four years ago, I didn't know exactly what direction my collection would take. As I went along, I bought what I liked—pictures of buildings, American Indians. A collection just kind of evolved."

If you like the photograph you are looking at, you'll like it even more knowing where it lies in the context of other photographs. As Daniel Wolf, of Wolf Gallery in New York, puts it, "Understanding what it means to enjoy a photograph is what gives you the confidence to get together a good collection."

The first step in understanding photographs is to look at them. Expose yourself to photography whenever you can: Experience images in photography books, magazines, exhibits at museums and galleries. There is absolutely nothing like seeing the real print.

When you look at a photograph, take the time needed to savor it. Let the image reveal itself to you. Soak it in, passing these words through your mind: light . . . composition . . . focus . . . contrast . . . tones . . . lines . . . grain . . . rhythm and movement . . . tensions . . . emotion.

Read the photography bibles, like Newhall and Gersheim (see bibliography). And when you're hooked on collecting, you might want to take a course in the history of photography.

Where can I find good photographs?

For lower-priced prints, works by little-known photographers, and antique plates, it's still possible to get lucky at flea markets, school sales, antiques shops, thrift shops, barn and garage sales. But it's easier to find what you are looking for, or to learn what's available and what you like, at galleries, and there are hundreds of them across the country. If you have no local gallery, Anne Horton recommends trying museums and the research departments of libraries.

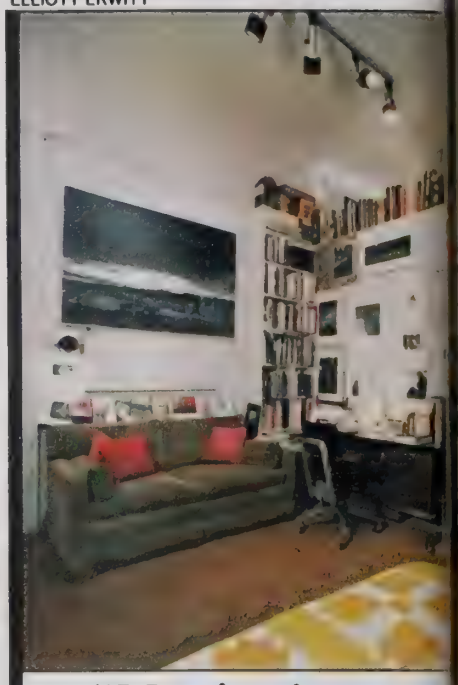
Feel free to ask questions: Photography lovers thrive on photography talk. The enthusiastic trading of stories, opinions, and advice is the dead giveaway of the possessed photography collector. "Going to the galleries has always been one of my greatest pleasures," says Lee Witkin, who liked it so much he opened his own, the Witkin Gallery, in New York, the photography collector's landmark. His gallery space consists of a library area and a main viewing area that has sofas and chairs conducive to photography lovers' gatherings.

Once you've acquired the confidence that comes from knowing what you are looking at and what you are looking for, go ahead and try bidding at auctions. Auctions are exciting, and you'll find many different kinds of works there. Knowing the background of the photographs you bid on is important. If you've done your homework and know the going prices and the value of

Continued on page 112

COLLECTIN EVERY

ELLIOTT ERWITT



"You're in grea company—ne bored, never

L

Right: Gallery owner Lee Witkin floo library with photographs, books, an **Above:** In his bedroom, more photographs. Over the sofa is one largest prints of Ansel Adams's "Moonrise, Hernandes."

KAREN RADKAI



"Photographs moments pres in works of ar

BOB

Above: Bob Patino and Vincent Wo Patino/Wolf designed this modern with photographs from New York's



A complete guide to **PHOTOGRAPHS**

the particular print on the block, you can usually get a good photograph for less than retail. But uneducated bidding can cost you a premium.

You can—and you should—look closely at what will be on sale when it goes on exhibition before the day of the auction, to evaluate its condition and authenticity. And read the auction catalogues—extremely useful tools for keeping abreast of what is on the market and how much it is going for.

What makes a photograph valuable?

It is easier to gauge the value of photographs that are signed, dated, and/or numbered. But photographs were not always considered collectible or even valuable, so the practice is relatively new. Knowledgeable dealers can help, but often you may just have to use your own wits and the judgment that comes with knowledge and experience. This is all part of the thrill of collecting photographs.

Vintage prints—the original prints made by the photographer or his assistant at the time the picture is taken—are the most valuable. In the days before the value of a good photograph was recognized, entire series of vintage prints were thrown away or destroyed; some images, therefore, have no vintage prints.

Those which do exist are valuable because the print is from the original negative (not from a reproduction of the photograph or negative); because the printing was done according to the standards of the artist, his artistic intentions were honored; and because the materials with which the negative or plate was printed are those for which the image was originally intended. They're also valuable since their number is finite (even if you don't know what that number is).

But a print doesn't have to be a vintage print to be valuable. Your eyes can tell you what kind of quality you're getting by looking at the print's physical condition. Pictures crumbling around the edges, creased, scratched, or faded are not as valuable as perfect ones. But this may not matter to you, especially if the print is extremely old, rare, or beautiful.

But while age damage can be endearing, carelessness in the darkroom merely cheapens the art. Avoid buying prints that are the result of sloppy

Continued on page 136





RICHARD AVEDON



"Photographs are the only great works of art I can afford to collect" RICHARD AVEDON

Three ways photographer Richard Avedon lives with photographs in his own studio.
Right: *from top:* On a dining table, a photograph by contemporary photographer Diana Michener; a misty 19th-century portrait by Julia Cameron behind Avedon's incisive portrait of Isak Dinesen; one of Irving Penn's super-real cigarettes.

ouse can overflow with pictures of friends family—they become part of you" ANITA COLBY

Above: In the living room of Anita Colby Flagler, who worked with David Selznick and Paramount Pictures, a black lacquer desk holds memories of family and personal friends like Katherine Hepburn.

Below left: On his studio walls, photographer Horst often keeps informal groupings of his work.
Below right: His study in Long Island, a private retreat, houses a collection of Nadar portraits.

"Without photographs, the rooms would seem empty" HORST

HORST







NEEDLE CRAFT

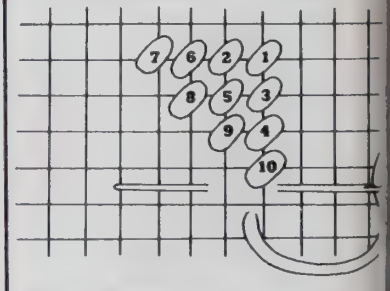
D.I.Y.*

8 new pillows to stitch in colors to match your rooms

Here's the latest needlepoint ne
8 original pillows you can cr
yourself with fretwork-patter
canvases handpainted in color
match your decorating. You s
a swatch of favorite wallpape
fabric; by return mail you rec
the canvas, 3-strand Persian w
and needles. The classic nee
work basketweave stitch ma
this an easy project, even for
ginners. Large pillows take a
months to finish; small ones
shape in just a weekend. They
look great on their own, or mas
in a group. Chinese architect
inspired designers Inman C
and Daren Pierce, who will

Need

turn your finished canvas int
pillow at Woolworks, their N
York needlecraft shop. For det
see Shopping Information.



**Basic basketweave stitch:
from southwest corner, do
in northeast, in diagonal ro**

***Opposite page, top:* A ban
of blue and white fretwor
pillows harmonizes with
Chinese porcelains in Inm
Cook's New York apartme
Right: Graphic cushions o
country love seat from Th
Wicker Garden. Bon Marc
table. *Left:* Basketweave
stitch is quick and easy.**

*Do It Yourself

CHRIS REI




oint your way

FURNITURE CRAFT

D.I.Y.*

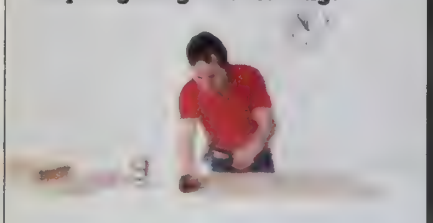
Two easy columns—one short, one tall—to build in a few hours and combine in ways that can organize anything

The inside storage





Starting the nails—first step in gluing and nailing.



Applying glue to the edges of the shelves to hold side wall.



Cutting piano hinge to proper size for door of column.



KAREN RADKAI

Books, groceries, tools, hobby supplies—almost anything you own that's looking for a place to be put away—can find one fast in the new do-it-yourself storage columns. You can build the 6-foot column yourself in about 2 hours with $37 worth of pine, nails, and glue, and its smaller 2-foot counterpart takes about 1½ hours and $12 worth of materials. Both columns—the latest easy-to-build-yourself designs from Peter Stamberg—measure 11¼ inches wide and 12¾ inches deep. They can stand alone or together for more versatility than most storage systems can muster. Here we show four ways you can use them: The tall column, edged in bright yellow, is an accessory closet with a mirrored door. A small column on casters can become a handy hobby center for needlework, tools, or as we show it here, photography equipment. Two short columns with a pine-plank top form a typing stand or, topped with their tall cousin used on the horizontal, a buffet with room to store napkins, placemats, glasses, and silver. Door flips open on a hinge to hold food for a buffet. For instructions, see Contents Page. For details, see Shopping Information.

*Do It Yourself

accessory closet,
for a tower of Shoe Biz
Peter Barton mufflers,
and hats, all available
ri Bendel.



Self-contained buffet here holding Kosta Boda crystal, Katja napkins, Franciscan "Kaleidoscope" earthenware. With one shelf turned sideways, even full-size dinner plates fit.

. STEELE

anywhere typing stand with all
pplies hidden away. Here, Olivetti
ter. Plastic desk accessories from
. Fante stationery.





Projection room on casters wheels to the screen, stores extra Carousels, film, and cameras. Kodak equipment.

It tastes like real peppermint. Naturally. Because it's Leroux.



Leroux Peppermint Schnapps straight up, on the rocks, or in a Schnapps Stinger—Mix 1 oz. Leroux Peppermint Schnapps, 2 oz. Leroux Deluxe Brandy. Shake with ice.

You'll taste the crisp cool flavor of fresh mint in every sip of Leroux Peppermint Schnapps. That's because only the best mint is good enough for Leroux. Only the finest of natural flavors and true fruit ingredients go into Leroux International Liqueurs. Once you've tasted Leroux, no other liqueurs will do.

Leroux International Liqueurs

From France, Italy, U.S., Austria, and Denmark.
60 proof. For free recipes, write General Wine & Spirits, Box 1645, FDR Station, N.Y., N.Y. 10022.

MEAL IN MINUTES

MENU FOR FOUR
Lamb and mushroom brochettes
Sautéed zucchini with marjoram
Grand Marnier omelet soufflé

Simple, classic dishes are excellent summer entertaining, and this di makes the most of summer's herbs vegetables. If you enjoy entertaining doors, grill the lamb over coals— lightly pink, juicy meat, 10 minute cooking should be enough. Dessert quick new soufflé made without fl that puffs in just 10 minutes.

Start the dinner, which needs very tle preparation time, by stemming mushrooms and rinsing their caps cool water if necessary. Pat the l cubes dry with paper towels and sea well with thyme and rosemary. Th lamb and mushrooms onto skew While the broiler or grill heats, slic medium zucchini into thin rounds strips to sauté. And you can whisk gether the egg yolk-sugar soufflé now, too—it will hold over warm w during dinner. Butter and sugar soufflé dish and leave the egg whites bowl, with the cream of tartar, to c to room temperature. Broil or grill brochettes 5-10 minutes, turning sev times and brushing with olive oil. before brochettes are done, sauté zuc ni 2-3 minutes in heated butter and o oil with a little minced garlic an sprinkling of marjoram. All that's for dessert is to whip egg whites, into the Grand Marnier base, and b 10 minutes—serve hot at the table.

Lamb and mushroom brochettes

INGREDIENTS

2 pounds leg of lamb, cubed
1 pound mushrooms, stemmed and wiped clean
Olive oil
Thyme
Rosemary
Salt, pepper
Watercress

METHOD

☐ Remove any fat and sinew from lamb cubes and pat dry with paper to Brush meat and mushroom caps with sprinkle with herbs, salt, and pepper, thread onto skewers. Place on a rack der a preheated broiler or over hot and cook, turning and basting freque 5-10 minutes, depending on the siz

Continued on page

VINE & FOOD



Good food! Good health!

Summer harvests make it easy to choose foods that count every calorie toward a natural diet loaded with nutritional value and taste. Michel Guérard, the genius chef of *cuisine minceur*, leaves out the sugar in desserts to take advantage of the sweetness in perfectly ripe fruit, like the refreshing pears with vanilla sauce, *left*. Tiny pears are steamed over white wine and the sauce is a blend of reduced cooking liquids and orange juice. David Wickers gives the low-down on sprouts—garden crops to grow in the kitchen. Maurice Moore-Betty cooks a collection of fast and easy recipes and offers tips for choosing and cooking fresh fish. Freddi Greenberg creates tantalizing—potato, parsley, and cress dishes. Plus, to quench summer thirsts, fresh combinations of fruits, vegetables, and spirits to buzz up in a blender.



Christine and Michel Guérard

Left: Steamed pears garnished with mint, watermelon, and kiwi—a light, cooling summer dessert. Recipe, page *132*

Fresh fish, fruit, greens, and the surprising potato—delicious foods to give you energy, keep you fit

Homemade jam without cooking. Yum! Yum!

In about 30 minutes, you can make fresh, scrumptious homemade berry jam without going near the stove. Only CERTO® Fruit Pectin lets you make jam without cooking at all. CERTO® is the only pectin that comes already dissolved. So good-bye tedious cooking and hot steamy kitchens. Just follow the simple recipes below for blueberries, raspberries, blackberries or strawberries. Or look for other types of recipes in our packages. With CERTO®, making fresh jam can't be easier. What's more, your family will know there's nothing like its berry, berry good taste.

GF GENERAL FOODS



30-MINUTE BERRY JAM

2 cups prepared fruit (about 2 pints fully ripe blueberries, red raspberries or blackberries)
4 cups (1¾ pounds) sugar
2 tablespoons lemon juice
1 pouch CERTO® Fruit Pectin

Use any containers 1 pint or smaller that have tight-fitting lids. Wash, scald and drain containers and lids; or use automatic dishwasher with really hot (150° or higher) rinse water.

Stem and thoroughly crush berries, one layer at a time. Measure *exactly* 2 cups fruit; place in a large bowl or pan. Thoroughly mix sugar into fruit; let stand 10 minutes. Combine lemon juice and fruit pectin; stir into fruit. Continue stirring about *3 minutes.* (A few sugar crystals will remain.) Ladle quickly into containers. Cover at once and let stand at room temperature for 24 hours to set. Then store in freezer. If jam will be used within 2 or 3 weeks, it may be stored in refrigerator. Makes about 5 cups of jam.

STRAWBERRY JAM. Substitute about 2 pints fully ripe strawberries for the berries; crush and measure *1¾ cups.*

Because this is a "no-cook" jam it will have a natural fruit color and a softer set that's easier to spread.



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sprouts

asy ways grow tamin-rich routs plus s for good ting and utrition

DAVID WICKERS

uted seeds have an im-se food value. Every seed, in its protective outer l, contains reserves of , a natural life-support m. When the seed germi-s, or sprouts, this store is sformed into vitamins, rals, carbohydrates, and le protein that nourish embryo plant until it de-ps a root system and n leaves and the ability to ufacture its own food. e these reserves include essentials for life, they are great value to people as as plants.

prouts have long historical s. The use of mung bean uts was first recorded ly 5,000 years ago in a k by one Sheng Nung, eror of China, but it has n centuries for the West lly realize their nutrition-erits. During World War prouted lentils were in-ed in the diet of British and Indian troops stationed in Mesopotamia to cure scurvy, but it was not until the 1940s and the soybean research by Dr. Clive McKay, Professor of Nutrition at Cornell, that Western eyes, and mouths, were fully opened to the benefits of sprouted seeds.

Further studies by academics have more than confirmed the nutritional significance of sprout power. The staggering rate at which vitamins develop during the sprouting process was shown, for example, by Dr. Pauline Mack at the University of Pennsylvania. She recorded a rise of more than 500 percent in the vitamin C content of soybeans after only 72 hours of sprouting, and similar increases were found in sprouted wheat by Dr. C. W. Bailey at the University of Minnesota. Half a cup of most sprouted seeds, in fact, provides as much vitamin C as six glasses of orange juice. Rapid rises also take place with other vitamins—an average of 300 percent in A, 33 percent in E, and even more impressive results in the B complex vitamins as the figures below, based on Yale's Dr. P. Burkholder's study in sprouted oats, show:

Nicotinic acid..... 500 percent
Pantothenic acid . 200 percent
Folic acid ..... 600 percent
Thiamin..... 10 percent
Biotin..... 50 percent
Pyridoxine (B_6).... 500 percent
Inositol..... 100 percent
Riboflavin (B_2).. 1350 percent

The healthful potential of sprouts is not limited to vitamins. They are crammed with minerals, including calcium, magnesium, iron, phosphorus, potassium, sodium, silicon, and others and, according to Dr. Francis Pottenger, Jr., sprouted grains and legumes supply all eight essential amino acids, the building blocks that make up complete protein. And while relatively small quantities of sprouts make an important contribution to our recommended daily dietary allowances, they are extremely low in calories.



Four-tiered Biosnacky sprouter holds, *from bottom to top*, mung, adzuki, and ready-to-eat alfalfa sprouts.

Seeds for sprouts

Having three or four different varieties of sprouts going at the same time, you can enjoy a variety of tastes and textures and benefit from a broad nutritional balance as well. Stagger the sowings so that small amounts can be harvested as a steady stream. Here are some to try:

Adzuki: a rusty-red Japanese bean that is 25 percent protein, containing essential amino acids, particularly lysine, plus iron and other minerals. Sprouting time: 4-5 days. Sprout length: ½-1 inch.

Alfalfa: 35 percent protein and packed with minerals (iron, phosphorus, calcium, potassium, magnesium, sodium, etc.) as well as being rich in vitamins C, E, and K. Sprouting time: 3-5 days. Sprout length: 1½-2 inches.

Barley: rich in protein, minerals, and B vitamins. Use unhulled seeds. Sprouting time: 3-5 days. Sprout length: up to 2 inches.

Black beans, fava, kidney, lima, and pinto beans: These all tend to be trickier to sprout than seeds or grains. Steam before eating.

Cabbage: including all members of the family—broccoli, Brussels sprouts, cabbage, cauliflower, collards, kale.

Chia: hard to come by, but its peppery taste makes the search worthwhile. Grow by the paper towel method.

Chick-pea: (or garbanzo): 20 percent protein with vitamins A and C and iron. Sprouting time: 5-7 days. Rinse frequently—up to 6 times a day. Sprout length: ¾ inch.

Cress: source of vitamins A and C. Will sprout in 6-8 days with paper towel method. Sprout length: 1-1½ inches.

Fenugreek: strong and spicy tasting, use sparingly and harvest early to prevent a bitter tang. Excellent in Indian or

Continued on page 132

or's note: David Wickers free-lance writer in the dening and health fields. has written The Complete an Farmer, Indoor Farm- *and coauthored* Let's w Food.



A plain, baked pota
is low calorie and has mo
potassium than a bana

potato

100 grams (3½ oz) raw potato:
76 calories; 2.1 g protein;
0.1 g fat; 17.1 g carbohydrate;
potassium, 407 mg; phosphorus, 53 mg;
sodium, 3 mg; ascorbic acid, 20 mg



TETSU OKUHARA

100 grams (3½ oz) raw parsley:
44 calories; 3.6 g protein;
0.6 g fat; 8.5 g carbohydrate;
iron, 6.2 mg; calcium, 203 mg;
phosphorus, 63 mg; sodium, 45 mg;
potassium, 727 mg; Vit. A, 8,500 IU;
ascorbic acid, 172 mg

parsley

Parsley has almost twice
the iron of porterhouse stea

100 grams (3½ oz) raw garden cress:
32 calories; 2.6 g protein;
0.7 g fat; 5.5 g carbohydrate;
Vitamin A, 9,300 IU;
calcium, 81 mg;
phosphorus, 76 mg;
sodium, 14 mg;
potassium, 606 mg;
ascorbic acid, 69 mg



Garden cre
has mo
vitamin A tha
spinac

cress

Recipes, page 128









BEADLE





Rediscover the most popular root vegetable. Nutrients concentrate in the skin and outer layers; boil or steam potatoes in their jackets or make twice-baked skins—scoop out baked potatoes, brush with oil, return to oven until crispy. Flavorful new potatoes hold their moisture even when baked to make a great snack. Baked Idaho with parsley, *far left*; Russian potato salad, *left,* makes a substantial side dish or even a full lunch. Steamed new potatoes, *near left,* are sauced with lemon juice and beef broth.

Eat your garnish! It's packed with taste as well as nutrition. Three ideas to get you started thinking of parsley as a food, *from far left:* Lemon-parsley ice can be either a mid-meal palate clearer, or dessert. Greek rice salad combines lots of parsley with crunchy carrots, radishes plus ham, feta cheese, and shrimp. Curly leafed parsley has a lighter flavor than Italian and makes a refreshing salad on its own. Coriander and chervil belong to the parsley family, too. The counter-culture ketchup—put pungent garden cress on *any* food to make it taste better! Five-day-old cress sprouts stuff nutrition in a tiny package. Cottage cheese and avocado sandwich, *far left,* gets a lift from cress's peppery wallop. It garnishes broiled chicken wings, *near left*, to munch. Details, Shopping Information.

Good food! Good health!

fish

Naturally healthful and easy to cook. Try sole with shrimp and mushrooms or fish consommé studded with seafood


JADE ALBERT

"When you buy fresh fish, look for clear, unclouded eyes, pink or red gills. Get down to the fish and sniff it. It should smell fresh and slightly saline, not at all fishy. Touch it, the flesh should be firm and springy." Good advice from Maurice Moore-Betty, New York cooking teacher and cookbook author (his newest book is due next year), shown, *above*, inspecting fish in his favorite fish shop Pisacane. "Have fish wrapped well in butcher's paper and plastic, then rush it home to the refrigerator. You should cook it within a day." Mr. Moore-Betty created the dishes here to show the versatility of fish—as first or main courses, stewlike medleys or soups, quickly cooked fillets.

Fish cookery tips: Measure fish at thickest point and cook 10 minutes for every inch of thickness—poaching, steaming, broiling (taking into account distance from heat) or baking. —Canadian Department of Fisheries.

Poach in liquid that just simmers. "The hasty movement of a boil will break the flesh." Wrap fish in cheesecloth to keep it together and ease removing it from liquid.

Bake at 450°. Use foil under fish to catch liquids exuded during cooking.

To broil, preheat broiler, rack, and pan. Oil rack so fish will not stick. Brush fish with fat or oil. Place thick fillets further from heat.

Steam over flavored liquid, like court bouillon or stock. For added flavor, line rack with seaweed or herbs.

Cooking frozen fish (whole or 1-pound blocks of fillets): Cook 20-24 minutes per inch of thickness. Do not defrost; let stand at room temperature 15 minutes. Cut into 3 pieces and cook by any recipe you would fresh fillets. Cut in cubes to make brochettes.

Cook fish *en papillote*—lay fish on parchment paper on a larger piece of foil and season to taste. Fold into a package bake at 450°.


KAREN R.



Top, from left: Shrimp, scallops, cucumber in jellied fish consommé. Shrimp Malacca in tomato-vegetable sauce. Broiled salmon fillets and herb butter.
Bottom, from left: Broiled trout with truffles. Smoked haddock mousse with aspic crown. Shelter Island sole with shrimp and mushrooms.
Details, Shopping Information. Recipes, page 129.









RONSON

Fruit shakes and summer coolers

Fresh and frothy combinations of fruit and vegetables to whirl up in your blender

Ready at a moment's notice, drinks from the blender make perfect coolers for on-the-go summer days. Here are some healthy combinations to serve, with spirits or without, when the weather's hot.

Doris Tobias, wine writer, recommends the following.



Strawberry Scintillator: Wash and hull 1 pint of strawberries and place in a blender with the juice of 1 lemon and sugar to taste. Blend until smooth and stir in 1 cup unsweetened apple juice. Pour this mixture into a pitcher and make a second batch. Fill six Old-fashioned glasses halfway with crushed ice. Pour in the strawberry mix, fill each glass with club soda or Perrier, and stir. Garnish each with a strawberry. Optional spirits: A jigger of gin or vodka in each.

Tea-Thyme: Place in a bowl ⅓ cup lime juice and ½ teaspoon finely minced thyme, or ¼ teaspoon dried thyme, and let sit for at least ½ hour. Add sugar to taste, and place half this mixture in blender with 2 cups cold tea and 4 ice cubes. Pour into tall, thin iced-tea glasses and add ice cubes. Repeat using the rest of the thyme-lime mixture and garnish each glass with a wedge of fresh lime. Optional spirits: a jigger of Scotch, rye, or Bourbon in each glass.

Mint Crush: Crush a small bunch of mint leaves in a bowl and add ½ cup sugar and ¼ cup water. Cover and place in the refrigerator for at least 1 hour. Blend this mixture with the juice of 2 lemons, 2 cups unsweetened grapefruit juice, 1 pint ginger ale, 6 jiggers Bourbon (optional), several ice cubes. (Follow directions for your blender—you may have to crack ice cubes first.) Serve in 6 tall glasses and top with sprigs of mint.



JOAN DWORKIN

Gazpacho on the Rocks: Peel, seed, and roughly chop 3 large tomatoes and ½ cucumber. Place in blender with ½ diced green bell pepper, 1 tablespoon red wine vinegar, 2 tablespoons lemon juice, and salt, and pepper. Purée until smooth. Turn the mixture into a large pitcher, stir in 1 cup water, and add plenty of ice cubes. To serve this Bloody Mary style, stir in 3 jiggers of vodka.

Here are two suggestions from New York caterer, Steve Bierman.



Sierra Sunrise Blend 1 cup buttermilk and 1 cup V-8 juice with 1 tablespoon tomato paste, zest of 1 lemon, a big pinch (¼-½ teaspoon) dried basil or a few fresh basil leaves. If you like, add a jigger of vodka. Serve over ice.

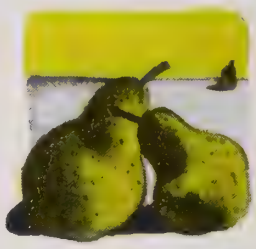
Himalayan Health Shake: Halve 1 medium cucumber lengthwise and scoop out the seeds with a spoon or melon baller. Cut into chunks and place in a blender with ⅓ cup sour cream, ½ cup chicken broth, 1 scallion or ½ shallot, a dash of Worcestershire sauce, salt and pepper, 3 tablespoons dry vermouth (optional), and ½ bunch dill. Dill needn't be chopped, but the tough parts of the stems should be cut off. Blend until smooth for a shake that's frosty white, dotted with dill "confetti."

Bonny Birnbaum, wine importer, offers this fruity blend.

Blueberry Frappe: Cook fresh blueberries briefly in lemon juice, lemon zest, and sugar to taste. Blend with ice cubes, and, if you like, Père Patriarche red wine. Pour into glasses and top with sparkling water.

Here's a favorite from cooking school teacher Ann Rowan.

Maple Ice: Put 1 cup crushed ice in blender with 3 tablespoons maple syrup, 2 tablespoons cream, 1 ounce Praline Liqueur (optional). Blend, spoon into two chilled wineglasses.



Pear de Menthe Cooler: Pare, core, a coarsely chop 2 3 pears to measu 2 cups. Combi with ½ cup m and 2 tablespoons crème de menthe (c tional) or 1 sprig fresh mint. Blend un smooth and pour into chilled wine sherbet glasses. Garnish each glass wi a sprig of fresh mint.

Raspberry Delight: Purée in blender ½ cup packed raspberries. Pr through a wire strainer to remove see and return to the blender. Add ¾ c plain whole-milk yogurt, a dollop milk, and 2 ice cubes. Whirl brief Then blend in 2 tablespoons hon Spoon into wineglasses and, if you li stir an ounce of framboise into each.

Carnaby Crush: Place in a blend ½-ounce lemon juice, ½ egg white, teaspoon sugar, ⅓ cup crushed ice, apple. Add 1½ ounces apple cider McCartney's Cider From London; ble at a low speed 10 to 15 seconds. Serve chilled champagne glass; top with ap cubes and cinnamon.

Pina Colada: Combine in a blend 4 ounces pineapple juice, 2 ounces Co Casa Cream of Coconut, ¼ cup shre ded coconut, 1 cup ice cubes, and ounces rum (optional). Whirl un smooth and serve over ice.

Watermelon Rhine: Place ½ c diced watermelon (no seeds) in a blen with 2½ ounces club soda or Lange bach Crown of Crowns Liebfraumil ½-ounce lime juice, 1 teaspoon sug and ½ cup crushed ice. Blend 10 to seconds at a low speed. Pour into tall ounce glasses. When foam subsides, each glass with ice and garnish with slice of lime.



Cucumber-Grapefruit Cooler Blend until smoo equal parts cucu ber and grapefru Serve over ice a garnish with pa ley or dill. Optional spirits: vodka or g

Continued on page 1

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arning: The Surgeon General Has Determined
at Cigarette Smoking Is Dangerous to Your Health.

23 mg. "tar", 1.7 mg. nicotine av. per cigarette, FTC Report MAY '78.



1 large ripe tomato, peeled and finely diced
3 bunches curly parsley, washed, dried, and coarsely chopped
Several radishes, chopped
1 carrot, scraped and chopped
1 red or green pepper, seeded, cored, and chopped

METHOD

☐ Mash the garlic with the salt in a bowl. Beat in the vinegar with a fork, then the oil and pepper. Add the tomato and stir to blend. Add parsley and the chopped vegetables and toss allgently. Serve as a relish in small portions with grilled lamb, steak, or hamburgers. Serves 6.

Mustard broiled chicken wings

INGREDIENTS

½ cup Dijon mustard
¼ cup dry white wine
2 teaspoons garlic, minced
¼ cup fresh tarragon, chopped or 1 teaspoon dried
½ teaspoon pepper
2 pounds (about 16) chicken wings, with all 3 joints on
Boston lettuce
Danish cress
¾ cup plain yogurt

METHOD

☐ Blend the mustard with t wine, garlic, tarragon, and pe per in a small bowl. Reser half the mixture for use in di ping sauce

☐ Tuck bony third joint of ea wing behind first joint and a range on broiler rack. Bru wings with mustard mixtu place under preheated broil and broil 6 inches from heat f about 10 minutes. Turn, bru with remaining basting mixtu and broil 10 minutes longe Arrange wings on a bed of l tuce and garnish with cre Combine reserved mustard m ture with yogurt and serve a dipping sauce with wings. Wir are also delicious served cold

Greek rice salad

INGREDIENTS

2 cups Uncle Ben's converte rice, uncooked
3½ cups chicken broth or salted water
Vinaigrette dressing (recipe below)
1½ cups Italian parsley, chopped

Potato, parsley, cress
continued from page 123

Russian potato and egg salad

INGREDIENTS

2 pounds small new potatoes
4-6 hard-boiled eggs, shelled and quartered
1 cup ripe Niçoise or Greek olives
1 red onion, peeled and thinly sliced
¼ cup fresh dill, chopped
1 cup plain yogurt
¼ cup olive oil
1 teaspoon salt
¼ teaspoon pepper

METHOD

☐ Scrub potatoes and use a small knife or citrus stripper to peel away a thin strip of skin from the circumference of each one. Boil or steam potatoes until tender and drain well. Place them in a serving bowl with the eggs, olives, and onion slices. Sprinkle with 1 tablespoon of the dill. Blend remaining ingredients in a small bowl and serve with the salad. Serves 4-6.

Super salad sandwich

INGREDIENTS

1 large crisp romaine lettuce leaf
1 large slice pumpernickel raisin bread
Generous scoop cottage cheese
2 slices ripe avocado, peeled, dipped in lemon juice
2 slices tomato
Danish cress
1 scallion, thinly sliced
Vinaigrette dressing, optional

METHOD

☐ Place lettuce on bread and top with cottage cheese, then follow with avocado and tomato slices. Place a mound of cress in the center and sprinkle with scallions. Serve dressing separately. This is definitely a knife and fork sandwich. Serves 1.

Parsley salad

INGREDIENTS

1 large clove garlic
½ teaspoon salt
2 tablespoons cider vinegar
6 tablespoons vegetable oil
¼ teaspoon pepper





1 cup orange juice
1 cup dry vermouth
4 oranges, sliced or cut into wedges
Watercress for garnish

METHOD

☐ Prepare snapper for cooking: Scrape scales and season inside with salt and outside with seasoned flour and salt.

☐ Melt butter in a flameproof baking pan. Add orange juice and vermouth. Bring to a boil on top of the stove and simmer 2-3 minutes. Lay the fish in the pan and baste with the juices. Bake in a preheated 450° oven 20-25 minutes, basting thoroughly and frequently. Test for doneness with a fork—the flesh should be opaque and flake easily. Remove the fish to a serving platter. Pour pan juices into a saucepan, reduce slightly over moderate heat, and pour over the fish. Garnish with orange slices or wedges and watercress. Serves 8.

Smoked haddock muscatel

INGREDIENTS

8 ounces smoked haddock
Equal amounts milk and water to cover fish
1 cup aspic (recipe below)
Zest of 1 lemon, grated
¾ cup heavy cream
Salt, pepper
Nutmeg
Seedless white grapes

METHOD

☐ Cover fish with the milk-water mixture in a large enameled saucepan and bring slowly to a boil. The mixture boils over easily, so watch carefully. Reduce to a simmer and cook 1-2 minutes.

☐ Drain fish and flake with a fork. Add the flaked fish and ¼ cup poaching liquid to the work bowl of a food processor and purée. Scrape the purée into a clean bowl and stir in ¼ cup liquid aspic and lemon zest. Chill.

☐ Beat the cream in a bowl until it holds soft peaks and fold into fish purée. Season to taste with salt, pepper, and nutmeg.

☐ Spoon a tablespoon of aspic into each of 6 ½-cup molds and allow to set in the refrigerator, about 15 minutes. Arrange enough grapes on the aspic to cover, add about 2 more tablespoons aspic to cover the grapes, and return molds to the refrigerator to set. Fill molds

Continued on next page

HOD

at the oil in a large enamel ainless steel-lined casse- or saucepan. Add onions, er, celery and cook until stirring now and again.
d tomatoes, tomato pu- ayenne, garlic, bay leaves, salt and pepper to taste. to a boil and add curry er. Lower the heat and er the mixture, covered, bout 20 minutes. If the seems too thick, thin it a little chicken consommé ater. Add the shrimp and ner about 10 minutes. with rice. Serves 8.
ote: This sauce freezes -to use, heat the sauce in op of a double boiler over ater, then add shrimp and er 10 minutes.

lled salmon lets

EDIENTS

inds salmon, filleted and into 1-inch cutlets (cut aight through the fillet)
r, melted
pepper
r-thin cucumber slices for nish
butter (recipe below)

METHOD

☐ Brush the cutlets with melted butter and place on a grill over hot coals. Cook 5 minutes per side, brushing with more butter as necessary. Remove to a hot serving platter, sprinkle with salt and pepper, and garnish with cucumber and herb butter. Serves 8.

Herb butter

INGREDIENTS

4 tablespoons sweet butter, softened
1 tablespoon dill or parsley, finely chopped

METHOD

☐ Mix the butter and herbs together well in a small bowl. Roll into a sausage shape on wax paper and refrigerate until firm. Slice into rounds. Keep a roll in the freezer for a last-minute fillip for meat, fish, and poultry.

Baked red snapper

INGREDIENTS

2 3-pound red snappers
Salt, pepper
Seasoned flour
8 tablespoons butter



Fish
continued from preceding page

with fish purée and chill at least 2 hours before unmolding.

☐ To unmold, wring out a kitchen cloth in hot water and wrap it around each mold. Turn out on a serving dish and garnish with watercress if desired. Serves 6 as a first course.

Quick aspic jelly

INGREDIENTS

1 egg white
1 eggshell, crushed
1 small onion, chopped
1½ cups cold chicken, veal, or fish stock
1 envelope (1 tablespoon) unflavored gelatin

METHOD

☐ Mix egg white, shell, and chopped onion in a bowl with your hands. Combine them with the stock in a saucepan and stir to mix. Bring very slowly almost to the boiling point over low heat. Reduce heat and simmer gently 10 minutes—*do not let the mixture boil.* Strain into another container through 3 or 4 thicknesses of cheesecloth wrung out in warm water.

☐ Soften the gelatin by sprinkling over ½ cup of the strained stock. Dissolve over low heat and add to the clarified stock. Allow to cool.

Gooseberry sauce for grilled fish

INGREDIENTS

1 pound fresh gooseberries
Sugar to taste, approximately
4-6 tablespoons

METHOD

☐ Top and tail the gooseberries. Place in a saucepan, cover with cold water, and bring gently to a boil. Drain immediately. The berries should yield to slight pressure between the fingers.

☐ Place the sugar and ¼ cup water in a skillet, stir until the sugar dissolves, then bring to a fast boil. Add the gooseberries and shake gently, turning them over in the syrup. Pour around the fish, or serve separately in a sauceboat. The sauce is particularly good with oily fish such as mackerel and blue fish. ■

Good food, good health
continued from page 119

Steamed pears with vanilla sauce

(see Wine & Food cover)
Adapted from Michel Guérard

INGREDIENTS

1 cup white wine, like a Gewürztraminer
1 vanilla bean, split open
8 small, firm, but ripe pears
Juice of 1 lemon
Juice of 1 orange
2 kiwi, sliced
Watermelon
Mint leaves

METHOD

☐ Put wine and vanilla bean in a large and bring to a boil. Peel pears and immately rub with lemon juice so they will darken. Leave stems on pears.

☐ Steam pears upright on a rack over wine 10 minutes or until tender. Lift tout and cool. Reduce poaching liquid t3 tablespoons. Remove vanilla bean. orange juice and stir. Lightly chill both sauce and pears. Serve 2 pears per per on a dinner plate with a little bit of sauce. Garnish the pears with slices kiwi, strips of watermelon, and leaves. Serves 4. ■

Sprouts
continued from page 121

curry dishes and good source of proto iron, and vitamin A. Sprout time: days. Grows to ¼ inch.

Grains: Oats, buckwheat, millet, trit le: mostly sweet-tasting on account their sugar production. Good breads—for generations Russians h employed sprouted buckwheat in t



Turn plain cream pie into creamy light Dream Pie. So easy and m-m-m... so delicious!

On the left, a plain banana cream pie. On the right, a luscious Banana Dream Pie. It's made with DREAM WHIP® Whipped Topping Mix, extra pudding, and milk. That makes the creamy light difference.

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es; Rye: 12 percent protein, plus vi-
n E, phosphorus, magnesium, and
on. Sprouts in 2-4 days and grows up
inches long. Wheat: 20 percent pro-
and a source of a variety of vitamins
minerals. Sprouts in 3-4 days and
s up to 2 inches.

ils: peppery tasting with a variety of
nins and minerals. Harvest soon
sprouting when ¼-½-inch long.
ut time: 3-4 days.

g bean: tangy tasting and a deli-
partner with cress. Takes 5-6 days
rout and grows to 1½ or 2 inches.

clover: similar to, but spicier than
a.

ean: has been hailed as the miracle
because of its enormous 40 percent
of protein, also rich in vitamins A,
, and B complex, with calcium,
phorus, lecithin. Rinse up to 6 times

lower: Buy unhulled varieties in
from a natural food grocery. Har-
before its sprouted length exceeds
eed.

etables: Radish (red or black),
pkin, pea, corn, celery, and most
vegetables can be sprouted—but
r potatoes or tomatoes, as their
ts are poisonous. Herbs can also be
ted if the seeds aren't treated with
icals. Don't, of course, experiment
the seeds of wild plants unless you
bsolutely sure which of them are
oisonous species.

What you need for a good sprout harvest

Good quality seeds make the best home sprouts. You can buy them by mail order from one of the nurseries specializing in seeds for sprouting, as opposed to those for growing (see list of suppliers, page 134) or from a health-food store or Chinese grocery. Only use seeds that have not been treated with fungicides, pesticides, dyes, or any other chemicals, which rules out many seeds sold for gardening purposes.

There are several, variously designed sprouters on the market, the most common unit comprising three plexiglass trays stacked in a tier so that three different types of seeds can be sprouted at the same time while occupying the minimum of space. But any widemouthed jar will do the job—orange juice, mayonnaise, cookie, or a Mason canning/storage jar with a screw-top lid. The mouth of the jar must be covered with cheesecloth or nylon netting (an old stocking will do fine), held in place with a rubber band, to act as a strainer so that water can get into and out of the jar, but seeds will stay inside when they are rinsed. You can buy a special jar like the Sproutmaker, which is an amber-colored glass jar with a wire mesh top for a ready-made version of the homemade kit. A variation of the theme from Kitchen Farm consists of square plastic "sprout houses" that come with seeds.

Growing sprouts

The actual sprouting procedure is very simple. Put the seeds into a sieve and wash them thoroughly under the faucet, picking out and discarding the cracked or broken pieces. Transfer the seeds to the jar, allowing plenty of room for their future expansion; the smaller the seed, the less the amount you need to put into the jar, as their original volume will expand all the more. As a rough-and-ready guide, add 2 or 3 tablespoons of small seeds or grains to a quart container, twice that amount of larger beans. Cover all but the small seeds with four times their depth of tepid water and leave to soak overnight in a warm place.

Drain the seeds thoroughly and don't be alarmed by the likely discoloration of the water. In fact, since it contains valuable nutrients, it can be recycled as a base for soups or at least fed to your house plants. The secret of successful sprouting lies in providing the right environment to trigger off the germination process, and this essentially means keeping seeds moist, well-drained, dark, well-ventilated, warm, and generally cozy. Rinse and drain through the cheesecloth three times each day (morning, noon, and night, or morning, in from work, and just before bed). When the weather is warm and dry, give an extra rinsing or two, if your schedule allows, to make up for evaporation losses, and try to give

Continued on next page



Banana Dream Pie...so easy to make!

2 envelopes DREAM WHIP® Whipped Topping Mix
2¾ cups milk*
2 packages (4-serving size) JELL-O® Brand Banana Flavor Instant Pudding and Pie Filling,* or any other flavor
1 baked 9-inch pie shell, or 9-inch graham cracker crust, cooled

Prepare whipped topping mix as directed on package, using large mixing bowl. Add remaining 1¾ cups milk and pudding mix. Blend; then beat at high speed for 2 minutes, scraping bowl occasionally. Spoon into pie shell. Chill at least 4 hours.

**Note*—for 8-inch pie, use 1 envelope whipped topping mix, 1½ cups milk and 1 package 4-serving size instant pudding mix.

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Sprouts
continued from preceding page

soybeans and chick-peas anything up to six showers a day. The only unlikely reason for crop failure is seed rot caused by inadequate draining, so always shake the jar vigorously after each draining and leave it on its side so that air can circulate through the mesh.

Unless you are using a semi-opaque container, stand it in a dim place, in a closet or kitchen cupboard, so that the sprouts remain white. Alfalfa, mustard, cress, and grain sprouts should be moved to a light area (not direct sunlight) once sprouted, so that leaves can turn green, improving flavor. They will grow best within a temperature range of 55-70 degrees Fahrenheit. If it's too hot, the seeds may mold, so don't attempt to speed up the process by standing the jars on a radiator or rinsing the seeds in hot water.

The jar method of sprouting is the most straightforward, but there are alternatives. The smaller specimens—alfalfa, mustard, cress, radish, and chia—have a tendency to cling together in a jar and often fare better on a flat surface such as a shallow dish or nonmetallic pan. Soak a double layer of paper towels with water, squeeze away the excess, and lay them on the bottom of the dish. Sprinkle the seeds evenly on the surface and cover with another couple of sheets of moist paper toweling to keep them damp and dark. Whenever the top layer seems dry, lightly sprinkle on more water. The larger seeds may be sprouted in a colander, rinsed regularly, and similarly covered with moist paper toweling to prevent evaporation.

The first signs of life will probably be evident after 24 hours. Once the sprouts have grown to the optimum length for eating, give them a final rinse and drain. If they are not needed for immediate consumption, they can be sealed in plastic bags or containers and stored for several days in the refrigerator without any loss of flavor or crispiness. Any leftovers can be fed to your pets, mixed with their regular food. Unused seeds will generally keep for several months in sealed containers (lidded coffee tins are ideal) kept in a cool, dry place. Date and label each container, as you're bound to forget which was which and when was when.

The varieties of available sprouts will offer tastes that span from sweet to savory, passing through tangy and spicy somewhere along the way. Cooked or raw, the entire sprout can be enjoyed, including the roots, leaves, skin, and hulls.

Sprouts are almost as versatile as salt in the kitchen and can be incorporated into an enormous range of recipes, from scrambled eggs to blended drinks. Since their maximum food value is derived in the raw, try to acquire the healthful habit of nibbling them as a between-meal snack (you'll find their sugar content will provide a quick energy boost). you prefer sprouts with company, u them in all kinds of salads and as a g nish to sandwiches—especially alfal mustard, and cress. Or add grain sprou to breads, substituting a cupful for equal amount of flour and liquid.

Sprouts can be used in stuffings f peppers, tomatoes, and eggplant, or st fried with onions or shallots for two three minutes, adding seasoning and s sauce just before serving. Introdu sprouts to omelets before folding, or soups, stews, and casseroles during t last few minutes of cooking. With the e ception of soybeans and chick-peas th require rather longer cooking time th the others, never steam or stir-f sprouts for more than a few minutes else their precious taste, texture, and n tritive value will disappear. Grown rig and cooked right, sprouts represent o of the best food values for money, with few cents' worth of seed producing suf cient sprouts for an entire family.

Sprout source list

Seeds:

- *Applewood Seed Co.,* 833 Parfet S Lakewood, Colo. 80215 (also availab Sproutmaker amber-colored sproutin jar, about $4).
- *Nichols Garden Nursery,* 1190 N. P cific Highway, Albany, Ore. 97321.
- *Thompson & Morgan,* Box 24, 4(Kennedy Blvd., Somerdale, N.J. 0808

Continued on page 1.

Equipment for healthier cooking

Brew coffee without heat, Coffee Wiz, 1. Abbey. 2. Make yogurt in a Yogurt Maker to turn into cheese with a Yo-Cheese Maker, Salton. 3. Scale gives weight, microwave cooking time, Hanson. 4. Family-size electric yogurt maker, Contempra. 5. Almost-instant frozen desserts with Ice Cream Parlor by Waring. 6. New material for microwave cooking—Union Carbide's UDEL, Dishes: top, Aprica; botto Blisscraft. 7. Pyrex soufflé dish with removable collar for cold d serts, Corning. 8. Clay quiche pan, pie plate for microwave, conv tional cooking, Copco. 9. SilverStone nonstick finish lines Creat Cookware, Mirro. Details, see Shopping Information.

TETSU OKUH



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Two questions to ask yourself when choosing a low tar:

#1. Just how low in tar is it?



10	11	9	12	13	9	14	11
MG. TAR 0.8 MG. NIC.	MG. TAR 0.8 MG. NIC.	MG. TAR 0.8 MG. NIC.	MG. TAR 0.8 MG. NIC.	MG. TAR 0.9 MG. NIC.	MG. TAR 0.8 MG. NIC.	MG. TAR 0.9 MG. NIC.	MG. TAR 0.8 MG. NIC.

#2. Can I go lower and still get good taste?

Yes.



Golden Lights™

As low as you can go and still get good taste and smoking satisfaction.

rce of all 'tar' and nicotine disclosures in this ad is either FTC Report 1978 or FTC Method. **Of All Brands Sold:** Lowest tar: 0.5 mg. 'tar,' 5 mg. nicotine av. per cigarette, FTC Report May 1978. **Golden Lights:** gs—8 mg. 'tar,' 0.7 mg. nicotine av. per cigarette by FTC Method.

Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

Sprouts *continued from page 134*

Sprouters:
• Bean sprouting kit with strainer, nylon mesh, seeds, from Life Fare Food, 1074 Harbor Rd., Southport, Conn. 06490, $1.75 ppd. 3 nylon mesh pieces, $1.
• Biosnacky sprouter available from *Miracle Exclusives, Inc.,* 16 W. 40th St., New York, N.Y. 10018, about $15.
• Earthenware Beale sprouter by *Frederic B. Sadtler, Inc.,* P.O. Box 323, Fort Washington, Pa. 19034, about $10. 28 types of sprouting seeds also available.
• Graded screen tops for widemouthed jars from: *The Sprout People,* Bima Industries, Inc., Seattle, Wash. 98188.

Recipes:
Sprouts, by Esther Monroe (Stephen Greene Press, $4.50).
The Complete Sprouting Cookbook, by Karen Cross Whyte (Troubador Press, $3.95). ■

Meal in minutes
continued from page 118

the meat cubes. Remove meat and mushrooms from skewers and place on individual heated platters. Garnish with watercress sprigs. Serves 4.

Grand Marnier omelet soufflé

INGREDIENTS
4 egg yolks, 5 large egg whites
6 tablespoons sugar
¼ cup Grand Marnier or other liqueur
¼ teaspoon cream of tartar

METHOD
☐ Place egg yolks, sugar, and liqueur in a stainless steel mixing bowl. Place over *low* heat and whisk vigorously, keeping bowl in motion. This method takes all your concentration. If whisking is continuous, there is no danger of scrambling the eggs. It can be done in a double boiler as well but will take longer to cook. If the mixture seems to be cooking too quickly, lift the bowl briefly from the heat. Keep whisking and cooking until the mixture doubles in volume and is very thick, about 5 minutes. Remove from heat and continue to whisk another minute until mixture is warm but no longer hot and still cooking.
☐ Beat egg whites in a large bowl with cream of tartar until they hold stiff peaks. Fold in yolk mixture, pour into a buttered and sugared 1-quart soufflé dish. Bake in a preheated 450° oven 10 minutes, or until puffed and browned. Do not overbake, or it will dry out and be tough. Sprinkle with confectioners sugar. Serves 4. ■

Fruit shakes *continued from page 126*

Cool Banana: Whirl in a blender ¾-ounce Sambuca Romana, ¾-ounce light rum, 1 ounce lime juice, ½ ripe banana, 1 teaspoon honey, and ¼ cup crushed ice. Pour into a chilled cocktail glass and top with fresh fruit. For a nonalcoholic refresher, substitute your favorite fruit juice for the spirits.

Peach / Berry Jubilee: Combine in a blender 1 cup milk, 1 cup dairy sour cream, ¼ cup firmly packed brown sugar, and 2 ounces Bourbon (optional). Blend until smooth. Add 2 peaches, peeled and halved, and 1 pint hulled strawberries. Blend only for a second or two so that the fruit remains chunky. Pour into glasses and freeze for about 2 hours. Before serving, garnish with strawberries and peach slices.

Orange Refresher: Grate 1 teaspoon zest from an orange and then remove the peel. Slice orange into the blender with ¾ cup plain whole milk yogurt, grated zest, 2 teaspoons lemon juice. Whirl briefly. Blend in a tablespoon of honey, and, if you like, a tablespoon orange or coffee liqueur. Chill.

Melons in a Glass: Purée honeydew melon with 2 ice cubes, a dash lime juice. Pour into glasses, top with sparkling water or Midori melon liqueur.

Sleep *continued from page 102*

Dr. McCarley and Dr. Hobson suggest that during REM sleep, (Rapid Eye Movement sleep, when our bodies are most active), the brain is activated internally, as it is when we are awake, synthesizing information about muscle and sensory movement—and this stimulated brain state activates our dreams.

"For instance," says Dr. McCarley, "many people dream that they can't move, that they are paralyzed. This is due to the fact that in REM sleep you are sending commands to move that are blocked because, obviously, you are asleep. Another very common dream is that you feel you are floating or flying—this, too, is because the part of the brain that deals with balance is being activated during your REM sleep, and is not, as some suppose, some reflection of sexual preoccupations in waking life." In another instance, in a sleep-lab experiment, when water is squirted on a sleeper he may dream he is in a thunderstorm. Sometimes the alarm clock may trigger a dream about a train whistle.

The doctors recognize that some personal elements also appear in your dreams, but their contention is that the dreams occur through physiological stimulation in the brainstem rather than through psychological pressures or wishes of the individual. Freudians will no doubt continue to interpret dreams in an exclusively psychological fashion, but in fact the Hobson/McCarley point of view is a very reassuring one. It means that those horrid paralysis dreams, for instance, are not the dreams of a neurotic personality, but turn out to be perfectly normal, after all.

Meanwhile, when you next get into bed and turn to your favorite position, remember that once you fall asleep you will probably shift from that position well over a dozen times, as your brain gets down to its night exercise and fills your head with energizing dreams. ■

Photographs
continued from page 112

darkroom technique:
•A fingerprint or splashed chemical the print (on the negative if they l magnified).
• Bubbles protruding from the print sulting from uneven mounting. Rar you can put the print in a dry-moun press to even out the bumps, but risky, and can harm the photogra Never try to flatten a print, mounte unmounted, by ironing it. You will st a chance of cracking the emulsion light-sensitive side of the paper, the with the image).
• Negatives printed too large. 35 film, used in most Single Lens Re cameras today, was created to be a film that could be dramatically enlar in the darkroom. But most of the ol films were contact printed. The comm standard sizes were 3 by 4 inches, 4 b 8 by 10, 11 by 14, and 16 by 20. M sure that your print is the right size the negative. The famous and beaut Stieglitz "Equivalents" are only 4 b inches.
• Out-of-focus grain. Pictures can soft-focused, or intentionally blurry, the photograph's grain itself should sharp. Look through a grain magni (from an art or photographic sup store) if you're unsure.
• Muddy tones. Look for a true bl and/or a true white in every pho graph. Look for pure tones, not ones. Look for detail in blacks a whites.

While prices may vary according availability and condition, photogra by the big names (or photographs famous subjects) will send figures up: The art of photography is so you that there are relatively few big name

On the other hand, lesser-kno works by the greats tend to be more fordable. Peter Coffeen suggests buy off-beat works by favorite well-kno photographers as one way of startin collection. The better-known works be added later. His own collection cludes witty, intimate interiors by gene Atget, famous for his street scen

Investing in the work of unkno photographers is another idea. As recognition of the art grows, more more names will become familiar.

Photographs are usually categori by subject or theme. You can base a lection on one or more, though y don't need to be bound to a particu type. The types include Landscapes (A sel Adams and William Henry Jacks are among the most famous); The 19 century Greats (like Daguerre, Nad and Julia Cameron); Social Comment or Documentary (like Riis, Hine, Capa—a great collection in this cate ry came out of the exhibit called "Family of Man"); Nudes (Edwa Weston's are compelling); Nature (El Porter is one of the most famous); Ch

(Suzanne Szasz); Surrealism (Man
Women Photographers (Emogene
ingham, Dorothea Lange); Humor
tt Erwitt); Portraits; Architecture;
l; and Illustrated Books.

much can I ect to pay?

rn daguerreotype can occasionally
as little as $5; photographers just
ng out usually charge anywhere
$10 to $75; established photogra-
can ask $200 to $500 a print; and
orks of the greats such as Edward
en, Walker Evans, Paul Strand, or
nce White, can cost $500, $1,200,
), $5,000, and up.

photograph is home. it now?

any work of art, a photograph is
able to certain environmental haz-
Proper handling, matting, framing
and/or storing will give it a long life.

Environmental dangers to watch out for:

- Acids from your hands corrode the chemicals in the paper.
- Moisture causes mold and/or swelling of the emulsion. Heat added to moisture makes more trouble.
- Dryness causes shrinking and brittleness in the emulsion. Cold and dry is disaster.
- Air pollution; fumes from fresh paint, burning wood, or tobacco; and salt air—all cause discoloration, embrittlement, and finally disintegration of the print.
- Direct sunlight or intense fluorescent light fades the image.

Certain gases and acids also harm prints:

- Wood that has not been treated with polyurethane emits them.
- Paper products and plastic products not specifically acid-free do, too.

How can I protect my photographs?

With a little care, you might give your photographs the right environment. Here are some general guidelines.

Always wash your hands before picking up a photograph to get rid of the natural oils and salts that rest on the surface of the skin. Some experts even recommend wearing cotton gloves.

Never pick up a print by a corner—you could easily crack the emulsion. Pick up a print with two clean hands, or slide it onto a board (100 percent acid-free rag) then pick it up.

Putting a print immediately into a handling mat is the wisest thing to do. This way it is protected from hands or objects that might stain or scratch them. (To make one, see page 70.)

If you want to keep an original mat, and it is not of good quality, slide a 1-ply sheet of rag paper between the print and the backing (if the print is not dry-mounted) for better preservation.

Always lift the top board of a mat by the outside edges—never by the inside of the window—or you'll get your fingers all over the print.

Never use ink when identifying or signing a photograph. Light pencil is best.

Always use 100 percent acid-free rag or linen materials or acid-free plastic for

Continued on page 156

ow what happened to photography prices last year and the year before, Photo-
t collector's service (see Living) pulled these figures from some of Sotheby
Bernet's photography sales catalogues:

graph	Price/Date	Price/Date
nrise, Hernandes," Ansel Adams	$1,300/1977	$5,200/1978
to Paradise Garden," W. Eugene Smith	$525/1977	$1,000/1978
Street Scenes, Eugene Atget	$750/1976	$2,200/1978
shing Race," Edward Curtis	$600/1975	$1,000/1977
era Work #2," Edward Steichen	$300/1977	$1,400/1977
Paris Photographs, Andre Kertész	$225/1975	$1,900-3,000/1978

rina Company



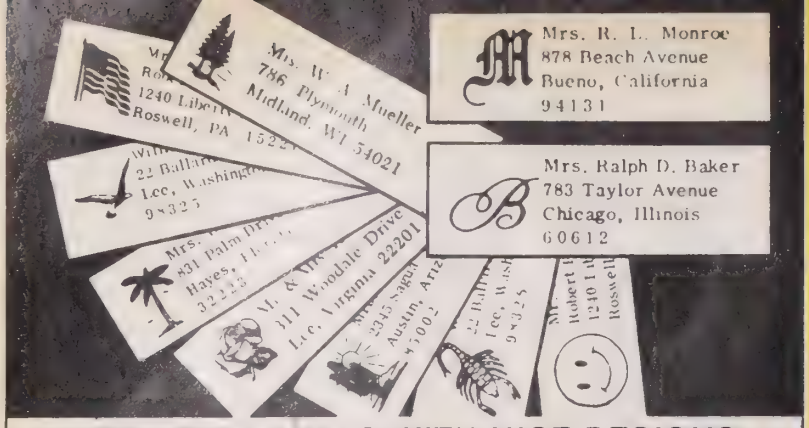
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at little one-month-old puppy
a lot of growing before he
es a full-grown Sheepdog.
d he'll need a lot of nutrition
t. Twice as much—pound for
—as when he's full grown.
at's why a growing puppy needs
d of extra nutrition he gets
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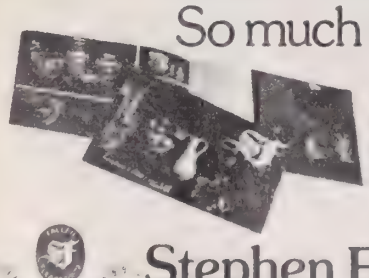
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Build an heirloom

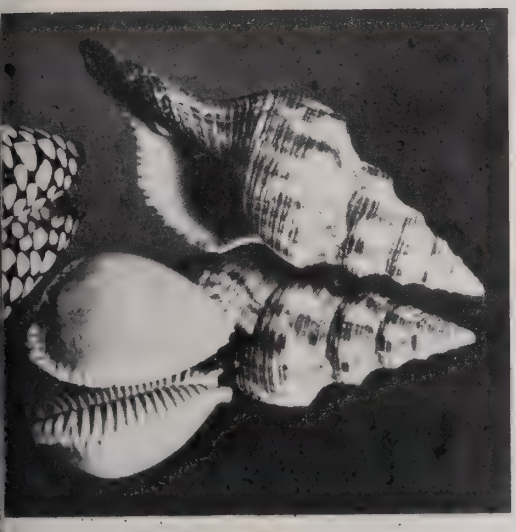
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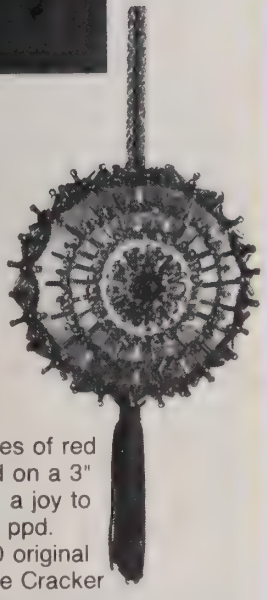


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art

ell specimens for display. Shown: cone $1.90; (C) great spotted 0; (R) tulip shell $1.90. Add 90¢ . Catalogue of shells, fossils, isplay stands; plus color portfolio of ral photos $2. Dover Scientific, 6011T, Long Island City, NY 11106.



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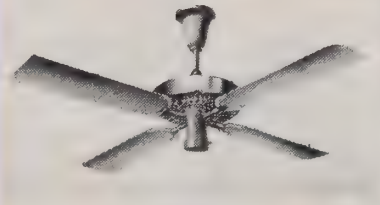
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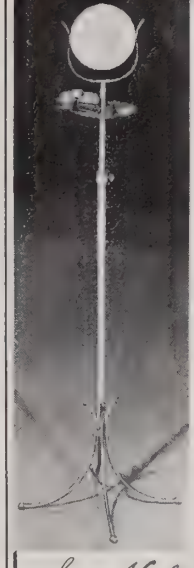
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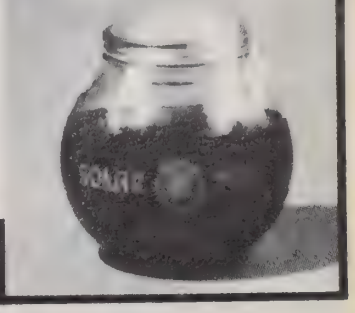
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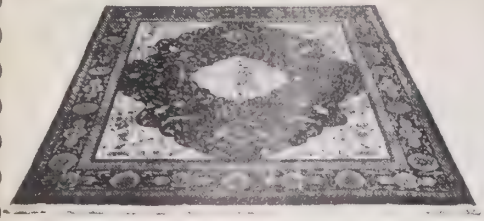
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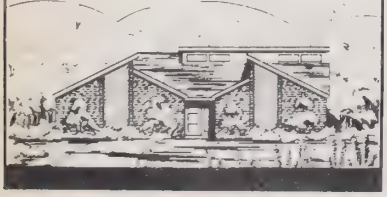


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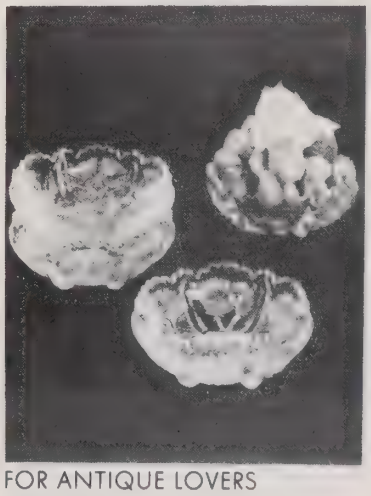
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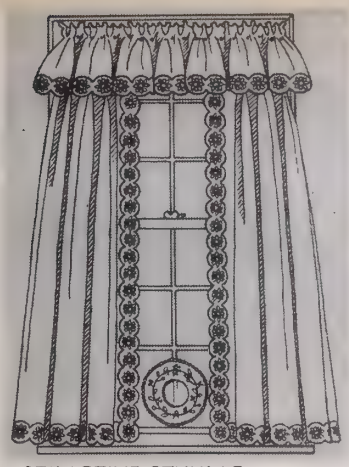


BEDDING STORAGE

Case keeps blankets and q tected from dust, moths dew. Spacious 23" by 23 holds 2 or 3 large blankets. stitched vinyl wipes clean. zipper for easy access. clothes. Order #H2302. $2 Walter Drake, HG41 Drak Colorado Springs, CO 809



FAN
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Delicate but sturdy 2½" eyelet galloon edging outlines pure white polyester/cotton (65-35), 80"w. pr. 25", 30", 36" $15; 45", 54" $20; 63", 72" $25; valance $7 ea. Add $2 post. per order. Coverlet, matching accessories; free catalogue. Write to Country Curtains, HG71, Stockbridge, MA 01262.



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black walnut case pcs.; all solid brass bezel, convex y assembled brass movenged door on pendulum den pendulum, brass bob, s, key, black hands. 25¼" by 5½". Color catalogue, ror Clock Co., HG7, Dept. ope, AL 36532.



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Top grain leather chair in over 50 colors. Down filled loose seat cushion, semi-attached back. Solid mahogany carved legs; solid brass nail head trim. 43" h., 31" w., 34" d. $484.50 (price subject to change). Shpng. chg. extra. Brochure, $1. Carolina Leather House, Inc. HG69, Box 5023, Hickory, NC 28601.



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new 92-page catalogue. rings, bracelets, pins, earcklaces; sapphires, rubies, , pearls set in treasured uded. Ten-day inspection llowed on jewelry. Free . Write to Empire Diamond G7, 350 Fifth Ave., NY, NY



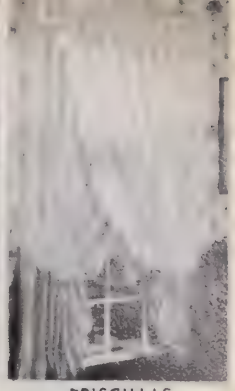
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Bullrush Baby Basket

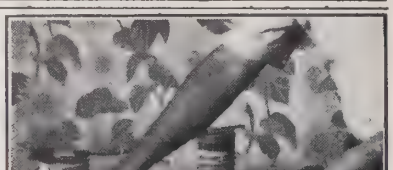


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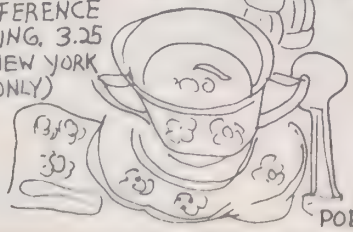
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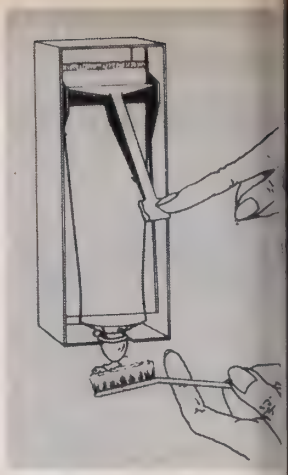
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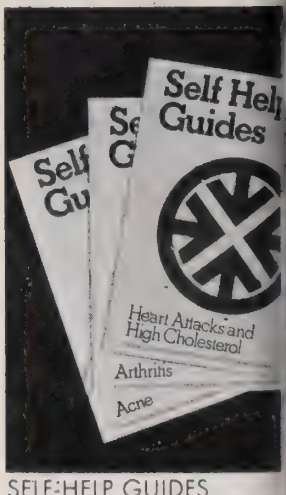
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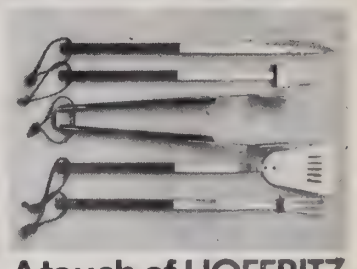
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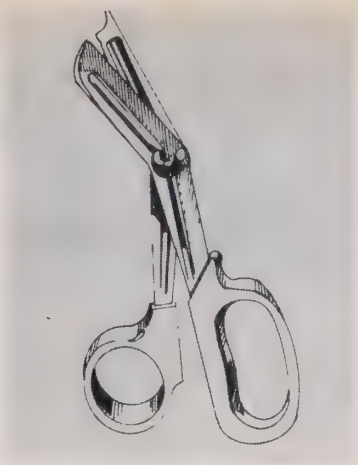
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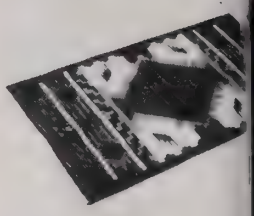
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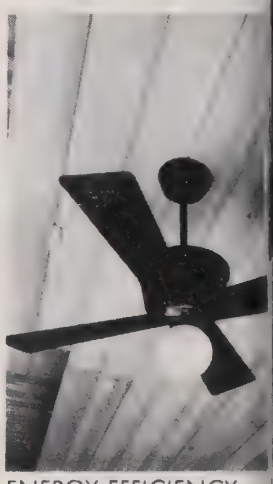
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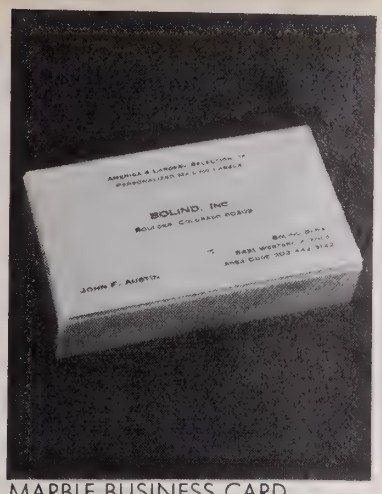
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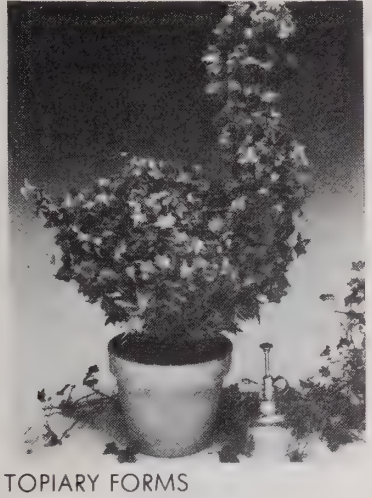
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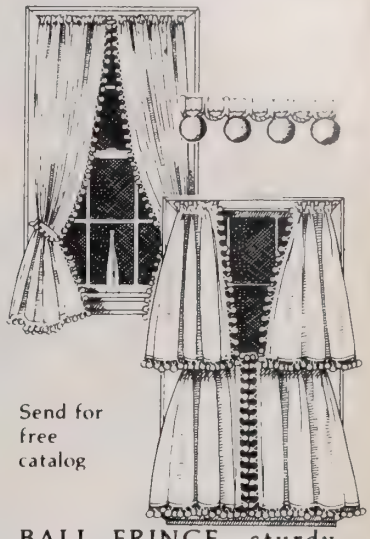
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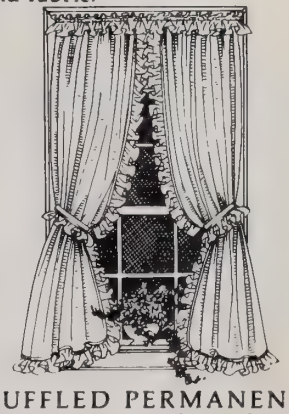
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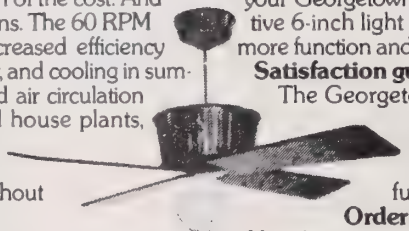
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The wonderful old ceiling fan has returned. At a fraction of the cost. And with new innovations. The 60 RPM speed provides increased efficiency of heating in winter, and cooling in summer. Plus improved air circulation for your treasured house plants, with the gentle air movement. The result: efficiency without distraction.



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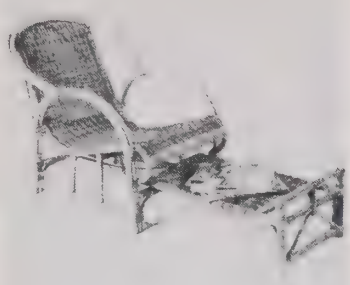
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STARTING UNDER
$220
(including movement and dial)



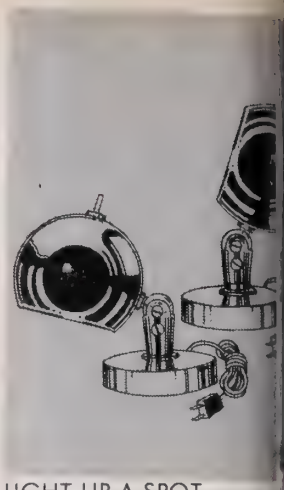
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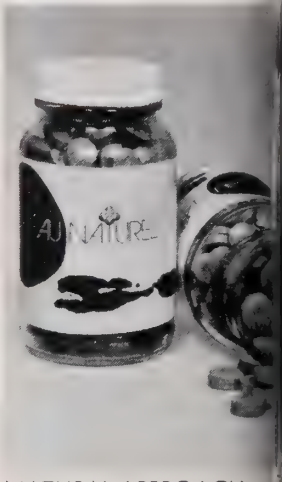
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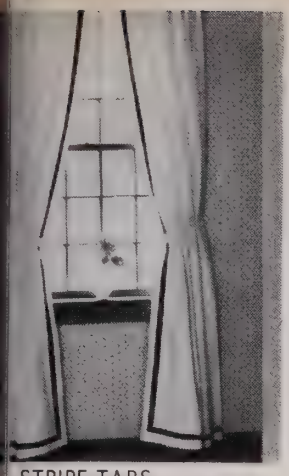
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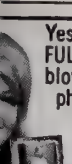
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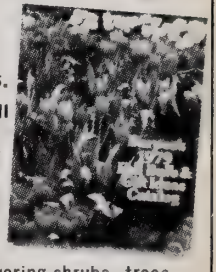
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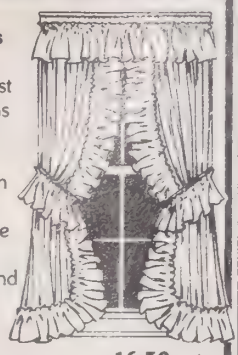
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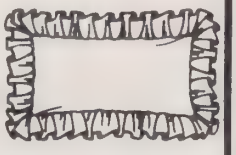
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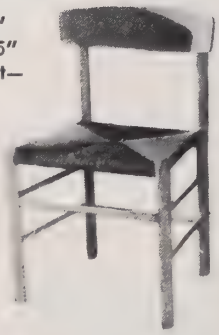
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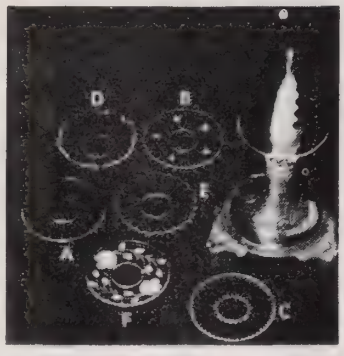
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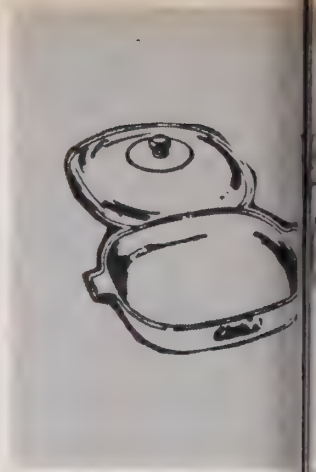
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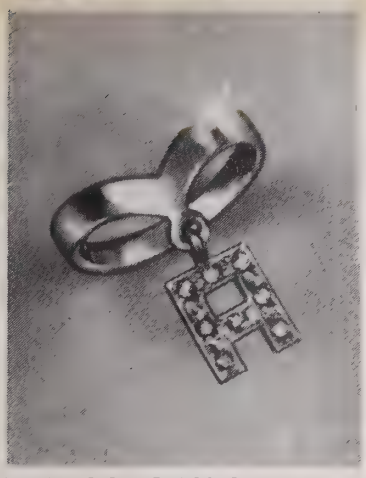


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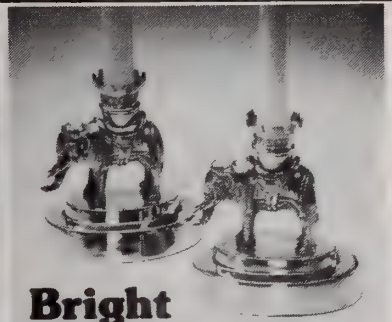
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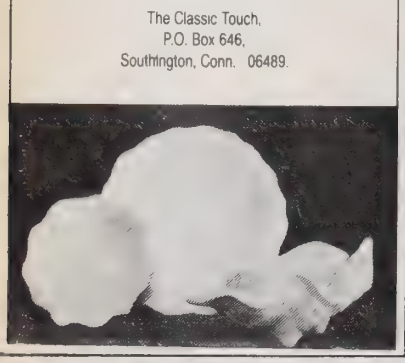
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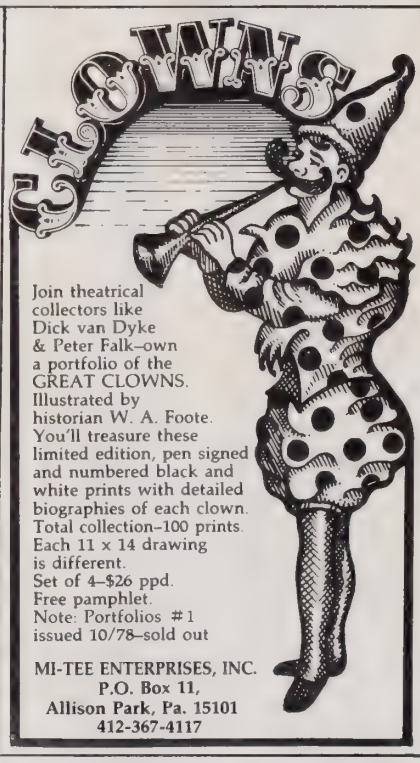
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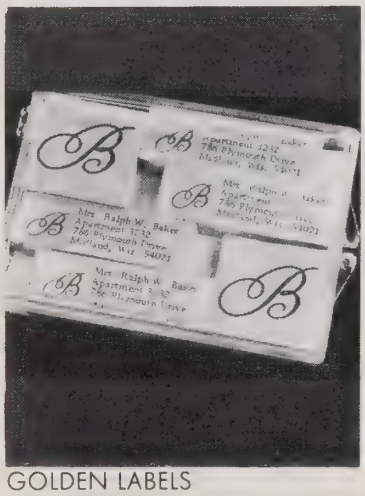
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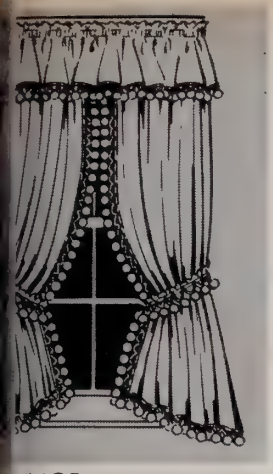
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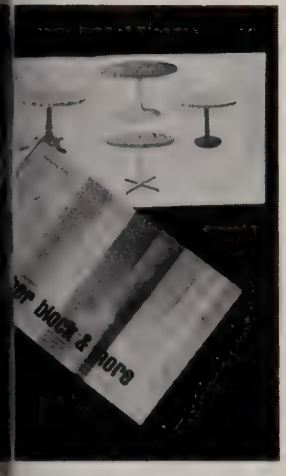
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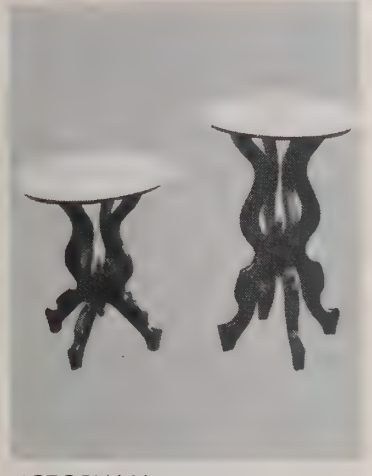
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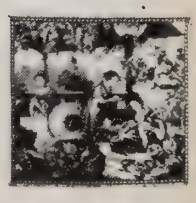
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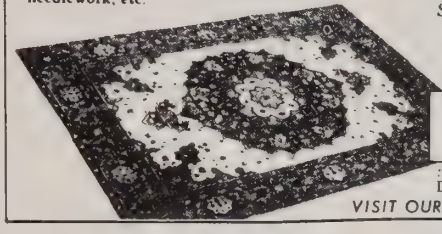
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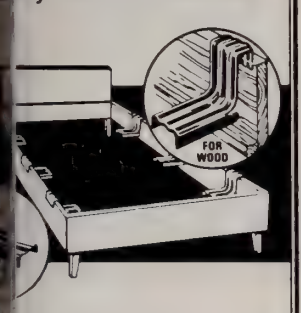




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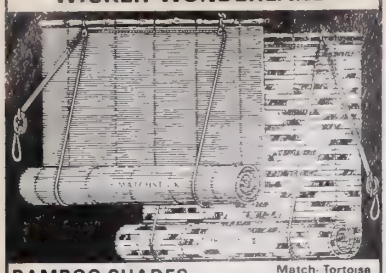


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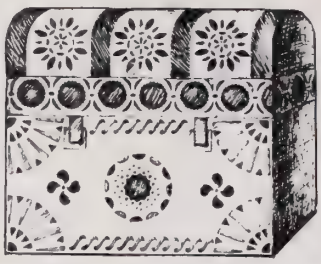


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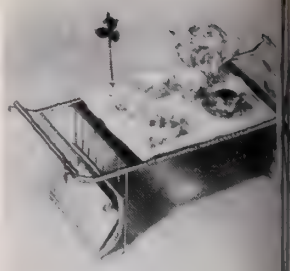
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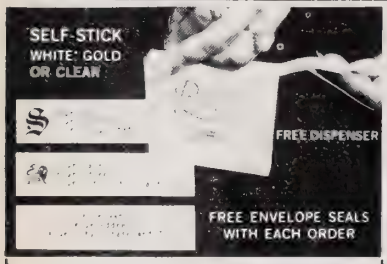
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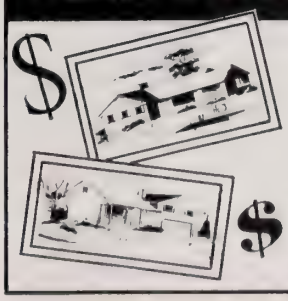
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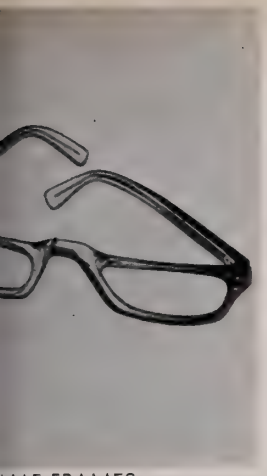
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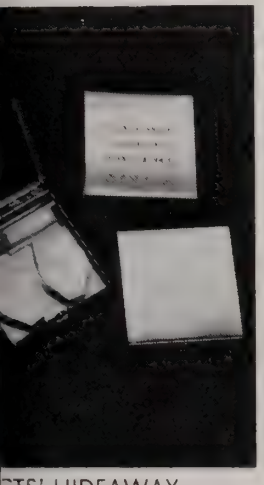
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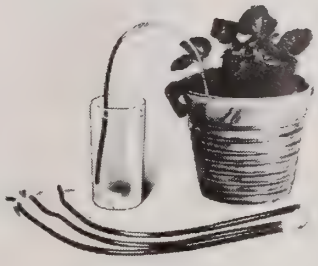
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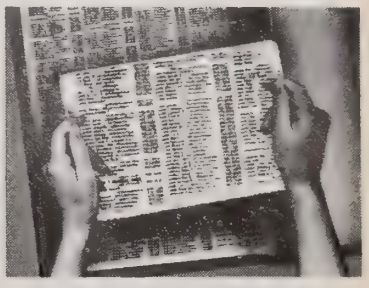
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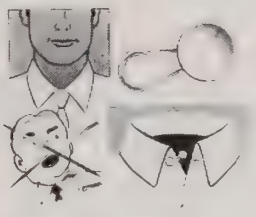
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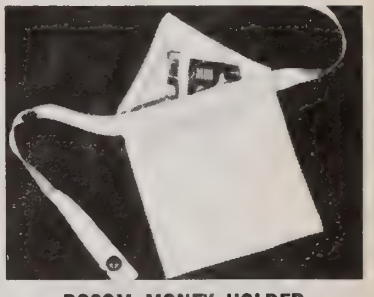
PAGE SIZE MAGNIFIER

Page Magnifier is handy for looking up telephone or map directory listings, stock market reports, etc. The whole page is magnified at one time. Wafer thin and measures 7" x 10". Magnifies four-times (4X).
No. 204—Page Magnifier.....$3.98
Mailing 60¢



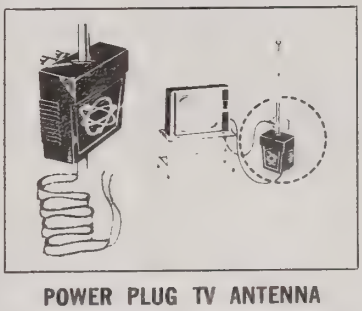
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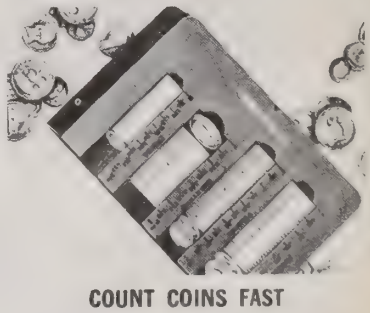
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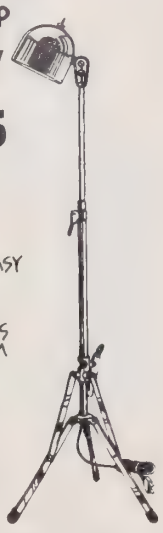
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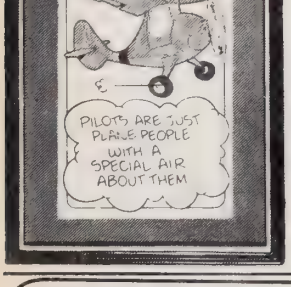
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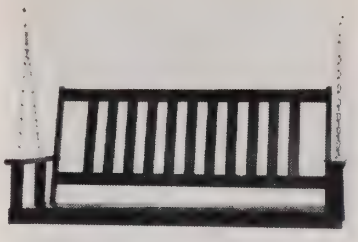


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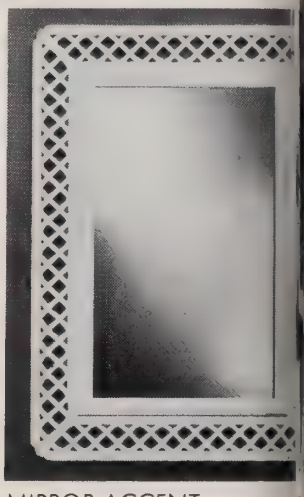
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Photographs *continued from page 137*

matting, framing, and storing. Ask the salesman specifically for them. And if you're getting someone to do the framing, insist that they use it, too. In stores, the good products are often called Museum or Conservation quality materials.

Never hang a photograph in direct sunlight or in intense fluorescent light.

Aim for a room temperature around 60 to 70 degress Fahrenheit and humidity around 50 to 60 percent. Photographs love air conditioning: It keeps their environment constant.

If you need to dust photographs, use a dry, chemical-free lint-free cloth like chamois, and brush lightly across.

Avoid keeping unprotected photographs in these places: damp basements, bathrooms, or kitchens; dry attics; near radiators; within reach of small children.

If something should go wrong, and a photograph is in need of repair, don't do it yourself. Go to a restorer. To find one, look in the yellow pages or contact your local professional photography studio.

Given all these advantages—that is, kept in archival conditions—black and white prints can last beautifully for 200 years, and, according to Ken Liberman, custom color print processing authority, the life of color prints can also be extended. The stability of most color prints is open to question, so they should be treated with special care.

Is there a special way to frame photographs?

The most important step in framing a photograph—or any art print—is leaving space between the glass or plastic covering and the print. This space—at least 3/16 inch—allows for the breathing action of the paper. If the emulsion were smack up against the glass, it might adhere to it when moisture and heat reached the print. Then when it cooled and dried, the print would be stuck to the glass in certain spots, and rip if pulled out.

If prints are properly matted, this will not be a problem. Sometimes, however, a photograph is more attractive with no mat border showing. In these cases, insert the photograph in a mat whose topboard edges are only as wide as the edges of the frame. The top mat will be hidden by the frame, the photograph will have room to breathe.

Some framers have "floating" frames. Inside them, there is a little ridge that prevents the print from touching the surface of the glass.

The two frame materials most frequently used by photograph collectors are wood and chrome. Some experts feel wood frames can harm photographs, but if the rabbet of the frame has been carefully sealed with polyurethane or some other permanent wood sealer, the print will be adequately protected for short-term display.

Metal frames are more generally acceptable. However, José Orraca, Associate Professor of Conservation of Photographs at the University of Delaware and former conservator at the George Eastman House, cautions that they do not hold the mats as tightly as wooden frames; therefore dirt and other harmful elements are more easily able to find their way into the print. He advises using plenty of pressure clips to keep print snugly in the frame.

Glass over a photograph gives a clear, crisp view of the image. Glass stands up to time—it doesn't scratch easily or warp. But it is heavier than a plastic covering, and it does break if it falls. If you use a plastic covering, easier to carry around and unbreakable, treat it with anti-static spray to prevent dust.

You can use UF-3 Plexiglas, which helps screen out sunlight and ultraviolet rays from strong fluorescent light. But the long-term effects of UF-3 on photographs are not known. Ultraviolet filters can be attached to fluorescent lights to slow down their fading effects.

Whether you use glass or plastic, though, be sure to use clear, *not* nonglare, which can alter the focus and diminish clarity.

Some experts feel the matted print should be sealed tightly inside the frame to prevent moisture, dirt, and contaminants from getting to the print. José Orraca recommends placing a sheet of acid-free polyester between the back of the mat board and the sealing board for added protection.

Other experts feel the print should be allowed to breathe, and the back only lightly closed. They recommend closing the back of the frame with a porous board of 100 percent acid-free rag, then sealing the edges with gummed linen tape.

Either way, to prevent moisture from forming inside frame, make sure air can circulate around picture. To allow circulation between frame and wall, glue pieces of cork behind frame's corners.

What should I do with the photographs I don't want out all the time?

Long life for photographs is certain if you keep them in a cool dark place. But there are other reasons for storing them. Some strong photographs have more impact if they are viewed only occasionally. Some people like to change their collections around, displaying only a few at a time. And many collectors—like museums—rotate exhibits of their holdings so those on display won't always be subject to the environment.

When you store your photographs, always have acid-free rag tissue paper or acid-free plastic sheets between each matted print. (If they're framed, put pieces of board between them for protection.) The acid-free Japanese rice papers are always safe, but you might pref ing clear plastic sheets since you have to lift up the sheet to see the i The best plastics are acetate or t tate, uncoated polyester, and cellop Celluloid is inflammable; it darke exposure to light; and it contain structive nitric acid (the same as pollution). Also to be avoided is p nyl-chloride. If you wrap the pr plastic, do it loosely so you won' moisture in. Plastic should not be in extremely humid areas: A prin swell and stick to the surface. N place two prints face to face. They become stuck together, or their c cals could harm one another. I store photographs with brown wra paper, kraft paper, Manila envelop folders. Glassine materials, too, ar thought to contain a damaging aci

The most common container fo age is the solander box, a wood bo ered with fabric and then lined acid-free paper. Some feel that, be of the wood, this is not safe en Their choice would be the archiv made of acid-free board. (You make one yourself if you were una find one in art or photo supply gluing the corners together with paste or fastening with metal co For maximum protection, many c tors keep the boxes in baked-enam ished steel cabinets. For a free pam on caring for photographs, se stamped, self-addressed envelo Sotheby Parke Bernet, Dept. AH. York Ave., New York, N.Y. 1002

Recommended Reading

• **The classic photography books:** hall, Beaumont and Nancy, *The H of Photography: From 1839 to the P Day*, 1964, Museum of Modern Gernsheim, Helmut and Alison, *A cise History of Photography*, 1965, set & Dunlap. Sarkowski, John, *Le at Photographs: 100 Pictures fro Collection of the Museum of Mode* 1973, MOMA. Lyons, Nathan, ed *tographers on Photography*, 1966, tice-Hall in collaboration wit George Eastman House. Thor Gene, *Masters of the Camera*, Holt, Rinehart, & Winston. Green athan, ed., *Camera Work: A Critic thology*, 1973, Aperture. No Dorothy, *Alfred Stieglitz, An Am Seer*, 1963, Random House. Ste Edward, *A Life in Photography*, Doubleday. Maddow, Ben, *Fa Narrative History of the Portrait i tography*, 1977, New York Graphi ety. *Life Library of Photography*, Life Books.

• **And some new ones for collector** Wagstaff, Sam, *A Book of Photos* 1978, Gray Press, dist. by Light I sions. Witkin, Lee D. and Londor bara, *The Photograph Collector's* September, 1979, New York G Society. ■

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narc" canning jar, top left: Clip-top. r seal. Glass treated to withstand boil- mperature. 1 pt., $1.60. By J.G. d.
ail's Useful Jar" canning jar: 1 pt. **"Home Sweet Home" canning jar:** Set ½, 1, and ½-qt. jars. $29.95, set. **"My am" canning jar:** 1 pt. $6.50. All by ford Giftware. At Jenny B. Goode, 10028.
nding mesh colander: $2.64. **Plastic g funnel:** $1.05. **Nickel-plated steel jar :** $1.26. **Jar lifter tongs:** Nickel-fin- metal parts. Vinyl coated handles. **Standard tongs:** $1.47. All dishwasher y Ecko Housewares.
iteware" Steam Canner: Porcelain on Perforated aluminum steamer rack. For g, blanching, reheating, steam cook- Dishwasher safe. $20. By General wares.
ic food dehydrator with fan: 15½" sq., circumference. 5 perforated trays. most food in 8–12 hours. $74.99. By g.
o" pressure cooker/canner: Almond aluminum finish. 5-pt., canning capac- qt., $37.90. 4-qt., $31.90. By National

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4
erator: In single, double, or triple sec- nits. Each section, 27¾" w. 83⅛" h. section model, 21.7 cu. ft. storage Double section model, 47.8 cu. ft. Re- ator/freezer storage combinations. stainless steel or bonded vinyl steel Seamless front frame and interior. shown, (HS-2 refrigerator with 2 glass doors), $3,886. By Hobart.
bins and buckets, glass pitcher, colan- l in refrigerator: At Manhattan Ad ousewares, NYC 10021.
76–77
nd green floral polyester and cotton (#5657) and blue paisley cotton sheets 8), and Royal Blue scalloped-edge cot- llowcases: All at D. Porthault, NYC

al Travel AM/FM Radio & Liquid l Digital Alarm Clock: 5⅛" × ⅞" × 80. By Sanyo Electric.
ercial 5-cup single blender: Heat resis- ass. Stainless steel blades. 2-piece re- le top. In Pumice only. $67.95. By g.
patibles" stoneware dinner plates: d. $3.30. By Pfaltzgraff. At Steinbach, ntville, N.J. 08232.
s, plastic dishware, ice bucket, baskets, tcher: All at Design Research, NYC

: By Martex, WestPoint Pepperell.
8
c dehydrator: 16" × 16½" × 21". 14 drying space. Dehydration complete in 24 hours. Standard 115 A.C. $225. At Hammacher Schlemmer.
Pages 80–81
AC/DC Portable 5" Color TV: 10" × 13" × 6½" h. By Toshiba.
Sheets, left to right, top to bottom: Pipeline Iris cotton and polyester sheets. From Utica Collection by J.P. Stevens. Tiger Lily solid color cotton and polyester sheets. By Martex, WestPoint Pepperell. Pipeline Daffodil cotton and polyester sheets. From Utica Collection by J.P. Stevens. Fresh mint solid color sheets: By Martex, WestPoint Pepperell. White Supercale cotton sheets. By Wamsutta. "Dreamtones" Petal Pink cotton and polyester sheets. By Cannon. Periwinkle solid color cotton and polyester sheets. By Martex, WestPoint Pepperell. "Dreamtones" Summer Wheat cotton and polyester sheets. By Cannon. "Classic Chromatics" Sandstone cotton and polyester sheets. Cinnabar piping. By Fieldcrest.
Satin de lys slip gown: By Fernando Sanchez.

A NATURAL STYLE
Pages 82–89
Springmaid "Country House" and "Gwyneth" polyester and cotton sheets: Double size, flat and fitted, about $12 ea. Pillowcases, about $8.50, pair. Designed by Bill Blass for Springs Mills.
"Paisley" cotton and polyester oval tablecloth: 70" × 90". **Napkins:** $2.25 ea. **"Lattice" round cotton and polyester tablecloth:** 90" d. $35. All designed by Bill Blass for Kemp & Beatley.

A COUNTRY FEELING
Pages 90–93
Collection of antiques: From Richard-Mulligan, LA 90069.

BED FOR DREAMING
Pages 102–103
Rattan and bamboo canopy bed: 66" × 88" × 94" h. Adapted from classic Chinese design. Light scrubbed finish. **Square lamp table:** 22" sq. × 22½" h. Almond lacquered bold-textured finish. **Armchair:** Bone finish. 24" sq. × 20" × 32" × 16" sh. With or without tie-on seat cushions. All three from the Far East Collection. **Chest:** 36" × 18" × 46" h. Reproduction of a Japanese chest. Hand-decorated. Gold-leaf motifs on black lacquer. Ornamental black metal hardware. Four drawers. One cabinet. From the Tansu Collection. **Upholstered armless chair:** 24" × 32" sq. × 17" sh. Attached back cushion. Loose seat cushion. Kick-pleat skirt. All by Baker.
"Bamboo" cotton fabric on balloon shade and upholstered chair: $10. At Conran's, NYC 10022.
"Summer Blooms" cotton and polyester sheets, comforter, and pillowcases: By Jeremiah for Fieldcrest.
Wool durrie rug: 18.5' × 12'. Handwoven in India. From Stark Carpet*, NYC 10022.
5" black and white television: With digital clock, AM/FM radio, weatherband radio, snooze alarm. $239. By Quasar.
Standing steel and brass floor lamp: Adjustable height. Designed by Cedric Harman for LCS*, NYC 10022.
Woven twig basket on bedside table: 19th c. From Japan. From Gracie*, NYC 10022.
"Sandwich" clock: Battery operated. From Italy. Red, black, or white plastic case, $50. Chrome case, $60. At Ambienti Design, NYC 10021.
"Blue Balloon" flat latex paint on ceiling and walls: By Pittsburgh Paints.

MAKE A GYM
Pages 104–105
Plans for the gym: From Thomas Wills Associates, Post Office Box 1477, De Land, Fl. 32720.
"Barclay" Antron III nylon carpeting: 12' wide. $17.99 a sq. yd. By Bigelow Carpets.
Mirror panels: By Wesley Depp for John Depp, NYC 10028.
"Toledo Suede" rayon fabric covering bi-fold doors: 54" w. From Architectural Markets*, NYC 10022.
Power Pack: For multiexercise weight training. Bolt-in system. Central column, 86" h. Weight load, 30 to 270 lbs. **Bench:** 6 starting positions. Removable lifting bar. With bench, $595. By Universal Resilite, Plainview, N.Y.
Amerec Tunturi ergometer: 38.3" l. 43.6" h. Requires 1 sq. yd. floor space. 60-minute timer. Calibrated braking scale. $390.
Amerec Tunturi Rower: 54.5" × 15.7". 32" wide at handlebars. Adjustable gauge varies resistance. $275. Both by Amerec.
Chrome dumbell set: Graduated sizes and weights. With stand, $840. By Maclevy, Elmhurst, N.Y.
Indoor trampoline/jogger: 33" side-to-side. 6-sided chrome steel frame. Legs remove for

Continued on next page

Girl Scout Leaders Wanted

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packing. $129. By Athletic Conditioning Equipment, Seattle, Washington.
"Little Big Shot" compact FM/AM radio-cassette recorder: AC converter. 9" × 2¼" × 4¾" h. **"Porta Color" 10" solid state television:** Automatic frequency and color control. 15¾" × 15¼" × 11¾" h. $274.95. Both by General Electric.
Chrome wire tea cart: 18" × 36". From Sid Diamond Furniture Design*, NYC 10022.
"Luxor" cotton terry towels: Bath, about $9.75. Hand, about $5.50. By Martex.
"Adonis-G" all-electronic telephone: Lightweight one piece unit. $149. By Allied Telecommunications.
"Ritz-Timer" plastic timer: 2½" sq. $11. At Ambienti.

Pages 106–107

Digital Jump Rope: $10. At Hammacher Schlemmer, NYC 10022.
"NordicTrack" exerciser: Simulates movement of cross-country skiing. Hardwood sliding "skis." $315. With speedometer, $335. $13, postage. From Pauls Sports, 125 Columbia Court, Chaska, Minn. 55318.
Tredex Home Running Machine: 66½" × 23" × 49½" h. Running surface, 60" long. Speed to 8 mph. $1,795. By American Tredex, Terre Haute, Ind. **Amerec Tunturi adjustable chinning/exercise bar:** Fits between door jambs. 24.2"–40.4" w. $25. By Amerec.
The Bodybar: 8-position lifting arm. Adjusts to individual height. Installs in single wall stud. $199–$225. **The "Bodymate":** Pulley with two sets of handles and ankle straps. $35. **"Tummy Trimmer" exercise bench:** $49. All by Marcy Gymnasium Equipment, Glendale, Calif.
"Town & Country" physical fitness mats: 4' × 6' × 2" h. Washable plastic covered "Everhide". $58, ea. By Everlast Sporting Goods.
Slant-board: Upholstered in dark brown leather. $360. By Maclevy.
Richard Nickolaus Exercise Tapes: I or II, ea. $8 ppd. Both, $15 ppd. From Nickolaus Tapes, Dept. H&G, 509 Fifth Ave., NYC 10017. **Miss Craig's 21 Day Shape-up Plan:** $12.50. $1.50, postage. From Elizabeth Arden Salon, 691 Fifth Ave., NYC 10022. **Book and record set:** "Manya Kahn Body Rhythms, A New Approach to Exercise," $15.95, ppd. Two-record album set, $25, $1.85 postage. At Manya Kahn Salon, 12 E. 68th St., NYC 10021.
Indoor jogger: Padded running surface, 22" × 16". Adjustable pace control. Electronic pedometer. Built-in timer. Battery operated. $150. By Toshiba.
"Weight-minder" platform scale: Padded vinyl. Movable memory markers. $36. By Krups.
Raised dial scale: In white or black. $129.50.
Doctor's scale: Calibrated to 300 lbs. $109.50. At Hammacher Schlemmer, NYC 10022.
Ruby-colored acrylic scale: 10" × 10⅝". $35. By Aronie for Martin S. Garment.

NEEDLEPOINT, YOUR WAY

Pages 114–115

Chinese fretwork design needlepoint pillow patterns: Include 10 mesh canvas, wool yarn, and 3 needles. 26" sq., $225; 16" sq., $95; 11" × 14", $65; 9" × 11", $45; 10½" sq., $55. From Woolworks, 838 Madison Ave., NYC 10021.
Wicker sofa: 69½" × 22" × 36" h. At The Wicker Garden, NYC 10028.
White floating cube: 36" sq. × 13" h. Floats 5" above floor. White Formica top. $97.99. At Bon Marché, NYC 10011.
"Tobacco Leaf" salad plate: Porcelain. 8¼" d. $50. By Mottahedah.
Double handled olivewood basket: From Spain. $16. By Merz.

THE INSIDE STORAGE

Pages 116–117

Accessories in closet: Shoe Biz shoes. Peter Barton mufflers, bags, and hats. All at Henri Bendel, NYC 10019.
Crystal salad bowl: 9⅝" d. 5" h. $42.50.
"Louise" tall fluted crystal champagne glasses: $16.50 ea. **"Oktav" crystal double old-fashioned glasses:** 12 2 3/10 oz. $19.50 pair.
Napkin rings: 4 on a stand. White enamel wood. $19. By Kosta Boda.
"Kaleidoscope" earthenware: In nine colors. 4 pc. placesetting for 4, $70. By Franciscan.
Lucite salt and pepper mills: $11 ea. **Cornish salt and pepper shakers:** $16.50, set. **Blue striped earthenware jug:** $16.50. All at La Cuisinière, NYC 10021.
Wooden-handled flatware: Each piece, $2. **Cotton blend napkins:** $3.25 ea. **"Windsor" silver-plated flatware:** 5 pc. placesetting, $11.50. **Wooden pizza paddle:** $9.35. All at Manhattan Ad Hoc Housewares, NYC 10021.
"Baseball Stripe" cotton and linen napkins: 18" sq. $2.50 ea. **"Ribbon Stripe" cotton napkins:** 18" sq. $2.25 ea. **"Ripple" cotton napkins:** 18" sq. $2.50 ea. All by Katja Designs for Panache.
Mexican terra-cotta platter holding watermelon: 15" d. $12. At "Of All Things", NYC 10022.
Terra-cotta pasta plates: 11" d. $12. **Wooden salad servers:** $7.50. From Bailey/Huebner at Henri Bendel, NYC 10021.
"Grand Vin" wineglasses: Box of 8, $10. At The Pottery Barn, NYC 10011.
"Necker" plastic lamp: In yellow, brown, white, and red/orange. $69. At George Kovacs, NYC 10021.
Portable electric typewriter: 14¾" × 17½" × 4¾". By Olivetti.
Plastic desk accessories: At Seabon, 54 E. 54th. St., NYC 10022.
"Professional Papers" colored stationery in typewriter: 8½" × 11". 8 colors. Box of 20 sheets and envelopes, $6. **"Color Coordinotes" in desk drawer:** 18 colors. Paper and envelopes in various sizes. All by Fante. Photography equipment: All by Kodak.

SPROUTS

Pages 121 and 134

Coffee Wiz: Makes extract for 50 cups in 12 hours from 1 lb. coffee beans and cold water. Includes 2 legs, plastic extraction hopper, glass carafe and lid, one set of filters. Requires no electricity. By Abbey.
Yo-Cheese Maker: Includes plastic stand with drop hole, polyester washable cheese bag and dust cover. Set of two, $5.95. Additional cheese bages, $1.95, pair. By Salton.
Microwave Oven Scale: 8¾" × 5⅞" × 1¾" deep. Polystyrene white base. Nonskid feet. Converts food weight into microwave cooking time. Color coded, graduated scale for

Continued on page 160

BEST IN BOOKLETS

Marvelous ideas to help you plan shop are in the booklets below, they're yours for the asking. You ca der them directly from House & den—send for the ones you want to Just fill out and return the order cou circling the number of each booklet sired, enclose $1 for postage and dling, plus any additional charg indicated next to the booklet num and we'll see to it that your booklet quests are filled as quickly as possible not send stamps. Cash, check, or m order may be used.

Building and Remodeling

1. WINDOW AND DOOR IDE Helpful 16-page booklet shows h builders and remodelers how type windows can fit into contemporary traditional architecture. Energy-cons ing double glazing system, low-ma nance exterior, plus easy was features are described. Rolscreen.

2. "IN THE BANK . . . OR UP CHIMNEY?" is a dollars-and-c guide to energy-saving home impr ments from Red Devil. Contains pages of "How-to" information such insulating your walls, floors, attic, crawl spaces; weatherstripping d and windows; estimating the amo and cost of materials needed. $1.75.

3. BUILD SOMETHING BEAU FUL. Home and Yard Cement Pro with Sakrete Mixes. Step-by-step struction booklet featuring 18 pro for home beautification or improvem Sakrete. 50¢

Decorating

4. WINDOWS BEAUTIFUL. A c plete and authoritative book on win treatments. Room-setting photogra in color, examples of most popular t of treatments, styles suitable for va rooms, ideas for common and prob windows, how-to for measuring sewing, basic treatment for many t of windows. Kirsch Company. $1.95

5. "GREAT BACKGROUNDS I LIVING." Colorful booklet incl pamphlets entitled "How To Dec With Wallcovering" and "How Feather Your Nest Without Ruf Your Feathers." Hints and step-by-how-tos for decorating from Birge, company that makes wallcoverings wide variety of patterns, colors, and tures. See for yourself.

6. 1979 COLLECTOR'S BOOK. I pensable decorating guide for the q ty-conscious consumer. Features traditional American furniture f Pennsylvania House. 224 full-c pages reflect current trends, give i mation on room planning, selecting

, color coordination, and more. ylvania House. $7.50

NIQUE 18th-CENTURY FURNI- E is shown in this pamphlet called Forsyth Collection." One hundred y years of experienced craftsman- s your assurance of quality furni- Elegance of design is what you'll Unique Furniture Makers. 15¢

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Potpourri

13. TANNING GUIDE. This handy tanning guide helps you choose the Coppertone that's right for you. Skin type, length of exposure, applicating, and important sun facts are all included. Comes with ½-ounce sample of "Shade" extra-protection suntan lotion. Plough.

14. INTRODUCING COMPUCOLOR II . . . The Renaissance Machine computer for the whole family. Read about the revolutionary personal computer that solves problems and involves adults and children in a diverse range of intellectual, cultural, business, financial, and recreational pursuits. Compucolor Corporation.

15. UNIQUE 14-KARAT GOLD OVERLAY JEWELRY. Beautiful booklet reveals the story of Krementz gold overlay jewelry and why it's different. Learn about the interesting process of producing gold overlay material and how it compares with the finest handcrafted gold jewelry in the world. Krementz & Co.

16. DECORATING WITH MAGICSILK FLOWERS! Magicsilk Flowers are crush-proof and reshapable, fade-resistant and washable. This 12-page brochure shows floral arrangements in dozens of species and colors. Learn more about Magicsilk.

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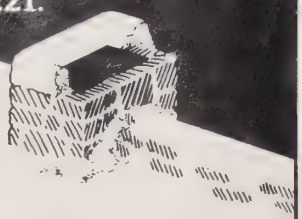
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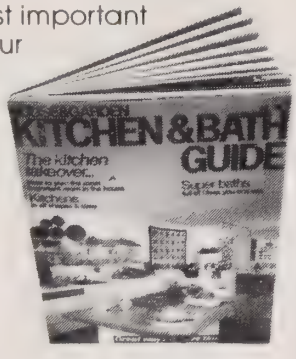
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Shopping information
continued from page 158

fish, meat, poultry, and vegetables. $15. By Hanson.
Electric yogurt maker: 2-qt. capacity. Flavor Guide Reminder Dial. Stores in refrigerator after cord removal. $15. By Contempra.
Ice Cream Parlor: 28" h. Makes 2 qts. frozen desserts using ice cubes, table salt. $40. By Waring.
Microwave cookware: Round utility dish with rotating rack/trivet. Dishwasher safe. In Chocolate Brown, and Antique White. UDEL, nonstick polysulfone plastic surface, by Union Carbide. By Aprica. Microcenter cooking dish: By Blisscraft of Hollywood. Clay baking dishes: Terra Sigallatta coating. Microwave safe. Quiche pan, 10" d. Pie plates, 10" d. $10 ea. By Copco.
Creative Cookware: Brushed aluminum exterior. Heavy-duty metal handles. Nonstick SilverStone surface. 5-qt. cook pot with lid, $35. 3 liter sauteuse pan, $29. Sauce pans: 2 liter, $23; 3 liter, $29. 10" frypan, $32. Covers: $3.25 to $5. All by Mirro Aluminum.
Soufflé Kit: 7" Pyrex ribbed souffle dish. Plastic collar. Linen napkin. Cookbook. $9.96. By Corning.

POTATO, PARSLEY, SPROUTS
Pages 122–123
"Mondo" serving set, upper left: Plastic handles. Stainless steel ends. Dishwasher safe. Set, $12. By H.E. Lauffer.
Handmade Water Bowl: 9½" d. $45. By Richard Bennett. At Gordon Foster, NYC 10021.
"Palisander" salad set, upper right: Rosewood handles. Stainless steel ends. Set, $28. By H.E. Lauffer.
Handthrown stoneware bowl: 16" d. From John Copper, John Thompson Designs*, Woodstock, N.Y. 12498.
Ebony salad set, middle left: From France. $22.50. At La Cuisinière, NYC 10021.
"Boca" stainless-steel salad servers, middle right: Set, $30. By H.E. Lauffer.
"Kaleidoscope" earthenware, lower left: 4 pc. placesetting for 4, $70. By Franciscan.
High-fired stoneware Pasta Server: 10" d. $19.50. Matching stoneware colander, $25. By Hartstone. At Schreibman Jewelers, Pepper Pike, Ohio 44124.

FISH
Pages 124–125
"Magnum" fish fork and knife: Stainless steel. Fork, $6. Knife, $6.50. **"Super Spoon":** 12" long. Stainless steel. $4. By H.E. Lauffer.
"Carousel" Belgian linen and polyester napkins: 20" sq. $3 ea. By Leacock.
"Grab-it" glass and ceramic Corning Ware bowls: 15-oz. ea. $7.99, pair. By Corning.
Ceramic tray: 14" × 9¾". From Germany. $29. **"Durus" plastic plate:** 10½" d. $4.75. Both at Manhattan Ad Hoc Housewares, NYC 10021.

BUILDING DATA

Materials and equipment used in the house on pages 98–101

ARCHITECTS: Hallet, Hermanson & Associates
SIZE OF HOUSE: 3,100 square feet

STRUCTURE
Foundation: Poured concrete foundation.
Framing: Wood frame construction wi × 4' 2' × 6' walls.

EXTERIOR OF HOUSE
Exterior walls: Cedar with tongue groove joints.
Exterior stain: Custom sealant.
Roof: Built-up tar and gravel roofing.
Insulation: Foil-faced fiberglass insulatio floors, walls, and roof.
Windows: Anodized aluminum frame dows by Olympus.
Doors: Birch; Masonite garage doo Crawford Door Division of the Cel Corporation.
Greenhouse: Wire glass greenhouse.

INTERIOR OF HOUSE
Interior walls and ceilings: Plasterboard.
Floors: In major rooms, maple hardwoo Ottley floors; in kitchen and baths, q tile.
Lighting fixtures: Inside, halo, solo, an cessed can lights; outside, hanging indus lights.
Interior paints: All white paint.
Fireplace: Custom steel fireplace.
Hardware: Anodized aluminum hardwa Folcon.
Kitchen and bathroom cabinets: Birch tom cabinets with Formica countertops.
Plumbing fixtures: American Stan fixtures.

MECHANICAL EQUIPMENT AND APPLIANCES
Appliances: Dishwasher and refrigerato Hotpoint; gas oven and range by Roper; dry washer by Frigidaire, Div. GMC.
Hot-water tank: 50-gallon tank.
Heating system: Gas forced-air heating.

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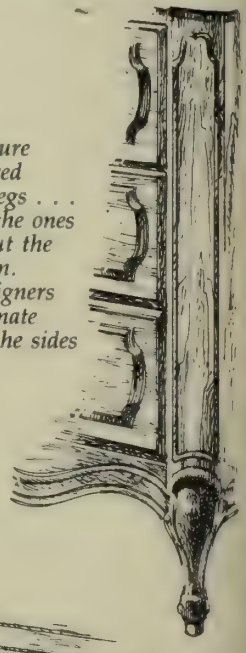
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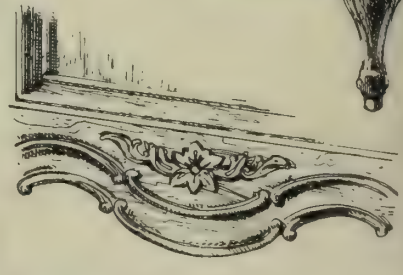




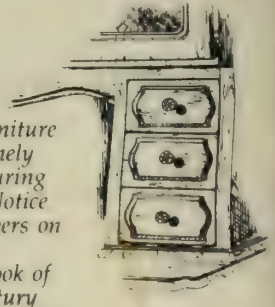
During Louis XV's reign, furniture designers abandoned plain surfaces in favor of intricate details and ornamentation. Notice the parquet inlays on the doors of this Camille chest. It's another example of how that masterful Thomasville touch has recreated that memorable Louis XV look.



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Mesdames de Pompadour and Du Barry, as well as other women in Louis XV's court, greatly influenced the styles of this period. As a result, furniture became more delicate, more feminine, and was often adorned with flowery carvings like the ones on our triple dresser.



Drawered furniture became extremely fashionable during this period. Notice how the drawers on our secretary recreate the look of the 18th Century French court while giving you ample storage space for your 20th Century needs.



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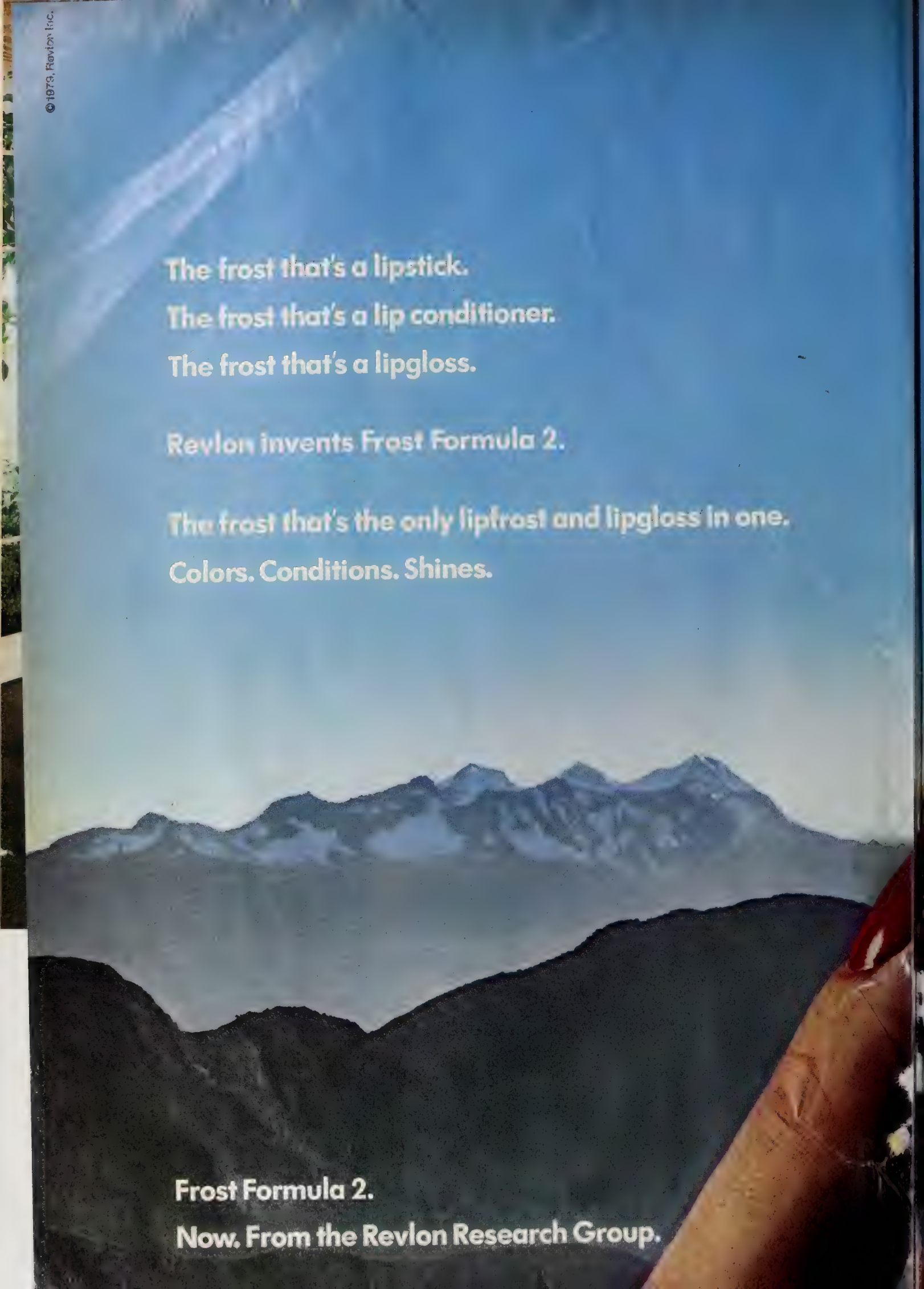


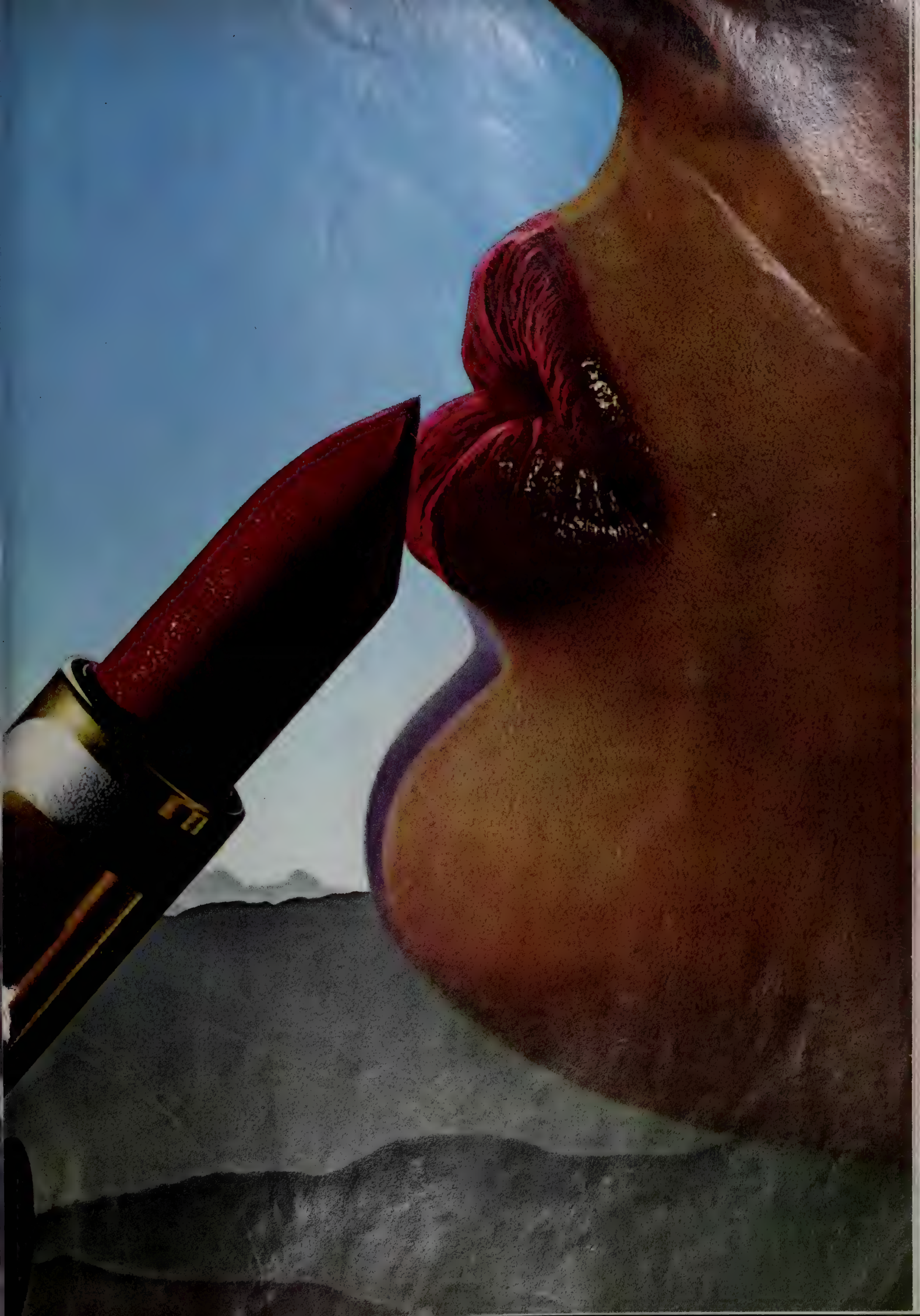
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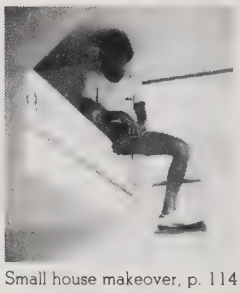


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VOL. 151, No. 8

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August, 1979

HOUSE & GARDEN

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ON THE COVER:
A shady summer retreat cheery geranium red refreshe with crisp white and lots of na ral textures. The room is tir but you hardly notice becau the red cotton satin sofa seer to recede right into the wal Sofa at Lord & Taylor. Armle chair in straw cloth by Bil Baldwin for LCS. Do-it-yourse ottoman bases by Peter Star berg. Coffee table at Abitar Jean-Paul Beaujard restaura table with découpage lam from Limited Editions. "San piper" cotton with stripes House & Garden Pompeiia Red from California Dropclot Paisley pillow covered in shawl from Cherchez. For d tails, see Shopping Informatio

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Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

mg. "tar", 1.7 mg. nicotine av. per cigarette, FTC Report MAY '78.



Originating in the manor houses of Shakespearean England, this collection includes many authentic reproductions for bedroom, dining room and living room. Of significant interest are the geometric inset panels with teardrop brasses on the sideboard, the generous baluster shaped table legs and the unique spool turned stretcher of the chair.

You are invited to send three dollars for the 17th Century English catalogue, Baker Furniture, Department 724, 573 Columbia Avenue, Holland, Michigan 49423.

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Available in Baker, Knapp & Tubbs showrooms through your interior designer, furniture retailer or architect. Atlanta, Chicago, Cleveland, Dallas, Grand Rapids, High Point, Houston, Los Angeles, Miami, New York, Philadelphia, San Francisco.

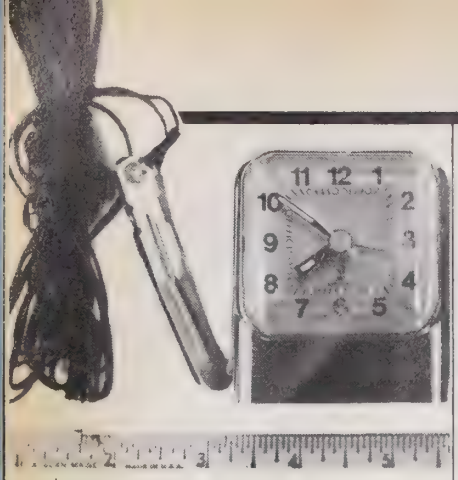


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Reach out and touch someone.

o far away to bring the chicken soup? Well, how about some advice and good cheer telephone? Wherever you are, you're never too far away to let the patient know u care. Your phone call could be the best medicine there is. Reach out and touch neone. Someone who's waiting to share your day.

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Hounded by Horus

One of the basic tenets of ancient medicine was that the worse something tasted, the more powerful were its curative properties. Now some people are actually fond of horehound. Myself, I would rank it as close to a cure-all by the flavor standard.

Long a basic cough supressor combined with honey, horehound (*Marrubium vulgare*) really does work in this instance, although I'm not sure the cure is preferable to the cough. Still, for those who want it, the plant is quite easy to grow. It grows too large for most indoor herb shelves, unless, of course, the cultivator is prone to winter colds, in which case constantly picking the leaves and steeping them in hot water with honey for a calming drink will keep the plant to manageable proportions.



KUBINYI

Pick off any of the burrlike summer flowers that you see in the bud unless you want the seeds for more plants. Letting blooms develop will increase the chances of scraggly growth. So will rich soil. Horehound, like so many herbs, is basically a weed that has found a purpose. As such, it is a rampant grower, and, given the pampered care of first-quality potting soil, the plant is boundless. A good mix for it is half potting soil and half sand. Keep the footing on the dry side and give your horehound as much sun as you can.

The classical name, *Marrubium*, incidentally, is derived from the ancient Hebrew *marrob*, meaning bitter juice. The Egyptians called it Seed of Horus. Now Horus was the ancient Egyptian sun god, but how his dog got into the picture I don't know. RICHARD LANGER

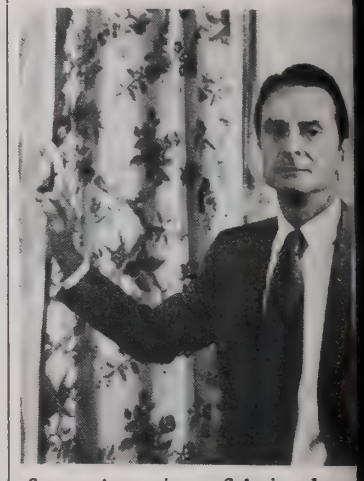
Decorating by the book(let)

Today, sheets and towels are one of the biggest decorating bargains. To give you an idea how they can be used, several members of the American Textile Industry publish pattern booklets. Make a backpack from a towel or a child's nightgown from a pillowcase. More ideas in: "Burlington Presents Fashion Ideas For Your House," Burlington Industries, 1345 Avenue of the Americas, N. Y., N.Y. 10036, no charge; "Fieldcrest Decorating Digest," Fieldcrest Mills Inc., 60 West 40th Street, N. Y., N.Y. 10018, $2; "Patterns for Living," vol. 3 Martex, P.O. Box 610, West Point, Ga. 31833, $2.10; "At Home with Springmaid," Springs Mills, 104 West 40th Street, N. Y., N.Y. 10018, 50¢; "The How-to Book," J.P. Stevens, 1189 Avenue of the Americas, N.Y., N.Y. 10036, $2.50; "The Sheet Book," Prom. Dept., Wamsutta Mills, 111 West 40th Street, N. Y., N.Y. 10018.

Clarkson's favorite fabrics

"What I've started here is really a fabric boutique," says designer George Clarkson. His new shop opened May at 698 Madison Aven in New York, selling decor tor fabrics to the public. "I'm principally selling prints—some old-fashioned and nostalgic, some young and jazzy. It's great for someone who wants to red a room in just its fabric." The shop carries materials

SCH



from American fabric show rooms who sell to decorato only, plus some French an English imports. And, look for George Clarkson's own line of fabrics, to be introduced this fall.

Your child: TV or not TV?

To help parents evaluate what children are watching and decide how much to al low, the National PTA TV Action Center has updated its "TV Program Review Guide." The booklet lists over 60 programs, includin movies and specials, with ratings of 0 to 4 stars. The shows are rated according quality: plot, acting, special effects; offensive content: vi lence, "sexploitation," stereotyping; quality of life: educational value, role mod eling, broadening human awareness. Each review is the result of over 3,000 opi ions given by parents and teachers. To order, send 75 to National PTA TV Actio Center, 700 N. Rush St., Chicago, Ill. 61611.

BOOKLETS FOR ALL

Did you know that over 200 free or low-cost booklets are available from the government's Consumer Information Center? Here's a brief sampling of the 11 categories: **1** Gardening — "Indoor Gardening," "Growing Your Own Vegetables," **2** Health — "Exercise and Weight Control," "Adult Physical Fitness," "Successful Jogging," "First Aid," **3** Housing — "Buying Solar," "Wise Home Buying," "Simple Home Repairs," **4** Recreation and Travel—"Guide to the National Parks," "Indian Arts and Crafts Source Directory." Write for the catalogue: Consumer Information Center, Dept. 45, Pueblo, Colo. 81009.


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For color folders of Lane furniture, send $1.00 to The Lane Company, Inc., Dept. N080, Altavista, Va. 24517.
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For a "Tea House" dealer, phone free (except Alaska and Hawaii): 800-243-5000. (In Conn., 1-800-882-6500).


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Arctic Lights: Kings & 100's

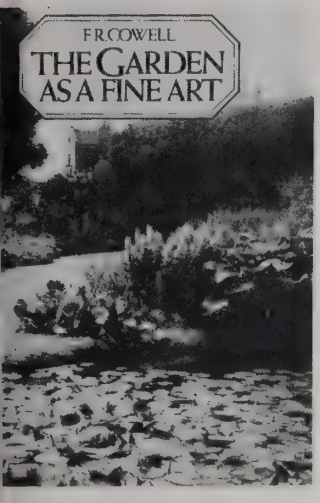
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Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

9 mg. "tar", 0 .8 mg. nicotine av. per cigarette by FTC method.

ne garden as art

. Cowell, of the British eign Service and the in- ble army of garden-lovers ldwide, has written an bitious book. *The Garden a Fine Art* (Houghton ffin, 1978, $20) succeeds neeting its description of lf . . . "an essay on gar- s in their social and cul- al setting from antiquity modern times." He starts h the Egyptians—with ir beloved lotus. And,



ce Cowell wrote *Everyday e in Ancient Rome* we ht to expect much on Ro- n gardens. He does not ppoint us: We learn that piary" comes from the in *topiarius* (gardener), t the finest perfume was ught to come from the es of Cyrene; that the cy- ss we identify with Italian dscape was thought to be otic." This sort of precise, ng fact makes the book "easy read" for all its ning. It's for the special- and general reader alike. RTH DAVID SCHWARTZ

merican health titudes updated

w important is good lth, exercise, and nutri- to you? If you're like ny Americans, you are bably concerned with ing healthy. But, accord- to a recent study, you bably also need to know e about what "good lth" really means. "The neral Mills American ily Report: Family lth in an Era of Stress," released this spring, reveals a great deal about current American health notions. Some of the findings: 70 percent feel that Americans are more concerned about health than they were last year, yet 48 percent are cutting back on health care due to rising costs; only 36 percent could call themselves "regular exercisers." To find out how your attitudes compare, write General Mills Inc., P.O. Box 1113, Minneapolis, Minn. 55440.

What's showing **EVENTS** and where

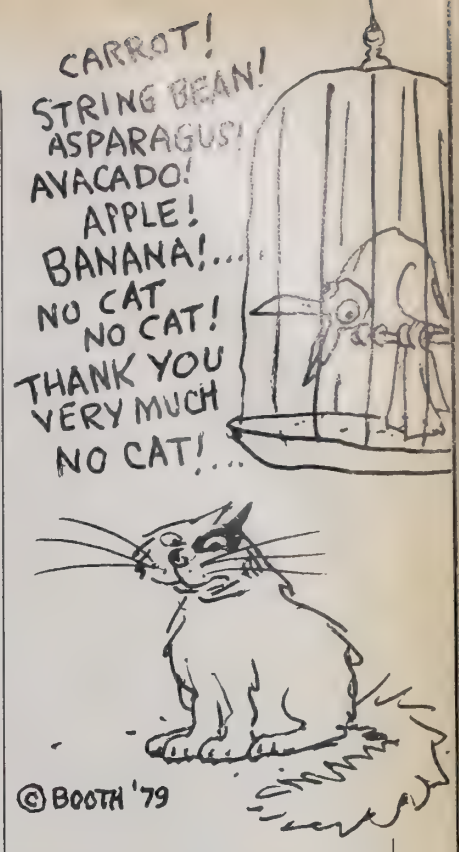
Boston's **Museum of Fine Arts:** "William Morris Hunt" June 22–Aug. 19. Paintings and drawings by Boston's leading portrait artist of Civil War period. "Alfred Steiglitz"; "Photographic Viewpoints" Over 50 works by the photographer, plus the works of leading 19th- and 20th-century photographers.
San Francisco Museum of Modern Art: "Noguchi's Imaginary Landscapes" July 20–Sept. 2. A retrospective of works since 1933: environmental, wood, and stone sculptures. "Northern California Clay Routes: Sculpture Now" Works by 50 young artists as reflection of ceramic art today.
Cleveland Museum of Art: "Chardin: 1699–1779" June 6–Aug. 12. Over 90 paintings in oil and pastel in first complete exhibit. "The Face of China as Seen by Photographers and Travelers from 1860–1912" July 11–Aug. 26. Over 200 photographs of the land, people, and culture of the Ch'ing dynasty.
New York's **Museum of Modern Art:** "Recent Acquisitions: Architecture and Design" Aug. 4–Sept. 30. Furniture, hangings, fabrics, ceramics.

Sales by mail

Finding someone to sell you the missing link in your collection of autographs or coins is often easier than finding a buyer for *your* collectibles. Now, *The Where-to-Sell-It Directory* can help. It lists over 700 dealers and collectors (names, addresses, specific interests) who will buy almost anything by mail. Over 85 categories, with tips on how to sell (and buy) by mail. $3.50 ppd., Pilot Books, 347 Fifth Ave., New York, N.Y. 10016

Energy monitors to help you save

Would you cut back on household energy if you could see how much it was costing you per hour? That's what psychologists at the Department of Energy are hoping to find out. They've started a study in which energy monitors have been placed in 1000 homes across the U.S. and Canada. The monitors flash the cost of energy being used at that moment, and also predict how much will be expended in the next hour if nothing changes. Currently, you can buy energy monitors that plug into the main electrical input to your house. The Fitch Energy Monitor ($89.50, Fitch Creations, 203 N. Greensboro, Carrboro, N.C. 27510) will tell you the basics: how much you are using at the moment and what it will cost you for that hour.
The Dupont Energy Monitor—Model 1 ($395, Dupont Energy Management, 10730 Composite Dr., Dallas, Tex. 75220) will, in addition to telling you cumulative cost, allow you to "budget" the energy you use. If you wish to spend only $25 per month, for example, you can set the monitor so that a warning light will appear when you exceed your limit.
Both companies are researching and refining energy monitors. One model, in developing stages, will regulate energy output during the day, saving energy automatically.



Healthwatch for the birds

What's the most important tip for an exotic bird? Variety in the diet, says Jay Gould, D.V.M., bird specialist at New York's Animal Medical Center. Many owners of parrots, parakeets, and cockatoos, for example, feed their pets an unvarying diet of commercial birdseed. Birds do need this daily, and also commercial "treats" for each specific breed. But it's important to feed a daily portion of raw vegetable or fruit—carrot, string bean, asparagus, avocado, apple, banana, and the like. Dr. Gould notes that too many owners rely on lettuce, which is not highly nutritious. And, to keep your bird really sleek and chipper, put a few drops of pet or pediatric multi-vitamin formula in its drinking water. PATRICIA CURTIS

Got'cha covered!

The Foil Edge is a new drop-cloth designed for clean, thorough paint jobs. It's made of 1 ml. thick plastic with 3 inches of sturdy aluminum foil on one edge that can be molded to fit carpets, stairs, and hard-to-cover nooks and crannies. $2.98, Tufco Industries, Box 1291, Green Bay, Wis. 54305.


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We love this old house. Every last creaking board and crooked doorway.
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Quality things that will last. When our dealer recommended a carpet with face yarns
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a Lees carpet

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ANTIQUES

QUESTIONS & ANSWERS

BY LOUISE ADE BOGER

Art Nouveau mirror

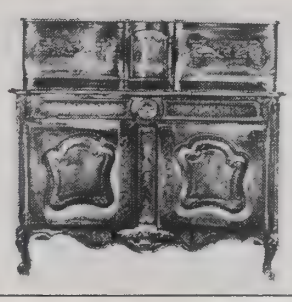


Q. I bought this mirror at an antiques show and would love to know more about it. I've drawn the mark.

M.E.B.—Terrebonne, Ore.

A. Foster and Bailey, active at Providence, R.I., 1878-1898, selected a favorite Art Nouveau motif—a woman with long flowing hair—for your pattern "Mamie." Dresserware—an important line in the catalogues of many American silver manufacturers around 1900—was given pattern names such as "Bride of the Wave," "Love's Dream," "Man in the Moon," and "Evangeline." A few of these patterns were made in no less than 75 different pieces, including a glove stretcher, tooth powder bottle, military brush, bonnet brush, combs.

Louis XV-style sideboard

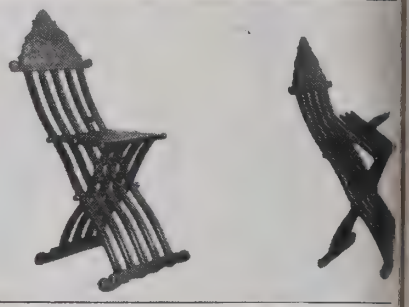


Q. I have this elaborate sideboard, which I prize very much, and would like to know whatever you can tell me about its background.

C.L.L.—Ossining, N.Y.

A. Your buffet or sideboard is a distinctive and delightful piece of Louis XV-style Provincial furniture. It was always designed in 2 parts, the lower cupboard portion—fitted with 2 drawers—projecting considerably beyond the very low superstructure. This space afforded by the deeply recessed superstructure was most useful, not only for serving a meal, but for clearing the table afterward. F quently, decorative objects were standing on this space, as the 2 door the upper section ran back on groo instead of opening on hinges. This k of buffet is an original Provençal ation, the majority being made at Ar In order to make sure that your piec 18th century, do have it examined by expert, as its continued popularity in following centuries has led to many in nious reproductions.

Renaissance-style chair

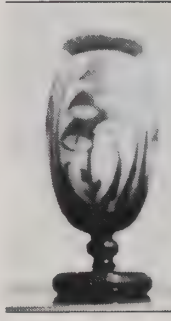


Q. What can you tell me abou the style and history of m chair?

W.B.—Napersville, Il

A. Your chair has been copied fro 15th-century Italian chair with a fol seat, a back, and no arms. The type often used in monasteries. It was r of slats or staves held together by ru feet, the edge of the seat, and the top of the back. The staves were pivoted gether at the point of crossing. The was formed by the prolongation of set of staves. These chairs were us made of beech or pine.

French glass



Q. My gla vase is sign "La Verre Fr caise." That's I know. Can y tell me w made it and h old it is?

G.L.—Albany,

A. Your glass vase was made abou 1920s at the Schneider Crista (glassworks) founded at Epinay Seine in 1913 by Charles Schneider had studied at Ecoles des Beaux-A Nancy and Paris, while working as signer for Emile Gallé and Daum F French glass manufacturers of the cy group. Sometimes Schneider use Verre Français" as a trade name.

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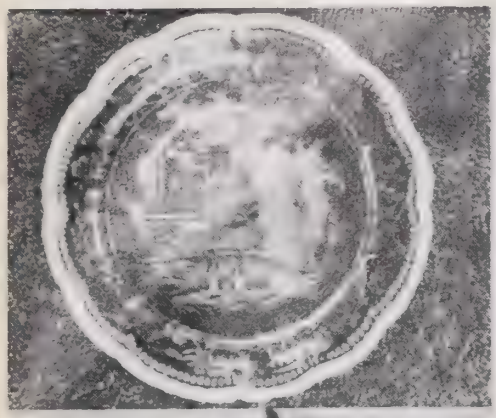


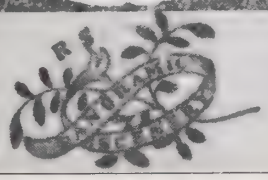
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continued from page 20

Pictorial plate



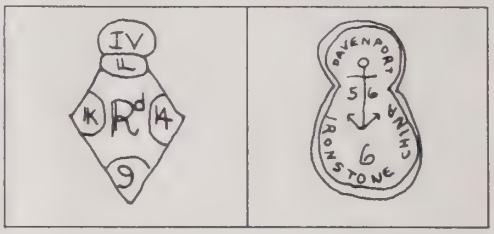


Q. Can you tell me who made my plate and what the scene represents?

R.S.—Rockford, Ill.

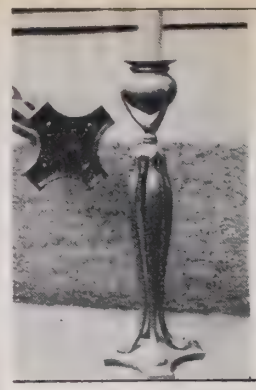
A. The Staffordshire potter Ralph Stevenson (1775-1853) was active at Cobridge about 1810-1832. His father, also Ralph Stevenson, and his brothers Andrew and James were master potters, too. The Stevensons were responsible for the manufacture of some fine blue transfer-printed earthenware decorated with American local scenes—for example, their medallion portrait series—highly prized by collectors. The subject of your pictorial scene, "Panoramic Scenery," was chosen for its exotic appeal, and, like scenes of local interest, enjoyed a huge popular market both in England and America.

Staffordshire mark



A. According to the diamond-shaped registration device, the pattern or form of your tureen and stand were registered by Staffordshire potters at the British Patent Office on November 14, 1856. They were made by J. Davenport & Co. It is interesting to note that your mark has the last two numerals—56—placed on each side of the anchor, indicating the year it was made. This practice continued to about 1860.

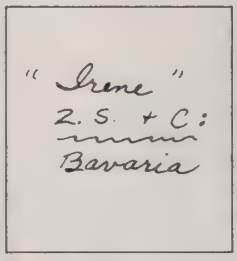
Tiffany candlesticks



Q. My candlesticks have a registration number which I can't read, and "Tiffany Studios." What can you tell me about Tiffany Studios? J.M. —Glenview, Ill.

A. In 1900, Tiffany enterprises in th arts of decoration were reorganized b Louis Comfort Tiffany (1848-1933) a Tiffany Studios, and continued to ope ate under that name until 1936. At th peak of production, about 1905, Tiffan Studios employed 200 craftsmen repr senting every relevant technique. Th 1906 price list shows over 150 differe candlesticks and candlelamps. Meta ware finished in a green bronze or go wash included candlesticks, desk clock candy dishes, etc. The Tiffany name w a status symbol—a guarantee of the fi est quality.

German mark



Q. I have written here the mark on my table service. Is it enough for you to identify the maker and date it? M.A.P. —Bethlehem, Pa.

A. Your piece of table service was ma by Zeh, Scherzer & Co., a porcelain fa tory started at Rehau, Bavaria, Germ ny in 1880. It dates after 1890—possib before 1920.

Antiques show



A highlight of the 3rd Annual Monter History and Art Association Antiqu Show will be an exhibit "Fashions fr California's Golden Era, 1849-1900, cluded in which will be this evening ca inspired by Sarah Bernhardt. The sh will be at the Monterey Conference Ce ter, Del Monte at Alvarado, Monter Calif. 93940, September 28-30.

During the 18th Century, American craftsmen produced distinctive furnishings drawn from the formal designs of English cabinetmakers. Outstanding examples of the period have been used to create Henredon's Folio Fourteen. For a catalogue of the complete collection for living, dining and bedrooms, send $2.00 to Henredon, Dept. G-89, Morganton, N.C. 28655.



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979 R. J. Reynolds Tobacco Co.



ng. "tar", 1.3 mg. nicotine av. per cigarette, FTC Report MAY '78.

Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

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Architect: Wendell Lovett, FAIA, Seattle, Was

Olympic Oil Stain not only enhances the natural beauty of wood, it protects it, too. And keeps it protected for years to come!

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Penetrates to protect wood beautifully.



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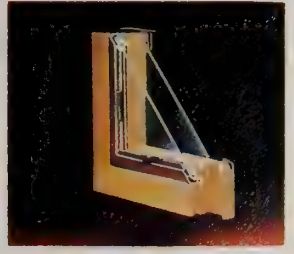
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sy to wash. Thanks to s unique hinging sys- ne sash pivots straight nd moves toward the r of the frame provid- enty of room to clean de glass from inside om.



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Also available throughout Canada. Coupon answered within 24 hours.

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BY SUZANNE MURPHY

Health on wheels

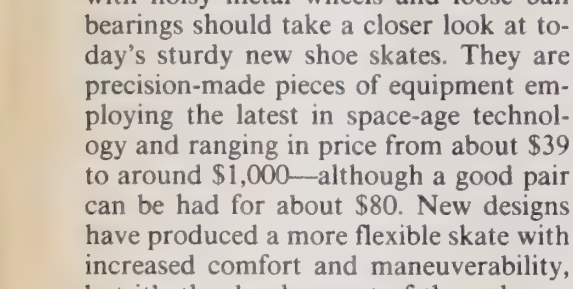
Americans are discovering the fun of roller-skating. Here's why it's popular, good for you, plus how to choose the right skates

Call it a fad, just another in a long line of crazes to catch the American public's fancy, yet doomed to cool down along with disco fever.

Call it an exciting new exercise discovery, safe, inexpensive, and family-oriented, only now coming into its own and sure to endure.

Whatever your opinion, you'll have to admit that roller-skating is making its mark on the nation's consciousness. Recently, a National Family Opinion Survey reported that the indoor roller-skating population has topped the 28 million mark, and scene watchers claim that twice that number of people are taking to the sidewalks and other paved surfaces with increasing gusto all across the country. Sports great Mohammed Ali is a regular skater and Dodger power-hitter Reggie Smith turned to skating about a year ago when a chronic heel injury curtailed his jogging. In May, Long Beach, California played host to the first outdoor roller-skating marathon and this summer roller-skating will, for the first time, take its place beside other accredited sports at the Pan Am games in Puerto Rico, just a glide away from acceptance at the 1984 Olympic Games.

Those whose childhood memories conjure up visions of clumsy, clamp-ons with noisy metal wheels and loose ball bearings should take a closer look at today's sturdy new shoe skates. They are precision-made pieces of equipment employing the latest in space-age technology and ranging in price from about $39 to around $1,000—although a good pair can be had for about $80. New designs have produced a more flexible skate with increased comfort and maneuverability, but it's the development of the polyurethane wheel, made of a new, durable plastic, that has brought skating out on the street in a big way. "Its impact on the sport has been tremendous," says Mike Fleming, former U.S. roller-skating dance champion. "It's made skating smoother, quieter, and safer by providing a better grip on uneven concrete surfaces. I think that's the reason people are having so much fun now with roller-skating; they can skate virtually anywhere. They can zip along, skate backwards, weave in and out like a slalom skier. It's as if you own your own amusement park ride. All that and it's great exercise."



Fancy pair of handpainted shoe skates

But is roller-skating really a new exercise fact of life as proponents claim, or merely a fad? Consider this testimonial from Dr. Max Norvich, U.S. Olympic team physician and orthopedic specialist: "Roller-skating is my personal recommendation as the best and least risky road to physical fitness at any age, for either sex. With medical authority, I can tell you that it encompasses the same benefits as jogging, but with less strain. And consider a study by C. Carson (C sey) Conrad, executive director of t President's Council on Physical Fitn and Sports, in which seven medical e perts were asked to evaluate, on a sc of 0 to 3, the healthful attributes of so fourteen sports and their effect on sta ina, muscular endurance, strength, fle bility, balance, and weight control. T results tied skating for third place w swimming, just behind jogging and bic cling, but in front of skiing and tennis



Exerskate teacher Marin Talbot, left; *warm-up exercises with 5-pound skates add tensi to muscles, reduce skating time,* center; *Disco champ Johnny Pool teaches dance/skate step*

With these recommendations, it's n wonder that roller-skating has claime its share of new believers and one them is Marin Talbot, director of t West Los Angeles/Beverly Hills YWC "Enjoyment is the key ingredient in a exercise program," says Ms. Talbot, serious skater for the last four yea "One of the big pluses about skating that it's not boring. You hear of so ma people who turn off to jogging, for i stance, because they find it monotonou they'll stick with it for awhile and th drop it. But we've found that people a staying with roller-skating; they find more fun than drudgery and that's in portant, because if you're not going maintain an exercise program three four times a week, you're not going get any benefits from it. Plus, it's s much less jarring to the body than ma other sports. It's smooth and easy on t joints, and yet, if you skate hard, mai

Continued on page 3

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PRESENTS FURNITURE FOR MISS CARRIE LEONARD.

Elkhart, Indiana



That's our Carrie! Tomboy, little girl, sophisticated young lady, all in one. I'm sure Stanley designed Colleen just for her. The little flower accents make it so lovely and feminine. Yet it's practical, too. There's a big selection at reasonable prices, so we could do her room just right. Tops that resist scratching and stains. And wonderful ideas like the big storage drawers under the bed... perfect for blankets, out-of-season clothes, and Carrie's rock collection. Over the bed, a beautiful canopy makes it snug and kind of private. Carrie wanted grown-up furniture, I wanted furniture that would grow up with Carrie. And Stanley heard us.

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The World Wildlife Fund announces
a most important new porcelain collection



hummingbirds of the world

by Robin Hill

The shimmering, iridescent beauty of hummingbirds—
captured in an enchanting collection of twelve cups and saucers
by one of the world's most distinguished bird artists...
his first works of art in porcelain.

Each cup and saucer will bear
a new work of art created by Robin Hill
exclusively for this limited edition.
And each will be decorated
with pure 24 karat gold.

The Artist. Robin Hill is recognized as o
of the world's finest bird portraitists.
paintings of birds have been exhibitec
leading art galleries throughout
world—including a spectacular one-m
show at the famed Corcoran Gallery of
in Washington, D.C. He is representec
many important public and private col
tions, including the Dublin Museum of
and the collection of HRH Prince Ph
Duke of Edinburgh. And plans are be
made for a museum to house his w
exclusively—an honor accorded to few
ists throughout history.

Hummingbirds—"winged jewels" th
have been called—demanded a very s
cial medium, because of their brilli
gem-like coloration and tiny size. And
Robin Hill created a unique and extrac
nary series of works of art for *cups a*
saucers of fine porcelain, in a tradition t
dates back more than two centuries.

Thus, at the height of his career, Ro
Hill has now created *his first works of ar*
fine porcelain. An extraordinary series
twelve collector's cups and saucers of f
porcelain, portraying the glossy brilliar
and shimmering grace of hummi
birds—in authentic detail—with all his
comparable artistry.

Each of these twelve collector's cu
and saucers is a separate, unique, a
wonderful work of art created exclusiv
for this limited edition. Together, they fo
an extraordinary collection that will be
treasured acquisition for everyone w
loves the beauty of birds, of art and of f
porcelain.

The Hummingbird cups and saucers. T
collection is an official issue of the Wo
Wildlife Fund, the world's largest privat
supported nature conservation organ
tion. It is the World Wildlife Fund's *first* ir
national issue in porcelain.

The cups and saucers will be crafted
fine Bavarian porcelain, whose exceptio
whiteness is ideally suited to bring out
dazzling beauty of the hummingbirds. A
each hummingbird will be associated,
Hill's superb works of art, with its favo
flower. The vivid leaves and bright b
soms provide a perfect setting for
hummingbirds shown on the front and ba
of each cup.

Here is how the great naturalist pair
John James Audubon described this be
tiful, tiny bird:

littering fragment of the rainbow...
ng through the air...as if by magic...
lding new delights wherever seen."

Hill's meticulously accurate works of
at once brilliant and subtle, striking
completely natural—capture these
les of nature in all their beauty, in as
as 16 separate ceramic colors. And
cup and saucer is bordered by bands
re 24 karat gold, hand-applied to
lete the design. The result is a collec-
by...true limited edition works of art in
lain that will form a focal point of
y wherever you display them.

mits of edition. The World Wildlife Col-
n of Hummingbirds of the World Cups
aucers will be produced only once.
traditional for fine porcelain issues, it
e withdrawn after a limited period of
nd will never be offered again.

cups and saucers will be crafted
for subscribers. Individual cups and
rs will not be sold separately. And
is a further limit of one subscription
llector.

total edition will be forever limited to
act number of original subscriptions
d during the comparatively brief of-
period.

**ice Subscription deadline: August
79.** The collection will be issued on a
nient subscription plan, at the rate of
up and saucer every other month.
iginal issue price of just $39 per cup
aucer is payable in two equal monthly
ments of $19.50 each. And each cup
aucer will be accompanied by a spe-
and, so that you can display them in
wn home just as they are shown on
pages—the saucer on its edge and
p in front of it, forming a charming
mplete composition.

ddition, each cup and saucer will be
panied by a commentary written es-
ly for this collection, describing the
ingbird portrayed, its native habitat,
red flowers and much other fascinat-
e. A Certificate of Authenticity, attest-
the limits of edition, will accompany
collection.

rder for your subscription to be ac-
d, the Advance Subscription Applica-
right must be received postmarked
gust 25, 1979. After a final an-
ement in March, the collection will be
awn and the edition permanently and
ably closed.

re is no need to send any payment
our application. But your Advance
ription Application must be post-
d by August 25th at the latest.







Shown smaller than actual size
The saucer measures 139mm in diameter
the cup measures 63mm in height

WORLD WILDLIFE FUND

The World Wildlife Fund was formed to help preserve life in the natural world, and to help safeguard the world's natural environment from irreversible damage. Its scope is the whole of nature.

Since 1961, it has provided grants which have backed over 2000 conservation projects world-wide. It has created or supported 260 national parks on 5 continents—a total area almost twice the size of Texas. The Fund has rescued 33 animal species from the brink of extinction. And it has brought hope of survival to more than 100 other threatened species. There is still more to be done.

The World Wildlife Fund has appointed Franklin Porcelain to service and fulfill all subscriptions to the Hummingbirds of the World collection.

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ADVANCE SUBSCRIPTION APPLICATION

hummingbirds of the world

An official issue of the World Wildlife Fund

Franklin Porcelain
Franklin Center, Pennsylvania 19091

Please enter my subscription for *Hummingbirds of the World*—a limited edition collection of twelve cups and saucers in fine porcelain, each bearing an original work of art by Robin Hill.

I need send no payment now. The twelve cups and saucers are to be sent to me at the rate of one cup and saucer every other month. I will be billed for each cup and saucer in two equal monthly installments of $19.50,* with the first payment due in advance of shipment.

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All applications are subject to acceptance

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PLEASE PRINT CLEARLY

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Must be postmarked by August 25, 1979



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Look for it at better drugstores everywhere.

LOOKING GOOD

continued from page 26

taining a certain pulse rate for an allotted time, you're getting an excellent cardio-vascular workout."

Ms. Talbot conducts regular classes in what she calls "exerskating," a kind of calisthenics on wheels, incorporating ballet, disco, and aerobics. She divides the class into a warm-up period followed by a series of body-shaping exercises using the weight of the 5-pound skates to add tension to the muscles and cut down on exercise time. "Our goals," she says, "are to build muscular strength and cardio-vascular stamina, improve appearance, and, ultimately, to increase skating ability. It all works together. You become a safer skater and less prone to injure yourself because you have warmed up and are limber; you become more confident because you have improved your balance and technique; and you have become a stronger skater because you have improved your muscle tone and built cardio-vascular strength. And if your goal is to lose weight, remember you're burning 360 calories an hour."

After the exercise session, Ms. Talbot turns her class loose on the Venice, Calif. boardwalk to practice starts, stops, turns, and techniques like skating backwards (great for the inner thigh). She even calls on skating champs like Johnny Pool, winner of the First Venice Outdoor Disco Roller-skating Championship to share skating secrets. "That's when students really have fun," says Ms. Talbot. "They get to show off all they've learned."

That's all fine and good until you see someone take a spill. Yes, Ms. Talbot does admit, falling is an inevitable part of roller-skating. "I realize that it's not the end of the world. Their bodies are tough and they'll survive it." Part of her training includes a session on the fine points of taking a fall. Students practice on grassy areas, learning to stay relaxed and to avoid vulnerable spots like the elbows and the coccyx by folding into the fall or by falling to one side. As added protection, she recommends knee and elbow pads and above all she cautions students to choose their skates with care. Some advice on that subject from Dr. Allen Selner, a podiatrist and skater:

- Choose from brands that offer half-sizes
- Opt for leather in place of vinyl shoe tops as they allow the foot to "breathe"
- Always wear absorbent cotton socks

For the fashion-minded, some companies will mount wheels on any pair of leather-soled boots—from Frye to cowboy. Others offer fluffy pom-poms and will even airbrush or hand-paint elaborate designs on shoe tops.

Now that's a way to keep rolling in style!

Beauty and health products new this month in the stores

What's new for summer skin care: Ten **tiny travel tubes and handy plastic bottles** all wrapped up and knotted in a **checked cotton bag** "Furoshiki-style." The Japanese have wrapped their "necessaries" in soft silk and cotton for flat, comfortable storage for centuries. This bag is plastic-lined and compartmented so that each tube and bottle of whatever slips into its own little pouch. *Calvin Klein* worked this one out and you can use the bag for anything else that's small, fragile, or delicate. Here's what's in it: 24-Hour Eye Cream, half-ounce; All Purpose Conditioning Balm, half-ounce; Concentrated Eye Makeup Remover, half-ounce; Skin Plan II moisturizing Lotion, half-ounce; Concentrated Face Makeup Remover, full-ounce; Moisturizing Hand Cream, full-ounce; Skin Plan I Moisturizing Cleanser, full-ounce; Moisturizing Body Lotion, full-ounce; Skin Plan II Night Cream, quarter-ounce; Translucent Cleansing Bar, 3.5 ounces; empty plastic spray container, and a makeup guide. Whew! $35 at fine department stores everywhere. **For your hair:** Three new shampoos designed for your hair's natural color—because they're made with herbs to enhance color. **Wild Herbs with Camomile** for blondes, **Wild Herbs with Rosemary** for brunettes, and **Wild Herbs with Nettle** for dark brown and black hair. Even color-treated hair can get a lift of shine and glossy texture from these new formulas from *Wella*. $3.50 for an 8-ounce bottle, through hair salons across the country.

Another new shampoo to try for dry, dry, dry hair from *Johnson & Johnson*. **Purpose Shampoo**, an addition to the whole "Purpose" group of products designed to help dry skin. It's mild enough to use everyday, which is important if you swim in chlorinated water—whose chemicals further dry the scalp and should be rinsed away. And it's very inexpensive so you *can* use it everyday along with a daily conditioner. $2.38 at drugstores everywhere.

For eyes to look forward to: Sometime late, late August, a new shaping tool will be ready from *Chanel*. **Crayon Chanel Smudge Eye Liner** is a double-ended eye-lining pencil that will help you get that sultry, smoky look of kohl/kajal that characterizes the new fall makeup. One end is Color, the other is Shape—a tiny foam rubber applicator that sweeps the color in, out, and around the eye softly, expertly. There's nothing else like it for ease and safety when you're working close. Perfect for those who make up with contact lenses in. $7.50 in black

Continued on page 3

Benson & Hedges 100's



17 mg "tar," 1.1 mg nicotine av. per cigarette, FTC Report May '78

Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

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One month before you move, notify everyone who writes to you regularly. And don't forget to notify your local Post Office at the same time.

Use the free Change of Address Kit available at your Post Office or from your letter carrier. Or use the convenient form that comes with your business statements and in your magazines. Like the one in this magazine.

And don't forget to show your new ZIP Code. Follow these simple directions, and you'll never be at a loss for your mail when you move.



MAKE SURE YOUR MAIL MOVES TOO, NOTIFY EVERYONE A MONTH EARLY.

Space for this ad has been contributed as a Public Service by this publication.

continued from page 30

and navy blue. And watch for a gre deal of black for evening this fall—bla is the neutral. It makes the color you choose stand out in a fresh way. Cray Chanel will be at fine department stor across the country.

For determined sun-worshippers: A vit min-enriched sun gel fortified with an burning sunscreens to order by mai **Shoynear Sun Gel** from Baden-Bade can be ordered for the first time throug *Il Makiage* in New York City. It w help prevent peeling, and it will hel your skin retain its smoothness and te ture throughout the summer. $8 f 45cc in a plastic tube. Write Il Makiag 521 Park Ave., New York, N.Y. 10022

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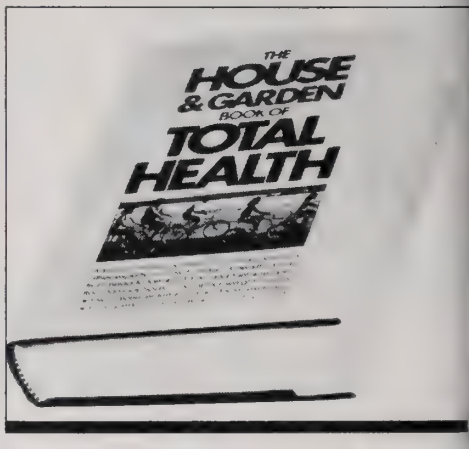
Circa: July 23rd-August 22nd

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Leos who want drama in a perfu should try the stunning new **Silences** Jacomo. Ardent Leo males will wa **Chess for Men** by Mary Chess.

MARIA REAC



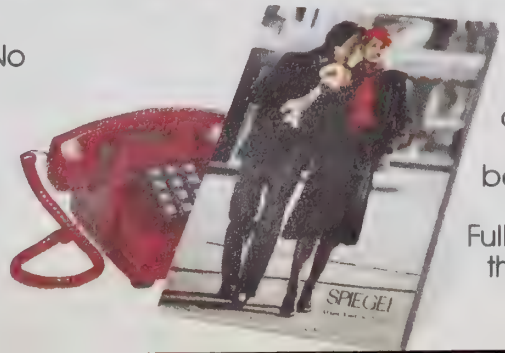
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B

SIGHTS, SOUNDS & SPACE-AGE HOUSEKEEPING

BY DAVID LACHENBRUCH

New excitement in computerized living

How the microprocessing unit is making everything easier these days, plus new take-along mini entertainment center, sign-coded TV for the deaf

e hear a great deal about "the comput-zed household of the future," in ich one big centralized computer es over all the chores from ordering oceries to diapering the baby. Actual- the computer already is entering the me in a way far less like science fic-n—and with no future shock. The use *is* becoming computerized, not rough a single, monolithic electronic ain, but by means of many individual nicomputers built into everyday uipment.

Hundreds of household appliances are mputer-controlled, and their number apidly increasing. What makes it pos-le is the microprocessor, generally ab-eviated MPU (for "microprocessing it"), which contains the basic ele-nts of a computer on a tiny chip of con smaller than a thumbnail. Al-ough the MPU can perform some re-arkably intelligent functions—for ample, it's the key element in the com-x "home computers"—it's also will-ing and able to perform some pretty unglamorous household tasks better and more reliably than any other nonhuman system.



y microprocessors, such General Instrument's IC" above, are changing way we live.

And less expensively—which is real attraction. Not only can micro-ocessors add new functions previously possible, but they can take over jobs merly done by mechanical and elec-cal equipment, do it more cheaply, re simply, and in less space, while nserving energy and reducing the need repairs by eliminating moving parts. nd as the cost of producing MPUs es down (basic chips are now available less than 5 dollars each, and some nufacturers forecast that they'll cost little as a dollar soon), we'll see them action more and more.

ousekeeping by MPU

classic case of what an MPU can do is food processor. As one manufacturer d: "We hooked an MPU onto a food processor and were able to do the toughest job anyone could ask—slice a tomato." An MPU can precisely tailor the speed of the processor to the food and the desired function. The first MPU food processor, by Hamilton Beach, comes with an automatic metric conversion calculator as an extra.

Dishwashers, washing machines, and dryers, like food processors, must be able to receive a wide variety of instructions—a skill at which the MPU excels. You can program exactly the kind of cycle you want, even if it's 5 washes, 3 rinses, 1 hot and 2 cold—or just touch a panel or push a button corresponding to the type of fabric you're washing. Yes, you could do some of this before the microprocessor, but by means of complicated electro-mechanical systems. The minicomputer does it more efficiently.

The microwave oven was one of the first major kitchen appliances to be computerized. In the early MPU-controlled models, a touchplate or touchbutton selected heat and cooking time. New deluxe ovens are programmed by index cards—just select the card for the food to be prepared and insert it in the slot. You don't even have to push a button.

The sewing machine was a natural for the computer, and for some time Singer, Elna, and other manufacturers have been offering models with large numbers of special stitches programmed for selection at a touch, eliminating hundreds of moving parts.

Computerized weight watching

In the bathroom, the scale is going MPU. One model, by Hanson, gives accurate weight by means of a digital readout; it also remembers your last weighing and tells you how much you've lost or gained. And it can do this for each member of the family without getting mixed up.

For safety, smoke and fire detectors equipped with MPUs will sound an alarm in one room (your bedroom?) to alert you to trouble in any other room, even the basement or garage. And there's a wireless burglar alarm that sounds in your house when somebody tries to break into your car.

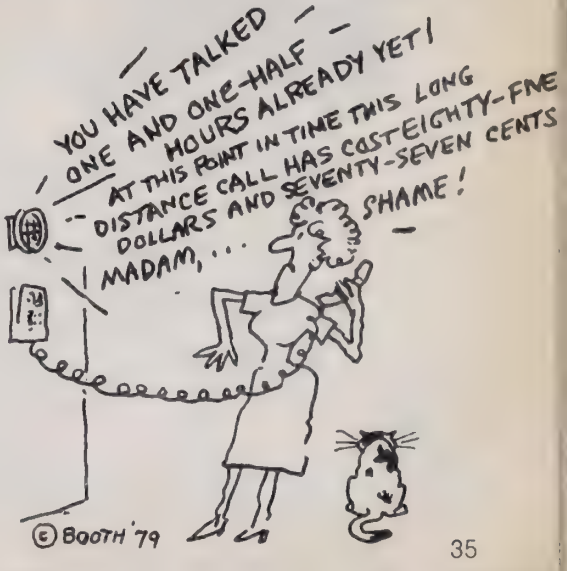
The minicomputer will be an important part of the home heating and cooling plant of the near future. It can mete out fuel for greatest efficiency. It can turn the heat down just after you go to bed and turn it up a half-hour before you arise. It can direct heat to rooms where it's needed, from rooms where it isn't. The air conditioner can be programmed to turn off when you leave for work and turn itself back on an hour before you return home.

What digitized binary code are you dialing, please?

Telephones, from the phone company and independent manufacturers, are making large-scale use of MPUs. Several firms offer wireless telephones. Others have phones which display long-distance charges as you talk. There are telephones that remember numbers and telephone systems that automatically switch your calls to another number when you're away from home.

In the home workshop, microprocessors control power drills, keeping them

Continued on page 143



What should you feed a dog who likes to take it easy...



and loves to eat.



Even though dogs may not always get the exercise they need, they'll still polish off dinner with gusto.

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Gaines

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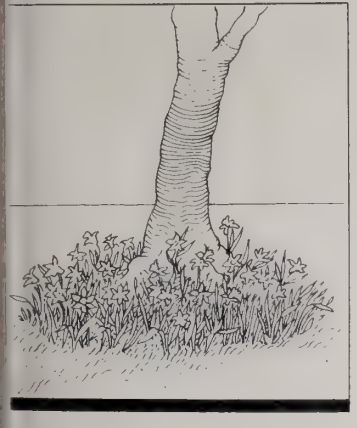
EASIER

SMALL SPACE DECORATING

The garden patch

A thousand carrots from a garden 4 feet square? Duane Newcomb says he coaxed out one such yield by gardening intensively. For his vegetable-growing good news, see *The Postage Stamp Garden Book* (J.P. Tarcher/St. Martin's Press, $4.95).

Reclaim found space under trees, among shrubs, or along rocky ledges—with narcissus. They will thrive wherever there's good depth of soil. Equally adaptable and hardy as oaks—miniature narcissus and miniature roses.



A brick wall with random-patterned piercing is a charming natural-looking way to give a small lot a bit of privacy, a bit of view—and ventilation, too. An architect, landscape architect, or good mason can design one for you.

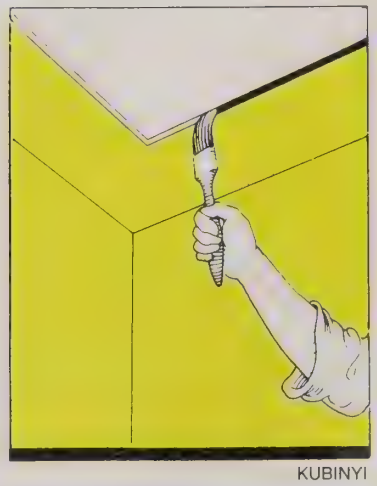
Two ways to make a mini-greenhouse: • Install pine shelves across a window with slotted metal standards and brackets on either side. • Convert the steps of a cellar exitway. Have an outside door made with high-impact-resistant acrylic or G.E. Lexan plastic panes, and at the bottom of the steps put a screen door in summer, a storm door in winter. Potted plants go on the existing steps in between the doors. A cellar-wise tip from Mrs. Frank H. Weller.

Looking up

Put a tall, narrow bookshelf at a focal point in a low-ceilinged room to raise the ceiling visually. The lower the ceiling, the lower—and more consistent—the heights of tables and seating units should be.

Two ideas from Richard V. Hare: • When you want to give a small room a feeling of more space and height, paint it white. But not the ceiling. Paint it a pale-cool color that pulls the eye upward. To increase the room's visual height even more, cover the floor with carpeting in a dark color. • Make the ceiling seem sky-high: Paper it with trellis-patterned paper, then rim the perimeter with matching molding. Try green trellis on white, or white on Blue Sky. You'll get an airy summerhouse feeling.

Another way to give visual height to a room without moldings—a trompe l'oeil tray ceiling. Scenic designer Charles Fieux tells you how to paint one on your white or pale-tinted ceiling (measure pencil rule, then mask off areas with masking tape): Paint the first 5 inches of the ceiling wall color. Then comes a hairline of ceiling color. And innermost, an inch-wide band of black.



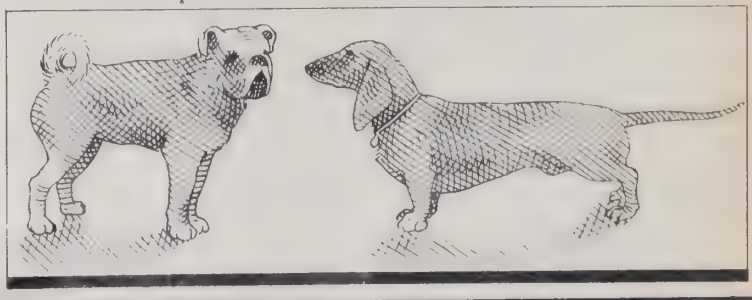
KUBINYI

Pet alley

While most cats adapt easily to small-space living, shopping for a dog takes more selectivity, says Dr. Alfred Grossman, D.V.M., president of the Veterinary Medical Association of New York City. Some that'll generally take small-space living in stride are toy breeds, dachshunds, Scottish terriers, and—provided there won't be steps to climb—bulldogs. If the space isn't too small, you might also consider large dogs that love to nap and people-watch—Great Pyrenees, St. Bernards, Irish wolfhounds, or older Dobermans. Unless you have experience, stay away from high-spirited breeds like fox terriers, and beagles. And from Dalmatians and sporting breeds (except perhaps cocker spaniels) that need miles of room to run.

Where there's no place to hide Ruffy's belongings, pick ones that are particularly decorative—good-looking ceramic food and water dishes, a cozy pet bed in a dome-shaped basket, a covered cat litter box (pets love private retreats too).

For living decoration, think of a flock of finches in an antique filagree cage. Or look for new rectangular cages that give the birds space without projecting too far into the room. Or how about putting a handsomely mounted tank of tropical fish at the foot of your bathtub, so you can watch them swim as you soak? Or plant a terrarium—a mini-environment!



For more small-space decorating, turn the page

Kitchen little

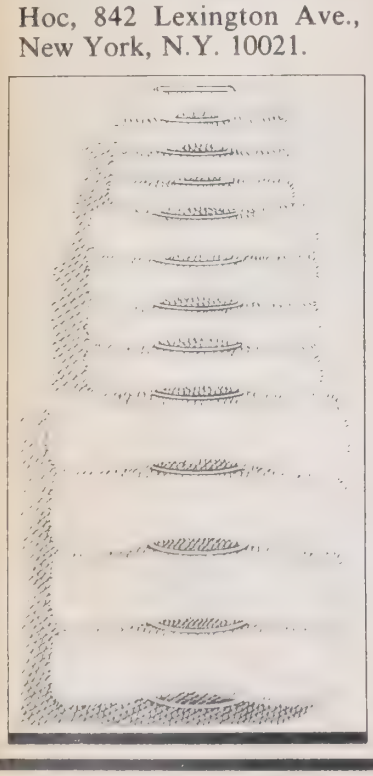
Salvation for the tiny sink: One-dish meals—stir-fry feasts in a wok, beef Bourguignonne in a slow cooker, cassoulet in a casserole.

Need a table? How about a sleek butcherblock-topped one with a pot rack above, storage beneath? "Le Chef" comes in nine sizes, from 48 by 24 inches. From J & D Brauner, 316 E. 59th St., New York, N.Y. 10022; (catalogue, $1).

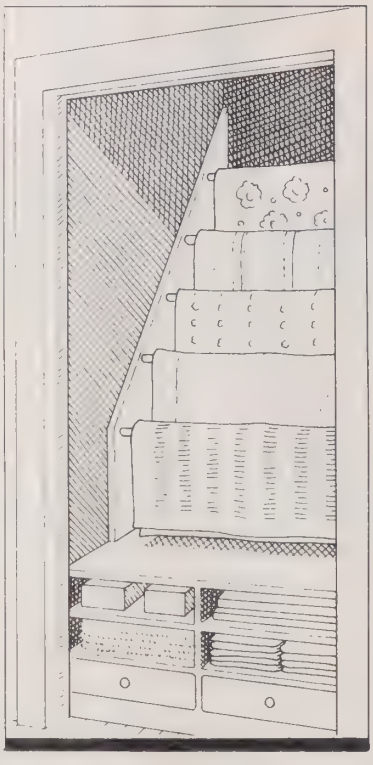
Versatile nesting pots that are practically two-for-the-price-of-one: Enameled double-boilers. They keep white sauces white, can take leftovers from stove to refrigerator, and are easy to clean. A big-bottomed one that isn't as likely to overflow or boil dry is available from Conran's, 145 Huguenot St., New Rochelle, N.Y. 10801; (catalogue, $2).

Cleanup—and stow away

More wall hang-ups: *Swedish dishracks* of white rubberized wire, just 7 by 7 inches, in three widths—17¾, 25, and 32 inches. About $12, $14, and $16 each, respectively. *Chrome bathtowel grabbers* by Plaza, just 5¾ inches wide: Horizontal hoops hold towels for 2, 3, or 4 guests—about $7, $7.50, and (seen below) $8.50 each. Shipping and tax extra. From Manhattan Ad Hoc, 842 Lexington Ave., New York, N.Y. 10021.



Outfit the bottom of a linen closet with shelves for sheets and towels, the top half with a diagonal row of rods (high in back, low in front), to hang tablecloths and blankets so they're easy to get at without the wrinkles stacking can bring.



Looking for plans for storage units? You'll find more than two dozen illustrations of ones with sleek, simple lines in "The Handy Plan Catalogue" (ask for Y630) of the American Plywood Association, P.O. Box 11700, Tacoma, Wash. 98411. The catalogue is 50¢ a copy; most plans, $1 each.

Sound idea: Hide stereo speakers inside loosely-woven baskets—with flat covers—mini end tables!

Add shirt-and-skirt hanging space to your closet—without tools. Bruce Bolind sells an expandable 16-to-28-inch-wide bar that's ready to hang on your existing rod. $5.95 or two for $11.50. Add 75¢ per bar for shipping. Write Bruce Bolind, HG8, Bolind Bldg., Boulder, Colo. 80302.

Think big

Fill a room with pastels to give the feeling of air, sunlight, and space, says interior designer Albert Hadley—but paint the ceiling a Mexican, tropical pink like hibiscus or bougainvillea, to give everything a warm glow.

Yann Weymouth's four steps for small spaces: (1) Find the longest dimension of your space from the floor plan. Keep a clear view through it. (2) Use one flooring or floorcovering. (3) Color walls and ceiling light. (4) Use mirror carefully to open up the architecture.

Rest the eye—keep color changes subtle, patterns small-scale, and furniture sleek and simple. The furniture can be as contemporary as minimalist modern or as traditional as Shaker-inspired designs. Another idea from the past: Make an Early-American Parson's bench with underseat storage inviting by sewing a tufted seat pad for the top.

For quick-change, contemporary dining, look for coffee tables you can raise to dining height, such as those by Thayer Coggin or Weiman/Warren Lloyd. Or build a dual-level table—designer Peter Stamberg showed how in February, 1979, House & Garden. Or pick a dining table that changes its horizontal dimension, such as the flip-top card table in Thomasville's "Commander's Choice" collection—the table expands to seat six.

Space-saving windows

Give a windowless room a park view with a foresty painting. Or a world view—paper it with U.S. Army maps. One world map will cover a wall about 9 feet high and 12 feet wide and cost about $56 plus shipping and sales tax from Jerry Lamb Interiors, 1323 N.W. 23rd Ave., Portland, Ore. 97210.

Remember that a room isn't just the area within four walls—it's the view too—"the next wall you see," in the words of architect Charles Moore. Shades, blinds, or a folding screen you can move across the window at night give privacy without narrowing the view. When the view is less than ideal you can still have an airy look at the windows—vertical blinds or louvered shutters painted to match your walls.

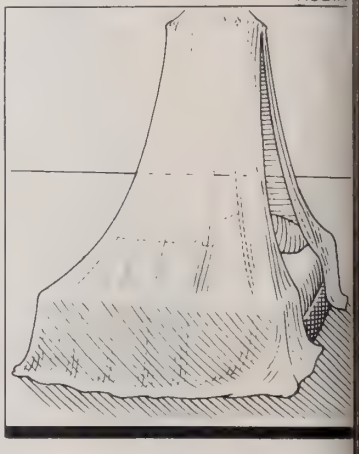
For a green curtain—install a building-supply bracing rod near a sunny window, between opposite walls, and hang baskets of greenery from it as your curtain, as artist Kenneth Noland did in his country house.

To give a windowless bath and dressing area an airy feeling, paper the walls and ceiling with peach-tinted foil that has a delicate marble pattern. Use the companion fabric for curtains, a sink skirt. "Marble" by Hinson & Company, through interior designers.

A little night decorating

A cozy way to put pattern in small spaces—texture! Haitian or Indian cottons, nubbly linen weaves, pinwale or thick-and-thin-wale corduroys, looped or velvety sheared terrycloth, polyester suede.

KUBIN



Set a bed off in its own, translucent world: Hang a canopy of mosquito netting from the ceiling: One that comes in white (R7227) or beige (R7299) is available through Aug. 30, 1979 for $67.50 ppd. from Trifles, Dept. 40315, P.O. Box 44432, Dallas, Tex. 75234.

Zen decorating (or what to do with a 7-by-11-foot bedroom): Put the mattress against the 7-foot wall to make the room look wider—right on the floor if your back can take it. Empty the rest of the room and line it lengthwise with wide matchstick blinds, hung up with a staple gun in one continuous roll to give the room rounded corners. Add a covered basket or two for storage, stacking floor pillows, a tray table desk. That's all.



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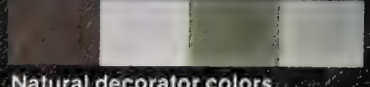




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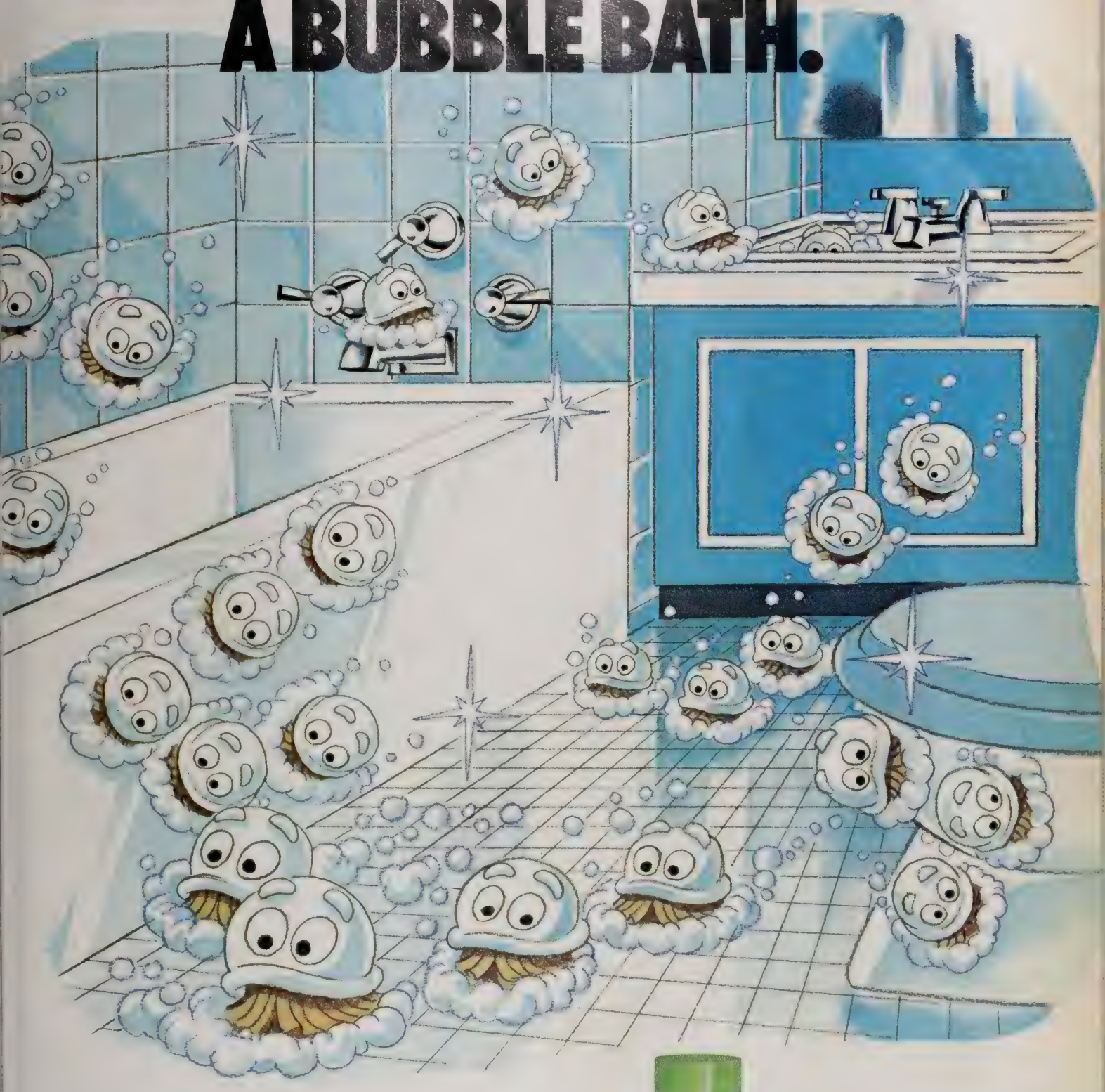
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BY DEANNE RAFFEL

Choosing the right screw to use for your projects and saving space with a door-hung spice rack

Q. With so many different kinds of screws on the market, how can I tell which to use?

A. Screws are one of the most versatile fasteners around—they provide a strong bond, are extractable and reusable if withdrawn with care. They come in seemingly limitless shapes and sizes.

The amount of work a screw can do is primarily determined by the shank—the thicker the shank, the stronger the fastener. Screws are sold according to diameter gradations from No. 0 to No. 30 (No. 10 is ¼ inch). Most hardware stores only carry diameters up to No. 12 and then classify the screw as a bolt.

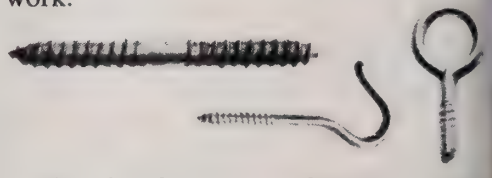
The same shank size will be available in a variety of lengths. Choose one about ¼- to ½-inch less than the total thickness of the materials you're fastening. And pick a screw with the finish you think will look best. Steel, blue-and-dipped (for moisture resistance), galvanized, brass, and chrome-plated finishes are all equally strong. The final factor to consider when picking a screw is the head type. The round head is the most common, its dome providing a deep slot to make fastening easier. However, since the head rests right on the wood or metal surface, it is not as visually appealing as the flat head, which has a tapered base allowing it to be set into the wood, flush with the surface. The oval head also has a tapered base and must be countersunk like the flat head screw. (Countersinking involves widening the upper part of the pilot hole so the screw head can "sink" down.) However, the oval head still has a partial dome—it makes an excellent decorative screw and is usually found in brass or chrome-plated finishes.

Pilot holes must be drilled for all screws—but if the screw has a gimlet or sharp point, it will create its own thread as it spirals down. Blunt end tips, found on machine screws and bolts, can only be fastened into threaded holes. Some special design screws have tips that are actually sharpened like drill bits and act accordingly. Others such as those used for fastening plastic parts, have small milled slots that clear away material as the screw is driven into the pilot hole.

Types of screws



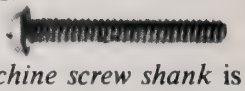
The screw most people are familiar with is the *wood screw*, usually made of common steel. Available with round, flat, or oval heads, it has a shank with two diameters—the upper third wider and smooth like a nail and the lower two-thirds threaded and tapered to a gimlet point. It's the lower part that does the fastening work since it reaches through the first piece of wood into the second. For attaching screws into walls where the screw will not pierce the other side of the wood, choose a screw 3 times as long as the depth of the piece being attached—or two times for lightweight work.



The *dowel screw* or *furniture screw*, with gimlet points and threads on both ends, is used between two pieces of wood as an unseen fastener. *Screw hooks, eyes,* and *square bend hooks* all have threaded shanks that work like sheet metal screws.



The self-tapping *sheet metal screw* will cut its own thread in thin metal, but its entirely threaded shank makes it an excellent fastener for wood, too. It has a single diameter shank and is usually seen with a pan head (a flattened version of the round head), though is made with other heads.



The *machine screw shank* is threaded the entire length of the stud and is available with most head designs. Use it only in metal where there are matching tapped threads (female threads). These screws have a different sizing system than wood and sheet metal screws—length and the number of threads per inch determine screw size along with shank diameter. When the diameter of the screw goes over ¼ inch, it is referred to as a machine bolt and is usually secured with a nut.



The *set screw* has machine screw threads and a variety of tip designs. You

Continued on page 44



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continued from page 42

will find it holding a door knob to the knob shaft, attaching escutcheons to plumbing fixtures, etc. This particular screw can be replaced only with another set screw of the identical size.

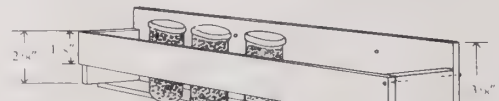
The strong *lag screw* or *lag bolt* is used to attach heavy pieces to wood or masonry (with a lag shield). Secure it with a wrench.

Fastening screws

It is a good practice to drill a pilot hole whenever you are planning to insert a screw in wood. Never use a hammer to force it—there will be no surface left for the threads to grab. Choose the proper drill bit for the pilot hole—the same as the inside diameter of the spiral thread (the root diameter). It is better to drill a hole too small rather than too big; it can always be enlarged. If the pilot hole is the proper size and the screw is still difficult to drive in, withdraw it and coat the threads of the screw with soap, beeswax, or paraffin.

Q. I'm looking for a place in my small kitchen where I can store spices. Have you any suggestions?

A. Cabinet doors are great untapped storage areas. It's easy to build a spice or condiment rack that can be attached to them. Here's one that can be expanded and altered to meet any specifications:



FALZARANO

Measure your cabinet opening and subtract 2 inches. This is the maximum size for the rack. Make the back out of 3⅝-inch lattice, the front and bottom out of 1⅝, and the sides out of 2⅝-inch lattice. Cut the pieces 2⅛ inches long. (A back saw and miter box will ensure a square cut.) Make the sides ¼-inch deeper than the jars you're planning to store. Fasten the front to either the top or bottom of the sides. Use round head ½-inch No. 2 wood screws to assemble the rack. Drill pilot holes with a No. 50 bit and fasten at the points marked on the diagram. Secure the bottom to the back with 3 screws. Attach the rack to the door with ¾-inch No. 8 round head wood screws or pan head ¾-inch No. 8 sheet metal screws.

To make a larger rack, use a 2⅝-inch strip of lattice for the bottom and make the sides 3⅛-inch long. For either rack enlarging or narrowing the ½-inch overhang space will enable you to build it exactly to size.

Beat the blackout

In an electrical power blackout this Rechargeable Light is a safety aid, with a 360-degree lens on top that directs a strong beam of light for 90 minutes. Lightweight, portable, it can be taken wherever you need it. When not in use plug it into an AC outlet to charge the battery. A red light comes on automatically when house power goes off, making it easy to locate. 1½ inches wide, 3½ high, 1 7/16 deep, it is cream and gold and sells for around $10, with a year warranty. Honeywell, Inc., Honeywell Plaza Minneapolis, Minn. 55408.



Electrical watchdog

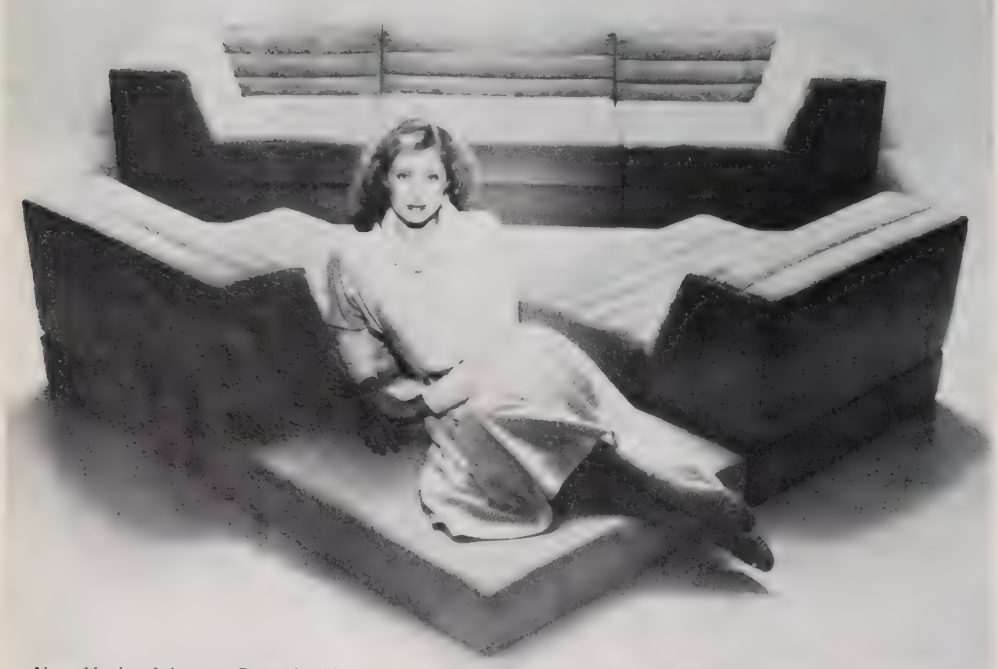
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BY RICHARD LANGER

Gardens of miniature delights

In space as small as a brandy snifter, you can grow perfect little replicas of your favorite flowers

More and more plant lovers are discovering the joys of growing miniatures, those charming scaled-down models of the flowering house plants. In some cases, it's because of the lack of space in many of today's smaller homes; in others, because the larger potted plants have already taken over the available growing space. But you don't really need a reason—miniatures are a delight unto themselves.

Foremost among the miniatures are the gesneriads, the family that includes the popular African violet. The one miniature to have, if you're growing only one—almost an impossibility once you start growing miniatures—is *Sinningia pusilla*. We have one 6-inch glass globe with some twenty of these plants crammed together. Each is no more than an inch from left tip to leaf tip. When the inch-and-a-half-long purple and white trumpetlike blossoms rise on their wire-thin stalks, they look like a field of flowers for some Lilliputian. One of these days, I'll have to till that field and transplant some of the extra specimens. We started out with just one a few years ago—all the rest were self-sown as the parent plant went to seed.

Sinningia concinna is about the same size as *S. pusilla*, but its flowers are even larger. The hybrid 'Minarette' has pink flowers, as does 'Pink Imp.' 'Patty Ann' and 'Mod Imp' have coral-salmon-hued flowers, while 'Snowflakes' blossoms are just what the name implies. And new varieties come from the growers every year.

The miniature African violets themselves need no detailing. They are available in all the flowering shades of their full-sized counterparts, and their growing conditions are the same. The only difference lies in the pots. Normally I'm a firm believer in clay pots, and the standard porous terra-cotta version is the only kind I use. It's a hard and fast rule with me—and, like all rules, it has an exception. Miniatures are it, particularly the moist-soil loving gesneriads.

Miniatures grown as individual specimens should be footed in pots to suit their size. Nothing looks quite as impoverished and silly as even the lushest 3-inch miniature in a 6-inch pot. Besides defeating the purpose of miniatures, the proportions are all wrong. The plant sits there looking small and expectant. And you find yourself waiting for it to grow in size, which, of course, it never does. Hence a small pot—and, in this case, a plastic one.

The tiny root ball around a miniature dries out very quickly. On some warm, dry days, it would be necessary to water the plant twice, or even three times, if it were in a porous pot. But since plastic does not allow evaporation, using a plastic pot brings your miniature into line with your normal two-or-three-times-a-week watering routine.

Placing a group of miniatures on a pebble tray with water below them also helps. It raises the humidity around the plants, keeping them healthy and comfortable. A pebble tray is a good idea from both the esthetic point of view and the practical one—2- to 3-inch thumb pots tend to get knocked over much more readily than their more stable larger counterparts and a pebble tray eliminates that danger. And when the pots are grouped together, you also avoid the cluttered look that sometimes gives growing miniatures the appearance of a

CHARLES MARSDEN FITCH



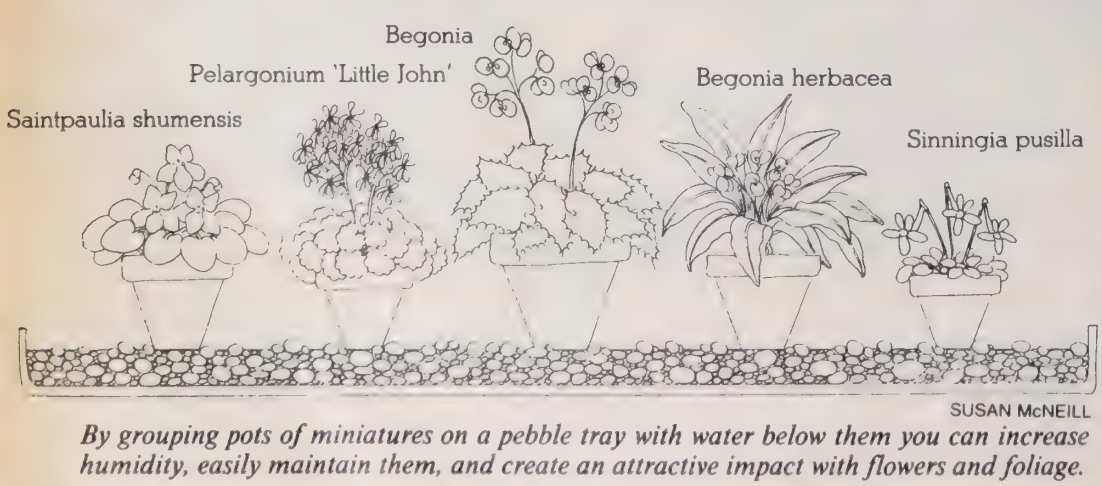
A miniature orchid like this one could find a fine home in a teacup.

doll-sized jumble sale rather than a garden of diminutive delights.

In your diminutive garden, in addition to the gesneriads, you should try some tiny begonias. Rex 'Baby Rainbow' fills a 3-inch pot to overflowing with puckered leaves of iridescent rainbows. Begonia Boweri is a rhizomatous type perfectly at home in that leftover antique cup from great-grandma's Dresden china set. Nicknamed the eyelash begonia it has chartreuse leaves fringed with minuscule white hairs.

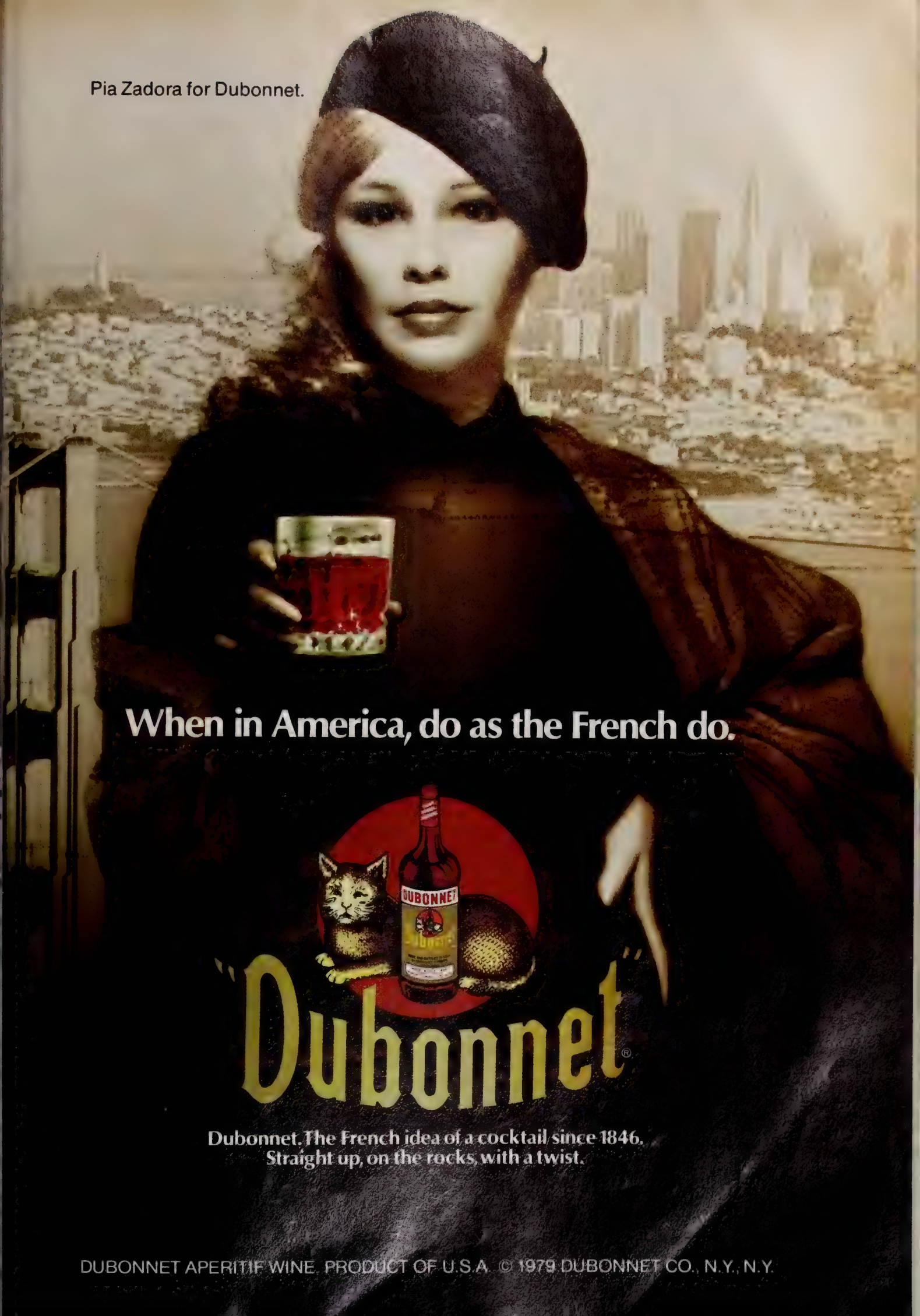
'Bow-Joe' is a profuse producer of pink winter flowers that skyrocket on 8-inch stems, while the reddish black leaves centered with a chartreuse star pattern sit comfortably within the confines of a 2- or 3-inch pot. There are numerous other miniature begonias to grow, all different in leaf and color. One in particular, *Begonia herbacea*, is a must for any collection because of its unusual leaf form. In a 2-inch pot, the plant looks more like a lily of the valley

Continued on page 4



SUSAN McNEILL

By grouping pots of miniatures on a pebble tray with water below them you can increase humidity, easily maintain them, and create an attractive impact with flowers and foliage.


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continued from page 46

than a begonia—until its typical begonialike flowers make their appearance.

Geraniums and begonias seem to go together in many people's minds. And there are almost as many miniature geraniums to choose from as diminutive begonias. Although their leaf variety is not as varied, their flowers are more brilliant in color. 'Fleurette' has deep salmon blossoms, and 'Merope,' sometimes called 'Black Dwarf' because of its dark foliage, has deep red doubles. 'Minx' has the same flower, lighter foliage, and a very dense, compact growth. It's an almost perfect miniature. You get fragrance, too, from pint-sized geraniums such as 'Lilliput Lemon' with its citrus-scented crinkled leaves.

There's a whole host of miniature roses. These, however, need to be grown separately from the rest of your collection. Being temperate in origin—rather than semitropical or tropical as the rest are—they need cooler conditions and at the same time need every minute of sun your best window affords. Also, though they need high humidity, they will rare tolerate the relatively still air of a terra ium without developing a great numb of pestilent leaf mildews. On the whole would not recommend miniature ros until you've gotten your thumb gre with other plants. When you do t them—and they are irresistible—fertili them continuously during the growi season, using a 5-10-5 solution accordi to the directions for constant applicatio

The same admonition about fertilizi holds true for all miniatures, actuall except that a balance of 10-10-10 is us ally better for those other than the rose Since the root balls and soil involved a so small, fertilizing with a dilute solutic every time you water is more effecti than the normal full-strength-once-o twice-a-month feeding schedule you ma be used to for your other house plants.

Just as roses are a specialty of the a vanced miniaturist, orchids are n something you should try as one of yo first plants. They are quite easy to gro but their flowering takes much long than that of, say, gesneriads or begoni and this might discourage you. On t other hand, once they do bloom, the will be no stopping you.

Perhaps the best of all the miniatu orchids, when it is available, is *Ludis discolor*. It is grown more for its leaf c or than for its flowers—its slightly i descent velvety dark whorl of foliage ribbed with vibrant red veins. The pla is beautiful in a terrarium with lig moss as a backdrop.

Another miniature orchid that's a d light to grow is *Oncidium cheirophoru* Although it grows to 8 inches in heigh it is a true miniature. And its sprays the brightest brightest yellow flowe from October till Christmas cheer t darkest of autumn days. If you g hooked, there are also *Dendrobium a gregatum*, the orchidy-looking *Cattle walkeriana*, and some thirty or forty ot er varieties from which to choose.

There is, in fact, no end to the mini tures you'll find, once you start looki for them—miniature bulbs for forcin miniature bromeliads, peperomias, pe laeas, oxalis, ferns, and succulents— unsanforized and ready to grow small.

A garden in a brandy snifte

Some of the smallest, most attracti miniatures are best grown in a world their own. Naturally they thrive hidd and encircled by larger plants that of a sheltered microenvironment more ge tle than the surroundings as a whol This is, in fact, why some of these plan such as *Sinningia pusilla* and the jew orchid *Ludisia discolor* are relatively cent introductions as house plants. Th were so well hidden in nature that th were simply overlooked.

The best way to grow these delica miniatures in the home is the same w they grow in their natural habitat—sh

Continued on page

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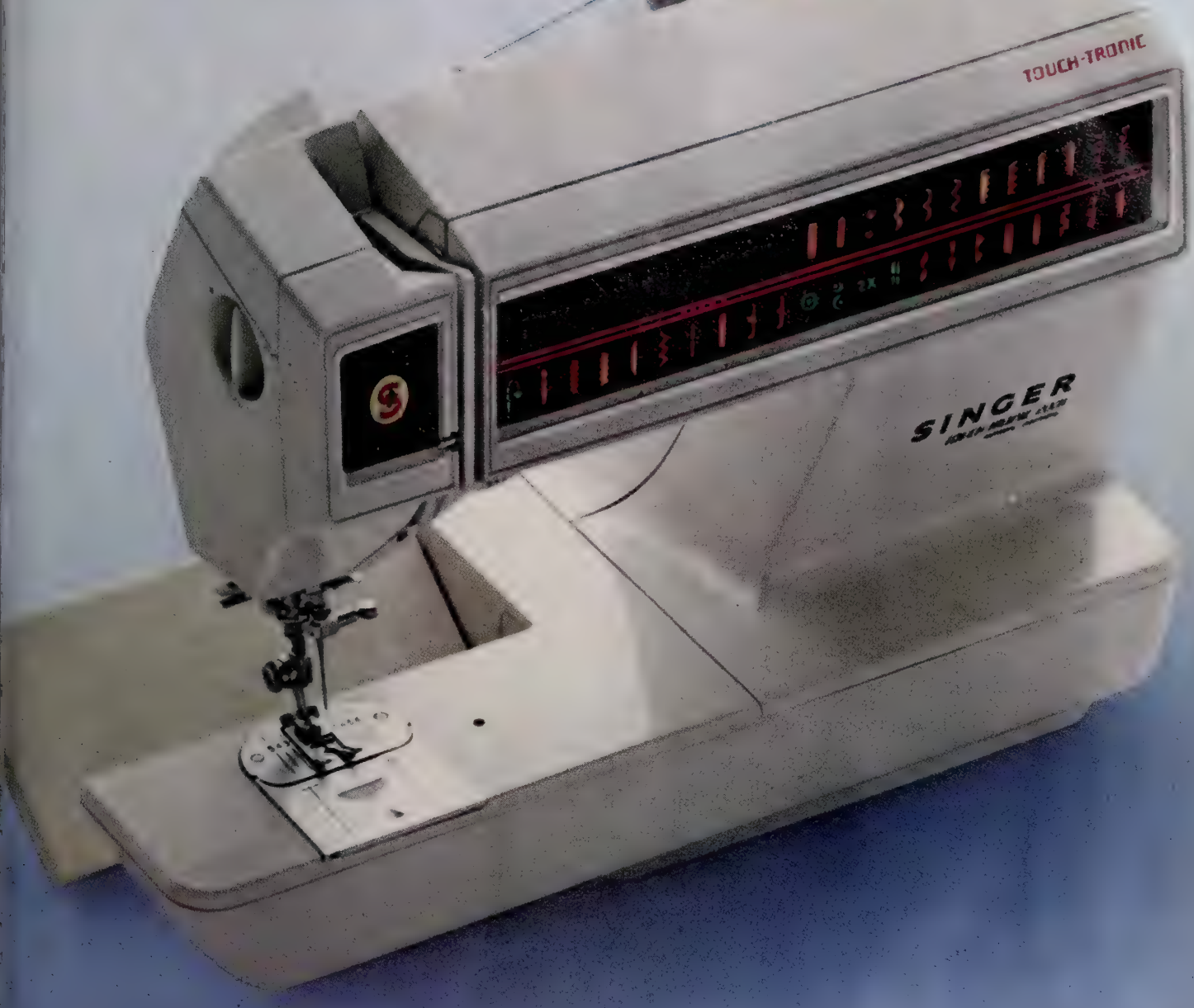

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To receive all advance announcements, plus the Christmas Catalogue described below and four more catalogues to be issued during the next 12 months, send the coupon with $1.

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PLANTS

continued from page 48

tered. But instead of hiding them behin your larger plants, make them a focus o attention by giving them a container o their own. Their environment chambe can be anything from a brandy snifte for one or two specimens to an aquariu for a whole mini-jungle of flowering ex otics. The main objective is to enclos the plants on four sides, to shelter then from drafts and drying winds. The top o the container should be partially covere as well, to keep humidity high. In th case of a brandy snifter, the gracefull curved sides reduce the opening enoug so that no further covering is neces sary—which helps to explain the popu larity of this container. Visually it's nea and clean.

For those who like high-tech design beakers, flasks, and other chemica glassware make growing chambers tha are both striking and practical. For th collector with patience at planting time individual specimens can be grown i antique bottles—only the clear ones however, as brown or green colore glass will not let enough light throug for good plant growth. Also, even if you specimen does survive, it will be rathe obscured. Other than that, the contain ers you use are limited only by you imagination.

How to grow your miniatures in thei mini world is not quite so arbitrary. B growing these plants in glass you are es sentially sealing them off from the out side world. So you are presented with drainage problem. Most glassware doe not permit excess water to seep out. In stead, the water collects at the bottom o the container and it slowly kills th plants. To counteract this problem, pu down a foundation layer of coarse grave from 3/4-of-an-inch thick on up. I've seen some very attractive displays in tal bottles with 6 or 7 layers of differently colored natural gravel topped off by soi and plants.

Excess water will collect in the gravel well away from the soil. Rising slowly through evaporation and capillary ac tion, it will help to keep the soil and th atmosphere around your miniature moist and perfect. Gravel is really th only trick to growing miniatures i glass. The soil should be whatever th plants are usually grown in. Their care i also the same as under normal condi tions, except that you will need to wate them less often. And it will be easier t see when the plants need water. Sinc the pot is clear, after a few weeks you'l learn to notice the difference in soil colo between when it's dry and when it' properly moist. It will have "water me" written all over it.

Many miniatures are available at *Kartuz Greenhouses,* P.O. Box 115, 9 Chestnut St., Wilmington, Mass 01887. ■

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BY PETER STAMBERG

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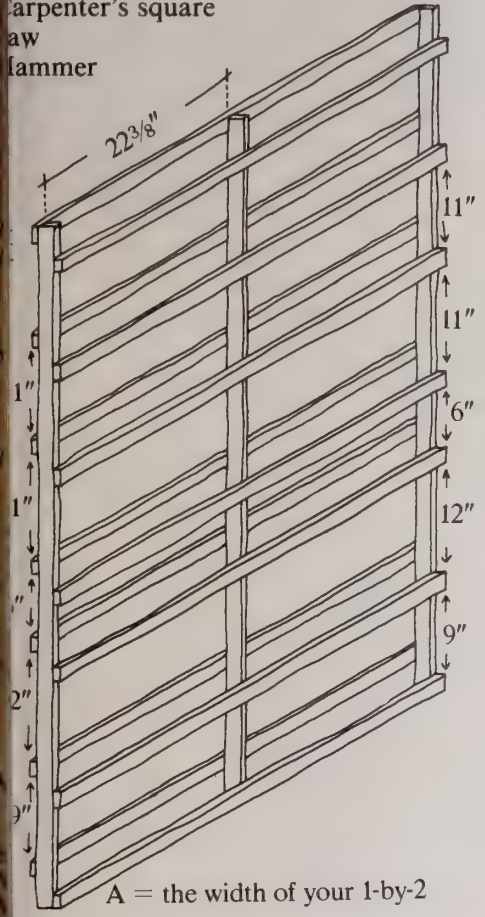
(see page 122)

Materials

±2 pine (The amounts necessary for ach component of the laundry center re listed in the instructions below. You an have the wood cut to size at a lumeryard, or, to save money, saw it yourelf. If you cut the wood, buy the numer of 6- or 8-foot lengths listed. These gures may yield some excess, so in addng up the footage you'll need, see if an--foot length wouldn't be more economcal than the 6-foot length.)..... $130.00
½-inch finishing nails (1 pound should e enough for the entire center)..... .70
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Tools

Drill with ⅛ bit
Carpenter's square
Saw
Hammer

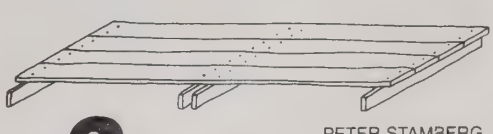


A = the width of your 1-by-2

The large wall unit (47-inch-wide wall bracket, 14-inch shelf, counter, 2 0½-inch shelves, 3½-inch shelf)

Step 1 Building the 47-inch wall bracket

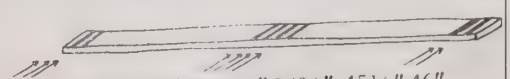
- Cut the wood. You'll need 7 8-foot lengths of 1-by-4 for 14 47-inch horizontals (7 front, 7 back) and 3 6-foot lengths of 1-by-2 for 3 verticals. (Note that after milling most 1-by-2s will measure ¾-by-1⅝ inches, but will vary from lumberyard to lumberyard.)
- After you cut the wood each time, sand it with medium grain paper, then fine.
- On the 3 verticals, mark the spots for the front horizontals on one ¾-inch edge, and mark the spots for the back horizontals on the other edge. Each set of 7 horizontals will be the same distance apart on both sides, but the back ones will be 1⅝-inches (or the width of a 1-by-2) higher—see diagram. To make sure each shelf fits snugly, the front and back horizontals must be the exact width of the wood apart. If your wood is not ¾-by-1⅝ inches, adjust the above diagram accordingly. Using the diagram as a guide, position the middle 5 horizontals. The top back horizontal is flush with the top of the verticals; the top front horizontal is 2 wood widths down. Similarly, the bottom front horizontal is flush with the bottom of the verticals, and the bottom back horizontal is 2 wood widths up.
- To mark the position for the center vertical, draw 2 lines on the broad side of the horizontals, each 22⅜ inches from the ends.
- Start 6 1½-inch nails into each horizontal, 2 that are ½ inch in from each end and 2 in the center (23½ inches in).
- Place the verticals parallel on the work surface. Run glue along them where the top horizontal will go. Nail it in place. Repeat to attach other 13 horizontals.



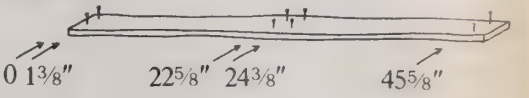
PETER STAMBERG

Step 2 Building the 14-inch shelf

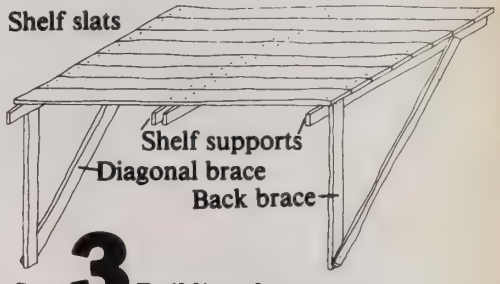
- Cut the wood. You'll need 2 8-foot lengths of 1-by-4 for 4 47-inch shelf slats; and 1 8-foot length of 1-by-2 for 4 17⅛-inch shelf supports.
- On the 4 shelf slats, draw 8 lines at the following points to mark where they'll be nailed to the 4 supports:



- Start 8 1½-inch nails into each slat as shown.

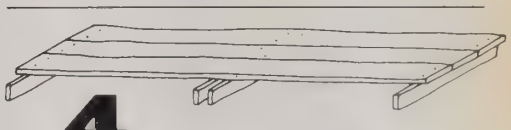


- Glue and nail slats to supports (which will protrude about 3 inches on one side).



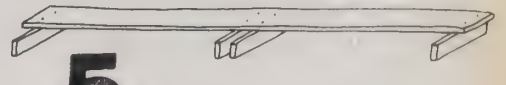
Step 3 Building the counter

- Cut the wood. You'll need 4 8-foot lengths of 1-by-4 for 8 47-inch shelf slats; 2 8-foot lengths of 1-by-2 for 4 31⅛-inch shelf supports, and 2 24½-inch back braces; and 1 6-foot length of 1-by-2 for 2 31½-inch diagonal braces.
- Mark lines for shelf supports as for the 14-inch shelf and assemble as above.
- Glue the back brace to the outer shelf supports ¾ inch from the edge of the back shelf slat and nail with 4 1¼-inch nails.
- Glue and nail the diagonal brace, first to the shelf support and then to the back brace, using 3 1¼-inch nails for each joining. Before you hammer the nails, use your carpenter's square to make sure the back brace is perpendicular to the counter shelf. When nailing, rest the braces on a table.



Step 4 Building the 2 10½-inch shelves

- Cut the wood. You'll need 3 8-foot lengths of 1-by-4 for 6 47-inch shelf slats (2 sets of 3); and 2 6-foot lengths of 1-by-2 cut into 8 13⅝-inch shelf supports (2 sets of 4).
- Assemble as in step 2.

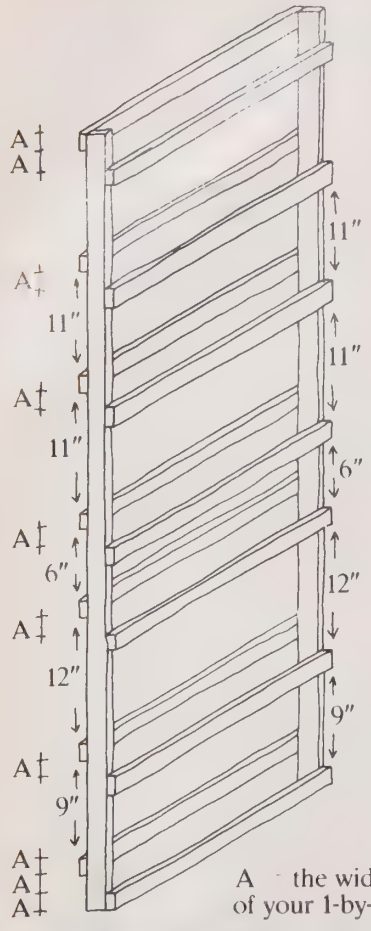


Step 5 Building the 3½-inch shelf

- Cut the wood. You'll need a 47-inch length of 1-by-4 for the shelf slat and a 28-inch piece of 1-by-2 for the 4 6⅝-inch shelf supports.
- Assemble as in Step 2.

Continued on next page

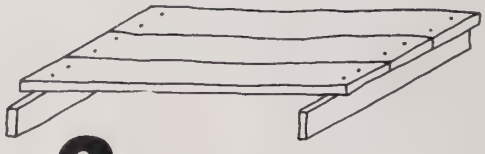
Make the working wall
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The small wall unit (23-inch wide wall bracket, 10½-inch shelf, bin, and 2 hampers)

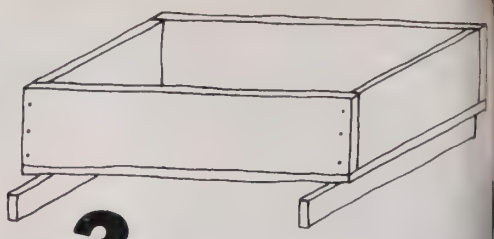
Step 1 Building the 23-inch wall bracket

- Cut the wood. You'll need 5 6-foot lengths of 1-by-2 for 14 23-inch horizontals (7 front and 7 back); 2 6-foot lengths of 1-by-2 for the 2 verticals.
- Mark the lines for the front and back horizontals on the ¾-inch edges of the verticals as in Step 1 for the large wall bracket.
- Start 4 1½-inch nails into each horizontal, ½ inch from each end. Assemble as in Step 1 above.



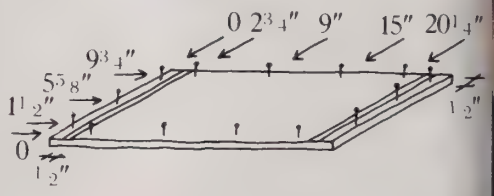
Step 2 Building the 10½-inch shelf

- Cut the wood. You'll need 1 6-foot length of 1-by-4 for 3 23-inch shelf slats; and 1 27½-inch piece of 1-by-2 for 2 13⅝-inch shelf supports.
- On each of the 3 shelf slats, draw 4 lines, 2 an inch from each end and 2 1¾ inches from each end. The ¾-inch space between the 2 lines marks the spot for the 2 shelf supports.
- Start 4 1½-inch nails into each shelf slat, 1⅜ inches from the edge.
- Glue and nail the shelf slats to the 2 supports.

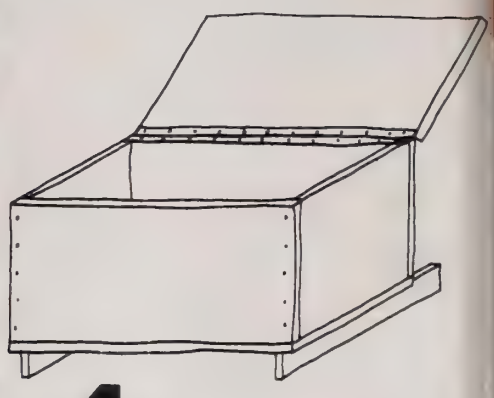


Step 3 Building the laundry bin

- Cut the wood. You'll need a 23-inch piece of 1-by-12 for bin bottom; and a 6-foot piece of 1-by-6 for a 23-inch front, a 23-inch back, and 2 side pieces. (The bin sides should be 1 ½ inches less than the width of your 1-by-12, which usually measures ¾-by-11¼.) You'll also need a 27½-inch piece of 1-by-2 for 2 13⅝-inch shelf supports.
- Mark a line an inch in on each side of the bin bottom and another 1¾-inches in. Then start 14 1½-inch nails as shown.



- Turn the bottom over, and glue and nail it to the shelf supports using the lines on the underside as guides. Nail each support with 3 1½-inch nails.
- Start 3 nails into the bin front and back, ⅝ inch from each end. Glue and nail the front and back to the sides.
- Glue and nail the bottom to the rectangular box.



Step 4 Building the two hampers

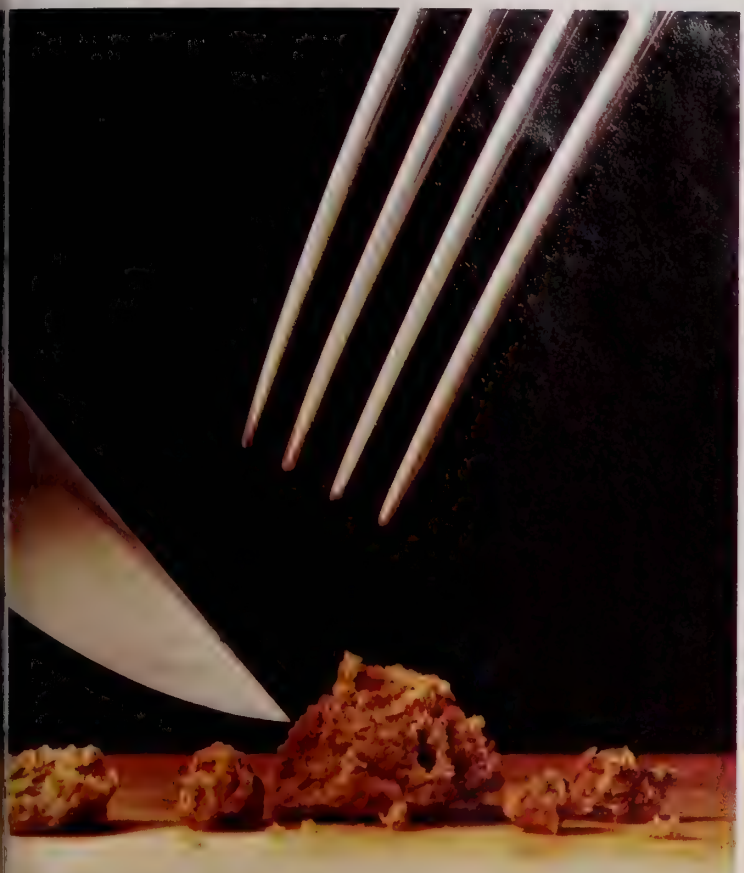
- Cut the wood. You'll need 3 8-foot 1-by-12s for 2 23-inch tops and bottoms, 4 23-inch fronts and backs, plus 4 side pieces the width of your 1-by-12 minus 1½ inches (approximately 9¾ inches).
- Start the nails in the bottom as in Step 3. Attach the supports and assemble the rectangular box. Nail the bottom and box together as for the bin above.
- Using ¾-inch flathead wood screws, attach the piano hinge to the ¾-inch edge of the bin back, and then attach it to the bin top.

Continued on page 57



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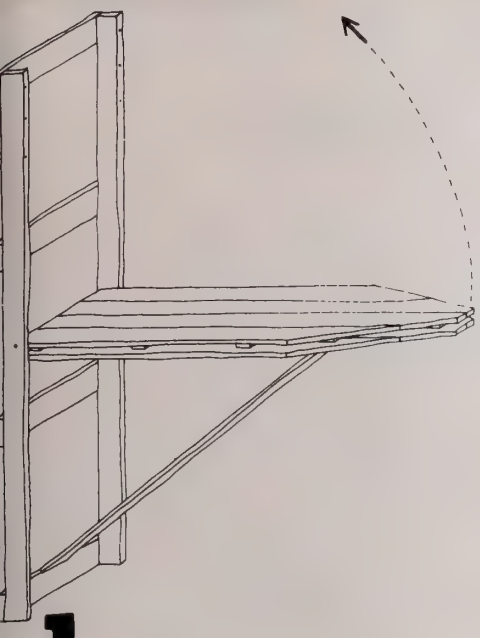
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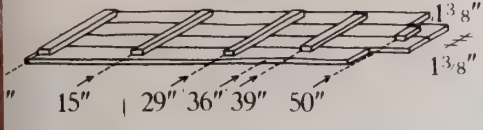
The ironing board



Step 1 Building the board

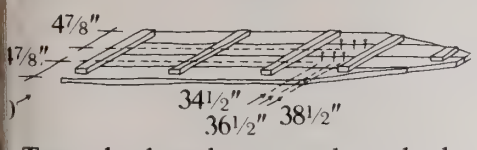
Cut the wood. You'll need 9 6-foot engths of 1-by-4 for 4 54-inch ironing oard slats (2 for the top and 2 for the ottom layer), 4 48-inch short slats, 1 9¾-inch brace, and 2 6-inch brace supports. You will also need a 4-foot length f 1-by-2 for 3 12-inch, 1 9-inch, and 1 -inch inner supports.

Arrange 2 long and 2 short ironing oard slats with the long ones in the iddle. Glue and nail the inner supports s shown below. Use 1¼-inch nails.

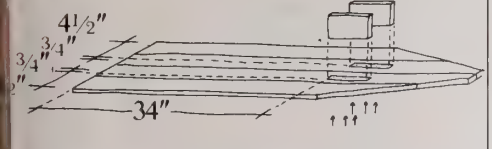


To make the ironing board point, ark a point 36 inches from the base of ie short slats and 1⅜ inches from the uter edges of the long slats. Draw a line etween them, and saw.

Start three 1½-inch nails in each of ie long slats as shown below. Make ire they protrude through the slats.

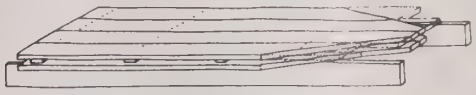


Turn the board over and mark the ositions for the 2 6-inch brace supports.

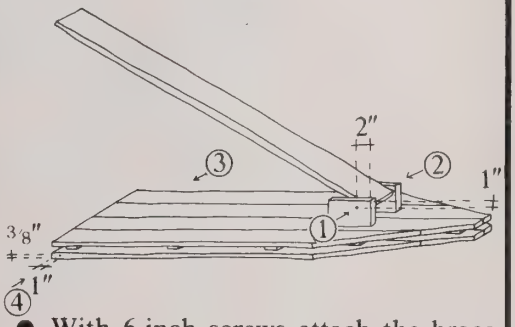


Apply glue to the supports, then tap em onto the protruding nails. Flip the oning board over and finish hammerg the nails.

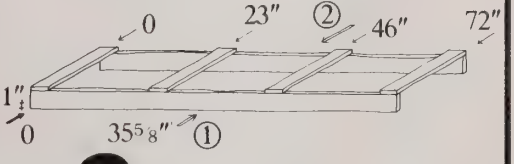
Turn the board over again, and rest it 2 uncut 1-by-4s to keep it flat. Position a second layer of slats over the first. Glue and nail them to the inner 1-by-2 supports. Then mark the ironing board point as before, and saw off the excess wood.



● Drill a ⅛-inch hole into each 6-inch brace support as shown below, and another ⅛-inch hole into each side of the ironing board brace, 1 inch from the end.



● With 6-inch screws attach the brace to its supports.



Step 2 Building the wall bracket for the ironing board

● Cut the wood. You'll need 2 6-foot 1-by-4s for the 2 verticals; and 1 6-foot 1-by-4 for 4 horizontals the width of your ironing board plus 1⅝-inches.

● Glue and nail the horizontals to the verticals as shown below.

● Drill a ⅛-inch hole into each vertical, 35⅝ inches from the base as shown.

● Drill a ⅛-inch hole into each side of the ironing board, 1 inch from the base, in the top layer.

● Attach the ironing board to the bracket with 2 6-inch screws.

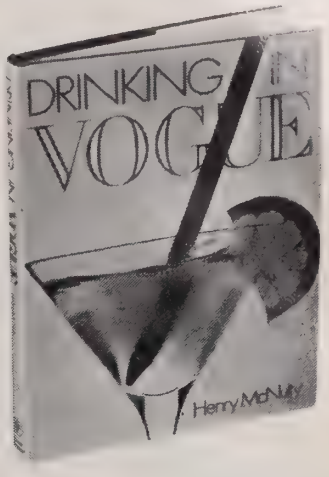
Attaching brackets to the wall

To secure the large and small wall brackets, drill three holes into each vertical, one where the top horizontal crosses it, and two where the second horizontal crosses. Attach with 4-inch screws. Use 6-inch screws to fasten the ironing board bracket. Place the unit so the screws are fastened into the studs. Use toggle bolts or Mollies if you're screwing between studs, or if your walls are plaster.

Finishing touches

If your shelves do not sit flat when inserted into the wall bracket, prop them up with a small wedge of wood. Or if they don't come down far enough, sand the top edges of the shelf supports. To attach the shelves permanently, drill a hole through the verticals and the shelf supports and fasten with a nut and bolt.

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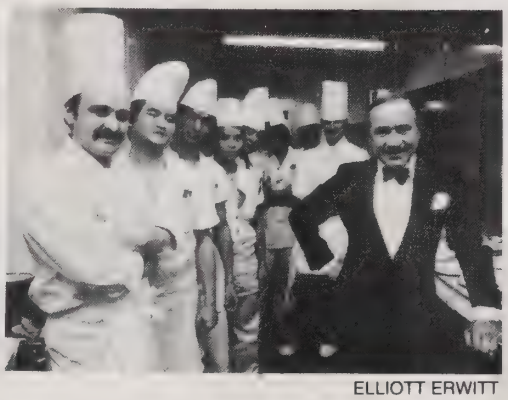
SIGNATURE HG89

Australian journey, Orient stopover, Midwest weekend, News

Luxuriate in the hotel of your dreams in Hong Kong

Last November, a House & Garden editorial team made a trip to the People's Republic of China. As the story poured forth upon their return (April '79 House & Garden), one of the sweetest secrets of the entire trip turned out to be a wonderful hotel in Hong Kong, a perfect stopover if you were going on to China (the train leaves ten minutes away) and equally wonderful if you were going no further than Hong Kong itself. Long known to diplomats, international businessmen, and bankers, the Peninsula Hotel (part of Sir Lawrence Kadoorie's Peninsula Group of hotels) is a super-





ELLIOTT ERWITT

Gerald Godfrey, Charlotte Horstmann at Charlotte Horstmann Inc., above; Gaddi's chef, Hans-Ulrich Wismer, maître d' Rolf Heiniger, and staff, right.

Ritz in the Far East. For fifty years it's been the center of Hong Kong's social life. There have always been excellent chefs at the Peninsula plus excellent service, big comfortable rooms, and an atmosphere of excitement in the lobby where everybody meets and transacts whatever has brought them to Hong Kong. Today, the hotel remains a retreat after a long journey. (Even if your plane arrives at midnight, the hotel sends a Rolls-Royce to pick you up.)

The most elaborate bedrooms look out over Victoria Harbor. More pared down are the new bedrooms built five years ago, where all the furniture is built in. Though Hong Kong is full of excellent restaurants, part of the fun of recuperating from jet lag is the pleasure of dining attractively without having to leave the hotel. Breakfast can either be sent to your room or had overlooking the harbor in a second-floor porch restaurant called the Veranda. Here you can have an elaborate Western breakfast or just a papaya and watch the junks, houseboats, ferries, and enormous ships of the merchant marine as they move through the harbor that separates Kowloon (the mainland side of Hong Kong and the Peninsula) from Hong Kong island. Gaddi's, the hotel's principal restaurant is where to go when you'd like to feast. Rolf Heiniger, Gaddi's virtuoso maître d'hôtel (he has also worked at the Mirabelle in London, the Grand Vefour in Paris), orchestrates everything in the dining room, while master-chef Hans-Ulrich Wismer, a young man, a Swiss perfectionist like Heiniger, is responsible for all of the wonders that come out of the kitchen. (Gaddi's has its own kitchen separate from the hotel kitchen.) One evening's offering: slices of pigeon breast, bird's-nest soup, crawfish ragout with little vegetables, tea sherbet, medallion of veal with tiny asparagus and cherry tomatoes, fresh pear sherbet in puff pastry with pear liqueur, glacéed fruit, tiny ice-cream candies covered with chocolate.

Down the street from the Peninsula on a pier is a shopping complex called the Ocean Terminal. Here there are over 200 shops with everything in the world for sale—well worth a whole afternoon. Like a long airplane hangar or warehouse, the terminal stretches the length of the pier and has several stories.

In the middle of it all is a shop called Charlotte Horstmann, Inc. which is run by Charlotte Horstmann and her partner Gerald Godfrey, and carries Oriental furniture and objects of extraordinary quality. The Chinese porcelain and other artifacts here give you a wonderful introduction to what you will see in China. Collectors and museums around the world come here to shop, but there are also less expensive treasures to buy for your house. Around the corner: the Friendship store where mainland Chinese crafts are for sale—jade beads, fur-lined brocade jackets, old and new porcelain, table linens, baskets of all types.

To reserve a room at the Peninsula in the United States, call 800-223-5652 or any Cathay Pacific Airways office in your area. It is often necessary to book several months in advance. N.R.

Australia: A wine and food writer's notebook of best eating, drinks, and sights

BY JOSÉ WILSON

Australia had never headed my list of Places-I-Most-Want-to-See—until I got there. I did not expect, I could never have envisaged, the actuality of this extraordinary continent, where the slick façade of 20th-century city life seems precariously imposed on the ancient, eerie, surreal landscape of bush and outback that has obsessed artists and writers since the land was settled. The contrasts fascinate. En route to the Hunter Valley from Sydney, we drove between cliffs of jagged sandstone on a road hacked out by convict labor in the last century, through an alien, harsh countryside where only the hardy gum trees can survive. Most beautiful are the ghost gums, their bark spectrally white, their limbs weirdly contorted, so that to come upon them in the dark must indeed seem like encountering phantoms.

With a population of 13 million, almost half in the three cities of Sydney, Melbourne, and Adelaide, Australia has space to burn. Even on a summer Sunday, the stretch of beaches above and below Sydney are blissfully uncrowded. Interstate highways cut across treeless wastes for hundreds of miles, with here

Continued on page 60

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and there a lone building or truck. Kangaroos, emus, koalas, dingoes, the platypus, and other exotic forms of wildlife live free in their native habitat. There are even thousands of wild camels, descendants of those imported to carry freight across the deserts. Enterprising entrepreneurs are now organizing camel safaris.

My introduction to Australia was a Qantas jet, the 16 hours flying time from San Francisco to Sydney made swifter by the camaraderie of the crew. I sampled a succession of Australian wines from the dinner menu and found that Australian wines, too little known here, are excellent, especially the big gutsy reds. Contrary to what I had heard, so is the food. With a range of climates from equatorial to cool, Australia has a vast variety of seafood, fruits, and vegetables. Australian lamb is world-famous, but the grain-fed beef is even better, with an incomparable flavor and texture. Since the liberalized immigration policy of the fifties opened the door to "new Australians" from Europe, the once-stodgy cooking has improved beyond belief. Swiss, Italians, Greeks, and Hungarians have revitalized the hotels and restaurants and many of the new generation of Australian chefs are into *nouvelle cuisine*.

Starting point: Sydney

The switch from wintry February New York to blazing summer sun banished any jet-lag fatigue. An hour after I checked into the Sebel Town House in Elizabeth Bay—a small, comfortable, personal hotel with a rooftop sauna and a pool and a fabulous French masseur to unloosen the kinks of travel—friends picked me up and whisked me off to a Sunday afternoon outdoor party in Lavender Bay, one of the enchanting residential bays that ring the harbor. The house, owned and restored from rooming house squalor by an architect, was my first glimpse of the 1880s colonial style, with its cast-iron lace balconies and cool, high-ceilinged rooms. Arched windows framed glorious views of the vast harbor, speckled with sailboats, the towering sweep of Sydney Harbour Bridge, and the sculptural lines of the Opera House, a cluster of white vaulted shells like a great flotilla moored at the tip of Bennelong Point, facing the 67 green acres of the Royal Botanical Gardens. I was later to learn that a chemical embedded in the white roof tiles reacts with rain to make them self-cleaning.

Although residents are rather blasé about the Opera House, it is something no visitor should pass up. As stunningly designed inside as out, the buildings actually are a complete arts complex for plays, movies, opera, ballet, concerts, lectures, art shows, and exhibits. The tours, conducted by well-informed and witty guides, mostly "resting" young actors, give new insights into the complicated engineering feats that brought into being the visionary, prize-winning design of Danish architect Jorn Utzon. While it took twelve years to build, most of the $102 million construction costs were underwritten by a special state lottery, a strategy our cities might well copy.

Like its Opera House, Sydney is totally water-oriented. Bayside householders park their boats in their front yards. Ferries and hydrofoils chug and skim across 21 square miles of harbor to the Taronga Zoo, the beaches and bays, carrying commuters and sightseers. There are day and evening harbor cruises with meals on board, a good way to view and get a feeling of the city. An experience I can highly recommend is lunch at Doyle's on the Beach at Watson's Bay, a popular family-style restaurant, where you eat the freshest of seafood, prepared and served at outdoor tables. Shellfish and white wine (bring your own, Doyle's is unlicensed) never tasted so good as in that sparkling, clean air. You should try everything in the seafood line while you are in Australia—the large mud crabs and smaller "blue swimmers" (like our blue crabs), scallops, abalone, yabbies (freshwater crayfish), rock lobster, prawns (large shrimp), tiny clams called "pipis," the plump little rock oysters, and the shovel lobster (the *grande cigale* of France), a weird-looking crustacean, short of claw and blunt of head that, according to the city you are in, is colorfully called Balmain or Morton Bay bug. Among fish, try the barramundi from Queensland, mullet, John Dory, and whiting.

Although Sydney is considered the most American of Australian cities because of its modern downtown business and shopping district of corporate headquarters, big hotels, and chic shops, to me it seemed more like a small town that had grown up piecemeal, a loosely connected scattering of neighborhoods, each with its own personality. King's Cross with its night clubs, strip joints, and porno bookstores has a raffish air, but right next to it is respectable, residential Elizabeth Bay. Paddington and Woollahra are the trendy, art-and-antiques areas. Good galleries for contemporary Australian art (still reasonable in price) are Barry Stern and Gallery A in Paddington, Rudy Komon and Holdsworth in Woollahra, where you'll also find The Bay Tree, a perfectly delicious kitchen shop in a mid-Victorian terrace house with a bay tree at the entrance, a vine over the door. It was here I encountered and bought, an Australian-made metal pâté mold with a spring press top to weight the pâté down, one of those valuable inventions you wonder why no one thought of before. The Bay Tree garnishes wrapped packages with a sprig of fresh herbs from the garden in back. Double Bay has expensive apartment houses, elegant boutiques, and The Grafton Galleries for antique silver. Tucked in the shadow of the Sydney Harbour Bridge is The Rocks, the oldest part of the city, a convict settlement in 1788, later a sleazy seaman's tenderloin, and now a rehabilitated and restored center for tourist activities with craft shops, inexpensive restaurants, and jazz joints like The Old Push where the young hang out.

Local opinion is inevitably divided about the best restaurants in Sydney. Brussels and Claude's are French, expensive, and highly regarded, as is the Restaurant du Parc. Le Café Nouveau in Paddington is noted for the inventive *nouvelle cuisine* of the young owner-chef, Patric Juillet. For dining with a view, it's the Summit, a revolving restaurant atop the Australia Square Tower. Good value and reasonably priced ar-

Continued on page 6



The vineyards of Mt. Pleasant, above, are in the Hunter Valley, home of many of Australia's top wineries, some of which are open to the public.

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ntinued from page 60

he Little Snail, a French bistro at Bon- Beach and Tati's, an Italian place in arlinghurst where the owner's wife oc- asionally sneaks one of her Latin- merican specialties onto the menu. (It as here that my host showed me how deal with the juicy and difficult man- in a civilized manner. Slice off each de, score the flesh in small cubes down the skin, turn the skin inside out so e cubes pop up and bite them off.) estaurants rise and fall in reputation, wners change. If you have no local iends to consult, buy Leo Schofield's liable and constantly updated guide, *ating Out in Sydney*, which gives a reakdown of all the essential informa- on and chattily describes food and at- osphere. Many Australian restaurants e unlicensed (in local parlancy, BYO, bring your own bottle), a decided as- t if you want to save money and take ur pick of wines sold in the delicates- ns, hotel bottle shops, and wine and irit stores. Some of the best Australian ines are sold in the small, selective ore at 16/18 Bulletin Place on Circular uay, owned by the indefatigable, larg- -than-life Len Evans, wine authority, staurateur, and columnist, to name st a few of his talents. Above his store has a membership-only wine-tasting d lunch club and a restaurant where you can get a plate of good roast beef with Yorkshire pudding and vegetables, a choice of wines, and a glass of champagne on the house for a modest price.

A point to bear in mind when dining out is that most Australian hotel dining rooms and restaurants are closed on Sunday because of high labor costs. Chinese restaurants and those staffed by the owner's relatives are about the only places to eat.

For a change of scene, make a side trip to the Hunter Valley wine region, about 120 miles north of Sydney. The Hunter, while not as large-scale and long-established as the better known Barossa Valley, is a pleasant place to spend a day or two. It's quiet, green and pastoral, with small farms, dairy herds, roadside produce stands alternating with vineyards (known as paddocks), and wineries, of which there are about 30 in the lower Hunter, 10 in the upper. Some, but not all, are open for tours, tastings, and sales. For lunch, try The Cellar, a screened outdoor restaurant in a shady grove at Pokolbin run by an enterprising young couple. You can stay overnight at a motel or The Bellbird Hotel in the coal-mining town of Cessnock, an old mining inn recently renovated and furnished with country furniture. Sylvester's bakery in Cessnock is famous for damper bread, a crusty, soft-crumbed, round loaf named for the unleavened bread of the bush that was baked over-

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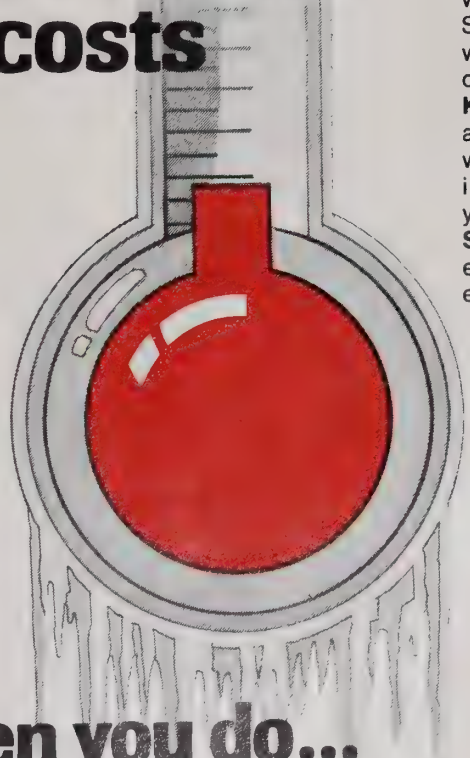
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continued from preceding page

night in a covered pot set in a scooped-out dirt oven.

On the way back to Sydney, detour off the expressway to Brooklyn on the Hawkesbury, home of the famous rock oysters, grown on piles in the river, at their fattest and best in October-November and February-March. You can lunch on a plate of freshly opened oysters at a pub called The Angler's Rest. The Hawkesbury, a lovely, meandering river with many backwaters and tributaries that empties into the ocean at Broken Bay, just above Palm Beach, can be cruised by launch or rental boat. A must for lunch or dinner is the Berowra Waters Inn on the Hawkesbury, where Tony and Gay Bilson, young and ardent practitioners of *nouvelle cuisine*, serve the most delicious and imaginative food I had in Australia. Etched in my memory is Tony's first-course salad of sorrel, endive, green beans, yabbies, and walnuts with a slightly warm dressing of walnut oil with red basil. When I was there, the Inn was only open Friday through Sunday, with reservations necessary at least a month in advance.

Melbourne, the second city

Melbourne, Australia's second largest city and the capital of Victoria, is spacious and serene, more slow-paced than Sydney. Ringed by parklands and dotted with public gardens, Melbourne has a conservative, old-style British charm—and also, surprisingly, a Greek population second only to Athens, the result of post-war immigration which brought Greeks and Italians to the city. You can get a glimpse of this if you make an early-morning visit to the 16 1/2-acre covered Victoria Market on Victoria Street, which is in operation Tuesday, Thursday, Friday, and Saturday. Alongside the shops and stalls selling Australian lamb and 'roo (kangaroo) meat, local seafood, and exotica like lemon cucumbers and the tamarillo or New Zealand tomato, are Greek, Italian, and Middle Eastern foods. Just across the street from the market are unpretentious cafés where you can get a cup of excellent espresso.

I happen to love walking cities, and Melbourne is stroller's heaven. In East Melbourne, one of the earliest and most prosperous suburbs, are streets and terraces of graceful 19th-century houses—privately owned and not open to the public, but you can admire the exteriors. That's but a step from the Melbourne Hilton, should you be staying there, where you can pick up a brochure identifying the houses. High Street has some of Australia's best antique shops, specializing in Australian Victoriana and some European antiques. Two of the best I visited were Hydra Antiques and Graham Geddes. Good buys in Australia, if you are looking for something different, are antiques, contemporary Australian art (a gouache in a show of the work of Ray Crooke, who paints powerful Gauguinesque scenes of the North Coast of Queensland, was around $450), aboriginal handcrafts, opals and other semiprecious stones, leather, and fur.

Spare a morning to wander through the 88 acres of the Royal Botanical Gardens, off St. Kilda Road, with its blaze of flowers, glades, and ornamental lakes. Right opposite is The National Gallery of Victoria, which has to be one of the loveliest and most restful of modern museums. A curtain wall of water at the entrance masks street noise and cools the building in the summer. An exceptional stained glass ceiling floats over the main hall and pads are thoughtfully arranged on the floor, so you can gaze upward without getting a crick in your neck. Among the usual museum exhibits is a panoramic collection of Australian art from the 19th century to the present that traces, in a variety of styles, the will lure of the landscape. Check to see if there are any special exhibits. I saw an Australian crafts show and a fascinating photographic exhibit of Mawson's, Scott's, and Shackelton's Antarctic expeditions, with one amazing sequence captioned and signed by Shackleton, of the Endeavor being crushed by the ice, a slice of history captured in the camera's eye. You can lunch here in the restaurant or cafeteria.

The best of the city restaurants is undoubtedly The Two Faces in South Yarra, run by Hermann Schneider, a Swiss who trained in Europe, came to



The Hawkesbury, a lovely, meandering river, is home of the famous rock oyster

Australia as a chef for the 1956 Olympic games, and stayed. The cooking is European, with an emphasis on the best and freshest produce of the day, personally selected by perfectionist Hermann, and the wine list is superb—Schneider is also a partner in W.J. Seabrook & Sons, 575 Lonsdale Street, the finest wine store in Melbourne. I was also enchanted by Vlado's, a steakhouse with a difference. Vlado, the Croatian owner-chef supervises a huge charcoal grill at the far end of the tiny dining room, bringing to your table plates of roasted red peppers and spicy Croatian sausages and the best

Continued on page

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Following Darwin's trail: cruising the natural wonders of the Galapagos Islands

The Galapagos Islands, where Charles Darwin formulated his theory on evolution, are now readily accessible from Los Angeles, Chicago, New York, Boston, and many other cities in the U.S. The best way to see the islands and the incredible wildlife they harbor is still the route Darwin took—a boat trip round the islands. Here is a first-hand account by John Wickland of Phoenix, Ariz., of such a trip.

The rugged little volcanic islands that make up the Galapagos straddle the equator 600 miles west of Ecuador. They are still a world in transition. Carefully preserved, they are essentially an Ecua dorian national park. The number of vis itors is limited and the only practica way to visit them is on an escorted tou You can fly to Guayaquil, Ecuador o Braniff or Ecuatoriana Airlines. Fro there, TAME, a local Ecuadorian ai line, flies you to the islands where th best accommodations are on shipboar We stayed on the M/V Iguana whic carries about 60 passengers. Three natu ralists are on board to point out th wonders of the islands.

The Iguana touches a number of is lands. It's not deluxe, but the crew i more than friendly and the food out standing (banana soup, Ecuadorian cof fee). Our shipmates came in all shape and sizes—from seven-year-olds t grandmothers. We took our five-day vis it in mid-June when the equatorial sun i hot but pleasantly cooled by the se breezes.

The Galapagos are still forming an the creatures that inhabit them are con tinually evolving, too. The flightless co morant, unable to oil his feathers, i becoming like the penguin. The marin iguana, unlike his land cousin, has devel oped into an efficient water creature. O nearly every island, there is a differen variety of Darwin's finch with a bea adapted to the food on its particula island.

The naturalists on board the Iguan brief you before you visit an island o the kinds of wildlife you will see. On thing that strikes you immediately- none of the creatures are afraid of hu mans. All paths on the islands ar marked and no one strays from them "Take nothing, leave nothing but you footprints" is the guides' admonition.

Before going, here are some tips:

- Read everything you can about th islands.
- Take twice as much film as you thin you will need—you'll never want to b without your camera.
- Be prepared to feel like an intruder o the islands. They belong to the birds an the reptiles. You are their guests an they tolerate you as one of the many spe cies. They do not fear man—yet.

For complete information, write Th Galapagos Tourist Corporation, 88 Seventh Avenue, New York, N.Y 10019. ■

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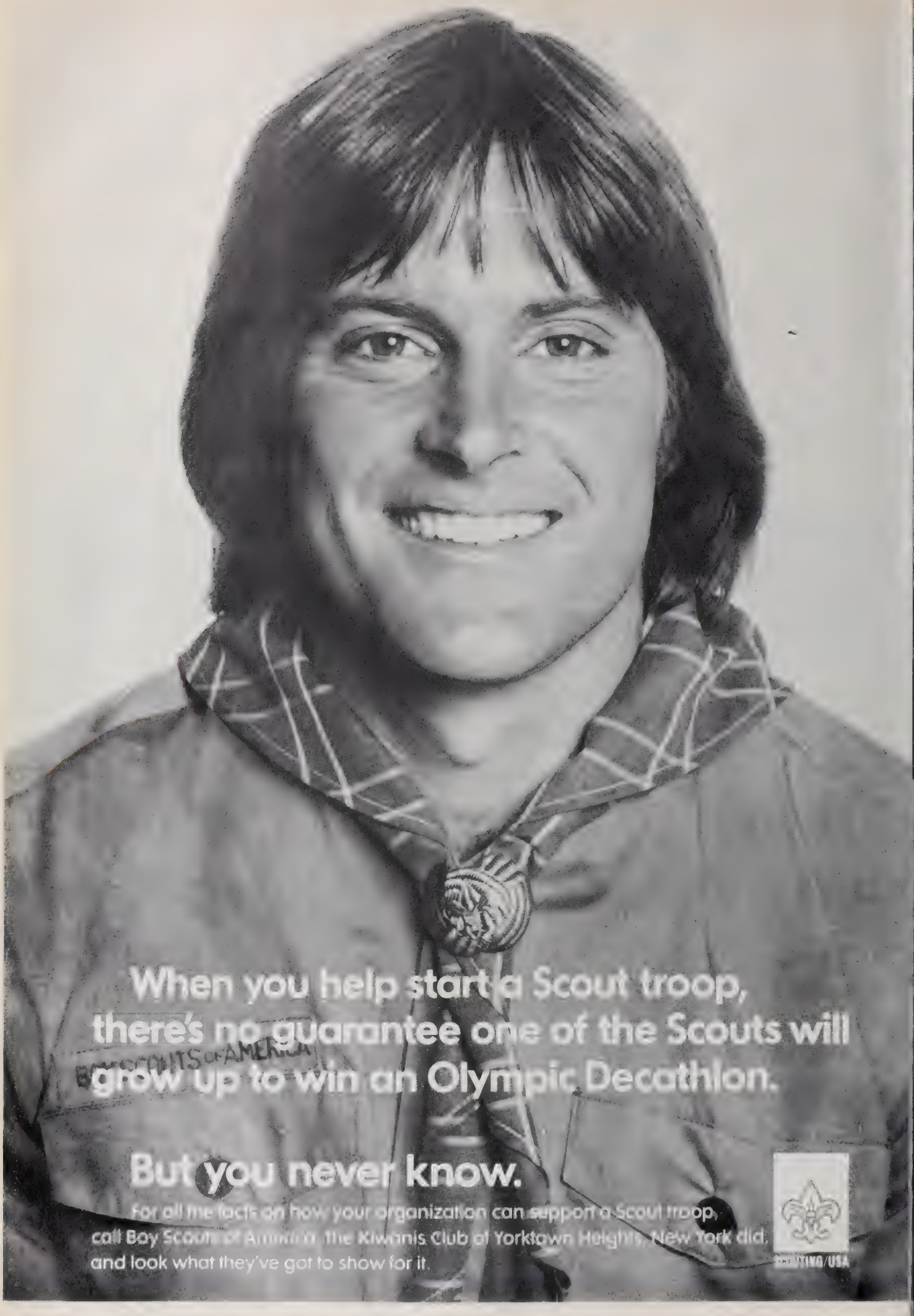


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"So, like my competition, I depended on io, local newspapers and the inevitable ghborhood grapevine.

"But as my business began to branch out n corsages to conventions, bouquets to nquets, I wanted a media buy that would ch more successful businessmen without ping too far into my advertising budget.

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than Sydney and Melbourne, sprawls across a 40-by-4-mile area. It's so uncrowded that only recently have houses been built on the hills and what we would think of as valuable downtown corner property is frequently occupied by a one-story pub. While not a place to spend much time in, it is a good base for side trips to wine valleys, mountains and wildlife reserves, Kangaroo Island's beaches, and outback tours to Central Australia and the opal fields.

Although my restaurant experience in Adelaide was limited, I can recommend Benjamin's on War Memorial Drive for a great view of the lake and equally great seafood, including South Australia's own rock lobster and super-fresh local whiting cooked in every imaginable style. Benjamin's dessert list has that Australian classic, Pavlova, a froth of meringue with strawberries and cream. Chesser's Cellar, fun for lunch downtown, is a wine bar with simple, hearty buffet food, a stunning old blackwood bar, and a clientele of businessmen, wine men, and journalists.

It's just 45 miles from Adelaide to the Barossa Valley, largest, oldest, and best-known of the wine regions. Settled by Lutherans in 1842, the Barossa is solidly German in architecture, atmosphere, food, and dialect—Barossa Deutsch. Most of the famous winery names are here: Orlando, Leo Buring, Penfold, Saltram, Seppelt, the Kaiser Stuhl Co-Operative, and the valley is geared to the tourists who flock there for tours and tastings. Most imposing of all the wineries (and so unexpected as to be hilarious) is Seppeltsfield, the pseudo-baronial estate of the founder, Joseph Seppelt, which is approached by long allée of imported palm trees. Apart from wineries, the Barossa has art galleries and antique shops, German restaurants like Die Weinstube, and in the town of Angaston, a factory where you can buy superb sun-dried Australian apricots and other dried fruits.

Continued on next page

GOING PLACES

tinued from page 64

f I had in Australia, a k flavorful rump steak n grass-fed beef, picked to er from a glass case and led to juicy perfection. For nique experience, it's Bax- Provender on Sage's Road Baxter, about an hour's e from Melbourne, where young men have turned 1853 farm cottage with the cal sloping corrugated tin f, wide verandas, and tiny ms into a very personal, y little restaurant fur- ed with Victorian cottage iture. Dinner is by reser- on only on weekends for ties of from 6 to 12. Each up has one of the two pri- dining rooms. There is menu, no wine list (it's O), and you should count spending the whole eve- g at table enjoying a stag- ng succession of courses, ked according to inspira- and the day's provisions Alastair Herbert and an- nced and served by his nd, Camilo. The cooking xtremely good—although the amount of food is rather overwhelming—and much of the provender is raised in the gardens around the house. Again, the best source of current information about restaurants is the local guide, *Eating Out in Melbourne*.

There are many side trips within easy reach of the city. The Dandenong Ranges, wooded slopes an hour's drive east, offer lakes, rhododendron gardens, a revolving restaurant, nurseries, pottery, and antiques shops. Ballarat is a restored 19th-century gold-mining town and Emu Bottom a restored pioneer homestead of the 1830s. Healesville has a large wildlife sanctuary. For more elegant architecture, you don't have to go farther than the city. Como, a Georgian mansion purchased by the National Trust with much of the original furniture, is in South Yarra, overlooking the Yarra River.

Adelaide, the third city

Adelaide, more provincial



continued from preceding page

A longer, but worthwhile trek is to Robe in South Australia, about a three-hour drive on Princess Highway. Robe is where the rock lobsters are caught, their huge tails frozen and exported, and it could be a New England fishing village except that the accent is Australian. I could happily have spent two or three days on the beaches and rocky shores. As it was, I had to settle for a choppy trip out into the ocean on a lobster boat and a lunch of fresh-from-the-water lobster, split and broiled whole, and Coorong mullet from the backwater inlets at the Caledonian Inn, a restored 1858 pub run as a hotel by Ken and Rhonda Whitehead. It's a darling place with six spanking-fresh bedrooms, dining room, a tap room with a stone fireplace, and old photos of Robe, and a small suntrap patio at the back paved with 4-inch cross sections of pine set in sand, an idea copied from the stables, where it was used to clean the horses' hooves.



CLI (U.S.A.) LTD

Melbourne, Australia's second largest city, has an old-style British charm.

From Robe it was back to Adelaide, then to Sydney for the Qantas flight home, the end of a trip that had been all too short. I felt I had barely scratched the surface of this huge continent. There is still so much I itch to see—the islands and underwater life of the Great Barrier Reef, Alice Springs and the outback, the tropical shores around Darwin, Brisbane's Gold Coast—and more I want to do, like taking a camel safari, a lazy cruise up the Hawkesbury, the cross-continental Indian-Pacific Express. That will all have to wait until next time.

Getting there

A Qantas 747-B flies daily from San Francisco to Sydney-Melbourne with a stop in Honolulu. (Some people like to get off in Honolulu, spend a few days on the beach, and continue on to Australia a few days later on the same Qantas flight.) The U.S. domestic carriers provide good connections to San Francisco from cities around the country. For the first time this year, there are budget fares to the South Pacific. They vary from season to season, so check Qantas for the most advantageous fares. ■

Going Places, continued page 70

What paradise tastes like.

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Take a Victorian walk on a modern main street

BY PATRICIA BROOKS

A world away from the whirl of Chicago—but just an afternoon's drive—is Galena, Illinois, an old trading town still as it was in the 19th century, thanks to the restoration efforts of its residents. Galena was once the commercial and cultural center of the Northwest Territory and hit its stride in the mid-1880s when the local lead it mined (and shipped down the bustling Galena River) supplied almost the entire U.S. When the lead mines were exhausted, progress by-passed Galena and so did modern architecture. The result: a splendid neoclassical and Victorian town that's not a museum.

Galena quite definitely has a life of its own in the 20th century. It is home to scores of craftsmen and artists who have turned the old stores and offices that line the curved center of town into handsome shops and restaurants. And refugees from Chicago and preservation-minded local residents have joined forces to restore the old Galena houses they live in. Even the utilitarian buildings on Main Street—which looks like you always thought Main Street should—are fine examples of 19th-century life.

The Great Galena Tea Company, a restaurant on the ground floor of the historic DeSoto Hotel, is one of the best examples of the recent renovation efforts. Exposed brick interior walls, enormous macramé wall hangings, lots of hanging greenery, sturdy oak tables scrubbed of all finish make the restaurant contemporary without disturbing the framework of the 1855 building. The food is light and freshly prepared. From the balcony above, Lincoln gave a speech in 1856, and Stephen Douglas campaigned from it in 1858. When Ulysses S. Grant was running for president, he made the DeSoto his campaign headquarters. Streams of celebrities have passed through the hotel doors. The present owners are undertaking restoration of the hotel room by room.

You can stay at the DeSoto or in one of two attractive Victorian houses in the hills overlooking the town. The Victorian Mansion, now a hotel, is sparsely and attractively furnished with turn-of-the-century flair. The Stillman Manor, across the river and up another hill, is an ambitious and appealing restoration where you can sleep and dine as well. Stillman was a dry-goods merchant who outfitted wagons heading west. A close friend of Grant's, he entertained Grant and other generals at dinner. At both these hotels, a double is about $25.

A few steps down the same street is General Grant's house. Built in 1859 as a modified Italian villa, it was presented to the Grants in 1865 as a present from the town. Today it is state-owned, open free to the public from 9 A.M. to 5 P.M. daily.

If you go for a weekend, be sure to explore the side streets lined with prosperous, gingerbready Victorian houses, Poke through the town's 25 antique shops, watch the hand-operated presses cranking out replica newspapers at the Galena Gazette Museum & Printery on Main Street, where you can read a feature article Lincoln wrote for the Gazette. Then visit the Illinois Central Depot, a brick treasure of an 1857 building, from which the Grants left Galena for the White House, and also, the Stockade, the town's oldest landmark, where settlers clustered for refuge during the Black Hawk War.

If the weather's good, canoe down the gentle Galena River or take a sightseeing excursion on the Lady M, a twin paddlewheeler. In summer, don't miss the Farmer's Market on Saturday mornings. In mid-June there's an Arts and Crafts Festival. The last weekend in September is the Historic Houses Tour that includes both simple Cornish miners' houses (restored and furnished with American antiques) and also Belvedere, a 22-room Victorian marvel, the town's most imposing house. Grant's pre-Civil War house, still privately owned, is often a part of this weekend tour.

How to get there

Take the train—Amtrak runs daily from Chicago to Galena. Or if you're driving, Galena is 160 miles from the Loop in Chicago, 15 miles from Dubuque, Iowa on U.S. 20. ■

NEWS

Nonstop wonder—flights across the Pacific

One of the speediest ways to get to Hong Kong from the U.S. is to pick up Pan American's nonstop flight from San Francisco. This is one of five super-distance trips (5,000-6,000 miles without a refueling) that Pan Am is operating around the world with a fleet of ten specially designed 747's. Called the 747 SP, it's a lighter, shorter version of the standard 747, with more fuel capacity, roomier cabin design, and a huge first-class section. (Each of the 42 first-class seats reclines to 60 degrees and has a footrest. Seat rows are 5 feet apart.) Economy class has been pared to a roomy section of 220 seats. The San Francisco-Hong Kong trip takes almost 15 hours. There are two movies, two meals, two snacks, and according New York writer Karen Cure, who recently back from a trip to the F East, time—wonderful time—to let yo mind wander. This is what she had tell us about her trip:

"We took off up into the sunlight—t sun that would never set for the ent journey. The length of the flight does p culiar things to my sense of time. T disorientation was one of the things loved most about the trip. Suspended a never-never land between the hous hold whirl I'd left and the imperatives the journey I was beginning, I had t leisure and peace of mind to read, do and dream, plan, dine unhurriedly wonderful light meals (like lunch rig after takeoff: stir-fried chicken and veg tables, ripe California fruit). There we piles of newspapers and magazines. had brought Jane Austen. The luxur the sheer pleasure of all the free tin And then there were the wonderful r clining seats that seemed to induce slee Tip: Drink lots of water—jet cabins a always dry, but on long flights you rea notice it. I applied moisturizer often both hands and face, lip gloss to m mouth, and when sleeping, a handk chief soaked in hot water over nose a eyes." N.R.

Artpark

Each summer, ten minutes downriv from Niagara Falls, a 200-acre park turned into an outdoor studio. Artis from the famous to the just-plain ima native, set up outside so visitors c watch the artistic process. But the apt named Artpark is not just for spectato Each day there are workshops whe some of the artists teach their specialti and you try your hand. And across t park, musicians, mimes, storytellers, a poets are waiting for audiences. Artpa is an art adventure—and part of the f is roaming and discovering all that is g ing on. Make your first stop the inform tion center; armed with a daily sched and good walking shoes, explore. Bri a picnic (there are tables and grills in t north end of the park), or lunch at t snack bar in the theatre complex. Af dusk, Artpark takes on a new look: B lets, plays, and even a jazz festival a scheduled in the indoor/outdoor theat The park is open Tuesday-Sunday, no to 6 P.M., until Sept. 3. Write Artpa Box 371, Lewiston, N.Y. 14092 for a l of events and theatre happenings.

Trip pix

Seeing things for the first time gives all a photographer's eye—and n there's a book especially designed f travelers testing their photographic te niques on new places and faces. *How Take Better Travel Photos* by Lisl Den gives you a primer on what lenses to u as well as expert advice on how to ca ture people in a photograph, plus how approach a landscape. The final chap

Continued on page











WAYSIDE'S New Garden Styles For Next Spring...

Get a preview of next Spring's "New Look" for the garden, from Wayside's Fall Catalog—84 pages of glowing true-to-life color—a real pictorial encyclopedia. Wayside, America's finest horticultural catalog, features the best in new bulbs including Daffodils, Tulips, Hyacinths, Crocus and others. Also, hardy perennials, trees, and shrubs for your grounds.

We have searched the world over to bring you new and improved strains that will perform better, provide brighter color, better habit and give a distinctive look to the garden.

Our New Fall Catalog not only offers you the best in the plant kingdom but it provides a world of comprehensive cultural information to assist you in making your garden the most beautiful and the most fashionable. Here are five of the new exciting features you'll find in the 1979 book.

DAFFODIL RED HAWK. (Bottom Left) From the breeding workshop of Mr. Grant Mitsch comes this new beauty. A spectacular orange red flat cup, glowing against a yellow perianth 3 inches across of very good form and substance—found only at Wayside.

DAFFODIL SORBET. (Bottom Center) Like a luscious dish of sherbet with lemon and orange topping, this new Wayside Exclusive from the Leenen Hybridists will whet your appetite. 3 in. flowers are split Corona type, 16 inches high.

PHLOX NORAH LEIGH. (Right) Perhaps the most striking garden Phlox we have ever observed, with handsome variegated foliage—golden yellow toward the outside of each leaf, with irregular dark green centers. A compact grower, it bears dense heads of white flowers, each with a tiny pink center.

PARDANCANDA NORRISII. (Top Left) Developed from a long series of crosses between Pardanthopsis (formerly classified as an Iris) and Belamcanda (Blackberry Lily), this splendid newcomer produces Iris-like plants with a wide range of flower colors including blues, purples, yellows, reds, oranges, and fabulous combinations of these colors and more. A Wayside Exclusive.

AMELANCHIER HYBRIDA CUMULUS—SERVICEBERRY. (Top Center) A new, vigorous hybrid between Amelanchier canadensis and Amelanchier laevis that grows to a single trunk without suckers. Named because of the great masses of white flowers, resembling summer clouds, that appear early in the spring. Red fruit follows in July, while the red and orange fall color and gray bark make it attractive all year.

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Phil & Linda Barlow
Bristol, Indiana

STYROFOAM brand insulation instead conventional sheathing can keep your energy costs under



Molded polystyrene foam, sometimes referred to as "beadboard", varies in quality. It has an irregular internal structure that often contains voids between beads. It is less efficient as insulation in certain applications in a wet environment can moisture accumulation which further reduces insulation performance.

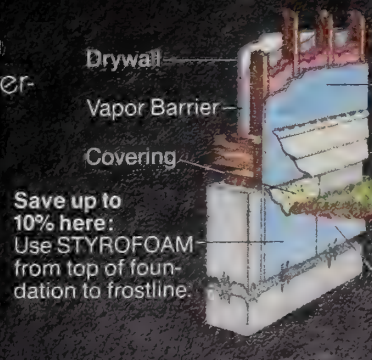
STYROFOAM extruded polystyrene foam has consistent quality. It has a uniform internal structure without voids, so that it retains its insulation performance—and moisture resistance. And its extra stength better resists handling abuse and vandalism.



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STYROFOAM Brand Insulation,
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DOW Styrofoam*

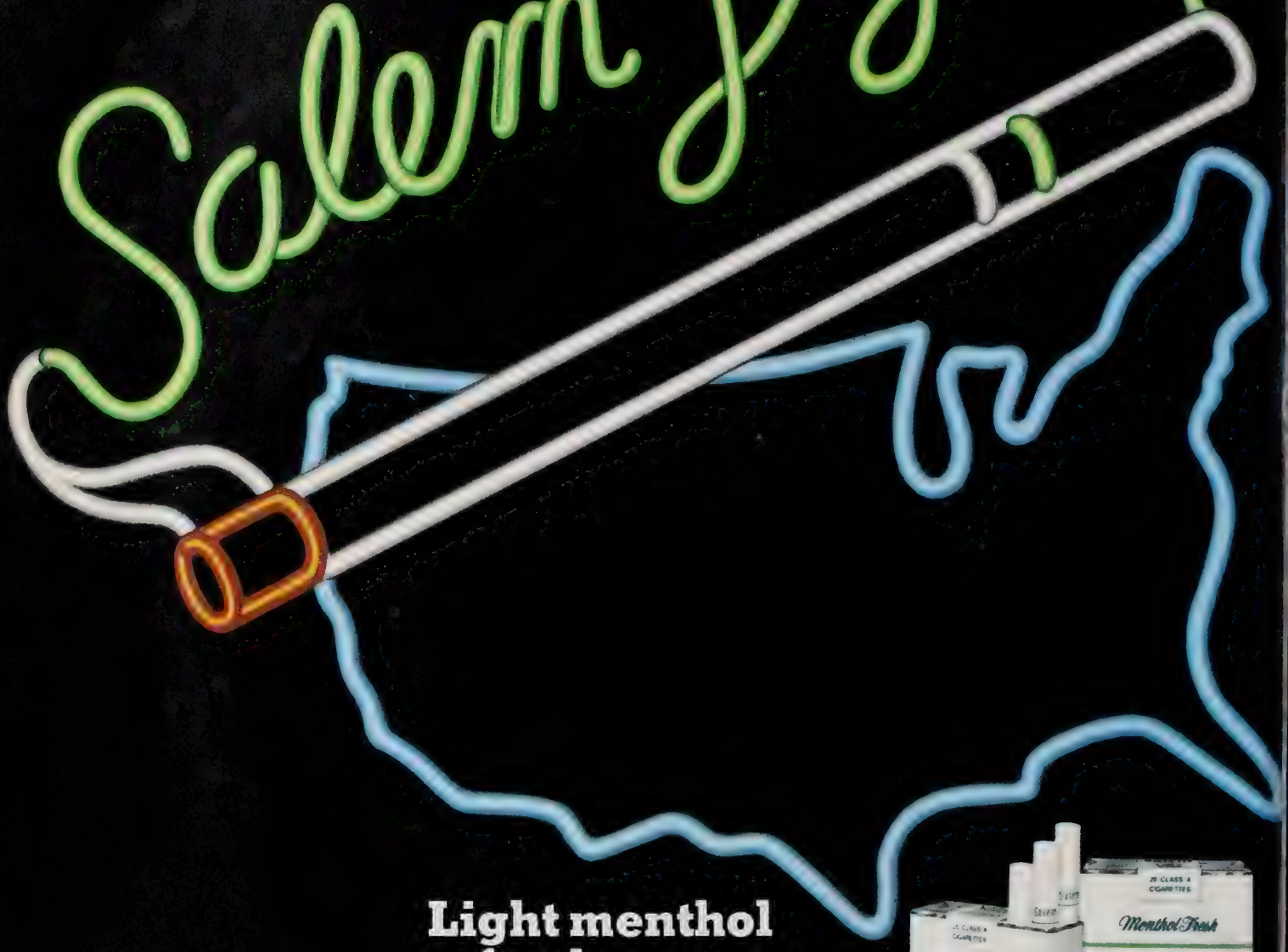
*Trademark of The Dow Chemical Company

n 1" STYROFOAM insulation from roofline to frostline versus ½" wood fiberwood from roofline to 14% is the frame wall savings as determined in tests of actual full-size typically insulated, unoccupied Columbus, Ohio. 10% is the basement wall savings (5% if STYROFOAM is used only from groundline ne) calculated according to the 1977 ASHRAE Handbook to a depth of 3 feet below grade. Actual avings will vary and depend on such factors as climate, fuel type and heating system, workmanship, esign, and living habits of occupants.

G: STYROFOAM brand insulation is combustible and should be properly installed. For residential tion, a minimum of ½" gypsum board interior finish should be used. For specific instructions see Dow available from your supplier or from Dow.

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GOING PLACES

ontinued from page 70

leals with the problems of composing a ood picture on the spot and taking ad- antage of chance happenings. $8.70 pd. from HP Books, Dept. HG89, Box 367, Tucson, Ariz. 85703.

Restaurant tip

Dinner at La Residence is too good to niss, if you are in the Durham-Chapel Hill area of North Carolina. A young nd talented cook, Bill Neal, and his vife produce a changeable and imagina- ive menu, according to the best seasonal roduce and the moment's inspiration. Appetizers: a creamy, spinach custard inged by an assertive sauce studded vith scallions and diced tomato; a good âté; melon slices on dark green lettuce vith red grapes. Entrées: lightly bread- d, smooth-textured sweetbreads; gigot f lamb grilled outdoors; or tender, weet scallops. Desserts: raspberry, or- nge, and mint sorbet in tulip pastry hells; a walnut cake jelly-roll wrapped round a whipped cream filling; and the est, *best* espresso ice cream made fresh very day. Open six days, dinner only, losed Monday. Liquor by the drink and good wine list. La Residence, 220 West Rosemary, Chapel Hill, N.C. 27514 919-967-2506). PENELOPE W. LINCK

Booklets to help you plan your trip

. Explore **Thorn Birds Country**—first he farms and dry country around Syd- ey—then head north to the tropics— he Great Barrier Reef (stop for lunch in he jungle). All on a 17-day tour planned y Qantas and the Australian Travel ervice.

2. Galena, Illinois, Visitor's Guide, prepared by the local Chamber of Commerce, tells you how to get to all the historic houses in town (including Ulysses S. Grant's) and where to shop.

3. 20 Interesting, Educational and Sometimes Even Amazing Trips to Take in Illinois starts with 3 itineraries through Chicago and gives you 17 other ways to explore the state, with trips from 85 to 2,500 miles long.

4. Some of the best hotels in the Far East are run by **The Peninsula Group**, which takes its name from the famous Peninsula Hotel on mainland Hong Kong. But in Manila, Singapore, and Repulse Bay, Hong Kong there are other Peninsula Group hotels to try.

5. HRI's Directory of the Leading Hotels of the World describes all its member hotels, which range from Topnotch in Stowe, Vt. to the Villa Medici in Florence, Italy. All you need to know about more than 100 de-luxe hotels in 23 countries. ($1)

6. Missouri: what to see—from Mark Twain's boyhood home in Hannibal to the Nelson Art Gallery in Kansas City. Plus water skiing on Ozark lakes and camping in 38 state parks.

7.. A list of the **Preferred Hotels** includes The Pierre in New York City, the Pontchartrain in New Orleans, and covers member hotels in 19 American and 3 Canadian cities. Also included, a brochure on Salt Lake City's Preferred Hotel, the Hotel Utah.

8. Ride a Mississippi River boat, spend a day at an Indian festival, listen to New Orleans jazz—all in **America Central**. (5 states: Arkansas, Kansas, Louisiana, Missouri, and Oklahoma.)

9. Find out about the dinosaur tracks in Hondo, cowboy antics at the West-of-the-Pecos Museum in Pecos (the museum building used to be a wild-West saloon), plus what to do and see in almost every city in **Texas**.

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August, 1979

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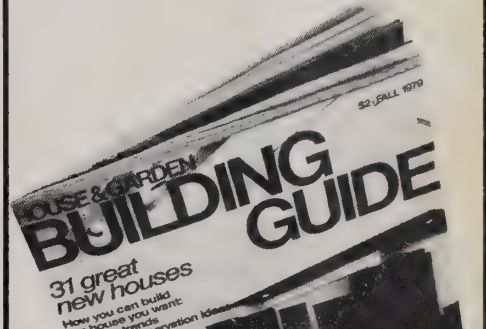
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BY PAUL GROSS

How to add to your parents' retirement income and save on taxes

Plus the advantage of two safe-deposit boxes, money you didn't know you had, amending your tax returns

It's no great news that the people who have been most hit by the high rate of inflation are retired people, many of whom have to live on a fixed income. Hardly anyone, but especially retirees, was prepared for the kind of inflation we now have, and what might have seemed a comfortable retirement income a decade ago may well be less than adequate today.

We all want to help out our parents, but many of us make two very common mistakes: We either give them money or income-earning property. If you give money, you have to do it with after-tax dollars. If you're in the 50 percent bracket, for example, you'd have to earn $2,000 for each $1000 you give them. And if you give income-producing assets, you will saddle your parents with the burden of managing the assets.

There are better ways to help out your parents. Some will even help you save on income taxes as well as help them pare down their estate taxes. Here are a few possibilities you might look into:

1. If your parents have property that doesn't generate any income, consider buying it from them—either on an installment basis or for a private annuity. For example, you might buy their vacation home or some antiques that they planned to bequeath you. Or you might buy the house they live in. Whatever you do, consult your tax attorney or accountant, so the deal can be set up in a way that will be free of IRS hassles. For example, if your parents continue to live in the house, be sure to charge a fair market rent. And if you plan to resell the property, have an accountant help you figure out your capital gains liability—it can be very tricky.

Your parents will be able to spread their capital gains on the transfer over a number of years. If they sell their principal residence, they may not even be liable to a capital gains tax—thanks to the new $100,000 exclusion on capital gains for the sale of principal homes by people 55 or older. So they'll get more after-tax income to live on. (If you use an installment sale, make sure the amount you pay your folks in the first year comes to no more than 30 percent of the total sales price or the IRS will not allow the installment sale.) If you buy the property, it will be removed from your parents' taxable estate, which means a lower estate tax, leaving more for their heirs. And finally, there's no gift tax to worry about, because it is a sale, not a gift.

2. You might also consider giving them your partnership interest in a tax shelter that is starting to generate income instead of tax-deductible losses. That will help you both. You will be spared the problem of additional unearned income that could throw you into a higher tax bracket; they will get the tax shelter's income. Ask your accountant about your gift-tax liability in this transaction, and make sure you won't trigger a depreciation recapture, which could happen if you give your parents an interest in a real-estate tax shelter. When depreciation is recaptured, it is taxed as unearned income, at up to a 70 percent rate.

3. You could give income-earning securities to a charity's pooled income fund and name your parents as beneficiary. The beneficiaries receive a pro rata share of the income generated by the fund's assets.

When you give the property to charity, you'll get an immediate tax deduction based on IRS actuarial tables. The amount you'll be able to deduct depends on the amount of the income and the life expectancy of the beneficiary. When the beneficiary dies, the property will belong totally to the charity, unless you name yourself or someone else as a secondary life income beneficiary. However, if you do that, you'll dramatically lower the amount you can deduct when you make the contribution.

If you have someone else as the income beneficiary, you will be liable for a gift tax on the actuarial value of the gift—the income stream your benefic ry is expected to receive. And since it a gift of a future interest, you won't able to use your annual $3,000 gift-t exclusion to shield yourself from part all of the tax. However, you can beat t gift tax liability by retaining the right revoke the life gift. The income the ber ficiary receives is then a gift of a prese interest—which can be covered by t gift-tax exclusion. If you do that, part the donation may be taxed in yo estate.

4. You could also create a short-te trust for your parents, which is set for at least ten years and a day a would pay them any income the assets it earn. Since they, and not you, rece the income, they'll be liable for the t on the income they receive. But chanc are they'll pay little or nothing sin they will be in a very low tax brack When the trust ends, all the assets in revert to you.

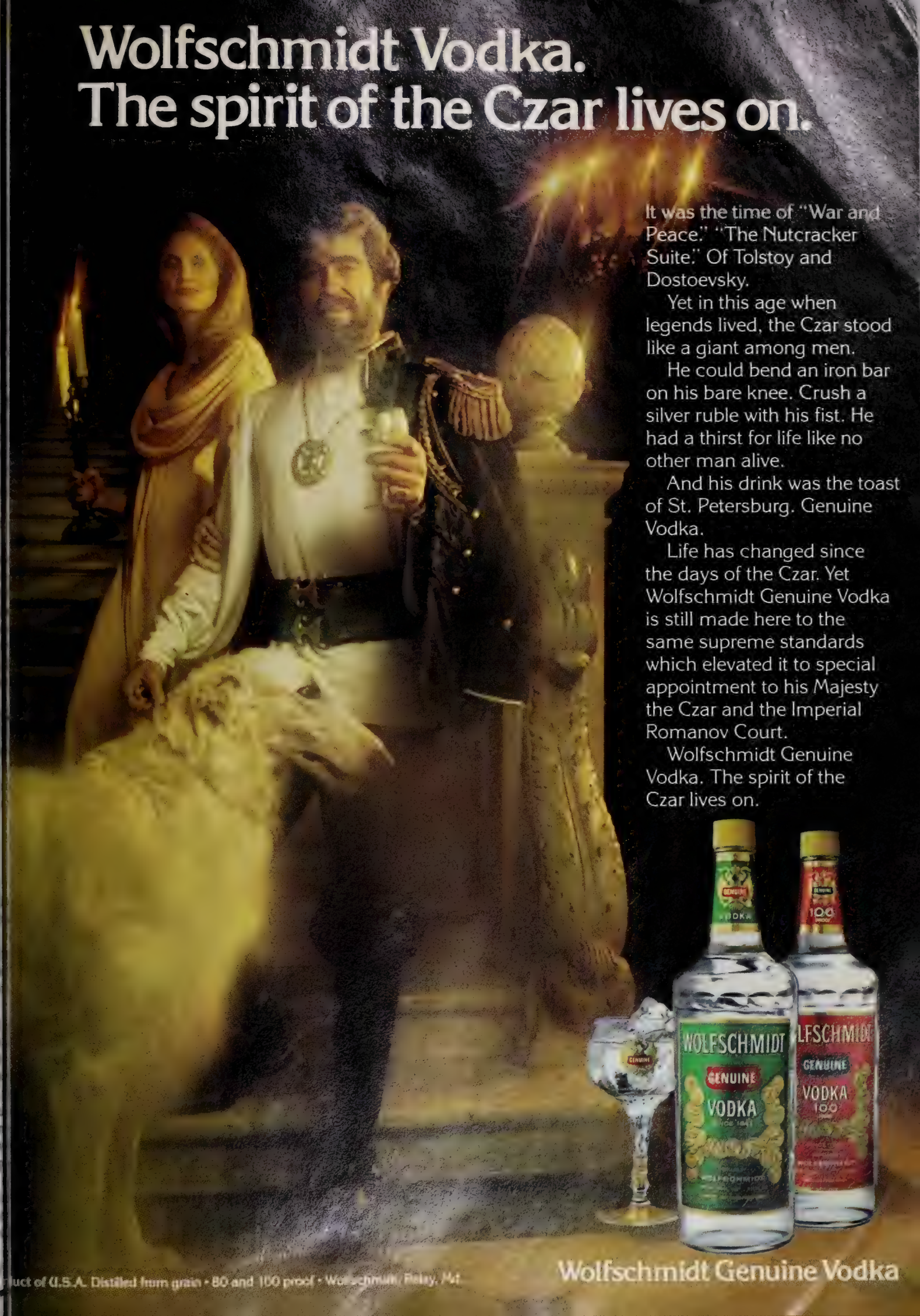
5. Finally, you might consider givi an interest-free loan. The tax liability f any income earned by the money y lend your parents will be shifted them. If you make out a formal lo agreement, the money they owe you w be paid by their estate.

Why you need two safety-deposit boxes

If you store important papers in a sa deposit box, you should consider renti a second one in your spouse's name. many states, a safe-deposit box is temp rarily sealed when the person who re ed it dies. After the contents of the b have been examined and other legal quirements met, it is opened again whomever shared the box with yo Even though the delay may amount just a week or so, it will still preve your spouse from getting some of the p pers needed immediately. If you ha two boxes, one in each of your nam you could use your spouse's safe-depo box to store your will and other impo tant papers and, by the same token, s could use yours for hers. However, ta ing out one box in both your nam won't work. The box will be sealed aut matically if either of you dies.

Continued on page

Wolfschmidt Vodka.
The spirit of the Czar lives on.



It was the time of "War and Peace." "The Nutcracker Suite." Of Tolstoy and Dostoevsky.

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Wolfschmidt Genuine Vodka

duct of U.S.A. Distilled from grain • 80 and 100 proof • Wolfschmidt, Relay, Md.

continued from page 76

Money you may not know you have

If you have let a whole-life insurance policy lapse for some reason, you may be in line for a pleasant surprise: The policy's cash value build-up or savings element could be quite large, depending on how long you've owned the policy.

When a policy lapses, the insurance company sends out a series of reminders, which usually give you a number of options: (1) continue the policy; (2) cash it in for its paid-up cash value; (3) use the cash value to buy a paid-up life insurance policy; or (4) use the cash value to buy an extended term policy.

If you ignored the reminders, as many people do, the company probably used your policy's cash value to pay for an extended term policy for you. If that doesn't fit with your insurance needs, contact the company, ask it to terminate the policy and return any cash that's left to you.

Tax briefs

If you filed your 1978 tax returns and discover an overlooked deduction, you can still take it. All you have to do is file Form 1040X—an amended tax return that can be used to correct returns up to three years old. You simply refigure your taxes after taking the new tax deduction into account.

However, you'd be wise to file only if the deduction you overlooked is significant. Amending a tax return can mean, for one thing, that the return you're changing will be looked at again—and that could start an audit if something's amiss. And, it starts the clock on the statute of limitations all over again—giving the IRS more time to check into last year's return.

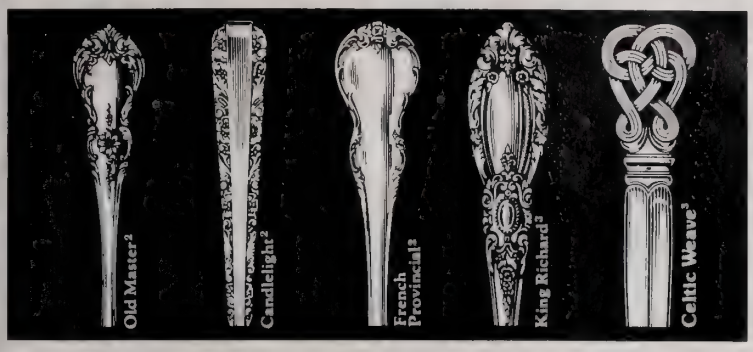
Title insurance saving

If you're buying a house that has been sold before within the past five years, you might be able to save on title insurance. The company that wrote the title insurance for the house may have a special reissue rate, since it really doesn't have to go through the process of another full title search. Ask the seller where he bought title insurance and ask the company if there's a special reissue rate—many companies don't mention the lower rate unless you ask. ■

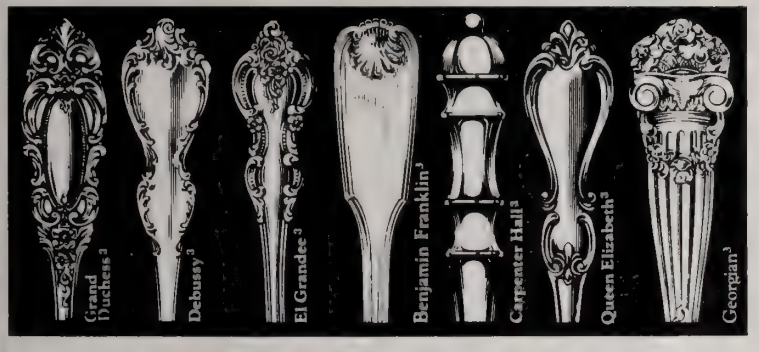


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Place Spoon	68.00	34.00	75.00	37.50	86.00	43.00
Cream Soup Spoon	68.00	34.00	75.00	37.50	86.00	43.00
Iced Beverage Spoon	60.00	30.00	68.50	34.25	79.00	39.50
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Gravy Ladle	138.00		150.00		167.00	
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Tablespoon	122.50		141.00		162.00	
Tablespoon, Pierced	122.50		141.00		162.00	
6 PIECES TOTAL	$ 644.50	$ 322.25	$ 716.50	$ 358.25	$ 813.50	$ 406.75
HOSTESS SET # 2						
Nut Spoon	56.50	SALE PRICE	66.00	SALE PRICE	78.00	SALE PRICE
Cheese Knife	55.00		61.00		69.50	
Sauce Ladle	68.50		74.50		84.00	
Jelly Server	69.00		74.50		84.00	
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Eat your weeds

How to eat healthfully and thriftily is something that everybody thinks about. Here's a gardener who has a novel plan: If weeds are becoming a nuisance, eating them is the best revenge.



EMMERICK BRONSON

Mary Shadow Hill gathering vegetables and edible weeds for her family of nine

Dr. and Mrs. David L. Hill have a shady old house in Southport, Conn., but they garden in a sunny quarter-acre of a friend's field. "If you're always cultivating and planting as we are, you have a constant supply of young tender weeds even in midsummer," says Mary Hill, a lecturer on nutrition and gardening. "It's a shame when people make themselves frantic fighting weeds. There's a lot of flavor and nutrition in wild things. Many of the best weeds were brought to this country by colonists who used them for food and medicine. The idea is not to let them overpower your other plants. Confine yourself to weeds you like. Pull up unwanted weeds and drop them in paths to be walked on until shoveled up in spring as humus for the mounded vegetable beds. *Never* eat any weed you're not sure of, particularly feathery ones that might be hemlock." Here are some family favorites.



Chickweed
Stellaria media

Description: 1"–2". Creeping, dainty form; tiny starlike flowers.
Kitchen use:
Tastes like raw green peas. Stir–fry or braise. Salads. Ingredient for green shake (see Violet).



High mallow
Malva rotundifolia

Description: 2"–12". Small geranium-like leaves. Sometimes called cheeses. Rabbits prefer to vegetables.
Kitchen use:
Braise. Salads. Use seeds to thicken soup and to nibble. High in vitamin A.



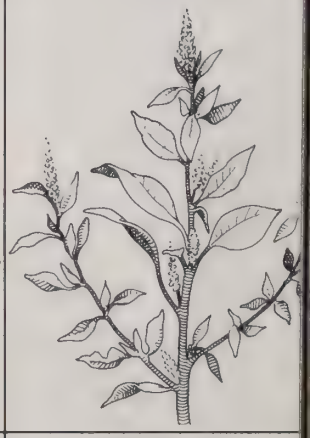
Lamb's-quarters
Chenopodium album

Description: 1'–7'. Triangular leaves, goosefoot-shape. White-powdered. Related to spinach and beets.
Kitchen use:
Braise or stir–fry. Salads. Sprout seeds; grind or add whole to bread.



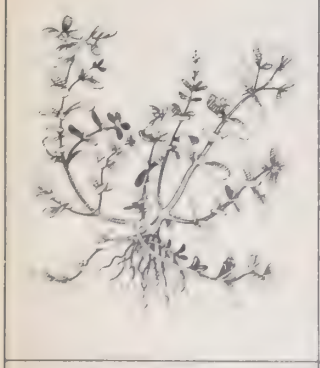
Milkweed
Asclepias syriaca

Description: 3'–5'. White sprouts, not red, are best. Pod contains silken-haired seeds.
Kitchen use:
Never eat raw. Braise young tips, 6"–8", like asparagus. Braise young bud clusters.



Pigweed
Amaranthus retroflexus

Description: 1'–8'. Coarse mild-tasting leaves. Black seed spires used by American Indians.
Kitchen use:
Stir–fry or braise young leaves. Add seeds to flour for bread.



Purslane
Portulaca oleracea

Description: 1"–3". Creeping with fat water-holding leaves. Indians used as ground cover for corn.
Kitchen use:
Crunchy, slightly sour. Braise with other greens. Thicken soup. Pickle.



Sheep sorrel
Rumex Acetosella

Description: 1"–12". Leaf like an arrowhead. Red flower tassel. Grows in acid soil.
Kitchen use:
Tart, lemony taste. Soup. Salads. Good with cottage cheese. High vitamin A and C.



Narrow dock
Rumex cripus

Description: 1'–4'. Wavy long leaves with coarse rib. Brown seed spikes; yellow taproot.
Kitchen use:
Strip from rib. Best mixed with other greens for cooking and in salads. High in vitamins A and C.



Winter cress
Barbarea vulgaris

Description: 1'–2'. Shiny young rosettes, not bitter in fall or winter. Yellow flowers in summer.
Kitchen use:
Stir–fry or braise. Salads. Flower buds are edible. High in vitamin C.



KUBINYI

Violet
Viola odorata

Description: 6"–12". Heart-shaped leaf. Delicate, edible flower.
Kitchen use:
Salads. Green shake: Add handful violet leaves plus mint or chickweed to cup of pineapple juice in blender. Vitamin A.

To braise, Mrs. Hill suggests: Bring to boil ½ cup water with 2 tablespoons butter. Add greens, lower heat, cook until tender.

It's nice having friends you can depend on.



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Quality you can depend on. Just like a friend.

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BE CHOOSEY



While covering the ground-breaking ceremony for the 1904 World's Fair, cub reporter Phinie Sheppard forgot herself and lit up a cigarette.



It was her first scoop.

You've come a long way, baby.

VIRGINIA SLIMS

Slimmer than the fat cigarettes men smoke.





15 mg "tar," 0.9 mg nicotine av. per cigarette, by FTC Method.

Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

Fashions: Ralph Lauren

How to get more living space from the space you have

Small space is becoming as American as apple pie, and we are all trying to find ways to cope with it. First, it's essential to develop a respect for the people you live with—one person's inalienable right is another person's invasion of privacy. Second, you should master the art of storage—the most practical challenge of small space is where to *put* everything you need in your life. Finally, remember that small space responds to the intriguing paradox of flexibility plus discipline—by all means turn the hall closet into an office, but once installed, you'll have to be a very tidy worker.

None of this is easy, but human beings are resourceful and infinitely adaptable. If panic sets in, be comforted by Leonardo da Vinci's reassuring observation: "Small rooms or dwellings set the mind in the right path; large ones cause it to go astray." To help you keep your mind in the right path, here is a neat pile of less-is-more ideas that will work to make the most of your space at home.

Make space move—paint walls House & Garden Sky Blue to make them look farther away, suggests designer Joseph Lembo. Put tables and seating on casters. A space for living should be a living thing—adaptable to various functions and moods.

Give a living area the feeling of two rooms in one, says designer Samuel Botero. Divide it with a freestanding, two-sided storage unit with closets, a pantry, kitchen counterspace, and a pass-through opening for easy entertaining. To turn a big bed into a sofa during the day, put it on casters and roll the top end into a recess built into the storage unit. Store pillows inside quilted covers, and you have a pillow-backed sofa.

To learn how to make much of a small space, look for books and examples of Japanese art at libraries and museums. The Japanese are past masters at making interiors and gardens—miniscule arrangements that both rest and delight the eye: *Shibui,* elegant simplicity.

For small-space pattern—tiny tiles. Remember the white-and-black tiles in your grandmother's bathroom? You have more than 40 colors to choose from with American Olean Tile's ceramic mosaic tiles—they come in 1- and 2-inch squares and in 2-inch hexagons, pregrouted, backing mounted, or loose.

For small-space parties, cut down on courses. And make one course cold to streamline top-of-the-stove work and clean-up.

Save counter space—pick multi-purpose appliances such as food processors that work hard for their keep. If you do a lot of baking, get a wall-hung scale.

Scour the hardware store for space-savers—modular under-cabinet drawers, china stackers, refrigerator can and bottle cubbies. Put lazy Susans in food cabinets so nothing's forgotten in back where you can't see.

Quick-change counterspace: Buy a metal-edged drafting board that'll fit over the front of the sink when you need extra work space, store tray-style against the wall. Most art-supply stores have them or can special-order them for you.

A mower made for small yards—Toro's new 20-inch electric monofilament mower/trimmer. It has a low profile and weighs just 30 pounds so you can maneuver it around borders and bushes with ease. Another plus: It's quieter and has fewer moving parts than conventional garden mowers.

Double a garden view outdoors. Replace the glass panes in a garage or powder room window with mirror—a surprise of light and reflection!





The appeal of small

There are reasons why small rooms beckon us, and cozy feels so good. Here, psychologists explain the need for small spaces, and decorators tell how to make them work

BY CAROLINE SEEBOHM

IN A KITCHEN, THE SMALL-SPACE APPEAL OF COLOR AND CRAFTS

Left: "One of the nicest things about small spaces is that you can make them so inviting," says designer Sister Parish, who made her own country kitchen look even smaller than it really is. "I wanted it to be a cozy family room," she says—and so she filled it with family treasures: collections of pottery, a painted tôle rooster found on a trip to Italy, and needlework rugs on a painted floor—a Parish trademark. The needlework wing chair has a footrest that used to be a milking stool until Mrs. Parish covered it with a needlework she stitched herself. Behind her pet Pekingese on the painted chair, a pet cat she also stitched.

HORST

Our first nine months of life are spent in a pear-shaped space approximately 7.5 centimeters long and 5 centimeters wide. It is sometimes said that we spend the rest of our lives trying to get back into it. There is no doubt that some of our warmest and happiest feelings are connected with small, cozy rooms, filled with things we love, enveloped by a warmth and security that cannot be reproduced in a palace or a ballroom.

What is the lure of small space? How does it relate to our growing fears about overcrowding, and the gradual eating up of our planet by buildings and people? Why did the economist and ecologist, E. F. Schumacher, call his best-selling book, *Small Is Beautiful*?

These are vital issues these days, and international experts are trying to come up with ideas to solve the problems of living in a shrinking world. But the extraordinarily cheering thing is that small space turns out to be not only inevitable, but *desirable.*

This is not just House & Garden putting a Pollyanna face on things. Talks with psychologists involved in research on overcrowding, density, and space, confirm the good news. "We have consistently found that the amount of space is *not* the most important thing," says Kathleen Love, an environmental psychologist at the City University of New York Graduate Center. "It's the people who share the space."

In other words, we can adjust quite readily to limited space, provided we organize it around the people with whom we live. Lynn Paxson, another environmental psychologist at the Graduate Center, who is

Continued on page 86

studying architecture at the Pratt Institute and is a member of the Interiors Work Group, agrees. "It's purely a question of organization. Families must work it out. Rules about personal space, where children play, where each family member can be private, are the salient factors in small-space living. Organize that, and you can be very happy."

If the key to small-space living is organization, what does that entail? Billy Baldwin, one of the country's best-known designers, has consistently chosen to live in the tiniest houses and apartments imaginable (see House & Garden, April, 1979). He compares life in these small spaces to living on a boat. "Everything must be in its place. And above all, simplify."

There are two ways designers usually cope with small spaces: (1) give people the space and let them add closets, filing cabinets, and so forth, as they need them; (2) design the space with everything built in. Other design techniques include high ceilings, which often counteract feelings of crampedness. Windows help open up space. White walls are one of Mr. Baldwin's favorite space-opening devices. Or there's the opposite tack—using dark walls or fabrics to envelop you in the coziness of small space.

The environmental psychologists add their own ideas to these technical suggestions. "We all want to personalize our space. Even in the smallest apartments, there should be definable places which belong to each individual—the children's play area, the father's den, mother's workroom—all inviolate territory."

Although this is the ideal, in most cases, unfortunately, studies show that the woman tends to sacrifice her space for the others. Even the kitchen, her traditional bastion, is open to invasion from the rest of the family. (Why else did Virginia Woolf write a book called *A Room of One's Own*?)

This pattern is changing for certain women. Lynn Paxson mentions that the rise in professional couples (both husband and wife in full-time jobs), is making new demands upon small space design. "They *both* need separate work-at-home

86 *Continued on page 142*

You have surely noticed how people like to cluster together at parties. Small spaces intensify our feelings

SMALL-SCALE FURNITURE, LOTS OF CHARM

Right: Fill a small space with small-scale furniture and objects, and you get a room with wonderful, warm feeling. That's one of Mrs. Parish's secrets of small-space decorating—and you can see how she put it to work in her own country kitchen. The antique wicker rocker draped with weavings is small and inviting—and, Mrs. Parish confides, "It's one of the most comfortable chairs in the house, so people make excuses to keep me company in the kitchen." Another secret: Paint the walls and ceiling shiny white for space, and then bring in lots of colorful things you love for an allover sense of coziness. Mrs. Parish curtained the windows with printed cotton fabric brought back from Portugal, and covered the walls with dog paintings and needlework. More dogs—little wooden ones carved locally by sea captains—watch and snooze on a tiny table. The mirror above it is an antique, with découpage by Albert Hadley, Mrs. Parish's friend and business partner at Parish-Hadley Inc. Open shelves are filled with pottery old and new, and on the dining table, skirted with a friendly old red and white-checked restaurant tablecloth, a collection of blue and white pottery set for lunch.

HORST





The appeal of fabric

wrapping small rooms in color and comfort

Here's an inviting conversation area made cozy with yards and yards of printed cotton shirred on the walls and upholstered on furniture. "It's like being in a tent," say its owners Rudi and Consuelo Crespi, *above*, who filled their New York City apartment with fabric from Brazil, furniture from Italy. "When you use one fabric everywhere, you create warmth and unity—and also a feeling of luxury and richness." For more glamour, designer Mark Hampton added in chintz sofa pillows, and blue taffeta pushed around it all with four kinds of fringe and cording.



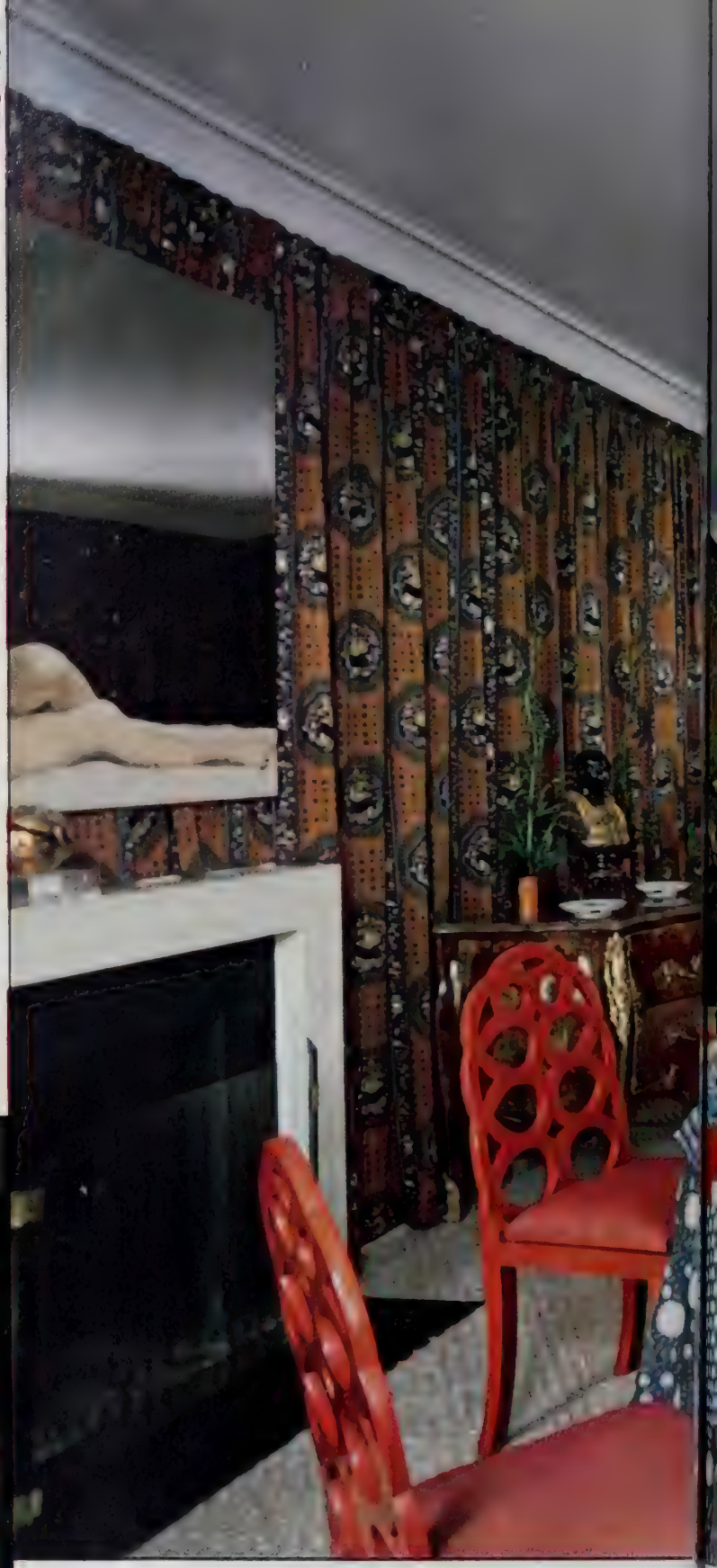


KAREN RADKAI

THE APPEAL OF FABRIC

One glowing pattern pulls together a living-dining room created from two small rooms





Opposite the conversation area there's another intimate spot, this o
for dining or reading. "We wanted one big room for entertainin
explain the Crespis—and so they had the wall between the apa
ment's original small living and dining rooms removed. Desig
Mark Hampton kept the feeling of two separate cozy spaces, thou
and now the room is as comfortable for small groups as it is for l
parties. The round table can seat eight, and if there are more din
guests, two tables of four are set up in the entry hall. "We hide them
the bedrooms and then bring them out after the guests have arrive
When it isn't set for dining, the big table holds books and become
comfortable place for sitting or studying.

HORST





Opposite page top: The entry hall with a floor patterned in zigzags of stained wood. On the left-hand side of the hall, a sculptured plastic door by Fontana. Walls upholstered with chocolate brown chintz provide a soft background for a collection of white abstract art.
Opposite page bottom: Table set for tea with heirloom lace, Vieux Paris porcelain. On the curtained wall, Philippe de Champaigne's *Portrait of a Girl*.
Above: In the living-dining room, sisal carpeting conceals different wood patterns on the floors of the two original rooms. Beyond the fireplace, one of a pair of early 18th-century marble-topped French commodes. For the walls, the sofas, and the table, Brazilian cotton prints by Larmod of São Paulo (available at Neiman Marcus).
Left: Between the living and dining areas, fabric-lined bookcases edged with the fabric's own border and filled with a collection of Blanc de Chine, books, and records. Above the travertine mantel, Michelangelo Pistoletto's portrait of his wife, painted on polished steel.



THE APPEAL OF FABRIC

Tiny prints on crisp cotton line bandbox-fresh bedrooms



KAREN RADKAI



"The wonderful thing about decorating with fabrics is that you can g
every room a look of its own," says Countess Crespi, who brou
armfuls of cotton prints from Brazil (the Count is international direc
of Brazilian Vogue)—and asked Mr. Hampton to use a different one
each room. While in the living room an umber-colored print is shir
loosely for a softness that makes the big room cozy, in her bedroo
above, white cotton printed with Chinese symbols is upholstered on
walls to give the room an allover sense of light and cheerfulness. M
fabric—delicate white piqué lined with the same cotton print used



the walls—is hung with tiny bows from the brass-and-gun-metal tester bed. The bed is tucked into a niche created by closets built for extra storage at each end of the wall. In her husband's bedroom-study, *left*, the printed cotton was inspired by the intricate weavings on Amazon River Indian baskets. It's glued right onto the walls and is edged with fabric borders that give the room a crisp tailored look. As in the other room, closets were built in for storage: "They may make the room smaller but, in doing so, they make it warmer and cozier—a soothing atmosphere for a bedroom."

Above: Countess Crespi's bedroom—fresh and romantic with flowers, fabrics, and fine antiques. On the bed, an old quilt and a confection of pillows. On the 18th-century Dutch commode, 18th-century Chinese porcelain, flowers by Ronaldo Maia. **Opposite page top** One of two new closets on either side of the bed. **Opposite page bottom**: In Count Crespi's bedroom-study, a cotton-covered daybed that looks like a deep-seated sofa. Above the steel-and-brass writing table, four 17th-century Indian miniatures. Opposite it, a whole wall of newly built-in closets.

Big ideas that make small sp work

EASY WAYS TO CREATE MORE FLEXIBILITY, STORAGE, LIVING IN WHATEVER SPACE YOU HAVE

Finite furniture
Armless chairs take less space than their winged counterparts, give seating plans more flexibility. Ottomans that stow beneath a console table make perfect party-ready seating. Cantilevered chests, desks, sideboards, benches, and counters give a sleek, clean look—and there aren't any legs to slow down your vacuum cleaning. For a quick cantilevered bedside table, bolt the bottom of an open plastic cube to the wall. Store things both inside the cube and on top.

Down to basics
In small spaces, think small scale: Love seats instead of sofas, a bistro table for dining. Keep tabletops as bare as possible. Accessories should be fine and few. If you can't bear to part with something, rotate. Frame your windows with floor-to-ceiling storage cabinets, as architect Richard Stern does. Tuck bookshelves into window reveals. Skylights make the most of sun, especially in a tiny space. And bookshelves are a perfect way to put passageways to work.

Fool-the-eye-space
Right: Artist Richard Neas can give any size room a cheerful, open outlook, with whimsical trompe l'oeil painting that brings the make-believe world to life. To see more, please turn the page

STEAN WOOD



Space-making color
glossy finishes, suggests designer John Saladino. Or paint a belt of color around the room,one shade darker or lighter than the walls.
To make space seem larger than it really is, paint one wall with horizontal bands of the same light color, alternating flat and

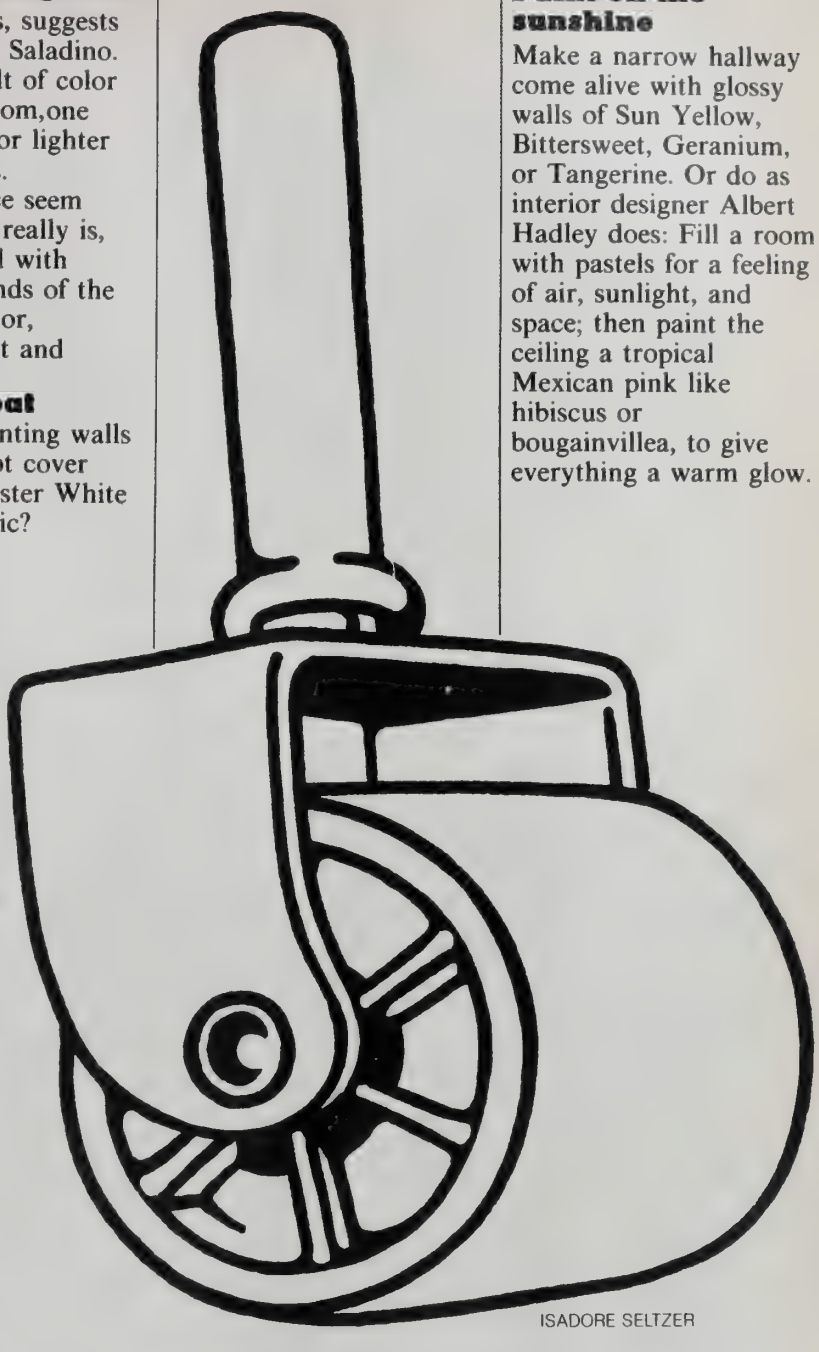
Texture treat
Instead of painting walls white, why not cover them with Oyster White linen-like fabric?

Paint on the sunshine
Make a narrow hallway come alive with glossy walls of Sun Yellow, Bittersweet, Geranium, or Tangerine. Or do as interior designer Albert Hadley does: Fill a room with pastels for a feeling of air, sunlight, and space; then paint the ceiling a tropical Mexican pink like hibiscus or bougainvillea, to give everything a warm glow.

The bottomless window box
Here's how to garden without a plot—set a wooden shelf beneath any window, with cutout holes for potted plants to hang through. "I love the look of clay pots and flowers," says cooking teacher Susan Steger, "and my plant shelves make the most of both." They're more versatile than traditional window boxes—plants change easily with the seasons, or come inside for parties. Think of a shelf of herbs or a flock of fragrant petunias right outside an open window.

Think versatile
Break away from the massive symmetry of paired end tables and lamps. Track lights, floor lamps, stacking or nesting tables are more space-efficient and mobile. Use two small Parsons tables together or separately. Invest in an "invisible" cocktail table—mirror-topped or acrylic. Consider a storage unit with fold-out dining table or desk. Or chairs and loveseats that turn into beds.

The working sink
Wash, rinse, chop, push your cuttings down the hatch—that's the beauty of the do-it-all sink and disposal, *right* in Zandra Rhodes's small-space kitchen (see "Mirror and Shine"). Small spigot squirts soap. Teacups by Carole McNichol. Details, Shopping Information.



Give furniture the roll around with free-wheeling casters that make living space—especially small space—infinitely versatile. Think of floor lamps that roll wherever you like, refrigerators that slide away from the wall for easy cleaning, sofas and chairs that sit one way for everyday, regroup in an instant for parties, rearrange to divide a space. *Right*, a bed roller by Shepherd.

ISADORE SELTZER

DAVID MASSEY



Furniture on casters, new trompe l'oeil perspective for walls, window-box shelves for growing flowers, and a small-space sink with a drop-in chopping board







For a feeling of space where none exists, trompe l'oeil painting so life-like it's hard to tell where reality ends and the make-believe begins

Opposite page and above, from left: In a trompe l'oeil courtyard at the New York Winter Antiques Show, a garden view of hollyhocks, an Early-American cupboard, farm tools behind eggplants in a basket that's real—or is it? Not being sure is half the fun. Plants by J. Barry Ferguson. In Mr. Neas's apartment, **below left,** metal faux bois cabinets, and 3-dimensional trompe l'oeil: a whimsical burlap-like terra-cotta basket of terra-cotta onions. Bed, **below right,** nestles between two armoires painted with knotty wood grain. The stone floor is really wood. Canvases-in-the-works reflect in the mirror.

An imaginative eye and an artist's hand can make small space believe it's more than it is. Trompe l'oeil painting is a witty substitute for the view you long for, furniture you're saving for—any look you fancy. Artist Richard Neas brought these fantasies to life on canvas, metal, and wood, using acrylic paints and a cheerful dash of whimsy. Before painting, he sketches a scene in miniature on graph paper, draws the same number of grids on the surface to be painted, in larger scale, using charcoal, then transfers his sketch to fit. "I love trompe l'oeil," says Mr. Neas. "It's a humorous way to make any dream come true."

SUSAN WOOD





BIG IDEAS



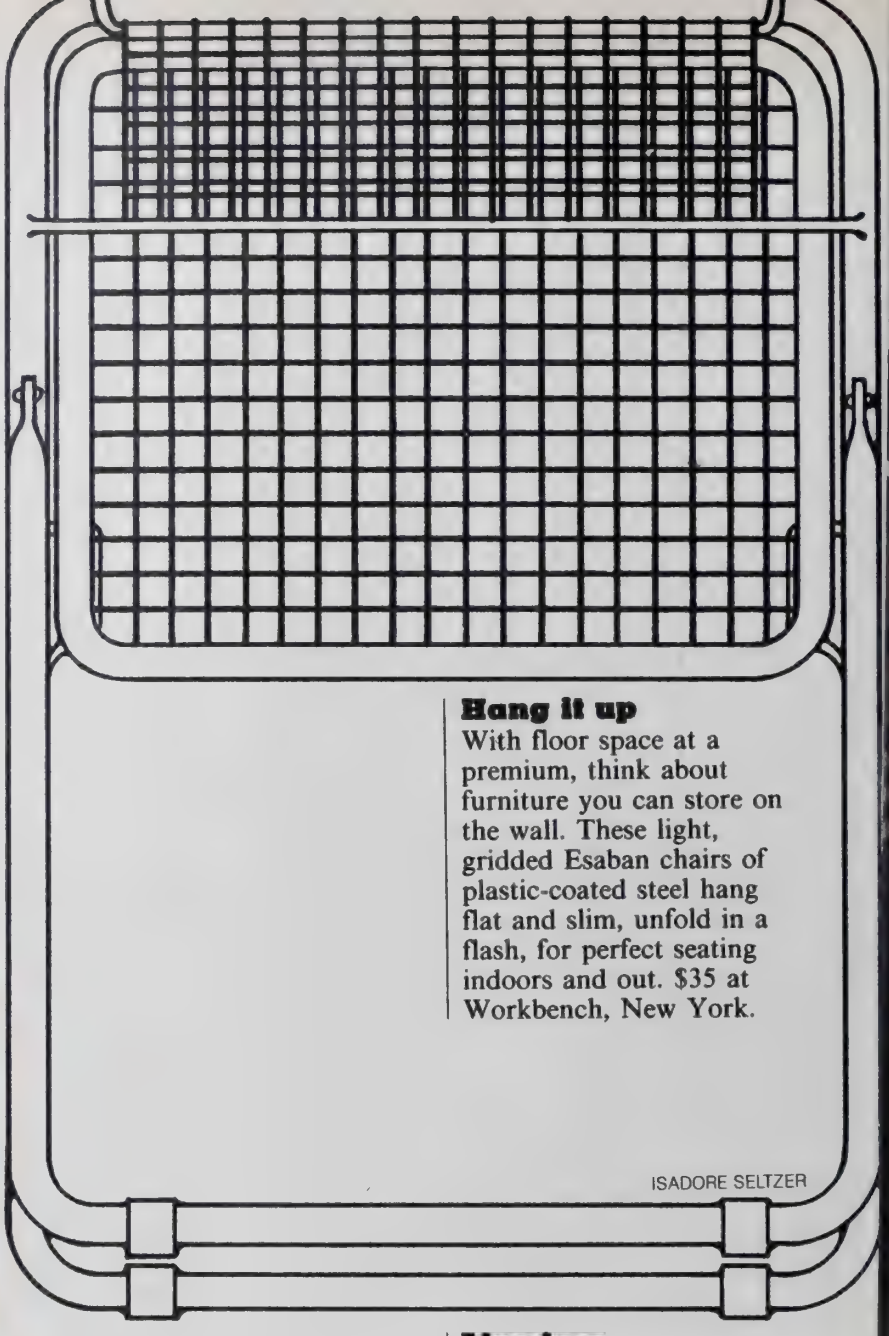


See the big things small space can do. The tiny flower room, *left,* is tucked into an extra closet, with a laundry sink deep enough to fill tall vases with ease. The commercial restaurant disposal chews up foliage, stems, and faded blooms. A drop-down leaf makes counter space. The library loft, *below,* is a clever way to store books in a cozy, high-ceilinged bedroom. Shelves line the wall, from platform to the 12-foot ceiling. Cabinets hold photographs. The loft, was built by Steve Kohn for gallery owner Lee Witkin.

ELLIOTT ERWITT



A library loft, a flower-fixing closet, armoire doors to hide refrigerator and stereo, chairs that can hang on the wall



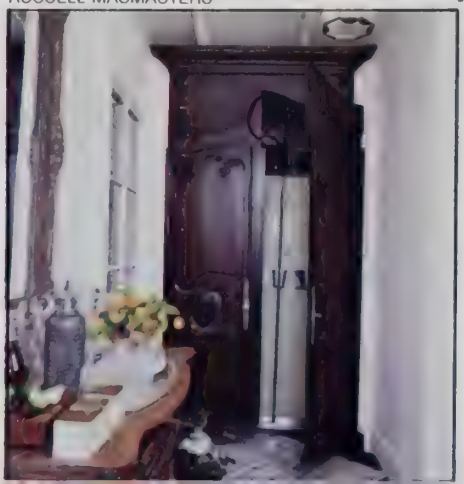
ISADORE SELTZER

Hang it up
With floor space at a premium, think about furniture you can store on the wall. These light, gridded Esaban chairs of plastic-coated steel hang flat and slim, unfold in a flash, for perfect seating indoors and out. $35 at Workbench, New York.

Furniture on a recessed base seems to float, says architect Sam Neustadt. Lights beneath strengthen the illusion.

Live in a jewel box
In a cozy bedroom or library, make a point of smallness. Designer Richard V. Hare paints everything—walls, bookcases, fireplace–in a deep jewel-box color: Pompeiian Red, Lacquer Green, Ultramarine Blue, with carpet to match. For furniture, soft luscious velvet, corduroy, or suede.

RUSSELL MACMASTERS



A storage solution
One way to open up a narrow space is to hide the clutter behind closed doors. In the hallway bar and pantry, *left,* designer William Price McNutt's old double-door refrigerator, stereo, and other odds and ends are disguised as a handsome piece of furniture, behind tall French armoire doors.

eiling style

ot enough space to display large painting or print? If s an abstract it might make handsome canopy of color n the ceiling—at the top of e stairs, above the bed, owning a foyer. Get a pro ho knows building nstruction to hang it.

I'll take a dozen—seedlings that is—planted in eggshells still in their carton, to freshen a sheltered windowsill. With plants at their peak, it's a wonderful time to root cuttings of house plants, or start vegetable seeds for a late-season harvest. Start your plants in eggshells (rich in lime, calcium, nitrogen, and phosphoric acid), and when roots have filled the shell, crush it slightly, and transfer to the garden, or a slightly-larger-than-egg-size pot. Here, photographer Karen Radkai's cuttings: geranium, begonia, coleus, and a black-eyed Susan vine; cucumber and basil from seed; and a tiny asparagus fern.



A pyramid of geraniums, an egg carton garden, a bed that rolls out anywhere

KAREN RADKAI





Small-space gardeners take heart: If there's no room to sow, look skyward, and display your plants in pyramids. Here, it's geraniums on a terraced iron stand, at the Ladew Topiary Gardens, Monkton, Md.

BEADLE

To make a proper dining area in a small apartment, designer Samuel Botero removed the doors from a foyer closet and built in a banquette. A painting or mirror on the back wall adds depth, with lights on either side. In a cozy bedroom, designer James Amster quilts one bright small-scale print in various patterns, for a variety of textures on walls, bed, and chairs, in the same motif and color. If your kitchen's too tiny to use bold patterned paper on the walls, use it on the tops and bottoms of cabinet shelves instead.

Floors are for sleeping—so the Japanese say, and art lover Eleanor Ward agrees. She likes to rest on an exercise mat dressed in pretty sheets, in the heart of her New York apartment, surrounded by the things she loves. Designed by Harry Schule and Ned Marshall.

Collect without clutter

Small space feels larger when you group your collections in one area. In designer Giorgio Sant'Angelo's apartment, living areas are pared down and bare, but the foyer is a celebration of floor-to-ceiling porcelain, the kitchen a wall-to-wall culinary collage.

Create a room

Instead of labeling a room, why not change its use, to make every room work the way you want it to. The dining room might become a family study, and the family room near the kitchen the new dining space, suggest Barbara Ross and Barbara Schwartz of Dexter Design.



MIRROR &

TO CREATE SPARKLE, EXCITEMENT, AND THE FEEL OF SPACE IN A BASEMENT KITCHEN AND BATH

Opposite page: Blue Italian ceramic floor and a burnt orange sink add spots of color to the lightning-bright kitchen. Zandra Rhodes prepares supper for friends, **below.** In the bathroom, **right,** fan lights by Carole McNichol twinkle next to a mirror etched with a "painted lady," the design repeated on the bathmat. Mirror, tea towels, apron, and regal rug are all Zandra Rhodes designs.

DAVID MASSEY





A kitchen and bath in the basement? Why not, said designer Zandra Rhodes, who turned a coal bin into a kitchen and bathes in the wine cellar of her remodeled London house. With the help of architect Michael Davies, the little coal bin under the stairs was treated to open storage, recessed lighting, and plenty of counter and cupboard space. The whole thing is wrapped in gleaming brushed chrome Formica laminate "like a fabulous floating spaceship." The bath is all glitter and glamour: gold-flecked fixtures, a sunken tub, tiled walls in a Zandra design, mirror to double the space. For details, see Shopping Information.



SHINE

FOR A SMALL-SPACE APARTMENT A HIDEAWAY BEDROOM WITH A MIRRORED FAÇADE

What's in store behind mirrored doors in this one-room city apartment? A foldaway bed that hides by day, and a dressing-room closet set for storage. "It's my extra room—where you'd least expect it," says designer Claude Langwith, who lives and works in this 14-by-16-foot space. The cozy bed nook is tailored for comfort, with bookshelves lining upholstered walls, a favorite Japanese print over the bed. Canvas flaps hide storage above. The next-door closet is every-inch-organized: What isn't hung is stacked in piles or stashed in see-through boxes overhead. Shoes perch by their heels on the angled carpeted floor. "The secret of small space living is to simplify," says Mr. Langwith, who pared down the contents of a huge San Francisco duplex when he moved to New York: "I got rid of everything that couldn't be shelved or hidden in a basket!" With the doors closed, the room takes on new dimension, with two walls of mirror reflecting light and space in both directions. Another space-expander: walls and upholstery in the same khaki color so they recede, bringing special treasures into focus. One of them, the wicker trunk that serves as a bar, once belonged to Stan Laurel: "It's the first thing people notice when they walk into the room—besides themselves of course."





In addition to hiding the bed and dressing closet, **below**, mirrors reflect the rest of the apartment: windows draped with swoops of khaki gauze; low, spare furniture, lots of cushions: "The few chairs are a concession to my more traditional guests—I like to sit on the floor." His work space—17 inches high—is scaled accordingly, stretching beneath the windows, with basket storage underneath and shelves on either side. A tiny kitchen and bath branch off from the mirrored entrance foyer, **above** (the red robe hangs on the open bathroom door). More red accents stand out amid all the khaki: flowers, a brilliant blanket, a Chinese rug, a stee-stool-table.





Shopping guide to mirrors

To help you choose the one that's right for you, plus advice on installing and protecting mirrors

If some of the mirroring ideas on these and the following pages make you want to try them yourself, this run-down should get you started.

Should it be glass or plastic, film or metal? Do you want panels, or would mosaics or tiles be easier and give the same effect? Would a tinted mirror be an advantage? These are some of the considerations to keep in mind when you're shopping for a mirror.

In most cases, mirrors should be professionally installed unless the job is a small one—such as installing a door mirror—so when you compare the prices of the different kinds of mirrors, be sure to get an estimate of the installation cost.

All of the mirror types listed below come in several colors and some also come in textured or antique finishes.

Glass mirrors

High-quality glass mirrors are usually made from float glass. In this relatively new process, molten glass is pulled through a press and, while still hot, allowed to flow over a pool of molten metal which smoothes and polishes it. When it cools, it is sprayed with a silver mirroring solution. Plate glass, which makes mirrors of equally high quality, is made by polishing and grinding glass after it is cooled. Then it is mirrored. Sheet glass mirrors, the least expensive, are not polished or ground, and therefore usually have distortions.

Glass mirrors give the clearest, most sparkling reflections. They are long-lasting and resist scratches. But they are heavy in large pieces and can break easily.

Glass mirror tiles—usually in packages of six 12-inch squares—are designed for do-it-yourself installation. They do not give the streamlined effect that sheets do, the reflection is disconnected. Even smaller than tiles are mirror mosaics, which come backed with fabric so they can be cut with scissors into the desired shape. They are easy to work with, but have the same disadvantage as tiles.

Rigid plastic mirrors

Acrylic sheets can be mirrored the same way as glass. They go by trade names like Plexiglas Mirror or Plexi-view. Plastic mirrors are lightweight and flexible—they can be cut or heat-bent to your specifications. And they are difficult to break. If they are damaged, for example, if the mirroring chips, they can usually be repaired. For little jobs, they are easy to install yourself; they often come with double-faced foam strip adhesives so they can be installed and removed from the wall more easily than glass mirrors.

However, the reflection from plastic mirrors is not as crisp as the reflection from glass mirrors. Plastic mirrors scratch easily, and since they are not fire resistant, safety ordinances should be checked before they are installed.

Soft plastic mirrors

Soft plastic mirrors are made by stretching a mirrored polyester film over a frame and then heat-sealing it to the frame. Trade names for these soft plastic mirrors are Mirrorlite and Mirrex. They are even more lightweight and easy to install than the rigid plastic mirrors. And, like the rigid plastic mirrors, they often come with a self-adhesive backing. But they must be made to size at the factory since they cannot be cut on the job. They can be punctured and are not fire resistant.

Soft plastic mirrors are not widely distributed, but you can order them directly from the manufacturers (Mirrorlite Division, Kamar Products Inc., Irvington-on-Hudson, N.Y. 10533; Mirrex Corp., 1634 East Elizabeth Ave., Linden, N.J. 07036), specifying the exact dimensions you want.

Mirrored plastic film

Polyester film can be aluminized on the back to form a mirrored film (the kind that is used in making the soft plastic mirrors). One common trade name for the loose film is Mylar. Mirror film comes in rolls, some with paper or self-adhesive backing.

This is the most flexible kind of mirror—it can be cut with scissors. It is also the most lightweight, but the reflection it gives off is not exact.

Mirror film can be torn or punctured; and while mirror film is put up in much the same way as wallpaper, it is difficult to handle and should be installed by an experienced professional.

Reflective metal surfaces

Perhaps the most luxurious and durable reflective surfaces are sheets of polished metal—brass, copper, chrome, aluminum, or stainless steel. They are, however, expensive, and more often they bring their shine to a room as tables or window blinds.

Continued on page 142

HOW THE MAGIC OF MIRROR CAN LIGHTEN, HEIGHTEN, OR PULL A ROOM TOGETHER

Above from left **Backsplash with sparkle** In an all-white city kitchen, lights hidden beneath the cabinets reflect in the mirrored backsplash, expanding space and doubling a collection of blue and white Chinese porcelain on the countertop **Folding screens brighten corners** Here's one way to shape up a dining room with oddly angled walls: Designer Mark Hampton placed folding mirrored screens on either side of an antique Venetian mirror to hide juts in the wall. Light reflects off the mirrors from uplights on the floor, a dimmable downlight on the ceiling, and candles perched on the table and lacquered wall. Antique chairs are cushioned in caramel velvet. Tablecloth is a rainbow-striped Indian cotton. **Floating tabletop** A rectangular sheet of mirror set on a carpeted base becomes a sky-reflecting cocktail table in the conversation pit of a glass-walled beach house designed by Horace Gifford. **Mirror strips catch light** The wide-open look of this lofty skylit bedroom is intensified by a chimney breast faced with narrow vertical mirror strips that climb to the 12-foot ceiling in Brian and Marrisa Stone's country house. Unlike ordinary mirror, mirror strips cast a "textured" reflection that seems appropriate with the rough white plaster walls, storage bins, and hearth. **Window-like mirrors** Potted papyrus and lilies reflect in a sweep of mirror that stretches around this caramel-tiled tub like a row of open garden windows. Architects Keith Kroeger Associates designed the elevated whirlpool tub environment. Interior decorator Filippa Naess lined opposite walls with art, placed an antique desk and chaise a step away for paperwork and reading **Shutters reflect the room** In a living room that's prettier than the view outside, folding shutters mirror an inside view of people, plants, soft white furniture, creamy walls, and create privacy for a second-floor apartment designed by Ruth Manheim Open, the shutters form a mirrored frame at the sides of each window **Shining brass table** This gleaming table may look like mirror, but it's actually a 40-inch cube of highly polished solid brass, set for a Japanese supper in front of the fire. A silver mushroom basket of orchids, jasper-handled knives, English and Japanese antique silver, brass and silver shell-shaped dishes, contribute to the soft mellow glow in designer Larry Laslo's bedroom-dining room. **Dining niche expands with mirror** Painted screens and mirror create a play of light and perspective in the dining room of designers Bob Patino and Vincent Wolf's New York apartment. Ivy covering the back wall and its cantilevered buffet counter with mirror space doubles and the counter seems to disappear. Folding screens add archi



Backsplash with sparkle



Folding screens brighten corners



Window-like mirrors



Shutters reflect the room



Banquette backed with mirror



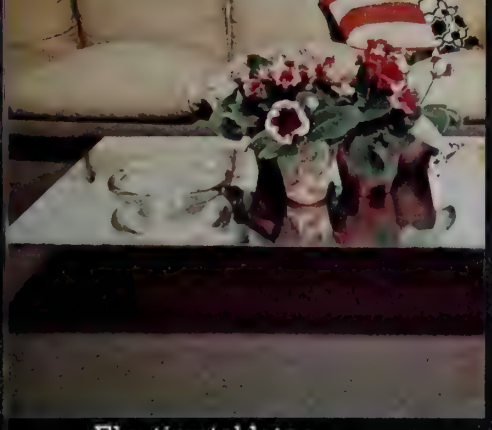
Screen conceals air conditioning



Mirrors add gloss



Bronze-tinted mirror panels



Floating tabletop



Mirror strips catch light



Shining brass table



Dining niche expands with mirror



Bath updated with mirror



Mirrored wall goes on endlessly



irror continues a soaring ceiling...



...or a wall of windows

MIRROR & SHINE

tectural interest to the rectangular room, and their angles cast unusual eye-fooling reflections in the height-expanding mirrored reveals of the entranceway Furniture designed by Patino/ Wolf Associates. **Banquette backed with mirror** This banquette faces a fabulous ocean view, reflected in its mirrored back for those sitting opposite The same mirrored panels make the carpeted dining platform above seem to float in space Designer Horace Gifford also mirrored the risers of the stairs in this multilevel beach house, for a similar floating effect **Screen conceals air conditioner** This free-standing waist-high mirrored screen from Italy is a clever front for a built-in air conditioner, and acts as an attractive space-expander in a corner of designer Harry Hinson's living room. More shine: an octagon table covered with highly lacquered gauze, next to an antique French chest that serves as a bar **Bath update with mirror** A marble bathroom gets modern spark with mirrored walls, ceiling, and cabinet fronts that open up the windowless space. Los Angeles designer Whitney Chase took her color cues from the thick-pile Indian wool rug, and accessorized with a sherbety assortment of towels and soap, set on a low chrome and glass étagère opposite the sinks. **Mirrored wall goes on endlessly** Mirror at both ends of this 12-by-12-foot duplex apartment creates a vista of space where none exists. Designer Mario LoCicero hid the street view by installing frosted glass in the recessed 2-story windows. Each window is lit by 4 vertical fluorescent tubes hidden in the reveals. Two are white for a feeling of sunshine by day, the others are covered with pastel gels, for a theatrical nighttime glow that bounces off the mirrors and the sleek white walls. **Mirrors add gloss** This shining bedroom-dining room is a study of reflections. Designer Larry Laslo mirrored the chimney breast and the 12-foot armoire opposite, to reflect a view of windows and trees along the adjoining wall. Dark gray floors were lacquered 18 times to shine like glass. Walls are covered in brown Chinese lacquered paper. The brass dining cube, seen closeup on the opposite page, gleams in front of the fire. Orchids and trees from Mädderlake. **Bronze-tinted mirror panels** To diminish the size of a 7½-foot French antique armoire and tie it into the rest of the room, designer Frank Massandrea replaced the wire-mesh panels in the doors with sheets of bronzed mirror that reflect a wall of brushed steel blinds. The same tinted mirror behind the bed casts a soft warm reflection of the brown-lacquered wall opposite **Mirror continues a soaring ceiling** To accentuate the height of a lofty ceiling and make a large space seem even grander, Patino/Wolf Associates mirrored one wall of this Long Island dining room right to the peak of the rafters For drama at night, the wall-mounted buffet shelf is lit from within. In the living room beyond, **a wall of windows** is doubled by the mirrored wall behind the sofa. In front of the silvery blinds (another shimmering treat at night), a mirrored table base disappears and its travertine marble top seems to float on air

KAREN RADKAI NORMAN MCGRATH BEADLE TOM YEE ELLIOTT ERWITT HORST CHRISTIAN REINHARDT WILLIAM P. STEELE



Raised beds for no-bend gardening, fresh views each season

Miniature tulips, grape hyacinths under hawthorn trees share space with wild strawberries.



Built-ins, hideaways

Raised deck has a bench-rimmed water garden, a trap door for potted willow by hammock, *right*.



Shade for dining

Arbor of cedar 2-by-6s shades dining, cooking area; black canvas at sides can buffer winds.



Sun and water

Water jet among water lilies softens city sounds.

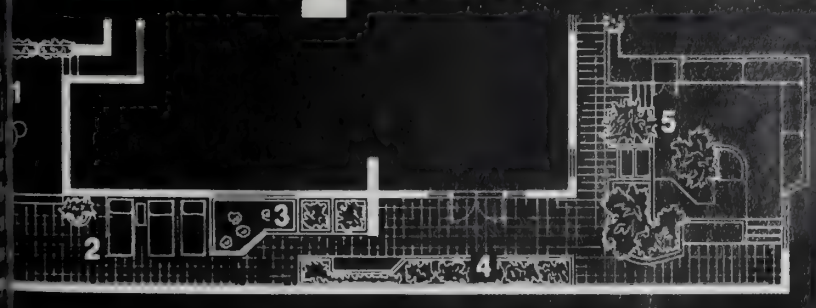


Big little garde

These leafy plateaus, pools, shady paths, and subtly lit areas for taining were once a flat, sun-baked city terrace. "Changing levels way to create a sense of space, and makes you see familiar things ways," says Tom Pritchard of Mädderlake, who designed the gar designer Jack Prince. "Narrowing a path so open space seems w another way." He multiplied the space by dividing it into a pl dining area, a broad sunning spot, a squeeze-through grove, and a s deck with storage space underfoot. Now the garden is so in Mr. Prince says, "I don't need to leave the city on weekends any

NIKI EKSTROM

ith spacemaking ideas



Plan: Manhattan apartment terrace 83 feet long was divided into (1) dining area with window boxes, geraniums; (2) sunning area with juniper, flower and herb boxes; (3) pool with hardy water lilies, willows; (4) hawthorns opposite glass doors to living room; (5) deck with mountain ash, willow, birches, pot plants. For more details, see Shopping information.

Secret places

A distinguished author's account of the hidden places in reality or illlusion that lift our hearts and give us fresh occasions for delight

BY BRENDAN GILL

Though we grow older, happily there is a sense in which we need never grow old. It is this unexpected good fortune that Henry James had in mind when he said of us that we are all young to life; in the face of its innumerable possibilities, we have reason at every age to remain confident of encountering fresh occasions for delight.

Some of these occasions we simply stumble upon; others may have to be invented. In childhood, for example, we continuously devise new and pleasing fates for ourselves; the Cloud-Cuckooland of our imaginations is filled with secret castles and gardens, but when, growing out of childhood, we are obliged to pitch ourselves headlong into the world, the imaginary castles and gardens tend to slip away into some dim, inaccessible middle distance. In compensation, most of us try to seek out a few real secret places, which will lift up our hearts and give us nourishment.

Of the secret places that I favor, a couple are mine by right of ownership and I cherish them, but I find that there is much to be said for having entrée to secret places that belong to other people. They have a welcome, surprising touch of mystery about them; whatever form they may take—a snug mountain cabin, a lakeside boathouse teetering on rotten piles, a shanty clinging to a dune above the sea—they invite us to perceive that there is more to them than meets the eye. For the fact is that secret places are likely to be charged with exceptionally powerful emotions; they are the distillations of hopes, longings, and affections that it would be indiscreet to let the world at large observe. Even as, following instructions, we locate the front-door key (concealed behind a holly bush, or under a loose brick in the pathway), unlock the door, and push it open, we seem to hear from somewhere in the interior a modest warning, uttered by no human voice. It says, "There are things of value here that you may feel yourself in the presence of and yet never see. Take care to remain as ignorant as possible. Let the good of them befall you unawares."

"There are things you may feel yourself in the presence of and yet never see. Take care to remain as ignorant as possible. Let the good of them befall you unawares"

Much good has certainly befallen me over the years by following this advice. I think at once of half a dozen secret places that I have visited and that, with luck, I will be permitted to visit again, in each of which my keenest pleasure has come not from exploring but from absorbing. The first such secret place that leaps to mind is one that, by an irony, neither I nor any other adult has ever entered. It is a tree house on an island in Maine and it stands a few feet off the winding, sandy road that leads between the big house of the grandparents of the child that built it and the gray fisherman's cottage in which he and his parents live. The tree house floats in space in a grove of dark firs, at a height sufficient to outwit any marauding pirates or snooping grownups; the designer, master builder, and sole defender of this aerial fortress makes his way into and out of it by means of a perilously swinging rope ladder. There are said to be treasures within—the skull of a woodchuck, the discarded skin of a snake—but they are not for elder eyes to see.

A secret place much frequented by me is a bedroom high in the tower of a red-brick villa in the little town of Niagara-on-the-Lake, in Canada. I am grateful to occupy that leafy perch in summer, when the town trembles with the excitement of the Shaw Festival; week after week, the plays of the witty old Dublin spitfire draw travelers by the thousands to this hushed Victorian resort. I like to picture Shaw in heaven popping his blue eyes in mock dismay at his transatlantic popularity. In life, he had little good to say of the New World, but he loved fame and perhaps he is grumpily grateful to us for helping to keep his memory alive. Not more than once a year, I am willing to play a round of golf, and if I had my way this round would always be played on the toy-sized course at Niagara-on-the-Lake, one of whose holes offers a formidable quasi-military challenge: From the tee, one bravely aims an iron shot towards an invisible green, tucked away in the bottom of an abandoned fort.

Farther north in Canada lie the shining Muskoka lakes, in the high country between Toronto and Georgian Bay. Along their rocky shores and on their uncountable wooded islands rise the big brown shingled houses that wealthy summer residents built in the 1880s and 90s. Big as the houses are, the boathouses that go with them are often bigger still, for the rich need never sell anything old in order to buy something new, and this advantage requires space; when one peers through the windows of the cavernous boathouses of the Muskokas, one's eyes are delighted to behold, anchored in the shallow water or slung high against the rafters, a display of almost half a century of Chris-Crafts, Gar Woods, and other motorboats. In the dappled shadows, their brightwork polished, their mahogany hulls agleam with fresh varnish, they are, or promise to be, immortal; each is itself a secret, safe in a secret place.

If a boathouse can be said to be secret, so in its fashion can a hotel. One such place is Mohonk House, a delectable, hundred-year-old confection of wood, brick, and stone, which runs along a cliff above Lake Mohonk, in the Shawangunk Mountains, scarcely two hours away from New York City and yet seeming a thousand miles and a couple of lifetimes away. From the beginning, the hotel has been the proud possession of the Smiley family, and nothing is allowed to change there except for the better. My favorite bedroom is high up under the sloping eaves; lying in bed, one looks across the room to an ample, handsome fireplace and then to two doors. One door leads to a bathroom that passes with ease my first test for all satisfactory bathrooms—does it have a tub deep enough to drown in? The Mohonk tubs are of solid porcelain and, with tightly held breath, it is well worthwhile sinking down onto their smooth white bottoms. The other door leads out onto a balcony, from which one looks out over the lake, with its docks and its little thatch-roofed gazebos, which make one think not of the Shawangunks but of shamans and Samurai. What are these dainty Oriental structures doing in the heart of an American forest? That is the Smileys' secret, and as far as I know they have never told.

There are secret places of which I have only heard and which I hope someday to be invited to. One such is Wyntoon, a kingdom on the banks of the McCloud River, in northern California. Long ago, Phoebe Apperson Hearst built a Rhenish castle there, designed for her by Bernard Maybeck. When it burned, her son, William Randolph Hearst, erected on the site a cluster of cottages that Hansel and Gretel *(Continued on page 177)*



Golf course at Niagara-on-the-Lake, Ontario



Old clock shop, East Hampton, Long Island



Ralphie's tree house, North Haven, Maine



Wyntoon, on the McCloud River, California



DUDLEY WHITNEY

Hotel at Lake Mohonk, New York

Summer bungalow in Salem, Connecticut



Boathouse on Lake Muskoka, Canada





How can a three-generation family of nine eat, sleep, and vacation happily together in a 30-by-40-foot corn crib? With platforms and lofts in an ingenious makeover for less than $25,000



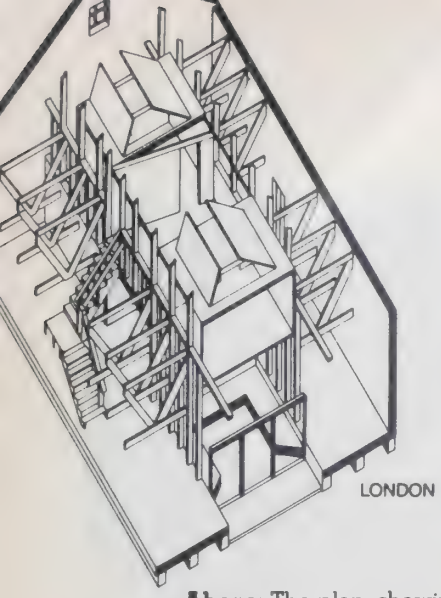
TOM YEE

SMALL SPACES THAT WORK

Weekend in a corn crib

Right in the middle of an Illinois cornfield, this little house on the prairie is a corn crib transformed into a spacious weekend retreat. Architect Cynthia Weese of Weese, Seegers, Hickey, Weese created the living area from the central dirt drive (where the wagons backed in to cart off stored corn and grain); and overhead storage bins became loft bedrooms. New windows plus a fan fitted into the rooftop cupola (through which the harvest was loaded into the storage bins) keep the little house cool and airy during the hot summers; and added kitchen, bathroom, and stairs make it self-sufficient. *Opposite page:* The corn crib house, from the front. *Above:* Two story living area where corn once fell.

Imaginative use of the original structure creates comfort and privacy



Above: The plan, showing first floor with living and dining areas, kitchen, bathroom, and stairs; and the second floor with two loft bedrooms.

You still enter the corn crib through double barn doors, but now they're backed by sliding glass doors under a clerestory window. Beyond the conversation-promoting living area, a raised platform was built from the interior crib slats removed to open up space. More wood was salvaged from nearby buildings for new kitchen, bathroom, and stairs. And when cross-ventilating windows were cut into side walls under the stairs and in the dining area, the cutout siding was recycled for shutters. "An architect should be a form-saver as well as a form-giver," says Cynthia Weese. To soften the prairie's glare, existing corrogated metal roof was fitted with matching translucent plexiglass panels in the center of each roof slope.



Above: Grain bin-turned- bedroom with old hinged doors for ventilation.

Below: New stairs, an inviting sitting nook.



Above: In the living area, facing cotton-covered banquettes piled with pillows from Crate and Barrel. On the partition concealing bathroom and kitchen, a collage by Mark di Suvero from Walter Kelly Gallery. In front of it, Iranian kilim rug from [illegible]

Beyond the stairs, a private sleeping sitting corner. For details, see Building Facts. **Opposite page**: From the loft, you can see one of two bed platforms built atop closets on either side of the double front doors. Here, an antique tulip-patterned quilt.



Below: Found-wood kitchen; picnic table dining.



TOM YEE





NORMAN MCGRATH

SMALL SPACES THAT WORK

Living in a "dollhouse"

Miniature architecture and sleight-of-space proportions that make a little house great fun

Here's a house that's almost incredibly small—one 11-by-17-foot room is for living, dining, and kitchen, and the entire house contains only 540 square feet. Nevertheless, it's completely, and comfortably, livable: "All the detail is there but in miniature," Frances Halsband says of the little vacation cottage she and her partner Robert Kliment remodeled from what had been the guest rooms and studio for another house. Three bands of color (raspberry, cream, and white), a balustrade only 9 inches high along the balcony, and the chair rail that wraps the room were all scaled down to proportions so perfect you forget how tiny the house actually is.

Right: Windows on two levels add the space of an outdoor view to the 17-by-11-foot room that is living, dining, and kitchen in one.
Above: A staircase enclosed in a 5-foot-square tower was added to the original 60s concrete block structure.
Left: Straddling the 9-inch balustrade, a 15-year-old becomes a giant.





Above: Top of the new staircase forms a little window seat. "Working on this small scale," Frances Halsband says, "architectural elements could be treated as craft objects." For example, a newel post was made from the antique railing that was cut down to form the balcony balustrade.



Ladder leads up to a secret retreat—a low balcony that faces out the clerestory windows. Ceiling in dining area is only 7 feet high.

Below: At the bottom of the stairs, the small triangular nook was put to work as a bar with storage below. Its counter adds more work space to the tiny kitchen.

NORMAN McGRATH

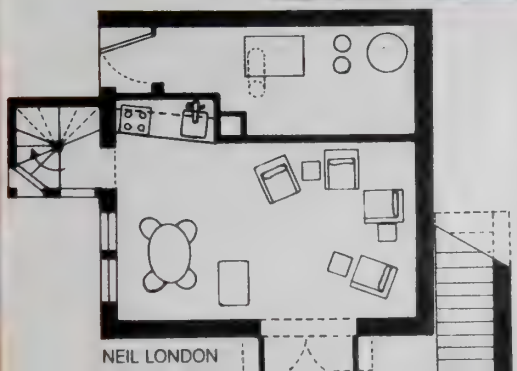




LIVING IN A "DOLLHOUSE"

A compact house with a generous spirit, comfort, and efficiency

Left: Right in the main room, the compact kitchen is camouflaged with bands of paint to match the rest of the room.



Above: Every inch of extra space along the new staircase is used. Here, shelves store kitchen bowls.
Left: Plan shows the addition of the square tower that contains stairs leading to bedrooms above and new French doors opening out to the lawn and garden.

To give the little house independence, a kitchen was added and a staircase built to connect the main room with the existing bedrooms above. Every inch of the additional space is put to work—around the new stairs, open nooks became storage, extra seating, and a tile-topped bar, and the landing was transformed into a little library with bookshelves and desk top. In summer the outdoors is used as an extra room when friends, food, even the furniture move outside through the new French doors. "Then," the owner says, "the living room becomes a serving pantry to the garden."



Barn-raising
The barn, numbered, dismantled, moved, and rebuilt is house's front

A new house unites with an old barn for a collector with a passion for

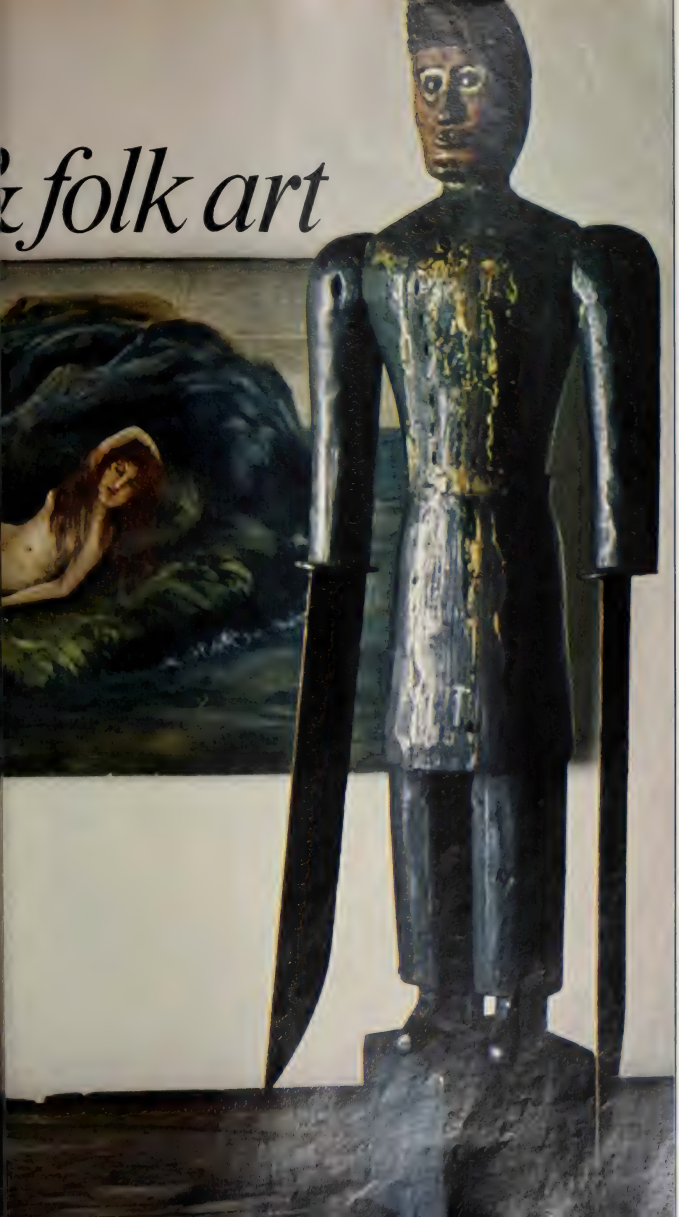
Country living



Dining under the stairs
Architect Howard Raabe worked with owner Michael Friedman to get a free-flowing first floor. There are no doors anywhere. This dining space under eavelike stairs is lit by daylight above and below

"In many ways this is a hand-built house," says Mr. Friedman about his Connecticut house enlarged with a barn from New Hampshire. "With help from my friend Roger Bacon, I became my own carpenter and learned about working with old materials that give the house its warmth—wood, stone, glass, and antique hardware. Even the hearth came from stones we found."

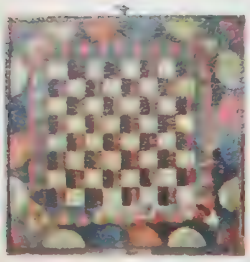
& folk art



A passion for American folk art: why it's a necessity in one man's life

Michael Friedman describes his first reaction on discovering American folk art: "The clarity and the serenity of the shapes and colors of the sculpture, the paintings, the textiles all made a profound impression on me. It was all so clean. It came as no surprise to anyone that I became a collector and then a dealer." No longer a dealer, now an executive with Arista Records, Mr. Friedman wanted a weekend place that would have the space of a gallery and the warmth of a house, a place his collection could be seen in context. Is there a connection between his aural sense as a music producer and his visual sense? "No question. I live in my senses. This house provides a balance to the intense excitement of my work. There's a spontaneity to these pieces that makes folk art particularly good to live with—good feelings seem to radiate from the pieces themselves." The painting, *left*, is called *Nature Sleeps*, painted by Bertha Dyer in 1924. On the back is a very personal message from the anonymous giver, as it was intended to be a present. The soldier is a whirligig from the Civil War; the swordlike blades swing up and down.

TOM YEE





Collections give this house/barn its flavor

It took about three months to reassemble the barn in its new stead. (Mr. Friedman hesitates to call it a restoration.) The living area of the first floor, *right*, reflects the beauty and the original character of things handmade: the fieldstone hearth, the handhewn floors and blacksmith-wrought nails, the brilliant vegetable-colored Amish quilt over the sofa, the endearing collection of tiny woven baskets hanging from the beams. The larger splint storage baskets are American Indian, the checkerboard, *above*, is used as a painting.Mr.Friedmans sources: country dealers, flea markets, and out-of-the-mainstream shops in New England.

TOM YEE



120 **Textile art in guest room**

Stuffed dolls dressed in quilts

Antiques for sale

Mr. Friedman's small antiques shop inside the house.





The bedroom l

The bedroom, with ca e ceiling, fireplace, priv e upper loft, folk sculptu , and flourishing plants.

"This house represents, at least for me, a new option for living. I use it as a weekend house to entertain in and as a private gallery space for my ever-growing collection," says Mr. Friedman. "It reflects my ideas about living and at the same time I think it can be described as a 'period' house. We have so little choice open to us when we think about building. We have Colonial, we have Ranch, and we have Contemporary, whatever that means. None of those 'periods' work for what I needed this house to do, so I became something of an artist myself—and in working with natural materials, Howard Raabe and I found a way to make 'period' modern. The light, open spaces, and the way the rooms flow into each other give a feeling that's relaxed and, most important, comfortable. It's also a house I don't have to spend my life looking after." The bedroom has a loft overhead that acts as a partial canopy fringed with the green leaves of plants over the tester bed. The loft is designed to be used at floor level. Large, sink-deep pillows are its only furnishing. Mr. Friedman keeps the loft suplied with good books, tapes, and his art; the entrance is a small staircase, *right*, which leads to the secret, private space. The sunlight from skylight is sufficient to allow for a profusion of potted plants that line the loft's edge inside his bedroom.



Stairway from a private loft

A small third-story loft for dreaming, reading extends from the bedroom's pitched ceiling like a canopy.

FURNITURE CRAFT

D.I.Y.*

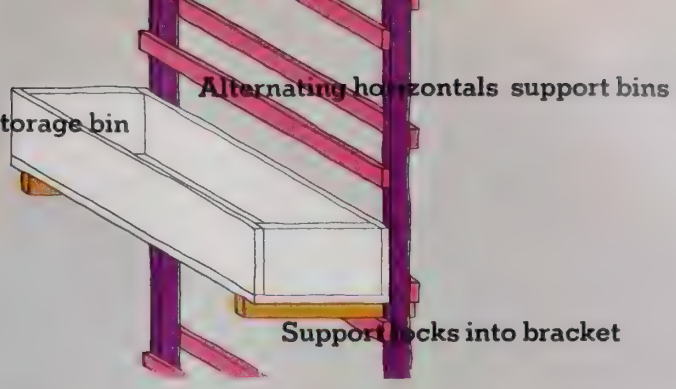
The working wall

An inventive system of shelves, bins, and work-space that adds up to a laundry, hobby, or garden center you can build in a weekend

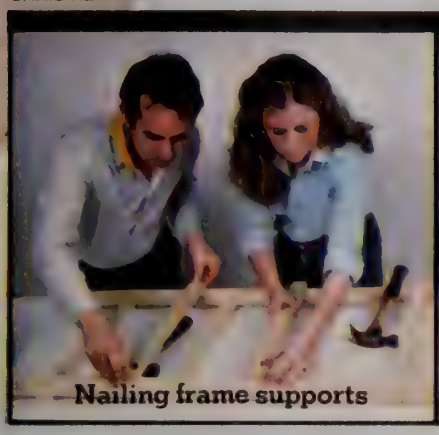
Washing wall



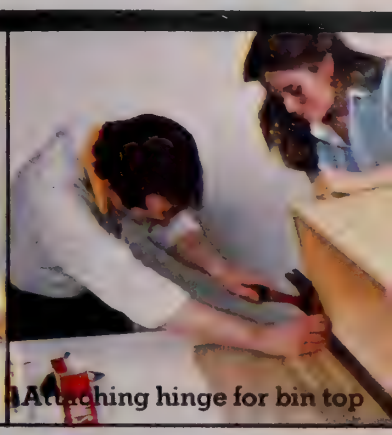




CHRIS REINHARDT


Nailing frame supports


Positioning side of bin for nailing


Attaching hinge for bin top

Here is an easy way to put a wall to work—as a laundry center, homework nook, or hobby area for needlework, drawing, pottery, or plants—just about anything that requires a work surface and good storage. You and a friend can build this do-it-all wall over a weekend with $115 worth of materials. And in one more afternoon you can make the folding ironing board for the laundry center. The unit, designed by Peter Stamberg, is an ingenious arrangement of storage shelves and bins and a work surface 47 inches wide by 28 inches deep—all of which slide into two freestanding frame supports 6 feet tall that stand together or group with equipment. For instructions, please see Contents Page.

Sewing wall



Opposite page: With supports placed to frame stackable washer and dryer and the addition of the build-it-yourself ironing board, the wall, now 113 inches wide, becomes a laundry center with plenty of storage space for linens and cleaning supplies. Here, shelves hold Fieldcrest towels and sheets, and stenciled bins indicate what need to be washed or ironed. "Space-Mates" washer and dryer by White-Westinghouse. Counter height chair from Beylerian. On laundry counter, RCA "Sportable" TV to keep you entertained while you sort.
Left: Space-saving ironing board folds up out of sight when not in use.
Right: As a needlework center, the working wall works with desk height cutting and sewing surface. Here we have the ingenious Elna electronic sewing machine that can be programmed to do 26 different stitches. Yarns and needlepoint canvases, all from Alice Maynard. Red wooden chair with rush seat from Conran's. Details, see Shopping Information.



WILLIAM P. STEELE



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MEAL IN MINUTES

MENU
Spaghettini with sausages
Zucchini-tomato salad
Poached nectarines in caramel sauce

The dishes in this menu from Perla Meyers, cooking teacher and author, are expansible and appeal to all ages, so it's especially good for large family get-togethers. Her new book, *From Market to Kitchen* (Harper & Row, fall 1979), is based on four years of touring markets across the United States—Mrs. Meyers stresses shopping creatively as one key to success and pleasure in the kitchen. The main course here changes easily with the seasons—adapt the sauce to plentiful vegetables, red bell peppers in late summer and fall, mushrooms or broccoli florets in winter, early zucchini in spring; choose either sweet or hot fresh Italian sausages, or mix what's available. The dessert, too, can change as the market's fruit supply does—use your imagination as you search for the freshest, highest quality ingredients.

Dessert is where preparation should begin for this dinner: Cook the sugar syrup until it's a rich brown, stir in the cream, then chill the sauce. As water for the pasta heats, peel and halve the nectarines and sprinkle with sugar and brandy. Start the sausages browning and parboil the zucchini 3 or 4 minutes. When the sausages are done, remove to a cutting board. Dice the zucchini and set aside in a serving dish. Add the next ingredients for the main course to the skillet, bring to a boil, and adjust seasoning.

Before placing pasta in boiling water, shake up salad dressing, halve cherry tomatoes, and add, with olives, to the zucchini. The spaghettini will cook 7-8 minutes—use that time to put finishing touches on the sauce, adding sausage and roasted pepper slices. Drain the pasta, add to the sauce, and toss; then toss salad lightly with dressing—you can serve both from their dishes right at the table. For dessert, just add a dollop of caramel sauce to the marinated nectarines in individual dishes.

Spaghettini with sausages

INGREDIENTS

Salt, freshly ground pepper
4-5 tablespoons fruity olive oil
1 small dry hot chili pepper, crumbled
3/4-1 pound Italian fresh sausages, sweet or hot
4 cloves garlic, minced
1/2 cup parsley, minced
1 2-pound can Italian plum tomatoes, chopped
1 teaspoon oregano
1/2 cup red peppers, roasted and finely sliced
Parmesan cheese, freshly grated
Parsley, minced, for garnish
1 pound thin spaghettini

METHOD

☐ Bring 6 quarts salted water to a boil i large pot. Cover and keep at a simmer.
☐ Heat 2 tablespoons oil in a heavy inch skillet. Add the chili pepper and s sages. Partially cover the skillet and sa sausages, turning them frequently in pan, until nicely browned on all sides. move to a cutting board.
☐ Add the remaining oil to skillet. H and add garlic, parsley, and tomato Bring to a boil, reduce the heat, and s son with salt, pepper, and oregano.
☐ Bring the water back to a boil in the Add the spaghettini and cook 7-8 minu or until just tender.
☐ While the spaghettini is cooking, s the sausages in ¼-inch slices and ad the sauce together with the roas peppers.
☐ Drain the spaghettini and add to sauce. Toss, garnish with parsley, serve directly out of the skillet accom nied by freshly grated Parmesan. Serve

Zucchini-tomato salad

INGREDIENTS

2 tablespoons sherry wine vinegar
1 tablespoon Dijon mustard
6 tablespoons virgin olive oil
1 large clove garlic, mashed
Salt, freshly ground black pepper
4-6 small zucchini, unpeeled
1 pint ripe cherry tomatoes
1 small red onion, peeled and finely sliced
6-8 black Greek olives (optional)
2 tablespoons parsley, finely minced

METHOD

☐ Combine the vinegar, mustard, oliv garlic, and salt and pepper to taste small jar. Close the jar tightly and s the dressing until smooth. Set aside.
☐ Drop the zucchini into a saucepa boiling salted water and cook 3-4 min Refresh under cold water, drain, cube place in a serving bowl.
☐ Slice each tomato in half and add the sliced onion and olives to the zucch Add the dressing and a large grindi black pepper to the salad. Toss go sprinkle with parsley, and serve. Serv
☐ *Note*: This salad makes a nice appe as well—toss with 1 can of light chunk if you like.

Continued on page

WINE & FOOD



Vegetables now!

Double the pleasure of crisp summer vegetables by growing your own! Small-space gardeners can follow the lead of Leonard and Sophy Carpenter, who have been harvesting charming "mini vegetables," *left*, at Bluff Gardens in Michigan for 30 years. "The secret is to plant and pick often," says Mrs. Carpenter, who serves marble-sized potatoes, finger-length carrots, and tiny patty pan squash with dips. This month in Wine & Food, full-grown versions turn up in exciting combinations: a Venetian risotto, a bright Tomato Surprise, graphic salads, and cool, pastel soups done in 3 easy steps. And to help you choose apéritifs and accompaniments, a wine and spirits news update. For tips on mini vegetables, see page *142*.



Soups, salads, a seven-vegetable risotto, four tomato recipes—delicious ways to eat for health

Remarkable...



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Fresh ideas for VEGETABLES

Arugula gnocchi, peppers stuffed with ricotta, and other ways to add flavor and nutrition to summer meals

BY PENELOPE WARTELS

Summer vegetables, at their peak in August, are not only good sources of vitamins, especially A and C, and chock full of minerals and potassium, but also their carbohydrate content helps keep your energy level high and prevents a "too quick" use of protein in the body. "The carbohydrates in vegetables like peas, potatoes, broccoli, Brussels sprouts, kale, spinach, carrots are classified as 'complex,' which means enzymes and acids in the body convert them to sugars at a fairly slow, steady rate," says Dr. Mary Catherine Tyson—precisely why marathon runners step up their intake of these foods before a race. With so many reasons to make vegetables a star attraction of your menus, try new ones! If you see something unfamiliar, find out how to cook it—your greengrocer will be a good source of ideas.

You don't have to save arugula for salads, says Andrea Dodi, author with Hedy Giusti-Lanham of *The Cuisine of Venice* (Barron's). He makes delectable gnocchi di rugula: Cook 2-3 bunches fresh arugula in boiling salted water 3 minutes. Drain, squeeze *very* dry by hand, and chop finely. Put 1 pound ricotta on paper towels, pat dry, and change towels until it is very dry. Mix arugula, ricotta, 3 eggs, 6 tablespoons flour, and season with salt, pepper, and nutmeg. Form into small balls by taking up a rounded teaspoon of the mixture and pushing it into gently boiling salted water with another teaspoon. Poach until gnocchi rise to top of water, about 2 minutes. Drain well on towels, mix very gently with a light béchamel just before serving, and sprinkle with Parmesan. Makes about 40 gnocchi, serves 4 as main course, 6 as first course.

When you come upon a cache of the very thinnest asparagus, peel and serve either quickly blanched or raw in a napkin-lined basket with a summer-fresh dip. Blend until smooth: 8 ounces cream cheese, a little sour cream, salt, and a good bunch of washed and dried basil leaves. Serve as a surprise first course or with drinks. *Mrs. Mark Hampton.*

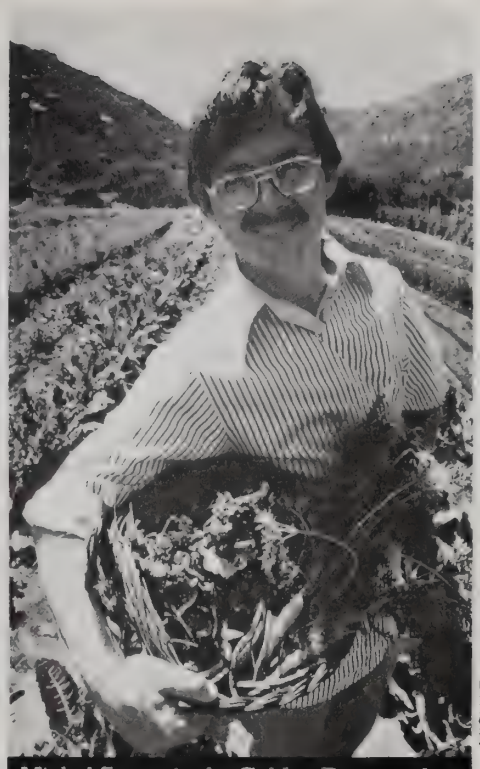
Try to catch green beans at their tiniest and serve whole, or snap the ends and stir-fry them in a little oil with garlic and ginger, season with soy sauce. *Mrs. Stuart McCampbell.*

Cook fresh green beans in boiling salted water until crisp-tender, drain, toss with butter and an equal amount bean sprouts, and season to taste—serve immediately. *Mrs. John Maynard.*

A piquant first-course salad—cook beans until crisp-tender, cut on diagonal in 1½-inch pieces. Sauté thick mushroom slices in olive oil with generous amount minced garlic. Cool separately, then just before serving combine them and mix with mayonnaise to bind, and season to taste. *Mrs. Ralph Lauren.*

If you're lucky enough to find fresh broad beans (favas), cook lightly in a little boiling salted water, drain, and reserve liquid—use to make a velouté sauce enriched with cream, flavored with lemon juice, salt, pepper, and chopped chives and parsley. *Writer Mollie Webster.*

Beets add color and flavor to the table. Choose smallest ones, boil in salted water until tender, slip off skins, and serve whole with melted butter and a sprinkle of caraway seeds. *Continued on page 138*



MICHAEL ALEXANDER

Michel Stroot in the Golden Door garden

Special salads from Michel Stroot of The Golden Door

To make salads one of the prettiest ways to diet, take a hint from Michel Stroot, chef of The Golden Door, Escondido, Calif. His "salads within salads" start with huge beautiful leaves of lettuce like redleaf. He tops them with mixed greens—romaine, watercress, Boston, spinach, Chinese cabbage—and often adds feta cheese for flavor and protein. In the center go combinations like watercress and bean sprouts, apples and mushrooms with radishes, or a special tomato salad. Experiment with your own mixtures—try raw or lightly cooked broccoli, asparagus, turnips, zucchini, or celery. For a crown, Mr. Stroot circles alfalfa sprouts with thin rounds of red pepper, like a ribbon around a bouquet of flowers.

And the dressings! They're based on fresh lemon juice from the spa's own lemons, so the amount of oil in any recipe is cut in half (proportions are half lemon juice, half oil). Use varied flavorings: very finely chopped shallots, garlic, chives, basil, oregano, parsley. You might sprinkle a tiny bit of Parmesan on the greens to offset tartness in the dressing.

Michel Stroot's special tomato salad: Peel and dice ripe tomatoes. Mix with a dressing of apple cider, mustard, and finely minced garlic and shallots. Let marinate several hours—this creates a diluted dressing when the tomato juices mix in. Arrange tomatoes in the middle of mixed greens, then place blanched green beans, left whole if very young, or sliced on the diagonal, and alfalfa sprouts on top of the salad, or use raw Chinese snow pea pods.



Fluting just-picked mushrooms to toss with a salad









DAVID MASSEY

The salad collage—4 delicious vegetable arrangements

Plump new fruits and vegetables and heady herbs and spices beckoning from market stalls or roadside stands are hard to resist gathering all up at once. So carry home what your heart desires, set it out before you, and begin, as Bonny McCone does, to carefully arrange snippets of tastes in eye-catching compositions. A natural cook who can create a home almost anywhere in the world (she founded The Talent Store, an international firm), she finds building special salads like choosing colored threads for embroidery or tiny dabs of paint from a palette—mood and instinct guide your eye, and wonderful, often whimsical designs evolve for patio lunches or buffet beach suppers.

Clockwise from top left: Rosemary roasted chicken and raw fennel, radis circles, pistachios, plus date-studded curry mayonnaise; broad beans with leeks, sheer carrot ribbons, pine nuts and a grapefruit and celery leaf garn small artichoke hearts rolled in sesan seeds, perched on pepper rings, then filled with chick-peas and garden pea a turmeric mayonnaise; steamed cauliflower with dill, capers, and orag zest, ringed with green lemons—serv with anchovy sauce. Recipes, page





r self-dressed
eks and artichoke
arts, simmer gent-
in ½ cup water, ¼
p olive oil, and the
ice of one whole
mon. Let vegeta-
es cool in liquid,
ain, and add to
lad or refrigerate.

Quick, cold vegetable soups are a refreshing opening to summer meals

One simple system yields a variety of cold soups for first courses or light simple lunches that is limited only by the cook's imagination and supplies of fresh vegetables at the market or in the garden. "My recipe is like a line of clothing separates; I mix and match to taste," says New York designer Richard V. Hare. His line-up includes a vegetable purée which forms the base of the soup (it could be sorrel, spinach, broccoli, carrot, squash, zucchini, or even lettuce, all from the garden out back), plus leek purée, homemade chicken stock, cream, salt and pepper, and parsley. The soup is built in the blender. Mr. Hare's approach to cooking leads to creations like peaches poached in wine and plum juice. "No cream, no sugar. It's very light, which is how we like to eat in the country."



KAREN RADKAI

Richard and Ann Hare work in the kitchen, **above.**
Top right: Broccoli soup garnished with yellow squash in individual shell tureens.
Right: Yellow squash soup in antique cabbage-leaf bowls garnished with parsley. Tablecloth hand-screened by Paul Marot.
Recipes, page 136.







DAVID MASSEY

VEGETABLES NOW!

From Italy, Risotto primavera—seven garden vegetables tossed with savory rice

Enjoying risotto primavera, *left*, and soaking up the sunny relaxed atmosphere of the Hotel Cipriani in Venice, Italy is a favorite lunchtime occupation for hotel guests and mealtime visitors alike. The hotel, stretching next to an Olympic-sized swimming pool, sits at the tip of Giudecca island (a boat meets you at the airport—a quick transition to pure pleasure). If you cannot stay at the Cipriani under the watchful care of Dr. Natale Rusconi, the general manager, you can come for lunch to meet friends who are guests and take a swim before sitting down poolside under vast brown and white awnings. The lunch buffet is an extravaganza of thirty-three sorts of antipasti, like a salad of arugula, grapefruit, grapes, and paper-thin slices of dried beef. Or try quickly sautéed baby sole with onions, pine nuts, and raisins. Recipe, page *138*.

Celebrate tomato seaso with a two-toned salad a warm toma and ricotta cheese pie



Vine-ripened, sweet tomato beg to be eate out of hand. "They are ex traordinarily useful," say Maurice Moore-Betty, wh created the tomato dishes *right*. "Scarcely a day go by in tomato season that don't find a way to work them into sauces, salads, sorbets, soup (consommé serve hot or cold or to spike with vodka), fried green for breakfast, filled a first course. Out of seas use canned ones." Experiment with all the varieties—yellow, red—a all the shapes. Some have more juice, some more meat, and all are deliciou Tomato surprise: 1. Cut through skin on base end Dip in boiling water to count of 6. 2. Core from blossom end and, 3, peel 4. Hollow out. 5. Stuff. 6. Set on platter open sid down, brush with aspic, range diced aspic around Chill. See Shopping information.



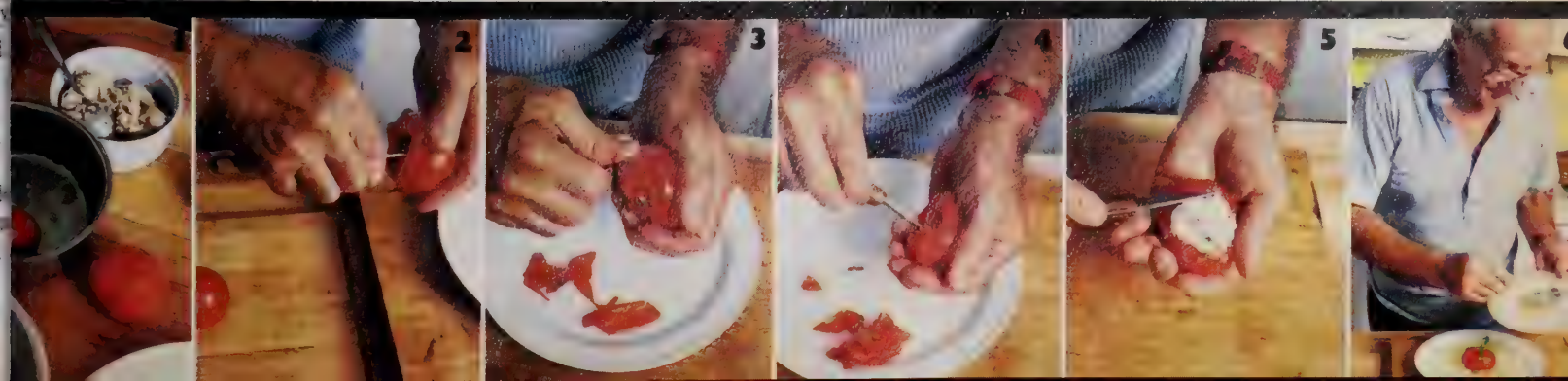


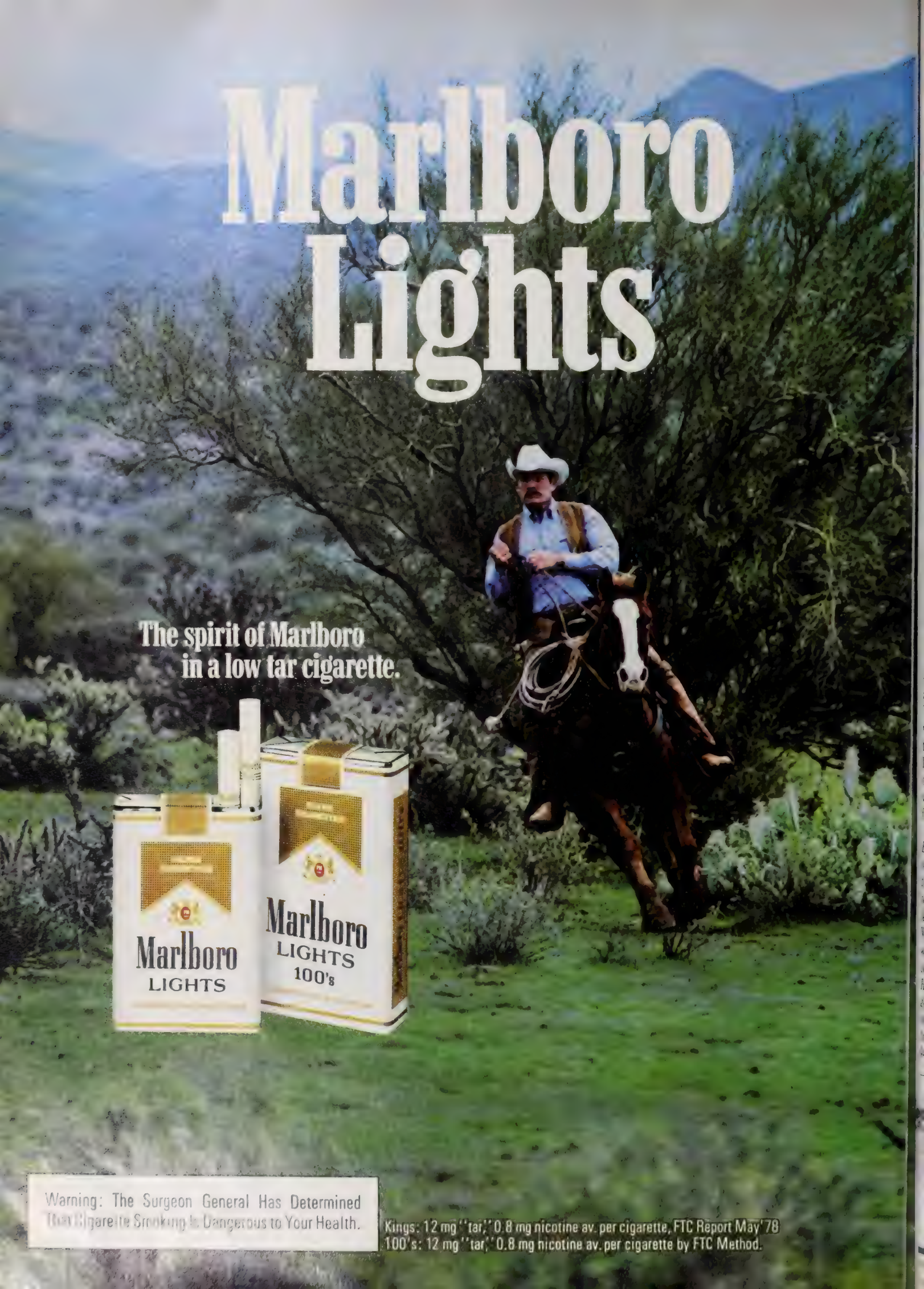




op left: Tomato salad of fully ripe yellow and red matoes with basil. Right: Tomato sandwich on mmed brown bread with watercress and blue-ined cheese—a winning combination of sweet and ngent. Above, left: Refreshing Tomato Surprise stuffed from the underside with ham, egg, and zucchini, garnished with clear cubed aspic. Right: Crusty tomato tart layers alternating slices of ripe tomato and firm ricotta on homemade tomato paste scented with basil. Recipes, page 136.

BEADLE




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BY ROBERT FINIGAN

How to read beyond the labels

Tips from an expert on new wines from California and where to look for bargains

Where to look for well-priced wines

French wine prices are going up with dizzying speed—with today's $8* price tag on a simple white Mâcon that cost $5 last year, wise consumers are seeking out alternatives to old French favorites. Most of the replacements will come from California or Italy, but every now and then it's possible to replace a madly expensive French wine with an alternative from a nearby, but less famous, French region. For instance, Pouilly-Fuissé, at $12 or so (double that in restaurants) can hardly be distinguished from St-Véran, its less celebrated next-door neighbor—and a good St-Véran from the 1976 or 1977 vintages should cost less than $6. Similarly, Gros-Plant at less than $4 is an honorable stand-in for Muscadet at $2 more, while many a Fronsac or Côte de Bourg will satisfy as much as a newly pricy St-Émilion.

But the real fun is in seeking out non-French substitutes for French wines. If you love Beaujolais (and who wouldn't?), smile at $8 price tags while you choose a California Gamay Beaujolais from Fetzer or Dry Creek or Inglenook for half that amount. A dependable Chardonnay from The Christian Brothers at less than $5 will serve nicely in place of that ambitiously priced Mâcon Blanc you had just learned to love. The less expensive, and often excellent, California Cabernet Sauvignons (Round Hill is a super buy) will frequently outclass red Bordeaux in their price range. The Italian Sauvignon Blanc of Enofriulia resembles Sancerre or Pouilly-Fumé, but you'll pay only about $4 instead of $10 or more for the French wine.

Ernest and Julio Gallo are probably the two most powerful wine men in the United States, but their better wines are still not sufficiently recognized as the great values they are. Most particularly, the Sauvignon Blanc ($4.69 for a 1.5 liter jug in New York) outclasses some Sancerees at triple the price—and their Chablis Blanc (less than $4 for 1.5 liters) is always dependably fresh and fruity. In fact, it could be labeled a Chenin Blanc, but Gallo chooses to market it under its proprietary name, and that brings forth an important point about this giant winery—many table wines are underpromoted and humbly described. The whites particularly are mostly stunning values at their prices.

Editor's note: Robert Finigan has tasted over 3,000 wines a year and spent more than $15,000 annually since 1972 to research the market for his monthly newsletter, Robert Finigan's Private Guide to Wines. *Between tastings, Mr. Finigan writes a wine column for* Mainliner, *has completed a book on wine for Addison House, and produces a weekly wine program for CBS radio. Mr. Finigan's guide is published by Walnuts and Wine, Inc., 100 Bush Street, San Francisco, Calif. 94104; $24 per year.*

Tip for serving, saving jug wines

Wines in jugs, or at least 1½-liter containers, these days are staples in the refrigerators or on the counters of many of us but are a bit unwieldy for service. Every cookware store stocks inexpensive decanters (Paul Masson conveniently packs some of its wines in ones styled after those of French restaurants), and it always seems to me that a simple wine ennobled by presentation in a decanter tastes just a little bit better than it would if poured directly from the jug. Or look for stoneware bottles which help keep wine cold. If you can't finish what's been decanted, perish the thought, keep the remainder in half bottles or full bottles you've saved from other evenings. There's no trick involved, but it helps if you've heated the leftover bottles to 450° in a dry oven or boiled them 30 minutes before refilling them (just for sterilization), and it's *essential* that you fill them all the way to the top before twisting in the cork. The more air space in the bottle, the more chance of producing vinegar rather than saving wine!

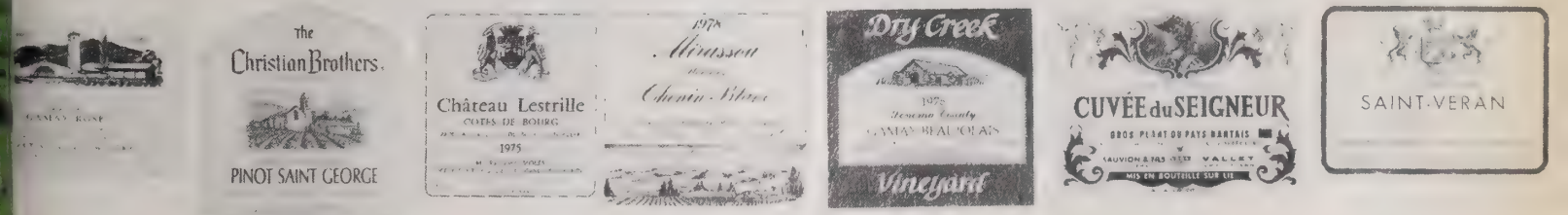


Glass decanters like Paul Masson's dress up jug wines.

Good buys in roses and their cousins, the Blancs de Noir

Rosés are perfect choices for easy drinking during summer, or for that matter, any time at all. Ignore the wine snobbism that considers all pink wines as confections for know-nothings: The best are utterly delightful, but it's important to buy and drink them when they are youngest and freshest. That means concentration on American rosés, for imports are too often faded by the time they arrive here. Furthermore, most of the widely distributed European bottlings are just too sweet for my taste. One of the pleasantest rosés I've ever encountered is the 1978 Gamay Blanc of Chappellet, from California's Napa Valley. It's the palest of pink, bone dry, and yet is delightfully fruity, with hints of wild strawberries in its subtle flavors. Other good choices include the 1978 Gamay Rosé of Robert Mondavi and the 1976 or 1977 "Beaurosé" of Beaulieu Vineyard, unusually in-

Continued on next page



Some of the best wine values come from less famous French regions and from California—here seven, all in the $5 range.

*All prices approximate

continued from preceding page

teresting because of the high quality Cabernet Sauvignon blended in. Any of these triumphs should be priced below $5 in most cities. Rosés are particularly well suited to lighter meats such as chicken, veal, and pork, and they make fine apéritifs, especially when served outdoors on a warm day.

You may be curious about certain rosé-style wines called Blanc de Noir or "Eye of the Partridge," referring to the rusty pink or orange color. Almadén was among the first to produce such a wine, called "Eye of the Partridge." Theirs is sparkling, but most are still. The thirst for white wine in America has motivated several California vintners to produce nearly white wines from black grapes, most commonly Pinot Noir or California's own Zinfandel. Mostly they're dry and effusively fruity and good choices for pre-dinner service. You will fare well with the bottlings of Caymus and Sebastiani. Just remember to drink them up before their first birthday has passed, which means search out the 1978s now on the market. California champagnes made from red grapes are very well represented by Schramsberg's Gamay Noir and Domaine Chandon's Blanc de Noir. Both are quite dry and totally irresistible.

How to tell sweet from dry in California

Sweet wines don't do well in the middle of a meal, but too often you can't tell from the label whether a particular white wine is sweet or dry. Being familiar with the style of the winery helps, since once a vintner has established a style, he is not likely to change abruptly. However, read labels carefully looking for key words and phrases like "fresh and fruity with a slightly sweet finish," or "a hint of sweetness," or "bone dry." If still in doubt, ask your merchant or your waiter whether what you're considering is really what you want. Chenin Blancs and Rieslings are especially difficult to typecast because vintners seldom inform you on the label of the style they've chosen. If your taste in delightfully fruity Chenin Blanc is towards the dry side, pick a California bottling from Dry Creek or Stonegate or Stags' Leap; sweeter editions are the specialties of Charles Krug, Mirassou, Robert Mondavi, and The Christian Brothers, who market theirs under the name Pineau de la Loire. Very dry Rieslings, much in the style of German Kabinetts, come from Trefethen, Raymond Vineyards, and Joseph Phelps in his "Early Harvest" bottling. Sweeter Rieslings come from Robert Mondavi, Chateau St. Jean, and Phelps again, this time in the version dis-[illegible] a yellow ran around the label. California has also begun to excel in the very sweet, very concentrated Rieslings traditionally associated with Germany. Two good ones come from Chateau St. Jean and Joseph Phelps and don't be surprised at a price tag of $20 for a half bottle. You'd pay double for the same quality in a German wine, and remember that a few sips of such rare treasures should suffice for anyone.

Sorting out Bordeaux and Burgundies

Bargains are there for the plucking in many retail shops these days, but be careful before you buy anything in quantity, for low price doesn't always bring you satisfaction. Sad to say, many of the lower-priced bottles represent either poor vintages or just plain dull wines. Don't give a second look to red Bordeaux of 1969 or 1972, many of which seem irresistible at $4 or $5: The gamble is simply too chancy. The same goes for red Burgundies since 1972, with the sole exception of 1976, but many of them are not worth nearly the prices commanded. Instead, try Bordeaux of 1973 or the cheaper 1975s, some of which should be decent drinking now. Just be sure to try a bottle before committing to any large quantity. Do the same with the less grand Burgundies of 1974 and 1975 and with French country whites of 1977. The day of the $3 bargain isn't altogether past, but you have to pick out the candidates, taste—and then pounce, before the wine-lover across the street has discovered the bottle you're considering.

Tasting before buying goes double for any red Burgundy in light of the most recent news. One of the region's prime shippers, Bernard Grivelet, has been questioned by government authorities about the export of some 70,000 bottles labeled improperly. French wine law specifies the amount which can be produced per unit area of vineyard; any excess must be distilled as industrial alcohol. It's a good law because it's meant to keep growers from maximizing production at the expense of quality: Just like rose bushes, grapevines don't produce their best unless pruned back severely. Grivelet's alleged offense has to do with overproduction, with bottling far more wine of noble name than he should have from the acreage he controlled. Grivelet has been quoted as shrugging off the entire matter with Gallic disdain: "It's a paper problem," he told one reporter. But the sort of debasement involved here is probably far more widespread than anyone yet imagines, and Grivelet's woes could prove just the tip of a very large iceberg. ■

The salad collage
continued from page 128

Chicken and fennel salad

INGREDIENTS

1 bulb fennel
1 chicken breast, skinned, boned, and roasted (season with rosemary before roasting)
1 small bunch radishes, washed and trimmed
1/2-1 cup pistachio nuts, toasted
Rosemary sprigs for garnish
Curry mayonnaise
Several dates, sliced, for garnish

METHOD

☐ Rinse and trim the fennel—reserve feathered stalks for another use. Slice the bulb end into ½-inch-thick slices. Slice the chicken breast similarly and arrange on a plate, alternating with fennel.

☐ Slice several radishes into paper thin rounds, scatter on top of the salad with pistachios, and place rosemary sprigs at the sides. Blend curry powder to taste into homemade mayonnaise (follow directions for anchovy sauce in cauliflower salad, omitting anchovies) and serve separately garnished with sliced dates. Serves 2.

Leek and fava bean salad

INGREDIENTS

2 cups fava beans, shelled
4 very young, tender leeks
1/4 cup olive oil
Juice of 1 lemon
1 large carrot, scraped
1/2 cup pine nuts, toasted
1/4 cup chick-peas, cooked and drained, or 1/4 cup toasted slivered almonds
Grapefruit sections for garnish
Celery leaves for garnish

METHOD

☐ Steam the fava beans or cook in a small amount of boiling water until tender, about 20 minutes. Refresh under cold running water and drain. While the beans cook, trim leeks and rinse very well to remove all traces of sand. Cook until tender in a saucepan with the olive oil, lemon juice, and ½ cup water. Remove from pan with a slotted spoon.

☐ Arrange the cooked beans on a plate and place the leeks on top of them. Use a vegetable peeler to remove paper thin ribbons from the carrot and arrange the ribbons over the leeks. Sprinkle with pine nuts, chick-peas or almonds, and garnish the plate with grapefruit sections topped with a celery leaf. Serves 4.

Red pepper and artichoke heart salad

INGREDIENTS

4 small fresh artichoke hearts
1/4 cup olive oil
Juice of 1 lemon
1 cup sesame seeds, toasted
3/4 cup chick-peas, cooked and drained
3/4 cup green peas, cooked and drained
1-1 1/2 cups homemade mayonnaise blended with 1/8-1/4 teaspoon turmeric
2 red peppers

Continued on page 13



The Wakefield Weekend

After knocking yourself out all week, reward yourself this weekend. Indulge in sweet and succulent Wakefield Crabmeat. Create unexpected hors d'oeuvres on Friday night. An elegant dinner on Saturday. Or a tasteful light lunch on Sunday. Like any good weekend, there's very little work involved. So look for Wakefield in your grocer's freezer this week,



and have a Wakefield weekend.

ARTICHOKES A LA WAKEFIELD

(Main dish or salad)
1 pkg (6 oz.) Wakefield Snow Crabmeat
4 oz. cream cheese
1 T. mayonnaise
1 t. lemon juice
½ t tarragon
4 med. artichokes

Thaw crabmeat and drain; save liquid. Cook artichokes, chill, scoop out centers. Mix cream cheese, mayonnaise, lemon juice, tarragon, 5 oz. crabmeat and liquid. Fill centers with mixture. Garnish with remaining crab.

(For more delicious weekends send 25¢ to Wakefield Recipe Booklet, Dept. HG-100, C-10220, 1450 114th Ave S.E., Bellevue, WA 98004.)

The salad collage
continued from page 134

METHOD

☐ Cook the artichoke hearts until tender in a saucepan with the oil, lemon juice, and ½ cup water. Remove from pan with a slotted spoon and roll in sesame seeds to coat. Combine the chick-peas, green peas, and turmeric mayonnaise in a small bowl—blend gently but thoroughly.

☐ Slice 1 red pepper into rings, removing any membrane and seeds. Place the pepper on a plate and arrange artichoke hearts on top of the rings. Fill with the chick-pea mixture. Seed and core the second pepper, slice it into thin strips, and arrange it on the plate between the artichoke hearts. Serves 2-3.

Cauliflower salad

INGREDIENTS

1 small head cauliflower
2 green lemons or limes, sliced
6-12 ripe black olives
Several thin strips orange zest
2 tablespoons capers, rinsed and drained
Several sprigs fresh dill
1 egg
¼ teaspoon dry mustard
Pinch salt
1 tablespoon lemon juice
1 cup vegetable oil
1 tablespoon anchovy fillets or paste

METHOD

☐ Rinse and trim cauliflower and steam just until tender, 8-12 minutes. Refresh under running cold water, drain, and chill.

☐ Arrange lemon or lime slices around the edge of a serving plate and top each with pieces of black olive. Place the cauliflower in the middle of the plate and arrange orange zest, capers, and dill over it.

☐ Place the egg, mustard, salt, and lemon juice in a blender and blend a few seconds until frothy. With the blender running at high speed, begin to pour the oil into the egg mixture *very slowly*. After you have added about ½ cup, the mayonnaise will be quite thick—scrape down the sides of the blender when necessary and add more lemon juice if needed. Blend in the anchovy fillets or paste and serve the sauce separately, topped with 1 or 2 anchovy fillets if you like. Serves 4. ■

Vegetable soups
continued from page 129

Broccoli soup

INGREDIENTS

1 bunch fresh broccoli
1 fresh leek
2-2½ cups chicken stock
1 cup cream or half-and-half
Salt, white pepper
Chopped parsley for garnish

METHOD

☐ Wash the broccoli and trim any woody stems. Break into branches and parboil several minutes in a small amount of water. Follow the same method for the leek.

☐ Drain the broccoli well and purée through a food mill or in a food processor and set aside in a bowl—you should have 1-1½ cups purée. Repeat with the leek.

☐ Place half the broccoli purée, a tablespoon leek purée, 1 cup chicken stock, and ½ cup cream in a blender and process until smooth. Remove to a bowl and repeat with the second half of ingredients. If the mixture seems too thick, blend in a little chicken stock. Season to taste with salt and pepper. Combine the 2 batches and chill until ready to serve. Sprinkle with parsley just before serving. Serves 4.

Yellow squash soup

INGREDIENTS

3-4 yellow squash, straightneck or crookneck
1 fresh leek
2-2½ cups chicken stock
1 cup cream or half-and-half
Curry powder
Salt, white pepper
Chopped parsley for garnish

METHOD

☐ Wash and trim squash, slice thickly, and parboil several minutes in a small amount of water in a saucepan. Follow the same method for the leek.

☐ Drain the squash well and purée through a food mill or in a food processor and set aside in a bowl. If you prefer a smoother purée, pass it through a fine sieve to remove any bits of seed that may still be firm. Repeat with the leek.

☐ Place half the squash purée, a tablespoon leek purée, 1 cup chicken stock, and ½ cup cream in a blender and process until smooth. Remove to a bowl and repeat with the second half of ingredients. If the mixture seems too thick, blend in a little chicken stock. Combine the 2 batches, stir in curry powder, salt, and pepper to taste, and chill until ready to serve. Sprinkle with parsley just before serving. Serves 4.

Note: To accompany his cold soups, Mr. and Mrs. Hare like to serve sandwiches of thin whole-wheat bread spread with homemade mayonnaise and chopped dill, topped with crisped cucumber slices (soak briefly in ice water), or Melba-toasted thin rye or pumpernickel bread spread with mayonnaise, sprinkled with freshly grated Parmesan, and run under a broiler until crisp and bubbly. ■

Tomatoes
continued from page 129

Tomato juice

INGREDIENTS

4 pounds very ripe, very red tomatoes
1 tablespoon salt

METHOD

☐ Peel tomatoes and rub through a fine wire sieve or put through a food mill. Do not use a food processor or blender, or the juice will be cloudy. Stir in salt, bottle, and freeze. To use, add whatever seasoning you prefer. Makes 2-3 cups.

Tomato sauce

"This is my favorite tomato sauce. It freezes very well."

INGREDIENTS

2½-3 pounds ripe, very red tomatoes
1 stick butter
1 tennis-ball-sized onion, peeled and halved
Salt
Pinch sugar

METHOD

☐ Wash tomatoes and cut up coarsely. Cook, with the butter, over medium-low heat in a covered enamel or stainless steel-lined pan for about 15 minutes.

☐ Put the mixture through a food mill—do not use a food processor or blender, or the seeds will be pulverized and the sauce cloudy. Cook at a very slow simmer with the onion, 2-3 teaspoons salt, and a good pinch of sugar for 45-60 minutes. Makes 3-4 cups.

Green tomato chutney

"I have had this recipe nearly 50 years—it's *very* good."

INGREDIENTS

6 pounds green tomatoes
4½ pounds hard, tart apples
3 large onions
1½ pounds brown sugar
1½ ounces mustard seed
1½ teaspoons cayenne pepper
3 tablespoons salt
4½ cups white vinegar

METHOD

☐ Parboil tomatoes and peel them. Peel and core apples. Peel and chop onions coarsely. Chop tomatoes coarsely—do not remove seeds. Chop apples about the same size as the tomatoes.

☐ Place all ingredients in a large enamel or stainless steel-lined pan. Bring to a boil, reduce heat, and simmer, covered, 2½ hours. Pour into sterilized jars and seal. Makes about 4 quarts.

Tomato salad

INGREDIENTS

1 pound ripe red tomatoes, peeled and sliced
1 pound yellow tomatoes, peeled and sliced
Olive oil
Salt, pepper
Basil leaves

METHOD

☐ Arrange the tomatoes on a large serving platter in overlapping rows, like a fish scale pattern. Sprinkle with a little olive oil and salt and pepper to taste. It is unlikely that you will need vinegar or lemon juice because of the tomatoes' acidity. Garnish platter with basil.

Tomato surprise

INGREDIENTS

3 cups light amber-colored aspic (find aspic powder in specialty shops), flavored with 2-3 tablespoons Madeira (recipe below)
6-8 firm tomatoes, not more than 1¾ inches in diameter
4 ounces cooked ham
1 hard-boiled egg, peeled
8-10 sprigs fresh mint
1 small zucchini (not more than 3 ounces), coarsely grated
2 tablespoons mayonnaise
Salt, pepper

METHOD

☐ Mix the aspic according to package directions (or use recipe below) and pour into a 12-by-8-inch glass gratin dish to a depth of ¼ inch. Refrigerate to set and reserve what remains in its liquid state, unrefrigerated, for brushing on tomatoes.

☐ Drop the tomatoes into a saucepan of boiling water, count to six, then lift them out and refresh under running cold water. Peel, cut out the core at stalk end, and carefully gouge out as much of the pulp and seeds as possible without damaging the shape of the fruit. Stand tomatoes on a wire rack to drain.

☐ Chop the ham, egg, and 2 mint sprigs in a food processor or by hand. Scrape into a small bowl, add grated zucchini and mayonnaise, and mix well. Season with salt and pepper to taste. If the ham is well flavored, additional salt may not be needed.

☐ Stuff the tomatoes with the ham mixture and arrange, filled side down, on a serving platter. Put a very small sprig of mint on each tomato and brush with liquid aspic. Dice the set aspic with the blade of a small knife—run it the length of the dish and then the width, making small squares of no more than ¼ inch. Lift out with a cold spoon and arrange around the tomatoes. Chill the finished platter until ready to serve. Serves 6-8 as a first course.

Quick aspic jelly

INGREDIENTS

1 cup chicken broth, clarified
1 envelope unflavored gelatin
2-3 tablespoons Madeira
Salt, pepper

METHOD

☐ Chill the broth so all particles of fat may be removed. Place defatted broth in a saucepan and heat slowly until tepid. Sprinkle

Continued on next page

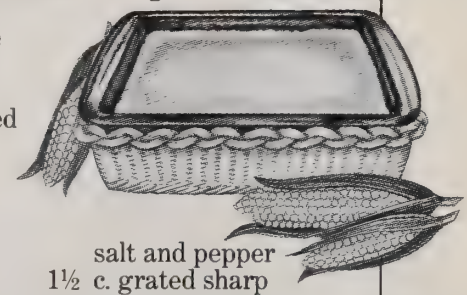
Cornelius

for Corning



It's that time of year when we're getting to be up to our ears in corn. Just for a change, you might like to try it off the cob. Here's a pudding that's hot stuff with a barbecue, especially when you make it and take it in Pyrex® Fireside Naturals—those tawny baking dishes that come with their own rattan serving baskets. I used the 8" square size for...

As Corning as Kansas in August.



½ stick butter or margarine
3 c. corn cut from the cob (or frozen or canned)
1 small onion, finely chopped
½ c. chopped pimiento
1-2 small jalapeño chilies, minced very fine
¼ c. flour
2 c. milk
3 eggs, well beaten
4 slices crisp bacon, crumbled
salt and pepper
1½ c. grated sharp cheddar cheese

Melt butter in a large saucepan; sauté corn and onion over low heat 5-6 minutes. Stir in pimiento and chilies. Sprinkle with flour. Gradually stir in milk and keep stirring over medium heat until mixture thickens. Gradually stir this mixture into eggs, adding bacon, then salt and pepper to taste. Pour into 8" square baking dish. Sprinkle with cheese. Place dish in larger pan and fill pan with water halfway up the sides. Bake in preheated oven at 325° for 40-45 minutes, or until set. Serves 8.

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Hello! Corning has two new items that everyone's talking about. They're called "Party Servers," and they serve practically anything. Each handsome wood frame holds two pieces of Pyrex Fireside bakeware, plus a hardwood cutting board. Use the bakeware for main dishes, hors d'oeuvres, nut breads, raw vegetables, dips.* Use the cutting board for slicing cheese or bread. You'll find Party Servers at department stores and specialty shops. They make great gifts—but if you can't bear to part with them, just party with them!



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Tomatoes
continued from preceding page

the gelatin over ¼ cup of warm broth in a small dish. Allow to stand 2-3 minutes until softened. Stir softened gelatin into remaining broth. Heat gently to dissolve, stir in the Madeira, and correct seasoning with salt and pepper. Strain through 2 thicknesses of cheesecloth. Makes 1 cup.

Tomato tart

INGREDIENTS FOR PIE SHELL

2 cups all-purpose flour
Generous pinch salt
3 level tablespoons shortening
4 ounces (1 stick) sweet butter, well chilled and diced
1 small egg, lightly beaten

INGREDIENTS FOR BASE FILLING

(enough for 2 tarts)
4 tablespoons olive oil
1 medium onion, peeled and chopped
3 pounds ripe tomatoes, peeled, seeded, and chopped
3 or 4 sprigs fresh basil, chopped
Salt, pepper

INGREDIENTS FOR FILLING

4 or 5 tomatoes (not more than 1½ inches in diameter) peeled and sliced vertically in ¼ inch slices
½ pound ricotta Romano or fresh mozzarella, thinly sliced and cut into 2-inch squares
Butter, melted
Salt, pepper

METHOD FOR PIE SHELL

☐ Sift flour and salt into a bowl. Add shortening and butter. Mix one into the other with two forks or a pastry blender and finish blending with fingertips. The end result should resemble coarse corn meal.

☐ Add 3-4 tablespoons iced water and mix to form a rough dough. Shape into a ball and, with the heel of your hand and the weight of your body behind it, smear the dough, small pieces at a time, on a floured board or pastry cloth. Reshape and wrap in plastic wrap. Refrigerate at least 2 hours.

☐ Roll out the dough to a little more than ⅛-inch thick. Roll it onto the rolling pin, then fit into an 8-inch flan ring. Let dough hang over the sides, but fit it neatly into the corners. Prick with a fork, cover with wax paper, and weight down with raw rice or dried peas. Bake in a preheated 450° oven 10 minutes. Lower heat to 350° and bake 10 minutes more. Remove paper and beans and brush the inside of the shell with the beaten egg. Run a sharp knife around the edge to cut off the surplus pastry. Return shell to oven and bake a final 10 minutes. Cool before filling.

METHOD FOR BASE FILLING

☐ Heat oil in a heavy skillet, add the onions and cook slowly until they are golden and soft. Add tomatoes and cook slowly 1 hour or more, stirring from time to time, until almost all moisture has evaporated, and mixture is reduced to a paste. Stir in chopped basil and season well with salt and pepper.

METHOD FOR ASSEMBLY

☐ Spread half the tomato mixture in the pastry shell. Arrange the tomato and cheese slices alternately in rings on the tomato base. Fill in the gap that will be left in the center of the tart with end slices and a small cherry tomato. Brush with melted butter and sprinkle lightly with salt and pepper.

☐ Place tart under a preheated broiler for about 5 minutes, until cheese bubbles lightly and takes on a bit of color. Serve hot or at room temperature. Serves 4-6. ■

Vegetables with rice
continued from page 128

Risotto primavera

INGREDIENTS

3½ ounces small asparagus
3½ ounces zucchini
¼ cup green peas
½ cup butter
½ onion, peeled and chopped
1 cup rice
6 cups beef broth
⅓ cup mushrooms, lightly sautéed and chopped
1 green pepper, freshly roasted, peeled, and diced
1¼ cups tomatoes, peeled, seeded, and diced
4½ tablespoons Parmesan cheese, grated

METHOD

☐ Wash and trim the asparagus, zucchini, and peas and boil separately in a small amount of water until tender. Cut the asparagus and zucchini into small dice.

☐ Sauté onion in ¼ cup butter in a large sauté pan until lightly browned. Add rice and stir vigorously a few minutes so that all grains are well coated. Add the broth gradually and bring mixture to a simmer, stirring constantly. When rice is half done, about 8 minutes, add all vegetables, bring mixture to a simmer again, cook until rice is tender but still a bit resistant to the bite, *al dente*. The mixture should be liquid with all ingredients retaining their identity. Spoon rice into a heated serving dish, ¼ cup butter and Parmesan, stir vigorously until melted. Serve immediately. Serves 2 as a main course ■

Vegetable ideas
continued from page 127

Beets and celery en gelée is a terrific change from cold soup. Soften 1 tablespoon plain gelatin in 3 tablespoons wine vinegar, add 1¾ cups water, and stir over hot water until dissolved. Let cool until starting to gel, then stir in 2 cups sliced cooked beets, ¼ cup finely chopped celery, 2 tablespoons grated fresh horseradish, a dash lemon juice, and salt. Pour into an 8-inch-square pan and chill until set. Serve in squares on lettuce leaves with a vinaigrette. *Mollie Webster.*

For salads, steam broccoli stalks until crisp-tender, top with paper-thin shavings of radish, and dress with a vinaigrette. *Mary-Ellen Weinrib.*

Bernice Yazbek, who teaches Middle Eastern cooking in New York, serves Moroccan carrots: Scrape and thinly slice 1 pound carrots. Boil in salted water with 1 clove garlic until just tender, drain, season with 1 teaspoon each paprika and ground cumin, 3 tablespoons cider vinegar, and 1½ tablespoons salad oil. Toss carefully and serve at room temperature with a sprinkling of chopped parsley.

Marinated carrots are delicious with grilled or poached fish. Slice 12 carrots on the diagonal, boil in salted water 4 minutes, drain, and put in a nonmetallic dish with 1 thinly sliced red onion. Heat 1 cup tarragon vinegar, 1 cup sugar, ¼ teaspoon salt, ⅓ cup oil until sugar dissolves, pour over carrots, marinate 2 days, covered. *Mrs. Judson Reis.*

Corn—does anything say "August" more clearly? And the fresher the better—remember the old saying, "Put the pot on to boil, then pick the corn?" Cut kernels from the cob raw and sauté in butter with lots of chopped chives. *Mrs. Reginald Oliver.*

Craig Claiborne of *The New York Times* loves a corn salad he had in Italy. Cut kernels from 3 or 4 cooked ears. Add 2 tablespoons red wine vinegar, 6 tablespoons olive oil, 1 can hearts of palm cut into ½-inch rounds, salt, and freshly ground pepper to taste. Just before serving, toss with ½ head romaine torn into pieces and 2 ounces imported Parmesan, sliced wafer thin. Serves 4.

Baked corn with tomatoes is easy and delicious. Place 1½ cups raw corn kernels in a buttered casserole, cover with 1½ large ripe tomatoes, sliced, 1 tablespoon minced onion, ½ finely chopped green pepper, ½ tablespoon butter in bits, salt, pepper, and a pinch sugar. Repeat layers, top with 1 cup fresh breadcrumbs and 3 slices diced bacon. Bake in a 375° oven 45 minutes. Serves 4-6. *Mrs. John Maynard.*

For a tart chilled cucumber buttermilk soup, melt 2 tablespoons sweet butter and cook 2 cucumbers, peeled, seeded, and diced and 6 sliced scallions (use green tops) over low heat 10 minutes, without coloring. Add 2 cups chicken stock, salt and pepper to taste, cover, and simmer 10 minutes. Purée, add 2 cups buttermilk, chill, and correc

Continued on page 140

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seasoning. Stir in ½ peeled, seeded, and grated cucumber before serving and garnish with chopped dill, mint, or parsley. Serves 4-6.

When dandelion greens appear at the greengrocer, make a wilted salad, suggests Nika Hazelton, author of *The Regional Italian Kitchen* (Evans). Cook diced bacon until crisp, remove from pan with a slotted spoon, and add vinegar to fat to make a dressing. Toss quickly with dandelion greens, adding bacon and crisp croutons for crunch.

To make fried eggplant with an unexpected flavor from the Bahamas, dip slices into egg beaten with a little milk, then into flour seasoned with salt, pepper, a pinch sugar, and cinnamon. Fry until golden, drain on paper towels. *Mrs. Howard Wolfe, Jr.*

Red and green peppers add a rich sweetness to summer dishes. Roast red peppers over a flame until charred, pop into a brown paper bag and close tightly for a few minutes, then peel. Fill with fresh ricotta cheese and arrange on plates wreathed with basil or parsley leaves. Serve with olive oil and lemon juice. *Mary-Ellen Weinrib.*

Tschav is a cold sorrel soup Andrea Farber, wife of fashion photographer Robert Farber, serves often on Fire Island. Wash 1 pound sorrel leaves and strip out any thick stems. Put sorrel, 4-5 cups water, 1 finely chopped onion, 1 teaspoon salt, ½ teaspoon grated lemon zest, juice of 1 lemon, and 1 tablespoon sugar in a saucepan. Bring to a boil, lower heat, and simmer until tender, about 20 minutes. Cool a little, mix a bit of soup with 1 egg yolk beaten with 2 tablespoons cold water, then pour mixture slowly into soup, stirring. Adjust seasoning and chill in the refrigerator. Just before serving blend in 2 tablespoons sour cream, 1–2 chopped hard cooked eggs, 2 sliced scallions, and ½ chopped cucumber. Serves 4.

Tomatoes are the epitome of summer vegetables. Gael Greene serves a refreshing tomato sorbet in the middle of a meal. Flavor tomato purée (peel and seed tomatoes, then purée), with a little cranberry juice, lemon juice, and sugar to taste—it should be tart—and freeze in an ice cream freezer, following directions.

New York party consultant Diana Foster makes a lovely soup that captures the essence of fresh ripe tomatoes. Peel 12 very ripe tomatoes and 2-3 sweet Bermuda onions. Put them through the largest hole of a meat grinder, catching all juice (using a meat grinder gives the soup some texture). Season with salt, freshly ground pepper, and a pinch sugar. Chill, then serve, topping each cup with a dollop of sour cream mayonnaise and a bit of snipped parsley. Serves 6.

Watermelon turnips appear in August

Bernice Yazbek makes Lift—Middle Eastern pickled turnips. Scrub and quarter 5 medium-sized white turnips. Sprinkle with salt and let stand in a nonmetallic bowl 1½ hours. Discard liquid, rinse, and put in a 1-quart jar. Add 1 cup white or cider vinegar, about 1¼ cups water, 1 teaspoon salt, and 1-2 slices raw or cooked beet for color (optional). Add water if necessary to cover the turnips to top of jar. Let stand 3-4 days, reversing jar for 1-2 days to let color permeate the turnips. Refrigerate.

Rona Deme, of The Country Host in New York, often serves an English country vegetable pie in the summer. Put 2 peeled and diced carrots, 2 stalks diced celery, 1 green and 1 red pepper, diced, 1 diced onion, and 1 sliced zucchini in cold salted water and bring to a boil. When the carrots test just fork tender, remove from heat and drain well. Mix with 1½ cups Mornay sauce (stir in ¼ teaspoon dry mustard mixed to a paste with water when you add grated Cheddar to the white sauce), put in a 6-cup casserole, and cover with mashed potatoes. Make a design on potatoes with fork tines or pipe a border. Dot with butter and sprinkle with a little grated Cheddar cheese. Bake in a 400° oven 20-25 minutes, until potatoes are lightly browned. Garnish with parsley and serve with an assortment of cooked fresh vegetables. Serves 4-6.

Stir-fried watercress is superb as a hot vegetable-salad, perfectly piquant with meat, especially pork, and fish. For each bunch of watercress, mince a 1-inch piece ginger and 1 clove garlic. Sauté in 2 teaspoons each oil and butter over high heat 1 minute, then add watercress (remove tough stems first), stir-fry 1–2 minutes, and season to taste. Serves 2. *Lauri Bandhu, of New York's Table d'Hote restaurant.*

A tip on zucchini from Craig Claiborne—since it retains heat, thus continues to cook, the thing to do is barely heat it through. Slice zucchini on the diagonal, drop into boiling salted water, and when water is barely back to the boil, drain quickly—it will be crisp and tender.

Mrs. John Maynard foregoes the vegetable itself and picks unopened squash flowers—zucchini or crookneck—sautés them in butter 2-3 minutes, seasons with salt and freshly ground pepper.

Madhur Jaffrey, author of *An invitation to Indian Cooking* (Knopf), likes to serve vegetables cooked by the Gujarati method. She steams any vegetable, like peas, green beans, carrots, or zucchini, in ¼-inch water with a little oil in a tightly closed saucepan 3–5 minutes. Most of the water evaporates, and the oil that remains serves as a dressing. Sprinkle vegetables with finely chopped coriander, green chilis, ginger, fresh coconut if available, salt, and always a pinch of sugar.

Grilled vegetables

Charcoal fires can lend their distinctive flavor to vegetables as well as meats. Leave onions unpeeled, wrap in foil, and bake right down in the coals until soft, 30-60 minutes depending on the size. Or peel and quarter, but don't cut all the way through, so onion opens like a flower—sprinkle with salt, freshly ground pepper, and marjoram, fresh oregano, or summer savory, put in a knob of butter, wrap in foil, and bake on the coals.

Gael Greene likes to cut zucchini in halves or thirds lengthwise, then put in a shallow pan with olive oil flavored with garlic. Cook on the grill; when just about done, put the zucchini right on the grill for a quick turn.

Or halve baby eggplants, brush with olive oil with lots of minced garlic. Put on the grill skin side down and grill until burned, turn, and grill lightly—the eggplant is rich and custardy. Serve hot or at room temperature with a vinaigrette. *Harley Baldwin, developer of the Bridge-Market Corp. in New York.*

To grill large mushrooms over the coals, wipe clean, remove stems, brush outside and inside of caps with melted butter. Grill inside down 3 minutes, turn, and put 1 teaspoon butter and 1 teaspoon chopped chives with salt and freshly ground pepper to taste in each cap. Grill 3-5 minutes, until just tender and butter melts. ■

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Meal in minutes
continued from page 124

Poached nectarines in caramel sauce

INGREDIENTS

6 ripe nectarines
½ cup plus 2 tablespoons sugar
⅓ cup apricot or peach brandy
1 cup heavy cream, heated to lukewarm
Mint sprigs for garnish

METHOD

☐ Drop the nectarines into a saucepan of boiling water for 30 seconds. Lift out, peel, and cut in half, removing the pits. Place in a bowl and sprinkle with 1-2 tablespoons sugar and the apricot or peach brandy—let marinate until ready to serve.

☐ Combine ½ cup sugar and 3 tablespoons water in a small heavy saucepan. Cook the mixture until it turns a deep hazelnut brown. Add the warm cream all at once, bring mixture to a boil, and cook, stirring constantly, until the sauce is smooth. Chill until serving time.

☐ When ready to serve, drain the nectarines and place 2 halves on individual deep serving plates. Spoon caramel cream over each serving and garnish with a sprig of fresh mint. Serves 6.

☐ *Note*: If nectarines are unavailable, try peaches; or use orange sections marinated in orange liqueur. ■

Vegetables now
continued from page 125

Leonard and Sophy Carpenter start planting seeds for mini vegetables in Harbor Springs, Mich., 7-10 days after the last snow melts and continue planting and harvesting until the first frost. Here are some of their tips for growing and cooking.

- Order regular seeds for vegetables from a good seed house. Plant according to instructions in loose, soft soil—make sure to water well if the soil is sandy.
- If your garden area is small, start with 6-8 hills of potatoes, 3-4 hills of white patty pan squash (cymlings), and 2 hills of zucchini. Green beans need more room, a row nearly 20 feet long.
- Check most of the vegetables every 2 weeks, except potatoes. You should replant them 5 or 6 times, about 4 weeks apart, depending on your growing climate.
- If you prefer, harvest the mini potatoes once, then place the plants back in the soil carefully and water very well; they may continue to grow, and you can harvest a mature crop later.
- Sow carrot seed thickly in the row, harvest mini carrots when it's time to thin the plants, and let the rest grow to full size.
- Serve carrots, zucchini, and scallions raw with dips or as a garnish.
- Green beans and patty pan squash are best steamed—season with a little butter, salt, and pepper. They're also good for pickling whole, as are tiny beets.
- Boil tiny potatoes in a small amount salted water to which about ¼ teaspoon vinegar has been added—it helps keep them white. Serve warm as hors d'oeuvre with sour cream or mix with green peas for an amusing dish. If potatoes reach golf-ball size, wrap them, with a pat of butter, in a double layer of aluminum foil and cook 20 minutes directly over hot coals.

The companies listed below carry a wide variety of seeds for vegetables. Write for free catalogues.

Burpee Seed Co., Warminster, Pa. 18991
Comstock, Ferre & Co., 263 Main St., Wethersfield, Conn. 06109
Joseph Harris Co., Inc., Moreton Farm, Rochester, N.Y. 14624
L.L. Olds Seed Co., P.O. Box 7790, 2901 Packers Ave., Madison, Wisc. 53707
Geo. W. Park Seed Co., Inc., P.O. Box 31, Greenwood, S.C. 29647 ■

Mirror shopping guide
continued from page 103

They can come highly polished or in a satin or brushed finish for a soft glow. If you want to mirror a wall with metal, first decide which metal you want, then look in the Yellow Pages to find the distributors and polishers for that metal.

Easier to come by are metallic-laminate wall and counter coverings, made by companies like Formica and Wilsmart (see Zandra Rhodes's kitchen on the preceding pages). The metallic laminates come in chrome, brass, copper, and other looks, in a variety of textures and finishes. These can be purchased through contractors, home centers, and lumberyards.

Foil wallcoverings offer a less permanent way to put the gleam of metal on walls. Thin sheets of foil laminated to paper, they come in a variety of colors, textures, and shiny or satin finishes. You can find them at home centers and wallcovering stores.

When you're shopping for a mirror, check these points to judge the quality of the mirror:

- If you're looking for a mirror with a precise reflection, look out for distortions. Try leaning back and forth in front of the mirror to check for possible irregularities.
- The back should have been treated after mirroring with a sealing finish—this prevents the reflective backing from separating and helps protect it from scratching.
- The mirror should have beveled edges, or at least polished edges. The amount of beveling can vary according to taste, but there should be some—it makes a neater seam when two mirror panels are put together; prevents the edges from chipping; and often prevents cuts on the sharp edges.
- With all mirrors, the thicker the mirror, the sturdier it will be.

If the mirror is framed, it can be hung like a painting—with heavy screw eyes in the back of the frame with a sturdy wire strung through. Hang on two sturdy nails or picture hooks, not on adhesive-backed hangers. Felt tabs can be glued at the four corners in back to allow air circulation behind the mirror to prevent moisture from building up, which may attack the backing. If you're going to frame a plastic mirror, be sure to allow for expansion and contraction with changes of temperature and humidity.

The National Association of Mirror Manufacturers has these recommendations for giving your mirror a long life and good looks: Keep dusted with a soft cloth. When they need cleaning, glass mirrors can be washed with household glass cleaners or a weak solution of water with ammonia, alcohol, or vinegar. Antique mirrors should be cleaned with a water solution that contains only a few drops of ammonia. Other precautions to take with antique mirrors: Make sure the wire holding it up is not corroded, and that the mirror back is well sealed to protect the silvering. Plastic mirrors can be cared for with one of the wax-based furniture polishes—the wax fills in scratches, cleans, protects.

For all kinds of mirrors, use a clean, soft cloth moistened (or sprayed) with the cleaning solution. If the cleaners run into the edges of the mirror, wipe them away immediately, otherwise the edges will blacken and the mirror bond will begin to weaken. And never use abrasive, alkali, or acid cleaners.

When you store mirrors, keep them wrapped up or in a carton so they won't get scratched. ■

Appeal of small
continued from page 86

areas, not just the husband's 'den'," she says. "It's analogous to being roommates."

Dr. Paxson, whose architectural studies make her particularly interested in the design aspect of small spaces, suggests some practical design techniques to facilitate a sense of privacy. "What we are looking for is separateness," she explains, "and it can be of space or of time. A couple who work in very different ways can use the same work space, but at different times. For instance, it is possible to set up just one desk in a small apartment that both may use, at different hours." Kathleen Love, her colleague, prefers two tiny rooms to a shared desk, however. "For some reason, the shared desk did not work well for my husband and me. We have opened up a closet to make a work space, so that we each have our own."

Dr. Paxson also emphasizes auditory privacy—the separation of sounds. If

bedrooms can be separated from each other by a bathroom, or by building a closet or cabinet against the adjoining walls, this encourages a sense of distance. She also believes in hallways and corridors, which have often been scorned as occupying wasted space. In fact, they encourage a sense of separation and privacy. Billy Baldwin once said that the most important architectural element in his tiny Nantucket saltbox was the hallway dividing the two downstairs rooms.

"It's simply a question of dividing the public and private space as you move through the apartment or house," says Lynn Paxson. "And you must learn to look at space more flexibly," adds Kathleen Love. "A living room doesn't have to be a living room. A bedroom can become an office. I know a woman with two children in a 2-bedroom apartment, who decided she wanted a pottery studio. So she converted her bedroom into a studio and sleeps in the living room."

Of course this makes demands upon you. You have to be disciplined. But you also have to be flexible. If your husband is congenitally untidy, find him a closet which can be as messy as he likes inside, and just keep the door closed. If you just hate to grapple with sheets and blankets when you're making beds, get rid of the problem by using sheet-covered quilts—duvets—instead. Many small-space issues are merely ingenuity tests.

One of the most fascinating pieces of evidence in support of small-space living has emerged from a study of families living in cramped city apartments who moved to the suburbs. "It turns out that in spite of the children having more space, and the husband having his own workroom, the move cannot be called a success," says Kathleen Love. "The women, in gaining space, lost the social network of friends, acquaintances, the feeling of neighborhood—they lost their support system."

In other words, it's back to *people* again. E. F. Schumacher wrote in his book, *Small Is Beautiful*: "When it comes to action, we obviously need small units, because action is a highly personal affair, and one cannot be in touch with more than a very limited number of persons at any one time." It is the "highly personal affair" of living that takes precedence over the size of one's rooms. You have surely noticed how people like to cluster together at parties. Small spaces, according to psychology professor Jonathan Freedman, intensify our feelings. We like the sense of neighborhood, of an extended social network, that comes from living close together.

The beauty of human nature is its adaptability, and it has never been shown to greater advantage than in our appreciation of small. "There is a tremendous longing and striving to profit, if at all possible, from the convenience, humanity, and manageability of smallness," writes E. F. Schumacher. And "I hate a big house with neglected rooms. It's a waste of one's energy," declares Billy Baldwin. So the cheer goes up for a world-trend that may be one of the few in our time that is actually going to encourage our humanity and enjoyment of life. ■

Computerized living
continued from page 35

operating at the optimum speed regardless of the pressure applied or the hardness of the material being drilled. This results in a smaller motor, lighter weight, greater efficiency on the job, and longer life for the drill.

There's even a minicomputer accessory that can control lights or appliances throughout the home. Plugged into any outlet, the pushbutton system sends special signals through the house wiring to turn specific appliances on and off, or dim, brighten, or turn lights on or off. Thus you can turn on the kitchen light from your bedroom if you think you hear a prowler. A wireless remote control option is available, and a future add-on will let you control lights or appliances even when you're not home—just by calling on the telephone. The system is manufactured by BSR Ltd. and sold by Sears and home-improvement stores.

TVs that think

Home entertainment products are rapidly becoming the most computerized items in the house. BSR's Accutrac was the first computer turntable (there are now others). Pushbutton or wireless remote controls let you preselect and play up to 13 different LP record tracks in any sequence.

Stereo cassette decks are also programmable. Optonica's deck, for instance, switches on or off at any preselected times and locates specific selections recorded on the tape by scanning the cassette at high speed in both directions.

In television, a Toshiba set is designed to turn on and off and switch channels automatically on the basis of a preset "program." Other color TV sets use MPUs for automatic tuning, or for scanning all occupied channels in any preselected order. Several brands of videocassette recorders have built-in programmers that can be set to record up to five programs on different channels over a 7-day period—even if nobody's home.

MPUs are making cameras more automatic. In the car, they're controlling gas and air mixtures for maximum fuel economy and, on the dashboard, telling you the number of miles to destination, estimated time of arrival, miles per gallon of gas you're using, and how far the car can be driven before gas is needed. In the office, word-processing typewriters make corrections automatically.

Anyone for electronic chess?

The microprocessor has revolutionized the toy and game business. Hand-held computerized games, such as baseball, football, auto racing, and number guessing contests have become common. Our children are playing with computers that once would have cost tens of thousands of dollars, and they're paying for them out of their allowances. And the more expensive—and amazing—video games are becoming so sophisticated that they're virtually household computers.

Someday the computer may revolutionize our lives. Today, we're filling our homes with the kind of computers we can feel comfortable with—because they do their work invisibly and set us free.

Just out: the black-and-white TV minicombo

Just when monochrome TV seemed about to fade away, along came a magnificent revival called the minicombo. It's a great idea in entertainment electronics: Stick a tiny TV screen in almost anything portable. The pictures in these little entertainment centers range from 2 to 5 inches (diagonal measurement) and they're combined with gadgets you can carry with you or use at home. Some have cassette recorders, some digital alarm clocks, other AM-FM, weather, shortwave, public service, or CB radios, or various combinations of them all. Most will operate on an auto or boat battery as well as their own built-in batteries or house current. They're available under many traditional TV brand names as well as some you've never heard of, and generally sell for about $200 to $400. I call particular attention to a little palm-sized wonder by JVC with AM-FM radio and a 2-inch TV as the minicombo with the most inspired name. It's called the "Twinch." Naturally.

News: TV for the hearing-impaired

The 14,000,000 Americans with impaired hearing will be given a chance to "hear" television beginning early next year by means of a government-sponsored program captioning system. The captions will be encoded into the television signal and will appear only on the screens of television sets equipped with special decoders. At the start, ABC and NBC will supply captions for about 5 hours of their programs weekly, most of it in prime time, while PBS will caption more than 10 hours a week. The captions will be encoded into the picture by the new nonprofit National Captioning Institute, which will be supported by the networks, the government, and an 8-dollar royalty on the sale of each decoder.

The first decoders will be sold by Sears (at no profit, they say) for about $250 for attaching to existing sets, while a 19-inch color set with built-in decoder will sell for about $500. ■

SHOPPING AROUND

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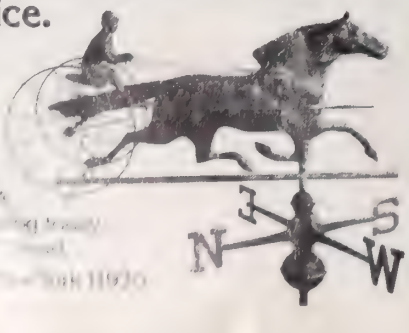
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Lyrical art

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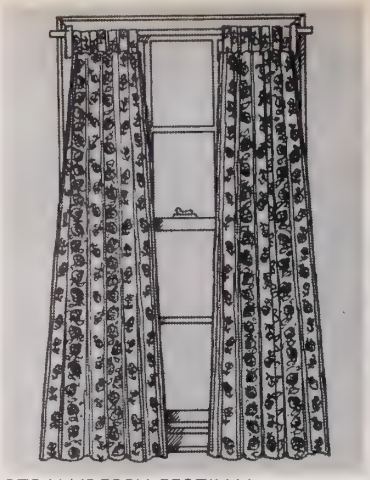
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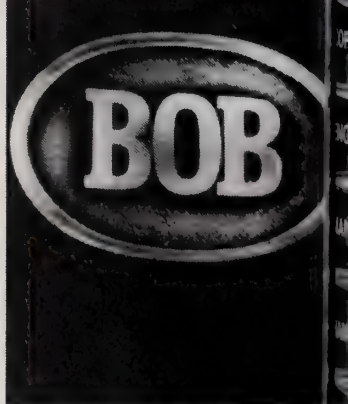
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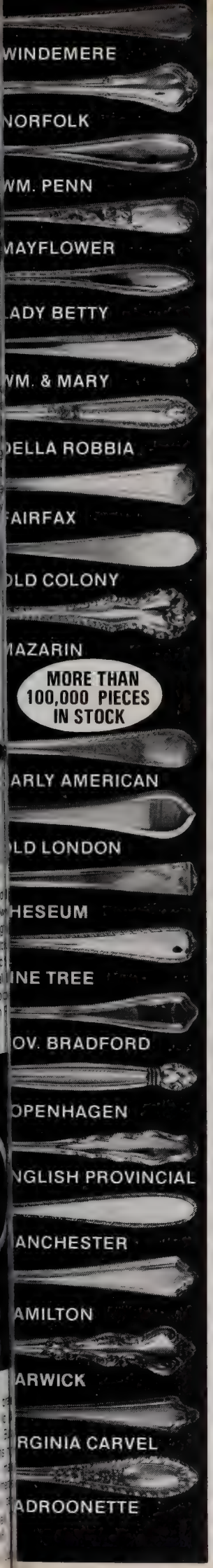
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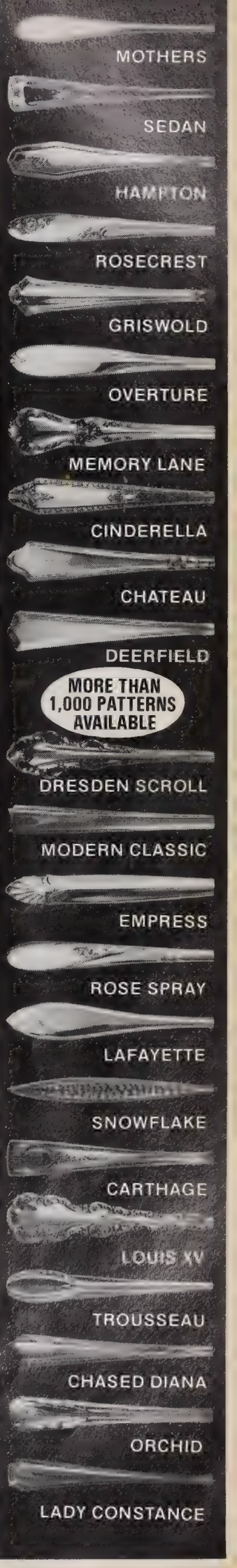
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Greenbrier	Old French
Rambler Rose	Dancing Flowers
Modern Victorian	John & Priscilla
Madam Jumel	Normandie
Celeste	Margaret Rose
Queen's Lace	Craftsman
Lady Hilton	Louis XV
Lily of the Valley	Rose Ballet
Royal Danish	Cascade
Wild Flower	Nocturne



WALTER DRAKE SILVER EXCHANGE

5028 Drake Building, Colorado Springs, Colorado 80940

WALTER DRAKE SILVER EXCHANGE, 5028 Drake Building, Colorado Springs, Colorado 80940

Your name _____

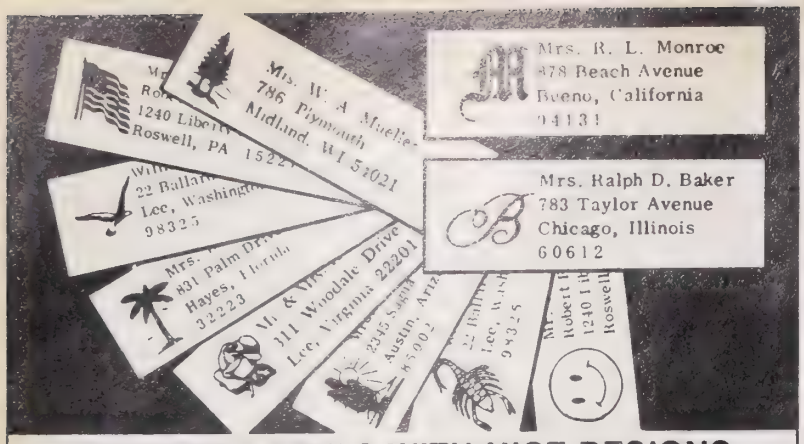
Address _____

City & State _____ Zip _____

I am interested in ☐ Buying ☐ Selling

Manufacturer's name _____ Pattern name _____

☐ Check here to receive free pattern identification booklet.



ADDRESS LABELS WITH NICE DESIGNS

Any initial in Old English or Script, Pine, U.S. Flag, Gull, Palm, Rose, Saguaro, Any Zodiac Sign, Happy Face or Horse, Roadrunner, Palette, Spruce, Treble Clef. To 20 letters per line, 4 lines. Printed in black ink on 500 white or 250 gold gummed labels. Two sizes . . . 1½" x ½" for $3.25 or Deluxe size 1¾" x ⅝" for $3.50 + 50¢ post. via 1st or 40¢ via 3rd class. Specify design, size and color. Useful 96-P. Gift Catalog, 50¢. Bruce Bolind, 28-L Bolind Bldg., Boulder, CO 80302. (Since 1956, thanks to you!)

FAMILY CREST RINGS



Ring #11, 16x14mm top,
solid 14k gold $225.00
sterling silver $99.00

WE WORK IN THREE BASIC WAYS

1. If you do have a coat of arms, just send us a photostat or picture of it and that is what we engrave.
2. If you do not have a coat of arms send us your name and we'll look it up for you at no extra cost, or you may check it against our list (see below).
3. If you wish you may design your own coat of arms.

SEND FOR OUR FREE COLOR CATALOGUE

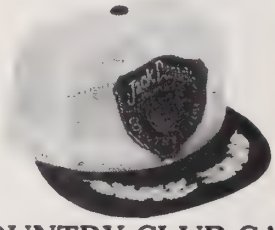
If, in addition to our free catalogue you wish to get our booklet containing over 20,000 names for which we have records of coats of arms and for which this jewelry is available, plus instructions on "how to design your own coat of arms". **SEND US $1.00** (deductible from first order).

Remember, this jewelry is also available with any coat of arms, or any other emblem or design you may send us.

HERALDICA IMPORTS, INC., Dept. HG-8
21 WEST 46th ST. NEW YORK, N.Y. 10036

LYNCHBURG HARDWARE & GENERAL STORE

Box 320, Lynchburg, Tenn. 37352

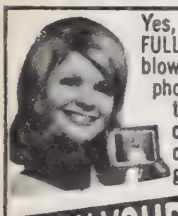


COUNTRY CLUB CAP

This is a comfortable, practical sportsman's billed cap with a Jack Daniel's Country Club Patch and appropriate gold braid. It fits all head sizes and is guaranteed to start interesting conversations on the 19th hole or backyard barbecue. My **$7.50** price includes postage and handling.

Send check, money order, or use American Express, Visa or Master Charge, including all numbers and signature.

(Tennessee residents add 6% sales tax.)
For a color catalog full of old Tennessee items, send $1.00 to above address.



Yes, you can have a FULL COLOR POSTER blown up from your color photo or slide at a fraction of the price. All color posters printed on Kodak paper. Great gift idea!

BLOW YOURSELF UP

into a FULL COLOR POSTER at Unbelievable low Cost!

LOW COST FULL COLOR POSTERS	
14" x 16"	only $ 6.50
20" x 24"	only $10.50
20" x 30"	only $12.50
24" x 36"	only $15.50

BLACK AND WHITE BLOWUPS TOO!

Laminated Posters
2 ft. x 3 ft. $4.50 up to 2 ft. x 3 ft.
30" x 40" $9.50 $4.00 add'l.

Add 50¢ each [illegible] for prompt delivery put [illegible] photo. Send [illegible] residents add [illegible] send slide [illegible] size. Ship [illegible]

Campus Color Labs
[illegible] Campus, N.Y. 10520



Guaranteed not to burn or blister your skin, not greasy. You must obtain a beautiful sun tan in just two hours in the sun or money refunded.

AMAZING HOLLYWOOD SUN TAN LOTION!

Use "MOORETAN" the best sun tan lotion available. See what this amazing "MOORETAN" lotion can do for you in just 2 hours in the sun. Made especially for sensitive skin. Get a sun tan in your own back yard, fishing, surfing, on the beach or under sun lamp. Always use "MOORETAN" and eliminate the discomfort of sun burn. Send $3.50 [illegible] 8 oz. bottle, [illegible] $1.40 first class mail, [illegible] for parcel [illegible] or 3 8-oz. bottles at [illegible] plus $2.8[illegible] $2.25 parcel post to:

MOORE'S LABORATORIES
2651 [illegible]/F, UNIT-2
SO. EL [illegible]NTE, CA 91733



FAST POPPING

Corn popper for microwave oven is a dome covered bowl that dry pops in four minutes. Just put in 3 ozs. of popcorn (no oil needed). Tara Micro-White corn popper, 7¾" h., 10" dia. $9.95 plus $1 post. Free brochure. Micro Cook Products, HG8, 3659 Woodhead Dr., Northbrook, IL 60062.



EASY BREATHING CLOG

Soft genuine leather clog is perfora ed to let the foot breathe. Carv welting, cork type wedge, a buoye rubber sole. Camel, white or red; and half sizes 6½ - 10 N, 5 - 10 5½ - 9 W. $15.95 plus $1.95 po Old Pueblo Traders, Dept. HG8S 600 S. Country Club, Tucson 85716.



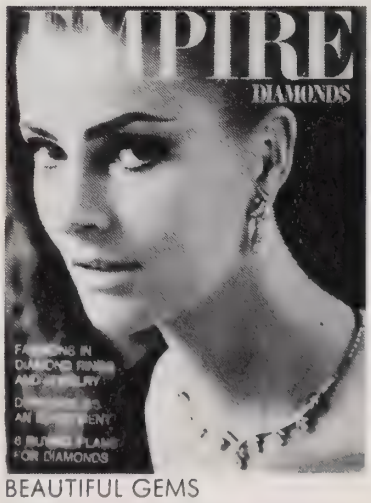
AMERICAN CAR CLASSICS

Tiny replicas, all in scale. Metal; approx. 3" l., have detailed interiors, doors, hoods open. 1957 Chevy Bel-Aire, 1963 Corvette Stingray, Pontiac Trans-Am, Ford's 1932 Coupe, 1957 Thunderbird and Mustang Mach I. Set $6.95 (each different) plus $1.40 post. Artisan Galleries, HG8, 2100 N. Haskell Ave., Dallas, TX 75204.



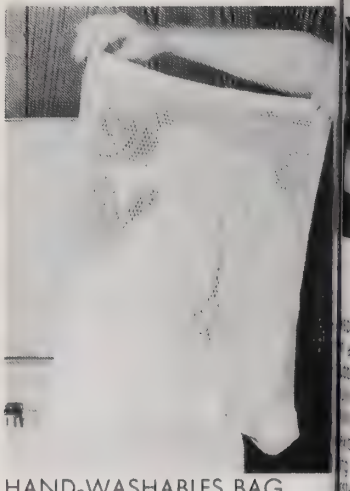
TAKE IT WITH YOU

Coffee or tea on the go. Kit of f fabric is 7" long, holds an immersi unit for travel abroad (works on U voltage but takes longer), two c ered containers, two plastic cu and two spoons. $16.50 plus $1. post. Camalier & Buckley, GE 1141 Connecticut Ave. N.W., Wa ington, DC 20036.



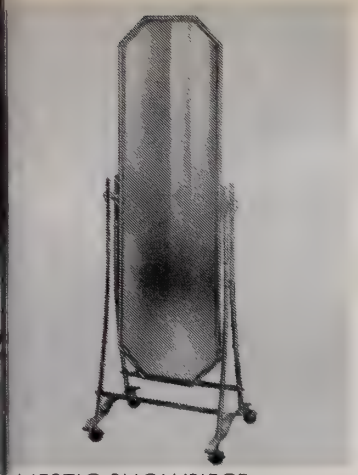
BEAUTIFUL GEMS

Empire's new 92-page catalogue. Diamond rings, bracelets, pins, earrings, necklaces; sapphires, rubies, emeralds, pearls set in treasured gold included. Ten-day inspection period allowed on jewelry. Free catalogue. Write to Empire Diamond Corp., HG8, 350 Fifth Ave., NY, NY 10001.



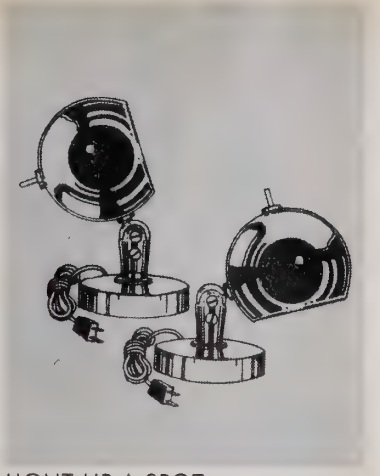
HAND-WASHABLES BAG

Durable nylon net bag is desig to let delicate lingerie, hosiery fine linens go through mach washing and drying in safety. R proof grippers keep contents s from runs and tears. Stand (14½" by 19"), $2.49; jumbo (18" 30"), $4.98. Ppd. Miles Kimball, Bond St., Oshkosh, WI 54906.



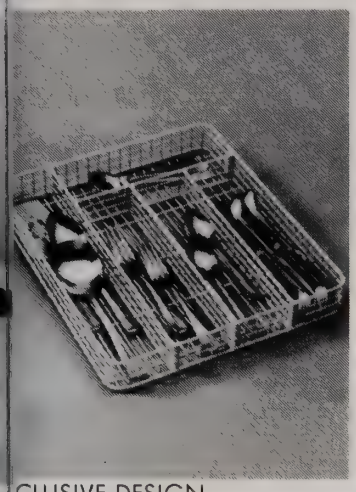
AJESTIC SHOWPIECE

:tagonal "metal-bamboo" stand-
g mirror glides quietly on hooded
sters. Plate-glass mirror, 16" w. by
" h., tilts to adjust. Overall: 22" l. by
" w. by 65" h. Specify plating: Koch
ass (B) or contemporary nickel (N).
der #GBSM-81, $279. ppd. St.
cholas Boutiques, HG8, Santa
aus, IN 47579.



LIGHT UP A SPOT

The Versatile VersaLITE is the perfect accent light for shelves, tables pictures and plants. Great floor spot. All chrome. 5" diameter. At great savings, only $18.90 per pair (sold only in pairs) Ppd. Visa/MC accepted. Patrick B. King & Assoc., Ltd., Dept. EH8, P.O. Box 3581 Merchandise Mart, Chicago, IL 60654.



CLUSIVE DESIGN

tware tray that's larger than oth-
, with five sections, 11½" by 13"
1¾". Shallow enough to stack two
drawer. Open mesh is easy to lift,
n't collect dust. White vinyl cush-
n-coated steel. $5.98; two
0.98. Add $1 post. Lillian Ver-
n, G8E, 510 So. Fulton Ave., Mt.
rnon, NY 10550.



TIME TO RELAX

Assemble an imported natural birch deck chair with heavy canvas sling. Kit incl. birch, hardware, sling, wrench, instructions. Basic chair, $19.95; chair w. arms, $24.95; chair w. arms, footrest, $29.95. Add $4 post. each. Deck Chair Offer, OGI Enterprises, Inc., HG8, 114 E. 32nd St., New York, NY 10016.



GIVE YOUR KITCHEN A DESIGNER LOOK

splay your pretty **GOURMET** cookware
a solid hardrock maple hanger-hand
bbed for a beautiful "natural"
tcherblock look. The DESIGNER
OOKS are moveable for strength and
xibility in locating your display. 36"
g. 7 hooks incl. $29.95 plus $2.00
stage and handling. Allow 6/8 weeks
livery. Extra hooks $2.00 each. Texas
sidents add sales tax. Custom sizes
d other designs available - write for
tails.

ALSO IDEAL FOR HANGING PLANTS

nd check or money order to:
NATURAL PLANKES OF THE WOODLANDS
Department A, P.O. Box 7278
The Woodlands, Texas 77380

STUDY AT HOME

INTERIOR DECORATION

For a Satisfying Hobby or Rewarding Career

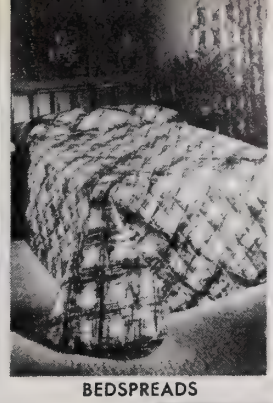
Famous **HOME STUDY** course. Individual program prepared and supervised by prominent N.Y. designers. Lessons cover **Textiles; Furnishings; Room Arrangement; Color Harmony; Period and Modern Furniture; Antiques; Rugs and Floor Coverings; Wall Treatments; Wall Papers; Draperies; Lighting; Pottery; Porcelain; Glass; Accessories.** Details on how to set up your own business. Illustrated lessons, complete with samples of fabrics, colors, etc. Certificate awarded.

NEW YORK SCHOOL OF INTERIOR DESIGN
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New York School of Interior Design
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Please send me (no obligation)
Catalog C21
name _____
address _____
city _____ *state* _____ *zip* _____



SHEERS & SEMI-SHEERS



BEDSPREADS



PRISCILLAS

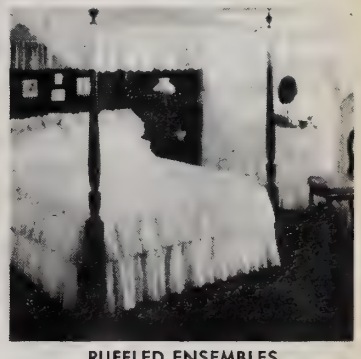
During our between-season lull 3 kinds of discount savings for people of different speeds

DISCOUNT IF YOU ORDER BEFORE **SEP. 30** — **33⅓%**

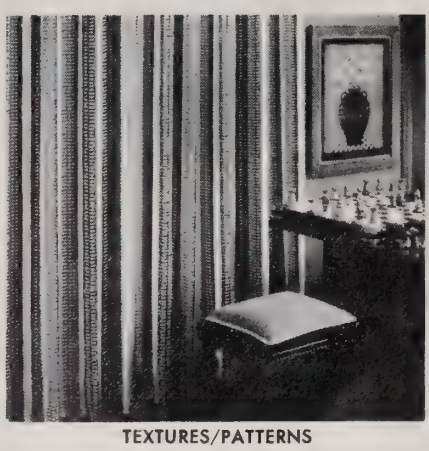
DISCOUNT IF YOU ORDER BEFORE **OCT. 15** — **20%**

DISCOUNT IF YOU ORDER BEFORE **OCT. 31** — **15%**





RUFFLED ENSEMBLES



TEXTURES/PATTERNS

Normally, buying direct from Ronnie, you'd save up to 40% on Bedspreads and Draperies. Right now — is our between-season lull and our workrooms are at their slowest pace. By acting now you can save an additional 33⅓%. Procrastinate a fortnight—when we start to get busy — and you earn only 20%. Stall for a whole month and you pick up a mere 15% savings. Be quick, be alert. Get that coupon in the mail now!

Send for FREE Catalog. Order before Sept. 30-save a full 33⅓%

Ronnie Drapery Corp., Dept. **4K-9**, 145 Broad Ave., Fairview, N.J. 07022

RONNIE DRAPERY CORP., Dept. 4K-9, 145 broad ave., fairview, n.j. 07022

Please rush me, absolutely FREE, the Ronnie Bedspread-Drapery Catalog that offers me additional discounts of 33⅓%, 20% & 15% during your between-season lull.

until SEPT. 30th	until OCT. 15th	until OCT. 31st
33⅓% Discount	**20%** Discount	**15%** Discount

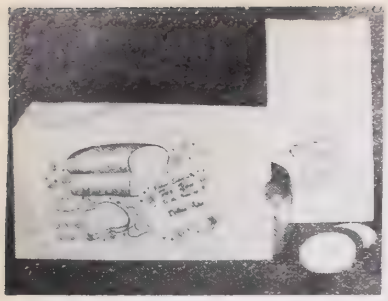
NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

SHOPPING AROUND

AT MILES KIMBALL



Homemade Bread & Bakery Bags
For gifts from your kitchen. Bread bag is 4½x7x13¾" with "Baked Especially for You in the Oven of—your name." Bakery bag is 3¾x6x11" with "Home Baked Just for You from the Oven of—your name." Double-waxed. Packs of 12. *Print.*
RP088-6—Bread Bags, 1 pack, **$3.98**
RP089-6—Bakery Bags, 1 pack, **$3.89**



Coffee Filter Dispenser
Has a special adhesive-backed cover that automatically picks up the top filter from the rest of the stack as it keeps filters clean, dry, and in perfect shape. It's 3½x6⅞", dishwasher-safe plastic, holds over 100 filters (not included)—Mr. Coffee, Filterator, all basket-type filters.
7597-6—Quik Pick Dispenser, **$3.59**



Hang-Upp Towel
The handiest ever for wet hands. It hangs on your range, kitchen cabinet, apron ties, anywhere you need a quick hand towel. It's thick cotton terry, about 16" long with a snap that lets you fasten it anywhere.
7507-6—Mushroom Design . . **$2.69**
7509-6—Daisy Design **$2.69**



Pewter Sailboat
To appeal to any deskbound sailor. The graceful sloop is just over 2½" high, serves as a fond reminder of those precious, breezy afternoons out on the lake. Present it to that glum landlocked old salt as a promise of more sailing days ahead.
8514-6—Pewter Sailboat **$3.98**

Enjoy Shopping the Miles Kimball way . . .



Alabastrite Mare and Foal
The beauty of maternity symbolized in a composition that warms the heart. Our creamy smooth alabastrite figure of mare and foal is about 5⅝" high. Imported from Italy, it captures a mother's tender protectiveness toward her offspring.
8285-6—Mare and Foal **$4.49**



The Cricket
Revered by the Chinese as a symbol of good luck, the cricket has been welcomed into American homes for the same purpose: "A cricket on the hearth for good luck and good health." He is black metal, 2½" long. Housewarming gift supreme.
8293-6—The Cricket **$1.98**



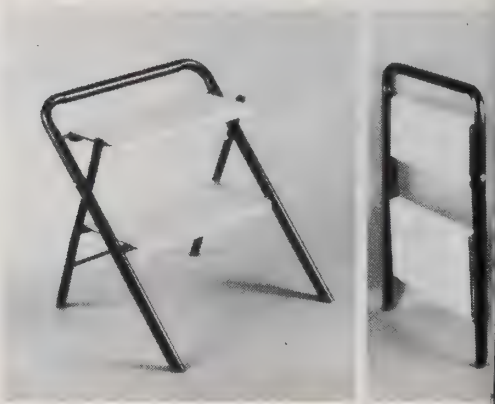
Overdoor Shoe Racks
Keep your closet neat and organized, free floor space. They slip over door and hold 12, 18, or 21 pairs of shoes. If closet has sliding doors, they can be wall-mounted. They're cadmium-plated metal with no-mar plastic tips. Crossbars fold back to make shelves. 23" wide x 6" deep.
XL200-6—12-Pair, 36" long . . **$10.59**
XL156-6—18-Pair, 66" long . . **$15.39**
XL319-6—21-Pair, 66" long . . **$16.59**

Miles Kimball Company
285 BOND STREET - OSHKOSH, WISCONSIN 54906



Personalize it

Serve your house wine with aplomb in personalized wine carafes. Clear glass handcrafted container regally decorated with Vin Maison and your last name will have guests asking about your vintage. Print name plainly. One liter size, $6.98 ppd.



Step stool

Sturdy enough to hold an adult, stool folds to 1½" wide for easy storage. Heavy duty tubular steel frame in harvest gold holds two 15" w. skid resistant steps. Weight locking legs. Step 'n Stor®, 20" high, $21.98 ppd.



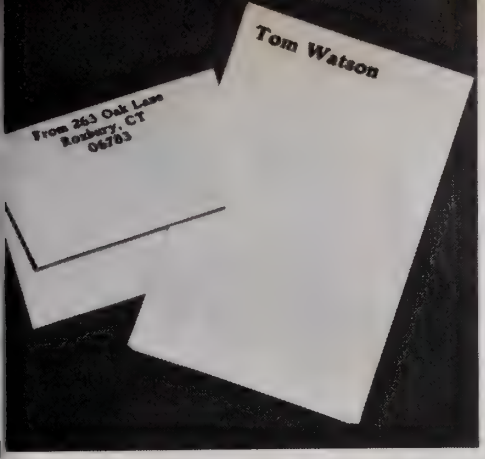
Brass house numbers

Distinctive touch for your front door. Solid brass numbers, polished mirror finish, come with screws for quick mounting. Each 3 ⅜" h. Elegant door decor, Cape Cod cottages to handsome brownstones. For mailboxes too. Specify numbers. Each $2.29 ppd.

Old world

Scherenschnitte candle holders, revived 18th century art of scissor cutting from single piece of paper. Assorted black woodland designs on frosted glass columns. With candles (burn about 8 hours). 2½" holder $3; 4½", $6; 7¼", $7.50. Refills, box of 6 candles $1.98. Ppd.





Keep in touch

Ruled yellow stationery, borrowed from the "legal" look in quality 5½" by 8½" sheets with your name in blue. Matching envelopes with address on back flap. Print name, address. 50 sheets $3.98; 100 $5.19 and 50 envelopes $3.69; 100 $5.59 Ppd.



Hair Styling Holder

Smoketone plastic holder has three compartments so you can keep your hairdryer, the cord, brush, comb and curlers all together. Stands or hangs. Perfect solution for storing your hair equipment, your vanity stays neat. Dryer rests in center, cradled by sides. 8" high. $6.98 ppd.

Hush puppy set

Winsome and doleful eyed pup you usually associate with hoes adorns this three piece ath linen set. Soft beige, rown, rust predominate on heared velour terry, mostly otton with polyester. Three iece set includes 22" by 42" inged bath towel, 16" by 26" and towel, 12" by 12" ashcloth. $10.98 ppd.



Initially Yours

Trio of attractive Lucite tiles. Use as trivets under hot dishes, casseroles, under flower pots and vases to protect your fine furniture from heat and moisture. Set of three (5", 6", 7" size), each engraved with three initials. Please print plainly in order you wish them to appear. $8.69 ppd.



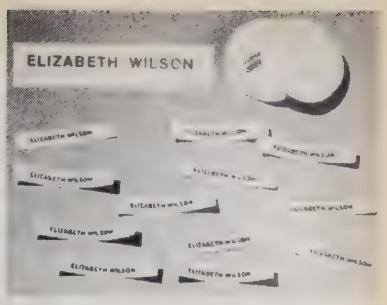
For all merchandise shown write to Miles Kimball, 285 Bond Street, Oshkosh, WI 54906.



Sun-Off Car Shade

Lets you enjoy driving without annoying glare from sun, water, ice or snow, reduces solar heat by 70%. The 17x20″ shade is tearproof polyester sheeting, hooks over the top of either side window, pulls down like a window shade, is held in place on the glass by a vinyl suction cup.

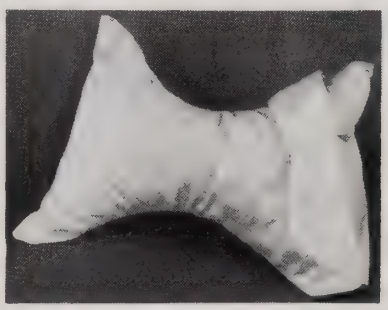
1520-6—Sun-Off Car Shade . . **$9.98**



Personalized Iron-On Labels

A solution to the lost and mislaid clothing problem. These ⅜x2″ cotton labels have your name in boilproof, fadeproof blue ink, bond to any fabric with a hot iron. One-line have full name; three-line, name and address. *Allow 2-4 weeks.* Pk. of 50.

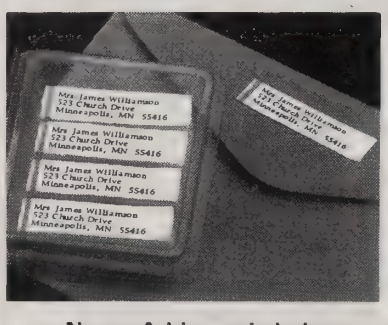
RF255-6—One-Line . . 1 pack, **$1.49**
RF269-6—Three-Line, 1 pack, **$1.95**



Butterfly® Pillow

Provides proper support for restful sleep. Less strain on vertebrae, discs, muscles, and ligaments can mean relief from awakening with back and shoulder pain, stiff neck, or headaches. It has nonallergenic fiberfill, drip-dry poly-cotton case.

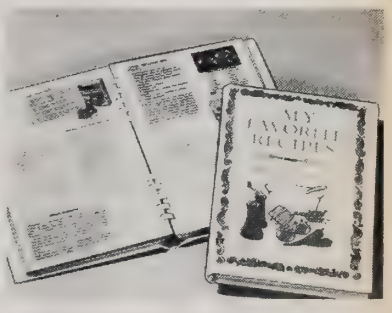
0755-6—Pillow, 21″ **$14.98**
0789-6—Extra Case, 21″ **$4.98**
0600-6—Pillow, 27″ **$15.79**
0611-6—Extra Case, 27″ **$5.49**



Name-Address Labels

Your name and address on white or gold labels. Use them on letters and parcels, to identify books and albums. The gummed labels are 1⅞″ long, carry up to four lines of type. White are in packs of 1000; gold in packs of 500. *Print personalization.*

RR201-6—White Labels, 1 pk., **$1.49**
RR212-6—Gold Labels, 1 pk., **$2.00**

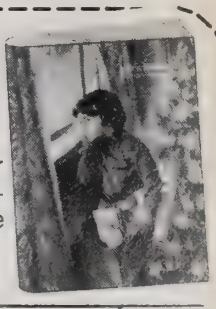


Magic-Page Recipe Album

Gives cards and clippings a neat home. Press them to the page and close the clear plastic sheet over the top. They're protected from spatters, yet perfectly legible. The 20-page, hard-cover book is 5¼x8″, spiral-bound, lies flat. *Print name.*

7713-6-Plain Recipe Album . . **$2.19**
RK755-6-Personalized Album, **$2.79**

Free Catalog . . .



☐ Check here to receive our new full color Fall catalog with 196 pages of fresh and exciting gifts, toys and housewares - each one fairly priced and guaranteed to please!

ITEM NO	QUAN.	NAME OF ITEM	PRICE

Items on these 2 pages shipped postpaid. *Total Amount Enclosed*

Name

Address

City State Zip

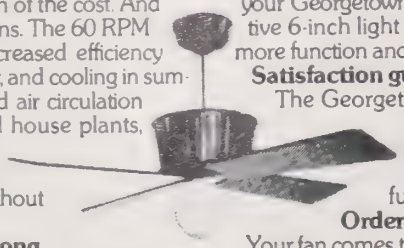
Miles Kimball Company

285 BOND STREET - OSHKOSH, WISCONSIN 54906

The brand new, old-fashioned ceiling fan. $69.95

We took $100 off the price.
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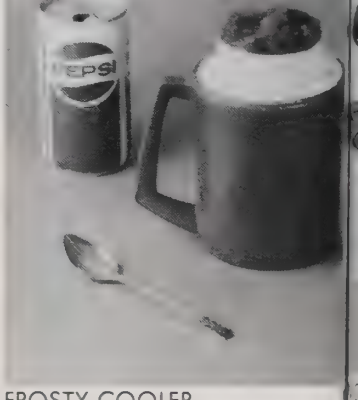
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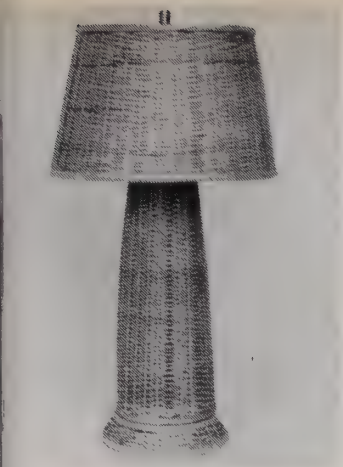
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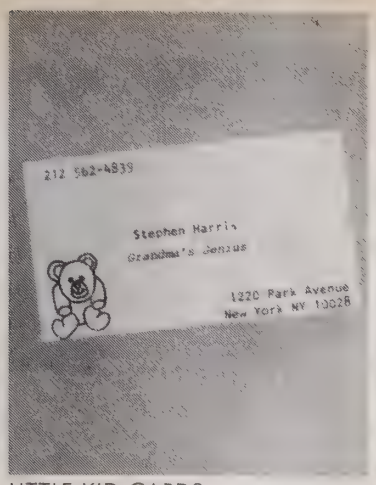
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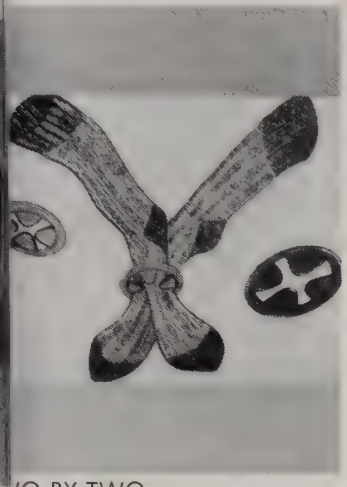
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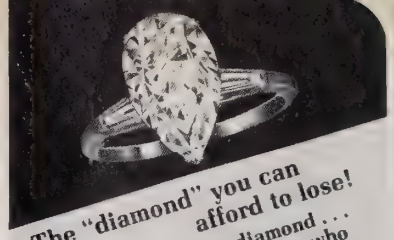
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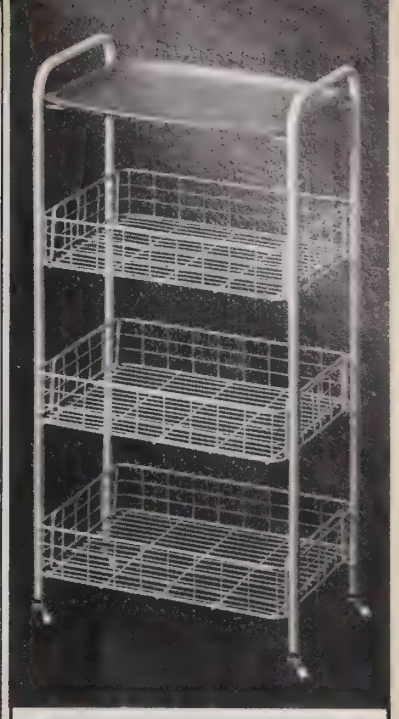
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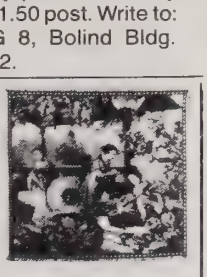
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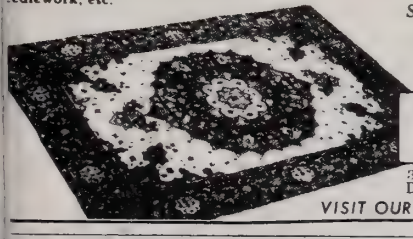
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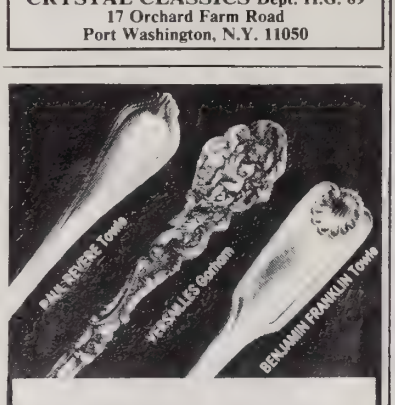


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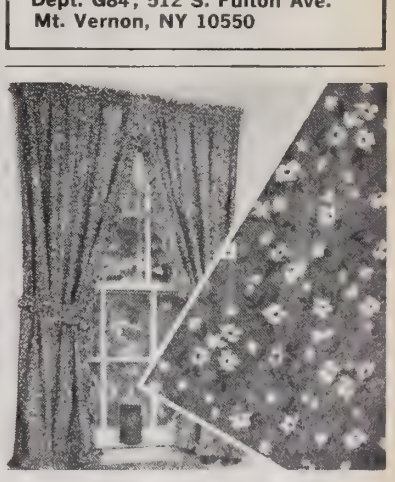


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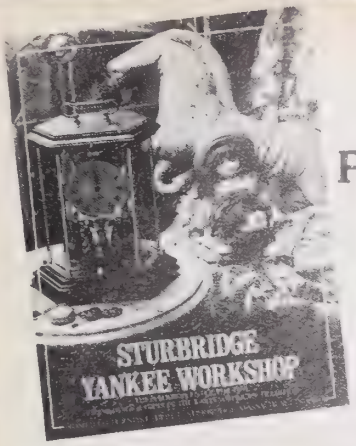


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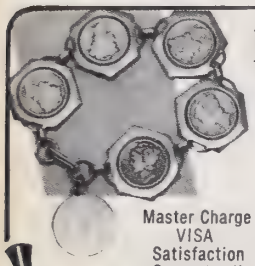


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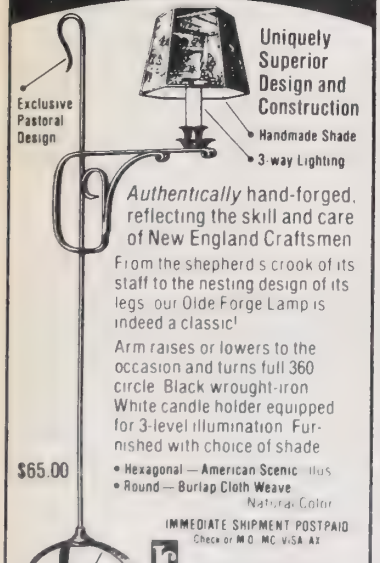


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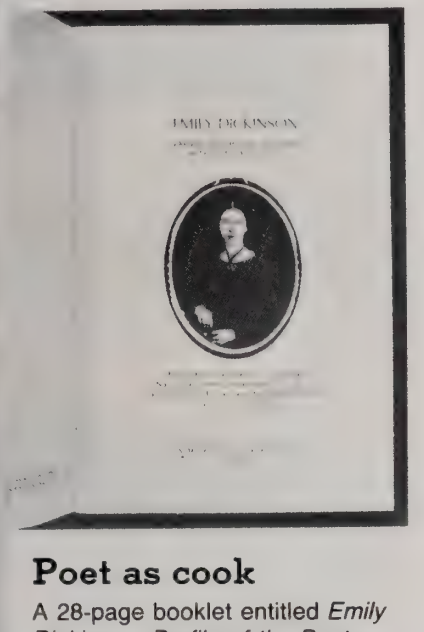


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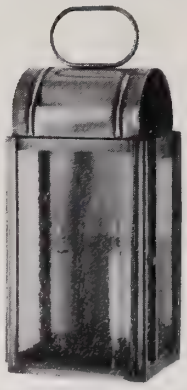
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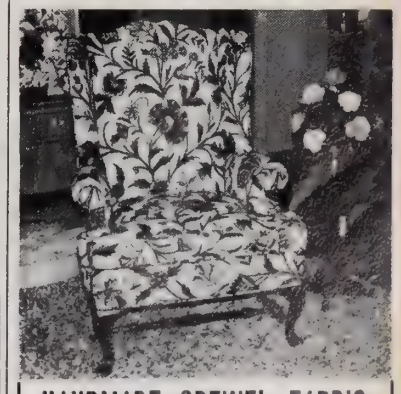


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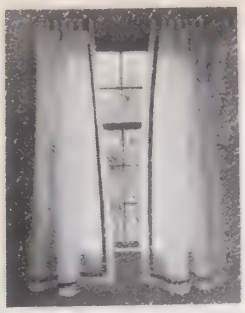
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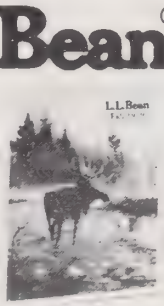
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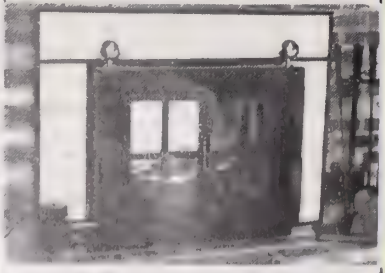
L. L. Bean, Inc.
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Norseman Fireplace Converter
Beauty With Efficiency

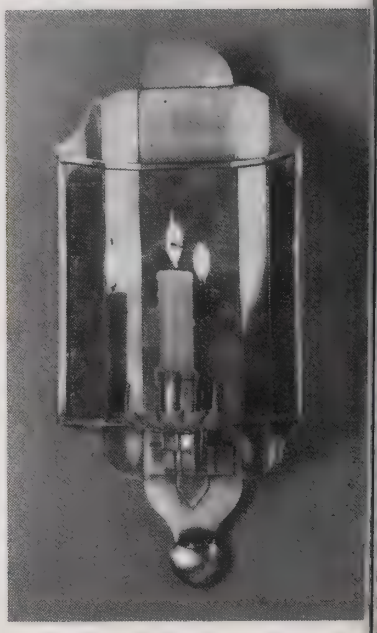
The Norseman is for those who wish to convert their fireplace to an efficient and attractive forced air heater without sacrificing the visual pleasure of a fire. This steel fireplace converter has a double wall construction through which air is drawn, heated and circulated into the room. This air tight heater features a floor lined with high temperature cement, a UL approved blower that circulates room air through the double wall construction, mica see-through doors and preheated air for more complete combustion. Color co-ordinate the surround with mosaic 3" or 6" tile or marble. The ease of installation makes this unit a favorite with the do-it-yourselfer.

Required minimum dimensions of fireplace cavity:
H 25 W 28 D 14
Standard surround will cover opening H 31" and W 42"
Heating Capacity: 4-6 rooms

Retail $518.00
SPECIAL SALE PRICE $479.00
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VIKING STOVE COMPANY
275 Circuit St.
Hanover, MA 02339



Authentic copy

Carpenter's Hall sconce is a detailed reproduction of those used when the First Continental Congress met in 1774. It has an antiqued mirror, is available in solid brass or pewter. 6½"w. by 15"h. One of numerous heirloom-quality reproductions shown in a 52-page catalogue, $2. Heritage Lanterns, HG89, 70A Main St., Yarmouth, ME 04096.

Miniature real estate

A perfectly lovely English Tudor dollhouse designed and built by a skillful craftsman. Electrified and finely detailed, it's just one of th very special houses shown in the catalogue and in a 12-room toy shop. Write for complete details. To be on exclusive catalogue mailing list, send $2. The Enchanted Doll House, 135 Meadow Lane, Manchester Center, VT 05255.





Solid pine

Deep-carved wheat sheaf on medicine chest/toilet seat crafted of pine with antique finish. Chest has three shelve magnetic catch, 32" by 17" by 5¼". $74.50 plus $7.95 shpg. Seat is carved on both sides, 13½" by 14". $37.50 plus $2.95 shpg. Color catalogue 50¢, free with purchase. Sturbridge Yankee Workshop, HG8, 636 Brimfield Turnpike, Sturbridge, MA 01566.

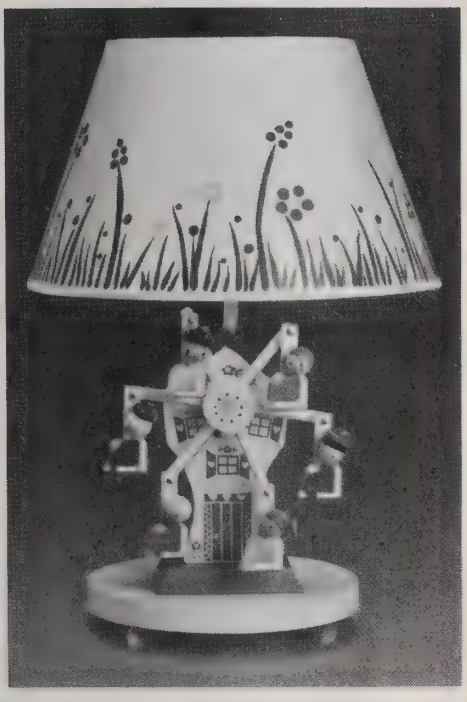


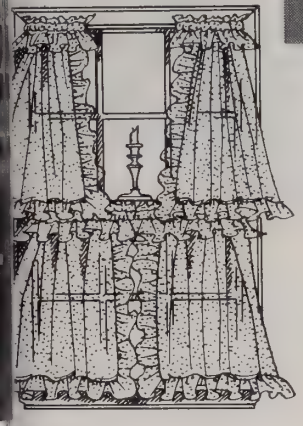
Identity

You'll know your racquet for sure by the golden metal name-engraved plate, 1" by 1⅛", that self-adheres to the end of the handle. Give them to your tennis friends. Print name. $3 ppd. Free brochure of many engraved gifts and jewelry items. Carriage Trade Creations, HGP-8, Box 116, Lincoln, RI 02865.

Delightful

A sure way to brighten the nursery and charm an infant: animated musical lamp. Wind it, ferris wheel turns to nursery tune. White, with coordinated shade and hand-painted colorful accents. UL listed. Hard wood, non-toxic colors. 16½"h. Visa/MC. $24.95 ppd. Send $1 for color catalogue. Nursery Favorites, HG8, Box 433, Rehoboth, MA 02769.





White dotted swiss

Old-fashioned charm in easy-care polyester-cotton blend (65%–35%), 76" wide per pair. Hang as tiers or longer style. 25", 30" $12.50; 36", 40" $15; 45", 54" $17; 63", 72" $20.50; 12" by 72" valance $5.75. Add $2 post. per order. Catalogue is free. Country Curtains, HG8, Stockbridge, MA 01262.

The Au Naturel way

Anti-cellulite formula of 12 natural herbs, minerals, vitamins. Helps body get rid of trapped pollutants (fat, water, waste). Cellulite booklet included. 30-days supply $7.95; 90 days $19.95. Add $1 post. Herbal Concepts, HG8, 385 Bay Rd., Easton, MA 02334.



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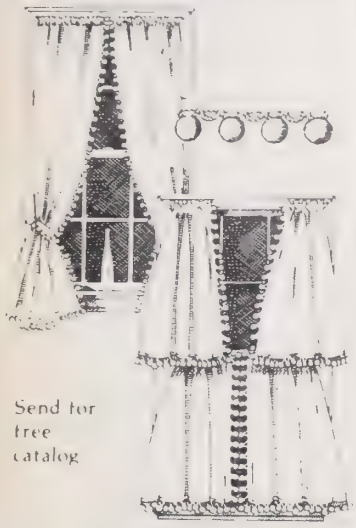
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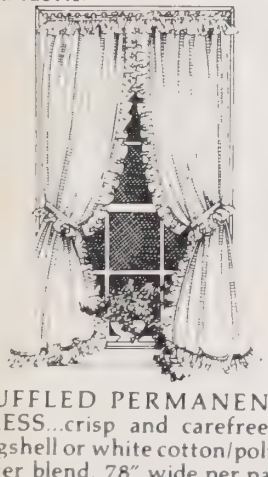
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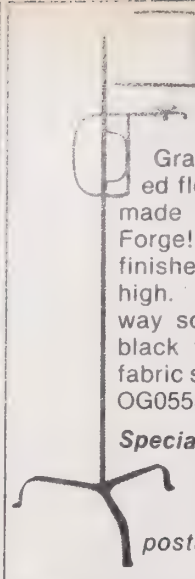
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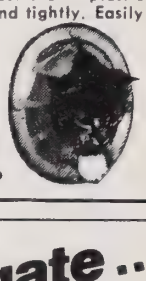


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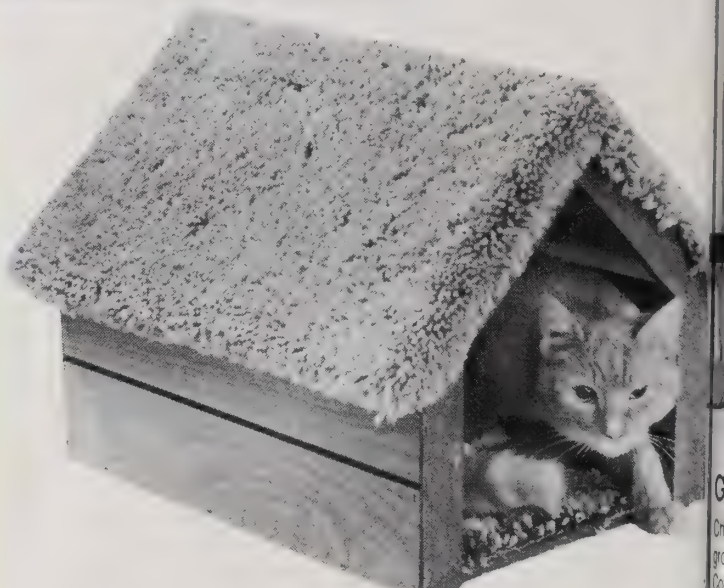
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NEW ENGLAND



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Make your cat happy by giving him his own home. Designe for comfort, the interior of Kitty Kastle has luxurious wall to wall shag carpeting, roof is carpeted for napping or scratching. Small dogs will love it too. Assorted colors. 18' by 15" w. by 14" h. $29.95 plus $3 post. Catalogue free. Turen, Inc., Dept KK, Box 270, Lebanon, NH 03766.



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Marvelous cotton knit long sleeved turtle neck pullover with elasticized neck and cuffs to keep its like-new look. Machine washable. By Skyr. Azure, navy, rose, yellow, brown, white, eggshell, emerald or tartan green. S (6-8), M (10-12), L (14-16) $13. Monogram optional. (Specify 3 initials) $4. plus $2.25 post per order. The Talbots, Dept SL, Hingham, MA 02043



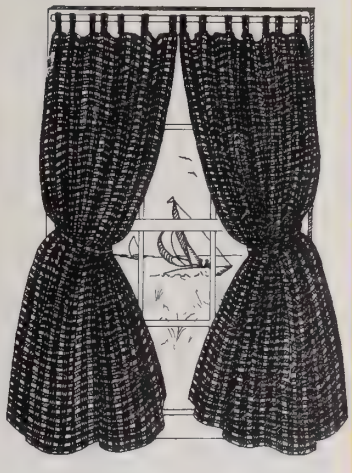


Handcrafted

Handsome copper accessories in lovely "Silver Wheat" design are beautifully antiqued and lacquered. Waste basket $26, letter basket $12, umbrella stand $35, pencil holder $9.50, bookends $28 and tray $39. Ppd. Catalogue 50¢. Gregory E. Hentzi, HG8, 18 East Main St., Warren, MA 01083.

Gingham tabs

Charming curtains trimmed with grosgrain ribbon or as shown. Completely carefree. In red, yellow, blue, green, pink or brown. 24" to 90" long; 80" to 240" wide to a pair. Retail from $7.50 to $160. Catalogue free. Complete line of color swatches $1. Joanne Mee Interiors, HG8, 34 Barstow St., Mattapoisett, MA 02739.





Woodsplitter

Split wood quicker and easier. Jiffy Woodsplitter, a patented design, has double wedge for easy positioning and safe log holding. Keeps log in position, eliminates jamming, flying wedges. $99.95. Shpg. chgs. coll. Free folder. C & D Distributors, Inc., HG8, 342 Middlesex Turnpike. Old Saybrook, CT 06475.

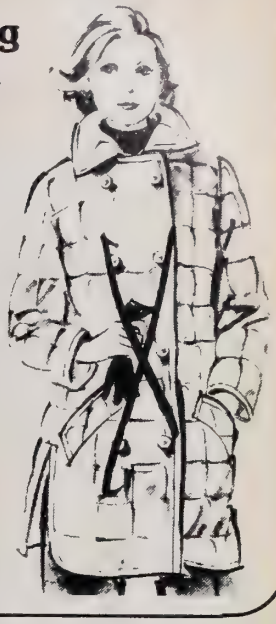
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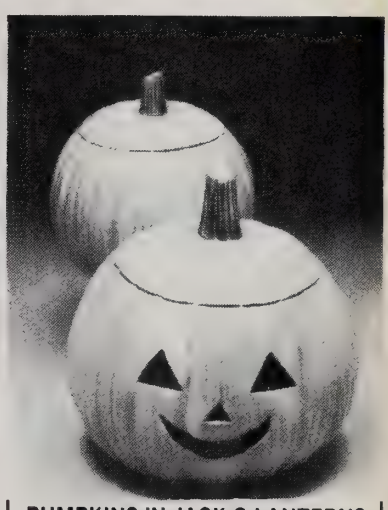
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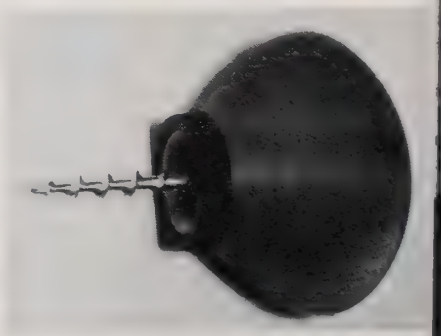
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NEW ENGLAND



Seeing comfort

Sight Light reading/sewing lamp for abundant glare-free light with 100-watt bulb. Elegant overall brass, 52 h., adjustable. Traditional model shown furnishes up to five times th light of conventional lamps. Visa/MC/AE. $116 ppd. Light-Crafters, Dept. SA, 36 Sherwood Pl., Greenwich, CT 06830.

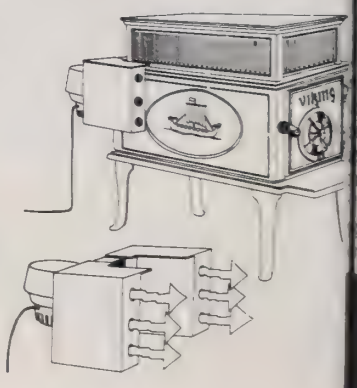


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Energy saver

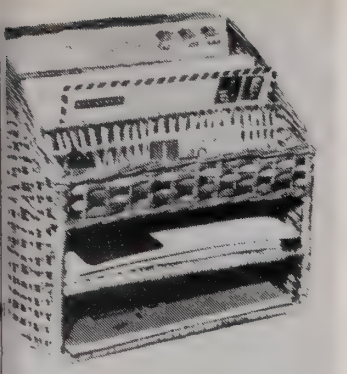
Viking Xtra Heet converter forces extreme heat from the surface of any box-type wood stove out into all the house for increased efficiency. Convert your wood stove to forced-air heating. Five adjustable models, $76.95 up. Catalogue 35¢ Write for details. Viking Stove Co., HG8, 275 Circuit St., Hanover, MA 02339.



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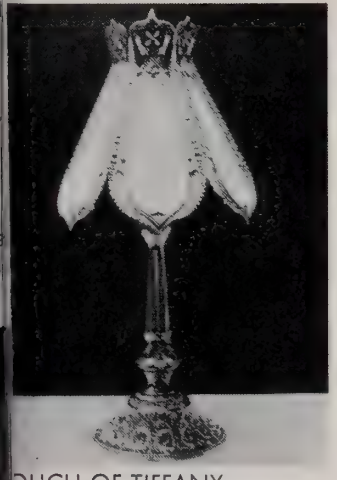
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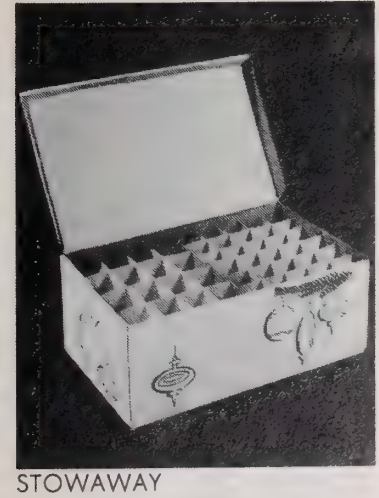
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Lazy Daze has reversible cushions, arm protectors, lined skirt. 60" l., seat 46" d. From $299.60 depending on fabric. $266.60 your fabric (9½ yards, 54" w.). Shpg chgs. extra. Catalogue and request form for hand-selected decorator swatches, $2. Hunt Galleries, Inc., HG798, Box 2324, Hickory, NC 28601.



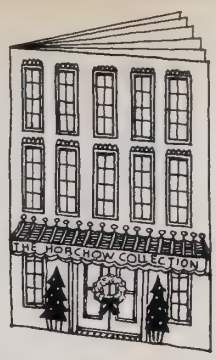
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Crystal, HG8, 7332 Frankford
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Nothing like preparing now for Christmas. Ornament chest holds 92 ornaments of three sizes; space for eight sets of lights, tinsel and other tree-trimming paraphernalia. 27" by 17" by 12". Assembles easily. $10.50, two for $19.95; $1 post. Write to Bruce Bolind, HG-8, Bolind Bldg., Boulder, CO 80302.



The 64 page store. Free.

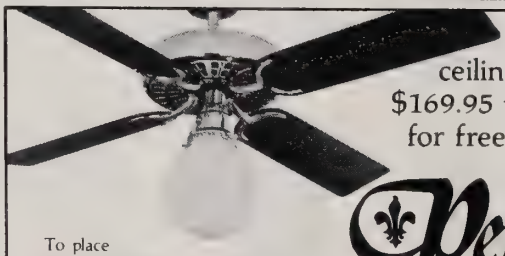
Quite possibly America's best, and most exclusive, holiday catalogue. For your free copy, call TOLL-FREE 800-527-4535 twenty four hours daily; or, mail this coupon to: The Horchow Collection, P.O. Box 34257, Dept. 40314, Dallas, Texas 75234.

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THE HORCHOW COLLECTION



The original ceiling fan priced from $169.95 to $399.95. Write for free catalog.

To place orders call toll free (800)-543-2210 9-5 Eastern Time. For information or Ohio residents use (513) 767-1929

Periculum

P.O. Box 15 Dept. HG
Yellow Springs, Ohio 45387



SOLID CHERRY BLOCKFRONT LOWBOY

As the leaf of a cherry tree foretells the coming of Spring, so will the lowboy bring warmth to your home. The rich grain of cherry is boldly beautiful, accented with brasses on the two blockfront drawers. The shaped top, scalloped shell apron and Queen Anne legs add to its beauty. W30", D18", H30". $298.00, shipping charges extra. No C.O.D.

Send $1.00 for Catalog of Reproductions
Dept. 687, Box 266, Concord, N.C. 28025

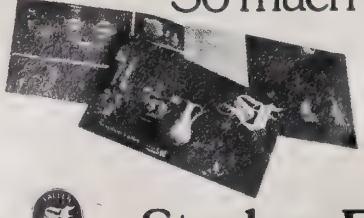
Ephraim Marsh



BEWARE OF CAT! There he is "meditating" among the flowers. You never know with a cat, so it's best to warn everybody that his eyes are upon them! Thick, genuine cowhide wall-hanging is silk-screened by hand in earthy tones. It's 12" x 15", leather thong for hanging. **Only $7.50 + .90 post.; 2 for only $14.00 + 1.50 post.**

Specify number Z924860. PA residents add sales tax. Major credit cards accepted—include account no. & expiration date. New Hampton General Store, Dept. UZ-2000, 340 Poplar St., Hanover, PA 17331

So much beauty for $1.00



Wonderful Irish Crystal portrayed in lavish colour; see the craft of Aran Handknit Sweaters, the elegance of pure Irish Linen. Admire the beauty and symbolism of Claddagh Jewellery. Savour the finest of Bone China that England can produce. Delight in the figurine ranges from Spain and Britain. Relish the idea of having these lovely products for your own at our so affordable prices.

Send $1.00 today for our current catalogue.

1879 100 YEARS OF SHOPPING 1979

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Dept HG8C, Industrial Estate Mervue, Galway, Ireland

THE catalog of gala gifts!

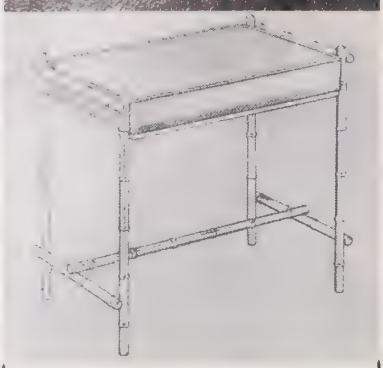


It's unique, it's FREE! 110-plus color pages, decor, jewelry, gourmet, collectibles, and my personalized gifts that say "just for you!" Santa's ally for 28 years, now yours—send today!

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Dept. G81, Box LV, 510 S. Fulton Ave.
Mt. Vernon, NY 10551

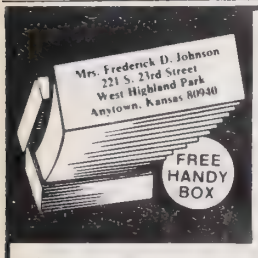
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For Guest Room Elan...



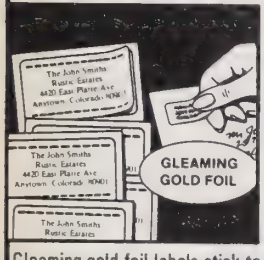
Elegantly styled Vanity Stool in "metal-bamboo" brings a hint of the mysterious Orient to boudoir, bath, or powder room. Plush, upholstered cushion is available in luxurious gold, white, or spice brown velveteen. This bench measures 21Lx12Wx19"H. Specify rich Koch brass plate (B) or Contemporary nickel plate (N) and cushion color. Cat. No. GVBB-10, $95.00, shipped prepaid upon receipt of check.

St. Nicholas Boutiques
SANTA CLAUS, INDIANA 47579



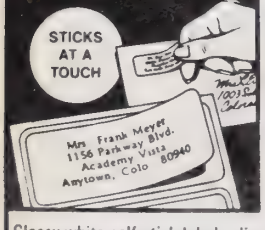
1000 RETURN ADDRESS LABELS **$1.00**

1000 gummed economy name and address labels printed in black with ANY name, address, zip code. Up to 4 lines. **Order S717 Set of 1000 Economy Labels (boxed)** **$1.00**



250 Self-Stick GOLD FOIL LABELS **$1.98**

Gleaming gold foil labels stick to any clean, dry surface—need no moistening. Rich black printing, classic border. **Order P6128 Set of 250 Gold Foil Labels (boxed)** **$1.98**



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Glossy white self-stick labels cling to any smooth surface—no moistening. Sharp black printing up to 4 lines. **Order P6030 Set of 250 White Gloss Labels (boxed)** **$1.98**

Walter Drake
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Colorado Springs, CO 80940

NAME _____
ADDRESS _____
CITY _____
STATE _____ ZIP _____
_____ S717 1000 Labels@$1 each
_____ P6128 Gold Foil Labels@$1.98 each
_____ P6030 White Gloss Labels@$1.98 each
Add 25¢ per set for postage & handling
SATISFACTION GUARANTEED Texas

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STARTING UNDER **$220**
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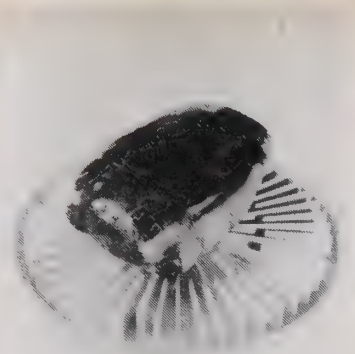
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Write for FREE color catalog

EMPEROR CLOCK COMPANY
WORLD'S LARGEST MANUFACTURER OF GRANDFATHER CLOCKS
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Carol's illness prevented her from climbing these stairs like she used to. She could move to a one-story house, but she loves this house. A *Cheney Wecolator*™ solved Carol's problem by letting her ride from floor to floor quickly and comfortably. As the first stairway elevator to be UL-listed, it's virtually maintenance-free, and can be installed in just a matter of hours. For a colorful brochure on *Cheney Wecolators*, or *Wheelchair Lifts* and *Wheelchair Van Lifts*, contact your local Cheney Representative or write: The Cheney Company, Dept. HG, 3015 S. 163rd Street, New Berlin, WI 53151. (414) 782-1100.

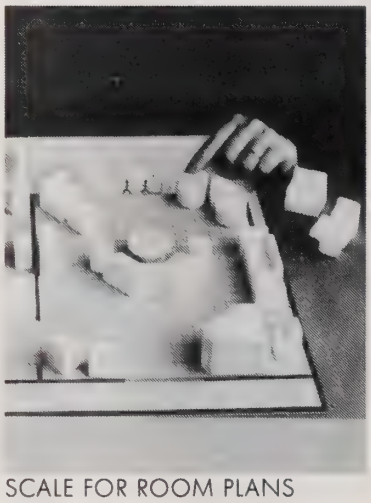
Helping people help themselves.
CHENEY Wecolators.



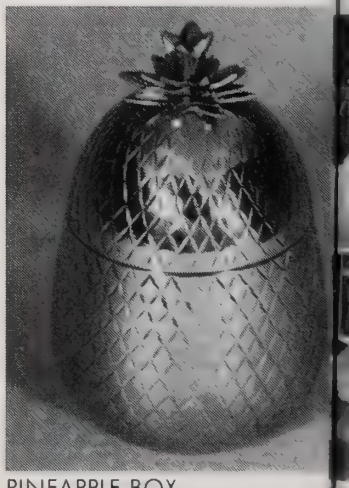
ALL IN ONE
Single unit is both pan and rack, cooks large turkey or roast to perfection. 12" dia. gives maximum efficiency—doubles for bacon, hot dogs; dishwasher-safe white micro plastic. $11 plus $1 post. Free catalogue. Micro Cook Products, HG879E, 3659 Woodhead Dr. Northbrook, IL 60062.



SOOPER DOOPER
It's the bottle cap that seals ov around and under the bottle rim keep soda fresh for weeks and av waste. Makes a nice small gift fo host when you go visiting. Set of in plastic box $4.50; two sets $8. Add 50¢ post. Bruce Bolind, De HG8, Bolind Bldg., Boulder, 80302.



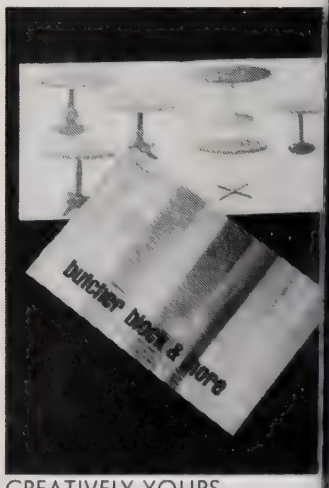
SCALE FOR ROOM PLANS
Miniature polystyrene pieces are one half inch to one foot scale to help plan your room arrangements easily. Come in kit with graph board, walls, windows, doors, and instructions. Furniture includes variety plus fireplace, piano. $9.98 ppd. Plan-It-Kit, HG8, Box 429, Westport, CT 06880.



PINEAPPLE BOX
The pineapple, the symbol of ho tality, is now a charming covered made of bright solid brass. Stun addition to any table top. Can filled with candy or snacks to g guests. 7½" high with easy acc top. $18.98 plus $2 shipping. O from: Robelier, HG8, Box 183, Vi ova, PA 19085.



CLASSIC BASSINETTE
Bullrush baby basket sturdily handwoven from resilient natural palm cane. About 29"l. by 19"w. by 18"h. Unlined (lining instructions) $35, with quilted gingham liner and coverlet in light blue or yellow $49. Ppd. Free catalogue. New Orleans Baby Co., HG8, 5007 River Rd., Box 4190, New Orleans, LA 70178.



CREATIVELY YOURS
There's a variety of stimulating i featuring maple hardwoods as c try-style dining tables, work ta mobile carts, shelving, benches counter tops. All are shown in a illustrated 44-page catalogue Write to: Butcher Block & M HG8, 1600 So. Clinton, Chicag 60616.



NGHAM CHECK

chine washable, 65% Dacron, % cotton. Blue, gold, pink, red or wn. 72" w. to pr. Lengths: 24", $7, $7.50, 36" $8, 45" $9.50, 54", 63" $12, 72" $13.50. Val. $3, acks $1. Twin spread $28, full . Add $2 post. Write to: Mathers, 8, 31 E. Main St., Westminster, 21157.



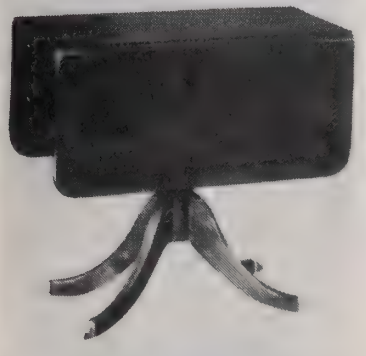
THE CLADDAGH RING

Friendship and peace symbolized in ring. Gold: ladies': 18K $73.60; 14K $50.60; 9K $31.85. Men's 18K $130; 14K $78.20; 9K $50.60. Sterling silver ladies' $7.80; men's $8.90. Ppd. Color catalogue, $1. Stephen Faller (Exports) Ltd., Dept HG8E, Industrial Estate, Mervue, Galway, Ireland.



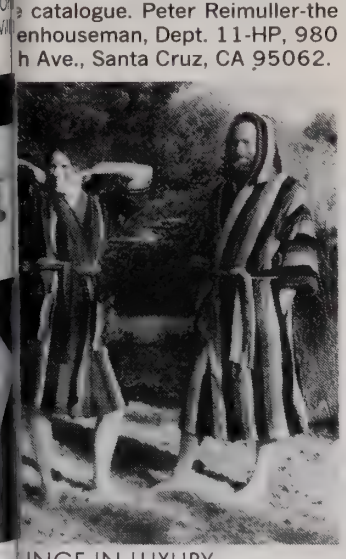
TCH DESIGN

rl Mist greenhouse has sloping s, lets growth-producing light in. wood frame, corrugated acrylic rglass cover. Strong bolt-together assembly. Shown: 8' by 12'. 9.95 FOB. Also 8'x8'/8'x16'. catalogue. Peter Reimuller-the enhouseman, Dept. 11-HP, 980 h Ave., Santa Cruz, CA 95062.



GRACEFUL DROP LEAF

Duncan Phyfe design hardwood table with metal-capped reeded splay feet is veneered in cherry or walnut. 32" w., 42" l., 28" h. with leaves up; 15" deep with leaves down. $129.95 Exp. Coll. 80 page catalogue with samples, $1. Order from: Magnolia Hall, HG8, 726 Andover, Atlanta, GA 30327.



UNGE IN LUXURY

ant imported robes of thirsty vetterry, perfect after swim or bath. old designer stripes; specify burdy/navy or cognac/navy. One fits all. Kimono $47; monk's robe . Ppd. Free catalogue of distinccountry-life items. Lucy Stew- Private Stock™, Box 386-MH, eld, NH 03748.



FOR A CUSHIONED RIDE

Genuine sheepskin cover for bicycle seats makes riding a bike something else. It is warm in winter and cool in summer; it absorbs moisture and keeps the rider from sticking to the saddle. Hand washable, ties for sure fit. Speed cover, $8.89; standard, $9.49. Ppd. Miles Kimball, 100 Bond St., Oshkosh, WI 54906.



ENJOY SOUND SLEEP AGAIN!

Lock out the disturbing noise . . . even snoring . . . that keeps you awake all night and robs you of refreshing sleep. Ear Drum Silencers are soft, pliable, with an easy-to-grasp safety flange. Slip them in every night and you'll sleep like a kitten.

No. 124—Ear Drum Silencers **$2.98**

Mailing 35¢

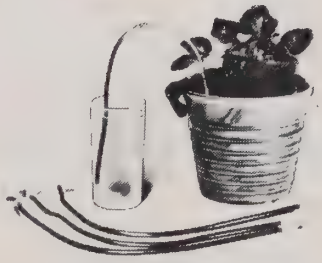


GET RID OF UNWANTED HAIR

Amazing Lemos Permagon destroys hair roots almost instantly—one by one. No wire connections. Uses tiny batteries (included). Home use electrolysis method is the same system experts use to remove hair permanently from face, arms, legs and body.

No. 108—Lemos Permagon **$14.98**

Mailing $1.00

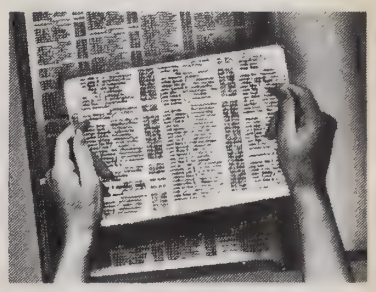


PLANT "NURSEMAIDS"

Feed plants while away on vacation. Amazing wicks feed moisture to thirsty plants for up to 8 weeks. Insert one end of wick in soil, other end in jar or glass of water. Will not rot or mildew. Set of 4.

No. 200—Plant Nursemaids **$2.98**

Mailing 45¢

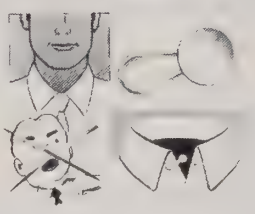


PAGE SIZE MAGNIFIER

Page Magnifier is handy for looking up telephone or map directory listings, stock market reports, etc. The whole page is magnified at one time. Wafer thin and measures 7" x 10". Magnifies four-times (4X).

No. 204—Page Magnifier **$3.98**

Mailing 60¢



END SHIRT COLLAR "SQUEEZE"

Collar-Extender button "loosens" tight shirt collars. Ends all-day "tugging." Expands collar up to ½ size larger for that "just right" feeling. Invisible behind tie. Can be transferred from shirt to shirt in seconds.

No. 114—Collar-Eze (Set of 2) **$1.29**

Mailing 35¢

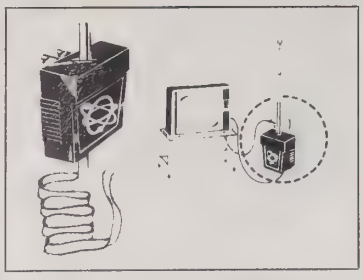


BOSOM MONEY HOLDER

Bosom Money Cache is your best protection against purse-snatchers. Snaps onto the bra or slip straps. Holds folding money or other valuables. Plastic-lined to keep contents dry. With fold-over flap. Washable nylon.

No. 141—Bosom Money Holder **$2.98**

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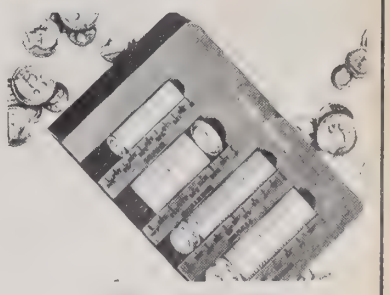


POWER PLUG TV ANTENNA

Antenna attaches to rear of TV set and plugs into any AC/DC outlet to bring in marvelously crisp, clear pictures and eliminate all manner of ghosts and electronic gremlins. Uses no current. For AM/FM, UHF/VHF, Black & White or Color sets.

No. 900—TV Antenna **$9.98**

Mailing $1.00



COUNT COINS FAST

Sort, count and wrap pennies, nickels, dimes, quarters in seconds. Simply slide coins into 4 channels. Shows the totals as you go. No more fumbling with the wrapper. Real time-saver for merchants, cashiers, clubs, collectors, etc. Measures 4½" x 6¼".

No. 102—Coin Counting Tray **$3.98**

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AUGUST 1979

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CLOWN IT UP

Crochet "Lovable Pierre" in no time at all with our easy pattern. He is 21" long. Also included is pattern for our adorable "Fifi the Flirt" French Poodle. She stands 10" high & 8" long. Send $3, check or M.O. for both + 25¢ post.

DOT'S SPOT
Box 588, Glen Cove, N.Y. 11542



CUSTOM NEEDLEPOINT

Needlepoint your favorite person, house, pet or scene. Send photo or slide (returned). It will be transferred on to 10 mesh mono canvas, 12" x 16", marked in colors for your yarn. Portraits $20.00, Scenes $23.00, Ppd. (CA residents add 6%) . . . Also available, Portraitcraft paint-by-number canvasses and Custom Crewel layouts. Catalog 20¢. World Arts, Box 2008-HG8, Covina, Ca. 91722

Chinese Peonies

QUALITY ORIGINAL
HANDPAINTED NEEDLEPOINT



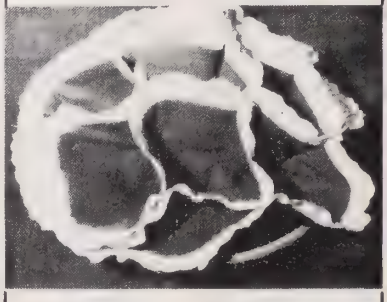
17 colors • 15 x 15 fin. size
Zweigart #14 mono canvas

Beautifully handpainted in harmonious shades of soft russet-rose, seafoam green, olive, pistachio, teal, and yellow with geranium and buttercup gold accents; cream-white background.

Canvas only: $38.00 ppd.
With Paternayan wool: $50.00 ppd.

Jacquelyn de Jean Needle Art
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HOT ROLL COZY



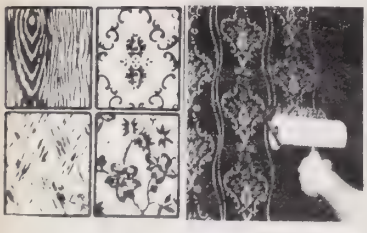
For a baker's dozen each in it's own pocket. Unsnaps for flat storage. Poly/cotton in white, lemon, chocolate, red, kelly green, avacado, pink, lt. blue; each with white eyelet trim.

Kit incl. instr., 9" bread basket and all supplies . . . $6.50 ppd.

Completely assembled in above colors . . . $12.50 ppd.

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13027 Lee Jackson Hwy.
Fairfax, VA 22030

ROLLERWALL™



Roll beautiful patterns on walls, fabrics and furniture in minutes. Use any color, any paint. Clip this ad and circle designs of your choice. Delightful results guaranteed! ROLLERWALL, Box 757 (HG89), Silver Spring, MD 20901.

Rollerwall—1 design $20.40
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Christmas Stocking Needlepoint Kits

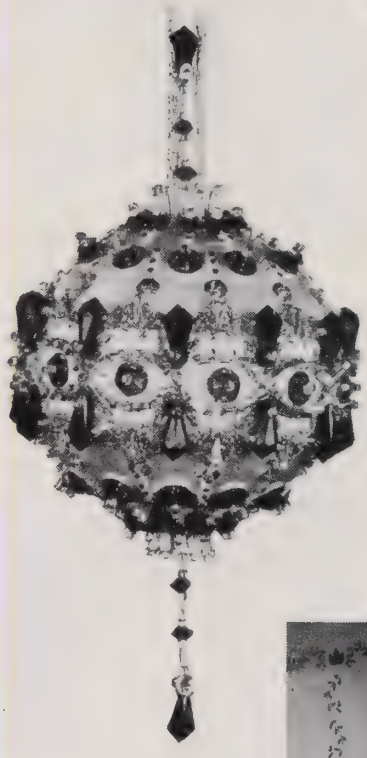
Can be used as pajama bag or pillow. Red Ski Boot, Brown Cowboy Boot, Pink Ballet Slipper, and Sneaker (not shown). Kits include handpainted color design on 12 mesh imported canvas, Paternayan Persian wool, needle, felt backing and instructions. Approx. 14" x 9". $19.95 each plus $2.00 post. & hdlg

HARBOUR GIFTS
1070 HARBOUR DRIVE
PALMYRA HARBOUR
NEW JERSEY 08065

Folk art kit

Wildfowl decoys, skillfully handcrafted in solid pine. Body, head, glass eyes and finishing instructions included. Teal hen or drake, 10½" $16.95; pair $32. Paint kit with custom-mixed set of 12 colors and guide for different species $12.95. Add $1 post. each. Color catalogue 50¢. Bay Country Woodcrafts, HG8, Oak Hall, VA 23416.





Brilliance

"Scarlet Night" kit to light up your tree. Like holly berries on sparkling snow, deep red beads rest snugly on 3" white satin ball, with reflecting crystal. $9.25 ppd. Award-winning catalogue of over 200 original Christmas ornament kits $1.98. The Cracker Box, HGE20, Pt. Pleasant, PA 18950.



New look

Home stenciler's kits. Four pre-cut polyester stencil sheets, six Pennsylvania Dutch designs including tree, flower, sprig and berries, polywog, birds; two ½" brushes; six 1-oz. jars japan paints; four pages illustrated instructions. Kit $22.20; designs only $10.20. Ppd. Catalogue $1. Adele Bishop, HG8, Dorset, VT 05251.

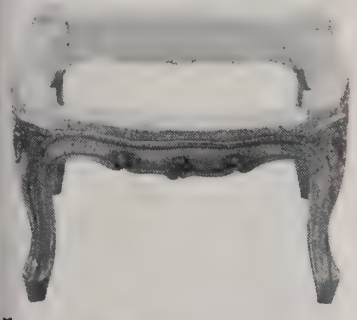


Pet kit

Make a needlepoint portrait of your pet. Just send any size snapshot. Kit includes 12" by 12" canvas, Paternayan yarn, guide coded for colors and stitches. Choose your favorite color: blue, green, peanut butter, rose beige, chocolate, gray. Photo returned. $39.95 ppd. Needlepoint Portraits, HG8, Box 9, Greens Farms, CT 06436.

Foot stools

French and English frames, hand-carved in solid beechwood, 14" by 11". Unfinished $65. Finished in antique white, walnut or fruitwood and upholstered with your needlepoint (4" on each side) or fabric, with brass nailheads $125. Add $5 post. MC/V. Free brochure. Devon Shops, HG8, 202 E. 29th St., New York, NY 10016.





Contemporary

New wall clock kit includes pre-cut solid oak, enameled metal dial, highly accurate quartz movement, all needed hardware. 15" dia. by 2½" d. Easily assembled in minutes. $57.75 plus $5.50 shpg. chg. New color catalogue is 50¢. Mason & Sullivan, HG8, Osterville, MA 02655.

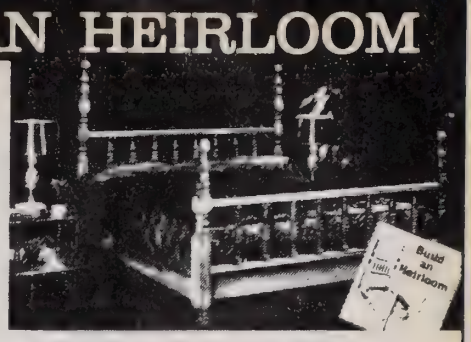




Baby's quilt

For cuddling time or nursery wall. Kit has all fabrics needed for applique quilt top, lining and full scale pattern, 40" by 52", and includes photo of quilt, step-by-step instructions. Pattern #MBP $3; kit MBCK $29. Ppd. Catalogue 50¢. Quilts and Other Comforts, HG8, 6700 W. 44th Ave., Wheatridge, CO 80033.

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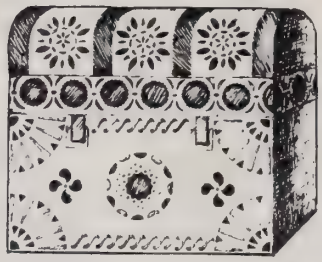
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BAY COUNTRY WOODCRAFTS, HG-89
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HEIRLOOM STENCILS
by Adele Bishop



First Complete Full Color Stenciler's Catalog: describes 15 exclusive Adele Bishop kits and patterns, ranging from beginner's to major home decorating projects - floors, furniture, walls, tinware, wooden objects, floorcloths, fabrics; 12 colors PRESTO-DRI® japan paints, 3 sizes professional brushes, comprehensive instructional booklet, polyester stencil sheets. Describes the definitive stenciling book - The Art of Decorative Stenciling. Send $1.00 for catalog.

Adele Bishop, Inc.
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Our AWARD WINNING CATALOG has over 200 original design kits.

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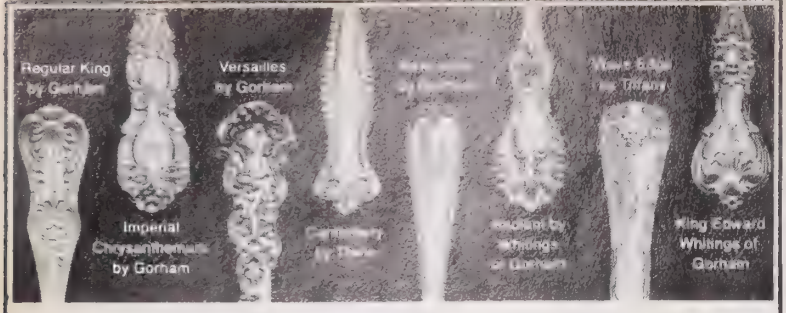
STITCH YOUR NEAR & DEAR

To make a needlepoint heirloom like this, send us a snapshot—any size—and we will send you a kit, complete with 12" x 12" canvas, Paternayan yarn and an easy-to-follow guide coded for colors and stitches. Tell us your favorite color: Chocolate Brown, Peanut Butter, Rose Beige, Blue, Gray, or Green. $39.95 ppd. Your photo returned.

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PRINCE PHILIP



W 31½", H 43". Seat D 18", Seat H 19"

Great used as pairs

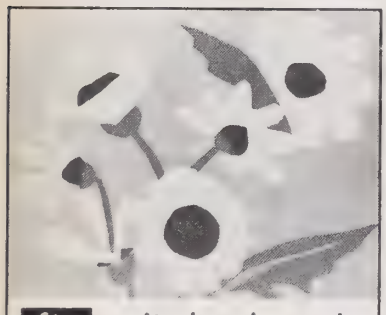
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3-way switch



the Wall Swinger

a sleek swing arm at the fantastic price of $19.99

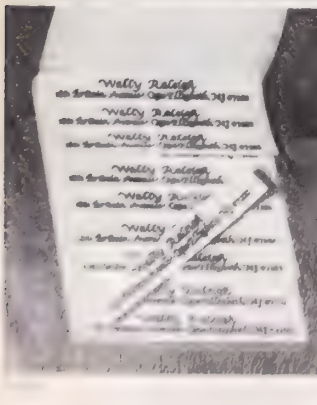
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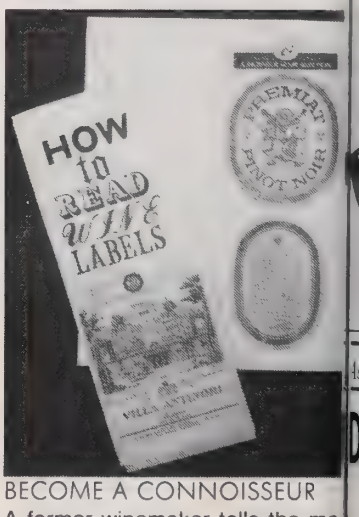
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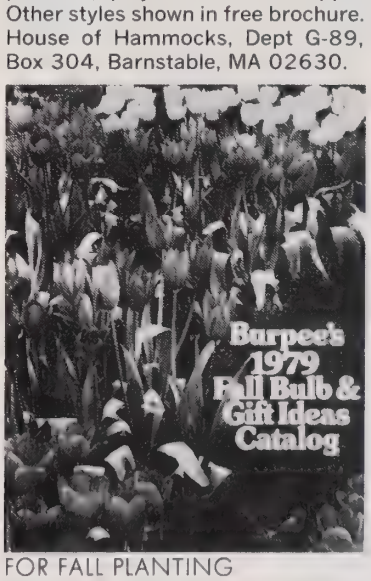
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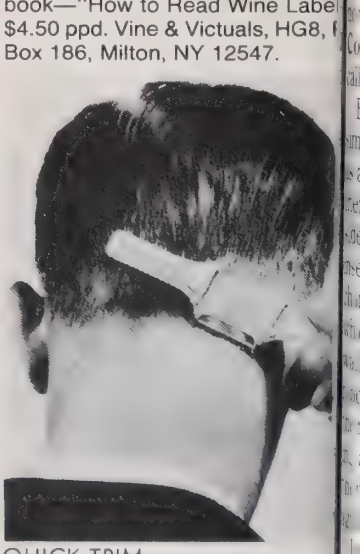
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Burpee's 1979 catalog of bulbs and gift ideas has 68 big colorful pages of finest quality bulbs. For beautiful blooms, grapes, berries, flowering shrubs, fruit/other trees, house plants, harvest/garden aids, gift ideas. Free, write today. Burpee Seed Co., HG8, 22-229 Burpee Bldg., Warminster, PA 18974.



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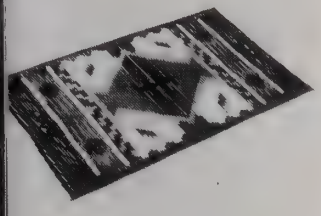
LET DUST RUFFLE

ural or white no-iron polyester/ l. Deep drop ruffle with split ners, gathered on platform. Drop gths: 14", 18" or 22". Sizes: twin ouble $37; queen $42; king $47. l $2.50 post. Send for free 48 e color catalogue. Colonial Maid tains, Dept. G8D, Depot Plaza, naroneck, NY 10543.



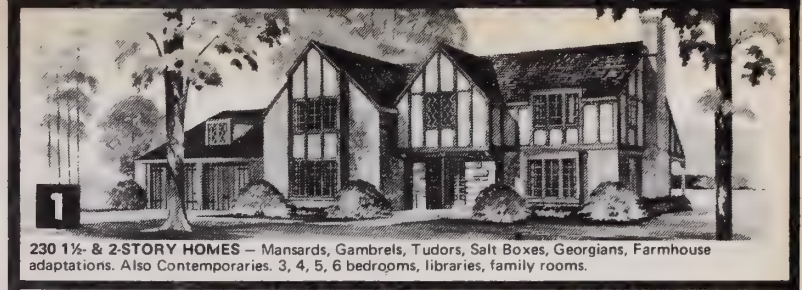
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Navajo design rug blends ivory ground with rust, gold and brown accents. 2' by 3' $19.95; 3' by 5' $34.95; 4' by 6' $49.95; 6' by 9' $89.95. Ppd. Full color catalogue available (includes Oriental, Scandinavian rugs) $1. Order from Peerless Imported Rugs, Dept. GE-89, 3028 N. Lincoln Ave., Chicago, IL 60657.



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As reported in the Washington Post, Chicago Tribune, Miami Herald, Ecologist, Moneysworth, Paul Harvey News

Doomsday Powder for Roaches could Endanger Species.

The cockroach could become the next endangered species if a California manufacturer has his way.

Alan Brite, who 30 years ago developed and lent his name to what is now a standard household cleaner, **Copper Brite,** has a new product called **Roach Prufe.**

Brite states that because roaches simply do not recognize **Roach Prufe** as an insecticide, they do not avoid it, when scatter to other parts of your residence as they do with the more toxic insecticides. Plus, the electrostatically charged powder sticks to their bodies which they then carry back into the walls spreading among the other roaches. The result is you kill not only the roaches you see, but also those hiding and multiplying in your walls and when you are protected for **years** against reinfestation.

In scientific tests conducted during a major research project by leading Southern California University, the **Roach Prufe** formula was tested in heavily infested housing developments, restaurants, hotels and grocery stores against the most powerful insecticides used by professional exterminators. In **every** instance the **Roach Prufe** formula proved strikingly superior in eliminating **all** roaches and preventing reinfestation.



One Application Does It

Roach Prufe is registered by the United States Environmental Protection Agency for use in all buildings, plus new construction and can be used in homes with children and pets.

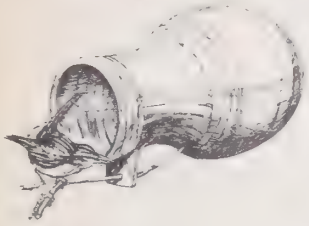
The powder is odorless and non dusty and no harmful or irritating effects await the user as it is simply applied with a teaspoon under kitchen appliances and other hidden areas.

Brite has a problem, however: he says retailers apparently think it's unprofitable to stock the one-shot roach killer on their shelves when the same customers will come in again and again to buy the other roach insecticides. So he has decided to sell his product directly to consumers.

Roach Prufe™ costs 7.95 (including postage) for a one-pound can. Airmail is 1.00 additional per can. In California add 6% tax. One can covers up to a 9-room residence, plus one can for basement and garage. To obtain the product, send a check or money order to Copper Brite Inc., Dept. 27 at 5147 West Jefferson Blvd., Los Angeles, Ca. 90016.

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Give your fine feathered friends an 18th century address.



This perky little 8-3/4" long Bird Bottle is a hand-thrown pottery copy of a colonial birdhouse found by archaeologists in James Geddy's Williamsburg garden. It's a perfect gift for bird lovers and costs a mere $8.85, including shipping.

Colonial Williamsburg
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☐ I enclose a check for $ _____. Please send me ____ Bird Bottles and put me on the mailing list for your twice-yearly brochure of specially selected items from Colonial Williamsburg.

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Keep children's prying fingers away from dangerous medicines or cleaning chemicals. This 12" wide x 3¾" deep x 6" high steel cabinet fits conveniently inside most medicine cabinets and is prepunched for screw-in wall attachment. Finished in Harvest Gold baked enamel.

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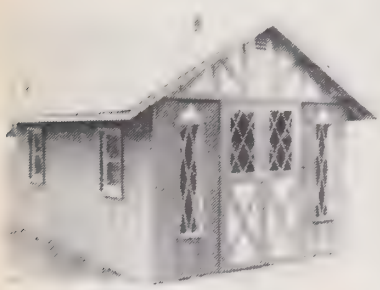
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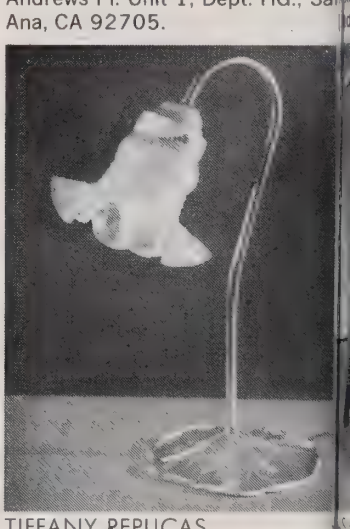
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Image Planter

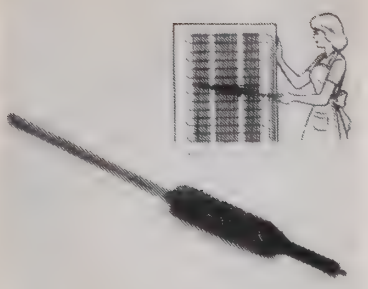
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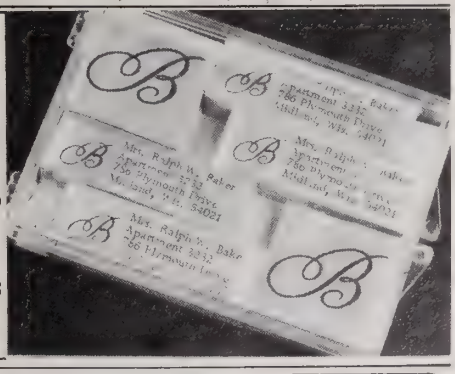


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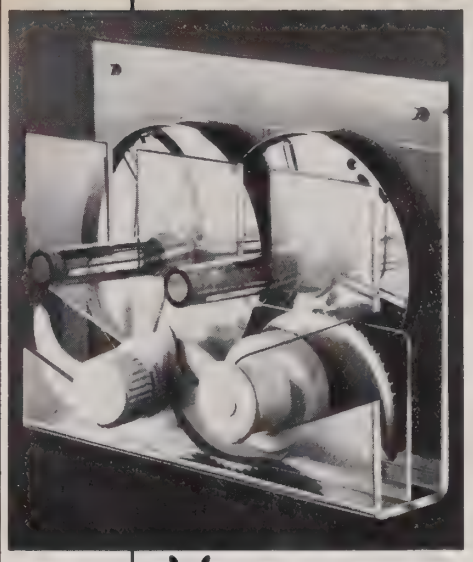
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EGG-1–Sitting Planter-9" tall
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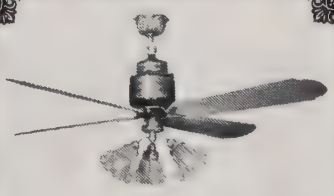
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Protects your prized blades, (even new larger ones), protects YOU from the sharp edges. Unique patented design, incredibly compact—stands or hangs, lets you remove any one without dislodging others. Superbly American-made by Robert Mainly, hand polished. 4-tool rack is 10x8⅜x2¼" deep, 6-tool rack (not shown) is 10⅛x10⅞x3" deep.

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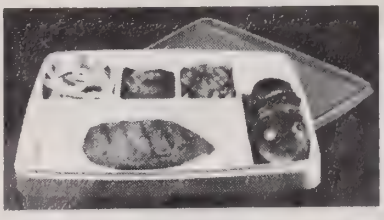
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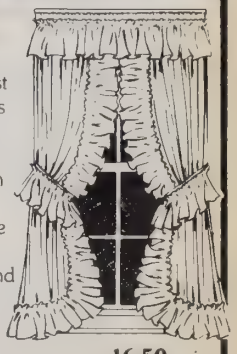
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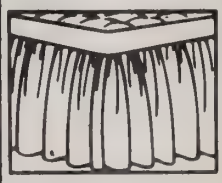
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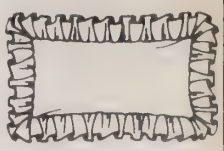
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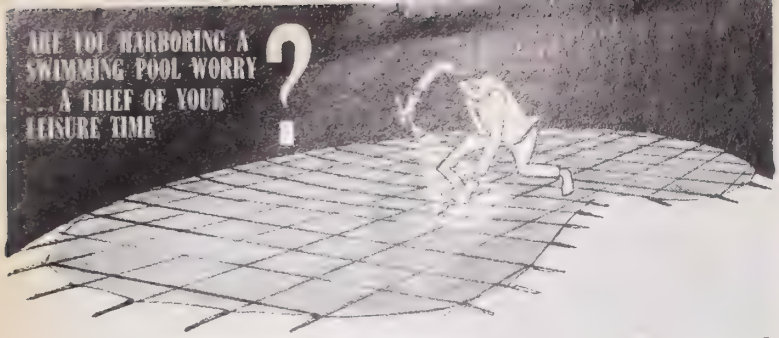
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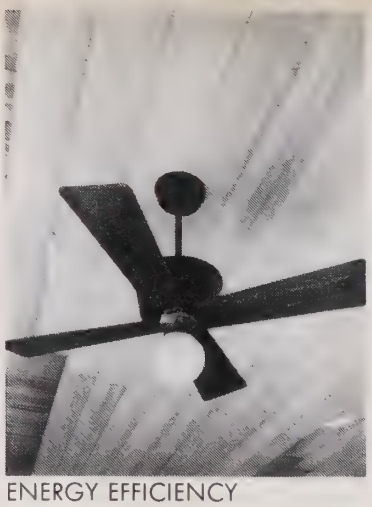
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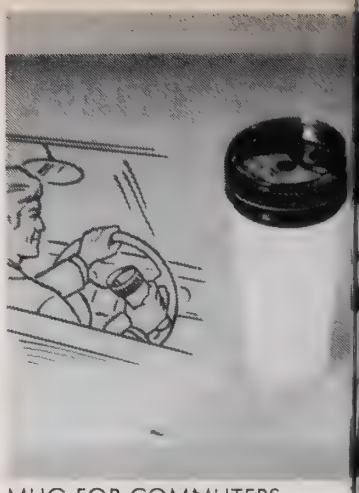
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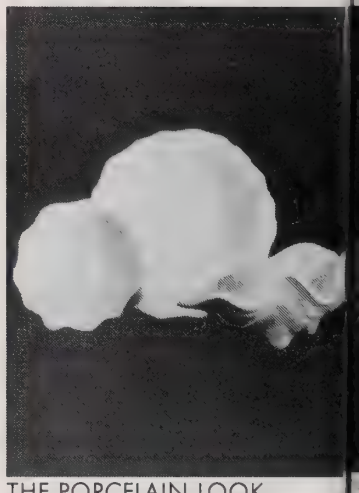
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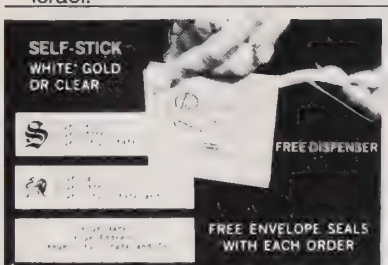
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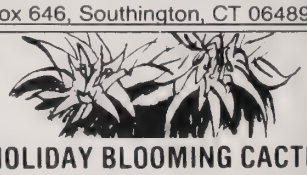
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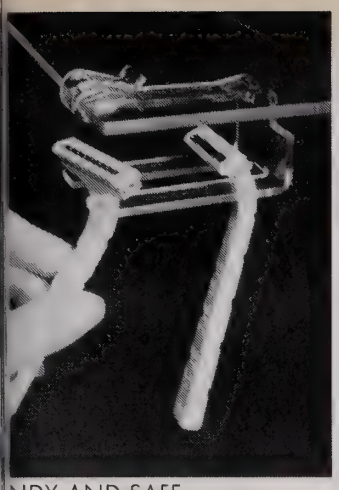
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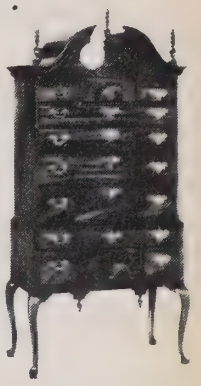
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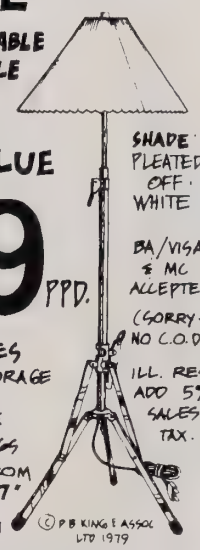
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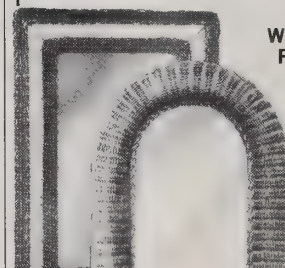
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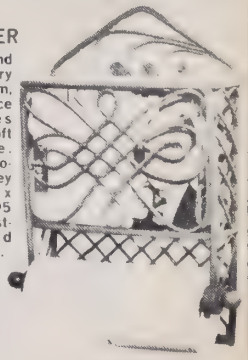
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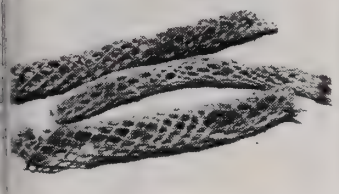
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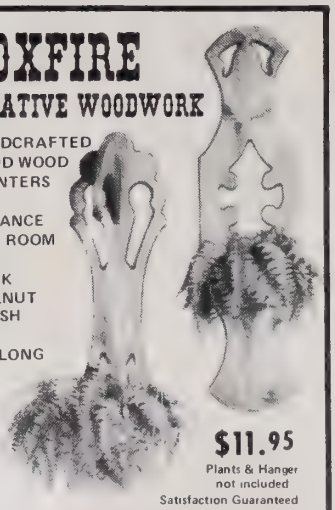
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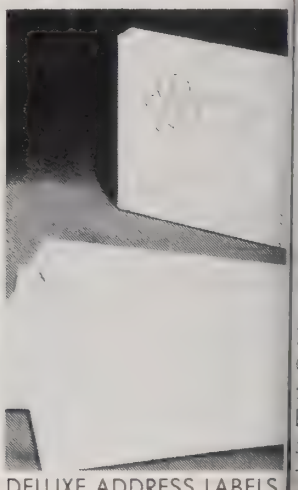
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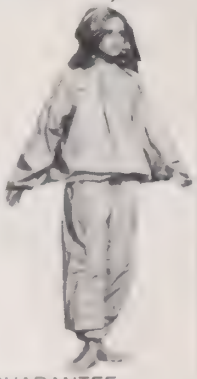
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COVER
Rolled-arm sofa: 89" x 38" x 29" h. One loose button-tufted seat cushion. Five loose back pillows. Welted trim. Kick-pleat skirt. As shown, tomato red cotton satin fabric. By special order, in a range of colors and fabrics. At Lord & Taylor, NYC 10018.
Wool paisley shawl covering sofa pillow: 19th c. One of a collection of antique shawls at Cherchez, NYC 10021.
"Ming" coffee table: 48" x 46" x 13 ¾" h. Terra-cotta lacquer on wood. Triangular shaped legs. By Studio Simon. At Abitare, NYC 10022.
Armless lounge chair: 27" x 30" x 30" h. x 16" sh. Frame upholstered in pale straw. One loose seat cushion, covered in natural duck or COM. By Billy Baldwin. From LCS*, NYC 10022.
Ottoman base: 32" sq. x 64 ¾" h. Slatted, unfinished pine. By Peter Stamberg. For building instructions, see page 166, Furniture Craft, House & Garden, March, '79.
"Sandpiper" handpainted cotton duck fabric on ottoman pillows and two throw pillows: About $27 a yd. From California Dropcloth*, LA 90015; Groundworks*, NYC 10022.
French restaurant table: 45" x 23" x 29 ½" h. Gray marble top. Polished wrought-iron base. At Jean-Paul Beaujard, NYC 10021.
Découpage lamp: 30" h. Butterfly and floral design. White paper shade. Custom découpage designs available. At Limited Editions, NYC 10021.
Porcelain bowl on coffee table: 20" x 5" h. **Circular porcelain ashtrays:** 10" d. Both by Roy Hamilton. **Circular handled basket:** Brown handle and trim. From Italy. **Brown lacquered cooler, holding fern:** 19 ½" x 8" h. 19th. c. From England. All from Gordon Foster Antiques, NYC 10021.
Round woven sisal side table: 24" x 16 ½". From England. **Wedgwood leaf plate:** 10" x 8". Both at J. Garvin Mecking, NYC 10021.
Woven wire clam basket: Wood frame and handle. Antique from Long Island. 15" sq. x 17" h. At Kelter-Malcé, NYC 10014.
"Geranium" paint on walls: Custom-mix from Janovic/Plaza, NYC 10021.
Movable wood shutters: Courtesy of National Woodworks Manufacturers Association.

SMALL SPACE IDEAS
Page 37
Sink: Stove-enameled steel. 2.05 meters wide. 2.270 meters long. Write to Reader's Service for more information.

BIG LITTLE GARDEN
Pages 106-107
"Variance" cobalt blue fine china: 5 pc. place-setting, $45. By Jack Prince for Block China. At Bloomingdale's, NYC 10022.
Landscaping: By Tom Pritchard of Mädderlake, 816 Madison Ave., NYC 10021.
Cabot's bleaching oil on cedar deck and siding: By Samuel Cabot.

MIRROR & SHINE
Pages 100-101
"Painted Lady I" Zefran acrylic, polyester and nylon rug: 24" x 36". $30. By Zandra Rhodes for Regal Rugs. At Marshall Field, Chicago 60690.
Tea towels: 19" x 27". About, $5 ea. **Apron:** Vinyl. About, $11. Both by Sari Fabrics.

COUNTRY LIVING
Page 121
Chrome Luxo lamp with base: $125. At Charrette, NYC 10022.
Herco brass lamps: Adjust to 58" h. Tube top. $70. At Bloomingdale's, NYC 10022.

THE WORKING WALL
Laundry center, Page 122
"Space-Mates" washing machine and dryer: Each unit, 27" x 26" x 34 ⅝" h. Stacked units, 70" h. Water Saver Control and Weigh-to-Save door determine water level. Gas or electric. In white, Harvest Gold, Avocado, and Almond. By White-Westinghouse.
Steam and Dry Iron: (F 116 BL/9134/305) By General Electric.
Desk chair/bar stool: $300. By Beylerian*, NYC 10021.
"Loves Me" cotton and polyester blue flowered sheets: About, $11.50. Pillowcases, about $8, pair. **"Meadow Lace" sheets:** About $14. Pillowcases, about $13, pair. **Cotton and polyester bath towels:** About, $7.50 ea. All by Fieldcrest. **Magazine rack holding towels:** Steel covered with white rubber. $5. **Plastic bucket:** $3.95. **Adjustable broom in bucket:** $12. All at Manhattan Ad Hoc Housewares, NYC 10021.
Men's shirts: At Bloomingdale's, NYC 10022.
Ironing center, page 123
Ironing board cover: At Bloomingdale's, NYC 10022.
Sewing center, page 123
Elna Air Electronic SU Super sewing machine: 26 stitches. Color coded stitch control Pneumatic foot control. $999. By White Sewing Machine.
"Magistretti" wooden side chair: 20" x 17" x 29" h. $74. Natural straw basket with handles, left of sewing machine: $19.50. Both at Conran's, NYC 10022.
Multicolored basket, right of sewing machine: Peruvian sea grass. Set of three nesting baskets, $50. By VBI. At Gene Burton, Pasadena, CA 91101.
Wire lab basket holding yarns: $12. **Haitian baskets on shelves:** $30 ea. **Red and white print bag:** $3.50. All at "Of All Things!", NYC 10022. **Knitting and crocheting yarns:** At Alice Maynard, NYC 10021.
Pink-patterned fabric-covered box, on top shelf: 12" x 8" x 3 ½". $25. At Laura Ashley, 714 Madison Ave., NYC 10021. **"Leaf Swirl" green patterned paper covered box:** Nest of three, $4.95, ppd. from Sample House, 2525 Butler St., Dallas, Tex. 75235. **"Yellow Pages" paper-covered books:** $15 ea. Atffolio 72, NYC 10021.
"Yellow Hearts": paper-covered index card box: $17.50, with cards. From The Mediterranean Shop, NYC 10021.

TOMATOES
Page 131
"Eco White" china dinner plate, upper right: Micro-wave ovenproof. 5 pc. placesetting, $31.20. At Richard-Ginori, NYC 10022.
Ceramic sole dish, upper left: $26.75. By Hall.
Split bamboo egg basket: $17. Both at Manhattan Ad Hoc Housewares, NYC 10021. ■

BUILDING DATA

Materials and equipment used in the remodeled corn crib on pages 110-113.

ARCHITECTS: Weese Seegers Hickey Weese
CONTRACTOR: Russell Rosenberger
SIZE OF HOUSE: 1,530 square feet.
COST OF REMODELING: $25,000

STRUCTURE
Foundation: Existing concrete foundation under corn bins; center drive dirt.
Framing: Existing framing.

EXTERIOR OF HOUSE
Exterior walls: 2' × 8' studs and 1' × 4' slats infilled 2" behind slats with treated plywood.
Roof: Existing corrugated metal.
Insulation: 6-inch fiberglass batts in walls and roof; 9 1/2-inch fiberglass batts in floors.
Windows: Wood casement windows and on north and south sides fixed wood framed clerestory windows.
Skylight: Corrugated plastic skylight set in roofing.
Doors: Custom doors made from reused wood.

INTERIOR OF HOUSE
Interior walls and ceilings: Interior partitions made from reused wood; outer walls and ceilings, drywall.
Floors: Reused wood throughout.
Furnishings and accessories: Iranian kilim rug and antique basket holding magazines from Nonpareil, Chicago; canvas deck chairs; hammock, throw pillows, baskets, and kitchen accessories from the Crate & Barrel, Chicago.
Lighting fixtures: Porcelain sockets with chain pulls; wall lamps by Staff.
Interior paints and stains: White semi-gloss latex paint by Benjamin Moore; exposed wood cleaned with weak muriatic acid solution.
Hardware: Traditional rim locks.
Kitchen and bathroom cabinets and countertops: Custom cabinets made from reused wood with plastic laminate countertops.
Plumbing fixtures: All by the Kohler Co.

MECHANICAL EQUIPMENT AND APPLIANCES
Kitchen appliances: Range by Modern Maid; refrigerator by Acme.
Hot water heater: 40-gallon electric tank.
Heating system: Electric baseboard heat.

Materials and equipment used in the house on pages 114-117.

ARCHITECTS: R.M. Kliment and Frances Halsband
CONTRACTOR: A. Ricks
SIZE OF HOUSE: 540 square feet

Continued on page 177

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GARDENER'S NOTES

BY JAMES FANNING

Summertime

And the gardening is easy, with a book of small-garden ideas, weeds for humus, wonderful roses to visit, and action for elm trees

The ways of weeds

Weeds are volunteers. They spring up to fill gaps in the ranks of plants grown as crops, cover bare earth, and perform the all-important function of healing the earth's scars. Their easy availability as food is often overlooked by people less ecologically conscious than Dr. and Mrs. David L. Hill (page 80). However, the most important function of weeds is the creation of humus. Growing in poor soil, they mature quickly and add their decaying stems and leaves to the earth, improving its texture and fertility for succeeding generations of other kinds of plants. Chopping weeds in the course of cultivation is the familiar way of getting their humus into the soil—composting is another. Since we don't really want to encourage more weeds, though, it's best to cut and compost them before they mature seeds to lie in wait for the next growing season. Even without compost-borne weeds, there are always plenty of them around.

Roses to see

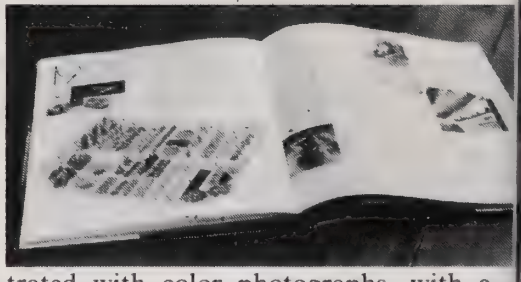
Bagatelle, in Paris, is probably the world's best-known test garden for roses. No rose lover visiting or passing through Paris should miss seeing it, particularly in 1979, Year of the Rose. There are lots of other rose gardens in Europe, of course—every city has its own, and many of the fine private ones are open to the public at regular times. One of the finest is the little-publicized Bishop's Rose Garden in Bamberg, Germany. Tucked away behind the Bishop's palace, the garden has a breathtaking view, glorious roses, and—not least among its attractions—an outdoor cafe for the restoration of foot-weary tourists.



In Bamberg, Germany, the Bishop's Rose Garden is a restful oasis for tourists.

Easy gardening

Summer stay-at-home gardeners need not miss the pleasure and instruction to be gained from visits to other folks' gardens. *House & Garden's 26 Easy Little Gardens* (Penguin, $8.95 in paperback) will provide many hours of hammock or armchair browsing and stimulus for the imagination. The 26 gardens are all illustrated with color photographs, with a plan for each, and full explanations of how each was made and is maintained. The book is available at bookshops everywhere, or by mail from Condé Nast Books, P.O. Box 3308, Grand Central Station, New York, N.Y. 10017, for $9.95, which includes cost of postage and handling.



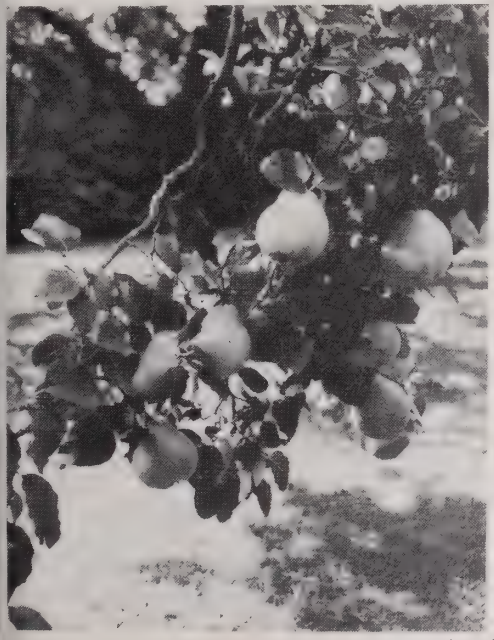
Organize for elms

Our elm trees are going to be saved from the ravages of the dread Dutch elm disease—if the new group that calls itself POET has anything to say about it, that is. The effectiveness of group action is well-known, of course, so it seems likely that POET (Protect Our Elm Trees) will succeed where other efforts have failed. The whole idea is for a neighborhood group to organize itself with the sole aim of saving its elms. This will be accomplished by keeping close watch on each and every elm tree within the neighborhood to keep the disease from gaining a foothold. Up-to-date preventive measures will be applied, doomed trees will be removed as quickly as possible, and barrier zones will be established to keep the disease out of the controlled area. The first such neighborhood group has

been set up in Riverside, Ill., with very hopeful results. One of the most promising methods of controlling Dutch elm disease is by the injection of fungicides directly into the sap-carrying channels of the tree itself. Several preparations are available for this purpose, with Merck's Arbotect 20-S having won much praise for ease of use and effectiveness. The equipment for injecting fungicides into tree trunks can be installed by any handyman-gardener, but the course of wisdom is to have the job done by an experienced arborist, who will be in a position to avoid costly mistakes. Any group organizing itself to save the neighborhood elms should begin by enlisting the services of a professional arborist and by consulting with the county agent about questions of quarantine and the possibility of government aid.

Strange Fruit

The quince is among the very oldest of cultivated fruits. It was popular in ancient Greece, and quince seeds were among the essential supplies sent from England to the Massachusetts Bay Colony in the 1620s. A low, spreading tree with handsome flowers like oversized apple blossoms in mid-spring, the quince is worth growing simply for its decorative value. In fall, the fruit, like fuzz-covered pears, ripens slowly along the zigzag branches. Even when ripe, a quince is hard and rather tasteless. Cooked, though, it becomes something else again—stewed or made into jam or jelly, the unmistakable flavor comes out. Just as they come from the tree, a few ripe quinces in a bowl will perfume the air of a whole room and attract attention for their odd shape and rich, orange-yellow color. Quince trees are not widely available at nurseries nowadays, but a little looking will usually turn up a few. One of the mail-order nurseries that lists quince trees is J. E. Miller Nurseries, Inc., 5060 West Lake Rd., Canandaigua, N. Y. 14424, whose catalogue is free.



Quince tree branches bend under the weight of ripening fruit in autumn.



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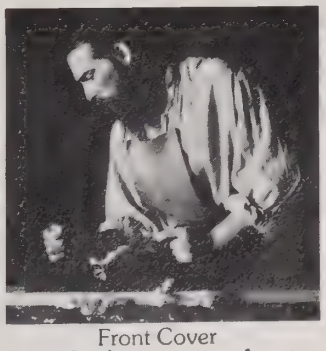
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Building and remodeling

1. "IN THE BANK . . . OR UP THE CHIMNEY?" is a dollars-and-cents guide to energy-saving home improvements from Red Devil. Contains 69 pages of "how-to" information such as: insulating your walls, floors, attic, and crawl spaces; weatherstripping doors and windows; estimating the amount and cost of materials needed. $1.75

2. "HOW TO TILE WITH STYLE"—with ceramic tile. This full-color, 15-page booklet tells you what to do when you're building, how to make your own personal spa, and how to give new faces to old spaces by using ceramic tile. Tile Council Of America, Inc. $1

3. BUILD SOMETHING BEAUTIFUL—home and yard cement projects with Sakrete Mixes. Step-by-step instruction booklet featuring 18 projects for home beautification or improvement. Sakrete, Inc. 50¢

4. WINDOW AND DOOR IDEAS. Helpful 16-page booklet shows home builders and remodelers how types of windows can fit into contemporary and traditional architecture. Energy-conserving double glazing system, low-maintenance exterior, plus easy washing features are described. Rolscreen.

Decorating

5. "GREAT BACKGROUNDS FOR LIVING." Colorful booklet includes pamphlets titled: "How To Decorate With Wallcovering" and "How To Feather Your Nest Without Ruffling Your Feathers." Hints and step-by-step how-to's for decorating from Birge, the company that makes wallcoverings in a wide variety of patterns and colors.

6. WINDOWS BEAUTIFUL—A complete and authoritative book on window treatments. Room-setting photographs in color, examples of most popular types of treatments, styles suitable for various rooms, ideas for common and problem windows, how-to for measuring and making basic treatment for many types of windows. Kirsch Company. $1.95

7. "TIPS ON WOOD FINISHING"—A comprehensive guide for do-it-yourselfers from Minwax. The information in the booklet ranges from wood selection to preparing antiques for refinishing, and includes many useful tips on removing old finishes, making sanding easier, repairing cracks and gouges, selecting a finish, and instructions to "iron out dents." Minwax Co.

8. DECORATING WITH FLOWERS! Magicsilk Flowers are crushproof and reshapable, fade-resistant and washable. This 12-page brochure shows floral arrangements that can be created in dozens of species and colors. Learn more about Magicsilk.

9. 1979 COLLECTOR'S BOOK—Indispensable decorating guide for the quality-conscious consumer. Features fine traditional American furniture from Pennsylvania House. 224 full-color pages reflect current trends, give descriptions of room planning, selecting furniture, color coordination, and other useful information. Pennsylvania House. $7.50

10. UNIQUE 18th-CENTURY FURNITURE is shown in this pamphlet called the "Forsyth Collection." One hundred and twenty years of experienced craftsmanship is your assurance of quality furniture in excellent taste. Unique Furniture Makers. 15¢

11. MICROWAVE COOKING WITH JAMES BEARD. This little microwave cookbook gives savory recipes from famous cook James Beard. You'll discover such temptations as Filet de Boeuf au Roquefort, Teriyaki Chicken, Glazed Curry Carrots, and Fresh Apple Cake. Brought to you from Sharp Electronics Corp. 25¢

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The Inchbald School of Garden Design
For further information contact: The Secretary, Room 30a
7 Eaton Gate, London SW1W 9BA. Tel: 01-730 5508

Building facts
continued from page 173

STRUCTURE
Foundation: Existing foundation.
Framing: Concrete block with wood decking.
EXTERIOR OF HOUSE
Exterior walls: Existing concrete block.
Roof: Built-up roofing.
Insulation: Existing Styrofoam insulation in concrete block.
Windows: Pella casement and awning windows.
Doors: Wood doors.

INTERIOR OF HOUSE
Interior walls and ceilings: Gypsum board and wood trim.
Floors: Wide board pine wood in major rooms; tile by American Olean in bath.
Lighting fixtures: Fixtures by Artemide and Kovacs with Lutron dimmer control.
Interior paints: White, cream, and raspberry paint by Janovic and PPG.
Hardware: Stainless steel lever handles by General Lock; nylon hooks by Ironmonger.
Kitchen cabinets and countertops: Custom cabinets with American Olean glazed tile countertops.
Plumbing fixtures: All by American Standard.
Appliances: Range by Hotpoint; refrigerator by Sub-Zero.

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Secret places
continued from page 108

(to say nothing of those who are somewhat older than Hansel and Gretel) could be well contented with. But I mustn't cast my net too far—favorite secret places are like so-called "best" friends, of whom one cannot afford to have too many. Let me just mention, then, a bungalow that crowns the brow of a certain low hill in Connecticut, looking out over a valley uncannily little changed from Colonial times. The bungalow is in the Hawaiian style, in tribute to its owners, descendants of generations of missionaries to the Sandwich Islands. It was designed some seventy years ago by a sister of Louis Comfort Tiffany, and one comes to suspect, in the course of passing happy days in that place, that she was every bit as talented as he. Her lucky grandchildren, great-grandchildren, and great-great-grandchildren live and flourish there to this day, under the broad roof that she spread for them.

Last of all, most favored of all, let me mention a tiny 17th-century clock shop which once stood on the village green in East Hampton, Long Island, and, being threatened with destruction, was moved to a permanent site in a thicket of pines on Further Lane. Its owner, Elizabeth Fondaras, has transformed the shop into a cozy guest house, consisting of a living room, bedroom, dressing room, and bathroom. From a big window in the living room, one glances out across a rosy brick terrace and a dune planted with beach plum and bayberry to the two blues of ocean and sky. The clock shop is the ideal secret place to be alone in, or to share with another, whether at work or play; there is no room for a third. Here if anywhere we can lift up our faces to the sun and dare to assert, with Henry James, that we are simply and joyfully young to life. ■

DEAR HOUSE & GARDEN

BY MARGARET MORSE

Answers to your questions. Here we share some letters from our readers

Fanfare

Q. Can you tell me some sources for paddle fans? I understand they are effective energy savers in winter as well as summer.

—A.S., Baltimore, Md.

A. Paddle fans use about as much electricity as a light bulb (50-200 watts), and, according to many manufacturers, can save up to 35 percent on heating and air-conditioning bills. In cold weather, run at low speed, they recycle air trapped at the ceiling. At high speed in summer, they create a breeze to keep you cool. They can also help circulate the air-conditioned air so rooms cool off more quickly.

Here are some sources for a variety of fans, from white-lacquered fans with simple, modern look to old-fashioned wooden paddle fans with Victorian lighting fixtures:

Ceiling Fan Gallery, 7 Indian Neck Lane, Peconic, N.Y. 11958. Free catalogue.

Georgetown Fan Company, Box 2128, Denver, Colo., 80201. Free brochure.

Hunter Division, Robbins & Myers, Inc., P.O. Box 14775, Memphis, Tenn., 38114. Catalogue, $1.

NuTone Division, Scovill, Inc., Madison & Red Bank Rd., Cicinnati, Ohio, 45227. Brochure, Form K380, 25¢.

Periculum, P.O. Box 15, Yellow Springs, Ohio, 45387. Free brochure.

Royal Windyne Limited, Box 6622, Richmond, Va., 23230. Catalogue, $1.

Unique Products Company, P.O. Box 1009, Stone Mountain, Ga., 30086. Free catalogue.

Art splash

Q. I am thinking of having my swimming pool decorated with a picture or design in paint or tile. Any information you could give me would be appreciated.

—A.K.A., Rancho Mirage, Calif.

A. As you imply in your letter, decorating a pool isn't a do-it-yourself proposition. A trade association of 2,300 firms in the pool industry, the National Swimming Pool Institute, says only a builder specializing in swimming pools who has seen your pool firsthand could tell you what if any decoration your pool surface could accept. (Chlorine, algacides, and bacteriocides can cause some paints to deteriorate, for example.)

Two safety pointers from the N.S.P.I.—Steer clear of an elaborate design or dark color that would obscure the bottom of the pool. And be sure the floor and sides of the pool offer a good grip and firm footing—glazed tile is considered too slippery to use except perhaps as a band around the waterline where stains are apt to collect and the stain-resistance of glazed tile is a big plus.

The N.S.P.I. offers four leaflets free of charge: "How to Select Your Swimming Pool," "Solar Energy and Your Swimming Pool,""N.S.P.I. Residential Swimming Pool Energy Conservation Recommendations," and "Pool Safety Tips and Information." Send a self-addressed, stamped business envelope to N.S.P.I., 2000 K St., N.W., Washington, D.C. 20006, and specify which leaflets you want.

In our June 1979 issue, you can see a photograph of the Ranan Luries' artful pool (bisected with a blue mosaic path that leads to their tennis court beyond) on page 149.

Sporting drinks

Q. We're giving a tennis party. Can you give use some ideas for some hot weather drinks?

—S.S.H., Barnstable, Mass.

A. Perk up iced tea with club soda and a sprig of mint. Try seltzer water with a splash of Rose's lime juice. Spritz fruit juice with soda water. "Cut" cranberry juice with ginger ale. There's a host of bottled spring waters you might try—see our report in the July, 1977 issue. An easy, pretty drink is the Perrier Amethyst Mine: Freeze grape juice in ice cube trays, pop grape ice cubes into a highball glass, and pour Perrier water over them. Explore herbal teas on ice such as Red Zinger by Celestial Seasonings, which has a cinnamony red color and zip. If a touch of alcohol is agreeable, try The Pink Drink: A dash of black-currant-flavored crème de cassis liqueur in club soda.

Disappearing beds

Q. We are building a screened-in porch and want to sleep on it. For convenience and space-saving, we are planning on a Murphy bed. Can you direct me to the manufacturer?

—L.M.N., Bentonville, Ark.

A. The firm you're looking for is the Murphy Door Bed Company, 40 E. 34th St., New York, N.Y. 10016. Its catalogue available for 50¢—shows twin-, double-, and queen-size bed frames you can swing up into your own closet or cabinet during the day and gives the minimum interior dimensions your cabinetmaker needs to know to build a closet or cabinet to fit. Murphy ships virtually world-wide. There are even two Murphy beds that circle the world twice a year, on the Queen Elizabeth II.

If your locale is humid, Clark Murphy—a descendant of the founder—suggests you think twice before putting any bed on your porch. Porches tend to be damp, mattresses absorbent. You could end up with a mildewed mattress or a warped cabinet, although the following precautions may prevent this from happening:

(1) Pick a "Styleline" model, which has a urethane foam mattress support, and use it with a foam mattress (Murphy makes an optional one). (2) Cover the mattress with yor own rubberized sheet, quilted mattress pad (for absorbency and thus more comfort), then bedding. (3) Ask your cabinetmaker to use warp-resistant materials like particle board covered with plastic laminate, not plywood or pine.

If you were ordering a Murphy bed for an inside room where dampness isn't a problem, you might also consider models with a coil boxspring or, least expensive, flat "ribbon" springs. There are "Sidebed" flat spring models, too, available in twin or double size. For all, you provide the mattress.

Book wall basics

Q. We're interested in knowing more about the shelving supported by stainless steel tubes, shown on pages 138-139 of your October '78 issue.

—J.C.J., Boalsburg, Pa.

A. What architect Wilder Green has designed is not a bookshelf added onto a wall but a wall added onto a bookshelf: A custom-designed steel armature came first, then the plastering. Custom vertical steel angles were bolted into the existing structural wall of the apartment. Cantilevered steel rods were welded onto the angles, perpendicularly. A spacer encircles the base of each rod to help prevent the plaster from cracking. Then the wall was plastered so the armature was buried within, with only the ends of the steel rods protruding. The ends of the rods were then capped with custom screw-on, polished, stainless steel tubes. The shelves are glass, each shelf one length of glass about ½-inch thick.

Since there are no plans available, your best bet is to see if a local architect or a good building contractor can have the appropriate parts custom made and installed for you. ■

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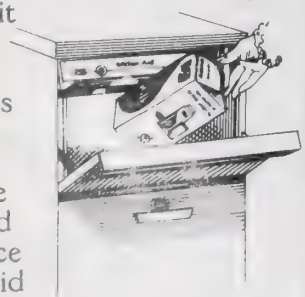
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September, 1979

Incorporating LIVING for young homemakers

VOL. 151. No. 9

HOUSE & GARDEN



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ON THE COVER
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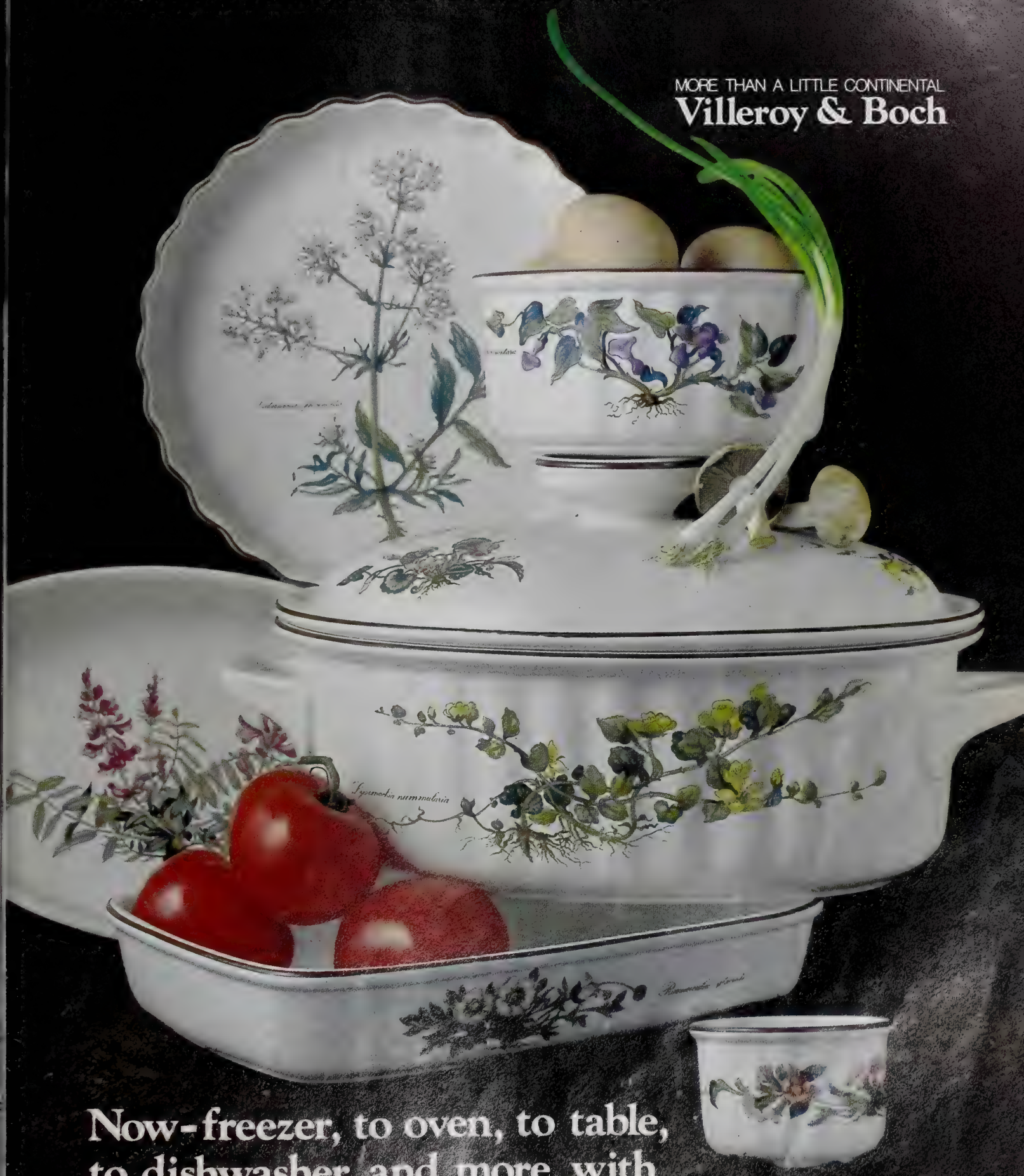
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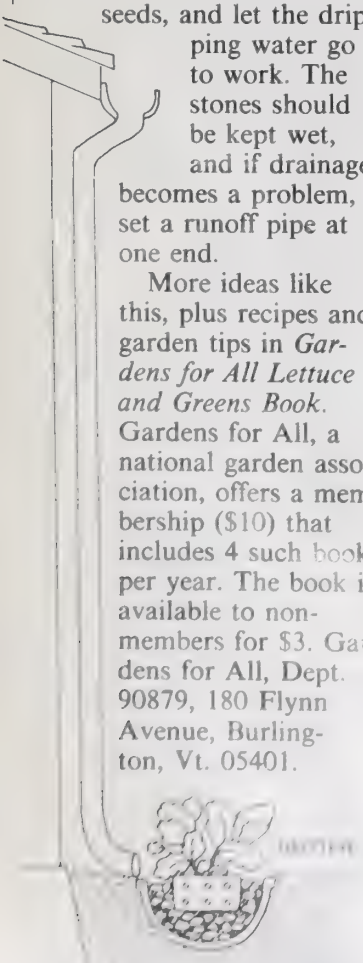
The latest in design, garden ideas, crafts, how-tos, health, decorating, books, art

Watercress to grow

You can take advantage of the space beneath a drainpipe or outdoor spigot by setting up a false stream for growing watercress. Here's how:

Pick a shady spot under the dripping water. Dig a small trench and lay sections of orangeburg pipe (about 6 in. in diameter) cut in half lengthwise. Fill the pipe with stones, leaving room at the top to place perforated plastic seed flats. Fill flats with peat moss, sow watercress seeds, and let the dripping water go to work. The stones should be kept wet, and if drainage becomes a problem, set a runoff pipe at one end.

More ideas like this, plus recipes and garden tips in *Gardens for All Lettuce and Greens Book*. Gardens for All, a national garden association, offers a membership ($10) that includes 4 such books per year. The book is available to nonmembers for $3. Gardens for All, Dept. 90879, 180 Flynn Avenue, Burlington, Vt. 05401.





American image

Photographs from the late 19th and early 20th centuries tell us what America was. Bringing these images to everyone by selling at a low price is the aim of Gates and Tripp Gallery, located in Boston's Faneuil Hall, with branches in Newport, R.I., and Nantucket, Mass.

Hand-printed from the original glass plate negatives, every photograph sold by the gallery has been carefully researched (the staff has uncovered some little-known but distinguished photographers, like Ulrich Bourgeois, who did the photograph above). Images are chosen as much for artistic and emotional appeal as for historic significance.

Most photographs cost from $10 to $17. They come matted, in black and white or sepia toned (to look older).

The gallery also puts together collections for offices or individuals, does restoring and copying—"Any project that sounds intriguing is likely to be tackled," says gallery representative Sheila Pecue.

For information, write Gates and Tripp Gallery, Inc., Faneuil Hall Marketplace, Boston, Mass. 02109

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"The Idea Chair," in three pieces, *above*, and assembled, *right*. Chair frame also unfolds to become a cot.



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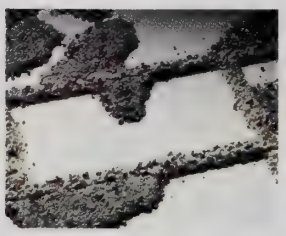


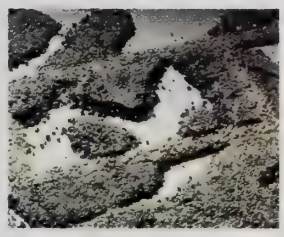
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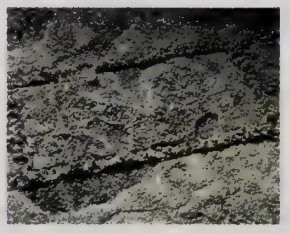
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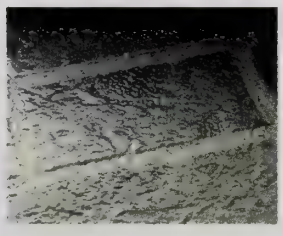




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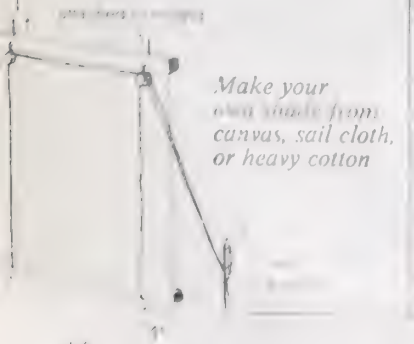
Shades of canvas

Now great looking canvas shades are yours for the making—thanks to an ingenious design by Ron Cacciola. (He made them up in a cool forest green on the porch, *below*.) Here's how:
You'll need: Canvas—light enough to sew on a machine, 10" longer and 1½" wider than window. Hardware: 2 screw eyes, 2 2" screws, 2 screw hooks; 1" plumber's pipe and 1" by 2" wood, each

BEADLE



the width of the window; ½" single and ½" double pulleys; cord to fit pulleys—one piece 3 times the window length, the other 3 times the length, plus the width; a line cleat.
To make: Turn canvas edges under ¼" and sew ½" hem on each side. Sew a 2½" casing for the 1" by 2" on top and a 1½" casing on the bottom for the pipe. Screw hooks into wood on shade front, 4" from each end—screw eyes go in same spot on back. Hang single pulley from left hook, double from right. Tie long cord to screw eye behind single pulley; run it from shade back to front, through single and then through double pulley. Run second cord from the other screw eye, around front, through double pulley. To attach to window frame, drill 2 holes through wood and fabric and secure with 2" screws. Secure cord to line cleat on wall.



Make your own shade from canvas, sail cloth, or heavy cotton



© GUY BILLOUT

Record temperatures

Save energy by turning the stereo *on*? That's what the record "Environments" is meant to do. Based on studies of sound associations, the two sides are "Alpine Blizzard" and "Country Thunderstorm." The idea is that you'll turn down the air conditioner once you start listening to a winter storm. If you're chilly, the record will make you feel warm and cozy. Or sound it, anyway. At record stores or from Syntonic Research, Inc., 175 Fifth Ave., New York, N.Y. 10010.

MiniStove

A stove that's probably smaller than what you'll be cooking, and certainly lighter, is the CariCook fuel cooker. It's compact—4½ inches by 3¾ inches by 1 inch folded—and weighs only 4 ounces. Unfolded, the tin stove stands 2¾ inches tall. Solid fuel tablets fit along the stove bottom and produce enough heat to boil a quart of water in 7 minutes. Use the CariCook on camping trips, or keep on hand with emergency supplies in the kitchen. Approximately $6 at sporting goods stores. Enterprise Distribution Inc., 50 Enterprise Ave., Secaucus, N.J. 07904.

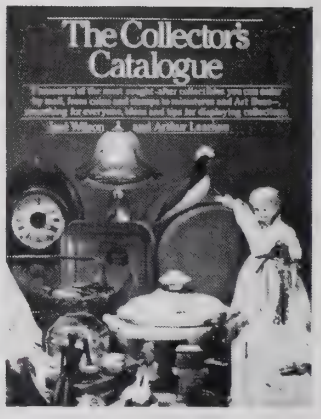
What's showing **EVENTS** and where

National Gallery of Art: "The Art of the Pacific Islands" July 1-Oct. 14. Over 400 pieces in the most comprehensive exhibition on this subject. Washington, D.C.
The Toledo Museum of Art: "Travels with Pen, Pencil, and Ink" Sept. 1-Oct. 14. 150 prints and drawings by David Hockney. Toledo, Ohio.
Los Angeles County Museum of Art: "Renaissance Costume and Textiles" Aug. 30-Jan. 27. "The Joy of Collecting: Far Eastern Art From the Lidlow Collection" Sept. 13-Jan. 6. Artwork dating back as far as 1500 B.C. Los Angeles, Calif.
The St. Louis Art Museum: "Matisse Prints and Illustrated Books" Sept. 14-Oct. 28. Major works, 1901 through 1950s. St. Louis, Mo.
San Francisco Museum of Modern Art: "The Black Photographer" Sept. 15-Nov. 11. Photographs by 70 black American artists. San Francisco, Calif.
The Renwick Gallery: "Jewelry by Irena Brynner" Sept. 28-Jan. 13. Over 70 pieces of gold jewelry. Washington, D.C.
Seattle Art Museum: "Imperial China: Photography 1846-1912" Aug. 9-Sept. 30. Photodescriptions of 19th-century China. Seattle, Wash.

Tales from gardeners' past

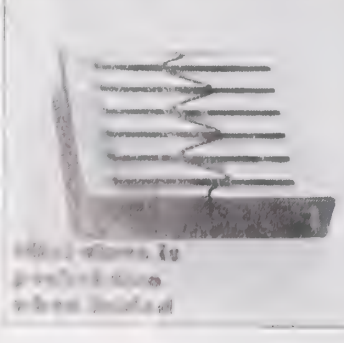
Drawing heavily from herbal lore of the 16th and 17th centuries, John Seymour's *Gardener's Delight* is just that: delightful. Over fifty herbs and vegetables are detailed, each with its own special story. For example, 17th-century herbalist Nicholas Culpeper wrote of the bay tree, "neither witch nor devil, thunder nor lightening, will hurt a man where a bay tree is." Also included in the book are tips for growing, special recipes, plus full-page color illustrations by Peter Morter. $5.95, from Harmony Books. Available at bookstores.

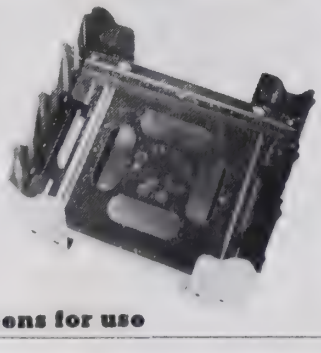
Collector's catalogue



You've just started to collect antique toys. Or, you've been gathering salt and pepper shakers for years. In any case, you'll want to read *The Collector's Catalogue*, a collection in itself. Thousands of items are listed, with names and addresses of where to buy and sell, in person or by mail. Written by José Wilson and Arthur Leaman, the book includes photographs of special pieces, plus display tips. $8.95, Holt paperback.

SCHOEN





Opens for use



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New appliances with energy-saving features use less gas. They make gas—already the most efficient of all the major energies—even more efficient.

Gas will continue to be your least expensive way to cook your meals, dry your clothes, warm your home, and heat your water—far into the future.

Extensive gas deposits underground, plus supplemental sources and new technologies could supply efficient gas energy for centuries to come.*

GAS LOOKS BETTER EVERY YEAR.

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Gas: The future belongs to the efficient.

Elegance is: Upholstery by Heritage.

Heritage owners take pride in knowing their upholstered furniture is of the finest quality from innermost construction to finished appearance.



Dozens of hand operations distinguish Heritage upholstery from all other fine furniture. Here, tightly-woven webbing is interlaced and anchored.



The comfort you feel is the result of uncompromising standards. Each coil, for example, is securely hand-tied and anchored at eight separate points.



Painstaking detail is essential to Heritage design and craftsmanship. Notice how this intricate pattern is matched to flow perfectly from one surface to the next.



There is a special pleasure in living with fine quality upholstery. The deep comfort of luxury cushioning. The splendid style of rich, flowing fabrics. The artful contours of a finely crafted frame. Such is the satisfaction of owning upholstery by Heritage.

You have a marvelous selection of over 900 fabrics and leathers. Each has been chosen for its compatibility with Heritage furniture. You'll find the latest colors, patterns and textures, as well as the classics. Such details make Heritage upholstered furniture not only an elegant pleasure, but a wise investment as well.

For the names of the Drexel Heritage dealers nearest you, write to the address below. For your Heritage brochures and room-planning kit, send $1 to: Drexel Heritage Furnishings Inc., Dept. 15-9-79, Drexel, N.C. 28619.

Heritage®

Craftsmanship in the grand tradition

©Drexel Heritage Furnishings Inc., 1979

LIVING



KIMBLE MEAD

Insomniac tour

Some people will try anything to beat insomnia, but at least in one city there are people who admit that they'd rather be up—and in Baltimore they've organized themselves a tour. The "Insomniac Tour of Baltimore" visits different sections of town, usually one night a month. What's open? Restored houses, the Wholesale Fish Market, the printing presses of local newspapers—they're all stops on different programs. Each tour begins at 1:30 A.M. and is over at dawn. The $25 cost of the trip includes transportation by bus, the guide, and, of course, a gourmet breakfast at a good restaurant. The next sleepless night in Baltimore is scheduled for Octobedr 6-7. Check with Baltimore Rent-a-Tour, 3418 Philips Drive, Baltimore, Md. 21208. You might check with your Chamber of Commerce to see how your city could organize one.

Decorating data cards

Keep track of plans for each room of the house with the 8½-by-11-inch "Decorating Data" card. It has spaces for listing dimensions of walls, windows, floor, ceiling, and furniture with sections for swatches and paint chips to be attached. On the reverse side, a floor plan plus room for notes. No more scribbled down measurements or lost House & Garden Color chips! Available free at Calico Corners fabrics stores, or write Bancroft Mills, Drawer 670, Wilmington, Del. 19899. (Add 25¢ for postage.)

A chicory break

Southerners have long known dried chicory roots to be the added ingredient without which one can't achieve true Creole-style French coffee.

Chicory is a dual-purpose plant. The tops of *Cichorium intybus*, once known as *C. endivia*, produce just what the name implies, the familiar winter endive or witloof. Getting those tightly packed spears of endive, however, requires more work than the limited production probably warrants. For your window sill herb garden, think of chicory as a pleasant plant that adds some extra flavor—and pretty blue flowers as a bonus. It's a plant you might reflect on absent-mindedly while drinking your morning coffee.

Chicory has a long taproot, so use a large pot, say 8 inches in diameter. Potting soil without any extras (such as dried manure) makes for good growth. The plant does not like to be nourished too well.

This might help explain its leggy growth in the wilds, for plants that thrive on poor soil are rarely lush in appearance. But lush is how you want a house plant to look. That's where your salad bowl comes in. Pinch back new growth to keep the plant bushy and feathery. The trimmings go straight into the salad.

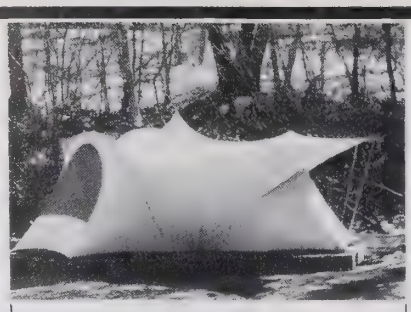
Keep chicory in the sunniest window available. Water it well, and it should season your salads for years.

Chicory seeds are available through Park Seed Co., Greenwood, S.C. 29647.

RICHARD LANGER

KUBINYI





Designer tents

Twenty years ago, Bill Moss designed the Pop Tent, a self-supporting poplin dome. Now he's selling a variety of designs, each aimed for a specific use. There's a 3-man, 7-pound tent for backpackers, a 1-man tent for bicyclists, a 2-man tent that just fits beneath a canoe thwart when rolled up, a house-size tent of 200 square feet. Moss tents look like colorful shells, leaves, and petals, and most are freestanding without pegs or ropes. What Moss's tents have in common is that they're lightweight, innovative in design, virtually windproof, and come in organically beautiful shapes. Prices range from $118 to $1000, with custom-built tents available. Write for free catalogue: Moss Tent Works, Mount Battie Street, Camden, Maine 04843.

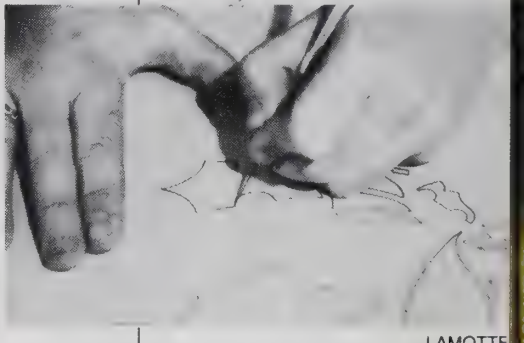
History through houses

From the Middle Ages until the 19th century, anyone who was ambitious automatically invested in a country estate. This is the premise of a new book by architectural historian Mark Girouard. In fact, *Life in the English Country House* is a history of England as seen through its rulers at home.

Girouard tells their story and all that has gone with it for 6 centuries. Along the way, he describes the varieties of palace planning, Louis XIV's influence on England, the invention of servants' backstairs, when and why libraries became important, and much more. $25, from Yale University Press.

Stencils made simple

For years, stenciling has been one art form to bring color and design to floors, ceilings, fabrics, walls, and furniture—practically any object and any surface can be brought to life with stencil patterns. To help you get started on your own project, Adele Bishop, coauthor with Cile Lord of *The Art of Decorative Stenciling* (Viking), has 15 different stencil kits to choose from. Included are a series of 6 "heirloom" kits, 4 floor patterns, and 5 beginner kits, with prices from $17.95 to $43.95. The kits come with "Presto-Drying" japan paints in 12 colors, stencil brushes and see-through Mylar stencil patterns, general instructions for stenciling, and instructions specific to the individual kit. Write for catalogue ($1), Adele Bishop, Dept. HG, Dorset, Vt. 05251.



LAMOTTE

For those with specific interests, *New England Wall Stencils: A Workbook* is a collection of 95 authentic 18th-century designs compiled by historian Kenneth Jewett. Over 100 illustrations, including nine classic Colonial rooms. Mix and match the stencil patterns or follow your favorites from the book. Instructions for basic stenciling techniques are also given. $8.95, from Harmony Books.



Wolfschmidt Vodka.
The spirit of the Czar lives on.



It was the time of "War and Peace." "The Nutcracker Suite." Of Tolstoy and Dostoevsky.

Yet in this age when legends lived, the Czar stood like a giant among men.

He could bend an iron bar on his bare knee. Crush a silver ruble with his fist. He had a thirst for life like no other man alive.

And his drink was the toast of St. Petersburg. Genuine Vodka.

Life has changed since the days of the Czar. Yet Wolfschmidt Genuine Vodka is still made here to the same supreme standards which elevated it to special appointment to his Majesty the Czar and the Imperial Romanov Court.

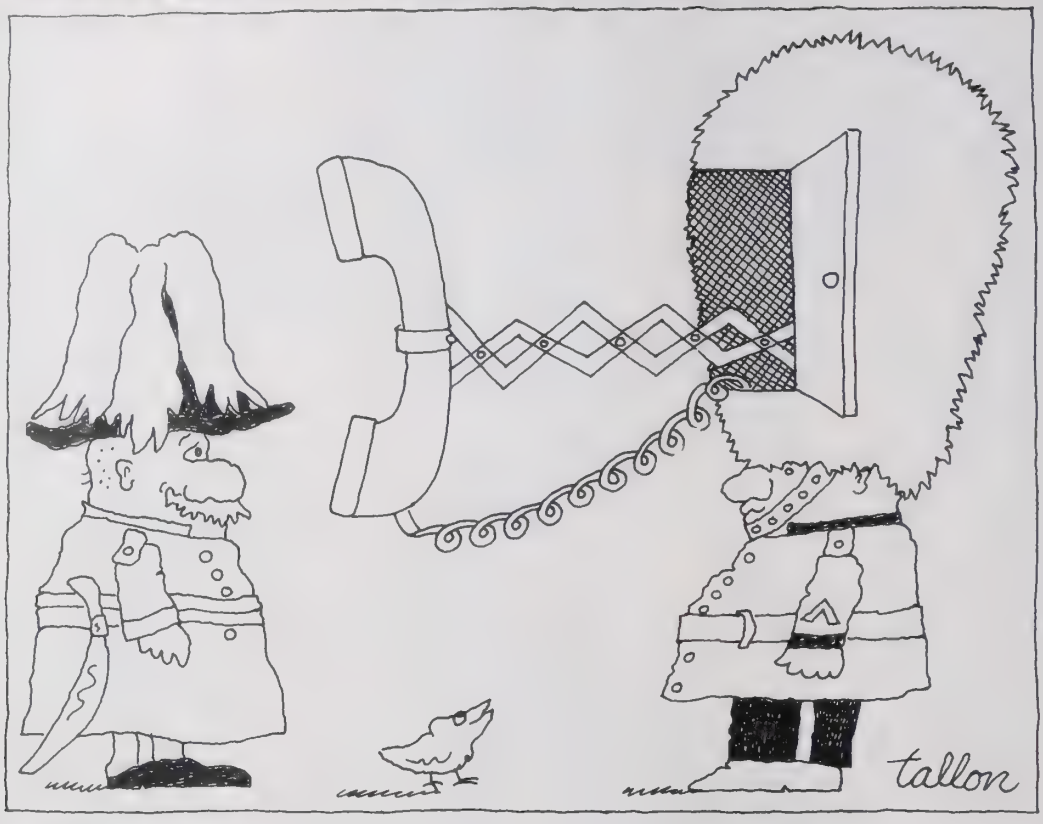
Wolfschmidt Genuine Vodka. The spirit of the Czar lives on.



Product of U.S.A. Distilled from grain • 80 and 100 proof • Wolfschmidt, Relay, N.J.

Wolfschmidt Genuine Vodka

HOW TO LAND A LORD IN LONDON



DIAL DIRECT

If your area has International Dialing, you can reach all over the globe without any help and without any wait. Want London? Then dial:

INTERNATIONAL ACCESS CODE COUNTRY CODE CITY CODE

011 + 44 + 1 + LOCAL NUMBER

That's all there is to it. Except that you save money by dialing yourself–90¢, which is more than 16%.

ALMOST DIRECT

Until your area has International Dialing, you can still speed up your overseas calls. Dial 0, and be ready to give the Operator the country, city and telephone number you want. Specify Station-to-Station or Person-to-Person. The fewer questions the Operator has to ask, the faster you'll reach your party. And on Station calls not requiring special operator assistance, you can get the same low rates as International Dialing.

P.S. Everyone can dial direct to Canada, the Caribbean, Alaska, Hawaii, and parts of Mexico–just as you dial direct to cities inside the continental U.S.

Kissing cousins or courting a client, keep the codes handy and use them to call the world–fast.

CODES FOR PRINCIPAL CITIES IN THE UNITED KINGDOM (44)

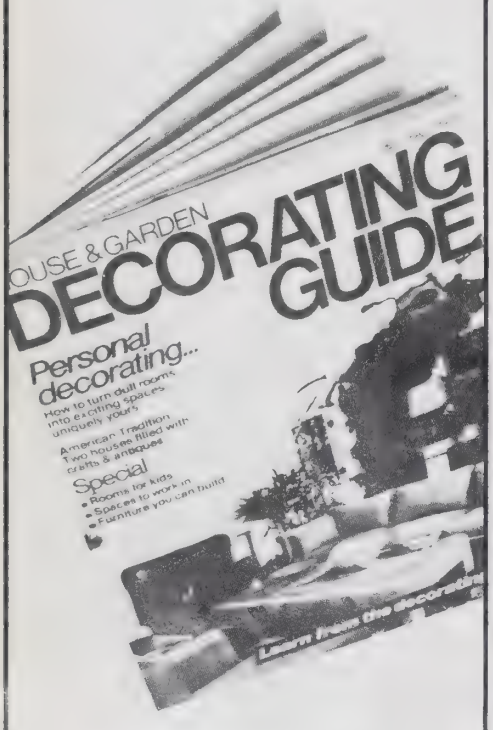
	31	London	1
	41	Manchester	61
	532	Nottingham	602
	533	Sheffield	742
	51	Southampton	703

Bell System


Gable, I'm ready.
Diamonds. And suddenly you feel irresistible.
De Beers

beautify!

Add some touches. Rearrange some furniture. Dress some windows. Cover - or uncover - a floor, a wall, a ceiling. You'll find ideas for doing them all in the House & Garden DECORATING GUIDE. It's the magazine that encourages individuality and creative expression, offers expert advice on color, space, light. On-sale date of the new Fall edition, which explores the concept of personal decorating, is August 21, 1979. Look for it at your favorite newsstand, or write for it now at the address below.



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DECORATING GUIDE

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If your dealer's sold out, send a check or money order for $2.75 (includes postage and handling) payable to The House & Garden [illegible] following address

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ANTIQUES
QUESTIONS & ANSWERS
BY LOUISE ADE BOGER

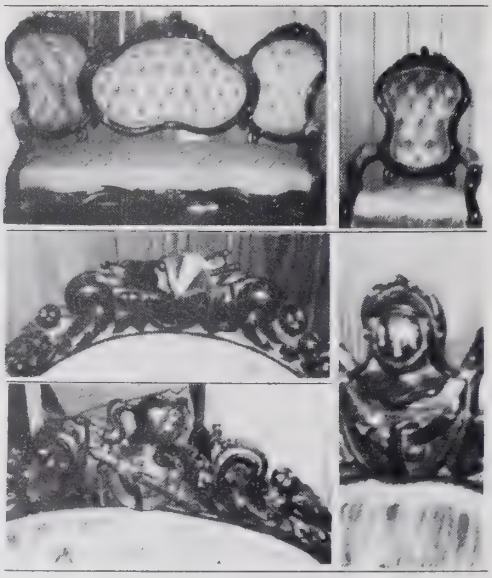
German mantel clock



Q. Who made my mantel clock? Will my rough sketch of the mark help date it?
S.F. O'D.
—Tulsa, Okla.

A. Your mantel clock bears the registered trademark of the German clock manufacturer Schlenker & Kienzle, who was active at Schwenningen before 1896 and went out of business sometime after 1904 and before 1922. The majority of its clocks were intended for the American export market, its American agent being the Kienzle Clock Co. of New York City. No doubt World War I was a serious blow to its trade.

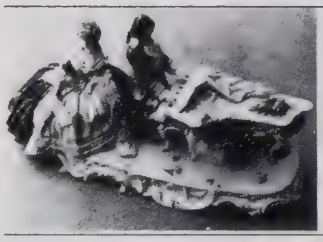
Victorian settee



Q. Can you tell me anything about the carvings on my old sofa and chair and perhaps date them for me?
F.L.R.—New Orleans, La.

A. Your mid-19th-century Victorian parlor settee and chair are in the Revived Louis XV or Victorian Louis XV style and are perhaps the work of a French emigré *menuisier* who specialized in carved furniture. In the 18th-century French Louis XV and Louis XVI styles, the vast family of attributes or trophies were almost everywhere: first of all, the winged cupid, his bow and arrow, his blazing torch, and hearts in pairs; next, the pastoral attributes, the crook, the bagpipes, the shady straw hat of the shepherdess and her wicker basket for gathering berries in the woods or flowers in the meadows. Trophies of music—the violin, guitar, tambourine, and flageolet—found favor, as well as the trophies of hunting and fishing; but the stately and warlike trophies of Louis XIV—arms and armor, shields and swords—were no longer in fashion.

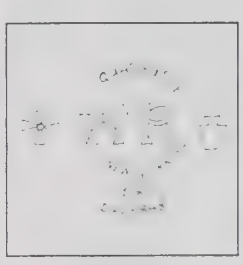
Meissen-style porcelain



Q. I have tried to trace my porcelain figures but have so far been unable to. What can you tell me about them?
J.J.T.—Birmingham, Ala.

A. According to your mark, your porcelain group was made at a German factory started at Scheibe-Alsbach in the Thuringia district by A. W. Fr. Kister in 1834. Its chief production was porcelain figures in the Meissen manner and on which the fame of Meissen so largely depends. Your group dates before 1891.

Tea service mark



Q. I have copied the mark that's on my tea service. From it can you identify the company that made the service and tell me how old it is?
A.D.
—Rome, Ga.

A. William A. Rogers Ltd. succeeded the Niagara Silver Company before 1904. It was an Ontario corporation with offices in New York City and factories in Niagara Falls, Ont., and North Hampton, Mass. The firm began making plated silver in 1894. Your service probably dates around the turn of the century. Rogers was purchased by Oneida Silversmiths in 1929.

Continued on page 24

Benson & Hedges Lights

Only 11mg tar



"B&H, I like your style."

11 mg "tar", 0.8 mg nicotine av. per cigarette, by FTC method.

Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

continued from page 22

Long-tailed-duck lithograph



Q. What information have you about this old lithograph which I treasure?

J.A.K.—Pueblo, Colo.

A. Your lithograph was reproduced from *Birds of Great Britain*, published in 5 volumes in London, 1873, by the author John Gould. The species Harelda Glacialis (long-tailed duck) is in vol. 5, no. 33. The front figure represents a male in winter plumage; the reduced figures a male and female in summer plumage. The plumage of the long-tailed duck, like all other ducks, is transformed at opposite seasons of the year. But unlike other ducks it is as beautiful at one season as another—the plumage of both sexes undergoes a total change, so they have a common dress in summer and another in winter, the only difference being that the long central tail feathers and large crest of the male are never seen in the female. We understand that there was only one issue of the plates.

Second Empire table



Q. Can you tell me the style of my unusual table, how old it might be, and where it was made?

P.G.—Atlanta, Ga.

A. Two distinguishing features of the French Louis XVI style (c. 1760-1790)—a taste for furniture enriched with porcelain plaques and a gallery of pierced brass around the tops of tables—have been effectively used in the ornamentation of your Second Empire-style table of tripod form (1852-1870). The porcelain plaque set in the top of your table was made at the French manufactory Creil and Montereau when Lebeuf and Milet were the proprietors (1841-1876).

English luster pitcher



Q. I have photographed my pitcher in color so you can see exactly how it looks. Can you date it for me and tell me where it originated? G.H.N.

—Marietta, Ga.

A. The shape of your English Victorian luster pitcher indicates that it was made around 1840. It is quite unusual for lusterware to have three colors—in your case, yellow, green, and pink.

American pewter



Q. No one in my family ever seemed to know the history of my pewter set. Have you any way of tracing it?

M.L.S.—Arlington, Va.

A. Your pewter was made probably in America about the 1820s. The shape of your candlesticks with a shaft in the form of an inverted cone supported by a high circular foot has been copied from an English sterling model of which a great many were made from about 1780-1820. The round and bulbous form of the teapot reflects the influence of the American Empire style.

Antiques show



This Massachusetts—possibly from Boston—rare dower chest (a small, flat-topped chest-on-frame with a lifting lid and a drawer), dating about 1690-1710, from the Bayou Bend Collection, will be part of the loan exhibition "Periods of Taste" at the 27th annual Theta Charity Antiques Show. Sponsored by the Houston Alumnae Chapter of Kappa Alpha Theta in Houston, Tex., the show will be at the Albert Thomas Convention Center, West Hall, Capitol at Bagley, Houston, Tex., Sept. 26 through Sept. 30.





This is what makes Wedgwood... Wedgwood.

Our famous Blue and White Jasper. There is nothing like it in all the world. It is still made by hand, the same way Josiah Wedgwood first made it in 1774. (We've simply never found a better way.) Even today's motifs are exactly the same as the originals. Each bas-relief ornament tells a story from mythology. Cupid Sharpening His Arrow is featured on the plate above. Wedgwood Jasper, in our traditional blue stoneware, and now in white, from $15 to $2500. Splendid to look at, gratifying to collect.

Wedgwood

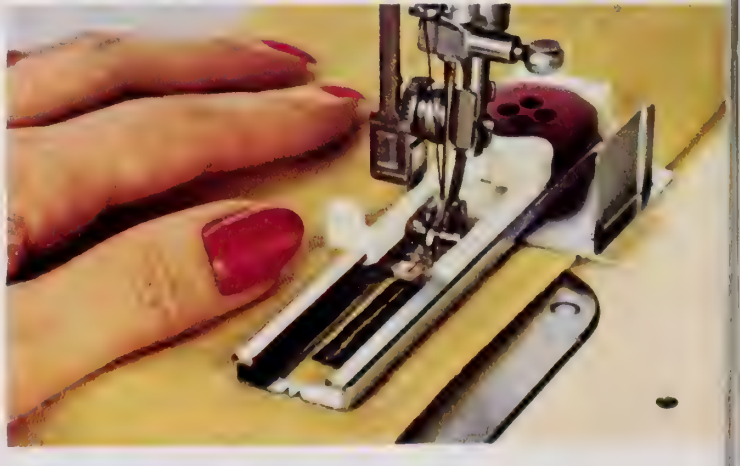
For further information on Wedgwood collectibles, write Wedgwood, 41 Madison Avenue, New York, New York 10010.

"IF YOUR SEWING PASS THIS SIMPLE IN ON A SINGER*



1. DOES IT REMEMBER YOUR STITCH PATTERN AT A TOUCH?

Ours does. Only Singer makes *TouchTronic** memory machines. Just touch, and the memory remembers any of up to 27 stitch patterns. You've got to touch them to believe them.

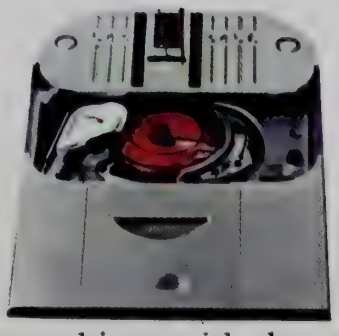


2. CAN IT MEASURE AND MAKE A BUTTONHOLE IN ONE STEP?

Ours can. Four of our machines actually measure your button for you and make a buttonhole to fit – all in one step.

MACHINE CAN'T TEST, TRADE IT MACHINE THAT CAN."

-POLLY BERGEN



3. CAN IT WIND ITS OWN BOBBIN?

Ours can. And only ours can. Today, we make four different machines with bobbins that wind right in the machine, with thread right from the needle.

4. DOES IT GIVE YOU A NARROW ARM FOR SEWING IN TIGHT PLACES JUST BY DROPPING A PANEL?

Ours does. We make four different machines with the exclusive *Flip & Sew** panel. Only Singer makes it this easy to sew where it's hard to reach.

5. CAN IT SPEED-BASTE FOR YOU?

Ours can. Speed-basting is just like regular basting, only faster, because you do it on a machine. We make three machines with built-in speed-basting for stitches up to two inches long.

6. CAN IT HELP YOU THREAD THE NEEDLE?

Ours can. On our newest, the *TouchTronic* 2001 memory machine, you guide the thread into the wide end of a little funnel. The funnel then guides the thread through the eye of the needle. Once again, you do the easy part. Singer does the hard part.



Polly Bergen is a member of the Singer Board of Directors.

7. DOES IT TELL YOU WHEN YOUR BOBBIN IS RUNNING LOW?

Ours does. Our *TouchTronic* 2001 memory machine has a warning light that flashes to tell you there's only a little thread left on the bobbin, instead of letting you find out the hard way – by running out of bobbin thread in the middle of a seam.

If you answered yes to all seven questions, you already own a *Singer** machine. If you answered no, you're working too hard. Bring us your old machine, and we'll give you a trade-in allowance off the price of a new one.

Which means you get easy Singer sewing for an even easier price.

100 MILLION PEOPLE SEW EASIER WITH SINGER.

* A Trademark of The Singer Company © 1978 The Singer Company
Trade-ins optional at participating dealers



"Can you tell the $150 unfinished chest from the $750 department store chest?"

–Homer Formby Third generation restorer and refinisher

Bet you never dreamed that unfinished furniture could become so handsome and rich-looking.

The secret: proper staining. But most people are afraid to stain. So they dash on a coat of paint—and the unfinished piece keeps on looking unfinished.

Folks all over the country write me and say "Homer, can't you help us with our unfinished furniture?"

Well, I have done something. I developed my own stain for finishing unfinished furniture. It's fast. Foolproof, practically. And it brings out the grain and character of even soft woods.



Step #1: Ready, Set, Seal.

Preparing the piece is easy, but a must. Take some fine steel wool, and rub cross grain. Then wipe to remove any steel wool fragments.

Now, if you're working with soft wood, it must be sealed. (Most unfinished furniture is soft. In doubt? Insert a fingernail into the wood. If there's an indentation, the wood is soft.)

By sealing, you'll get a better, more uniform coat of stain. And you'll save a lot of stain, to boot.

To seal, apply a thin coat of my Tung Oil with a cloth. Rub into the wood, wiping off the excess. Let it stand for 24 hours.

Step #2. No one complains with Homer's Stain.

That's why I started putting my stains in clear bottles, so you can see the natural wood under before you buy.

My stain is also a *heavy jelled wiping stain.* This concentrate is so rich and fullbodied, it can't spill. A little goes a long way.

All ready? Apply my stain with fine steel wool. Unlike other stains that are brushed on, mine is rubbed in. Rub in a little darker than you want, then wipe with a cotton cloth. Go with the grain, until you arrive at the shade you want. Because the stain won't set for 10 to 15 minutes, you *never lose control.*

Step #3: Rub in your Tung and say "Ahh."

Twenty-four hours after staining, you're ready to protect and preserve your piece with my Tung Oil Finish.

Pour a small amount onto your palm, and rub deeply into the wood. Ordinary varnish remains on the surface. Tung Oil enters the wood, to protect the finish and highlight the grain.

My Tung Oil Finish will complete the transformation of your unfinished furniture. Sure, it may not look *identical* to the piece costing hundreds more—but is the small difference worth the big difference?

September starts my Unfinished Furniture Festival. Many Formby Dealers have special savings on everything you need to get started. To find your local dealer, call 800-647-9352, or in Mississippi, call 800-222-8216, during normal business hours.

With my system, you'll see how easy, and how rewarding it is to take the "un" out of unfinished.



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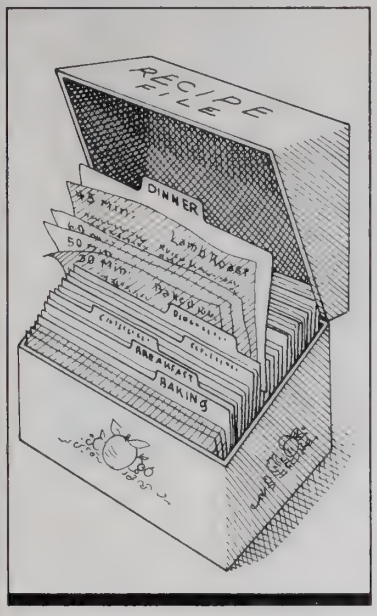
INGENIOUS WAYS TO MAKE YOUR LIFE

EASIER

ENTERTAINING

Be prepared

To make entertaining as simple and relaxed as possible, take a tip from the Boy Scouts: Be prepared! Start with organized cabinets. Keep dishes for large parties in one place—roasters, casseroles, serving trays—and stack hors d'oeuvre platters and bowls together.



File separately tried-and-true menus and recipes for entertaining; make bold headings for courses and devise your own color codings to indicate time needed for preparation and cooking.

If you entertain often, one or two folding round "caterer's" tables are a good investment—they can hang on the wall in the basement, attic, garage, come in handy when you're in a hurry or during holiday seasons when rental services may run low.

Have brass candlesticks and trays lacquered—it saves last-minute polishing. Don't forget pewter can be as practical as it is pretty—many pieces go right in the dishwasher.

Keep freshly laundered and ironed decorative sheets on hangers in a hall closet to do double duty as tablecloths or for quickly made beds when overnight guests arrive.

Make compartments in one drawer or on a shelf for napkins, napkin rings, tablecloths, and runners that work together; if you have enough space, arrange china, crystal, and glassware similarly.

Set aside one space in a desk or kitchen drawer for spur-of-the-moment invitations—you'll feel more like creating an occasion when your bright papers, pens, postcards are at hand with stamps, an address book, and an appointment calendar.

Guest in the house

Don't forget to hang pomanders in guest room closets, and tuck sachets in a drawer. A small notepad and pen next to the bed are helpful, too.

Dry cattails, Queen Anne's lace, wild flowers to place in a large floor vase as a permanent arrangement for the guest room.

When you entertain house-guests, nice touches like extra toothbrushes, bath oils, lotions, and gels, talc, shaving



cream, a big basket of sponges, travel-size comb and brush, packets of soap flakes, spot remover, shoe polish and a buffer left on special shelves are welcoming surprises. So is a small basket of local fruit, especially if guests are midnight snackers. Even non-breakfasters will be delighted if you tiptoe in to leave a roll and jam on the bedside table in the mornings.

Simple decorating

Wine decanters, silver baby mugs, cut-glass vinegar cruets, jelly glasses turn into striking vases for a single bud to set at each place at a table or to brighten up an out-of-the-way corner.

Such simple flower arrangements are often the most charming and can be assembled at the last minute. Keep a supply of Oasis on hand (find it at variety stores and florists).

A hollowed-out gourd or winter squash can hold a chubby candle for romantic lighting at the table.

If your kitchen adjoins the dining alcove, create a feeling of privacy with a roll-up bamboo shade hung from hooks in the ceiling.

For high drama on a miniature scale, floral designer Ronaldo Maia suggests tucking short flowers in a group of tiny porcelain or glass bud vases or candle holders. For more of his ideas, see *Decorating with Flowers* by Ronaldo Maia and Denise Otis (Abrams).

KUBINYI



For more entertaining ideas, turn the page

Quick food

Easy party food can come right from the cupboard. Keep a few useful items on hand like tinned pâté, and nuts, water chestnuts, and pickles to be wrapped in bacon and grilled (you can freeze bacon for several months).

The bases for many easy party dishes can be made well ahead and frozen, like shrimp creole—just add the shrimp (or vary it with chicken, crab, pork) at the last minute, cook until tender, serve.

Try your hand at a kitchen herb garden or a seed sprouter for crisp salad toppings—hang a pair of kitchen shears nearby to snip off sprigs.



Fill a hollowed-out red cabbage with dip for crudités, or spoon it into small shells on individual plates.

Stock the bar with basics—olives, onions, tomato juice, superfine sugar, and bottled or powdered cocktail mixes for large gatherings. Have big glass pitchers on hand ready to fill with refreshing lemonade, wine spritzers, or Campari and soda on warm evenings.

Hors d'oeuvre and first courses can be as simple as whipping sour cream into chilled tomato or tomato-vegetable juice—garnish with chopped chives.

Give cheese straws a new "snap, crackle, and pop": Mix together ¼ pound butter, 1 cup each flour, freshly grated sharp Cheddar, Rice Krispies, ½ teaspoon Tabasco, and a pinch salt. Shape into flattened rolls or balls, bake on greased cookie sheet 12 minutes. at 350°. Makes about 4 dozen cheese straws.

When the group is larger, New York cook and food writer Mary-Ellen Weinrib likes to serve a thinly sliced filet of beef at cocktail buffets, along with one platter of crudités and herb dip. Start the filet just before guests arrive, cook 20 minutes, then let stand a few minutes at room temperature. Carve and set on buffet with French or Italian bread, a bowl of good mustard, and chopped scallions.

Nothing takes the place of hearty stews, chilis, and chowders for informal get-togethers—just make your next batch a few quarts larger, pour into plastic cartons, and freeze. Then simply reheat quickly in a double boiler over low heat.

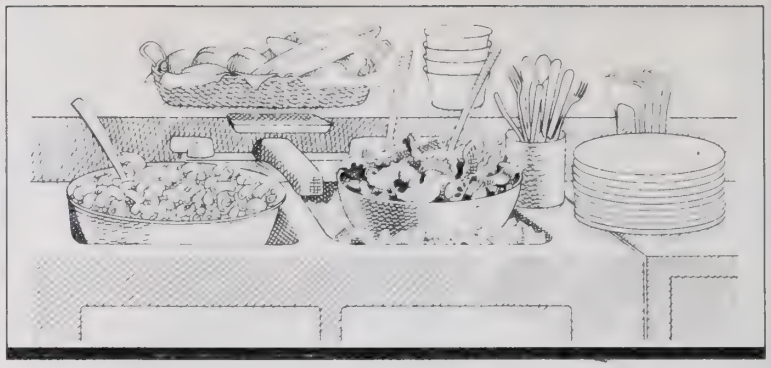
Or gather the ingredients for a Chinese "firepot"—like fondue, but bits of firm fish, meat, chicken, and vegetables cook in boiling broth. Serve with noodles and soy sauce.

Wrap a Bonbel, Gouda, or other round cheese in refrigerator crescent roll dough. Bake 45 minutes, or until brown, at 375°.

Dress up quick desserts—sprinkle instant coffee granules on coffee ice cream, shreds of orange zest or shaved chocolate on orange sherbet. Or stir together seedless green grapes and sour cream. "Three-cup ambrosia": Combine 1 cup each pineapple chunks, mandarin oranges, sour cream, sprinkle with shredded coconut and mini marshmallows.

Finishing touches are easier now, too—making espresso for up to 50 people is a snap since Medaglia d'Oro ground espresso works in any coffee maker, filter pot, automatic drip, or electric. For 50-60 demitasses, fill 30-cup percolator with cold water, fill basket with 3 measuring cups espresso (just a little bit less than a 12-ounce can), and brew as usual.

Quick broccoli soup: Cook broccoli until tender, purée in blender. Stir into chicken broth, add sour cream or heavy cream, salt, pepper, thyme to taste, dollop with sour cream and parsley sprigs.



Serving it up

When you're searching for the proper serving dish or equipment, remember how many items do double duty, even the kitchen sink! Designer Zandra Rhodes turns hers into part of the buffet counter in her galley-sized kitchen. She sets a big bowl of main course pasta in one side of the sink, another of salad in the second side—guests help themselves as they go by, and baskets of breads wait at the other end.

The oversized brandy snifter you usually float one rose or gardenia in is perfect for punches—chill with an ice circle, layer fresh fruit on top.

Turn a pretty oven-to-table casserole into a chafing dish for cocktail parties, or keep hot fudge sauce warm in a small one as you serve dessert.

At children's parties, individual pails with the child's name on the side hold food and favors neatly.

Ice down beer, soda, and wine in wheelbarrows, umbrella stands, large flowerpots; fill cut-down barrels, large chemical beakers, bushel fruit baskets with breads and whole fresh fruits at an outdoor buffet.

KUBINYI



Look at antiques shops, flea markets, garage sales for pewter, wooden, and silver service plates—they make a table setting special and work well as serving platters, trays, or bases for centerpieces, filled with plump lemons and limes or potpourri.

Away from home

A sunny day, an outdoor concert, or the homecoming football game can be the inspiration for easy entertaining away from home. Have an old-fashioned picnic hamper always ready—sew bands of elastic or make pockets inside to hold bright flatware and linens, or tuck forks and napkins into flat straw purses, along with packets of salt and pepper and your own dried herbs to sprinkle on salads.

Keep a list near the phone of local shops and caterers that will pack up a picnic for four or dinner for ten at the last minute, and pencil in your favorite menus after you've tried a few of their specialties.

Plan get-togethers around the season—create your own Oktoberfest. Grill sausages outdoors, and include all the easy-to-find trimmings: Several kinds of beer, cabbage, sauerkraut, coleslaw. Set out hearty breads and rolls with mustards, fresh autumn apples and pears for dessert.

Dream up new locations for dinners—try a cooking school! Donald Miller's L'Académie de Cuisine (5021 Wilson Lane, Bethesda, Md. 20014) offers "Great Dinner Lessons"—gather a group of friends, learn how to prepare each course, then enjoy it together. If no school nearby offers these events, scout around for teachers who will come to your house and give a private lesson.

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BY PAULA RICE JACKSON

Massage: The high-energy, no-calorie tonic for tension

Five effective techniques for relieving simple tension, from a physiotherapist who believes that relaxation is an important ingredient of your health

One of the greatest luxuries life has to offer for many people is an effective massage. In their view, however, it's hardly a luxury—it's a necessity. House & Garden asked physiotherapist Venizelos Antoniadis for some simple and safe massage techniques that anyone can do for someone else to relieve common tension. Mr. Antoniadis believes that the first thing to do is to distinguish stress from tension. "Humans thrive on stress, the *right* kind of stress, the stress that comes from a challenge or from excitement. The point is that *this* stress is temporary. Stress turns to tension when the challenge or the excitement persists. That, combined with a lack of exercise, can cause the headaches, the shoulder pains, the stiffness that simple tension produces. The five techniques I suggest help induce relaxation, and when a person is relaxed he breathes better. Improve the breathing and you improve the person's sense of well-being."

What you'll need

A massage table is nice to have but it is not essential. Any medium-to-hard surface a person can lie on will do. A bed is not the best surface because it is too springy. Cover the surface with a fresh sheet and roll a towel into a hard pillow, if you want it. Mr. Antoniadis says these five motions should take about 20 minutes. He suggests that you use the bare minimum of oil on your hands; Albolene cream is his favorite, and he advises that you only brush the surface of your palms with it. Do not slather your "patient" as it will interfere with your ability to pick up the skin and manipulate the muscles. He also recommends working against the body's natural circulation, which means movements should be made toward the heart.

The back: Beginning at the coccyx where the slight rise from the buttocks begins, spread the index and middle fingers so the spine lies between the fingers' second joints. Grasp your wrist with your other hand, press down firmly at each vertebra. Repeat the same pressing motion with your thumbs placed at each vertebra. When [illegible] grasp the trapesius [illegible]



Physiotherapist Venizelos Antoniadis demonstrates correct grasp of back

ders and make a "V" with thumbs pushing toward the neck. Focus the strength of your hands in the heels of your palms.

The face: Place the tips of your thumbs just under the eyebrow ridges. Pull gently up and under. Stretch out your fingers and gently press into each cheek pouch, just under the cheekbone. These are the two centers of the face for sinus tension. Then make a "V" with your index fingers and place them alongside the triangle of the face—point at the bridge of the nose aiming toward the jaws. Press.

The rewards of massage are limberness, relaxation, and better sleep. Mr. Antoniadis believes that an improved [illegible]culation is an aid to breathing which

EDWARD OLEKSAK



Four relievers for sinus headaches

he thinks is one of the most important ingredients of health. Each of these movements can be done by itself to relieve tension in that particular part of the body. Or if you want to do all five in sequence begin with the scalp, then move to the neck, down to the feet, and finish with the back and shoulders. He suggests that if you combine exercise with massage, that massage come after. To increase the psychological benefit of the massage, he suggests that you allow for extra time to doze or nap afterward.



Grasp the scalp with fingers slightly bent

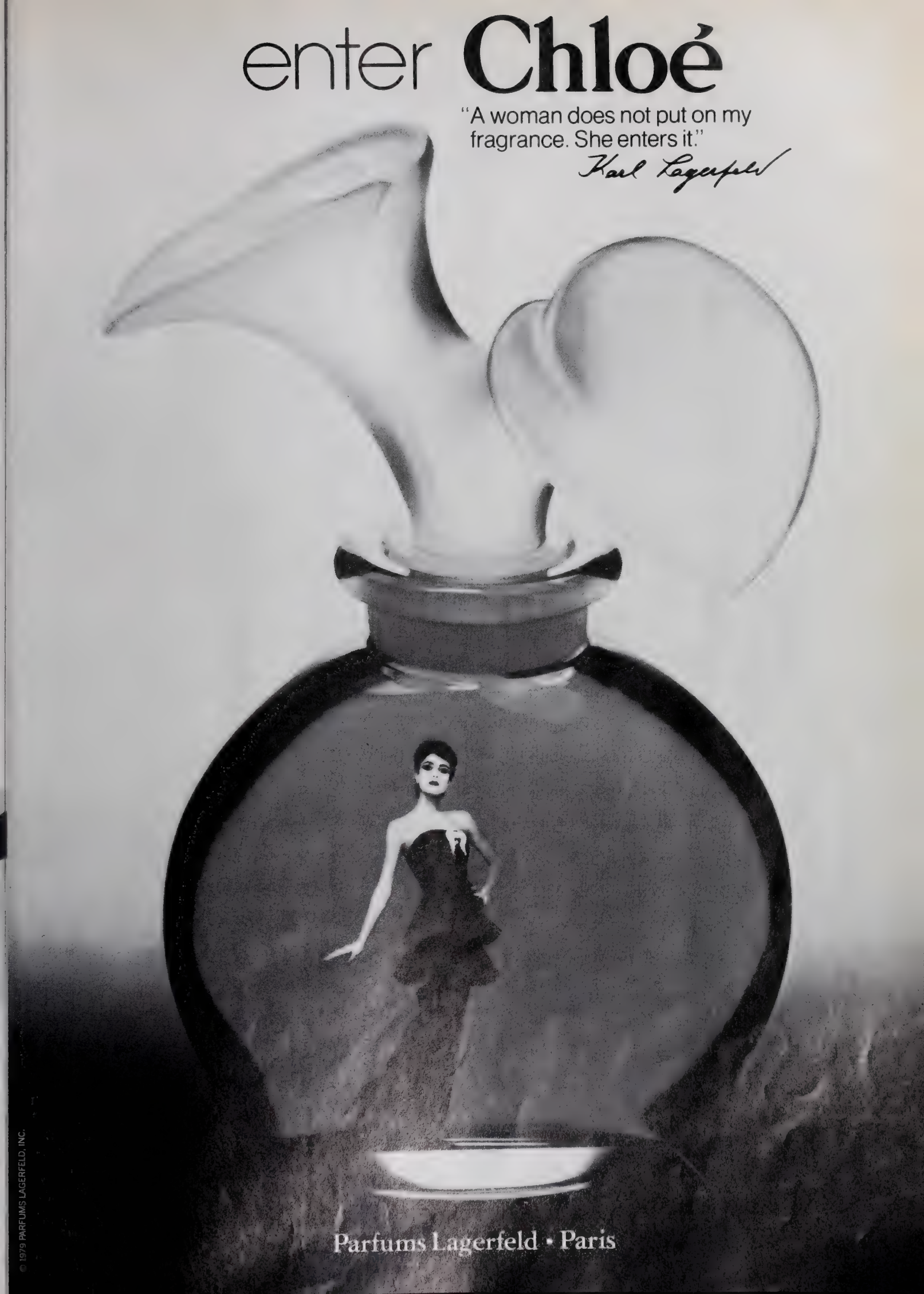
Scalp: You won't need any cream or oil. Grasp the skull with your fingertips and with your fingers slightly bent. Think of the scalp as a skin and make firm but gentle scrunching motions working in circles around the head. This will take some strength and control in your hands to keep the pressure even through the fingertips. Your patient will

Continued on page 34)

enter **Chloé**

"A woman does not put on my fragrance. She enters it."

Karl Lagerfeld



Parfums Lagerfeld • Paris

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continued from page 32

feel an almost immediate flood of relaxation as the circulation through the scalp is encouraged. Use the two bony points at the base of the skull as a guide for your circular movement.

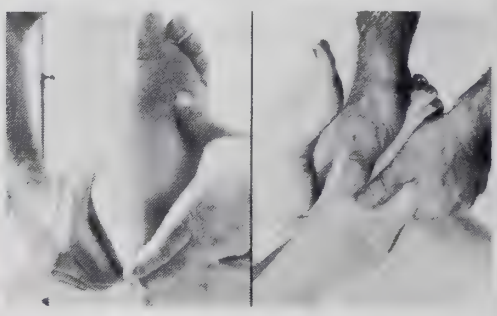
Neck: The motion is called "petrissage," and it means to knead. Focus the strength of your hands in the "V" between thumbs and index fingers. Work the neck in a slightly rolling, twisting motion the way you would when baking bread. The skin in the "V" protects the neck muscles from being improperly worked. Continue to massage the neck until you feel an appreciable difference of relaxation. The patient's head should be able to move from side to side with greater ease and comfort.



Knead the neck in rolling motions

Feet: About ticklishness: Some people are very sensitive about their feet and the easiest way for them to adjust to the sensation is for you to simply grasp the foot and hold it. Grasp it by the ankle or by the instep but take it firmly.

Rotate the foot from side to side and then rotate it in a circle. Cup the heel with your palm and use your thumb as a pressure point, press into the ball of the foot, then the heel, and then into the sole's center. Press into the middle of the toe ridge and press continuously down the length of the sole. Do the same thing down the front of the foot, beginning high on the ankle and working down to the base of the toes. Do the other foot. Then grasp both feet and pull towards you until your patient begins to slide. The action helps stretch out the feet, legs, and spine. ■



Use your thumb to apply pressure to the instep, ball, and ankle area

Beauty and health products new this month in the stores

What's new for your after-summer skin care? Three groups of "Ps"—Primers, Performers, and Perfectors. **Prescribed Skin Care,** new this fall from *Charles of the Ritz,* is a system of 24 products: *Primers* are the cleansers, the clarifiers. They prepare the skin for the *Performers,* the day-and-night balancers that try to equalize your skin's normal oil/water content. The *Perfectors* are special treatments to use only when specific problems occur. Some examples from the collection: alcohol-free **Activating Clarifier** could be used by women who have dry skin as well as by those who have combination skin; **Special Balancing Soap**, by women who have dry, oily, or combination skin. **T-Zone Controller** is for spot-cleaning for combination and oily skins. **Optimum Balance,** a moisture-replenishing cream for day or night, has sufficient sun screen to protect delicate/dry skin. Each package will have from 1 to 3 slim bars on it, so you'll be able to tell whether it's a primer, performer, or perfector. Try one product

Continued on page 36



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Every three months—four times a year—the Museum will announce by mail remarkable new objects—exact copies of Museum originals: sculpture, decorative art, tableware, and ornaments.

The variety will be extraordinary: ancient jewelry in gold and silver; Oriental and European porcelain; early American glass in crystal and rare colors; bronze from Egypt, Greece, China, and the medieval world; silver, pewter, brass, and pottery from colonial America.

These copies, made by artist-craftsmen working under the Museum's direct supervision, are often produced by the same techniques used to make the originals. The care taken in production frequently limits the quantity, and the majority of reproductions can be bought only by mail or at the Museum. (Above: Hippopotamus, bright blue faience decorated with lotus flowers. Length 8", $28 plus $2.95 shipping.)

To receive all advance announcements, plus the Christmas Catalogue described below and four more catalogues to be issued during the next 12 months, send the coupon with $1.

Early in September, you will receive the 116-page Christmas Catalogue. The brilliant array of new presents includes more than forty jewelry designs in gold and silver; dragons and tigers from ancient Chinese roof tiles; a bronze goddess from Nepal set with rock crystal and turquoise, a Greek horse, a mountain goat, and a rare pottery cat; silk scarves with Russian, Persian, Turkish, and Japanese designs; porcelain and silver boxes; a cardboard model of a walled medieval town; needlework kits. There is a wide selection of early American decorative arts: blown glass flasks in amethyst and sapphire blue, canary yellow candlesticks, elegant decanters and Bellflower goblets in crystal; a heart-shaped trivet and a blacksmith's shop weathervane in handwrought iron; unusual spoons in pewter and silver; octagonal plates with tortoise shell glaze; a spectacular pop-up toy circus. Also included are snowflakes, stars, and bells in gold and silver; and an unparalleled selection of Christmas cards and notecards. In all, more than 350 unusual presents produced by the Museum.

THE METROPOLITAN MUSEUM OF ART

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Please send me the new Christmas Catalogue plus the four catalogues and advance announcements to be issued during the next 12 months. I enclose $1.

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LOOKING GOOD

continued from page 34

from each category to see how it works for you. You may want something slightly stronger in one, slightly milder in another. From $4.50 to $15 at fine drugstores and department stores.

Masks by mail. "After summer, the most characteristic condition of skin is dryness," says skin-care specialist *Agnes Timar.* "One of the quickest ways to restore the moisture balance to both dry-dry skin and dry-oily skin is with a mask." Here are two to order right now: **Hydrobalance Mask** for really dry skin and **Fresh Glow Mask** for combination skin—both of which can help parched skin start back on its normal recovery track. Ms. Timar will send you a small pamphlet, a skin analysis form, to fill out and by return mail she'll map out a program of individual care for you to follow. The questions include your diet, stress factors, makeup, and cleansing habits. Write Agnes Timar Cosmetology Ltd., at 108-01 -03 Queens Blvd., Forest Hills, N.Y. 11375. Masks are $10 each plus $2 for postage and handling.

Silence is golden. It's also a beautiful new fragrance from Paris—**Silences,** a floral blend of iris, narcissus, cassis (that's right—black currants!) ylang-ylang, and sandalwood. Describe the fragrance? Well, this one is "bright" and very feminine, not sweet, not musky, something to wear in the morning and replenish through the evening. $75 an ounce by *Jacomo* at B. Altman, Marshall Field, I. Magnin, and Filene's.

For your nails. A treatment set that's attractive and convenient. It's *Merle Norman's* **Nail Bag,** a pretty red and white zipper case that contains 8 slim bottles of nailcare products: ¼-ounce containers of enamel remover, cuticle oil, strengthener, base coat, top coat, frost coat, and two shades of color. $7.50, with any $6.50 purchase, at Merle Norman Studios everywhere.

PAULA RICE JACKSON

Your herbal and fragrance almanac



The sign: **Virgo**

Circa: August 23-September 22

Hundreds of possible combinations of ingredients exist for making potpourris. Mixtures of flower petals such as honeysuckle, rose, jasmine, and orange blossom blend with aromatic woods and grasses. Fragrant mosses, herbs, or leaves such as the many-scented geraniums combined with spices, resins, and powdered roots and seeds all give broad scope for experimenting creatively with fragrances.

Claire Burke produces three pleasing ready-mixed potpourris for meticulous Virgos to choose: Herbal, Rose, and Original. **Écusson** from Jean D'Albrêt is a lucid and clean scent that is made to order for perfectionists. Analytical Virgo males take to **Grès Pour Hommes** by Madame Grès. MARIA REACHI

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In short, everything we could find that might *intensify flavor* at 3 mg. tar, was built into Triumph.

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What it all comes down to is this: Triumph is not one of those ultra low tars that spoil your pleasure by short-changing you on taste.

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One of the lowest tar cigarettes you can smoke.
The one with taste enough to stay with.

BY RICHARD LANGER

Plants and flowers for years of pleasure in your house

You can create lovely bouquets to enjoy all winter long with unusual combinations of flowers and grasses

One of the objects of drying plants is to bring some cheery natural color into the winter-darkened house. At one time or another we have probably all dried plants—a four-leaf clover pressed between the leaves of a book, milkweed pods gathered by the roadside, or simply a bough of colorful fall leaves saved from a weekend drive in the country. These momentos retain much of their form and color for a long time, and with a bit of planning, they can last even longer and retain even more of their natural beauty.

Dried plants do not keep all the characteristics of their living counterparts, of course. However, they compensate for this loss not only by extended display life, but by enabling you to combine various plants that would not naturally come into full show at the same time. Nature cannot display milkweed pods with asters and cattails—but you can.

The three most common methods of drying flowers are pressing, hanging, and using a drying agent such as silica gel, available in a kit with instructions from garden centers and hobby stores. Pressing is somewhat limiting in that, of course, you end up with flat specimens. On the other hand, in the case of some leaves this hardly matters.

Hanging probably originated as an offshoot of herb drying. No doubt someone, noticing that the dried botanicals meant to be used for their curative or seasoning powers retained much of their shape and color when removed from the drying rack, placed them upright in a container for display. Then others, admiring their attractiveness, followed suit. Hanging, the simplest method, requiring no special preparation or materials, is still the most popular method for preserving flowers.

To dry plants by the hanging method, cut them on a bright sunny day when the flowers are well opened but not quite at their peak of perfection. Don't be afraid to experiment in choosing which plants to pick. The more you try, the more variety you will have for your winter bouquets. If some of the plants do not dry attractively for you, that's no problem—you'll have plenty more to choose from. Although drying flowers is very simple, at one time or another some specimens simply will not cooperate. Yet the following year the same variety will dry marvelously. So don't let an occasional failure discourage you.

Flowers to be hung to dry are usually cut with their stems a foot or more long to facilitate more variety when it comes to making up an arrangement. On the other hand, the less there is on the stem, the better it will dry. So remove the leaves from flowered stems. Dry foliage separately.

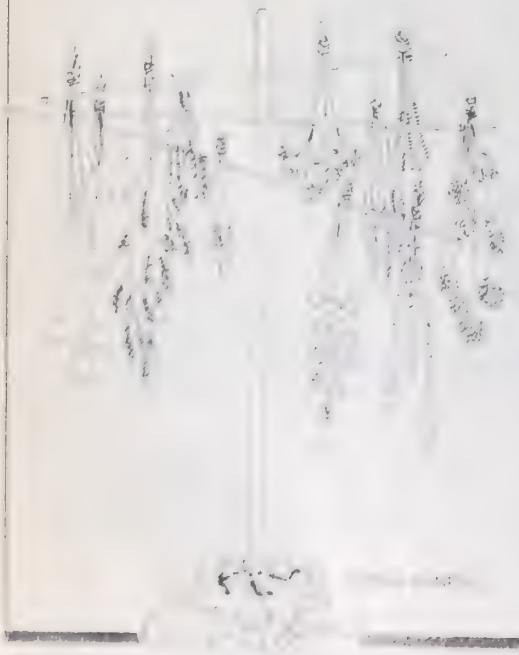
Now fasten three to ten stems together with a rubber band—the grassier and drier the original specimens, the more you can safely bundle in one group. You can use string instead, but as the stems dry, they shrink, so they will tend to drop out of their hold.

Suspend the bunched materials upside down on your drying rack. This will help keep the flower heads vertical and the stems straight. In some cases you might want gracefully curved stems. If so, tie single stems of a plant gently to curved wires of the desired shape and suspend these from your drying rack in such a way that the flower heads are upside down and parallel to the floor.

Usually the first thing that comes to mind when one thinks of drying plants is flowers, particularly the so-called strawflowers, or everlasting flowers readily available at most florists. Still, there is a lot more than flowers you can dry.

High on the list of other useful dried plants are the grasses. Not the varieties that make up the closely cropped green carpet that forms the average lawn, but the wild meadow grasses. Belatedly, some grasses are even being recognized

Continued on page 44



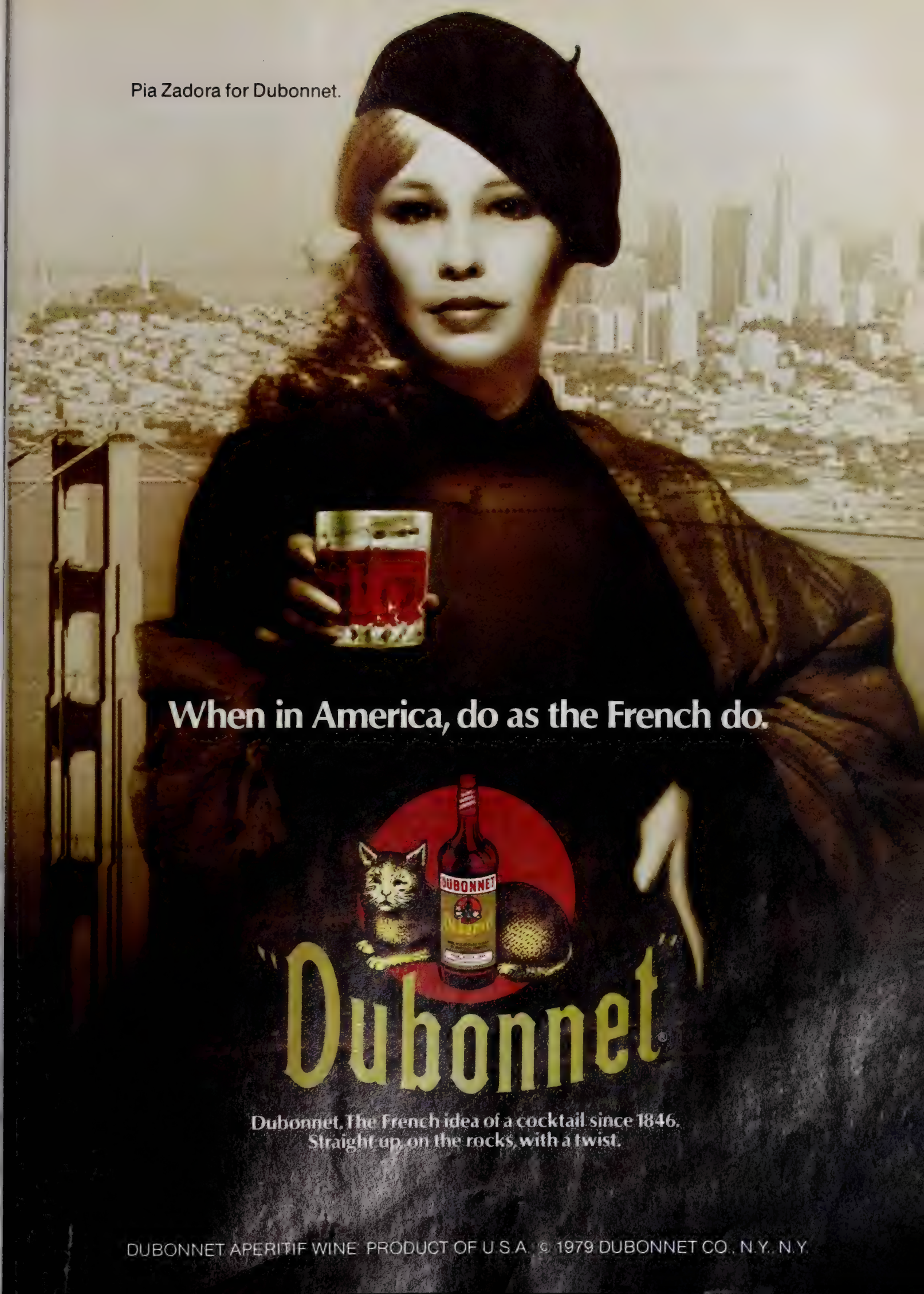
Making a simple drying rack

Bunches of flowers can be hung from nails in the attic rafters or near the boiler in the basement, but the results are not always the best. For one thing, drying plants really shouldn't touch metal. For another, with this method they're often too close to the roof or the walls, respectively, for good air circulation.

If you're planning to dry flowers, why not build a simple drying rack? It's not all that difficult.

There are no set rules for the design of a rack other than that it should be lightweight, so it's easy to move about, and it should have an open framework to maximize air circulation. Mine is based on the Christmas tree stand that for years had only a 3-week season of use. Taking an old broom handle, I drilled a number of staggered holes descending from the top. Fastening the broom handle into the stand as if it were a barren tree, I then proceeded to push some thin dowels through the holes. Pushing the dowels halfway through will produce a round rack. Inserting them only a short way enables you to make a half-round that can parallel a wall, or even a quarter-round, if you stagger the holes within a quarter turn of the broom, that will fit in the corner (not too far in, remember—plan to leave at least 6 inches between the drying plants and the wall to ensure good air circulation). Whichever way suits your space, you'll find it a quick, easy-to-make, and stable drying rack that also gives extra mileage to your Christmas tree stand.

Pia Zadora for Dubonnet.



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Birds and Flowers of the Orient

BY NAOKA NOBATA



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IE ARTIST. Naoka Nobata is one of the ost brilliant and imaginative of today's inters in the traditional Oriental style. She celebrated throughout her native land th for her exceptional talent and the sentivity of her technique. Indeed, Mme. bata is today's foremost exponent of the assic "Rimpa" tradition of Oriental art—nich marvelously intertwines the real and e imaginary.

The works of Naoka Nobata have been own at important art exhibitions throughut Japan, including the first Sogakai Exbition, and she has been honored with a ne-woman show at the distinguished irota Gallery. In addition, her paintings ave been exhibited in the Tokyo Central Art allery and the Miyuki Gallery, and her work as been acquired by many prominent colctors including the leading art critic Tetsuji kechi for his own private collection.

And now, at the pinnacle of her career, aoka Nobata has created her very *first* orks of art in porcelain: *Birds and Flowers f the Orient.* A series of twelve collector's lates portraying exquisite flowers of Orienl lore and legend—and the exotic birds asciated with them.

Each plate is a distinctive work of art. Toether, they form a collection that will enance the beauty of any home. Rich in the ymbolism of the Orient...imbued with its eaning...touched with its mystery...this is collection that will provide endless hours f joy and inspiration.

IRDS AND FLOWERS OF THE ORIENT LATES. Each plate represents a different onth of the Oriental year, and combines e flower and bird symbolizing that month. eep green pine branches and the stately hite crane for January...the Japanese iris nd the Mandarin duck for May...the languid ater lily and the exotic egret for August ..the brilliantly colored chrysanthe-



The Bush Warbler and the Apricot



The Water Lily and the Egret

mum and the tree sparrow for October ...the yellow narcissus and the graceful wren for December...Twelve flowers and birds of the Orient brought together in works of extraordinary beauty.

These collector plates will be exceptionally large—10-1/4 inches in diameter—to provide full scope for the artist's imaginative portrayals. And, as a finishing touch for Naoka Nobata's lovely designs, each plate will be *hand-decorated* with a border of *pure 24 karat gold.*

Moreover, each plate will be produced in the finest Japanese porcelain—highly prized for its translucence and strength. And the delicate, sensitive quality of the artist's work will be meticulously captured in every detail, every nuance, every line.

A wide variety of colors will be used in the creation of these designs. Brilliant reds and oranges contrasting with pale yellows, soft greens and cool aquas. Rich browns and ambers mingled with bright blues, subtle violets and magentas. All the lovely shades one might see in an Oriental garden. And to add to the uniqueness of the plates, elements of the design will form a charming floral border on the reverse.

LIMITED SIGNATURE EDITION. The first edition of the *Birds and Flowers of the Orient* plates will be a special limited Signature Edition. This edition will be distinctive because it is the *only* edition in which the artist's "hanko" (personal signature mark) will be *impressed by hand* on the reverse of each plate.

The plates in this desirable Signature Edition will be crafted in Japan solely and exclusively for individual subscribers, and the limit of one collection per person will be strictly enforced. Thus, the total number of sets to be issued in this edition will be forever limited to the exact number of original subscriptions entered during a rather brief offering period, plus one set for the artist and one for the archives of Franklin Porcelain, which is issuing the collection.

Because the plates comprising the Signature Edition will not be available through dealers or stores, subscribers will be the *only* people who will be able to acquire them. Anyone who wishes to obtain the plates in this edition later on can only hope to do so by purchasing them from an original subscriber.

ADVANCE DEADLINE: September 30, 1979. The collection of twelve plates will be sent to subscribers at the rate of one every *other* month, and the issue price for each porcelain plate is just $55. Included will be fascinating reference information and twelve individual wall brackets for display of all the plates.

To enter your subscription for the Signature Edition of *Birds and Flowers of the Orient,* you must mail the application below by September 30, 1979. A final announcement will be made in November, and then the subscription rolls for the Signature Edition will be closed forever.

It is not necessary to send any payment at this time. However, your application must be mailed to Franklin Porcelain, Franklin Center, Pennsylvania, by September 30th.



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ADVANCE SUBSCRIPTION APPLICATION

Birds and Flowers of the Orient

BY NAOKA NOBATA

Must be postmarked by September 30, 1979
Limit: One collection per person.

Franklin Porcelain
Franklin Center, Pennsylvania 19091

Please enter my subscription for the Signature Edition of the *Birds and Flowers of the Orient* porcelain plate collection, bearing original works of art by Naoka Nobata. I need send no payment now. The twelve plates are to be sent to me at the rate of one plate every *other* month. I will be billed for each plate in two monthly installments of $27.50* each, with the first payment due in advance of shipment.

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PLANTS

continued from page 40

as important additions to the flower garden. Although their flowers pass unobserved into seed, these decorative grasses have striking forms that add variety indoors and out. They are also some of the easiest plant materials to dry.

If you want to expand your choice of grasses for drying, why not plan on planting some next year? Varieties of decorative grass seeds can be purchased from a number of seedsmen, including Park Seed Co., Greenwood, S.C. 29647. Try feather grass, or foxtail millet (*Setaria macrochaeta*), and hare's tail, as well as animated oats (*Avena sterilis*), whose florets wave about and wink while the grass grows.

Come fall, the grasses with their striking seed heads can be dried right along with the flowers. The best spot in the house for a drying rack is one with good air circulation and some extra heat. Warm but not hot is the rule.

The attic, the cellar near the furnace, and the kitchen are the most commonly used places for drying. The kitchen can present a problem of a light grease coating sometimes settling on the plants. On the other hand, of course, flowers drying by the stove are a lovely country-kitchen-like sight.

An alternate way to dry flowers is in a sand box. The principle, which is to bury the flowers in a desiccation medium, is the same as that used with the silica gel in commercial flower-drying kits. But in the case of sand, you don't have to worry about overdrying.

If you don't have a garden, or if you can't bear to cut your own flowers, blooms from the florist can be dried more readily in sand than by hanging. Use the freshest blossoms you can find, and leave on them as much stem as the box you are going to use will allow. Old shoe boxes are the containers most commonly used, but they limit stem length to under a foot. If you get your flowers from the store, ask to have them packaged in a long-stemmed-rose box. Then you'll have a good container for drying extra-tall specimens. Once filled with sand, however, the box will be heavy, so you will have to work where the box is going to remain during drying. Try to move it, and chances are the box will buckle and spill.

Put the flowers you wish to dry in a vase of cold water while you get your materials and boxes ready. A 2-hour soak will allow them time to absorb enough moisture to prevent wilting during the first stages of drying. However, there should be no dew or moisture on the flowers themselves.

Line each of your boxes with heavy wrapping paper. Fill in a 1-inch layer of fine dry sand. Then take a piece of stiff cardboard and fold it in half. Make a notch in the center of the fold. Put this support at one end of the box for a flower head pillow. Now lay a flower down lengthwise so that the stem rests on the sand along the whole bottom. With the flower head resting in the notch of its pillow, very gently scoop enough sand in beneath the petals so that they retain their natural shape. Put an X on the flower end of the box.

Slowly bury the stem and flower in sand, using a spoon and a small fine brush to get sand under and around the whole plant without distorting its shape. It must be entirely covered with sand. However, don't cover the box with a lid.

Keep the box in a warm, dry place for 3 to 4 weeks. But don't try to rush things by putting your dryer in a really hot spot as the flower's colors will fade.

When you think the flower is dry—timing comes with experimentation—open the box, tip it on its side slowly, carefully pour some sand out of a corner of the stem end of the box. Remove flower gently; it will be very brittle.

For more flowers with fewer boxes, dry just flower heads. Cut the stems off, leaving only 2-inch stubs. Set the flowers face down on the sand and cover gently as before. Make sure each stem stump is covered with at least an inch of sand. Once the flower heads are dried, you can tape on florist's wire for stems. Being flexible, wired flowers can have their stems bent, making the possibilities for arrangements more diverse.

Drying—the glycerine method

Leaves, but not flowers, can be preserved by using glycerine. While it's not drying in the true sense, the results are equally long-lasting. And, unlike dried branches, those cured with glycerine are relatively pliable.

Only those plants which take copious quantities of water can be used for glycerine preserving. Still, any branch that appeals to you is worth trying, for the results of a successful glycerine bath are outstanding. You might even try prunings from house plants, such as schefflera, camellia, or rubber plant.

Mix 1 part glycerine with 2 parts water. Fill a tall container 5 or 6 inches with this solution. Before inserting the freshly cut branches, mash the bottom inch or so of the stems well with a hammer to aid in absorption.

As the glycerine is absorbed, the leaves will show a marked change in color—usually to reddish in spring, brown in fall. Once saturated, the edges and undersides of the leaves may even begin to ooze a bit. Thin-leaved plants such as swamp maple sometimes begin to droop when they are cured. If so, whisk them out of the solution and hang them upside down on your drying rack. They will usually stiffen up in a few days, and they will have absorbed enough preservative to make them last for years. ■

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Christmas COUNTDOWN

Presents, food, decorations to start right now

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BRONSON

AUNT ELVA'S FRUITCAKE

from Jan[illegible] Sarlin



Macerate 1 lb. each whole blanched almonds, flaked coconut, 1 cup candied citron squares, ½ cup each candied red and green cherries in ½ cup rum 2-3 hrs. Cream 1 cup butter with 2 cups sugar, add 1 t. each salt, almond extract, vanilla. Toss ½ cup sifted flour with fruits, stir into butter-sugar. Add 3 cups flour sifted with 2 t. baking powder to fruits, alternating with 8 stiffly-beaten egg whites. Stir just until mixed. Pour batter into 4 1-lb. loaf pans that have been greased, wax paper lined, then heavily greased and floured. Place a 9-by-12-in. pan ½ filled with hot water on lowest oven rack, bake cake on center rack 60-80 min. at 300°, until toothpick tests clean and cakes just change color. Cool out of pans. Wrap in rum-soaked cheesecloth and foil. Store airtight or freeze.

Make-ahead tree trimmings

Now's the time to pick Queen Anne's lace and baby's breath. Dry, heads down, in silica gel, to stud a Christmas tree or mantelpiece bed of juniper boughs, like freshly fallen snowflakes and stars.

Save the ends of metal juice or soup cans; make shiny medallions for the branches of evergreens far from an electrical source.

Avoid the rush

Order fresh pecans and almonds now for holiday baking. Freeze shelled nuts in plastic bags for freshness. Make pecan brittle, almond toffee crunch, or sauté nuts in sweet butter, lightly season with sea salt. Keep in airtight tins or jars until Christmas. Five pounds pecan halves, $18.50 from Natchez Pecan Shelling Co., Box 1003, Natchez, Miss. 39120. Four pounds unsalted blanched whole almonds, $14.50 from California Almond Growers Exchange, 1802 C St., Sacramento, Calif. 95814. Start knitting, quilting, needlepointing. How about a Christmas stocking for a newborn baby? Make holiday travel reservations now; take advantage of discount fares. Send for shop-by-mail catalogues. Order magazine subscriptions; specify Christmas delivery. Remember fruit-, cheese-, plant-, book-of-the-month clubs are gifts that keep on giving.

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GIFTS FROM THE GARDEN



KAREN RADKAI

While your garden's at its peak, preserve home-grown presents for holiday giving: sweet pickled peaches studded with cloves; poached pears with curls of lemon zest; apple-tomato chutney; pickled pumpkin; basil jelly; homemade nut butters (whirled in your food processor); pear honey; wild grape jam; dilled broccoli; cucumber ketchup; brown sugar pickles; baby beets; wild blackberry jam; beach plum jelly; orange-honey barbecue sauce; sweet tomato relish; pickled okra.

Herb fest

Now's the time to harvest herbs for Christmas giving. Cooks will appreciate a dried, beribboned bunch of thyme, tarragon, or bay. To dry herbs in the oven, spread them on a cookie sheet at 100°-150°, with the oven door partially open, until herbs are crisp like taffeta, but not burnt. Small-leaved herbs such as thyme may take 15 minutes or less; thicker leaves up to an hour. Or give a fresh, bushy pot of basil, parsley, or chives by growing them indoors under any fluorescent light. For best results, group herbs on a pebble-filled tray; mist, and water from the top, daily. 16 hours of light a day ensures optimum growth. Don't let roots get soggy. An annual teaspoon of lime in a 5-inch pot keeps soil sweet. Four- to 5-inch pots are best for mature herbs.

Stitch a Card

An easy start-ahead Christmas card idea: Using single-strand yarn, stitch a 2-by-3-inch piece of petitpoint canvas with a holiday salutation: JOY, CHEER, NOËL. Stitch upper corner with a bell, snowflake, or tiny piece of holly. Glue to the center of a heavy white card edged with red or green.

ORGANIZE

Transform a guest room into a holiday work room, with a long table for wrapping, writing, do-ahead crafts. Buy presents and unusual ribbons and wrappings as they catch your eye. Store in a special Christmas trunk or closet with plenty of tape, gift tags, and scissors.



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continued from page 50

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Continued on page 54

"THIS 1937 GE REFRIGERATOR'S THE ONLY ONE MOM'S EVER OWNED. TO ME, THAT'S MONEY WELL SPENT."

– Elouise Prater



Jane Prater, Tyler, Texas

This General Electric 'Monitor Top' looks kind of funny today. But back when I bought it in 1937, it was real elegant.

And you know, it was one of the best buys anyone could make.

It's the only electric refrigerator I've ever owned, and it's sitting in my kitchen this very day, working away like it's always done. Still keeps the milk nice and cold, and the lettuce crisp.

It never needed any service, either, aside from replacing the gasket on the door.

My family teases me about it, but I simply can't replace this faithful friend.

The salesman who sold it to me still lives here in Tyler. I saw him the other day and I shook his hand. "Mr. Atwood," I said, "it's still working."

Elouise Prater, Temple, Texas

My mother-in-law's old 'Monitor' really influenced our choice. And I grew up with my own mother's GE refrigerator. She had it 30 years.

We've had so many GE appliances that have lasted and given great service, well, to me, the name General Electric means dependability.

So even though I looked at some others, I knew this beautiful GE side-by-side was the only refrigerator I wanted. I like getting ice cubes and crushed ice and chilled water without opening the door.

Inside, there's lots of room. And adjustable glass shelves that are easy to clean. Automatic defrosting, of course. Even a separate temperature control for my meat bin.

I expect it will last and last, like that 'Monitor' of Jane's. I can't imagine a better value.

IT ALL ADDS UP TO A GOOD INVESTMENT

GENERAL ELECTRIC

STORE DIRECTORY

continued from page 52

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Eatontown ..... Steinbach's
Echelon ..... Strawbridge & Clothier
Livingston ..... Bamberger's
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Continued on page 56

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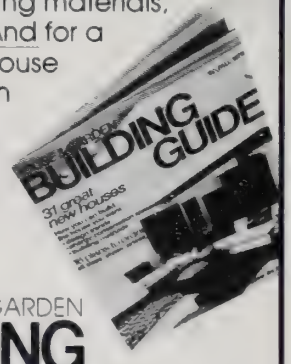
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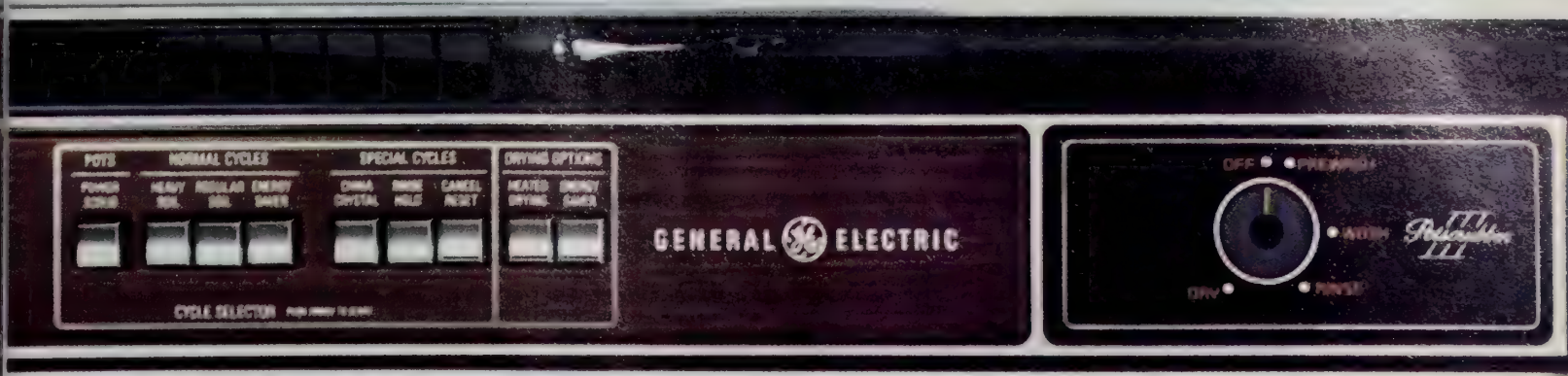
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STORE DIRECTORY

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GENERAL ELECTRIC

Gardens in China, rediscovering Toronto; plus day trips in the U.S.A.

Visiting China, mother of gardens

BY MARYBETH WESTON

Even before you get to Lu Wu—the change-point for trains going from Hong Kong to the People's Republic of China—you see a bit of the ancient countryside you've imagined. Green rice paddies with cone-hatted workers bending to their tasks. Water buffaloes yoked to wooden plows, snowy cattle egrets on their shoulders. In the distance, tile-roofed farm villages with smoke curling above plum, peach, and cherry trees, all in bloom.

Our group of 45, on the American Horticultural Society's first tour to China, was traveling north with spring to Guangzhou (Canton), Hangzhou, Shanghai, and Beijing (Peking), a distance and climate change comparable to going from Key West and the Carolinas to Cleveland. Our first day in China was last Easter Sunday, April 15, which coincided with Qing-Ming, a lunar holiday when families visit ancestral homes if they can.

WESTON

For our group of ardent gardeners, it was also a pilgrimage. Many of the plants we love best at home originated in China. Tree peonies, regal lilies, wisteria, chrysanthemums, large-flowered clematis, species of forsythia, lilac, anemone, iris, camellia, jasmine, primrose, rhododendrons and azaleas, cymbidium orchids, the gingko tree that has become as popular a street tree in New York as it is in China. All these were introduced to the West by 18th-, 19th-, and early 20th-century plant explorers. Even many modern roses were hybridized from a rose brought to France by an 18th-century priest. The greatest plant explorer of all, Ernest H. Wilson, wrote a book he called *China, Mother of Gardens.*

The first garden we visited was in Guangzhou, a marvelous orchid garden called Lan-Pu, and it is as linear as a scroll painting and as full of enchantments. You enter it through a moon gate, the round symbol of perfection. If you go there, keep walking to the very end or you might miss the last surprise, a gazebo on a cliff with steps down to a second level looking out on a serene pond. This gazebo and a nearby log hut turned out to be faux-bois, made of con-

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Left: In a 16th-century Shanghai garden, Yu Yuan, a potted maple near a wall topped by a dragon with tile scales. Top: Moon gate of Lan-Pu orchid garden in Guangzhou (Canton). Right: Cast-concrete pavilion for vines and visitors at Hangzhou's botanical garden.

Rafting the rapids

BY CORALEE LEON

You'll laugh, scream, get soaked and love it—on a one-day white-water joy ride a few hours from New York.

They say it's for beginners, but this is no quiet mountain stream with a few bubbles tossed in for atmosphere. This is real white water, rushing past real boulders at a clip of 800 cubic feet (imagine your kitchen flooded to the ceiling) every second. And there's nothing between you and the drink but one little paddle—and your equally novitiate raft-mates with their little paddles. Nevertheless, three times a day in spring and fall, when seasonal rains swell the river, and on two summer days when dammed water is released in a white-water torrent, 15-raft flotillas set out on a 14-mile stretch of the Lehigh River in eastern Pennsylvania. It's fabulous fun, and anyone over 10 years old can do it. Paul and Doug Fogal, who have run Pocono Whitewater Raftours for three years, provide rugged inflatable six-place boats, life jackets, and a water-tight pail for the lunch you bring. They also rent wet suits. Rent one. The water is cold. Before you embark, the trip guide gives you a few safety instructions. En route, experienced pros ride in the first, or "point" raft, the "sweep" raft that brings up the rear, and two kayaks that paddle upstream and down, marking the current and generally riding shotgun. Beyond that, you're on your own. It takes a few minutes to get everyone in the raft and paddling in the same direction, and a few more to accept the fact that, careful as you were to tiptoe from rock to rock to launch the raft, you're going to get your socks wet. By that time, you're folded around your first boulder, swamped to the knees and useless with laughter. But you learn fast, and even the learning is play. You stop a few times to regroup, rest, and have lunch. It's 6 hours of good exercise, good companionship, and great fun, even if it rains! Trips are $18 to $25, depending on the day of the week. Write to Pocono Whitewater Ltd., Route 903, Box 44 (HG), Jim Thorpe, Pa. 18229.

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ted cycads and azaleas, and a walkway across a fish pond to connect two corridors.

Everywhere we went we saw potted plants. In train depots. On parlor-car tables between facing seats. In airports. On apartment balconies and roofs, even tied to homeward-bound bicycles along with freshly-bought green vegetables for the evening meal. Pots are used as instant gardens for traffic circles. In Guangzhou, the fronds of a huge cycad were encircled by pots of red and lavender dahlias and cinerarias; another had a lady palm surrounded by potted begonias and red salvia.

We also admired the ceramic green and blue trash containers on street corners and in parks. They resemble antique Chinese garden stools, but have openings at the sides and a drawer at the bottom for removing debris. We saw the same idea applied to tall wooden plant pedestals supporting geraniums and ferns at the Shanghai train station. Even the short spittoons one sees everywhere are inspired. They're often painted with flowers. I saw one on a balcony used for growing chives, and kept hoping to find one to buy to take home as a jardiniere.

We visited a botanical garden in Hangzhou and once again concrete was put to imaginative uses. Pavilions and arbors provided places for wisteria and roses to ramble, and for rambling visitors to rest. We admired molded pergola rafters and built-in benches and thought how vandal-proof as well as handsome they would be in city parks at home, or as highway picnic shelters. Even the new sidewalks were ornamented with pebble designs. Plants were labeled with small concrete slabs set at an angle for easy visibility, and the names were incised in international botanical Latin as well as in Chinese.

At the Hangzhou Zoo, a concrete wall near the entrance showed in colorful tiles where the attractions were. My husband's quick Polaroid shot of the mosaic map made it possible for us to roam the leafy paths on our own. We headed for the monkeys' jasmine-covered rockery, an avi-

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GOING PLACES

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crete that looks exactly like bark-covered timbers bleached gray by wind and weather. Several benches in the garden are faux-bamboo—concrete miming the groves behind them. One bamboo grove has pebble-textured paving with openings where canes, underplanted with liriope and oxalis, can grow tall but unwanted shoots cannot spread. Here there was a round concrete table with round stools, a charming style of garden furniture we often saw, even in factory rest areas.

At a small teahouse built over another pond at Lan-Pu, we were offered cups of tea with orchid blossoms floating on each one, and cookies we could share with huge carp swirling in the water below the rail. Along the garden paths, under a thin canopy of pines bordered by lady palms (Rhapis excelsa), aspidistra, and other tropical foliage we tend to think of as house plants, were thousands of pots of miniature cymbidiums set on concrete planks. In a lath house, still more orchids, including some paphiopedilums, were being brought to bloom, all to be used at their peak in depots, museums, government buildings. This Cantonese garden is open to the public and charges an entrance fee of a few fen (usually 3 to 10 cents) as did all those we saw. Unlike the others, however, it was not crowded. Because few families have gardens of their own that tempt or require them to spend free time at home, and because the 6-day work weeks are staggered—only school children consistently have Sundays off—every park in good weather has a holiday crowd. The government seems to put a high priority on park planting and maintenance. We saw only one garden that made our group itch to get in there to weed and that was a handsome atrium at our contemporary hotel in Guangzhou. Sad, for it had obviously been created by a talented designer. This atrium had been blasted around a huge rock. Banyans were left, still growing, and asparagus ferns trailed from balcony planters. Here, too, were pot-





GOING PLACES

continued from preceding page

ary, and the pandas. We watched pandas eating bamboo shoots while friendly Popsicle-licking Chinese watched funny us.

Jade Spring Park was another treat. Here we saw potted azaleas, hibiscus, kalanchoe, cinerarias—in clashing colors as vivid as the silks and brocades Hangzhou is famous for—and even potted fish. Exotic breeds like frisky flowers swam in huge ceramic bowls in a shady courtyard. We didn't know the breeds by name but it was clear the Chinese did, discussing their merits as we might compare notes on a fine collection of roses.

West Lake in Hangzhou, little changed since Marco Polo visited it in the 13th century, makes the images you recall from reading translations of Chinese poems suddenly real. Painted pavilions. Leaf-like boats and silent rowers. Pale willows and a pelting of peach petals along rain-glazed paths, and parasols that opened like flowers. (We had our only rainy day there.) We even saw swallows flying two-by-two over pads of summer-blooming lotus, symbol of purity—"how stainless it rises from its muddy bed," a poet wrote. But we had sunshine for our boat ride out to the lake's man-made islands and gardens. Here we walked on zigzag bridges that force one to slow down and look at the landscape from different perspectives. We gazed at the causeway whose arches reflect in the water like many moon gates. We saw bedded-out English daisies and pansies, and walked along the wall of windows where young Chinese photograph each other looking through the frames. Each window is different, and ornamented with clay birds and filigree.

We were never out of sight of trees in Hangzhou, even on bus rides to a silk factory and a tea plantation. Magnolias, redbud, catalpa in bloom, camphor, metasequoia, cypress. I remember a tall pine with a Lady Banksia rose leaning in its arms. Even the road to our hotel—a villa called Flowering Pond with turned-up smiles at the rooftips like those of ancient pavilions—was lined with huge sweet olive (Osmanthus fragrans). We woke up each morning to the sound of birds.

In Shanghai no garden was scheduled. Dismay. Consternation. Our Flora Travel, Ltd. and Pan Am guides could do nothing about the Chinese Travel Service itinerary. But by that time we had learned that in China one is free to explore alone as long as the guides know not to expect you for the bus headcount. Your hotel calls a taxi for you, tells the driver where you want to go, and he gladly waits, confident that if you become befuddled about the meeting place you can find your way home safely and still pay his inexpensive fare through

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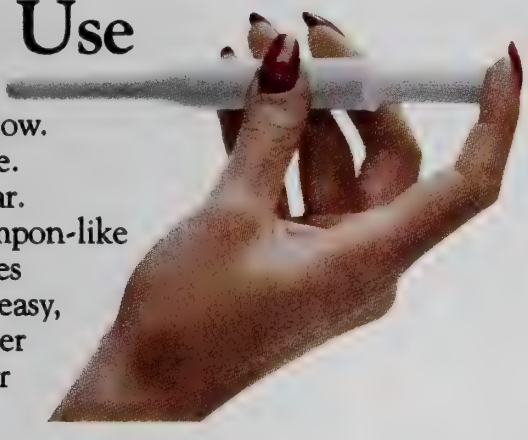
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the hotel cashier. So Shanghai's Yu Yuan was not to be missed.

Yuan means garden or park and this one is a mid-city maze of pavilions, courtyards, walls, gateways, rockeries, peonies, rosebeds (not yet in bloom), even topiary sweet-gum. It is also the perfect example of the maxim: Chinese gardens are not so much planted as built. Playful, even grotesque, it is surrounded by a white wall topped by an undulating dragon whose scales are dark tiles. The paths seem to follow the principle set out in a 16th-century Chinese landscape book, Yuan Yeh, that garden paths should never be straight but instead "meander like playful kittens." Old ones are pebble mosaics and a new one (where we saw brooms and baskets propped against a moon gate) is curving concrete with a grooved fish-scale pattern. Even the gateways are playful. Some are shaped like vases, jugs, and ginger jars; one is a leaf. The Chinese word for vase is ping, and ping also means peace. Walking through a vase gateway is meant to evoke a sense of peace and harmony.

Symbolism is a key to Chinese garden design. Visual puns abound, often based on homonyms: bat and blessing have the same sound in Chinese, just as vase and peace do. Rocks suggest masculine strength and mountains. Water suggests feminine tranquility and lakes. Literary allusions are important. A planting of pine, bamboo, and plum—"the three friends"—suggests enduring friendship. A pine and plum, orchid and chrysanthemum are "the four princely scholars." Orchids (lan) signify nobility. A crane or peach included in a carving, clay fretwork, or bronze means immortality; a deer, abundance. (Concrete fencing at a Shanghai bicycle workers' commune had deer emblems as well as seagulls and potted plants.) A dragon suggests good harvests and the emperor; the phoenix, spring and the empress. A western counterpart of such symbolism might be the plantings in a Bible or Shakespeare garden, or our sundials that suggest sunny hours and the preciousness of moments.

When you go to Shanghai's Yu Yuan, don't miss a closed, red-painted moon gate near one entrance to the garden. We pushed gently and discovered a most beautiful secret courtyard with bonsai, an antiques store with a curator who spoke English and French, luxurious rosewood chairs to sit in while having cold Chinese beer, and (I was told) the finest men's room in Shanghai.

In Peking the scale of the gardens is imperial, but even there we saw ideas for home. The road from the airport into the city is triple-lined with street trees, planted closely, perhaps for future thin-

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ning for construction or firewood. There were poplars, pagoda trees (Sophora japonica), willows, and lilacs. March 12 is national tree-planting day, we were told, and everywhere amid the dust and confusion of new construction were new young trees. They are propped by bamboo poles instead of guy wires, and wrapped against sun-scald in cord instead of burlap. Fifteen million trees were planted in the Peking area last spring. Some visitors had reported few birds in Chinese cities, but apparently they are flocking back. At the Temple of Heaven and Imperial Palace, the elaborately painted eaves (see H&G April, 1979) were protected with taut, almost invisible, green netting to keep birds from nesting. But apparently nothing can keep out weeds. We were amused to see a vigorous dock living comfortably in a cranny it had found in the Forbidden City, and it had chosen a stairway once inviolate to all but royal guests.

Two recent books added a great deal to my trip and would, I believe, to yours: *The Chinese Garden* by Maggie Keswick (Rizzoli) and *Sunflower Splendor, 3000 years of Chinese Poetry* (Anchor).

The American Horticultural Society has a travel exploration program accenting horticulture in various parts of the world. To become an eligible member ($15, or $25 for two years), write AHS, Mount Vernon, Va. 22121. ■

Toronto update: Ideas for a city vacation you and your family will love

BY SANDRA ODDO

"The people city." "The city that works." "Born-again Toronto." Cities, like other organic beings, have cycles. Begin (an Indian village, then a French fort); burgeon, expand (in the late 1800s, again in the early 1930s); consolidate—then rest, and let the soot fall. Begin again. Toronto, a seedy city in a windy place on the north shore of Lake Ontario, fell into a doze in the 1930s and drowsed through the next three decades—until suddenly, in the 1960s, it woke up. Whoever Prince Charming was—a shift in the economic currents, an election, some people with some good ideas come fortuitously together—Toronto is now one of the most exciting and humane habitats on the continent, with a variety of outstanding architecture, a lively tempo, and a plan for the future.

Toronto was fortunate [illegible] through the 1950s when cities were being turned into expanses of glass and steel stalagmites. By the time Toronto's new era got going, trees had been invited back. Under mayor David Crombie (recently overwhelmingly elected to the national parliament; his successor, John Sewell, is the man who threw himself across the tracks to help save the trolleys that still serve 21 miles of city streets), the city government was encouraging mixed development where people, shops, offices, and light industry could happily coexist. The result was a building boom ($1.9 billion in 1973, at its first peak), and a new interest among those of the 2.6 million inhabitants who had fled, in returning to the heart of the city. Toronto began to develop a very jaunty sense of itself, with pride in its past and pleasure in its present. It's a very nice place to visit. For connoisseurs of cities, it's something very special.



Visitors can see all of Toronto from the observation deck of the CN Tower.

Sightseeing: Toronto old and new

Toronto treasures the outstanding examples of each of its eras of city-hood. Old Fort York, down by the shore, has been restored to its 1793 self; less than a mile away is the new Canadian National (CN) Tower, tallest freestanding structure in the world at 1,821 feet. A glass-walled elevator skims up its single stem—heart-stoppingly fast—to the first of two observation decks, where windows belly out for 360-degree views of the city. It's a good place to start: Look north, across the core of high-rise buildings downtown, past the University of Toronto, to the green belt that encircles the city—Chinatown and the Saturday Kensington market are to your left; City Hall and the main shopping district are to your right. Along the shore to the right are the main theatre and boating areas. Far left, the other way along the shore, are sports and outdoor play areas at the stadium and Ontario Place. Buildings above a certain height must now include housing; taller ones must provide the city with compensating parkland. (The change in the city has been called "the greening of Toronto"; from the CN Tower, it looks verdant.)



Old town hall seen from the plaza of new town hall. Crafts fair in foreground.

Eating and sleeping

Twenty years ago, Toronto was a nearly restaurantless town—I know; I was there. Today, there may be literally hundreds, and a lot of them are good. The Three Small Rooms in the cozy Windsor Arms Hotel on St. Thomas St., though, is special, with Canadian specialties and the freshest of vegetables handled by a chef with imagination. There is a very decent wine list. Special too is Truffles, in the Four Seasons Hotel that overlooks the city and the lake from north of the University. Smoked Canadian salmon, so delicate that a breath might waft it away, forms part of a marvelous buffet of hors d'oeuvre. The service is attentive and very competent, and the food delicious as you lounge in leather wing chairs around dark walnut early English tables. Out on Yonge Street there is the Ports, a complex of restaurants different in decoration and dining style—Victorian to disco-like pub, steak and potatoes to Italian food, all tasteful, all imaginative, and reasonably priced.

Some others of interest: Captain John is a Yugoslavian refugee who managed to buy a harbor boat. He docked it (the Hilton Harbour Castle is now next door), and turned it into a very successful seafood restaurant. Recently, he went to Yugoslavia to buy another ship, sailed it across the Atlantic, and now has opened another restaurant, with seafood, dancing, and a cabaret theatre. The Old Spaghetti Factory on the Esplanade is a fine, reasonably-priced place to take children for good food and a happy time.

Toronto has more than 19,000 first-class hotel rooms, according to William Holtzman, manager of the city's public relations, and an additional 12,816 hotel and motel rooms. The Convention and Tourist Bureau (Toronto Eaton Centre, Box 510, 220 Yonge St., Toronto M5B 1H1, Ontario) prints a free pamphlet called "You've Got Friends in Toronto" that lists hotels, with price and facilities.

Museums

Museums and children are often a deadly combination—but everybody visiting Toronto with children, or even without them, should try exposure to the *Ontario Science Centre*, conceived to celebrate Canada's 1967 centennial and completed in 1969. *(Continued on page 69)*

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continued from page 66

It's on the edge of the green belt (full of archery fields, soccer and tennis areas, and bikeways that wander along the Don River, home for rabbits and raccoons) at the geographic center of the metropolitan area. By public transport, take the Eglinton East bus from the Eglinton subway station (fare 60¢, free transfer), and get off at Don Mills Road.

The Centre steps down in three stages from the only knoll around. "We started by asking 'What is a museum?'" says Toronto architect Raymond Moriyama, who designed it. "I thought maybe it should be a fun institution that leads to revelation, geared not for efficiency but for discovery." The entrance and information building funnels visitors across a covered bridge into three towers of changing science exhibition, demonstration, and lecture space, where they are thoroughly jumbled. Then it spills down a long escalator into the valley building where the emphasis is on the environment and technology. Adults can turn left there, to check out life, the earth or the atom—but children will automatically spill right, into the extraordinary junior museum where every exhibit can be manipulated to produce light, noise, action, instruction. Dead center (clever planners) is the snack bar. Everything about the building—down to the windows that light the escalator, where native plants, insects, and a nesting robin have volunteered to provide a living exhibition of a micro-environment outside—is enlightening. Open daily, admission is $2 for adults, $1 for students, 50¢ for children under 12.

Back to the turn of the century: The collection of collections, archeology to zoology, that became the *Royal Ontario Museum* (ROM) on Queen's Park, was founded in 1912. Built gradually until Canada's largest museum, it's all in Victorian brick, with wood floors and the kind of echoing quiet seriousness among the display cases that schoolhouses and libraries used to have before the invention of linoleum. The ROM is known for its fine collection of Chinese art and archeology. The museum is open daily and the admission for adults is $1.50.

Important cities need an old and a new museum. Paris has the Louvre and the Pompidou Art Center, New York has the Metropolitan and the Modern, Toronto has the ROM and the *Art Gallery of Ontario* on Dundas Street West. It's older than the ROM, in fact, founded in 1900 and added to in 1918, 1926, and 1935, where things stuck until an $18 million renovation completed in 1974 gave it a new face. But the collection that inhabits its calm and open spaces is strongly 19th and 20th century, with an accent on Canadian artists. The Grange Court Restaurant in the terraced courtyard there, with somewhat haphazard service and good food, may be one of the pleasanter places for a leisurely lunch. The price luncheon for two: $20 to $25. The museum is open daily with the exception of Mondays and major holidays; the suggested admission price is $1.

Street life and the waterfront

The city as a whole is full of street life, encouraged by the ordinance makers, fostered by the planners and builders. There is, for instance, the Saturday Kensington Market on the borders of new Chinatown, just off Spadina. Everything from new sneakers to old furniture, from shawls to salad vegetables, appears in carts on the street. The shops are also worth looking into for cheese (the Global Cheese Shoppe) or one of some hundred varieties of bread (Lottman's Imperial Bakery).

For sit-down-and-eat sidewalk life, the cafés of Yorkville, around the corner from the Four Seasons, offer meals from French to Greek to barbecue. Boutique owners, craftspeople, and restaurateurs have refurbished its Victorian houses and turned it into a delightful village-like place to wander, browse, and buy. On the corner of Avenue Road, the new Hazelton Lanes adds a kind of indoor street life to Yorkville. A new living/shopping complex, its town house style is imaginative space to wander through; its outdoor garden restaurant becomes a skating rink in winter.

Then there's the waterfront. A ten-year plan for its development is underway. The sprawling railroad yards that separate the city from the river will vanish, to be replaced by a network of parks and a variety of purposes. The St. Lawrence Market, opened in 1968 on lower Jarvis Street, just this side of the tracks, is a walking tour all by itself, with 200-plus large and small retail spaces. Weekends are best there, when farmers bring in a lot of produce to add to the fish, flowers and fancy food for sale.

The two towers of Hilton's 1,000-room Harbour Castle Hotel, a new convention center at the foot of Yonge Street, straddle the ferry slip that leads to the Island Park. The harbor islands are a 600-acre tangle of islets thrown like a protective arm around Toronto's harbor, with beaches, gardens, marinas, bikeways, fishing, yacht clubs, and beer gardens. A 19th-century town with trolleys, old Fords, and a working pioneer farm allows you to pretend you are one of the 19th-century Canadians who strolled there. The ferry runs every 20 minutes, costs $1 (25¢ for children). The park is free.

Then there's Ontario Place, also on the water and the best children's playground I have seen. The 2-acre children's village has a forest of foam-filled

Continued on next page



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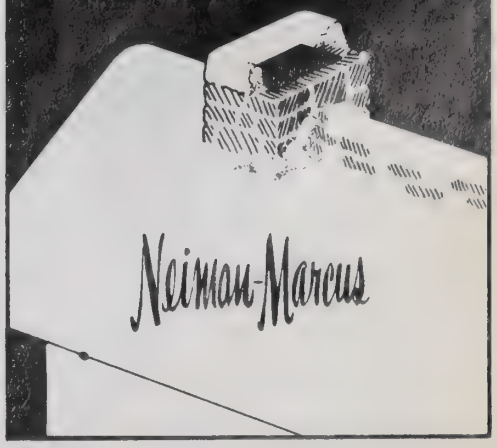
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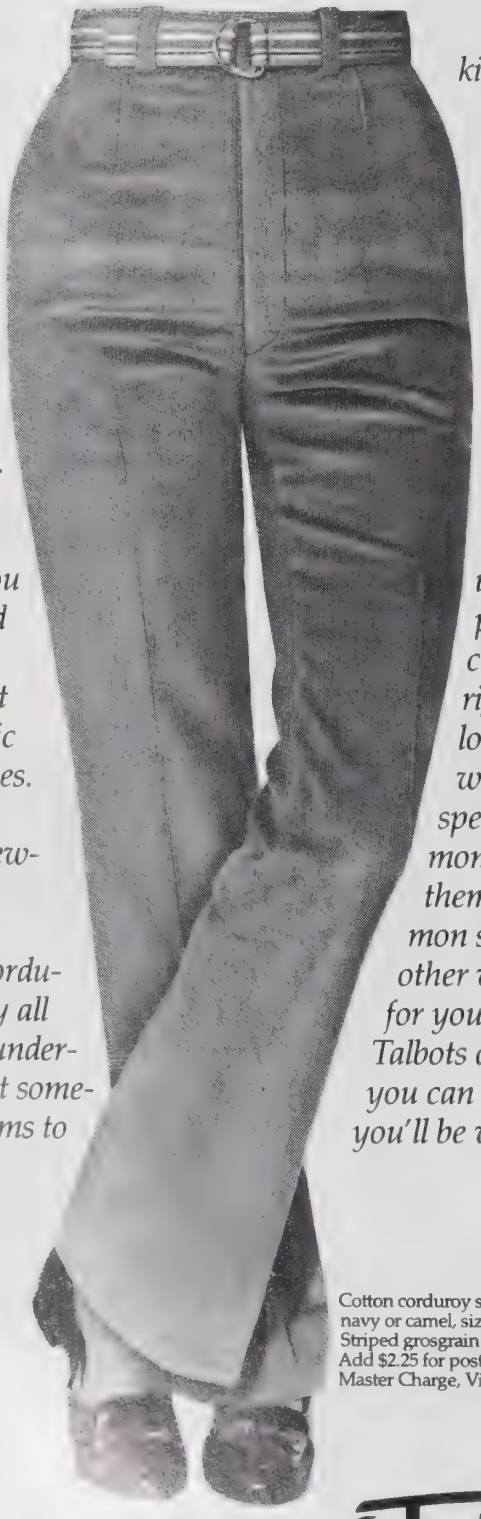
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bags to punch your way through, if you're under 14 or weigh less than 120 pounds, and a rope ladder on which to play Tarzan across a wading pool (attendants remove the shoes on one side, catch the child on the other, if necessary). A net-covered mountain can be Everest or the side of a pirate schooner. A run-and-jump rope affair is Spiderman or super-skier. A variety of trampolines, a gradation of tube slides for smaller children—sets and sets of swings—what more could a child want, except perhaps a wading pool that lets you shoot your friends with pedal-powered streams of water. Soaked and smiling, combatants run through a bird-shaped warm air "kiddie dryer" on their way out. Open daily during the summer, on weekends in the fall, admission is $2.50 for adults, 50¢ for children under 13. The fee covers everything. There are also lots of things for adults at Ontario Place.

Boats leaving frequently from Ontario Place make a scenic tour around the harbor and other islands.



Glass-domed shopping Galleria includes trees, fountains, shops.

Shopping

There's one more set of buildings that typifies old and new in Toronto. Simpson's Department Store building, finished in the early 1900s, has been declared a historic landmark. Recently renovated and expanded without touching the exterior, it's one of two Toronto mercantile landmarks. The other, across the street, is Eaton's, at the end of a great glass Galleria with trees, fountains, and shops inside something that looks like London's long-gone Crystal Palace translated into the 21st century. All that's left of the old Eaton's is the statue of Timothy Eaton sitting out in front. Toronto meets at Tim's Toe.

How to get there

Air Canada flies nonstop to Toronto from 8 U.S. cities: New York, Chicago, Cleveland, Boston, Los Angeles, Dallas, Miami, and Tampa. ■

Continued on page 75



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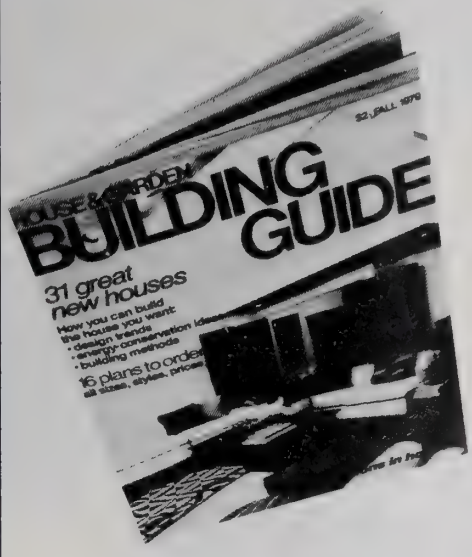


For the name of a store near you and a copy of the complete Goebel tableware brochure, send 50¢ to Dept. OM, Hummelwerk 250 Clearbrook Road, Elmsford, N.Y. 10523.

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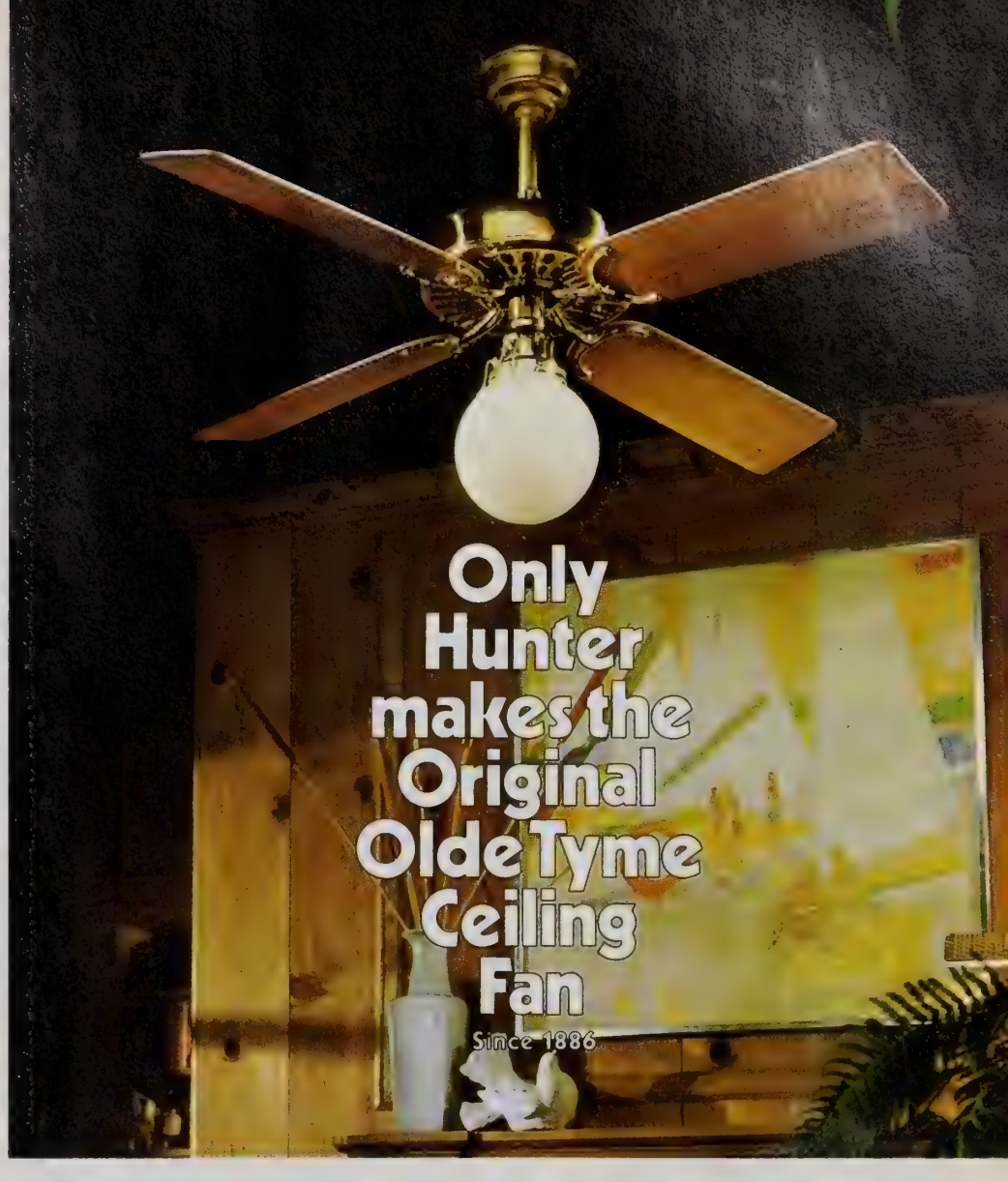
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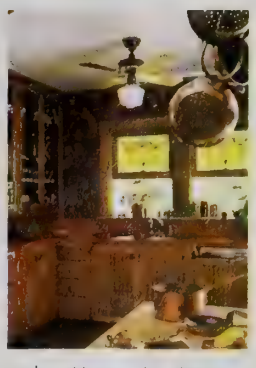
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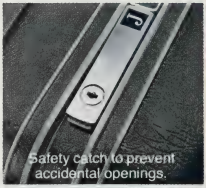
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MARGARET MORSE

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NEWS

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Sea Island

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Booklets to help you plan your trip

To plan better vacations, here are some booklets that give you information about where to go and how to get there. Just fill out the coupon below and return it.

1. You've Got Friends in Toronto lists eating places on The Esplanade, stores in Chinatown, things to buy at the historic St. Lawrence market, plus museums, hotels, and campgrounds.

2. With 80 pages of tours, Air Canada's **Yes! Canada** lets you pick a cruise on the Pacific Coast, take a jaunt through the Rockies, or sign up for a get-to-know-a-city tour. (In Nova Scotia, go up the coast through fishing villages, have lunch on the Atlantic, visit the Anne of Green Gables House on Prince Edward Island.)

3. The Traveller's Encyclopedia of Ontario/Canada covers the province area by area with maps and things not to miss in each town (the reconstructed Jesuit mission in Midland's Huron country, St. Catharine's Tivoli Miniature World near Niagara Falls, the locks and canals linking the St. Lawrence and Ottawa Rivers). Included are lists of country inns and restaurants, antiques shops, and historic forts.

4. Where to stay in Ontario: a province-full of hotels is listed in **Ontario/Canada Accommodations 1979**, along with prices, facilities, and phone numbers to call for reservations.

5. The **I Love New York Travel Guide** covers New York State from the Thousand Islands to the Hudson Valley. Tour a vineyard near Allegheny, visit Colonial Philipsburg Manor near the Hudson, and explore the Revolutionary War battlefield at Saratoga. Special events, like a September Oyster Festival in Greenport, Long Island, are also listed.

6. Go west—to Nevada, Utah, Colorado, Arizona, and New Mexico. The **Foremost West Vacation Adventure** brochure tells you the National Parks, ghost towns, and Indian villages to see—and describes 16 tours that will take you there.

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8. Wintergreen, a resort in the middle of the Blue Ridge Mountains of Virginia, has a mountaintop golf course (Devil's Knob), tennis courts, pools, riding, picnics, hayrides, and special events. Find out about the family plan and the special fall sports package in the **Wintergreen Vacation Guide**.

9. 11 trips you can take in a day—through North Carolina's Blue Ridge Mountains, Piedmont plantation country, the Outer Banks, plus 8 more—are all in the **North Carolina Tour Guide**. Hotels across the state are listed in the **1979 Accommodations Directory**. These two booklets in addition to a map with an extensive list of sights are all put out by the North Carolina Travel and Tourism Division.

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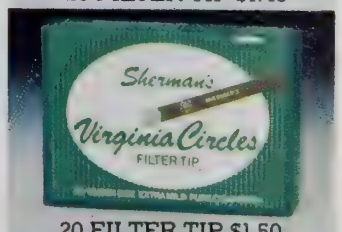
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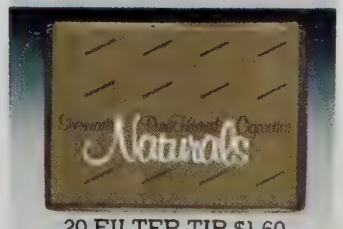
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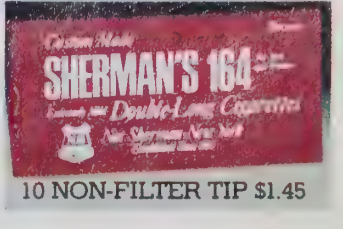
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DAVIS CUP

THERE'S ROOM FOR IMPROVEMENT

Whatever the style, location or condition of a house . . . if it's lived in, there's always room for improvement. Families change. Interests develop. Hobbies spread out. And, more and more, homes across the nation are becoming the favorite restaurants, the favorite spas, the favorite vacation resorts of the people who live in them.

September—Home Improvement Month—is the ideal time to adjust your home to needed changes . . . to improve it with quality products made by manufacturer members of the National Home Improvement Council whose company names are listed below. If your jobs are major, contact a contractor Council member in your community; he'll see that your jobs are done right. And for super home improvement ideas, read this issue of House & Garden very carefully. It's full of them.

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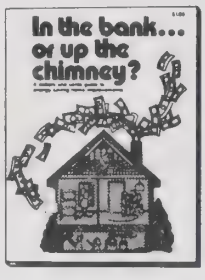
Handy ideas on home fix-up



Fill the tub before you caulk. (Get in if you can, too.) Then, when the tub is empty, it'll rise slightly and squeeze the caulk. Even a good flexible caulk (like Red Devil's) will serve you longer when the filled weight is not stretching it between the tub and wall.



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Go easy on the paint with your pad painter. If you let the pad soak up too much paint, you won't get the best possible results. That's why Red Devil has a patented metering tray designed especially for pad painters. It puts on just the right amount of paint to cover smoothly, evenly What could be easier?



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Remodeling made easier

BY SANDRA ODDO

How to set about a remodeling project to ensure a minimum of inconvenience and difficulty

Whether you are going to remodel an entire house or just a room, the process is one that requires thoughtful advance planning and a thorough understanding of the steps that must be taken, if you are to accomplish the remodeling with the least discomfort, expense, and delay.

"It's a wonderful experience, fraught with disaster," says one experienced remodeler. But a remodeled house is *your* house—you understand its workings because you have caused it to be reshaped to fit you. In order to do so, you have probably examined your way of living exceptionally closely. And you have acquired some knowledge of the physical workings of your community, the environmental nature of your part of it—your land—and the materials of which your house is constructed.

Planning the remodeling

Thorough planning saves time and money, and vastly increases the chance that you will get exactly what you want—and that you will enjoy doing it. Few people do more than one major remodeling, but it's an area in which experience can help. Here are some suggestions from people who have liked the process so much that they have done it more than once. The house Zeke and Elaine Heyman bought had singed floors, falling ceilings, and cramped, awkwardly-arranged rooms, but it was the only one for sale in an excellent urban neighborhood. A total remodeling job took a year and taught them a lot.

Edgar and Cornelia Rosenblum began with a burned-out shell. When they moved to the city, they found a 19th-century house in a historic district slated for urban renewal. Thirty-four tons of debris had to be removed before they could start building a 20th-century interior.

Richard Heimann likes barns. He turned one into a spacious house for himself, then did the same for a friend.

Robert Lamb started rescuing nearly derelict old buildings and got carried away—he's now on his fourth, a brick railroad building in a 19th-century mill town.

And builder Philip Seymour, who worked with Mrs. Heyman, remodels for a living.

How to get the project started

Once the decision to remodel is made, starting points are as diverse as the daydreams that precede them. They should lead quickly to practical action. "I began by looking at building, architectural, and decorating magazines," says Mrs. Heyman. "Then I thought about how we wanted to live—an open flow of rooms, a large workroom, storage space where I could reach it, wide doors and corridors, places for paintings, and a feeling of ease. Finally, I drew up a floor plan."

"It's one of the primary investments you make in your life," says Mr. Heimann, "so you should attack it seriously. First I find out what I *must* do, by law, in the way of wiring and plumbing and so forth. For that I go to my local building supervisor and say 'help!' That's what he's there for, and I've found him to be very cooperative and knowledgeable. Then I begin to exercise personal taste."

Begin with the basics. What's your terrain like? Is that hill under the house wet or dry? Where's the sun? Where's the prevailing wind? How's the existing fabric of the house? Are the beams and sills okay? Can the house take extra weight if necessary? Will it let you remove walls? ("Some of these things you simply can't know," says Mr. Seymour, "until you open the house up.") Should an engineer look at it?

Do you know what you want to do and how you want to do it? If you only know "what," not "how," perhaps you should consult a designer or architect. Could you use help exploring the possibilities of different materials? Begin to make a list of questions for the architect or builder, who may give you new ideas or suggest new methods.

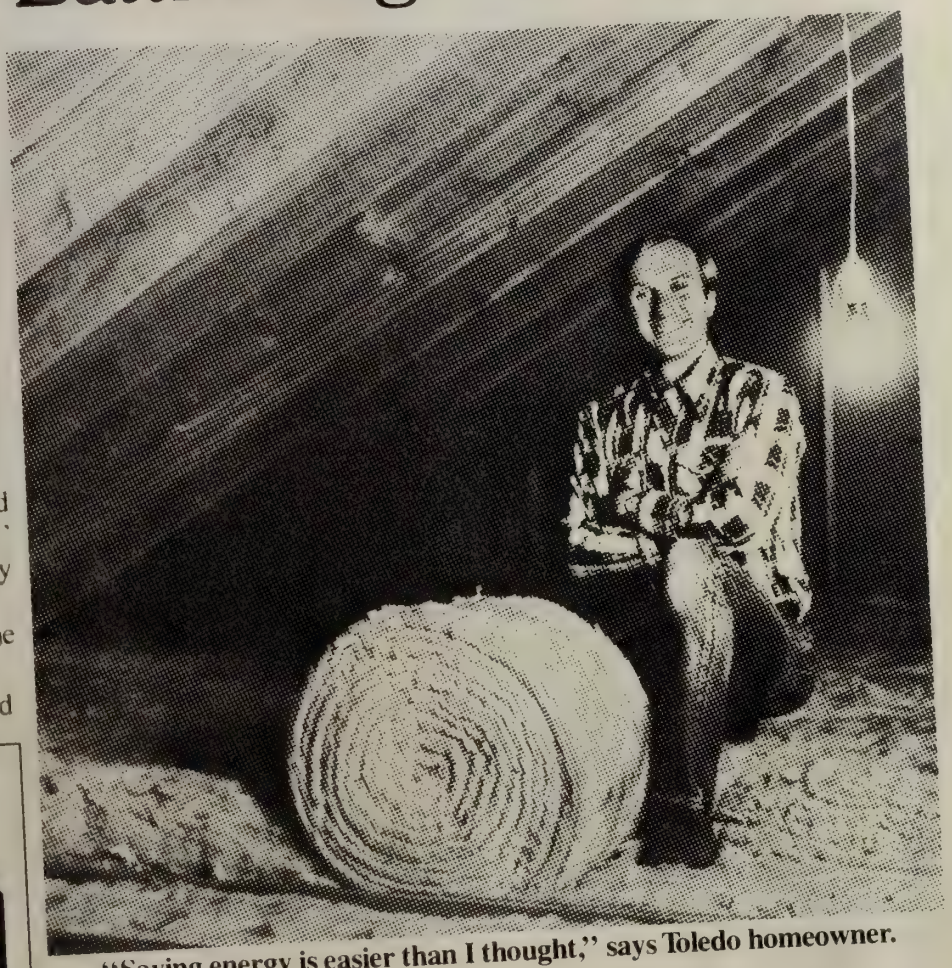
"In everything you do," says Mr. Seymour, "you should be thinking about reducing energy needs. Insulate. Avoid north-facing windows. Consider wood heat. Use storm windows."

Continued on page 85

Homeowner Battles High Fuel Prices

Adds Second Layer of Owens-Corning Fiberglas Insulation

Emerges From Attic Triumphant

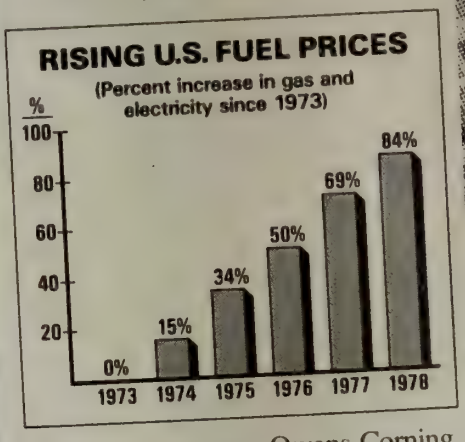


"Saving energy is easier than I thought," says Toledo homeowner.

TOLEDO, OHIO—"I was sick and tired of paying sky-high fuel bills," says Mr. R. Jenkins, "and I finally found a way to fight back."

Mr. Jenkins is referring to what he calls his "afternoon in the attic."

"Saturday morning I went out and bought some more Owens-Corning Fiberglas insulation. That afternoon I installed it myself. I figure with what I save on energy, the insulation will pay for itself over the next few years."



Part of a Trend

A lot of homeowners are installing insulation, spurred by soaring fuel prices (see chart).

As Mr. Jenkins says: "I already had insulation, but it was installed before fuel was so expensive. In my attic, *more* insulation will save *more* energy."

Mr. Jenkins has brought the levels of insulation in his attic up to the full 12" recommended for his area. "It was pretty easy," he says. "The insulation

(Continued on page C-11)

Tight Gas[illegible] Supplies Expected This Year

The energy battle is being waged all across America.

As the cost of energy goes up, homeowners are searching for places to conserve. And they find that the attic is a good place to start.

Even those attics which already have some insulation allow small amounts of heat to escape in the winter, and enter in the summer. As long as energy was cheap, this waste didn't matter.

But today, energy isn't cheap. So you may need more insulation.

In severe climates, an attic may need up to a *foot* of Owens-Corning Fiberglas* insulation, with insulating power of R-38. (R stands for resistance to heat. The higher the R-value, the greater the insulating power.) Even in balmier climates, attics usually need a minimum of six inches (R-19).



Your Owens-Corning dealer or contractor can help you figure the exact amount you need, depending on climate, type of fuel, and various other factors.

So if you're tired of paying sky-high fuel bills, come talk to us. We'll help you do battle.

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We love this old house. Every last creaking board and crooked doorway.
Redecorating it was a joy. With solid hand rubbed woods. Pewter. Brass. Rich carpet.
Quality things that will last. When our dealer recommended a carpet with face yarns
of Antron® nylon I wasn't aware that Antron® carpet resisted dirt, wear, crushing.
Even static shock. It's a lot more carpet than I planned on. Or even imagined.
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Kirsch

continued from page 80

The importance of drawings

To turn your vision into reality, you need drawings that interpret your plans to the people who will do the work. These can be sketches on the back of an envelope, if you and your builder have the kind of rapport Mr. Heimann had with some of his workers. But local building ordinances may not be so easily satisfied nor builders so clairvoyant. At this point a designer or architect might be helpful.

A good contractor is also adept with drawings. Mrs. Heyman, a sculptress accustomed to thinking in three dimensions, decided to work directly with the builder; Mr. Seymour turned her sketches into working drawings for his carpenters.

It's worth spending a substantial amount of time with the drawings. Are they clear? Do they accurately represent what you want? Do you and the builder agree on what is to be done, based on the drawings? Missed communication at this point can become serious later on. Does the builder have suggestions for modifications or changes? Are there materials you have overlooked? "I feel my job is to point out the options in each area," says builder Seymour. Changes on drawings take seconds—but changes in sheetrock and 2-by-4s, by workers earning $10 an hour, can be very costly and very irritating to other workers who have to rearrange their schedules while the changes are being made.

Finding the right people for the job

"To make life easier," says Mr. Heimann, "the contractor should be local." Ask the town building supervisor. Ask the vocational education teachers at the local high school. Ask at the bank or lumberyard. Ask friends—or strangers whose houses you admire.

Mrs. Heyman developed a quick contractor-evaluation test. "I'd show the drawings," she says, "and ask two questions: Can you do it? What's a ballpark estimate of the cost? If the contractor simply took the drawings away, I wasn't very happy. If he asked questions, I felt better. When I mentioned problems, if he talked about possible solutions, I was more interested than if he said 'Sure, it can be fixed.'"

None of the builders she consulted wanted to quote price. "I think some builders have difficulty in assessing the cost for custom work, something out of the ordinary line," she says.

In some areas of the country, the contractor will only work on a cost-plus basis—the cost of materials and labor plus a specified percentage for overhead and

Continued on page 88





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State _____ Zip _____

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continued from page 85

profit. ("Get your materials first, while the bid is still extant," suggests Mr. Heimann. "The cost for storage is less than the rate of inflation.")

Once you've tentatively chosen a builder, ask to see some of his other work. Ask the local bank about him. Check with his other customers. Has he completed work satisfactorily? Has he stood behind it and made repairs if necessary?

The importance of careful budgeting

Careful budgeting can matter enough to determine the difference between economy and extravagance. The same set of plans for the same house might cost different people, using different materials, very different sums. So draw the budget realistically, stick to it as closely as possible—and then, says Mr. Heimann, add 25 to 30 percent to cover the many imponderables.

If remodeling is intended at the time you purchase the building, it is often possible to include the probability cost of the work in the original mortgage, particularly if the purchase price is less than the bank estimated the building is worth. A second mortgage may be possible. Or, if the need for financing is short term, a personal note may be arranged. Most banks will allow payment for building work only in stages, but, according to Robert Lamb, if you have established some rapport with your bank officials, they may set up a special construction account for you, for payment as work is completed.

Banks require insurance on mortgaged property; be prepared for insurance on buildings that need work to be expensive.

A run-down building in need of renovation may run a special insurance risk if the replacement value of the building is less than the market value. If, for example, you buy and insure a building for $50,000, but it would cost $100,000 to replace the building, the insurance company may hold that you have tacitly coinsured the building for the difference and therefore, if, for instance, you had a $10,000 fire loss, would pay you only that fraction of the *replacement* cost that was insured ($50,000/$100,000 or half the loss—$5,000). To avoid this, you should get a written agreement that there will be no coinsurance penalty, says Mr. Lamb.

What's going to happen once the work starts

A remodeling job frequently finds inhabitants camping out in the midst of falling plaster dust and rising rafters. The trick is to weather the onslaught as gracefully as possible, with reasonable patience and good humor. Two things can help: Well-done advance planning, which could shorten the period of upheaval, and an understanding of the construction process.

A typical builder with a medium-size business works outside during the contruction season from sun-up to sundown. After dark he meets with clients and goes over estimates, plans, and bids. He may hire some 25 people on a daily regular basis. He may be involved in up to a dozen projects at once, orchestrating his plumbers and electricians in a complicated game of musical chairs with his rough carpenters and plasterers. He is worried that almost any kind of problem can leap out at him from walls closed up for fifty years, scrambling his bid and his schedule.

"The biggest misconception that people have," says builder Seymour, "involves the time element. Only a certain number of people can do a certain quality of work." They move in a parade through the house, demolishing old walls, correcting problems, wiring, plumbing, rebuilding, replastering, refinishing. A hitch at any point (like a last-minute change of mind) leaves the whole line-up standing around. The builder's usual solution is to send the person who is waiting off to another job, and then *you* wait, until your project can be fitted back into the schedule. Snow and cold are worse; materials turn recalcitrant and workers' hands stiffen and slow up. A roof takes twice as long to put on—so it's bad planning to order one in, say, November. Unexpected events, like small projects that mushroom into big ones, play a role. The builder waits, too, as lumber or materials he has ordered are late in arriving.

The possibility of spontaneous changes

Despite the obvious need for tight coordination, there should still be room for spontaneous creativity during the construction process. Mrs. Heyman noticed a sale on third-grade lumber, good enough for the rustic paneling she wanted; she checked with her builder and found that it would cost no more than the processed paneling that had been planned. Mrs. Rosenblum lowered an enormous 7-foot ceramic bathtub (built for President Taft) through the roof by crane into the new bathroom.

"You should make a deadline for the work," says Mr. Lamb, "because it makes you more adamant with yourself and others. But make it a reasonable deadline." He works from the outside in—roof, then foundation, sills and floor, then exterior walls with the nerves and muscles of the building that run through them in the forms of wire, wood, and insulation, and finally interior structural changes.

Continued on page 92



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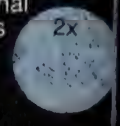
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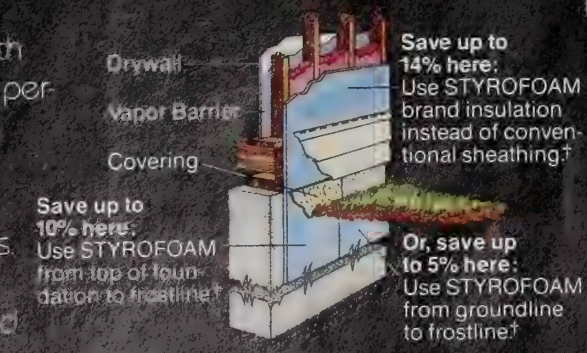


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ARNING: STYROFOAM brand insulation is combustible and should be properly installed. For residential nstruction, a minimum of ½" gypsum board interior finish should be used. For specific instructions see Dow erature available from your supplier or from Dow.

continued from page 88

The owner's responsibility

How much overseeing should you do? "Everything in a remodeling project is detail," says Mr. Heimann. "If you don't know it, you can get slaughtered. You have to stay on top of it because costs can so easily get out of hand."

Mrs. Heyman took a very active role during construction. She okayed Mr. Seymour's suggestions that the porch columns ("I thought they'd be needed for support") be eliminated and that a sunken garden be substituted for basement window wells. She caught a couple of errors. She speeded the work by being there to answer questions and make on-the-spot decisions. "It took a lot of time," she says, "but I think it's essential if you are not building an average house." Mrs. Rosenblum served as her own contractor, while dealing with her own work as a graphic artist. The project went so well that she has since added remodeling to her professional skills.

Hindsight, or rules of thumb

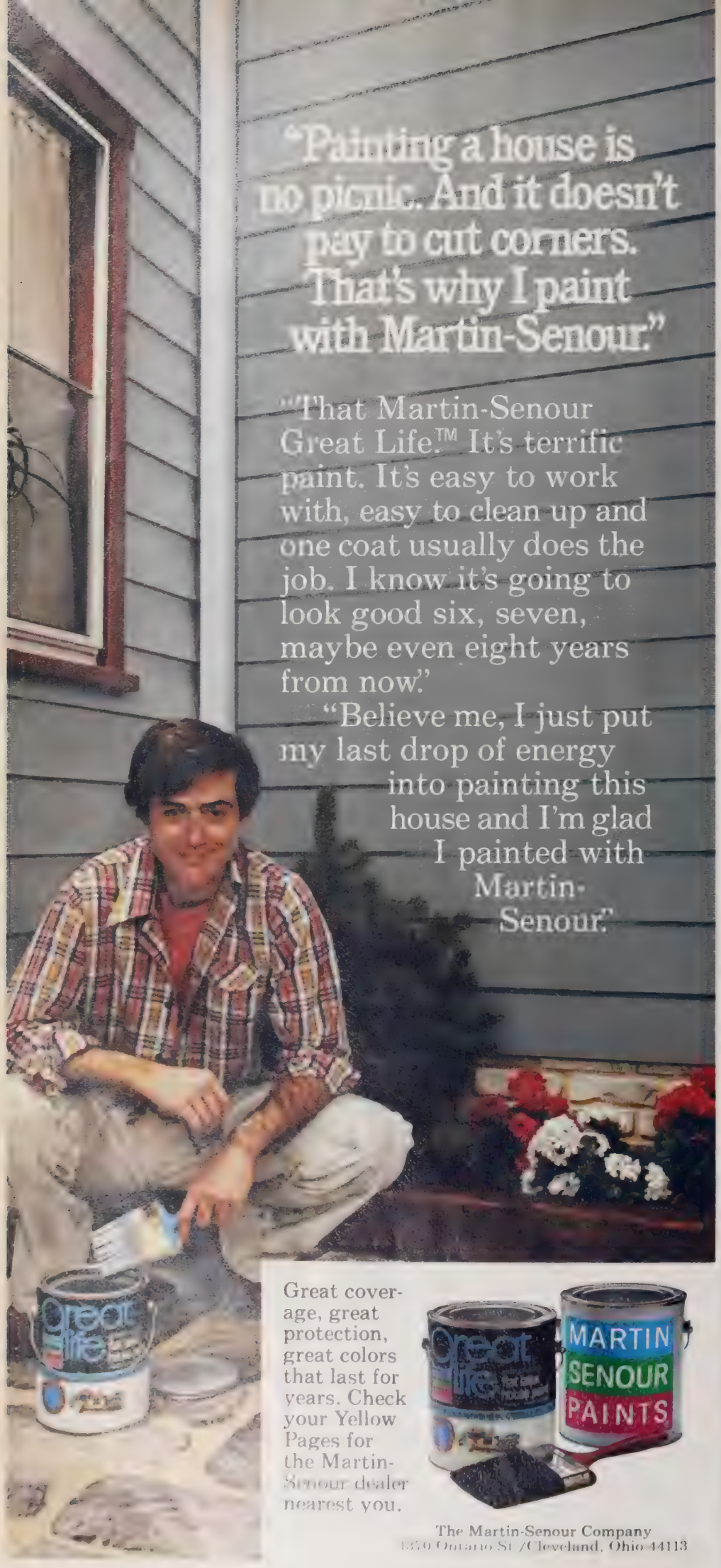
"Learn how to listen to the builder," says Mrs. Heyman, "but if you know what you want, and why you want it, insist on it."

Veterans of remodeling projects smile wryly at one another when they meet, and agree that two general rules are true of all remodeling projects, whether wall-to-wall reconstruction or a simple new bathroom: It's going to cost more than you thought it would, and it's going to take longer than you thought it would. Murphy's Law also applies: If something can go wrong, it will.

But the inverse of Murphy's Law—unnamed as yet—seems to be specially true of house-saving and house reshaping work. That is: Things will work out better than you'd hoped. And one morning you will awake to find the house finished. The experience strikes some people so forcefully that they go out and do it again. ■

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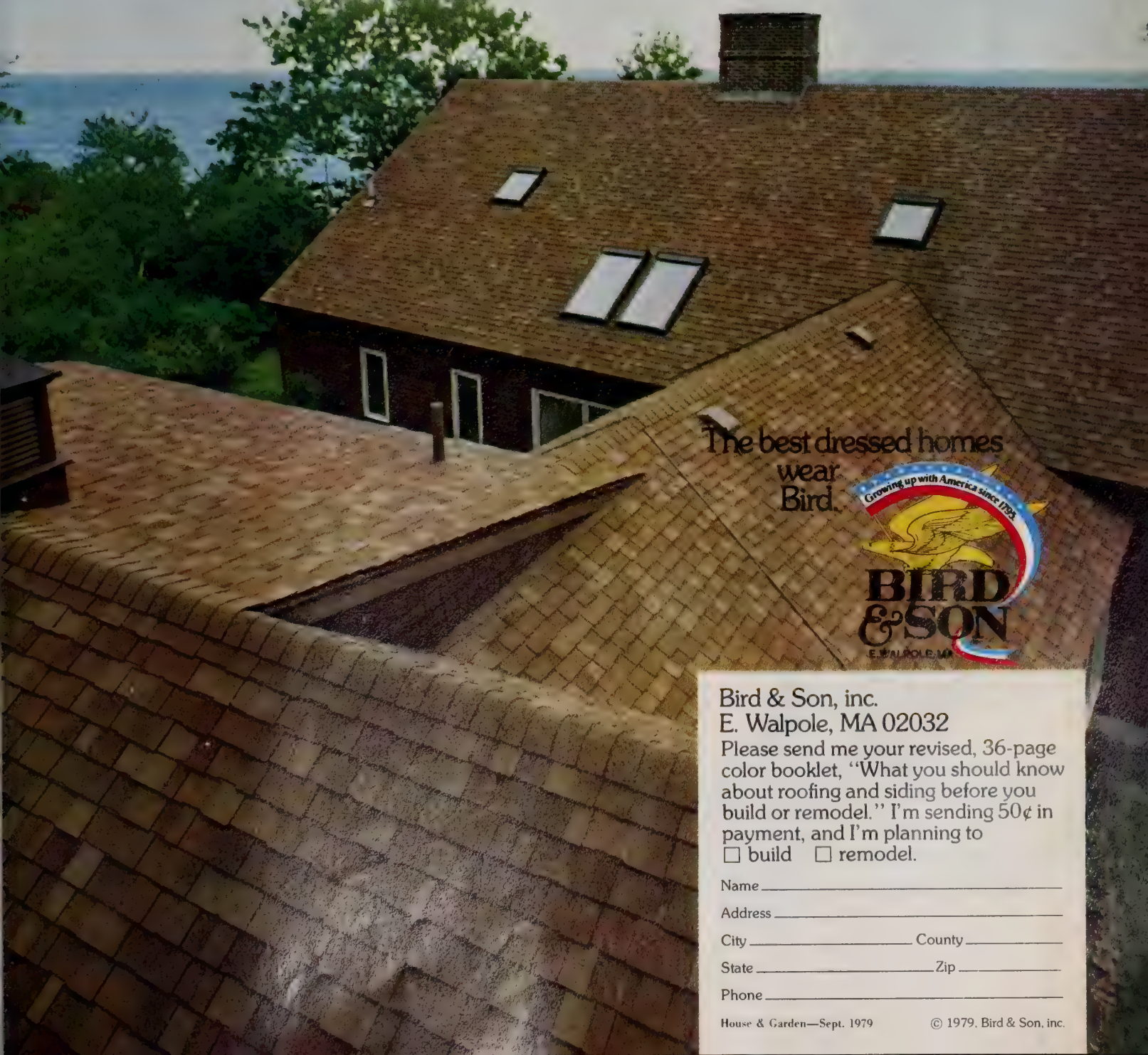


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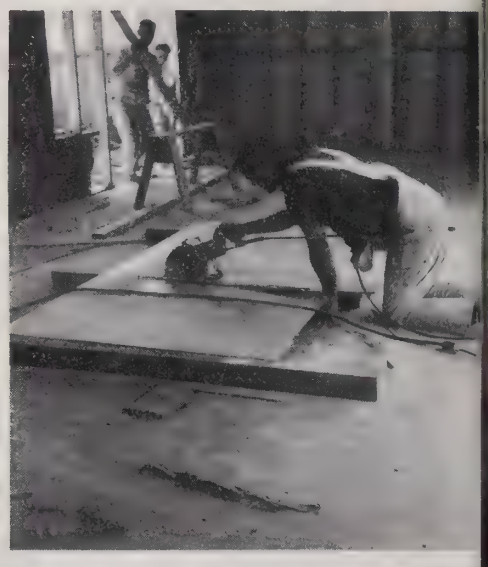
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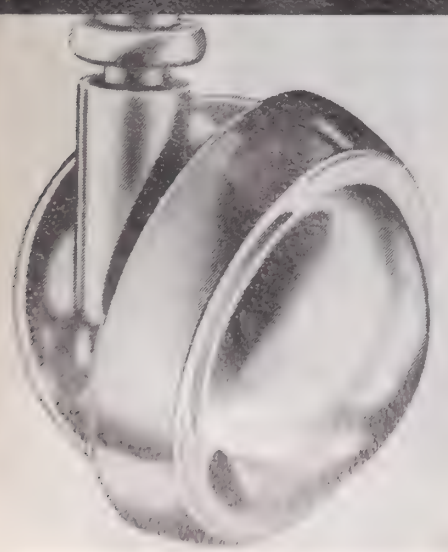
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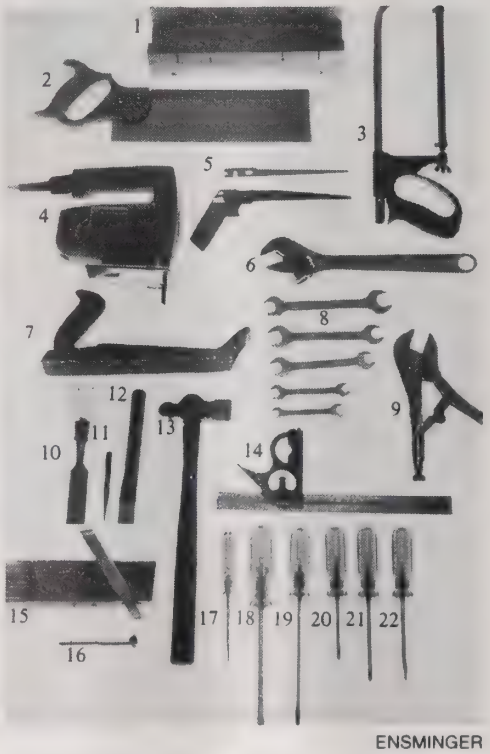
Tools for a basic home workshop plus the easy way to strip furniture

Q. What tools do I need to start stocking my home workshop?

A. With the basic tools below, you'll be able to tackle most around-the-house jobs, but for more advanced carpentry and repairs, the tools in the supplementary list can save you a great deal of time and effort. When you do not have a particular tool that you need, don't try to make do with a different one. Buy the tool—the investment will be worthwhile. As the need arises, add the tools on the supplementary list to your workshop. Purchase well-constructed, medium- to higher-priced tools, produced by reputable manufacturers, since these firms do try to maintain quality in the production. Do not buy cheaply made bargains. They are usually of inferior materials and do not stand up well under use.

Basic tools: 16-ounce claw hammer; 12-foot steel measuring tape; ⅜-inch variable-speed reversible electric drill (can regulate speed high for wood and slower speeds for metal and masonry); small set of drill bits; combination square (includes 12-inch rule, level, and scribe in its parts); putty knife; 25-foot 3-prong extension cord; surface forming plane (does the work of a normal plane without chewing up the wood surface or cutting too deeply); utility knife with retractable blade (best knife for trimming various materials); 12-inch adjustable wrench (large enough to fit over plumbing waste nuts); slip-joint pliers (has two sizes for grabbing and holding); screwdrivers—both regular blade for ordinary slotted screws and Phillips blade for recessed Phillips-head screws; 26-inch 11-point crosscut saw (enough teeth per inch for semi-rough or semi-fine cutting work).

Additional tools: 24-inch level; electric saber or jig saw (an excellent saw for cutting curves, holes, etc.—an electric tool that can be easily operated); set of open-end wrenches (small wrenches that fit over specific sizes of nuts and bolts, can reach into narrow spaces that a large adjustable wrench will not); locking pliers (will clamp down with great force to remove or tighten nuts and bolts or serve as a clamp for smaller things); hacksaw (used primarily to cut metal); miter box and back saw (to cut moldings and frames); cabinet tip or electrician's screwdriver (thin shanked with same size blade for fine work); stubby screwdriver (short shank for work in small spaces a longer screwdriver wouldn't fit in); regular blade and Phillips blade screwdrivers in several sizes; offset screwdriver (two blades set at a right angle to each other—reaches into inaccessible places); handy file (one-piece file with its own handle); awl or screw starter (can be used for pilot holes in soft wood); folding rule with extension (becomes rigid when unfolded—takes and holds exact interior dimensions); long-nose pliers (retrieves and holds things in inaccessible areas); staple gun; wood or rubber mallet (used to coax materials without marring); rasp (quickly opens up areas in soft materials); trowel; set of wood chisels; cold chisel (used with a hammer on masonry); ball-peen-head hammer (used to strike other metal tools such as cold chisels); compass or keyhole saw (sharp pointed saw for manual cutting of curves and cutouts); 7¼-inch circular saw (electric saw used for fast cutting of straight lines only—should be used with care).



ENSMINGER

1. miter box; 2. back saw; 3. hack saw; 4. electric saber; 5. keyhole saw; 6. adjustable wrench; 7. surface forming plane; 8. open end wrenches; 9. locking pliers; 10. wood chisel; 11. nailset; 12. cold chisel; 13. ball-peen hammer; 14. combination square; 15. folding rule; 16. off-set screwdriver; 17. awl; 18, 22. regular blade screwdrivers; 19. electrician's; 20, 21. Phillips.

Q. What should I know about stripping furniture before I begin?

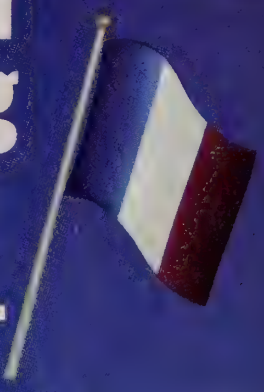
A. Stripping furniture is not a difficult job—the basic instructions on the can of stripper are straightforward—but a little

(Continued on page 100)

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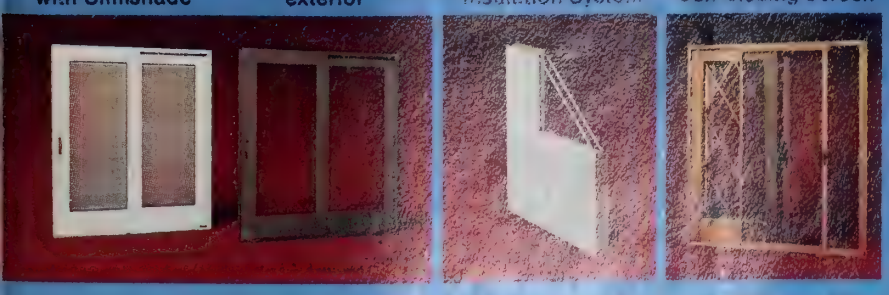


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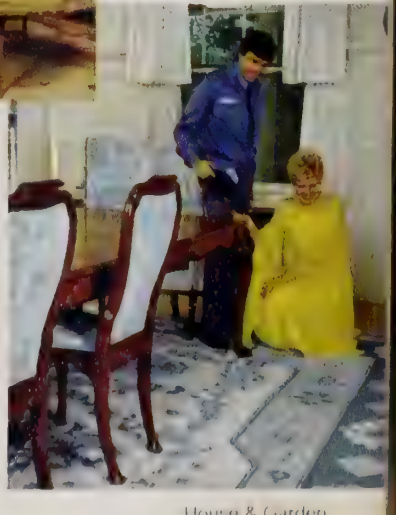
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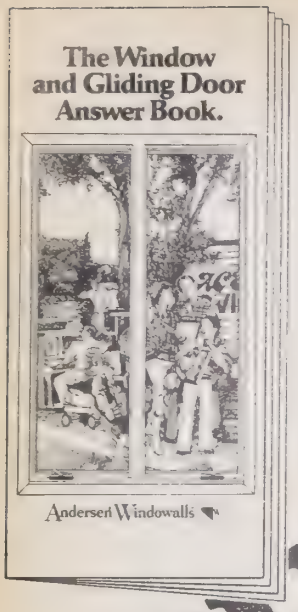
However, the beauty of this material goes way beyond the surface. It needs little care. And it holds up so incredibly well, you'll appreciate it for a lifetime.

In the picture you'll find design ideas that demonstrate the unusual versatility of ceramic tile. Renaissance Gold, a unique glazed tile (no two are alike), is used on the walls and vanity. The floor and sunken tub are sculptured with Topaz ceramic mosaic tile trimmed with Seal Brown. Visit any American Olean Color Center listed in the Yellow Pages. For details, plans and a copy of "Decorating Ideas," send us 50¢. Mail to: American Olean Tile Company, 2652 Cannon Avenue, Lansdale, Pa. 19446.

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continued from page 96

know-how will ensure good results. The best water-wash-type stripper to use is the thick, heavy-bodied one that comes in a semi-paste. It is easy to apply and won't run. Also, make sure you have a natural-bristle brush. (Stripper will cause most synthetic bristles to disintegrate.)

Plan to work in an area that has very good ventilation—stripper has strong fumes—and nothing beats the outdoors. But do it in the shade: Summer sun and too much heat (over 80°) will cause stripper to dry out prematurely. When applying the stripper, wear long pants, long sleeves, rubber gloves, and glasses or goggles to avoid splatter burns.

Cover the ground with several layers of newspaper and place the piece of furniture on top. Load the brush with stripper and paint on an even thick layer, working in one direction so you can be sure you've covered the entire area. Special treatment for furniture with a heavy coat of paint or varnish: Cover the wet stripper with a sheet of aluminum foil to prevent the moisture in the stripper from evaporating until it has had a chance to thoroughly penetrate the wood. Usually it will take at least 10 minutes for the stripper to soften the coating enough for scraping. When the finish lifts and starts to blister, give it a test scrape to be sure it is soft enough. If the finish doesn't lift from the wood, give the stripper more time to work.

Scrape with a wide blade knife—file the corners first to avoid scratching the wood. Use long, pushing strokes to remove the finish. A soft brass-bristle brush will help coax finish from ornately carved areas. Don't worry if all the paint or varnish doesn't come off with one treatment of stripper—just follow up with another.

Once the wood is free of the finish, scrub it with steel wool and either water or a solvent like benzine. (Don't use water on veneered furniture, which may be made with water-soluble veneer glue.) Shorn of its finish, the wood may look blotchy and unevenly colored—this is normal. The new finish will make every-

Fuel safe

Flammable fuel such as gasoline or kerosene needs an absolutely safe container. The 'Explosafe' has a heavy-gauge steel body and a cellular honeycomb-like structure of aluminum alloy called 'Explofoil'. If the container is exposed to fire, it is claimed, this material will distribute and dissipate the heat and isolate the fuel into small portions to prevent an explosion. The can has a flame arrester in the neck opening to keep out flames and sparks, a leak-proof spout, and a



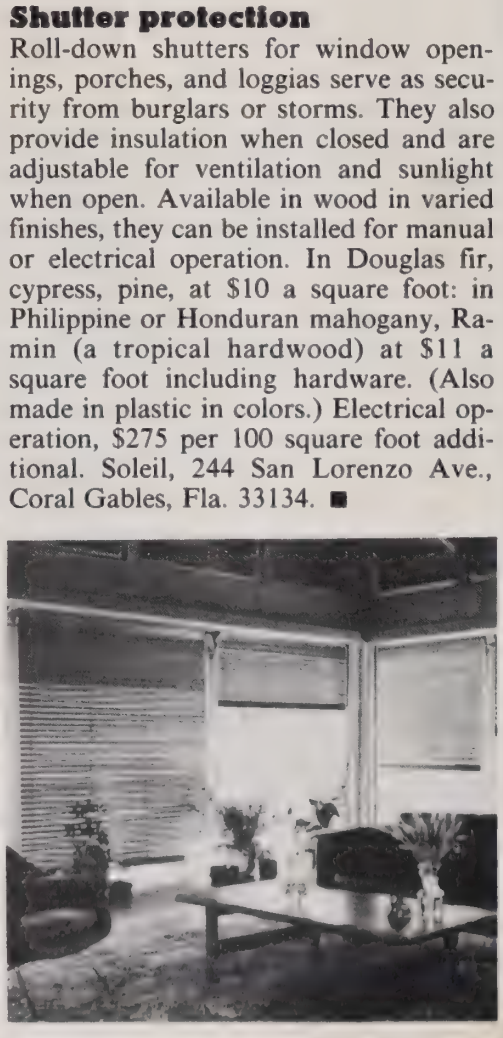
way to vent vapors inside the can if it gets too hot—a fusible plug that melts at 150 degrees. In 1, 2½, and 5-gallon sizes, $25, $32, $40. Kidde Belleville Div., Walter Kidde & Co., 675 Main St., Belleville, N.J. 07109.

Clean the air

A housewide electronic air cleaner for homes with forced warm-air heating and cooling systems is "Clear Day." It replaces the usual air filter in the system; you simply slide in the cleaner instead. Equipped with a collector cell connected to a solid-state power pack (it plugs into any 110-volt electric outlet), the cleaner acts as a magnet, removing 99 percent of dust, dirt, smoke, pollen, and lint entering the unit from the air-duct system. Pollutants pass through an ionizing section where they receive a positive charge and then enter the collector cell where they are entrapped by negatively charged plates. $200, Air Control Industries, Inc., P.O. Box E, Guilford, Conn. 06437.

Shutter protection

Roll-down shutters for window openings, porches, and loggias serve as security from burglars or storms. They also provide insulation when closed and are adjustable for ventilation and sunlight when open. Available in wood in varied finishes, they can be installed for manual or electrical operation. In Douglas fir, cypress, pine, at $10 a square foot: in Philippine or Honduran mahogany, Ramin (a tropical hardwood) at $11 a square foot including hardware. (Also made in plastic in colors.) Electrical operation, $275 per 100 square foot additional. Soleil, 244 San Lorenzo Ave., Coral Gables, Fla. 33134. ■



The range that grills without a hood...



Jenn-Air. The range *that* breathes.

The Jenn-Air Grill-Range lets you sizzle up all your family favorites indoors. Because only Jenn-Air pulls smoke over and around the meat, then vents it away. So you'll get that great, smokey char-flavor of outdoor cooking right in your kitchen. This patented Jenn-Air ventilation system also helps keep your kitchen clean and fresh, because there's no bulky hood to collect grease and dust. And the Jenn-Air Grill-Range is perfect for a fashionable island unit, where an unsightly greasy hood would get in your way. In addition to grilling, handy plug-in units let you spit-roast, shish-kebab, griddle, and deep-fry. All on the range that breathes. All without a hood.



Below the Grill-Range, the Jenn-Air has a conventional electric oven. Just flip a switch for a convection oven that cooks quicker and keeps meats juicier in a swirl of hot, fresh air

For a Jenn-Air dealer near you, see the Yellow Pages, call toll free 800-428-4560, or write Jenn-Air Corporation, 3035 Shadeland Ave., Indianapolis, Ind. 46226

The Jenn-Air Grill-Range.

® The range that breathes.



Flowered stick-ons add texture and slip-resistance to an otherwise slippery tub.

Which slip-resistant bathtub

Last year 67,000 people were injured in bathtub accidents. So while a flowered bathtub might look a little silly, it would certainly be safer than a plain shiny tub.

But why bother going to that extreme when you don't have to. Consider the Owens-Corning bathtub—the world's first unshiny bathtub.

It's more slip-resistant.

The Owens-Corning bathtub isn't as slick as a shiny tub. Instead it has a softly textured finish. Not just on the bottom, but all over.

Stepping in is safer. Showering is safer. And when sitting in the tub, you're much less apt to slide around.

In short, the Owens-Corning bathtub is a safer place to take a bath than your ordinary shiny tu

It's chip-resistant.

Instead of a thin layer of delicate enamel, the finish of the Owens-



A textured surface gives this Owens-Corning tub built-in slip-resistance.

ould you rather live with?

rning tub goes all the way
ough the fixture. There's no thin
neer to chip or peel.

It won't wobble.

e Owens-Corning tub has struc-
al ribs molded into the under-
e for extra support. They provide
ength, rigidity and impact-resistance that's more like the structure of a battleship than a bathtub.

Nine colors.

Choose from nine popular bathroom colors. And keep them bright with most any nonabrasive cleaner.

Your builder or plumbing contractor will show you how beautiful (and how much safer) an unshiny bathtub can be. Or write L.H. Meeks, Owens-Corning Fiberglas Corp., Fiberglas Tower, Toledo, Ohio 43659.

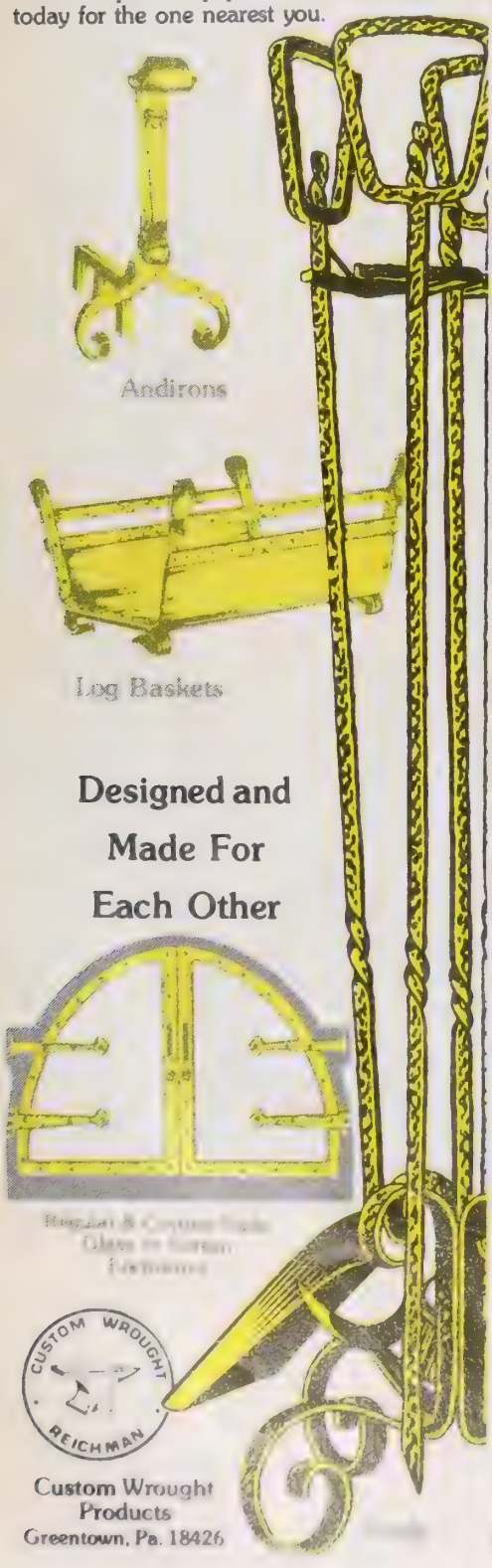
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Reichman's wrought iron fireplace tools & equipment in just a short period of time have become the overwhelming choice of leading decorators and thousands of homeowners throughout the country. Now ... because of many, many requests, the Reichman line is being offered in a New Buff Brass finish, in addition to their popular Black and Pewter finishes. Ask to see the Reichman line at better fireplace equipment stores, or write today for the one nearest you.



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CUSTOM WROUGHT REICHMAN

Custom Wrought Products
Greentown, Pa. 18426

All about borders

BY MARGARET MORSE

A buying guide to decorative borders plus tips on putting them up

Where to find ready-to-trim wallpaper borders

Through interior designers and department store decorating services only:

Brunschwig & Fils, 979 Third Ave., New York, N.Y. 10022

Clarence House, 40 E. 57th St., New York, N.Y. 10022

Cowtan & Tout, 979 Third Ave., New York, N.Y. 10022

Jones & Erwin, 232 E. 59th St., New York, N.Y. 10022

Louis W. Bowen, 979 Third Ave., New York, N.Y. 10022 (which also represents Scancelli)

Margowen, 979 Third Ave., New York, N.Y. 10022

Patterson-Piazza, 979 Third Ave., New York, N.Y. 10022

Scalamandré, 950 Third Ave., New York, N.Y. 10022

Schumacher, 939 Third Ave., New York, N.Y. 10022

Many of the above sources have striped wallpapers that could be cut into borders as well.

At retail and by mail:

Laura Ashley, 714 Madison Ave., New York, N.Y. 10021. Also in Boston; San Francisco; Westport, Conn.; Washington, D.C.; 4 Canadian cities; and, opening soon, in Chicago. Two styles of wallpaper borders in a range of colors. For a brochure, send a 28¢-stamped, self-addressed business envelope with your request.

At selected wallcoverings stores across the country. Write manufacturers for names of stores nearest you:

Inaltera Wallcoverings, 221 King Manor Dr., King of Prussia, Pa. 19406. Attn.: Reader's Service. Several vinyl and vinyl-coated wallcoverings collections—including some prepasted ones—contain borders.

Reed Wallcoverings, P.O. Box 105293, Atlanta, Ga. 30348. Attn.: Mary Claire Solari. For papers from which borders could be cut, ask for the new Lloyd "Bright and Beautiful Collection" by Reed.

Thomas Strahan, 10 New England Plaza, Burlington, Mass. 01803. Many repeat-striped wallpapers you could cut into multiple borders.

Borders for children's rooms. A wallpaper frieze showing scenes from *Beatrix Potter* books is available from Frederick Warne & Co., 101 Fifth Ave., New York, N.Y. 10003: Three strips each 10 inches high and 39 long can be lined up to make a 3¼-yard repeat and cost about $3.50 postpaid, plus any sales tax. Orders must be prepaid. Brightly printed cars and trucks roll across *Marimekko's* "Boboo" wallpaper border. For store nearest you, write Marimekko, c/o Motif Designs, Inc., 6 Pleasant St., New Rochelle, N.Y. 10804.

Where to find fabric borders

Through interior designers and department store decorating services only:

Scalamandré, 950 Third Ave., New York, N.Y. 10022. Ready-to-trim fabric borders.

Greeff Fabrics, 155 E. 56th St., New York, N.Y. 10022. No ready-made borders, but a number of fabrics edged with borders.

Schumacher, 939 Third Ave., New York, N.Y. 10022. No ready-made fabric borders, but many repeat stripes from which multiple borders could be cut.

At retail or by mail:

La Provence de Pierre Deux, 353 Bleecker St., New York, N.Y. 10014. Also in Boston, Houston, Seattle, and—in California—Beverly Hills, Carmel, and San Francisco. Opening in September: Kansas City and Palm Beach. Rolls of ready-to-trim fabric borders. For some patterns, see this month's Needlecraft and Colorful Borders stories.

At retail:

You might also scout decorative fabric shops such as Calico Corners (36 stores in 20 states) or Fabrications (stores in Boston, New York, and Philadelphia, plus 400 dealers across the country) for patterns you could cut into borders.

Woven tapes, fringes, cordings, and trimmings

Through interior designers and department store decorating services only:

Those by Brunschwig, Clarence House, Scalamandré, or Schumacher (addresses listed above).

At retail:

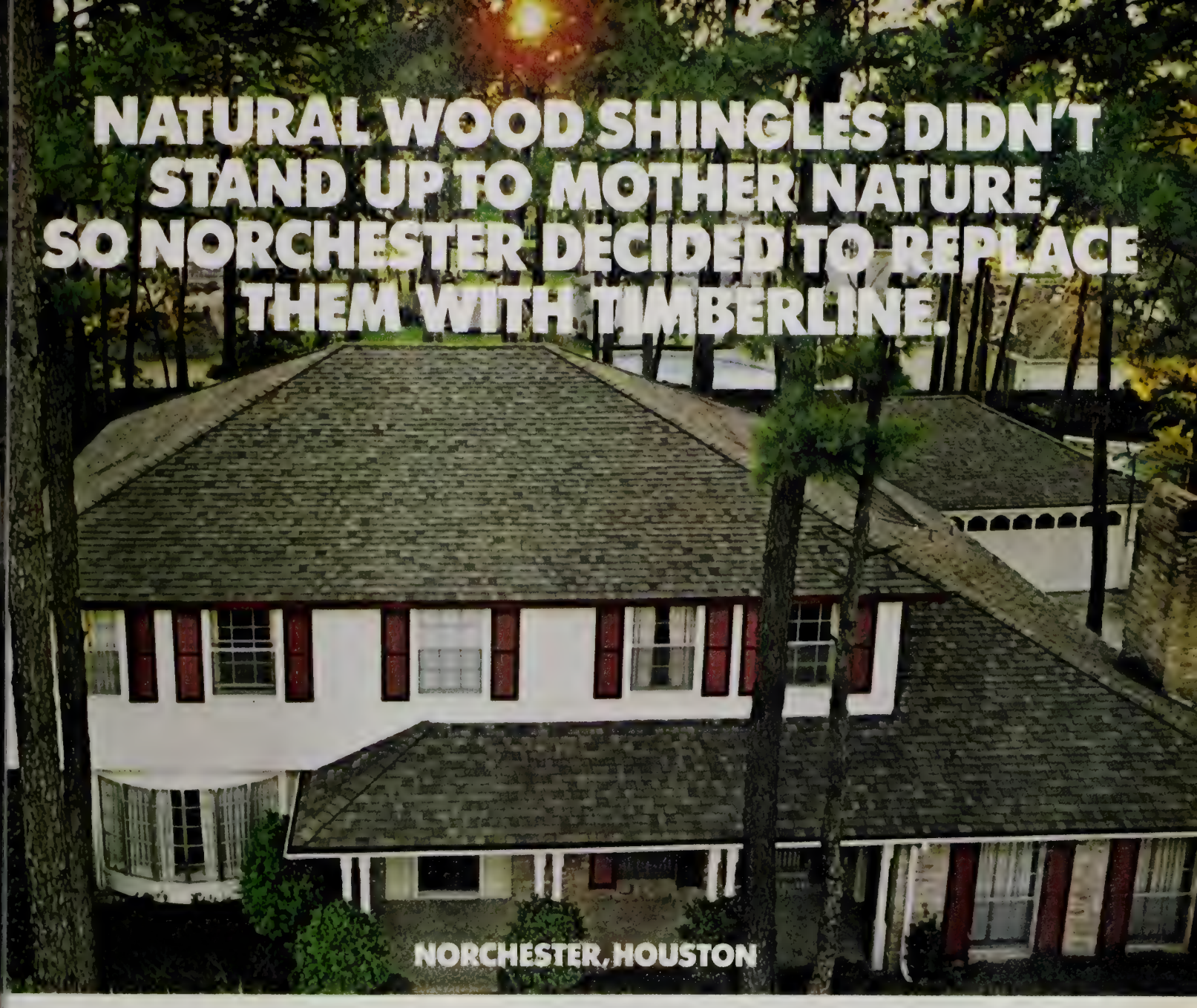
Trimmings by Conso are widely distributed in home sewing shops. Also consider ribbons or lace.

Where to find architectural interior borders

Start your search in the Yellow Pages. In metropolitan areas the heading "Moldings" will generally give a number of sources for wood, metal, and plastic moldings. Other useful headings are "Lumber—Retail" and—for custom wood moldings—"Millwork." And "Plastering Contractors." For smaller "eye level" projects such as trimming a chest or decorating a door, you'll find

Continued on page 106

NATURAL WOOD SHINGLES DIDN'T STAND UP TO MOTHER NATURE, SO NORCHESTER DECIDED TO REPLACE THEM WITH TIMBERLINE.



Mother Nature is quite capable of delivering weather no shingle can stand up to. So it comes as no surprise that a severe storm destroyed the original wooden shingles used to roof a Houston neighborhood.

While we're not guaranteeing we'll stand up to this horrendous weather any better than wood, we do think they've chosen the right brand of asphalt shingles to reroof their homes. Timberline,® the number one selling asphalt shingles of their kind.

They bear an uncanny resemblance to wood. But their real beauty lies in their superb strength and durability.* Timberline shingles have a ceramic baked, granular surface that resists fire and blocks the harmful ultra violet rays that eat away even the best of roofs. They're also composed of the highest quality, scientifically refined asphalt. So they repel water.

And Timberline shingles have a self-sealing agent that works with the sun to form a wind resistant one piece roof. So your investment won't blow away.

To find out more about Timberline shingles, get in touch with your nearest GAF dealer through the Yellow Pages. Or call toll free 800-223-0344, in New York call 800-442-8169.†

If you put anything other than Timberline on your roof, you may be wasting your time. Not to mention your money.

GAF® TIMBERLINE®
ASPHALT ROOFING
On top of the industry.

*See GAF "Limited Warranty Asphalt Shingles" for specific details of coverage on Timberline. This warranty is available free by writing to the GAF Corporation, Building Products, Dept. T979, Box 1121, Radio City Station, New York, 10011. †In Metropolitan N.Y. area call (212) 582-7600, ext.8027.



See the many ways Pella Wood Folding Doors can make the most of the space you have and save money, too. You can add a closet, divide a room or close off an area without changing your floor plan, and without the expense of building stub walls and dropped headers needed for ordinary doors. So you save on building materials and labor. Pella doors are available in contemporary and traditional designs, in genuine wood veneers and wood grain vinyl.



Send for Pella's free color brochure today and get the whole story on solving space problems easily, with folding doors.

Name

Address

City

State

Mail to

Only Pella offers it all.

continued from page 104

small, pre-finished moldings at picture-framing shops, listed under "Picture Frames—Dealers."

Below, some mail-order sources for architectural moldings. In parentheses are the materials of the moldings each company makes. Plaster and polyurethane moldings are sold ready-to-paint; wood ones usually are unfinished, ready to paint or stain.

Bendix Moldings, Inc., 235 Pegasus Ave., Northvale, N.J. 07647 (Wood and, suitable for inlaying furniture, a few aluminum T-moldings). Specify the architectural moldings catalogue, $1.

Decorators Supply Corporation, 3610-3612 So. Morgan St., Chicago, Ill. 60609 (Wood, composition, and plaster) Wood and composition moldings are shown in the 300-page Woodwork-Furniture Ornaments catalogue, $13. Plaster moldings are shown in the Plaster Ornaments catalogue, $2. There's also a Wood-Fibre Carvings catalogue, $1; Capitals and Brackets catalogue, $2; Mantels catalogue, $1. All five catalogues, $19 ppd.

Driwood Moulding Company, P.O. Box 1729, Florence, S.C. 29503 (Wood) Catalogue, $2.

Felber Studios, 110 Ardmore Ave., Ardmore, Pa. 19003 (Plaster) Catalogue $2.

Focal Point Inc., 2005 Marietta Rd., N.W., Atlanta, Ga. 30318 (Polyurethane) Brochure, 30¢.

House of Moulding, 15202 Oxnard St., Van Nuys, Calif. 91411 (Wood and Focal Point polyurethane moldings) Catalogue—showing wood moldings only—is free.

K B Moulding, Inc., 508A Larkfield Rd., East Northport, N.Y. 11731 (Wood) Catalogue of moldings, 25¢. Catalogue of pressed-wood carvings, 25¢.

Old World Moulding, 115 Allen Blvd., Farmingdale, N.Y. 11735 (Wood) Brochure, $1.

Some of the firms above have modlings for eye-level projects too. A firm that has moldings *primarily* for eye-level use is:

Klise Manufacturing Company, 601 Maryland Ave., Grand Rapids, Mich. 49505 (Wood) For catalogue, enclose two 15¢ stamps with your request.

Where to find half-round bamboo and rattan moldings

Through interior designers and department store decorating services only:

Norton Blumenthal Inc., 979 Third Ave., New York, N.Y. 10022

At retail and by mail:

Lun On Company, 771 Sacramento St., San Francisco, Calif. 94108. Natural-colored round and half-round bamboo and rattan moldings plus different-colored trims, from 1 to 3 inches wide, of woven matting. No catalogue, but if you send Lun On a self-addressed, stamped business envelope and say what size and quantity you might want to order, it'll send you a price estimate.

stencils and stenciling inspiration

By mail:

Adele Bishop, Inc., Dept. HG909, Dorset Vt., 05251. 15 kits, plus paints, brushes, and Adele Bishop and Cile Lord's book *The Art of Decorative Stenciling* are described in the catalogue, which is $1.

Dover Publications, 180 Varick St., New York, N.Y. 10014. 8 oaktag books of cut-and-use stencils—Early American, Pennsylvania Dutch, Victorian, Art Nouveau, Art Deco, Ancient Egyptian, Circus, and Christmas—are described in the free catalogue.

Stencil-Magic, 8 W. 19th St., New York, N.Y. 10011. Catalogue of precut stencils and stencil patterns, 50¢.

Other possibilities

Ceramic tiles. A store that has some charming ones that would make beautiful borders is Country Floors, 300 E. 61st St., New York, N.Y. 10021. Catalogue, $2.

Self-adhesive shelf papers. Look for woodgrain, marble, wicker, calico, or Delft tile patterns under the Con-Tact label.

Prepasted wallcovering squares. Washable "Flair Squares" wallcovering by DuPont comes in one-foot squares, has many patterns that are border naturals.

Tips on applying borders

The name of the game is measuring, especially if you're matching a pattern. Measure *each* place you want to apply a border. Allow sufficient excess, and as an extra precaution, round all measurements up.

Test-hang fabric and paper borders to walls with push-pins. Live with them for a few days to see how much of the room you really want to trim.

When mounting thin paper or unbacked fabric borders, use a non-staining cellulose wallpaper paste such as Glutoline or Metylan. Other pastes may stain through to the decorative surface.

Buying repeat-striped wallpaper or fabric to cut into borders isn't necessarily an extravagance: Leftovers are a perfect way to give the closets in the room companion borders, to trim storage boxes, or cover desk accessories.

Be careful not to stretch fabric borders as you hang them or the tension will work the staples out of the wall, rip the fabric, or loosen the glue bond. Heavy fabric borders hold better when stapled rather than glued up. Gluing *and then stapling* is even stronger.

Small, lightweight wooden moldings should be glued up and then nailed with brads (thin, headless fasteners). Larger, heavier wooden moldings should be drilled and then nailed with countersunk casing or finishing nails. Hide nailheads with putty. Follow manufacturer's instructions for installing plastic moldings—they often supply a special mastic. Plaster and heavy metal moldings should be professionally hung. ■



American-Standard invites you to enter its fashionable world of bathrooms.

Ultra Bath.
In Americana Brown.

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Experience the luxury that surrounds you in every American-Standard bath.

Experience the understated look of luxury. Classic, yet fashionable. Alive with color that sets trends, yet never goes out of style.

Know the pampering of its conveniences and comforts. In a lumbar-supporting back. Or a built-in bath seat. In ways as simple as a ledge for bath oils.

Note the Stan-Sure® slip-resistant bottom and twin grab bars in selected models. Attractive and reassuring, especially for children and the elderly.

Add luxury with American-Standard fittings. Many in 24-karat gold plate.

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New Fontaine Bath.
In Saffron Yellow.

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In Tangerine Red.

Fine and famous quality. There is no luxury without it.

To see the complete selection of American-Standard luxury products, send for our idea-packed decorating guide. Send $2.00 to: American-Standard Decorating Guide, Dept. HG-99, P.O. Box 2019, New Brunswick, NJ 08903.

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World's leading name in plumbing fixtures and fittings.

How a phone call solved the mystery of the sandy teacups.

Based on an actual call made to the toll-free 24-hour Whirlpool Cool-Line® service.

(Telephone Rings)

Cool-Line Consultant: Whirlpool Cool-Line. May I help you?

Woman: I just bought a Whirlpool dishwasher and I keep finding sand in my teacups. Can you help me?

Consultant: That's why I'm here. Now, about the sand. Are the rest of your dishes clean?

Woman: They're fine. My husband's a Mexican food freak. Even pans with baked-on refried beans get clean. But where did the sand come from?

Consultant: What does the sand look like?

Woman: Like...sand. In a puddle of water that didn't drain out of the teacup.

Consultant: If you're seeing "sand," it could be your dishwasher detergent hasn't dissolved. Do you have a cup with some "sand" in it now?

Woman: Right here by the phone.

Consultant: Does the "sand" look like detergent?

Woman: You mean this is detergent?!?

Consultant: Look closer.

Woman: It does look like detergent. So why didn't it dissolve?

Consultant: Check your water temperature. At your dishwasher, it should be at least 140°. If it's okay, then I suggest you buy a fresh box of detergent. Dishwasher detergent sometimes has a very short shelf life and doesn't dissolve completely when it's old. And make sure you load your teacups properly, so all the water drains out.

Woman: Wow. You really helped. Sorry I bothered you, but at least I didn't have to call a repairman. Thanks for your time.

Consultant: Glad I could help.

This is the kind of two-way communication we've been having with our Whirlpool Cool-Line service for the past eleven years. It's just one example of the continuing concern we have for customers who purchase quality Whirlpool appliances.

If you ever have a question or problem with your Whirlpool appliance, call our toll-free 24-hour Cool-Line service at 800-253-1301. In Alaska and Hawaii, dial 800-253-1121. In Michigan, call 800-632-2243. If our Cool-Line service can't help, we have Whirlpool franchised Tech-Care® service representatives all over the country who can.

Whirlpool
Home Appliances
Quality. Our way of life.



DEAR H&G

BY MARGARET MORSE

Answers to your questions. Here we share some letters from our readers

Numbers on tile

Q. Where can I find glazed ceramic tiles handpainted with street numbers?—C.M.G., Rio Grande City, Tex.

A. A mail-order source for three kinds of these tiles, painted blue on a cream background, is Country Floors. Portuguese 2¾-by-5½-inch tiles have one number per tile, are $6.50 each. On a multi-digit address, specify left and right digits so the line borders match. Or you can have an oval 4¼-by-6-inch tile painted with just the number or, good for single-digit addresses, the number preceeded by the abbreviation *No.*: It's $18. Allow about a month's delivery.

The third Country Floors sign style is 12 by 6 inches and holds up to three lines and nine letters per line. It comes in brown or blue on cream, in three border styles, and costs about $125, depending on the lettering. At similar expense you can spread a name or address (or both) over several 5⅝-inch-square tiles. For an estimate, send Country Floors a sketch. Either takes about three months to deliver.

All personalized-tile orders must be prepaid. Shipping and any sales tax are extra. Write Country Floors at 300 E. 61st St., New York, N.Y. 10021. The large sign tile is the only address one shown in the Country Floors catalogue, available for $2 ppd., which also shows dozens of handpainted ceramic wall and floor tiles from eight countries.

Hammock happy

Q. How inviting the hammock on page 110 of your July, 1978 issue looks! Do you know where I might find instructions for making something similar?—L.B., Rowayton, Conn.

A. You can make this Twin Oaks-style hammock out of 900 feet of No. 6 braided cotton clothesline and other simple materials. For complete instructions, see *Hammock: How to Make Your Own and Lie in It* by Denison Andrews. It's available in paperback for $2.95 at bookstores, or you can order a copy for $3.55 ppd. by writing Workman Publishing Company, 1 W. 39th St., New York, N.Y. 10018. New Yorkers please add appropriate sales tax. *Hammock* also tells how to make the "Royal Navy" canvas hammock, the fringed fabric "Brazilian" hammock, and the lacy spring-net hammock, made principally from 250 yards of No. 36 cotton seine twine. ■

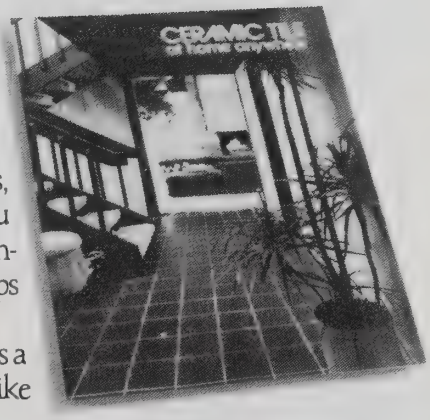
Ceramic Tile Idea Book. It can help make your home look like it belongs in House and Garden.

With ceramic tile, you can put ideas of your own anywhere in the house.

And create something beautiful that won't fade with age.

With this coupon, we'll send you a book of ways to use ceramic tile. Its colors, shapes, patterns and textures will give you ideas you've never had before. For your sunroom, bathroom, kitchen, foyer, patio, steps and walkways.

The price for this book is $1. And that's a small price to pay for a room that looks like it belongs in a fancy magazine.



Name Address

City State Zip

Real Ceramic Tile.

Tile Council of America, Inc., P.O. Box 2222, Room 944, Princeton, New Jersey 08540.



A title on the door...rates a **Bigelow** on the floor.

Whether it's a title on the door, or taking title on a house, be sure it's a Bigelow Carpet on your floor. For Residential Carpet information: send for our "Great Beginnings" Booklet. For Contract Carpet information: send for our "Proven Performers" Booklet. Bigelow-Sanford, Inc., P.O. Box 3089, Greenville, SC 29602.

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THERE'S ROOM FOR IMPROVEMENT

SPECIAL BOOKLET OFFER

There's room for improvement—and there's great help for you in making improvements you're planning for your home. Many of the advertisers whose messages appear in this special home improvement section produce booklets, brochures, catalogues and portfolios filled with information about their products and ideas for using them. Those described and pictured here can be ordered directly from House & Garden. Just fill in and mail the coupon below. We'll fill your orders as promptly as possible.



1. STIK 'N STAL. Consumer brochure discusses this new do-it-yourself wall-to-wall carpet. Fashionable. Available in an array of styles and colors. Step-by-step installation guide included. From World Carpets.



2. FIREPLACE FURNISHINGS by Reichman known for creative design in iron. Brochure from Custom Wrought shows accessories that will accent or complement your fireplace. All Custom Wrought products are still handmade in small batches, with old-time proven methods, in the tradition of the early iron workers.



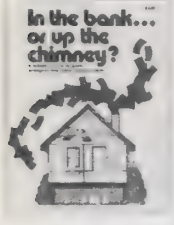
3. THE BATHROOM PLANNING KIT AND HOMEBOOK are loaded with decorating ideas and sample floor plans for building or remodeling your bathroom. The photographs are sure to start you thinking about colors, fixtures, fittings and floor plans. The kit includes grid sheets and fixture cut-outs drawn to scale. Rearrange them until you find the exact design you want. American Standard. $1.



4. STAPLE GUN: THE HOMEOWNER'S VERSATILE FASTENING TOOL. This illustrated booklet from Arrow Fastener Company shows how to make a variety of jobs easier—including upholstering, making new storm windows, weather-stripping, installing insulation by using a staple gun. 25¢



5. HOW TO CARE FOR YOUR CARPETS. In this booklet from Lees Carpets you'll find suggestions for the general care and cleaning of your carpets and rugs, methods of removing spots and stains, and of seasonal home and professional cleaning.



6. SAVE ENERGY, SAVE MONEY with "In the Bank . . . or up the Chimney?" which will help you compute the cost of tightening up your home and the savings which result. Hundreds of tips, step-by-step instructions in this 72-page book compiled by the U.S. Government and brought to you from Red Devil. $1.75.



7. THINKING ABOUT ROOFING OR FLOORING? Two colorful, information-packed booklets are a must-read for homeowners. You'll learn about asphalt shingles from America's largest shingle manufacturer and discover sheet vinyl flooring with floor tile colorations that correspond to the House & Garden Colors. GAF



8. FASHION KITCHENS. Beautifully illustrated color booklet from the St. Charles Manufacturing Company offers you a preview of its versatile kitchens. Each kitchen, from color to cooktops, is custom treated to match the house and needs of the family living in it. $3.



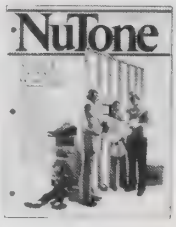
9. WINDOWS BEAUTIFUL. A complete and authoritative book on window treatments. Room-setting photographs in color, examples of most popular types of treatments, styles suitable for various rooms, ideas for common and problem windows, how-to for measuring and sewing, basic treatment for many types of windows. Kirsch Company. $1.95.



10. BRILLIANT COLORS burst from these 36 pages showing the liveliness of Tru-Test Paints. Paint can do things for your rooms—blue can beautify, red can dramatize, green can calm them. Includes popular House & Garden Colors. Tru-Test Paints are sold exclusively by participating True Value Hardware Stores. Cotter & Co. $1.50.



11. WINDOW AND GLIDING DOOR ANSWER BOOK. 24-page, full-color booklet answers the most-asked questions about windows and gliding doors. Contains special sections on window planning, energy and remodeling. Also includes full description and application photographs of beautiful Andersen wood and low maintenance Andersen vinyl-sheathed Perma-Shield windows and gliding doors. Andersen Corp.



12. HOUSING PRODUCTS. Beautifully illustrated full-color Nutone catalogue has complete electrical built-ins for building or remodeling. All products and systems are engineered for convenience, comfort, entertainment and security. Bath cabinets, famous Hall Mack accessories and bath vanitory sections. Nutone Division, Scovill.$1.50.



13. NEW CONSUMER ROOFING AND SIDING BOOKLET. Information-hungry consumers will treasure "What You Should Know About Roofing and Siding Before You Build or Remodel"—new 35-page booklet packed with ideas, advice, and illustrations. Bird & Son. 50¢



14. AN EXCITING NEW ADVENTURE IN COOKING! Built-in and free-standing electric ranges from Jenn-Air feature exclusive built-in surface ventilation to vent smoke and odors outdoors, without a hood. "Convertible cooktop" models convert from range to char-flavor grill in seconds.



15. "WINTER WARMTH INSURANCE"—Home Heating by Burnham America. No household investment is more important to you and your family than your home heating system. Whether you're installing a heating unit in a new home or your present one, this brochure tells you about systems that insure winter-long comfort at a fuel cost you can afford. Burnham Corp.



16. "DECORATING IDEAS WITH CERAMIC TILE." New 16-page color brochure. 22 pictures show exciting ideas for kitchens, bathrooms, living rooms, dining rooms, foyers, recreation areas. Illustrates tile countertops, fireplaces, sunken tubs, conversation pits, indoor gardens. Suggests tile color coordinations with plumbing fixtures and appliances. American Olean Tile Company. 50¢



17. WINDOW AND DOOR IDEAS. Helpful 16-page booklet shows home builders and remodelers how types of windows can fit into contemporary and traditional architecture. Energy-conserving double glazing system, low-maintenance exterior, plus easy washing features are described. Patio doors and wood folding doors are also shown. Rolscreen.



18. "FOCUS ON FLOORS"—a practical guide to decorating from the floor up. This 12-page, full-color booklet features decorating tips for kitchens, family and living rooms, bedrooms, foyers and hobby rooms. Includes entire section on do-it-yourself installation, a flooring glossary, plus information on cost and maintenance. Congoleum. 50¢



19. TUB/SHOWERS THAT DO MORE FOR A BATHROOM than just make it look beautiful. Owens-Corning tub/showers are designed for durability and cleanability, as well as sleek good looks. Full-color, 19-page booklet shows tub/showers, bathtubs, shower stalls and lavatory/vanity units. From Owens-Corning Fiberglas.

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In 1884, the Fox and Northwestern was the first railroad to add a smoking section for women.

Blazer: "Julie Artisans," Gallery, N.Y.



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Slimmer than the fat cigarettes men smoke.



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COLOR

for the way we live

Life has become more colorful. Colorful clothes. Colorful food. Colorful living spaces. Color sets a mood, inspires our spirit, changes our perspective. And, in decorating, color is the quickest way to bring a space to life. Walls of color can flavor a room with excitement, or wrap it in serenity. Borders of color can line and define a room, a stairway, a garden. Color can be a subtle backdrop for people, or the focus of a room. Whether it's fabric, flowers, or a simple bucket of paint, color used with confidence, with certainty and style, is the look of color today. To help you make the most of color now, here's an issue full of ideas and inspiration.

o cast a warm reflected glow in a black nd white room, paint the ceiling ochre or eep tawny yellow. —ROBERT K. LEWIS

alance colors in a big house or apartment: one room's dark and cozy, make the next oom a surprise in an off-shade of a pretty astel color.

—ANN LE CONEY

se pale water colors—aqua, absinthe, pale ose—on walls and floors, contrasted with iny, high-gloss ceilings of bright sky blue, ellow, and pink. Paint rainbow bands of olor on baseboards or under the corner own moldings.

—HARRISON CULTRA

o wrap a room in continuous color, paint ie ceiling in a slightly lighter color than ie walls.

—GEORGINA FAIRHOLME

Don't forget black as a useful accessory olor for pillows and lacquered drum tables n a colorful room.

—GERALD KUHN

A little color is just as emphatic as a lot of olor in a neutral room.

—JOHN DICKINSON

Gray has great potential with deeper earth ones like peach and terra cotta.

—CHARLES MORRIS MOUNT

Keep a neutral scheme in your kitchen—avoid color chaos. Fruits, vegetables, pots, pans, and people are all the color you need.

—BARBARA ROSS

A mix of pine and pastels is a timeless look—a pastel Chinese rug, coral raw silk upholstery, and multi-colored wallpaper, with a bleached pine floor, pale blue ceiling, and shiny white painted moldings.

—RON COLLIER

Dark green is attractive on floors and walls, with beiges and camels as accents.

—DAVID HAMMAN

Spread some color in surprising places: flattering coral on a dining room ceiling; bright primary colors on hallway doors; lavender or marigold inside the closets.

—JOHN RIECK

Dramatize an ordinary room with shiny dark green papered walls. Paint moldings paper-bag beige, and the ceiling ultramarine blue. On the furniture, try henna-colored chintzes; on the floors, Turkish rugs in the same colors. Cover windows with canvas putty-colored shades, or keep the windows bare and hang bright yellow-and-white striped awnings outside for a feeling of sunshine all the time.

—ROBERT DENNING

Natural tones are a wonderful background for pretty colors like dusty mauve, peach, Blue Sky, and Seafoam Green.

—CHUCK WINSLOW

Bordered upholstery fabric adds charm to an armless chair when you use the border only on the sides of the seat cushion. Or pick the same print in two different colors: use the darker version on the sides of the cushion, the lighter version elsewhere.

—JOHN ROBERT MOORE

To give a small hallway old-fashioned charm, add a chair rail and wainscoting made from stock moldings, frame the top of the doorways with carved wooden brackets. Paint walls and ceiling linen white, and the moldings and brackets an antique Geranium. Hang framed botanical prints.

—KARIN WELLER

An easy border for curtains and tablecovers: thread satin ribbon—brilliant Tangerine or soft Watercolor Blue through white or ecru eyelet or lace.

—ATELIER

For a tailored border with the high relief of a cornice, edge the top of solid-colored quilted walls with a band of quilted print fabric.

—MAGDA SANDERS-VOS AND RHODA ROMINE

COLOR NOW



In a room that's blue and white and fresh as paint

The news is borders

Quick way to give a plain room style: paste-on bands of fabric to outline walls and windows



A porcelain-colored bedroom-sitting room, *left,* offers the fresh-air feeling of a summer pavilion year-round. "Borders focus the eye at parts of the room that are often neglected—the ceiling line and baseboard," says the room's designer, Mario Buatta. "And by spacing vertical borders around the room too, the white walls in between seem to disappear into thin air: The room looks larger than 16 by 18 feet."

All the Bistro Blue trellising in the room is cut from sheets, for Utica by J. P. Stevens. Borders are bound with navy grosgrain ribbon, then hung with non-staining wallpaper paste. Sheeting upholsters all the furniture—even the reproduction of a Syrie Maugham sleighbed—and, appliquéd, makes points on a white pouf. The furniture is clustered casually, to move around at will. Books in a box wait to be pulled up to the bed for browsing. To give more movement to the room, Mr. Buatta chose for the floor a bright feather paisley pattern, adapted from an Early American chest and hand-painted by Stephen Gemberling. For more about borders and how to apply them, please see the contents page.

Left: "Chippendale Butterfly" sheets from Leonard Fisher's Oriental Odyssey collection, for Utica by J.P. Stevens. All upholstered pieces, black Oriental rice barrel table, and mantel accessories available through Mario Buatta. Antique cricket table by bed from J. Garvin Mecking. Antique Irish corner cabinet from Howard Kaplan. Art Deco-inspired mirror from Karl Springer. LCS lamps. Naomi Holmes afghan. Selected porcelain pieces from Gordon Foster. Movable shutters were provided courtesy of the National Woodworks Manufacturing Association. See Shopping Information.

KAREN RADKAI

effort-spent, borders offer big decorating value. "They're the most dramatic way to reshape a room short of architectural remodeling," says designer Robert Denning. Designer Karin Weller—whose border magic is seen in detail on this page—agrees: "Ringing the walls with a wide border at the top and a narrow band from the top border at the baseboard brings down a high ceiling. If you live in a house where uneven walls make the most carefully applied patterned wallpaper look crooked, adding the assertive horizontals of borders will make the paper look straighter." Another trick Mrs. Weller loves is false wainscoting: Run a horizontal border at chair-rail height, then vertical borders to the floor. "When you move into rooms without cornices or moldings, too austere for traditional furniture, adding borders or moldings fits the room to the furniture," she adds.

To give a gazebo feeling, Robert Denning suggests cutting borders in half and using half on the ceiling, half on walls just below, then the same right-angled border vertically, in the corners. "Or, if you have a beamed ceiling," he continues, "Make a make-believe pergola. Paint the fields between the beams pale blue, then enclose each beam with ceiling borders."

"Borders give places that are normally overlooked decorating surprise," remarks designer Nancy Serafini, whose inventive staircase is shown opposite. It usually takes a professional to do this kind of piecing, but if you must do it yourself, "dry hang" all pieces with push pins before pasting. If your stairs are uncarpeted, Mrs. Serafini has this camouflage for scuff marks: Cover risers with a dark border, coat with polyurethane. "Experimenting with borders is fun," adds Mrs. Weller. "It's puzzle play for grown-ups."

To echo a fabric swag, paired paper borders in Second Empire Style. Two rows at top are cut from "Bosphore Tassel"; swag below is "Bosphore." From Brunschwig's French Folio collection, as is the "Bosphore Semis" wallpaper. Curtains with rosettes are of "Oriole" chintz—a Winterthur documentary by Brunschwig. To see the room by Karin Weller—and others, [illegible] the page.

PAT ANNE GIO

Patterned borders

add wit, drama, architectural interest, decorating charm



Climbing the walls, a border carefully cut and mitered from Brigitte Blonde white-sprigged Baberu — both wallpapers by Brunschwig & Fils. Matching bordered curtains, *right*, furnished with antique wicker, designed by Nancy Serafini for the 1979 Boston Junior League Show House. Details, Shopping Information.



Borrow a border from a quilt for a stenciled frieze.



Create 19th-century charm with a swagged border, curtains, ruche-edged ca



Choose flowers for rug and eaves.



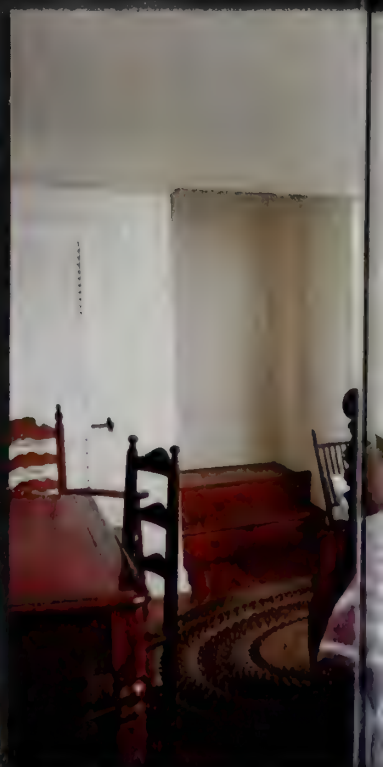
Stencil a bright tulip path around the room.



Outline a kitchen with graphic strip



Hang an illuminating border in a lofty kitchen. Enameled fluorescents put light where you want it.



Quick change: Give a plain s



Frame a mirror with flowered paper.



Pick out dado moldings with paint.



a nursery : On wall, lace topped with découpage flowers. On rug, leafy stenciling.



windows and doors a fancy edge in 90 minutes, with 53 yards of flowered border.

COLOR NOW

Colorful borders

come in paint, paper, wood, fabric, metal, and light

Borrow a border from a quilt and stencil a frieze below cherry-finished moldings that echo the painted floor—period character for an 18th-century house. Panels on the cupboard are picked out in green, and even the durries have multiple borders. Designed by Beverly Ellsley. **Create 19th-century charm** with wallpaper swags that give an intimate scale to a high-ceilinged bed-sitting room. (Border close-up, preceding pages.) Ruching outlines the bed canopy and slipper chair cushion. A palette of rose, cream, and caramel pulls a counterpoint of patterns together. Designed by Karin Weller for the 1979 Boston Junior League Show House. **Frame a mirror** with a flowered paper border by Margowen, which also outlines the window and ceiling (not seen). To skirt sink, shirred Brunschwig chintz creates its own border, is attached with Velcro tape. Designed by Ann LeConey. **Pick out dado and cornice moldings** with white, Dove, and dark Mercury—even under the windows. Ribbon gives the curtains a Greek-key border. For dining shimmer, the coved ceiling and walls are covered in silver leaf wallpaper by Louis W. Bowen. Designed by Richard Fitz Gerald for the 1979 Boston Junior League Show House. **Choose flowers** for a bedroom bower. The wall border was cut from the same Brunschwig fabric as the tablecover and edged with grosgrain ribbon. The border on the floor—a looped rug by V'Soske. Lace-trimmed eyelet curtains and wood molding set off daybed alcove. Designed by Vee Bianca for the 1979 Boston Junior League Show House. **Stencil a bright tulip path** to give a big brown bedroom a light-hearted floor. Tulip fabric by Bailey & Griffin covers bed and lines white-fringed bedcurtains. Designed by Rodger Dobbel for the 1979 San Francisco Decorators' Showcase sponsored by University High School. **Outline a kitchen** with custom striped paper that magnifies the herringbone of the wallpaper. Result: Architectural eyesores (such as the stove recess) become assets, and a country-furnished kitchen gets a contemporary edge. Designed by, and for, Ron Hefler and Dave Graham. **Ring a nursery twice:** Around the ceiling, a ribbon of lace topped with flowers handcut from the print of the upholstery. Around the rug, sprays of stenciled leaves. Print fabrics and wallpaper by Woodson. Designed by Louise H. Finocchio and Janice E. Marot for the 1979 Boston Junior League Show House. **Hang an illuminating border** to bring down the ceiling and band a kitchen with color. Sculptural, interconnecting lights have aluminum covers you can turn 355 degrees—even, for a candlelit dinner, toward the ceiling! Called "Supertube" luminaires, they're by Columbia Lighting. Designed by Michael Love and J.R. Strignano for the Long Island Designers' Showcase '78 to benefit the Visiting Homemaker Service. **Quick change made just with borders**, demonstrated in the transformation of a bedroom that's 14 by 15 by 8 feet high, in Mr. & Mrs. Thomas G. Hardie's 1845 farmhouse. Outlined in flowery Provencal fabric, even such architectural idiosyncrasies as a window in a corner and too many doors take on charm. Mrs. Hardie, working with a paperhanger, added the borders in stages, to test each effect. Borders by Souleiado at Pierre Deux. For complete details, please see Shopping Information.

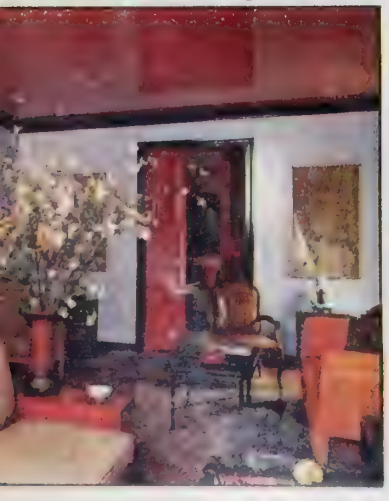

In a polished apartment
Black lacque
define pale blue walls and
a glossy apricot ceiling

orders

With black lacquered moldings to accentuate shiny House & Garden Creamy Apricot on the ceiling and Watercolor Blue on the walls, this living room always looks as if it's lit for a party. The colors were all borrowed from the Oriental-style English screen. And they turn up again on the sofa, an exact match of the ceiling color, and in the charming mix of tiny cotton prints used on the fireside seat, the French armchair, the curtains, and all the pillows. For more about the apartment, please turn the page.



When you decorate with color, even if it's subtle color, it's important that each room complement the one next door. That's the color philosophy of Pierre LeVec and Pierre Moulin—who, as Pierre Deux, are importers of country French antiques and Souleiado fabrics from Provence—and they put their idea to work in their city apartment. Just beyond the living room is the bedroom, whose moldings are the same color as the living room's ceiling—a subtle but definite way of blending the rooms' colors. Like the watery blue walls in the living room, which are given strength by the black moldings, the bedroom's walls and ceiling, which are a pale shade of apricot, are brought to life by the Creamy Apricot moldings. A soft-spoken palette of pastels makes a wonderful soothing background for sleeping and a complementary backdrop for a mix of fabrics and antiques.



Right: In the apricot bedroom, the tiny prints used for the living room's sofa pillows become tied-back curtains, bedcover, and dustruffle. Built-in bookcases hold TV on one side of the doorway, stereo on the other. Both are camouflaged by paintings that are hinged onto the shelves.
Above: On the living room side of the bookcase wall, another pair of hinged paintings open to reveal TV and stereo that swivel in their niches so they can also be operated in the living room.

In a polished apartment

Apricot borders

pick up paler apricot walls and ceilings



D.I.Y.* Needlecraft

Stitch borders of flowers on blankets of color



SUSAN McCARTNEY

Flowers on a right angle

Right: 6½-inch-wide borders form a colorful rectangle around a double bed. To decorate your blanket, first trim the top and bottom with two strips of border sewn together, folded over the blanket edges, and stitched. Then pin on the vertical borders so they are flush with the mattress edges, and sew—fold the ends on a diagonal for a neat finish. "Pure White" acrylic blanket from Fieldcrest, hemstitched white linen sheets from Porthault, antique Louis XV tables from Pierre Deux Antiques.

Bouquets on a diagonal

Above: Pinning on the first 2¾-inch-wide nosegay border between the far corners—6 more stripes to go. Place the stripes 15 inches apart (measuring from the border center), and then trim all four sides of the blanket to finish.

Left: The queensize masterpiece. Fieldcrest "Ruby" acrylic blanket, white cotton/polyester eyelet sheets from Leron Linens, wicker bed tables and headboard from DDI, Harris/Kosmas durrie rug, reading lamp from LCS, handpainted bouquet plates from Pierre Deux.

COLOR NOW

It's easy to make a blanket blossom—just sew on cotton borders of bright flowers in mixed garden colors. Two reproductions of 18th-century handblocked borders have been made into kits for twin, full, queen, or king size blankets, with complete instructions you apply to your own blanket. Choose a narrow border with bouquets of delicate nosegays, or pick a wide one with typical Provençal flowers in sunny colors. Sewing them on is a simple matter. First, take off the manufacturer's bindings and steam out stitch marks. Then cut your trim to size, pin and stitch by machine or hand. The kits are imported from France by Souleiado at Pierre Deux. See Shopping Information.


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give a beautiful pro

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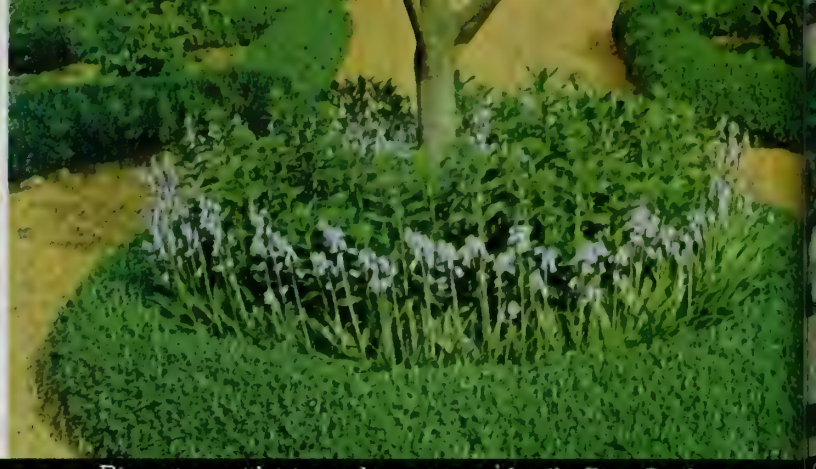
rder does for a garden a ribbon does for a pack- It defines it and adds a that lets you know it's al even before it's fully red. The old-fashioned of a border—the kind required platoons of gar- s to provide vast parades anging color—has all but hed, except perhaps at ric houses visited on holi- Yet even the newest and est garden has a border me sort, or needs one. n hedges give privacy buffer street noises and . Low shrubs mark and t a doorway and divide and play areas. And soon the plan may in- at least one small ribbon lock of flowers, often d these days with vegeta- and herbs for household Borders are design ele- s that transform bare s into gardens. They can rmal or informal depend- on the plants you use. ly slow-growing or dwarf s that don't have to be ed often or curbed to them from spreading are se choice for edging. ers that grow in your without a lot of coaxing he best for modern-day er borders. For a sam- of borders from private public gardens, please the page.

In the William Paca ens in Annapolis, Md., sh boxwood (Buxus ervirens), campanula, English daisies border a olia tree. *Right*: In the restored 1765 garden, yberry hedge (Myrica ylvanica) separates a ry boxwood garden and d-fashioned rose garden ed with germander crium). Both are ered by tall red cedars perus virginiana). The am Paca house and ens in Annapolis are daily 10-4, 12-4 on days. For more, see ents Page.

BEADLE



Frame roses with teucrium. For the R. Hunnewells by Richard K. Webel



Ring a tree with trimmed teucrium and scilla. Paca Gardens



Edge grass, roses with a green groundcover. Hedy Klineman



Fringe a wall with hardy ostrich ferns. Sally Reath



Circle bulbs and pansies with box. At Boscobel, Garrison, N.Y.



Accent a shady magnolia allée with bergenia. By Russell Page



Patios patio with box. For the [illegible] Jardin Ferrys by Albert Kandel



Band flowers with bricks, bayberry hedge. At Paca Gardens



Confine herbs with strawberries, liriope. The H. F. Lochtes



Embroider with flowers. For the D. B. Strauses by Nelva M. Weber



Line path with perennials. For Hedy Klineman by Tommy Pashun



Garland a bridal garden with violets, sweet alyssum. At Caprilands



Wreathe a foliage bed with amaranthus. At Caprilands



Neaten garden with weathered wood. Adelma Simmons, Caprilands



Wrap terrace with parterre of begonias. By William Swihura



Rim backyard arborvitae with flowers, salad greens. Hubert Long.


SAMUEL JOHNSON



The news is

Wraparound color

Luminous blue for a vibrant city living room

When does color become voluptuous? When it's used with head-over-heels abandon as it is in this living and dining room. House & Garden editor Babs Simpson wanted to freshen her apartment. Designer Arthur Smith suggested she try wrapping walls in bold sapphire blue. The secret of the color's luminosity—his choice of velvety suede-cloth. He then used an echoing blue calico from Brunschwig to make curtains and cover the banquette and a chair and ottoman, *foreground*. The already-blue love seat blended right in.



KAREN RADKAI

RAPAROUND
UE
asoned
th the gleam
metals and
rror, a dash
Victoriana

the years, Babs Simpson has col-d a charming group of 19th-century life and animal paintings. Arthur h suggested she add two Victorian er chairs, which he had come across wonderful old brown flowered fab-More Victoriana—a handmade nee-oint rug from Stark Carpet, small lepoint pillows.







Opposite page: The sapphire blue wall-covering makes a dramatic foil for a grouping of cats on the wall opposite the banquette. *Left:* The apartment entry hall was already painted and hung with soft brown curtains when Mrs. Simpson happened on this painting of a boy peering from a brown curtained sleeping alcove. The match was uncanny and, to her, irresistible. *Above:* The living room by day, and *top,* by night. The room is also used for dining so the table is pulled out from the corner of the banquette,folding chairs from the closet, and the table's skirt is changed to something that can face the laundry. Crystal by Tharaud at Tiffany.


KAREN



The news is

Night and day color

Indigo splashed with green and yellow for a country bedroom in a small California house

For a feeling of nighttime, anytime, a downstairs bedroom paint deep and dark for sleeping. Indigo walls wrap the room with sheltering comfort; touches of light keep it young and alive: a linen rug, a sunny armchair, polka dots and flowers on the windows and bed. It's a restful retreat on the first floor of a canyon house in California. To see more of the house, please read on.







NIGHT
AND DAY
COLOR



KAREN RADKAI

Warm terra cotta for a cozy study. A bouquet of bright pastels for a sunny living room

The house is perched on a hillside, so the upstairs rooms here float in the treetops, where the mood—and the colors—are lighter, loftier. "I wanted a look of warmth and cheer, like Capri," says owner and film producer Carolyn Pfeiffer, and designer Fabrizio Mioni made her dream a reality. Wall colors in both rooms are reminiscent of Roman sunsets, and a mix of pattern keeps the feeling comfortable and unstudied. Ceilings are thatched with bamboo between the beams: "It's like living in a treehouse!"

In the living room, *above*, pale Pineapple walls, Blue Sky balloon curtains, a red lacquer table for spice. Bar is an English carrousel horse. In the study, *opposite page, top and bottom,* an antique desk, Empire sofa, Sicilian altarpieces on rustic log pedestals. Faux leopard-skin chair is an amusing surprise. Baskets from The Gazebo, Los Angeles.

COLOR TO BUY

Are you a four-color person?

Try this intriguing color quiz and find out what your color preferences reveal about you.

BY DIANA LEA

What is your relationship to the four basic colors—red, yellow, blue, and green? Do you respond positively to all of them? Or do you turn on to some and reject others? Dr. Max Luscher, originator of the famous Luscher Color Test, and a psychologist who specializes in the significance of colors, has just come out with a new book, *The 4-Color Person* (Simon and Schuster). In it, he explains that there are four dominant feelings of self—self-confidence, self-respect, self-satisfaction, and self-development—which we need to create inner balance, and th each of these feelings corresponds to a basic col House & Garden has adapted Dr. Luscher's newe concept for this quiz.

To see whether or not you are a four-color perso take the test below, then turn to page 176 to see wh your answers mean. The test works best if you take quickly and answer every question even if you don find the perfect answer every time.

1. In modern art you prefer:
- **a.** Mobile by Calder
- **b.** "Water Lilies" by Monet
- **c.** Abstract by Jackson Pollock
- **d.** "Guernica" by Picasso

2. In tables you prefer:
- **a.** Mahogany butler's table
- **b.** Lucite and glass cubes
- **c.** Art Deco console
- **d.** Driftwood-based coffee table

3. In textures you prefer:
- **a.** Nubby weaves
- **b.** Silk brocade
- **c.** Chintz
- **d.** Denim/Burlap

4. In patterns you prefer:
- **a.** Florals
- **b.** Geometrics
- **c.** Air-brushed rainbows
- **d.** Primitive batik

5. In architecture you prefer:
- **a.** 18th-century clapboard with picket fence
- **b.** Red-brick Georgian with sweeping elm-lined drive
- **c.** Remodeled barn with interior ramps and platforms
- **d.** Penthouse with built-in greenhouse

6. In vistas you prefer:
- **a.** Manhattan skyline
- **b.** Caribbean sunset
- **c.** Lakes and field flowers
- **d.** Fountain-sprayed gardens

7. In music you prefer:
- **a.** John Cage
- **b.** Bruckner
- **c.** Chopin
- **d.** Bach

8. To cover a floor you would:
- **a.** Stencil it yourself
- **b.** Buy a needlepoint rug from a craft co-op
- **c.** Buy an Aubusson rug at an auction
- **d.** Use the tiger skin your uncle once brought home from India

9. The most important item(s) in your bathroom:
- **a.** Clean fluffy towels
- **b.** Sweet-smelling soaps, powders, colognes
- **c.** Waterfall shower
- **d.** "His" and "Hers" terry cloth robes

10. The most important item(s) in a six-year-old's room:
- **a.** Indoor jungle gym: trapeze, slide, hanging bars
- **b.** Educational games and kits
- **c.** Art supplies: easel, paints, clay, colored paper
- **d.** Books

11. If you were giving a party you would serve:
- **a.** Filet mignon, strawberries with crème fraiche
- **b.** Duck flambé, Grand Marnier soufflé
- **c.** Clam chowder, cornbread, homemade peach ice crea
- **d.** Animal-shaped breads, ethnic cheeses, fresh fruits

12. If you were giving a party your theme would be:
- **a.** Balloon ride and picnic
- **b.** Barbecue and lawn games
- **c.** Black-tie dance under a marquee
- **d.** Fireside fondue party

13. If you could add onto you house you would prefer:
- **a.** Gym
- **b.** Skylit studio
- **c.** Oak-paneled library with leather-bound books
- **d.** Garden gazebo

14. In crafts you prefer:
- **a.** Building furniture
- **b.** Needlepoint
- **c.** Découpage
- **d.** Collage

15. In flowers you prefer:
- **a.** Cymbidium orchids
- **b.** Water Lilies
- **c.** Daisies
- **d.** Tulips

16. To save energy you would
- **a.** Join a car pool
- **b.** Ride a bike
- **c.** Buy an electric car
- **d.** Comply with rationing law

For answers, see page 17

House & Garden Colors for 1980

If color, like fashion, reflects the mood of the times, then we are about to enjoy a bright new year. In the palette of House & Garden Colors for 1980, *right*, appear four sparkling newcomers—Melon, Pink Fizz, Butterfly Blue, and Limeade—all marked NEW on the chart—to give a lift to your decorating. To add warmth, inspired by the rich reds of the Orient, we've put together 5 colors that we call ORIENTAL REDS* On page 146 you see ho they work together in furniture, rugs, fabrics, and appli ances you can buy in stores everywhere. The whol range of 1980 colors comes in a set of Color Chips, alon with a list of the manufacturers who make their desig available in House & Garden Colors across the countr If you would like a set, turn to page 180.


Pistachio Ice
Seafoam Green
NEW
Lacquer Green
pple
Watercolor Blue
Greensilver
*Butterfly Blue NEW
Heavenly Blue
Bistro Blue
True Blue
a
Shell
Pongee
Lavender
Mercury
Blue Flower
Ultramarine Blue
Blue Blue
Raisin
Biscuit
Pink Blush
Bittersweet
*Geranium
*Pompeiian Red
*Garnet Red
dil
Pure Cream
*Oyster White
NEW
Sienna
*Tangerine
Tender Taupe
Velvet Brown
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ental
Sun Yellow
Caramel Cream
Orange Peel
*Real Red
Sweet Chocolate
Hot Fudge





COLOR TO BUY

Oriental reds* and garden roses

in a room created from easy-to-sew patterns

This bedroom-cum-sitting room is created from the simplest of decorating ideas—color, sheets, and a touch of wicker. Designer Justine Cushing chose cabbage rose sheets to cover the bed, screen, cushions, armless chair, and ottoman. Solid vanilla sheets are shirred on the walls, with matching pillowcases. The warmth comes from the red detail—Real Red, Geranium, and Pompeian Red from House & Garden's Oriental Reds collection—used for lampshades, tablecloth, mirror, and painted wicker. All the sheets are by Martex, cut to fit from new Simplicity House decorating packets—the latest idea from the Simplicity Pattern people. Each packet contains easy-to-follow instruction cards on how to make fabric treatments, with illustrations. In this bedroom, the tablecloth, mirror frame, balloon shade, fabric-covered walls, pillow shams, and round pillows, floor cushions, lampshade, and screen are all adapted from Simplicity House decorating packets. There are fourteen packets to choose from, wherever Simplicity Patterns are sold. For details, see Shopping Information.

Left: "Savannah" and "Bone" sheets by Martex; "Contessa" bed by Namaco Inds.; Sealy Posturepedic mattress; Rattan desk and wicker armchair, painted Real Red, from Walters Wicker; Wicker side chair, two ottomans painted Real Red, from The Wicker Garden; French "chauffeuse" from Jean-Paul Beaujard; Bamboo bookcase from The Incurable Collector; Porcelain from Nuri Farhadi; Cocoa matting from Import Specialists; Red fabric by Laura Ashley; Window lace by Waverly.

HORST





COLOR TO BUY

Tangerine*

easy-care color for a kitchen that combines inventive planning with great ideas borrowed from professional kitchens

The big idea: The kitchen that moves so you don't have to. "In most kitchens everything is built-in and people move around," says its designer Charles Morris Mount, "but it seems to me that space is better used in a kitchen like this with movable work surfaces and counterspace—the things people always feel they never have enough of. It's a plan that works equally well for cooking and entertaining, for working alone, or with family and friends." The bright ideas that make the plan work:

A cooktop-in-a-cart: One table, 72 inches long, originally designed for heavy restaurant duty, whose butcher-block top was cut to hold a General Electric drop-in glass ceramic cooktop. An electric cable for the cooktop plugs into a floor outlet which leaves the table free to swivel on casters in three positions. Caster locks insure stability.

Mobile work surfaces: A second rolling table, identical to the first but without a cooktop, provides additional work space. The rolling tables together adapt to food preparation, cooking, serving, and eating. They can also transport heavy objects—their lower shelves are stainless steel and hold oversized pots. Tables are arranged parallel, in an L-shape, pushed together, or go their separate ways.

Mobile storage cubes: Undercounter storage is put on casters, in five specially designed cubes covered in Pongee Formica—three with four drawers and two with doors. Two are shown next to the General Electric trash compactor, *left*. These cubes put storage where you need it when you need it—near a dishwasher or a dining table, at the sink or in the greenhouse.

Colorful wall grid: In House & Garden Tangerine, brightest of the Oriental Reds, a wall-wide hanging storage grid designed for a department store display. Chrome hooks attach to the grid, small chrome baskets work like drawers, and the whole thing detaches for cleaning.

Energy-saving equipment: Dishwasher has "Energy-Dry" off-switch so dishes can dry from the heat of the rinse water; refrigerator/freezer has a control to reduce power during periods of low humidity, and ice and ice water come through the door. Both by General Electric.

A mini-greenhouse: A five-foot square in the kitchen's corner has one wall lined with mirror and an overhead "grow" light.

Lighting for the job at hand: Incandescent tandem tubes in handsome plum-colored metal housings selected by Mr. Mount light the wall grid and the countertop. The rest of the room's periphery is lighted with fluorescent tubes behind curved soffits. The overhead hanging lamps with incandescent bulbs light food preparation and dining.

Industrial wire shelving: Over countertops, open storage of foot-deep wire shelves, 60 inches long, for china and glass storage, canned and boxed foods.

Rolling wine storage: An industrial wire cart with three shelves holds wines; the pail doubles as an ice bucket.

The kitchen arranged with the tables parallel, *left*. Undercounter built-in dishwasher and trash compactor both by General Electric; two-bowl enameled sink by Kohler; industrial gooseneck faucet by Chicago Faucet; rolling tables by Marlo Manufacturing; drop-in cooktop by General Electric; wall grid from Sid Diamond Display; overhanging lamps by Abolite; running incandescent tubes and housings by Intrex/Habitat; Tangerine vent designed by Mr. Mount; industrial wire shelving by Metropolitan Wire; countertops of Oyster White Formica; storage cube fronts of Pongee Formica. For details, see Shopping Information.

TOM YEE





EASY-CARE COLOR

Snappy color for work spaces: "Wherever we put it, we put with purpose," says Charle Mount about the colors in th kitchen. "What we have is kitchen that's filled with natu als—off-whites, butcherblock the different metals hanging o the grid. The Tangerine viny floor and the Tangerine enam eled sink add gloss and snap. S does the wall grid which show up the beauty of all that po ished copper."

Quiet color for dining: "We used two subtle cottons the eating alcove: a taupe fo the tiered panels and a plum fo the seating. Inside each wa tier we also put tiny light which work separately from th kitchen and which can b raised or lowered on a rheosta You feel close to but still sepa rate from the kitchen."



Floor plan: The kitchen measures about 22 feet square and has a curved, recessed eating alcove in one corner; a pocket greenhouse tucked into a corner opposite. The kitchen contains: 1. Rolling table with cooktop 2. Second rolling table 3. Two-bowl sink; undercabinets 4. Built-in GE dishwasher 5. Built-in GE trash compactor 6. Mobile storage cube 7. Hanging storage wall grid 8. Built-in GE oven with rotisserie 9. GE microwave oven 10. GE refrigerator/freezer

Above left: The kitchen has five rolling storage cubes, one of which is pulled out here to act as a counter. These cubes store table linens, pots, pans, and baking accessories for the built-in self-cleaning oven and the microwave oven on the countertop. Through-the-door ice cube and ice water dispenser is on freezer side of refrigerator/freezer. All by General Electric.

Below left: Set up for a buffet, the two tables are in an L-shape. Eating alcove seats six. Rolling wine storage cart by Metropolitan Wire. For details see Shopping Information.

TOM YEE



Floor

Vinyl floor tile in House & Garden Tangerine; 18 inches square. By Eden.

Alcove

Cotton sailcloth for fabric-wrapped panels. Beach Plum for seating; taupe for walls. Fabric from Gretchen Bellinger.

Sink

Enameled two-bowl sink in a clear Tangerine. Lakefield sink by Kohler.

Countertops

Laminate surfaces for countertops, in Oyster White; for rolling cabinets, Pongee. Laminate by Formica.

Wall grid

Chrome grid stands about 4 inches from the wall; epoxy-coated in red from Sid Diamond Display.

MARY JENNINGS





KEITH TRUMBO

COLOR TO BUY

Oriental reds*

The rich, glowing red that comes from the Orient traditionally symbolizes light and energy. For us today, it has the same power to enrich our decorating. On these two pages, you can see a dazzling combination of Oriental Reds we've collected in House & Garden Colors—Geranium, Tangerine, Real Red, Pompeiian Red, and Garnet Red—with the accent colors characteristic of Oriental design: Dresden White, Pink Fizz, and Butterfly Blue. Oriental Reds put a glow on furniture, fabrics, [illegible] modern appliances—things you can buy [illegible] across the country. For more details, [illegible] information.




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Hous



with a family angle

Designed for the special interests of parents and teen-agers

In planning his own house on Long Island, architect Eugene L. Futterman had to be adaptable. His wife, an avid gardener, needed both greenhouse and garden. His two girls, in their teens, wanted independent quarters. He required a home-office and, sharing his wife's interest in cooking, wanted a kitchen ample for two. Each wish was realized. And, in this setting of meadow, marsh, and pond, Mr. Futterman felt it incumbent to build his house in the context of the place, to echo the meandering shapes and rustic materials of the traditional barns nearby. So, around a two-story rectangular plan he enclosed walls, gabled roof, and low-lying wings in cedar shingles. But he opened up the rectangle. The house joins the outdoors through wall-wide glass windows and doors, six skylights, two greenhouses. And outdoors, it has a poolside deck, two porches, two roof decks.

Above: Facing east and south, all main rooms, decks, porches, and 40-foot pool enjoy optimum sun and view in this year-round Bridgehampton, N.Y. house.
Left: The one-acre site borders a pond and wildlife preserve never to be built upon.

MARIS-SEMEL

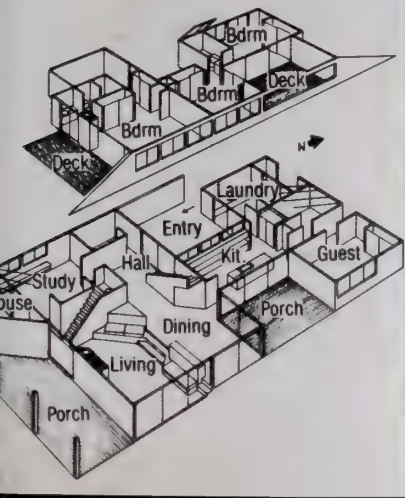
Wall-wide windows, soaring ceilings, and open floor plan create abundant space and light

"Open space and lots of light" was Mrs. Futterman's major wish indoors. So the tradition-inspired exterior has a contemporary open plan. You reach the front door through a walled court. Inside, the stair hall zooms up to the skylighted roof, and beyond the hall the capacious, two level living-dining room has a 26-foot-long glass wall framing Mrs. Futterman's English garden ablaze with lilies, marigolds, phlox.



In the living-dining room, with its pale gray walls, gray ceramic tile, and wall-to-wall steel gray carpet, the carpeted platform sofas, dining table, and counter cabinets are an integral part of the space. Opening off a corner of the room is the triangular greenhouse where Mrs. Futterman grows orchids, hibiscus, bougainvillea. And next to it Mr. Futterman has his drafting room-study. The 20-foot-long kitchen, a room the Futtermans can share, is at the other end of the house. With a center work counter and large restaurant stove, it is ideal for the two cooks, experts both. Upstairs, in the 2,500-square-foot house, parents and children have private domains. Separate stairs lead to their bedroom-bath suites and each has an outdoor deck to view the fields, farmland, and pond below.

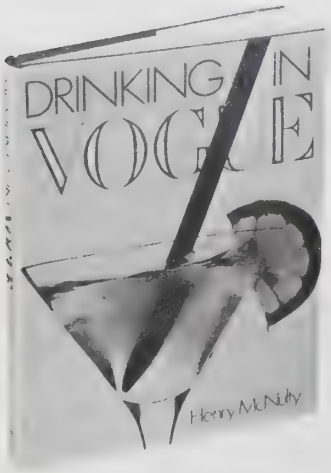
1. Living-dining room. Quiet color dramatizes outdoors. *2. Kitchen.* Center counter is buffet and breakfast bar. *3. Entrance hall.* Roof-high space opens up whole house. *4. Study.* Owner's workroom overlooks wife's greenhouse. *Below:* Two-story plan. See Building Facts.







"To Drink Is a Christian Diversion Unknown to the Turk or Persian"



Henry McNulty has had to concur with William Congreve's observation ever since the age of three when the communal wine and water his parson father prepared each Sunday for the flock first came to the tot's attention. But Mr. McNulty not being content to simply sit and sip has taken this Christian diversion into another dimension by writing one of the wittiest and most useful books on the subject of drinking that has come along since the Restoration.

From it we learn not only how to mix over 200 recipes for different drinks but also.

Why rum tends to get darker the further south it is produced.

Why Russians never drink vodka alone.

Why Alice B. Toklas would never look at scenery while nipping.

How a Chinese toast becomes a calisthenic.

Why an exasperated American chose to drink to Rutgers '36 rather than Grand Echezeaux '45.

Why Plymouth gin has a different flavor than London gin.

How American whiskey became known as bourbon.

How Scotch whisky was in fact invented in Ireland.

And a wealth of other factual and anecdotal information that will make this book worthwhile for even a Turk or a Persian.

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MEAL IN MINUTES

MENU
Shrimp stew Rice pilaf
Apple fool

"This menu is a faithful standby when I can't spend long hours in the kitchen preparing dinner for company. It seems to appeal to everyone and never fails to bring compliments," says Sonia Uvezian, concert pianist and cookbook author. Her *Book of Salads* (101 Productions) received the 1977 R. T. French Tastemaker Award for best paperback cookbook. Her schedule for entertaining must be as streamlined as possible, and this dinner for six requires a minimum of marketing, preparation, and attention—spicy shrimp that marinate 30 minutes, cook only 8, ladled over a traditional Middle Eastern rice pilaf. Dessert is a fluff of chilled apple purée folded into cream whipped with apricot brandy, a simple, light finish especially nice to remember as fall approaches. Peel and devein shrimp and toss with lemon juice, onions, chopped scallions, tomatoes, and spices. While it marinates, peel and slice apples and simmer in syrup 15 minutes. Drain, purée, and chill. Stir rice into butter in a saucepan, add chicken broth and peas, and simmer pilaf, covered, 25 minutes. If you prefer, you can whip the cream for the fool before serving dinner and chill it covered—you may need to whisk it again briefly before folding in the apple purée. About 10 minutes before serving dinner, add curry powder and marinated shrimp mixture to hot fat in a skillet and cook just until shrimp turn tender. Gently spoon rice into heated serving platter and top with the stew. Fold apples into flavored whipped cream and mound into chilled glasses.

Shrimp stew

INGREDIENTS

1½ pounds (about 14) jumbo raw shrimp, shelled and deveined (or use the same amount thawed frozen shrimp)
¼ cup lemon juice, freshly squeezed and strained
2 medium, mild onions, halved lengthwise and very thinly sliced
2 scallions, including 2 inches of green tops, trimmed and finely chopped
2 large tomatoes, peeled, seeded, diced
1 large garlic clove, finely chopped
½ teaspoon dried thyme leaves
Salt, freshly ground black pepper
Cayenne pepper
3 tablespoons butter or corn oil
¾ teaspoon mild curry powder
Rice pilaf (recipe below)

METHOD

☐ Place the shrimp in a deep bowl, sprinkle with lemon juice, and toss to mix. Add the onions, scallions, tomatoes, garli thyme, and salt, pepper, and cayenne taste. Toss gently to mix thoroughly. Cov and let stand at room temperature 30 mi utes or in the refrigerator up to 12 hour turning the shrimp and vegetables fro time to time.

☐ About 10 minutes before serving tim melt butter or heat oil in a large, heavy sk let over moderate heat. Stir in the cur powder, then add the shrimp mixture an toss lightly to mix. Cover and cook about minutes, or until the shrimp are just tende gently stirring twice. Do not overcoo Serve immediately over rice pilaf. Serves

Rice pilaf

INGREDIENTS

6 tablespoons butter
1½ cups uncooked long-grain white rice
3½ cups chicken broth
1½ cups shelled fresh peas or thawed frozen peas
Salt

METHOD

☐ Melt the butter in a heavy saucepa over moderate heat. Add the rice and sau té a minute or so, until the grains are we coated with the butter but not browne stirring constantly. Pour in the broth an peas, add salt to taste, and bring to a boi stirring. Reduce the heat to low, cover pa tightly, and simmer undisturbed about 2 minutes, or until the liquid has been ab sorbed, and the rice is tender but al dente Fluff the rice gently with a fork. Spoon int a heated serving dish, being careful not t mash it. Serves 6.

Apple fool

INGREDIENTS

2 cups sugar
2 strips lemon zest
6 Golden Delicious apples, peeled, core and sliced
1 cup heavy cream
1½ tablespoons sugar
2 tablespoons apricot brandy

METHOD

☐ Combine the sugar, 3 cups water, ar lemon zest in a large heavy saucepa Bring to a boil over high heat, stirring un the sugar dissolves. Reduce heat to med um-low, cover, and simmer the syrup minutes. Add the apples, cover, and sim mer 15 minutes, or until the apples a tender. Drain the apples (store syrup co ered, in the refrigerator, for another use Purée the apples through a food mill into large bowl, cover, and chill thoroughly.

☐ Whip the cream in a chilled bowl wit the sugar and apricot brandy until it hold soft peaks. Fold in the apple purée. Spoo the apple fool into chilled parfait or sherb glasses. Serves 6.

WINE & FOOD

Easy pastry that makes a meal spectacular

RUSSELL MACMASTERS

The Cinderella dough! From simple beginnings, a crisp pastry tower rises to lend its mystique to any food from mushrooms to truffles. Make the basic dough in a food processor, roll it, then shape it into cases, crescents, spirals, rolls. Freeze it to have on hand when inspiration—or unexpected company—strikes. *Left, from top*: Little fish; Roquefort spirals; shrimp, mushroom turnovers; ham, spinach crescents; mini jalousies from pastry chef Jack Lirio. Also this month: Three inventive dishes from New York restaurant Le Plaisir; John Clancy, who teaches baking across the country, demonstrates puff pastry; quick tips and recipes for papaya, mango, and pineapple; plus quick cooking combinations for savory dishes made with wines and spirits.



Hundreds of flaky layers built from butter, flour, water, salt

Step by step to puff pastry for hors d'oeuvre, main courses, and desserts

What an olive does for a martini,





Stouffer's Side Dishes do for dinner.

Stouffer's Broccoli au Gratin and Scalloped Potatoes are just two of the 13 side dishes Stouffer's makes. To liven up a simple meal. Or do justice to a special one.

Out-of-the-ordinary dishes. Made with uncommon care. To be uncommonly good.

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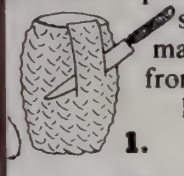
Stouffer's Side Dishes.
The great mealtime accessories.

0 easy recipes and ideas for a rio of luscious tropical fruits

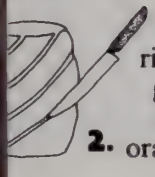
neapples, mangos, papa-
s—every bite is packed with
vor and vitamins. Low in
lories, they make festive
sserts all alone or with a
ueeze of lime juice. All
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ultry or meat, like pork,
d dress up yogurt or cot-
ge cheese to make a meal.
arion Cunningham, San
ancisco cooking teacher
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s fall from Knopf, has col-
ted the following notes,
s, and recipes.

ineapples

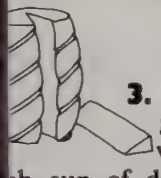
neapple is our most familiar
d popular tropical fruit. It
a symbol of hospitality and
eived its name because it
ks like a pine cone. The



1. size found in markets ranges from 6-8 inches long and 3-5 pounds in weight. The



2. tough outside rind varies from green-brown to yellow, yellow-orange. The flesh



3. is usually pale yellow, sweet, juicy, and fragrant. It is a good source of vitamin C, and

ch cup of diced pineapple
ntains about 80 calories.
Pineapple must be cooked
fore adding it to a gelatin
xture because the enzyme
omelin in uncooked pineap-
prevents setting. Pineap-
e is available fresh and
nned year round, and
freezes well.
Pineapples are picked
e; their color when
e depends on the va-
ty. Select a pineapple
th a good, sweet pine-
ple fragrance and one
at gives just slightly
pressure. Tap or snap
ur finger against the outside of the fruit, and if the sound is dull but solid, chances are good that it is ripe. Pulling a leaf from the tuft doesn't mean ripeness. Nor will a pineapple ripen further if left out at room temperature. Store it in the refrigerator in a plastic bag to keep it humid.

Long knives with both edges serrated are available for preparing pineapple. They look just like grapefruit knives but longer. Pineapples can be cut in many ways: quarter lengthwise, then cut out the core at the top of each section and run a knife between the skin and the flesh. Cut a quarter in pieces horizontally and sprinkle with kirsch if desired. Or to preserve as much as possible of the pineapple meat, either leave the tuft on or cut it off. Cut the skin off all around the pineapple, cutting lengthwise (1). The eyes of the pineapple lie on a diagonal grid. Starting at the top, cut along the grid with the knife held first at a 45-degree angle down (2), then turned and held on a 45-degree angle up to cut out a V-shape channel (3).

Mangos

Mangos are a lovely tropical fruit with sweet, smooth, juicy flesh, lemon or deep apricot in color, and a flavor faintly reminiscent of lemon and ginger or peaches. Mangos are 3-4 inches wide and about 4-7 inches long; they weigh 6 ounces–1½ pounds; contain approximately 140 calories each; are an excellent source of vitamin A, and have some vitamin B and C, calcium, phosphorus, and iron.

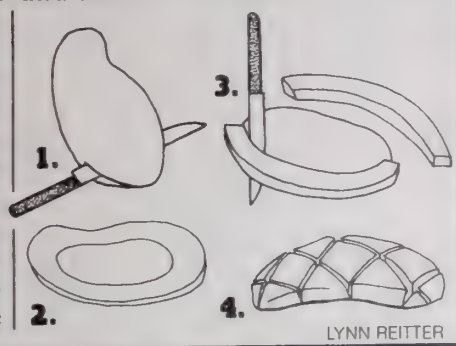
The fruit has thick skin that ranges from green to yellow, pink to deep crimson, or a combination of these colors. When buying a ripe mango, pick one with some yellow, pink, or crimson color, and the fruit should be firm but "give" slightly when pressed. Don't buy green mangos unless you are making chutney, as they generally don't ripen properly. The fruit is overripe if the skin is shriveled or has black spots. Mangos have a large flat seed, or stone, that resembles a bird's cuttlebone.

To prepare a mango, lay it flat on a counter and "fillet" out the seed by cutting lengthwise against the seed for the length of the fruit (1). Turn upside down and repeat on the other side of the seed (2). There will still be some flesh attached to each side of the seed. Cut this off (3). The flesh can be eaten out of the halves with a spoon or cross-hatched (4) and the skin pushed up from underneath, lifting and separating the pieces to make them easy to lift off with a spoon. You can also cut the halves in long slices, then press a knife against the skin under the flesh. Pull the skin while cutting to get all the flesh off the skin. To eat whole, score the skin of a mango in 4 and peel like a banana.

Papayas

Florida and Hawaii grow most of the papayas we have in our markets. The fruit weighs about 1 pound and is about 6 inches long and 5 inches in diameter with a short neck and bulbous body like a pear. The outer skin ranges from dark green to yellow, depending on the ripeness. They ripen from the

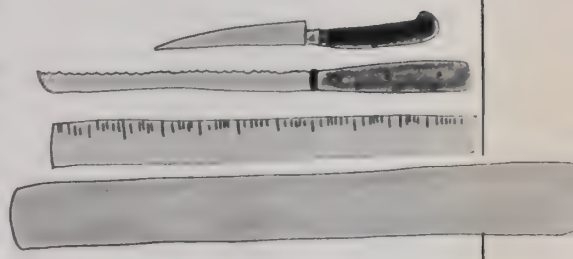
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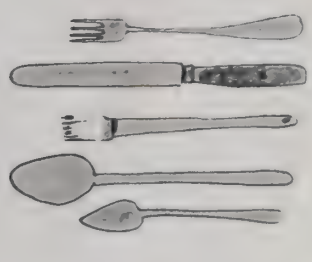


LYNN REITTER

How to use ready-made frozen puff pastry when you don't make your own

Crispy, light puff pastry adds glamour to creamed mushrooms, tuna salad, and intricately sauced dishes. Its versatility makes it a practical staple to keep on hand in the freezer. You can watch its miraculous rise through the oven door window because even if you do not make your own, puff pastry can be purchased frozen in supermarkets and gourmet shops across the country. The product at the gourmet shop is probably made locally in a licensed kitchen and its baking qualities will vary according to the recipe used. One nationally distributed brand, Pepperidge Farm Patty Shells, can be rolled into any shape. Around Christmas or a little earlier, look for their puff pastry in 10-inch square sheets. A little experimenting with the purchased pastry will acquaint you with its individ-





Tools of the trade for pastry: Sharp paring knife, serrated knife, ruler, straight rolling pin, fork, palette knife, pastry brush, wooden spoon, teaspoon.

Continued on page 166

Bite-sized puffs


Roquefort spirals


Stuffed croissants


Sausage rolls

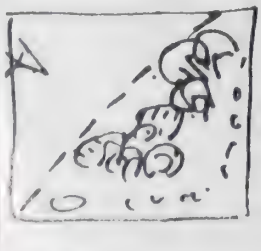

Little fish

RUSSELL MACMASTERS

Prosciutto and spinach in croissants, shrimp and mushrooms in turnovers



"Repetition makes for perfection" is one of pastry chef Jack Lirio's cardinal rules. Once students (his home base is San Francisco, but he teaches all across the U.S.) master his quick-method puff paste, they roll, twist, and trim small strips of dough around bits of savory fillings and pop them in the oven for 20 minutes—what easier way for a cook to run up a party in record time or for guests to sample a variety of hors d'oeuvre. One helpful hint:


Moisten 1 edge of turnover, press opposite side over it to seal in filling

Flatten tip of triangle with knifeblade so it curls under neatly, sticks tightly to crescent



When you're shaping several types of mini hors d'oeuvre at one time, keep the baking sheet you're filling in the refrigerator as you work. Then, before baking, slide the cold pan quickly over a burner on the stove to warm it evenly and to keep it from buckling in the oven. To emphasize the small scale of these tidbits, roll the pastry very thin—Mr. Lirio recommends rolling puff paste out when

Make eye and scales with knife tip



it's not too chilled—"rolling it cold requires too many strokes, builds up the gluten, so the dough turns tough." Mix and match Mr. Lirio's ideas or add and subtract for more surprise snacks, like



crumbled bacon and scallion rings in croissants, or basil sprinkled in the mini jalousies. Recipes, page 162.

Three-course pastry



Mini jalousies



Sesame turnovers



Scallops Provencale

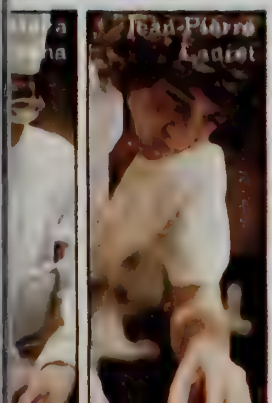


Asparagus and quail egg feuilleté



Feuilleté with lime and kiwi

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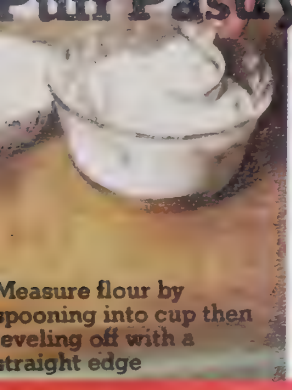


Jean-Pierre Lauret

This brilliantly simple food depends on quickly-cooked seafood and vegetables and reductions of cream, stock, wine for flavor. The dishes the associate chefs, *left*, of Le Plaisir, a small, charming restaurant in New York City, created look deceptive—they are easy to make! "Garlic loses its perfume with long cooking," so chef Massataka Kobayasha stirs it into his scallops only for the last minute. Chef Jean-Pierre Lauret likes kiwi's "natural balance of sweet and tart." His dessert sauce of puréed kiwi sets off the filling of whipped cream and pastries. All the parts can be prepared ahead, then assembled in a minute. Details, Shopping Information. Recipes, page 169.

EDWARD OLEKSAK

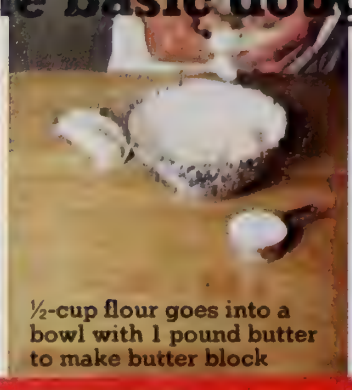
Puff Pastry How-to: The basic dough



Measure flour by spooning into cup then leveling off with a straight edge



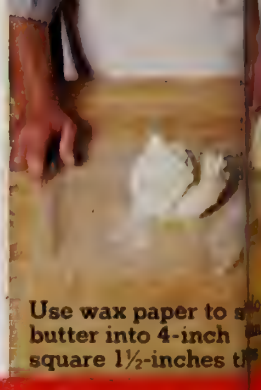
Work together 4 cups flour, 1 stick butter, 1 cup ice water for dough ball



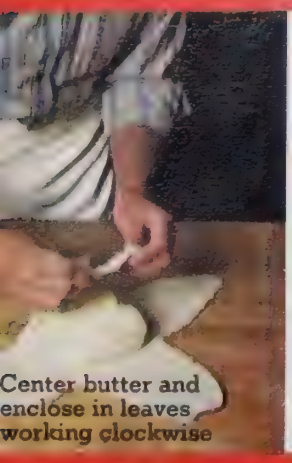
½-cup flour goes into a bowl with 1 pound butter to make butter block



Work the butter and flour together. The flour makes butter block manageable



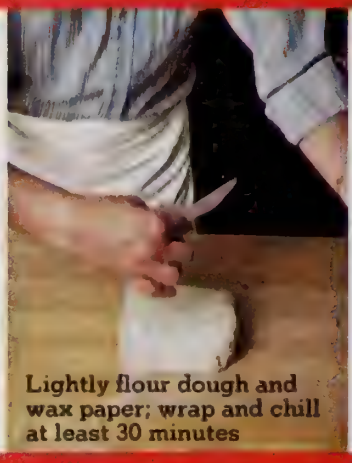
Use wax paper to s butter into 4-inch square 1½-inches t



Center butter and enclose in leaves, working clockwise



Turn package upside down and press into 7-inch square



Lightly flour dough and wax paper; wrap and chill at least 30 minutes



Roll dough into 12-by-21-inch rectangle; make sure it's not sticking



Brush excess flour dough before foldir



Transfer to baking sheet. Unfold into a circle



Turn in ½-inch of dough to form an edge



Prick pastry all over, including the edge so it won't puff up



Spread almond filling onto center of pastry



Peel pears, core wit melon baller, and cu out fiber with a knif

Classic pastry case



Cut 2 pastry circles. Cut collar from 1, fold in 4ths, unfold onto base



Lightly scallop the collar with back of a knife



Cut pattern in center

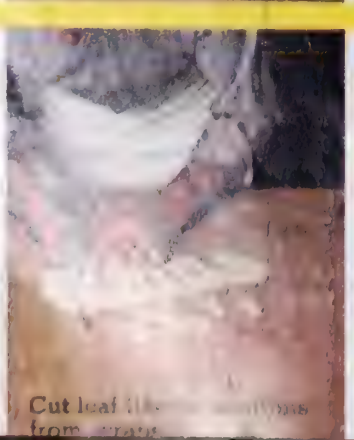


Brush top and center with egg glaze, not the sides



Finished pastry ca rises to 5-10 times unbaked height





Cut leaf



Glue to pastry with glaze



Baked free-form pastry case ready to be filled



Swe

Dust surface with roll pastry into a 15 8-inch rectangle

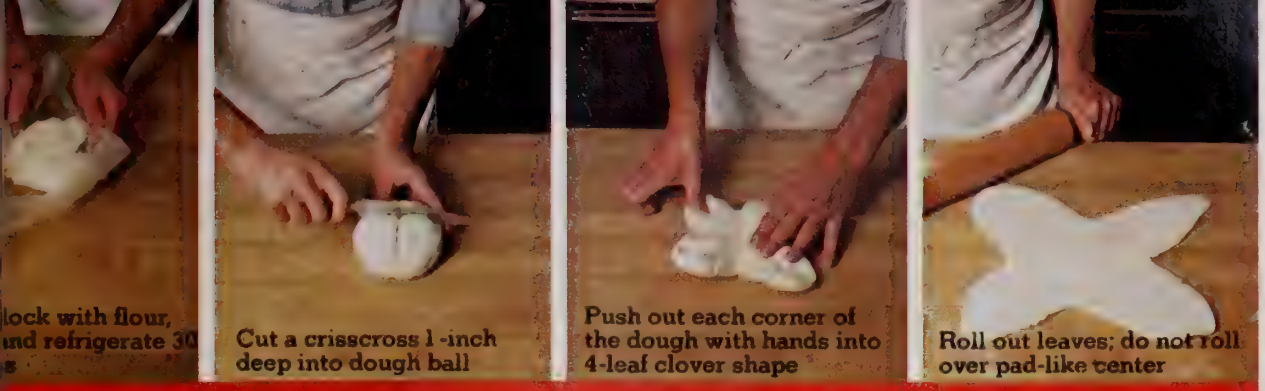
Make tarts, pastry cases, cookies, appetizers all from one dough

Learn puff pastry step by step from John Clancy, baking teacher and author of *Clancy's Oven Cookery*. Pastry cases can be round or square, large enough to serve six, or just big enough for 2 asparagus spears. Make palmiers and cream horns or cheese straws; when pierced so dough does not rise, it becomes mille-feuilles and tart pastry. "No special equipment is needed, but an electric mixer with a dough hook means you can work with colder butter than you could by hand, which keeps pastry cooler." Cut cold butter in chunks, add flour, water, beat with dough hook on medium speed until butter is well incorporated. For butter block, cut cold butter in chunks, add flour, and beat with paddle until smooth and still cold. More tips: Dough can be frozen for 3-4 months. Do not open oven door for first 20 minutes of baking pastry case—if heat is lost, steam won't develop and pastry will not rise as high. Don't roll scraps in a ball—pastry will rise in all directions instead of just up. Flour pastry lightly before folding so it does not stick to itself. Chilling pastry before baking prevents shrinking, lets gluten relax, and makes pastry easier to roll out. Black pans bake 10 minutes faster than shiny aluminum ones.



Pastry expert John Clancy

Free-form pastry case can be decorated on top because only bottom layer rises. But if you try to decorate sides of a classic case, it will glue the sides together. Details, Shopping Information; recipes, page 171.



lock with flour, nd refrigerate 30 s

Cut a crisscross 1-inch deep into dough ball

Push out each corner of the dough with hands into 4-leaf clover shape

Roll out leaves; do not roll over pad-like center

Pear tart with almond filling

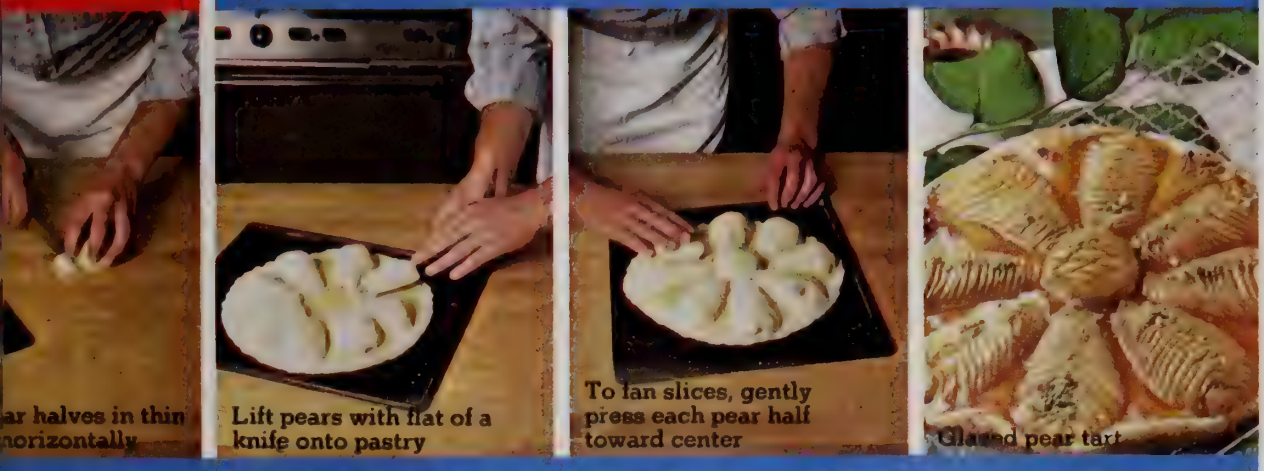


ough in thirds etter to make -inch rectangle

Cut around mold to shape pie crust

Lift up excess dough and fold neatly. Never roll scraps in a ball

To move pastry, fold in half, then half again



ar halves in thin horizontally

Lift pears with flat of a knife onto pastry

To fan slices, gently press each pear half toward center

Glazed pear tart

e-form pastry case



r foil ball on base, fit second circle over this

Use water as glue and seal edges all around; don't press down hard

Use a loose-bottomed mold to cut off excess dough evenly

Scallop bottom edge with large opening of pastry tip

lmiers



ch long side to to make a gle 15 by 4 inches, half lengthwise

Cut dough crosswise into ¼-inch wide strips

Dip in sugar, place on sheet, pull ends out

Palmiers make light, delicious cookies

30 inventive ways to cook with wine and spirits

Added during cooking, wine or spirits can make something special out of everything from mushrooms to peanuts. Simmering evaporates the alcohol, leaving only the subtle flavor to be savored. Here are some new ways to spark up hors d'oeuvre, appetizers, vegetables, and entrées.

Tomato sauce: Add a dash of cognac instead of sugar to tomato sauce to cut the acidity.

Make **snail mushrooms:** Squeeze whole stemmed mushrooms to extract excess moisture and to curl them up a bit. Stuff with a mixture of butter, garlic, shallots, and parsley. Bake in a casserole with dry white wine and a little vinegar. Mushrooms will absorb all the liquid. Serve in little butter pots like oversized snails. *Judith Olney, author of "Summer Foods" (Atheneum)*

Whiskey prawns: Sauté 4 or 5 peeled, deveined prawns per person in butter until they turn pink, about 4-5 minutes, then toss in 1 jigger of whiskey, cook 1 minute, remove prawns, let whiskey boil down another minute or 2, pour over prawns, and sprinkle with chopped chives. *Emalee Chapman, San Francisco cooking teacher*

Veal Soave: Cube veal shoulder and season with salt and coarse pepper. Brown in hot vegetable oil, add chopped onions, leeks, parsley, and marjoram. Add 1 package plumped, dried wild mushrooms and 1 cup Soave (dry white Italian wine) plus chicken stock to cover. Bring to a boil and bake 1½-2 hours at 325°. Strain out cooking liquid into a saucepan and thicken with a liaison of cream, prepared Dijon mustard, and 2 egg yolks. *Steve Bierman, New York City caterer*

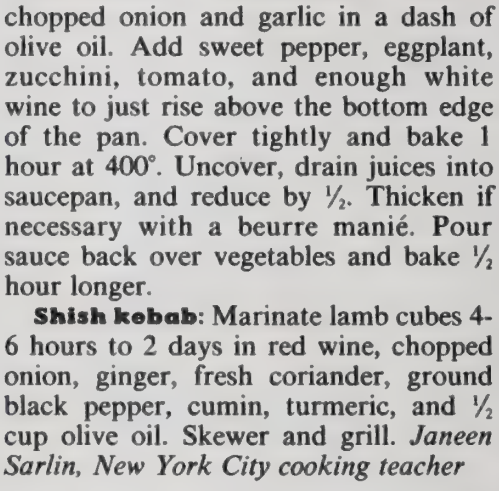
Sautéed pheasant: Remove breasts from pheasant and reserve. Smash up the rest of the carcass and roast in a hot oven. Add water and aromatics and cook on top of stove to reduce to a strong stock. Strain. Sauté breasts and keep warm while making sauce. Heat stock with some bourbon and reduce. Add salt, pepper, and a dash Tabasco to taste. Stir in sour cream and heat but do not boil. Pour over breasts and serve. *Restaurateur Trader Vic Bergeron*

A little wine, a dash of liqueur, whiskey, beer, can bring delicious new flavors to your favorite foods

Low-calorie ratatouille: Sauté chopped onion and garlic in a dash of olive oil. Add sweet pepper, eggplant, zucchini, tomato, and enough white wine to just rise above the bottom edge of the pan. Cover tightly and bake 1 hour at 400°. Uncover, drain juices into saucepan, and reduce by ½. Thicken if necessary with a beurre manié. Pour sauce back over vegetables and bake ½ hour longer.

Shish kebab: Marinate lamb cubes 4-6 hours to 2 days in red wine, chopped onion, ginger, fresh coriander, ground black pepper, cumin, turmeric, and ½ cup olive oil. Skewer and grill. *Janeen Sarlin, New York City cooking teacher*

Carrots brighten up with a pinch of sugar and a tablespoon of Madeira added toward the end of the cooking time.



EMERICK BRONSON

Marinate lamb, shrimp several hours in lemon, oil, brandy, onion, garlic, dill, spices. Grill with mushrooms, peppers.

Sauerkraut and potato salad a as tasty with gin as with juniper berries

Choucroute garni served an ol French way: Spoon the sauerkraut, sa sages, and other meats onto a roun metal platter placed over an alcoh burner, then set a split of "just opened champagne in the center of the platter s it bubbles down the bottle and cooks bit. *Chuck Williams, owner of William Sonoma cookware shop in San Francisc*

Deep fry batter gets a lift from a litt white wine stirred in.

Cantaloupe sprinkled with port is dramatic first course.

Mussel bisque and seafood stew– add interest with a dash of Ricard Pernod.

Fresh truffles can be preserved i vodka with a tiny bit of cognac—th spirits impart no flavor to them.

Duck pâté à l'orange: Marinate th breast and leg meat with the liver in o ange juice and Grand Marnier. Grin the meats, season with herbs, spices, an pour into a terrine with whole pista chios. *Jane Salzfass Freiman, Chicag cooking teacher*

Braised sweetbreads: Substitut crème de cassis for ½ the stock or wi when braising sweetbreads on a bed mire-poix. After sweetbreads ar cooked, strain out liquid, reduce with tablespoon more cassis and vinegar unt syrupy, and reheat sweetbreads in th sauce. *Michele Urvater, coauthor "Cooking Nouvelle Cuisine in America (Workman)*

Apple cider sole: Allow 2 pounds fr zen North Atlantic sole fillets to star unwrapped at room temperature 20 mi utes. Cut each block into 3. Stir 2⅓ cu cream, 1⅓ cups apple cider (sweet hard), and 2 tablespoons chopped sha lots into a large Dutch oven. Add fis Cover and simmer slowly 20 minutes; not boil. Remove fish and keep warm Reduce liquid by ½. Add ¼ cup Pern or anisette, ¼ cup Calvados or appl jack, ½ clove minced garlic; ¼ teaspo chervil, and salt and pepper to taste. T serve, arrange julienned mushrooms ar apples on fish and pour sauce ove Serves 6. *Bernd Gavel, Executive chef the Toronto Harbour Castle Hilton*

Continued on page 1

g. "tar", 0.5 mg. nicotine av. per cigarette by FTC method.

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 continued from page 160

Sherried mushroom sauté: For a great first course, or to serve as hors d'oeuvre in puff paste shells, sauté 3 tablespoons minced shallots in butter until lightly colored, add 6 black Chinese mushrooms, soaked, drained, and sliced ⅛ inch thick, and cook, stirring, 5 minutes. Add 1 pound sliced American mushrooms and cook over low heat until they darken and begin to exude juices. Add ½ cup dry fino sherry, 2 tablespoons light soy sauce, salt and pepper, and cook 10 minutes, shaking the pan from time to time or stirring. Spoon over hot toast points and serve immediately.

Gin-glazed turnips to accompany roast duckling, pork loin or chops, leg of lamb: For 4-6 people, sauté 1½ pounds peeled, sliced turnips in 4 tablespoons sweet butter 5-6 minutes, turning slices to coat well. Season with salt and pepper and pour ½ cup London dry or American gin over turnips. Cook gently just until alcohol in gin burns off, and turnips are tender. Turn onto a hot platter, garnish with chopped chives or scallions.

Avocado spread: For a tangy and colorful spread to enjoy with apéritifs, peel and cube 2 large ripe avocados into ¼ cup lemon juice. Mash in 3 small white minced onions, 1 small minced garlic clove, 2 tablespoons chili powder. Season puréed mixture with salt and pepper and blend in ¼ cup white rum, then add 1 large tomato, peeled, seeded, and chopped. Or blend all ingredients except tomato in a food processor—stir in tomato last. *Doris Tobias, coauthor of "The Golden Lemon" (Atheneum)*

Brandy and butter basting sauce: Combine equal portions melted butter and California brandy. Brush bird liberally every 8-10 minutes of grilling.

Brandied olives: Drain liquid from 15-ounce jar green olives. Refill with California brandy, reseal, and refrigerate at least 8 hours. Taste 1 olive. If you like a more pronounced brandy flavor, leave olives in jar longer. *Malcolm R. Hebert, "The First Brandy Cookbook" (Nitty Gritty Productions)*

Cheese spread: Whip together ½ pound each cream cheese and Roquefort, ¼ cup sesame seeds, and ½ cup Marquis de Caussade Armagnac—spread on thin crispbread.

Green sauce for fish, raw vegetables, and baked potatoes: Whirl in a blender 1¼ cups sour cream, ⅛ teaspoon ginger, ½ cup chopped watercress, ¼ teaspoon salt, ¼ teaspoon green chartreuse. Makes 1¾ cups.

Roasted peanuts: Mix together 1 cup raw peanuts, ¼ cup Sambuca Romana, ¼ teaspon garlic powder, ⅛ teaspoon curry powder, and salt to taste. Bake 10 minutes at 300°, stirring once.

Sweet potatoes: Peel 6 large, hot sweet potatoes and mash with ½ stick butter, 1½ ounces Amaretto di Saronno, 3 tablespoons hot cream. Garnish with slivered almonds, if desired. Serves 6-8.

Chicken with artichokes in rum sauce: Brown 2 halved chicken breasts in a skillet and transfer to a baking dish; reserve. Add 2 sliced carrots and 4 sliced scallions to the skillet with 1 package thawed artichoke hearts and cook, covered, over low heat 8-10 minutes. Shake pan gently so the artichokes don't scorch. Add some sliced water chestnuts, salt, pepper. Stir 1½ cups stock, ½ cup Bacardi light rum, 2 tablespoons cornstarch in a bowl and add to vegetables. Stir and cook until sauce thickens. Pour over chicken and bake 40-50 minutes at 350°, basting occasionally. Serve sprinkled with chopped parsley.

Steak d'Anjou: Combine 1 cup Sebastien Aubert Rosé d'Anjou with a garlic clove, chopped parsley, salt, pepper; pour over a 2-pound flank steak. Let marinate, covered, in the refrigerator 2 hours, turning frequently. Drain steak, reserving marinade. Broil or grill meat quickly, heat reserved marinade, swirl in 2 tablespoons butter, serve with the steak.

Veal stew with beer: Dredge veal in seasoned flour; brown well in a skillet. Add shallots, scallions, or onions, and cook 30 seconds. Deglaze pan with a bottle of light beer. Add herbs like bay and thyme; cover, simmer until meat is tender. Finish with sweet or sour cream.

Rice pilaf: Sauté 2 chopped onions in ½ cup butter in a large skillet until golden. Add 2 cups raw, rinsed rice, 2 10½-ounce cans chicken stock, and ½ cup Galliano. Cover and cook over low heat until liquid is absorbed, about 15 minutes. Garnish with cherry tomatoes and fresh mint or parsley. Serve with grilled lamb marinated in herbs and Galliano. ■

Bite-sized puffs
continued from page 156

Viennese puff pastry

INGREDIENTS FOR DOUGH

2½ cups all-purpose flour, sifted
3 tablespoons cold sweet butter, cut into 6 pieces
1 teaspoon salt
1 egg yolk

INGREDIENTS FOR BUTTER PACKAGE

1½ cups all-purpose flour, sifted
1 pound minus 3 tablespoons cold sweet butter, cut into ½-inch cubes

METHOD FOR DOUGH

☐ Place flour and butter in the work bowl of a food processor and process until mixture resembles coarse meal.

☐ Mix together salt, yolk, and ½ cup plus 1 tablespoon cold water in a small bowl. Add to the flour and butter. Process until dough comes together into a ball. Remove dough, form into a disk, wrap, refrigerate.

METHOD FOR BUTTER PACKAGE

☐ Place flour and butter in work bowl of food processor; process until mass looks like all butter. Remove from processor, form into 4-inch disk, refrigerate until ready to use—no longer than 30 minutes, or butter becomes too hard to roll.

METHOD FOR ASSEMBLY AND TURNS

☐ Roll the dough out on a lightly floure surface to a 12-inch circle. Place the butte package in the center. Fold the edges ove to make an "envelope." Roll dough out t a rectangle 8 by 18 inches or larger. Fold i thirds in the traditional letter fold, then tur dough. Roll out again to the same rectan gle, but this time fold both ends into cente until they touch, then fold package i half—this is called a double fold or doubl turn. Wrap and refrigerate 15 minutes; ro again to a rectangle; make only one doubl fold. Refrigerate again 15 minutes, then ro to a rectangle and make a final double fol Altogether you have made 1 letter fold, special folds. Let dough rest 15 minutes refrigerator; it is ready to use. Wrap th puff paste and keep in refrigerator ove night if you wish, or wrap airtight an freeze.

Tiny croissants with prosciutto and spinach

INGREDIENTS

¼ batch puff paste (follow the basic recipe, using 1 pound flour and 1 pound butter)
Egg glaze: 2 egg yolks beaten with 1 tablespoon heavy cream, or 1 whole egg, beaten
¼ pound prosciutto, cut into fine julienne
8-12 spinach leaves, blanched

METHOD

☐ Roll puff paste to approximately ⅛ inch thick on a lightly floured surface. Cu into 3-inch-wide strips, then cut into trian gles with bases measuring 2½ inche wide. Use a rolling pin or knife blade to ex tend triangle point an extra ½ inch to mak them measure 3½ inches long.

☐ Paint the triangles with egg glaze an place julienned prosciutto and a sma piece of blanched spinach leaf in the cen ter. Roll the triangles and shape into croi sants. Chill. Freeze. Place on a parchmen lined baking sheet, glaze again with eg and bake in a preheated 350° oven 20-3 minutes or until lightly browned. Serv warm or hot. Makes 24.

Mini jalousies with anchovie

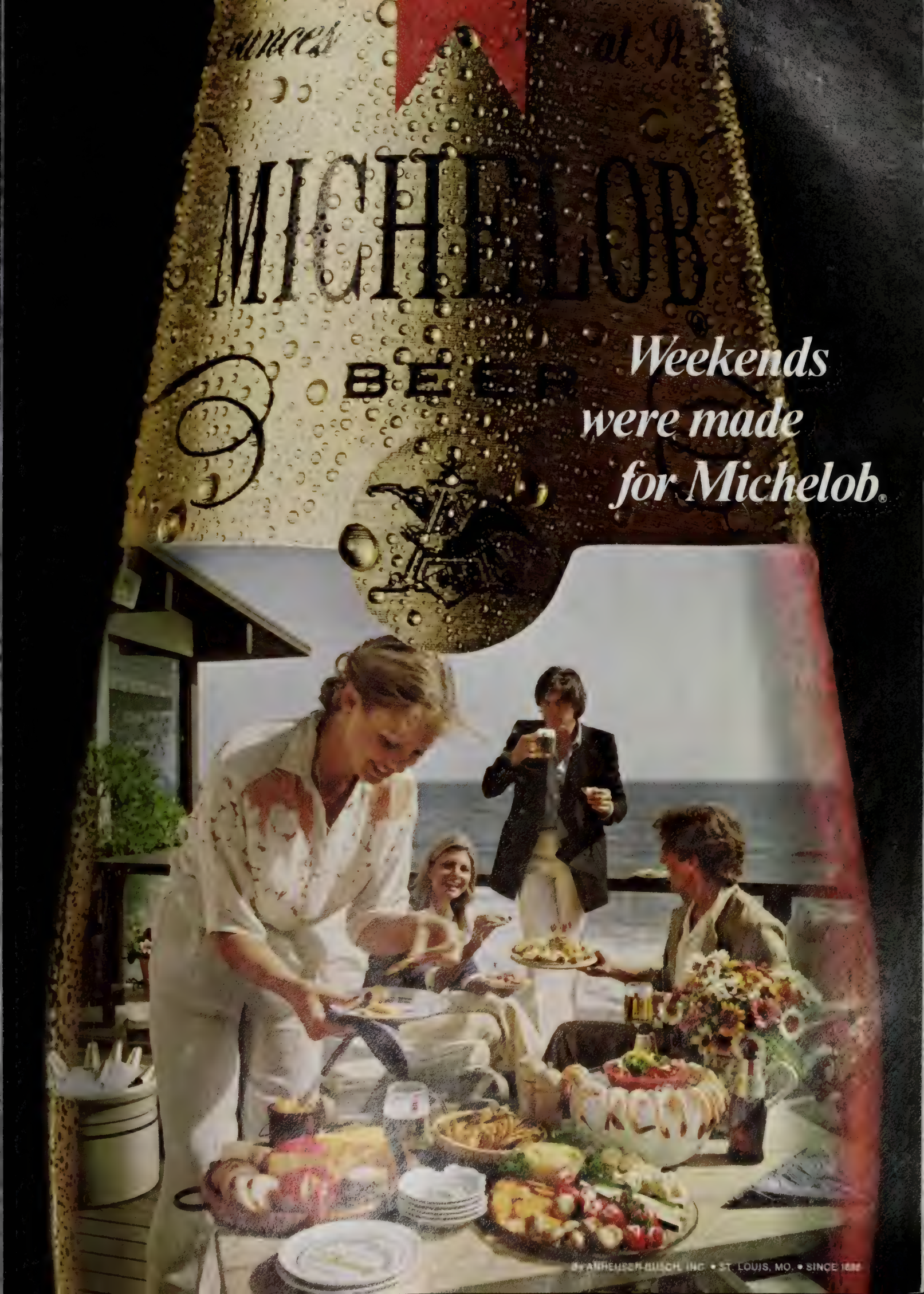
INGREDIENTS

¼ batch puff paste
2 tablespoons tomato paste, or more
2 2-ounce tins flat anchovy fillets, drained, rinsed in warm water, dried
Egg glaze

METHOD

☐ Roll puff paste to approximately ⅛ inch thick on a lightly floured surface. C into long bands 2 inches wide. Smear a ¼ inch-wide band of tomato paste liberal down the center of half the bands. Arrang a single layer of anchovy fillets on top the tomato paste. Lightly flour and fold th plain bands of dough in half so you have long, thin (1-inch-wide) band. Make a s ries of fine, close cuts about ½ inch deep

Continued on page 1


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into the folded edge—use a *very* sharp knife, making sure you cut all the way through the double thickness of dough. Paint exposed dough on anchovied strips with egg glaze. Unfold the cut strip and place on top. Press edges down with a fork to seal. Cut strips crosswise into 1-inch pieces. Chill. Freeze until time to bake. Place pastries on parchment-lined baking sheet, glaze again with egg, bake in a preheated 350° oven 20-30 minutes or until lightly browned. Serve warm. Makes 24.

Sausage rolls

INGREDIENTS

¼ batch puff paste
2 tablespoons Dijon mustard, or more
Link breakfast sausages, cooked and chilled
Egg glaze

METHOD

☐ Roll puff paste to approximately 1/16 inch thick on a lightly floured surface. Cut into long bands 3 inches wide or wide enough to wrap around the sausage you are using and allowing an overlap of approximately ½ inch. Smear a ½-inch-wide band of mustard liberally down the center of the dough strips. Place the sausages end to end in a single long row on top of the mustard. Wet the top edge of the dough with egg glaze for glue, then wrap the dough around the sausage and roll over to seal the seam. Cut into pieces ¾ inch to 1 inch wide, cutting where the sausages end and trimming off the end pieces. Glaze with egg. Chill. Freeze. Place pastries on a parchment-lined baking sheet, glaze again with egg; bake in a preheated 350° oven 20-30 minutes or until lightly browned. Serve hot or warm. Makes 24.

Josephine Araldo's Roquefort spirals

INGREDIENTS

3 ounces cream cheese
1½ ounces Roquefort cheese, or more
1 tablespoon butter
Pinch cayenne pepper
3-4 tablespoons scallions or chives (green parts only), snipped coarsely
¼ batch puff paste
Egg glaze

METHOD

☐ Mix together until smooth the cream cheese, Roquefort, butter, and cayenne in a bowl. Stir in the scallions or chives.

☐ Roll the puff paste to 1/16 inch thick on a lightly floured surface. Try to end with a sheet about 6 by 17 inches or 2 sheets 6 by 8 inches. Spread the filling over the dough sheet leaving a ½-inch border lengthwise on the end farthest from you. Glaze the edge lightly with egg. Roll the sheet away from you jelly-roll fashion, wrap in plastic wrap, then freeze.

☐ If the log is frozen hard when you are ready to bake, allow to soften at room temperature ½ hour before cutting. Cut into ⅜-inch-thick cross sections. Place on a parchment-lined baking sheet. If the pinwheels are still half frozen, allow them to defrost until they are merely chilled, as they tend to unravel if baked frozen. Bake in a preheated 350° oven 15-20 minutes or until *lightly* browned. Do not bake until a deep brown, or spirals will be crumbly and dry. Don't worry if dough looks a little underbaked in center. Makes 24.

Turnovers with shrimp, mushrooms, and sesame seeds

INGREDIENTS

¼ batch puff paste
½ cup shrimp, cooked, chilled, and cut into ¼-inch dice
2 tablespoons mushrooms, cooked, chilled, and cut into ¼-inch dice
2-3 tablespoons velouté sauce, chilled (recipe above)
Cayenne pepper to taste
Egg glaze
½ cup sesame seeds

METHOD

☐ Roll puff paste to 1/16 inch thick on a lightly floured surface. Cut into bands 2 inches wide, then into 2-inch squares.

☐ Mix shrimp, mushrooms, velouté sauce, and cayenne together very thoroughly in a small bowl. Paint a diagonal half of each dough square with egg glaze. Place ½ level teaspoon filling in center of each square and fold pastries in half so that a glazed surface is being "glued" to an unglazed surface. Seal edges well with a fork. Glaze with egg. Chill. Freeze. Place turnovers on a parchment-lined baking sheet, glaze again with egg, sprinkle liberally with sesame seeds, and bake in a preheated 350° oven 20-30 minutes or until nicely browned. Makes 24.

Little fish

INGREDIENTS

¼ batch puff paste
Velouté sauce, chilled (recipe below)
1 tiny tin "cross pack" sardines
Egg glaze

METHOD

☐ Roll puff paste to approximately 1/16 inch thick. Cut into bands 2½ inches wide. Cut out pieces of velouté sauce 1¼ inches long by ⅜ inch wide and place across the pastry bands in a row, leaving about 1¼ inches between each piece.

☐ Trim ends of sardines so they measure 1½ inches. Place 1 fish over each velouté rectangle allowing ½ inch space at one end where tails will be formed. Paint dough around sardines with egg glaze. Place a 2½-inch strip of dough over the sardines pressing down around and between each to seal. Use a pastry wheel to cut out fish shapes allowing for tail and for a ⅛-inch platform all around the fish. Seal platforms with a pie crimper wheel, then cut a notch in the tail and shape fins with a fork. Use an ATECO plain pastry tip, #0 (3/16-inch hole), to cut out an eye hole and make scales all over the bodies or use the tip of a knife. Glaze with egg. Chill. Freeze until time to bake. Place on a parchment-lined baking sheet, glaze again with egg, and bake in a preheated 350° oven 20-30 minutes or until nicely browned. Serve hot or warm. Makes 24.

Velouté sauce

INGREDIENTS

2 cups homemade or canned fish or chicken stock
2½ tablespoons butter
2½ tablespoons flour
½ cup milk
Butter

METHOD

☐ Place stock in a saucepan and boil until reduced to ½ cup. Set aside.

☐ Heat butter in a small saucepan until it melts, then whisk in flour and let foam over high heat 30-60 seconds.

☐ Whisk reduced stock and milk into the roux. Bring to a boil, whisking to keep sauce smooth. Let simmer 5 minutes. Spread out on a plate to a thickness of ⅛ inch. Touch butter all over surface to prevent a skin from forming. Cool. You can freeze sauce until needed. Makes 1 cup. ■

blossom end to the stem end, and a papaya that is one-third speckled with yellow means that in 2-3 days you will have a good ripe fruit. Dark spots on the outer skin are a sign of spoilage. When the fruit is green, it is used as a vegetable, and when ripe, as a fruit. The flesh of the papaya varies from yellow to deep orange and is firm, smooth, and creamy in texture and sweet and bland in taste.

Split papaya in half lengthwise, discard black seeds in center. Drizzle lime or lemon juice over each half and eat with a spoon. Fill halves with cottage cheese or mandarin oranges, raspberries and orange liqueur. Or peel each half, cut into slices or cubes.

An average papaya has 130 calories and is a fine source of vitamins A and C. Each yields about 1 cup purée which freezes very well, but sliced or cubed papaya becomes mushy when frozen.

Mango cream

INGREDIENTS

1½ teaspoons unflavored gelatin
⅓ cup sugar (depending on the sweetness of the mango)
Dash salt
1 cup mango purée
3 tablespoons lime juice
1½ cups heavy cream, whipped

METHOD

☐ Sprinkle the gelatin over 4 tablespoons water and let stand 5 minutes. Put the sugar, ½ cup water, and salt in a small heavy-bottomed pan, bring to the boiling point, stirring to dissolve the sugar; remove from

Continued on page 166

The Honorable Omelet.

This great, new dish may look like your favorite easy but elegant omelet. But inside there's the intriguing flavor of Kikkoman naturally-brewed Soy Sauce. Go ahead and try The Honorable Omelet. You'll find that The incredible edible egg and Kikkoman Soy Sauce, the all-purpose seasoning, go together deliciously.

HONORABLE OMELET

4 servings

- 2 small carrots, peeled and cut into julienne strips
- 1 large stalk celery, cut diagonally into ⅛-inch thick slices
- 1 medium onion, chunked
- 2 cloves garlic, crushed
- 1 teaspoon ground ginger
- 2 tablespoons salad oil
- 1¼ cups water
- ¼ cup Kikkoman Soy Sauce
- 4 teaspoons cornstarch
- 8 cherry tomatoes, halved, OR, 1 medium tomato cut into eighths
- 8 eggs
- ½ cup water
- 4 tablespoons butter, divided

Stir-fry first five ingredients together in hot oil over medium-high heat 1 to 2 minutes, or until tender-crisp. Combine next three ingredients; stir into pan with tomatoes. Cook until sauce boils and thickens. Keep warm while preparing omelets. Mix eggs and water. For each omelet: Heat 1 tablespoon butter in 8-inch omelet pan until hot. Pour in ½ cup egg mixture which should set at edges at once. Carefully push cooked eggs to center, tilting pan occasionally so uncooked eggs can flow to bottom. While top is still moist and creamy-looking, spoon about ½ cup vegetable mixture on half of omelet. Fold omelet over filling and turn out onto plate. Keep warm while preparing remaining omelets. Top each omelet with ¼ of the remaining vegetable mixture. Serve immediately with additional soy sauce.



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The incredible edible egg
American Egg Board

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heat, and add the softened gelatin. Stir until dissolved. Cool, add mango purée and lime juice, blend, chill. Gently stir in whipped cream, mix well, refrigerate at least 4 hours before serving. Serves 6.

Mango macadamia nut tart

INGREDIENTS FOR PASTRY
1½ cups flour
1½ tablespoons sugar
1 stick (¼ pound) butter, cold
2 teaspoons lemon zest, grated
1 egg yolk
Dash salt
INGREDIENTS FOR FILLING
1½ cups unsalted macadamia nuts, coarsely chopped
4 cups ripe mango slices
3 tablespoons lemon juice
1¼ cups apricot glaze

METHOD FOR PASTRY
☐ If using a food processor, combine the flour, sugar, butter cut in pieces, lemon zest, yolk, and salt in the bowl. Process until pastry makes a ball around blade.
☐ If blending by hand, combine all the ingredients in a bowl, cut the butter into 6 pieces, and blend with a fork or your fingers until thoroughly mixed.
☐ Lightly dust a surface with flour and roll the pastry about 2 inches wider than the diameter of a 10-inch tart pan and about ⅛ inch thick. Roll the pastry around the rolling pin and unroll over the tart pan. Gently fit the pastry into the inside edges, leaving the excess pastry draped over the outside. Roll the pin over the top edges of the tart pan to cut away extra pastry. Bake the tart shell in a preheated 425° oven about 12 minutes, or until lightly colored, reaching into the oven after the first 5 or 6 minutes to push down any pastry "swells" gently with your hand, being careful not to get burned. Remove tart shell and cool.

METHOD FOR FILLING AND ASSEMBLY
☐ Spread the macadamia nuts evenly over the bottom of the tart shell and arrange the mango slices, overlapping the edges a little, in a circle over the nuts and sprinkle with lemon juice. Heat apricot glaze (you can use apricot preserves heated until melted, and rubbed through a strainer) until warm and melted, spread over top of mango slices. Cool, serve.

Papaya pudding

INGREDIENTS
2 cups firm papaya, peeled, seeded, and riced or mashed
⅔ cup coconut, freshly grated
6 tablespoons lemon juice
3-4 tablespoons sugar (depending on the sweetness of the papaya)
3 eggs, lightly beaten
½ cup heavy cream
Salt
Butter

METHOD
☐ Combine the papaya, coconut, lemon juice, sugar, eggs, and cream in a mixing bowl. Stir briskly to blend and add salt to taste. Spoon mixture into a buttered 1-quart casserole and bake in a preheated 350° oven about 45 minutes, or until the pudding has set. Serve hot with veal, pork, or chicken. Serves 4.

Bermuda fish chowder

INGREDIENTS
2 fish heads
4 pounds fish fillets (use cod, or mixed fillets, but not an oily fish)
1½ teaspoons salt
3 bay leaves
1 teaspoon peppercorns, crushed
1 teaspoon cloves, ground
4 tablespoons bacon fat
2 large onions, chopped
3 ribs celery, chopped (with a few celery leaves)
2 cloves garlic, mashed
1 green pepper, seeded and chopped
4 cups fresh tomatoes, peeled and chopped, or use canned tomatoes
1½ cups beef broth
½ cup parsley, chopped
2 tablespoons Worcestershire sauce
½ teaspoon curry powder
3 tablespoons lemon juice
6 carrots, peeled, cut into 1-inch slices
2 green, unripe papayas, peeled, seeded, and cut into 1-inch cubes
Rum to taste (optional)

METHOD
☐ Place the fish heads and about 2 pounds of the fillets with salt, bay leaves, peppercorns, and cloves in a large kettle and cover the contents with water. Bring to a boil, reduce heat to simmer, and cook until the fish falls away from the bones easily, about 30 minutes. Remove from the heat, strain the broth, and return broth to kettle. Add pieces of boned fish and bay leaves to the kettle. Set aside.
☐ Melt the bacon fat in a large frying pan over low heat, stir in the onions, celery, garlic, and green pepper and cook over low heat until the onions are slightly soft. Add to the kettle with the tomatoes, beef broth, parsley, Worcestershire, curry powder, and lemon juice. Simmer 1 hour. Add carrots and papaya, simmer until carrots are tender, about 25 minutes, then add remaining 2 pounds of fish fillets cut into bite-sized pieces. Simmer about 5 more minutes or just until fish is done. Add rum and correct seasonings. Serves 8-10.

Spiced pineapple

INGREDIENTS
1 cup cider vinegar
2 cups sugar
2 teaspoons whole cloves
2 teaspoons whole allspice
1 stick cinnamon
3 cups pineapple, cut into bite-sized pieces

METHOD
☐ Combine the vinegar, sugar, cloves, allspice, and cinnamon stick with 1 cup water in a heavy-bottomed pan. Bring to a simmer and cook 10 minutes. Add the pineapple and continue to simmer 35-40 minutes. Let the fruit cool in the syrup. Seal in sterilized jars or keep in a covered dish in the refrigerator if using within several weeks. Makes 3 cups.

Pineapple cranberry conserve

INGREDIENTS
½ pound cranberries
2 oranges, cut into large pieces
¾ cup pineapple, coarsely chopped
½ cup raisins
1 tart apple, cored and finely chopped
4 tablespoons lemon juice
1½ cups sugar
¾ cup walnuts, in large pieces

METHOD
☐ Chop the cranberries and orange coarsely in a food chopper or processor. Put pineapple, cranberries, orange, raisins, apple, ½ cup boiling water, lemon juice, and sugar in a heavy-bottomed saucepan and stir to blend. Cook over medium low heat about 1 hour, stirring often, or until the conserve has cooked down to a thick mixture. Remove from heat and add the walnuts. Spoon into sterilized jars and seal. Makes 4½ pints.

Pineapple avocado sherbet

INGREDIENTS
1 ripe, medium-sized avocado
¾ cup milk
1¼ cups sugar
½ teaspoon salt
1 cup pineapple juice
⅓ cup lemon juice
2 egg whites

METHOD
☐ Peel and seed avocado; place in a food processor or in a bowl, mash and blend until smooth and puréed. Stir in milk, 1 cup sugar, and salt and beat until well mixed. Add pineapple and lemon juices. Pour into a tray, freeze until mushy.
☐ Beat egg whites until stiff but not dry, slowly add ¼ cup sugar, beat until glossy. Fold whites into avocado mixture, blend. Freeze until firm. Makes 1 quart. ■

Ready-made pastry
continued from page 155

ual traits—how long it should rest, what kind of shrinkage to expect. Below are tips and suggestions for foolproof results, worked out by Rose Levy Beranbaum, who teaches dessert baking and decoration in New York City.

Puff pastry works best in cool, dry weather. In hot weather the butter starts to melt and no longer stays in suspension. Marble is the preferred surface for working with puff pastry as it maintains

Continued on page 169

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Ready-made pastry
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a cool temperature, but oilcloth, Formica, or wood, in a cool area, are fine. If pastry starts to soften too much while working it, it should be quickly slid onto a flat baking sheet, covered with plastic wrap, refrigerated about 30 minutes or until firm, cool again.

Storage

Puff pastry from the store can be kept frozen up to one year in a freezer which maintains temperature close to 0° F. It can also be refrozen twice after its initial freezing without any significant loss in rising ability. This is particularly useful for make-ahead hors d'oeuvre—dough can be rolled, stuffed, shaped, and refrozen until shortly before serving time. In fact, puff pastry bakes best from the frozen state, as the contrast from very cold to very hot gives it an added shock or boost on its way up! It also tends to bake more evenly and with less shrinkage.

Once pastry is defrosted, it should not remain in the refrigerator for more than two days. If it cannot be used by then, it is better to refreeze it.

Defrosting

Frozen puff pastry will defrost in 4 hours or overnight in the refrigerator, or 1–2 hours at room temperature. It should still be cool but malleable enough to roll smoothly. Do not roll if still partly frozen or too hard.

To defrost only part of a piece of frozen pastry, using a serrated knife make a ¼-inch-deep cut the length of the size piece desired. Sharply strike pastry on edge of a table top or counter, along underneath side of cut, and the piece will break off cleanly.

Shaping

When cutting the pastry, the object is to create edges which will leave the layers of pastry open and able to rise freely, as opposed to edges that are stuck together or closed. To accomplish this goal, always use a sharp knife with an up/down motion as opposed to a dragging motion, or use an unfloured biscuit cutter pressed firmly down, straight through the pastry. Do not twist cutter and be sure to wipe it clean after each cut. Never use an uncut edge of puff pastry, as the layers will be closed and sealed.

Large vol-au-vent (pastry case; literally translated "fly with the wind")

With most puff pastry there will be some degree of shrinkage, so start out with a circle ½-1 inch larger than desired. 1¼ pounds puff pastry can be rolled to a 12-inch square about ¼ inch thick.

Small pastry cases

Roll 1¼ pounds of puff pastry into a 12-inch square, ¼ inch thick. (3/16 inch is also fine for small pastry cases.) With a 4-inch biscuit cutter, cut 8 circles. Using a 2¾-inch biscuit cutter, cut out centers of four of these circles and, using egg wash to adhere them, place resulting rims on remaining four circles. (Use the centers as covers if desired.) Prick centers up to rim and prick covers to prevent shrinkage. Transfer to prepared baking sheet using a wide spatula and being careful not to alter shape.

Pepperidge Farm Patty Shells

Use 1½ packages, which equal 15 ounces or 9 patties. Defrost and arrange in 3 rows of 3 shells each, overlapping well so that practically no spaces can be seen. Moisten between overlapped areas with cold water. Press gently but firmly together and then roll out into a 12-inch square. Fold into thirds, making 3 layers, and again into thirds making a square. Cover and refrigerate for 30 minutes. Then roll to a square of approximately 11 inches and ¼ inch thick. Cut to desired shape. When rolled into a sheet and given these extra "turns," the patty shells will rise 5 times their original height, and they will not shrink.

Pepperidge Farm puff pastry sheets

The sheets need no extra rolling out. Each sheet weighs about 1¼ pounds and is just under a general-purpose 3/16 inch thick. The pastry takes only 10 minutes to defrost, rises very evenly with no shrinkage and really does not need chilling after shaping.

Baking

Puff pastry baked in the Farberware convection-type oven browns beautifully evenly with no excess browning of bottoms. Four-inch pastry cases take about 15 minutes at 400°F (oven preheated 5 minutes). In a conventional oven, it is best to place pastry in upper third of oven to avoid overbrowning of bottoms.

Bake pastry cases at 450°F (preheated) for 10 minutes, then at 350°F for 10-15 minutes more for small ones, and 15-20 minutes for large, or until golden.

A technique used to make perfectly even pastry cases is to suspend a rack about 2 inches over pastry cases using Pyrex cups or other 2-inch objects as supports. If one side of pastry case rises faster than the rest, it hits the rack and levels out instead of toppling over.

Baking sheets

Avoid nonstick baking sheets when baking puff pastry, as the nonstick surface doesn't provide the necessary traction to enable the puff pastry to rise to its best advantage. Pastries should be placed about 1 inch apart. ■

Three-course pastry
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Scallops Provencale

INGREDIENTS FOR SCALLOPS

1 pound sea scallops
1 cup flour, sifted and seasoned with salt and pepper
5 tablespoons butter
2 tablespoons oil
1½ tablespoons shallots, minced
¼ pound mushrooms, diced
⅔ cup dry white wine
1 cup tomatoes, roughly chopped
½ teaspoon meat glaze (see note below)
⅛ teaspoon garlic, chopped
⅛ teaspoon fresh basil, chopped

INGREDIENTS FOR CREAM SAUCE

2 tablespoons shallots, minced
1 cup dry white wine
1 cup fish stock
1 teaspoon fresh lemon juice
⅔ cup heavy cream
1 endive, julienned
2 medium-size tomatoes, julienned
1 tablespoon fresh basil, chopped

INGREDIENTS FOR ASSEMBLING DISH

1 8-inch pastry case
Cooked scallops
Cream sauce

METHOD FOR COOKING SCALLOPS

☐ Pat scallops dry on paper towels. Toss scallops in seasoned flour and shake in a wire mesh sieve to rid them of excess flour.

☐ Heat 2 skillets over high heat and add 2 tablespoons butter and 1 tablespoon oil to each one. When the fats are very hot, add scallops and do not budge them for about 20 seconds, so they get a crisp coat. Turn over and cook an additional 1½ minutes. Scallops should be brown, but not completely done. Place in a strainer over a bowl.

☐ Add the remaining 1 tablespoon butter to one of the sauté pans and sauté shallots until wilted. Add mushrooms and sauté over medium-high heat 2 minutes. Add white wine to pan, heat, and flambé. Reduce liquid by simmering about 5 minutes. Add tomatoes, meat glaze, and reserved scallops and cook for about 2 minutes. Just before serving, add garlic and basil and cook for about 1 minute.

METHOD FOR SAUCE

☐ Put shallots, wine, stock, and lemon juice in a saucepan and boil slowly 20 minutes, or until liquid is reduced to about 3 tablespoons. Add cream and reduce liquid by half. Add endive, tomato, and basil and heat gently 2 minutes.

METHOD FOR ASSEMBLY

☐ Fill pastry case shell with cooked scallops and pour cream sauce around base. Serves 6.

☐ *Note*: Meat glaze (glace de viande), a reduction of veal stock, can be mail ordered from Maison Glass, 52 East 58th St., New York, N.Y. 10022; $9.95 for a 14-ounce jar ($15 minimum order) plus postage.

Asparagus feuilletés

INGREDIENTS FOR POACHED EGGS

1 tablespoon vinegar per quart of water
36 quail eggs or 12 peewee-size eggs
1½ teaspoons salt per quart of water

INGREDIENTS FOR TRUFFLED MADEIRA SAUCE

½ cup Madeira, or more as needed
1½ ounces truffles, diced, plus juice
1 cup strong chicken stock
Salt, pepper
1 shallot, chopped
⅛ teaspoon thyme
⅓ bay leaf

Continued on next page

1 cup heavy cream
8 tablespoons cold sweet butter
4 tablespoons flour

INGREDIENTS FOR HERB SAUCE

½ cup white wine
1 tablespoon shallot, chopped
Salt, pepper
2 tablespoons fresh chives, chopped
1 cup heavy cream
4 tablespoons cold sweet butter

INGREDIENTS FOR ASSEMBLY

Truffled Madeira sauce or herb sauce
6 baked feuilletés, about 3 by 3 inches
30 asparagus spears, blanched until crisp-tender
36 quail eggs, poached
Thin diagonal slices of blanched asparagus or chopped chives

METHOD FOR POACHING EGGS

☐ Pour water into a skillet, add vinegar, and bring to a boil. Reduce heat and have water barely simmering.

☐ Break each egg into a small cup, tilt the cup directly over the water, and slide egg in. Cook about 45 seconds, remove with a slotted spoon, and immerse in a bowl of cold water. Poach only 6-8 eggs at a time and repeat process.

☐ When ready to use, reheat for 15 seconds in hot salted water. Remove with a slotted spoon and drain on a towel.

METHOD FOR TRUFFLED MADEIRA SAUCE

☐ Boil Madeira and truffle juice in a saucepan until the liquid is reduced to about 4 tablespoons and set aside.

☐ Heat stock, salt and pepper to taste, shallot, thyme, bay leaf, and cream to a slow boil in a separate saucepan.

☐ Heat 3 tablespoons butter in a heavy-bottomed enameled pot until foam recedes, remove pot from heat, and add flour to mix well. Return pot to medium-low heat and cook, stirring, about 2 minutes. Remove roux from heat and as soon as it has stopped bubbling, pour in boiling stock-cream mixture all at once. Beat vigorously with a whisk to blend. Set pan over moderately high heat and stir constantly until sauce boils. Simmer 5-10 minutes and strain into reduced mixture. Add diced truffles and simmer 1 minute. Taste for seasoning—if more Madeira is needed (the reduction gives flavor but cooks out perfume), add a tablespoon at a time until desired taste is reached and simmer to evaporate alcohol. Remove pan from heat and beat in remaining butter bit by bit.

METHOD FOR HERB SAUCE

☐ Put wine, shallot, salt and pepper to taste, and chives in a saucepan and cook over medium heat until reduced to about 1½ tablespoons. Add cream to the reduction and reduce again by half. Strain mixture through a chinoise (conical strainer). Remove pan from heat and whisk in butter bit by bit.

METHOD FOR ASSEMBLY

☐ Put a little of the chosen sauce on the bottom of warm dinner plates. Place a feuilleté on top. Take "hat" off feuilleté, arrange 5 slim spears of asparagus inside, and top with 2 rows (6 eggs, or 2 peewee-size eggs) of quail eggs. Pour more hot sauce over the feuilleté and top with the hat. Garnish with thin diagonal slices of asparagus or chopped chives. Serve immediately. Serves 6.

Feuilletés le Plaisir

INGREDIENTS FOR PASTRY CREAM

1 cup sugar
5 egg yolks
⅔ cup flour, sifted
2 cups milk, boiled
1 tablespoon sweet butter
2 tablespoons vanilla

INGREDIENTS FOR WHIPPED CREAM

1¼ cups heavy cream

INGREDIENTS FOR KIWI SAUCE

6 kiwi fruit, room temperature, peeled

INGREDIENTS FOR ASSEMBLY

Pastry cream
Whipped cream
3 limes
Kiwi sauce
8 feuilletés
2 kiwi, peeled and sliced, for garnish
3 tablespoons lemon zest, optional

METHOD FOR PASTRY CREAM

☐ Gradually beat the sugar into the egg yolks in a mixing bowl; beat for about 3 minutes, or until the mixture is pale yellow and falls from the beater forming a ribbon. Beat in the flour until incorporated.

☐ Gradually pour in the milk in a slow stream, beating constantly.

☐ Transfer mixture to an enameled saucepan and place over high heat. Bring mixture to a boil, beating all the while; continue to beat until smooth. Lower heat, continue to cook for about 3 minutes, stirring constantly. Remove from heat, beat in butter and vanilla. Makes 2½ cups cream.

METHOD FOR WHIPPED CREAM

☐ Place bowl and beater in freezer for 2 hours. Place chilled cream in bowl, whip until it barely mounds and still flows from beater. Makes 2½ cups cream.

METHOD FOR KIWI SAUCE

☐ Purée peeled kiwi in a blender or food processor and strain out seeds. Chill.

METHOD FOR ASSEMBLY

☐ Fold whipped cream into pastry cream in a large bowl. Zest limes with a citrus zester to make long, graceful curls. Peel 2 limes and section. Dice half sections. Squeeze juice from remaining lime. Fold diced lime and lime juice to taste into cream.

☐ Pour kiwi sauce on each dish. Fill feuilleté with lime-flavored cream, place on bed of sauce. Garnish with rounds of kiwi, sections of lime, and equal amounts of lime and lemon zest. Serves 8. ■



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Puff pastry

INGREDIENTS

4½ cups all-purpose flour
1¼ pounds sweet butter (5 sticks), chilled
1 cup ice water
½ teaspoon salt

METHOD

☐ Place ½ cup of the flour in a bowl. Remove 4 of the ¼-pound sticks of butter from the refrigerator and cut them, one stick at a time, into approximately ½-inch cubes, dropping the cubes by the handful onto the flour as they are cut. Toss the cubes lightly in the flour with your hands until each cube is evenly coated on all sides. Place the bowl of cubes in the refrigerator to chill for at least 15 minutes (set your timer)—do not remove excess flour. Prepare ice water by running cold water into a 2-cup glass liquid measuring cup, with ice cubes added. Have an empty 1-cup-liquid measuring cup handy.

☐ Place the 4 cups flour in a second bowl. Remove the remaining ¼-pound stick of butter from the refrigerator and cube it into the flour. Immediately, fill the 1-cup measure with ice water and pour it over the flour and butter. Scatter the salt over the ingredients and work them together energetically with both hands, kneading and squeezing to combine them thoroughly. When the mixture begins to stick to your hands and to the bowl, add a little flour and work it in. Continue to knead, adding a little flour at a time, until the dough stops sticking and becomes a mass.

☐ Lightly flour your work surface and the dough. Put the dough on the work surface and continue to knead it. If it sticks, again add flour, a little at a time, to both dough and work surface and knead the dough until it no longer sticks. Shape the dough into a ball and dust lightly with flour. Wrap in wax paper and place in the refrigerator.

☐ Remove bowl of floured butter cubes from refrigerator. Combine them quickly with both hands, knead until ingredients are thoroughly blended and smooth.

☐ Shape this flour-butter mixture into a rough square. Then use a ruler as a guide to shape the mixture with your hands or a pastry scraper into a neat 4-inch square approximately 1½ inches thick. Lay out a piece of wax paper and dust it lightly with flour. Place the square on it and dust all exposed sides lightly with flour. Wrap it and chill in the refrigerator 30 minutes.

☐ Remove the ball of dough from the refrigerator and unwrap it. Dust the work surface lightly with flour and place the ball on it. Make a crisscross cut 1-inch deep into the top of the ball with a knife. Press the heel of your hand into the cut and, one at a time, push out each corner of the dough; it will go quite naturally into the shape of a four-leaf clover.

☐ Dust your rolling pin lightly with flour and roll out *only* the leaves. Do *not* roll over the pad-like center at all. Roll back and forth

Continued on next page

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dough on it and dust the exposed sides lightly with flour.

☐ Mark a piece of scrap paper with 5 diagonals. Cross off one as an indicator that you have just finished rolling and folding the dough *once.* Wrap dough, tucking the piece of paper in the foil. Place dough in refrigerator to "rest" and chill for 30 minutes (set timer).

☐ **Second turn:** Remove the dough from the refrigerator, unwrap it, and place it with a narrow open end facing you. Roll it out just as you did before but this time to a rectangle 14 by 24 inches. Fold it into thirds as before, dusting off any excess flour on surface of dough.

☐ Cross off another diagonal on the scrap paper and tuck it into the aluminum foil as you wrap dough. Place dough in refrigerator to rest; chill 30 minutes (set your timer).

☐ Roll out and fold the dough, exactly as you have just done, *3 times more,* letting it "rest" and chill for 30 minutes between each rolling. After the last folding (the 5th), chill the wrapped dough in the refrigerator for 2 hours before using.

INGREDIENTS

4 ounces unblanched almonds
1 tablespoon butter
¼ cup sugar
½ teaspoon pure vanilla
2 teaspoons lemon zest, grated
2 tablespoons flour
2 egg yolks
1 10- or 12-inch puff pastry circle, chilled, and pricked with a pastry docker or the tines of two dinner forks
5 Anjou or Bartlett pears (they should not be ripe enough for eating out of hand)
1½ cups apricot preserves, heated, then sieved for a smooth glaze
Unsalted pistachio nuts, chopped, for garnish

METHOD

☐ Place the almonds, butter, sugar, vanilla, lemon zest, flour, and egg yolks in a food processor or blender and process only to coarse, granular texture. Remove pastry circle from the refrigerator, crimp edges, prick with pastry docker or fork. Spread almond mixture carefully on pastry.

Continued on page 174

Puff pastry how-to
continued from preceding page

the length of each leaf (if it sticks, flour lightly underneath), extending each one until the dough now resembles diagonal strips crossed like an X, each diagonal measuring 17 inches from end to end (including the pad-like center).

☐ Remove the 4-inch butter square from the refrigerator, unwrap, and place it on the pad-like center of the crossed strips. One at a time, moving in a clockwise or counterclockwise direction, bring each strip over the square, pressing down so that each one overlaps and adheres to the one beneath. When the square is completely enclosed in the dough, turn this "package" over and press it into a 7-inch square with the flat of your hand or the bottom of a baking pan. Lay out a piece of wax paper and dust it lightly with flour. Place the 7-inch square on it and dust the exposed sides lightly with flour. Wrap it and place in the refrigerator to "rest" and chill for 30 minutes (set your timer).

☐ Remove the chilled 7-inch square from the refrigerator. Dust the work surface lightly with flour. Unwrap the square. Dust it lightly with flour and begin to roll it out into a rectangle. Distribute your weight evenly on the handles of the rolling pin and roll it on the dough all the way to the edges, first away from yourself and then back toward yourself, lifting the dough with your hands or a pastry scraper from time to time to see if it's sticking. If it sticks, dust underneath lightly with flour. Watch for butter breaking through the dough as you roll; if it does, immediately add flour *heavily* to the spot and roll it in with your pin. Continue to roll out the dough until the rectangle measures 12 inches wide and 21 inches long.

☐ **First turn:** Fold the rectangle into thirds, like a letter, to create 3 layers of dough: Starting with the edge nearest you, lift the dough and fold it over, leaving the top 7 inches of dough exposed. This makes 2 layers. As you make each fold, use a pastry brush to dust off any excess flour remaining on the surface of the dough. Lift the edge of the remaining 7 inches of dough and fold it toward yourself so that it lies on top of the first 2 layers. Lay out a piece of aluminum foil and dust it lightly



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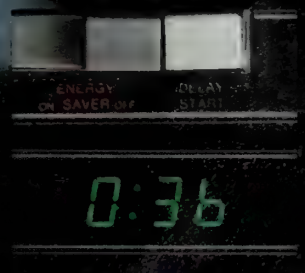
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continued from preceding page

☐ Peel and halve 4 of the pears lengthwise. Core with a melon baller. Slice the pear halves very thin horizontally, holding them to maintain their original shape. Lift pear halves with a knife onto the pastry circle to make a star pattern. Push the pears toward the center of the tart to fan the slices out. Peel and halve the fifth pear; shape one half to fit center of tart. Score it on top, but do not slice through.

☐ Place the tart in a preheated 400° oven and bake 40–45 minutes. Glaze liberally with the sieved apricot preserves and sprinkle pistachios in a line down each pear half for garnish. Serves 8.

Puff pastry excerpted from the book *Clancy's Oven Cookery* by John Clancy and Frances Field. Copyright© 1976 by John Clancy and Frances Field. Reprinted by permission of Delacorte Press/Eleanor Friede.

Palmiers

INGREDIENTS

1 batch puff pastry
1 cup sugar

METHOD

☐ Roll the pastry out on a heavily sugared surface to a 15-by-8-inch rectangle. Fold ⅓ of the dough in towards the center, then fold in ⅓ on the opposite side, leaving a ½-inch channel in the center of the rectangle. Fold the dough in half along the channel. Cut into ⅓-inch-thick slices. Dip the slices in sugar to coat well and place on a baking sheet. Let the unbaked palmiers rest 30 minutes, then bake in a preheated 375° oven 15 minutes, until the sugar on bottom caramelizes. Turn the palmiers over on the baking sheet and bake 6–8 minutes more. Makes 24.

Classic pastry case

INGREDIENTS

*1 batch puff pastry, given 3 double turns and 2 single turns**
Flour
1 egg, beaten

METHOD

☐ *To make a "double turn," fold ⅓ of the dough in towards the center of the 12-by-21-inch rectangle. Fold in ⅓ on the opposite side to meet, then fold the package in half lengthwise—this adds more layers than the single turn, or letter fold.

☐ Roll out the puff pastry on a lightly floured surface to a rectangle 12 by 21 inches and slightly more than ¼ inch thick. Use a plate or pastry case form 10 inches in diameter as a guide and cut out 2 circles of pastry. (Cut straight down around the form with a knife and lift away the trimmings—fold and wrap them to use later.) Cut an 8-inch circle inside one of the 10-inch circles—you will use the outer 2-inch ring for the pastry case.

☐ Sprinkle a baking sheet with water. Flour the 10-inch circle, fold it in half, then in half again, place in the center of the sheet, and unfold. Brush the outer edge of the pastry with water and place the 2-inch ring on top. (Refrigerate the 8-inch circle that remains.) Around the outside border, make diagonal score marks with dull edge of a knife about ¼ inch deep at ¾-inch intervals. This helps it rise evenly. Lightly cut curves into collar with the tip of a knife. Cut lightly around the inside of the pastry ring—do *not* cut all the way through. This will facilitate removing the pastry case top after baking. Draw the knife lightly over the bottom of the pastry in a checkerboard pattern and prick it in several places with the knife-point to release steam—only the walls (the 2-inch border) should rise.

☐ Glaze the pastry carefully with the beaten egg—do *not* let the egg wash dribble down the outside of the pastry, as it will cause the layers to stick to each other. Let the pastry case rest in the refrigerator 1 hour. Glaze again with egg and bake in a preheated 425° oven 20 minutes—do not open the oven door—then reduce heat to 375° and bake another 20 minutes.

☐ Remove pastry case from oven and lift out crust that has formed in the center—this will be the top after you fill the pastry. Return pastry case and top to a warm oven for a few minutes to dry, then cool. Fill as desired just before serving.

☐ To serve, cut the pastry lid in half for the first 2 plates, then cut down and across horizontally as you progress until the pastry case is empty—do not cut in wedges.

Free-form pastry case

INGREDIENTS

1 8-inch puff pastry circle
1 10-inch puff pastry circle
1 8-inch strip puff pastry
1 egg, beaten

METHOD

☐ Place a ball of crumpled aluminum foil on 8-inch circle on a dampened baking pan; lay 10-inch circle over it. Moisten the edge with water, press to seal, and chill.

☐ Use a loose-bottomed quiche pan slipped over the pastry case to measure an exact circle. Trim off excess dough around the bottom and form a decorative edge with the large opening of a #7 round pastry tip. Use the small end of the tip to cut a hole out of the top of the pastry case. Brush the pastry with beaten egg.

☐ Cut the 8-inch strip of pastry lengthwise into 5 thin strips—use these to decorate the pastry case any way you like. Place a strip around the pastry case about ¼ of the way down the top to outline what will be the lid—use egg glaze as glue. Cut out leaves with a truffle cutter or by hand if you like. Let the decorated pastry case rest in the refrigerator 1 hour. Bake in a preheated 425° oven 30 minutes—do not open the oven door the first 20 minutes—then reduce heat to 375° and bake 15 minutes longer or until brown. Remove from oven and let cool on a rack. After 20 minutes, cut under the strip marking the lid and remove the top. Discard foil. Fill just before serving and cut as for the classic pastry case.

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COLOR NOW
Cover and Pages 114 and 115

"Chippendale Butterfly" sheets: From Leonard Fisher's Oriental Odyssey Collection for Utica by J.P. Stevens. **Sleigh bed, armless chair, chaise lounge, club chair, bronze twisted candlesticks, blue and white fish plates, wooden table, botanical prints, log baskets, Chinese rice barrel:** All from Mario Buatta, NYC 10021. **Bull's-eye Art Deco mirror:** 44" d. Bone lacquer. $2,070. From Karl Springer*, NYC 10021. **Stripped pine corner cupboard:** c. 1860. From Ireland. $3,300. At Howard Kaplan's French Country Store, NYC 10003. **Stained pine cricket table:** c. 1800. $840. **Shell plate holding apples:** 14" w. $120. **Antique bookstack table:** $780. All from J. Garvin Mecking*, NYC 10021. **Tray basket:** 17" sq. $12. At Renny, NYC 10021. **Brass standing lamp:** 37" h. $238. **Ceramic ginger jar lamp:** $330. Both at LCS*, NYC 10022. **Porcelain four-tiered pot:** 9" h. From China. **Ginger jar on corner cupboard:** $325. **Round jar on bottom shelf:** $60. **Basket next to chaise lounge:** $45. **Imari plate:** 19th c. All at Gordon Foster Antiques, NYC 10021. **All other porcelain:** From Mario Buatta, NYC 10021. **"Granny Squares" afghan:** 54" x 94". Orlon. $125, made to order from Naomi Holmes, 990 North Western Ave., San Pedro, Calif. 90732. **"Sawali" office planters:** 20" x 18" h. $90. From Lorin Marsh*, NYC 10022. **Shell andirons:** $425. **Hearth sweep broom:** $20. **Handmade poker:** $65. **Tongs:** $225. **Three fold fire screen:** $145. All at Danny Alessandro, Ltd. Edwin Jackson, Inc., NYC 10021. **Upholstery:** By Fleming Hegner, West New York, NJ 07093. **Hand painted floor:** By Stephen Gemberling, 24 East 81st St., NYC 10028. **Movable wood shutters:** Courtesy of National Woodwork Manufacturers Association.

WRAPAROUND COLOR
Pages 130-131

"Sai Mai" cotton fabric for curtains, chair and banquette: 53"w. 10½" r. From Brunschwig*, NYC 10022. **Antique Victorian slipper chairs:** At Jean-Paul Beaujard, NYC 10021. **Antique needlepoint rug:** From Stark Carpet*, NYC 10022. **"Deauville" vinyl wall fabric:** 54" w. $15 a yd. By Wolf-Gordon Vinyl Wallcovering, NYC 10011. **Pillows on sofa:** Made from antique needlepoint rugs from Coury Rugs, NYC 10022. **Antique temple basket:** From Cambodia. At Gordon Foster Antiques, NYC 10021. **Mirrored screen** At Seguin Mirror & Brass, NYC 10021. **"Brookdale" full lead crystal stemware:** Copperwheel engraved. From West Germany. Claret, 6" h. 6 oz. $65. Goblet, 7" h. 10 oz. $65. **Fluted champagne:** 7⅛" h. 6 oz. $65. Decanter, 11" h. 40 oz. $360. All by Tharaud. At Tiffany, NYC 10022. **Sterling salt and peppers:** 2½" h. $65, pair. At Tiffany, NYC 10022. **"Fresh Flowers" cotton printed tablecloth:** 90" round. With ten napkins, $136. At Pratesi, NYC 10021. **"Espace" cotton fabric for under tablecloth:** 4" repeat. $15 a yd. From Boussac of France*, NYC 10022. **Folding wicker chairs:** Steel wrapped with cane. $150 ea. By Wicker Wicker Wicker*. From LCS*, NYC 10021.

Continued on page 17

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Answers to the four-color person quiz
continued from page 138

Here's how to score yourself on the quiz on page 138. Each answer you choose corresponds to one of the four basic colors—red, yellow, blue, green. Below, you will find which color corresponds to which answer. Add them up and you will discover what your color preferences reveal about you.

1. a. Yellow
b. Blue
c. Red
d. Green

2. a. Green
b. Yellow
c. Red
d. Blue

3. a. Red
b. Green
c. Blue
d. Yellow

4. a. Blue
b. Green
c. Yellow
d. Red

5. a. Blue
b. Green
c. Red
d. Yellow

6. a. Red
b. Yellow
c. Blue
d. Green

7. a. Yellow
b. Red
c. Blue
d. Green

8. a. Red
b. Blue
c. Green
d. Yellow

9. a. Green
b. Blue
c. Yellow
d. Red

10. a. Red
b. Green
c. Yellow
d. Blue

11. a. Green
b. Red
c. Blue
d. Yellow

12. a. Yellow
b. Red
c. Green
d. Blue

13. a. Red
b. Yellow
c. Green
d. Blue

14. a. Red
b. Blue
c. Green
d. Yellow

15. a. Green
b. Blue
c. Yellow
d. Red

16. a. Blue
b. Red
c. Yellow
d. Green

What it all means

If you had an equal number of reds, yellows, blues, and greens: You are a four-color person, someone who experiences, thinks, and acts out of four senses of self: self-respect (green), self-development (yellow), self-confidence (red), and self-satisfaction (blue). Because you can balance and combine all these feelings through what you're doing with your life, you are happy, well-adjusted, fulfilled.

If you scored low (3 or below) on red: Red is passion, vitality, strength, self-confidence, energy in motion. If you rejected red, your self-confidence may be low. To build it up, take on the risks that will increase your abilities: Learn to change a tire, plant some difficult-to-grow flowers, take up tennis or jogging, make new friends, switch jobs.

If you scored low (3 or below) on yellow: Yellow is self-development, imagination, independence. It is the wind of change and it has a light, gay, liberating effect. If you rejected yellow, you may be putting too high a price on security, not enough on freedom and change. To perk up your life, expand your vision: Throw a party, subscribe to a new magazine, take a trip, cook an exotic dinner, take advantage of any interesting—even out-of-the-ordinary—invitations that come your way.

If you scored low (3 or below) on green: Green is self-respect, responsibility, structure, persistence, resilience of will—in short, it represents a person's deepest principles and highest ideals and the ability to act on them despite opposition or disinterest. If you rejected green, you need to reevaluate your objectives, draw up a plan to achieve them, and then stick with it: For instance, launch a physical fitness program or take on work which you—but maybe not the rest of the world—feel is important.

If you scored low (3 or below) on blue: Blue is romance, trust, love, peace, harmony—contentment with oneself and others. If you rejected blue, you need to appreciate the good points in your life rather than dwelling on the negative unless you can change them. Try spending more time in relaxed closeness with people you care about—dinner with close friends, a holiday with your husband or wife, an extra hour with your children before they go to bed. ■

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SIMPLICITY/MARTEX ROOM
Pages 140-141
"Savannah" sheets: Queen, flat and fitted, about $18 ea. Pillowcases, about $8.50, pair. King cases, about $9.50, pair. Ruffled shams, about $22 ea. Queen-size comforter, about $72. **Bone colored solid sheets:** Queen, flat and fitted, about $14 ea. Pillowcases, about $7.50. All by Martex, WestPoint Pepperell. **"Simplicity House" Decorating Packets:** Cards with each design project illustrated. Instructions for measuring and calculating yardage. Room design adapted from the following—#101 The Romantic Living Room, A. Opera curtain, C. Round tablecloth; #105 The Country Bedroom, D. Padded mirror frame, F. Fabric covered walls, H. Pillow shams, J. Ruffled pillows, K. Round pillows; #106 The Country Dining Room, D. Cushions, #108 The Far Eastern Dining Room, B. Floor cushions, F. Fabric-covered lampshades; #112 The Contemporary Bedroom, E. Fabric-covered screens. 14 packets, $2 ea. Available where Simplicity patterns are sold. By Simplicity Pattern Co. **"Contessa" upholstered bed:** $950, COM. By Namaco Inds. At W & J Sloane, NYC 10018. **Sealy Posturepedic Prestige mattress:** Tapestry damask cover. By Sealy. **Drop-front rattan desk:** Natural finish. Pale woven cane trim. **Wicker arm chair:** Braided trim. Latticed sides. Both at Walters Wicker Wonderland, NYC 10022. **Heywood-Wakefield natural wicker side chair:** c. 1900. **Wicker ottoman near bed, Wicker ottoman near red chair,** Both c. 1920. All at The Wicker Garden, NYC 10028. **Napoléon III chauffeuse:** Rolled back. Slipcovered in "Savannah" sheets with ruffled skirt. One of a pair at Jean-Paul Beaujard, NYC 10021. **Bamboo revolving bookcase:** 22" sq. x 31½" h. c. 1860. From England. At The Incurable Collector, NYC 10022. **Imperial green porcelain vase, mounted as lamp:** 18th c. $1,500. **Celadon glazed porcelain temple jar:** Late 19th c. $400, pair. **Octagonal glazed porcelain plate:** Late 19th c. Set of 4, $400. All from China. At Nuri Farhadi, NYC 10022. **"Cochin" natural Coco matting:** 9" x 12". $175. By Import Specialists. **Cotton calico floral print fabric:** From a collection at Laura Ashley, NYC 10021. **"Lady Alice" polyester lace used for undercurtain:** 60" w. 3½" repeat. About $5.50. By Waverly Fabrics. At Bullock's, LA 90055. **"Real Red" hi-gloss enamel latex-base paint on wicker chair and ottomans:** At Janovic/Plaza, NYC 10021.

PATTERNED BORDERS
Pages 116-117
Hall and retreat designed by Nancy Serafini of Homeworks, Brookline, Mass. 02146:
"Brigitte" and "Babette" wallpaper: By Brunschwig & Fils*, NYC 10022. **"Siena" Angelico Blue Anso nylon carpet:** By Oleg Cassini for Galaxy. **Handpainted trunk with Beatrix Potter characters:** By Jean Woodman, Dover, Mass. 02030. **Balloon shades and pillows:** By Maureen Vanesian*, Newtonville, Mass. 02160. **Desk accessories:** By Mrs. William Astor Chanler, Camden, Me. 04843.

COLORFUL BORDERS
Pages 118-119
Bedroom designed by Beverly Ellsley of Beverly Ellsley Interiors, Westport, Conn. 06880: **Stenciling:** Designed and executed by Neil & Sue Connell, Canaan, Conn. 06018. **"English Red" paint on floor:** By Turco Paint Products. Polyurethane-sealed. **Durrie rugs:** From Harmony Carpets*, NYC 10022.
Bedroom designed by Karin Weller of Karin Weller Interiors, Cambridge, Mass. 02138: **"Bosphore Semis" wallpaper, "Bosphore Tassel" and "Bosphore" paper borders:** From the French Folio collection by Brunschwig & Fils*, NYC 10022. **"Oriole" chintz:** Winterthur documentary, also by Brunschwig*. **Tableskirt fabric:** George D. Fortune & Co., Inc.*, Boston, Mass. 02116. **Custom draperies:** By Paul Brown, Inc.*, Boston, Mass. 02116. **Lamps and shades:** From Blanche P. Field*, Boston, Mass. 02116. **Handpainted screen and "yellow brick" finish for floor:** By Stearns, Farinella of The Workshop*, Boston, Mass. 02118. **Conversion of antique brass bed to canopy bed:** By Bedlam Brass Beds, Boston, Mass. 02116. **Small prints under mantel:** From Haley and Steel, Boston, Mass. 02116. **Montague Flagg oil painting:** From Vose Galleries, Boston, Mass. 02116.
Bathroom designed by Ann LeConey of Ann LeConey, Inc., NYC 10021:
Paper border: By Margowen*, NYC 10022. **Cotton fabric for sink skirt:** By Brunschwig & Fils*, NYC 10022. **Wallpaper:** By Clarence House*, NYC 10022.
Dining room designed by Richard Fitz Gerald of R. Fitz Gerald & Co., Boston, Mass. 02108.
Lacquered linen-finished dining table and lacquered chairs: By Rapids Furniture Co., Boston, Mass. 02114. **Silk moiré upholstery and curtain fabric:** By B. Berger and Co. From George D. Fortune & Co., Inc.*, Boston, Mass. 02116. **Aubusson rug:** From Stark Carpet Corporation*, NYC 10022. **Silver leaf wallpaper:** By Louis W. Bowen*, NYC 10022. **Reproduction Georgian chandelier:** From Charles J. Winston & Co.*, NYC 10022. **Teak stands:** From Alberts-Langdon, Inc., Boston, Mass. 02108. **Rope trim on chairs:** By Brunschwig & Fils*, NYC 10022. **Flowers & plants:** By Miriam O'Day, Dover, Mass. 02030. **Painting over mantel:** By Sandy Sloane. From Harcus-Krakow Gallery, Boston, Mass. 02116. **Matchstick blinds:** From Crown Shade and Screen Co.*, Roslindale, Mass. 02131.
Bedroom designed by Vee Bianca of Bianca Interiors, Belmont, Mass. 02178:
"Constance" companion fabrics: Used for tableskirt, seat, back, and filler fabrics of tête à tête, and cut into borders. By Brunschwig & Fils*, NYC 10022. From E. Wells McLean*, Boston, Mass. 02116.
Looped wool rug: Custom-colored. By V'Soske. From George & Frances Davison*, Boston, Mass. 02116. **Eyelet curtain fabric, silk velvet on chaise, and striped fabric and fringe for pillow:** By Scalamandré*, NYC 10022. **Decorative pillows:** By Helen Henry*, Peabody, Mass. 01960. **"In the Garden" oil painting:** By Phillip Hale. From Vose Galleries, Boston, Mass. 02116. **Antique furniture and accessories:** From Bianca Interiors.
Bedroom designed by Rodger Dobbel of Rodger Dobbel Interiors, Piedmont, Calif. 94611:
Tulip fabric: By Bailey & Griffin. From Lee/Jofa*, NYC 10022. From McCune Showrooms, Inc.*, S.F., Calif. 94111. **White double linen fringe:** Cut in half and used for bedcurtains. From Trimming Corporation*, LA, CA 90048. **Solid brass endtable:** With black glass top. By Great Eastern Furniture Co.*, NYC 10022. **Stenciling:** By Rodger Dobbel Interiors.
Kitchen designed by Ron Hefler & Dave Graham, 465 So. Sweetzer Ave., LA, Calif. 90048.
Nursery designed by Louise H. Finocchio and Janice E. Marot of Atelier, Marblehead, Mass. 01945:
"Camille" fabric for upholstery and découpage flowers, "Wicker" vinyl wallcovering, and "Gingham" fabric for bottom tableskirt: All by Woodson Wallpapers*, NYC 10022. **White embroidered voile:** For top tableskirt. From Henry Cassen*, NYC 10022.
Stenciling: By Sawtooth Stencils, Chestnut Hill, Mass. 02167. **Nandgopal fiber rug:** Imported by Import Specialists, NYC 10005. **Period wicker furniture:** From a selection at The Wicker Garden, NYC 10028. **Armoire:** From Trouvailles*, NYC 10021.
Pillow fabric: By Brunschwig & Fils*, NYC 10022. **White paint:** By Pratt & Lambert.
In the kitchen designed by Michael Love and J. R. Strignano of Quadric, Inc., NYC 10022: **"Supertube" luminaires:** By Columbia Lighting. At George Kovacs, NYC 10021. **Flooring:** By Eden Manufacturing, NYC 10022. **Laminate surface of cabinet doors:** By Formica. **Blinds:** By Levolor. **Dining table and chairs:** By Cado/Royal System*, NYC 10022. **Flatware:** By Oxford Hall. **Kitchen Accessories:** From Conran's, 145 Huguenot St., New Rochelle, N.Y. 10801 (catalogue, $2). **Microwave oven:** By Amana.
In the bedroom of an 1845 farmhouse: Provençal fabric borders: From Souleiado at Pierre Deux, NYC 10014.

BORDERS OF FLOWERS
Pages 124-125
Wide border kit: 6½" w. Vertical design. King size: 18 yds., $81. Queen: 16½ yds., $74.25. Double: 15½ yds., $69.75. Twin: 14 yds., $63. Narrow border kit: 2¾" w. Diagonal design. King size: 41 yds., $123. Queen: 37⅓ yds., $112. Double/Full: 34⅔ yds., $104. Twin: 31½ yds. $94.50. Each includes cotton border and instructions. With $2.75 for shipping and handling, from Souleiado at Pierre Deux, 353 Bleecker St., NYC 10014. Other borders and kits at Pierre Deux stores in Boston, Houston, Seattle, Kansas City, Palm Beach, Beverly Hills, Carmel, and San Francisco.
"Touch of Class" acrylic blanket: King, 108" x 90", $45. By Fieldcrest. **White hemstitched linen sheets:** Queen, 92" x 126", $125. Pillow shams: Standard, 21" x 27", $50. Small, 12" x 16", $21. Goose-down pillow: 20" x 26", $99. All at D. Porthault, NYC 10022. **Antique Louis XV tables:** $2,250 ea. At Pierre Deux Antiques, NYC 10014. **White on white cotton and polyester eyelet sheets:** Double/queen top sheet: $56. Pillowcases, $59.50 ea. **Baby pillowcases:** 12" x 16", $29.95 ea. **White baby pillowcases with pink satin ribbon:** $14.75 ea. All at Léron, NYC 10022. **Natural wicker headboard:** 60" x 35" h. $513. **Cocktail table:** 30" sq. 15½" h. $224. **Round cocktail table:** 24" d. 15½" h. $195. All made in Haiti. At Diversified Design Industries, NYC 10022. **Cedric Hartman reading lamp:** $390. At LCS, NYC 10021. **Antique cotton durrie rug:** 13'11" x 9'11". $3,450. At Harris/Kosmas, NYC 10023. **Hand glazed faience plate:** $25. At Pierre Deux Antiques, NYC 10014.

COLOR FOR KITCHEN
Pages 142-145
Major Appliances
Side-by-side no-frost refrigerator/freezer: (TFF24RW). 35¾" x 31" x 66¼" h. 23.5 cubic feet storage space. Adjustable cantilevered shelves, automatic icemaker, door dispenser for ice and water. Reversible door swing. In white, Almond, Harvest Gold, and

Continued on next page

continued from preceding page

Black Glass. **Potscrubber III dishwasher:** (GSD 900). 26½" x 24" x 34½" h. 5 cycles. Energy saving dry option. Low water usage selection. 3-level wash action. Power scrub cycle, soft food disposer. In white, almond, Harvest Gold, Black Glass or Brushed Chrome. **Single, self-cleaning built-in oven:** (JRP 14G). 22" x 24" x 28⅛" h. Meat thermometer. Digital clock. Rotisserie. **Countertop microwave oven, deluxe model:** (JET 120W). 22" x 20" x 15½" h. Micro Touch control panel with 10 power levels. "Code Cook" feature for cooking recipes by entering a 4-digit number. "Cook N Watch" feature with display panel to show cooking progress in numbers and words. **Ceramic glass cooktop panel:** (JP684). 20¾" x 34⅛" w. Stainless steel rim. Infinite heat controls. "On" indicator light. **Built-in compactor:** 14⅞" x 18" x 35" h. Reversible door hinges and color panels. Lock system. Automatic odor control. Optional black glass or wood trim panel. In white, Almond, Harvest Gold, Brushed Chrome. All by General Electric.

Building Facts

"Lakefield" two bowl sink: 33" x 22". Enamel cast iron. Acid, stain, scratch resistant. In fifteen colors. By Kohler. **Suspended lighting fixtures:** 13" and 20" d. Incandescent lamp. Mogul base. Multiple mounting arrangements. By Abolite Lighting. **Pendant fluorescent tandem run tube lamp and wall bracket lamp:** Both from Habitat*, NYC 10022. **Pumice Formica laminate countertops and Tidal Sand Formica laminate on cabinets:** Both by Formica. **Black rubber cabinet knobs:** At AAA Locksmith, NYC 10036. **"Mat" maple top chef's table:** 72" x 30" x 34" h. By Marlo Manufacturing. **Super Erecta shelves:** In chrome, stainless steel, zinc or color finishes. **"Grill-It" wall grid:** Wall mounted 2' x 8' panels. Chrome brackets. Chrome base in custom colors. **Rolling cart:** Super Erecta shelving with casters. (Butcher block not included). All at Sid Diamond Display Company*, NYC 10016. **Red vinyl tile:** 18" sq. By Eden Manufacturing. **Polished chromium plate fittings:** wrist blade handles. (786E3). By Chicago Faucet. **Antique cherry wood country table:** $1,200. At Les Trois Provinces, NYC 10014. **"Yachting Cotton" fabric:** 47" w. $27.75 a yd. From Gretchen Bellinger*, NYC 10022.

Kitchen supplies

Pages 142-143

"Ring A Date" red plastic calendar on wall: $10. By IDG Marketing. **"Jonc" basket under herb table:** By Robert James. **All purpose work stool:** Hardwood seat, 14" d. Adjustable height, 24" to 33". Steel legs. $43.50, ppd. From The Paragon, 35 High St., Westerly, RI 02891.

Pots under left rolling table, from back to front: "Master Chef" aluminum stock pot: 15 qt. 9½" h. $101. By All-Clad Metalcrafters. **"Cook N' Can" pot:** Stainless steel interior. Aluminum core and exterior. With cover, $65. By Vollrath. **Heavy gauge aluminum double handled stock pot:** 11 qt. $57.50. By Eva Housewares. **Handthrown, handglazed ginger jar:** From John Copper, John Thompson Designs*, Woodstock, NY 12498.

Graduated automatic scales on left rolling table: Weigh up to 10 lbs. By Terraillon. **Peugeot natual** wood pepper mill: 10½" h. $25. By Rowoco.

Cookware on right rolling table: Calphalon **aluminum stock pot:** 8 qt. With cover, $54

By Commercial Aluminum Cookware. **Stainless steel mixing bowl:** $7. By Vollrath. **Stainless steel utility pail on wine rack:** 14¾ qt. $32. By Vollrath. **Acme stainless steel juicer on back countertop:** $199. At Hammacher Schlemmer, NYC 10022. **Stoneware bowl and colander:** Both handthrown and handglazed. From John Copper, John Thompson Designs*, Woodstock, NY 12498. **"Toast-R-Oven":** Automatic 2-slice toaster. **Food processor plus blender:** By General Electric. **"Compatibles" Country casual stoneware on shelf over counter:** By Pfaltzgraff. **Celadon colored teaset:** Handthrown and handglazed. From John Copper, John Thompson Designs, Woodstock, NY 12498. **Glass carafes:** From France. $18 ea. **White china demitasses:** $60 a doz. Both by Charles LaMalle. **"Luna" green tumbler:** 7 oz. Box of 4, $22. **"Herttua" goblets:** 20 oz. Pair, $32. Both by Arabia. **On wall grid, Long handled stainless steel strainers:** All at Hammacher Schlemmer, NYC 10022. **Stainless steel colander:** 3 qt. $9. **Bowl set:** Set of three, with rings $13. **Skimmer:** $6. All by Vollrath. **Spatula:** 14". $5. **Fork:** 12". $4. **Chef's helper spoon:** 12". $3.50. **Ladle:** 12". $4. All by H. E. Lauffer. **Stainless steel spoons:** $3 ea. By Vollrath. **Fish grill:** $15. By Rowoco. **Large reed basket:** About $30. At Shippibo, NYC 10021. **Carbon steel deep frying pan:** 9½" d. $45. **Stainless steel lids:** $17 ea. **Heavy gauge aluminum chicken fryer/brazier:** 8 qt. $55. **Silver lined copper sauce pan:** 1½ qts. $79.50. All by Eva Housewares. **Skillet:** 7" d. $34. **Saucepan:** 6" d. $53. **Saute pan:** 6" d. $45. **Deep buffet casserole:** 1 qt. $48.50. All with copper exteriors, aluminum core and stainless steel interiors. By All-Clad Metalcrafters. **Hammered copper sauté pan:** 10½" d. Tin lining. $60. **Iron chestnut pan:** $6. Both by Charles LaMalle. **Twig basket:** About $15. At Shippibo, NYC 10021. **Chrome plated baskets:** At Sid Diamond Display Co., NYC. **Iron handled saucepans and frying pan:** By Wilton Armetale. **Saucepans and butterwarmer:** Black enamel on steel. Teak handles. By Arabia.

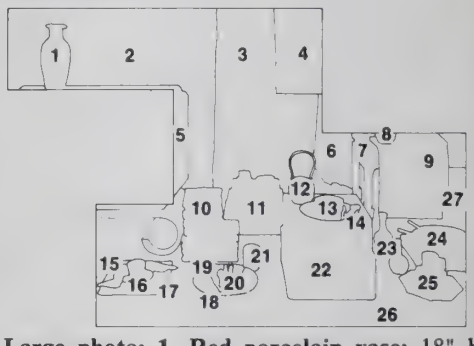
Pages 144-145

Top shelf, left to right, Ice Cream Machine: $109.95. By White Mountain Freezer. At Hammacher Schlemmer, NYC 10022. **Black cast iron covered casserole:** 1.5 litre. Removable beechwood handles. By Richard Nissen. **Clay bread pan:** Terra Sigallate coating prevents sticking. $9. By Copco. **Stainless steel fish poacher:** $45. At Hammacher Schlemmer, NYC 10022.

Second shelf, left to right, Tin bread pans: 8" x 4" x 2½". $5.50. By Hoan. **Heavy gauge aluminum Dutch oven:** 7½ qts. $47.50. Stainless steel lid, $17. By Eva. **Third shelf, from left to right, Open roasting pan:** Black enamel on steel. By Arabia. **Pasta Machine:** $39.95. By Invento. At Hammacher Schlemmer, NYC 10017. **Tin charlotte mold with cover:** 1 qt. $16.50. By Hoan. **Clay quiche pan:** 9" d. Terra Sigellata non-stick surface. $10. By Copco. **Bottom shelf, Melamine nesting bowls:** 3 and 5 qt. By Hammarplast. **Stainless steel asparagus steamer:** 6¼" d. 9¼" h. $35. At Hammacher Schlemmer, NYC 10022. **Porcelain souffle dish:** 3 qt. $18. **Plastic mixing bowl with handle:** 5 cup. $5. Both by Hoan. **RinGrip bowls:** Stainless steel. 8 qt. $16. By Vollrath. **On countertop, Plastic mixing bowls:** 4 qt., $12.50. 2½ qt. $10. 1½ qt. $8. All by Copco. **Wire baskets:** At Sid Diamond Display Co., NYC 10016. **Earthenware molds:** From France. Savarin, $24. Brioche, $22. Charlotte, $22. All by Charles LaMalle. **"Show-It-All" cannisters:** Small diameter, ½ litre, $4.95, 1 litre, $5.95, 1½ litre, $6.95. Large diameter, 1 litre, $5.95. 1½ litre, $6.95. 2 litre, $7.95. All by Corning. **Covered ginger jar:** Handthrown and handglazed. From John Copper, John Thompson Designs*, Woodstock, NY 12498. **Expresso machine:** 12" h. 12 cup. From Italy. $300. At Hammacher Schlemmer, NYC 10022. **Freedom Dialer Combination Telephone/Autodialer/Clock/Calender/Elapsed Timer:** $229.95. By Royce Electronics. **On far side of grid. Omelette pan:** 7" d. $17. **Skillet:** 12" d. $30. Both stainless steel with aluminum core and exterior. By All-Clad Metalcrafters. **"Bol à Blanc" copper bowl:** 14" d. From France. $97.98. By Charles LaMalle. **Shopping cart:** With wire basket, 14½" x 17¼" x 21". By Seymour Housewares. **On rolling table, "Miranda" cake plate:** $34. By Arabia. **Hammered copper au gratin.** 20" d. $207. Cover: $169. By Charles LaMalle. **Salad bowl:** Handthrown and handglazed. From John Copper, John Thompson Designs*, Woodstock, NY 12498. **On table, "Compatibles" country casual stoneware:** By Pfaltzgraff. **"Luna" bowl:** 6" d. $18 for 2. **"Herttua" goblets:** 20 oz. Pair, $32. By Arabia. **Canvas piquenique totes:** $12. By Charles LaMalle.

ORIENTAL REDS

Pages 146-147



Large photo: 1. Red porcelain vase: 18" h. From Paul M. Jones*, NYC 10022. **2. "Siberian" wool rug:** 9' x 6'. $1,100. From Stark Carpet*, NYC 10022. **3. "French Paisley" Document Red cotton fabric:** 54" w. 9" repeat. About $8. Scotchgard finish. By Waverly Fabrics. At Bullock's, LA 90055. **4. "Windsong" cotton fabric:** 54" w. 25¼" repeat. $9 a yd. Scotchgard finish. By Jay Yang for P. Kaufmann. **5. Red lacquer Peking commode:** Chrome hardware. Scroll base. Cabinet doors with adjustable shelves. From Roundtree*, NYC 10021. **6. "Variations on a Square" vinyl wallcovering:** 27" w. 9" repeat. $25 a roll. 10 roll minimum. By Designfriends. At Charterhouse Designs*, NYC 10022. **7. Red lacquer table:** 41½" x 18" x 17¼" h. 18th. c. Chinese top. Modern base with Chinese legs and apron. From Gracie*, NYC 10022, **8. Oxblood-colored jar:** From John Rosselli*, NYC 10021. **9. Garnet red sheets with white piping:** From the Utica Pipeline Collection. White sheets with burgundy trim: By Wamsutta. **10. "Adam's Rib" Bisque towels:** By Wamsutta. Poppy colored towels: By J.P. Stevens. **11. Nesting boxes:** Bookboard with paper covering: $9.50, Set of three. At The Mediterranean Shop, NYC 10021. **12. Antique red lacquered wood basket:** From John Roselli*, NYC 10021. **13. "Nautilus" stone china:** 4 pc place setting, $22. By Mikasa. **14. "Helarious" stainless steel flatware:** ABS plastic handles. 25 colors.

Continued on page 181

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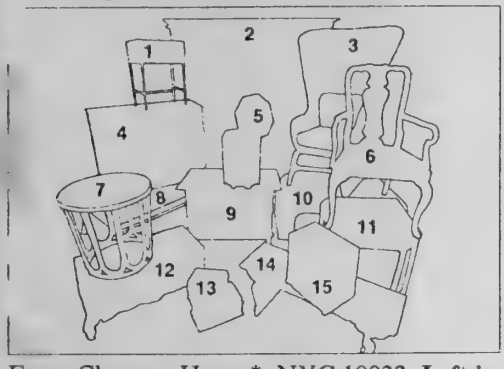
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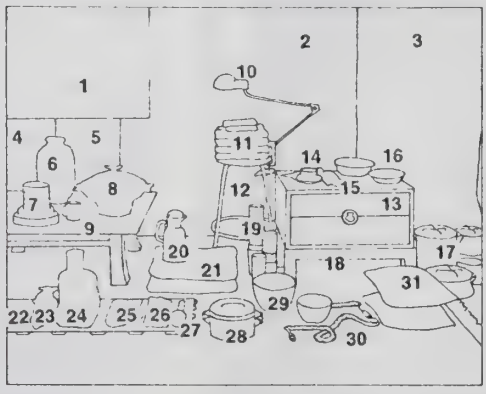
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continued from page 178

$1.50 ea. By Anacapa. At West Town House, NYC 10024. **15. "Souvenir de Chine" cotton chintz:** 52½" w. 36" repeat. $27 a yd. From Brunschwig*, NYC 10022. **16. Turquoise teacup:** $15. By Aynsley Bone China. **17. "Liso" cotton fabric:** 50" w. From Brazil. $24 a yd. From I.D. International*, NYC 10022. **18. "Total Color" Cinnabar round porcelain dinner plate:** $35. By Fitz & Floyd. **19. Belgian linen and polyester napkin:** $2.50. By John Matouk & Co. **20. "Happy Day" stainless steel flatware:** 5 pc. place setting, $35. By Villeroy & Boch. **21. "Red Mini Dot" double old fashioned glass:** 6 oz. $5. By Taitu, US. **22. Red lacquer stack trays:** c. 1870. From Japan. At Naga Antiques, NYC 10021. **23. Oxblood colored vases:** From John Rosselli*, NYC 10022. **24. Garnet Red lacquer tray:** 14" sq. $25. **Garnet Red lacquer salad bowl with servers:** $30. Both by The Haldon Group. At Accents & Images, NYC 10022. **25. "Honeycomb Oats" octagonal stoneware:** 5 pc. placesetting, $25. By Block China. **26. Wool rug:** From Pande Cameron 200 Lexington Ave, NYC 10016.
27. "Pakistan" paisley wallpaper: 28" wide. 14¼" repeat. $3 a roll. 3 roll minimum.



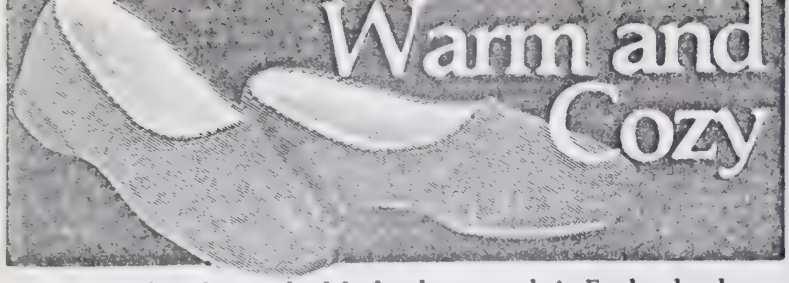
From Clarence House*, NYC 10022. **Left inset photo—1. Tangerine and black lacquer ork box:** 17" x 9½" x 22" h. Incised brass nts. **12. Trunk cocktail table:** 34" x 17" x 15" h. Pompeiian Red lacquer. **14. Bench cocktail table:** 38" x 13" x 15½" h. Tangerine uer with carved apron, legs, and runners. All three handcrafted in Korea. From the ental Collection by Casa Bique. **2. China base:** 73½" x 17¼" x 30¼" h. Antiqued Pompeiian Red lacquer with chinoiserie hand-decoration. **China top:** 72" x 15" x 51" h. Antiqued Pompeiian Red lacquer exterior and interior with hand-decorated gold Chinoiserie. **6. Queen Anne arm chair:** 22¼" h. 19½" x 39¼" h. Antiqued Pompeiian Red lacquer. Hand-decorated gold Chinoiserie. Tortoise leather upholstered seat. **11. Octagonal lamp table:** 24" sq. x 24" h. Antiqued Pompeiian Red lacquer. Hand-stripped in gold. Chinese hoof foot design. All by Kindel Furniture. **3. Bent rattan lattice high-back chair:** 36½" x 28" x 57½" h. x 20" sh. Loose seat cushion and back pillow. **7. Bent rattan round side table:** 21" d. 21½" h. ⅜" thick clear glass top. Both with Pompeiian Red lacquer "Imari" finish. From the Hilo Collection by Calif-Asia for Brown Jordan Rattan. **4. Chest:** 38" x 18" x 32½" h. Reproduction of English chest, c. 1775. Tangerine lacquer. From the Whitehall Collection by White Furniture. **5. Tangerine and gold lacquer octagonal hat box:** 13" d. 18½" h. Brass mounts. **13. Tea caddies:** Small, 10" x 7" x 6" h. Large, 13" x 7½" x 7½" h. Tangerine lacquer with gold and black chinoiserie. **15. Jewelry chest:** 12½" x 8½" x 18½" h. Tangerine lacquer with gold and black chinoiserie. Brass mounts. All handcrafted in Korea. Imported by Furniture Classics. **8. Cocktail table:** 48" x 35" x 17" h. Stretcher base. Splayed legs. Brass trim. **9. Server with double-door cabinet:** 32" x 18" x 27" h. Brass trim and mounts. Both Garnet Red lacquer on maple wood. By Ken Volz, Jr. for Knob Creek. **10. Waterfall-shaped cocktail table:** 48" x 26" x 18" h. Pompeiian Red lacquered bold-textured finish. By Weiman/Warren Lloyd.



Right Inset Photo: 1. "Bambury" cotton chintz fabric: 36" wide. 11" repeat. $6 a yd. From Cyrus Clark, 267 5th Ave., NYC 10016. **2. "Pakistan Bokhara" wool rug:** 9' x 6'. $2,600. From Stark Carpet*, NYC 10022. **3. "Darby" cotton and linen fabric:** 48" w. 8" repeat. Zepel finish. $21 a yd. From Alan Campbell*, NYC 10022. **4. "Baba" paisley wallpaper:** 27" w. 16½" repeat. $31.50 a roll. From Boussac of France*, NYC 10022. **5. "Heron" cotton chintz:** 50½" w. 35" repeat. $43.50 a yd. From Brunschwig*, NYC 10022. **6. Red vase:** 18" h. From Paul M. Jones*, NYC 10022. **7. "Poppy" plastic dinnerware:** 16 pc. set, $40. By Ingrid. **8. "Nordic Ware" electric Wok Master:** 7 qt. Red only. Under $50. By Nordic Ware. At Carson Pirie Scott, Chicago 60603. **9. Red lacquer table:** 29½" x 41" x 14" h. From Japan. At Naga Antiques, NYC 10021. **10. "Topo" jointed arm lamp:** $88. By Joe Colombo. At Abitare, NYC 10022. **11. "Lustre" Poppy Red bath and hand towels:** $7.50, Bath, $4.25, Hand. By Fieldcrest.**12. All purpose work stool:** 14" d, hardwood seat. Steel legs. Adjustable height, 24" to 33". $49.50, ppd, from The Paragon, 35 High St., Westerly, RI 02891. **13. Stenciled calligraphy chest:** From Roundtree*, NYC 10021. **14. Coral bone china teacup:** $16.50. By Aynsely. **15. "Byzantium" cotton fabric:** 50½" w. 25 repeat. From & Vice Versa*, NYC 10022. **16. Oxblood red porcelain bowls:** From John Rosselli, NYC 10021. **17. Enamel coated steel cookware:** Butterwarmer: $19. Covered casseroles: $47, $44. Covered stock pot: $59. By Dansk Int'l Designs. At Crate & Barrel, Northfield, Ill; Bullock's, LA. **18. Stand for stenciled chest:** In brass, chrome or lacquer. Custom size and colors. Available only as base for chest. From Roundtree*, NYC 10021. **19. Plastic glasses:** Set of 8, $13.50. By Fitz & Floyd. **20. "Koffi" vacuum jug:** 1 litre. Durable plastic. $19. By Hammarplast. At Bullock's, LA 90055. **21. "Esmond Klondike" acrylic blanket:** Nylon binding. Twin size, about $7. By Chatham Blankets. **22. "TileDek" flooring:** 13⅛" sq. tiles. EPDM Rubber compound. By Uniroyal Chemical, Naugatuck, Ct. **23. Self-cleaning Shot of Steam iron:** $30.95. By Sunbeam. **24. Food Processor with blender:** By General Electric. **25. Quilted cotton oven glove:** By

Continued on page 224





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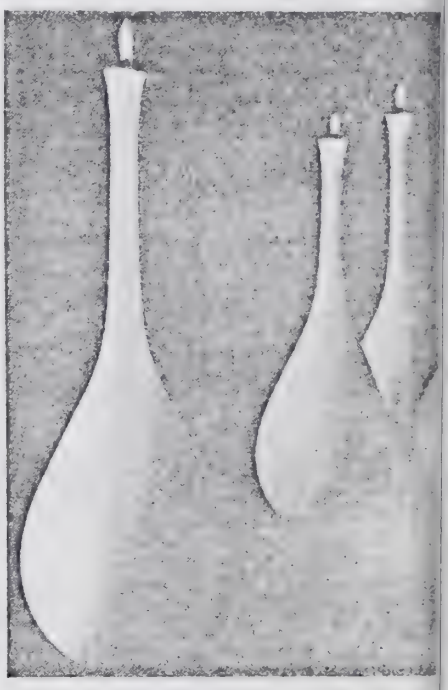
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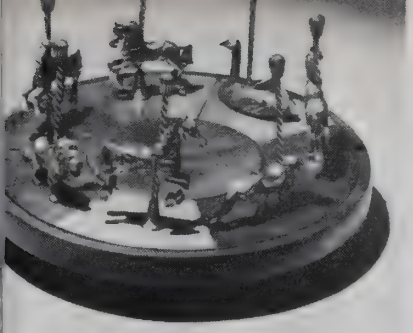
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A striking serigraph by Tjelda Michas in edition of 150. Orange lilies in brick-colored basket on deep blue background. Image 23½" by 32½". Framed. $185 ppd. Color brochure, newsletter $1. Original Print Collectors Group, HG7, 120 E. 56th St., New York, NY 10022.





Solid pewter animals 5¼" h. spin on 8⅝" dia. birch turntable. As shown $195 plus $4 post. Individual figures: swan, tiger, lion; horses heads: tilted right, left, straight, tucked under. Each $26.50 plus $2 post. Turntable, $15.95 plus $2 post. Catalogue 50¢. Clymer's of Bucks County, 199E Pine St., Nashua, NH 03061.



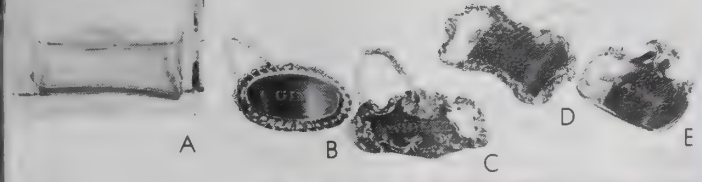
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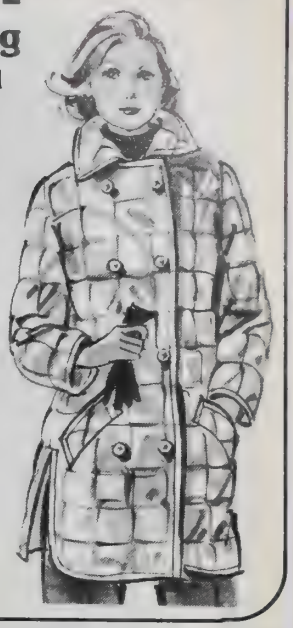
Johnny Appleseed's



Free Catalog

Fashions for Fall and Winter 1979

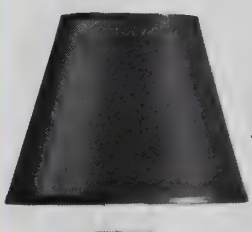
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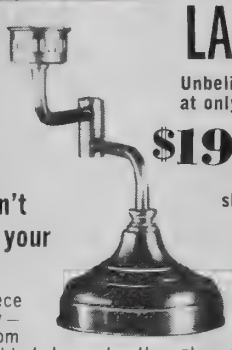
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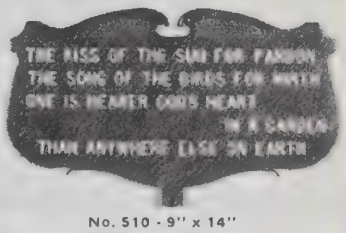


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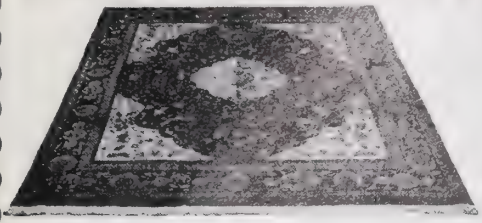
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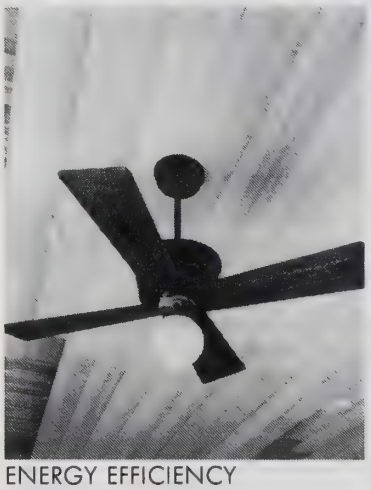
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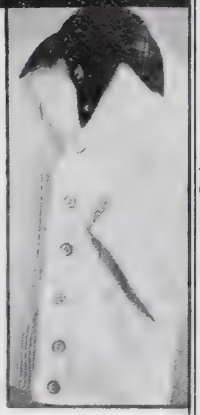


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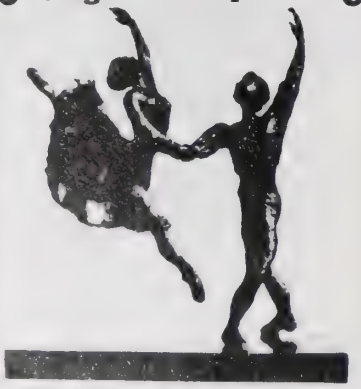
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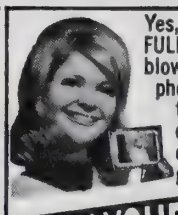
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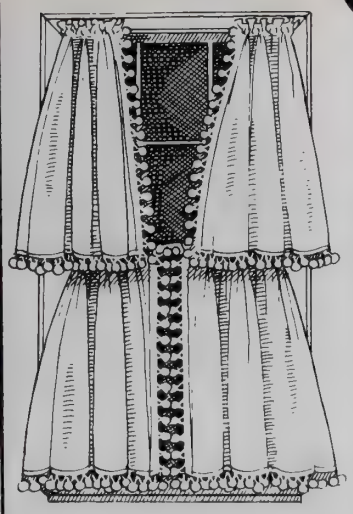
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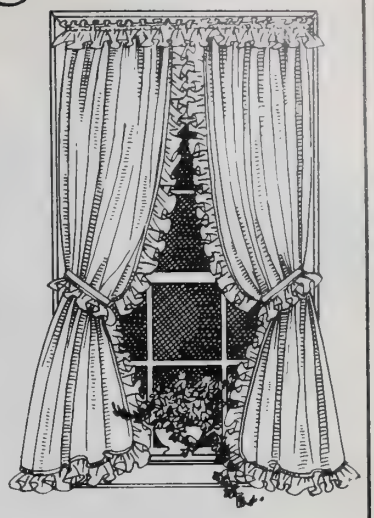
Country Curtains



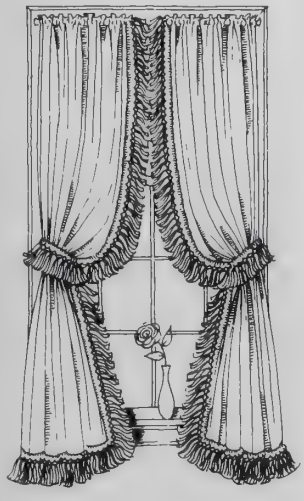
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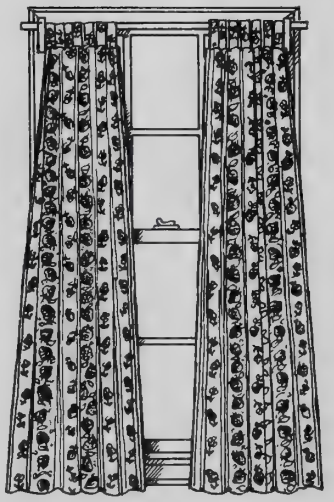
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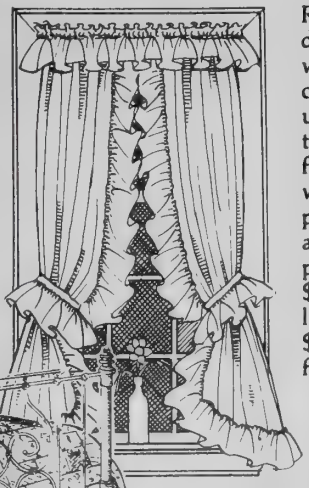


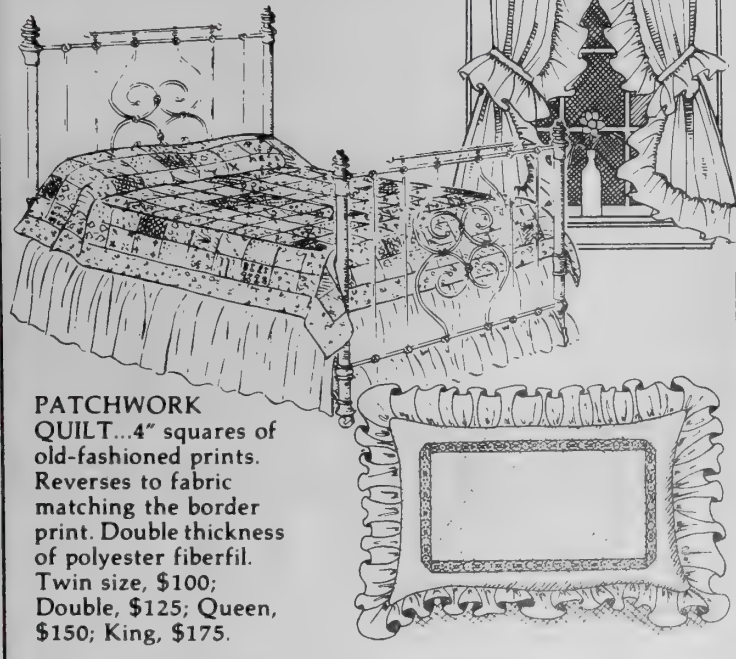


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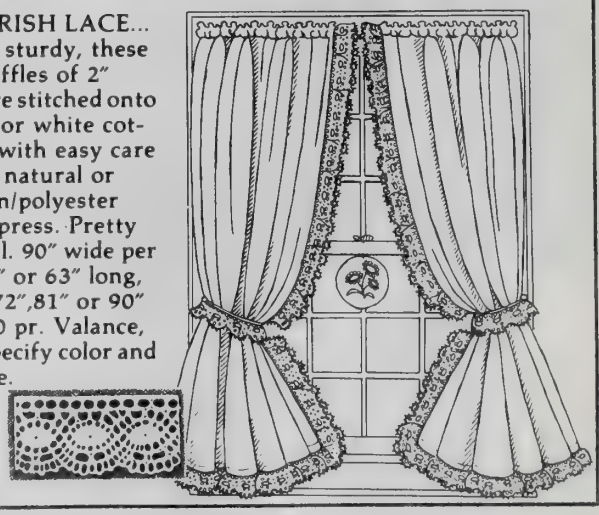


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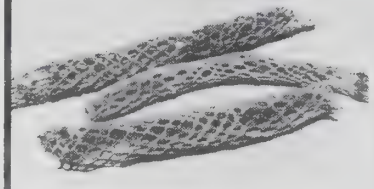
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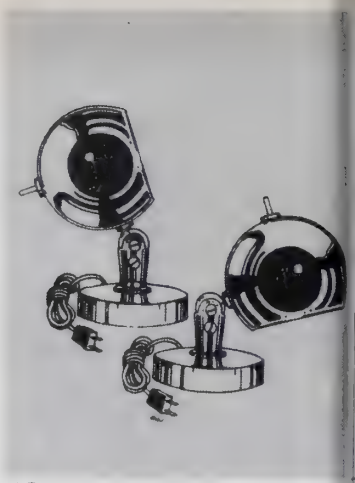
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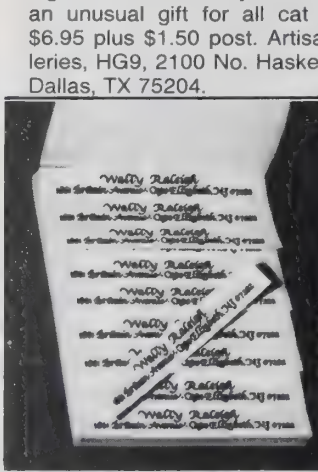
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Silk-screened design on banner of genuine leather proclaiming your guarantee of protection. Size is 12" by 16", has leather thongs for hanging. Fun touch for any room. Makes an unusual gift for all cat lovers. $6.95 plus $1.50 post. Artisan Galleries, HG9, 2100 No. Haskell Ave., Dallas, TX 75204.



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Hand-tufted leather loveseat of fi
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trim. 29" high by 66" wide by 3
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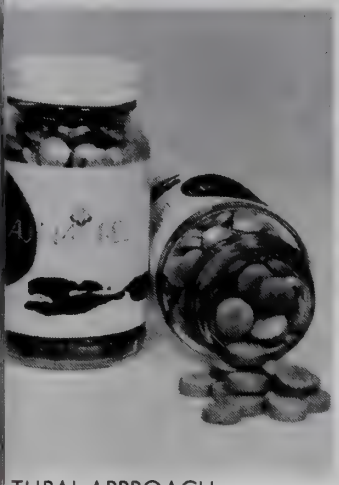


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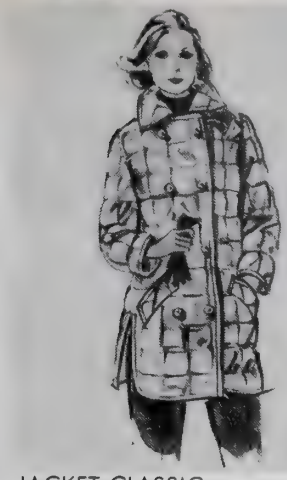
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hered by fatty bulges and lumps en called "cellulite"? Au Naturel a 100% natural tablet program cifically formulated for your "cel- e" problem. 30 day supply 95; recommended 90 day for full ults $19.95. Add $1 post. Herbal ncepts, HG9, 385 Bay Rd., Eas- , MA 02334.



JACKET CLASSIC

For warmth without weight, Snow-flake quilted nylon topper, with 5 ounces of polyester fiberfill. Ma-chine washable. 34" length. S(10-12), M(14-16), L(18), XL(20-22). Oyster, navy, chocolate, or red. $45 ppd. Free catalogue. Toll free 800/225-0786. Johnny Appleseed's, 43 Dodge St., Beverly, MA 01915.



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Though science has hesitated, you can now be duplicated into a de-lightful 22" silk-screened rag doll with rainbow yarn hair, as shown. Face is transferred from your sharp, closeup photo, color or b&w (re-turned unharmed). $19.95 plus $2.45 post. Be A Clone, HGE-99C, 99 Prince St., New York, NY 10012.

Preserved Boston Fern



Catalog Available - $1.00

Once living, chemically treated to retain permanent beauty with absolutely no care. **No water or light required.** "Potted" in white plastic container with detachable hanger, its fronds spread to 3 ft. Send $14.95 for large (as shown) or $12.95 for medium plus $3.00 shipping by Master Charge, Visa (inc. exp. date), check, money-order or call **toll-free 1-800,521-5093** Sorry no C.O.D.

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HG9, 418 S. Washington St.
Royal Oak, Michigan 48067

Sterling Silver Picture Frame



Mass a table full of motherloom of children, grandchildren, friends and treat in this exquisitely crafted and delicately fluted sterling silver picture frame made in Florence Italy.

Frame size diam. 2½" Photo size diam. 1½ We went there ourselves to find this marvelous value!!!

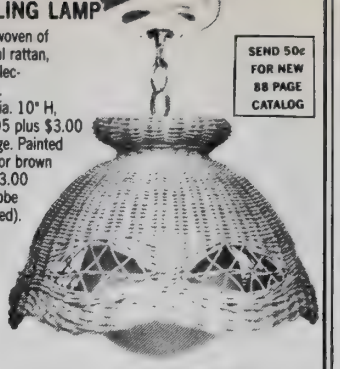
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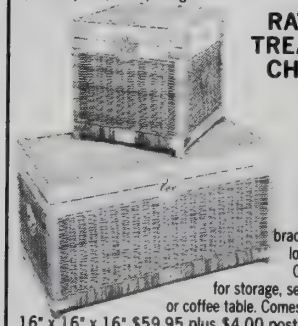
Baby's own basket to take baby anywhere. Hand-woven natural palm leaf is lightweight yet sturdy, 30" L x 14" W x 17" H, $29.95 plus $5.00 postage. Two pc. kodel polyester filled liner & coverlet in yellow-white gingham, $14.95. (If or-dered separately add $2.00 postage.)



WICKER CANISTERS

Glass wrapped in wicker, with natural cork stoppers. Store the essentials or use your imagination for creative home decorating. Set of 4" 17 oz., 24 oz., 44 oz., 62 oz., $15.95 plus $2.00 postage.

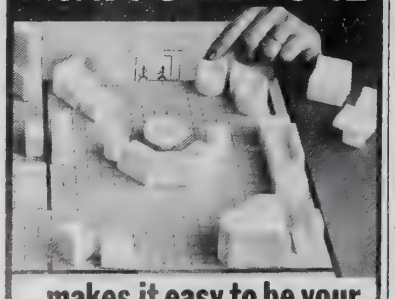
RATTAN TREASURE CHESTS



Hand-woven of gold-en rattan accented with brass corner braces, handles lock and key. Can be used for storage, seating, lamp or coffee table. Comes in 3 sizes:
16" x 16" x 16" $59.95 plus $4.00 postage.
21" x 21" x 21" $84.95 plus $8.00 postage.
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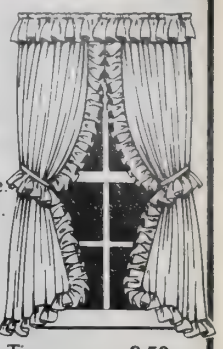
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Plan-It-Kit, Inc.
Dept. HG-9 Box 429, Westport, CT 06880

COLONIAL MAID CURTAINS

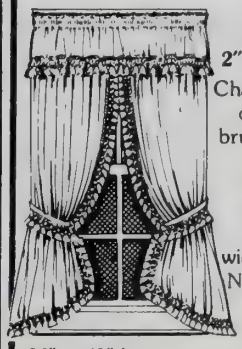
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Machine wash, no-iron curtains with extra-full 2½" ruffles and attached valance. 78" wide per pair. Highest quality poly/ctn. blend muslin. Natural or White.

24", 30" or 36" lg. Tiers	**8.50** pr.
45", 54" or 63" lg. With Ties	**13.00** pr.
72", 81" or 90" lg. With Ties	**15.00** pr.

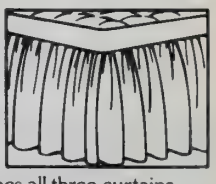


2" Brush Fringe

Charming colonial curtains with 2" brush fringe sewn on highest quality no-iron poly/ctn. blend muslin. Extra wide 90" per pair. Natural or White.

36" or 40" lg.	**9.50** pr.
45" or 54" lg.	**12.00** pr.
63" or 72" lg.	**14.50** pr.
81" or 90" lg.	**16.50** pr.
Tiebacks	**1.50** pr.
Valance	**4.75**

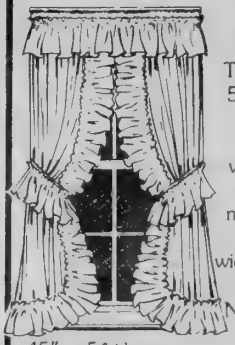
Matching Long Drop Dust Ruffle.



Extra-full, split corners, ruffled onto self-matching platform. Matches all three curtains.

Drops	14"	18"	22"
TWIN	**22.50**	**28.00**	**30.00**
FULL	**26.00**	**30.00**	**33.00**
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Matching Ruffled Sham **10.50**



Big 5" Ruffles

The finest, fullest 5" ruffle curtains made. 32 sizes to fit every size window. No-iron poly/ctn. blend muslin. 86" wide as shown. For wider widths send for free catalog. Natural or White.

45" or 54" long	**16.50** pr.
63" or 72" long	**18.50** pr.
81" 84" or 90" long	**19.50** pr.

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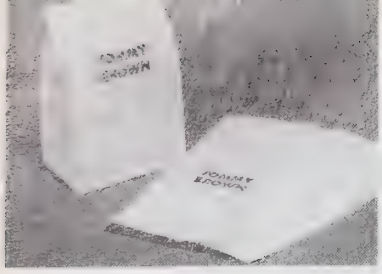
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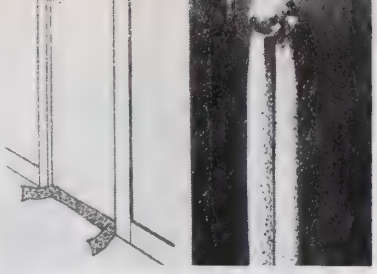
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Colonial Maid Curtains, Dept., 29
Depot Plaza, Mamaroneck, N.Y. 10543



Personalized Lunch Bags
No more moppets with missing lunches when you use these . . . their names are boldly printed on the bags for all to see. Sturdy white paper bags are 3¼x5x10¼", have the name in mahogany letters. Packs of 50 or 100. One full name only. *Print.*
RP110-6—Small Pack **$5.59**
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Draft Guard
A simple, but very clever invention of some ingenious New Englander who was tired of trying to fend off bone-chilling drafts from loose-fitting doors and windows. Today we've added thermal insulation to the sand she used for weight and warmth. All-cotton, 43" long.
9389-6—Draft Guard **$1.98**

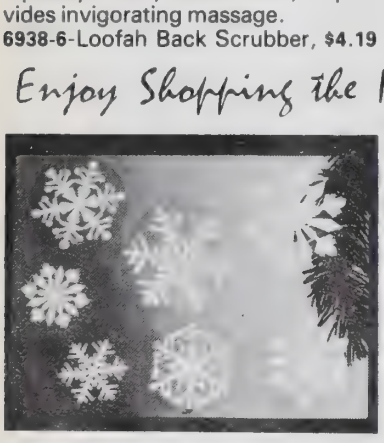


Loofah Back Scrubber
Leaves you tingling. The loofah section is 3½x12" long, attached to a colorful fabric band with snappy stripes and sturdy rope handles. Used with soap, it leaves you squeaky clean; used alone, it provides invigorating massage.
6938-6-Loofah Back Scrubber, **$4.19**

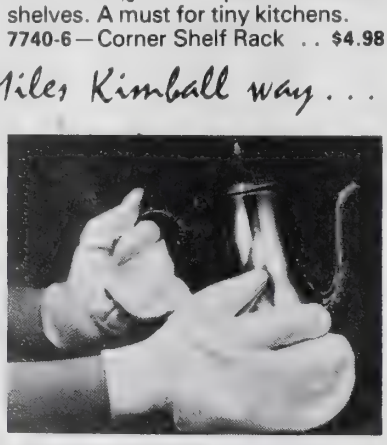


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Provides extra storage space in the corner of your cupboard. Rack is 7⅝" high, 10" wide and 10¾" long, made of sturdy steel rods with a rustproof white plastic finish. There's 3⅜" of space between shelves. A must for tiny kitchens.
7740-6—Corner Shelf Rack . . **$4.98**

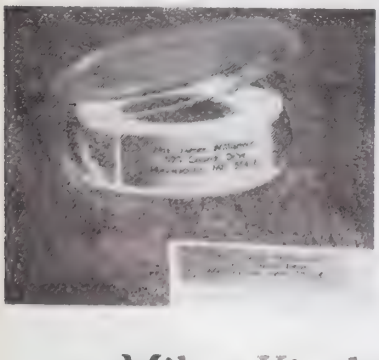
Enjoy Shopping the Miles Kimball way . . .



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The daintiest of all designs—snowflakes from the icy brush of Jack Frost. Just press the vinyl patterns to glass, they stay put through the holidays with no adhesive, no sticky mess. The pack has 21 reusable flakes from 2¼-3¾" across.
9803-6—Snowflakes . . 1 pack, **$1.98**



Cadie Silver Polishing Gloves
Rub silver, brass, copper, or gold articles; tarnish is instantly removed, and a gleaming lustre restored. Gloves have protective lining, quality tarnish removers and polish in every fiber of the cloth—no messy liquids or pastes to fuss with.
5672-6—Gloves . . . . . 1 pair, **$3.89**



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Your name and address in sharp black on lustrous gold, silver or white labels. Just press into place. They're self-adhesive, identify books and albums as well as correspondence. They're ⅝x2", have up to four lines of type, 26 letters and spaces per line. *Print; state color.*
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Miles Kimball Company

302 BOND STREET - OSHKOSH, WISCONSIN 54906

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King-size caddy
Hang it over shower head to keep showering and bathing needs within easy reach for all the family. Holds soap, shampoo, creme rinse, bath oils, cap, brush, washcloth, more. The bottles are held securely in deep wells to avoid mishaps. White cushion-coated rustproof steel frame 3¾" deep by 11" wide by 18½" high. $5.29 ppd.



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A 2½" wide ring of genuine sheepskin with elasticized edges to fit your steering wheel like a glove. It's snugly warm in winter, comfortably cool in summer, and electrified to repel dust and dirt. The rich dark brown color hides stains and keeps looking new longer. $9.49 ppd.



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little drivers who
tiny toy trucks, cars,
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parks, docks, busi-
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. Flip it over to a qui-
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Heirloom bell

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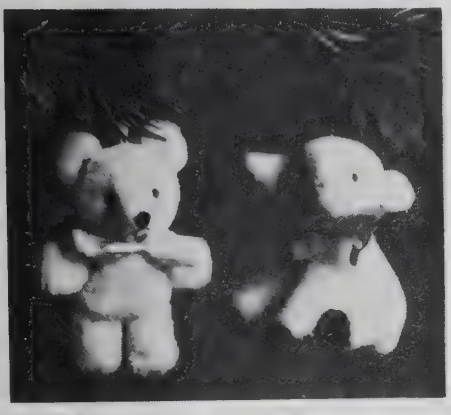


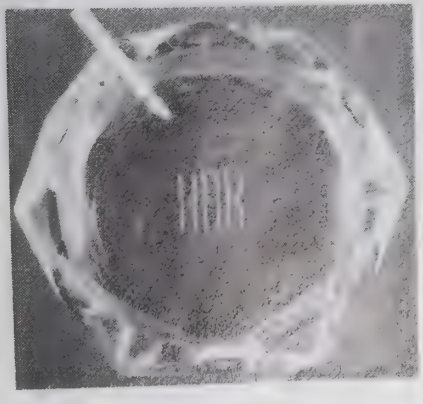


Table garlands

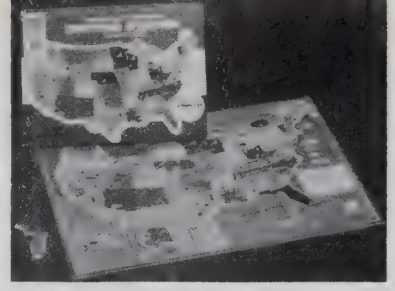
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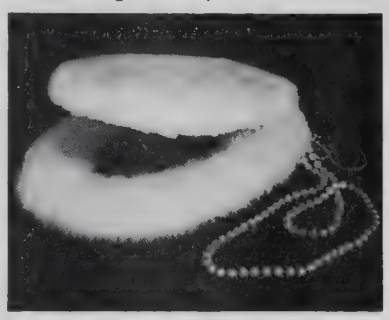
For all merchandise shown write to Miles Kimball, 302 Bond Street, Oshkosh, WI 54906



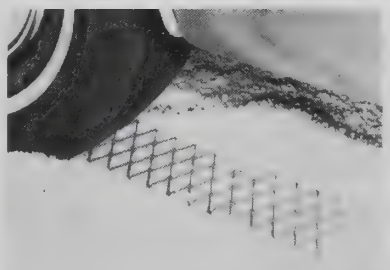
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4574-6—Jigsaw Map **$4.98**



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Lid & Seat Cover Set **$8.98**
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6833-6-Navy . . . **6835-6**-Mint Green
6839-6-Pink . . . **6849-6**-Sable Brown

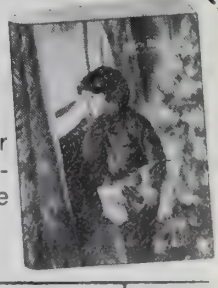


Sno-Go Tracks
Oh, the joys of winter driving. Slippery roads, blinding snowstorms, and the days when you end up stuck. For those inevitable times, have these. Crisscross pattern steel tracks are 6x16" with angles that bite into snow and ice. When the rear wheels touch 'em, you're out.
1447-6-Sno-Go Tracks, 1 pair, **$4.98**



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3922-6—Alphabet Worm **$2.39**

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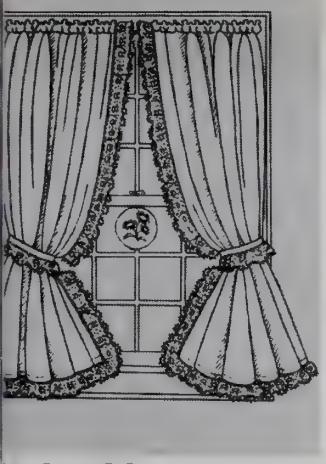
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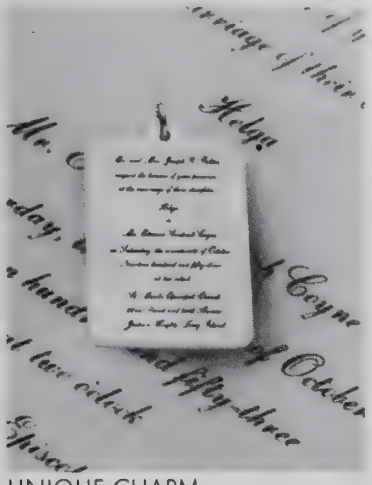
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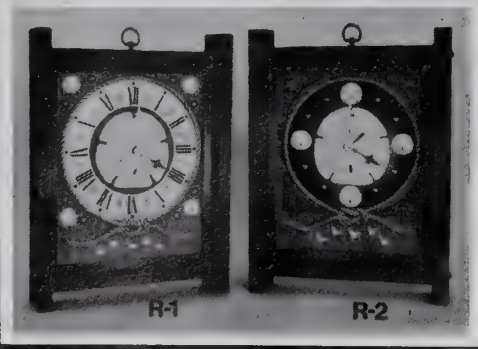


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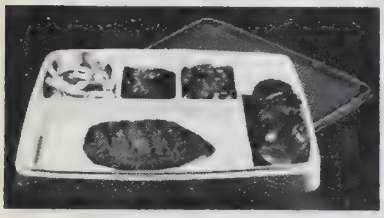
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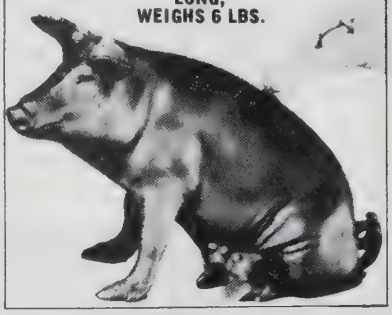
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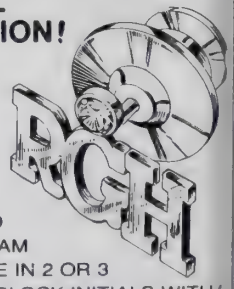
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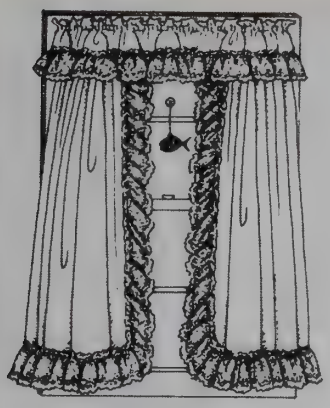
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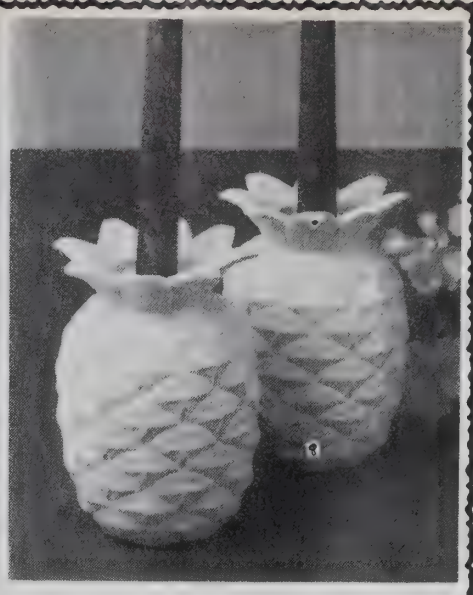
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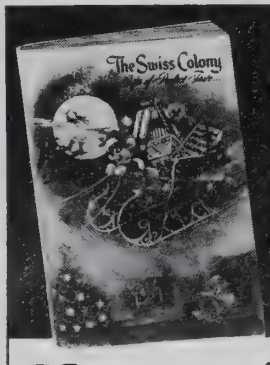


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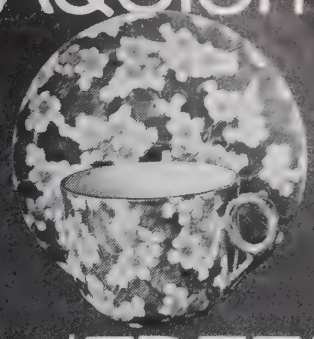
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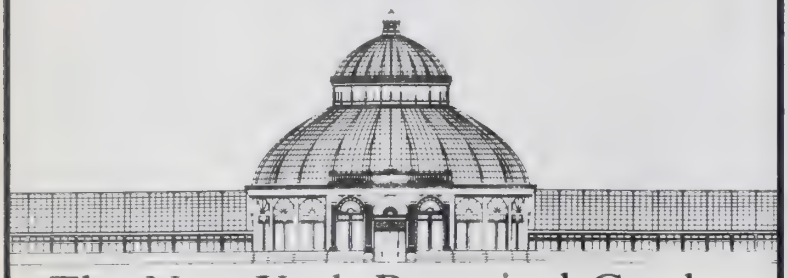
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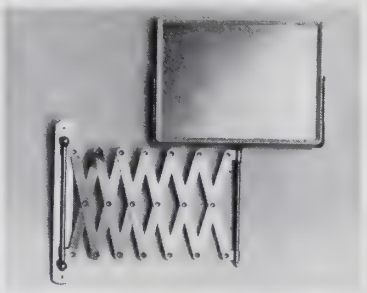
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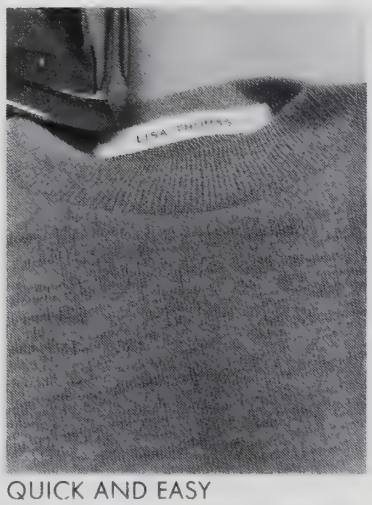
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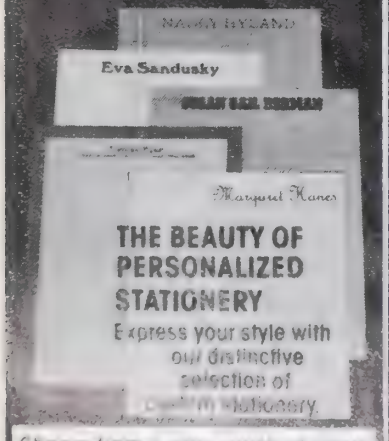
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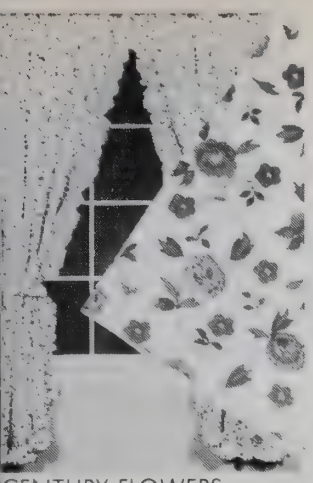
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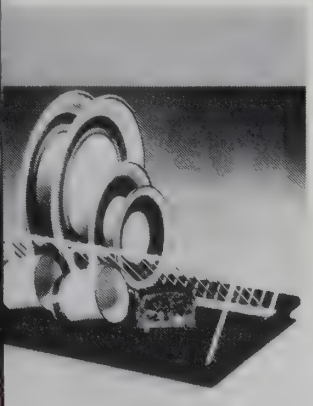
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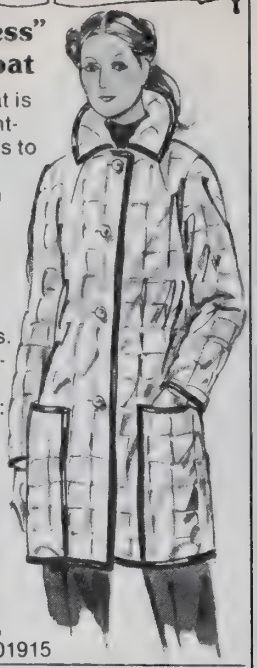
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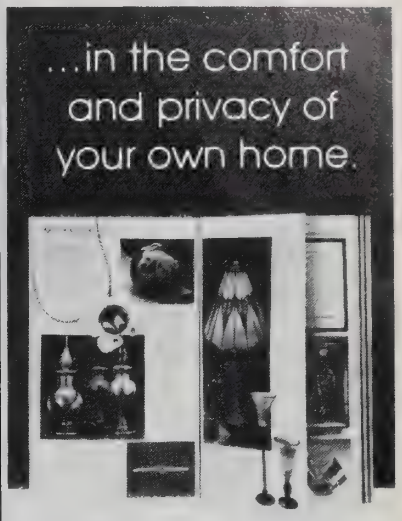
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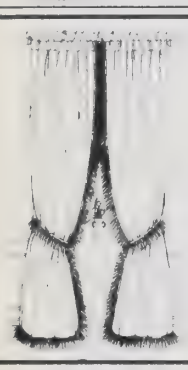
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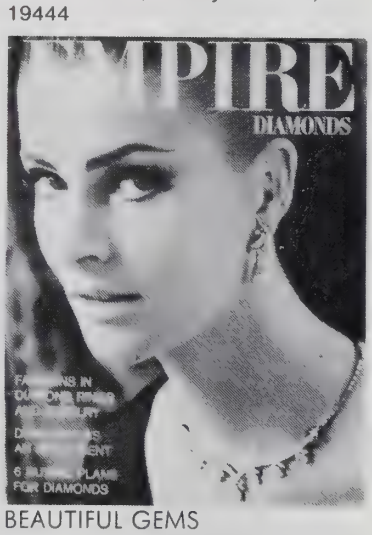
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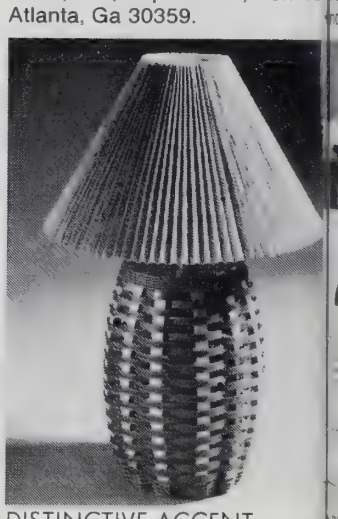
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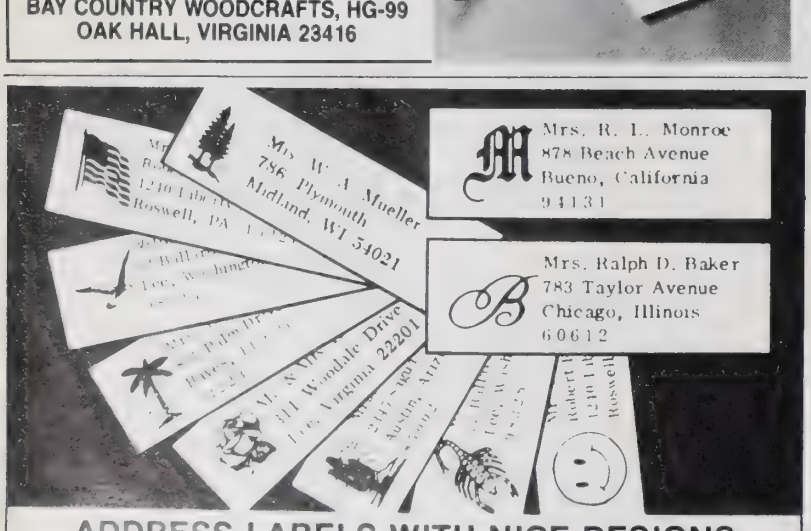
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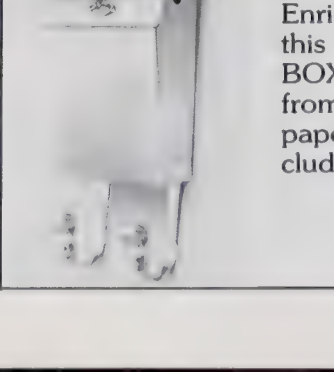
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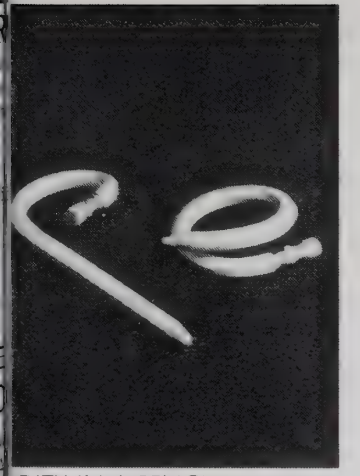
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1

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3

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The Child and the Unicorn

4

An exciting at-home adventure among the unicorn specialties and childhood delights that abound in the catalogue's idea-filled pages. Wonderful collection of wearing apparel, children's treasures, books. The Child and the Unicorn. 25¢.

Johnny Appleseed's

5

New autumn catalogue has an extensive collection of classic clothing for men and women. Quality merchandise in coats, suits, separates, dresses, accessories, boots, robes and sleepwear. Full color, 46 pages. Johnny Appleseed's. Free.

The Calligraphy Studio

6

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THE SCOTTISH LION

7

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8

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Oshkosh

9

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the enchanted doll house

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11

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The Talbots

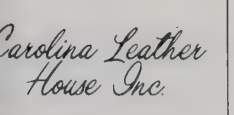
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The Fall 1979 catalogue is filled with truly timeless women's clothes, beautiful classics including soft dresses, smart separates and accessories. All are shown in full color. You'll receive a catalogue for each season of the year. Talbots. Free.



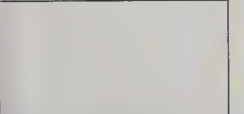
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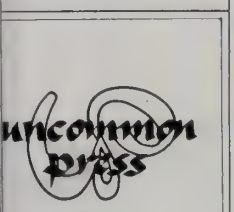
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Luxurious leather furniture for home and office. Bench-made pieces of top-grain premium leather, wide choice of colors. All exposed woods are solid mahogany. Many styles at affordable prices. Carolina Leather House, Inc. $1.



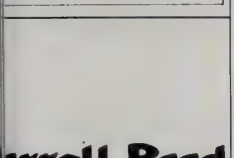
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Ceiling fan styles to suit your mood. Exotic Far Eastern to nostalgic Americana, the Encon Collection of fans with 3-year guarantee, is shown in full color room settings. Brochure with performance specifications. Unique Products Co. 25¢.



16

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17

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18

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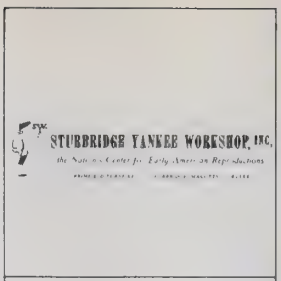
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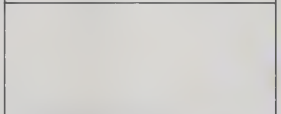
21

Fine furnishings and gifts in the Early American tradition. Desks, chairs, book racks, sideboards, tables, lamps. Also crystal, clocks, jewelry, dolls, collectibles. Catalogue in full color. Sturbridge Yankee Workshop. 50¢.



22

Yesteryear styles in furniture and accessories. The 80-page catalogue includes hand-carved solid mahogany Victorian, Eastlake oak groups and rococo-carved European palace furniture. Fabric samples included. Magnolia Hall. $1.



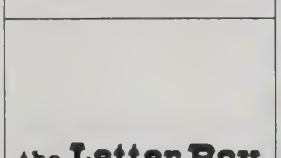
23

Colorful catalogue has about everything your kitchen could use in its 96 pages. From artichoke plates and egg fry rings to whistling kettles and elegant Queen Anne casseroles. More than 1,000 items. Colonial Garden Kitchens. 25¢.



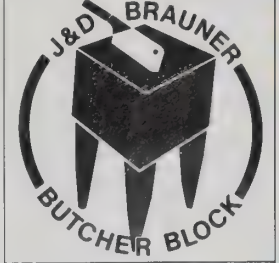
24

Unusual appliqued and personalized gifts for special occasions. Catalogue offers holiday decorations, pillows, gourmet specialities, hostess gifts, canvas bags. A truly out-of-the-ordinary selection of gift ideas. Susan's Accessories. Free.



25

Color is in. Personalized stationery collection in lovely colors, designs, type styles, papers to express your colorful style. Available with name/address printed on letters, envelopes. Catalogue with actual samples The Letter Box. 50¢.



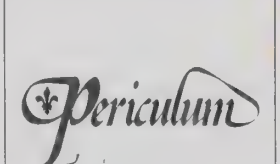
26

A comprehensive selection of butcher block furniture. Catalogue demonstrates butcher block's remarkable versatility as dining table, country kitchen table, desk, countertop, cart, a wide variety of chairs, and more. J & D Brauner. $1.



27

Hearth-size wood burning home heaters that fit against fireplace opening or stand free. Hearthstoves heat one room or a whole house. Glass front, glass door or tile front models in two sizes. Color literature. Sierra Manufacturing, Inc. Free.



28

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ESTABLISHED 1938

29

Full-color catalogue shows complete collection of rug designs: Oriental, Navajo, Scandinavian, antique classic. Fine European tapestries selection for wall hangings, pillows, framing also included. Peerless Imported Rugs. $1.

Wilderness Log Homes

30

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Annalee's Workshop



31

A full-color winter catalogue displays over 100 handcrafted dolls. Individual appealing expressions on Santas by the dozens, some animated. Snowmen, lots of cute little mice, frogs, pigs, and leprechauns. Annalee's Workshop. 50¢.

GREGORY E. HENTZI

32

Hand wrought copper fashioned into attractive desk accessories. Waste baskets, letter boxes, pipe holders, trays. Personalized designs incorporating your initials, plus law and physician symbols, ships, birds. Gregory E. Hentzi. 50¢.

Bryan-Robeson

33

You can save 40% on fine furniture from the new fully illustrated 52-page catalogue. It's filled with exciting ideas, colorful room scenes, furniture from 18th century reproductions to contemporary designs. Bryan-Robeson. $1.

The Poster Collector

34

Contemporary art posters, shown in full color, from museums and galleries all around the world. Catalogue of 16 pages includes all styles, all subjects. They are available either framed or unframed. The Poster Collector. $2.

The Swiss Colony

35

Full-color holiday gift catalogue has over 130 pages with nearly 600 unique gift ideas. Fifty gifts are under $5 and 250 are under $10. Something just right for everyone on your list. Everything is gift-wrapped. The Swiss Colony. Free.



Martha M. House

36

Fine Victorian reproductions made of solid mahogany, all hand carved. Great variety of handcrafted coffee, end, lamp and console tables. Opulent sofas, chairs, dining and bedroom pieces and lamps. Martha M. House. $1.

HERALDICA IMPORTS, INC.

37

Heraldry as decoration and heraldic jewelry presented in color folder showing wall plaques, framed coats of arms as well as ring, cuff links, blazer buttons. Names and heraldic terms are in a separate booklet. Heraldica Imports, Inc. $1.

Dover Scientific Corp.



38

Treasures from the earth to collect and display. Fascinating catalogue has numerous illustrations: fossils, shells, minerals, natural jewelry, stands, books; also handsome portfolio of color prints. Dover Scientific. $2.

Constance Carol
PLYMOUTH, MASSACHUSETTS

39

Fine tab curtains, a Constance Carol specialty, and infinite variety of other styles and sizes. Fabric swatches: florals, textured solids, gingham checks and plaids along with laces, special trims. A 12 page collection. Constance Carol. $3.

Heritage Homes
PLAN SERVICE INC.

40

Plans book of 296 pages of traditional advanced contemporary and country ranch homes with floor layouts. Blueprints can be ordered. Helpful advice on various aspects of making a selection. Heritage Homes Plan Service. $12.50.

GEORGETOWN
FAN COMPANY

41

Learn how a ceiling fan in your home can improve comfort and save energy in all seasons. Resin blades in choice of wood grain finish and color, different drop lengths. All details. Georgetown Fan Company. Free.

herbal concepts, inc.

42

How to control cellulite is explained in 24-page booklet about the Au Naturel™ formula. Describes causes, composition of cellulite, details program of control. All natural ingredients top quality, nothing artificial. Herbal Concepts, Inc. Free.

Fahrney's

43

Catalogue V has 40 full-color pages of fine writing, calligraphic instruments: everything from artists' markers to gold pens. Calligraphy sections has kits for beginners to advanced, books, manuals. Fahrney's. $1.

Famous OLD SOUTH
REPRODUCTIONS IN CAST ALUMINUM

44

Heavy cast-aluminum reproductions of Old South wrought-iron furniture, urns, fountains, planters, custom plaques and a complete line of outdoor furniture including "Charleston" bench. In color. Moultrie Manufacturing Company. $1.

EMPEROR CLOCK COMPANY

45

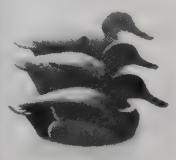
Grandfather-clock kits by the largest manufacturer. Complete line shown in full-color brochure. Unassembled, no movement; case assembled, unfinished, no movement; assembled, finished, with movement. Emperor Clock Co. Free.

LILLIAN VERNON®

46

Lillian Vernon personally shops the world for her unique collection, many exclusive European imports. Over 100 color pages of gifts, many personalized, jewelry, decor, collectibles, beauty aids, Christmas ornaments. Lillian Vernon. Free.

BAY COUNTRY WOODCRAFTS



47

Handsome full color catalogue of solid pine waterfowl carvings that reflect an American folk art. Finished decorative decoys, handpainted or in easy to assemble kits. Decoy paints, tools, books, gifts. Bay Country Woodcrafts. $1.

SWEET DREAMS by Kenya

48

Handsome color catalogue exclusively for bedroom and bath. Unique decorative accessories, monogrammed satin sheets, shower curtains, lamps, towels and more. Fine lounge wear for men and women. Sweet Dreams by Kenya. 50¢.

COUNTRY SHOP

ATHER COLLECTIONS

49

A complete portfolio of leather sofas, loveseats and chairs for both home and office. The world's oldest upholstery material symbolizes luxury, durability, prestige. Also, it's easy to care for. Country Shop Leather Collections. $5.

HOME PLANNERS, INC.

50

Book of 216 pages has 230 plans for 1½- and 2-story homes. Gambrels, Georgians, Salt Boxes, Mansards, Tudors, Colonial Farmhouses. Floor plans for family living. Blueprints available. Homes for all budgets. Home Planners, Inc. $3.

NEW ORLEANS

ABY COMPANY

51

Practical and interesting accessories and essentials for infants and toddlers. Includes layettes, clothing, furniture, educational toys. Some items are hard to find, many not available nationally. New Orleans Baby Company. Free.

GALLERY OF AMSTERDAM

52

Exciting imaginative items ranging from the decorative and exotic to practical and useful in a full-color catalogue. Clock radios, stereo systems, games, storage included in 32 pages. The Gallery of Amsterdam. Free.

MICRO-COOK PRODUCTS INC

53

Microwave accessories shown in full color range from utilitarian to fine gourmet. Items made exclusively for microwave oven from over 60 manufacturers; also includes many microwave recipes. Micro-Cook Products, Inc. 50¢.

Ephraim Marsh

54

Catalogue Twenty-Five has 160 pages (32 in full color) showing reproductions and adaptations of 18th-century furniture of the Georgian era. Distinctive pieces for fine homes, offices. Full descriptions. Ephraim Marsh Co. $1.

The Harbor Light

Lamps • Lanterns • Chandeliers

55

Unique lighting in Williamsburg and Federal chandeliers, sconces, handcrafted lanterns, hurricane accent lamps, foyer and bathroom lighting, all at affordable prices. Catalogue, b/w and color, 24 pages. The Harbor Light, Inc. $1.

JANCO 1948-1979 GREENHOUSES

56

All you need to know about greenhouses. Expert information on how to select the right one for your site and budget. Over 100 straight and curved-eave models. Easy instructions, complete accessories. Catalogue, Janco Greenhouses. $1.50.

Marion Travis

57

Seasoned interesting-grain hardwoods in chairs, benches and stools constructed by skilled craftsmen. Hand-woven chair bottoms. Seating collection reflects the handwork of genuine Early American tradition. Marion Travis. 50¢.

New Hampton General Store

Bazaar & Emporium

58

Distinctive gifts and gadgets with old-fashioned quality. Household, kitchen items, real calico apparel, solid copper cups, cast iron banks, even the store's very own brand of corned beef hash. New Hampton General Store. Free.

Erik L. Wood Inc.

59

The unique beauty of candles inspired by nature and carefully handcrafted. An exclusive, striking collection for special occasions, for giving, for putting more warmth and happiness into your life. Color catalogue. Erik L. Wood, Inc. 50¢.

® Trademark of Day & Frick, Inc. Est 1866

60

The "diamond" you can afford to lose but won't want to. Styles that suit the most fastidious woman or man. Each individually set in 14K white or yellow gold. Priced from $60 per karat. Full color catalogue. Kenya[R] Gem. Free.



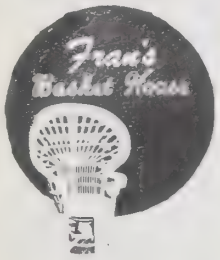
61

Cuddledown comforters from Scandinavia feature authentic, finest down filling with generous 4" to 5" loft. Catalogue includes flannel sheets, other energy savers. Also has fabric samples. Cuddledown. $1.

DECK HOUSE

62

Contemporary designs in timeless deck houses with post-and-beam construction, cedar ceiling, mahogany millwork, glass. Manufactured components for economical on-site construction. Fifty complete plans in 9 portfolios. Deck House. $10.



63

Wonderful wicker and rattan collection. Furniture and accessories hand-woven in exotic places around the world, imported direct. Many unique and unusual items of high quality. Catalogue, 88 pages. Fran's Basket House. 25¢.

Clymer's

64

Whether you're looking for traditional or contemporary gifts, you'll find a wide variety, in Clymer's colorful catalogue. Unusual, nostalgic, collectible, whimsical items plus museum reporductions, jewelry. Clymer's of Bucks County, Inc. 50¢.

COLONIAL MAID CURTAINS
Since 1947

65

Authentic country-style curtains in every size. Complete ensembles, chair pads. Varied no-iron fabrics: ruffled, tailored, fringed, eyelet, laces, dotted swiss, sheers featured in catalogue. Colonial Maid Curtains. 50¢.



THE DOLL'S HOUSE
OF WESTCHESTER

66

Delightful catalogue of dollhouses in many styles, miniatures, dolls in color and black-and-white, hundreds of items at a wide price range. Some assembled and finished, others come in kits. The Doll's House of Westchester. $1.



HERITAGE LANTERNS

67

Authentic reproductions of many anti lighting fixtures, entirely handmade. exciting collection in solid copper, s brass, pewter. Heirloom quality style install indoors or outside. Heritage L terns. $2.

HOLUBAR
HOLUBAR
HOLUBAR

68

Full-color catalogue of rugged outd clothing, back-country gear. Ready wear or sew-it-yourself kits for goo down coats, vests, comforters, boot Many items for campers, skiers, runn Holubar Mountaineering, Ltd. Free.

Artisan Galleries

69

Broad selection of collectibles, gifts, ported and American-made. Glassw replicas made from turn-of-the-cent molds. Decorative accessories that different and hard to find. Christ items, toys. Artisan Galleries. Free.

DEERSKIN TRADING POST
Leather! Leather! Leather!

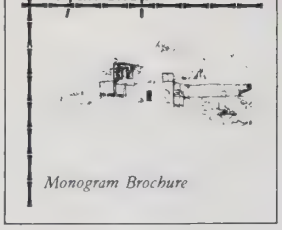
70

Like leather? Let Deerskin show you gamut of leather, suede and shear fashions for men and women. Fine s tion including vests, shoes, boots, pers, hats, gloves, handbags. Full catalogue. Deerskin Trading Post. Fre



71

Dazzling Christmas ornaments with heirloom future. Award-winning c logue sparkles with a joyous collectio over 200 original ornament kits. E sive designs from this craft shop are easy to do. The Cracker Box. $1.98.



72

Outstanding collection of sweaters blouses. A wide variety of monogra different styles and placement. dren's, misses', men's sizes. Linen s der bag. Terry robe, towels also in chure. Mayan Shop. 25¢.

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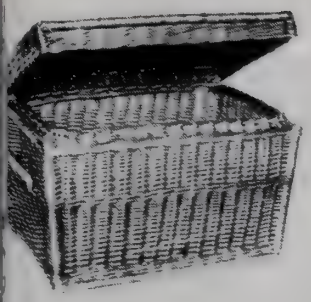
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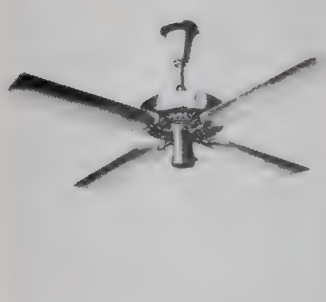
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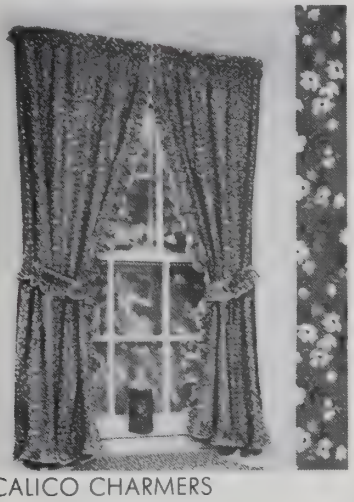
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ow chest makes decorative, itilated storage for out-of-season hing, laundry, toys, etc. Hinged and firm handles. Rugged ough to be used as extra seats or l tables. 24" long by 16" h by 16" $39.95 plus $4 post. Catalogue, . Fran's Basket House, HG9, .10, Succasunna, NJ 07876.



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Natural air cooling. Adaptair adjusts angle of blades (on 52" only). Two speeds. Five yr. guarantee. 36" fan with wood blades, $179, 52" fan with adaptair lever $299; without, $239. Light adapter kit $16. Send 50¢ for brochure. The Ceiling Fan Gallery, HG9, Indian Neck Lane, Peconic, NY 11958.

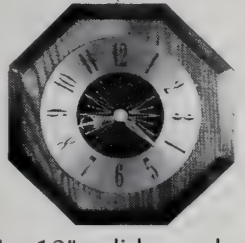


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al flower power at the door is a g-wearing vinyl mat with nodular face and white lettering up to 17 ers. Choose red, blue, gold, ck, brown-beige, avocado. Two our wk. del. Regular, 15" by 25", .98; jumbo, 19" by 30", $14.98. d. Miles Kimball, 100 Bond St., nkosh, WI 54906.



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Red, gold, green, blue or brown background, no-iron cotton blend. 70"w. pr., 2½" ruffle; 24", $6.50; 30", $7.50; 36", $8.50; 45", $9.50; 54", $10.50; 63", $12; 72", $13.50. Val., $3.50; tiebacks $1.25; post $2. Brochure/swatches, $1. Write to Mather's HG9, 31 Main St., Westminster, MD 21157.

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½" x 12" solid wood, walut finish, brass plated dial nd trim. Perfect for kitchen, en, playroom or office. Movement guaranteed one ear—20.00 electric, 25.00 attery. Add 1.00 postage—M/C—VISA welcome. Give ll numbers & signature.

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JACK DANIEL SQUARE GLASS SET

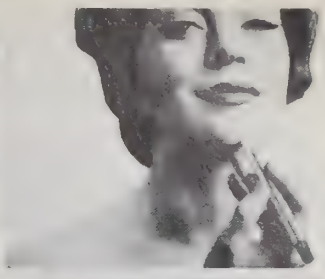
Mr. Jack Daniel was the originator of the square bottle for his whiskey and always wanted to have a matching square glass. Well, here it is! This hefty square glass (each weighs 14 ounces) is the perfect companion to a bottle of Mr. Jack's finest. The inside is rounded to make drinking a pleasure and the original design is fired on for good looks and durability. My $15.00 price for a set of 4 glasses (8 oz. capacity) includes postage.

Send check, money order, or use American Express, Visa or Master Charge, including all numbers and signature.

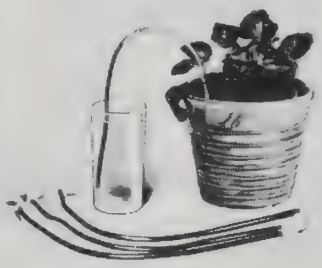
(Tennessee residents add 6% sales tax.) For a color catalog full of old Tennessee items, send $1.00 to above address.



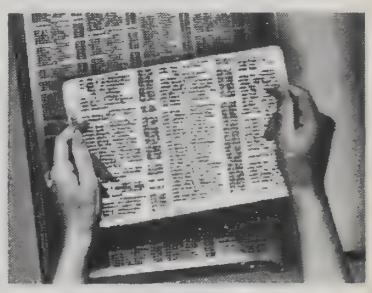
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Lock out the disturbing noise . . . even snoring . . . that keeps you awake all night and robs you of refreshing sleep. Ear Drum Silencers are soft, pliable, with an easy-to-grasp safety flange. Slip them in every night and you'll sleep like a kitten.
No. 124—Ear Drum Silencers.....$2.98
Mailing 35¢



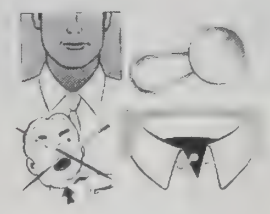
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Amazing Lemos Permagon destroys hair roots almost instantly—one by one. No wire connections. Uses tiny batteries (included). Home use electrolysis method is the same system experts use to remove hair permanently from face, arms, legs and body.
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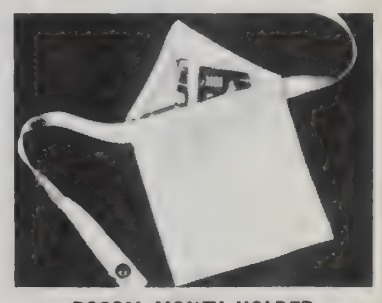
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No. 200—Plant Nursemaids $2.98
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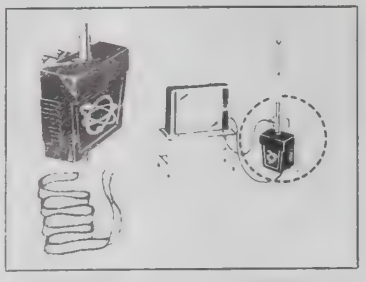
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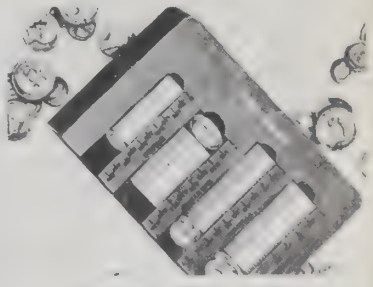
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Collar-Extender button "loosens" tight shirt collars. Ends all-day "tugging." Expands collar up to ½ size larger for that "just right" feeling. Invisible behind tie. Can be transferred from shirt to shirt in seconds.
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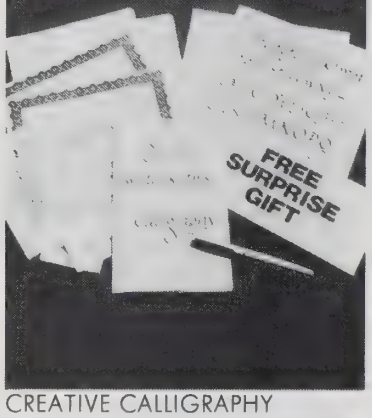
SHOPPING AROUND



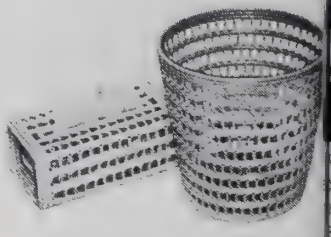
SIGHT LIGHT
Reading lamp for glare-free light with 100 watt bulb incl. 52" h, adjustable. Traditional model shown gives five times light of other lamps. Overall brass, $116. Brass with shade and, base in avocado, white, beige, black $102. Ppd. Visa, MC, AE. Light-Crafters, Dept SA, 36 Sherwood Pl., Greenwich, CT



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A dime's worth of pennies hav been shaped into a bright copp bracelet that is sure to be a conve sation piece for its wearer-guy gal. They are genuine Lincoln pe nies, too! $2.98; two, $5.50 add 6 post. Romar Sales, Dept. RS-25 535 Fifth Ave., 2nd floor, New Yo NY 10017.



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Woven by hand.
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To add elegance.



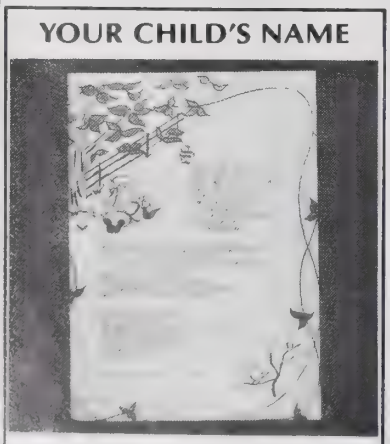
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Height—42½ in.
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Walnut Finish **$34.95**

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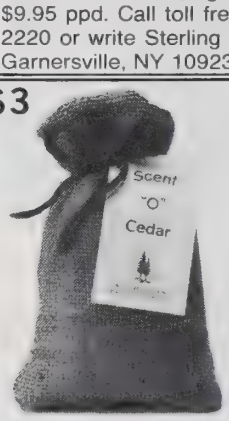


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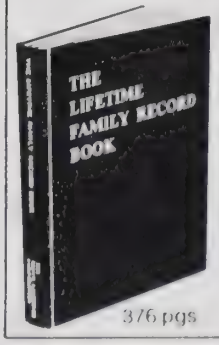
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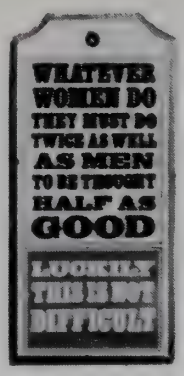


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$74.95

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We have seen similar brass coat racks sell for twice as much (and more!) in stores throughout the country. But we are making this rack available to you directly at an introductory offer of only $74.95. Supplies are limited. Add $4 per piece for shipping and handling. New York State residents please add appropriate tax.

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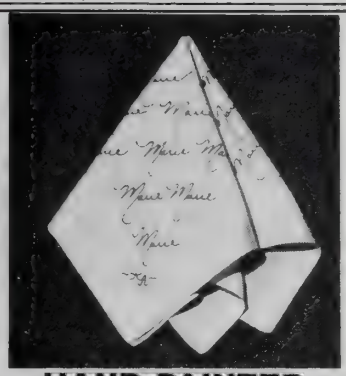


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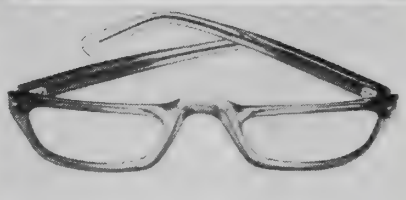
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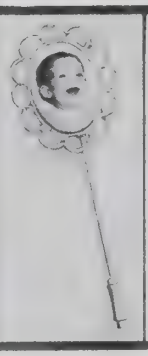


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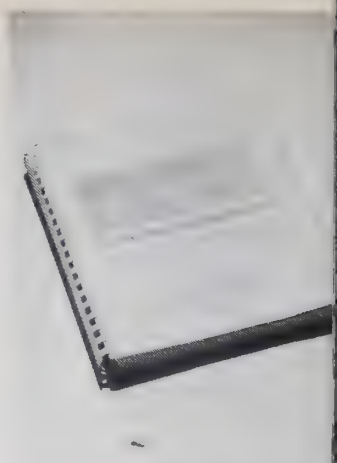
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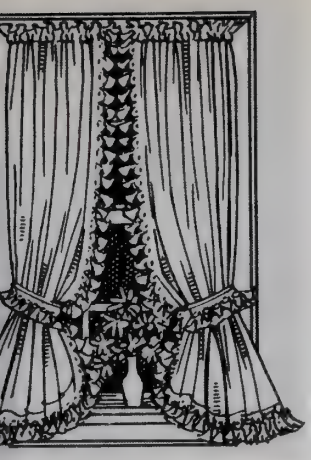
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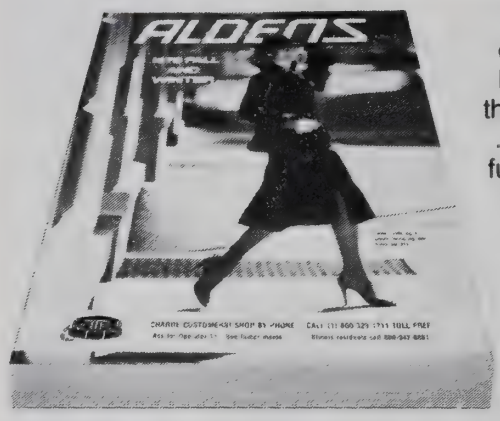
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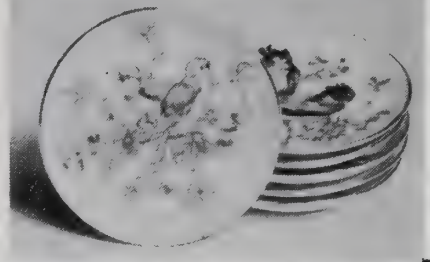
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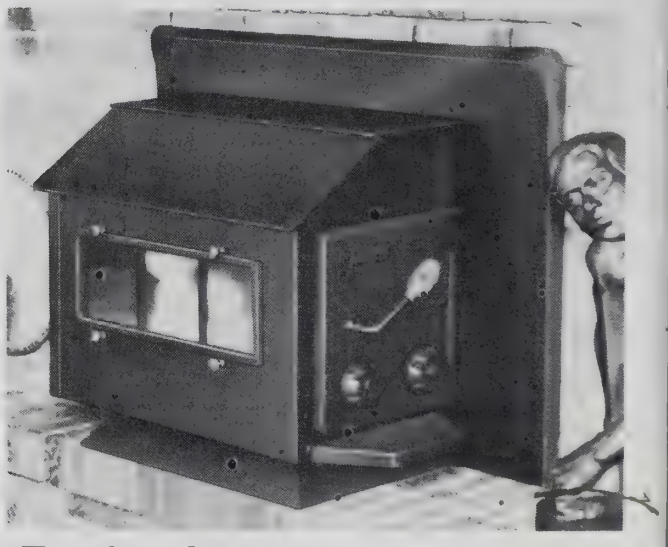
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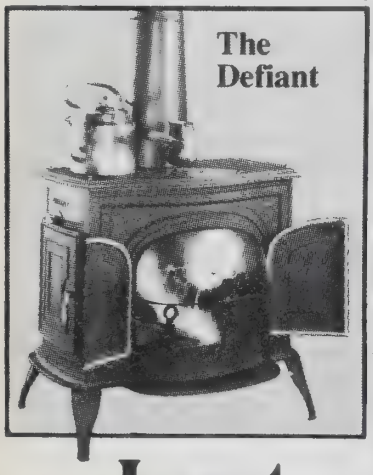
Handmade set

Simple heavy-duty fireplace tools in square stock iron with twisted shanks. Specify heart or pigtail ends for hanging. Set includes poker, deep shovel, and log roller. Overall about 33" in length. $29.05 plus $3 post. $2 for catalogue. The Renovator's Supply, HG9, 71 Northfield Rd., Millers Falls, MA 01349.



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Find out more about the lifetime investment in fuel-saving warmth the Defiant and the Vigilant offer you. Send $1 for our detailed Operation Manual and color literature

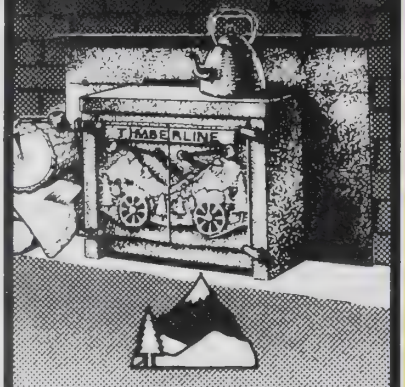
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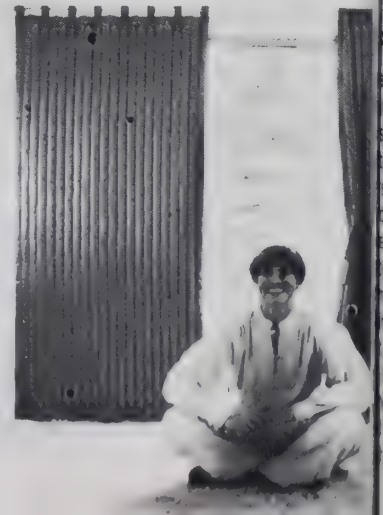
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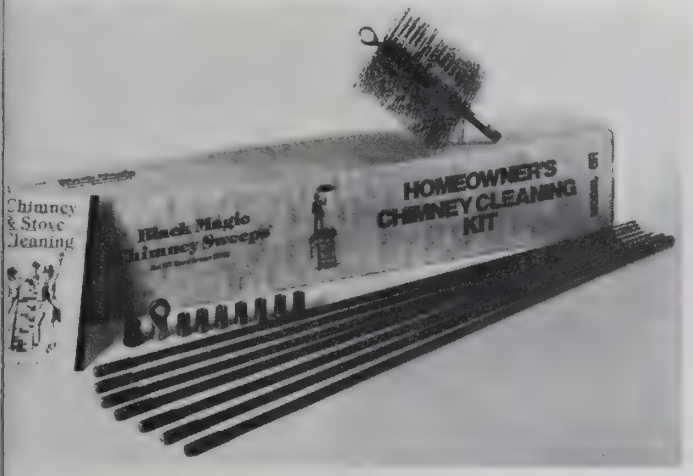


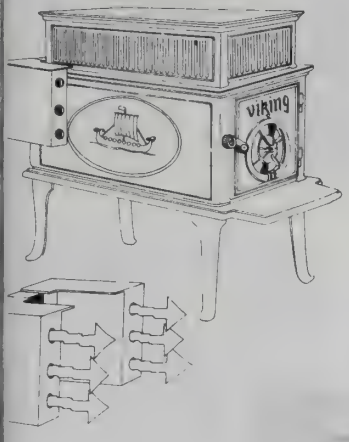
The Moravian

Parlor stove of heavy plate steel and cast iron. Airtight, completely baffled. Large wood capacity. Double glass doors add visual pleasure, easy monitoring. Porcelain enamel archway in red, blue, or green. 34"h. by 20"d. by 29" wide $765. Free color brochure. Quaker Stove Co., HG9, 200 W. Fifth St., Landsdale, PA 19446.

himney clean-up

meowners can clean their own, avoid creosote build-up. Kit: oper-size steel brush, 21' fiberglass extension rods and cou- ngs, long-handled damper brush, 27-page manual. Write for e details, flue measuring instructions. Black Magic Chimney veeps (Kits), HG9, Stowe, VT 05672.





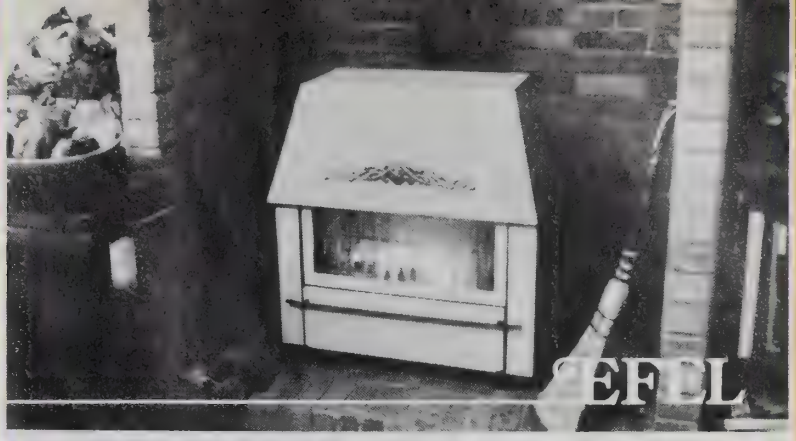
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t iron

nt parlor stove with t construction and aving secondary ustion to boost heat. s open to view fire. s classic beauty with rn woodburning effi- y. For up to 14-hour ostatically controlled g of up to 10,000 $1 for color litera- perations manual. nt Castings, HG9, Prince St., Ran- , VT 05060.







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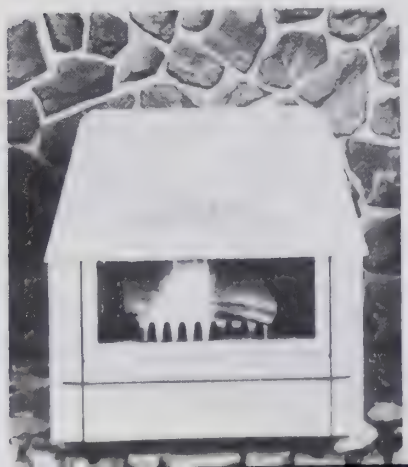
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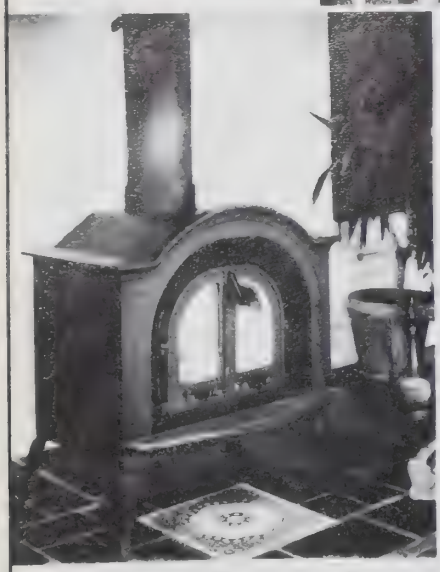
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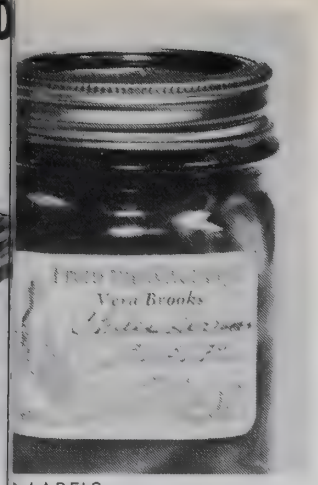
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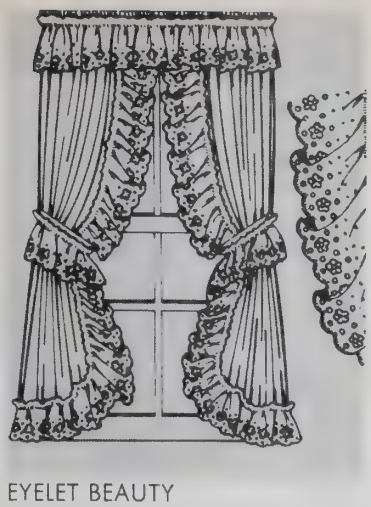
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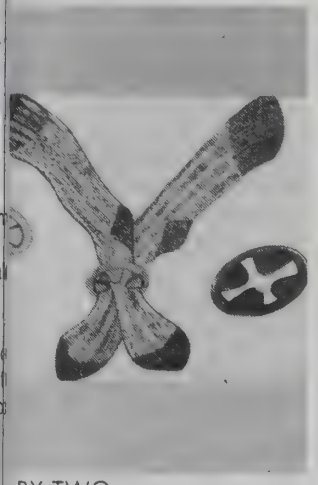
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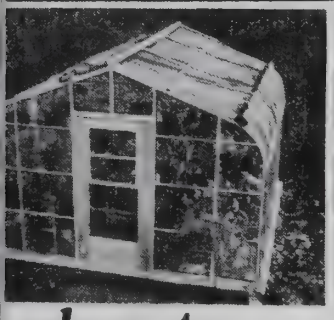
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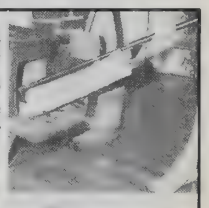
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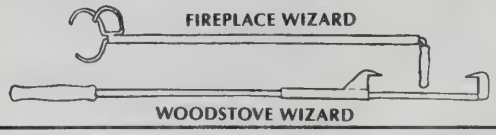
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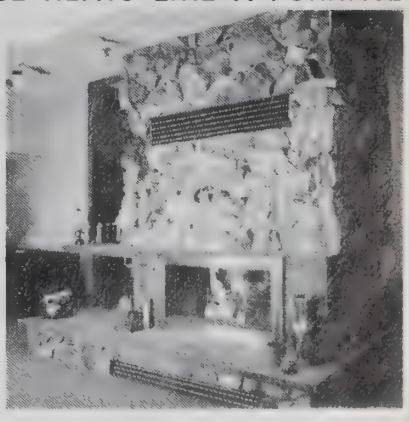


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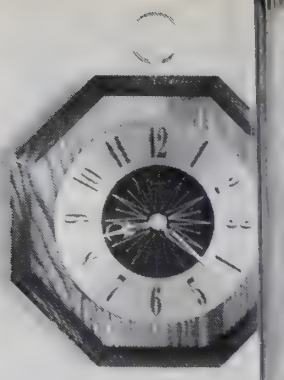
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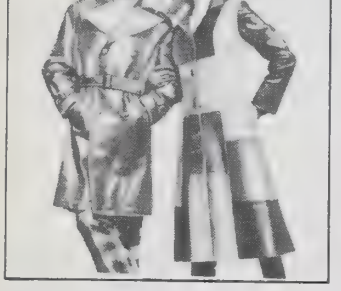
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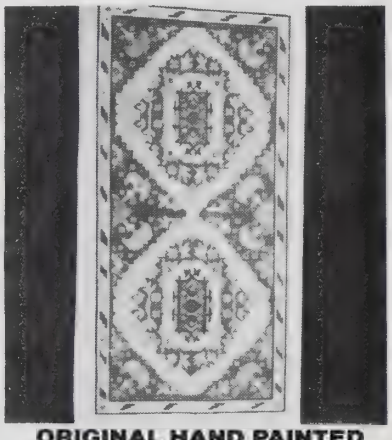
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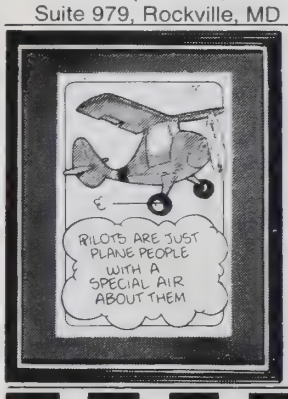
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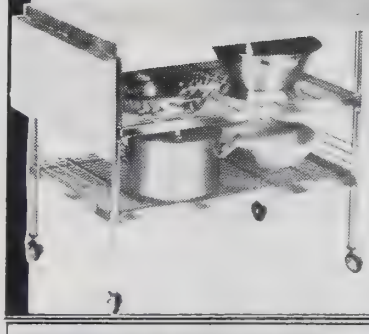
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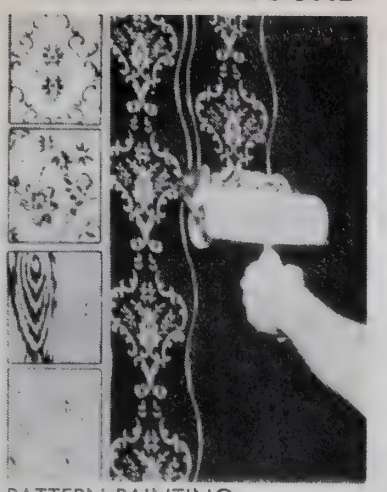
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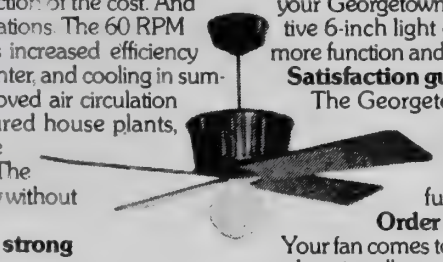
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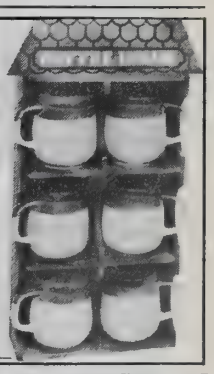
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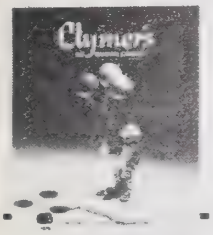
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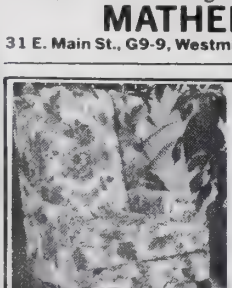
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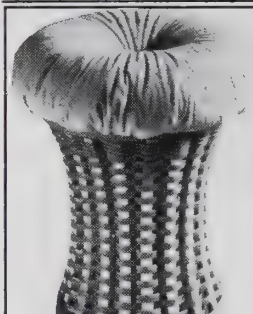


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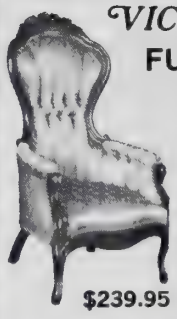
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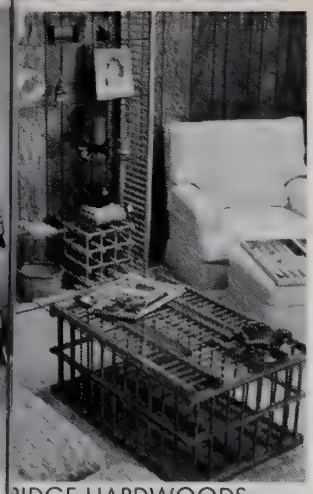
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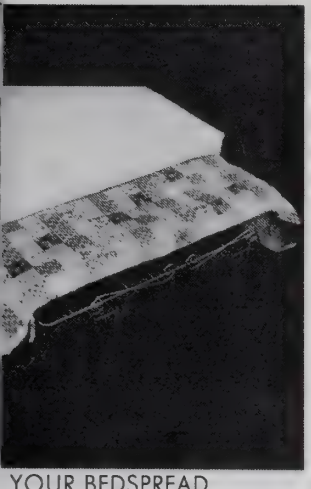
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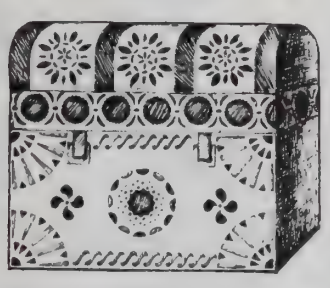
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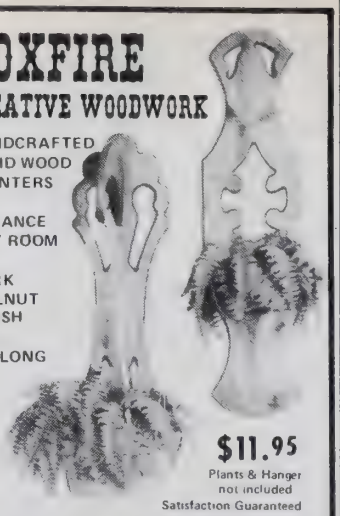
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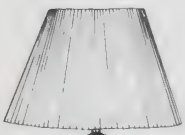
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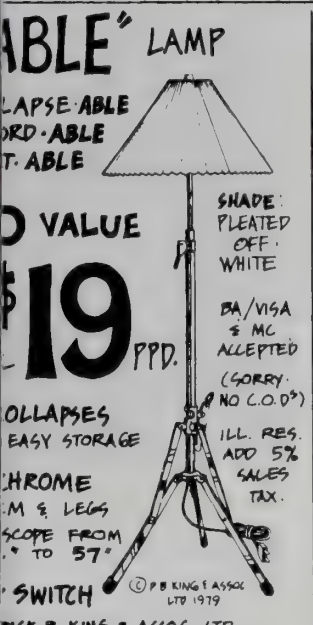
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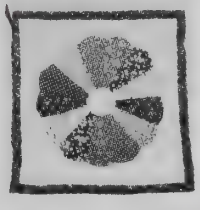
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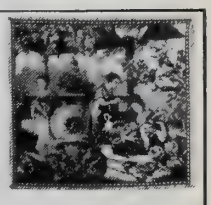
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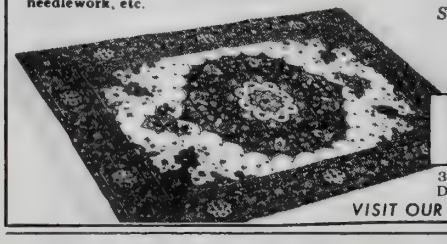
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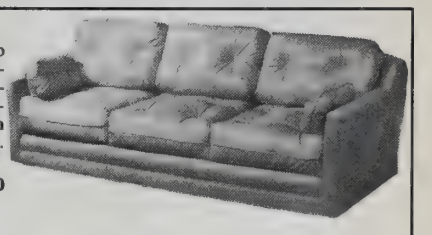
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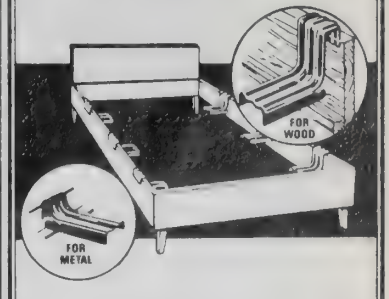
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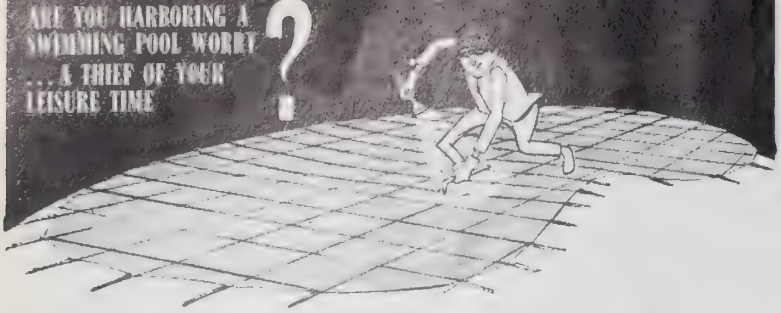
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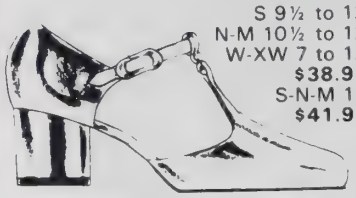
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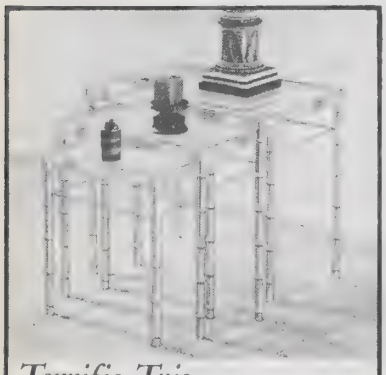
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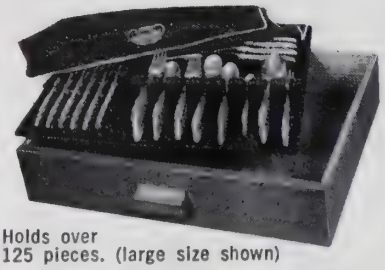
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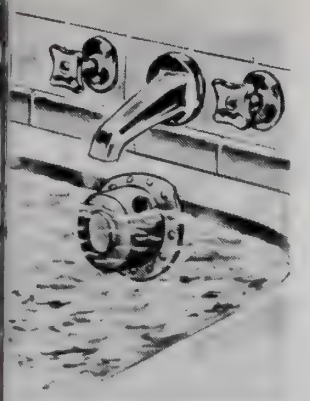
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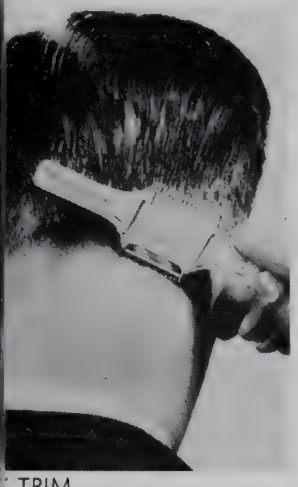
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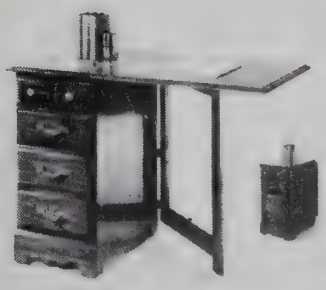
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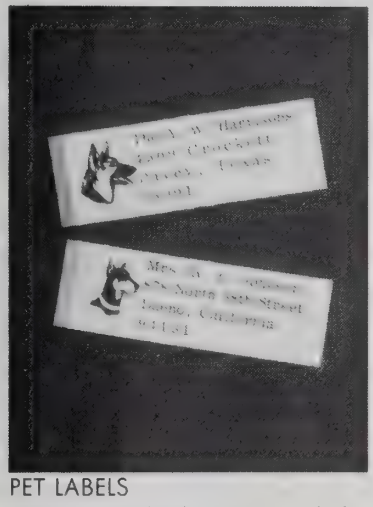
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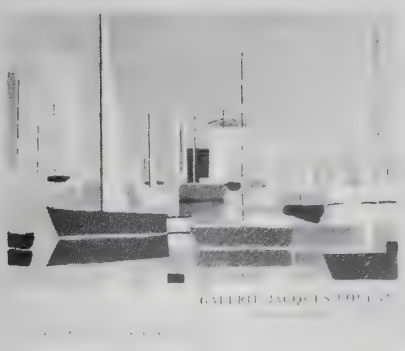
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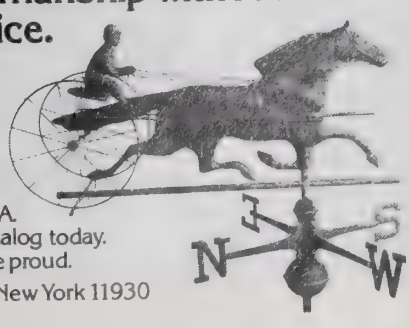
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The Paca garden, formal design of five terraces studded with seasonal plantings. Boxwood—a favorite landscape plant

Governor Paca never expected his garden to be a secret, yet it took more than 200 years to find it again. In its prime, 1765, it was known as the "most elegant garden" in an elegant town—Annapolis, Maryland. Today, the restored 2-acre garden, see page 126, is again an oasis, a quiet bouquet in the center of a busy state capital, and a major visitor attraction.

The restoration wasn't easy. Governor Paca, a signer of the Declaration of Independence, would never have recognized his house and garden before the restoration. In 1906, a rambling 200-room hotel had been added to the original building, while his unique garden was buried deep beneath a parking lot and the bus depot.

In 1964, the hotel owner decided to demolish the Paca Mansion, and on the 2 acres behind the house an office-apartment complex was to be constructed. Historic Annapolis, Inc., a small private nonprofit preservation agency, which had been battling developers of Goliath proportions ever since the inception of the organization in 1952, got to work fast. A high-rise was an alarming threat to the fine Georgian neighborhood, as well as to Annapolis, already a National Historic District.

Led by Mrs. J.M.P. Wright, then president of Historic Annapolis (and a daughter, wife, and mother of naval officers), the struggle for architectural integrity was on. Within 6 weeks, Historic Annapolis miraculously raised enough money to purchase the mansion, but not the 2 acres still in danger of being developed.

Never, however, underestimate the combination of gray matter and green thumbs. Mrs. Wright proposed that the state purchase the land and restore the lost garden. The plan was accepted by the Maryland Historical Trust and the Maryland General Assembly, and preliminary funds were appropriated 1965. A matching federal grant was ceived from the Land and Water C servation Fund of the Department of Interior. Mrs. Wright, an ardent a knowledgeable gardener, was appoin principal fund raiser for the garden a chairman of the project.

"Some of the first money raised Historic Annapolis was committed to chaeological investigation of the g den," says Mrs. Wright, "although never dreamed that our findings wo be so successful."

BEA



Well-pruned spheres are among the ma boxwood forms at Paca that will fit i any type of garden design.

Rediscovering the garden was a forr dable task, as tons of masonry, pip fuel tanks, and soil covered the site two centuries of accumulation. A though most written records were lo the earth still retained clues. The d sometimes went down 9 feet to find t 18th century. In addition to silver b tons and wine bottles, the architects, chaeologists, bulldozers, and maso trowels excavated the original form the garden. Substantial sections of t governor's brick wall emerged, as the location of five beautifully propo tioned terraces.

On the lowest terrace, the outlines o "natural" lake and meandering bro indicated that a wilderness garden on bloomed there. As Mr. Paca was a l student in London, it is thought that may have been influenced by Capabil Brown, the English landscape design who often introduced the natural in formal gardens.

The detective work was not only do in digging. A 1772 portrait of Paca in l

eale, and now hanging in the Maryland istorical Society in Baltimore, was an xciting aid to restoration. It shows in etail the layout of the garden, location f its walls with ventilation slits, a Chiese Chippendale bridge, and three nall buildings—one a 2-story pavilion.

In 1972 Historic Annapolis was seected by the state to continue restoraon of the garden, and is responsible for s management. Private contributions re received from individuals, garden lubs throughout the state, and the Maryland House & Garden Pilgrimage. t has also won the Founders' Fund ward of the Garden Club of America, nd Mrs. Wright has received the Naional Trust for Historic Preservation's ouise duPont Crowninshield Award.

Governor Paca, described by Peale as aving "manners of the first polish and ccustomed to the best company," would be very much at home in his garlen now. Even before planting, there was a monumental job to determine just what he would have had in his garden. Researchers went to 18th-century garlen books and diaries, and seeds were ordered from England, France, Germany, and Holland.

The upper part of the garden is restored as a formal 18th-century garden with a Grand Allée of broad limestone stairs descending from the house and dividing four parterres (a garden bed at ground level). The two garden terraces closest to the house contain the Rose Parterre (all of old roses), and the Flower Parterre, blooming with seasonal flowers. The next terrace contains the Holly Parterre (English and American holly), while the fourth is entirely of boxwood. One of the sources, a London garden book of 1640, mentions that "the low dwarf box is of excellent use to border up a knot or the long beds in a garden."

The last and fifth terrace is the "Wilderness," filled with American wild flowers. Here, too, is the fish-shaped pond spanned by a Chinese Chippendale bridge, much the same as Governor Paca's. And reflected in the pond is a repli-

Continued on page 224



A Chinese Chippendale bridge, modeled on one in a 1772 painting of Governor Paca, spans a fish-shaped pond.



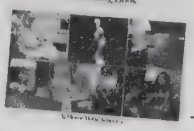
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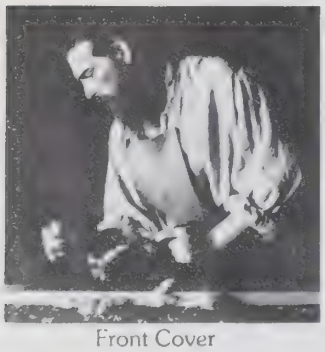




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2. HOW TO TILE WITH STYLE—with ceramic tile. This full-color, 15-page booklet tells what to do when you're building, how to make your own personal spa, and how to give new faces to old spaces by using ceramic tile. Tile Council of America, Inc. $1.

Decorating

3. "GREAT BACKGROUNDS FOR LIVING." Colorful booklet includes pamphlets titled: "How To Decorate With Wallcovering" and "How To Feather Your Nest Without Ruffling Your Feathers." Hints and step-by-step how-to's for decorating from Birge, a company that makes wallcoverings in a wide variety of patterns, colors, and textures.

4. 1979 COLLECTOR'S BOOK—Indispensable decorating guide for the quality-conscious consumer. Features fine traditional American furniture from Pennsylvania House. 224 full-color pages reflect current trends, give information on room planning, selecting furniture, color coordination, and more. Pennsylvania House. $7.50.

5. WAIT TILL YOU SEE what an Indian handmade carpet can do for your floor. Beautiful carpet designs are shown in full color, along with decorating ideas that prove you can use these carpets with any decorating style you choose. Pande, Cameron & Company. $3.

6. CEILING FANS. Full-color, 8-page brochure tells how old-fashioned paddle-blade ceiling fans are making a big

neback as energy-savers. Brochure ti- d "Only Hunter Makes the Original de Tyme Ceiling Fan" illustrates dels, styles, colors, and blade options. is a companion energy bulletin. Hunt- Division of Robbins & Myers, Inc. $1.

"TIPS ON WOOD FINISHING"— comprehensive guide for do-it-your- fers from Minwax. The information in booklet ranges from wood selection preparing antiques for refinishing, d includes tips on removing old finish- making sanding easier, repairing cks and gouges, selecting a finish, and w to "iron out dents." Minwax Co.

WINDOWS BEAUTIFUL: A com- te and authoritative book on window atments. Room-setting photographs color, examples of most popular types treatments, styles suitable for various oms, ideas for common and problem ndows, how-to for measuring and wing, basic treatment for many types windows. Kirsch Company. $1.95.

GRANDFATHER AND GRAND- OTHER HALL CLOCKS are shown this new full-color brochure: "We ake the Most of Time." Featured are chiming grandfather and grandmoth- hall clock models from the Herschede all Clock Company—America's oldest ockmaker. 50¢.

ating and Entertaining

. LOW-CALORIE RICE RECIPES r the whole family. Twelve delicious, w-calorie rice menus that are nutri- us and tasty. You're assured of essen- l vitamins and minerals with such arty meals as: Savory Steak Jardin and roccoli-Rice Quiche. Makes losing eight a family project! Rice Council of merica.

11. MICROWAVE COOKING WITH JAMES BEARD. This little microwave cookbook gives savory recipes from famous cook James Beard. You'll discover such temptations as Filet de Boeuf au Roquefort, Teriyaki Chicken, Glazed Curry Carrots, and Fresh Apple Cake. Brought to you from Sharp Electronics Corp. 25¢.

12. THE CONVECTION TURBO-OVEN roasts, broils, and bakes to perfection. Read how everything you cook can turn out better-looking and better-tasting with a Turbo-Oven from Farberware. Convection cooking uses heated air which makes for faster cooking, a cooler kitchen, and energy savings. Farberware.

Potpourri

13. INTRODUCING COMPUCOLOR II...The Renaissance machine computer for the whole family. Read about the revolutionary personal computer that solves problems and involves adults and children in a diverse range of intellectual, cultural, business, financial, and recreational pursuits. Compucolor Corporation.

14. DECORATING WITH FLOWERS! Magicsilk Flowers are crushproof and reshapable, fade-resistant and washable. This 12-page brochure shows floral arrangements in dozens of species and colors. Learn more about Magicsilk.

15. UNIQUE 14-KARAT GOLD OVERLAY JEWELRY. Beautiful booklet reveals the story of Krementz gold overlay jewelry and why it's different. Learn about the interesting process of producing gold overlay material and how it compares with the finest handcrafted gold jewelry. Krementz.

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18th-century garden
continued from page 221

ca of his pavilion, the 2-story summer house.

What might surprise Governor Paca, but also please him, is that weddings are often held in the garden, as it can be rented for special occasions, the proceeds going toward maintenance.

The Paca Garden is open to the public from 10 to 4, Monday through Saturday; noon to 4 Sundays and holidays; closed Thanksgiving Day and Christmas. Adults, $1; children, 50¢. The entrance is at 1 Martin Street, Annapolis, Md. For further information, write The William Paca Garden, Historic Annapolis, Inc., 18 Pinkney St., Annapolis, Md. 21401, or call (301) 267-7619. ■

DEE HARDIE

Boxwood: a favorite evergreen

Boxwood has been a favorite landscape plant ever since the first formally patterned garden was laid out. The rich, dark green leaves, densely set on slender twigs, have an appeal no other plant can equal. Among the dozens of available forms, one or another will fit into almost any type of garden design. Small plants, closely spaced, make an incomparable edging for flower beds. Freestanding large plants create billowy accents, whether allowed to develop naturally or clipped and trained into the imaginative shapes of topiary. Close-set big plants make hedges and enclosures for every purpose. Even the wood from old, mature plants is useful and in great demand for fine cabinet work. Not least among the charms of boxwood is the pungent, unmistakable scent of the leaves. Most evident on warm, sunny days, the scent gives certain identification of true box.

Botanically, boxwood is *Buxus,* and there are several species native to different parts of the world. *Buxus sempervirens,* common box, grows naturally in southern Europe and Asia. It has dozens of varieties, some, like *B. 'Suffruticosa'*—which some botanists call a distinct species—extremely compact and slow growing, while others show larger or a faster rate of growth. *Buxus microphylla,* littleleaf box, comes from Japan and has very tiny leaves as well as compact growth. Generally hardy as far north as Massachusetts, boxwood may be damaged by unusually severe winters.

A must in growing boxwood is adequate moisture. Plants should never be allowed to dry out, and the best way to protect them from winter damage is a thorough soaking before the ground freezes. Also important is sanitation. Dead leaves and twigs should be removed promptly, and debris of any kind should never be allowed to collect in the center of the plant, where it would promote disease.

Leaf miner and spider mites are the boxwoods' worst insect enemies. Spraying at the right time will conquer the miners—consult your local nursery for information about what to use and when to use it. In hot, dry weather a daily misting with plain water will keep the mites under control—and don't neglect water for the roots.

Cottonseed meal is considered to be the ideal fertilizer for boxwood, and should be applied only in spring, to avoid forcing tender growth before cold weather. A slow-release 10-10-10 is also effective, and some growers swear by a half-and-half mixture of cottonseed meal and bone meal. Some fanciers build elaborate shelters to protect their plants from winter damage, but the real secret of success is to keep the soil at the roots wet through the cold weather. A light, loose mulch will go a long way towards accomplishing this.

Information about every aspect of boxwood growing is available from the American Boxwood Society, which publishes a quarterly bulletin and stands ready to help with special problems at any time. Membership is $5 a year, from the American Boxwood Society, Box 85, Boyce, Va. 22620. The society's headquarters are at the Blandy Experimental Farm, a branch of the University of Virginia, and which is where research on boxwood and other ornamental plants is constantly going on. ■ JAMES FANNING

Shopping Information

continued from page 181

Zandra Rhodes for Sari Fabrics. **26. Cotton and linen striped napkin:** $2.25. By Katja. **27. Dish brush:** Nylon bristles. $1.75. By Heller. At Crate & Barrel, Northfield, Ill. 60093. **28. Enamel coated steel covered casserole:** 2½ qt. $37. By Arabia. **29. Enamel coated steel mixing bowls:** 3 litre, $18.50. 1.6 litre, $16.50. By Arabia. **30. Extension cord:** $8.50 ppd. At Design Observations, 282 Columbus Ave., NYC 10023. **31., 32. Silk crepe de Chine pillows:** 13" knifedged. $20 ea. By Adam for Domani Interiors. Burdines, Miami 33101; Macy's, San Francisco 94108; Bloomingdale's, NYC 10022. **33. "The Long Life Design" wool rug:** From the Ch'ing Collection by Trans-Ocean Import. At W & J Sloane, NYC 10018.

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Upper photo: "Queen Anne" sterling silver pattern handmade serving spoon: $165. By James Robinson. **Middle photo: "Onslow" sterling silver pattern handmade fork:** $102. By James Robinson. **"Wedgwood White" bone china dinner plate:** $15.50. By Wedgwood. **Lower photo: "English Shell" sterling silver pattern handmade dinner fork:** $92. **Dessert spoon:** $71. Both by James Robinson. **Printed napkin:** $9. At Pratesi, NYC 10021.

PUFF PASTRY

Pages 158-159

White Limoges footed cake platter: 12" d. 4" h. $50. By Rochard Imports. At Tiffany, NYC 10022. **"Peiponen" Marimekko cotton madapolam fabric:** 54" w. $17 a yd. At Marimekko, NYC 10019. Crate & Barrel, Chicago 60611

BUILDING FACTS

Materials and equipment used in the house with a family angle seen on pages 148-151

ARCHITECT, INTERIOR DESIGNER, LANDSCAPING: Eugene L. Futterman
CONTRACTOR: Sag Hill Builders, Inc.
SIZE OF HOUSE: 2,490 square feet not including decks
SIZE OF LOT: 1 acre

STRUCTURE
Foundation: 8-inch concrete block walls on concrete footings, enclosing crawl space.
Framing: Standard wood frame construction of walls; roof rafters spliced, run horizontally. Outdoor decks of spruce for house and pool.

EXTERIOR OF HOUSE
Exterior walls and roof: Red cedar shingles.
Insulation: Organic urea tripolymer foam sprayed inside all exterior and interior walls. C.P. Chemical Co., Inc.; installed by Otis Glazebrook, Inc.
Doors and windows: Aluminum frame, bronze finished sliding doors and windows and fixed glass panels by Crossly Window Co. insulating glass by PPG Industries.
Skylights: Ventarama Skylight Co.
Swimming pool: Aluminum wall, vinyl-lined pool by Enchanted Pools.

INTERIOR OF HOUSE
Interior walls and ceilings: Sheetrock wallboard by U.S. Gypsum Co.; in children's bathroom, parents' shower and toilet compartments, on kitchen wall backsplash, 2-by-2-inch gray ceramic tile by American Olean Tile Co.
Interior paints: Devoe & Raynolds Company, Inc.
Floors: Entrance hall, dining area, kitchen, laundry, parents', children's, and guest bathrooms, 2-by-2-inch gray ceramic tile by American Olean Tile Co.; other floors, wall-to-wall carpet.
Lighting: Recessed ceiling fixtures by Atlas; surface fixtures by Lightolier, Inc.
Hardware: Nylon, by The Ironmonger.
Fireplace: Prefabricated steel unit by Superior Fireplace Co.
Music System: Built-in speakers, high fidelity equipment by U.S. Pioneer Electronics Corp.
Kitchen cabinets: Custom-made by Ademco Mfg. Co.
Countertops: In kitchen, butcher block and 2-by-2-inch gray ceramic tile by American Olean Tile Co. In bathrooms, stainless steel, plastic laminate by General Electric Co.
Plumbing fixtures: Stainless steel kitchen sink, white bathroom fixtures by American Standard, Inc.

MECHANICAL EQUIPMENT AND APPLIANCES
Appliances: Garland stove by Welbilt Corp. refrigerator-freezer by Sub-Zero Freezer Co. KitchenAid dishwasher by Hobart Mfg. Co. washer and dryer by General Electric Co.
Water heater: 40 gallon oil-fired tank by Bock.
Heating system: Composite warm air/hot water system. Furnace and boiler by Weil McLain Co., Inc.; circulating pumps by Bell & Gossett, ITT; blower fans by Bryant Manufacturing Co. ■



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House & Garden



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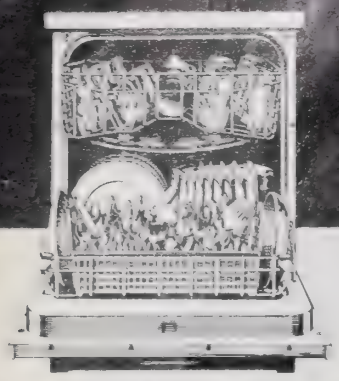
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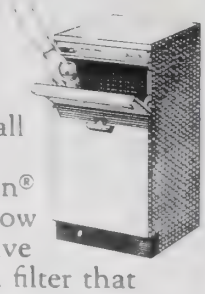
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KitchenAid is closing out its current dishwasher line, and participating dealers are giving $30 off all built-ins, portables, and dishwasher-sink combinations. All have the famous KitchenAid Multi-Level Wash system that lets you load-as-you-like. A self-cleaning stainless steel filter with a Soft Waste Disposer system that eliminates pre-rinsing. And big capacity racks with an exclusive ChinaGuard that protects dishes from being chipped.

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OCTOBER, 1979

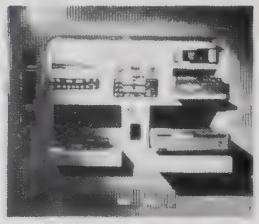
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VOL. 151 NO. 10

Incorporating LIVING for young homemakers



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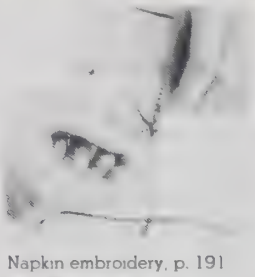
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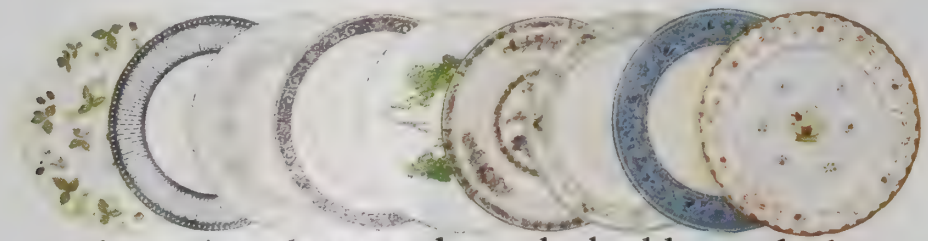
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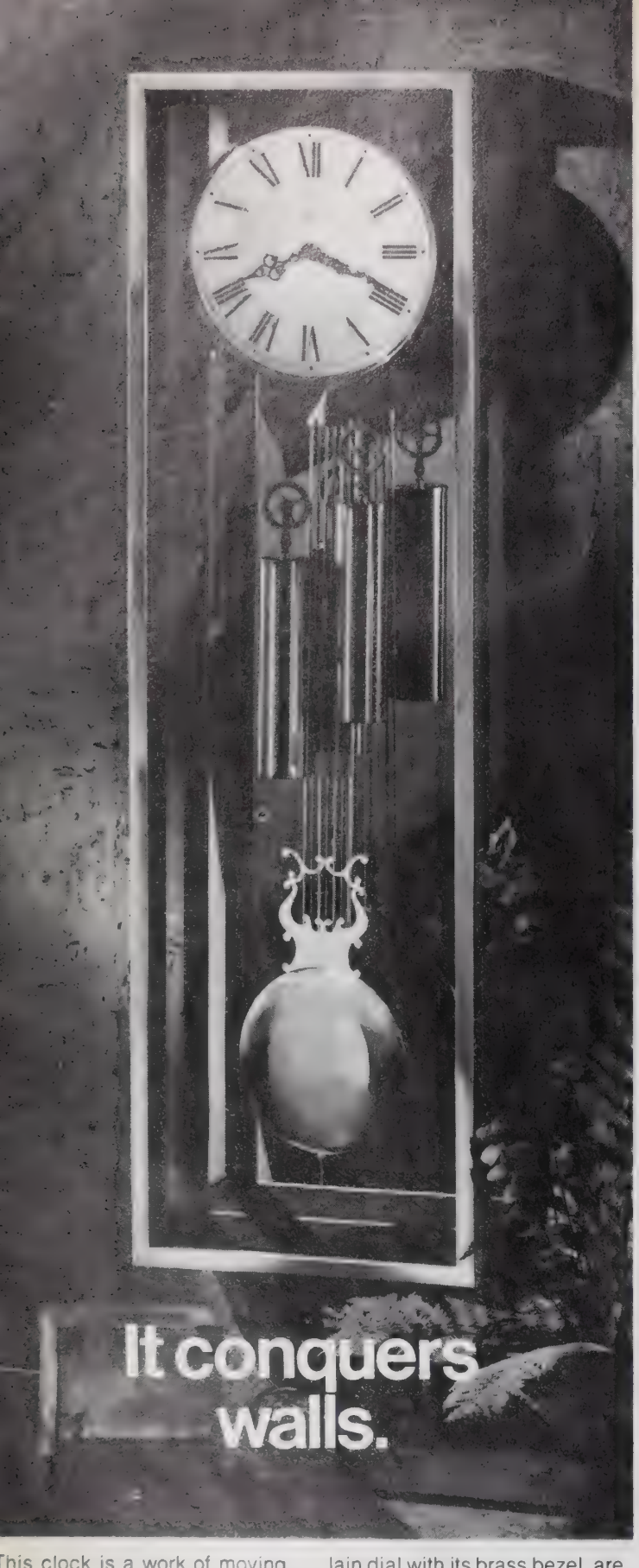


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OCTOBER, 1979
HOUSE & GARDEN



BEADLE

ON THE COVER

A country living room the color of an English garden, filled with inviting furniture. "Large-scale pieces make a room important, and always look dramatic," says owner-designer Anthony Tortora, "especially in a 20-by-30-foot space like this one." Tables, chairs, and sofa are set away from the walls to make a cozy seating area surrounded by space. Styles are mixed with certainty: an antique English chinoiserie secretary behind the ruffle-skirted sofa and ottoman. "Instead of matching everything in the room, which can be rather austere and formal, I gather all my favorite colors and styles for a personal welcoming feeling."

Color is the catalyst that ties everything together: lavender, blue, and peach pastels to accent the Italian chintz; pale blue crackle-print wallpaper; a red lacquered cocktail table and checkerboard needlepoint footstool for spicy surprise. To showcase the sumptuous furniture, surroundings are purposely simple: wide oak floorboards, polished and bare ("the only thing that didn't need work when I bought the house"), glazed cotton chintz shirred across the lower half of the windows to let in light and a view of sky and trees, while still providing privacy. "I love to entertain here, surrounded by friends and favorite things," says Mr. Tortora, ". . .books, pretty fabrics, flowers from the garden." Room designed by Anthony Tortora and Jay Crawford of Quadrille. On the sofa, "La Janviere" chintz. "Bennington" wallpaper. "Kenya" woven cotton on the chairs. "Royale" pillow fabric. "Glacee" cotton for the table cover and curtains. All from Quadrille.



Reach out. Reach out and touch someone.

You're finally going to visit Joan. You haven't seen her for two years, ever since she took that glamorous job on the west coast. You kept in touch by phone, though. Fun, wasn't it, calling each other to chat about clothes and dates. Wonderful how the telephone can keep faraway friends close. Reach out and touch someone who's waiting to share your day.

Bell System

When you look into Gorham Fine China and Crystal you see th



Main illustration, [illegible] "King Edward" and "Cherrywood" Full-Lead Crystal, "Lorenzo de 'Medici'" Green Fine China and "Buttercup" Sterling. Gorham Fine China shown above: "Fair Meadows," "Bridal Bouquet," "Lady Madison," "Kingsbury," and "April Showers."

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Gorham Full-Lead Crystal shown above: "Chantilly," "Althea," "de 'Medici," "La Scala," "Crown Point," and "Esprit."

GORHAM ORIGINALS IN STERLING, CHINA, CRYSTAL

LIVING

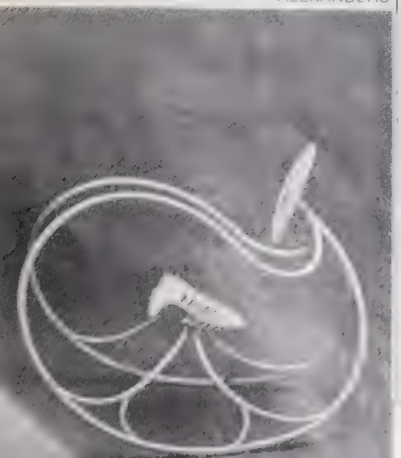
The latest in design, garden ideas, craft how-to's, health news, decorating, books, art and exhibits



Sculpt-a-Chair

It looks like a piece of sculpture, but it is, in fact, a rocking chair. The Lishman Rocker, designed and handmade by Canadian sculptor William Lishman, is made of tubular steel with cast aluminum seat and back. Its white nylon finish makes it weatherproof, so you can use it indoors or out. Two stainless-steel bolts which come with the chair are all that's needed to assemble it, and it stands 36 inches tall, 45 long, 34 wide. Signed and dated by the artist, $450. For details write Opeongo, Box 593, New York, N.Y. 10021.

ALEXANDERS



Beauty for the black woman

LaVerne Powlis, health and beauty editor of *Bride's* magazine, has just written a book, *The Black Woman's Beauty Book* (Doubleday, $12.95), directed to black women. Chapters include Hair Care—conditioning, permanent relaxing, wrapping, and cornrowing; Skin Care—sunning, cosmetic surgery, cleansing; Makeup—undertones, professional makeovers. The book also includes health and exercise tips from many of America's leading black models, actresses, and singers. In her role as an editor of *Bride's*, Ms. Powlis acts as an expert consultant to thousands of women who read her advice for proper wedding makeup. She in turn gets her advice from leading



SAWYER

dermatologists, hairstylists, skin care specialists, and makeup artists, who help dispel age-old myths and offer chapter-by-chapter suggestions for at-home care. An eight-page color section shows the step-by-step "real people" makeovers. The book is geared for women of all ages—fourteen to forty-plus. Ms. Powlis will tour the country this fall.



SCHOEN

For long cuts

Wicker flower basket for wildflowers and long-stemmed cuttings, by itself or in a pair. It's 13 inches long and an elliptical 3¾ inches at the mouth. $5.25 postpaid each from Pot Covers, 101 West 28th St., New York, N.Y. 10001.

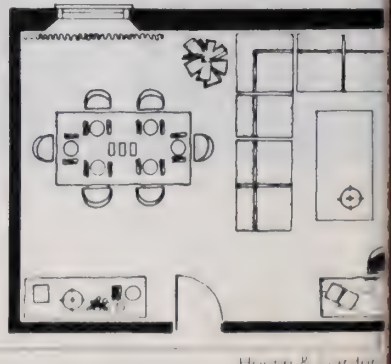
Homesteader's Handbook

What's on the agenda for October? According to *The Homesteader's Handbook*, it's time to make some cider or cider vinegar, dig potatoes, plant spring bulbs, build a cornhusking rack or cabbage cutter, and tend to the house plants and outdoor garden. The book is, as its subtitle suggests, "the complete month-by-month how-to book for farm, garden, and household." And it has ideas and specific instructions for more than 75 projects. $7.95 by Main Street Press/ Mayflower Books.



Room by room: custom Conran

Terence Conran is back for another round—this time with a series of booklets called "Build Your Own Furniture." Each one contains blueprints, step-by-step instructions, how-to illustrations, and tips for care and cleaning of your furniture for four rooms: living room, bedroom, family and dining rooms. $8.95 each, Crown Publishers; teamed with the Conran Catalogue, $2, you'll do the whole place.



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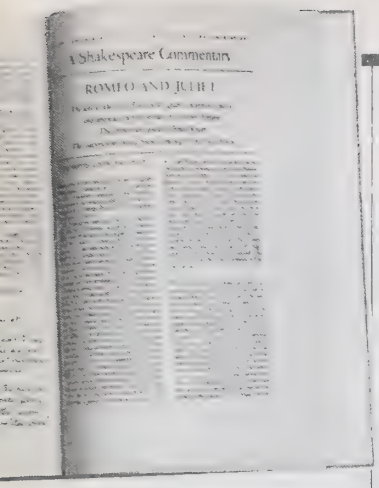


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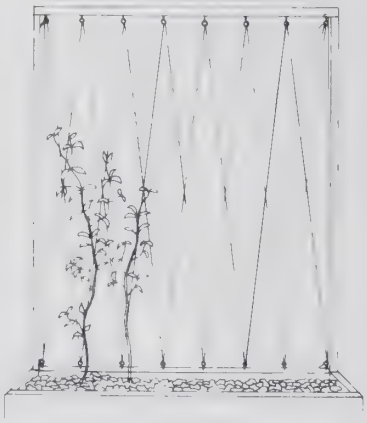
Limited editions

Everyone who loves to read the world's great books and treasures fine volumes, beautifully bound, illustrated by internationally famous artists, will find a veritable bonanza in The Limited Editions Club. The Club publishes 12 books a year in editions of 2,000 only. The editors choose from standard classics and major modern works. For instance, among the volumes now being planned are Nobelist Isaac Bashevis Singer's *The Gentleman From Cracow,* and *The Mirror* illustrated by Raphael Soyer, Homer's *Odyssey* illustrated with wood engravings by Barry Moser, and Rachel Carson's *The Sea Around Us,* illustrated with photographs by Alfred Eisenstaedt. To find out what other books are in the works or now available, write the Club for its prospectus at 551 Fifth Avenue, New York, N.Y. 10017.

String a screen

A great way to brighten a room is to create a screen of greenery with a string trellis. Make one that covers the back of a bookcase, a wall, or set it in a freestanding frame. Use 2-by-2's or 2-by-4-inch precut wood (redwood is best, or cedar or pine if you decide to paint), and assemble with glue or nails. Seal the wood if you paint. (For frames of more than 25 square feet, you may have to add a center support for the middle.) Attach the frame to a planter box and place nails or screw eyes at least 5 inches apart along the top and bottom. Thread the trellis in parallel lines, as in the crisscross illustrated below. You'll find more ideas for vines and trellises in Jack Kramer's *Indoor Beauty with Vines* (Walker and Co., $7.95).

REITTER





Look watts coming

A bright new energy-saving idea has been announced by General Electric: a light bulb that will burn as bright as a 3-way bulb but will use only 1/3 the amount of energy. The bulb will have an average life of 5,000 hours—four times longer than incandescent—and is expected to cost about $10. The Halarc could end up saving you $20 during its lifetime. Look for it early next year in stores across the U.S.



Reviving Radio City

"Some projects that appear to be simple often turn out to be the hardest to complete," says Remy Chatain, president of C.W. Stockwell Fabrics. Last spring, Mr. Chatain worked on just such a project—the replication of a fabric and two wallcoverings for the theatre and mezzanine sections of Radio City Music Hall in New York.

"The job was a challenge, not from a design standpoint, but from the points of technique and timing," he says. "The colors had to be mixed and then remixed. It took us twenty screens to get what we finally wanted for just one of the wallcoverings. With the fabric, we were all set to make a final run when we realized that the theatre lighting made it appear to be another color. So it was back to the drawing boards."

When finally finished, it took 2,000 yards of fabric and 800 rolls of wallcovering to complete the two sections. And that is just part of a major restoration and renovation of the Music Hall. Radio City has its own production group that will for the first time perform outside of New York. The Hall's program this fall is Walt Disney's *Snow White,* which begins Oct. 18. Only 6 theatres in the country are equipped to present a show like Radio City's, so the tour is still being planned.

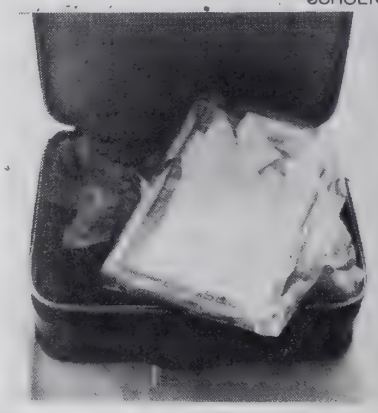
* * * * * *

For a look at Radio City Music Hall in its prime, see Charles Francisco's *Radio City Music Hall: An Affectionate History of the World's Greatest Theater.* (E.P. Dutton, $19.95.)

Traveler's advisory

One of the biggest challenges in preparing for a trip is figuring out how to keep your suitcase in order. To help you out, Le Sac is a set of plastic bags, 3 millimeters thick, labeled for specific items. Le Sac for women has a laundry bag, lingerie bag, sweater bag, two blouse bags, and two shoe bags. Le Sac for men has a sack for laundry, for sweaters, socks, underwear, two for shoes, and two for shirts. The bags will keep the wrinkles at bay, too. $5 a set. Write Le Sac Ltd., Box 84, Vernon Hills, Ill. 60061.

SCHOEN



Build a hot tub

An ancient method of relaxing has recently seen a major revival: soaking in a hot tub. And to enliven interest in hot tubbing, a new book by John Silversmith, *Tubbing* (Crown, $10.95), tells "How to Build, Plan, and Use Your Hot Tub." Included are ways to heat with solar energy, how to build a hot tub indoors, how to landscape around a hot tub outdoors, where to buy kits. 40 photographs, 17 plans and diagrams.

KAREN RADKAI





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Detail from "High Tech," approximately 1/2 size.

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LIVING



MARINA SCHINZ

Autumn at Caprilands

There's a very particular magic at Caprilands Herb Farm in October. An 18th-century house stands dark and mysterious amid the display of New England leaf color. Twenty-five gardens surround the farmhouse and stretch across the former pasture. Each has its own distinctive theme, plan, and background of fences or stone walls. Their size ranges from the smallest Lavender Garden to an 18th-Century Garden of herbs and vegetables, *above*. All were designed by writer Adelma Simmons, one of America's best-loved herbalists. In autumn, her three Silver Gardens—the inspiration for a book to be published soon—are at their best. Brick walks now wind through seventeen gardens and lead to a newly restored 18th-century barn. Inside, looking up into the lofts, there is a lecture hall that seats 75 guests. All tours start at 12:30 with a short talk given by either Mrs. Simmons or her granddaughter, Joan Simmons. Lunch is served at the house Monday through Friday at 1:30. From mid-October through Allhallows Eve and All Saints', the lectures and food have to do with witches and witchcraft. On the first Saturday of each month there's a walk and lunch for herb enthusiasts who can come to the Hartford, Conn., area only on weekends. Write Caprilands Herb Farm for reservations at 534 Silver Spring St., Coventry, Conn. 06238. Tel: (203) 742-7244.

EVENTS What's showing and where

Museum of Art, Carnegie Institute: "Pittsburgh International Series: Eduardo Chillida/Willem de Kooning," October 26-January 6. Concurrent exhibitions of Spanish sculptor and Dutch-born artist. Pittsburgh, Pa.

Whitney Museum of American Art: "Edward Hopper: Prints and Illustrations," September 27-December 9. Over 200 works. New York, N.Y.

Milwaukee Art Center: "Pop and Minimal Artists: Then and Now," October 11-December 2. Works by Jim Dine, Judd, Lichtenstein, Morris, Stella, Warhol. Milwaukee, Wis.

Detroit Institute of Arts: "John Singer Sargent and the Edwardian Age," October 17-December 9. 97 works by 19th-century portrait artist. Detroit, Mich.

TV: Public Broadcasting System: "Connections"—10-part series offering an alternative understanding of viewing technology and human values, probing rocketry and energy and such inventions as television and plastics. Sept. 30.

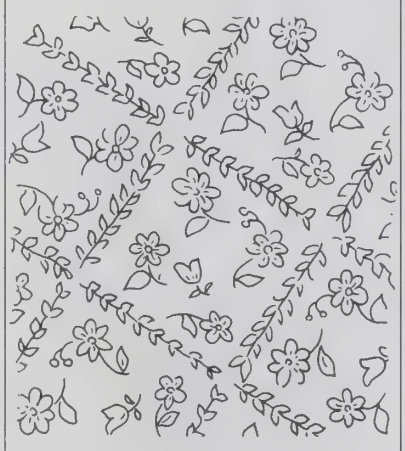
"Running Fence"—film documentary of New York artist Christo's 22-mile fabric fence and its construction across California. Oct. 22.



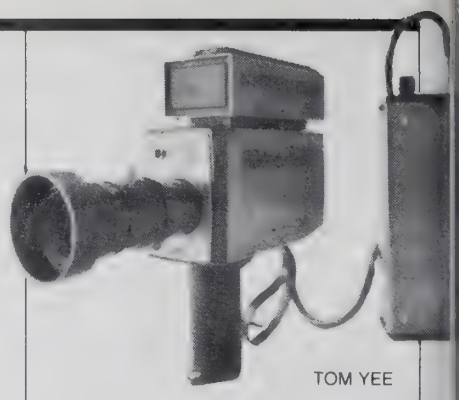
GUY BILLOUT

Quality counts

There are luxuries and then there are *luxuries*. Pure cotton sheets or silk or linen fall into the second category. They are expensive because of the quality of the cotton, silk, or linen used and for their fine thread counts—between 280-300 to an inch. In Beverly Hills, the Italian company, Pratesi, has just opened its third jewel of a shop. The new patterns of sheets, whose borders are



always embroidered, are small-scale, delicate florals in soft pastels. You can also get color with character, as the Pratesi solids have great punch—ripe tomato, saffron, vegetable green. One twin-sized sheet runs about $96. Pratesi at 9540 Brighton Way, Beverly Hills, Calif. 90210



TOM YEE

Video guide

Even if you can't tell an ohm from an earphone, *Videocassette Recorders—The Complete Home Guide* (Everest House, $6.95), written by House & Garden columnist David Lachenbruch, will arm you with valuable information on how videocassette recorders work, how to buy one, how to use it, and simple home troubleshooting measures anyone can take. There are chapters on accessories such as video cameras, and what's legal and what isn't in videotaping. The book contains pictures and descriptions of 33 video recorder models, an appendix listing 1,319 programs that are now available on videocassettes, and gives an advance peek at what's going on in the industry's development laboratories.

The cat's babysitter

You're planning a business trip or vacation and the question arises: Is it better to board your cat at the vet's or hire a sitter? While it's true that boarding your pet will ensure it getting greater supervision, some cats are so upset at being in a cage in a strange, frightening place that they may become depressed, lose weight, even get sick. Cats are homebodies—by all means get a responsible person to come in twice a day. If your sitter can be someone your pet already knows, so much the better. A good cat sitter should be tuned into cats and their habits, should know enough to put down fresh water with every feeding, be sure not to open an unscreened window, and seek out the animal if it doesn't appear right away (a sick animal may hide). The sitter should also spend some time each day just petting and talking to the cat—a pet whose owner is away will be lonesome.

PATRICIA CURTIS





SYLVIA SILVA

"This house is a classic Southern California ranch, very typical here in Orange County. It reflects the lifestyle of the young couple who lives in it. They're warm, outgoing people who like to entertain frequently. Both formally and informally. And that's how we approached doing the house. It's casual with a touch of elegance, and I think it would be very well.

At Century we're pleased that Mrs. Silva included our furniture in her designs for this house. The dining group is from our [illegible] collection. To see more Century furniture in beautiful homes throughout America, write for our [illegible]. Send 50 with your name and address to: Century Furniture Co., P.O. Box 3427, Dept. B-4, Hickory, [illegible].

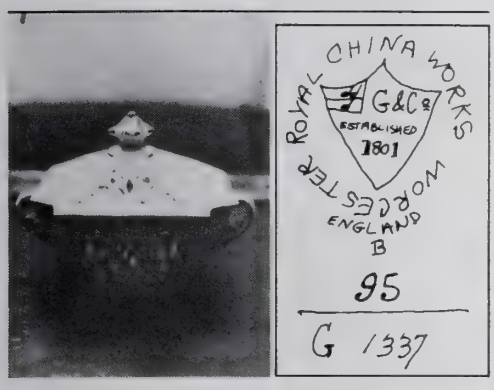
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ANTIQUES
QUESTIONS & ANSWERS

BY LOUISE ADE BOGER

Worcester bowl

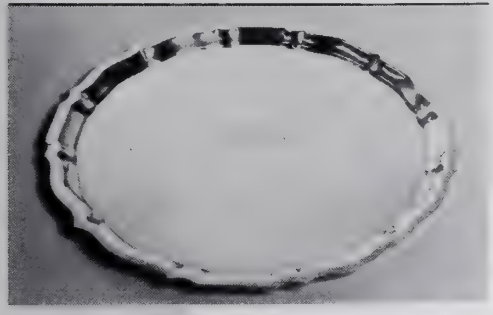


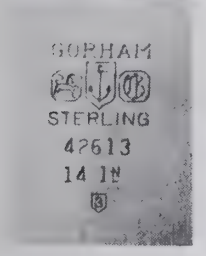
Q. Can you identify my unusual bowl and date it? The mark has the letter "B" printed under the word "England."

D.A.D.—Closter, N.J.

A. In 1801, the English potter Thomas Grainger established a porcelain factory at Worcester, which, after his death in 1839, was carried on by his son George. In 1889, Grainger & Co. was acquired by the famous Royal Worcester Co. However, Grainger continued using its own marks until 1902. The year letter B appearing under England in your shield mark was used in 1892.

Sterling silver





Q. This mark on my tray has made me wonder exactly what is meant by sterling silver.

K.H.B.—Baltimore, Md.

A. In England, at least since 1300, except from 1697-1720, the standard of the purity has been the sterling standard (11 ounces, 2 pennyweights of copper per pound Troy, or otherwise expressed as 925 parts per 1000). The long usage of the sterling standard has clearly demonstrated the soundness of those properties of this silver-copper alloy i[n] both appearance and durabili[ty]. sible strength of sterling silver is almost twice that of pure silver and it is more than twice as hard. Sterling silver wares stand up well in everyday use and are less subject to tarnish than higher standards of pure silver.

Majolica pitcher

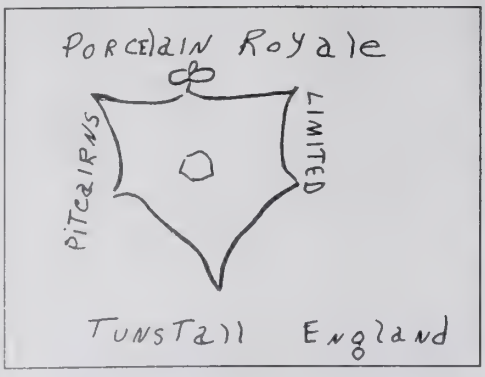


Q. I'm told my pitcher is majolica. Can you tell me something about its pattern and what is meant by majolica?

M.L.S.—Arlington, Va.

A. The Ear of Corn pattern was one of the most popular of all Victorian patterns, both in England and America, and was especially suitable for vases and pitchers. The distinguishing feature of true Italian painted majolica is its opaque white glaze which entirely covers its clay-colored body. In the 19th-century, besides the imitative painted majolica, the term majolica was also interpreted to include pottery with relief decoration under colored glazes. In this colored-glaze sense, "majolica" became immensely popular in Europe and America in the latter part of the 19th-century, which is when your pitcher decorated with colored glazes was made.

Staffordshire mark



Q. From the mark, can you tell who made my piece of pottery and about when?

I.M.—Smith Falls, Ontario

A. According to the mark, your article was made by the English Staffordshire potters Pitcairns, Ltd., at its Pinnox Pottery, Tunstall, between 1895-1901.

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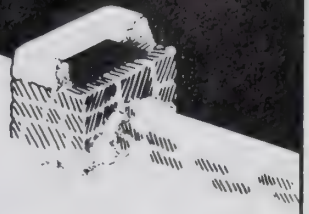
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Neiman-Marcus

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Morris chair

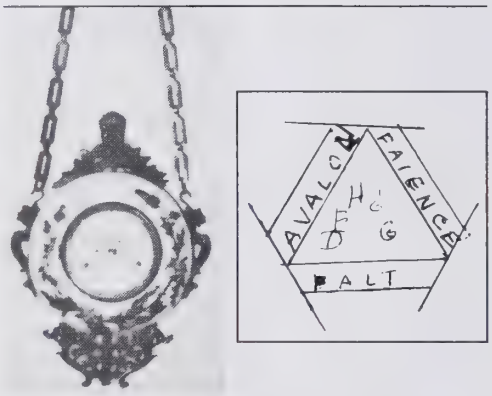


Q. Can you tell me anything about the style of my old chair? Have you any idea about when and where it was made?

S.S.—Atlanta, Ga.

A. Your chair has been freely adapted from an upholstered open armchair with an adjustable back bar—the so-called Morris chair, produced and popularized by the English designer and craftsman, William Morris (1834–1896), and his firm. A sketch of this chair dated 1866 by the firm's manager, Warrington Taylor, bears the following inscription: "Back and seat with bars across to put cushion on, moving on a hinge, a chair model of which I saw with an old carname Ephraim Coleman . . ." An example of an English ebonized oak Morris chair, about 1870, which is in the Victoria and Albert Museum in London, is upholstered with embossed Utrecht velvet. Your American golden oak Morris chair was made about 1900.

Maryland wall clock



Q. Can you give me an idea of how old my wall clock is and where it was made?

—M.H.S—Ketchikan, Alaska

A. The faience case for your hanging wall clock was made by D. F. Haynes & Co. at its Chesapeake Pottery located at Baltimore, Md. Your mark—a triangular device on "Avalon" faience—was used from about 1882–1884 and 1887–1890. The 8-day German movement also dates from the 1880s.

German porcelain mark



Q. From the drawings of the mark on my Tom and Jerry bowl, can you tell who made it and when?

B.D.G.—Anderson,Ind.

A. The distinguishing initials JS belong to Joseph Schachtel, who started a porcelain factory at Charlottenbrunn, Silesia, Germany, in 1859. Your Tom and Jerry bowl was made after 1891. The factory is no longer active.

Victorian waxwork

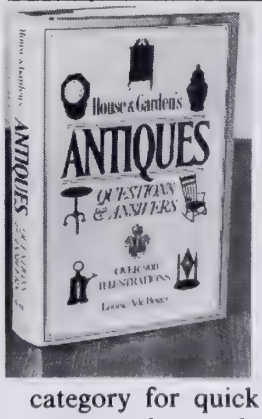


Q. I am very interested in knowing something about the background of wax fruit such as mine.

H.B.—Jamaica, N.Y.

A. Waxwork, an 18th-century skill, was revived about 1850 by Victorian ladies who were constantly occupied with all forms of art recreation. Wax flowers for the living room and fruit for the dining room were favored, as they provided a focal point of color. Much artistry went into their fashioning and the elaborate arrangements were intended to be enclosed within a glass dome.

Antiqueries



Copies of Louise Ade Boger's book *House & Garden's Antiques: Questions & Answers*, which contains more than 900 items chosen from past columns, all arranged by category for quick and easy reference, can be purchased for $12.95 a copy, plus $1 to cover the cost of postage and handling. To order, please write to: Condé Nast Books, Post Office Box 3308, Grand Central Station, New York, N.Y. 10017, enclosing your remittance and correct mailing address.



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LITTLE GALLERY by Hallmark

Source comparative 'tar' and nicotine figures: Either FTC Report May 1978, or FTC Method.
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BY SUZANNE MURPHY

Weight training—it's good for women, too

Active women are discovering what athletes have always known—weights can be used for a balanced body development

Keeping fit is not always easy for today's active woman, often juggling responsibilities of a family and career. What she needs is the kind of fast, efficient exercise that will maximize her efforts, minimize her time commitment. The solution can be weight training. More and more women are turning to it and are loving the results—the kind of firm, responsive body that's in shape for everything.

The acceptance of weight training as an exercise tool for women has not come easily. Society has traditionally equated the use of weights in exercise with the Arnold Schwarzeneggers of this world, and considered it a most unfeminine pursuit. Happily, these barriers are finally crumbling in light of new understanding of the feminine physique. At the cutting edge of this breakthrough are our own competitive female athletes. They have discovered what Eastern Europeans have known for decades: A well-designed weight training program is a necessary component and complement to any athletic regimen, and can not only increase stamina and improve performance, but also reduce chances of playing injuries. Dr. Terry Todd, a former U.S. National Olympic lifting champion and director of the newly established National Center for Strength Fitness Research in Auburn, Ala., notes that weight training programs for both males and females are now being introduced as early as junior high school and that among professional and collegiate athletes, their use is almost universal: "Almost everyone with experience in sports realizes that the top people in virtually every sport spend part of their time every year in a weight-training program of some kind." Dr. Tony Dailey, a Los Angeles-based orthopedic surgeon who is head physician for the U.S. Olympic team and director of the women's sports program at UCLA agrees: "All our Olympic swimmers are doing upper body weight training now and their records have improved for it. In fact, weight training has proved to be an important tool for almost all our top female athletes because of its muscle-building and toning qualities."

These valuable lessons from the experts are filtering down to the fitness-minded everywhere. Numerous health spas such as the Golden Door in Escondido, Calif., now include weight training workouts as part of their fitness program, and in the last several years YMCA facilities all over the country have been opening the doors of their weight rooms, not just to female athletes-in-training, but to students, homemakers, and career women who have discovered just how good weight training can make you look and feel.

Let's get our terms straight, because too often people confuse weight training with competitive body building and there's a world of difference between the two both in method and philosophy. What the two disciplines do share is their application of the principle of weight resistance as a means of building muscle. Simply put, the use of weights during exercise places a greater-than-normal amount of stress on the muscles, causing them to work harder, expend more energy, and grow stronger. That, however, is where the similarities end. For *body builders,* the aim is to build muscular bulk and to concentrate on developing, as fully as possible, specific muscles on which to be judged in competition—hence the rippling backs and 20-inch biceps. To achieve these monolithic proportions takes years of single-minded effort involving grueling daily workouts with heavy weights, and special high-protein diets. In *weight training* the goals are more modest: Light weights are used to help streamline, tone, and strengthen the muscles with the emphasis on *balanced* body development.

If you still have doubts, take a look at 30-year-old Christine Zane, author of numerous publications on the subject and a weight trainer for the last thirteen years. One could never accuse her of being "muscle bound." "The main thing women must overcome is their fear of developing large muscles," says Ms.

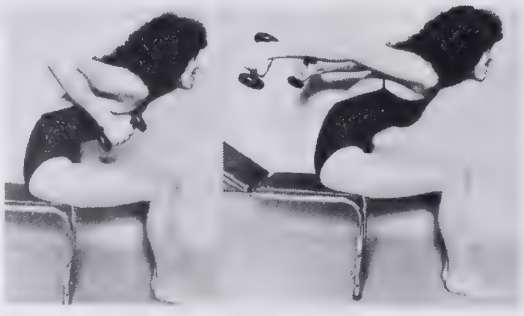
Continued on page 32



Two for your arms

Above: Weight trainer Christine Zane demonstrates dumbbell flys for building upper chest and shoulders. Raise over chest, unlock elbows, inhale, and pull up and down.

Right: To shape triceps—underpart of the upper arm: Bend forward with arms tucked close to body. Lift elbows high to the back, exhale, push forearms back and up, keeping your arms in close.



MURPHY



For your stomach

Wearing 3-pound weights, sit on bench end, lean back. Inhale and bring knees to chest, toes pointed. Exhale as you push feet to floor.

enter Chloé

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continued from page 28

Zane, who has taught weight training techniques to women all over the world. "In the first place, it's hard for women to develop them because they lack sufficient quantities of the male hormone testosterone, which is responsible for muscle development. Female body builders do exist and they do have large muscles, but it's not by accident. They're on special diets, handling heavy weights for hours and hours every day—just like the men.

But the average woman in a weight training program is going to spend about ten to fifteen minutes a day, three or four times a week handling light weights. Most of her exercises will be with 5- and 10-pound weights with the exception of her work on the chest area. There's no way she can acquire bulk under those conditions."

What she can do through weight training, says Christine Zane, is concentrate on toning and strengthening specific parts of the body, to enhance the more attractive areas and de-emphasize the less appealing ones, working within the limits of her own body structure. That's the special appeal of weight training for women—that and the fact that it can be done in a relatively short amount of time. "There are specific trouble areas that women continually ask about: the underpart of the arms—the triceps—they want to firm it; the breast area—the pectorals—they want to build or firm it up; and the thigh area—the quadriceps—they want to lose inches and get firm. Even if a woman is an active jogger or tennis player, she can still benefit from weight training, because lifting is so intense it reaches levels of the body's muscling that are reached only sporadically in other sports. It stresses and develops the muscles that otherwise wouldn't get much use, and it reaches specific areas in a way other exercises cannot."

Ms. Lane prefers her own home to a health spa for workouts because of the quiet and privacy it affords. For an investment of under $80 you can set up your own home gym. All you need is an adjustable incline bench for those exercises that require you to drop your arms and weights lower than your body; a pair of adjustable ankle weights, and a variable-weight dumbbell-barbell system with about 40 pounds of weight. A good system will include a 12-inch bar and two shorter ones plus an assortment of weights or plates in 2½-,5-, and 10-pound increments which can be used interchangeably on both the long and short bars. The beauty of this system is that it allows you the flexibility to plan a program tailor-made to your own body's needs—to add weight for stronger parts of the body or subtract for the smaller weight system, you can literally duplicate at home any exercise that can be done on the expensive multistation machines found at health spas.

If you are investing in a new system consider the latest models from Diversified Products. Made of a cement/sla mixture and covered in a plastic-typ material, they are cheaper, less noisy and far easier on floors than the cumber

For your leg *Wearing 3-pound ankle weights, kneel on bench with one leg extended to floor. Raise straight out to side; lower until only an inch off.*





some iron weights used by the power lifters. But they are also more easily damaged and should not be dropped from extreme heights.

Since the variable-weight system is easily dismantled and stored in a closet, you don't need to set aside a special room exclusively for workouts. In choosing an area, however, make sure that it is free from distractions, has adequate ventilation, and allows space for your arms and legs to swing freely. Always dress for warmth and comfort. Some people prefer loose-fitting natural fabrics; others, like Christine, opt for formfitting leotards so they can watch their muscles at work. Experts vary on the best time of day for a workout, but all agree you should allow an hour to elapse before and after your workout before eating. And remember this one thing if you forget all else: the use of light weights and high repetitions (one complete movement of an exercise) firms, reduces, and shapes; the use of heavy weights and low repetitions builds and strengthens. "As long as you remember that," says Ms. Zane, "you can't go wrong."

Here are some other tips from Christine Zane:

- If you have cardiac, orthopedic, or other medical problems, you should consult a doctor before beginning a program with weights. Otherwise, says Dr. Tony Dailey, there is no need to see a physician as long as you are working with light weights.

Continued on page 34





NEAL BARR

A very daring holdup! Twirl, swirl, dance all night in a fabulous whirl of pleats. This spectacular strapless stays up *with* you. And it's totally opaque, pleated-for-life in soft-lustre Dacron® polyester satin. Black or White, 30 to 36, about $80. Vanity Fair Mills, Inc., 640 Fifth Ave., New York

VANITY FAIR A company of VF corporation

continued from page 32

- Begin your workout with a light warm-up period to get the blood flowing to your muscles. Some people like to jog before their routine, others jump rope for a minute. Make sure, too, that part of that warm-up includes some light stretching exercises.
- Start slowly and familiarize yourself with each exercise. The object is smoothness of motion, not speed, but as you progress in balance and coordination you will notice that you can accomplish more and more in less time.
- Clear your mind, concentrate on the muscle being worked. Although your workout is short, it demands concentration.
- Start on your problem or weak spot while energy levels are at their highest.
- Remember to breathe while performing your repetitions. A common mistake

body much-needed oxygen and provide rhythm and pacing to your routine.
- When performing your repetitions, always exercise through the full range of motion. This will help distribute tension along the length of the muscle and insure its continued flexibility.
- Complete your routine with a warm-down of light stretching.
- Ease into your program, don't become overambitious. Experts agree that muscle strains occur when people attempt lifting too much too soon or because of improper warm-up or lack of concentration. Always treat your weights with respect.
- Expect some soreness in the beginning stages of your weight training program, but don't skip a workout because of it.

Listed below are three fully illustrated books which will furnish you with a wealth of step-by-step information on

for a progressive weight training route and will help you assess your training needs and plan a program according. *The Zane Way to a Beautiful Bo Through Weight Training for Men a Women,* Frank and Christine Zane (S mon and Schuster); *The Gold's Gy Weight Training Book,* Bill Dobbins a Ken Sprague (J.P. Tarcher, Inc., distri uted by St. Martin's Press); *Starbodie The Women's Weight Training Boo* Franco and Anita Columbo (E.P. Du ton).

Another good way to learn prope weight training technique is with an e perienced teacher who can watch yo and make corrections. A short member ship in a spa can provide instruction an supervision that will get you off to good start and make any book on th subject more easily understood. ■

Continued on page 38

Get fiber into more foods your family will like
Like Chicken Bundles.



Chicken Bundles

1 cup KELLOGG'S® ALL-BRAN® cereal or KELLOGG'S® BRAN BUDS® cereal
¼ cup chopped nuts
⅛ teaspoon pepper
⅛ teaspoon ground sage
⅛ teaspoon ground thyme
5 tablespoons margarine or butter, melted
½ teaspoon lemon juice
2 tablespoons chopped onion
1 tablespoon chopped pimiento
1 cup cubed cooked chicken
1 can (8 oz.) refrigerated crescent dinner rolls

Combine ¼ cup of the cereal, 2 tablespoons of the nuts and the remaining ingredients except rolls. Crush remaining cereal to coarse crumbs and mix with remaining nuts.

Separate rolls into 4 squares (2 triangles each), pressing perforations. Place ⅓ cup chicken mixture in center of each. Gather corners together, pinching to seal. Brush with the remaining margarine. Roll in nut mixture. Place on baking sheet. Bake at 350° F. about 25 minutes or until browned. Serve with white sauce. Garnish with chives. YIELD: 4 servings.

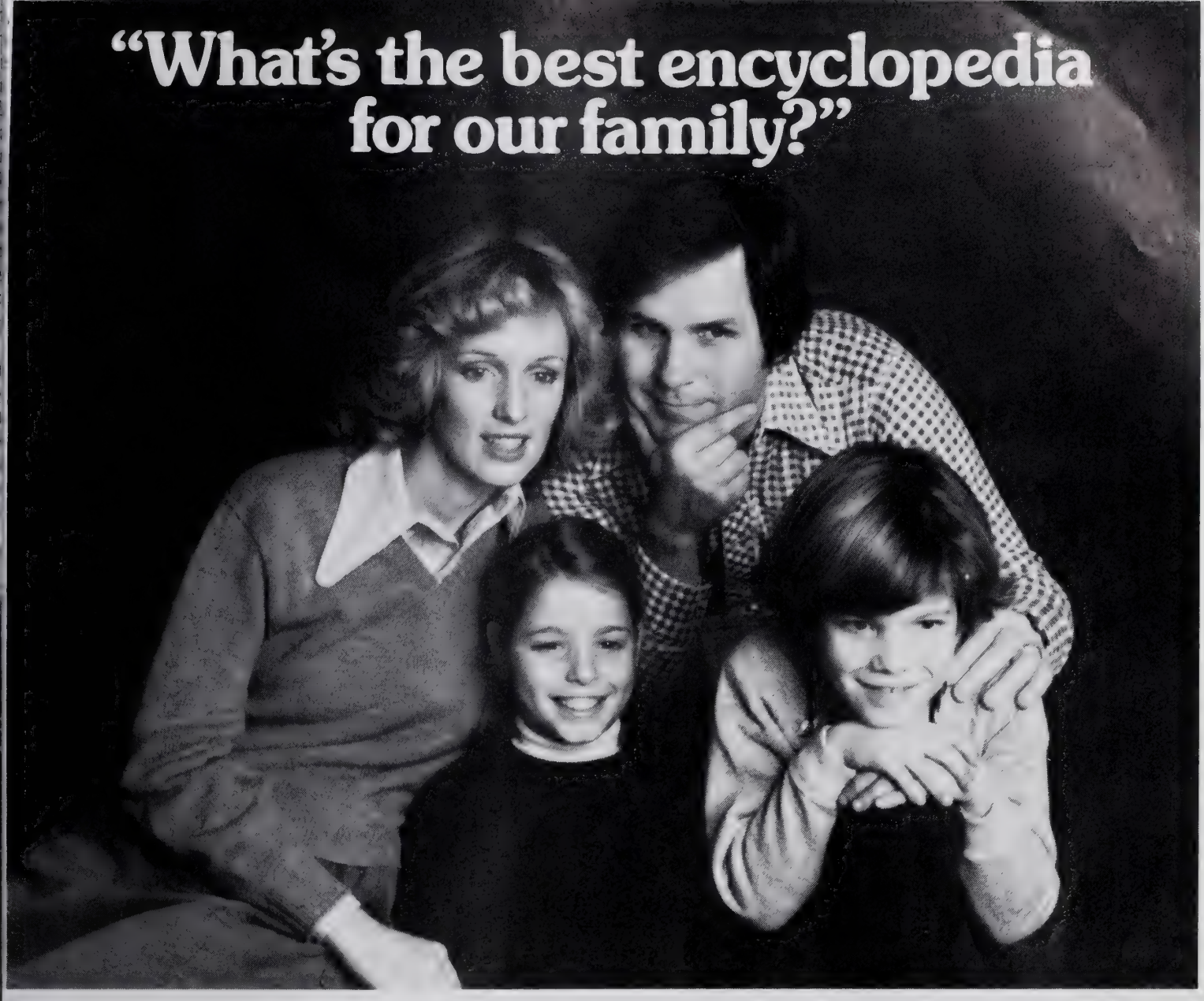
Variations: In place of the All-Bran cereal, combine ½ cup Kellogg's® 40% Bran Flakes cereal with chicken mixture and crush 1 cup 40% Bran Flakes to coarse crumbs and use with nuts for coating. Or use 1 cup Kellogg's® Cracklin' Bran® cereal crushed to coarse crumbs.

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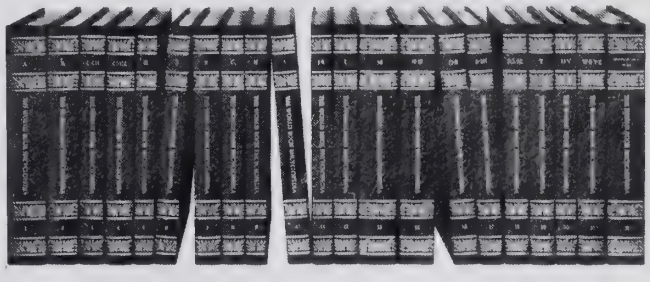
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*Survey by Kenneth F. Kister, author of *Encyclopedia Buying Guide*. See Library Journal, April 15, 1979.


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to places you've never been.
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ture. You can't get lost. But maybe you can find
some of your dreams.
If you want to live it
with feeling,
live it with
Fieldcrest
Fieldcrest, 60 West 40th St., N.Y.



continued from page 34

Beauty and health products new this month in the stores

Beauty, like everything else, is subject to swings of mood. On one side we've had for the past two years a super-dramatic, high-powered, glittery look that works wonderfully well for evenings and holiday parties. Enter change. Pulling that pendulum swing toward the middle is a very new, very subtle, pale and refined look that relies on your natural skin tones for its understated appeal. So here's where the new balance lies. According to Serge Lutens, the genius behind the colors for *Christian Dior*, you should go soft and porcelain, with colors that enhance your skin instead of your clothes. **Choc-Clair** is the name of his collection and, loosely translated, it means "burst of light." There are just three colors to work with for lips and nails—"Futur Beige" for brunettes, "Rose Exact" for blondes, and "Brun Net" for skin that's tanned. These are neutrals—poised and polished. A lip pencil the color of chocolate blends with the lip colors to make these shades look very new. And of course, there's nothing like a neutral nail enamel to show off the brilliant color of a ring. Eyes are gray with touches of mauve for day, bronze or gold for night. Cheeks get Soft Colouring Creme in "Vieux Rose," "Ochre Rose," or "Brun Indien." Blend them down, too, until there's the mere suggestion of glow. And, again, you may prefer "Ochre Rose" for evening as there's a nice bit of gold in it. Choc-Clair is at Christian Dior counters in fine department stores across the country. Rouge à Levres, $5; Vernis Creme, $4.25; lip pencil, $4.50; Crayon Yeux, $4.50; Soft Colouring Creme, $7.50.

For your skin: Have you ever tried a warm herbal vapor to cleanse your skin? Every two weeks or so it could make a refreshing change. *Calvin Klein's* **Herbal Face Bath** is a gentle and soothing mixture of flowers and herbs that's fine for all skin types. In it: neroli (orange blossoms), peach blossoms, sandalwood, camomile, geranium, linden, lemon verbena, and rosebuds. Pour a quart of boiling water over 2 tablespoons of the mixture. Let it sit for a minute or two, then make a tent of a towel over your head and around the edge of the bowl. Let the steam rise around your face about 2 or 3 minutes, no longer than 10. And wait an hour before you put your makeup or moisturizer on, so that the perspiration induced by the steaming can do its cleansing best. Herbal Face Bath, 3 ounces for $17.50—and the scent is lovely. At fine department stores everywhere.

Want to try a new fragrance? This one, very popular in France, is meant for

Continued on page 40

At what age do you start to look like an "older woman"?

Pretty scary, isn't it. How quickly you can go from looking young to looking like an "older woman." It's almost as if one day you wake up and there they are – those tiny lines and wrinkles that tell the world your age. Or worse, make you look older than you are. Yes, it's a shock. But it's a shock that we all face sooner or later. And yes, there is something we can do to help.

There is a unique beauty fluid that women all over the world have discovered. Here in the United States, it is called Oil of Olay.® Perhaps you've already heard about Oil of Olay. Perhaps a friend told you. Because that's the way women usually find out about this mysterious beauty fluid. Women share the secret of Oil of Olay with each other because it really helps them look younger. It can help you, too, whatever your age.

You'll be delighted at how pleasant it is to use Oil of Olay. And how different it is from other facial creams and lotions. Dab a bit on your fingertips and smooth it on your face. You'll be amazed at how greaseless it feels. That's because it penetrates so quickly. In seconds, Oil of Olay sinks into your skin, to work with your own natural fluids, to restore your own youthful moisture balance.

Why does Oil of Olay really help? Because it works from the inside out, too. It drenches your skin in a wealth of tropical oil and precious emollients. It eases dryness, the same dryness that causes the tiny lines and wrinkles to be more noticeable. Then it softens and smooths your skin and, best of all, it brings out your own natural glow, gives you a look of youthful radiance.

Most women use Oil of Olay twice a day, morning and night on their face, and on their neck as well. Many women also use this skin-loving fluid under cosmetics for a smooth, soft look. It makes foundation look glamorous and dewy. Or, if you prefer not to wear make-up because you like a natural look, Oil of Olay is all you need to look fresh all day. In fact, you may want to give up other beauty preparations.

Make Oil of Olay part of your beauty regime, starting today. Once you've discovered the secret of Oil of Olay, you've discovered the secret of younger-looking skin. And that's the beautiful difference between being an older woman and a grown-up woman.

BEAUTY TIPS

Take time out for a beauty bath. Pour bath oil into your tub, then pamper yourself with Oil of Olay® beauty lotion on your face and neck, and lie back. Let the tropical oil and precious emollients in Oil of Olay sink into your skin, to bring out your own natural radiance. You'll feel refreshed and your skin will feel soft and smooth.

After a day outdoors, your skin really needs Oil of Olay. It eases the drying effects of wind and weather. Wash away perspiration and grime with a mild soap or cleanser, then smooth on Oil of Olay. It eases dryness, disappears completely into your skin. And leaves no trace of greasiness.

Use Oil of Olay beauty lotion throughout the day, but especially in the morning and at night after you wash your face. Lavish it on. Oil of Olay eases dryness. It provides a moist climate for your skin to luxuriate in. You'll notice how smooth and soft your skin feels, how radiant it looks from the very first time you use Oil of Olay.



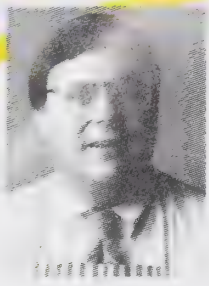






Cornelius

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For those evenings when you're tired and don't feel like fussing, here's a wonderful recipe* that's almost as easy as eating out. And twice as nice, at half the price! You just toss everything into your Corning Ware® casserole and let it do its thing while you do yours. So please, eat in, and...

Don't Chicken Out.

1 chicken, 3-4 lbs., cut up
4 cups tomato sauce
3 cloves garlic, chopped
1 medium onion, chopped
1 tsp. coarse ground pepper
salt to taste
2 bay leaves
½ tsp. ground cumin
1 tsp. dried oregano, crumbled
¾ cup raisins
1 T. vegetable oil
1 T. vinegar

Combine all ingredients but the chicken in a 3-quart casserole with cover; stir to blend. Add chicken and spoon sauce over it. Cover and bake for 1½ hours in preheated 350° oven. Stay home and serve 4-6. (It's particularly nice with rice.)

*Courtesy of my friend, Marion Cunningham, author of the new 12th revised edition of the *Fanny Farmer Cookbook*.

Top secret dishes.

Your Corelle® dinnerware has a hidden talent. Each one of the plates was designed to double as the top to one of the bowls. The saucer tops the soup bowl, the salad plate tops the 1-qt. serving bowl and the dinner plate tops the 2-qt. bowl. It's handy for keeping food warm and just dandy for refrigerator storage. And both plates and bowls are perfect for microwave. Those Corelle dishes are really tops!



One for good measure.

Need a metric conversion table? If you own a Pyrex® measuring cup, you already have one! That's right, they're all marked in both ounces and liters. And just for good measure, I've prepared a special Cornelius cookbook marker. On one side, a guide to metric measures, including liquids, volumes, linear measures and Corning cookware sizes. On the reverse side, other kinds of conversions (like how many cups of butter equal one pound, or how many unshelled walnuts make a cup of shelled nut meats, and many more). It's yours with my compliments—just send 25¢ to cover postage/handling, and allow 4-6 weeks for delivery.



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LOOKING GOOD

continued from page 38

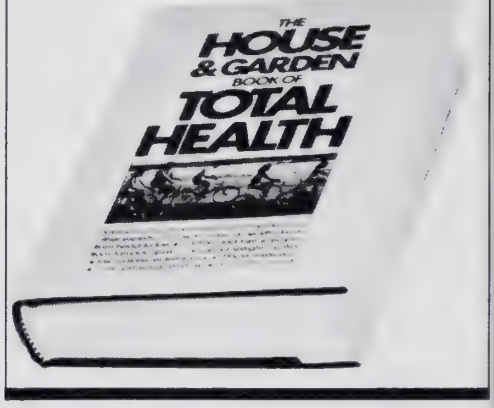
men, but women are loving it for themselves—**Azzaro**. The top note contains basil, and though the scent of Azzaro is quite green and woody, the basil gives it real zest. The fragrance comes in three sizes of eau de toilette, a soap, and an after-shave. Prices range from $4 to $16. It's at Bloomingdale's, New York; Saks Fifth Avenue, Chicago and Los Angeles; Neiman-Marcus, Dallas.

And if you are someone who prefers the shower to the tub, try **Givenchy Shower Bath Oil Spray** in three favorite scents: Le De Givenchy, L'Interdit (both $12), and Givenchy III ($13). If your skin is dry, the oil goes on after the shower, while skin is still wet; if oily, the spray goes on before showering. Neat. Convenient. PAULA RICE JACKSON

Your fragrance and herbal almanac
The sign: **Libra**
Circa: Sept. 23–Oct. 22



Since the beginning of history until relatively recent times, the only defense against unpleasant natural odors was the diligent and consistent use of fragrance and fumigants. The burning of incense and aromatic resins and woods drove away the unpleasant odors. Bellows filled with perfumed powder blew fragrance through rooms and casting bottles sprinkled rosewater everywhere. Potpourris are *still* with us, and Calvin Klein has compounded one with an elegant bouquet, a match for his superlative perfume **Calvin Klein**. The two create an ideal symmetry for Libras, lovers of refinement and harmony. MARIA REACHI



Health: Help yourself

The House & Garden Book of Total Health, which is filled with up-to-date information about fitness, nutrition, relaxation, and well-being from the nation's top health experts, may now be ordered for $11.95 a copy plus $1 to cover postage and handling. To order, please write to: Condé Nast Books, Post Office Box 3308, Grand Central Station, New York, N.Y. 10017, enclosing your remittance and correct mailing address.

A Miniature Gallery of Artistic Treasures to Beautify Your Home...

The Butterflies of America

THIMBLE COLLECTION

For just $9.75 each—an enchanting collection of fine bone china thimbles, decorated in 24 karat gold and portraying the loveliest butterflies of our fifty States.

A limited edition. Advance subscription deadline: November 30, 1979.

Butterflies..."winged flowers" a poet called them... bring a very special beauty and delight into our lives. So graceful...so vivid of color...so extravagantly lovely...they seem to be Nature's most perfectly fashioned symbols of joy and innocence.

And our nation's most beautiful butterflies have now inspired an exquisite collection of works of art which will capture their fragile beauty forever...in enchanting miniature—'The Butterflies of America Thimble Collection.' This distinctive collection will be meticulously crafted in fine bone china, in a tradition of fine miniature art that reaches back over the centures.

Here, *for the first time ever* in this charming art form, are the loveliest butterflies of all fifty of our States—portrayed as in Nature, fluttering about the bright flowers of summer.

The brilliant colors of America's loveliest butterflies—captured in exquisite miniature

To create the original work of art that will be depicted upon each of these thimbles, Franklin Porcelain has commissioned the outstanding wildlife artist Helen Hall. She has portrayed each butterfly... and each flower...in the most intricate detail and the most realistic color. The beauty of every one of the fifty butterflies is magnificently expressed.

Among them are New York's Tawny Emperor, conspicuously elegant against a background of Sea-Pinks. The distinctive Eastern Tiger Swallowtail of Indiana, hovering among a cluster of St. John's-Wort. California's Green Comma, displaying its beauty in front of that tiny orchid of the marshes, the Fairy-Slipper. Altogether, fifty lovely butterflies, each portrayed with a flower typical of the region.

The name of the butterfly and that of the State it represents will also be included in each design. And the superb finishing touch will be the addition of delicate, individually applied bands of pure 24 karat gold.

A collection that will add a rare touch of beauty to your home

Each thimble will be a work of art of captivating beauty. Simply to take one in your hand...to study the coloration of each butterfly, and each flower...is to experience a very special pleasure. And, when displayed in the handsome wall frame that accompanies each collection, these lovely thimbles will be a miniature gallery of artistic treasures that you will appreciate and enjoy throughout the years to come.

In the tradition of classic porcelain collector's pieces, these fine bone china thimbles are being issued in limited edition. They will be offered only until the end of 1980, and will then be permanently withdrawn at the close of this original issue year. They can be acquired only as a complete collection



Thimbles shown actual size—approximately 1⅛ inches in height

—exclusively by direct subscription from Franklin Porcelain—and there is a further limit of one collection per subscriber.

You have the opportunity to be one of the very first to acquire these charming thimbles. The price for each thimble in this announcement is just $9.75, and you will receive your collection at the convenient rate of one thimble per month, beginning in January 1980. However, to take advantage of this opportunity, you must be sure to mail the Advance Subscription Application below by November 30, 1979, at the very latest.



This elegant wall frame will be provided with each collection.

© 1979 FP

ADVANCE SUBSCRIPTION APPLICATION

THE BUTTERFLIES OF AMERICA
Thimble Collection

Must be postmarked by November 30, 1979.
Limit: One collection per subscriber.

Franklin Porcelain
Franklin Center, Pennsylvania 19091

I wish to enter my subscription for 'The Butterflies of America Thimble Collection,' consisting of fifty fine bone china thimbles, decorated in 24 karat gold. My thimbles will be sent to me at the rate of one per month, beginning in January 1980.

I need send no money now. I will be billed $9.75* for each thimble, in advance of shipment. A special wall frame will also be sent to me, without any additional charge.

**Plus my state sales tax*

Signature _____
ALL APPLICATIONS ARE SUBJECT TO ACCEPTANCE

Mr.
Mrs.
Miss _____
PLEASE PRINT CLEARLY

Address _____

City _____ 1

State, Zip _____

BY PETER STAMBERG

How to make the adjustable bed

(see page 188)



Materials

#2 pine: 12 8-foot lengths of 1-by-4; 9 6-foot lengths of 1-by-4; 5 8-foot lengths of 1-by-3; 5 6-foot lengths of 1-by-3 ..... $72.90
1 38-inch piano hinge 1.98
36 1-inch #5 flathead wood screws ..36
24 ¾-inch panhead wood screws ..... .80
2 2½-inch carriage bolts (with wing nuts, 4 washers) ..... .50
1 pint wood glue 1.65
1 pound 1¼-inch #15-gauge wire brads 1.70
1 pound 1½-inch finishing nails ..... .70
8 sheets sandpaper (4 medium, 4 fine) 1.20
6 2½-inch Shepherd casters 20.39
$102.18

Tools

saw	sanding block
hammer	screwdriver
tape measure	drill with ¼-inch bit

Step 1 Cutting the wood

● You can have the wood cut to size at the lumberyard or save money and saw it yourself. A piece of 1-by-3 will usually measure about ¾ by 2½ inches—1-by-4s about ¾ by 3½ inches—depending on the lumberyard that mills them.

● *Sizes for 1-by-4s:* two 77-inch pieces, two 73½-inch pieces, two 70-inch pieces, four 39½-inch pieces, eleven 39¼-inch pieces, five 38¼-inch pieces, four 36-inch pieces, four 32½-inch pieces, and five 20-inch pieces.

● *Sizes for 1-by-3s:* two 77-inch pieces, two 73½-inch pieces, two 70-inch pieces, two 36-inch pieces*, two 32½-inch pieces*, two 29-inch pieces*, one 30¼-inch piece, two 23½-inch pieces. (*These pieces may need to be a little longer if your 1-by-3s are less than 2½-inches wide. See Step 3 to figure the length.)

Step 2 Sanding the wood

● Use medium-grain paper first, then fine. Wrap paper around a wood block to sand. Smooth edges as well as sides.

Step 3 Building the 3-layer bed

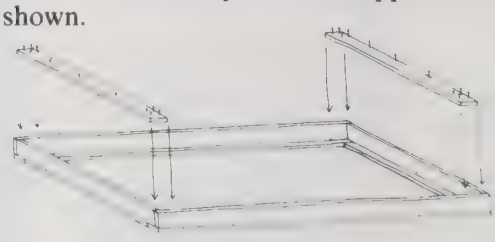
● Make the rectangle for the first and smallest layer out of 1-by-4-inch wood as shown. Use two 70-inch and two 32½-inch pieces. Run glue along wood, then nail with 1½-inch nails.



● Add a support frame out of 1-by-3s as shown. Use two 70-inch pieces and two pieces approximately 29 inches. (This dimension is the distance between the two 70-inch frame pieces and it may vary depending on the width of your 1-by-3.)

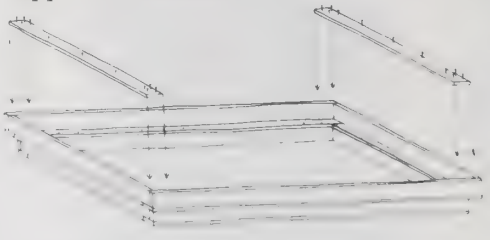


● Turn the first layer over and attach two 32½-inch 1-by-4 inner supports as shown.



● Build the second layer as above using 1-by-4s that are 73½ inches and 36 inches long for the rectangle. The 1-by-3s for the supporting frame should be 73½ and 32½ inches long (the second figure may vary).

● Turn the second layer over, glue and nail it to the smaller first layer using 1¼-inch nails. (It should just fit over it.) Then attach two 36-inch 1-by-4 inner supports as shown.

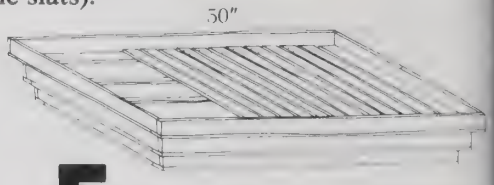


● Build the third layer using 1-by-4s that are 77 and 39½ inches long for the rectangle. The 1-by-3s for the supporting frame should be 77 and 36 inches long (the latter dimension may vary).

● Turn the third layer over and glue and nail it to the first two using 1¼-inch nails. Then attach two 39½-inch inner supports as before.

Step 4 Attaching the bed slats

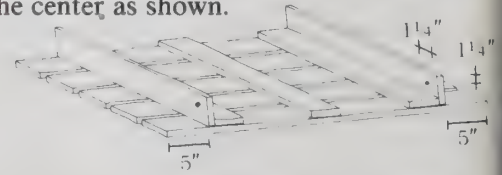
● Measure off 50 inches from one end of the bed. Glue and nail eleven 39¼-inch 1-by-4s in between. They should be approximately ¾ inch apart (or the width of the narrow side of a 1-by-4, which will be useful in helping to space the slats).



Step 5 Building the tilting platform

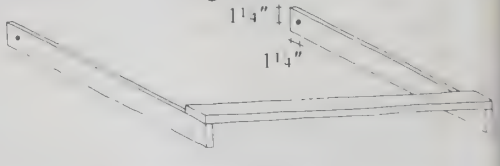
● Space five 38¼-inch slats 5/16 inch apart on the work surface.

● Glue and nail two sets of 20½-inch 1-by-4s to form a right angle; attach them to the slats 5 inches in from each end. Attach one more 20¼-inch support in the center as shown.



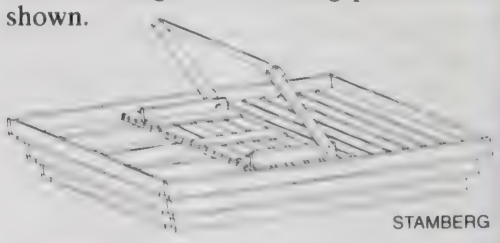
● Drill two ¼-inch holes as marked above.

● To build the support that props up the tilting platform, glue and nail two 23½-inch and one 30¼-inch 1-by-3s as shown. Drill two ¼-inch holes as marked in the diagram.



● Fasten the supporting prop to the tilting platform by lining up the holes and inserting a carriage bolt where each of the two sets of holes meet. (Thread a washer on the bolt before inserting it, add another afterwards and then tighten with a wing nut.)

● Fasten the piano hinge to the bed using #5 flathead wood screws. Then attach the hinge to the tilting platform as shown.



● Drill holes for the six casters and insert—one in each corner, one in the middle of each side.

For a mattress: use a standard 75-by-39-inch foam mattress. It should be 5 inches thick and of high-density foam.

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Or Julia Child—who told us she was thrilled with "the splendid feature about our Cambridge home. We are absolutely delighted to have the copy, which we shall treasure the rest of our lives."

Or Diana Vreeland, who found our coverage of her home "too delightful for words..." She wrote, "How beautiful the whole magazine is."

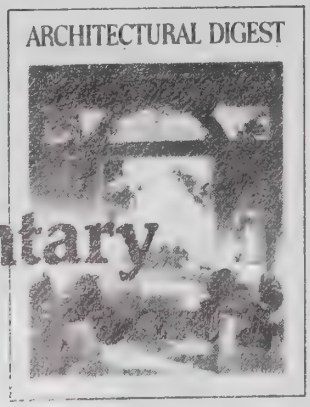
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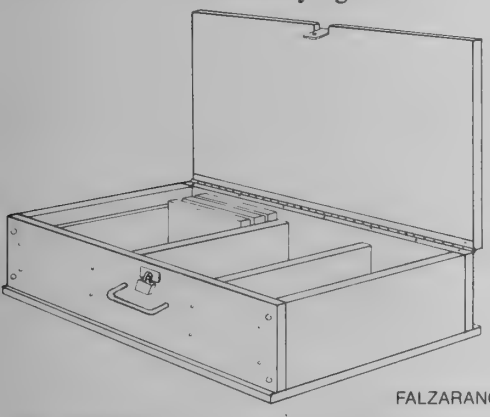
HOUSE CRAFT

BY DEANNE RAFFEL

A cassette storage box you can make, repairing chipped cement, plus books on home repair jobs

Q. Can you give me instructions for making a portable cassette box?

A. You can make a box like the one below in a few hours. It stores 36 cassettes, is relatively lightweight, and has a brass handle to facilitate carrying.



FALZARANO

Materials: Have the lumberyard cut the following lengths of clear pine: two 16-inch pieces of 1-by-10 for the box top and bottom; two 8-inch pieces of ½-by-4 for the sides, and two 16-inch for the front and back; four 8-inch pieces of ½-by-3 (ripped to 2¼) for the dividers. You'll also need a 1-inch brass-plated piano hinge that is 16 inches long, a small brass hasp, a brass handle (the type used on cabinets and drawers), No. 6 1-inch roundhead brass wood screws, No. 5 ½-inch flathead wood or sheet metal screws, 1½-inch finishing nails, and glue.

Assembly: Drill 4 pilot holes in the corners of the front and back pieces, ¼ inch from the ends. Run glue along the side pieces and attach the front and back with brass roundhead screws. Run a bead of glue around the bottom of this frame. Center it over one of the pieces of 1-by-10; secure with finishing nails. Drive the nails in on a slant so they form distinct opposing angles to each other. Slip two of the four divider pieces into the box, flush with the sides, and position the other two 4 5/16 inches from the sides. Glue and nail from the underside. (The two dividers next to the box sides will allow finger space to reach in and remove cassettes easily.) Countersink all nails and level holes with wood filler. Sand box and lid. Withdraw screws, finish as desired, and replace screws. Fasten the hinge to the box and lid with flathead screws. Measure the hasp section of the hinge and cut a notch out of the center of the top to fit. Fasten the hinge section to the lid and the catch section to the box. Then drill pilot holes and secure the handle to finish the box.

Q. How can I repair cement that has chipped or cracked?

A. Patching masonry is simply a matter of filling the chipped or cracked area with new concrete—but unless done properly, you may find yourself continually replacing the patch. First, sweep the area free of dirt or chips. If you're dealing with a large crack or hole, you must undercut it with a cold chisel (not a wood one). Chip away at the sides so as to extend the interior of the hole without widening the mouth. This is a way of creating a "bottleneck"—an opening narrower than the hole—that will prevent the patch from slipping out.

Before you fill any cement area, always wet it down (and sweep off any puddles). If the masonry is wet, it won't drain off the moisture from the concrete and the patch will dry more evenly. To fill, you can use ordinary concrete mix or a quick-setting, self-leveling cement packaged in a plastic container with its own mixing trough (it's more expensive but more convenient). Use a trowel to fill and level. If you think the patch might present a problem, try adding a bonder to the cement. This glue-like substance is designed to make the cement more adhesive and prevent it from cracking.

And excellent way to force patching material down into wall cracks is to fill them with concrete repair material packaged in caulking cartridges. Load them into a caulking gun, shoot into cracks, and smooth over with a trowel.

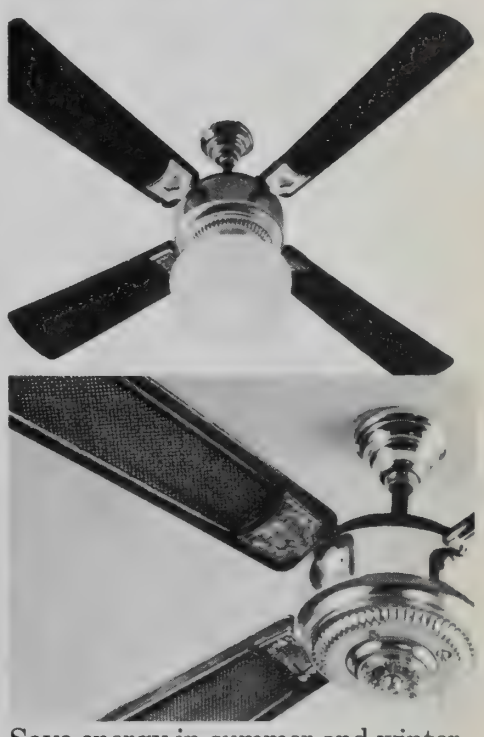
Q. What are some books on home repair jobs you can do yourself?

A. One or more of the books listed below will be a welcome addition to your library. They are geared to the do-it-yourselfer who wants background information to tackle basic and more advanced projects.

Reader's Digest Complete Do-It-Yourself Manual tells how to repair broken shingles, install an air conditioner in a wall, put down a tile floor, and accomplish other household projects. Articles are clearly written and illustrated. The section on the correct way to use tools, hardware (blind nail, clinch nail, toenail, etc.) and building materials is excellent. Also included: a chapter with plans for building utility cabinets, drop-leaf ta-

Continued on page 50

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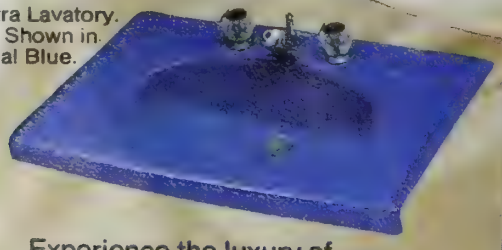
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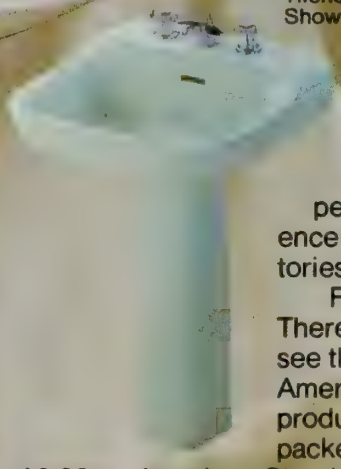


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Ultra Lavatory. Shown in Colonial Blue.



Tilche Lavatory. Shown in Aegean Mist.



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We built our reputation on performance, not promises.

KitchenAid. Because it's worth it.

Hobart Corporation, Troy, Ohio 45374

continued from page 47

bles, knife racks, and other projects the average person can tackle. (The Reader's Digest Association, $19.95)

Reader's Digest Fix-It-Yourself Manual focuses on how to repair and maintain everything from small appliances to furniture, audio-visual equipment, and cars. Both this book and the *Do-It-Yourself* book are designed so that the pages will not flip when opened, making them easy to work with. (Reader's Digest Association, $19.95)

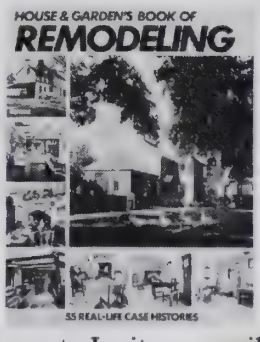
The Whole House Catalogue, by the editors of Consumer Guide, is unique in that it gives specific product names—the best ones for the job—along with step-by-step instructions on home-repair projects. Also recommends tools to buy. (Simon and Schuster, $7.95, paperback)

Tools and How to Use Them, by Albert Jackson and David Bay, is an encyclopedia covering common hand and power tools, plus specialty ones—from a mortise gauge to a mini-hacksaw (which lets you reach under things for horizontal cuts) to a loaded upholsterer's needle. Tells how to use and maintain the tools. (Knopf, $8.95, paperback)

How to Fix Almost Anything, by Stanley Schuler, deals with the many smaller fix-it details (how to repair a hair dryer, tighten a loose hammer head, stop aluminum siding from rattling in the wind, etc.) that many other books overlook. The index makes the subject matter easy to pinpoint. (M. Evans, $9.95)

Popular Mechanics Complete Manual of Home Repair and Improvement, by Richard E. Nunn, deals with repair inside the house but also tackles the exterior—landscaping, tree care, repair of lawn equipment—plus remodeling projects (convert an attic, add a closet or a bathroom). (Avon paperback, $4.95)

All of these books can be ordered through your local bookstores.



House & Garden's Book of Remodeling (Viking, $35) offers over 50 real-life case histories—color photographs plus before/after floor plans—of remodeling projects for every type of house or apartment. In it, you will find hundreds of provocative ideas for your own project—how to push out walls, break through ceilings . . . how to add a wing, a porch, a greenhouse . . . how to turn a garage into a room for entertaining . . . how to achieve more storage space. Available at bookstores, or send $35 plus $1.50 for postage and handling to: Condé Nast Books, Post Office Box 3308, Grand Central Station, New York, N.Y. 10017.







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BY RICHARD LANGER

Miniature bulbs that give a burst of color all winter long

Every flower has its place. The imposing amaryllis with its trumpet-sized flowers makes a striking display during the dark winter months. But subtle it is not. In certain situations the show is frankly overpowering. Now I'm not suggesting you discard all thoughts of amaryllis, or of standard daffodils or tulips. But why not try forcing some delicate and dainty bulbs this year? Or, for that matter, lots of them? You can have a veritable growing chintz.

Miniature golden daffodils and tulips, fragrant hyacinths, and a field of crocuses dotted with snowdrops—all only a few inches tall and jewel-like in their appearance—require only a sunny, not-too-warm windowsill. Or if good light is a problem for you, the plants can be brought to bloom under artificial light, and then put out to display once they are flowering.



HORST

Daffodils, Lilliputian as well as large, are ideal for forcing indoors.

Miniature bulbs are forced into winter bloom in the same manner as their larger counterparts. But you get much more of a show in less space, with six or more bulbs fitting comfortably into a 4- or 5-inch pot. The more you can fit in, the more you can display. Bulbs have their own stored energy for forcing. The soil is there mostly for footing, not to supply nourishment. So there's no such thing as overcrowding plants in this case. Even so, a good soil mix will encourage the best display.

But first things first. The bulbs themselves should be the best you can find. In some cases growers offer bulbs recommended for forcing. Though a little more expensive than their standard outdoor counterparts, these bulbs are larger and juicier, and thus give you more color for the price.

As well as buying the best, pick a good selection. There's certainly nothing wrong with the classic daffodil or narcissus. And even with miniatures you can raise the archetypical specimens, such as N. cyclamineus. The petticoat daffodil, N. Bulbocodium conspicuus, however, will reward you with a much more novel display, and N. Campernellii has orange flowers which are superbly fragrant.

Then there are the tulips. The good news is that there are a number of miniatures that can be forced, although they are not widely known. The bad news is that most of them are yellow, which means they will afford you with a shape different from the narcissus, but not much color variation. Tulipa Batalinii is soft yellow flushed with cinnamon; Kaufmanniana 'Water Lily' tulip has cream-colored flowers with stripes of carmine; and 'Shakespeare' has a blending of salmon, apricot, and orange.

Eranthis, or winter aconite, is a member of the buttercup family and is tuberous rooted rather than being a true bulb. But it is a true 3- to 4-inch-high miniature. Yellow again, like most of its family members, Eranthis is still a delight to grow. Come the dark of winter when your forced bulbs leap into bloom, you'll find it hard to have too much cheery, sunny brightness.

Crocuses are another diminutive indoor winter delight. The violet C. medius,

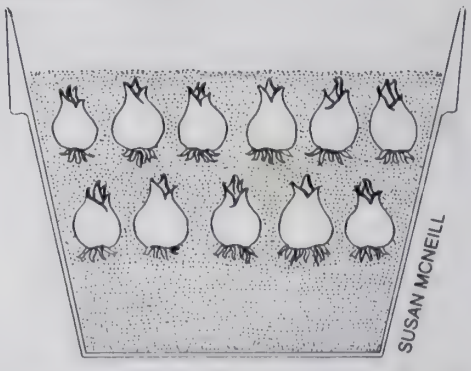
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Double-decker potting

Forced miniature bulbs produce a splendid display when they're packed side by side in a pot so there's hardly any room left between them. But if you want to have an incredible display, try the old British trick of stacking them two deep. Daffodils and tulips take particularly well to this double-decker approach.

Using a deep pot, fill the bottom third with soil. Space bulbs over the surface, nose up and with only half a bulb's width of space between them. Take some soda straws and stick one next to each bulb as a flag above the pot's rim. Now gently fill in enough soil to cover the bulbs. This should bring the soil level two-thirds of the way up the pot. Set in another layer of bulbs, spaced the same way as the ones below, but use the straws to ascertain that the basal plates of the second-tier bulbs are not directly above the bulb tips beneath. Fill in the rest of the soil. Pull out straws and thump the pot sharply a few times against the counter to settle soil. Soak, drain, put the bulbs in a dark cool spot to grow to their hearts' content.

The lower bulbs will take slightly longer to break through the surface. Once they do, however, their growth will catch up with their upstairs neighbors'. Their internal clocks are set by the cold spell you give them for root formation. If it takes them longer than normal to break through the soil, the plants simply grow more quickly, knowing that by nature's right the season of flowering is only so long. This isn't true in this case, since by forcing the bulbs you've fooled them in the first place—but your flowers will never know. They're ready for springtime, too.



Double-deck for big show in small pot



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continued from page 52

and the cream-white C. ochroleucus should be planted at once and set out in a sunny window. Unlike other miniatures, they normally flower in fall. Thus they are not really forced. But their blooms will keep you content while spring crocuses and other bulbs are being fooled into their winter show.

Don't forget to try Muscari 'Blue Spike,' the grape hyacinth, as well as the snowdrop, Galanthus, an often overlooked member of the amaryllis family. Striped squill, Puschkinia scilloides, is rarely forced. Yet its cultivation is very easy, and it produces a host of pale blue flowers ribbed in delft blue down the center of the petals.

The middle of October and the weeks immediately following are the traditional time for starting bulbs. The tradition holds for miniatures as well, except for the autumn crocus. September can be too warm, forcing the bulbs prematurely. Though you can wait till November and December, and must do so in the Deep South, the final flowering will be delayed beyond the darkest days of winter and thus compete with the outdoor heralds of spring.

Once you have your bulb selection and are ready to plant, the first thing to remember is that although these bulbs are usually referred to as Dutch, because of Holland's intensive cultivation of them, their actual place of origin is, for the most part, central Asia, in the region of Iran, Turkey, and Afghanistan. Their ancestors grew up with cold winters. The plants' inner clocks are geared to a cold, semi-dormant season. It's after this cold season is past that the flowers form. By advancing the cold season artificially and then keeping the bulbs in a warm, sunny place, you lure the blooms to form out of season.

To plant the bulbs, first fill their pots two-thirds full with rich potting soil to which a heaping tablespoonful of steamed bone meal per pot has been added. Set the bulbs in with their flat basal plates down and their tips up. (Crocus corms will have a slight indentation in the bottom instead, but the tops will still be pointed.) Add enough extra soil just to cover the bulbs. Water well to settle them in place, let the pots drain, and stick them away in a cool, dark spot. A far corner in the garage is usually the best place modern gardeners can find, lacking all the old-time paraphernalia such as cold frames. Unheated attics and cold cellars also work well.

The temperature in your cold spot must drop into the 40s at least at night, and stay that cool for several weeks.

If you live too far south for this type of weather, or if you live in an apartment, slip the pots onto the bottom shelf of the refrigerator.

About the only thing to worry about at this stage is the soil drying out. If you don't want to bother with checking on it every week outdoors, stick the pots in a plastic garbage bag and surround them with wetted-down fall leaves. You thus create a mini-environment almost perfectly matching nature's woodlands, where bulbs lie undisturbed through the winter.

The time to take the pots out so the plants can grow is about 8 to 10 weeks after the bulbs' interment. Remove a pot or two. Knock out the soil balls. They should be chock full of white roots. And there should be the beginnings of leaf tips breaking through the soil. If they're not, stick the pots back for a week or two more. Then check again.

Since the pots have been kept in the dark, the leaf shoots should be white. Don't plan on giving the pale plants as much light as possible right away to get them greening. You'll give them sunburn instead.

Put the pots in a spot with good subdued natural light. Keep them cool, with temperatures in the 50s. A basement or location close to a north window usually works well. After a few days, move pots to brighter, not warmer, quarters. After a week the shoots should be green. Move pots to your sunniest window, putting them close to the glass where they will remain cool. Water regularly, keeping soil moist but not soggy.

Once actually in bloom, the plants can be brought into the warmer areas of the room and used as centerpieces or decoration. Or think of them for that weekend breakfast tray.

Forcing fake ferns

Bulbs by nature have rather coarse, stiff foliage accompanying their delicate blossoms where the culturally decorative dominates. If only there were some way to surround the delicate flowers with some living, feathery, striking greenery. Well, there is.

The solution is right in the vegetable crisper of your refrigerator—carrot tops!

Now, forcing carrot tops is not exactly one of your standard indoor horticultural pastimes. Surprisingly, though, there's no better way to get a lacy, fresh green backdrop that develops almost synchronously with the flowering bulbs.

Cut off 1-inch top ends from several carrots. Insert these in between the bulbs you are forcing. The bottom third or half of the carrot stubs must be actually in the soil. Soon fernlike leaves will emerge. Once a mass of them is growing, no one but you will know that those lovely fronds are no more than discarded carrot tops given a second life.

Where to buy bulbs

John Scheepers, Inc., 63 Wall St., New York, N.Y. 10005.
George M. Park Seed Co., Inc., Greenwood, S.C. 29647
deJager Bulbs, Inc., 188 Asbury St., South Hamilton, Mass. 01982
Van Bourgondien, 245 Farmingdale Road, P.O. Box A, Babylon, N.Y. 11702. ■

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HERCULES

BY ANTONIA LAMOTTE

Art in the eighties—dealers and curators talk about what's new in art

What will we see in the art of the eighties? Art dealers and curators across the country responded to this question. Here is what they found most significant in the art of this decade and where they think art might be heading:

Patterson Sims, *Associate Curator, Permanent Collection, Whitney Museum of American Art:*
"The range and multiplicity of art in the seventies is becoming focused. The work is about intellectual and psychological issues, personal visions. The eighties will show a refinement of these forces.

"Sculpture, painting, sound, and light are coming together for a grand, operatic vision of art.

"The small-scale works will become more important—instead of overwhelming their environment (as the gigantic sculpture did), these works become ingredients of the environment.

"Though there have been more viewers, the art itself has often been alienating. It was obscure. In the eighties it will become more positive. Art will come to the rescue of our chaotic lives."



William Bailey, Eggs. *Oil on canvas. 1974*

Ivan Carp,
O.K. Harris Gallery, New York:
"Without a doubt, hyper-realism was the most organized school of painting in the seventies. The artists took familiar objects and by representing them in a precisionist manner elevated them from mere reproductions of life into art. This we saw in the work of Richard Estes and Duane Hanson, among others.

"We saw also the ripening of monumental sculpture, often designed for specific environments (site sculpture).

"It's true that the seventies have been the time of eclecticism in art, but the realist and monumental sculpture were real movements.

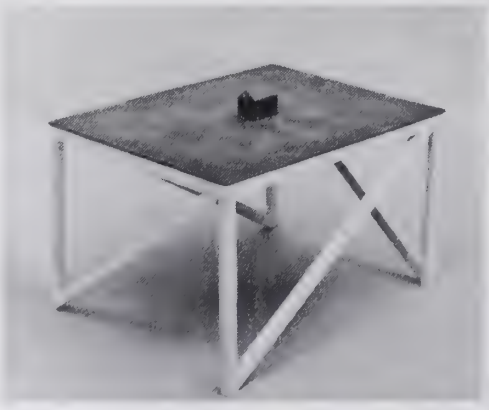
"In the eighties we'll see more illusionism, like the trompe l'oeil ruins Peter Saari does on canvas. Reality, illusion, and abstraction—these concerns will be seen in the same paintings.

"I feel that there will be more unity among the artists, that an all-encompassing moment in art is coming."

> "Sculpture, painting, and sound coming together . . ."
> "bright, unusual color painting . . ."
> "more illusionism . . ."
> "representations of nature . . ."
> "more photo-realism . . ."
> "greater clarity . . ."
> "sculpture large and small."

Bill Lieberman, *Director, Department of Drawings, Museum of Modern Art, New York:*
"Art movements always travel in waves, and those waves seem to be getting tighter and coming closer together. These artists are looking to the art of the 20th century for inspiration."

Joel Shapiro, Untitled (House on Field). Bronze. 1975–6.



André Emmerich,
Emmerich Gallery, New York:
"The biggest development in the seventies was in sculpture. It has been spectacular. There is more depth, more quality, and particularly, much grander scale.

"We have seen greater patronage of sculpture. The U.S. government has been a generous sponsor, corporations, too. This will flourish in the eighties.

"Extraordinary painting was done in the seventies by the young hopefuls of the sixties—Frankenthaler, Stella, Held, Olitski, Nolan. They are excelling themselves in their artistic maturity.

"Works done just for the sake of novelty seem to be fading. Interest in quality seems to be growing."

Andrew Crispo,
Andrew Crispo Gallery, New York:
"In the art of the seventies many approaches were reexamined; a tolerance for infinite variations developed.

"The strongest influences were from minimal art—the early work of Ellsworth Kelly and Ad Reinhardt. Brice Marden, Robert Ryman, and Agnes Martin emerge today in this discipline. Photo-realists—Richard Estes, Lowell Nesbitt, Audrey Flack, Chuck Close—proved as strong as the minimalists.

"It is always interesting to consider whether the market was influenced by the artists or the artists influenced by the market: rapidly accelerating prices and the concept of art as a hedge against inflation seem to have influenced the taste of the time.

"There may be more photo-realism in the eighties. The interest in artists like David Hockney and Estes is strong. Abstract concepts still influence the art of the future. An interest in sculpture, both large and small, abstract and realistic, in all media, has grown and will continue to grow in the eighties. Sculptors like Douglas Abdell, Beverly Pepper, and Christopher Wilmarth may prove a dominant force in the art of the next decade."

Continued on page 60

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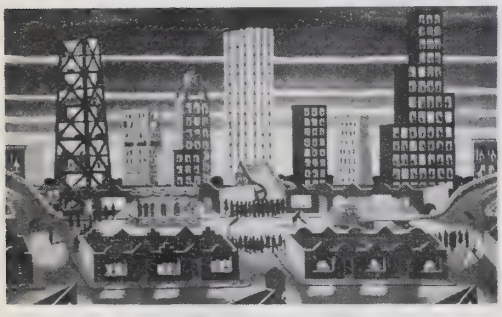
ART IN THE EIGHTIES

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Susan Brundage, *Assistant Director, Leo Castelli Gallery, New York:*
"The big names of the sixties—Jasper Johns, Robert Rauschenberg, the pop artists James Rosenquist, Roy Lichtenstein, and Andy Warhol, minimalists like Don Judd—are still big names in the seventies. They have contributed to the diverse directions of the other artists.

"Most of the artists working today don't see themselves as belonging to a group. Their art is more personal, sometimes autobiographical. For some there was an interest in site sculpture, others became interested in very tiny sizes.

"The seventies were also characterized by the comeuppance of the artist. In the fifties, dedicated artists were struggling to survive. It never occurred to them that their work would be sold for prices in six figures. But in the sixties that changed. Fortunes could be made by the artists, and many of them were thinking about that fame and fortune while they were painting.



Roger Brown, The Entry of Christ into Chicago in 1976. *Oil on canvas. 1976.*

"Lately, that attitude has been dying down. But the greed for money can't be blamed entirely on the artists. Many of the collectors in the seventies were art investors rather than art lovers; they bought and sold quickly and at huge profits.

"In the eighties we may see more art sponsoring. Foundations supported by corporations, the government, and a few millionaires can invest in the artists themselves, giving them the opportunity to create major works."

Jill Kornblee,
Kornblee Gallery, New York:
"There has been a preoccupation with materials in the seventies—materials that attracted, fascinated, and seduced the artists, and led them into new trains of thought. Eva Hesse was one of these artists. They are producing organic works out of thin wax, string, wires.

"They've been playing with scale: making eggs as big as sofas and sofas as big as eggs. Tom Wesselman and Domenico Gnoli are two who are concerned with these concepts.

"Gigantism, the big scale works, will continue to challenge the artists, as will the new, very small-scale work. That is a challenge, too, because, for example, a small chair can't just look like a doll's chair, it has to say something more.

"Patterning works will fade—there needs to be room for human error to make artwork appealing. That's why super-realism will fade. It is too perfect, not interesting emotionally.

"The eighties will see more figurative, landscape, and large still-life painting. Perhaps the new artists will infuse them with freshness, say something new and rich."

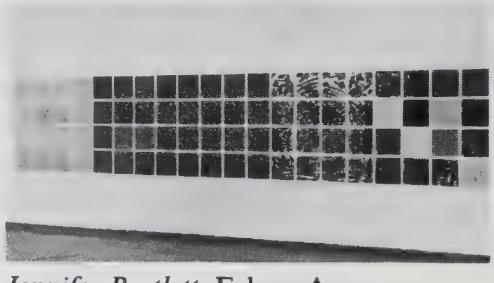
Arnold Glimscher,
Pace Gallery, New York:
"This is a pluralistic moment in art. There is no single direction, and this will probably be true in the eighties."

Jack Tilton, *Director, Parsons Gallery, New York:*
"There is a renewed interest in bright, unusual, bold color painting. Sometimes these paintings, like those of Bill Taggart, are just colored shapes of canvas attached to the wall. Abstract expressionism is the source.

"Small-scale works that take up as much room in the gallery as the big ones are being experimented with now.

"One trend in photography is the story-work—a series of photographs, like movie stills, that tell a story.

"Much of the work of the seventies has placed its emphasis on curiosity, oddness, rather than deep inspiration. There have been many different ideas, which could mean this has been a dry period. But it could also mean we are headed for a renaissance. There is that kind of energy around now."

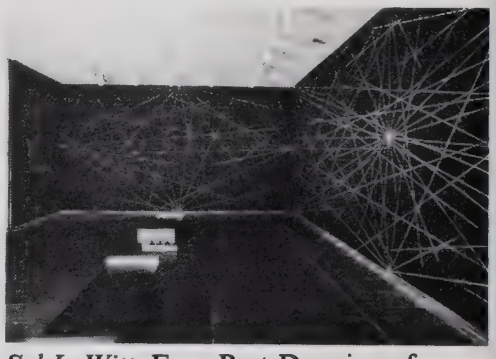


Jennifer Bartlett, Falcon Avenue, Seaside Walk, Dwight Street, Jarvis Street, Greene Street. *Enamel on steel, baked enamel and silkscreen grid. 1976.*

Miani Johnson,
Willard Gallery, New York:
"Two of the significant developments in art in the seventies are site sculpture and abstract imagery. In site sculpture, the artist is giving the viewer an experience, not just something to look at. Because it became harder in the seventies to make abstract painting convincing, artists began experimenting with abstract imagery, using familiar symbols in abstract ways, to provoke thoughtful responses.

"These artists don't talk publicly. They are not an organized group as was, say, the abstract expressionist group, or the artists who staged the happenings in the sixties.

"Though there have been many innovations in the seventies, the artists who know how to balance their materials (their vehicles of expression) with content (their ideas) will be the ones to endure."



Sol LeWitt, Four Part Drawing of Lines to Points on a Grid. *Pencil grid on walls. 1976/1978.*

Mitzi Landau,
Landau Gallery, Los Angeles:
"The introspective conceptualism of the seventies is ending. We will see art concentrating on representing nature, but not in a super-real style.

"The works artists are seeing for the first time—like the paintings from the Hermitage, and the early 20th-century Russian works—must have an influence on the way they see the world.

"Sculpture will continue to grow in importance. And buildings will be a marriage of architecture and sculpture.

"Photography will also continue to grow in importance—the various mixtures of photography with painterly techniques as well as straight photography."

Linda Cathcart, *Director, Contemporary Arts Museum, Houston:*
"This decade has been so pluralistic, it will be difficult to know what the most historically significant art has been.

"There have been small-scale paintings with personal, intimate imagery. Abstract artists have been doing representational work. And photography has been receiving the recognition it's due. The definition of a photograph has loosened up with artists' experiments in the medium.

"People are learning when they look at art not to categorize it or try to understand everything about it, but to let it tell them many things. Although this may require more knowledge about art than before, people will ultimately learn more when they experience art with this attitude."

Continued on page 62

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continued from page 60

James Corcoran,
James Corcoran Gallery, Los Angeles:
"The paintings of de Kooning were the most significant works in the seventies because they are probably the last major works of abstract expressionism as we know it.

"In the eighties, the decorative, patterning painters, like Kim MacConnel, will be a strong force. Many painters have been working separately in the genre for years and now they are coming together."



Ed Ruscha, Motor. *Gunpowder on paper. 1970.*

Nicholas Wilder,
Wilder Gallery, Los Angeles:
"What we're seeing now in art is not merely an eclectic period to be followed by a focused period; we're seeing the logical progression of art history. In the eighties, this will be more evident.

"There is no high art anymore, no best art or best artist. Art is about life, and since we're exposed to so many things, there are myriad sources of inspiration in the lives of artists. People will choose to like what art moves them most. This will prove to be a liberating experience for both the artist and the collector."

Paula Cooper,
Paula Cooper Gallery, New York:
"There is a greater openness now to the performing arts—collaborations of the visual with dance and music.

"Photography was finally accepted as art in the seventies. That has played a role in art in general—artists have tried combining techniques, some have been making films.

"Artists who matured in the late fifties, like Jasper Johns, Rauschenberg, Lichtenstein, are influential to the artists working today.

"Artists' work is always done years before it is appreciated. Many of the artists working in the sixties—like Sol LeWitt, Carl Andre, even Frank Stella—are finally being better appreciated. Right now, there is no one prevalent movement, but there is a lot of activity going on. Some of these artists, who are reaching maturity now, will emerge as the artists of the eighties." ■




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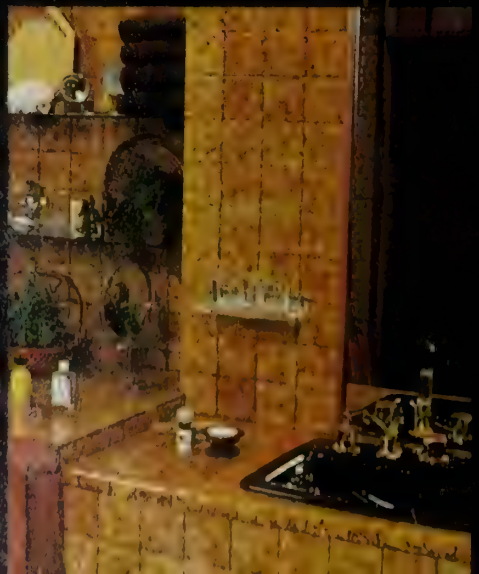
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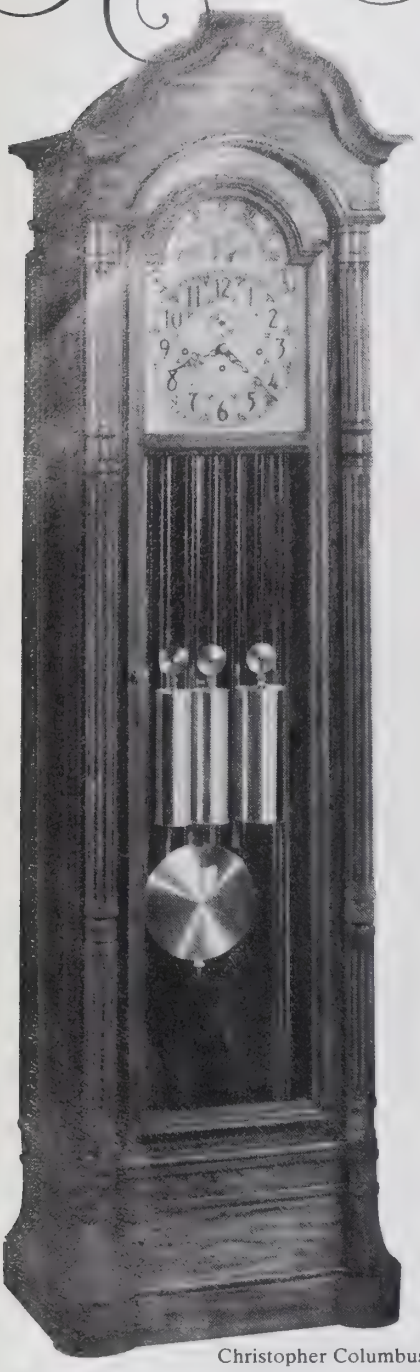
This special home fashions portfolio is full of ideas, products, trends and viewpoints that celebrate the creative contributions of the people who design for the home. Their artistry, as expressed in the fine furniture and accessories shown on the following pages, can help you add more comfort, convenience and beauty to your surroundings.



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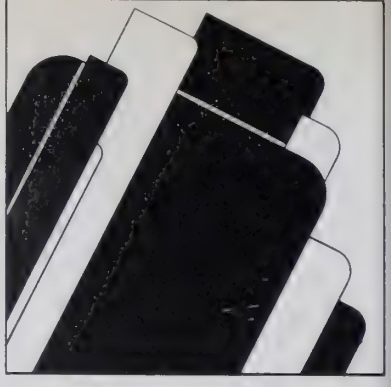
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the designers speak, '79



From a safety pin to the St. Louis Arch, America reflects consumer demand for function and fashion in design. It's not a poutish, foot-stamping "demand," but more a relentless quest for innovation. So successful are we that, in January, The Smithsonian Institution will launch a national traveling exhibit of innovative American design, "a salute to American spirit," says guest curator David Hanks.

The United States is not a country but a continent. Its tastes are as disparate and intrinsic to regions as weather and dialects.

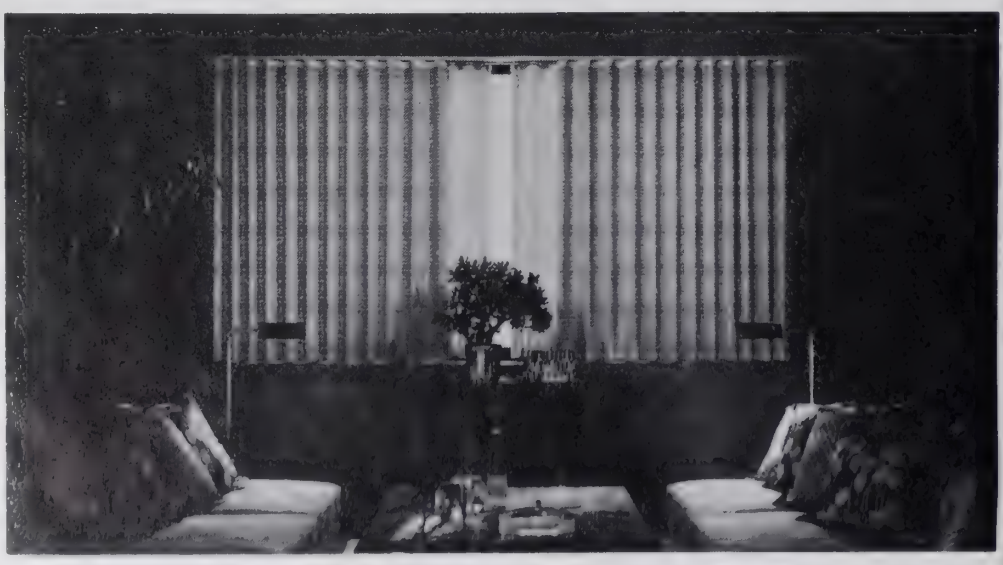
These "disparate" tastes are catered to by the world's largest assemblage of professionals: over 40,000 interior designers shape the character of our homes. Over 10,000 product designers shape our homes' ingredients. They are a surprisingly solicitous genre of experts who, with a few trifling exceptions, are drawn into the home design field because of a passion for aesthetics, pragmatic pursuit of function, the need for a "variety of expression" and, above all, sensitivity to society.



Henredon's late Chippendale breakfront is six shelves high, opens top and bottom to admit a host of treasures.



A prime example of hand-crafted "Americana:" the 1920 Painted Trunk from Habersham.



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Characteristic of the Baker designs which are designated Collector's Editions, this Carlton House writing desk is a reproduction of the 18th Century models. Of rare satinwood veneers inlaid with ebony and tulipwood bandings, it is faithful to the original in every detail including the brass door pulls and intricately pierced gallery. You are invited to see all the Baker collections in Baker, Knapp & Tubbs showrooms through your interior designer, furniture retailer or architect. For an authoritative point-of-view on the history and development of interior furnishings, please send $5.00 for The Baker Guide to Fine Furniture, Baker Furniture, Department 739, 573 Columbia Avenue, Holland, Mich. 49423.



Baker

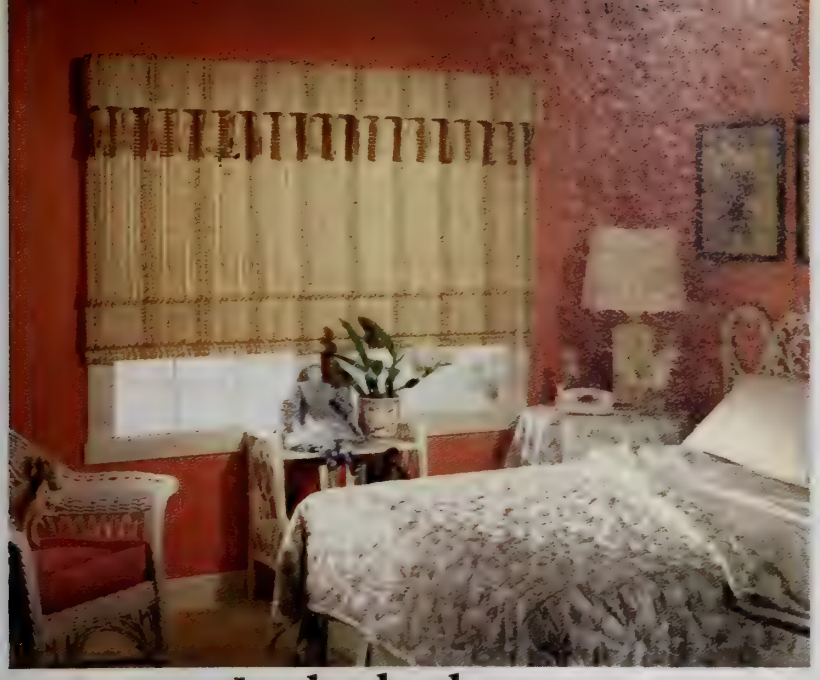
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The new Kingswood Collection with Fortrel® polyester yarns resists staining, soiling and fading. And Kirsch Woven Woods are available in a wide variety of colors and styles to match any decor...fit any window...enhance any room.



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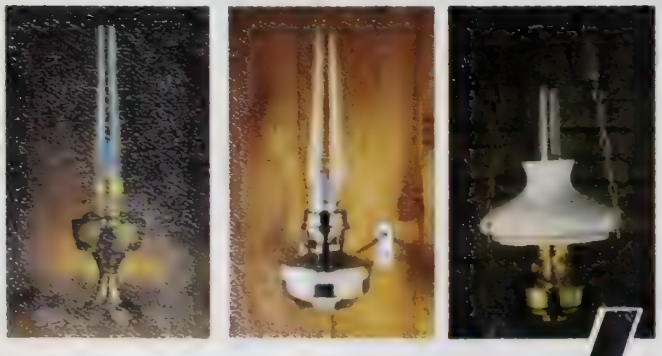


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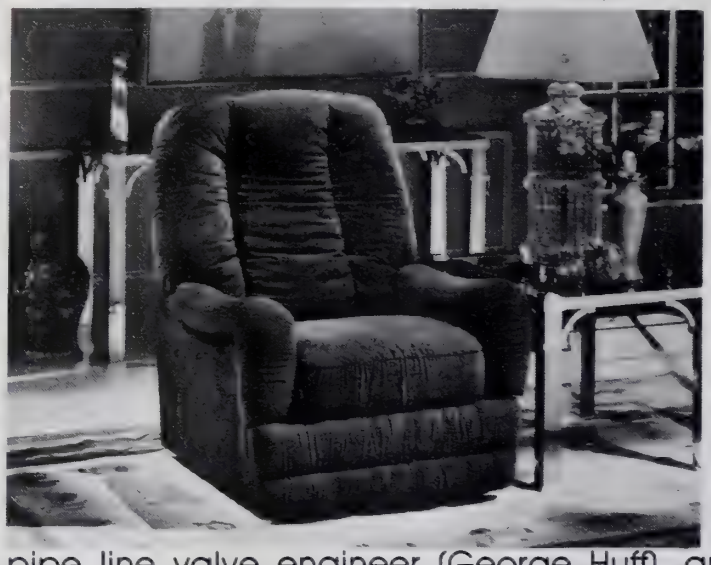


The Cellarette, from Gordon's Serenity Collection, is an example of fine furniture that is also functional.

Perhaps there is no such thing as an original design, ponders Joe Frank Purcell of Couristan. "Rugs originated with nomadic tribes who simply needed something warm to sleep on, then roll up and move on with. Our interpretations are not original in terms of concept, but in colorings and shapes."

Baker Furniture's Rod Kreitzer sums up "design" by calling it something instinctively recognized, whoever or whatever the source. "A savage shown an egg would immediately perceive it to have been 'designed.'" Whoever they are and whatever their achievements, many designers whom you'll meet here ascended from architecture (Norman Hekler, Stapleton Long). Others were converted to design from such eccentric backgrounds as

At ease anywhere. The Wallaway Recliner by Berkline can be gracefully and unobtrusively reclined in both contemporary and traditional settings.



pipe line valve engineer (George Huff), art historian (Leonard Fisher), bachelor (E.F. Bloch) and housewife (Joyce Eddy).

J.P. Stevens design vice president Peter Neil considers himself "a reporter, an observer," then duly observes, "I don't care whether you're talking furniture, ready-to-wear, or boots, there is an evolution that goes on when a product passes through the hands of Americans that makes it viable for the international market place."

Many designers credit consumers with innovation, deferring to a public they consider to be the most creative in the world. "They're more willing to consider choices other than their mothers and grandmothers had," says Jim Ford



ıe endless Estévez Collection of bedroom fashions. Sheets, pillowcases, comforters, bedspreads, bed ruffles, draperies, pillows and ruffled pillow ıms in Fortrel® polyester/cotton no-iron percale. Towels to match. At Joske's, Houston. © 1979 Dan River Home Furnishing Products Division, N.Y. 10018.

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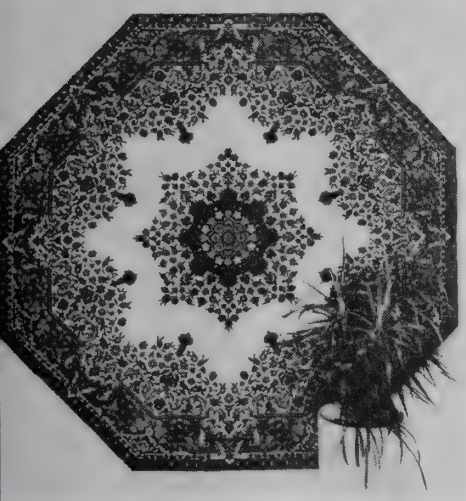
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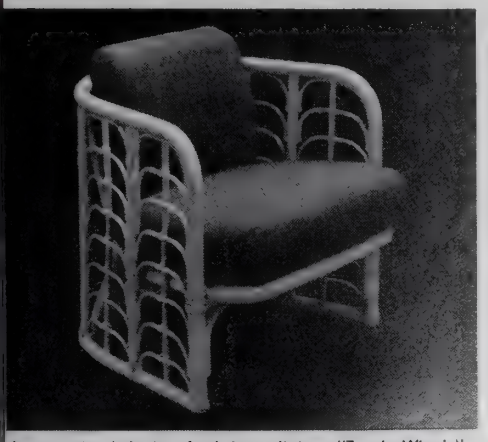
Model SS989 shown

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ahistan, one of Couristan's new Oriental octagons, atures the popular Kerman Open Field Design.

f the Kirsch Co. "We have a nulti-faceted society, just in erms of origins and ethnics and ave to take all of these tastes nto consideration," believes Norman Hekler, who designs for Gordon Furniture, among thers. "What evolves is in-erplay. The public tells us how



free-spirited design for leisure living: "Trade Winds" y Brown Jordan.

ney want to live, not the other vay around."

Colonial furniture design hasn't hanged basically for 200 ears," adds White's Charles Millender. "What changes is the ublic's demand for up-dates nd adaptations of designs to heir modern needs."

an Jessup, Calico Corners reative director, says, "I often earn as much from people as ney learn from me, just in terms f how things can be re tructed. Consumers are be

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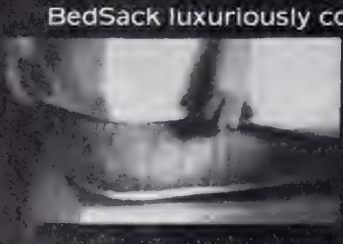
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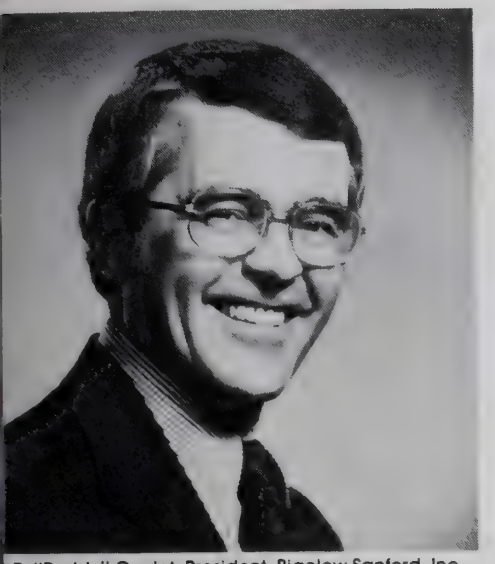
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coming very freed from the raditional way of doing things. No one ever asks how to make a wag or a jabot any more."

Another company that learns rom consumers is Bigelow-anford, whose president, C.R.

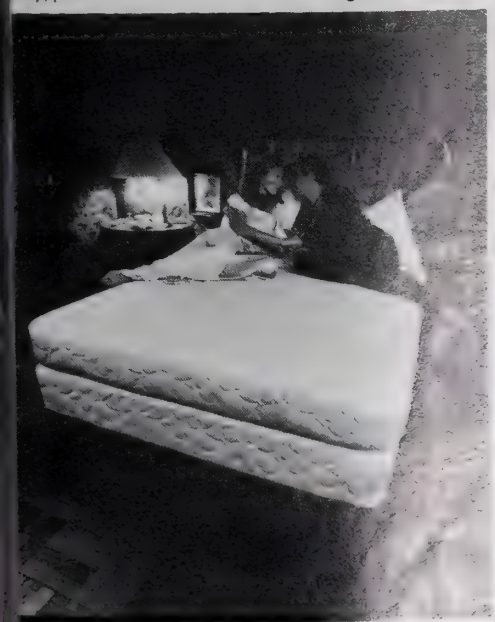


.R. "Ruddy" Goulet, President, Bigelow-Sanford, Inc.

"Ruddy" Goulet inserts a consumer questionnaire in every cut of carpet that leaves the mills. Responses, from usage to color preferences, are posted monthly in the design studios. One of the many dramatic changes directly resulting from consumer demand is the introduction of a Saxony, or shag and tight plush rug to replace the decreasingly popular conventional shag.

Most designers are less infatuated with "innovation" for its own sake, than with "design integrity." Henredon's Ken Volz designs for consumers who

looks like new. A mattress and boxspring covered in uffy, protective BedSack® bedclothing.



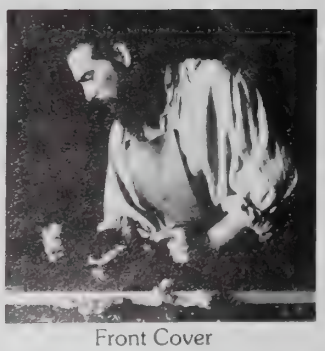


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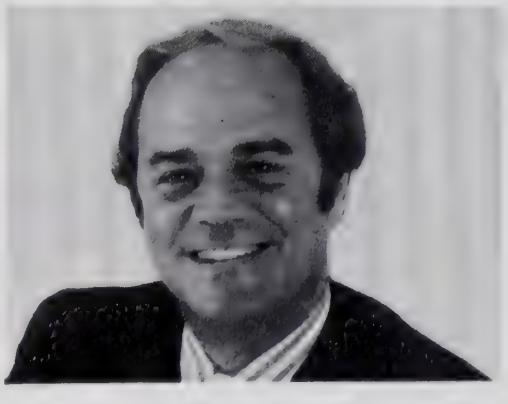
"want a good sound investment, not just something merely fashionable. You create a fashion, I was taught, by exaggerating a design principle out of proportion: in clothes, the broad-brimmed hat, wide lapel, short skirt. But, applied to furniture, it results in over-scaled moldings, extraneous surface details and distortions that might, for the moment, seem original, but will hardly last."



The Washington Irving desk. A Sleepy Hollow Reproduction from Harden Furniture.

Fashion designer Luis Estévez, lured into fabric design for Dan River because "home fashion is so much more lasting than clothes fashions," is a classicist by nature, preferring "simplicity you can live with without tiring of it. The simplest, purest things are the most adaptable." His symbols of classic simplicity: Greek architecture, Louis XVI chair legs, Mies van der Rohe designs, Coco Chanel fashions, Marlene Dietrich's look and—gray flannel.

Few designers, if any, feel they can improve on the classic simplicity of an egg, for example, or even what ee cummings observed as "a slow raindrop on a window pane." "There is such beauty and grace in very simple things," accedes Frank Perry, whose designs for Oneida attempt "one statement at a time. Simplicity is difficult. To make something come off properly, it should look like it's always existed. It isn't just a 'happening;' it's a classic."



Luis Estévez, home fashions designer for Dan River.



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Accessories from Cavallon Carter, Saxon and Clemens, Inc., and Panache

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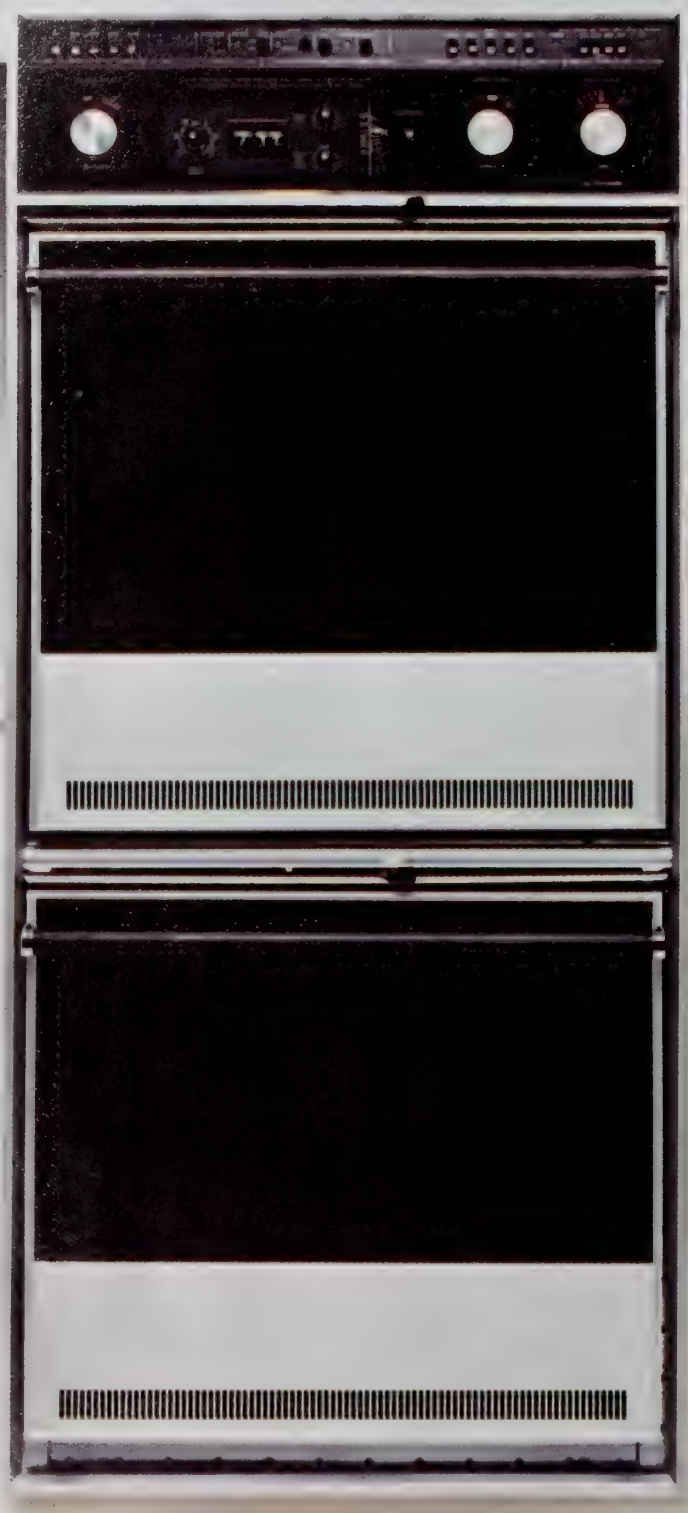
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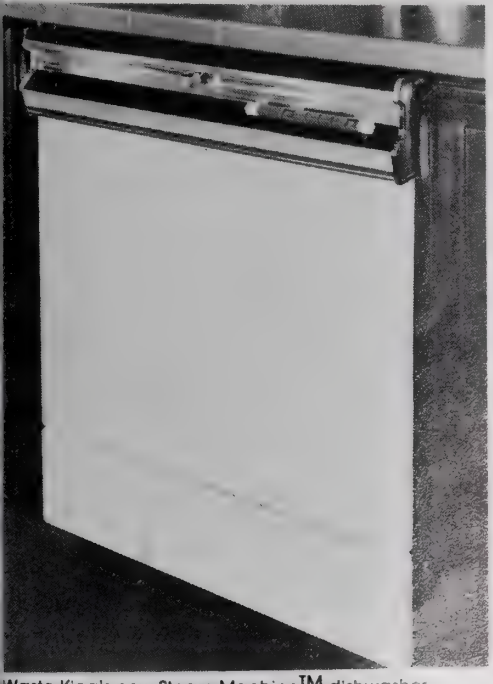
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From White of Mebane's Whitehall Collection, a handsome George I secretary, circa 1720.

Classics, in the view of Harden Furniture's Dave Harden, are designs "that survive the centuries and were contemporary to their own times," such as the company's "Sleepy Hollow" desk that actually belonged to Washington Irving. Classics, observes Fred Shodish of Brown Jordan casual contemporary furniture, are "designs that survive imitation." An example is the company's multiple-award-winning Nomad folding furniture, now also multiple-



Waste King's new Steam Machine™ dishwasher heralds the first harnessing of steam for the home kitchen.

copied by competitors. Shodish shrugs it off with a Louis Armstrong quote, remarked of people who tried to imitate him on the trumpet: "There are many copies of the Mona Lisa, but people only line up at the Louvre to see the original."



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To art historian and sociologist Leonard Fisher, classics reflect a rich culture, and "innovation" is the ability to adapt classic concepts in terms of contemporary American materials. His designs for J.P. Stevens are not just prints, but an "experience" in themselves: inspired by Chinese dynastics, a simple peony becomes "a symbol of a woman when she is full of love and open;" an entwined ribbon design is "a secret communication between lovers."

Other examples of how "classics" are interpreted for contemporary living, are the finely crafted reproductions of old English antique furniture

Thermador's new conventional/microwave oven cooks either way or both simultaneously.



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utumn is a special, relaxing time of year—alive with a festival olour. Couristan's Oriental design artisans have captured this od with a subtle blend of nature's rustic colours in a unique new uration: "Autumn Haze." At home in any decor, you'll trea- its beauty year-round. Only Couristan, with its patented ving technology, can offer you this luxurious Oriental look, rdably priced. Couristan's Kashimar Collection is woven of 100% Virgin Worsted Wool and finished with the elegance of fringes knotted entirely by hand. View "Autumn Haze" and the many other trendsetting colours and designs at an authorized Couristan dealer near you.

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$4 for the all-new 60-page full-colour catalogue portraying the Kashimar Collection to: Couristan, Inc., Dept H6-10/79, 919 Third Avenue, New York, N.Y. 10022

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Party time, game time, dinner time, hobby time, anytime. Meco adapts to the good times with flair. At the change of a mood, it becomes an entertainer to serve your party needs, a buffet dining or hors d'oeuvre table, a cozy game table, extra seating for the living room, playroom or den, a convenient sewing table, a handy work or hobby table — whatever your lifestyle dictates, that's what Meco becomes. So why buy six or eight pieces of furniture, when the versatile FUN-FOLDABLES by Meco can serve a dozen or more functions! Meco — the only foldable furniture with the 10 year limited warranty — and comfortably affordable.

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Contemporary accessories with age-old charm. Aladdin's kerosene mantel lamps for decorative and emergency use.

and accent pieces produced by The Bombay Company. The rosewood and brass, and mahogany and brass pieces of this line are faithful to the originals and marketed, completely finished, at appealingly low prices.

All design cannot be motivated by insistence on basics, classic simplicity or aesthetics, of course. Today's energy crisis, for example, remarkably inspired Aladdin Lamp Company to wire a traditional kerosene lamp for everyday decorative use, while retaining an ingenious oil-burning adaptor for emergency purposes. "Today, it is absolutely ridiculous to have a $125,000 home which has no efficient way of lighting a room without electricity."

New Meco Handy-Table performs with versatility in today's homes. Folds 1¾" flat for easy storage.



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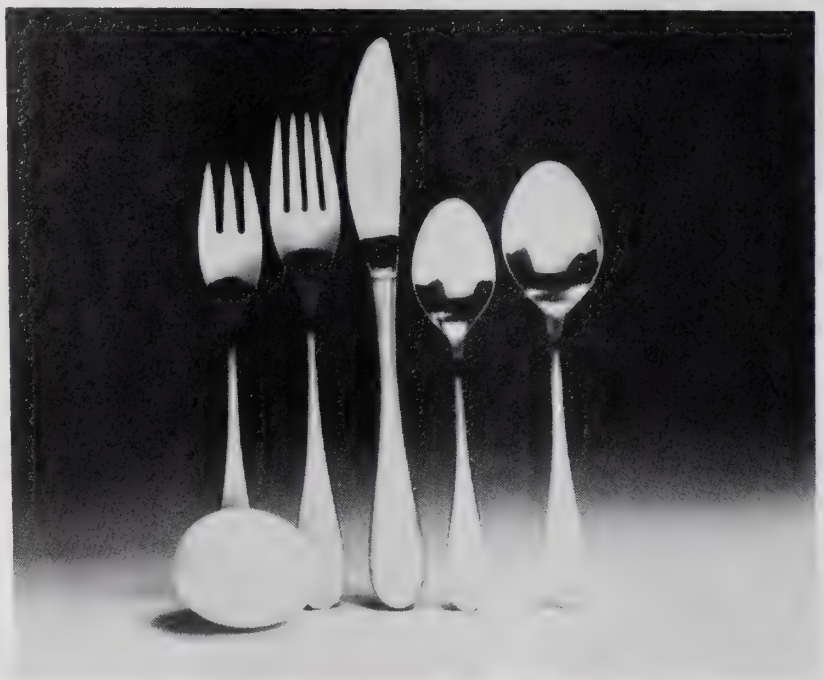
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Energy-saving prompted Kirsch to create woven wood shades which are "both highly insulative and attractive."

Pure function is the chief priority for such remarkable products as a recliner, a microwave oven, even the humble dinette table. "There is no ivory tower in designing Berkline recliners," admits Stapleton Long. "Function is the basic. Sometimes aesthetics evolve from the purpose of the design; sometimes aesthetics suffer." Nor is there any pie-in-sky at Meco, whose George Huff systematically abuses metal table and chair designs to test them for durability and service. 75-pound weights are dropped on tilted-back chairs, over 40,000 times, to make sure legs won't buckle. Tables are subjected to stress tests for "structural soundness." "We make a utilitarian product and then design it to look as good as possible."

Possibly one of the most tortured products on the American scene is the microwave oven, one of several thoroughly researched kitchen products "engineered" by Thermador's Chris Buerki. "We strive to design innovative new products, but of specific use to the consumer in terms of efficiency, safety and performance." To surpass Underwriters Laboratory certification standards (among others such as FDA and National Sanitation Foundation),



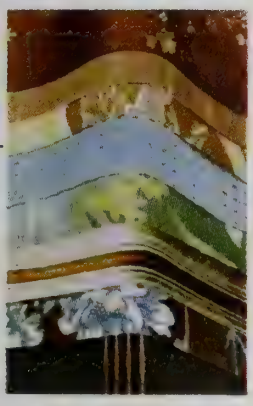
Oneida's new Omni pattern, included in the Design Study Collection of The Museum of Modern Art, blends line and contour for strong visual appeal.

East meets West in this new oriental towel design from J.P. Stevens for Utica. "Fleur de Chine's" peony theme denotes sensuousness, is evocative of ancient Chinese court life.



Elegance is: Upholstery by Heritage.

For those who desire more personalized features than offered in our regular Heritage upholstery collection, we present the Custom Design Program.



Highlighting the wealth of custom features is a breathtaking array of nearly 1000 fabrics. From regal silks and damasks to fine imported English prints, like the one featured.



Painstaking detail is essential to Heritage style and comfort. Notice how this intricate pattern is matched to flow perfectly from the arm and cushion to the skirt.



For long-lasting comfort and shapeliness your Heritage upholstery is constructed using tempered steel springs and tightly woven webbing. Each coil is hand-tied and knotted eight ways.



The graceful contours of a finely crafted frame. The marvelous comfort of luxury cushioning. The perfectly matched patterns of masterful hand tailoring. These are among many lasting pleasures you and your family will enjoy with our distinctive Heritage custom design upholstery program.

The choices are impressive. Seven frame styles in five lengths. One dozen pillow and cushion options. And nearly 1000 fabrics. Combined with outstanding Heritage craftsmanship, this assures you a wise and beautiful investment that will preserve its value for years to come.

For the name and address of your nearest Drexel Heritage dealer, write us at the address below. For Heritage brochures and room-planning kit, send $1 to: Drexel Heritage Furnishings Inc., Dept. 15-10-79, Drexel, North Carolina 28619.

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Craftsmanship in the grand tradition

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the designers speak '79

Many of the fine products featured in this section can be found at the following department and specialty stores across the country:

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BAKER 2
BERKLINE 3
CALICO CORNERS 4
COURISTAN 5
DAN RIVER 6
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BIGELOW 9
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MONTGOMERY
Gayfers–10

ARKANSAS
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Calico Corners–4
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Macy's–5,8,9,10
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Habersham Plantation–7
BRADENTON
Habersham Plantation–7
FORT LAUDERDALE
Baers–3
FORT MEYER
Rose & Shuey Furniture–9
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ORLANDO
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TAMPA
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Davidson's–5
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AUGUSTA
Habersham Plantation–7
MACON
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BLOOMFIELD HILLS
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LUMBERTON
Raindance Enterprises–1

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MOUNT KISCO
Calico Corners–4
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Levitz–3
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Granite Furniture–3

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ARLINGTON
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CHARLOTTESVILLE
Habersham Plantation–7
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The Bon–10
Frederick & Nelson–2,5,8
SPOKANE
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WESTON
Vermont Country Store–1

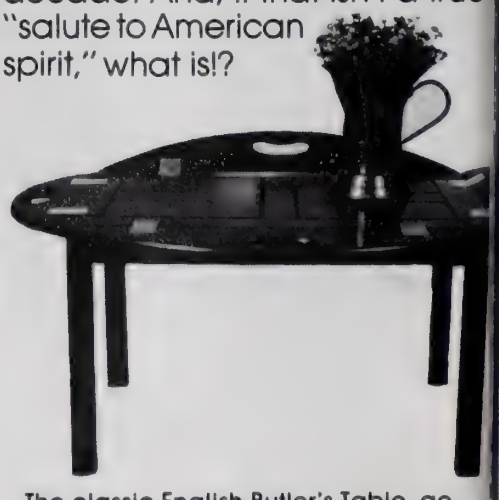
WISCONSIN
RACINE
Porter's–2
WAUKESHA
Drexel Co.–9

HAWAII
Hawaii
Liberty House–10

the product endures well over 200,000 door slammings, defined as "the life of a consumer oven." Punishing continues with a drop-and-shake test simulating handling abuses during shipping. The resulting product, surprisingly aesthetic, is "built to take it."

Other product designs evolve out of sheer inspiration or "discovered need," regardless of any existing consumer market demand. Such, in fact, was the microwave oven, originated by Dr. Percy Spencer during World War II service in a radar division when he set a bag of corn kernels down next to a magnetron tube and discovered "instant popping." Among other unsung folk heroes and heroines of American design is E.F. Bloch, the bachelor board chairman of Perfect Fit, who created now popular contoured "bedclothing" out of exasperation with having to make his own bed. What began as a very low-profile product has become a boom industry.

And last, but far from least, a widow, Joyce Eddy, and her two young sons began "designing and making antiques" because she couldn't afford to buy them—in the basement of a laundromat in a small Georgia town. Her company is now known as Habersham, one of the richest sources of handcrafted "Americana" in this decade. And, if that isn't a true "salute to American spirit," what is!?



The classic English Butler's Table, accented in brass, is a fine example of the antique reproductions made by The Bombay Company. Advertisement

The new Sealy Plush Quilt Collection. Luxurious comfort plus extra support where you need it most.



It's called Plush Quilt for a good reason. You'll find deep, plush, luxuriously-quilted surfaces for the kind of sleeping comfort you want.

Inside, it's famous Sealy quality and dependability—plus an extra layer of support in the center, where body weight is concentrated.

The Plush Quilt® Collection offers a range of firmness and comfort in three outstanding models. Your choice of twin through spacious king. See them soon at a participating retailer.

Sealy Plush Quilt Three shown in spacious queen size

Sealy Plush Quilt One	$ [illegible]	[illegible]	$449.95
Sealy Plush Quilt Two	$[illegible]	[illegible]	$[illegible]9.95
Sealy Plush Quilt Three	$[illegible]	[illegible]	[illegible]9.95

*Suggested retail prices. May vary in Canada.

Sealy®

From the makers of Sealy Posturepedic.®

SLEEP BETTER LIVE BETTER

continued from page 92

Without enough sleep people tend to become irritable, short tempered, and depressed, according to Dr. Regestein. They become disinterested in their environments, show poor judgment, and do not perform up to par.

"If you're anxious about something, unhappy, or insecure, you don't sleep well," says Dr. Regestein. "You have trouble falling asleep and, once asleep, you don't sleep as well as you normally might."

Although there has been little evidence that lack of sleep can cause serious physical illness, that it can affect life expectancy, it can *reflect* an illness. "If something is wrong physically, sound sleep won't come easily—if at all," says Dr. Regestein. Haven't you noticed that when you're coming down with a cold you don't sleep well? Or, haven't you heard yourself say, "I was up all night coughing and sneezing"—or "with a stomach ache"?

Learning during sleep

According to Dr. Regestein, certain neurochemicals (substances in the brain that carry messages between nerve cells) that are exhausted during waking periods are restored during sleep. This allows many psychological processes to be better and more efficiently integrated during waking. For example, if you learn something, then sleep, you will retain more of what you've learned when you awaken than if you hadn't slept at all—or not enough.

As far as learning *during* sleep, scientists in the Soviet Union have claimed that efficient learning can take place during sleep. But, according to Dr. Wilse Webb, Professor of Psychology at the University of Florida, a member of the board of directors of The Better Sleep Council (a nonprofit organization developed to bridge the gap between sleep research and public awareness), and a sleep researcher for over 25 years, scientists in the United States have shown that *no efficient* learning takes place during sleep. Dr. Webb and Dr. C. M. Levy conducted their own sleep-learning studies in the 1960s. "We found that during waking you can learn in 5 minutes or less what it might take all night to learn during sleep."

While no efficient learning during sleep occurs, "things that have happened during waking periods may be rehearsed, consolidated, and, perhaps, reworked during sleep," says Dr. Webb. He does not recommend any of the sleep-learning devices on the market.

Food for sleep

Many sleep experts believe that tryptophan, an amino acid found in proteins, can be taken orally to aid sleep. Dr. Ernest Hartmann, Professor of Psychiatry at Tufts Medical School, Director of the Sleep and Dream Lab at Boston State Hospital, and author of *The Sleeping Pill* (Yale University Press), has found evidence that tryptophan, once converted to serotonin (a chemical found in the brain), is critically involved in inducing deep sleep. Dr. Hartmann's research indicates that an extra amount of tryptophan can augment the natural production of serotonin and thus help you to sleep better.

How to sleep better

"You're in control of your sleep," says Dr. Regestein. "So why not make sure you do it well?" Here are some of his tips everyone can use to insure sound sleep.

- Maintain a regular bedtime . . . and waketime.
- Have regular obligations, regular mealtimes.
- Sleep approximately the same amount in every 24 hour period. If you do miss sleep you'll need a relatively short amount to recoup what you've lost.
- Don't nap during the day.
- Abstain from anything that will upset the nervous sytem: large amounts of coffee or tea, alcohol, cigarettes, over-the-counter sleep-inducing drugs (they're placebos and are merely suggestive).
- Make sure your bedroom is dark: If you open your eyes and your room is light enough so you can see, you may become sufficiently aroused so as not to be able to fall asleep. Most department stores carry light-proof window shades. And you can paint your bedroom a warm dark color.
- Also, your bedroom should be quiet and below 75 degrees. Most pleasing sleep temperature is between 66 and 68 degrees.
- Make sure your sleep platform is comfortable. It should be smooth and firm, but with some softness.

If you have trouble sleeping, Dr. Regestein recommends you take the following precautions to sleep better.

- Get out of bed the same time each morning no matter how you slept. Use the bed only for sleeping; never for reading, eating, or watching TV.
- Always have something to get out of bed for.
- Stay away from sleeping pills. Drugs, according to Dr. Regestein, do not produce a normal night's sleep. For example, barbituates can create an unnatural deep sleep in which the sleeper doesn't dream. Since dreaming makes up a certain percentage of the normal sleeper's sleep time, no dreaming makes for disturbed sleep. *(Continued on page 97)*

CHRONIC PAINS DISCOMFORTS

Acquired During Sleep Explained

After many years of research, Dr. Perlstein has developed a most revolutionary pillow . . . it relieves chronic pains and discomforts acquired during sleep or napping.

Patients who used it found relief from chronic headaches, neck stiffness, arthritis-related disorders of the neck, shoulder pains, arm/hand finger numbness.

Ordinary pillows are usually too high or too soft. They don't give proper support to the head and neck, creating pressure on the nerves at the base of the neck, found through research to be the causative factor of many pains and discomforts that wake you out of a sound sleep night after night. Many times these sleep problems linger on even after arising.



Dr. Israel S. Perlstein

Dr. Perlstein's Pillow has a firm side and a soft side, with a super-form inner core that maintains the neck vertebrae in normal alignment with the entire spine, while sleeping on the back or side. Neither side of this pillow will collapse under the weight of the sleeper's head, always retains its shape, is hypo-allergenic and comes with a custom tailored washable pillowcase. Measures 18" x 10" x 3½". Now available at fine department stores in linens sections. For store nearest you that features this extraordinary pillow, Call Dr. Perlstein's Pillow Co.
Toll Free 1-800-527-9290
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How Beautyrest® Supports The U.S. Olympic Team.





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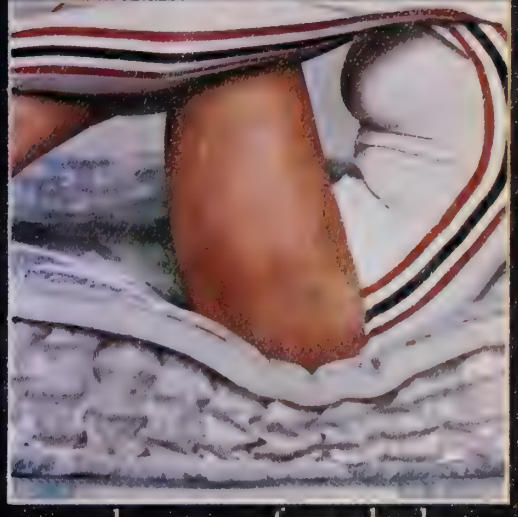


physically fit every curve

Close to 800 American athletes work out every day at the 1980 U.S. Olympic Team's special training centers at Squaw Valley and Colorado Springs. Simmons has supplied Beautyrests for all of them. Only Simmons makes Beautyrest's individually-pocketed coils—they physically fit every curve and contour of your body. That means firm support and gentle comfort; the best possible night's sleep. For the U.S. Olympic Team and for you.

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The Physical Fitness Mattress

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and contour of your body.



"Soft where you want it. Firm where you need it." *Susan Anton*

Pillow Soft Perfect Sleeper

Serta has always been a believer in top comfort and deep support. That's the whole idea behind the Serta Perfect Sleeper.

Now Serta has taken that concept to the ultimate—Perfect Sleeper Pillow Soft. It's a mattress and foundation set that has really caught on.

Pillow Soft is Serta's unique extra-thick top cushioning. Plush layers of quilted comfort make it extra soft where you want it . . . close to you.

Under the Pillow Soft top is Serta's famous Perfect Sleeper construction. Exclusive Sertaliner bands and Synchroflex coils are precision engineered to react to every twist and turn of your body. So you get the deep support and comfort you're looking for. The kind you'll be happy with.

And underneath it all, the patented SertaLock foundation perfectly complements your mattress for the best sleep possible.

Perfect Sleeper Pillow Soft. The ultimate in sleeping luxury. Soft where you want it, firm where you need it. It's another great way to sleep from Serta.

Serta

Be a Perfect Sleeper. Buy a Perfect Sleeper.®

SERTA, INC. Rosemont, Ill.

SLEEP BETTER LIVE BETTER
MEMBER OF THE BETTER SLEEP COUNCIL

continued from page 94

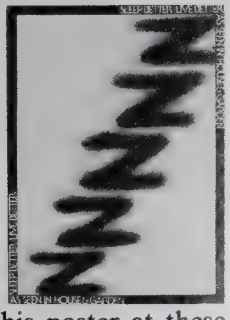
• When you're trying to fall asleep, lie in bed, relax totally, and keep your eyes closed. Don't get up, wander around, flip the lights on and off, look at the clock.
• Exercise vigorously during the day. But never before bedtime—that will activate the body's systems and disturb sleep. In fact, as bedtime approaches, make sure there's a gradual lessening of activity. For some, reading can be very relaxing; or taking a warm bath.
• Before bedtime, drink a warm glass of milk. Or, mix Horlicks (a malt cereal drink available at health-food stores) into warm milk.
• Before bedtime, do yoga or deep breathing (or any other relaxation) exercises.

What to do if sleep problems persist

If your sleep problems persist, Dr. Regestein suggests you contact a sleep clinic. There, sleep specialists will investigate the cause of your sleep disorder and will institute a special program to reverse it.

Many major hospitals have sleep clinics—or their psychiatry departments can refer you to the one nearest you. For a list of clinics across the country, write The Better Sleep Council, 1270 Avenue of the Americas, New York, N.Y. 10020; or The American Association of Sleep Disorders Centers, University of Cincinnati Sleep Disorders Center, Christian R. Holmes Hospital, Even and Bethesda Avenues, Cincinnati, Ohio 45219. ■

"Sleep Better/Live Better" stores



Look for this poster at these and other fine stores throughout the U.S. which are planning special activities to help you "Sleep Better/Live Better." At these stores you will find expert advice from sleep authorities, helpful store personnel, and the expertise of the House & Garden staff.

The Bon.....Seattle, Wash.
Burdines.....Miami, Fla.
D. H. Holmes.....New Orleans, La.
John M. Smyth.....Chicago, Ill.
Jordan Marsh.....Boston, Mass.
Macy's.....New York, N.Y.

Ideas for getting a good night's sleep

In the booklets below, you'll find the answers to many of your sleep-related questions and learn facts about mattresses. Fill out and return the coupon, circling the number of each booklet requested. Enclose $1 for postage and handling, plus any additional charge as indicated next to booklet number. Your requests will be filled as quickly as possible. Do not send stamps; coins or money order may be used.

1. "THE BEDROOM BOOK" from the Perfect Sleeper Mattress Makers, Serta Inc. A complete guide to buying mattresses, space planning, and lively bedroom living. Plus construction plans for a do-it-yourself fourposter bed. $1.

2. "GOOD NIGHT . . . GOOD DAY." How to select the sleep set that's right for you. Booklet has helpful advice on what to look for in quality sleep sets, including a different perspective on the "Inside" of mattresses and foundations. Available from Sealy Posturepedic. 15¢.

3. "THE BAD BACK BOOKLET." Read about the nerves, vertebrae, and discs that make up your spine. Learn basic back care, such as posture, diet, exercise, and how a Simmons Maxipedic mattress helps relieve backaches and pains. The Simmons Company. 25¢.

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October, 1979

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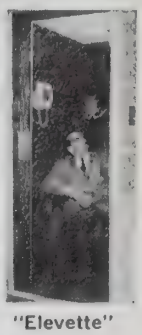


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Chicken Oriental salad

From The Party Box, New York caterer

INGREDIENTS

6 whole chicken breasts, poached, boned, and julienned
1 head celery, diced
2 packages frozen snow peas, defrosted, or 1 pound fresh
1 cucumber, cubed
1 small head Chinese cabbage, sliced on the diagonal
1 small can water chestnuts, drained and sliced
½ cup pecans, broken into pieces
½ pound mushrooms, sliced
3 cups peanut oil
4 tablespoons fresh lemon juice
⅔ cup soy sauce
2 teaspoons dry mustard
2 teaspoons ground ginger
2 dashes Tabasco sauce

METHOD

☐ Prepare chicken, celery, snow peas, cucumber, cabbage, water chestnuts, pecans, and mushrooms and put in a large salad bowl. Put the oil, lemon juice, soy sauce, dry mustard, ginger, and Tabasco in a blender and blend until smooth. Pour over salad and toss. Serves 8.

Salad Argentine

From Maurice Moore-Betty, cooking teacher and cookbook author

INGREDIENTS

Salt
1½ pounds green beans, trimmed
2 pounds roast beef, cooked rare, sliced into julienne
1½ tablespoons red wine vinegar
6 tablespoons oil, olive or salad
2 teaspoons lemon juice
2 tablespoons Dijon mustard
4 tablespoons sour cream
Freshly ground black pepper
Fresh parsley, finely chopped

METHOD

☐ Bring 2 quarts salted water to a rolling boil in a large pot and add the green beans. Cook 4-5 minutes, or until the beans are tender but still crisp. Drain and refresh under running cold water.

☐ Put beans and the sliced roast beef in a large salad bowl. In a small bowl combine the vinegar, oil, lemon juice, ¼ teaspoon salt, mustard, sour cream, and pepper to taste. Mix well and pour over the beans and beef. Toss to coat evenly and sprinkle with parsley. Serve with crusty French or Italian bread. Serves 8-10. ■

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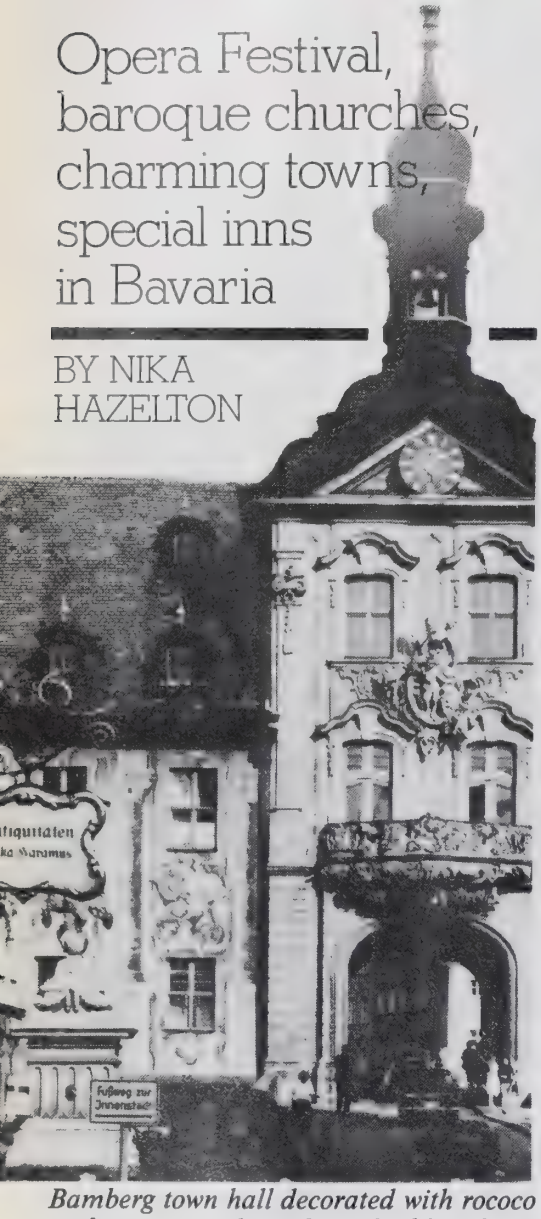
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SATISFACTION GUARANTEED OR YOUR MONEY BACK 396-433

Fuel-safe vacations—Cruises, driving tour, plus hotel diary

Opera Festival, baroque churches, charming towns, special inns in Bavaria

BY NIKA HAZELTON



Bamberg town hall decorated with rococo sculpture; cars drive through old arch.

It sometimes happens that you go to a place for one thing only to find a whole lot of other things you never expected, but which you like very much. To my husband and me, this came about in Bayreuth where we'd gone for the annual Wagner Festival in July. (We'd driven to Bayreuth from Nuremberg.) It was a week of great opera with gorgeous, unforgettable music and a week of doing the proper Festival things—late, after-the-opera musical discussions in the Eule, the "in" tavern at Festival time, pilgrimages to Wagner's house and museum, fine French dinners in the Thiergarten, an uncompleted baroque castle nestled in a lovely park outside the town which is now also a very small and mad-

Continued on page 102

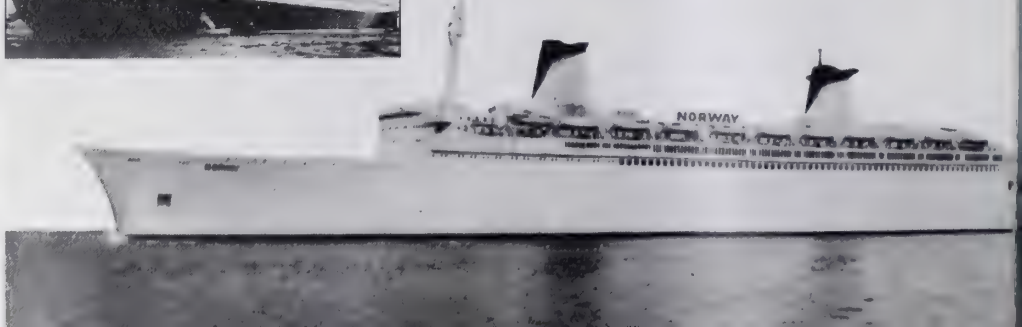
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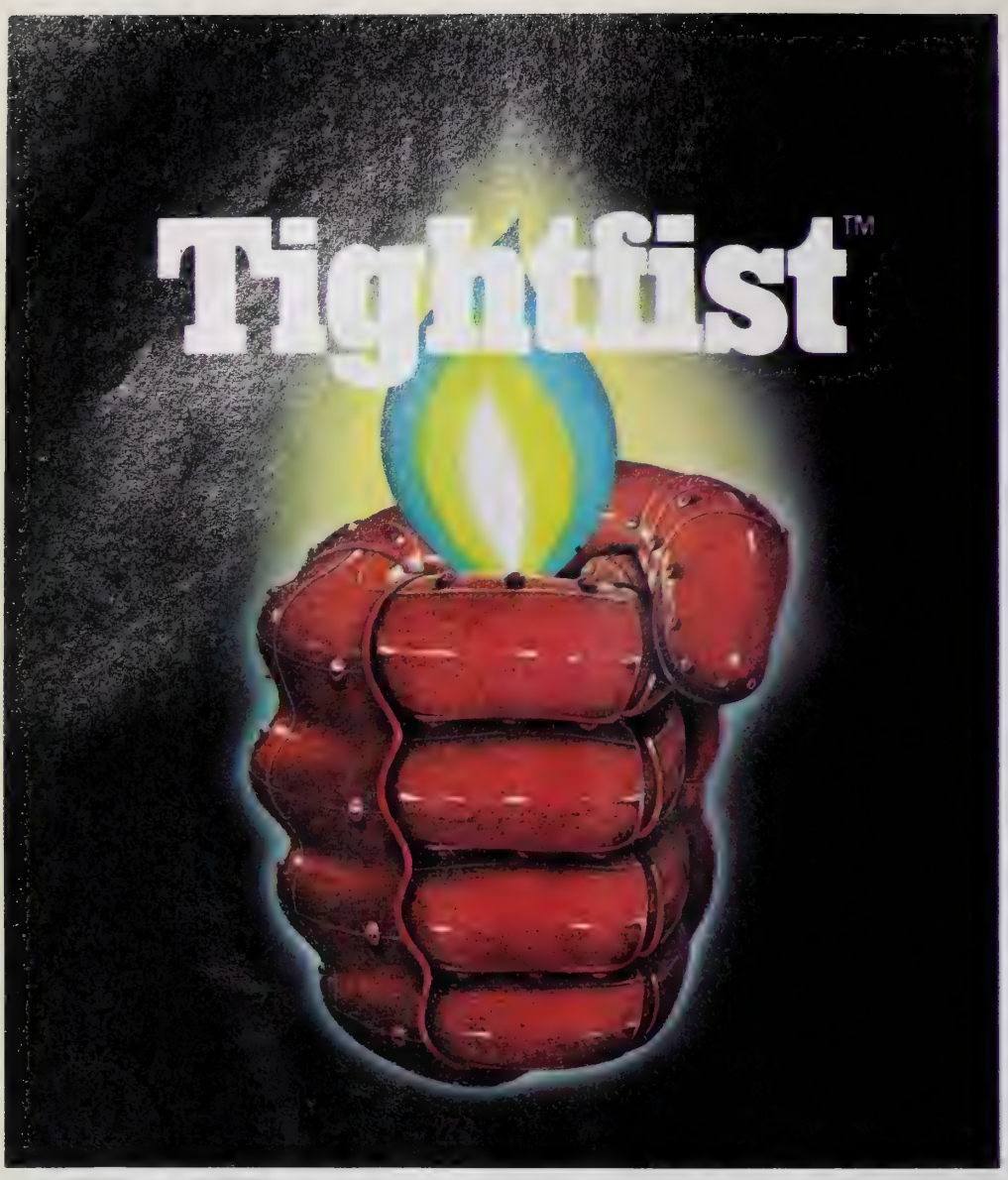
Leave from New York on a 7-day cruise to Bermuda, every Saturday and Sunday, April through November. *Holland America's* Rotterdam, Statendam, and Vollendam make the trip with special entertainment cruises (Broadway cabarets, the Duke Ellington orchestra, and more) scheduled. *Carnival* offers 7-day cruises from Boston, Norfolk, and Baltimore to Bermuda. The biggest news in the Caribbean is *Norwegian Caribbean's* new ship, the Norway, formerly the France. This 2000-passenger former transatlantic vessel will make 7-day cruises to the U.S. Virgin Islands and the Bahamas this spring. Leave from Florida—you can book right now. Angelo Donghia is undertaking the transformation of the Norway to give it a more open, sunny, island feeling—with all the glamour the largest passenger ship in the world should have. Another famous transatlantic vessel: *Cunard's* Queen Elizabeth 2, sailing from New York to Port Everglades, Nassau, Curaçao, Grenada, and Barbados for a special 1-week Christmas cruise. Fly home, or add a New Year's cruise from Barbados to St. Thomas, San Juan, Port Everglades. The QE2 has excellent programs for children, as do *Holland America's* ships—movies, costume parties, plus baby-sitting. Holland America has 5- to 7- and 14-day cruises through the Caribbean, leaving from Miami. For French cooking and an 11-day voyage from Miami to Santo Domingo, Martinique, Iles des Saintes, Antigua, and St. Croix, take *Paquet's* Mermoz. To look forward to: 3 evenings of food from Burgundy, Périgord, and Provence. Expect to eat your fill of Italian specialties on the Galilei, owned by *Italian Cruise Lines*, which sails from Port Everglades to San Juan, St. Maarten, St. Thomas, and back in 7 days. *Norwegian America* offers three different 14-day cruises with at least 9 ports on each trip. Seven- to 14-day itineraries through the Caribbean. Every Saturday, *Royal Caribbean's* Song of Norway sails from Miami to Puerto Plata, San Juan, and St. Thomas for a week. For a weekend trip to the Bahamas, leave Friday afternoon from Miami on *Eastern Steamship Lines'* Emerald Seas and cruise to Nassau and back by Monday morning. A 4-night, Monday/Friday trip takes you to Freeport in addition. For other cruises that leave from the United States—through the Panama Canal, across the Pacific, the Atlantic, to Alaska, Mexico, and more—please turn to page 112. C.W.





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continued from page 100

ly desirable hotel (double room, about $60), plus frequent coffee and cakes at the pretty Operncafé. But our discovery was that, while the Wagner Festival goes on up the hill outside Bayreuth in the Festspielhaus theatre, Bayreuth itself is cause for much pleasure—mainly because of Wilhelmine, favorite sister of Frederick the Great, a pretty, witty, and enterprising lady who had married into the ruling Bayreuth princely family early in the 18th century. She proceeded to make Bayreuth into a center for arts and music. Since she liked to compose operas and act in them, she built herself a wonderful little rococo theatre and two little châteaux (among others) which are all colorful curlicues and rococo joie de vivre. The Eremitage, my favorite, has a romantic park to end all romantic parks, artificial ruins and a big shell-lined grotto where complicated waterworks can be set loose to drench the unwary visitor.

After the festival, we decided to stay on in the region and explore some more. The countryside is very pretty, with hillsides covered by dense forests, where walks end in cafés humanely placed for gathering strength with coffee and cakes (me) and beer (my husband). Northeastern Bavaria is off the beaten track, even for Germans, and in its old towns, mighty castles, and great churches you still get the flavor of old-time Germany.

In 1000-year-old Kulmbach, your next stop going north, we enjoyed the winding medieval streets and the Plessenburg on the high hill above the town. The fortress-castle has an exquisite terraced Renaissance courtyard and the most astonishing collection of tin soldiers displayed in famous battle scenes. There are tens of thousands of these soldiers and other figures in tropical scenes, walrus hunts, and other fantasy settings. I couldn't believe my eyes.

But Kulmbach is really known for its mighty beers. We went to gather strength in the Rathskeller near the perfect little white and yellow baroque town hall, and our landlord served us some marvelous sausages garnished with kraut and the powerful beer. All over Bavaria, the sausages are invariably perfect, as are the beers, though these vary in flavor according to locality and local breweries.

The end of the day brought us to Coburg, where we spent a very comfortable weekend in the Goldene Traube (double room with bath, $62). It is a gemütlich provincial hotel, old on the outside, modern inside, and spotlessly clean. In Bavaria, we never bothered to reserve except in big cities or resorts. We simply looked for a likely place, and whether the bathroom came with the bedroom or was down the hall, the surroundings were spotless, the welcome sincere.

We wanted to see Coburg because of both Martin Luther and Queen Victo-

Continued on page 106



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continued from page 102

ria's beloved Prince Albert. Luther spent a long time behind the triple-layer ramparts of the 900-year-old Veste, mightiest of the German fortresses. The Veste towers over Coburg's placid spires, and when you are in it, you understand why Luther wrote his "Mighty Fortress" there. You can still see his Spartan apartment and private chapel. The fortress now houses a series of museums, with a wealth of period furniture, brass, china, ceremonial coaches, and painting and sculptures. A gothic Virgin holding the dead Christ, once seen, can never be forgotten.

Coburg was the seat of the Dukes of Saxe-Coburg-Gotha, which provided kings, queens, and consorts to almost every royal house in Europe—Russia, Belgium, Portugal, Romania, Spain, Bulgaria, and Sweden. Prince Albert is one of the best known. Victoria, also a Coburg descendant, visited him in the town's Schloss Ehrenburg. Her bedroom and bath there could not be simpler, though it must have been compensated for by some of the richest, most ornate high-baroque rooms that grace the castle. We gasped at the Great Hall, all white, where half-naked stucco gentlemen help hold up the ceiling.

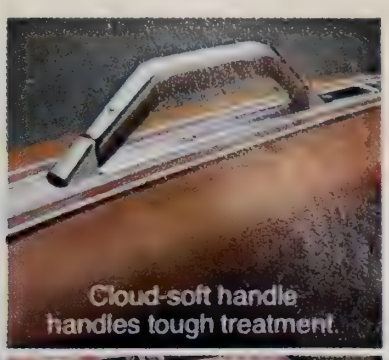
But there's more to Coburg. The town is small enough to let you enjoy the magnificent Renaissance buildings and old churches, and the market square full of the scent of sausages roasted in the open. Very good sausages they were too, dipped in a dab of mustard and eaten out of hand. The meal I remember was at the Loreley restaurant, where we washed down a memorable ham with the lovely wine of Franconia. But what impressed us most about Coburg was that there we were able to recapture something lost in almost all of Germany: the cultivated, pre-1914 flavor of a small town ruled over by an enlightened, castle-building, art-collecting, and rather folksy princely house.

We were turning south, to see the great church at Vierzehnheiligen, a large, twin-towered golden structure dedicated to the 14 saints (Vierzehnheiligen) who help people in distress. Its interior is beyond doubt the most joyous ever dedicated to the Lord, a riot of pastel-colored arches, balconies, and columns, altars exploding like sunbursts, painted ceilings, a gorgeous heavenly ballroom filled with cavorting little angels. Bavarian baroque has none of the somberness of the Italian and Spanish that often oppresses; it is a pure, undiluted expression of joie de vivre.

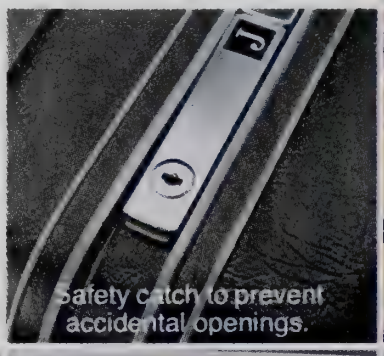
At Banz, on the other side of the river Main, the great church is part of a very large abbey. Like Vierzehnheiligen, the present church, successor to much older ones, dates from the early 18th century. Though equally joyous, it is not quite as

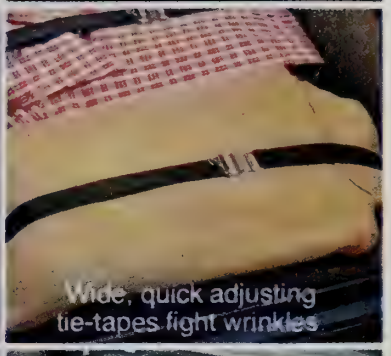
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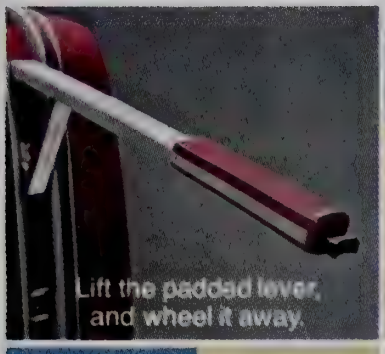
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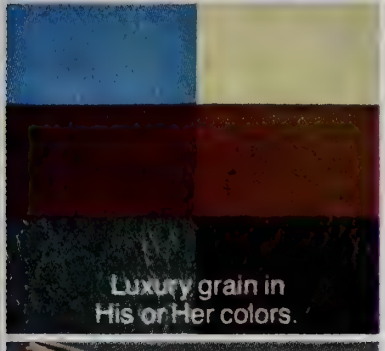


















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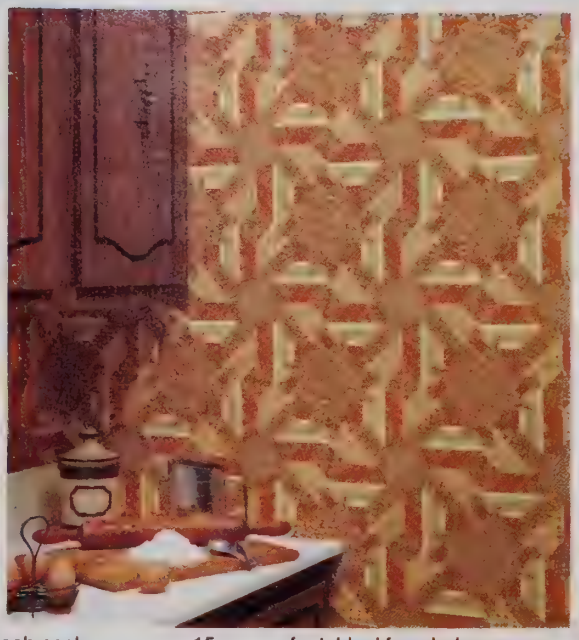
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continued from page 106

elaborate as its sister across the water, and is mostly white and gold rather than pastel in decoration.

We had left Coburg after an early breakfast, and all that art had made us very hungry. We discovered, across a little gully from Banz, a new little hotel from whose terrace you have the most gorgeous view over churches and landscape. We ate local trout and drank local wine, and felt very lucky indeed as we basked in the sun.

Bamberg, some 15 miles south, was our last sightseeing stop. Here I must add that we covered very little mileage compared to the things we saw. The churches are but some 20 miles south of Coburg and Coburg is only about 60 miles north of Bayreuth. Our driving was leisurely, stopping here for a little forest promenade, there to pick wild flowers, and here and there for something to drink. There was no language trouble. English is spoken in all the hotels, and where it isn't, as in the small country inns where we ate, my husband (who knows no German) had no trouble being understood—but then he is a man who smiles and says thank you.

The glory of Bamberg is the Cathedral, and the glories of the Cathedral are the world-famous Bamberg Rider, carved in stone by an unknown master in 1230, two slender and elegant Gothic ladies representing "Church" and "Synagogue" and a nearby smiling Gothic angel, plus ancient imperial tombs, choir stalls, and altars which I don't remember as well as the figures carved on them. What surprised both of us was that these were even more beautiful and haunting than they had seemed in their pictures; I've found that the opposite is generally true. Bamberg is the Bishop's city, and the four spires of the Cathedral rise over the town that huddles at the foot of the Cathedral's hill. There is much else to see that for lack of time we had to treat lightly: the Prince-Bishop's Palace, other churches, and above all, the narrow, romantic streets. "Next time," we said, and meant it. And we'll stay at the attractive Weinhaus Messerschmidt, where food and wine are heavenly, rooms few, and where you must book in advance.

How to go:

To make the same trip as the Hazeltons, fly straight to Frankfurt or Munich. Lufthansa flies nonstop from Boston, Chicago, Los Angeles, Miami, and New York to Frankfurt. National flies nonstop from Miami to Frankfurt on Tuesdays and Thursdays. (Lufthansa Holiday Fare to Frankfurt: $368. Book and pay 30 days ahead, stay 14-60 days, return from Frankfurt. The normal economy fare, no advance payment or reservation: $608.) Once in Germany,

Continued on page 112

Believe it!

You are reading this through a glass washed in Dishwasher all. It's the simplest way we could think of to show you what a difference Dishwasher all's Rinse Agent Formula makes. Gets everything clean, clear spotless as can be.



IN BAVARIA

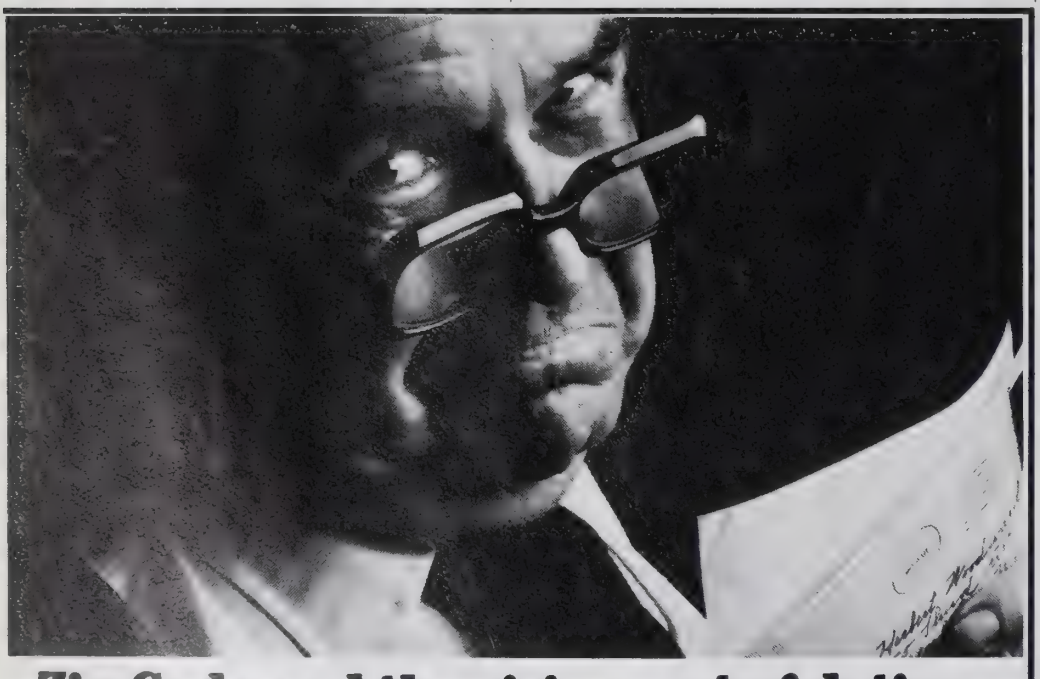
continued from page 110

take a train to Nuremberg, then pick up a car. The best and cheapest way to rent a car is to make a reservation through a travel agent at home and pay before you go. Rates are much higher if you rent a car on the spot. Fly-drive packages offer the lowest prices. Several airlines have them—Lufthansa's fly-drive program is in partnership with Europacar Tours. A VW Rabbit, standard shift, rents for about $140-$150 a week; larger cars, automatic shift, cost more. Gas is about $2 a gallon. Some car rental companies offer unlimited mileage. The trip the Hazeltons took through northern Bavaria can be done on a tank of gas. Travel agents can reserve rooms in the hotels Mrs. Hazelton mentions, but there are two quality hotel associations that also offer attractive lodgings. Romantik Hotels are an association of small, traditional country inns and restaurants. (Some of these inns are located in country villages with railroad stations and are ideal stopovers if you are traveling by train. GermanRail offers a high-value, 7-day train/Romantik Hotel tour through Bavaria and other parts of Germany.) German castles now converted into hotels are grouped in another association: Gast im Schloss. Reserve through a travel agent, but to decide which castle or inn you'd like to stay in, send for the Romantik Hotel and Gast im Schloss brochures which give descriptions and pictures (see page 122). For further information on touring through Bavaria, contact the German National Tourist Office, 630 Fifth Ave., New York, N.Y. 10021. ■

More cruises that leave from the U.S.

Mexico: Cruise around Mexico: you get the best of both the Pacific and Caribbean coasts on *Royal Viking's* 16-day cruise from San Francisco to Ft. Lauderdale. Stop in Los Angeles, Mazatlan, Puerto Vallarta, Cartagena (Columbia), Curaçao, Jamaica. Spend 3 more days on the Star, and you're in New York. *Princess* and *Sitmar* both offer similar 14-day cruises through the Panama Canal. All three lines also have 7- to 14-day cruises down the west coast of Mexico to Acapulco and back to Los Angeles. *Paquet's* 10-day cruise through the Caribbean takes you from Miami to Nassau, Montego Bay, Grand Cayman, then to Santo Tomas de Castilla (Guatemala), Cozumel and Playa del Carmen in Mexico. You can take day trips to the Mayan temples. **South America:** Circle the continent starting in Florida on *Royal Viking's* 64-day cruise. Sail through the Panama Canal and up to Los Angeles, where you can also pick up the ship. From there, it's 39 days around Cape Horn and back to Florida. For a shorter, 28-day South American jaunt, take the *Royal Viking* Sky from Ft. Lauderdale to Barbados, Devil's Island, Brazil (Recife, Rio de Janeiro, Salvador), St. Thomas, and back to Florida. Or start your cruise in Barbados on *Norwegian America's* Vistafjord (air fare from New York or Miami is included). Go on to Trinidad, cruise the Amazon in Brazil, stop at 5 ports on the Brazilian coast, and then head north to Devil's Island. Fly home from Barbados. **Alaska:** The best way to see the rugged Alaskan terrain is from a cruise ship—it's practically the only way to navigate through the ice walls formed by 16 glaciers that pour into Glacier Bay. Stops in Alaska: Juneau, Skagway, and Sitka. In Canada: Vancouver, Victoria, and Prince Rupert. Sail from Los Angeles or San Francisco on *Royal Viking's* Sea, *Sitmar's* Fairsea, or *Princess's* Pacific Princess. Or start in Vancouver on the Sun Princess or *Canadian Pacific's* Princess Patricia for a 7-day cruise. From Los Angeles, the trip takes 14 days, 12 from San Francisco. **Transpacific:** Go west: to the Pacific islands, the Orient, even Australia—you can cruise to them all right from the U.S. *Royal Viking's* 54-day cruise from San Francisco takes you to Hawaii, Japan, Shanghai, Hong Kong, the Philippines, the Mariana Islands, and back. A little farther south, go to Tahiti, Polynesia, Tonga, New Zealand, Tasmania, Australia, Fiji, Samoa, and Hawaii on a 45-day cruise. Another way to island-hop to Australia: *Princess's* 29-day cruise from San Francisco to Sydney. **New England and Canada:** *Royal Viking's* New England cruise starts at the mouth of the Hudson River, takes you up the New England coast, around Nova Scotia, down the St. Lawrence River to Montreal, and back. Two 14-day cruises in May; one in September: New York to Halifax, Gaspé, Montreal, Quebec, Bar Harbor, Boston, and Newport. **Around the World:** Cover 6 continents in 80, 91, or 100 days—or sign up for the leg of the journey to the corner of the world you want to see. *Cunard's* Queen Elizabeth 2 makes the famous 80-day journey a special event with 10th Anniversary celebrations on board. Extra bonus: fly free to Port Everglades, Los Angeles, or New York to meet the Queen; fly home free from New York or England. On *Norwegian America's* Sagafjord, it's a 91-day world tour from Port Everglades. Spend January in the Caribbean, February in the Orient, March in the Mediterranean, and be back in Florida in early April. (January is the departure month for all around-the-world cruises—by April they're home to the U.S.) For a full 100-day cruise, take *Holland America's* Rotterdam from New York. It goes around Africa to Cape Town (instead of through the Suez Canal into the Mediterranean) and up the coast of South America.

CLAIRE WHITCOMB



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Magnolia Soft Seats are durable, hygienic, and easy to install, (thanks to color-matched or coordinated top-mount hinges). Right now even the prices are soft, because you'll find them **promotionally priced** at home centers, hardware stores, department and other fine stores.



The Puffy Seat: 13 colors, (8 in tufted). Regular and elongated models.



New! Seats covered with leather-look Naugahyde® vinyl in Ivory, Carmel or Pecan.



New! Silk-screened, 4 designs, 5 colors.



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Arctic Lights: Kings & 100's

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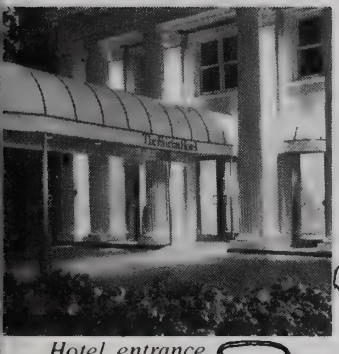
Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

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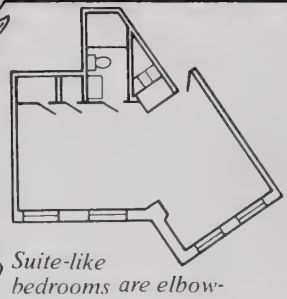
There's a small hotel with a new look and super luxury in Washington, D.C.

One of the sweetest secrets to know if you're visiting Washington, D.C., this fall: The old-new Fairfax Hotel. Until recently a traditional, unflappable residential hotel (not far from the White House in a section on Massachusetts Avenue full of houses, embassies, and museums), now an updated, redefined, luxury-minded small hotel. New owner John Coleman has figured out how to make you happy from the moment you arrive. The lobby: Dark green walls, white marble floors, two small reception desks, huge glass jars filled with pink gladiolus, no signs or commercial messages of any sort, not even a magazine stand (you can get newspapers from the front desk, the *Washington Post* comes to your door every morning). Miss Juster, who is usually standing by the front door to help as you arrive, will take on most problems and unknot them efficiently. Upstairs halls are wide, white with nice moldings, filled with highly polished, solid mahogany English reproduction furniture by Baker. The bedrooms are especially attractive. Rooms whose numbers end in 02, 01, or 06 are elbow-shaped because the hotel rounds a corner on the front. These offer a natural separation of bedroom and sitting room. Some have coral-orange rugs, green and red curtains with a swirling pattern, bedspreads of a red and Tyrolean green. On the coffee table, Godiva chocolates in a gold box, and flowers. Bathrooms have snappy new sinks, tubs, hardware; stacks of very white towels, several wash cloths, packets of Vitabath, and a new shower cap. And if you're lazy enough you'll never dine out while at the Fairfax. On the simplest level, room service is treat enough after a long day. One perfect nursery-like tray supper: Chicken salad made of slivers of chicken, little julienne of beans, zucchini, tiny peas, teeny cauliflower flowerettes, hot crusty bread, fresh juice, bottled water or wine. (Breakfast, also on a tray covered with red and white plaid tray cloth and napkins, comes with thermoses for hot drinks, a variety of muffins, rolls, croissants. Butter, marmalade, and Hero berry jam comes in a white three-part clover-shaped dish. Fresh orange juice, half grapefruits, sliced bananas, Swiss cereals, accurately cooked eggs—all as you specify.) For a perfect restaurant evening: The Jockey Club is one of the best restaurants in town, like a small 21 Club with good sporting pictures, red leather banquettes, dark wood. The manager comes from the Sans Souci, the French restaurant three blocks from the White House. A la carte ordering produces excellent "simple" food: Paillards of beef or veal, perfect lamb chops, broiled fresh fish, hot or cold fresh vegetables, fresh berries, pastries. Before or after dinner go sit in the Polo Bar, which is also just off the lobby. Designed by John Carl Warnecke Assoc. as a series of small interconnecting rooms, there's a choice of cozy places to sit, talk, or even telephone in privacy—several beige Princess phones plug in around the room. Banquettes are covered in batik, armchairs in leather, the walls with watercolors of horses, barns, race tracks, plus shadow boxes of Nantucket scenes. Settle in, you'll like it. For reservations, call 800 424-8008. Single rooms start at $65; double rooms, $102. New this fall, a weekend rate that includes a room for two nights, drinks in the Polo Bar when you arrive, a limousine to take you sightseeing or shopping for three hours on Saturday, dinner in the Jockey Club, or tickets to the theatre that night, Sunday brunch at the Jockey Club. $124 per person. N.R.

Attention to detail creates quality at the Fairfax



Hotel entrance.



Suite-like bedrooms are elbow-shaped; below, cozy corner in the Polo Bar.





Right, room service tray, gladiolus always found in the lobby.

HORST



TWA's Red Sea Cruise lets you soak up Egypt while you soak up the sun.

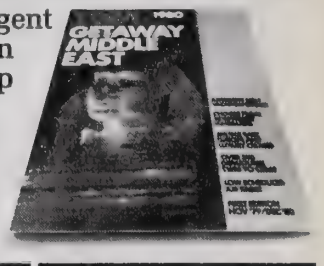
Seven days on the Red Sea, four days in Cairo.

See the Sphinx and Cheops' tomb. Tutankhamun's gilded chariots and Cairo's medieval bazaars.

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continued from page 112

Finding things for your house

If you're in France for a vacation, there's a little detour you might want to make which could yield some delicious, high-quality additions to your linen closet—for half their going price in Paris or New York. D. Porthault, Inc., has a factory in the little French town of Cambrai, a 2-hour drive north from Paris toward the Belgian border. The Autoroute du Nord takes you almost in a straight line from Paris to the Cambrai exit, and Porthault's small workshop-factory is 3 miles farther on in Rieux-en-Cambresis.

We made the trip, having written ahead to Mr. Hanotel, the head of manufacturing, 59277 Rieux-en-Cambresis, to say the day we were coming. We knew we had to arrive before noon or after 2 P.M. since the whole factory bikes home for lunch. With French flourish, Mr. Hanotel showed us looms where sheets were being made of prized long-fiber Egyptian cotton. At individual sewing machine tables, five or six women were making a curlicue quilting called "vermicelli." In the works that day: A thin-thin white quilt with pink stitching and a scalloped border in pink. Afterwards, we saw a storeroom full of floor-to-ceiling racks where stacks of towels in all colors were arranged like a giant color spectrum from pale to dark. Then, another big room full of treadle sewing machines where the women were appliquéing pillowcases and white top



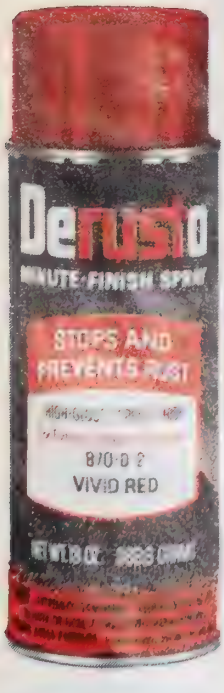
Table arrangement of Porthault designs: Tablecloth, place mats, napkins, china.

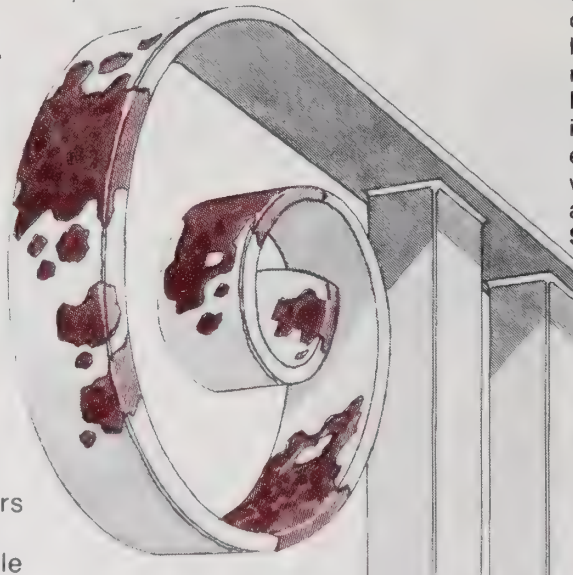
sheet borders in wavy patterns, fleur-de-lis, and curly initials—in contrasting solid colors. Two women were ironing the finished sheets on long, very clean padded tables using big, heavy, old-fashioned irons. Just to see the sheets and tablecloths being folded (they come in all-cotton, all-linen, and a cotton blend) was a pleasure. All the windows in the factory were open; it was summer, the

Continued on page 119

You'll have to take care of rust now or later...

and when that time comes, you'll want **Derusto Minute Finish Spray.** Derusto puts a special rust-inhibitive primer in the color. That means each application primes, beautifies and gives extra protection against corrosion. You can use it to renew rusted lawn furniture, wrought iron and mowers. It dries quickly to an attractive high gloss, and there are 17 colors plus white to choose from. It's also available for brush-on application.





Derusto makes other special paints for your needs. To prime and protect gutters and downspouts, apply **Derusto Galv-A-Grip™.** It covers in one coat. And it won't crack or peel like ordinary paint. To prevent or stop rust on metal surfaces, use **Derusto Protective Coating.** The built-in, rust-inhibiting primer lets you protect with each semi-gloss coat. To renew rusty, weathered barbeque grills and hoods, ask for **Derusto Barbeque Black Spray.** A special heat-resistant paint, it dries quickly to a black matte finish.



and when you do... all you gotta know is

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Why does Pennsylvania House put so much work into a part of this wing chair you won't even see?

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-date in this "here today, gone
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ght ways for more support. Longe
e. We still join the back and side
il of each chair to the frame with
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At Pennsylvania House we hand-tie springs in this wing chair eight ways. Why? So that you'll have more support. So that the chair will last longer. Springs are balanced, too. And the chair frame is solid hardwood. That's what we mean by quality. And value.

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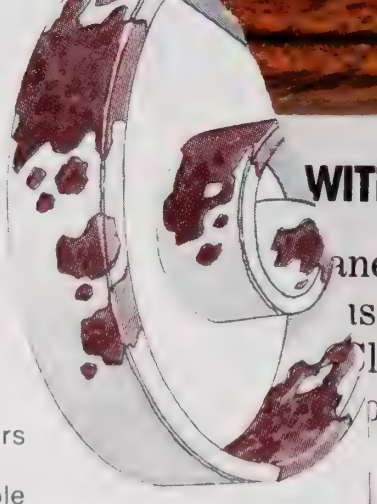
...ut what you're seeing is the ...eauty of the wood.

You'll ha... now or lat...

and when that time comes, you'll want **Derusto Minute Finish Spray.** Derusto puts a special rust-inhibitive primer in the color. That means each application primes, beautifies and gives extra protection against corrosion. You can use it to renew rusted lawn furniture, wrought iron and mowers. It dries quickly to an attractive high gloss, and there are 17 colors plus white to choose from. It's also available for brush-on application.



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continued from page 116

breeze smelled like the fields and Mr. Hanotel's garden next door. I was ready to order twice as many things as we needed. With desires curbed, however, we placed an order and heard we could return at any time after a week to pick the things up. (The little shop at the factory always has tray cloths and napkins, a few tablecloths with napkins, printed linen hand towels, and other accessories that make wonderful presents.) If you are going to place a special order for sheets or tablecloths, specify the size you need in inches or centimeters. You can choose precise colors and patterns there. (Also ask for a copy of the order that confirms the prices.) Remember that a French parure or bedset means a flat bottom sheet, top sheet, blanket cover, long bolster case, plus pillowcases. You may want to order only a decorative top sheet and pillowcases. Be sure to specify pillowcase sizes.

Ten days later, after a lazy driving tour that took us on a sightseeing and restaurant spree through Alsace, down into Switzerland, back to Lyons, and north again, we returned to Cambrai and paid (by check) about 50 percent less than we would have at Porthault in New York or Paris. These excursions have the blessing of the Porthault family (see House & Garden, July '77), since they feel that anyone who is willing to make two visits to the factory deserves to buy at factory prices. (U.S. Customs charges 4 percent duty on plain and patterned linen items, 9½ percent on plain and patterned things that are predominately cotton. Appliqué work and embroidery on cotton is 34 percent; on synthetics, 42½ percent.) For further information, write Mr. Aferiat, the president of Porthault U.S.A., 57 East 57th St., New York, N.Y. 10021. The shop in New York offers three floors of bed and bath linens, plus accessories. If you are in Paris, Porthault at 18 Avenue Montaigne is certainly worth a special visit. Displays give fresh ideas for beds, party tables, towels. (The French tend to like the Porthault solid colors, and Americans tend to like the patterns, says Mr. Aferiat.) Also in the Paris shop: Baby Porthault—little dresses and suits made from Porthault fabrics.

How to go: To trim the cost (but not the quality), we bought travel "packages" for every aspect of the trip before we left. That meant a TWA APEX fare to Paris, which was tied in with a car rental from Hertz (it's called a fly-drive), plus "package" accommodations in several of the Relais & Châteaux Association's hotels. (The U.S.A. has no equivalent of the Relais group, which is an association of country inns, hotels, and converted châteaus with the highest hotel standards. It is now possible to make reservations and buy a several-nights Relais Tour through Two World Tours, 245 Park Ave., New York, N.Y. 10017, 800-221-4547, or 212-687-3723 in N.Y. state.

Best bet for lunch near the Porthault factory: La Marotte, a renovated barn with flowers planted in the mangers and a simple menu. ■

NANCY RICHARDSON



After dinner magic. Sambuca Romana, the spectacular liqueur, imported from Italy and the favorite Sambuca in the entire New World. Serve it with coffee beans Con Mosca, as a cordial, in espresso or American coffee. For 57 other ideas. get our new recipe booklet. Write Palmer & Lord, Ltd., Syosset, NY 11791. 84 Proof.

Sambuca Romana. The Sambuca of Rome.

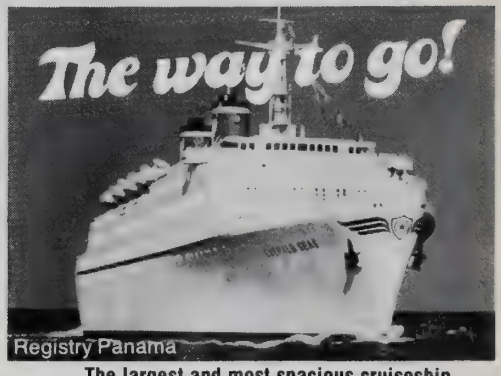
Booklets to help you plan your trip

1. Take a weekend trip to Washington, D.C.—the special Friday to Sunday rates at the **Fairfax Hotel** make a stay there more enticing than ever. Regular and weekend rates (choose from several special plans) are listed, along with all the facilities the Fairfax has to offer.

2. Spend the night in a castle—or just have lunch or dinner there. **Gast im Schloss** (Guests in Castles) lists 73 castles, like the 12th-century Burg Hirschorn that towers above the Neckar Valley, and Zum Hirsch with thermal baths in Baden-Baden. Includes prices and facilities at each.

3. What's a Romantik Hotel? One of 53 historic hotels tucked across Germany—each known for good food and owner management. **Romantik Hotels and Res-**

Continued on page 122



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These sheets are not just a fond memory. They still exist at Wamsutta. There is Supercale and there is Supercale Plus.

Supercale is the original luxury bed linen. Since 1849, Wamsutta has made these all-cotton percale sheets. And we never stopped. And the quality never stopped.

Supercale bed linen is still woven of 200 intricate threads per inch. It's still pure cotton, with the feeling of ultimate luxury that only natural cotton offers. Supercale is still the finest of fine bed linens.

Supercale Plus is the only 200 count percale in existence that blends 50% Fortrel® polyester with 50% combed cotton. Thus it has a wonderful no-iron ease and a matchless lush texture.

Both Supercale® and Supercale Plus® bed linens are available ready-made. Or custom-made to fit any bed of any size. In an assortment of exquisite trims ranging from monograms to lavish Swiss and Schiffli embroiderings. In the prettiest colors and patterns that ever dressed a bed.

There are no bed linens today that are comparable to the Supercales. And they come to you lovingly finished. And carefully folded. In packages tied with beautiful ribbons.

Experience the Supercales. The luxury of yesterday for today.

The Supercales
Wamsutta® BedCouture

Bed linen shown: Nature's Pinstripe in pure cotton.
Wamsutta Mills, Div. M. Lowenstein Corporation, 111 West 40th St., N.Y., N.Y. 10018

continued from page 119

taurants puts all 53 on the map and tells you how to rent a car from Auto-Sixt. Sign up for a "Go as You Please" travel plan and get 2 weeks' worth of hotel vouchers to use where you want. The Romantik Hotel people will book your reservation the night before, free.

4. Germany by GermanRail: Take a Romantik Hotel Tour by train and get 7 tickets, each for a night at 7 charming hotels in Germany, plus a GermanRail Tourist Card good for 9 days of unlimited rail travel. Your rail pass entitles you to some free bus transportation, discounts on ferries, river steamers, and round-trip train fare to West Berlin. Three suggested itineraries included.

5. Lufthansa's **Europe Your Way** tours offer bargain air fares, plus low-price car, rail, and camper travel plans. With the Room Service Plan, you can reserve lodging at castles and historic inns before you leave the U.S. Another option: preplanned driving tours.

6. Take a drive through Grimm brothers' country (stop at Sleeping Beauty's castle), hike through the Franconia forest, visit the magnificent Cologne cathedral—**Happy Days in Germany** tells you what there is to do in each region.

7. Take an Italian cooking course and cruise to the Caribbean at the same time. **Costa** also offers more special programs on its 10- and 11-day Caribbean cruises: A "Wines of Italy" cruise and a bridge cruise. The Costa catalogue lists the routes through the Caribbean—you can also get a brochure on its theme cruises.

8. Take a historic house tour through the South by riverboat—**Delta Queen Steamboat Company's** Mississippi Queen and Delta Queen sail from St. Louis, St. Paul, or Cincinnati and head down the Mississippi River to New Orleans. Stop at old plantations along the way. The longest trip is 15 days, but you can select a segment as short as 3.

Juan on a 1-week cruise with the Princess or the Countess—or combine the trips in a 2-week cruise to 11 different ports. A special in April, May, June, September: One free week at one of three resorts after a week's cruise.

10. The Emerald Seas, **Eastern Steamship Lines'** Caribbean cruise ship, sails Fridays and Mondays from Miami to Nassau and Freeport. Sign up for a 3- or 4-night cruise.

11. To the Orient via Alaska: **Holland America's** 29-day cruise from Vancouver to Singapore. Or fly to Singapore and cruise through Indonesia for 7, 10, or 14 days. Information on Holland America's cruises comes in 5 booklets: Bermuda, the Caribbean, Trans-Canal, Orient/Alaska/Trans-Pacific, and Around the World. You get them all.

12. An excellent way to see the lesser-known Pacific islands is to book a tour on **Linblad's** 92-passenger ship, Explorer. You can take a 20-day trip through **Polynesia** or a 30-day voyage through **Micronesia**. Experts lecture on board. An Explorer first: A 25-day cruise to **China**. Sail from Manila to Shanghai, make extensive mainland excursions, including a flight to Peking. Cruise to Japan and fly back to San Francisco. All three booklets included.

13. Perhaps the most spectacular cruise available is a summer trip through the glacier-carved fjords of Norway. **Royal Viking** offers a 14-day cruise round-trip from Copenhagen, plus cruises all over the world.

14. Where to stay in France: the **Relais et Châteaux** catalogue has pictures of some of the best country hotels in France. It includes the names of proprietors, addresses, telephone numbers, prices, and service.

15. Find out about all the places Sitmar cruises to—Alaska, the Caribbean, the west coast of Mexico, and the route through the Panama Canal—in the **Sitmar Experience**.

ORDER COUPON FOR BOOKLETS

Circle the number of each booklet you want. Add $1 for postage and handling. Do not send stamps. Allow up to 4 weeks for delivery. Mail to HOUSE & GARDEN, Dept. 9A, Box 3579, Grand Central Station, New York, N.Y. 10017.

1 2 3 4 5 6 7 8 9
10 11 12 13 14 15

Name _____
(Please Print)

Address _____

City _____ State _____

Zip # _____

Offer expires 1/15/80

"It's a Mannington," says Ed McMahon. "The only no-wax floor that doesn't need a redressing. Ever."



"There are lots of beautiful no-wax floors you can buy. But only one will never need a vinyl redressing. Never.

"That one is a Mannington with the exclusive JT88® wear layer.

"All other sheet vinyl floors require a vinyl redressing when the gloss wears off in high traffic areas. But the fabulous JT88 wear layer keeps protecting your Mannington year after year . . . so the freshness and shininess stay locked-in.

"If it's a Mannington, it has to be easy to take care of. How . . . easy . . . is it? Ask the McMahon who owns one.

"All you have to do is sweep, mop and enjoy your Mannington. And, if you want even more sparkle and gloss, an occasional buffing brings back the like-new shine.

"Actually, the hardest part is choosing from the almost 300 gorgeous colors and patterns in the magnificent Mannington collection.

"But, nobody said it would be *that* easy."

mannington
FLOORS FOR EASY LIVING

Mannington Mills, Inc., Dept. 109, P.O. Box 30, Salem, NJ 08079
Over 60 years of fine flooring.
Others by Wellco Carpet Corp. a wholly owned subsidiary.

® Mannington Mills, Inc. © Mannington Mills, Inc. 1979


Mannington's Lustrecon,
Chesterton, Pattern 6087, Oak
IT MANNINGTON.



Craftsman II.
What the well-dressed room will be wearing.

Weldwood® Craftsman II® is genuine hardwood paneling. Which means it wasn't just made. It was created.

From the world's choicest hardwood trees, distinctive veneers are hand selected for Craftsman II. In 12 striking styles, from rich Peruvian Rosewood to mellow Clear Birch.

Each panel is an original, finished to a fine furniture gloss. Tailored to luxury far beyond its modest price tag.

The point is this: you needn't be exceedingly well-heeled to make a room well-dressed. Just smart.

FREE OFFER: Buy ten panels of Craftsman II genuine hardwood paneling, and get your choice of a Rockwell® power drill or jigsaw. Free.

Watch your local newspapers for ads announcing this offer in your area.* Or contact your local Champion Building Products® sales office for the name of your nearest participating dealer.



Weldwood® PANELING

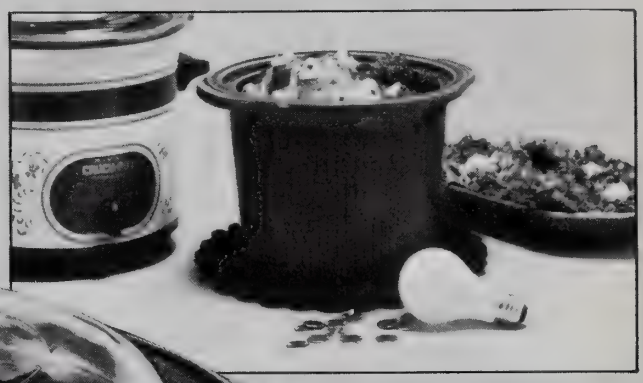
© Champion International Corporation 1979

Champion Building Product
Champion International Corporation

Unrivaled.

There's no cooker like our slow cooker.

Unrivaled time-saver.
The Rival Crock-Pot® slow cooker has dinner ready for you when you come home. It's so easy. Just fix your meal in the morning. The Crock-Pot cooks all day while the cook's away. For up to 12 hours without tending or timing.





Unrivaled work and energy saver.
Lift-out stoneware bowls let you fix-ahead, cook the next day, and serve from the same bowl. Then, pop it in your sink or dishwasher.

The Crock-Pot cooks all day for pennies. It uses no more electricity than a light bulb.

Unrivaled money-saver.
Start with economical cuts like chuck or flank steak, short ribs or chicken. Low, slow cooking turns them fork-tender and delectable. And into gourmet meals like Beef Stroganoff, Sweet 'n Sour Ribs, and Chicken in Wine. So you don't have to rush or spend money for fast food when you'd rather relax and enjoy a good home-cooked meal.







Unrivaled flavor.
Unhurried, even cooking does wonderful things for meat and vegetables. You'll cook tender roasts, hams, casseroles, delicious soups and stews, even desserts. And there's a free 84-page cookbook with every Crock-Pot, filled with unrivaled slow cooking recipes.

There's no cooker like a slow cooker, and no slow cooker like the Rival Crock-Pot. Now in new designs and colors, and sizes from one to eight quarts.

RIVAL® CROCK-POT®
STONEWARE SLOW COOKER

RIVAL makes things better for you.™

Correctol®
the
gentle laxative
so many women
are using today.

Today, more than ever, there's something special about being a woman. You give so much and you do so much. Yet, some days, you don't feel your best because of irregularity.

Then, like so many women today, you take Correctol, the modern, gentle laxative.

Correctol's special formula combines a mild laxative with a softening agent. Its gentle, overnight action helps you feel like yourself again. Read and follow label directions. And next time, try Correctol. The modern, gentle laxative.



PROBLEM-SOLVING DECORATING

How to choose a floor that's right for the way you live

BY CATHERINE ETTLINGER

A pro and con guide to a variety of floor materials and coverings

You walk on them, sit on them, dance on them—but have you ever really thought about your floors? If not, you might stop to consider: Is my floor practical for the way I live? Am I getting the best quality for my money? Will it last? Does it set a mood—or fit the mood I want?

Choosing the proper floor means answers to these, and many more, questions. Read on and you'll be able to choose among wood, ceramic tile, vinyl, stone, terrazzo, brick, cork, and rubber floors. Plus, you'll learn how to choose carpets by fiber: Do you know the differences between nylon, polyester, and wool? You'll learn just what to buy—and what you're getting for your money. (All prices are approximate and, unless otherwise stated, do not include installation costs. In some cases, buying in large quantities may lower costs.)

Before you choose your floor, consider the condition of your subfloor. Unless it's smooth and generally free from major flaws, in most cases, it will have to be repaired or replaced.

Whatever floor you finally settle on, be sure to follow the manufacturer's instructions for care and maintenance. And, very important—always deal with a reputable retailer.

WOOD

A natural material with a wonderful warm look. Available in many types, grains, and colors; in a variety of lengths and widths; and in parquets (inlaid strips of alternating-grained wood pieces). Some of the most desirable are hard white and red oak, which can be purchased for about $1.25* to $4 a square foot. Other good choices are maple or walnut, which cost about $2.50 a square foot, and prefinished wood for about $1.50 to $5 a square foot.

*All prices approximate

Pros

Long lasting.
Easy day-to-day maintenance includes dusting or vacuuming. Periodic waxing and buffing is required if wood has not been permanently prefinished.
Good thermal insulator.
Wood is versatile and can be refinished by staining, bleaching, polyurethaning—even stenciling or painting.

Cons

Does not resist water and may be impractical for kitchens or bathrooms unless it's sealed with a special polyurethane coating.
Stains if not sealed (surface finishes such as urethane and varnishes work for kitchen floors; wax finishes are more natural-looking, though, and allow the wood to breathe).
Not a good sound insulator.
Certain veneer parquets can't be scraped or bleached.

CERAMIC TILE

Fired-clay products that may be glazed or unglazed. Tile may be earthy and natural looking; sleek and clinical; patterned; decorative. Available in unlimited colors. Cost: $1 to $9 a square foot.

Pros

Long lasting.
Easy to maintain with a damp mop or, if waxed, with a dry mop.
Water resistant.
Damaged areas easy to replace with new tiles.

Cons

Hard surface—objects dropped on it can break.
If tile is not laid properly, tile can break.

BRICK

Baked clay materials (either pure or mixed with sand or lime) that have a rugged, rustic, natural look. Cost: About $1 a square foot.

Pros

Long lasting.
Easy to maintain by sweeping.
Good thermal insulator: retains heat and can be used as part of a solar collector system.

Continued on page 128

ISN'T IT TIME YOU KNEW AN EXCITING DRINK TO ORDER?

—INSTEAD OF TAKING A MAN'S SUGGESTION



I USED TO SKIRT THE ISSU[E] TO ORDER – DEFERRING TO MY MALE COMPANION'S
IMAGINE HOW HAPPY I W[AS] DRAMBUIE OVER ICE FOR MYSELF –
AND BREAK WITH TRAD[ITION] SIPPED IT SEEMS LIGHTER AND SUBTLER
THAN THE DRINKS A MA[N] TIME YOU'RE ASKED
WHY NOT ORDER DRAM[BUIE] BECAUSE IT'S AN
EXCITING DRINK. BECA[USE] COURAGEOUS MOVE

DRAMBUIE OVER ICE



FLOORS

continued from page 126

Can be used indoors or outdoors.

Cons

Hard floor surface.
Uneven floor surface that may be uncomfortable for walking or standing.
When exposed to moisture, sulfates from a mortar or concrete subfloor will rise to the surface forming a white powder that has to be swept away. So, in a kitchen or bathroom, brick needs a sealer (any synthetic floor wax will do).

STONE

Natural materials (including slate, marble, and flagstone) that can be earthy in appearance or very refined, bold in scale. Can be used in either rustic or formal decorating; may be laid in patterns. Cost: About $1.75 a square foot for ¼-inch-thick slate; $2.50 to $7.50 a square foot for marble (or about $25 a square foot for pure white marble); $1 to $2 for an 18-by-30 inch flagstone. Most stone floors should be professionally installed.

Pros

Long lasting, durable.
Easy to maintain with damp mop or broom.
Resists dampness and humidity.
Good thermal insulator.
Can be used indoors or outdoors.

Cons

Hard floor surface.
Porous materials that can stain.
Reflects sound.
Chips and cracks are difficult to repair.

TERRAZZO

A slick or pebbly floor of granite or marble chips imbedded in mortar. Should be professionally installed.

Pros

Long lasting.
Maintenance includes damp-mopping, occasional resealing.
Good thermal insulator.
Can be used indoors or outdoors.

Cons

Hard floor surface.
Difficult to remove.
May absorb stains and should be sealed with a sealer (synthetic floor wax will do).

VINYL

A man-made resilient material. It comes in sheets or tiles in a wide variety of colors and patterns with matte or glossy finishes. Vinyl is often available with no-wax surfaces that retain their shine without waxing. Sheet vinyl is available with varying degrees of cushioning (the more cushioning, the more comfort underfoot and the better the sound insulation). Both features affect price. Cost: Sheets—$5 to $19 a square yard; tiles—40¢ to $5 a square foot.

Pros

Long lasting.
Easy to maintain with a damp mop and, sometimes, waxing.
Water resistant.
Good sound and thermal insulator.

Cons

Can be dented or scratched by heavy objects.
Material may fatigue with heavy use and as time passes.

CORK TILE

A natural resilient material in natural colors. Cost: $1 to $4 a square foot.

Pros

Wood product that repels termites.
Good sound and thermal insulator.
Individual tiles can be replaced.

Cons

Not durable.
Low water resistance.
Difficult to maintain: porous surface absorbs dirt; requires regular sweeping, damp mopping, and waxing or buffing.
Can be dented.

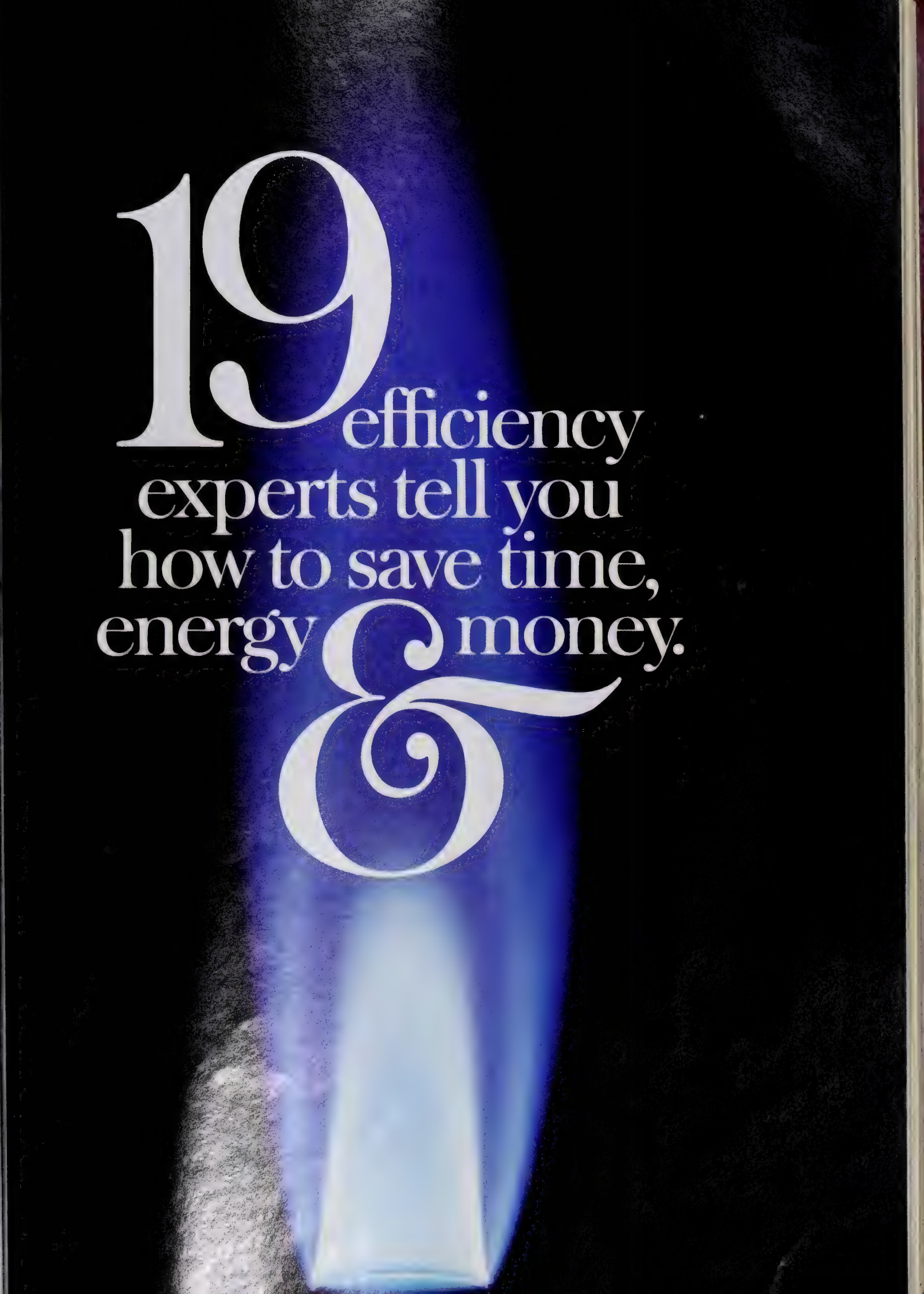
RUBBER

A resilient elastic material with an industrial look. Available in a variety of colors and textures. Cost: $2 to $4 a square foot.

Pros

Long lasting.
Maintenance includes mopping.

Continued on page 139


19 efficiency experts tell you how to save time, energy & money.



Magic Chef® TouchMinder. With the touch of a finger, tell the solid-state TouchMinder when you want dinner ready, and how long to cook. It calculates the time meal should start, automatically turns oven on. Oven shuts off when done. And it's self-cleaning, too.

The Tappan Convectionaire® has an oven/broiler that cooks with high-speed hot air currents. Food starts cooking immediately. With the convection principle and pilotless ignition, this range uses up to 40% less gas and cooks up to twice as fast, compared to a conventional pilot-type range. Upper oven is microwave.



6 Efficiency Experts on cooking New Gas Ranges & Ovens.

Automatic features on these new gas appliances do a lot of your work for you. So, you save time as well as effo

You save energy, too. All these gas ranges have automatic pilotless ignition, which alone can cut g use up to 30%. Additional energy-saving features,

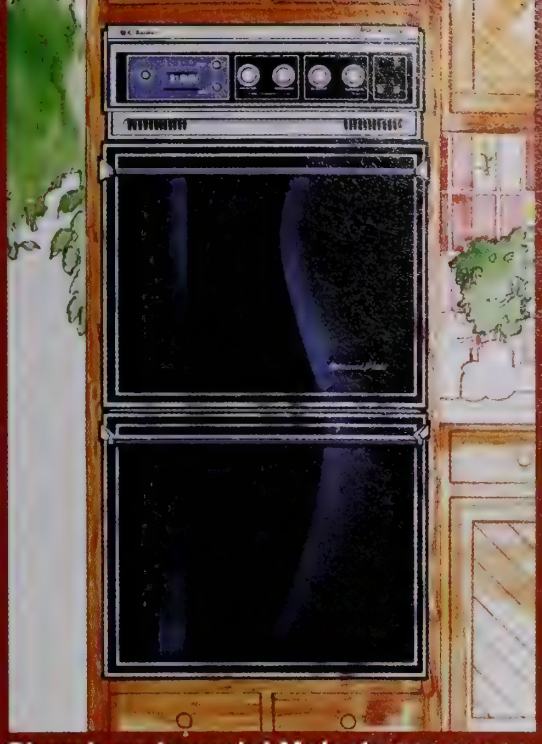
That means you save money. In fact, compare to a standard gas range, new efficient models can save you up to $100* in operating costs over a 13-year period. It's called your Energy Savings Payback.

Talk to your local dealer or gas utility to learn more about these new efficient gas ranges and ovens.



*Government test procedures were used to determine all operating costs

Gas: The future belongs to the effici



Chambers Imperial Majesty gas ovens. For those who want the beauty of built-in ovens. Single or double models feature pilotless ignition, continuous-cleaning, and Retained Heat,™ which uses oven warm-up and cool-down as cooking time. It all saves gas.



The Hardwick gas/microwave combination has an eye-level microwave oven. Plus a gas cook top for precise heat control. And down below, a fully insulated gas oven that cleans itself while you cook. Solid-state pilotless ignition saves you gas.



The Caloric™ co [illegible] **One great idea** on top of ano[illegible] microwave oven. Lower self-cle[illegible] oven—with timed-control syste[illegible] rotisserie. Exclusive Ultra[illegible] cooks faster than a regu[illegible] pilotle[illegible] gas.

Roper gas range. Automatic time control turns the lower gas oven on while you're away, off when your roast is done. Automatic temperature control turns the upper microwave oven off when your food is done. Waist-level broiling, continuous-cleaning oven.



4 Efficiency Experts on hot water-New Gas Water Heaters.

If you're like most families, you use about 450 gallons of hot water a week. And most families heat that water with natural gas. Not surprising. A gas water heater, properly sized for a family's needs, gives everyone the hot water they want.

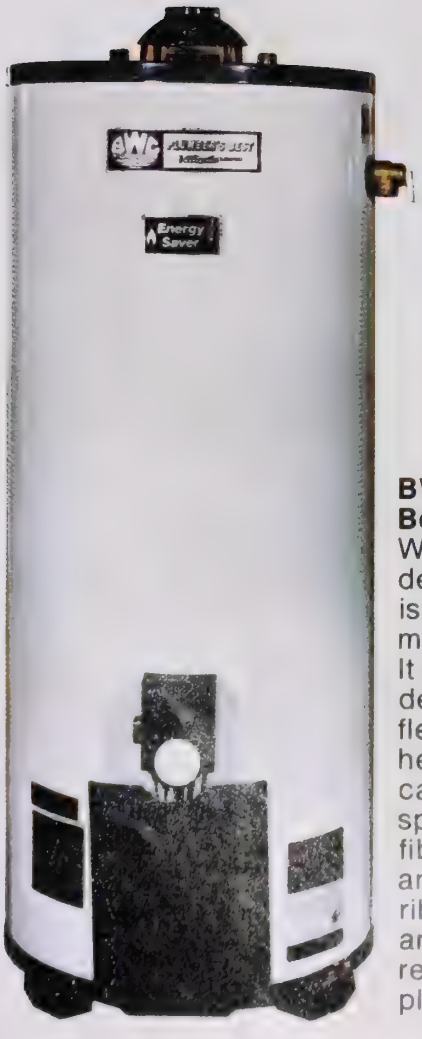
Besides, gas is America's most efficient energy system. And it's most economical.

These new energy-saving gas water heaters make gas even *more* efficient. They have increased insulation to keep heat from escaping. Other energy-savers, too.

They can give you an Energy Savings Payback of up to $260* over a 10-year period, compared to a conventional gas water heater.

Contact your local dealer or gas utility to learn more about these new efficient gas water heaters.

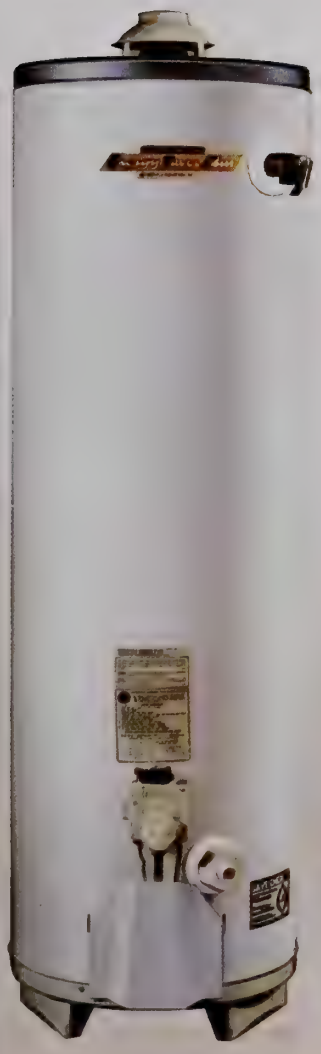
*Government testing procedures were used to determine all operating costs



BWC Plumbers Best. Bradford-White Corporation's deluxe water heater is engineered for maximum efficiency. It features a re-designed flue baffle, superior gas heating system with cast iron burner, special high-density fiberglass insulation and extra-strength ribbed jacket. Sold and installed by registered master plumbers.



Rheemglas® Imperial Energy Miser.™ It gives you the hot water you need yet uses less energy than standard models. It has double-thick insulation, a new gas-saving flue baffle design, and a low-input pilot. Look for your Rheem dealer in the Yellow Pages.

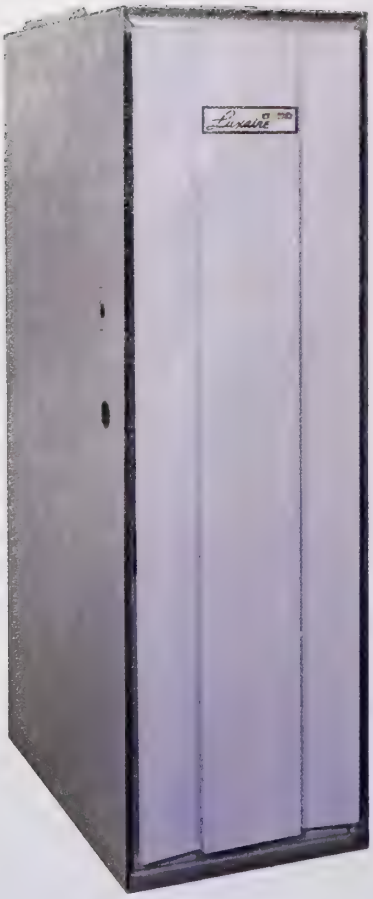


Energy Saver Plus™ by Mor-Flo® offers efficient design and heavy insulation for hot water—at reduced operating costs. The month-to-month savings in energy costs could add up over the years to more than pay for the unit's initial cost.



State SuperLife, with the efficient Multi-port Burner and super-efficient foam insulation, gives you top performance and long-term value. Meets the government's toughest efficiency standards. Ask your State SuperLife dealer about the gas you'll save.

Gas: The future belongs to the efficient.



The Luxaire deluxe gas furnace offers you clean modern design and fuel-saving efficiency. The pilot light is automatically turned off when the burners are off. Fully insulated for less heat loss and noise. Built for total heating comfort, efficient operation.

6 Efficiency Experts on climate control-Gas Heating & Coolin Systems.

Over half the homes in America are heated by natural gas. Not only is it clean and dependable it's also the most efficient of all the major energy systems.

New gas-heating and cooling units are design to make the most of the gas they use. Energy-saving features of a new gas furnace, for exampl can save you up to $980* over a 17-year period, compared to a conventional gas furnace.

Check your local dealer or gas utility for deta on new efficient gas equipment.

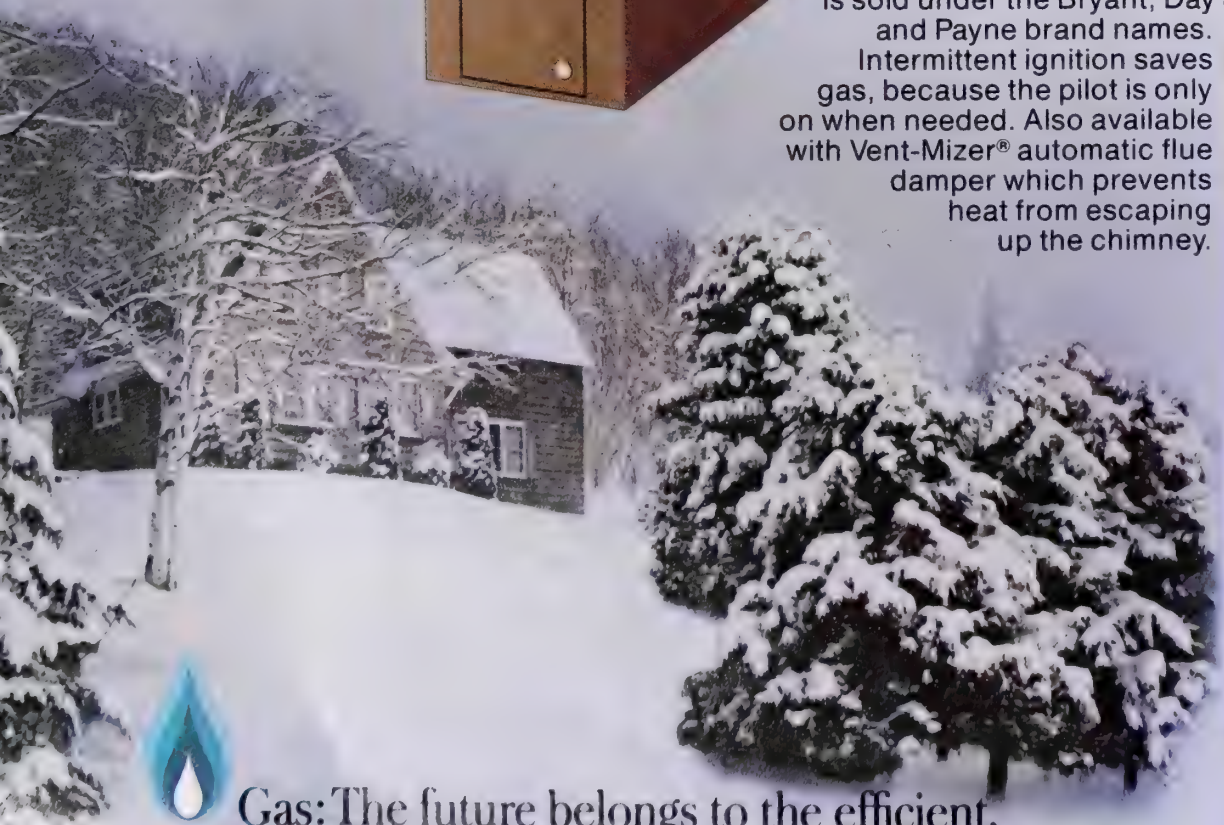
*Government testing procedures were used to determine all operating costs.



Modutherm heating boiler from Teledyne Laars has flame modulation and an Energy Monitor as standard equipment—puts all the heat into the system. None is wasted. Modutherm uses only as much gas as needed, and only when needed. Low-input pilot burner, low cost, compact design.

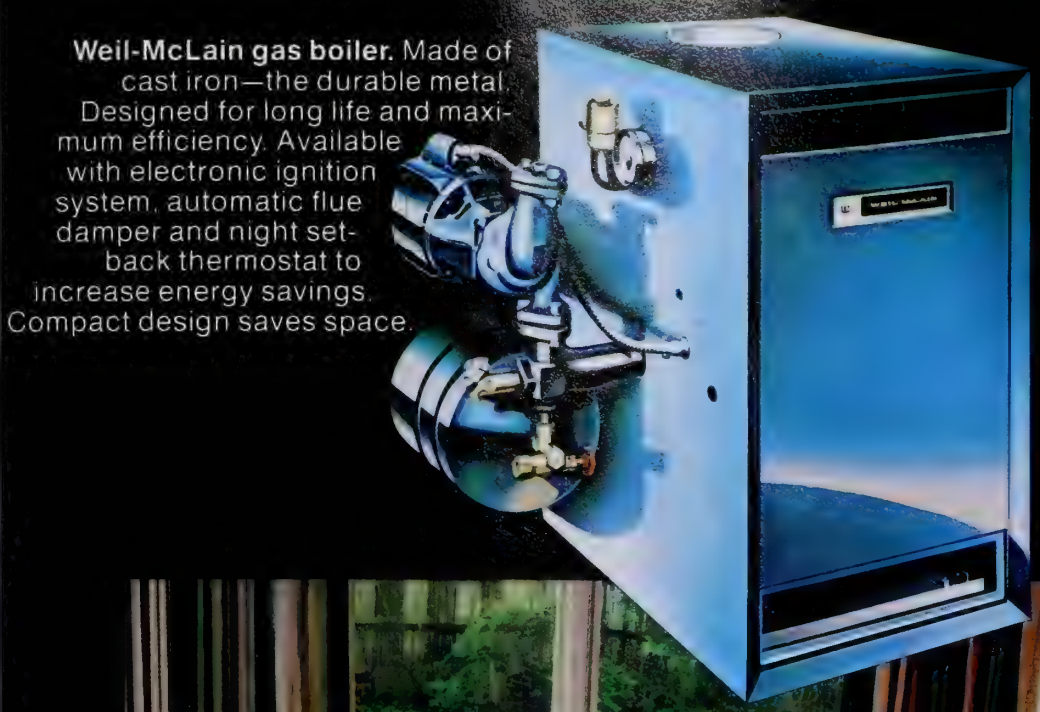


Model #397G deluxe gas furnace is sold under the Bryant, Day & Night, and Payne brand names. Intermittent ignition saves gas, because the pilot is only on when needed. Also available with Vent-Mizer® automatic flue damper which prevents heat from escaping up the chimney.



Gas: The future belongs to the efficient.

Weil-McLain gas boiler. Made of cast iron—the durable metal. Designed for long life and maximum efficiency. Available with electronic ignition system, automatic flue damper and night set-back thermostat to increase energy savings. Compact design saves space.





Williamson Five-in-One.™ Total comfort system heats, cools, humidifies, de-humidifies, cleans air. The heating's done by energy-efficient gas. Standard equipment includes day/night set-back thermostat, automatic ignition pilot. Optional automatic vent damper.



...k= Servel® gas air conditioning. ...utside unit cools efficiently, economically. Pilotless ignition saves millions of Btu's a year over previous ...els. Built with a long-lasting chrome ...and because it's gas, there are ...ewhat out.

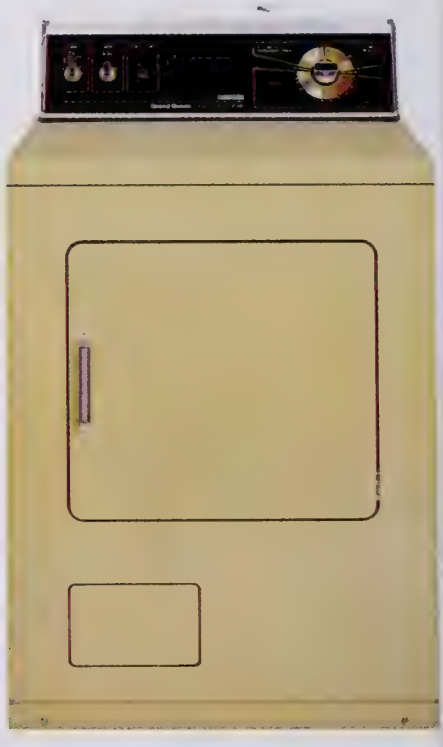
3 Efficiency Experts on drying-New Gas Dryers.

Speed and gentleness to your clothes are two major advantages of a gas clothes dryer. Yet gas costs you less. You can save even more with new energy-efficient gas dryers. They can give you up to a $60* Energy Savings Payback over a 10-year period, compared to a conventional gas dryer. Talk to your dealer or gas utility for more information on new efficient gas dryers.

This Maytag Big Load gas dryer is a four-cycle model featuring Auto-Dry convenience. Auto Perm Press and Auto Regular measure exhaust air temperatures and shut the dryer off when clothes reach the dryness selected. Comes with gas-saving pilotless ignition, and famous Maytag dependability.







This Speed Queen® gas dryer has a larger cylinder so it handles 20% bigger loads than previous models. Yet it saves space—the narrower cabinet fits into tighter places. Saves energy, too, with glow bar pilotless ignition. Less energy, less space, more drying capacity—that's a more efficient dryer.



This Whirlpool gas dryer has pilotless ignition to help save gas. Solid-state touch controls give you the proper heat and degree of dryness you prefer. And Whirlpool features Finish Guard® to help prevent wrinkles in permanent press fabrics. Extra-large drying drum, full-width hamper door. (Model LHI 9801)

*Government testing procedures were used to determine all operating costs.

Gas: The future belong to the efficient.

You can see that efficient gas appliances give you more for your money. And gas is expected to remain your most economical fuel far into the future.

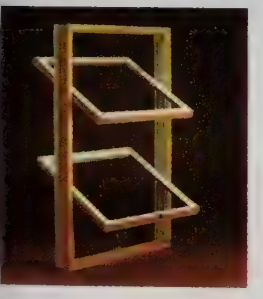
America's vast underground gas supplies, along with new sources and technologies, could provide efficient gas energy for generations to come.

AGA American Gas Association

Pella wood windows... traditional styling with contemporary convenience.



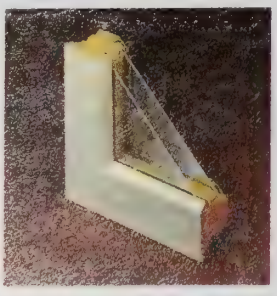
ella offers the best of both worlds . . . the charm and dignity traditional design with ease of maintenance made possible ' modern materials and engineering. Authentically proporned glass dividers, made of solid western pine, snap in for a most traditional multiple windowpane look . . . snap out for easy washing or painting. Still other important Pella features are described below. All in all, Pella has more to offer than any other wood double-hung window available.



easy to wash. Each sash ots at its center point, so e weight of the window is pported and balanced. utside glass can be shed from inside the om. This makes window shing easier and safer.



More insulation for energy economy. Pella's Contour Glass Insulation System, with its [illegible] between [illegible] outperf[illegible] ed insulating [illegible]



Aluminum exterior needs no painting. Pella offers an optional jacket of protective aluminum cladding in a choice of colors outside, with the beauty and natural insulation of wood inside.

Only Pella offers it all.



FREE. 16-page "Window & Door Ideas" book for traditional and contemporary homes. Tells you everything you need to know about window types and how each works, window treatment in various architectural styles, and important considerations in window placement and selection. Also contains information on how to eliminate screen and storm chores, reduce fuel costs and outside maintenance. Because Pella Windows are unique, they're sold only through Pella Planning Centers. The one closest to you is in the Yellow Pages under "windows".

Please send me a copy of "Window & Door Ideas".

☐ I plan to build. ☐ I plan to remodel.

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FLOORS

ontinued from page 128

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ons
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Carpets

The thicker and denser, the better the arpet. Correct padding extends carpet ife, adds comfort, and insulates against oise, heat, and cold.

WOOL
A versatile natural fiber that's velvety, oft, comfortable, and luxurious looking; ut it can also be firm, twisted, and flat. Cost: $35 to $125 a square yard.

Pros
Long lasting.
Easy to maintain with a vacuum cleaner.
Good resilience.
Dirt and flame resistant.
Naturally nonabsorbent.
Good sound and thermal insulator.

Cons
Stains may attract moths.

SISAL, COCOA MATTING
Natural fibers with an informal, baskety ook. Cost: $4 to $15.50 a square yard.

Pros
Easy to maintain with vacuum cleaner or broom.
Moth resistant.

Cons
Stains difficult to remove.
Expands and contracts with humidity.
When dyed, poor color retention.

NYLON
A man-made fiber that ranges in look nd texture from flat and industrial to oft and luxurious. Cost: $8 to $35 a quare yard.

Pros
Easy to maintain with a vacuum cleaner.
Advanced generation nylons have soil iding and static control properties; they nay also have specially applied soil-re-ardant finishes.
Moth/mildew resistant.
Good sound and thermal insulator.
Fade resistant.

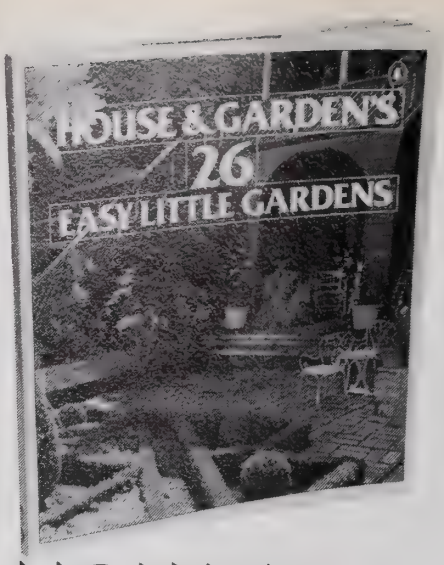
Cons
Tendency to scar from burns.

POLYESTER
A man-made fiber that can resemble wool in look and feel. Cost: $8 to $20 a quare yard.

Pros
Easy to maintain with a vacuu
Moth/mildew resistant.
Good sound and thermal insu

Cons
Tendency to show soil.
Tendency to scar from burns.
Less resilient than nylon and

Continued



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continued from page 139

OLEFIN

A man-made material especially suitable for porches, basements, kitchens, bathrooms. Cost: $6 to $10 a square yard.

Pros

Strong, long lasting.
Easy to maintain with a vacuum cleaner or broom.
Water and soil resistant.
Good sound and thermal insulator.
Moth/mildew resistant.
Fade resistant.

Cons

Poor resilience.
Limited range of colors and textures.

ACRYLIC

A man-made fiber that's often used for industrial carpeting and area rugs. Cost: $10 to $25 a square yard.

Pros

Easy to maintain with a vacuum cleaner.
Moth/mildew resistant.
Good sound and thermal insulator.
Fade resistant.

Cons

Tendency to show soil.
Tendency to fuzz.

What the interior designers say: About wood:

"A bare wood floor is wonderful in a living room—but it needs the warmth of a furniture arrangement with several seating groups. Chrome or brass tables, bleached wood-based furniture, a fire in the fireplace—they all reflect and dance over a well-waxed and buffed wood floor. For interest in a hallway, combine wood with tile: a whole floor patterned by squares of four terra-cotta tiles surrounded by a wood border."

Mark Hampton

About ceramic tile: "Where rooms open onto one another, you can unify the spaces by limiting the number of floor materials. Tile is a good choice because it's long-lasting and versatile. It looks well in a bathroom, kitchen, or living room, especially Mexican tiles with their soft natural colors and handcrafted quality. Another reason to use tile is that it can be laid so that its joints visually expand the spaces." *Robert K. Lewis*

About brick: "Brick looks right at home with living greens. Use it in a skylit hallway with plants hanging from the ceiling and lining the walkway in big terra-cotta pots. Or in a greenhouse: You can just hose it down when you're watering the plants, and moss will grow and cling to it as if it were in an outdoor conservatory." *Mario Buatta*

About stone: "Stone looks natural on the ground floor of a house. Since it can be a dramatic-looking, overpowering material, use it in uniformly cut pieces

Continued on page 144

Your bedroom. Over the years you changed the rug, the furniture, the decorations, the drapes...

...but not the clock.

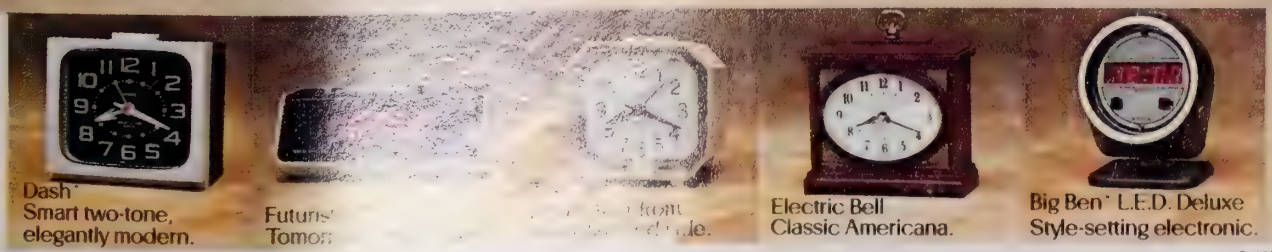
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Christmas COUNTDOWN

ake a wreath, a cookie plaque, decorations

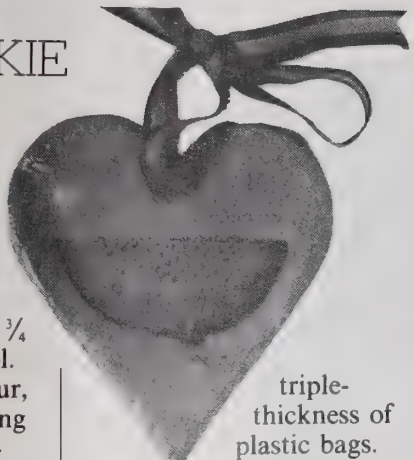
'wine a rape wreath



In New England, a grapevine wreath is traditionally given to newlyweds for their back door. They also make beautiful Christmas wreaths. To make yours, gather grapevines while they're still pliable, as soon as they've dropped their leaves. (If you don't have rapes in your own backard, check for wild ones growing in nearby woods.) Drive 8 stakes into the ground in a circle. Wind vines around the stakes, interweaving to make a good solid wreath. Lash vines together with twine, tucking in loose ends. (Vines will stay put as they dry.) Using thin wire, attach a variety of small kitchen utensils—measuring spoons, scoops, cookie cutters, tin molds, ladles, wooden spoons, a nutmeg grater—along with dried seed pods, berries, nuts, and biscuits for the birds. Finish with a big plaid bow.

GINGER COOKIE PLAQUES

rom Corinne
mios Colquhoun



lowly heat ¾ c. light molasses in a large saucepan. Remove from heat. Stir in ¾ butter until melted. Cool. ift together 4 c. sifted flour, ½ t. baking soda, 1 t. baking owder, 1 t. salt, 2 t. powered ginger. Add ¾ c. brown ugar. Stir into molasses-utter. Blend in a slightly eaten egg. Chill 2 hours or ntil stiff enough to handle.

Roll dough ¼ inch thick n lightly floured wax paper. ut out a heart shape, using mold or paper pattern as our guide. (Cookie shown is bout 6 inches wide.) Cut way excess. Cut out a slice hape from center of cookie, taying away from edges so ookie remains strong. Place broken matchstick in top f cookie to make a hole for ribbon. Leave wax paper nder dough, bake 8 minutes t 350° on lightly greased ookie sheet. Crush red and reen sour balls or Charms ith a hammer or mallet in triple-thickness of plastic bags. Remove the half-baked cookie from oven, spoon red candy into the slice, make a "rind" of green below. Return to oven until cookie is lightly browned and candy melts, 4–7 minutes more. Cool on cookie sheet. When dough and candy have hardened, paint seeds on watermelon with food coloring and a fine paint brush. Thread a red-and- ibbon through the hole to hang. To keep for box wax paper. y place. is a useful, edible ld a cookie break. akes about a dozen dough e refrigerator.

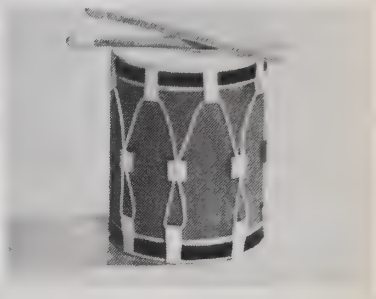
MAIL-AWAY GIFTS

Looking for a brass bed for your pet, or a suit of armor? Write for the American Gift House catalogue, Box 18100, Las Vegas, Nev. 89114. Goose-down socks? Write Eddie Bauer, Box 3700, Seattle, Wash. 98130. A beer-making kit, or a sleeping bag for two from Sportpages, 3373 Towerwood Dr., Dallas, Tex. 75234. Dance, opera, film, and theatre buffs might enjoy a gift from the Footnotes catalogue. Send $1 to Footnotes, 1300 Arch St., Philadelphia, Pa. 19107.

Make-ahead gifts and decorations

Cook whole green apples until soft. Put through a food mill. Stir in sugar, cloves, cinnamon, nutmeg, and a dash of lemon juice. Keep frozen in freezerproof canning jars until holiday time. Give with a basket of Christmas cookies.

Make old-fashioned decorations for the tree: Toy drums from empty spools of thread, painted and topped with criss-crossed wooden match drumsticks. Dress wooden clothespins as dolls



and soldiers. Wrap tiny boxes to look like presents, bound with bow-tied cord. Wrap matchboxes and fill the drawer with a tiny gift on a bed of cotton.

Time to collect the makings for a nut-and-pine cone wreath.

Make gift carafes of fine coffee beans, nuts, gum drops, or chocolate kisses.

In the bag

Instant fabric wrappings from Jan Jessup, creative director of Calico Corners

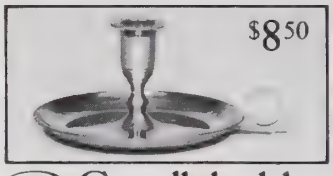
For special or odd-shaped gifts, *make calico or corduroy gift bags*: Place two pieces of fabric right sides together. Sew three sides to form a "pocket." Pink raw edges, turn right side out and press. *To make padded gift bags* for wine or perfume, sandwich a layer of polyester batting between two layers of fabric. Quilt in a geometric pattern, or outline quilt. Stitch into bag shapes. Sew an extra strip of fabric around the top as a casing for ribbon or cord. Experiment with fabrics—a green paisley bag tied with a gold cord, black satin with red satin ribbons, a red chintz bag with a green plaid taffeta bow. Remnants of special deluxe fabrics are especially festive. *To make soft sculpture bows*, cut muslin into bow shapes, sew right sides together, leaving an opening to turn. Press, pad with fiberfill. Top-stitch for dimension.

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continued from page 140

and let art and furniture provide the decoration." *Christopher, Owen, architect*

"In a contemporary house with lots of glass and sleek furniture, rough-hewn slate slabs that start outdoors and run throughout the house can add just the right amount of warmth—and not detract from the allover slick look of the house. If you want to use a limited amount of stone, marble is a good choice for an entry hall and you can pick it up in the living room on a coffee table or in the dining room on a buffet."

Bob Patino, Patino/Woolf Assoc.

About terrazzo: "Black terrazzo is a classic, neutral floor that looks right in any room from a formal living room with a mix of antiques and contemporary leather-upholstered furniture to a family room filled with rattan. For a kitchen, terrazzo is a good practical choice for the floor. If it's a big space, you can have the terrazzo poured in 3½-foot squares and use thin strips of glass or steel as dividers." *Tom Britt*

About vinyl: "For a kitchen, vinyl is one of the most practical materials. Solid vinyls, when lit from above by spotlights or track lighting, reflect onto cabinets and appliances for an allover room glow. But, if you like pattern, one unusual, good-looking way to get it is by having stainless-steel studs inserted into the vinyl. They make a wonderful reflective pattern and, because they're flush with the surface, they are polished every time you walk across the floor." *Joe D'Urso*

About cork: "A cork floor looks terrific with cork walls. Use them together in a powder room with sturdy chrome or brass fixtures for a put-together, tailored look." *John Saladino*

About rubber: "A rubber kitchen floor . . . it's comfortable for standing and walking, plus it's a practical choice because it resists water spills. Use it with wooden kitchen counters—but in a pantry or bar, where you wouldn't be cutting very much, you could even use rubber countertops." *Joe D'Urso*

About carpeting: "Since you walk barefoot in your bedroom, it makes good sense to carpet it for warmth underfoot. To give the room a sleek custom look, carpet the walls, and even some of the furniture—the bed platform, a cylindrical table base, an ottoman or bench."

Bob Patino, Patino/Woolf Assoc.

"A carpeted foyer makes a warm greeting, but only if you live in an apartment where you enter through a lobby and carpeted hallway first. In a house where you're likely to track in the outdoors, you might want to use tile or wood in the living areas. But the bedrooms can be carpeted: Think of using a flat-weave carpet the same color as the tile or wood."■

Melvin Dwork, Dwork/Maguire

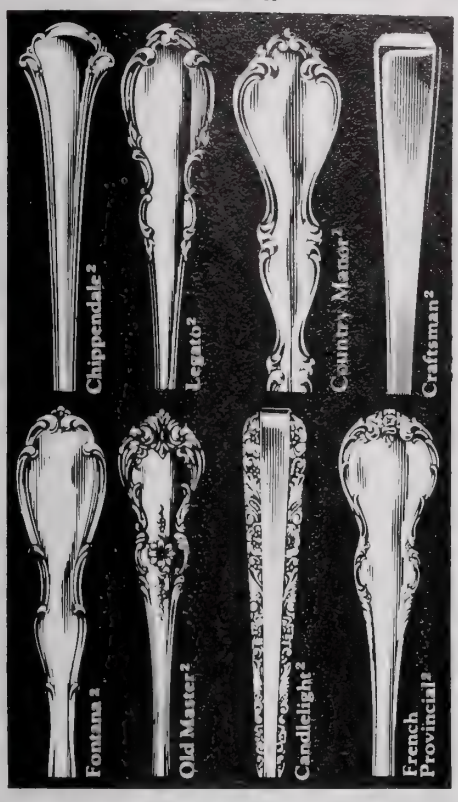
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24-Monthly Payments	$35.63		$40.00		$46.88	
32-Piece Set	$2280.00	$1140.00	$2560.00	$1280.00	$3000.00	$1500.00
24-Monthly Payments	$47.50		$53.33		$62.50	

PLACE PIECES	GROUP I Reg. Price	GROUP I 50% Off Price	GROUP II Reg. Price	GROUP II 50% Off Price	GROUP III Reg. Price	GROUP III 50% Off Price
Teaspoon	$49.00	$24.50	$58.00	$29.00	$72.00	$36.00
Place Fork	83.00	41.50	96.00	48.00	112.00	56.00
Place Knife	77.00	38.50	83.00	41.50	94.00	47.00
Salad Fork	76.00	38.00	83.00	41.50	97.00	48.50
Spreader	50.00	25.00	55.00	27.50	65.00	32.50
Place Fork, Large	102.00	51.00	115.00	57.50	136.00	68.00
Place Knife, Large	88.00	44.00	99.00	49.50	115.00	57.50
Iced Beverage Spoon	65.00	32.50	76.00	38.00	88.00	44.00
Place Spoon	75.00	37.50	80.00	40.00	95.00	47.50
SERVING PIECES						
*Butter Serving Knife	61.00	30.50	66.00	33.00	78.00	39.00
Cold Meat or Buffet Fork	152.00	76.00	165.00	82.50	187.00	93.50
Gravy Ladle	152.00	76.00	165.00	82.50	187.00	93.50
Pie or Cake Serving Knife	75.00	37.50	82.50	41.25	94.00	47.00
*Sugar Spoon	76.50	38.25	82.50	41.25	96.00	48.00
*Tablespoon	135.00	67.50	155.00	77.50	180.00	90.00
Tablespoon, Pcd.	135.00	67.50	155.00	77.50	180.00	90.00
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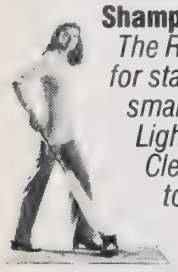
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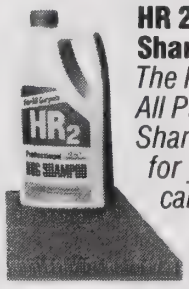
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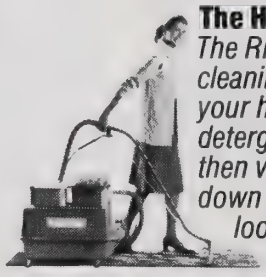


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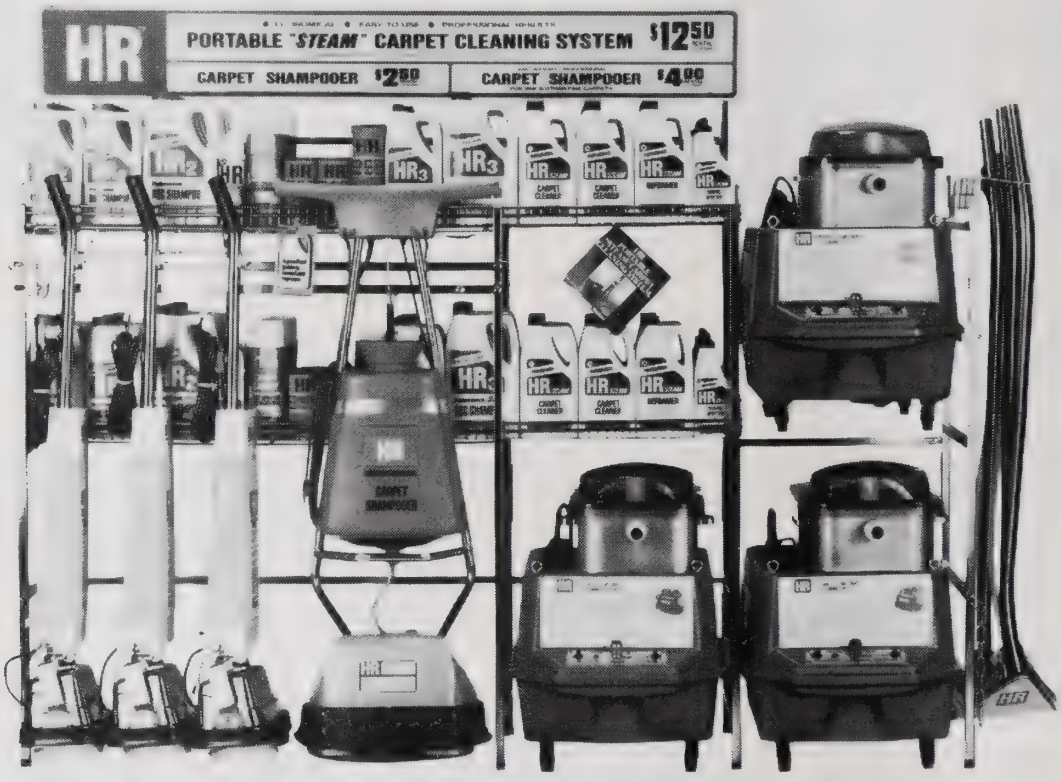
2. The Right Way for big jobs.



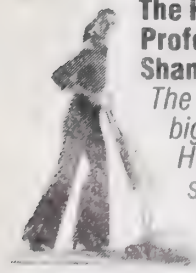
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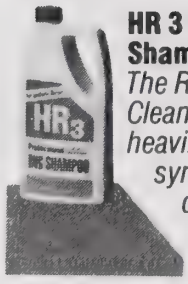




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Household Research Institute gives you all the HR products you need to care for your carpets the Right Way. Don't settle for less. Look for the HR Carpet Care Center at your supermarket.

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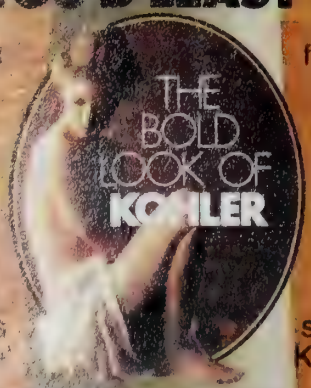


KOHLER PUTS NOSTALGIA WHERE YOU'D LEAST EXPECT IT.

There's one thing you can always expect from Kohler: the unexpected. And our newest toilet, the Vintage, with its turn-of-the-century design, will [illegible] your bath.

The tank is elevated [illegible] sealed [illegible] and beneath that is a [illegible] design.

And the Vintage [illegible] coordinates beautifully [illegible] Antique Look by Kohler. A nostalgic glimpse of the past.



faucets, the Birthday Bath and pedestal lavatory—the Chablis.

Shown here in traditional white, the Vintage, the Birthday Bath and Chablis are available in a variety of Kohler colors.

All available in the U.S. and Canada.

For more information, look for your Kohler dealer in the Yellow Pages or send 50¢ to Box DK, KOHLER CO., KOHLER, WIS. 53044.







Seeing my Gallery's different room settings gives me ideas for my own house. And Ethan Allen's new Treasury is full of decorating ideas I can take home–392 pages of them! The Treasury's free when you drop in, even if you don't buy a thing.

"MY GALLERY DOESN'T LIMIT ME TO ONE 'LOOK'. FRANKLY, I NEVER EXPECTED TO FIND SO MANY DIFFERENT STYLES ARRANGED IN SO MANY IMAGINATIVE WAYS."

Meet Helen and Lee Nash and their daughter Sandra. Eighth in a series about the kind of people who furnish their house, <u>their</u> way, at their Ethan Allen Gallery.

"The first time we visited our Ethan Allen Gallery, Lee said, 'This is your kind of place.' He was right! When I shop for furniture, I like to see a lot of rooms styled differently. At Ethan Allen we saw the classic looks we expected, but we were surprised to find so many new ways to live with furniture. Like this fresh look–flowered sofas, a nubby, hand-woven rug and pine bookcases. Ethan Allen's Interior Designer showed us all kinds of exciting combinations. And the furniture we saw wasn't just beautifully arranged, it was beautifully made–to stay that way for years. Fine furniture displayed in lots of imaginative ways. Ethan Allen really <u>is</u> my kind of place."





Ethan Allen Galleries



COME ON OVER TO OUR HOUSE
AND FURNISH YOUR HOUSE YOUR WAY

1979 Ethan Allen, Inc.

INGENIOUS WAYS TO MAKE YOUR LIFE

EASIER

ANTIQUES

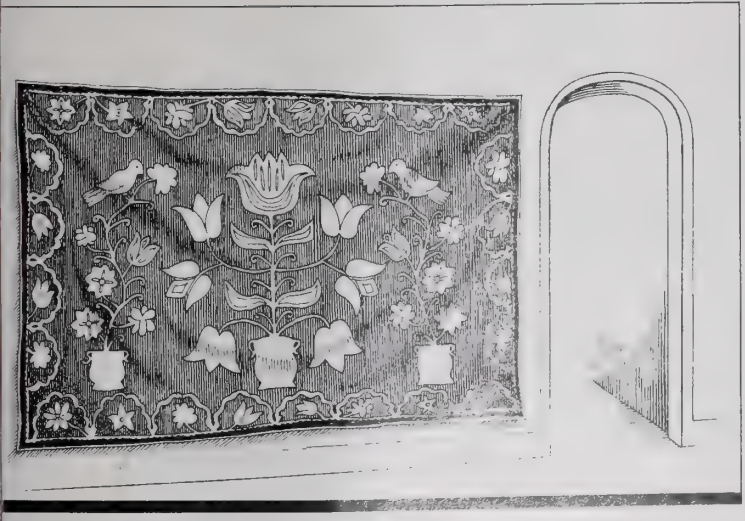
Quilt appeal

Old quilts hung on a wall are antiques that look like modern graphics. To hang them, do what quilt collector Phyllis Hader does: Sew prewashed muslin strips around the back edges of the quilt. Wrap the muslin around a wood stretcher, and staple to fasten. A short cut from Joan Bonanno of Underground Antiques in New York: Sew strips of Velcro to the two top corners and center of the quilt, tack matching strips to the wall, and hang—there will be no strain on the quilt and you can trade it for another one in a jiffy.

Before washing a quilt, make sure the dyes are colorfast, says textile expert Patsy Orlofsky (author of *Quilts in America*). Spot-test it with a few drops of water. Blot with white blotter paper, then test an area with mild soap and water. (Orvus is a good, old-fashioned-type soap to use.) If the quilt passes, wash it in a bathtub with cold water. (If not, take it to a fine dry cleaner.) Rinse the quilt thoroughly, and dry outside on a sheet or mattress pad on a clean, grassy area. Keep the quilt away from direct sunlight to prevent fading.

Hold a quilt up to the light: If you can see seed grains in the cotton, it probably is pre-1880, says Pat Sales of Pat Sales Antiques in New York City. After that time, cotton was ginned instead of being combed. And if you can count 11 stitches to an inch, it's fine stitchwork.

HAL JUST



Best buys in quilts: bridal quilts (white on white), crib quilts (often yard-square versions of the big ones), and Amish quilts (they are still a bargain, according to Thomas K. Woodard of Thomas K. Woodard Antiques, because the quality of these quilts is usually the best).

Wear and care

New life for a sagging cane seat: Leave wet, heavy cloths on it overnight—it will pull back again to its original shape, says Pat Sales.

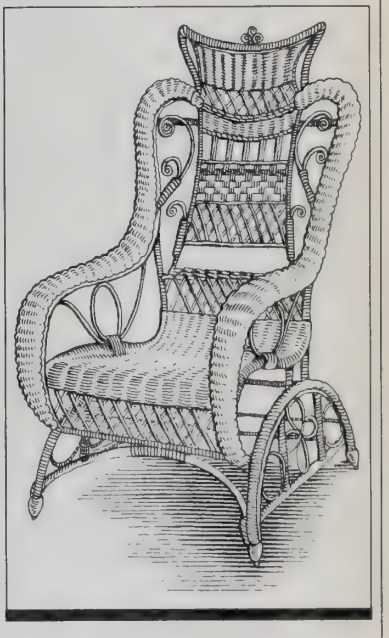
Tone up scratches in wood with shoe polish to match—the waxes in the polish are good for the wood, too.

Speedy polishing makes wood glow, according to Teda Balasses of Balasses Antiques in Amagansett, N.Y. Use a good wax and work fast—go right over rings, spots, and stains. They add to the patina and give the wood an old feeling.

To keep brass shiny longer, use hard paste wax after polishing. It keeps the air out (which is what causes tarnish) and won't peel like lacquer.

Wonderful wicker

The collectible item in wicker is intricate Victorian furniture with fine workmanship, says Pamela Scurry of the Wicker Garden in New York. Her advice on spotting a find: Lift the piece—the older it is, the heavier it will be. Turn it upside down to make sure the frame is not broken. Look for a piece without many coats of paint—it will be more valuable. Check the wicker to see that it's not rough and hairy. If it is, it may have been stripped and repainted (wicker should be scrubbed down to remove paint, never stripped), making the piece less valuable and the wicker coarser, rougher, and prone to breaking. Wicker can be repaired by a good workman—and it should be, because it will be worth more if it is in mint condition.



Some Victorian wicker rockers have wonderful sculptural shapes and are very comfortable too. (Victorian wicker was often custom made, so be sure to sit in it to make sure the fit is right.) Another wicker idea from Pamela Scurry: Fill an old wicker baby carriage with plants.

Finding the best buys

You can get some of the best buys in the best shops, says John Roselli of John Roselli Antiques. If a piece hasn't been sold for a year or two, chances are it won't have been marked up, though its value will have risen.

For more about antiques, turn the page

Appraising antiques

To get antiques appraised: Contact the Appraisers Association of America, 60 East 42nd St., Rm. 2505, New York, N.Y. 10017. A list of its members, costing $3, should lead you to an expert who can estimate the value of your antique and help you trace its past.

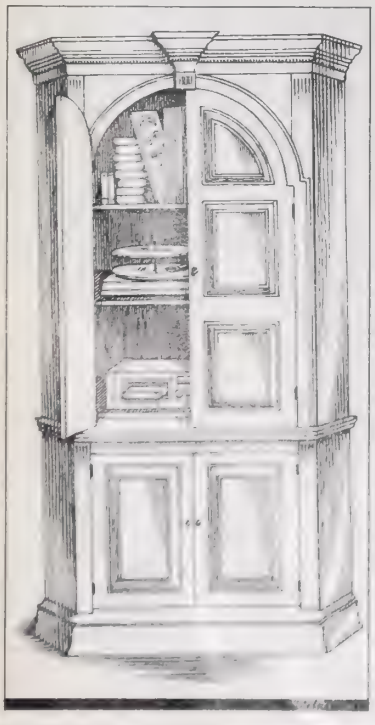
New uses for old things

Quilt tops—unbacked quilts just as colorful as the finished kinds—are less expensive and wonderful for converting into window-seat covers, rocking-chair cushions, tablecloths, placemats, and pillows, says Joan Bonanno of Underground Antiques.

Old stoneware crocks make wonderful lamp bases and solve the problem of how to find electric fixtures for a country setting. Buy a simple adapter to sit in the mouth of the crock—if the cord comes out the top, says Barbara Doherty of Pineapple Primitives in Brooklyn, N.Y., you won't alter the value of the crock. For shades with a country feeling, try plain paper ones.

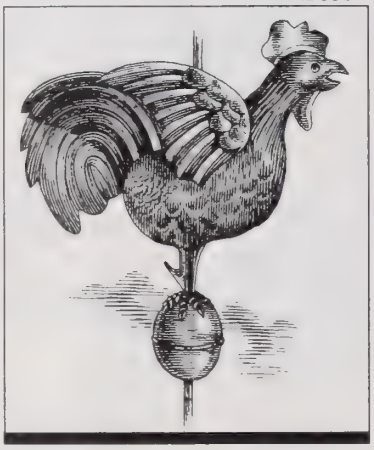
To clean old silver, use toothpaste—it's not abrasive and is especially good for getting at tarnish around stones.

Recruit an antique cabinet to house your TV and stereo system, as David Barrett, interior designer and antiques-store owner, suggests.



Display hand-forged steel calipers from the late 18th century on a wall, as decorator Charles Mount does. Old stone crocks (use them for storing vegetables and herbs), toasting racks, checkerboards, and weather vanes, are all great to display.

HAL JUST



Buying at auction

Decide what you want, says PB 84's John Block (see Feb. '79 House & Garden for the article he and David Redden wrote about how to shop at auction); learn about it, and judge what you'd have to spend for the modern equivalent. The price of the antique may be higher, but it will only go up in value. Right now, it's a boom market—almost all areas are appreciating. As the 18th century works increase in price, the 19th century is beginning to be developed. This is the area to invest in. Watch for a major upsurge in Victorian American furniture. (See the March and June issues for more about the best 19th-century buys.) Consider your decision carefully. Remember, something perfect may come up next time. Right now, there's a great quantity and variety on the market to choose from.

Successful collecting

The key to being a successful collector, says Louise Ade Boger, is exposure. Read as much as you can (both reference books and antiques periodicals are good sources), go to museums to see what the finest pieces are, attend auctions and gallery shows (you don't have to buy and you can gain valuable knowledge), and examine the objects carefully to get a feel for their quality.

Furnishing with antiques

How to build a collection that will show off your antiques? If your first piece is mahogany, says decorator Ann LeConey, move on to satinwood, painted furniture, Art Nouveau, anything you love. Similar pieces will melt into each other; a variety will show off each of your finds. (She suggests a pretty pale wall to bring out the fine wood tones of antiques.)

Do a lot of looking is Jay Johnson's advice. Turn furniture over. Touch. Get a *feel* for what is old and what is replaced. Ask questions. The bottom of wood will be smooth if finished by a circular saw (post 1850), rough if planed. Pegs, dovetailing, dowels are signs of early furniture.

Intricate antiques like black-and-gold Regency pieces look best with neutral fabrics and soft colors. Another idea from decorator Harry Schule: Use one important piece like a large commode in a contemporary room.

Good bets in furniture: American painted furniture, French and English antiques (they're especially scarce on the West Coast according to decorator Richard Winsberg), 19th-century reproductions of 18th-century pieces (they're less expensive than the originals and of fine quality, says Ann LeConey).

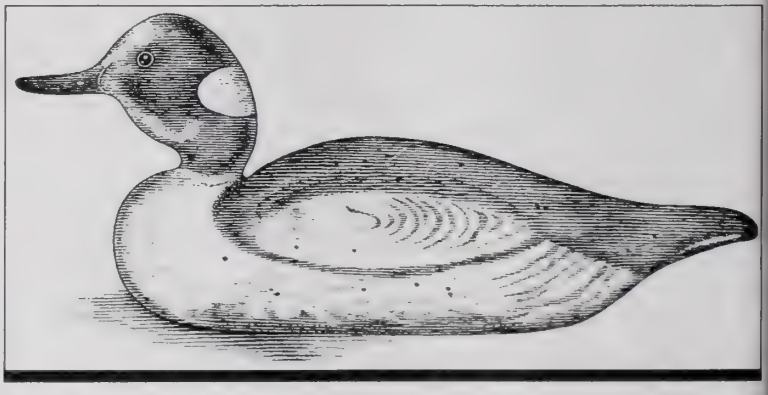
If you love a piece and it is perfect for your house, buy it—it has an intrinsic value you will always appreciate, regardless of its market value.

Folk-art renaissance

Country-painted Victorian furniture and country-painted Empire are some of the best buys on the antiques market now, according to Jay Johnson of America's Folk Heritage in New York. Look for pieces with as much of the original paint as possible—they'll be worth more.

Spruce up old paint by rubbing in a mixture of equal parts turpentine and boiled linseed oil. Pat Sales of Pat Sales Antiques in New York says new luster is just a matter of repeating this treatment—it will soften and protect the paint, too.

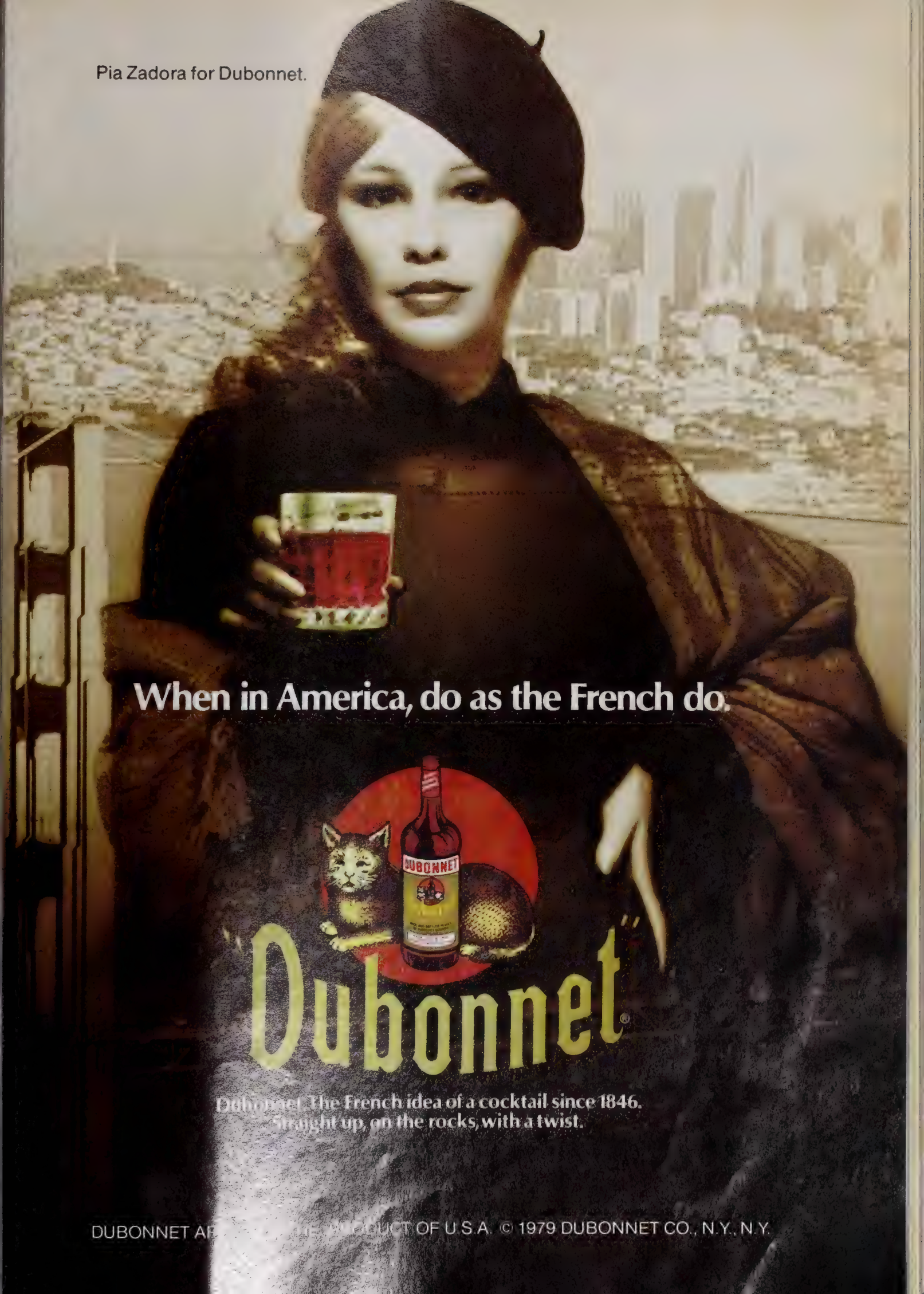
To give your folk-art antiques a country setting, comb-paint unfinished wood furniture to use with it. Here are Jay Johnson's instructions: Paint with oil-base paint, let dry, paint with a contrasting color (black over red). While top coat is wet, scrape in designs with comb or brush to create knotholes, grain, etc. For inspiration, read *American Painted Furniture, 1660–1880* by Dean A. Fales and Robert Bishop (Dutton, $13.95); *Early American Stencils on Walls and Furniture* by Janet Waring (Dover, $5).



Advice to the investor

Quality will always increase in value is what Jay Johnson and everyone else we talked to concluded. His advice: Go after one really fine antique rather than several lesser-quality pieces which will not appreciate in value.

More good buys in folk art: decoys (they make wonderful sculpture and are becoming rarer), rockers (they're indigenous to the U.S.—watch out for cut-down chairs with runners added), whirligigs, and American primitive paintings, especially those signed by better-known artists.


Pia Zadora for Dubonnet.
When in America, do as the French do.
DUBONNET
Dubonnet
Dubonnet. The French idea of a cocktail since 1846.
Straight up, on the rocks, with a twist.
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There were times when the smoking lady of 1897 found it was to her advantage to take a back seat to her husban



You've come a long way, baby.

VIRGINIA SLIMS

Slimmer than the fat cigarettes men smoke.



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Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

Fashions: Reiko

Great decorating for your dollar now

e has never seemed a r place than it does right nor money spent on home ter investment. When we ied this issue, we asked a experts what they thought the best ways to get the value from the dollars you l on your house or apart-. We were fascinated to hat whatever their specific of expertise—real estate, rating, art, antiques, plants, ronics—their advice was e same: **Spend your money hat gives you the greatest action.** To demonstrate this advice translates into ice, we've chosen for this great decorating invest-s that pay off in personal ure. Even if none of them ist what you would choose, inking behind them will you in making your own investment in personal vment.

media room could well e room of the eighties. and more people who ooked on music, movies, elevision are taking their tment in great sight-and-d equipment one step er and creating rooms ned to make the most of equipment. Almost any in the house can be ed into a media room. It's estion of the equipment—nly essential big purchase—he focus. You can carry est of the decoration as far ur tastes and your budget , all the way from a simple angement of furniture complete built-to-order onment.

i-components are the ews in sight-and-sound pment this year and they're vestment to consider even u lack the space or the nation for a media room. kers the size of fat paper-s, a combination radio-TV ou can hold in the palm of hand, and many more at ame scale are miracles iniaturization so small ll fit anywhere—and with-acrificing performance.

nts that are easy to care hrive indoors, and look lsome all year round are plant-lover's decorating blue chips. Their rewards are much greater than the time and money you spend on them. Their beauty is in their foliage, and the foliage can be very colorful. Choose and arrange these plants for contrasts of color, texture, and pattern. This is one investment where you can start small—as a general rule the smaller the plant the less it costs—get a great effect right away, and as your plants thrive and grow, you can end up with a whole garden indoors.

Art has a way of turning its admirers into passionate collectors. More than one has sat on floor cushions for years with the sofa-money spent over and over again on an absolutely irresistible new painting. Most of us, even most collectors, would choose to have a few more creature comforts, but the point is that art speaks so strongly—and you should only buy it if it speaks to *you*—that it creates or transforms its environment. However, a passion for contemporary paintings doesn't mean that you have to refurnish to match; they can live very happily with family heirlooms, as can a baroque flower painting with Bauhaus modern, for that matter. Nor do you have to deny yourself the rewards of living with art because your budget is limited. Collecting the works of young artists brings an added thrill of discovery.

Hospitality may not seem like a decorating investment, but, in fact, if your greatest pleasure comes from the company of other people you will think first of their comfort and your ease of welcome when you plan your rooms and allocate your decorating budget. Creating a heart-of-the-house room where you can cook and still be with your family and friends is an investment in hospitality. So are lots of comfortable chairs or games and attractive game tables. Or wash-and-wear slipcovers that shrug off spills. Or having all the latest records and a polished floor to dance on. Or whatever makes your entertaining easier, your home more welcoming.

Fine craftsmanship speaks directly to the eye and the hand. Beautiful materials beautifully worked give fine antiques much of their appeal. And today there are many superbly accomplished craftsmen working for an appreciative and growing audience. Fine craftsmanship is very expensive, but then it always has been. Some experts doubt that even the record-breaking prices achieved for 18th-century French furniture, sold at auction this past summer, really represent much more than the original cost, if both were measured in money with the same purchasing power. Just one exquisite piece, even a small one, can bring to life a whole new room.

Screens seem to be enjoying a revival. Have you noticed how many rooms they're appearing in lately? And no wonder. They serve all kinds of practical purposes—dividing space, concealing storage, framing windows, creating interesting architectural planes—in a most attractive way. If you move a lot, their portable adaptability makes them invaluable. We show a small sampling of the kinds of color and texture and pattern they can contribute to a room—but kinds that give a good idea of the range of prices. It's a wide range, from thousands of dollars for a luxurious work of art by a master craftsman to less than fifty for a simple but very effective screen you put together yourself from paper or fabric and wood.

Furniture is an investment you make for your own comfort. And if its design has a strong personality it can be the decorating purchase that sets the style of your rooms. But we've illustrated another kind of furniture investment—classic, comfortable pieces that can adapt to any look you choose to give them. The emphasis is on upholstered seating modules that are easy to rearrange, recover, and move – they go easily into elevators and through halls and doorways. They are also available at prices to fit any budget. Take a corner unit as an example. You can find well-designed foam ones for $150. The sturdier unit we chose comes ready-to-buy in department stores for $375.

Decorating from a catalogue is one great way to stretch your decorating dollars, pull together a look you like, and save yourself time and energy. There are treasures in those fat volumes from Sears and Montgomery Ward and J.C. Penney—from pretty sheets to bricks and beams. Sheets, wherever you buy them, are another answer to style on a budget: There's no important new look in fabric you can't find in a sheet this year.

Do-it-yourself crafts are still another terrific way to get the quality you want at a price you can afford. Your time and work and talent in building a piece of furniture, embroidering a napkin, or sewing a quilt add a personal value that's unbuyable.

Solar energy, in our increasingly energy-conscious society, is the biggest and perhaps most important investment to consider if you're building or remodeling. Happily, energy-saving and esthetics can be combined in today's solar designs. In fact, many of the ideas are a return to some of the oldest and soundest ideas in house building: inviting the low winter sun deep into the house to warm it from the south, blocking winter cold on the north, making fireplaces super-efficient. Carefully designed, a solar house can be a very attractive place to live. Like most things that save you money and work over the long haul, the initial cost may seem high. But when you think of the long-term pleasure of a purchase that you get far more than a dollar's worth of satisfaction for each dollar you spend.

To make your money go farther by choosing the investments that are right for you and your future, please read on.

DECORATING INVESTMEN

For music lovers, TV and movie buffs, it's a room of your own but you'll share it with family and frien Here are 4 gre ideas for you



1 Music roo from a spa bedroom an amate conductor

One man's bliss—to con the Vienna Philharmonic performance of *Die Meister er* for a specially invited a ence (of one). With imagina and the right room, plus a help from his Bose 901 sp ers, London recording O 1512, and a trusty baton, ter Lippincott, *left,* can d This opera buff goes to a 40 performances a year, i the board of the Metropo Opera Guild, and has a co tion of about 3,000 records spends most evenings in music room, conducting hi cords and watching Phi baseball on the TV with sound off. (During the da publishes books for Cambr University Press.) When Lippincotts moved into New York co-op, even th there was no kitchen, the room to be worked on wa music room (formerly a room). What if Sophie, small daughter, wants to w Sesame Street and he wan listen to Callas? Simple. gets to watch with an earpl

Left: The music room's thic wall-to-wall carpeting helps acoustics and soundproofi adjustable shelving holds 2 tape recorders (1 Revox, 1 Tandberg), 1 Dynaco tune 1 Apt preamp, 1 Bose equalizer, 1 SAE amplifier; custom-built walnut cabine is designed for books, tapes, records, and the Thorens turntable (with Shure cartridge).

ELLIOTT ERWITT

THE MEDIA ROOM

ELLIOTT FINE





Electronic work room for a famous composer

"I want this room to be tomorrow," says 3-time Oscar winning composer Marvin Hamlisch, whose latest success, "They're Playing Our Song," is on Broadway now. His awards for "The Sting" and "The Way We Were" have made him one of the country's most popular song writers. He works at home in this studio that doubles as a screening/entertainment room designed for his professional needs by Robert Martin of Donghia/Martin Associates.

Above: The studio is lined with both a lacquered fluted wall paneling and gauze-covered paper. Mr. Hamlisch's piano is equipped with microphones that hook into recessed audio system in wall (turn page for equipment). A movie screen drops down in front of a window; TV projection is suspended from ceiling; film from a rear booth.

ELLIOTT FINE



Mr. Hamlisch asked that this room evoke quiet and calm. Textures are soft: Wool carpeting, cotton upholstery on the small sofa and two ottomans. Ceiling reflects the light and the lacquered wood wall paneling is repeated on the back of the softly curved sofa.

Artist's tools: professional quality recording and playback equipment

Above: Mr. Hamlisch's audio system is built into the wall; small vertical niches hold the small extras for current projects. Turntable by Bang & Olufsen; preamplifier by Levinson; Sequerra #1 tuner, Nakamichi 1000 tape deck; Crown Professional equalizer. "Monitor" speakers, placed behind the fluted paneling, by Accoustique 3-A.





"With five children at ho every day can be just like ing a party." Dr. and Sheldon Turkish wanted space in which their growing family could enjo self together, and they afraid that they had outgr the house. So they asked tino/Wolf Associates to sign and build an additio their first floor. Sliding doors at one end, *above*, on to a tree lined pool so interior had to be done resilient, easy-care mater dark green leather trea with vinyl for the back back 36-inch-deep dou sofas; Berber wool to c pletely cover the floors, slate for the large cen game table, three rolling tables, and the firepl The Turkishes say they the skylight in the 18-f high ceiling, especially night. "To look from the place and then up and ou the stars is our family's special heaven."

Inset, right: At the fireplac end of the room storage cabinets with slide-out shel hold a Sony color TV and phonograph equipment (A Accutrac +6 turntable, amplifier, and preamps by Audio Research). Bar and china storage is in an iden Formica cabinet in the opp corner.
Above: The giant 45-inch diagonal color TV, the Ge Electric 1000, is equipped the General Electric VHS Cassette Recorder. The sec TV is for viewing from the roomy double sofas. Fabric covered screens in standing speakers made by Magnap Tympanies.
Right: The Odyssey II electronic TV game by Magnavox sits on the slate game table.

WILLIAM P

3

Media room added for family games and parties—TV and stereo come from behind the scenes



4 The 24-hour media room for viewing, eating, sleeping

"It's like having a whole theatre to yourself." That's what John and Lynne Berentson love about their new entertaining room which they made out of a former dining room. They asked designers Ned Marshall and Harry Schule for three things: a room that would function as a viewing room (Mr. Berentson works at home reviewing movies made for TV), a dining room for small parties, and a partial guest room for putting up friends after occasional late-night screenings. The designers placed banquettes along two walls, repositioned a lovely old French dining table on a third, and designed a low storage shelf at the base of the fourth wall for records, tapes, cassettes, books, and video disks. That marvelous color enveloping the room is House & Garden's newest red, Geranium. It was used for walls, Eurotex wool and mohair carpet, Levolor aluminum window blinds, and heavy cotton upholstery from I.D. International on banquette and ottoman cushions. Souleiado cottons from Pierre Deux cover the very large banquette pillows and keep the French country feeling fresh.

For sit-down dining table, pulls away from wall; folding chairs, ottomans seat six

The room is equipped with three systems that work together: the new Novabeam Model One color TV projector/receiver and 6½-foot diagonal screen by Kloss; a video disk player by Magnavox; the microcomponent stereo system by Pioneer. The stereo speakers hook into the TV for complete, wonderful sound. See Shopping Information.



Centering the room, the Novabeam Model One projector/receiver with laminated console



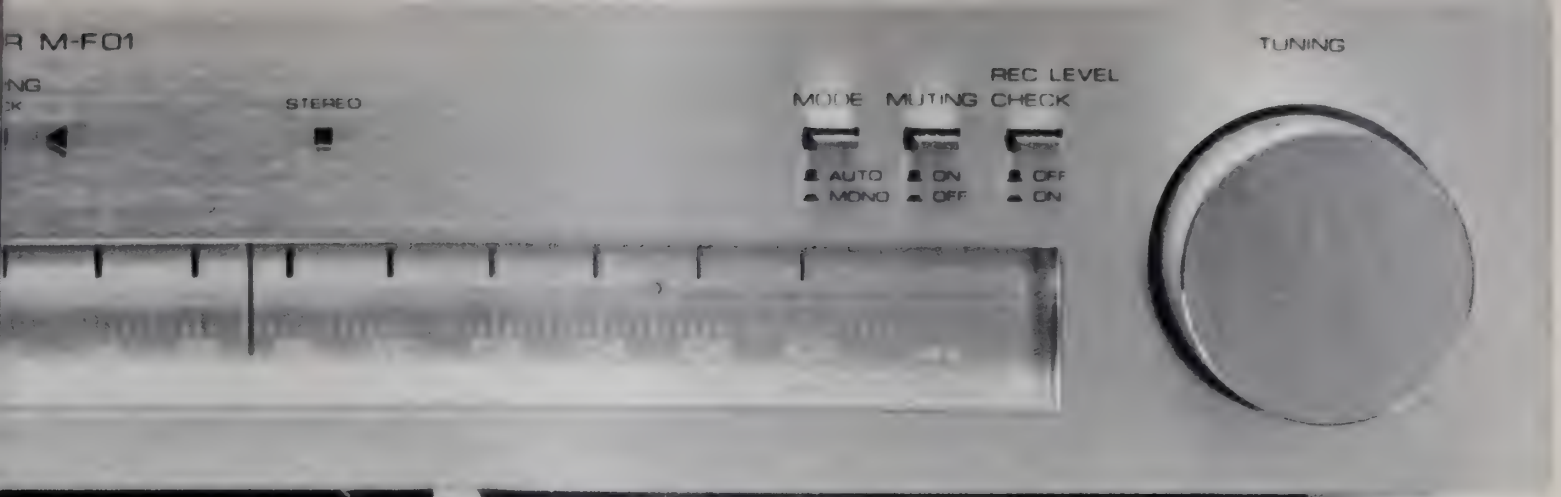
TOM YEE

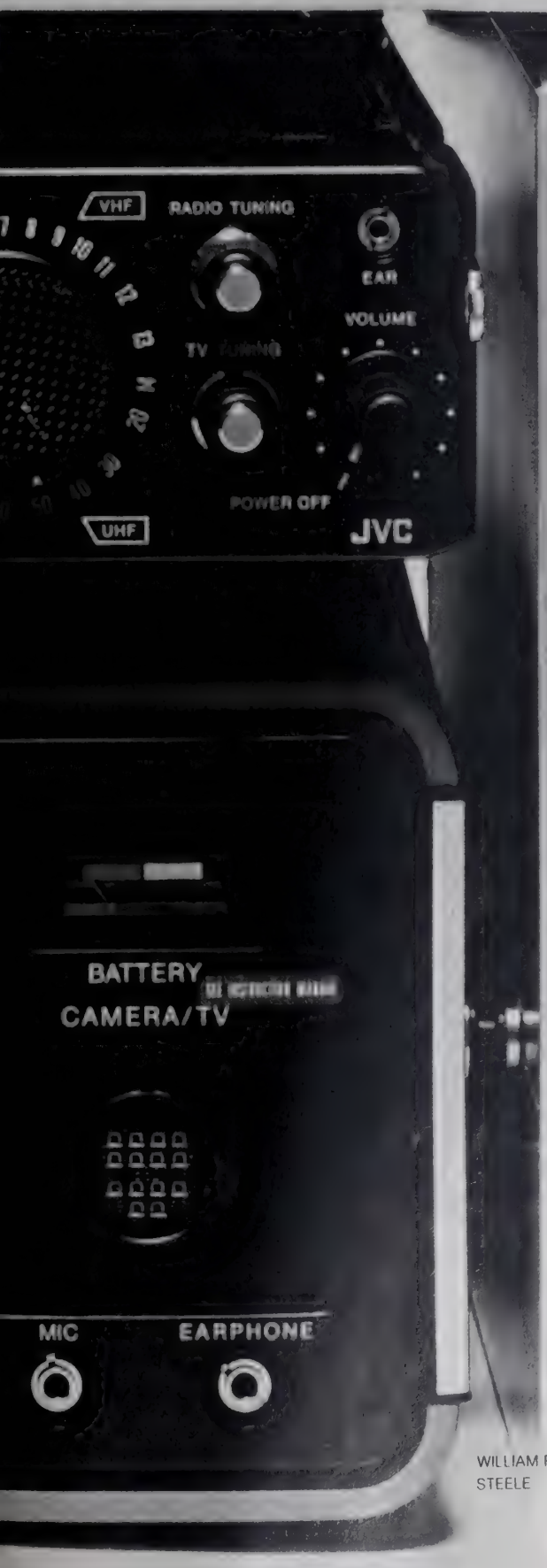


Below:

the 12-by-13-foot dining room


MITSUBISHI
SIGNAL
POWER
SONY
SONY
STOP
PAUSE
EJECT
REW
PLAY
F FWD
REC
AUDIO DUB
PORTABLE
VIDEO CASSETTE
RECORDER
β II





WILLIAM P STEELE

SOUND INVESTMENTS—

THE MINI-REVOLUTION

Tuner, speaker, video cassette recorder, video camera, TV-radio—all life-size

The big news in sound is small—mini-components that can do the job in less space than ever before. Clockwise, from top: A mini FM stereo tuner from Mitsubishi with quartz synthesizer and light-emitting diode readout that "locks in" the

BEOVOX C 40

Booksize C-40 Phase-Link speaker from Bang & Olufsen has "linear phase" transmission for high-quality sound. 7.7 lbs. Sony Portable Video-cassette Recorder and Color Camera team up for video recordings of up to 3 hours. Recorder, 20 lbs., 1 oz.; Camera, 4 7/8 lbs. Center: Battery-operated Micro Black & White TV/Radio, just 2.2 lbs., has a 2-in. diagonal screen, AM/FM radio, and accessories. US JVC Corp. See Shopping Information.



Plants that give pleasure year round

Same plants, same furniture move from a winter solarium to a summer porch





ow to get the best ue from your plant estment: tips from rticultural designer nda Trinkle Wolf

For good value in a plant, k for perky leaves, good or and shape, solid stems, lthy roots that are not bound. Check for insects. If you need a big plant u can't afford, get a aller one and put it on a lestal or upturned basket. Make hangers invisible. nt hooks to match the ling, line up the curved s to face the window, and monofilament—heavy- y nylon fishline—as slings. Make hangers safe. Screws l hold in beams or studs, Molly-bolts are safer for -wall construction. Spruce up green plants h seasonal foliage or wers. Always remove rists' foil from pots. If you have a basket not te level inside, fill it with shed paper or foil to keep plant from tilting. A plant with a natural can be a bonus. Use the as a connecting point other plants. If a container is a bit too p for a pot, raise the nt by setting it on bricks another saucer upended.

What sort of plants will thrive in the winter sun, then live happily in summer on an almost sunless porch? What will bloom in a shady corner? And what kinds of containers are compatible with a dark-paneled room or a pale ecru porch? These are questions interior designer Michael deSantis asked of Linda Wolf when he remodeled a small inside room by capping it with a skylight, *left*, and decided to add to his plant collection. She heads her own firm and the New York Botanical Garden's horticultural interior design program. She came up with a list of undemanding plants and a floor plan for arranging them according to their needs in attractive natural-colored baskets. African violets and begonias enjoy the winter sun and cool summer porch. White-flowered spathiphyllum blooms in shade year-round. Streptocarpus, caladium, and other seasonal plants add color. Pencil tree and Norfolk Island pine get sun both summer and winter. Rubber plant, staghorn fern, grape ivy, schefflera, and bamboo and sago palms are at ease almost anywhere.

WILLIAM P. STEELE



Opposite and top: Cozy, sky-lighted solarium with rough cedar paneling and a tile floor that makes spills no problem. Flexible track lights add nighttime drama, supplement sun on short, dark days. *Above:* Screened-in porch where plants, people, and painted wicker move to catch summer breezes and avoid overhead sun. Plants by Interiors That Grow. *Right:* Michael deSantis and Linda Wolf moving plants from porch to winter garden room. More on next page and in Shopping Information.

vestment in plants

Make a room a garden

Arrange plants as you do flowers—for size, shape, texture, color

Some good indoor gardeners call it plantscaping or plant decorating. It's a new way to enjoy houseplants, and even a new profession in the making. The idea is to think of plants as form and color, just as you do when you fix flowers, design an outdoor garden, or work with furniture and fabric. Leaves become not a green blur but a subtle palette to explore: dark, medium, and light greens, stippled and striped greens. "And just look at the difference color and pattern make," says Linda Wolf, "when you move plants up close and let their individuality shine through."



● Why not put all your small plants in one basket? *Above*, variegated peperomia, young staghorn fern, red kalanchoe, and Christmas cactus make a bright display that's easy to see and tend.



Opposite and above: "Plants can be accessories or a major decorative element," says Linda Wolf, whose firm, Interiors That Grow, helped the Walter E. Sloanes make their 1920's den a lush garden. Piggy-back in a market basket softens the entry by the sofa. Hanging plants—burro's tail, clerodendron, fatsia, gynura—curtain south and west windows. A white-striped Dracaena 'warneckii,' sharing pot space with trailing philodendron and purple cinerarias, lights up a corner along with a coleus tree. A big dieffenbachia, 'Tropic Snow,' banked by an orange tree, Boston fern, pony-tail, begonias, Swedish ivy, and schefflera, repeats the white of the ceiling and moppable travertine floor. Mrs. Sloane mists plants daily and grooms each to perfection.

BEADLE







How to give plants and containers a finishing touch—more tips from a professional plant designer

● A nice way to hide a pot or nursery tin is to put it in a basket or a formal planter like this upholstered one Mrs. Wolf designed for a room by Michael deSantis.

● To hide the rim and earth but not interfere with touching the pot's soil to test for dryness, make a collar of chicken wire to fit around the plant. Top-dress with chunks of firbark. (This also discourages naughty kittens.)

● The kentia palm (Howea Forsterana), *above*, is tolerant and a good value. Other good low-light palms are the bamboo (Chamaedorea erumpens) and lady (Rhapis excelsa).

● Plants have personality. Study their character to choose the best ones for your room. Combine dark, medium, light shades; rough and shiny textures; soft, rigid, round, ribbony, spiky, feathery, fingerlike shapes.

● A saucer should be waterproof and at least 1 inch wider than the top of the pot. In a room where any spill could be a disaster, a 4-inch-deep saucer made by a tinsmith is a good idea.

● To figure a container's ideal size, measure the height of the pot and the width of its outside rim, then add 1-2 inches each way. Keep measurements handy for shopping or before taking a trip where you're likely to discover interesting baskets.

● Don't line pots up like children in a school picture. Let plants go around, over, under, in, so you feel you're truly sitting in a garden.

ority when you decorate. That's what the owner of this Victorian house in San Francisco did when she simplified her surroundings to make the most of the contemporary art she loves. "Before the change, the house was very formal—warm yellow walls, elaborate curtains, damask-covered furniture," says her friend, designer John Dickinson, who engineered the transformation. "The art was fighting for survival against strong surroundings." The solution: lighten the furniture, change the wall color, give the sculpture, paintings, and ceramics center stage. Now the house is as fresh as the art.







Above, from top: From its perch on Russian Hill, the 118-year-old house hides its contemporary interior behind a Victorian facade of pale lettuce green. In the dining room, a plaster sculpture by Manuel Neri. Parties often spill into the garden, *left,* designed by Thomas Church. In the gallery, *right,* sparkling "tin" table reflects light like a shining coat of armor. On the wall, *counterclockwise, from top left,* drawings by Julius Wasserstein, Elmer Bischoff; "Music 1963" by Bruce Conner; a Frank Lobdell drawing; watercolor by James Budd Dixon. On the table, a lamp by John Dickinson; ceramic plate by Janet Lowe; a David Gilhooly ceramic cephalopod; a soft sculpture by Ida Kohlmeyer.

RUSSELL MACMASTERS



The vitality of contemporary art

energizes an enthusiastic collector's traditional house









The vitality of contemporary art

"The house is simpler now, but there's a new warmth—the rich glow of the walls, paintings and ceramics by friends

By simplifying the background in every room, the focus of the house turned from furnishings to art. First, walls were painted earthy terra cotta, which gave everything new drama and importance. "Suddenly, all the paintings came to life," says the owner, an enthusiastic collector and trustee of the San Francisco Museum of Modern Art. "Colors emerged that I'd never noticed before." Fussy curtains were replaced by crisp Roman shades that show off original Victorian woodwork and let in a view of outdoor gardens and the bay beyond. For a solid, calming background, silk damask sofas were slipcovered in easy-to-wash white canvas, and chairs recovered in creamy leather or a simple no-color print, for dash without distraction. Old family furniture marries happily with new: red Tansu chests and Regency armchairs side by side with the white distressed wood tables nested beside the sofa, and the "tin" table in the gallery designed by Mr. Dickinson. "I love the surprise of a humble material treated like a fine French fabric," he says of the "tin" table, made of galvanized steel edged with brass. "It's an amusing ploy with all my antiques," adds the owner, "and a sculptural piece as important as any of my art. In the late afternoon, the table catches the sun from an opposite window, and sets the whole room on fire with its glow." Only the dining room remains unchanged: "Every time I think about redoing it, some marvelous new piece of art turns up, and I buy that instead!"

Left, from top: On the library shelves, an ever-changing collection of photographs, drawings, art books, and Chinese export porcelain. Steel sculpture in the window by David Anderson. Painting above living room sofa by Frank Lobdell. "Bellingham II" kinetic steel sculpture by Mark di Suvero. Beneath "Woman with Hat and Gloves" by Richard Diebenkorn, ceramic "Swan Teapot" by Richard Shaw; surreal clay pieces by Lucian Octavius Pompili. On the wall, "In Her Ings" by William Wiley. *Right:* On the living room mantel, Robert Arneson's "Dirty Plate '68" side by side with an antique French girandole. On the oval Biedermeier game table, "Cup and Saucer" lithograph by Diebenkorn, round wood sculpture by Faralla above.

RUSSELL MACMASTERS







Two rooms put together make a large, simplified space that loves parties. Small groups of furniture, quiet, natural colors, and an eyeful of outdoors keep this living area easy and comfortable. Plant box conceals speakers for dancing music; television is behind cabinet door under painting by Roger Mühl on fireplace wall. For more, read on.

Comfortable, easy-care rooms for entertaining

in a house made over to suit
a family that loves people





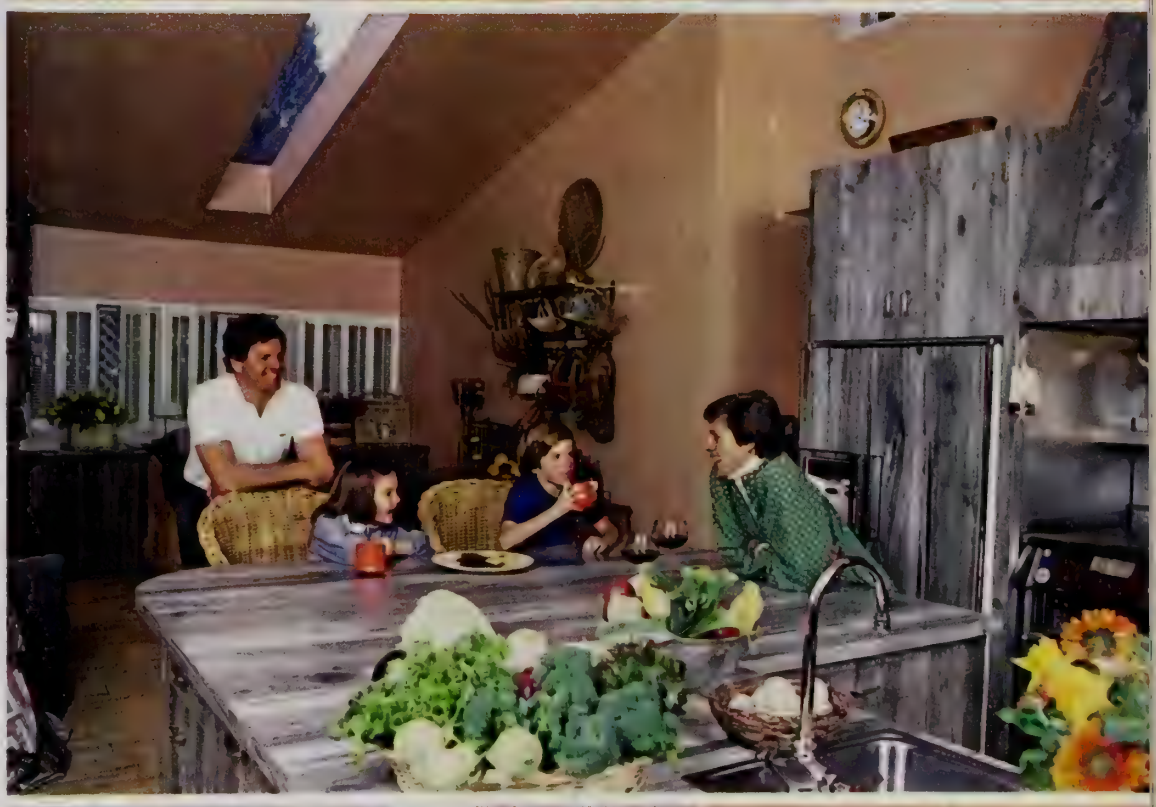


omfortable
ooms
or entertaining

iving room big nough for crowds, ozy enough for mily; kitchen for ore than cooking

apin and Tappy Hunt created the sleek, by-40-foot living area from a skinny ng room and patio: They tore down the oining wall, extended the room, and in 3 pairs of French windows that open o a new terrace and let the outdoors in. ce they love dancing, Mrs. Hunt rolled k the rug permanently, then bleached l Varathaned the floorboards. They eamline the room: People just naturally v, or dance, around the furniture, and settle down in open-ended furniture sters. No rugs or curtains simplify keep. "We like the feeling of spacious- s that comes with high ceilings," says s. Hunt, an interior decorator. "Rooms ver seem crowded." So up went the ling. A beam was added for support. vlights let in Southern California sun. othing colors were chosen for their rmth and closeness to nature. Walls and ling are sand-colored, accents are pinks, rals, and pale blues. Fabrics are subtle: avas couches, cotton twill and linen ows. At one end of the living area, a all pink room has bar and snooker lliards) table. The pink accents living- ea colors; small size plays up other om's expanse. Once three bedrooms, kitchen is for cooking (2 sinks, efrigerators, restaurant stove, big unter), cocktails, and black-tie dinners. chen equipment can be stowed away well-groomed party look. Mrs. Hunt o sews and plans designs there while e children paint and play. Apricot and ftwood-gray colors keep tones soft.







left: Indian umbrella shields player no from sun, acts as color accent, ooker table in pink room. *Bottom left* -hand mix of antiques with new furni- e and modern art. *Top right:* Plastic- inate counters match aged barn siding, .T. letters from an English marquee. *nter right:* The Hunt children on wicker ols. *Bottom right:* Big skylight for day- e work, small brass hanging lamps, like idles, for dinners; antique rake on wall, h pine table

KAREN RADKAI



Designer Karl Springer in his studio



Oriental-style seat in shiny goatskin parchment



Lacquered wood box hand painted with starry shapes



Sculptured bench covered in leather



Side chair wrapped in black lizard



Circle of mirror in chrome and brass







KARL THE DECORATOR'S SECRET WEAPON – SPRINGER

A rare success story with a genuinely edifying moral. And the moral is that quality counts.

BY VALENTINE LAWFORD

"MUSHROOM dining table covered in black goatskin parchment, brass lining inside mushroom base, with two 22" leaves: $15,300.00."...Connoisseurs of contemporary furniture design, seeing this description on a table that is both beautifully and solidly constructed, and exceptionally well finished, with a lacquer surface that is pure pleasure to touch, will know at once that the designer's name is Karl Springer.

Two decades ago, this German-born designer, as a 26-year-old immigrant in the United States, considered himself lucky indeed not only to have wangled an entry visa, but to have landed a modest display job in the interior decorating department of Lord & Taylor's Fifth Avenue store. Apart from a stint as the youthful manager-factotum of a West Berlin men's and women's outfitter's, it was the first job he had ever had.

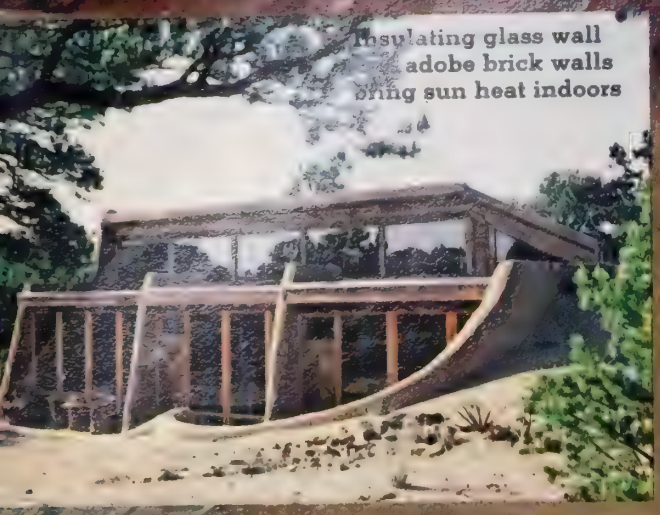
He had received no formal training in the field of design or any other field; and it was not until he came to New York that he became even moderately interested in making anything. In his own words: "The freedom of life in America offers chances undreamt-of in Europe. You get an idea that you would like to do something, and you ask yourself—'Why not?' If it works, you go on from there. If not, you can always try something else. I am sure I would never have done what I have if I had stayed in Germany—where you still have to serve a long apprenticeship before you get anywhere at all."

The particular idea that occurred to Karl Springer was that he would like to have a table entirely covered with leather. He was told that he could have a table with a leather top, but not an entirely leather-covered table. So he set to, in his spare time, to build his own table and cover it with leather, top, legs, and all. After that he started to make other small things—desk accessories and frames—teaching himself the necessary techniques as he went along. A kind-hearted buyer for Bergdorf Goodman, to whom he presented examples of his work, bought some of them, and memorably encouraged him with two words: "Go on." He took her advice, and in course of time found himself, to his

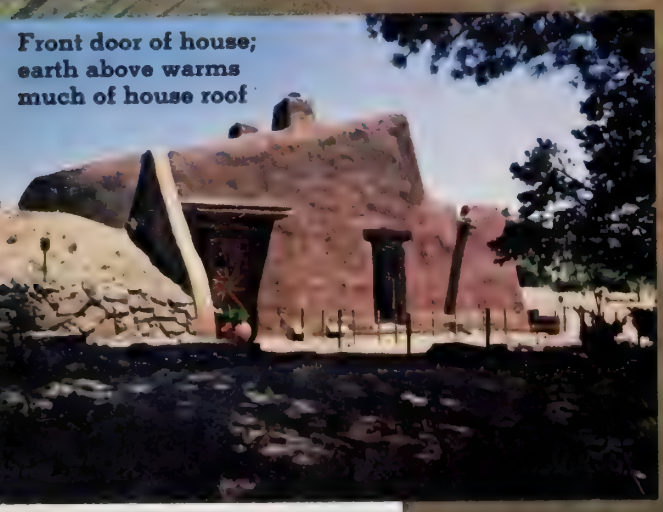
HORST

Continued on page 214

A house heated solely by the sun



Snugly tucked into a hillside site, and open wide to the sun, this solar house in New Mexico is both an energy saver and a delight to live in



Some solar houses resemble spaceships, alien to the land. But not the FitzGerald house in New Mexico. It had to be "compact, energy-saving, integrated into the land—and beautiful." Solar architect David Wright designed it in Pueblo adobe style, builder Karen Terry made it an integral part of its Santa Fe terrain. With an all-glass south wall, and heated by sun with a little help from two fireplaces, it has a passive solar system eliminating collector plates, mechanized solar equipment, and fuel bills. Other outside walls are 10-inch, heat retaining adobe, and, on the north and north-east, walls are underground. Earth warms them in winter, cools them in summer, also encloses two-thirds of roof.

Right: Against adobe brown walls in living room, white in dining space, chairs and tables use natural materials and colors. Fireplace base is heat collector, pine ceilings are recycled boards, brick floors re-radiate solar heat.

MARIS SEMEL

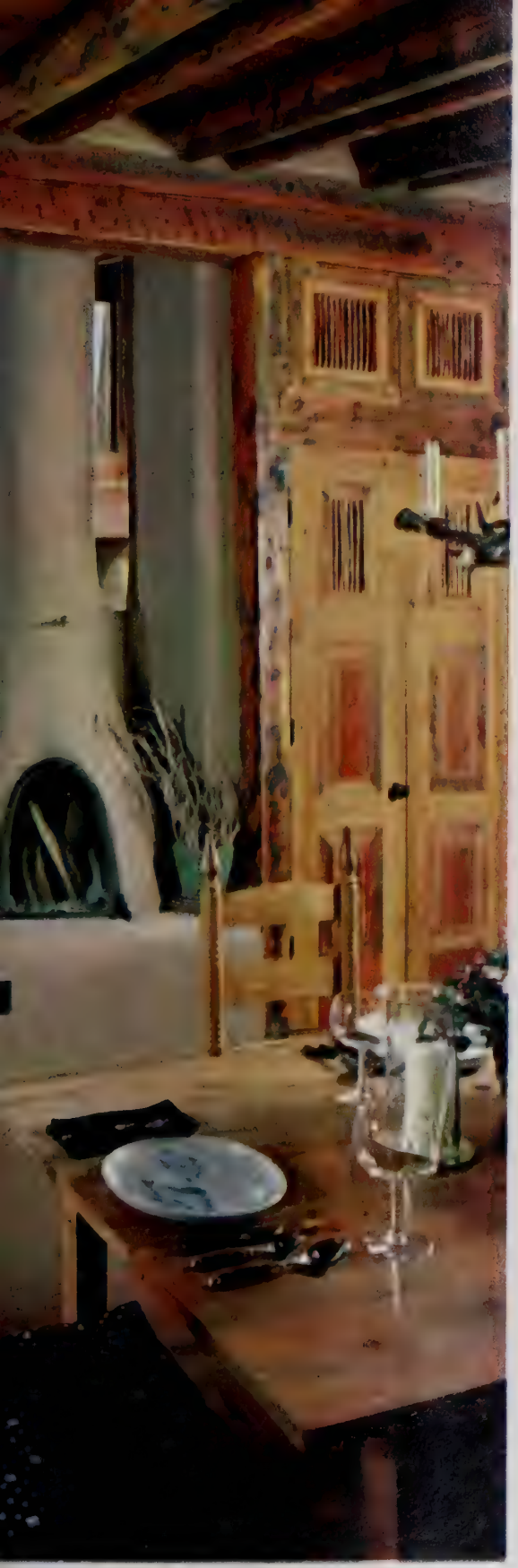








Left, above: Kitchen cabine are pine with doors of vari woods, Mexican tile on wa *Above*: Double glass in window wall and clerestor brings low winter sun deep living room; door has etch glass design. Handmade dining table, Mexican chai face second fireplace. *Left*: Master bedroom open to front terrace; at rear, sol closet stores daytime heat. *Left*: Bathrooms borrow lig from high-in-wall hall wind *Right*: Triangular tub in ma ter bathroom of adobe and Mexican tile: juniper coun



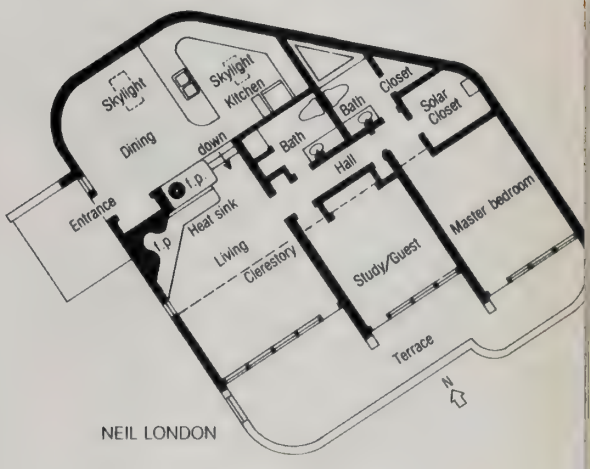
Handsome handcrafted wood details enhance a solar house built with heavy, sun-warmed walls in the age-old adobe method

The home owners find it "magical that the house heats itself without mechanical apparatus or fuel." This economy appealed to them together with the sculptural character of the house and the many hand-crafted wood interior details. All on one floor, the plan works smoothly. Almost half the 4-room, 1,550-square footage is the living-dining-kitchen. This space, divided into individual, daily use areas by steps, fireplaces, and kitchen counter, becomes one big room for a party. Two bedrooms and baths are the other half of the house.

Overhead the sloping ceilings are pine boards supported by recycled 75-year-old fir rafters—a herringbone pattern in living room and bedrooms, horizontal boards in dining room-kitchen. The curving walls are adobe and plaster. Low winter sun through the south windows heats them and they radiate warmth long after sundown; in summer, window overhangs keep out high sun rays. The double fireplace base, the 'banco,' is a heat sink, storing sun heat in the adobe, and dark red brick floors are heat sinks also. Both fireplaces, with high Navaho-type openings, draw in outside air and don't steal room heat.

At the back of the house the thick-insulated rear walls, below ground, are buttresses against north winds and severe weather. They, and the earth-covered roof overhead, enclose the dining room-kitchen but skylights in the roof light the space brightly. "The way the house is recessed into the hill, with walls and roof invisible from the road," say the inhabitants, "gives us security". They also testify that the house has been comfortable throughout the New Mexico winters where sun prevails in daytime but nights are cold. The outdoor temperature was as low as minus 3 degrees one February 1977 night, but indoor temperatures then ranged from 60 to 70 degrees. (See record chart of temperatures and "How the solar system works" on page 272 .) An outstanding interior feature is the handcrafted wood cabinetwork installed by builder Karen Terry. All doors, kitchen and bath cabinets differ in design and details. So does the handmade iron hardware. Insistence on such beauty proves that esthetics and energy-saving can be combined in solar design.





NEIL LONDON

Top: Karen Terry, builder, left, shows the skylight in the sod roof overhead.
Above: Plan of 4-room solar house angled due south and recessed into hill.
Below: Pinwheel front door, bedroom door.
See Building Facts.





If you're renting or living on the move what are the most sensible decorating changes you can make?

Advice from real-estate experts and decorators plus family case histories

BY CAROLINE SEEBOHM

When Rudolph and Sheila Rauch and their small son moved from South America to Atlanta, they knew it would not be permanent. Mr. Rauch is a correspondent for *Time* magazine, which means that he can be relocated anywhere in the world at very short notice.

Nevertheless, the Rauches bought a house in Atlanta and started work on it. They opened up the den, and added a deck with glass doors; they changed the heating system, taking out radiators and connecting up the existing underfloor heating; they converted the old back porch that was off the kitchen into a laundry room; and they remodeled one of the bathrooms. The total cost for making all of these improvements came to something over $6,000 (these are the Atlanta prices of five years ago).

The Rauches knew they weren't staying forever, but they made the changes anyway. Is that good practice? Is it economical? Does it make sense, if you live in a house that you know you won't be staying in long, or in a rental apartment, to spend large sums of money on improvements? Is $3,000 better spent on a new kitchen floor or a Chippendale sofa? Is there such a thing as movable decorating?

According to the U.S. Census, more than a third of America's population moves every year. That's a lot of moving and a lot of redecorating

Mrs. Rauch's answer is straightforward enough. "We wanted to do it for our own satisfaction," she says. "Life was really uncomfortable with the laundry in the basement, for instance. And we wanted to be cool outdoors during Atlanta summers, so the deck worked wonderfully. We talked to a real estate broker about the investment we were making in the place, but she could not honestly say that we would get our money back. She simply said, 'If you're going to enjoy it, do it!' So we did, and in fact we did get our money back when we sold it. I don't think you can lose if you do things that are universally wanted, like good kitchens or heating systems—things that people care about."

Continued on page 269



1. Hand-carved wood from India in four 4-foot-high panels, $110, Azuma. 2. Three-panel wood frame, 5 feet tall, takes 2-4 yards of fabric, $55, Fabrications. 3. One roll of banana-leaf wallpaper covers a homemade 3-panel chipboard screen, 5 by 6 feet. Clarence House paper, $24 per roll. Chipboard, approximately $21. 4. Rattan and bamboo in three panels, $495, Lord & Taylor. 5. Natural goatskin lacquered screen by Karl Springer, $1,125 per panel. 6. Hand-painted "Rousseau" by Kenneth Stern on three 7-foot panels with faux-malachite back, $6,000. 7. Modern Coromandel copy of a 17th-century design, $3,600, Gracie & Sons. 8. Batik floral on four panels, 6 feet tall, $700, Roe Kasian. 9. Three panels of Art Deco opaque glass with rattan trim, Lord & Taylor, $860. 10. Dark red lacquer panels, 6 feet tall, $695, Roe Kasian. 11. Four panels of woven wicker stand 8 feet high, $1,200, by Michael Taylor, for Wicker, Wicker, Wicker. See Shopping Information.

WILLIAM P. STEELE



EDITOR'S CHOICE— SCREENS

Movable walls or freestanding art, screens are space-dividers of many talents. Here are 11 great-looking ones to suit a variety of tastes and budgets.

The same furniture with 3 different looks

Classic ready-to-buy furniture that adapts to the room you have, the look you want. Here are 3 examples

To put your money into good simple furniture is to invest in not just one look—but in many. "There's virtually no end to what yo can do with the basics," say designer Richard Neas. "And if you're not sure of the style you want, changin from one look to another c be a simple matter of rearranging the furniture a painting the walls." Startin here, to show how easy it be, Mr. Neas used the sam furniture—even the same art—in three different roo . . . for three different look





THE LOOK

1 Casual Country

"There's something summery and countryish about mattress ticking," says designer Richard Neas, who used it to slipcover all the modular furniture in this seaside living room. Two corner sections and an armless chair become a sofa—"a comfortable place to curl up in front of the big fireplace." More of the upholstered furniture is arranged in a "U"—great for conversation—in what used to be the dining room before its wall was taken down to create one big 21-by-30-foot heart-of-the-house room. To unify the new space, the floor was comb-painted green, the walls blue, "and the indoors and outdoors became one." Windows are curtained with striped panels that billow over shades made from a charming country print that points up the floor. For bright accent, garden flowers ramble over the sofas on big pillows and on the full-skirted table.

WHAT MAKES THE LOOK...

Furniture: Slip-covered in mattress ticking

Floor: Comb-painted grass green for fantasy

Walls: Painted blue, like the sea outside

Windows: Simple curtain panels over country-printed shades

Left: Two corner sections and an ottoman, slipcovered as a unit in mattress ticking from Cohama/Riverdale. Throw-pillow fabric from Brunschwig. Window shade by Joanna Western. Shade fabric, Souleiado at Pierre Deux. Comb-painted floor by Luis Molina. On the flowery end table, lamp from LCS. Paintings by Ida Kohlmeyer at the David Findlay Gallery.

All the furniture by Thomasville is available in department stores across the country

JOSHUA GREENE

SEVEN EASY PIECES

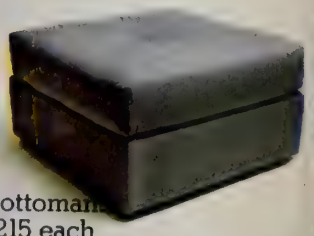
some in multiples—that make up the basic wardrobe



4 armless chairs
$295 each



5 corner sections
$375 each



2 ottomans
$215 each



1 drop leaf table
$585



1 coffee table
$475



2 side tables
$385 each



6 chairs
$155 each

THE LOOK

2 Updated Traditional

Color is a natural mood-maker, and if you doubt it, imagine this room without its soft apricot-colored walls. "The warm background softens the clean-lined modular furniture," says designer Richard Neas, who accentuated the color with the apricot and gray diamond-patterned antique durrie rug, and the panels of canvas curtains edged with apricot grosgrain ribbon. The modules are arranged to look like traditional furniture—an L-shaped sofa in one corner of the 17-by-29-foot room and, opposite it, a chaise. To make the most of the already built-in bookshelves, Mr. Neas had them painted white. The dining table under them doubles as a desk.

WHAT MAKES THE LOOK...

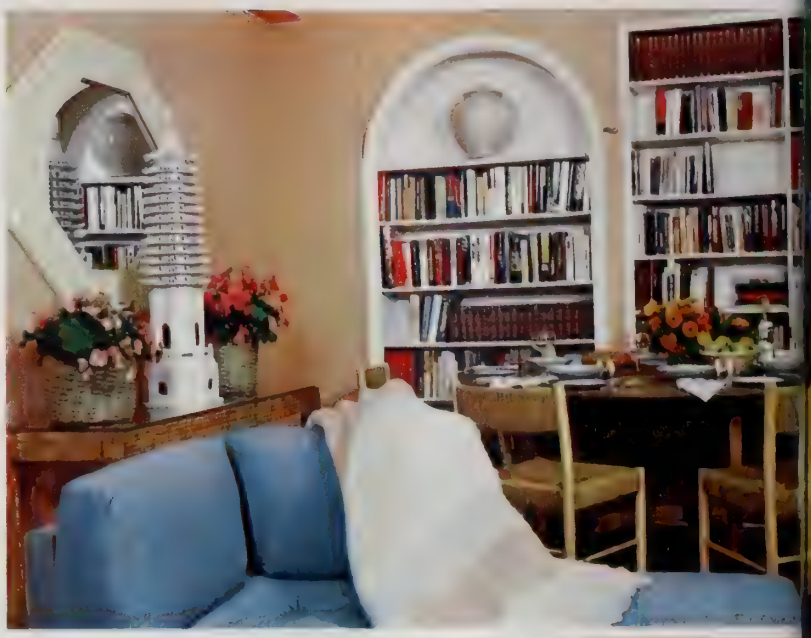
Furniture: Traditional seating arrangement with an L-shaped sofa and a chaise lounge

Floor: Durrie area rug on parquet

Walls: Painted apricot for allover softness

Windows: Simple canvas ribbon-trimmed curtains over straw shades

Below and Bottom: In a traditional living-dining room, furniture by Thomasville in its original cotton-and-linen upholstery. Fireplace mantel painted to look like sandstone by Richard Neas. Mirror frames painted by Luis Molina. Durrie rug from Harris/Kosmas, Ltd. Chrome banded-and-tempered glass fire screen from Edwin Jackson, Inc. Accessories from LCS; John Copper, John Thompson Designs; John Rosselli; Gregory Newham. Apricot paint, Pittsburgh Paints.





THE LOOK

City Modern

Here's an ordinary box-like room in a city high rise with its own streamlined good looks. The secret? Designer Richard Neas painted out the 14-by-24-foot shell with gray-painted ceiling and walls that blend right into the gray wall-to-wall carpeting. All of the modular furniture was fitted into one end of the room where it seems to disappear into the background—"as if it were built right in." To enhance the tailored look of the room, Mr. Neas left the big window curtainless—but defined it with a pair of fabric-covered screens handpainted in a geometric design in shades of gray. Flourishes of color turn up on the sofa in a happy mix of throw pillows, and against the long wall in industrial steel bookcases painted rich red—"deep enough to hold its own amid all the gray."

WHAT MAKES THE LOOK...

Furniture: Modules arranged to look built in

Floor: Wall-to-wall carpeting

Walls and ceiling: Painted gray for wrap-around serenity

Windows: Dramatic hand-painted screens to frame windows



KAREN RADKAI

Above and top: Sleek modular furniture arranged like a built-in banquette. Furniture by Thomasville. On the screens, handpainted sailcloth from First Editions. Gray Antron nylon carpet by Bigelow. Open-shelf steel bookcases by Ascot Steel Equipment Co., Inc. Stereo system, TV by Toshiba. Porcelain and ceramic bowls from Gordon Foster Antiques. On the dining table, plates and wine glasses from the Pottery Barn. See Shopping Information.



Bed comforter $51.99
Dust ruffle $16.99
Two straw rugs $119.98
Two pair curtains $79.98
Ceiling beams $50.97
Buri table $39.95
Willow armchair $99.95
Pillow sham for chair $10.99
Comforter seat cover,
four pillow shams $81.95
Fireplace brick $150.74

Sheets for table underskirt $14.99
Comforter overskirt $39.99
Folding table (painted) $32.99
Table lamp $48.99
Sheet for headboard $14.99
Two pillowcases and two shams for the bed $28.47
Bed sheets $29.98
Innerspring mattress, bed frame $334.90
Slat–seat chair $16.95
Pharmacy lamp $34.99
Pillow forms—bed (two), banquette (four), chair (one) $93.39

Total: $1,392.12

KAREN RADKAI
116

How to create a charming bedroom the easy way by

Decorating from a catalogue

Let your fingers do the decorating. Shop by catalogue and you can fill a bedroom with all the charm and comfort it could take weeks to assemble. Except for $324 of paneling, almost everything in this bedroom—from the floor mats up to the ceiling beams, even the painted brick fireplace—is available in the Sears Fall/Winter 1979 Catalog. Total cost: $1,392.12. "Paisley Fantasy" sheets and comforters by Diane Von Fürstenberg for Sears. Fire screen, Cache-Cache. Accessories, Thos. K. Woodard. Paneling, Georgia-Pacific. For details, see Shopping Information.





▲ For relaxing reading, chaise covered with a Vice Versa fabric in a library. Bloomingdale's reading lamp, Roe Kasian tables, Stark wool rug.



▼ The ingeniously easy-to-build design is very durable—the extra sturdy ziggurat base supports a slotted wood mattress platform that's both strong and resilient.

▲ Find your chaise a place in the sun—on a porch, terrace, or near a pool. Here it's covered in peach cotton duck under a Conran's umbrella table.

Two beds together give ample room for Tony Cah to telephone while Karen amuses a tiny friend. Martex "Wild Plum" shee Thos. K. Woodard quilt.



Putting it together one, two, three

Left: 3 separate frames—each slightly larger than the one below—form the frame. Here Karen Cahan and Peter Stamberg place the final tier before nailing.

EDWARD OLEKSAK



KAREN RADKAI

D.I.Y* Furniture craft

The bed that doubles as a chaise

In one day two can build this adjustable bed



WILLIAM P. STEELE

In any room where you want the true luxury of complete comfort, this bed's a big bonus. A triple tier of picture frame-shaped supports form a sturdy ziggurat base, the head of the slotted wood mattress platform props to any of the base's three levels, and six Shepherd casters make it mobile.

Like all of Peter Stamberg's designs for House & Garden, you can build the bed yourself. All it takes is the help of a friend, one day's time and about $100 worth of materials. One bed holds a standard 39-inch-by-75-inch twin mattress. (Foam is suggested because of its flexibility.) And two chaises pushed together are even wider than king size.

Here we show how the bed can be used, *above, from left to right,* in a library, alongside a pool, and in a bedroom. But it would be at ease in any room where you want to relax. For complete instructions, please see Contents Page, for details see Shopping Information.



D.I.Y.* Needlecraft

Drawing the line in color

Two simple stitches turn plain fabric into plaided, fringed, and bow-tied napkins

Here's a new way to make country-fresh napkins that look handwoven: Just thread your needle with bright blue floss and weave it through linen white squares. Everything you need comes in a kit designed by Eleanor Pompili for Patchmakers—fabric, floss, needle, and easy-to-follow instructions. Choose a kit with two dinner or six cocktail napkins. Starting at the center of the lap napkin (one-third across the cocktail size), all you do is pull two napkin threads and replace them with two rows of blue floss, woven in one by one, side by side. Then count the threads along this line to find where the cross lines go. Hem by stitching over a piece of blue floss, fringe the edges, and finish with a red and blue knot.

*Do It Yourself



Left: Homemade meal—and napkins. Jepcor "Apple" stoneware, Lenox crystal, basket, bowl, board, spreader: all at Altman's. *Top*: Stitching the hem. *Above*: Two kits, two sizes. See Shopping Information.

IMPORTED AND BOTTLED BY PARK AVENUE IMPORTS NYC 52 PROOF



Dutch Coffee

Get into the spirit of things with this luscious Dutch Coffee: Pour 1½ oz. of Vandermint in a cup and fill with hot coffee. Top it off with whipped cream for a real "Dutch treat." Making it with Vandermint makes the difference.

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MEAL IN MINUTES

Menu for four
Sesame chicken
Hungarian salad
Coffee ice

Cooking an attractive dinner and sharing it with friends should be one of the most pleasant parts of the day, a leisurely, enjoyable event. To that end, Jeff Smith, a Methodist minister and food historian, known on the West Coast as Public Television's "Frugal Gourmet," recommends, "Start with the best meats, grains, fruits, and vegetables—fresh, wholesome products—and a relaxed attitude in the kitchen." Begin this menu, from Mr. Smith's ***Frugal Gourmet Cookbook*** ($4 from The Chaplain's Pantry, 110 Tacoma Ave. N., Tacoma, Wash. 98403) the night before by freezing leftover coffee in ice cube trays for the dessert. Dip chicken thighs in the sesame and egg-broth mixtures and pop them in the oven for 30 minutes. While chicken bakes, blend oils, vinegars, and spices for salad dressing; just before serving chicken, slice green peppers and cucumbers, toss with dressing, and arrange on a bed of lettuce. When you're ready for dessert, whip the cream, then whirl coffee ice cubes in food processor or blender, or chop by hand, until the ice is the consistency you like. Scoop into dishes or parfait glasses and serve.

Sesame chicken

INGREDIENTS

1 cup flour
1 cup sesame seeds
2 tablespoons paprika
Salt
8 chicken thighs
2 eggs, well beaten
½ cup chicken broth
Vegetable oil (optional)

METHOD

☐ Blend the flour, sesame seeds, paprika, and a little salt in a large bowl. Dredge chicken thighs in this mixture, then dip them in the eggs mixed with the broth. Dip them back in the flour again.

☐ Brown the chicken thigh lightly in a little vegetable oil i a skillet, then finish them in th oven, or simply bake the chick en in a preheated 350° oven 3 minutes. Serves 4.

Hungarian salad

INGREDIENTS

2 large green peppers, cored, seeded, and sliced into ring
1-2 large cucumbers, peeled and sliced paper thin
Basic salad dressing (recipe below)
Bibb or Boston lettuce

METHOD

☐ Mix the green peppers a cucumbers in a bowl and to with the basic dressing. Ser over a bed of lettuce toss with same dressing. Serves 4

Basic salad dressing

INGREDIENTS

½ cup olive oil
½ cup peanut oil
½ cup red wine vinegar
½ cup white vinegar
Pinch sugar
Pinch dry mustard
Pinch ground fennel
Lemon juice
¼ teaspoon dried parsley
Salt, pepper
Hungarian paprika

METHOD

☐ Blend together the oils a vinegars in a bowl. Add sug mustard, and fennel and n well. Stir in lemon juice to tas dried parsley, a bit of salt, pe per and paprika. Keeps well the refrigerator. Makes 2 cup

Coffee ice

INGREDIENTS

5 cups dark coffee
Kahlúa or Nassau Royale coffee liqueur (optional)
Heavy cream, whipped

METHOD

☐ Pour 4 cups of the cof into ice cube trays and free until hard. Crush ice cubes blender or food processor (low manufacturer's instructio with a bit more liquid coffee, vored with liqueur if desir and spoon into individu dishes. Top with heavy crea Serves 4-6.

RUSSELL MACMASTERS

FORK SUPPERS

Four party menus that expand from six to sixty with ease

Twelve people for dinner and a table for eight? Set the table as a buffet and serve food you can eat easily with a fork while balancing a plate. For a self-service, maintenance-free buffet, have lots of room-temperature foods, and ones which need only a little sauce. Food to eat with a fork means more than food cut in bite-sized pieces. The menus on the following pages include pillows of ground turkey flavored with dill and curry, a trio of fork-tender meats, an exotic chicken pie wrapped in phyllo pastry. The recipes easily double or triple for larger parties because they stress foods that can be made ahead. A Moroccan dinner, *above*, from Gillian Servais in San Francisco, features, left to right, olives, b'stilla, taramasalata, pita bread with basil and feta, eggplant caviar in lemons and eggplants. For menus and recipes, turn page.

193



A harvest of fresh oods for a country eal to celebrate fall, vith pumpkin soup nd roast duck with pomegranates. More, page 199 .

A perfect foil for party menus: Fun-to-eat breads from Italy in classic shapes

From bottom: Artichoke, jump up, country loaf, little star. Recipe, next page.



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Fun-to-make breads



rgherita Simili

Step-by-step to four individually sized rolls from one traditional Italian bread dough

he crusty little breads beg to e eaten. They look involved ıt the variations are just a atter of a few simple rolls ıd twists. Margherita Simili, master baker in Bologna, It-y, demonstrated making the eads in the kitchen of New ork's Four Seasons restau-nt during its Italian food stival, The Glories of Bolo-nese Cooking, organized by ictor and Marcella Hazan.

Bolognese breads

INGREDIENTS FOR STARTER

7 cups unbleached all-purpose flour
Pinch salt
1 ounce fresh yeast
2⅓ cups warm water

INGREDIENTS FOR DOUGH

2 cups unbleached flour
2½ teaspoons salt
2 ounces fresh yeast
⅓ cup warm water
¼ cup olive oil
¼ cup lard, room temperature

METHOD FOR STARTER

☐ Place the flour and salt in a very large mixing bowl. Stir yeast and water together in a bowl until smooth and stir into flour until well mixed. Turn out onto a lightly floured board and knead until smooth, about 10 minutes. Dough will become cool to the touch and blister. Lightly flour a large, clean mixing bowl; place dough in bowl and cover with a clean damp cloth. Let rise in a warm (80°) place 2-3 hours until doubled in bulk.

METHOD FOR DOUGH

☐ Place the flour and salt in a medium-sized mixing bowl. Soften yeast in the warm water. Mix oil and lard together and add to flour. Gradually stir in the yeast mixture until smooth. Punch starter dough down and turn out onto a lightly floured board. Put new dough in the center of the starter dough and roll fresh dough around it. Cut through the two with a sharp knife or pastry scraper several times to begin mixing the doughs. Then knead about 10 minutes more until the two doughs are completely blended, smooth, and elastic. Cut dough into 24 equal pieces (each will weigh about 3 ounces) and shape into balls. Keep covered the ones not being worked with. Roll each ball out into a rectangle 6 by 3 inches. Roll up into a fat cigar about ¾ by 6 inches. Roll "cigars" into strips 1½ inches by 11. This is the starting place to shape all the rolls. When shaped, place on a lightly greased baking sheet and let rise 20 minutes. Bake in a preheated 425° oven 20 minutes or until brown and done. Makes 24 individual breads.

Continued on page 214

EDWARD OLEKSAK

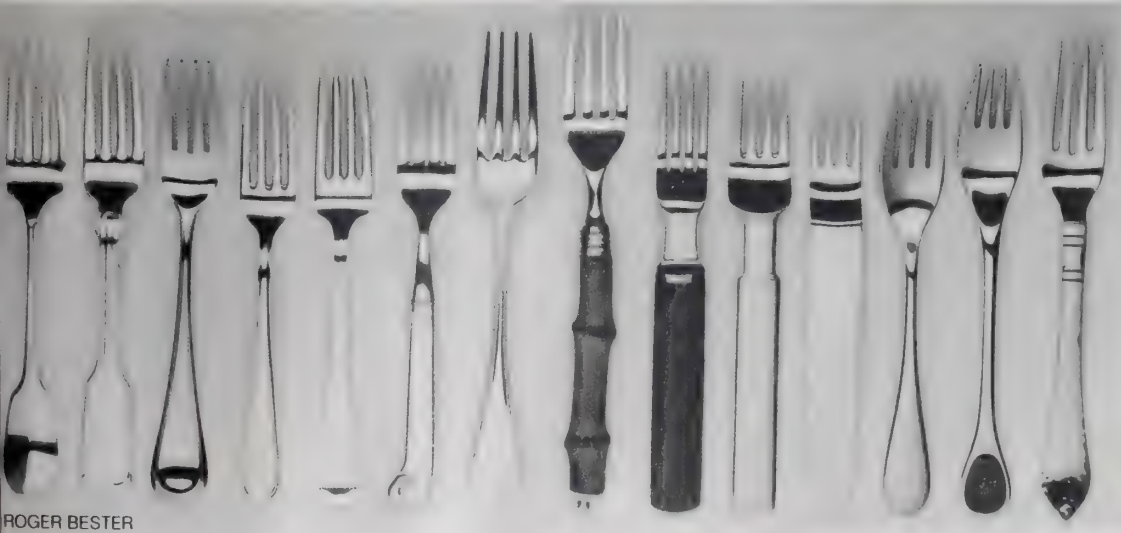


Artichoke: Roll up "toothed" strip, pinch closed. Star gets a double twist



Country loaf cut down the center; 90° twist shapes jump-up

Forks—new shapes, sizes, styles, and status



ROGER BESTER

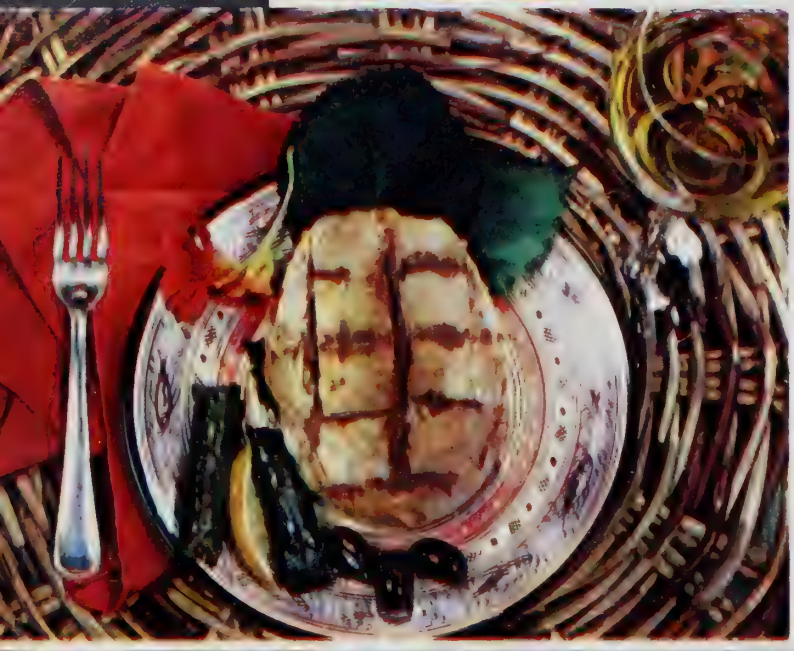
With the arrival of more relaxed dining comes a brand new focus on forks! Lots of choices in texture (hammered pewter, brushed stainless steel, porcelain, wood) and shape (oval, square, just-plain irregular), with each design capable of setting a table mood—from avant-garde to Establishment, from exotic to rustic. Or, if you just want to have fun, think in terms of collecting a mixed bag of forks. They give canny lift to any table. Shopping Information, page 217.



Gillian Servais

Moroccan buffet for 12

Eggplant Caviar
Stuffed Grape Leaves
Taramasalata
Basil Boats
B'stilla
Yoyo Doughnuts



Sheer adventure! An exotic North African/Middle Eastern buffet that relies solely on forks. "No knives and spoons to juggle on laps—that's my strategy for breaking down my guests' inhibitions," explains Gillian Servais, who, with Louise Russell, owns Cookworks, a cookware store in Berkeley. Born in Greece, Mrs. Servais mastered that exotic cuisine, then turned to Turkish, North African, and Moroccan foods that use wonderful peppers, eggplants, lemons, oranges, flatbreads, almonds, and raisins. Her party leads off with an hors d'oeuvre potpourri—baby Japanese eggplants packed with eggplant caviar, tomatoes, walnuts, mint, and herbs; spicy pilaf rolled in port-marinated grape leaves;



Layer almonds, chicken in phyllo-lined baking dish. Tuck a new sheet neatly over top



and taramasalata, a fluffy cod roe dip served with Armenian bread. For the main dish, individual b'stillas or Moroccan phyllo-dough pies filled with shredded chicken (or pigeon or quail), almonds, cinnamon, currants, raisins, *left*. To trigger smiles of delight at dessert, Mrs. Servais introduces Tunisian yoyo doughnuts—glazed with orange-blossom honey and orange and lemon zest confetti, *bottom left*. Recipes on page 202.

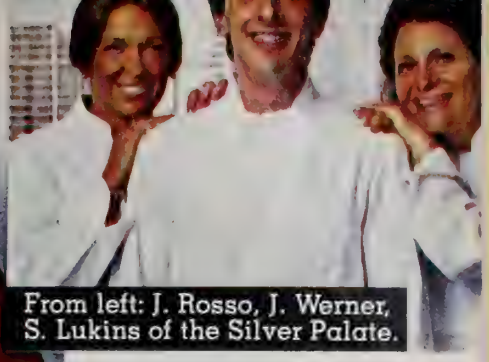
See Shopping Information



For me with easy flow: forget kn spoons, feature f Here, ar Dorothy Hafner creates decorati folk art by hand coiling porcelai in rainb pastels.

MARY JENNINGS





From left: J. Rosso, J. Werner, S. Lukins of the Silver Palate.

Supper for 60

Pork with Fruit
Veal with Eggs
Steak with Vegetables
Cold Vegetables with Blueberry Vinaigrette
Blackberry Mousse

Like an enormous blossom cushioned with leaves, this arrangement of cold stuffed meats (tender enough to cut with a fork) and vegetables creates a dramatic post-theatre buffet. Prepared by the Silver Palate, a take-home food shop in New York, all can be cooked a day before serving. Recipes, page 207.

REITTER

Roll meats tightly around fillings

mal buffet for 12

ey Dumplings
rt Sauce
mn Salad
tnut
ght Cake

serving cold country
oods—turkey, potatoes,
mbers—in bamboo
ers, journalist Françoise
y brings a casual mood
r buffet. From dump-
to cake—all can be pre-
in advance and eaten
orks. Recipes, page 206.

MARIN



se Sciaky

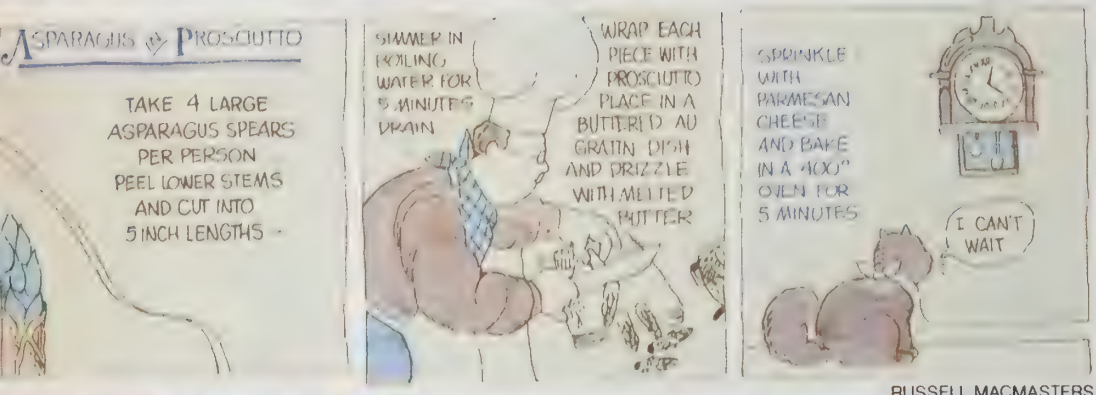


"Captain" Robert Steffy and first mate

Seafaring kitchen buffet

Asparagus with Prosciutto
Captain Cook's Prawns
Green Salad, French Bread
Prunes in Port
Cornmeal Cookies
Robert Mondavi Fumé Blanc

With so many quick-to-prepare, easy-to-eat dishes suitable for entertaining available, a book was inevitable. Enter designer Robert Steffy, a founding partner of Wicker Works and the inspiration for San Francisco's Pavi ion restaurant. His *Capta Cook Cookbook* (Determin Productions), a 7-inch pape back gem with rib-tickling lustrations by Frank Ansle follows the Captain and feli friend, Julia, as they sail t seven seas for such treats pasta with four cheeses a cardamom cake. Many are ju right for fork suppers, li tender asparagus in prosciut broiled butterflied prawns, a heady prunes in port wi whipped cream. Mr. Stef stirs up his favorite dressi for greens to serve with t prawns, and crispy cornm cookies set off dessert. N



RUSSELL MACMASTERS





wonder the blue and wh kitchen filled with porce cats and Cantonware plat is the scene of frequent par "I don't want to miss a th when I have company," Mr. Steffy, "so I rely on s ple, well-rounded menus f or 8. [For more guests, sin add more asparagus, shri and prunes]. The recipes in book are old-fashioned but phisticated—I wanted ther appeal to people of any experienced cooks and kitc novices—as Julia says al the Captain's pasta with bu and cheese, 'So simple ye good.'" Recipes, page 208.







A festive dinner flavored with autumn vegetables

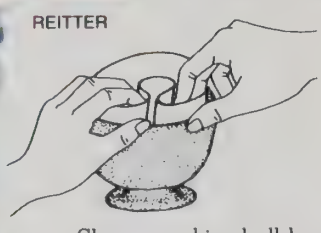
Cream of pumpkin soup in a pumpkin shell
Long Island duckling with pomegranates and walnuts
Spaëtzle, Pfefferlinge, Snow peas
Endive-Red cabbage salad
Rose ice cream in Cookie shells

Hargrave Vineyard Pinot Noir Blanc de Noir 1978
Hargrave Vineyard Cabernet Sauvignon 1977 Reserve

Feeling the nudge from nature, Pat Lenz (in her country kitchen, *top left*) created this fanciful fall feast by stalking Long Island markets for early autumn game, produce, and flowers. Pumpkins set the harvest mood, *above left*, followed by crisp duck roasted over jasmine tea and sauced with pomegranates and two Alsatian-German accompaniments to game: spaetzle, a fresh German pasta which needs no rolling or shaping; and pfefferlinge, or wild mushrooms, which can be purchased at German delicatessans, *left*. For a delicate dessert, Mrs. Lenz capitalized on late-summer roses by adding a purée of petals to ice cream, served scooped into cookie nests, *bottom left*. Recipes, page 210.



RADKAI



REITTER

Shape cookie shell by pressing gently into teacup.

Cream of pumpkin soup in a pumpkin shell

INGREDIENTS

2½ cups chicken stock
2 pounds pumpkin meat, seeded, peeled, and cut into cubes, or 2 pounds canned or frozen pumpkin purée
6 cloves garlic, peeled
1 cup leek, thinly sliced (white part only)
4 tablespoons butter
½ cup cream
Salt, white pepper
Cayenne
Nutmeg
¾ cup Gruyere cheese, grated (at room temperature)
½ cup croutons: made from stale French bread with crusts removed. Sauté in olive oil to brown, and drain on paper towel
6 very small pumpkins (choose pumpkins with a stem): cut out a serrated lid and remove seeds and scrape insides with a sharp spoon. (Optional)

METHOD

☐ Bring stock to a boil in a saucepan and add the cubed pumpkin and whole garlic cloves. Cover, and cook at a low boil until pumpkin is soft (30 minutes).

☐ Cook the leek slowly in the butter in a skillet until very soft (about 20-25 minutes). Do not allow to brown.

☐ Combine the stock mixture with the leeks and purée in a food processor. Return to pot and bring to the simmer. Add heavy cream and season to taste with salt, pepper, a pinch of cayenne, and a hint of freshly grated nutmeg.

☐ To serve: Place 2 tablespoons grated cheese and 1 tablespoon croutons in each pumpkin shell or soup bowl. Ladle in hot soup, cover with pumpkin lid, serve. Serves 6.

Long Island duckling with pomegranates and walnuts

Recipe may be prepared in stages starting 3-4 days beforehand

INGREDIENTS TO BLANCH DUCKS

3 small (4-4½ pound) fresh Long Island ducklings—cleaned, with excess fat removed
1 cup honey

(Continued on page 210)

GOOD SPIRITS

BY MOLLIE E.C. WEBSTER

Apéritifs: Fresh starts to a meal

When looking for inspiration for what to serve with the hors d'oeuvre at the next party, try something blended especially for that purpose. Apéritifs (aromatized wines) introduce a meal gently—they are generally low in alcohol and their combinations of herbs, spices, wines, and brandies point up the flavors of food without overpowering them. They taste delicious alone over ice, and mix well with juices—orange, grapefruit, cranberry, pineapple, or apple for refreshing, long drinks. Or turn the tables and make sorbets from apéritifs—their alcoholic content will give them a smooth character, or make fruit sorbets with the apéritif as a fillip—serve them as mid-meal palate clearers or dessert. Below is a partial guide of popular apéritifs—it does not include the unflavored fortified wines like sherry, port, Madeira, Marsala—plus mixed drinks to show off their versatility.

Subtly spiced or with a hint of sweetness, apéritifs make delicious drinking before dinner or whenever a light, refreshing drink is right

Get to know apéritifs

The variations on apéritif wines are endless. The basic wines are blended with combinations of nearly 50 flavorings, including angelica, coriander, wormwood, quinine, camomile, ginger, clove, nutmeg, hyssop, and roses. Each manufacturer keeps his formula a closely held secret. Getting acquainted with the differences is part of the fun. Apéritifs are simplicity itself to drink and serve—keep several types in the refrigerator and serve them very cold, over ice, with a twist of lemon or lime, lightened with Seltzer, soda, or sparkling water.

BYRRH *France, 18 proof*
A reddish wine fortified with brandy and flavored with quinine; a biting taste.

A Gypsy's Token
Fill a pitcher ⅓ full of ice. Pour in 6 ounces Byrrh, 6 ounces dry vermouth, and 6 ounces rye whiskey and stir well. Strain into six chilled apéritif glasses.

CAMPARI *Italy 48 proof*
Actually an Italian bitters, an extract of distilled spirit and herbs; rather bitter but refreshing to taste.

Campari Lime Sublime
Pour 1½ ounces Campari over ice in a tall glass. Add wedge of lime. Add generous dash of lime juice. Fill with tonic. Stir well.

Capri Cocktail
Combine 2 ounces Campari, 1 ounce vodka in a cocktail shaker. Add 2 drops Angostura bitters and 1 teaspoon sugar or to taste. Shake with cracked ice, strain into a cocktail glass. Add a twist of lemon and serve.

CYNAR *Italy, 34 proof*
Made from artichokes, perhaps the most unusual of the Italian apéritifs; with a unique sweet and bitter flavor.

St. Gennaro's Fanfare
Place 4-5 ice cubes in a tumbler. Pour in 1½ ounces Cynar, 1½ ounces vodka, 1 dash sweet vermouth. Stir well and decorate the side of the tumbler with an orange slice.

DUBONNET (red and white)
France, 19 proof
A sweetened red wine that is made astringent by the addition of bitter bark (quinine); the white version is made from white wine. It is the most popular American apéritif.

Banish the Blues
Fill a pitcher ⅓ full of ice. Pour in 4 ounces Dubonnet (red), 4 ounces brandy, 4 ounces lime juice, 4 ounces maraschino, and stir well. Strain into four chilled apéritif glasses, with a maraschino cherry in each.

Moonshine Cocktail
Shake 1 ounce white Dubonnet, 2 dashes Pernod, 1 ounce brandy, and 1 ounce peach brandy with ice cubes. Strain into two chilled cocktail glasses.

LILLET (red and white)
France, 18 proof
Red or white wine flavored with herbs, roots, and flowers; it tastes a little drier than Dubonnet.

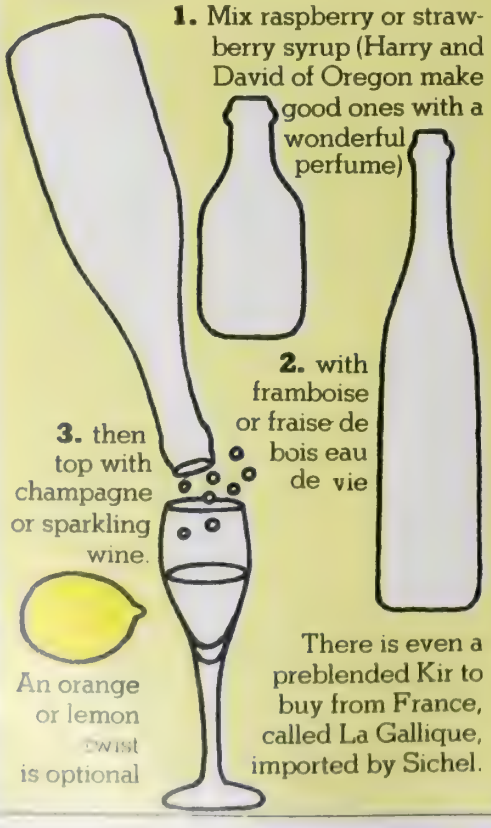
Lillet Mt. Rainier
Stir well in ice, ½ glass Lillet, ½ glass dry gin, and 2 dashes Crème de Noyaux. Squeeze one piece of orange zest on top.

Red Maple Delight
Shake well with ice 2 ounces red Lillet, 1 ounce brandy, 1 ounce fresh orange juice and 2 dashes grenadine. Strain into a brandy goblet. Bend 1 slice orange rind, about 1 by ½ inches, and light a match to it. It will "pf-ff-f" as the exuded orange oil ignites. Plunge rind at once into the drink. Swirl the glass while holding the base of the goblet.

Continued on page 20.

How to make a Kir

One of the most popular apéritif drinks is a Kir and its many variations—6 ounces chilled dry white wine or sparkling wine with a teaspoon or so crème de cassis—or perhaps strawberry or raspberry liqueur for a change. The amount of liqueur depends on how sweet you want the drink. To duplicate the popular apéritif served at famous French restaurants:



There is even a preblended Kir to buy from France, called La Gallique, imported by Sichel.

The SEAGRAM'S GIN Perfect Martini.



For a Perfect Martini, just pour Seagram's Gin gently over ice and forget the vermouth. Enjoy our quality in moderation.

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Mead Elizabethan—*England, 13.5 proof*
Made with honey wine and grape wine, with the honey flavor predominating. Best served icy cold, over ice with a large piece of lime.

PIMM'S NO. 1 CUP *England, 67 proof*
A blend of fine spirits, herbs, spices, and fruits gives a slightly sweet, balanced apéritif with a gingery taste.

Dowager's Downfall
Combine 1½ ounces Pimm's No. 1 Cup, ½ ounce tequila, and juice of ½ lime and shake with ice. Strain into cocktail glass or over ice in Old Fashioned Glass. Garnish with lime wedge.

PINEAU DES CHARENTES
France, 17 proof
From the Cognac district of Charentes; three-year-old cognac mixed with new wine, then fermented in oak barrels and aged for two years; like a brandy without the final sting, with a fruity taste.

Fall Sunset
Fill a balloon wineglass with 2-3 ice cubes. Pour 3 ounces chilled Reynac's Pineau des Charentes and 1 ounce Fraises de Bois (Dolfi) over the ice. Stir gently. Float a small slice of melon on top.

Eastside Pickup
Pour 2 ounces chilled Reynac's Pineau des Charentes and 2 ounces chilled sparkling white wine into a chilled balloon wine glass. Stir gently and drop in 1 fresh black grape.

PUNT E MES *Italy, 16.5 proof*
A bittersweet vermouth; amber brown in color.

Bonfire Cocktail
Stir 1 ounce Punt E Mes, 2 ounces cognac, and 1 ounce calvados or applejack with ice cubes. Strain into chilled cocktail glass. Add a twist of lemon peel.

ST. RAPHAËL *France, 17 proof*
A zesty vermouth, brown-red in color, with a fruity flavor slightly sweeter than Dubonnet.

SHOGUN *Japan, 17 proof*
A blend of sake and grape wine with a very dry, musky flavor.

VERMOUTH *France, Italy, U.S.A., 16-19 proof*
An aromatic wine with a red or white wine base, soaked with more than 40 herbs and fortified with spirit. Some popular brands: *Búrati* (Italy, 18.25 proof). *Cinzano* (Italy, 16 proof). Cinzano also makes a rosé vermouth that is deliciously light and fruity, made from rosé wines and 30 herbs. *Martini & Rossi* (Italy, 18 proof). *Noilly Prat* (France, 19 proof). *Stock* (Italy, 18 proof). Stock also makes a rosé vermouth. *Tribuno* (U.S.A., 17 proof). *Vernat* (France, 17 proof). As well as its extra-dry and sweet versions, Vernat makes a vermouth flavored with wild strawberries.

Bronx
Shake 1½ ounces dry vermouth, 1½ ounces sweet vermouth, 1½ ounces orange juice, and 5 ounces gin with ¼ cup cracked ice. Strain into 4 chilled glasses. Add a twist of orange peel to each glass.

East India Cocktail
Shake 1 ounce sweet sherry, 1 ounce dry vermouth, and 1 dash orange bitters with ice cubes. Strain into chilled sherry glass.

Spoleto Special
Shake ½ ounce dry vermouth, 1 ounce gin, ½ ounce fresh orange juice, and ½ well-beaten egg white, with ice cubes. Strain into a chilled cocktail glass. Dust with a dash of nutmeg.

High-proof aperitifs

AKVAVIT (Scandinavian)
Clear, 100 percent grain neutral spirits that come in a variety of flavors. Keep the bottle in the freezer and drink little glasses with a beer chaser. *Aalborg Akvavit* (80 proof), caraway flavor. *Aalborg Jubilaeums* (90 proof), flavored with spices and dill, which give it a pale brown color.

ANISE-FLAVORED
A licorice-flavored spirit fortified with herbs; a highly potent apéritif. Almost colorless; it clouds when mixed with water. Usually drunk in a mixed drink or with water—not neat. *Anis del Mono* (Spain, 88 proof), comes in both a dry version and as a sweet cordial. *Club Raki* (Turkey, 92 proof). *Ouzo* (Greece, 90 proof), comes in both a dry version and as a sweet cordial. *Pernod* (France, 90 proof). *Ricard* (France, 90 proof).

Pernod Martini
Stir ½ teaspoon Pernod, 1 ounce gin, and ¼ ounce dry vermouth with ice cubes. Strain into a chilled cocktail glass. Decorate the drink with a pearl cocktail onion.

FLAVORED VODKAS
Aromatic spirits, usually made from wheat and flavored with herb and spice combinations. Drink all but the hottest alone or with water or soda. *Okhotnichya*—"The Hunter" (90 proof), straw colored; flavored with honey, ginger root, angelica, cloves, juniper, lemon and orange zest, red and black pepper. *Pertsovka* (70 proof), reddish amber color; flavored with red and black pepper—quite hot. *Starka* (86 proof), dark amber color; flavored with brandy, port, honey, vanilla, leaves of Crimean apple and pear trees.

TEQUILA
The fruit of a member of the agave family is the basic ingredient of tequila. The plant takes 10-13 years to mature, grows in a small region of Mexico. Drink tequila in traditional fashion with salt and lemon or lime, or experiment with mixed drinks. *Cuervo 1800* (80 proof), amber color. *Herradura Añejo* (92 proof), aged 3 years, light gold color. Try it alone over ice. ■

Eggplant caviar

INGREDIENTS
2 small eggplants
½ Bermuda onion, minced
4 cloves garlic, minced
1 tomato, peeled, seeded, and finely chopped
2 tablespoons fresh basil leaves
½ cup parsley
1 teaspoon turmeric
¼ teaspoon rosemary, finely minced
1 teaspoon allspice
1 teaspoon cumin
1 tablespoon olive oil
2 tablespoons soy sauce
2 tablespoons wine vinegar
¼-½ cup walnuts, toasted and chopped

METHOD
☐ Bake eggplant on a baking sheet in a preheated 400° oven 45-60 minutes, or until soft. Peel eggplant and chop very fine. Then mix in a bowl with onion, garlic, and tomato. Mince together basil and parsley and add to mixture along with turmeric, rosemary, allspice, and cumin, olive oil, soy sauce, and vinegar. Add walnuts. When the mixture is well combined, cover and chill thoroughly.
☐ The recipe is better if done a day or two ahead, allowing time for the flavors to blend. Serve in lemon halves or in halved small Japanese eggplants (parboil, then scoop out centers). Serves 8 as a side dish to eat with a fork, or 16 as an appetizer dip for vegetables or spread for toasted pita bread or Armenian cracker bread.

Basil boats

INGREDIENTS
Armenian cracker bread (Lavash) or use pita bread
Fresh basil leaves
Feta cheese
Pimiento, chopped, or use chopped tomato

METHOD
☐ Cut the bread into pieces about 3 inches across. Place a fresh basil leaf on each piece (choose leaves large enough to resemble little boats). Crumble about 2 teaspoons feta on top of the basil and top this with chopped pimiento or tomato.

Stuffed grape leaves

INGREDIENTS FOR FILLING
1 cup olive oil
4 cups onions, finely chopped
1 cup rice (do not use converted rice)
½ cup parsley, minced
1 teaspoon dried dill
Juice of 1-2 lemons

Continued on page 204

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3 mg. "tar", 1.7 mg. nicotine av. per cigarette, FTC Report MAY '78.

continued from page 197

Autumn salad

INGREDIENTS FOR SALAD

16 small round potatoes
1 large jar beet soup of the kosher variety (available in supermarkets)
1 bunch celery
1 long, unwaxed cucumber
1 bunch parsley

INGREDIENTS FOR DRESSING

1 tablespoon Dijon mustard
2 tablespoons vinegar
½ cup vegetable oil
1 shallot, minced
1 tablespoon lemon juice
Salt, pepper

METHOD FOR SALAD

☐ Steam potatoes about 20 minutes or until a knife cuts smoothly into the vegetable. Pull off the skins with a sharp knife and trim potatoes so they look round and smooth. Put in a bowl, cover with beet soup, and chill overnight.

METHOD FOR DRESSING

☐ Mix mustard and vinegar together in a bowl. Slowly add the oil in a thin trickle, beating the mixture with a spoon. The dressing should take on the consistency of mayonnaise; add the shallot and lemon juice, stirring all the while. Season with salt and pepper to taste.

METHOD FOR ASSEMBLY

☐ Slice the celery and julienne the cucumber; arrange on a platter. Drain the potatoes, slice them, and arrange on the greens. Decorate with parsley. Toss with dressing just before serving. Serves 8-10.

Curried turkey dumplings with yogurt sauce

INGREDIENTS

7 ounces Italian bread, including crust
1 pint milk
1 pound, 2 ounces turkey meat, ground
7 ounces sweet butter or unsalted margarine
4 large eggs
¾ teaspoon salt
½ teaspoon pepper
3 tablespoons Gourme homestyle Jamaican curry powder or other mild curry
6 sprigs dill
Flour
2 chicken bouillon cubes diluted in 3 cups water
1 bunch watercress
1 long, unwaxed cucumber

INGREDIENTS FOR YOGURT SAUCE

2 cups plain yogurt
2 tablespoons Gourme homestyle Jamaican curry powder or other mild curry
3 sprigs dill
Salt, pepper

METHOD FOR TURKEY DUMPLINGS

☐ Dip bread in milk and let soften. Blend together in a food processor half the ingredients, starting with turkey and butter. Add eggs and bread, squeezed nearly dry of milk, then salt and pepper to taste, curry, and dill. Repeat with other half of ingredients. Refrigerate mixture, covered, at least 2 hours, preferably overnight.

☐ When shaping, keep mixture as cool as possible. Spread flour on a plate. Take out a large spoonful of batter, roll it into balls between your palms or shape into ovals with 2 dinner spoons dipped in hot water. Roll in the flour. Fill 2 steaming racks with dumplings.

☐ Place each rack into a large pot filled with 1½ cups chicken broth. Cover and steam 20 minutes over medium heat. If liquid evaporates before time is up, add more. Let dumplings cool for at least ½ hour on racks before stacking in layers divided by tea towels. Dumplings may be served on the same day or frozen. They are also good hot. Serves 8-10.

METHOD FOR YOGURT SAUCE

☐ Mix all ingredients together in a food processor or blender. Refrigerate.

METHOD FOR ASSEMBLY

☐ To serve, stack dumplings on a bed of watercress and surround with thin slices of cucumber. Serve sauce separately.



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GF GENERAL FOODS

Chestnut delight cake

INGREDIENTS FOR CAKE

For each of 2 layers:
1 cup sugar
2 large eggs
½ cup plus 1 tablespoon vegetable oil
½ cup dry white wine
1¼ cups self-rising flour
½ teaspoon almond extract

INGREDIENTS FOR CHOCOLATE FILLING

1¼ cups confectioners sugar
2 sticks (1 cup) sweet butter, softened
4 egg yolks
¾ ounce unsweetened baking chocolate
2 tablespoons Droste cocoa

INGREDIENTS FOR CHESTNUT FILLING

1 12-ounce jar chestnut spread (available in gourmet or specialty shops)

INGREDIENTS FOR ICING

1 stick (½ cup) sweet butter, softened
8 ounces chestnut purée
⅔ cup confectioners sugar
½ pint heavy cream, whipped

INGREDIENTS FOR CARAMELIZED HAZELNUTS

3½ ounces hazelnuts, shelled
Sweet butter
3 tablespoons sugar
3½ ounces chocolate cognac cordials for garnish (optional)

METHOD FOR CAKE

☐ For each layer, blend sugar and eggs in food processor briefly (the food processor gives the best result for this cake), then add oil, wine, flour, and almond extract and blend again. Empty bowl into a greased and floured 9-inch spring-form. Bake 30 minutes in a preheated 350° oven, or until a knife inserted in center of cake comes out dry and clean. Let cakes stand in spring-forms 5 minutes, then unmold, and let cool on racks at least 3-4 hours.

METHOD FOR CHOCOLATE FILLING

☐ Blend together in a food processor the sugar and softened butter. Blend in egg yolks one at a time and reserve.

☐ Melt the chocolate in a double boiler with 1 tablespoon water. Add the melted chocolate to food processor and blend, then add cocoa and blend again. Cool in the refrigerator.

METHOD FOR ICING

☐ Blend together in a food processor the softened butter, chestnut purée, and sugar. Add whipped cream to mixture and blend until smooth. Refrigerate.

METHOD FOR CARAMELIZED HAZELNUTS

Adapted from Gaston Lenôtre

☐ Place nuts on a baking sheet in a preheated 375° oven for 10 minutes. Stir occasionally. Rub nuts between hands to remove as much of the skins as possible.

☐ Place sugar in a heavy saucepan. Make a syrup of the sugar and 1 tablespoon water. Boil to a light golden caramel. Add nuts; syrup will crystallize. Continue to cook over low heat, stirring constantly until sugar caramelizes again and coats each nut. Remove from heat, add 1 tablespoon butter, and stir to coat. Turn out onto a greased surface and let cool.

METHOD FOR ASSEMBLY

☐ Cut each cake layer into thirds horizontally with a serrated knife. Spread alternate layers with chocolate and chestnut fillings and stack on top of each other. Ice the sides and top of the cake with the chestnut purée icing. Decorate cake with caramelized hazelnuts and chocolate cognac cordials. Cool in refrigerator. Cake will keep 2-3 days. Serves 10-12. ■

Supper for 60

continued from page 197

Stuffed loin of pork

INGREDIENTS

1 boned loin of pork (approximately 4 pounds), prepared for stuffing
Prunes
Dried apricots
1 clove garlic, cut in tiny slivers
Salt and pepper
¼ pound butter, softened
1 tablespoon dried thyme
1 cup Madeira or dry sherry

Continued on next page



Chocolate Dream Pie...as simple as a, b, c.

2 envelopes DREAM WHIP® Whipped Topping Mix
2¾ cups milk
2 packages (4-serving size) JELL-O® Brand Chocolate Flavor Instant Pudding and Pie Filling or any other flavor
1 baked 9-inch pie shell, cooled, or 9-inch graham cracker crust.

a. Prepare whipped topping mix as directed on package (using 1 cup milk) in large mixing bowl. Add remaining 1¾ cups milk and pudding mix.

b. Whip, then beat at high speed for 2 minutes, scraping bowl occasionally.

c. Spoon into pie shell. Chill at least four hours.



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continued from preceding page

METHOD

☐ Have butcher make a pocket through the center of the loin for stuffing. Push dried fruits into the pocket alternating prunes and apricots.

☐ Cut thin slivers of garlic and insert into small slashes made in meat. Tie roast securely. Rub meat generously with salt and pepper. Smear butter over the top of the roast and sprinkle with thyme. Place in a roasting pan and pour wine over.

☐ Bake in a preheated 350° oven 1½ hours. Baste frequently. Cool and slice thinly. Serves 8-10.

Veal rollatine

INGREDIENTS

2 pounds veal scallops, pounded flat
½ pound boiled ham, thinly sliced
Olive oil
Lemon juice
Salt and pepper
½ pound mortadella, thinly sliced
½ pound Genoa salami, thinly sliced
10 hard-boiled eggs
¼ cup parsley, minced
¼ cup bread crumbs
2 cloves garlic, minced
5 slices bacon
4 cups fresh tomato sauce
1 cup dry white wine

METHOD

☐ Place an 18-inch length of foil on a flat surface.

☐ Arrange the veal over the foil to form a rectangle 12 by 16 inches; overlap the scallops a bit so that no foil is exposed.

☐ Cover the veal first with a layer of boiled ham. Sprinkle with oil, lemon juice, and ground black pepper. Follow with layers of mortadella and salami.

☐ Lay hard-boiled eggs end to end lengthwise in center of rectangle. Sprinkle parsley down one side of eggs and bread crumbs mixed with garlic down the other side.

☐ Drizzle a little oil on top of eggs and sprinkle with salt and pepper.

☐ Pick up the long edge of foil. Bring it towards you over the eggs and tuck the meat under the eggs making a tight roll. Continue rolling towards you ending with seam side down. Wrap bacon around roll and tie securely at ½-inch intervals.

☐ Place veal roll in a roasting pan. Mix tomato sauce with the wine and pour over veal. Cook in a preheated 350° oven 1 hour. Cool, slice, and serve with the tomato sauce on the side (optional). Serves 8-10.

Flank steak mosaic

INGREDIENTS

1 flank steak
1 cup red wine
¼ cup soy sauce
1 clove garlic, minced
1 2-egg omelet, sliced into ½-inch strips
½ pound carrots, peeled and cut into matchsticks
½ pound green beans, trimmed
Pitted green olives
1 3½-ounce can pimientos, cut into ¼-inch strips
5 slices bacon

METHOD

☐ Marinate flank steak in wine, soy sauce, and garlic for 2 hours. Remove steak from marinade, pat dry, and lay on flat surface. Reserve marinade.

☐ Working left to right, arrange 2 rows of omelet strips the length of the steak. Top the 2 rows with 2-3 layers more of omelet strips.

☐ Lay carrots in rows alongside the omelet—3 wide and 3 high. Repeat with green beans.

☐ On other side of the omelet, place 1 row of olives; and next to them 1 row of pimientos, 3 layers high.

☐ Roll the steak tightly towards you, tucking meat closely around the vegetables. Wrap bacon around roll and tie securely at ½-inch intervals.

☐ Preheat oven to 350° and bake the roast 30 minutes, basting twice with reserved marinade. Put under broiler briefly to brown the bacon. Cool and slice ½ inch thick. Serves 8-10.

Blueberry vinaigrette

INGREDIENTS

½ cup olive oil
4 tablespoons blueberry vinegar
½ teaspoon salt
⅛ teaspoon freshly ground black pepper
Fresh blueberries (optional)

METHOD

☐ Combine all ingredients in a container and shake well. Garnish vegetables with a sprinkle of blueberries. Makes ¾ cup.

Blackberry mousse

INGREDIENTS

1 tablespoon gelatin
2 tablespoons cold water
Juice and zest of 1 orange
2 pints blackberries or 2 10-ounce bags frozen berries without sugar; reserve several for garnish
2 egg yolks
½ cup sugar
2 tablespoons Cointreau
2 cups heavy cream
2 kiwis, peeled and sliced

METHOD

☐ Soften gelatin in the cold water in a saucepan. Add orange juice, orange zest, berries and bring just to a boil. Cool to room temperature.

☐ Beat egg yolks and sugar in bowl until pale yellow. Add Cointreau and beat another minute.

☐ Put egg yolk mixture in top of a double boiler. Over moderate heat, stir until slightly thickened and hot to the touch. Cool to room temperature.

☐ Combine blackberry and egg yolk mixtures. Whip heavy cream to soft peaks and fold gently into blackberry mixture. Pour into a 4-cup mold and chill until ready to serve.

☐ Garnish with sliced kiwifruit, each topped with a whole berry. Serves 8-10. ■

Kitchen buffet
continued from page 198

Special dressing

INGREDIENTS

3 shallots, minced
1 tablespoon Dijon mustard
2 tablespoons wine vinegar
1 egg yolk
Salt, pepper
1 cup oil

METHOD

☐ Put all ingredients except oil in a bowl and mix well. Slowly dribble in oil while whisking. Continue until oil is used and mixture is like a thin mayonnaise. Makes about 1 cup. Use on salad greens or on vegetables.

Cornmeal cookies

INGREDIENTS

¼ pound butter, softened
¾ cup sugar
3 egg yolks
¾ cup cornmeal
¾ cup flour
Zest of 1 lemon, grated
¼ teaspoon vanilla

METHOD

☐ Cream butter and sugar together in a bowl. Add egg yolks, one at a time, mixing well after each addition. Mix the cornmeal and flour together and add to the egg yolk mixture. Add the lemon zest and vanilla. Mix well.

☐ Shape the dough into a roll, wrap in wax paper, and refrigerate until hard. Slice dough into rounds a little less than ¼ inch thick. Place on a buttered cookie sheet and bake in a preheated 325° oven 12 minutes or until nicely browned. Remove to racks and cool. Store in an airtight container. Makes about 3 dozen.

Captain Cook's prawns

INGREDIENTS

30 large prawns (6 per person)
½ pound butter
4 shallots, minced
4 cloves garlic, minced
3 tablespoons steak sauce
2 tablespoons lemon juice
½ teaspoon salt
½ teaspoon pepper
Rice

Continued on page 210

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MICHELOB
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Kitchen buffet
continued from page 208

☐ Peel prawns leaving on the tail. Split the prawns down the middle, leaving sides attached at tail. Spread butterfly-style on a buttered cookie sheet, tail up.

☐ Beat the remaining ingredients together until creamy and heat gently in a saucepan. Broil prawns in a hot oven 4-5 minutes until done. Do not overcook. Serve on a bed of rice with sauce over all. Serves 6.

Prunes in posi

INGREDIENTS

1 pound pitted prunes
2 cups port wine
1 cup red wine
½ cup light brown sugar
6 whole cloves
1 stick cinnamon
1 cup heavy cream, chilled
1 teaspoon vanilla

METHOD

☐ Combine prunes, wines, sugar, cloves, and cinnamon in a heavy saucepan. Bring to a boil. Simmer 5 minutes. Spoon into jars and let stand 24 hours. Chill.

☐ Whip the cream with the vanilla in a chilled bowl. Spoon prunes into individual serving dishes and top with whipped cream. Serves 6. ■

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Festive dinner
continued from page 199

INGREDIENTS FOR MARINADE

3 tablespoons oil
3 quarter-sized pieces fresh ginger, peeled and minced
4 large cloves garlic, peeled and minced
3 tablespoons fresh coriander or parsley, chopped
½ piece star anise
1 tablespoon Szechwan peppercorns, roasted and crushed
¾ cup light soy sauce
2 tablepoons dry sherry
3 tablespoons honey

INGREDIENTS FOR ROASTING

½ cup jasmine tea leaves
½ cup superfine sugar
¼ cup vinegar (preferably sherry wine vinegar)
1 cup rich, thick veal stock
½ cup tart jelly (beach plum, currant)
6 tablespoons sweet butter
Seeds from 2 pomegranates
2 tablespoons Mandarine or orange liqueur
⅓ cup walnuts, finely grated

METHOD TO BLANCH DUCKS

3-4 days beforehand:

☐ Bring water to a boil in a very large pot. Add honey and stir. Add ducks (or cook 1 at a time), lower heat to a simmer. Cook 5 minutes. Remove ducks and dry. Prick the ducks in all the fatty places with a large needle (excluding breast) and let drain on a rack placed over newspaper in a cool, airy place for 5-6 hours. (If done beforehand, refrigerate uncovered after 6 hours. Bring to room temperature before continuing recipe.)

METHOD FOR MARINADE

3-4 days beforehand:

☐ In a skillet or wok, heat oil. Add ginger, garlic, and coriander. Stir for 10 seconds. Add remaining ingredients, lower heat to simmer. Cover and cook for 5 minutes. Remove from heat and cool. Refrigerate in a glass jar. Strain before using.

METHOD FOR ROASTING

3 hours before roasting:

☐ Have duck at room temperature and pat dry. Brush with marinade and pour the remaining amount into the duck cavities. Allow to dry on racks. Oil oven racks or spray with Pam and place in center of oven. Preheat oven to 350°. Place a deep drip pan under oven rack and half fill with water. Add tea leaves. Place ducks on their backs on the oiled rack over drip pan and roast without turning for 2 hours.

☐ In the meantime, in a heavy saucepan, combine sugar and vinegar and cook slowly until caramelized. Cool slightly. Add veal stock and jelly and whisk over medium heat for 10 minutes. Skim and strain into a saucepan.

☐ Remove ducks from oven and pour juices from cavities into a saucepan. Reduce by ⅓ over high heat. Strain and add to veal-jelly mixture. Place over low heat,

Continued on page 213

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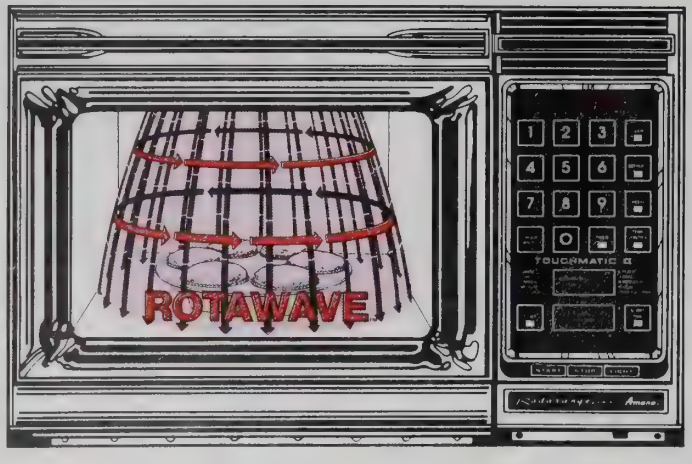


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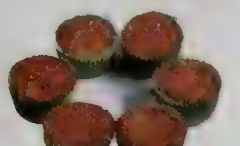
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Festive dinner
continued from page 210

and beat in butter bit by bit. Quarter ducks and remove all bones (except thigh and wing) and any remaining fat. Toss the pomegranate seeds in the liqueur for a few seconds.

☐ To serve, place a small amount of sauce on warm dinner plates. Put a thigh on each plate, cover thigh with breast portion. Dust with 1 teaspoon grated walnuts and sprinkle with pomegranate seeds. Pass remaining sauce. Serves 6.

Spaetzle

INGREDIENTS

2 cups instant-blending flour
1½ tablespoons olive oil
6 eggs
2 tablespoons salt
4 tablespoons sweet butter

METHOD

☐ Place 1 cup flour into a bowl and make a well in the center. Add oil, eggs, and salt and whisk slowly to make a smooth batter. Slowly incorporate the remaining flour until the mixture is the consistency of cake batter.

☐ Bring a large pot of salted water to a boil. Lower heat until water barely simmers. Place a large-holed colander directly over water (or use a spaetzle machine) and press ⅓ of batter through the holes. In less than 1 minute the noodles will rise to the surface. Remove with a slotted spoon and let drain in a sieve. Repeat 2 more times to use up remaining batter.

☐ To serve, heat butter in a sauté pan. Add noodles. Toss quickly but gently with a wooden spoon. Serves 6.

Sautéed mushrooms

(Pfefferlinge)

INGREDIENTS

1 12-ounce can Pfefferlinge (Chanterelles)
½ cup olive oil
2 tablespoons shallot, finely minced
1 clove garlic, peeled
1 tablespoon bread crumbs
2 tablespoons Italian parsley, finely chopped
½ teaspoon fresh lemon juice
Salt and pepper

METHOD

☐ Rinse canned mushrooms under cold water to remove any grit. Squeeze to remove as much water as possible and dry on paper towel.

☐ Heat oil in a skillet. Add mushrooms and cook over high heat for 3-4 minutes. Lower heat and cook 5 minutes. Add shallots and garlic clove and cook over high heat 3-4 minutes.

☐ Drain off as much oil as possible, lower heat, add bread crumbs and parsley, and stir until dry. Discard garlic.

☐ To serve, sprinkle with lemon juice and season with salt and pepper. Serves 6

Snow peas

INGREDIENTS

¾ pound snow peas
3 tablespoons clarified butter
Salt

METHOD

☐ Rinse and string snow peas. Blanch in boiling water 10 seconds. Run under cold water, drain, and pat dry.

☐ To serve, heat clarified butter in a skillet and toss in snow peas over high heat for a few seconds until hot but still crisp. Salt to taste and serve. Serves 6.

Endive-red cabbage salad

INGREDIENTS

Sherry wine vinegar
Walnut oil
Salt and pepper
½ small head red cabbage, cut in fine julienne
2-3 endives, separated into leaves
1 head Boston lettuce

METHOD

☐ Make a vinaigrette of 1 part sherry wine vinegar to 2 parts walnut oil plus salt and pepper to taste. Toss cabbage in vinaigrette and marinate 10 minutes. Add endive and lettuce, toss, and serve. Serves 6.

Rose ice cream in a cookie shell

INGREDIENTS

2 cups milk
½ vanilla bean
7 egg yolks
½ cup superfine sugar plus 2 tablespoons
Petals from 3-4 old, fragrant red roses
½ cup gin (90 proof)
1 cup heavy cream
Cookie shells, optional (recipe below)

METHOD

☐ Bring milk and vanilla bean to a boil in a saucepan, stirring from time to time. Remove from heat and allow to steep 10 minutes. Remove bean.

☐ Beat together in a mixing bowl the egg yolks and the ½ cup sugar until pale yellow. Slowly, stirring constantly, add the warm milk to the sugar-egg yolk mixture. Return mixture to saucepan. Place over low heat and stir constantly until mixture coats a spoon. Do not allow to curdle. Let mixture cool completely, stirring from time to time. Put rose petals and remaining 2 tablespoons sugar in a food processor and process with metal blade until finely chopped. Add to cooled custard with gin.

☐ Whip heavy cream in a bowl only until soft peaks form, no longer. Fold into custard and put into ice-cream maker. Freeze according to manufacturer's instructions.

☐ To make without an ice-cream machine, freeze mixture in shallow pans, then beat with mixer or food processor to break up crystals. Refreeze and repeat the beating. Serves 6. Serve in cookie shells if desired.

Cookie shells

INGREDIENTS

4 tablespoons sweet butter, melted
½ cup superfine sugar
⅓ cup all-purpose flour, sifted
3 egg whites
1 tablespoon heavy cream
½ teaspoon vanilla
2 large cookie sheets buttered and lightly dusted with flour
Candied rose petals (optional)

METHOD

☐ Combine butter and sugar in a bowl and stir. Add flour and whisk until smooth. In a second bowl, combine egg whites, cream, and vanilla. Beat lightly. Whisk this mixture into flour mixture. Strain into a third bowl.

☐ Trace 3 7-inch circles on each cookie sheet. Divide ½ the batter among the 3 circles on the first cookie sheet and spread with a spatula to cover the circles. Bake in the middle of a preheated 350° oven 6-8 minutes or until golden on edges. Butter the insides of 3 teacups or small ramekins. Remove sheet from oven and with a metal spatula remove 1 cookie at a time and fit gently in the cup or ramekin, pressing to flute the edges. Cookies harden quickly; do not delay before removing from baking sheet and molding. It would be best at this stage to have a helper. Keeping the baking sheet in a warm place helps keep the cookies flexible. Do the same with remain-

Continued on next page

The Greenbrier Cooking School

directed by Julie Dannenbaum, presents its 1980 schedule.

A series of 5-day sessions with all new menus will be offered Monday-Friday, repeating 7 times between January and March. The school is for men or women who are novice or serious amateur cooks. Experienced instructors demonstrate the preparation of a variety of specialties and techniques. Morning sessions cover complete meals, from appetizer to dessert, including "do-ahead" dishes for intimate dinners. Afternoon sessions cover hors d'oeuvres and other specialties for entertaining larger groups. Included in the course will be lower-calorie dishes, the right equipment to use and question/answer sessions. There is a Sunday night reception, Thursday night Gold Service dinner, plus ample time to enjoy other social and sports activities.

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Festive dinner
continued from preceding page

ing 2 cookie shells. If they've hardened, place in oven to soften for a minute before attempting to remove from cookie sheet. Allow cookies to cool in cups or ramekins 2-3 minutes before removing. Repeat with remaining batter. Store cookies in airtight container if not using right away.

☐ To serve, place 1 cookie shell on a dessert plate and place one or two small scoops of rose ice cream in center. Garnish with candied rose petals if desired. Serves 6. ■

Fun-to-make breads
continued from page 195

Shaping the rolls

Artichoke: Cut teeth into long side of the 11-inch strip, 1 inch deep and ½ inch apart. Roll up tightly and pinch end closed. Stand on end on baking sheet; teeth open a bit to look like the leaves of artichoke.

Country loaf: Hang onto one narrow end with left hand. Begin rolling the opposite narrow end with right hand—push down hard on dough to spread it out as fast as possible to 5-6 inches wide. The left hand holding onto the other end creates the tension so the dough will get very thin. Push away from yourself to stretch dough, then roll up towards yourself. When stretched to 5 inches wide, decrease pressure so the strip will narrow as you stretch and roll it, creating a tapered shape, narrow at ends and fattest in middle. Pinch loose end to loaf and set on baking sheet seam side down. Cut ¼ inch deep stem-to-stern with a razor blade—finished baked bread looks like a miniature Viking ship.

Star: Begin with the same pressing-stretching-rolling motion used with the country loaf, but switch ends when half rolled up to get 2 thin 5-inch-long rolls with a bridge of dough between. Give one roll two 360° turns. Place roll on baking sheet with bridge on top. Pinch rolls together in the middle under the bridge.

Jump-up: Begin with the same pressing-stretching-rolling motion used with the country loaf, but switch ends when half rolled up. Keep the rolls short and fat, unlike the thin, long rolls of the star. Just don't press down as hard. Give one roll a 90° turn, place on a baking sheet, and pinch the rolls together in their center. One roll is horizontal and the second roll forms a third leg on the sheet, its other half sticking up in the air—thus its name. ■

Correction

On page 12 of Living, August 1979, in the article *Decorating by the Booklet*, the price for Wamsutta's "The Sheet Book" was inadvertently omitted. Please include a check for $1.50 when ordering it from Wamsutta Mills, 111 West 40th St., New York, N.Y. 10018.

Karl Springer
continued from page 175

amazement, receiving similar unforgettable encouragement from such clients as the Duchess of Windsor and Pamela Churchill (now Mrs. Averell Harriman), and from an impressive range of interior designers, including Billy Baldwin, Albert Hadley, and Mica Ertegun. In the early 1960s he was able to open a little workshop of his own, and from 1965 on, he has concentrated increasingly on furniture design.

Today, Karl Springer employs 20 people at his headquarters on East 61st Street in New York, and between 150 and 200 people in workrooms outside the city. He has representatives in Los Angeles, Dallas, Houston, and Chicago. He sells through decorators only, and many of the best-known decorators regularly come to him when they need specially designed furniture to meet their clients' special needs. He sells his work worldwide; his list of clients is legion.

All appearances notwithstanding, Karl Springer's story is not just yet another variation on the well-worn theme, "unknown boy makes good." Less conventionally and more refreshingly, it is a rare success story with a genuinely edifying moral. And the moral is that quality counts.

First of all: the quality of the man. Karl Springer combines a fertile imagination with an obstinate tenacity. His willingness to learn the most demanding techniques, his delight in an outlandish new approach, his ambition to tame the intractable, are set off against a plentiful endowment of shrewd old-world sense. As for the quality of his work: Though the scope of his production has expanded immeasurably, and he rightly thinks of himself no longer as primarily an accessory maker or a "fine finisher," but rather as a designer of important pieces of furniture, the preeminent characteristic of everything he makes is still superlative craftsmanship. He has never designed a chair that was just good to look at. Every chair he makes is also notably comfortable—and, one might add, sensuously attractive—to sit in. The largest of his recent conference tables has the clean lines and flawless lacquer surface of his simplest early stool or box.

It goes without saying that his designs have been widely imitated—a fact that ironically has been partly responsible for the criticism occasionally heard, that his work itself is not "original." His own reaction to such criticism is characteristically straight and to the point. "Of course, nothing is 'original.' Every designer is consciously or unconsciously indebted to his precursors. I myself have always admitted that I have been influenced by the work of Jean Michel Frank in particular, and also by Art Deco, Bauhaus, Far Eastern, and—for a while—African designs. As I see it, the role of the designer today—like that of the designer yesterday—is to create designs that interpret the best ideas of the past in his own idiom and that are authentically valid—appropriate and usable—in his own time. Personally, I don't object to being copied. Nor do I wish to be judged solely by the sort of things that I once made and that have been copied, often enough almost immediately after I made them. My ideas develop and change, and the fact that I have been imitated has stimulated me to explore fresh fields, where it may conceivably be harder for a potential imitator to follow the trail. Creatively, I have no hang-ups, so far as I know. I love what I call '21st-century ideas,' like designing furniture with electronic features, activated by remote control. But I also love using difficult and hard-to-come-by materials that haven't been widely used for decades—like shark's skin, shagreen. I have had a sample panel of shagreen, with ivory inlay, made for eventual use in the making of tabletops or cabinet doors or even of an entire piece of furniture. It took two full years of expert work to make the sample.

"Perhaps it helps—to be innocent? People who aren't innocent generally tend to say 'no' to everything. I myself am only really inspired by a challenge. If someone comes to me with a desire, *that* is challenge enough. It can be as complex as a coffee table that can be turned into a dining table by hydraulic power, or as simple as the creation of a dining area in a living room. It doesn't matter. The challenge is the thing."

In case any of the above sounds as though Karl Springer were in the habit of holding forth and sounding off about himself, it is only fair to say that the truth is quite otherwise. Even the few sentences quoted had to be coaxed out of him, gradually, and in rare intervals of leisure during his regular working hours. He is an amusing and stimulating companion, but he is not given to talking about his work unless he has to. Like many another serious artist, he prefers to speak of other things.

Nonetheless, of his relationship with interior designers and their clients who are in search of special designs, he has this to say, when pressed: "If I feel that I should influence them a little, I try to do so. If I don't succeed, I won't prostitute myself. I will do my utmost to accommodate them. But what I design for them has to satisfy my standards as well as their needs. More often than not, it works out well. I have the pleasure of helping the decorator and his clients end up with something that, since it has been specially designed for them, is at least to that extent unique."

"Unique" is certainly an appropriate epithet to describe the present contents of Karl Springer's showroom. The majority of pieces are, in plain fact, the only ones of their kind. Even when he has de-

Continued on page 216

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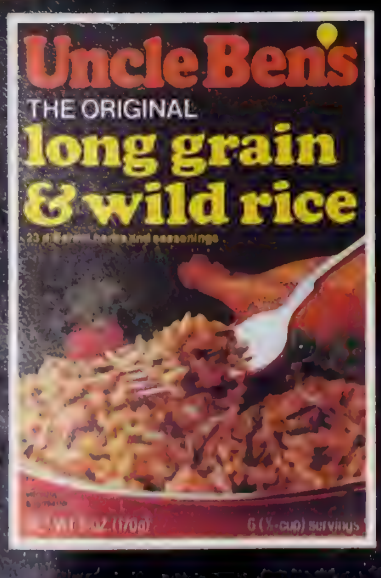
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Karl Springer
continued from page 214

signed a chair, this designer-manufacturer has no more than a single example made initially. Later, he may make a set of six, or occasionally of ten, if the chair is intended for use in a dining room. Many of the pieces, also, are noticeably overscale—an anomaly not to be attributed to swollen ego on their creator's part, but rather to the fact that much of his recent designing has been for the offices and board rooms of corporations, and to his own personal preference for clean-looking interiors containing only a few large pieces. So far as "originality" is concerned, too, there are a number of what the designer calls "sculpture" pieces, one at least of which—a curved and curved-again bench covered with knife-scored burgundy-colored leather—can truthfully be said to have come out of nowhere but the designer's head.

But indisputably the most striking characteristic of the Karl Springer *oeuvre* as a whole is the astonishing range and richness of the materials he uses, one and all with an appearance of total mastery. To name but a few: rawhide, python skin, shark skin, and goatskin; brass, copper, petrified wood, gun metal, chrome, concrete; ebony, zebra wood, burl woods, bleached oak; even wild boar's tusk ivory, cut into slender strips and fitted together in a tabletop worthy of classical Mogul craftsmen.

And everything is usable. A custom-made pool table of Macassar ebony and chrome, with black leather pockets and mother-of-pearl pointers, costs $30,000. But it was probably the first such table to be custom made since 1929, and "you can play tournament on it." The drawers of a remarkably elegant chrome semainier, for study or office, slide in and out with magic fluidity. Even one generally critical observer couldn't help remarking that the brass-and-chrome "shaving" mirrors were "made like Rolls-Royces."

Among the varied—but unanimously favorable—comments elicited from a number of the outstanding New York interior designers who have called upon Karl Springer to design special furniture, one observation stays in the mind no doubt because it was made by several decorators, independently, in almost identical words: "Karl is creating treasured antiques of the future."

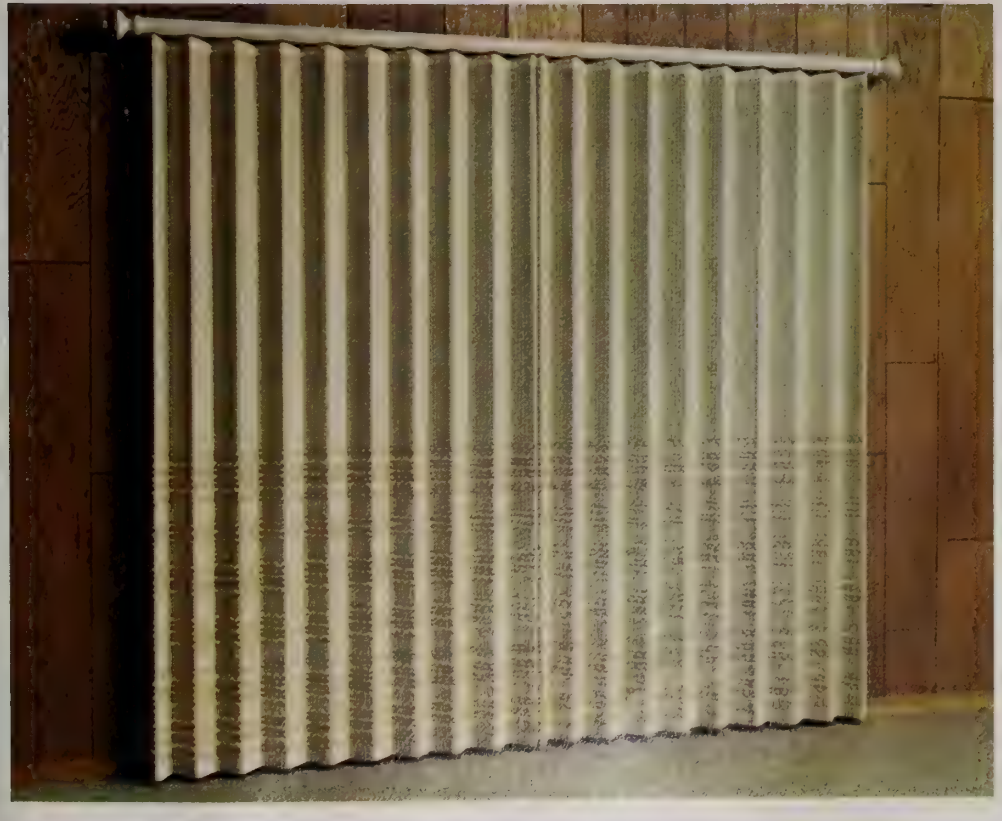
Be that as it may. Meanwhile, the fact that two Karl Springer tables, bought by a famous former decorator for a client in the 1960s, and auctioned at Sotheby Parke Bernet about a year ago, fetched prices considerably higher than those originally paid for them suggests that though the works of this designer have not yet—mercifully for him and us—attained the exalted but posthumous status of "antiques," they are already approaching the promising intermediate status of "collectors' items." ■

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24-HOUR MEDIA ROOM
Pages 158–159
NOVABEAM Model One Projection Color TV: Receiver/projector console, 27.5" x 22" x 18.5" h. Screen, 4' x 5.5'. $2,495. By Kloss Video Corp., Cambridge, Mass. 02139.
Magnavision Videodisc System: Player, $775. Discs, $5.95 to $24.95. Available in early 1980. By Magnavox, Fort Wayne, Indiana 46804.
Pioneer Microcomponents: Stereo receiver, direct drive full automatic turntable, stereo cassette tape deck fit in audio rack, 16 9/16" x 13¾" x 26⅛" h. Each speaker, 13" x 10¼" x 23" h. Entire system, $1,200. By U.S. Pioneer Electronics.
"Tretford Broadloom" wool/mohair and nylon carpeting: 6'7" w. ¼" thick. PVC backing. $18 a sq. yd. By Eurotex. At Rittenhouse Carpets, Phila., Pa. 19103.
"Flame" cotton fabric: 48" w. $7 a yd. From I.D. International*, NYC 10022.
Mini-slat Riviera blinds: By Levolor.
Cotton fabric on lampshades: 36" w. 1½" r. $15 a yd. (#1618-5). **Collection of pillows:** Large, $60. Medium, $45. Small, $35. All by Souleiadó at Pierre Deux, NYC 10014.
Pin-up swing arm lamp: Polished brass. Extends to 26". With 12" linen shade, $96. At Koch & Lowy, NYC 10022.
Custom made shirred lamp shade: By Barbara Marsten Designs, NYC 10021.
Large round wicker basket: 23" d. 9" h.
Woven basket: 26" x 15" x 6" h. **Blue and white Imari plate:** 8" x 7". All at Gordon Foster Antiques, NYC 10023.
Dining chairs: 18" sq. x 34" h. Fold to 1¾" w. Slat seat. Beechwood with red stain or natural finish. $24.95. At Conran's, NYC 10022.
"Berries" Antica Medici shape Mancioli porcelain: 5 pc. place setting, $89.50. By Ceramonte. At Mayhew, NYC 10022; Shreve, Crump & Low, Boston 02116.

MINI REVOLUTION
Pages 160–161
Quartz PLL Synthesizer FM Stereo tuner: (#M-F01) 10⅝" x 9¾" x 2¾" h. $340. By Mitsubishi Audio Systems.
Phase-Link loudspeakers: (C-40). 4 3/16" x 7 3/16" x 7 3/16" h. Handle 40 watts continuous power. Anodized black or brushed aluminum. $295. By Bang & Olufsen.
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YEAR-ROUND PLANTS
Pages 162–163
Horticultural designer: Linda Trinkle Wolf, 63 Seton Drive, New Rochelle, NY 10804.
Interior designer: Michael deSantis, Inc., 1110 Second Ave. NYC 10022.
Mr. deSantis' local source for plants: Anthony Garden Boutique, Southampton, NY 11968.
Pages 164–165
Handpainted cotton fabric: 54" w. $37.50 a yd. 15 yds., minimum order. By Art People, 594 Broadway, NYC 10012.
"Shoot for the Moon" cotton fabric: 54" w. 9" repeat. $29.25 a yd. Zepel finish. From Vice Versa*, NYC 10022.

KARL SPRINGER
Pages 174–175
Cambodian copper raindrum: 18" h. 22" d. Glass top, 1" thick. 24" d. $1,680.
Oriental banquet: 26" x 13" x 19" h. Covered in red goat skin parchment. $1,800. **"Kyoto" star box:** Custom made. $1,470. **Sculptured beanch:** 60" x 20" x 17" h. Curved ends, 23" h. Covered in burgundy colored scored leather. $3,300. **Backgammon table:** 43" x 26" x 29" h. Custom made. $4,400. **Sculpture floor lamp:** 42" h. Brass with lucite. $1,380. **JMF chair:** 17¼", 17½" sh., 35½" h. Black lizard with hard seat. $1,275. **Dressing table mirror:** 17" d. Brass and chrome on both sides. Straight and magnifying. $1,500. **Small magnifying glass:** 6" d. $465. All from Karl Springer*, NYC 10021.

Continued on next page

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SCREENS
Pages 180–181

1. Wooden screen: 4' panels. Each panel, 15' w. At Azuma, NYC 10016. 2. **Wooden frame kit:** At Fabrications, Boston, NYC, Philadelphia, or write to International Printworks, 100 Wells Ave., Newton, Mass. 02159. **"La Vieille Varsovie" cotton fabric:** 41½" w. $36 a yd. From Clarence House Imports, NYC 10022. 3. **"Lyford Key" wallpaper:** 27" w. 46" repeat. $24 a roll. From Clarence House Imports*, NYC 10022. 4. **Rattan and bamboo screen:** At Lord & Taylor, NYC 10016. 5. **Goatskin screen:** Each panel, 70" h. 24" w., $1,125. Entire screen, $3,375. From Karl Springer*, NYC 10021. 6. **Handpainted screen:** Each panel, 29½" w. At Louis W. Bowen*, NYC 10022. 7. **Coromandel screen:** From Gracie*, NYC 10022. 8. **Batik-like floral screen:** 6' x 18" x 1". By Roe Kasian. At Saks Fifth Avenue, NYC 10022. 9. **Art Deco screen:** 6' 6½" h. 24" w. At Lord & Taylor, NYC 10016. 10. **Lacquer screen:** 6' x 18" x 1". By Roe Kasian. At Lord & Taylor, NYC 10016. 11. **4 panel wicker screen:** Each panel, 30" w. Panels not sold individually. From Wicker, Wicker, Wicker*, San Francisco 94101. At LCS*, NYC 10021.

READY-TO-BUY FURNITURE
Pages 182–185

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Side Chair: (#27362) 19½" x 20½" x 32" h. x 18½" sh. $155. From Founders "Keepers' Two" Collection.
All by Thomasville Furniture, 401 E. Main St., Thomasville, NC 27360.



Ceramic lamp base: 30" h. Handthrown by Lanzrein. From LCS*. **Wicker shade:** Natural finish. By Wicker, Wicker, Wicker* for LCS*, NYC 10022.
In Country Look Room:
"Antibes" cotton chintz fabric on pillows and table: 65" w. 51" drop repeat. From Brunschwig*, NYC 10022.
"April Showers" cotton fabric on furniture and curtains: 54" w. Scotchgard protected. $14 a yd. By Cohama/Riverdale Decorative Fabrics. At Bloomingdales, NYC 10022.
Red print cotton fabric on seat cushions: (#1513). 50" w. 1¼" repeat. $21 a yd.
Cotton fabric on shades: (#1402). 50" w. 3¼" repeat. $21 a yd. Both by Souleiado at Pierre Deux*, NYC 10014.
Fantasy comb-painted floor: By Luis Molina, NYC 10021.
Laminated shades: By Joanna Western Mills, Chicago, Ill. 60616
Painting over fireplace: "Cluster Drawing #5", mixed media, 60" x 39½" h. By Ida Kohlmeyer, 1975. **On far right wall:** "Blow-up #5", mixed media, 67" x 69" h. By Ida Kohlmeyer, 1978. Both at David Findlay Galleries, NYC 10021.
Ceramic aqua-glazed dishes on drum tables: 7½" d. In traditional Japanese manner by Richard Bennet. At Gordon Foster Antiques, NYC 10021.
Pale beige glazed stoneware bowl: Hand thrown. 22" d. 5" h. Covered Stoneware ginger jar: 12" d. 8" h. Both from John Copper, John Thompson Designs*, Woodstock, NY 12498.
Triangle-shade polished chrome standing pharmacy lamps: Adjustable heights. At Koch & Lowy, NYC 10022.
In City Traditional Room:
Trompe l'oeil painting of mantle: By Richard Neas, NYC 10021.
Trompe l'oeil painted goatskin finish on frames of octagonal mirrors: By Luis Molina, NYC 10021.
"Harmony" cotton fabric used for curtains: Scotchgard finish. 54" w. From Norbar Fabrics*, Deer Park, NY 11729.
Flat latex paint on walls: (#M3211). By Pittsburgh Paints.
Antique cotton durrie rug: 13' 10" x 13'. $3,200. From Harris/Kosmas*, NYC 10023.
Carved wood faux-bois table: 19" sq. 24" h. Fossil-stone top. **Down-and feather-filled pillows:** 30" sq. Covered in off-white duck. Glass ashtray: 10" d. 3" h. Inlaid diagonally striped horn box: 18" x 6" x 6" h. All from LCS*, NYC 10022.
Pale cream glazed stoneware vase: 9" x 11" h. **Pale beige glazed stoneware bowl:** 22" d. 5" h. Both hand thrown. From John Cooper, John Thompson Designs*, Woodstock, NY 12498.
Hand-woven, hand-dyed mohair throw: 48" x 72". From Gregory Newham*, 197 W. Chestnut St., Kingston, NY 12401.
Pair of Chinese porcelain pagodas: 44" h. 12" d. Blanc de chine glaze. From John Rosselli, NYC 10021.
Firescreen: Chrome-banded tempered glass. 30" sq. center panel. Side panels, 15" x 30" ea. **"Goose Neck" polished steel andirons:** 24" h. Mid-18th cent., American. Hexagonal head. All at Danny Alessandro, Ltd., Edwin Jackson, Inc., NYC 10021.
Handled willow log basket: 24" d 20" h. At Manhattan Ad Hoc Housewares, NYC 10021.
Small photo, page 184: Covered stoneware ginger jar: 12" d. 15" h. Hand thrown. From John Copoer, John Thompson Designs, Woodstock, NY 12498.
"Rondolet" dinner plates: $17 ea. By Fitz & Floyd. At Bloomingdale's, NYC 10022. **Blue and white French country napkins:** 22½" sq. $6 ea. At Henri Bendel, NYC 10019.
In the Modern Room:
Handpainted Belgian cotton sailcloth on screens: Design #101. 51" w. 13" repeat. By Joan Nelson. $90 a yd. From Atelier Collection by First Editions*, NYC 10022.
"Glosheen" cotton chintz fabric on pillows: Cuivre, Bermuda blue, French blue. 48" w. $6 a yd. By Waverly Fabrics.
"Soho" gray and cream cotton and linen fabric on pillow: 48" w. 1" repeat. $24 a yd. From Alan Campbell*, NYC 10022. Down and feather pillows: From LCS*, NYC 10022.
FM/AM Stereo Receiver: 9½" x 23" x 15⅛" h. Built-in automatic record changer and 8-track player. Speakers, 12" x 7" x 21" h. $220. 9" Color Portable TV: 14¼" x 13" x 10½" h. $380. Both by Toshiba America.
"Barclay" Moon Stone Antron III nylon carpeting: 12' wide. About $18.99 a yd. By Bigelow.
Open shelf units with open bases: 36" x 15" x 87" h., ea. In standard beige, gray baked-on enamel, or custom colors. By Ascot Steel Equipment, NYC 11104.
Beige porcelain bowl: 18" d. 5½" h. By Roy Hamilton. **Round handled basket:** 29" d. **Purple glazed ceramic bowl:** 11" d. 4" h. By Richard Bennett. **Square natural color basket tray:** 24" d. **Round red lacquer basket:** 22" d. 7" h. **Blue porcelain plate:** 12" d. **White and pink cloud pattern.** By Lynn Evans. All at Gordon Foster Antiques, NYC 10021.
Rectangular tray: 19" x 12". **Dark green lacquer. Straight sided glass bowl:** 4" x 3" h. **Pair of "Pasabache" glass cylinder vases:** 10" x 4" d. All at The Pottery Barn, NYC 10011. **Dark blue plaid mohair and wool throw:** 48" x 72". $48, ppd. At Antartex, 903 Madison Ave., NYC 10021.
Small photo, Page 185: Basket tray: 24" sq. **White porcelain-lipped plate:** 14½" d. By Roy Hamilton. Both at Gordon Foster Antiques, NYC 10021.
Red lacquered trays: 19" x 12". **"Strasbourg" dinner and salad plates. "Bolla Grande" stem wine glasses. Straight-sided glass bowl, heavy bottom:** 4" x 3" h. At The Pottery Barn, NYC 10011. **Glass battery jars:** 6" x 8". **Candles:** By Bailey/Huebner: 3" x 6". Jar with candle, $12. At Henri Bendel, NYC 10019.
"Interval" stainless steel flatware: By Oxford Hall Silversmiths.
Onyx Gray flat latex paint on walls and ceiling: By Pittsburgh Paints.

DECORATING FROM CATALOGUE
Pages 186–187

Wisteria bedroom coordinates: Percale sheets used as dust ruffle and on table: Queen flat and fitted, $14.99 ea. Standard cases, $6.49 pr. Percale quilted pillow shams: 3" flanged border. Fits standard pillow. $10.99 ea. Percale quilted comforter: Polyester fill. Reverses to solid color. Twin, $37.99. Queen $51.99. Pinch-pleated draperies: Size shown 72" w. x 84" l. ea. $39.99, pr. All cotton and polyester. Also in Topaz colorway. All from "Paisley Fantasy" collection of home furnishings designed by Diane Von Furstenberg exclusively for Sears. General Fall/Winter 197 Catalog, pg. 1713.
Table lamp: 18" d. 26" h. Pierced ceramic base. "Paisley Fantasy" print laminated o

Continued on page 22

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KIDDE

Shopping information
continued from page 218

base. "Paisley Fantasy" print laminated on interior shade. $48.99. By Diane Von Furstenberg for Sears. General Fall/Winter 1979 Catalog, page. 1392.

Luxury Sleep Set: Cover and innerspring mattress. By Diane Von Furstenberg for Sears. Queen, $279. General Fall/Winter 1979 Catalog, pg. 1585.

Slat-seat chair: 17¼" x 15" x 35" h. Unfinished hardwood. $16.95. General Catalog, pg. 1580.

"Harbor View"-design chair: 28" x 27" x 38⅞" h. Willow, natural finish. $99.95.

"Harbor View"-design willow nightstand: 20" sq. 24" h. Natural finish. $69.95. Both in General Catalog, pg. 1438.

Handwoven buri and rattan round table: 24" x 20" h. Natural finish. $39.95. General Catalog, pg. 1439.

Pharmacy lamp: 34–48" adjustable height. Brass finish. Cap shade. $34.99. General Catalog, pg. 1383.

"Realbrick Wallcovering": Kiln-fired clay bricks, 8¼" x 2⅛" x 5/16" thick. Package of 30 covers 5 sq. ft., including ½" mortar line. For use around fireplace, but not inside. Package of 30 wall bricks, $5.99. Package of 30 corner bricks, $5.49. General Catalog, pg. 1022.

Chinese straw rug: 9' x 12'. $59.99. Floorcovering '79 Catalog, pg. 41.

Wood-look polyurethane beams: 12', 16' l. 6" w., 2¼–3" d. From 16.99 to 21.99. In the 1979 Home Improvement Catalog.

Padded folding table: 40" d. 26½" h. $32.99. By Samsonite for Sears. General Catalog, pg. 1395.

Show-off pillows: 19" x 27". Standard with medium-firm support. $8.49 ea. General Catalog, pg. 1634.

Imperial bed frame: Ball-bearing casters. Queen, $54.95. General Catalog, pg. 1588.

Catalogs at all Sears stores. For more information, Sears, Dept. 703, Desk 4015, Chicago, Ill. 60684.

Collection of antiques: Framed needlework picture: 25½" x 20½". **Inlaid wooden hand mirror:** 15" x 7" d. Dated 1884. **Inlaid wooden box:** 16" x 9" x 8" h. **Mirror in stand:** 16" h. **Carved miniature tray:** 9" x 6" x 3" h. **"Mosaic" pieced quilt:** 72" x 80". **Large round painted wooden tub:** 27½" x 16" h. **Picnic basket:** 20½" x 11" x 15" h. All from Thos. K. Woodard, NYC 10021.

Handpainted wooden firescreen: 23" x 21" h. Custom designs available. At Cache-Cache, NYC 10021.

Antique basket holding flowers: 30" x 20" x 14" h. At Madderlake, NYC 10021.

"Rio Grande" Cloud White paneling: 4' x 8'. $18 a sheet. By Georgia-Pacific.

STAMBERG PROJECT

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"Kroma" cotton print fabric on chaise: 51" w. 36" repeat. $30 a yd. From Vice Versa*, NYC 10022.

Green and raspberry wool rug: 4'6" x 8'7". (#70174A). From Stark Carpet*, NYC 10022.

Celadon bowl: 11" d. $15. At Altman's, NYC 10016.

"LRS" stacking etageres: Set of four in four sizes. From Roe Kasian*, NYC 10021.

Brass triangle lamp: Height adjustable to 63". $65. At Bloomingdale's, NYC 10022.

Oatmeal-colored porcelain dish: 11" d. From John Rosselli Antiques*, NYC 10021.

Brown and white plaid mohair afghan: $60. At The Irish Pavillion, NYC 10022.

"Harmony" solid peach cotton duck fabric on outdoor chaise: 54" w. Scotchgard protected. From Norbar Fabrics*, Deer Park, NY 11729.
"Lustre" cotton and polyester towels: Bath, about $7.50. Hand, about $4.25. By Fieldcrest.
Glass pitcher, "Pasabache" glasses: Both at The Pottery Barn, NYC 10011.
White enamel table: 38" round. **Blue umbrella:** $42. Both at Conran's, NYC 10022.

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"Wild Plum" sheets: Twin, flat and fitted, about $9.50 ea. Pillowcases, about $8.50, pr. Ruffled pillowcases, about $12. Shams, about $22. By Martex, WestPoint Pepperell.
Brass floor lamps with bonnets: Adjust to 58" h. From Boyd Lighting*, San Francisco 94103.
"Artemide Demetrio 45" white stacking tables: 17½" sq. x 9" h. At Ambienti Design, NYC 10021.
"Heart" applique quilt: c. 1851. 94" sq. $675. At Thos. K. Woodard, NYC 10021.
"Copal" plastic bedside clock: $30. By Fuller Office Furniture, NYC 10022.
Cotton nightgown: $32. At Laura Ashley, NYC 10021.

NEEDLECRAFT

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Cocktail napkin kit: 6 8" squares of white cotton and linen fabric. $7.95, ppd.
Lap napkin kit: 2 21" squares of white cotton and linen fabric. $9.95, ppd. Both kits include royal blue and red cotton embroidery thread, instructions, and needle. Both from Patchmakers, 920 Broadway, NYC 10010.
"Apple" handpainted stoneware: 5 pc. place setting, about $12.50. 20 pc. service for 4, $60. By Jepcor International. **"Earyy American Antique" highball:** Set of 4, $25. By Lenox Crystal. **Wire basket:** About $25. Wooden bowl: About $5.50. **Cutting board:** About $7.75. Wood spreader: $1. All at Altman's, NYC 10016.

WINE & FOOD COVER

"Plus" cotton and viscose fabric: 54" w. $13 a yd. At Marimekko, 7 W. 56th. St., NYC 10019.

FORK SUPPERS

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"Smithsonian" sterling place fork: $125. 5 pc. place setting: $485. By Stieff, Baltimore, Md. 21211.
"Fiddle" silver plate dinner fork: $9.50. 5 pc. place setting, $48.75. By Reed & Barton, Taunton, Mass. 02780.
"Contour" stainless steel dinner fork: $3.50. 5 pc. place setting, $15. By Supreme Cutlery, NYC 10010.
"Calvert" sterling dinner fork: $93. 5 pc. place setting, $392. By Samuel Kirk, Baltimore, Md.
"Fairfax" sterling dinner fork: $86.75. By Gorham, Providence, R.I. 02907.
"Bainbridge" stainless steel dinner fork: Armetale handle. $7. 5 pc. placesetting. $35. By Wilton Armetale, Columbia, Pa. 17512.
"Perles" Louis XVI pattern silver plate dinner fork: $17. 5 pc. placesetting, $87.50. By Christofle, NYC 10022.
"Tahiti" sterling flatware: 5 pc. place-setting, $150. By Buccellati, NYC 10022.
"Boda Nova" forks: Beechwood handles, stainless-steel prongs. Box of six forks, $65. By Kosta Boda, NYC 10010.
"Artisan" stainless steel dinner fork: $7.60. 5 pc. place setting, $39.95. By Dansk Int'l Designs, Mt. Kisco, NY 10549.
"Boca" stainless steel dinner fork: $5. By H.E. Lauffer, Somerset, N.Y. 08873.
"Omni" stainless steel dinner fork: $6.50. By Oneida, Oneida, NY 13421.
"Happy Day" stainless steel dinner fork: Plastic insert. Dishwasher safe. $7.25. By Villeroy & Boch, NYC 10010.
"Hammered Antique" stainless steel dinner fork: $7.50. By Towle, Newburyport, Mass. 01950.

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Far right, on straw mat, "Old Italian" sterling dinner fork: Bamboo handles, $260. By Buccellati, NYC 10022.
Handmade porcelain decorative ceramic fork (Large photo): 7" l. White or multicolored. Fork, $24, ppd. Fork and spoon set, $42, ppd. From Dorothy Hafner, 125 West 20th. St., NYC 10011.
"Total Color" cinnabar porcelain buffet plate: 12¼" d. $27. By Fitz & Floyd, Dallas, Texas 75247.
"Summit" stainless steel fork on cinnabar plate: 5 pc. place setting, $40. By Ward Bennett for Supreme Cutlery, NYC 10010.
"Parfait" beige and white ironstone plate: Salad plates, 7⅛" d. $4.50. Square platters, 9⅞" sq. $11.95. By Nikko Ceramics, Lyndhurst, NJ 07071. At Gimbel's, NYC 10001.
"Corinth" blue and white porcelain dinner plate: 10¼" d., $23.50 By Bing & Grondahl. At Tiffany's, NYC 10022.
Handmade glazed ceramic round platter: 16" d. Tiger-striped brown on taupe. At Gordon Foster Antiques, NYC 10021. ■







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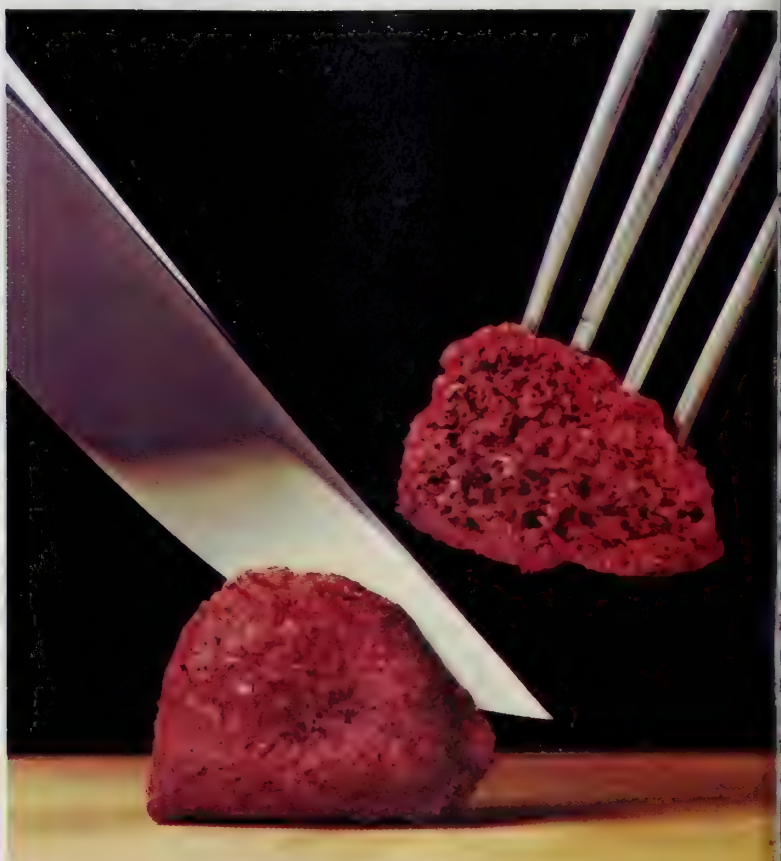
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BY PATRICIA CURTIS

How to choose the right pet for you

A dog or a cat? Pure bred or lovable mix? How and where to find the pet you'll cherish

The rewards of pet ownership can be great, so for the highest success with the newest member of your household, you'll want to start on the best possible foot.

Dog or cat?

Some cat lovers are inclined to feel that if you have to ask this question, you shouldn't own a cat. I don't believe it. Many people are open-minded about both dogs and cats and sincerely wish to consider the special characteristics of each species before deciding which is best for them.

A dog will keep your ego in good shape. "Our dogs will love and admire the meanest of us, and feed our colossal vanity with their uncritical homage," commented the American essayist Agnes Repplier, and these days, who among us couldn't use a little uncritical homage? A dog will bark when strangers are outside the door, which discourages intruders. A dog craves human companionship to a slightly higher degree than a cat, and will greet you exuberantly whenever you come home, whether you've been gone for an hour or a month. In general, however, dogs are somewhat more trouble than cats, because they have to be exercised, bathed, and walked. It takes consistent patience to house-train and socialize a puppy, but no time at all for a kitten.

Cats do not need to go outdoors at all. They keep themselves fastidiously clean, and in general they are quieter animals than dogs. It's true, however, that some cats may scratch furniture or destroy houseplants and have to be patiently trained not to.

It is *not* true that cats are aloof and unaffectionate. They are simply more subtle than dogs. A cat will not fling itself upon you in ecstacy when you come in the door, but it may well run to greet you uttering little cries of welcome. A cat will follow you from room to room, rub against your legs, jump in your lap. When a cat is snuggled against you, gazing into your eyes, and purring all the while—that's love.

What kind of dog?

You will want to consider several factors in choosing a dog—size being an obvious one. Huge dogs and their owners are rarely comfortable together in tiny houses or apartments. And if your dog is to be walked most of the time by a small person, you don't want an overpowering animal. Energy is another factor. While lively little dogs, such as toy poodles or Yorkshire terriers, can get enough exercise trotting around the block with you, vigorous large dogs, such as retrievers or setters, need frequent chances to run.

Remember that longhaired dogs will shed and require much more brushing than shorthaired, and will suffer more in a hot climate. Curly-haired dogs, such as poodles, need regular haircuts.

Many people feel that for beauty, charm, intelligence, and good disposition and health, a mixed breed can't be beat. Some pedigreed dogs—German shepherds, bulldogs, Pekingese, Old English sheepdogs, for example—may have health problems caused by too many generations of inbreeding or by genetic manipulation to achieve certain looks.

Whatever kind of dog you decide upon, check your local humane society shelter or S.P.C.A. first. A good shelter will have a wide variety, including pedigreed animals, and the dogs there need homes. Or, you might adopt a dog privately from an ad in the newspaper—the fact that a person wishes to give away a dog doesn't necessarily mean that there's anything wrong with the animal.

You can get information on purebred dogs from the American Kennel Club, 51 Madison Avenue, New York, N.Y. 10010. If you know you want a specific type of purebred dog, buy from a reputable breeder. Breeders advertise in pet magazines, such as *Dog World*; dog clubs of each breed are in the A.K.C.'s magazine *American Kennel Gazette.*

If you buy a dog from a breeder, it's best to ask for the breeding papers that give you the names and numbers of the sire and dam and the puppy's date of birth—and have the papers in hand when you pick up the dog, rather than allow them to be sent to you "later." If you plan to show your dog, the breeder will give you an A.K.C. application form partially filled out so you can register your animal.

My feeling is that choosing a dog is largely a matter of heart—or should be. You may be attracted to dozens of dogs at a shelter or breeder's, but ultimately the chemistry between you and one certain dog will be the compelling factor.



Which cat?

Cats come longhaired or shorthaired, pedigreed or not, in nearly every color except maybe green, in solid colors or shaded, and in just about every pattern or marking imaginable. Some types have special traits. Pure white cats tend to be deaf, especially if they have blue eyes; the ubiquitous calico cat (white with orange and black markings) is always female. Siamese cats have particularly loud, querulous voices and tend to talk a lot and demand attention. Shorthairs, alas, tend to shed just as much as longhairs—both types need regular brushing.

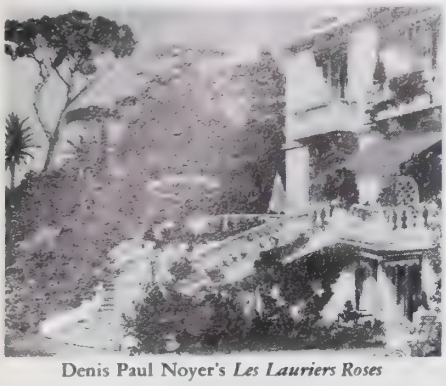
That solid citizen, the domestic shorthair (also called the American shorthair), is the most common household cat, and has everything the pedigreed cat has—beauty, brains, personality, and good health—except class. Fancy shorthairs include the Siamese, Abyssinian, and Burmese—all handsome breeds. And, by the way, if you fall in love with a cross-eyed, squint-eyed, or curly-tailed Siamese, there's nothing wrong with it (unless you plan to show it).

Purebred longhairs include the Persian, Maine Coon Cat, Balinese, and Birman, and they are indeed beautiful animals. To see what all the different breeds look like, visit a cat show or get an illustrated cat book such as *Cat Catalogue* (Workman, paperback).

Again, whatever kind of cat you want, the best place to begin your search is at your local shelter or S.P.C.A. In the unlikely event that you canvass the shelters and come out empty-handed, the best course to follow is to decide on the breeds you like best and visit breeders. Cat Fanciers' Association, the largest cat registry, can put you in touch with reliable breeders and send you any other information you want. You can write them at P.O. Box 430, Red Bank, N.J. 07701. Breeders advertise, too, in magazines such as *Cats.* ■

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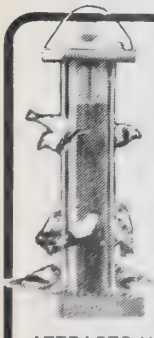
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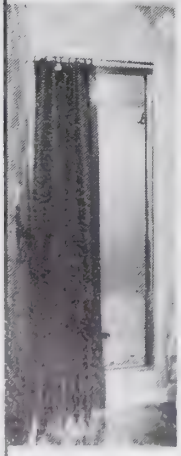
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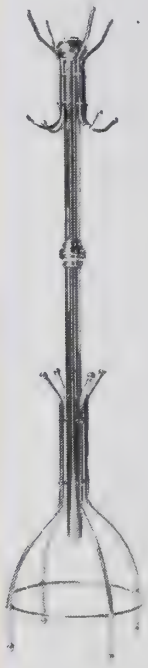
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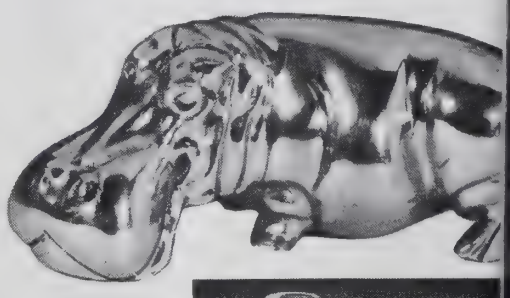


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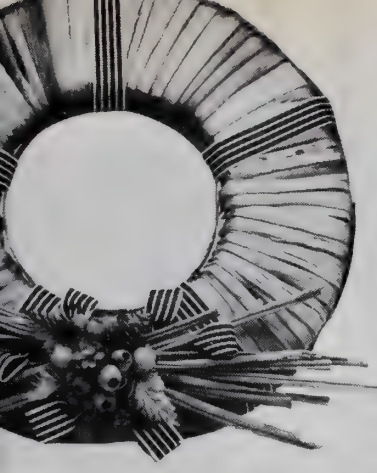
Set of three aluminum pans, graduated from 3" to 6" dia. Makes layers to stack on pedestal stand (included). Frost and trim with garlands of icing and candles. One tree serves nine generously. Set $4.95 plus $1.25 post. Artisan Galleries, HG10, 2100 No. Haskell Ave., Dallas, TX 75204.



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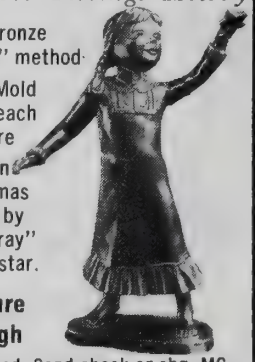
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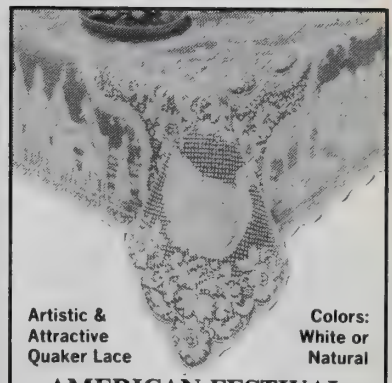
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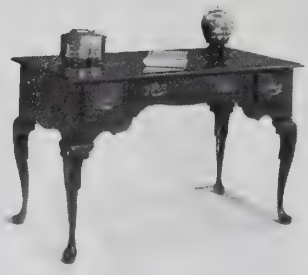
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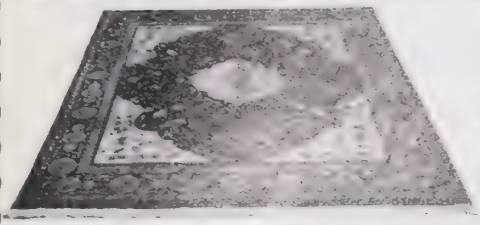
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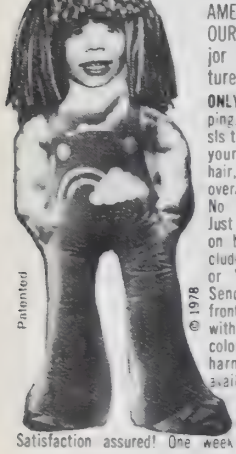
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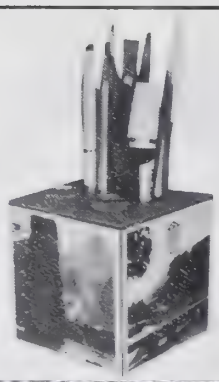


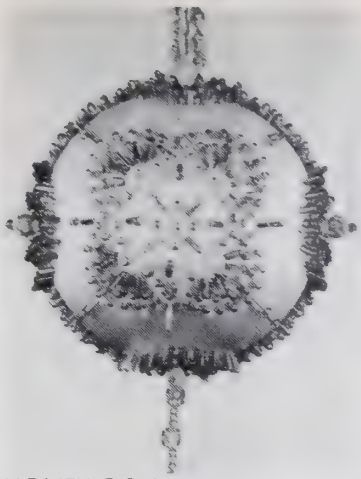
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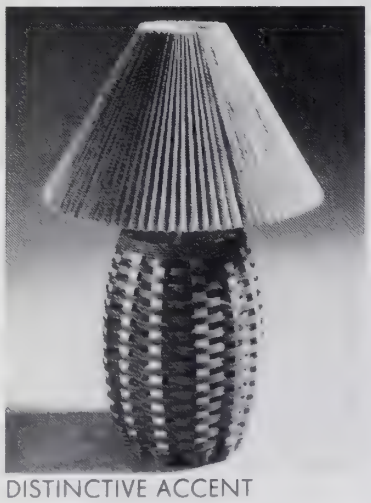
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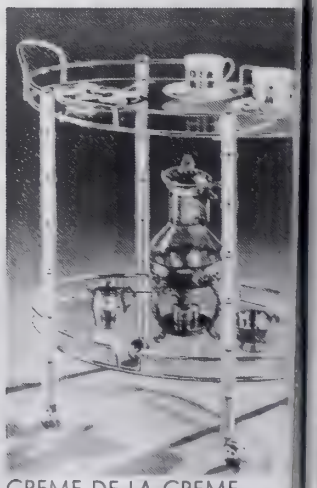
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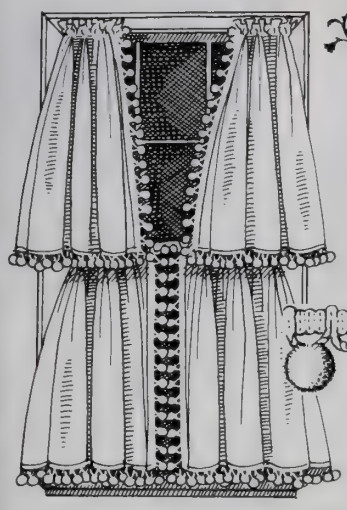
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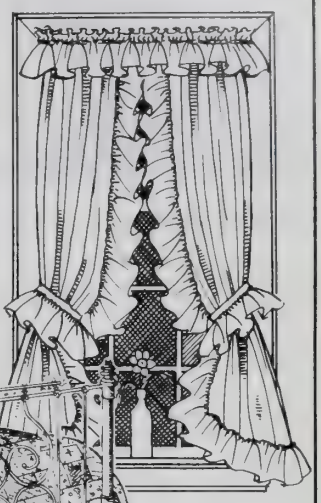
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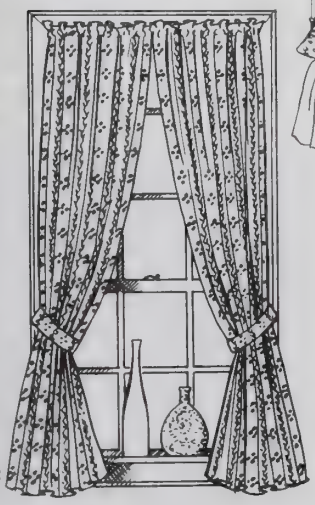


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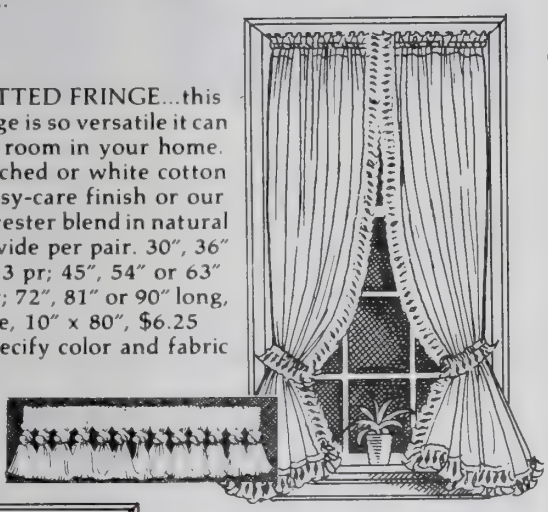
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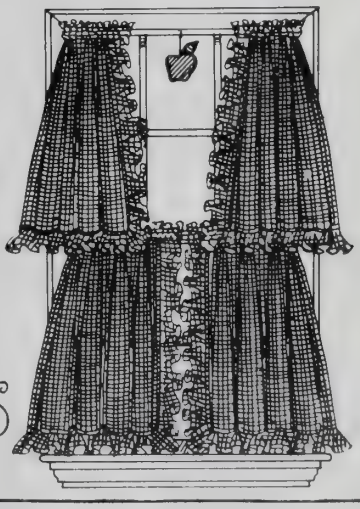
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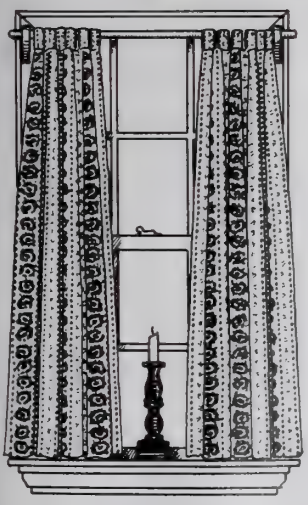
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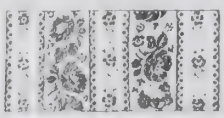
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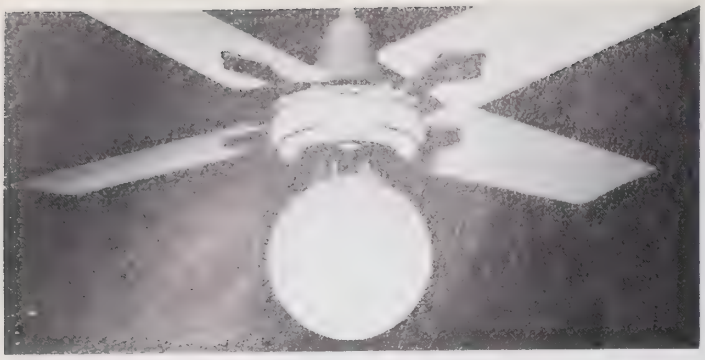
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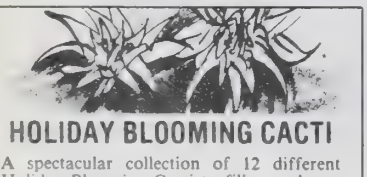
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Great pot or basket plant. Save up to 35% over single plant prices. All plants are name tagged and shipped with complete cultural information.

3 @ $8.95 ppd. 9 @ $19.95 ppd.
6 @ $14.95 ppd. 12 @ $22.95 ppd.

Check, MasterCharge or VISA accepted
(Furnish card number and expiration date.)

Catalog $1.00 (Refundable)

Tallwood Farms Nursery
Dept. HG19
Box 54, Downingtown, PA 19335

STORAGE PROBLEMS?



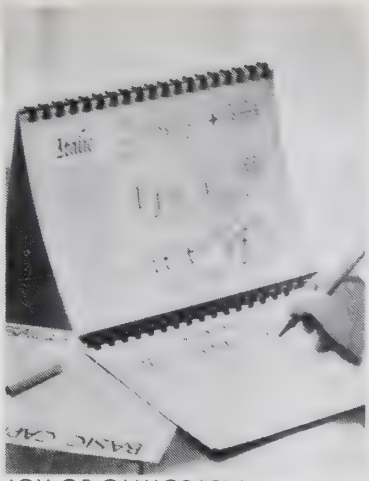
Adjustable Shelf Cabinet
24" wide, 12" deep, 16" high

Perfect for cluttered basement or garage. Also large economy sized supermarket bags or bottles. Pre-assembled case unfolds for fast erection. All hardware included. Easily assembled with screw driver.

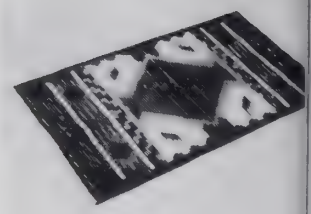
White baked enamel finish. Shipped K.D.

KEMPER INDUSTRIES
P.O. Box 6 $59.95 ppd.
Littletown, PA 17340 PA res. add tax

SHOPPING AROUND



JOY OF CALLIGRAPHY
Complete beginner's kit for the art of beautiful writing. Chisel-edge felt pen, practice-sheet pad, reuseable guide-lines, detailed instructions with letter stroke guides for 8 calligraphy styles, art and layout samples. $12 ppd. Uncommon Press, HG10, 7691 Liberty Road So., Salem, OR 97302.



NAVAJO REPLICA
Navajo design rug blends ground with rust, gold and brov cents. 2' by 3' $19.95; 3' by 5' $ 4' by 6' $49.95; 6' by 9' $89.95 Full color catalogue available cludes Oriental, Scandinavian $1. Order from Peerless Imp Rugs, Dept. GE-109, 3028 N. L Ave., Chicago, IL 60657.



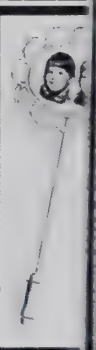
CLEVER CLUSTERS
Attached group of hand-blown glass containers makes pretty flower arrangements an easy, enjoyable task. Charming, too, used as holders for candle tapers. 7" h. Small cluster has 16 openings (5" by 6") $16; large cluster has 20 openings (7" by 6") $19 Ppd. Chriss-Morrison, HG10, Box 16265, Baltimore, MD 21210.



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Once your pride-and-joy prog from all fours to just two, it's to be nonstop. Snowy white proclaims in bright red: Hey I'm Walking! Machine-wa 100% cotton. Fits toddlers lbs. or 11-18 months. $3.98 p der from: Miles Kimball, 10 St., Oshkosh, WI 54906.



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$13.95 (one subject) $14.95 (two subjects)

Transform precious photographs of children, grandchildren or other loved ones into fashionable goldtone jewelry!

Send any size photo, 1 or 2 subjects, color or b/w. We will expertly reproduce it, eliminating distracting backgrounds and creating a fine mini portrait mounted on a delicate porcelain stone with a durable gloss finish. Send check or money order plus $1.00 postage and handling (N.Y. residents add sales tax) Originals Returned

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(Send Card No. & Expiration Date)

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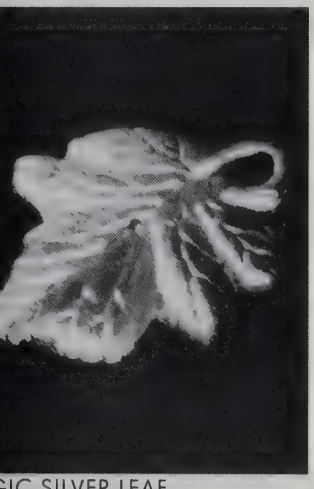
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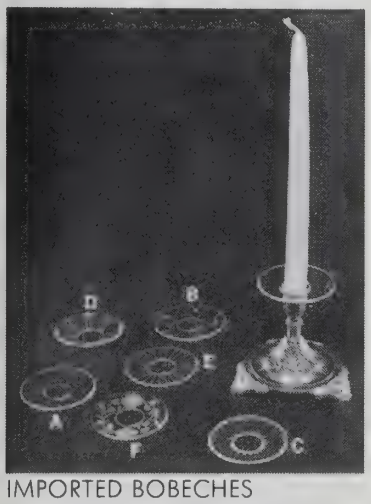
GIC SILVER LEAF

slip leaf into dishpan or sink it cleans silver while you do s. No rubbing or boiling. Long g. Odorless, non-toxic, safe for plate, sterling. Keeps silver and tarnish free. $4.98 plus post. Write to Anthony Enter- s, HG10, 587 Post St., San cisco, CA 94102.



PETER RABBIT

One of Beatrix Potter's beloved characters sits atop a ceramic music box, plays "It's a Small World" From a delightful series of ten, 6" to 8" high. Different characters with different tune, detailed in fairy tale colors $19.95 each plus $2.50 post. Postamatic Co., HG 1079, Lafayette Hill, PA 19444



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Watch the radiant glitter when you slip these elegant crystal wax-catchers over candle. Each is 3" dia., has 1" opening for candle. Order design by letter in any quantity or combination. 6 in set, $9.95 ppd. Order from Crystal Classics. Dept. HG109, 17 Orchard Farm Rd., Port Washington, NY 11050

WHAT HAPPENED THE DAY YOU WERE BORN?



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ELEGANT TRASH CANS

They're all dressed up in a riot of colorful wild flowers, ready for inside or outside use. Made of galvanized steel with designs baked on, they'll withstand all kinds of weather. So pretty you'll want both sizes for patio, porch or general storage. Guaranteed to impress your neighbors with the quality of your carryouts! 20-gal. size, **$33.95**—10-gal. size, **$28.95**, plus $2.75 postage each. Tex. Res. add 5% sales tax.

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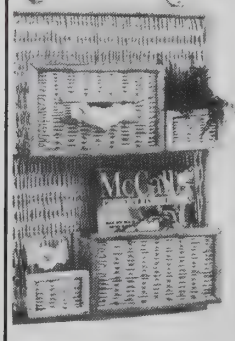


ELEPHANT RING AND SOAP DISH

Add an unusual touch to powder room or kitchen. Handwoven natural rattan, elephant head is 10" high, 8" wide, lined soap dish 5½" x 3¾", both for $12.95 plus $2.00 postage.

SEND 50¢ FOR 88 PAGE CAT-ALOG





MAGAZINE RACK
Holds favorite magazines or newspapers at your fingertips, 12" x 17" high, $7.95 plus $1.50 postage.

HANDI-RACK
Handwoven rattan multi-purpose rack is perfect for the kitchen or bath, 16" W x 4" D x 24" H, $17.95 plus $3.00.



$21.95 plus $3.00 postage

RATTAN SWAG LAMP
Handwoven fully electrified with dimmer switch adjustable height from ceiling, 14" spread 11" high with 16 ft. rattan chain and hooks for hanging included. Painted white, yellow or green add $3.00. Use up to 150 watt bulb.

Fran's BASKET HOUSE
Route 10, Dept. HG10, Succasunna, N.J. 07876

SAVE HUNDREDS OF DOLLARS



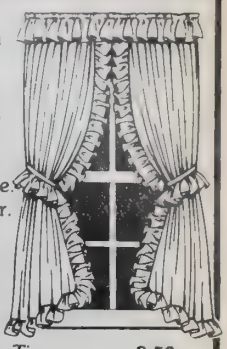
Build this attractive little red barn for workshop, garden tractor, tool storage, playhouse, dog kennel, motorcycle garage. 8 ft. x 12 ft. x 9 ft. high. Mounted on skids for portability. 4 ft. sliding door. Quick to build using 1/2 in. exterior plywood. No expensive tools needed. Simple step by step plans. Send $4.50 for barn plans and material list. Also petite 6 ft. x 8 ft. x 8 ft. high with dutch doors for $4.50. Both plans for $7.00. Send 25¢ for brochure of other projects to build.

HAMMOND BARNS
Dept. HG79J Box 584
3130 Hardacre Court,
New Castle, Indiana 47362.

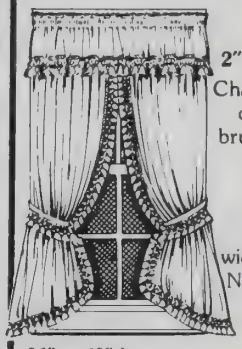
COLONIAL MAID CURTAINS

Curtain and Bedspread Specialists since 1947

Super Curtain Super Price
Machine wash, no-iron curtains with extra-full 2½" ruffles and attached valance. 78" wide per pair. Highest quality poly/ctn. blend muslin. Natural or White.



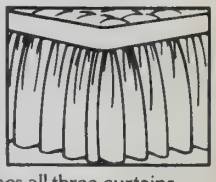
24", 30" or 36" lg. Tiers	**8.50** pr.
45", 54" or 63" lg. With Ties	**13.00** pr.
72", 81" or 90" lg. With Ties	**15.00** pr.



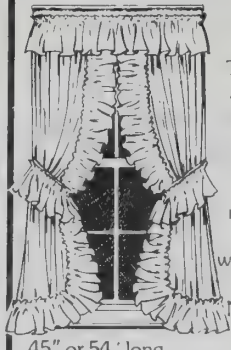
2" Brush Fringe
Charming colonial curtains with 2" brush fringe sewn on highest quality no-iron poly/ctn. blend muslin. Extra wide 90" per pair. Natural or White.

36" or 40" lg.	**9.50** pr.
45" or 54" lg.	**12.00** pr.
63" or 72" lg.	**14.50** pr.
81" or 90" lg.	**16.50** pr.
Tiebacks	**1.50** pr.
Valance	**4.75**

Matching Long Drop Dust Ruffle.
Extra-full, split corners, ruffled onto self-matching platform. Matches all three curtains.



Drops	14"	18"	22"
TWIN	**22.50**	**28.00**	**30.00**
FULL	**26.00**	**30.00**	**33.00**
QUEEN	**31.00**	**37.50**	**40.00**
Matching Ruffled Sham			**10.50**



Big 5" Ruffles
The finest, fullest 5" ruffle curtains made. 32 sizes to fit every size window. No-iron poly/ctn. blend muslin. 86" wide as shown. For wider widths send for free catalog. Natural or White.

45" or 54" long	**16.50** pr.
63" or 72" long	**18.50** pr.
81" 84" or 90" long	**19.50** pr.

Satisfaction guaranteed or your money back. Add 2.50 Post/Hdlg. Send check, M.O., Master Charge, Visa or American Express. N.Y. Res. add tax.

When in N.Y. shop at **Krey's**, Scarsdale. There is no other store like it.

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AUTOMATIC ELECTRIC RANGE . . . authentic **CAST IRON** reproduction from original patterns. Combined with the Early American charm of this handsome antique is the [illegible] fully automatic oven and burner controls, and an easy-care porcelain top. Coffee mill uniquely houses clock, oven timer and [illegible] range space. Prices start at **$675.00**, plus freight charges.

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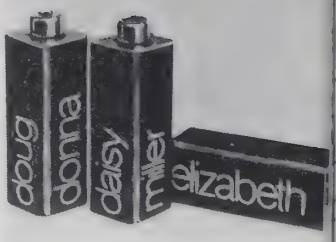
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Send 25¢ for your "COUNTRY CHARM" Appliance Folder and Gift Catalog.



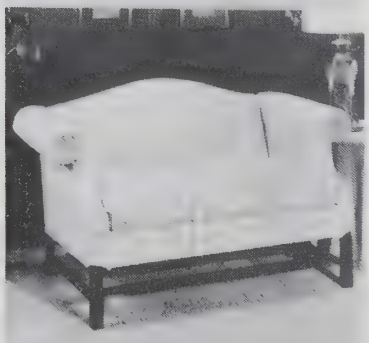
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Delectable country things: country coffee mills, handmade quilts, oil lamps, stone milled flour, calico yardage, butter molds, schoolroom clock, picnic baskets, bulk spices, cast-iron wares, popcorn poppers, homespun tablecloths, lots more. Catalogue 50¢. North Shore Farmhouse, H3, Greenhurst, NY 14742.



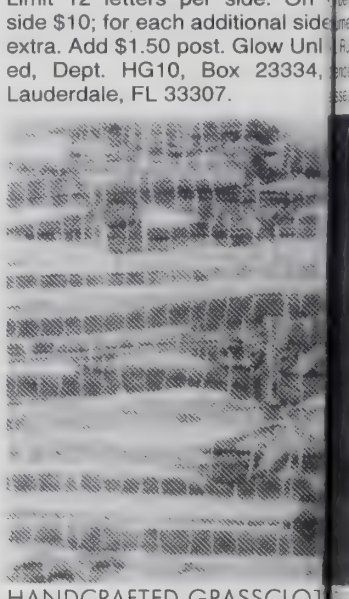
NAME YOUR FLAME

Hand-finished solid mahogany ta[illegible] lighter personalized according [illegible] your specifications. Handsome [illegible] for home or office, any occas[illegible] Limit 12 letters per side. On [illegible] side $10; for each additional side [illegible] extra. Add $1.50 post. Glow Unl[illegible] ed, Dept. HG10, Box 23334, [illegible] Lauderdale, FL 33307.



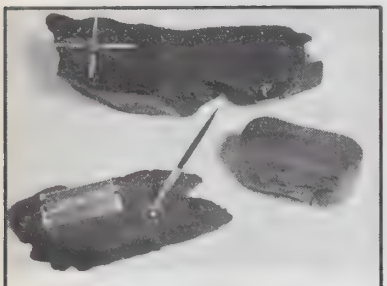
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Solid mahogany base, reversible, zippered cushion, arm protectors. 55" (74", 84" sofas available). Your fabric $367.90 (8 yds. 54"). Their fabric, from $381.90 (depends on fabric). Shpg. chg. extra. Catalogue/request form for swatches $2. Hunt Galleries, HG-7910, Box 2324, Hickory, NC 28601.



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Oriental elegance that will add [illegible] ry and warmth to any room. Be[illegible] ful imported wallcoverings. Now [illegible] can buy direct and save 50-7[illegible] Prices start from only $8.90 s[illegible] roll. For wallpaper sample [illegible] send $2.25 write to Alexa[illegible] HG10, 12221 Nebel St., Rock[illegible] MD 20852.



NATURAL REDWOOD

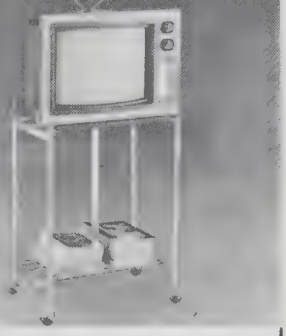
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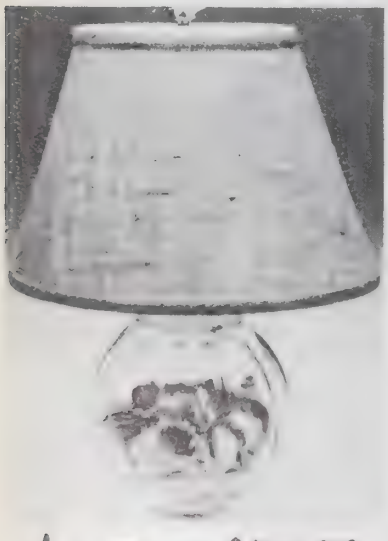
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This sturdily-constructed television stand features contemporary styling in beautifully-plated "metal-bamboo." Arms adjust to hold large color table-model sets, and the 35" height permits easy viewing from a reclining position. Mar-proof, hooded ball casters offer easy mobility. Lower shelf holds books and magazines. Plated in rich Koch brass. Order BTVT-38, $126.00, shipped prepaid upon receipt of check.

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Quality Crewel from India — lavishly embroidered in wool on heavy, natural handloomed cotton

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TWIN $70	FULL $80	70" ROUND $50.
QUEEN $90	KING $100	90" ROUND $60.

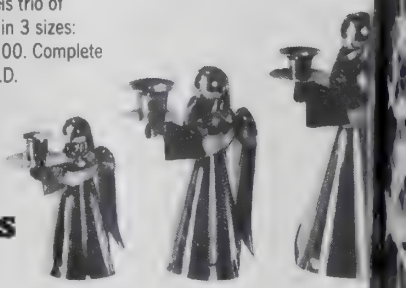
By the Yard **$14.00** postpaid 50" wide

Send 50¢ in Stamps or check for swatch and color catalog.

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VISA or M C Dept. HG10 9

For your table, mantle or as a lovely gift . . . this trio of solid brass angel candle holders are available in 3 sizes: 4" for $10.00, 6" for $14.00 or 9" for $26.00. Complete set—$45.00. Add $1.50 P&H. Sorry, no C.O.D. Immediate delivery. Send check, money order or Visa/MC, include expiration date. (PA residents add 6% tax) Moneyback guarantee.

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AW PHOTO

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Sturdy log cabin of real Cedar Wood for outdoor use. Base for junior cowboys, dream house for girls. Lasts for generations of fun. Smaller size 4′ by 5′ by 5½′ $78.95. Larger 5′ by 7′ by 6½′ $138.95; with shutters, door $212.95. FOB Camden, N.J. Cedar Products, Dept. HG108, Box 84, N. Baldwin, NY 11510.



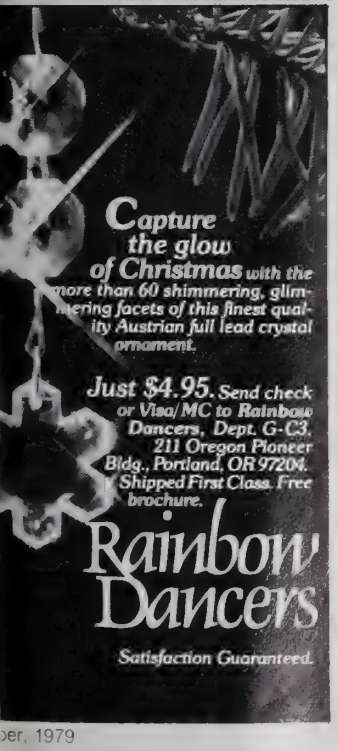
GS FOR YOUNGSTERS

'll be eager to finish their milk n it's served in a smooth white mic mug that has a tiny brown y bear or green frog on bottom e. They start to show only after ast half the 8-oz. contents have consumed. Each $2.69 ppd. s Kimball, 100 Bond St., Osh- , WI 54906.



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Women will love the soft, pliable glove-tanned leather in natural color. Whole, half sizes 4 to 10. Give style/size/sole choice. Beaded Thunderbird, hard sole $17.95; soft sole $14.95. Fringed style, hard sole $14.95; soft sole $12.95. Add 75¢ post. each. Bruce Bolind, HG-10 Bolind Bldg., Boulder, CO 80302.





GENUINE OPAL PENDANT

Precious 12 Karat Gold-Filled Opal Pendant suspended from a 16" Serpentine Chain. Shipped ready for gift giving! Satisfaction guaranteed. Only $24.00 ppd. Free Catalogue. Send check-/m.o./Visa or MC no. plus exp. date to:

BETH ROBIN, D-HG10
12 Sheldon St.,
ovidence, R.I. 02906



YOUR CHOICE $12.95

(1) PRESERVED GIANT BOSTON FERN / No Water! Once a living plant, these ferns are delicately preserved to maintain the natural fresh green color and subtle beauty of the living plant, indefinitely, with absolutely NO CARE! Potted in a fired, natural clay, hand turned urn with detachable macramae hanger! 2'9" fern (Add $3. P&H ea.). **$12.95**
Also available – 3'3" fern $13.95 + $3. P&H / 3'6" fern $15.95 + $3. P&H / Heavy ornate 24" Designer Wrought Iron Fern Stand (not pictured) fits all size ferns $12.95 + $3. P&H.

(2) PRESERVED FAN-TAIL PALM / No Care, No Water! Beautifully preserved to maintain the fresh, lush natural green color of the living plant, indefinitely. A real decorator highlight for any room. 3'6" high & over 2'6" wide. Holder included for any size pot from 6" to 12", palm shipped flat – assembles in minutes (add $4. P&H ea.) **$12.95**
Also available, 4'3" high by 3' wide $19.95 + $5. P&H or 5' high by 3'3" wide $27.95 + $5. P&H.

(3) PRESERVED ARECA PALM / No Care, No Water! A decorator favorite. The full, lush green fronds are preserved to maintain the beauty, and subtle color of the living plant. 3'6" high & over 2'6" wide, holder included for any size pot from 6" to 12", palm shipped flat – assembles in minutes (add $4. P&H ea.). **$12.95**
Also available, 4'3" high by 3' wide $19.95 + $5. P&H or 5' high by 3'3" wide $24.95 + $5. P&H.

(4) LEATHER-LIKE BASKET SET / This heavy hand woven set has a soft brown, tan & beige pattern with a leather-like touch & appearance . . . Expertly crafted in the Islands from Banana & Palm Fronds. Extremely durable and unbelieveably priced. Set of 4. Approx. 13" x 12" / 11 x 11" / 9" x 9" / 7" x 7" (add $4. P&H ea.) **$12.95**

(5) HAND WOVEN DECORATOR RUG /or wall hanging. Woven to perfection in a lacy pattern. This rush fiber rug is remarkably durable. Reversible. Your choice: 4' round or 3' x 5' oval (specify) (add $3. P&H ea.) **$12.95**

(6) GLAZED HEAVY STONEWARE URN / Tall 15" height will add additional height to any preserved plant or dried flower bouquet, even an umbrella stand, beautiful brownstone or ivory. (specify) (add $3. P&H ea.). **$12.95**

(7) REAL SEA SHELL NITE-LITES / Complete set of 3. A magnificent idea. A fantstic lighting touch for the bath, bedroom, hall, kitchen. Three actual shell specimens, Murex, Mushroom Coral & Scallop shell. Approximately 4" each with UL approved fixture / on-off switch and bulb. (add $3. P&H ea.). **$12.95**

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(9) REAL GIANT CLAM SHELL BOWL / Giant 12" to 13" size. An exciting and romantic addition to your table setting . . . great for salads, hors d'oeuvres & snacks. The natural white porcelain-like finish inside the shell compliments the outside texture with a hint of tropical colors. (Easy to care for instructions included). (add $3. P&H ea.). **$12.95**

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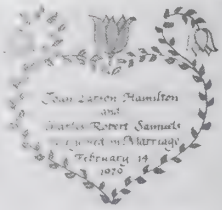


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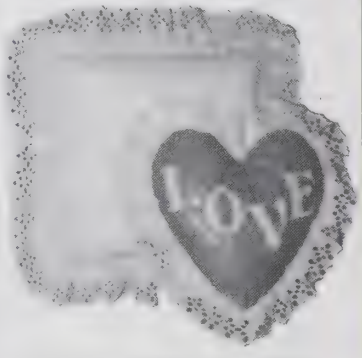


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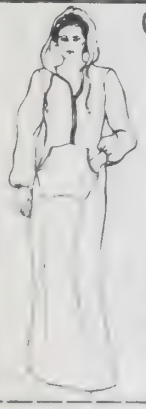
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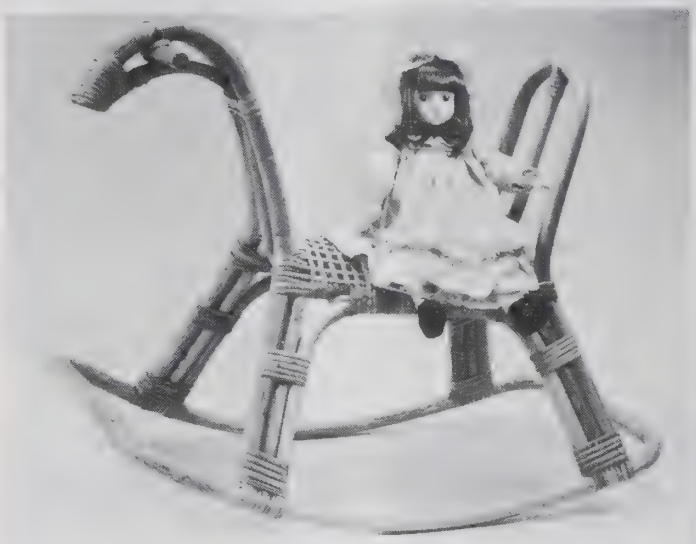
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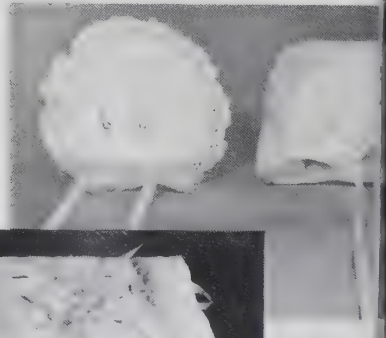


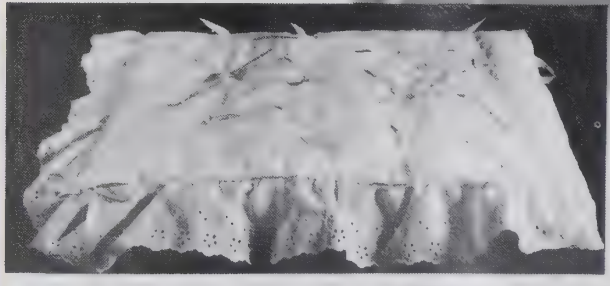
Rocker and doll

Bamboo rocking horse with cane seat, 24"h. by 16"w. by 30"l. $55 plus $5 post. Copy of antique French musical doll, 16"h. Bisque face, hands, feet. Ivory dress. Plays "Around the World in 80 Days". $125 plus $2.50 post. Catalogue $2. The Portfolio Catalogue, HG10, Box 322, Sugar Loaf, NY 10981.

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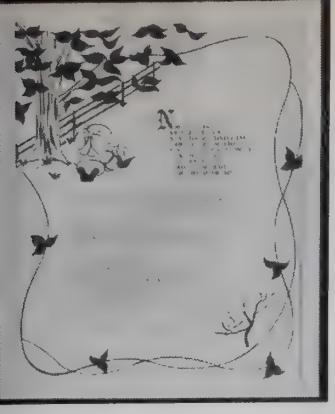




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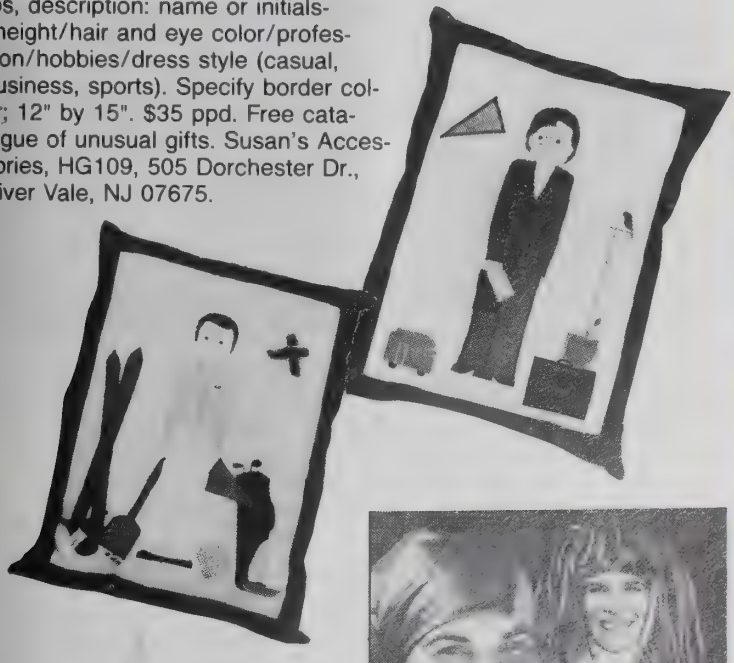


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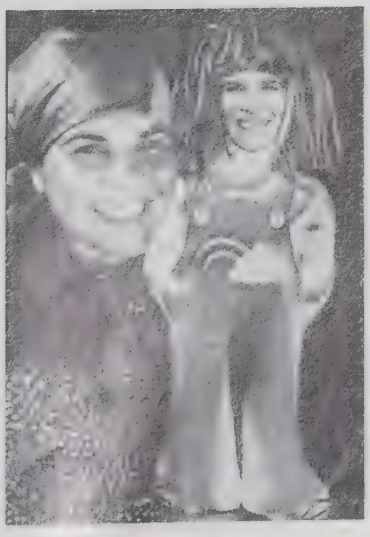
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Figure: fabric-applique portrait, hand-embroidered details. Send good photos, description: name or initials-height/hair and eye color/profession/hobbies/dress style (casual, business, sports). Specify border color; 12" by 15". $35 ppd. Free catalogue of unusual gifts. Susan's Accessories, HG109, 505 Dorchester Dr., River Vale, NJ 07675.



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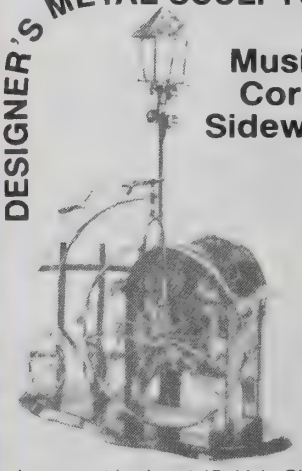
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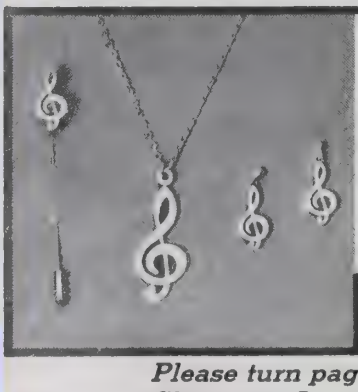
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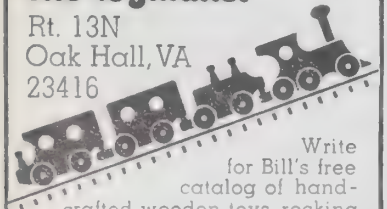
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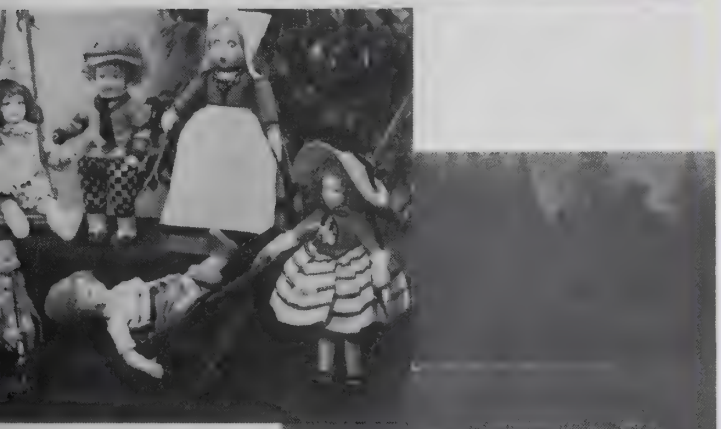
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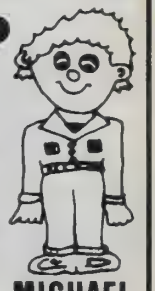
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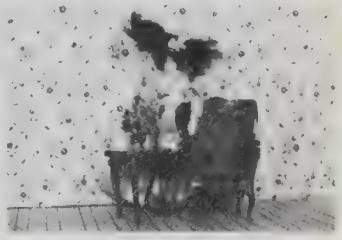
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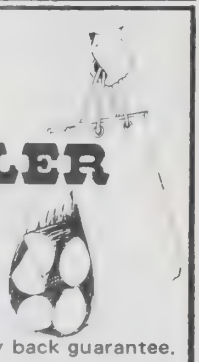
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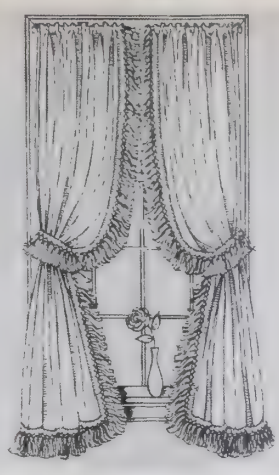
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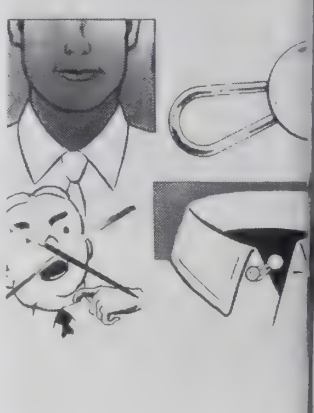
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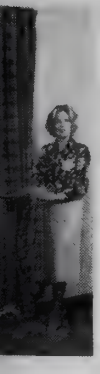
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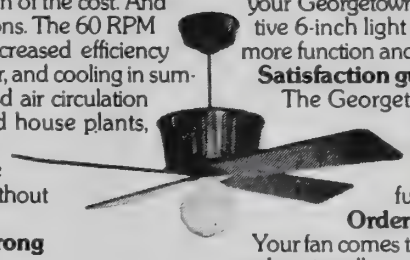
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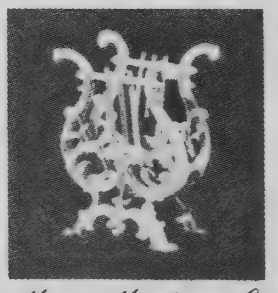
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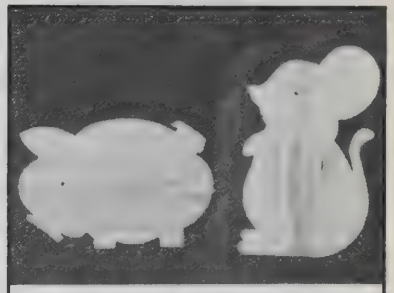
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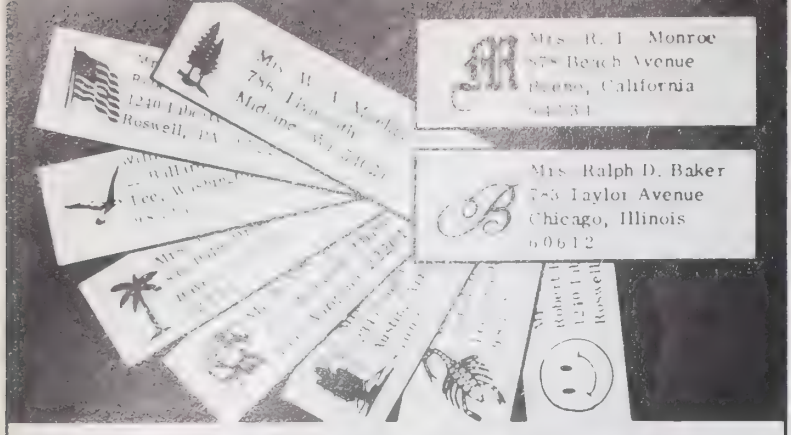


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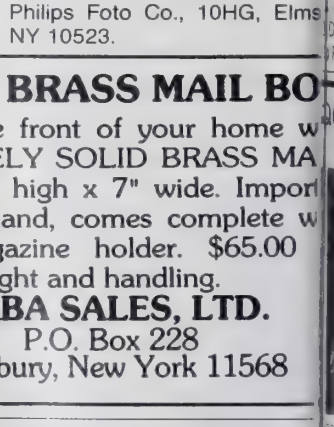


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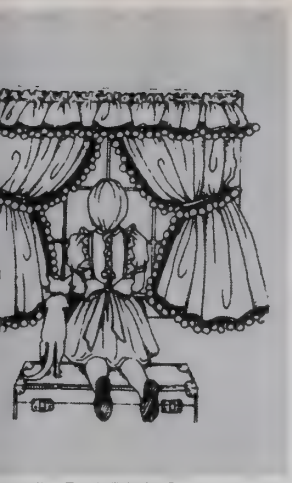
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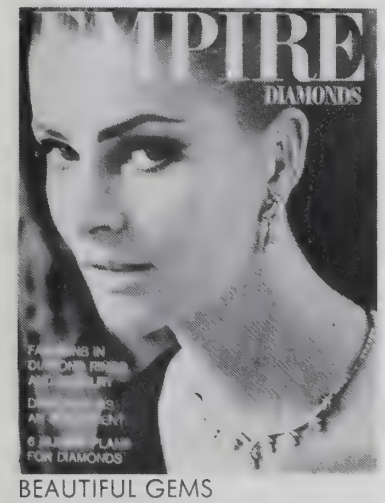
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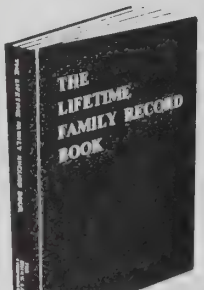
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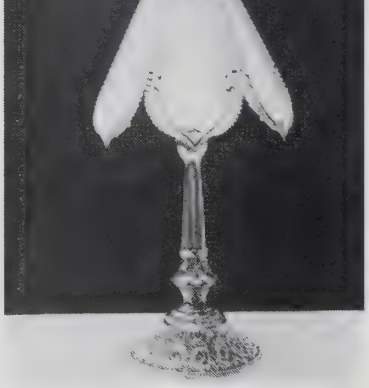
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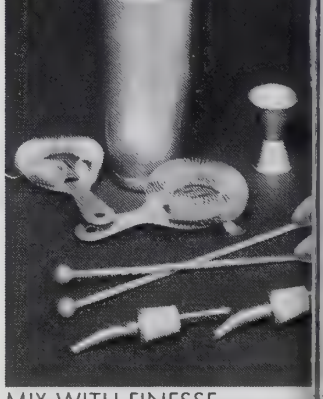
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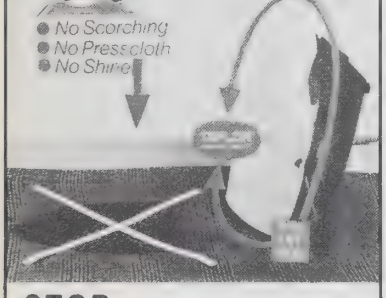
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3 ARECA PALMS • 1 PONY T[AIL] PALM • 3 NEANTHE BELL[A] PALMS

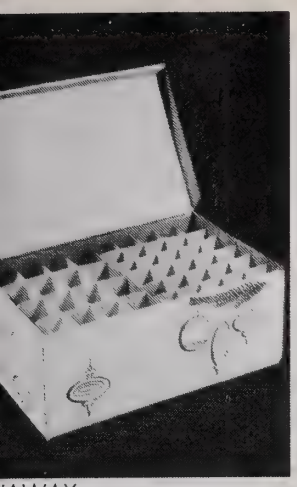
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All 7 plants are grown & shipp[ed] in 3 seperate 3" pots and are re[ady] to transplant into larger pots. Please enclose $6.98 for our P[alm] Tree Bonanza. We will pay th[e] postage. Fla. residents add 4[%] sales tax.

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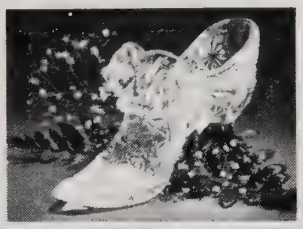
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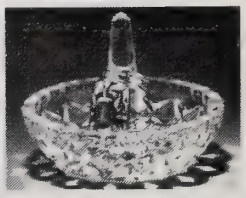
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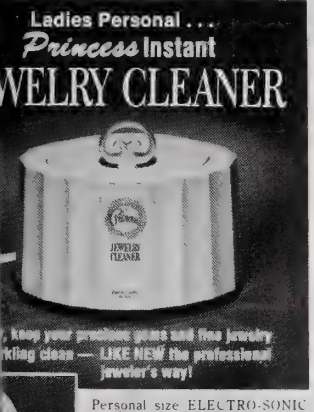
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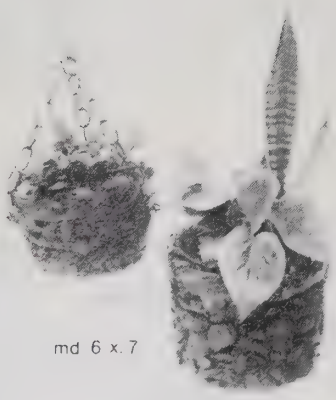
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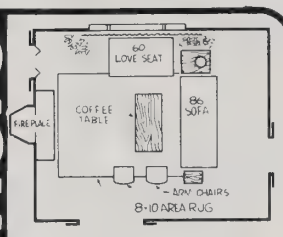


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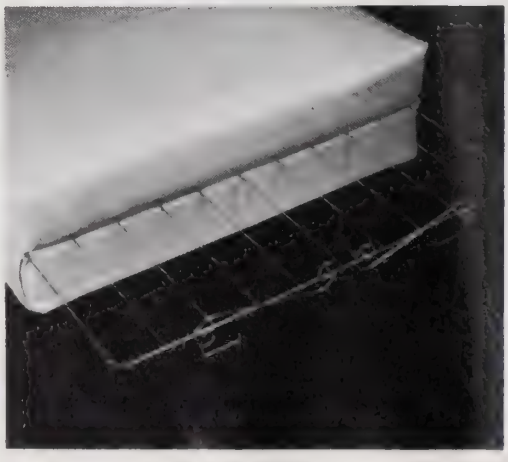
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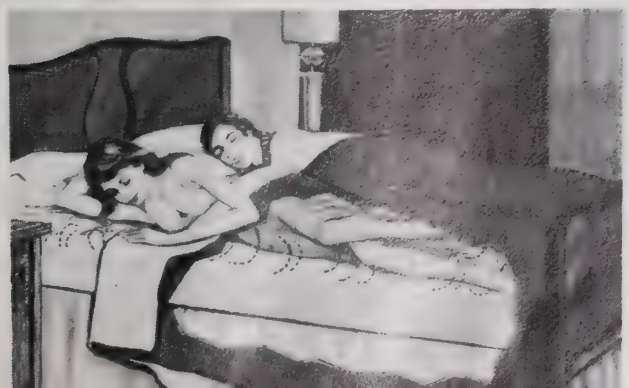
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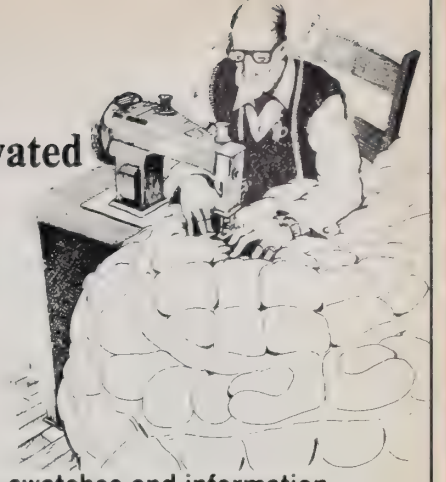
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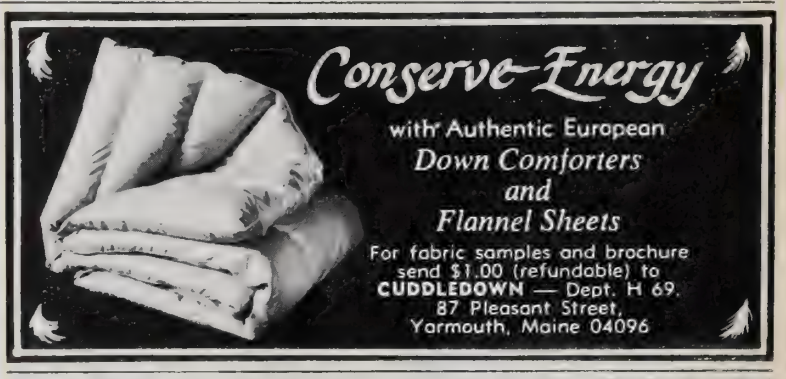
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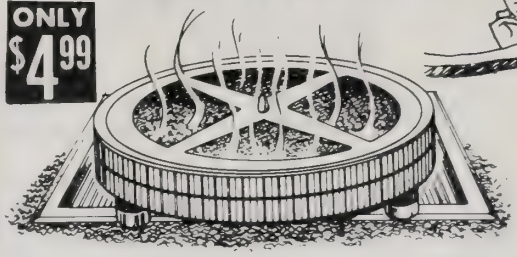
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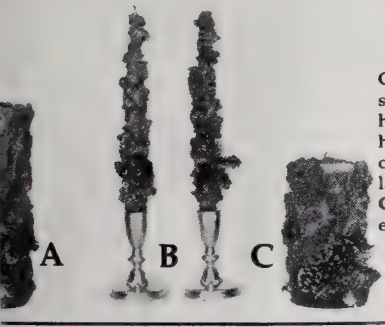
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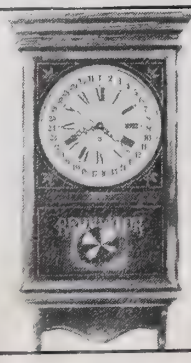


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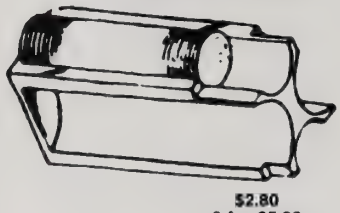
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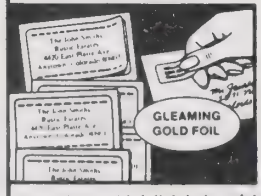
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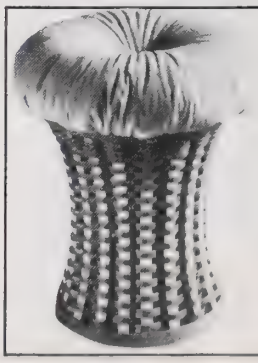


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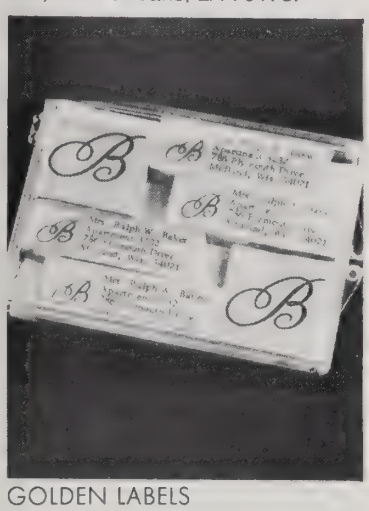
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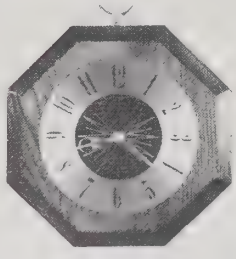


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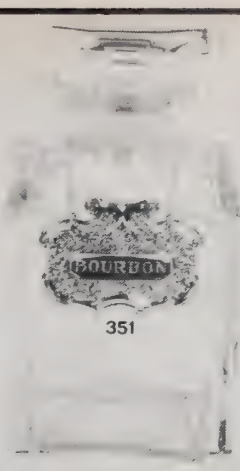
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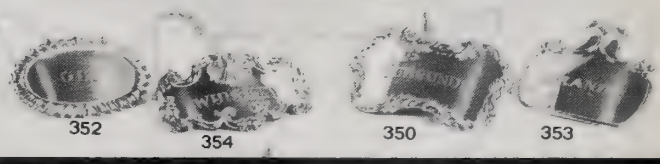


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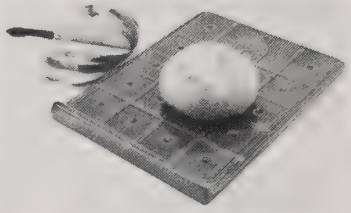
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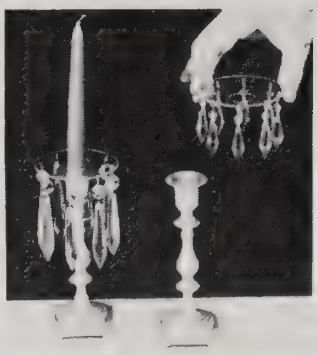
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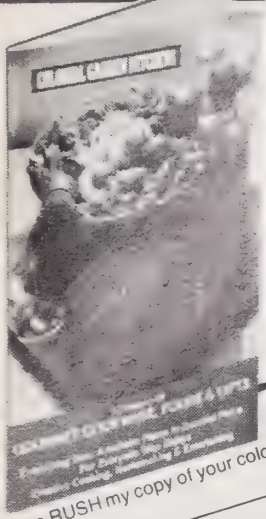
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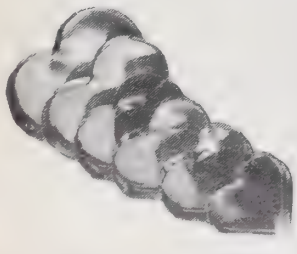
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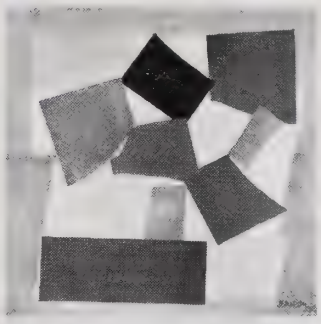
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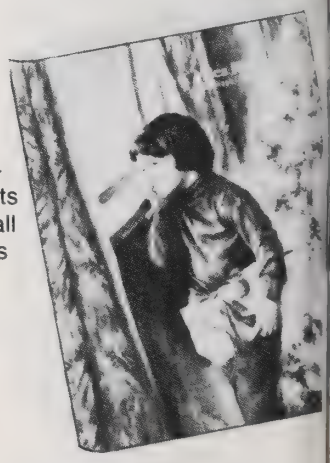
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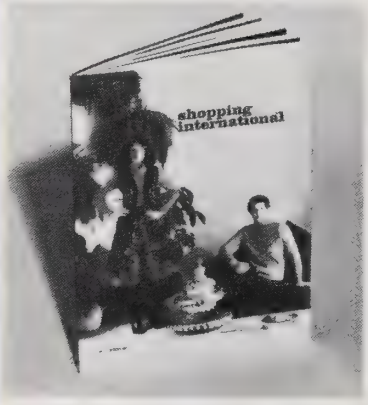
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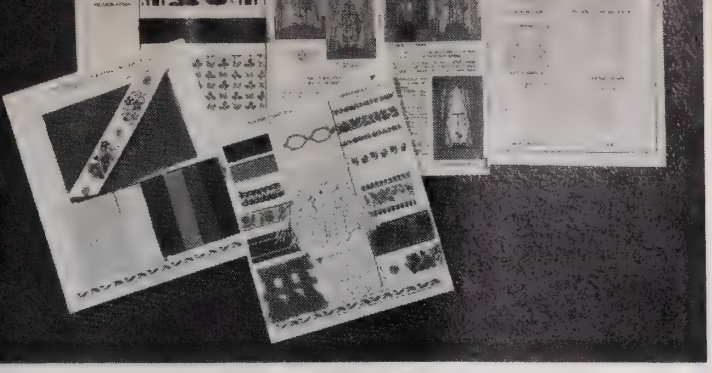
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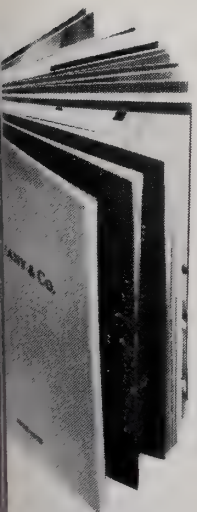
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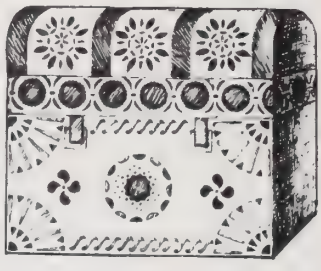


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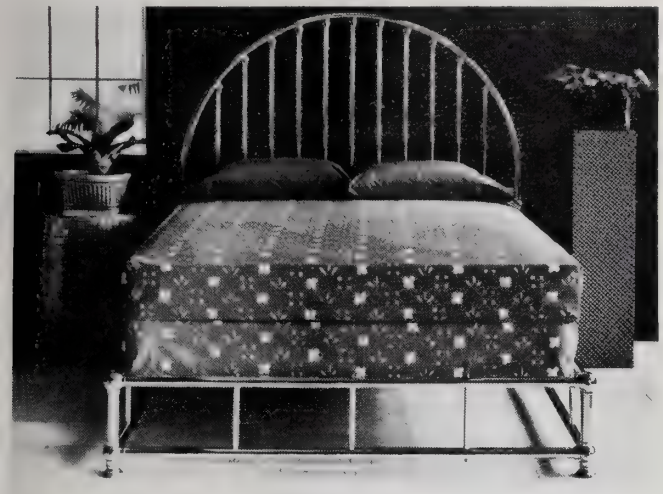
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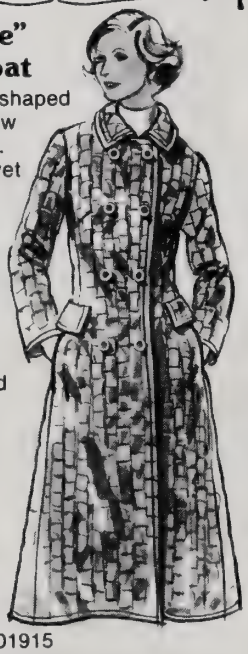
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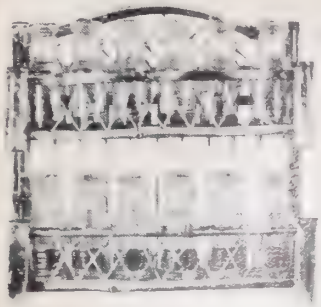
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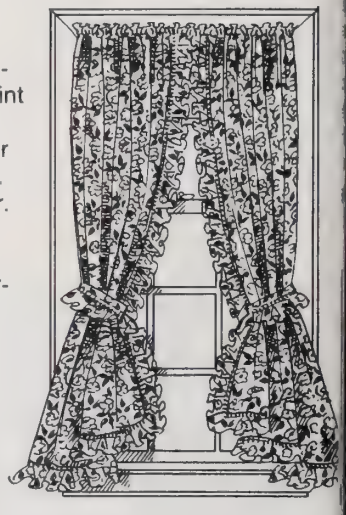


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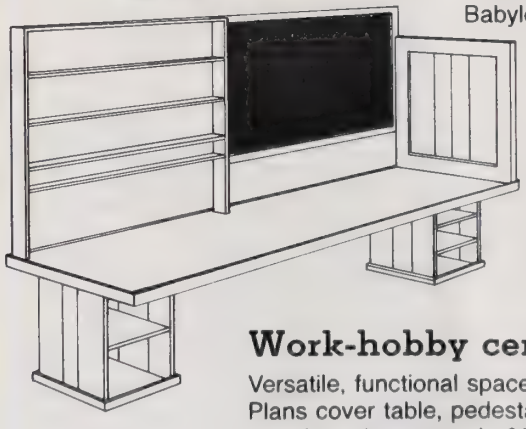
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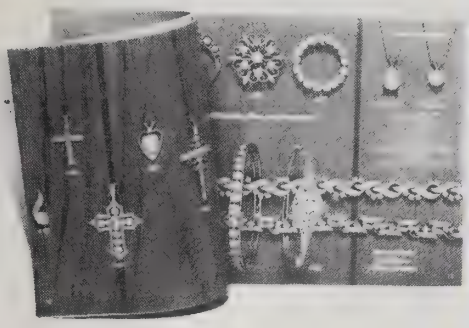
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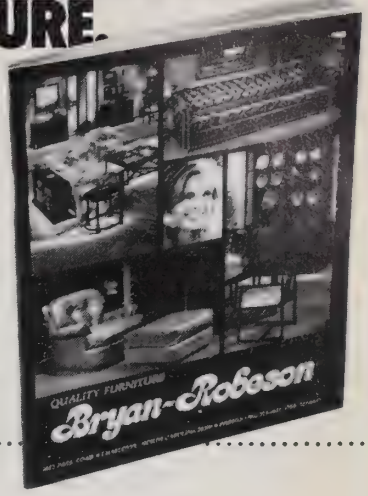


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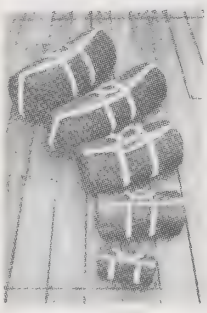
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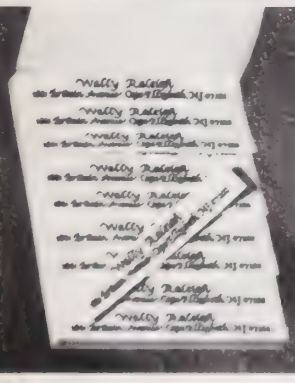
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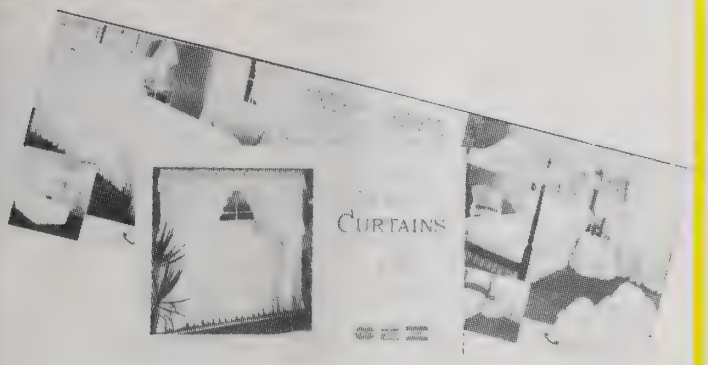
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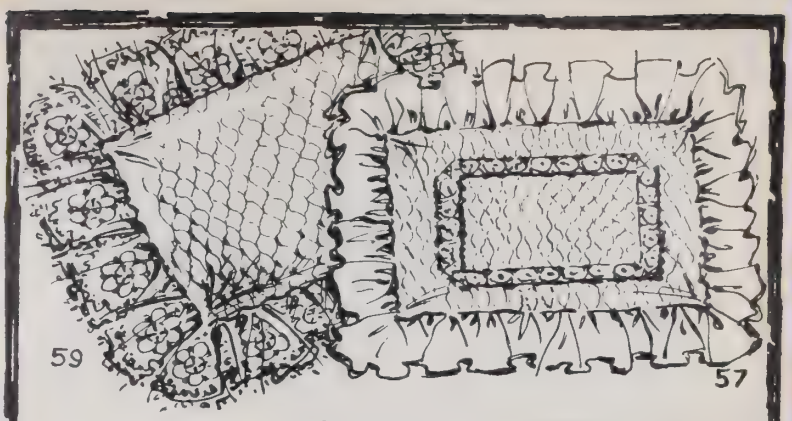


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Catherine's Chocolates



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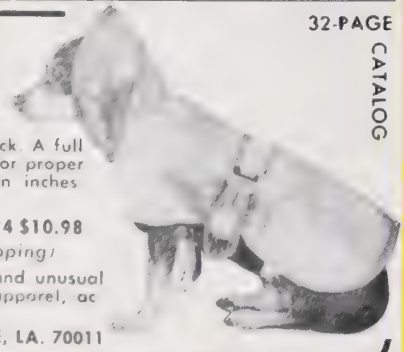
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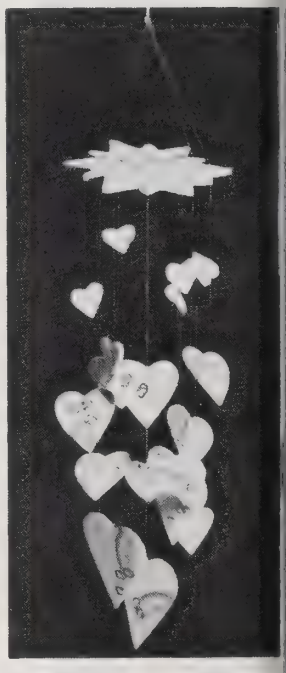


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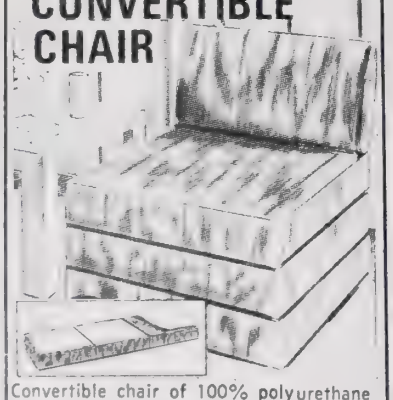
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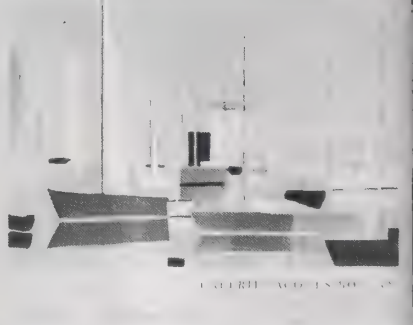
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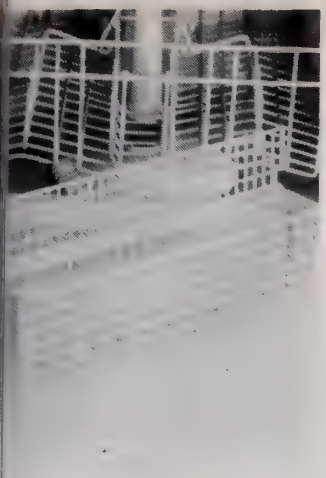


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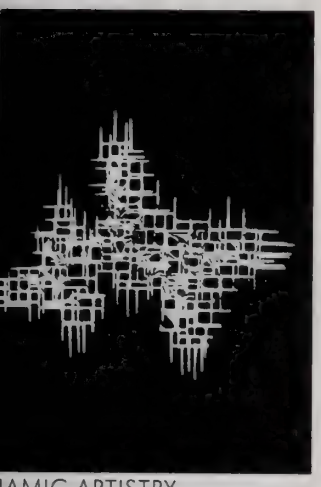
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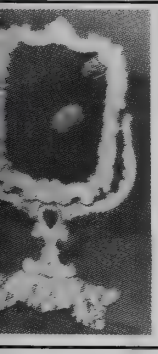
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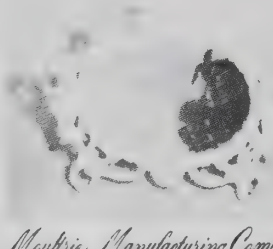
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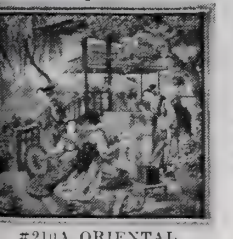
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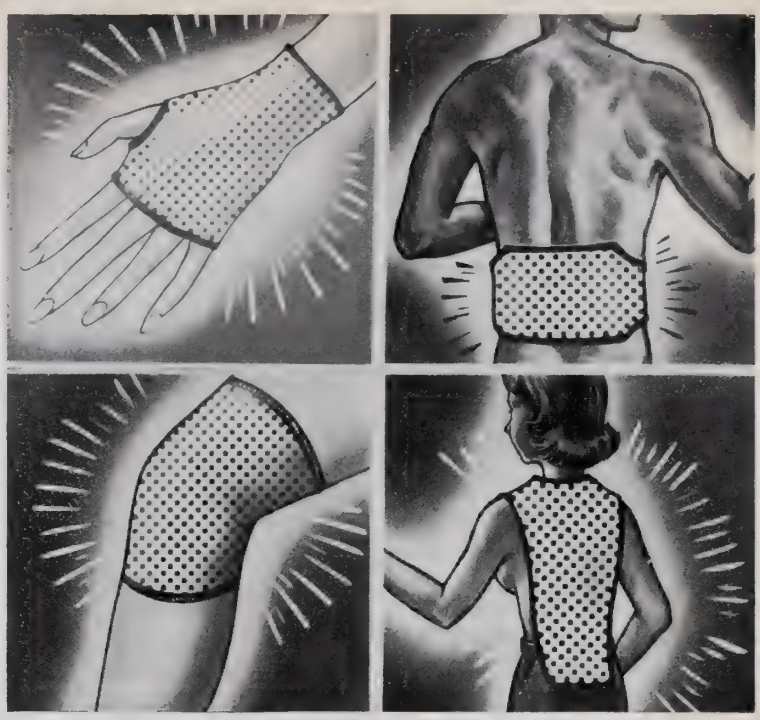
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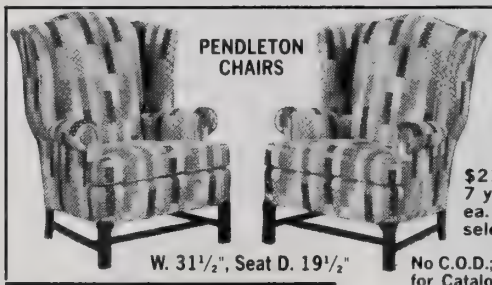
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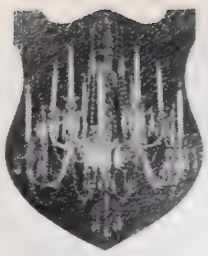
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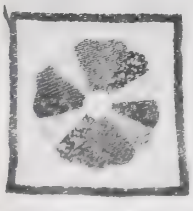


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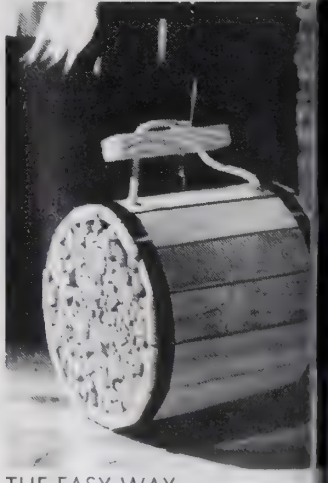
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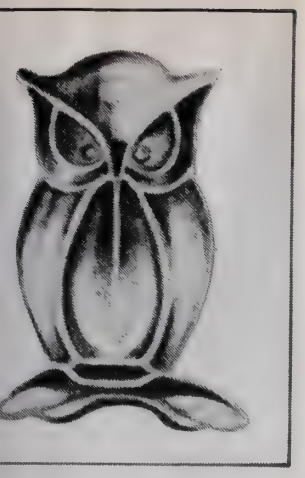
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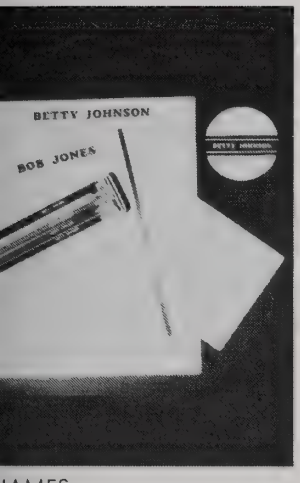


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Handwoven natural palm leaf makes lovely fans to hang on your walls, singly or as a grouping. Three in the set, one each in the following sizes: 30" high, 27" wide; 26" high, 23" wide; 22" high, 16" wide. Set $12.95 plus $3 post. Catalogue 50¢. Fran's Basket House, HG10, Route 10, Succasunna, NJ 07876.



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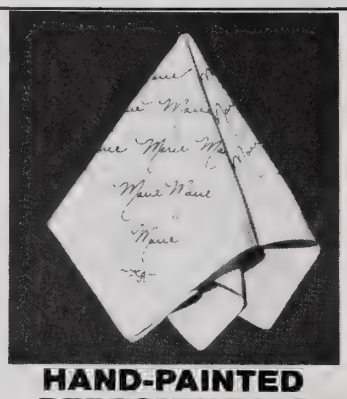
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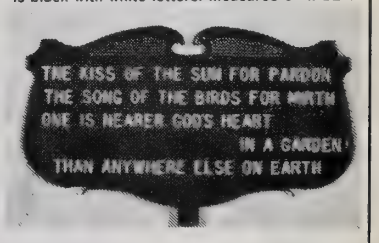
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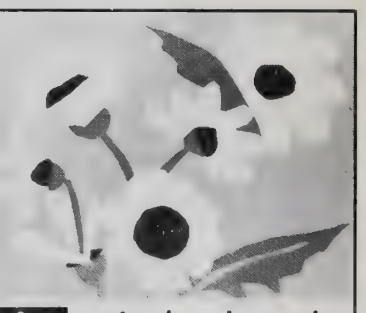
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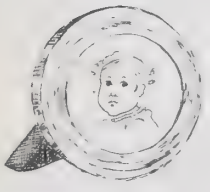


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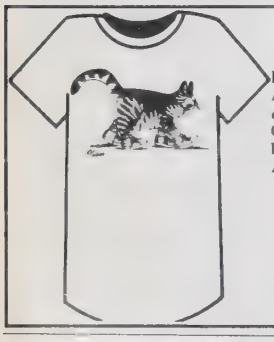


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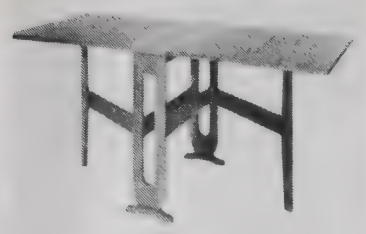
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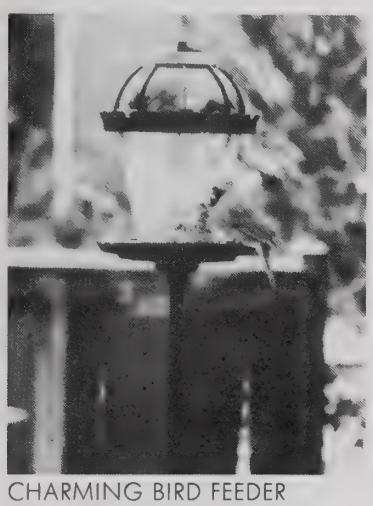
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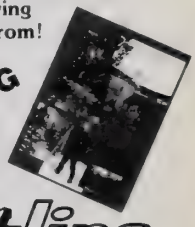


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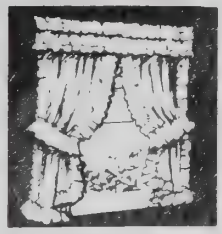
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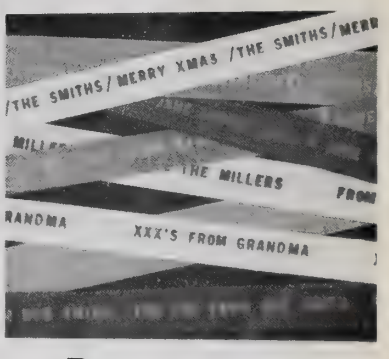
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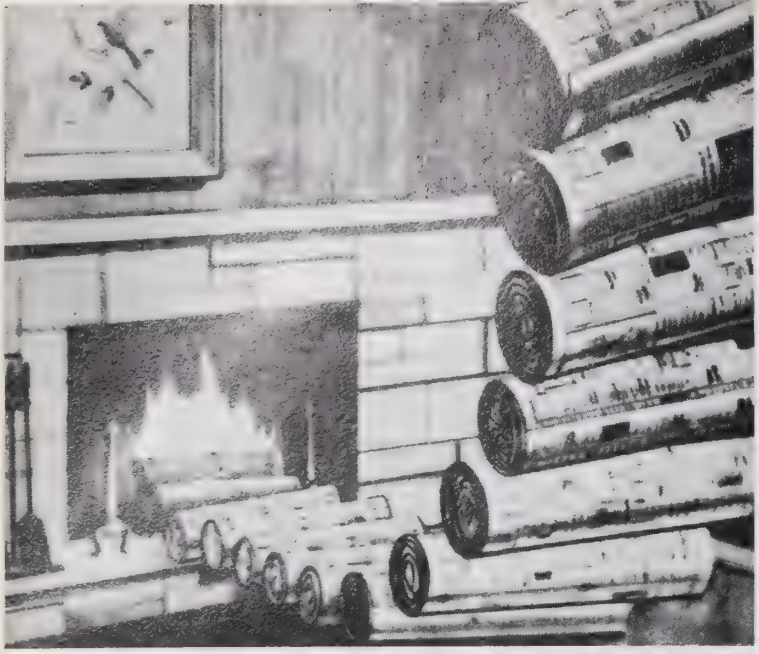
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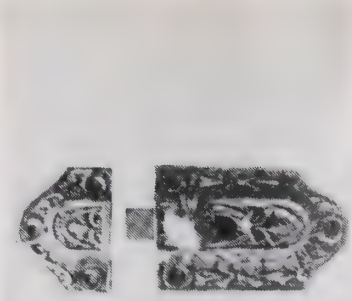
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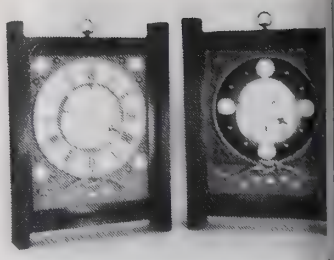
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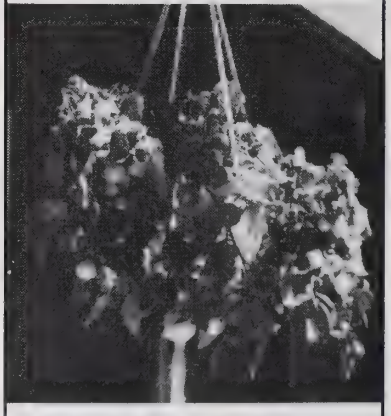
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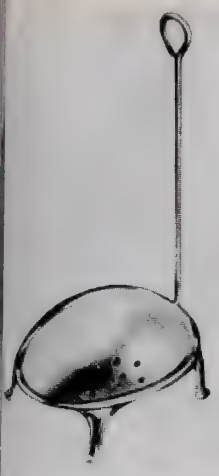


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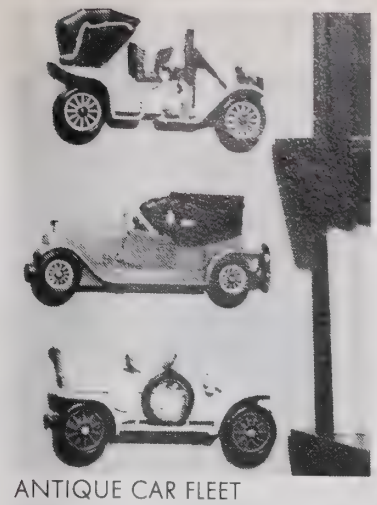
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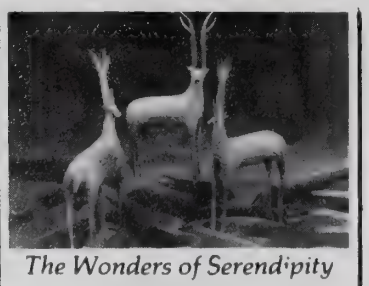
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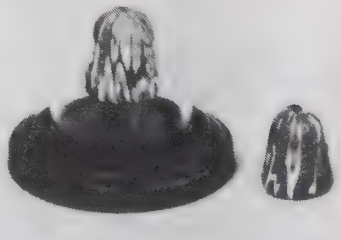
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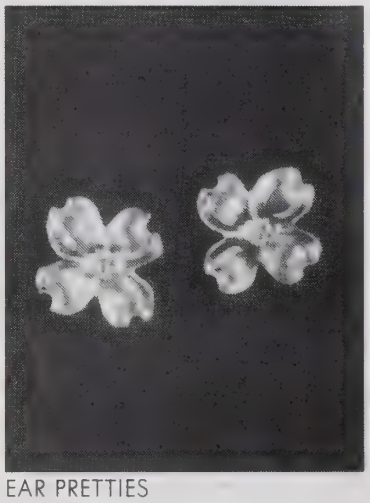
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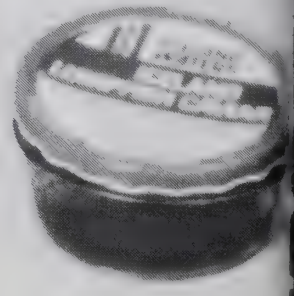
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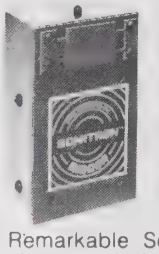
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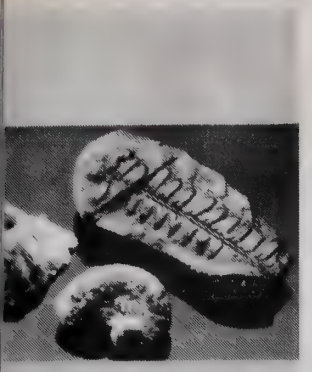
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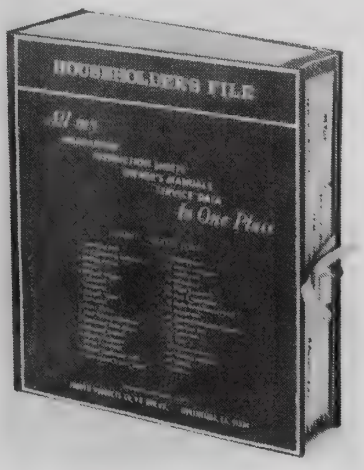
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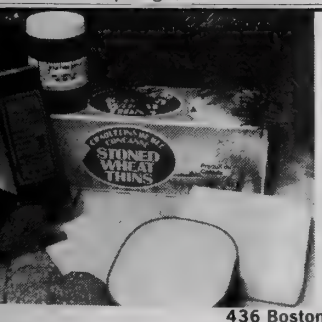
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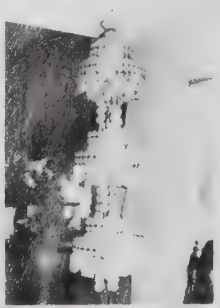
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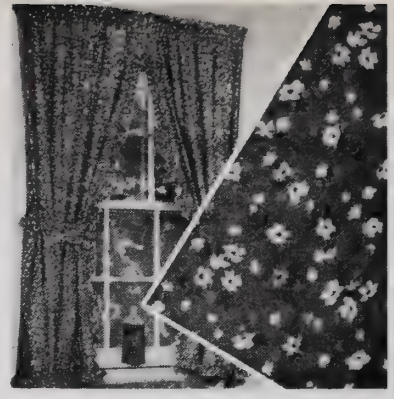
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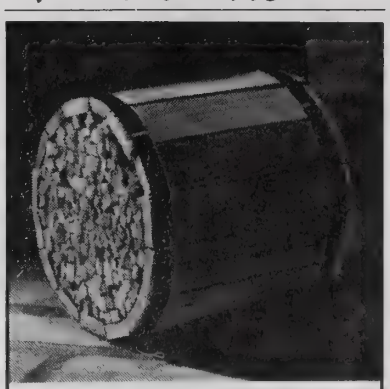


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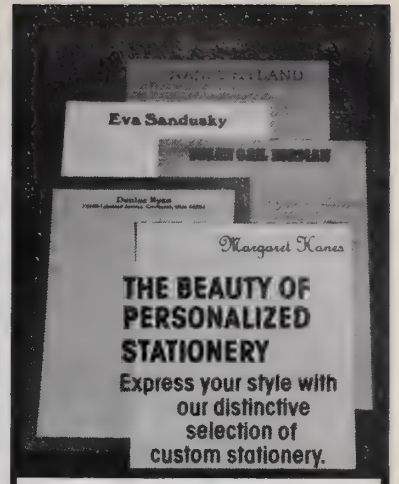
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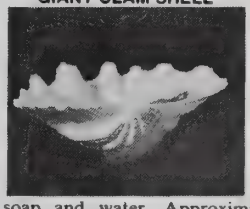


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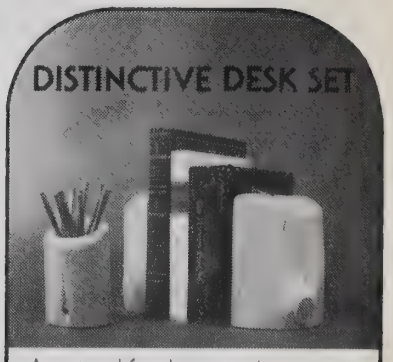
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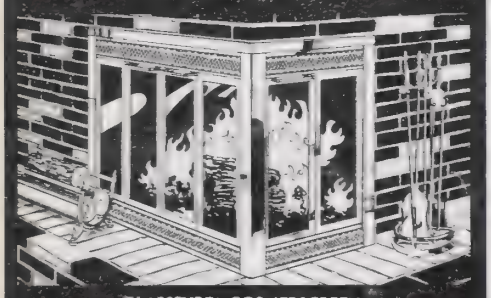
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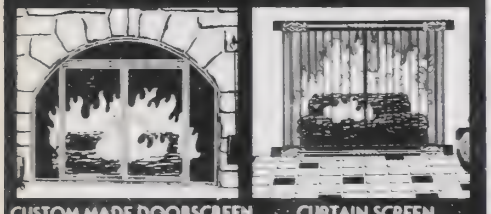
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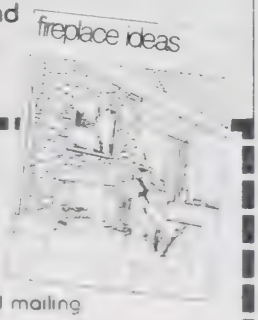
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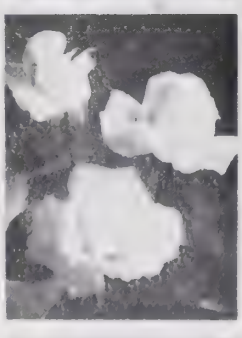
All-America Roses for 1980, growing miniature daffodils, and a definitive book on composting

All-America Roses-1980

Love, Honor, Cherish—are the All-America Rose Selections for 1980. All three are Jackson & Perkins introductions, and all are products of the hybridizing genius of William Warriner. Love, a grandiflora type, is bright crimson-scarlet, with silvery white on the petal undersides. As the high-centered flowers open, the petals curl back so most white is hidden, giving the effect of a solid red rose with slivers of silver showing through. Honor is an ivory-white hybrid tea, on long, straight stems, and a husky, vigorous bush. With broad, rounded petals, the flowers have great distinction of form, are particularly beautiful when fully open, showing the central cluster of golden stamens. Cherish is listed as a floribunda, but the individual flowers are big and widely spaced enough to resemble hybrid teas. The color is a melting peach pink, with urn-shaped petals that remain tight-centered even when mature. Cherish also has a slight but true rose scent and phenomenal keeping qualities when out. All will be at lawn and garden centers in 1980, but for a preview write Jackson & Perkins, P.O. Box 1028, Medford, Ore. 97501. Catalogue free.







All-America rose Honor, left, is also Jackson & Perkins' rose of the year for 1980. Cherish, above left, and Love, above right, complete the 1980 All-America selections rose lovers will grow in 1980.

Pint-sized daffodils

Make some miniature daffodils part of your bulb order this fall. They're among the least expensive of bulbs, and very rewarding to grow. Outdoors, tucked into pockets and crevices among rocks, they charmingly fill a gap their bigger relatives would never fit. But it is indoors that these miniatures really come into their own. As many as a dozen bulbs can go into a 6-inch pot to create a bouquet of wintertime beauty with a minimum of effort. When planting the bulbs—or any other bulbs in pots, for that matter—remember that it's the soil *under* the bulbs that counts. It should be loose, so that the roots penetrate easily, and at least 2 inches deep, so that they have room to grow. Tops of the bulbs need only be barely covered—even left exposed, if you like. Stand the bulbs upright on the layer of soft bottom soil and sift more soil between them, then water gently but thoroughly, adding more soil on top to take care of settling. Now comes the important part of the process. This is the period of cool darkness the bulbs need for their roots to grow and provide moisture and nourishment for the developing flowers. Traditionally, pots planted with bulbs are buried outdoors in a trench or cold frame, where they will be moistened by rain and cooled as the soil cools with the approach of winter. However, a cool, dark cellar or even an ordinary refrigerator will do—any place that's cold but not freezing, and where the light is subdued. Indoors, of course, you'll have to keep the pots watered, but it's also easy to see when the leaves begin to grow—as soon as they're an inch or two high the pots should be brought out into the light to complete their development. The species *bulbocodium* and *jonquilla* are excellent for forcing, as are the popular hybrids Tête-à-Tête, Liberty Bells, February Gold, April Tears, and Peeping Tom, but there are many other good ones. For sources of these bulbs, see page 56.

Compost guide

Composting is not as simple as it seems. It requires careful attention to the materials used, length of time they are composted, and shape and size of the heap. In *Everyone's Guide to Home Composting* (Van Nostrand Reinhold, $3.95 paperback) Robyn Bem tells what to do for how long, and suggests many ways of using the product. The book is concise and complete—it even has a page about tool care.

Decorating changes
continued from page 108

Mr. and Mrs. James Cole recently moved from Boston to Pittsburgh. It won't be their last move—Mr. Cole is an executive with Barclays Bank, and expects to be relocated again. "We do *try* to feel we are going to be here a long time," he says. "Each move is considered a permanent post."

"I also know how I like to live," says Mrs. Cole. "For instance, the kitchen and dining room in our new house in Pittsburgh were divided by a half wall. So I got a crowbar and knocked the wall down. We also replaced the flooring in the kitchen—from a gold linoleum to slate tile. I like area rugs, so we refinished and stained the floors and then added area rugs that move with us—that makes sense. My color schemes usually remain the same in each house so I can be flexible—white or off-white curtains, for instance, are very adaptable."

In a recent report on home improvements in *Changing Times*, it is reported that the nation's contractors expect to do $24 billion worth of business this year, up 15 percent from 1978, says Joseph M. Nahay, executive director of the National Remodelers Association. The article also points out, however, that outlay on improvements is seldom totally recovered. For instance, here is an estimate of how much the cost of a bedroom addition can be recovered at resale time in five different cities: Houston: 60 to 80 percent; Miami: 90 to 110; New York City: 30 to 50; Seattle: 50 to 70; St. Louis: 50 to 60. In other words, some cities have better recovery potential than others—and some additions are more valuable than others. "Redesigning or modernizing a kitchen is probably the most economical investment you can make," says Charles L. Osenbaugh, president of the Society of Real Estate Appraisers. "Homes are sold more on the basis of the kitchen than any other room. I'd also like to mention baths. In the more expensive homes, superbaths have great recovery potential."

You may, of course, not want to go as far as the Rauches or the Coles. Knocking down walls may be a little too extreme. You may look for something less irrevocable—some decorating tricks that are inexpensive, look good, and can relocate when you do. "For city owners, new windows and central air conditioning is a great improvement," says designer John Rieck. "But if you move a lot, architectural changes and built-ins are money out of the window. Instead, keep the look of your rooms light and off-hand, with cotton and paint, rugs instead of carpeting, Roman shades instead of heavy curtains. Dual purpose furniture is wonderful—a sofa that's a bed, a table that's a desk."

Many designers suggest putting your money into one quality thing. "A $1,000 quilt will appreciate faster than 3 quilts at $300 each," says Joel Kopp of America Hurrah. "The top of the line, the best of its kind, is always a good investment." "One or two memorable pieces can support a whole environment," agrees Claude Langwith. "Pieces you love—a fabulous African sculpture—a few good pieces of art—will set a look wherever you go." Justine Cushing suggests "a period mirror, a screen, large planters, chinoiserie garden stools—these wonderful things will look elegant even in the simplest surroundings." But remember, "a bright Persian carpet or a painting can influence every subsequent decorating decision you make," warn Donna Lang and Lucretia Robertson. "When you buy, the first priority is you—whatever lights you up—not the resale value, not the fact that you're moving in two years."

Rentals create different problems than owned homes, and often it is decorating alone that will be your tool for making the place the way you want it to be. "Certain decorating effects, traditionally avoided by renters, may actually be wonderful," Ms. Lang and Ms. Robertson point out. "Sensibly selected wallpaper may do more decorating for your dollar than a lot of furniture. Integrate a small apartment with wall-to-wall carpeting, cut to size but not tacked down. When you move, take it along, and have it bound into area rugs for the new space. Upholstered walls will soundproof, and cover damaged walls beautifully." These are all changes you can make without affecting the shell of the house or apartment you're renting. In each area, landlords have different rules about structural improvements that must be checked out by tenants before they move in. "Check your lease," say John M. Striker and Andrew O. Shapiro in *Supertenant* (Holt, Rinehart & Winston). "There's a chance that it does not contain any restrictions about making alterations. If this is the case, you'll be fairly free to implement your own decorating scheme—notwithstanding the landlord's more conservative views—as long as you don't commit waste. That's legalese for a significant alteration (usually structural in nature) that permanently changes the physical character of the apartment." (*Supertenant* is a New York City tenant handbook, but these general remarks apply anywhere.)

Mr. and Mrs. Barry Mitchenson (he's a transferrable bank executive) have just moved from New York to a rented apartment in Chicago. "We don't do major construction work," he says. "In rentals, there are physical limitations on what we can legally do. We check with the landlord first—if it's too restrictive, we don't move in." Mr. Mitchenson makes a lot of furniture himself—free-

Continued on next page

GIRLS ROOMS



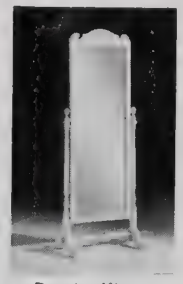
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standing shelving that's collapsible and movable. He is currently working on a shelf unit with a drop-down kitchen table built in. "I make standard curtains with standard rods," says Mrs. Mitchenson. "But our basic rule of thumb is to make things that last—particularly book shelves, since even if we leave a lot of stuff behind, we always take our books."

"There's a danger of what I call the rental mentality," says Alice Adams, whose husband is a constantly-on-the-move musician. They currently rent an apartment in Los Angeles. "We got chintzy," she confesses. "We didn't bother to do a good paint job, and now it's peeling. We bought cheap nylon fitted carpet for the two largest rooms, when better quality would have lasted longer and would have been worth taking with us. It's very rare to move into somewhere smaller, but we kept wanting to buy furniture that would be sure to *fit* anywhere. We're not talking about Jacobean armoires—we bought two love seats because we knew they'd be small enough to fit any room we moved into. And indeed they *are* small enough—for two dwarfs. The only sensible thing we did was spend money on track lighting. Even if your rooms are half empty or filled with odd pieces, lighting can really pull them together—and you can take it with you."

Alice Adams's point is that their compromises pleased nobody. "If you're living with things you aren't happy with just because you don't want to put a nickel in the landlord's pocket, then you'll probably move earlier than you need to—and that's going to cost a lot more!"

You've probably heard stories of people who put $20,000 into their rental apartment and then the landlord refuses to renew the lease. But on the whole tenant rights are clearly spelled out, if you read your lease and bone up on landlord-tenant law in your own city or state. Indeed, some landlords say that they welcome improvements, since they enhance the quality of the rental and often turn out to be good investments.

"Many people put permanent fixtures into rentals for their own personal satisfaction," says Hank Sopher, president of J.I. Sopher & Co., real-estate agents specializing in rentals in New York City. "If they don't take them when they move, they can probably sell them for more than they paid for them to the next tenant. It's like key money. In a tight rental market like today's, put $2,000 into bookshelves and the next tenant will buy them for $3,000."

There are, of course, wise buys that do not depend upon structural changes. In fact, Edward Lee Cave, chairman of the real estate division of Sotheby Parke Bernet, believes, like the designers quoted above, that your best investment if you are renting or relocating is in a few beautiful and practical *things*. "One good thing in every room—a mahogany table, an English chair, an American Federal chest—will set the tone, however much you move. And don't worry about moving valuable furniture. Think how far English furniture has traveled to get here, and yet it survives. Today, a responsible mover has enough techniques at his disposal to solve such problems."

Mr. Cave thinks that good upholstered furniture will last forever, and slipcovers can change with your color schemes. "Spend $3,500 on a sofa, and you won't regret it. Simply add inexpensive bamboo chairs, and a colorful item such as a painting or floor pillows. When you move you can sell everything and just take what you love. Even if your taste and your room sizes change, you'll still love that sofa."

One quality piece, one spot of bright color, plants, cushions, and good lighting—these are the elements of a good-looking room for people on the move. Mr. Cave adds one other real-estate investment tip: "Location is everything. Buy your house in a good neighborhood and you won't lose your money."

Mr. Osenbaugh agrees. "If you want to add a swimming pool as an amenity, fine," he says. "But its resale value depends on the neighborhood. My best piece of advice to people who relocate frequently is to consult an appraiser in the new area to find out about the neighborhood—location is your best investment." (A listing of real-estate appraisers appears in the Yellow Pages.)

For the people who rent or often move, the feeling seems to be the same—the first priority in making improvements is personal satisfaction. And it doesn't make sense to sacrifice the way you want to live just because you are renting or on the move. As Mr. Cole says, "We try to make each move feel permanent." Psychology books will say the same thing—making a comfortable nest is more important than dollars and cents.

That being said, it is also clear that some structural improvements, if not able to get your money back, dollar for dollar, are sensible investments—if you choose wisely, doing things that the people who come after will appreciate. In addition, investment in a few quality pieces of furniture can also be a sensible way to deal with an impermanent life. A Chippendale sofa looks good in any room, appreciates over time—and you *can* take it with you. ■

Correction

The price of the book *Kids' Stuff* (Pantheon), on page 10 of July Living, should have been $17.95.

BEST IN BOOKLETS

Marvelous ideas to help you plan and shop are in the booklets below, and they're yours for the asking. You can order them directly from House & Garden—send for the ones you want today. Just fill out and return the order coupon, circling the number of each booklet desired, enclose $1 for postage and handling, plus any additional charge as indicated next to the booklet number, and we'll see to it that your booklet requests are filled as quickly as possible. Do not send stamps. Cash, check, or money order may be used.

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Decorating

3. "FURNITURE BUYER'S GUIDE." Before you buy furniture, determine your needs. Whether you want to buy a sofa or a chest, a table or a chair, this brochure gives handy advice and hints about where you should buy, what to look for in upholstery, fabric, and wood furniture, and how to ask the proper questions when you are buying. Southern Furniture Manufacturers Association. 30¢

4. CUSTOM DESIGNS FOR WINDOWS AND BEDS. Twenty colorful pages full of exciting new ways to dress windows and beds, and create your own finishing touches with fabric. An extraordinary "show-and-tell" booklet of ideas. Norman's of Salisbury. $1.50

5. WAIT TILL YOU SEE what an Indian handmade carpet can do for your floor. Beautiful carpet designs are shown in full color, along with decorating ideas that prove you can use these carpets with any decorating style you choose. Brought to you from Pande, Cameron & Company. $3.

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A house that heats itself— the solar house on pages 176 to 179

This passive solar house, heated by the sun alone, is designed so walls, windows, roof, and flooring, the very house itself, collect and store warmth in winter. It has no solar collector plates on the roof, no heat storage tanks, no operative solar machinery. The sun, through roof-high windows 27 feet long facing due south, warms the deep adobe walls with radiant heat. Brick masonry floor also receives and re-radiates the sun's warmth and stores it as a "heat sink." So does the adobe base or "banco" of the two fireplaces—the only auxiliary heat source. At the rear of the house, concrete block retaining walls buried in the ground transmit earth's geothermal heat in winter, coolness in summer. Overhead, earth also blankets much of roof to shelter and also warm house.



Sun heat is captured in floor-to-ceiling south windows in living room, bedrooms.

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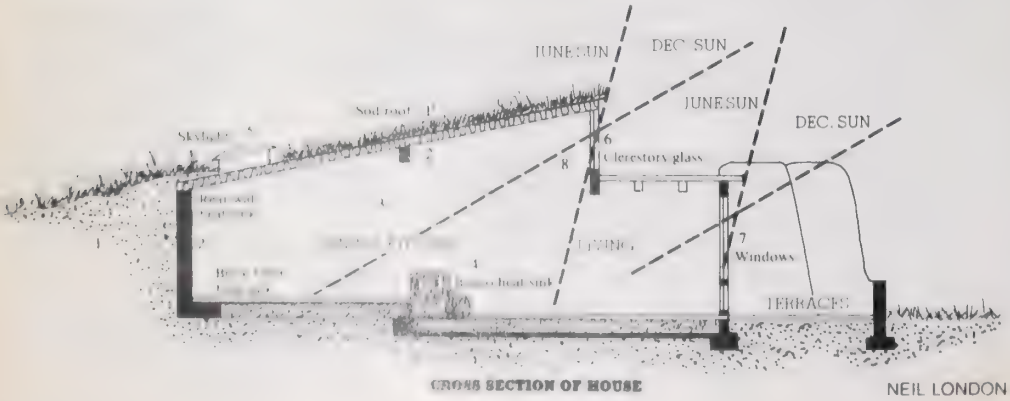
Earth covers two-thirds of house roof, sheltering it from cold winter weather.

INTERIOR-EXTERIOR TEMPERATURES
Winter 1977-1978

DATES	INTERIOR LOW	INTERIOR HIGH	EXTERIOR LOW	EXTERIOR HIGH
Dec. 16	65°	83°	5°	42°
	Clouds AM		Clear PM	
Dec. 31	65°	75°	25°	46°
	Clouds AM		Clear PM Snow-night	
Jan. 9	66°	83°	25°	48°
	Clear			
Jan. 20	58°	61°	22°	29°
	7th gray day			
Jan. 22	62°	77°	18°	38°
	Partly clear			
Feb. 16	59°	69°	0°	30°
	3rd gray day		Heavy snow	
Feb. 18	59°	70°	8°	34°
	clear			
Feb. 19	60°	70°	-3°	36°
	Clear	coldest	night of year.	
Feb. 25	64°	75°	20°	56°
	5th clear day			
Feb. 28	66°	74°	36°	52°
	Partly cloudy			
Mar. 2	60°	69°	19°	50°
	Partly cloudy		5th gray day	
Mar. 9	64°	75°	32°	61°
			7th clear day	
Mar. 14	59°	68°	18°	48°
			5th gray day	

Above: *Winter temperatures from 58 to 83 degrees indoors, -3 to 61 degrees outside.*

Below: *1. Recessed in hill, earth shields walls and roof from extreme temperatures. 2. Insulation in house structure keeps heat indoors in winter, outside in summer. 3. After sundown, the indoor walls, warmed by the daytime sun, radiate an even heat. 4. Sun heat is stored in brick floors, adobe and concrete walls, banco heat sink. 5. Roof skylights illuminate the dining and kitchen areas with ample daylight. 6. Insulating windows cut heat loss 50%. 7. South windows let in low winter sun, flood rooms with sunlight all day. 8. Inside walls absorb 40% of direct sun as heat, reflect 60% to warm other walls.*



CROSS SECTION OF HOUSE

NEIL LONDON

Materials and equipment used in the adobe solar house

ARCHITECT: David Wright
CONTRACTOR & LANDSCAPING: Karen Terry
CONSTRUCTION FOREMAN: Tom Brady.
CREW: Karen Terry and Fred Sandoval
STRUCTURAL ENGINEERING: Robert D. Krause & Associates.
SIZE OF HOUSE: 1,550 square feet
SIZE OF LOT: 5 acres

EXTERIOR OF HOUSE

Foundation: Poured concrete footings.
Exterior walls: At rear, north and northeastern sides of house, two filled and reinforced concrete block walls; other walls, 10-inch-thick adobe brick walls with two coats of Portland plaster, one stucco coat.
Exterior finish: Linseed oil on woodwork.
Roofs: On underground roof area: 1-inch pine deck board, one layer Celotex Corp. fiberboard, 3½ inches sprayed polyurethane, 2 coats sprayed butyl rubber, 8 inches of earth with native grass. On flat roof area: 3-inch polyurethane rigid board insulation by Johns-Manville topped by asphalt-coated built-up roofing.
Insulation: On exterior walls, 2-inch polyurethane rigid board by Johns-Manville.
Windows: Fixed glass panels, with PPG Industries, Inc. insulating glass in wood frames by General Glass Co.; ventilating wood frame Pella sash, with insulating glass, by Rolscreen Co.
Skylights: Double dome plastic, by Plasticrafts.
Doors: Pine and fir front door and interior doors designed and handcrafted by John McKinney; wood frame, glass doors at south side terrace by Karen Terry and Tom Brady, with etched glass in cornstalk pattern by Bruce Davis.

INTERIOR OF HOUSE

Interior walls: In major rooms, adobe brick with mud and straw plaster coat; in kitchen and bathrooms, adobe brick with Structolite plaster coat, and Mexican ceramic tile.
Interior finish: In kitchen and bathrooms, oil paint.
Ceilings: Pine boards and recycled pine and fir rafters from old New Mexico mine timbers.
Floors: All rooms and outdoor terraces, red brick by Kinney Brick Co., laid in sand.
Lighting fixtures: In living room and bedrooms, wall brackets by Lightolier, Inc.; in kitchen, fluorescent tube lighting over counters on dimmer controls.
Fireplaces: Adobe, custom designed and built by Karen Terry and Tom Brady.
Hardware: Black iron, hand-made by Frank Turley.
Kitchen and bathroom cabinets: Of pine and varied woods, custom designed and handmade by John McKinney, framework by Tom Brady.
Countertops: In kitchen, 75-year-old pine boards; in bathrooms, red juniper.
Plumbing fixtures: Kohler Co.

MECHANICAL EQUIPMENT AND APPLIANCES

Appliances: Under-counter range, counter cooktop, refrigerator-freezer by Frigidaire Div., General Motors Corp.; ventilating fan and hood by NuTone Div., Scovill Mfg. Co.; laundry washer-dryer by Westinghouse Electric Corp.
Water heater: Electric, 62-gallon tank by Sears.
Heating-cooling system: Passive solar system. In bathrooms, mini electric wall heater units in toe space under lavatories by NuTone Div., Scoville Mfg. Co. ■



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272 Best in booklets

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LIGHT A CRYSTAL FIRE



photo Pesin

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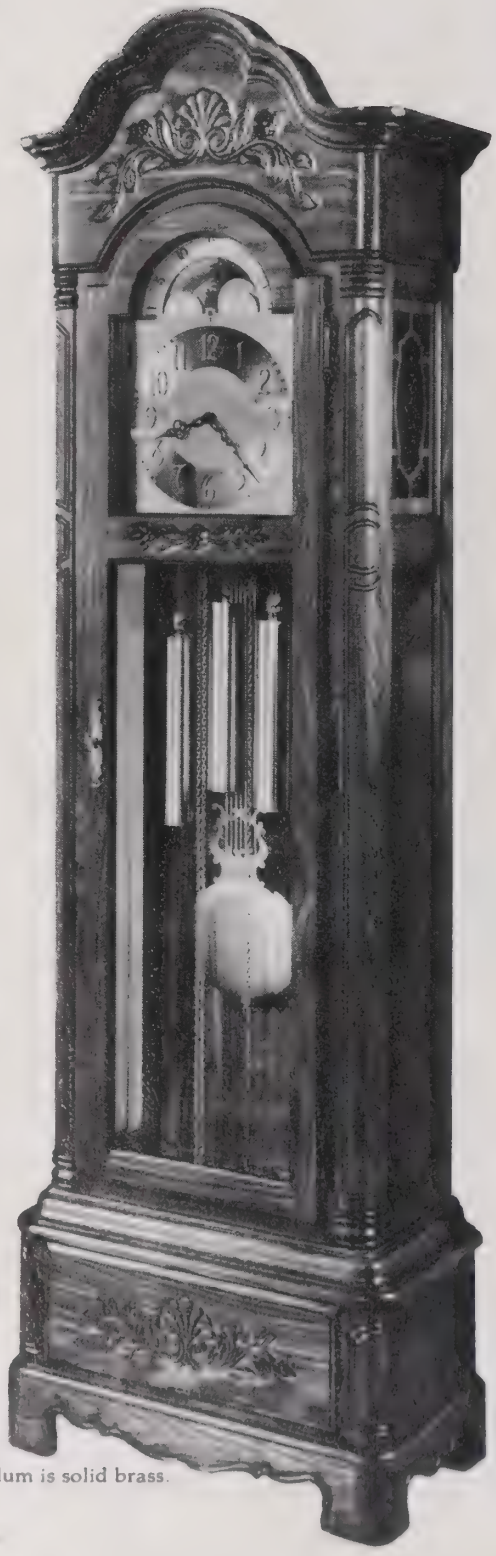
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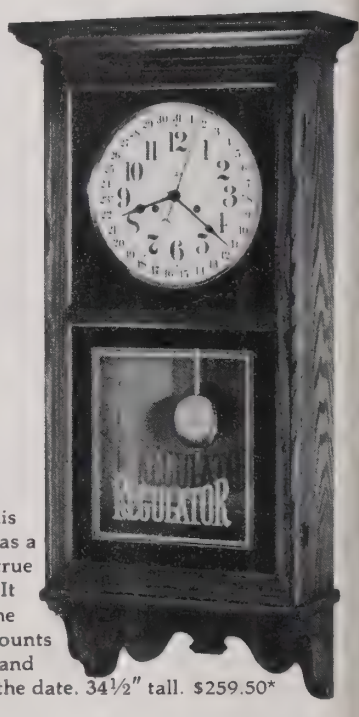
Hint #1. Norfolk is an elegant bedside alarm finished in satin brass. Inside is an incredibly accurate quartz battery movement. 4½" wide. $59.95*





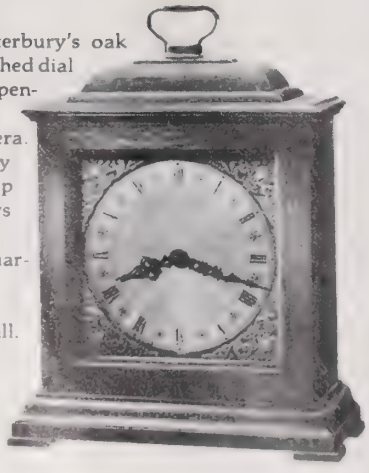
Hint #2. Waterbury School Days Clock. Authentic right down to its solid oak case, hinged bezel and the 24K gold on the pendulum glass. The reliable battery movement strikes on the half and counts on the hour. 24" tall. $145.00*

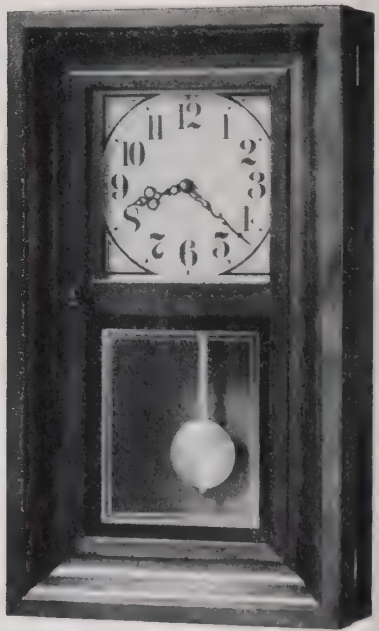




Hint #5. This Regulator has a look that's true to the past. It strikes on the half hour, counts every hour and shows you the date. 34½" tall. $259.50*

Hint #3. Canterbury's oak case, brass finished dial and pierced serpentine hands are from another era. But, the battery movement is up to date. It plays Westminster chimes each quarter hour and counts on the hour. 12-⅞" tall. $159.50*





Hint #6. An Ogee Wall Clock with 24K gold decoration on the glass, nicely accenting the brass pendulum. Its battery movement counts on the hour and strikes on the half hour. 23½" tall. $129.95*

Hint #4. Over 6½ feet tall, Cabernet's solid oak case is elaborately carved. It comes with moon phase dial and plays three cathedral chimes. The lyre pendulum is solid brass. $1,1[illegible] Patent Pending.

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HOUSE & GARDEN



TOM YEE

ON THE COVER

A country kitchen with a rugged beamed ceiling, terra-cotta tiled floor, open storage, a fire in the big brick fireplace—what could be a more appealing place in which to cook? This kitchen, which was designed by its owners, who love to entertain (there's always a houseful of family and friends), is a brand new addition to an old New England house. (To see more of the kitchen, turn to page 156.) So that the new space would be in keeping with the rest of the house, the plaster ceiling was crisscrossed with beams, all roughly hewn and stained umber to look as if they'd spent a lifetime in a smoky kitchen. Overhanging the maple-topped work island, whose legs were carved locally by a cabinetmaker, is a wrought-iron-and-brass potrack holding a collection of copper cookware reminiscent of the days when country cooking was a real art. Old bricks were gathered to make the fireplace and its raised hearth, which invites you to sit and sip coffee in the cold early morning hours. The mantel is stone, embellished by molded stone angels from one side of an old stone planter. (The angels from the other side of the planter float over the kitchen door.) Flanking the angels, two coats of arms of molded plaster. On the slanted wall above the mantel—slanted, to recall the old hooded fireplaces in European country kitchens—a scallop shell, also of molded plaster; inside the fireplace, a trammel hook to hold an iron pot which the owners use to simmer hearty winter soups and stews (all made from garden vegetables stored in their cold cellar), and, sometimes, Indian pudding. Twelve-inch octagonal tiles from Country Floors Westport. Iron potrack by John Hallock. Table designed and built by Christian Schwebler and Vaghi. For details, see Shopping Information.



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Saluting Scalamandré

The National Trust for Historic Preservation has given a national award to Franco Scalamandré, founder and chairman of the board of Scalamandré Silks. The Gordon Grey Award, given annually for achievement in preservation and restoration of historic sites by people not professionally engaged in preservation, recognizes the fifty years of service the Scalamandré company has given to over 500 restoration projects—from the Octagon House in San Francisco to Lyndhurst Manor in Tarrytown, N.Y., *above*. Mr. Scalamandré's private collection of 17th-, 18th-, and 19th-century fabrics has served as a research source for experts working on restorations. In 1936, he established a textiles museum which provides exhibits throughout America and Europe. Today almost 60 per cent of Scalamandré's production is based on requirements for restorative work. The award accords Mr. Scalamandré's reputation for insuring the authenticity in color, design, and technique of the company's manufacture of fabrics, carpets, and wallcoverings.

The pot marigold—a colorful and useful herb

The pot marigold, *Calendula officinalis*, has a long and ancient tradition as a healthful herb. Adding the dried flowers to soups and stews not only provided our ancestors with a flavoring for varying their diet, but picked up their lives a bit as well. The pot marigold was a reputed stimulant. So popular was this herb that, according to some accounts, hardly a British broth in the 1700s was made without dried calendula, both the leaves and flowers being used.

That's where the "pot" part came from—the cooking pot, not the flowerpot, as one tends to assume today. On the other hand, the herb does grow well as a potted plant provided you are able to supply lots of sunshine.

The original pot marigold is a Mediterranean species with brilliant yellow-orange flowers two to three inches across on plants one to three feet high. Unlike most other herbs, this taller plant may need some staking to keep it erect. But the brilliant color is a splendid touch for windowsill herb gardens which, no matter how tasty, seem on the whole to be monochromatically green.



There are, incidentally, many new strains of calendula in various colors known as art shades, ranging from cream to apricot and buff. Though not the original herb, they may be added to the pot as well.

Seeds sown this month should provide you with an herbal bouquet during February and through to April. Plant several seeds in a three-inch pot filled with good potting soil. Good drainage is essential, as the plants like a footing on the dry side.

Once the young plants have a few leaves, transplant them to individual six- to eight-inch pots. Grow them close to the window for the maximum light and cool nights they desire.

Trimming side growth and limiting the main branches to six or eight will increase the size of the flowers. Don't let the seed heads fill if you want lots of blooms. In fact, pinch off the flowers when they are a shade past their prime. There's no need to dry them. Use them fresh in salads as a decorative touch, not to mention a real conversation piece.

RICHARD LANGER

Food news by mail

Here's something wonderful to look forward to—for the holidays and throughout the year. *The Bloomingdale's NewsLetter* has its first issue in November and its topic each season will be food. If you have a charge account you'll receive it; if not, send in your address—it's free.



Pamela Krausmann, preparin Bloomingdale's food NewsLe

Pamela Krausmann, Creativ Director of Bloomingdale's Gourmet Food section, plan to fill the newsletter with all the information you need to enjoy specialties—Alain Chapel's new breakfast jams pink peppercorns, and more Bloomingdale's, 1000 Third Ave., New York, N.Y. 1002

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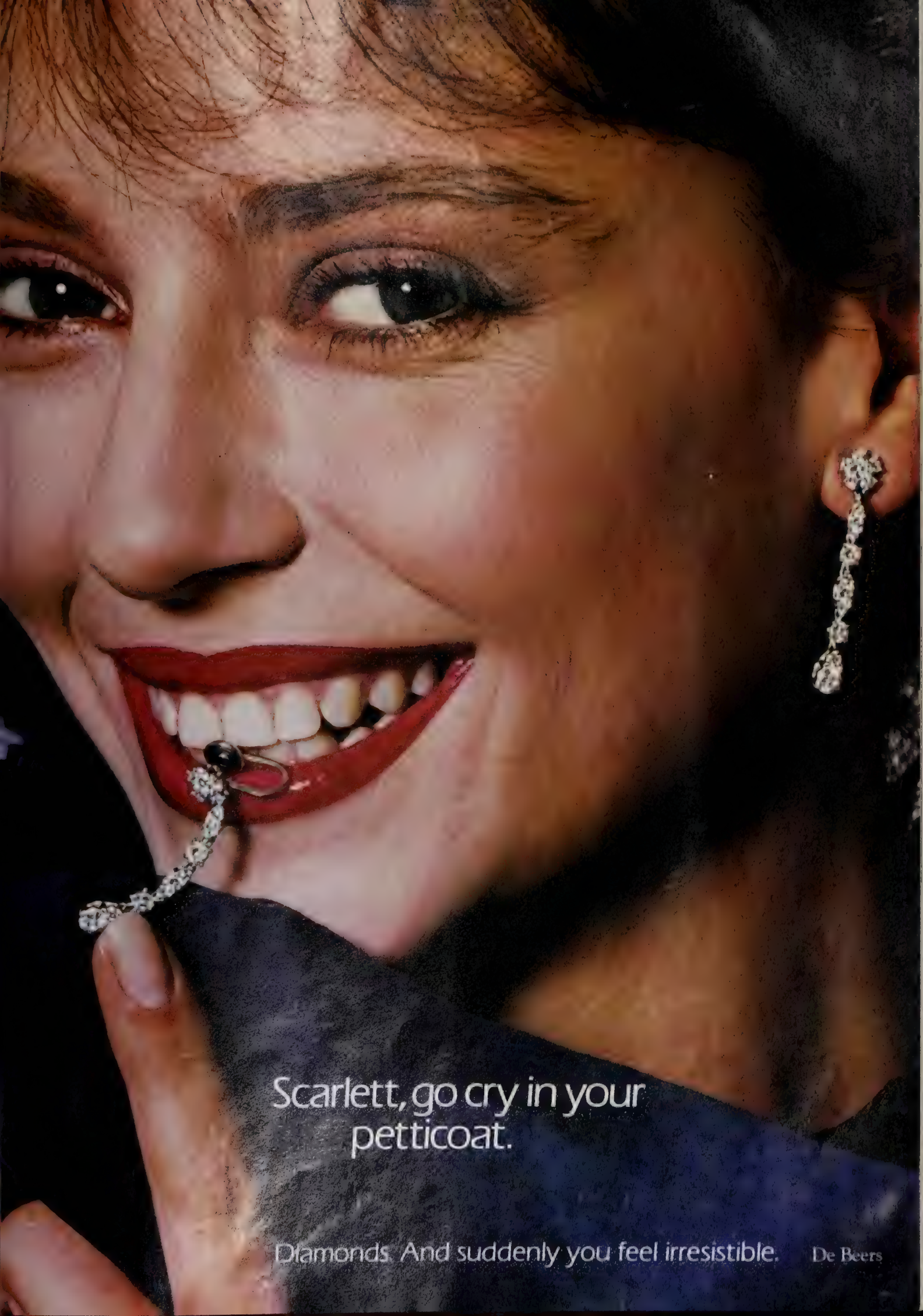
During the late 18th century, colonial America became enamored of the exotic charm of oriental decoration and Chinese export. Our current relationship with the People's Republic of China has created renewed interest in the decorative arts of this ancient culture. The delicate details and rich colors of many luxurious textiles, porcelains, and artifacts of the period have inspired this exciting new collection. Available through Interior designers and better stores.

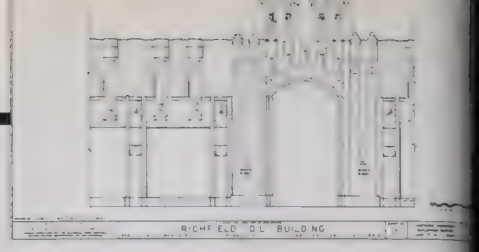
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Photography fun and exhibit

If you're an ardent fan of instant photography and happen to be in the Boston area, you'll want to stop at the Polaroid studio to see the new 20 x 24 Land Camera. It stands an inch under 5 feet tall, weighs 200 pounds, and can take 20-by-24-inch color photographs that develop in 75 seconds. The studio is available on a rental basis to professional and amateur photographers. In addition, there is a public gallery at the studio, with changing exhibits. For further information, write Polaroid, 20 Ames St., Cambridge, Mass. 02139.

And, photography buffs around the country can look forward to a major traveling exhibit that opens in New York on November 11 at the International Center of Photography. "Henri Cartier-Bresson/Photographer" is a collection of 155 photographs selected by the artist to represent his 50 year involvement with photography. The exhibit, organized by the ICP and sponsored by American Express, will be in New York through January 6, and will travel to Chicago, Pittsburgh, Boston, Seattle, Atlanta, Dallas, Indianapolis, Cleveland, San Francisco, Kansas City, and Washington, D.C., during the next two years.



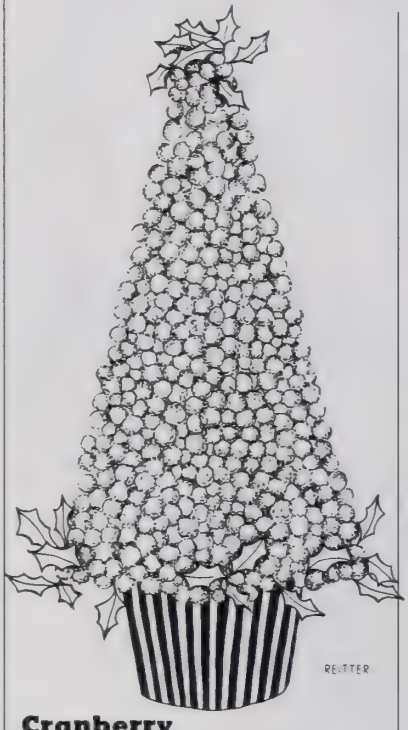
Polaroid studio's new 20 x 24 Land camera

EVENTS What's showing and where

The Metropolitan Museum of Art: "Greek Art of the Aegean Islands," Nov. 1–Feb. 10, 1980. Over 100 pieces of art from 3,000 B.C.–400 B.C. New York, N.Y.
National Gallery of Art: "Old Master Paintings from the Collection of Baron Thyssen-Bornemisza," Nov. 17–Feb. 17, 1980. 57 paintings from the 14th–19th centuries. Washington, D.C. *High Museum of Art*: 1979 High Museum Antiques Show and Sale, Nov. 29–Dec. 2. Theme: "Belgium in Bloom," with a variety of activities. Atlanta, Ga.
San Francisco Museum of Modern Art: "The First Western States Biennial Exhibition," Oct. 26–Dec. 9. Works of 28 artists from 13 western states. San Francisco, Calif.
Museum of Fine Arts, Boston: "Delights for the Eye: Recent Textile and Costume Acquisitions," Oct. 2–Dec. 30. Everything from pre-Columbian woven tapestries to 1968 mini-dresses. Boston, Mass.
The Baltimore Museum of Art: "Théodore Chassériau: Illustrations for Othello," Nov. 11–Jan 6. Series of 16 illustrations by 19th-century printmaker. Baltimore, Md. *Television*: "Song by Song," a series of tributes to great American lyricists. Presented monthly. Oct. 22–E.Y. Harburg; Nov. 26–Alan Jay Lerner. PBS, 8–9 P.M. (Check local listings.)

Postcards of the past

For the 12 days of Christmas—12 postcards that will please and benefit the Historic American Buildings Survey at the same time. HABS, a division of The National Park Service, was formed in 1933. Since then some 16,000 historic buildings have been drawn or photographed. The postcards are large—9 3/8 by 6 1/8 inches, and they're approximately 35¢ at museum stores, library shops or postcard specialty stores. For more on HABS, write the Dept. of Interior, Washington, D.C. 20240.



Cranberry Christmas tree

This Christmas tree may not fool Santa, but it will look great in any room of the house. (In fact, it has been used in the Red Room of the White House.) To make, simply attach fresh cranberries to a plastic foam cone by using toothpicks or straight pins. Place the tree in your favorite basket and cover the bottom with holly. Add some holly to the tree top, too. To prevent the cranberries from overripening, you may want to spray them lightly with lacquer.

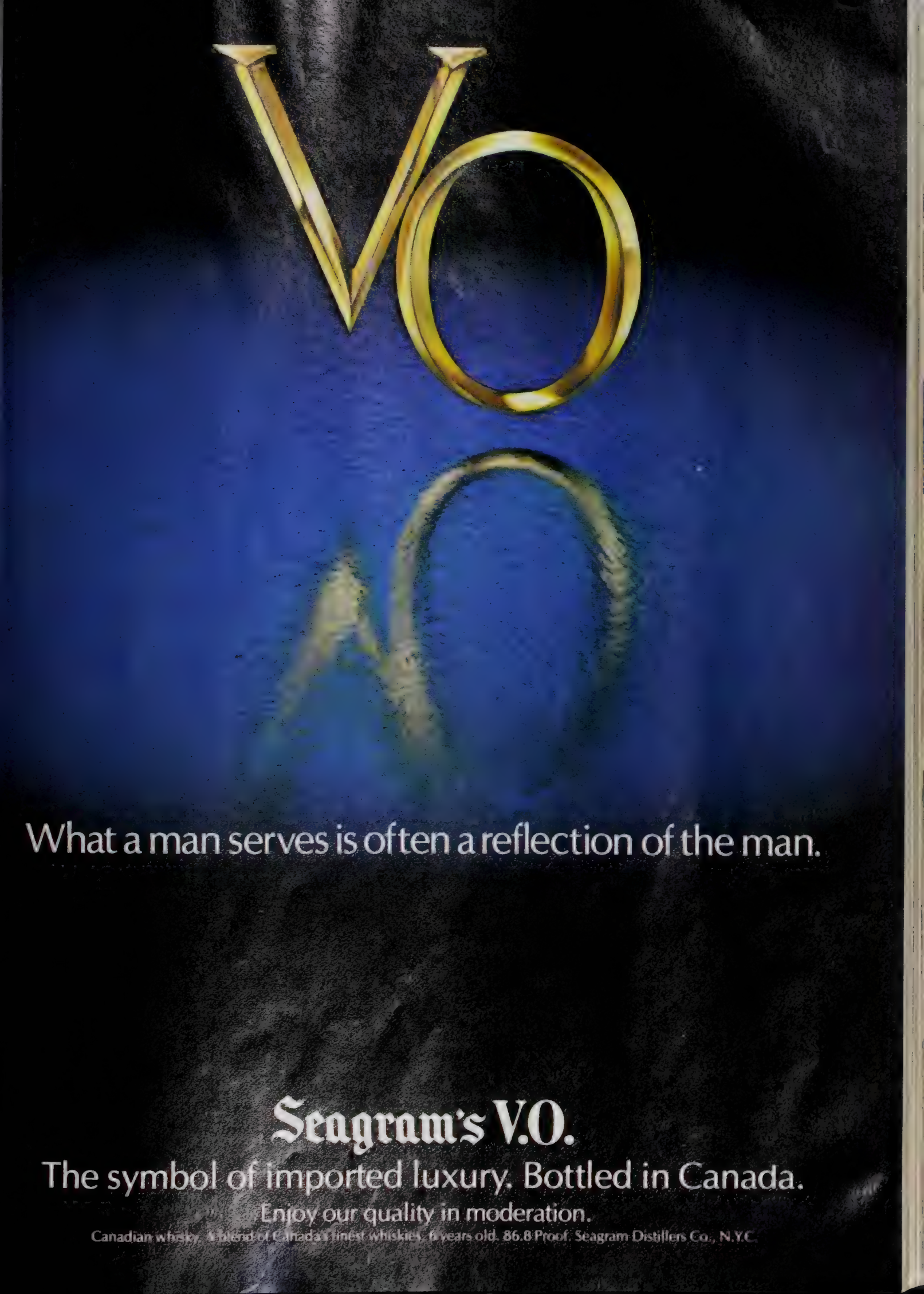
Small package gifts to make

There's still time to make special Christmas decorations or gifts, especially the small ones. Meredith Gladstone has some ideas in her workbook, *Small Needlepoint Treasures*. Detailed instructions are given, complete with how-to illustrations and patterns for tree ornaments, pillows, pin cushions, belts, boxes, bookmarks, picture frames, and much more. $6.95, published by Morrow Quill, 105 Madison Ave., New York, N.Y. 10016.



Stitch a small tree ornament with a pattern from "Small Needlepoint Treasures"




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Nutley . . . . . .Janette Nutley Center
Nutley . . . . . .Lane Jewelers
Paramus . . . . . .Fortunoff's
Paramus . . . . . .Mar Glo Gifts
Passaic . . . . . .Morre Lyons
Pleasantville . . . . . .The Lamplighter
Pompton Plains . . . . . .Country Furniture Store
Rockaway . . . . . .Little Elegance
Somerville . . . . . .Tropiano Jewelers
Stirling . . . . . .Stirling Card & Gift
Trenton . . . . . .Liberty Gifts
Voorhees . . . . . .D. F. Merrill
Wayne . . . . . .Little Elegance
Wayne . . . . . .Celeste Gifts
West Caldwell . . . . . .West Essex Jewelers
Woodbridge . . . . . .Little Elegance

MAINE
Portland . . . . . .G. M. Pollack

MARYLAND
Baltimore . . . . . .M. J. Hallmark
Cambridge . . . . . .Plaza Gift Shop
Gaithersburg . . . . . .A Perfect Touch
Hagerstown . . . . . .Benjamin Gallery
Langley Park . . . . . .Gift Fair
Silver Spring . . . . . .Gift Fair
Timonium . . . . . .Albert Smyth & Co.
Towson . . . . . .Marty's Card & Gift
Towson . . . . . .Greeting & Reading

MASSACHUSETTS
Boston . . . . . .Thomas Long Jewelers
Bridgewater . . . . . .Editions Ltd.

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Charlotte . . . . . .Special Occasions
Dearborn . . . . . .Sally's Beauty & Gifts
Detroit . . . . . .J. L. Hudson Co. (All stores)
Monroe . . . . . .Keidans Jewelery
Warren . . . . . .Genna's Fine Gifts

MINNESOTA
Burnsville . . . . . .Leroy's
Crookston . . . . . .Munn's Jewelry
Edina . . . . . .Winterset Collectibles
Mankato . . . . . .Odyssey
Minnetonka . . . . . .Bluebird Gift Shop
St. Paul . . . . . .Bluebird Gift Shop

NEW YORK
Bayshore . . . . . .Tiny Treasures
Buffalo . . . . . .Adam Meldrum & Anderson
Latham . . . . . .The Linen Chest
Merrick . . . . . .Limited Editions
New Rochelle . . . . . .Talner Jewelers
Rockville Centre . . . . . .Imperial China, Inc.
Rochester . . . . . .McCurdy's
Schenectady . . . . . .The Linen Chest
Somers . . . . . .Somers Pine Shop
Syracuse . . . . . .H. J. Howe

NORTH CAROLINA
Hickory . . . . . .Bisanar Co.

NORTH DAKOTA
Fargo . . . . . .Cloud 9
Valley City . . . . . .Bergstrand's Gift Shop

OHIO
Canton . . . . . .Arts Jewelers (All stores)
Cincinnati . . . . . .Ralice Studio
Cincinnati . . . . . .Willis Music
Cleveland . . . . . .Halle Brothers Co. (All st
Cleveland . . . . . .Village Square Jew
Columbus . . . . . .Davids
Columbus . . . . . .Hallmark Crown Sl
East Liverpool . . . . . .James Locke Jew
Hartville . . . . . .Country Kit
Mansfield . . . . . .Dunkin Jew
Mayfield Heights . . . . . .Lee Jew
Medina . . . . . .LeRoys Jew
Menton . . . . . .Wishing
Niles . . . . . .LeRoys Jew
Niles . . . . . .Memory
No. Olmsted . . . . . .Beehive Gift S
St. Mary's . . . . . .Gill's Flower &
Strongsville . . . . . .Tomeo Inte
Youngstown . . . . . .Charles Carolyne
Youngstown . . . . . .K
Youngstown . . . . . .Memory

OKLAHOMA
Lawton . . . . . .Dody's Card &
Oklahoma City . . . . . .Fitzhu
Oklahoma City . . . . . .Midwest Jew
Pauls Valley . . . . . .Goss Je

OREGON
Medford . . . . . .Lawrence Jew
Salem . . . . . .A Touch of

PENNSYLVANIA
Allentown . . . . . .Appel Jew
Allentown . . . . . .Continental Galle
Bethlehem . . . . . .Ramball Jewelery S
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Gatlinburg . . . . . .The Craft Center
Nashville . . . .Stacy & Hie Inc. Plaza Pharm

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Abilene . . . . . .Thornton's Department S
Dallas . . . . . .Serend
Ralls . . . . . .The Ice H
Sonora . . . . . .Tedford Jew

VERMONT
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VIRGINIA
Falls Church . . . . . .Gift
Fredericksburg . . . . . .Wee W
Springfield . . . . . .Gift
Springfield . . . . . .Lucy's World
Springfield . . . . . .Mayers Gift S

WASHINGTON
Kennewick . . . . . .Dod
Spokane . . . . . .Dods

WEST VIRGINIA
Elkins . . . . . .The 316
Parkersburg . . . . . .LeRoys Jew

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Appleton . . . . . .The Country M
Brookfield . . . . . .Ash
Green Bay . . . . . .Vern's Florist & Decor
Greendale . . . . . .Ash
Madison . . . . . .Douglas Ch
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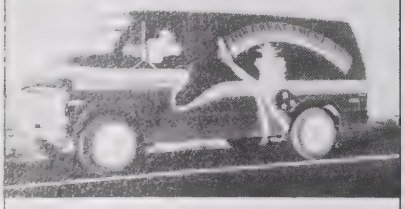


GORHAM THE GIFT WORLD

Olympic products for sale

If you'd like to support the 13th Winter Olympic Games, there are a variety of products you can buy that bear the Olympic insignia. A percentage of each sale goes to the Olympic Committee to help cover the costs of the Feb. 13–24 competitions at Lake Placid, N.Y. The Committee hopes to raise $3 million through the sale of the items. What's on the list? Hundreds of items, including skates, skis, radios, clocks, calendars, pillows, needlepoint kits, flashlights, sleeping bags, and more. Look for the Olympic "L" or the official mascot, "Roni Raccoon," *below*. Olympic products are sold at Herman's, Montgomery Ward, Foley's, Woolworth's, Barker's, H. Cook, and other sporting goods or department stores.



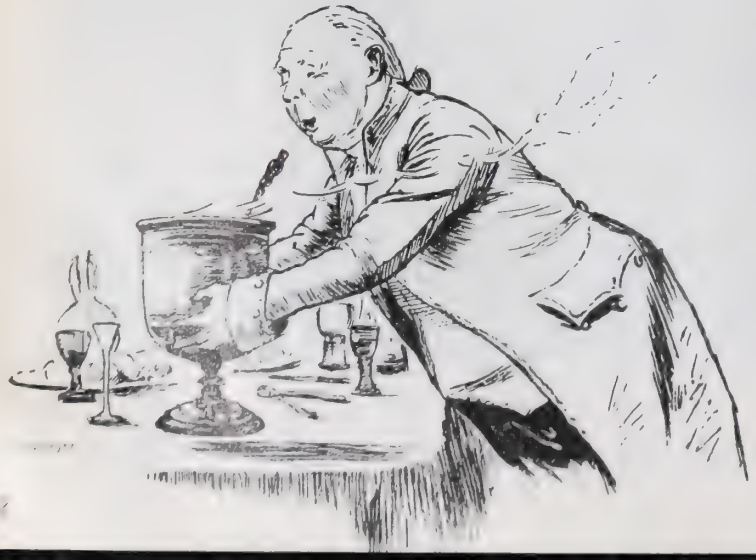


The campaign for good eating

Be on the lookout for fruits and vegetables that walk, talk, and even drive cars. SuperFruits? No, it's "The Great American Nutrition Campaign," a nationwide nutrition education project sponsored by the Center for Science in the Public Interest. CSPI has sent out a van staffed by two nutritionists who carry 10–15 displays along with their fruit and vegetable costumes. "Eventually, we'd like to reach every metropolitan area in the country," says Diane MacEachern, spokeswoman for CSPI. The van has already gone cross-country from Washington to Los Angeles and is now touring the mid-Atlantic and southeastern states. Look for it, with its displays that include "The Junk Food Hall of Shame." CSPI, 1755 S St. N.W., Washington, D.C. 20009.

Washington Irving's Christmas

It was one of the "Best Books of the Year," as awarded by the American Institute of Graphic Arts in 1977, and it's still one of the best places for a peek into Christmas past. It's Washington Irving's *Old Christmas*, a facsimile edition of the original 1875 publication. The book contains five short Christmas stories reflective of 19th-century traditions, with 106 original illustrations by Randolph Caldecott. Published by Sleepy Hollow Restorations, 2 Westchester Plaza, Elmsford, N.Y. 10523. $10 at bookstores.



Protect a pet

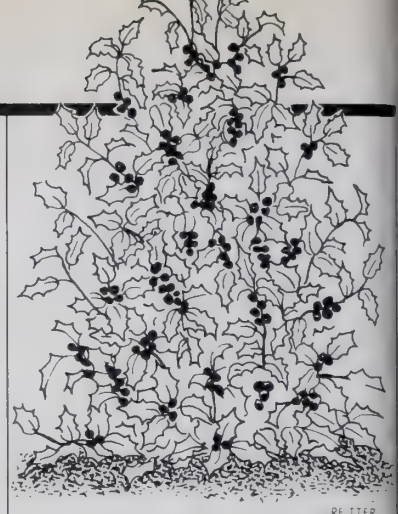
As a pet owner, do you have that sneaky back-of-the-mind worry most of us share that our dog or cat might some time be in danger or discomfort because nobody knows he's there? Though the chances of such an occurrence are of course slim, you can get a decal and wallet card that could help if ever needed. The Massachusetts Society for the Prevention of Cruelty to Animals offers a 3-inch-by-4-inch bright orange decal for the window of your house that says PET INSIDE to a fireman or rescuer. The Pet Saver Card can be carried with you and will alert someone in an emergency that you have an animal or two waiting at home. Both are available for $1 from the M.S.P.C.A., 350 South Huntington Ave., Boston, Mass. 02130.

PATRICIA CURTIS



Pineapple pillows

If you're not familiar with Hawaiian quilting, Pineapple, Ginger, and Kukui Nut pillows might sound like a new kind of dessert. In fact, they are designs that are being offered in quilting kits by the Museum of American Folk Art in New York. Traditionally, Hawaiian quilters never copy or repeat a design, so the museum had these three designed by Betty Whitwell and Linda Lindgren especially for the kits. Each comes with materials for one 16-inch square pillow, available in red, green, blue, or gold. $17, The Museum of American Folk Art, Dept. HG, 49 West 53rd St., New York, N.Y. 10019.



Holly to grow

To deck your halls next Christmas with boughs of holly, consider growing it in your garden. Varieties of both English and American holly can be grown in nearly every state of the union. Success depends on choosing the right variety hardy in your area. English holly (Ilex aquifolium) is glossier leaved, but American (Ilex opaca) is hardier.

Hollies are dioecious, so to get those clusters of plump berries you must plant a male and female of the same species—both American or both English. The female wears the color after her flowers are fertilized by pollen from a male blossom. Bees are the go-between.

To help bees do their work, the male and female trees should be planted, ideally, about 50 feet apart with no structures in between. For foliage to gain the deepest green color, an eastern exposure is best. Supply the soil generously with humus to assure good drainage, as hollies are thristy trees and demand plenty of moisture.

Hollies have hearty appetites and should be fed twice a year—a pound of special food or 5-10-5 fertilizer for every inch of diameter of the trunk, in late fall/early spring and again in June. A healthy holly may grow a foot taller each year. To keep it bushy, trim the ends of the branches mid-fall to early spring, or especially for Christmas. To join the Holly Society ($10), write HSA, 407 Fountain Green Road, Bel Air, Md. 21014.

PENUAL ALLAN

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QUESTIONS & ANSWERS

BY LOUISE ADE BOGER

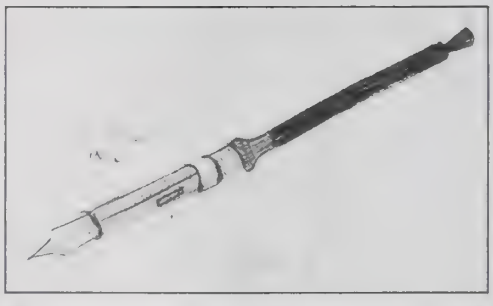
Chinese export goblet



Q. What information can you give me about my goblet? I've enclosed photos of it and its markings.
G.W.—Squamish, B.C. Canada

A. The Chinese decoration and ideogram on your goblet readily identify it as silver made in China for the export market. The 90 for the silver weight was a requirement at the end of the 19th century for objects sent to the U.S. Carl L. Crossman in *The China Trade* (1972) writes: "A number of the (Chinese) silversmiths and jewelers continued to make silverware and small decorative objects into the 20th century. . . . Other small pieces of silver in the form of placecard holders and ornate figure groups for salts and condiments have been marked WH with the '90' mark."

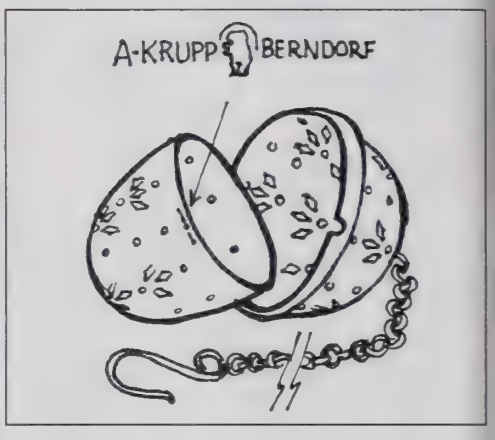
American fountain pen



Q. From my drawing, can you tell where my old fountain pen was made? M.C.—Brentwood, Calif.

A.. The 1904–1922 editions of Trade-Marks of the Jewelry and Kindred Trades, published by The Jewelers' Circular Publishing Co., N.Y., lists the John Holland Gold Pen Co. in Cincinnati, Ohio.

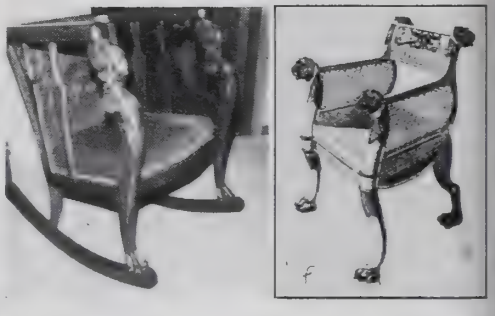
Austrian tea ball



Q. I would appreciate any information you can give me about my silver tea ball. J.H.—Corvallis, Ore.

A. Your tea ball, dating about 1900, was made by the Arthur Krupp Berndorf Metal Works, manufacturers of plated silverwares. Berndorf is in eastern lower Austria, near Baden. In America, certain small tea accessories, such as tea balls and strainers of various types, were occasionally made with designs matching the patterns of late 19-century flatware.

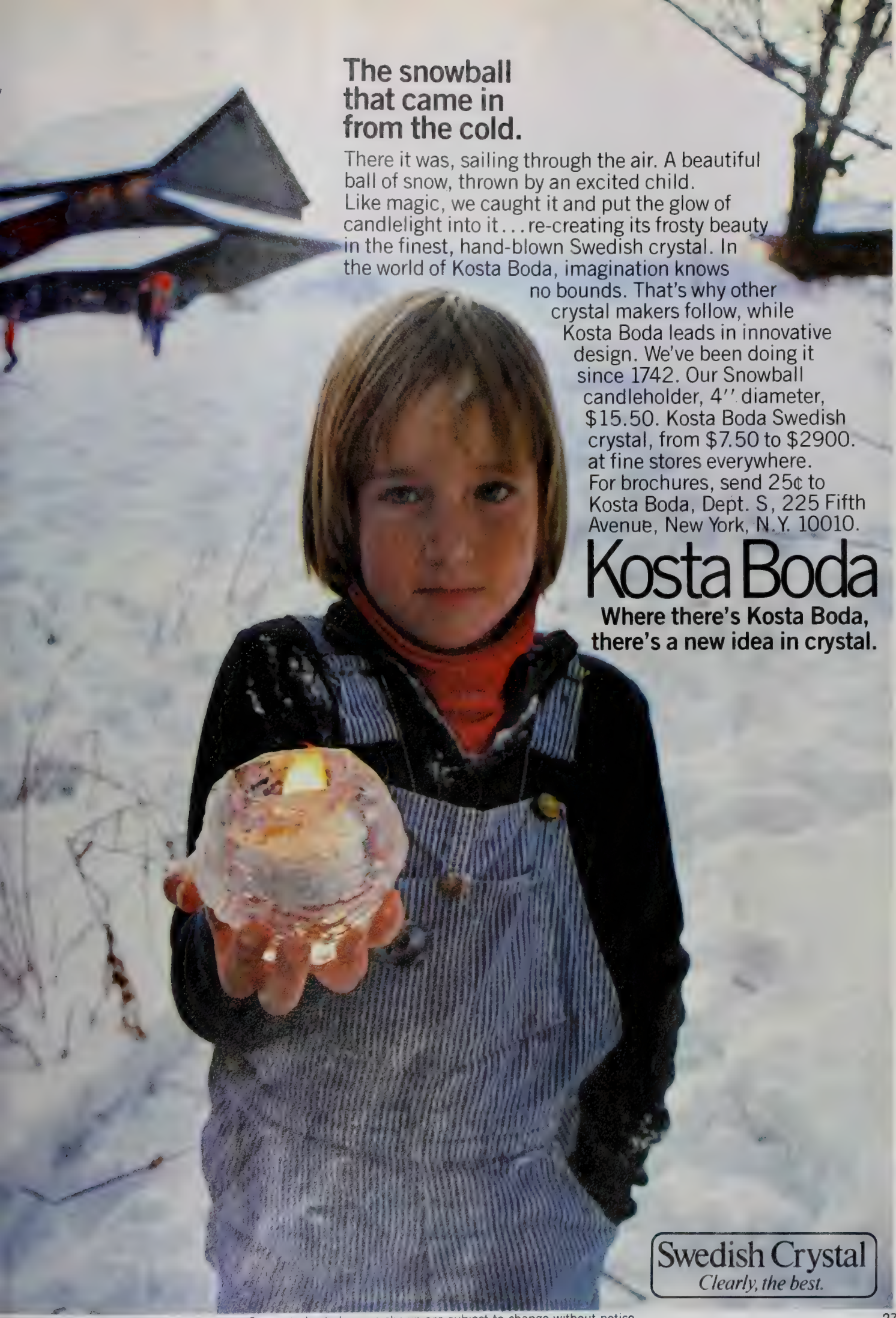
Revived Empire chair



Q. I am interested in knowing whatever you can tell me about the style of my ornate chair.
A.O.B.—Yankton, S. Dak.

A. Your chair is in the Revived Empire style, which flourished in our country around 1900. A distinguishing feature of the First French Empire style (1804–1815) is the fabulous creatures, often borrowed from antiquity, used as chair armposts, such as the head and chest of a lion hopping around on a single leg and enormous paw. The manufacturer of your chair substituted the bust of a smiling young woman for the lion's head.

Continued on page 30



The snowball that came in from the cold.

There it was, sailing through the air. A beautiful ball of snow, thrown by an excited child. Like magic, we caught it and put the glow of candlelight into it . . . re-creating its frosty beauty in the finest, hand-blown Swedish crystal. In the world of Kosta Boda, imagination knows no bounds. That's why other crystal makers follow, while Kosta Boda leads in innovative design. We've been doing it since 1742. Our Snowball candleholder, 4'' diameter, $15.50. Kosta Boda Swedish crystal, from $7.50 to $2900. at fine stores everywhere. For brochures, send 25¢ to Kosta Boda, Dept. S, 225 Fifth Avenue, New York, N.Y. 10010.

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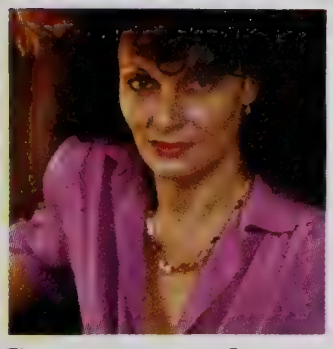
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Refresh yourself in the carefree spirit of this coordinated bedroom and bath ensemble specially created for Sears by renowned fashion designer Diane Von Furstenberg.

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Continue the Springtime mood with matching pillow cases, delicate pillow shams and a billowy reversible comforter (full size shown, just $45.99, twin $39.99).

Sprinkle the room with flowers from a machine washable bedspread quilted with a hand guided outline (full size just $59.99). All these bedding items are available in other sizes as well.

As for cheerful window treatments, you have a choice of pinch pleated draperies or ruffled priscillas that tie back to let the sun shine in.

Open your bath to the freshness of Carnation Bouquet with a set of printed, frosted velour towels of 90% cotton, 10% polyester and cheerful shower curtains.

The entire Carnation Bouquet ensemble comes in either Pebble or Federal Blue Smoke and is machine washable.

It coordinates handsomely with two specially designed companion pieces: a sturdy, eye-catching genuine brass bed and your choice of attractive lamps in two sizes.

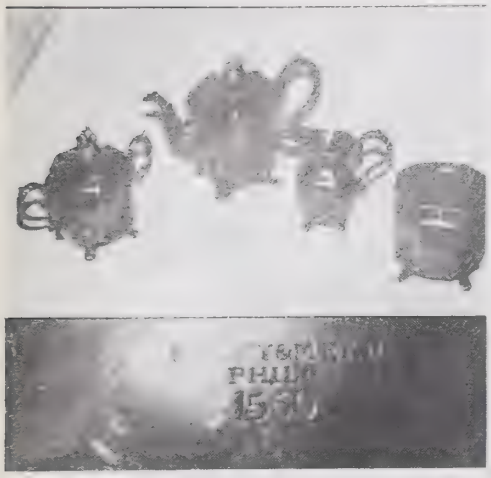
Available in most larger Sears retail stores and the catalog. Prices may vary in Alaska and Hawaii.

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continued

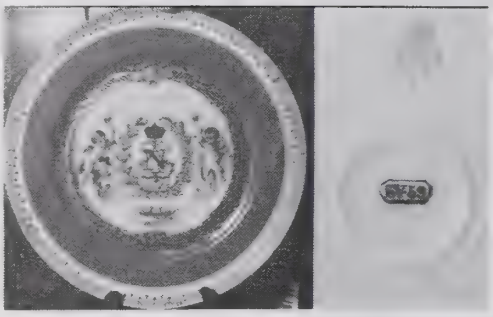
Philadelphia tea service



Q. I would like to know something about the firm that made my tea set and when it was made.
E.W.M.—Livingston, N.J.

A. Your plated silver tea service of octagonal plan was made by the Victorian electro-silver platers John O. Mead and Harvey Filley, who were in partnership in Philadelphia about the 1850s. John Mead went to Birmingham, England, to learn the new technique of electro-silver plating, which had been founded there about 1840–1841 by George Richards in the early 40s, Mead continued his experiments and is generally accepted to be America's first successful electro-silver plater. So the name Mead in your mark adds significance to your tea set.

Sevres porcelain dish



Q. From the mark and the photograph of my plate, can you identify it and tell me what the mark means?
T.E.—Tyler, Tex.

A. According to the mark, your dish was made at Sèvres, the national porcelain manufactory of France from 1738 to the present day. The Sèvres mark is one of the most widely forged of all marks and for this reason your mark should be examined to determine its authenticity. Your mark is a Second Empire mark (1852–1870). The SV59 enclosed in an octagon indicates the year of manufacture, 1859; the 67 under the Crowned N, the year of decoration, 1867.

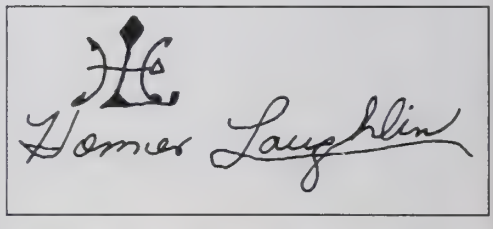
American water cooler



Q. Do you know what this ceramic piece was used for and what its origin might have been? M.N.E.—Washington, D.C.

A. Your interesting piece of American pottery is a water cooler, probably made in the Albany area in New York State about the 1850s or 1860s. The blue-gray ground with cobalt blue in the relief is typical. The spout is missing and, more unfortunately, the lid.

Ohio china mark



Q. From this rough drawing of its mark, can you tell who made my vegetable dish and where?
G.W.A.—Troutville, Va.

A. Your covered vegetable dish was made possibly in the early 20th century, by the still-existing Homer Laughlin China Company, of Newell, W. Va., which was established in 1874 by Homer and Shakespeare Laughlin at East Liverpool, Ohio.

Antiques show



This New York State, Empire-style maple side chair, dating about 1825, from the Western Reserve Historical Society Collection, will be part of a loan exhibition "The American Chair, 1730–1930" at the 4th annual Western Reserve Antiques Show. Sponsored by the Women's Advisory Council of the Society, the show will be at the Western Reserve Historical Society, 10825 East Boulevard, Cleveland, Ohio 44106, Nov. 2–4.



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BY SUE NIRENBERG

Your body speaks—but are you listening?

It's hard to believe that Puritans were so opposed to body consciousness that ladies ordered *limb* of lamb, and coined the expression "white meat" and "dark meat" rather than pronounce the parts of a chicken. Since the 1960s barrage of body language, sports and martial arts have roared over us. We speed to court, pool, and track—breathing, moving, feeling, self-expressing, and self-defending. We don't know when to stop. When muscles ache and twinge and tweak, we consult specialists on human repair. We diet. We eat. We diet again. Advice conflicts. Ah well, another mile, another menu. Balance bores us, excess excites.

While the step of the runner clops loud in the land, chronobiology, the study of internal rhythms, reveals that daily, weekly, and yearly cycles determine behavior in animals, plants, and insects. Spiders spin webs at the same time every day, birds winter in Palm Beach, plants suffer midday depressions. Our biological clock—indeed, hundreds of them within each of us—ticks away, telling us when to sleep, when to eat, when to work, how far to run. And more. In time, sensitive instruments will monitor messages, measure subtle interactions, and tell us our best of times and worst of times.

Why wait?

Listen now.

Are you owl or lark?

Since most of us are not plugged into the fascinating subtleties of our internal rhythms, it surprises us to learn our persistent bias for morning or evening activity is physiologically based. Morning types ("larks") wake with body temperature high; night activists ("owls") wake with body temperatures that peak later. "As a species we tend to be more owl than lark," says Dr. Charles Pollak, co-director of the Sleep-Wake Disorders Center at Montefiore Hospital in New York City. "The city's subculture is an evening life, and people sleep later on weekends. They don't say 'Ah, I can get up 2 hours *earlier*.'"

If you want to find whether you are lark or owl, take your temperature at 4-hour intervals for a week and notice its peak. As a well-defined lark or owl, you can then plan difficult work for peak times. On the other hand, planning revelry during low-energy periods will throw you out of whack. Blahs and apathy announce desynchronization. Most of us think in a psychological way and do not realize that nightly low spirits are body-based. Individualists and eccentrics happily isolate themselves from daily social pressures. The rest of us live by artificial clocks. As one sleep researcher reports: "It's unlikely you'd find a hamster staying up when its body was sending messages to go to sleep."

Are you a lark or an owl? Why do we eat too much? How not to be a workaholic. How much is too much exercise

Unlike the hamster who curls up when his eyelids droop, humans are a complex lot. Self-coddling is not advised, but inner clocks *are* efficient. As Dr. Pollak says, "Sleep and waking is a biological rhythm with certain predictable characteristics, but the way this mechanism operates in a particular human being is complicated. The relationship between the way we feel in the daytime and the way we sleep at night is not direct." Some of us act whimsically, despising routine, yet our bodies prefer regularity. Structured sleep habits not only order our day/night lives but even the efficiency with which we metabolize food.

Why we eat the way we eat

If metabolism, hunger, and appetite meshed, how simple our food lives would be. In fact, the three march to different drummers. Hunger, the physiological sensation in the abdomen—pang—when the blood sugar drops and the stomach contracts, occurs every 90 minutes. If we realized hunger pangs go as predictably as they come, we would panic less. Just knowing our hunger will subside is enough to allow us to live through the momentary discomfort.

Appetite, how much we eat, and what kinds of foods we choose, is complex. Mechanical, sensory, esthetic, intellectual, social, and psychological signals clamor for attention. "It doesn't take much to distort the programming in the brain," says Dr. Hilde Bruch, professor emeritus of psychiatry, Baylor College of Medicine, Houston, and author of *Eating Disorders*. "If a mother feeds her child whenever he cries, his brain never learns to recognize hunger from boredom, anger, anxiety, disappointment, and depression."

Clinical psychologist Dr. Sandra Haber, who works with Dr. Howard Shapiro in his Total Weight Control Program in New York City, adds fatigue to the list of commonly confused hunger cues. Eating, the inappropriate response to such feelings, can be reprogrammed through behavior modification.

Things to do:

1. At mealtime ask yourself why you are eating, at the beginning, middle, and before dessert. Awareness of the real reason will check your intake.

2. In restaurants, salt the it-comes-with-the-meal ice cream. By making unwanted foods inedible, you eliminate decision.

3. One forkful left on the plate will ence will power.

4. At parties, if you must do something, help serve and clean up. Don't eat.

5. If tired, try lying down for 10 minutes to see if hunger subsides.

How can we know we've had our last bite? Few of us know for sure, and even the articulate who easily put down their forks can't describe why. Dr. Theodore Van Itallie, director of the Obesity Research Center at St. Luke's Hospital in New York City, predicts that in the future obese people will be taught to recognize signals of satiety such as stomach distention and even the less obvious physiological responses. The "appestat," a system of interconnecting nerves located in the brain that regulates appetite, appears to be influenced by physical activity. If we exercise a half hour every day, the increased activity won't make us overeat—in fact, we'll lose weight gradually. In any case, it takes 20 minutes for the signals of satiety to reach the brain. By then most of us have finished eating—or overeating. That's why there's so much emphasis on eating *slowly*.

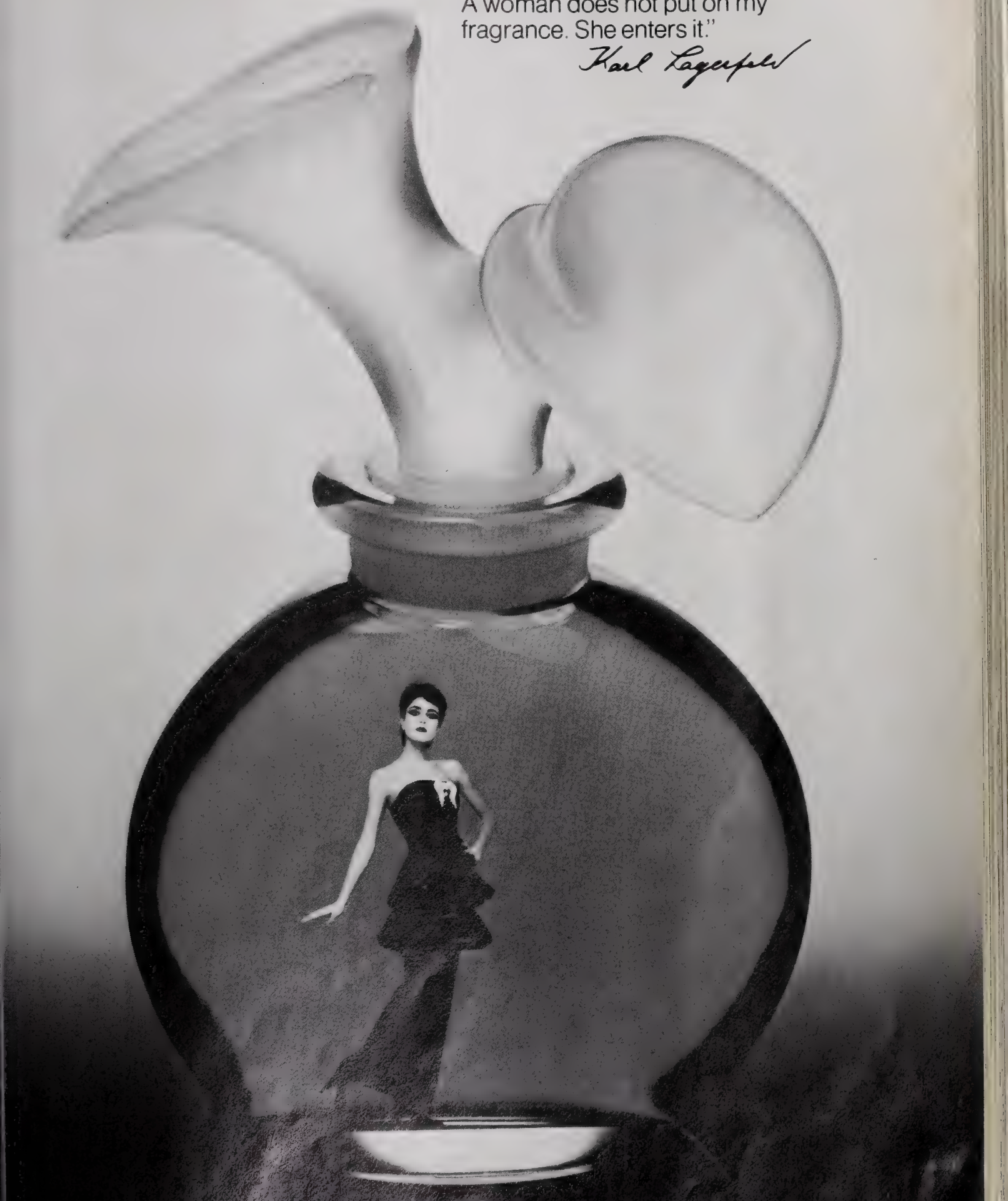
The exasperating hunger pang, even when satisfied, will not tell you *what* to eat. "Fullness is not a sufficient check on calorie intake," says Dr. Nevin Scrimshawn, head of the department of nutri-

Continued on page 34

enter **Chloé**

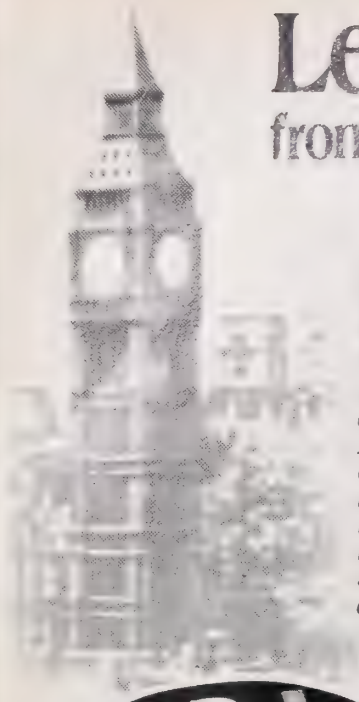
"A woman does not put on my fragrance. She enters it."

Karl Lagerfeld



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This classic and authentic wine table is a beautiful reproduction of a fine old (c.1784) English antique, handcrafted of mahogany with detailed leathery inlaid top. A traditional favorite in England. 20" high, 13" diameter top. $22 including shipping and handling.

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tion and food science at MIT. "Neither body cues nor cravings can be relied on as indications of nutritional needs. Don't eat any one food in excess, from crêpes to carrots. A well-balanced diet means variety." Although food consumed early in the day or in small amounts throughout the day appears to metabolize more easily, few will invite guests or light candles for a plate of cottage cheese at 8 in the evening. There is some evidence that levels of adrenal hormones in taste and smell acuity peak late in the day, reinforcing our predilection for a large evening meal. Or is it simply that larks and owls alike rise from their beds to the world with little patience for early-morning table talk?

When to stop working

The Puritan, worshipper of achievement, acquisition, and power, gave us the Ethic. Work, which gives many of us pleasure and identity, can plummet from virtue into vice. In their book, *Type A Behavior and Your Heart* (Knopf), cardiologists Meyer Friedman and Ray H. Rosenman report that "aggressive, time-urgent, competitive Type A personalities tend to move, walk, and eat rapidly . . . explosively accentuate key words in speech, get enraged when held up in traffic or made to wait . . . feel guilty when relaxing . . . are engaged in a chronic, ceaseless, and often fruitless struggle with themselves, with others, with circumstances, with time."

Enter the workaholic—hurriedly.

Dr. Wayne E. Oates, professor of psychiatry and behavioral science at the University of Louisville School of Medicine and author of *Workaholism: Make Laziness Work for You* (Doubleday, 1978), advocates a return to the balanced life. The workaholic, Dr. Oates points out, works compulsively without control. Workaholism, like obesity, represents the victimization of the individual by society. A balanced life, even when the work is what Dr. Oates calls "joyful," requires flavor, a character, and variety. "Variety is not only the spice of life," he says, quoting from the "Pathology of Boredom" in *Scientific American*. "It is the very stuff of it."

When the workaholic develops imbalances, medications like rest, leisure, laziness, and diversion are given in individually prescribed, carefully matched doses depending upon a careful study of work-play-rest rhythms.

Things to do:

1. Get in touch with your body before your body gets in touch with you. Notice the depth of your breathing. Is your voice husky?

Continued on page 36



NEAL BARR

Fantasy in Sapphire and Jade. Brilliant contrasts of color and texture, gorgeously entertaining anywhere. The quilt-jacket and skirt are velvety Dacron® polyester. The camisole, pure Glisanda® satin. Have it all in sizes 6 to 14, for about $125. Vanity Fair Mills, Inc., 640 Fifth Ave., New York

VANITY FAIR A company of VF corporation

continued from page 34

2. Take the day off before you get sick. ("I like the idea of sensing when a cold is about to take over," says Dr. Oates. "The unexplainable headache, the slight nausea, stuffiness of the nose, raspiness of the throat . . . those premonitory symptoms alert me to the fact that a cold is on the way.")

3. Do something each day that you can do alone or with others, but is not something that depends upon others for you to do it.

4. Take 10-minute breaks each hour to improve efficiency.

5. Don't eat while working.

6. Make new friends who will reinforce new interests.

As you become aware of 90-minute rhythms in stomach contractions, you can become aware of fluctuations in concentration. If you adapt a why-fight-it attitude and take short naps during lulls in concentration, alertness will return spontaneously 90 minutes later.

How much exercise is enough?

Exercise, the bracing tonic recommended to eaters, sleepers, wakers, and workers, is prescribed by Dr. Hans Selye in *Stress Without Distress:* "Often a voluntary change of activity is as good or better than a voluntary rest. When either fatigue or enforced interruption prevents us from finding a mathematical solution, it is better to go for a swim than simply sit around. Substituting demands on our musculature for those made on the intellect not only gives our brain a rest but helps us avoid worrying about the frustrating interruption. Stress on one system helps to relax another."

Again, the question. How much stress? The athlete, undaunted by pains and failures that plague the sedentary, is exquisitely tuned into messages from his or her body. But, warns Dr. James A. Nicholas, Director of Sports Medicine at Lenox Hill Hospital in New York City, the "athletic personality is a driving individual whose traits include aggressiveness, determination, leadership, and mental toughness. When he's injured or fatigued, recovery is important."

The athlete, less confused by distorted messages than the overeater and more aware of messages than the workaholic, still needs advice. Advice? He needs restraint. What feelings tell him to push? How should he approach plateaus? How can he recognize, and accept, his limits: He knows his signals, but does he obey? "If you work for three or four weeks and

Continued on page 38

Get fiber into more foods your family will like.
Like Banana Bread.



Banana Bread

2 cups all-purpose flour
1 teaspoon baking powder
½ teaspoon baking soda
½ teaspoon salt
1½ cups mashed, fully ripe bananas
1½ cups KELLOGG'S® ALL-BRAN® cereal or KELLOGG'S® BRAN BUDS® cereal
½ cup margarine or butter, softened
¾ cup sugar
2 eggs
½ cup coarsely chopped nuts

Stir together flour, baking powder, soda and salt. Combine mashed bananas and cereal; let stand 2 minutes. In large mixing bowl, beat margarine and sugar. Beat in eggs and cereal mixture. Stir in flour mixture and nuts. Spread in greased 9 x 5 x 3-inch loaf pan. Bake at 350° F. about 1 hour or until tests done. Let cool 10 minutes before removing from pan. Cool completely. YIELD: 1 loaf.

Variations: In place of the All-Bran cereal, use 2½ cups Kellogg's® 40% Bran Flakes cereal. Or crush 1½ cups Kellogg's® Cracklin' Bran® cereal and decrease sugar to ½ cup.

Kellogg's®
The high-fiber cereals.

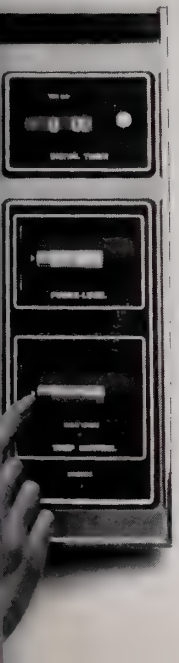
Kellogg Company
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THE NEW NORELCO MICROWAVE OVEN

We took the buttons off. We kept the features on.

Once and for all, Norelco ends the mystery of microwave cooking. With a new microwave oven that has no complicated buttons. Just 3 easy-to-use dials that simplify cooking. Without confusing the cook.



Temperature Control gives you plain-English settings for cooking any kind of food by temperature. Instead of by time. Just insert the temperature probe into the food, and when the food reaches the degree you set the oven for, the oven shuts off automatically. And continues to keep the food hot until you're ready to enjoy it.

Power Level Control gives you a choice of 10 cooking power levels, from "Warm" to "Full Power." Simply set the dial to the level your recipe calls for.

The Digital Timer, with its easy-to-read numbers, helps you set cooking time with accuracy and ease.



The Norelco Microwave Oven is big on inner space, too. And features an exclusive "Hands Full" door release, Automatic Defrost and Automatic Warm.

Get the microwave designed simply for you. The new Norelco Microwave Oven. It has everything you need. Except the buttons. And the confusion.

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cannot run another mile or swim another lap," says Dr. Norman Scott, adjunct attending in orthopedics at Lenox Hill Hospital, "you have reached your limit. It takes weeks to find out, but once you do it, that's it. Plateaus and limits frustrate some athletes. Some runners, for instance, won't accept limits. They lose perspective."

Things to do:

1. Warm up, train regularly, gain proper strength before progressing.
2. Stretch before and after serious exercising.
3. Never run with pain no matter how much you can sustain.

At life's other extreme is the underdoer who anticipates limits and dangles happily from plateaus—in work, weight, and weight-lifting. Will he play when mildly splint-shinned? Not him. Even a warm muscle soreness, the delight of the eager athlete, sends him glumly to the chaise. Listen to your body. Like the natural light that appears in the east, it's time to rise and shine.

Sleep signals. Listen:
Efficiency fading
Memory decreasing
Sensory acuity at low pitch
Motor speed slowing
Waning ability to concentrate
Fogginess

Hunger signals. Listen:
Gurgling stomach
Hollow feeling in abdomen
Weakness, run-down feeling
Headache
Dull ache in stomach
"Kink," ranging from mild to severe in the pit of the stomach, often, but not always, accompanied by light-headedness and headache

Overwork signals. Listen:
Running dry—indication you are trying too hard
Fuzziness of thought
Hesitation in speech
Increasing mistakes
Perception dimming
Backache
Difficulty making decisions
Blurred vision

Physical exertion signals. Listen:
Fatigue
Slow reactions
Muscle soreness
Cramps
Muscle pull
Blister, bruises, friction
Poor coordination
Persistent ache
Side stitch ■

Beauty and health products new this month in the stores

A gift of a ravishing scent in a handsome vial or case is a present bound to give lasting pleasure. Here is a selection of some of the most beautiful and useful presents being offered this season. The first seems like an incredible extravagance—2 ounces of joy! It's 2 ounces of **Eau de Joy** and oh, what joy!—this fragrance is a floral lover's floral. Eau de Joy comes in a stunning black-lacquered bottle that is refillable and has a lock on the spray valve for extra safety when you travel. Since it's eau de toilette, you can afford to be lavish. Well, why not? $56 for a 7-inch-tall bottle. By *Jean Patou*, at fine fragrance counters across the country.

Our second find is for *him*. **Yves Saint Laurent Pour Homme** is a wonderful masculine fragrance. This holiday season brings it in a deep red, satiny leather jewel case for his watch, his rings, his cuff links, his whatever else you're planning to give him. Inside the case is a suede-lined removable tray for larger pieces—a pocket watch, perhaps. The jewel case comes with three YSL Pour Homme fragrances and a handy soap. This for $125 at men's fragrance counters.

Another jewel is a silver plate, lipstick-size, **solid-perfume stick of Di Borghese** by Marcella Borghese. The scent is lovely and in solid form, particularly lasting. In silver plate, $25; in solid sterling, $200. The design is all swirls and it feels lovely and heavy in your hand.

Women love satin, too, so leave it to designer Karl Lagerfeld to come up with a perfect satin clutch for his successful fragrance **Chloé**. This gift comes in six parts: a beautifully stitched apricot satin bag and a potpourri of Chloé bath accessories—3.3-ounce bottles of Chloé Gelée and Satinée, a 3-ounce Eau de Toilette Spray Natural, a Savon Etui Luxe, and Poudre Parfumée. $75 at department stores across the country. *By Parfums Lagerfeld.*

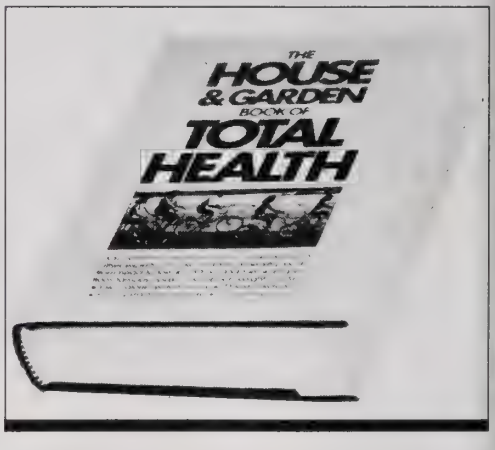
Do you know someone who collects small porcelains? **Le Palais de Versailles Porcelain Collection** from *Elizabeth Arden* can be a delight to choose from. We especially like the wonderful scented candles inside palm-sized porcelain boxes inspired by the crests of 18th-century French royalty. They're pure white with subtle gold bands around their lids. The fragrances include Blue Grass, Memoire Chérie, $8 each. The Trianon Collection has a porcelain bath tray, $45; a soap dish, $10.50; a lidded cachepot, $14; and a dusting powder jar, $16. All have soaps, bath crystals, or powder inside them. You'll find many ways to fill them after. These are at Elizabeth Arden counters at fine stores everywhere.

Now how about something for *you*? If a small lift is what you need, you'll probably adore something as simple as a new lipstick shade. *Maybelline's* **Soft Firelight Colors** in Super Shiny Automatic Lipcolor wands are perfect at $2.25 each. SiennaShine is a great neutral here—an earth-warmed cinnamon that's wonderful with the rich colors this fall. SpiceShine is a toasted honey-peach, and RubyShine is deep, luscious red. The group is at drugstores, department stores, and cosmetic counters everywhere. PAULA RICE JACKSON



Your herbal and fragrance almanac
The sign: **Scorpio**
Circa: October 23-November 21

Burning incense to appease the gods was probably one of the earliest known uses of fragrance. Heat intensifies and enhances aromatic substances; the word "perfume" comes from the Latin words "through smoke." Rooms today are given a subtle ambiance with the perfumed vaporizers and fragrant burning oils made by the English company, Floris. They come in a choice of **Jasmine, Sandalwood, Stephanotis,** or **Ormond**. The Rigaud **Cypress** potpourri and candles also create a sensuous air for emotive Scorpios. The female of the species will desire **Madeleine de Madeleine**, a compelling new perfume by Madeleine Mono. Competitive Scorpio males choose Charles Revson's **Reserve Stock**. MARIA REACHI



Health: Help yourself

The House & Garden Book of Total Health, which is filled with up-to-date information about fitness, nutrition, relaxation, and well-being from the nation's top health experts, may now be ordered for $11.95 a copy plus $1 to cover the cost of postage and handling. To order your copy, please write to: Condé Nast Books, Post Office Box 3308, Grand Central Station, New York, N.Y. 10017, enclosing your remittance and correct mailing address.

What every other microwave oven is missing.



All microwave ovens are capable of cooking foods quickly. But at Whirlpool, we wanted to give you more.

That's why we designed the Mark Series Microwave Oven with our touch controls for simple operation. The right touches of your finger tell it when you want dinner. And it will compute the start time and begin cooking without your even being there.

We also add an automatic Meal Sensor™ temperature probe that continuously measures temperature and automatically turns the oven off.

We even include a special touch control cookbook with recipes tested and approved by the Better Homes and Gardens test kitchen so your meals taste as good as they look.

Then, most important of all, our microwave oven has something none of the others have. It has our name . . . Whirlpool. And all of the beautiful things that go with it.

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And our warranty that's written so it can be understood.

Beautiful things, yes. And we think that's exactly what you should expect from Whirlpool.

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What nature started



Background photo by Nature*scapes*—Ed Cooper

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x it. We use up to 27 different hand-finishing processes.

And we finish the parts you don't see as carefully as the parts you
see.

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vetailed drawers. The fine hardware is custom designed.

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The KitchenAid Trash Compactor.

















You'll wonder how you ever got along without it.

Spend a week with the KitchenAid trash compactor, and you'll wonder how you ever got along without it.

It squeezes a week's trash into one small load. Does away with overflowing wastebaskets and smelly trash cans.

The KitchenAid compactor has an exclusive Litter Bin® door on top that's super convenient for quick throwaways. And a big trash drawer down below for wastebasket loads. Its exclusive Tilt-Away basket can be used with or without trash bags. And the exclusive activated charcoal filter removes odors.

A KitchenAid trash compactor has the same kind of built-in reliability and performance as KitchenAid dishwashers. Plus convenience features that'll prove their worth many times a day. To learn more, see your KitchenAid dealer or write for our free point-by-point comparison.

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DEAR H&G

BY MARGARET MORSE

Answers to your questions. Here we share some letters from our readers

Wreath trimmings

Q. Where can I order natural unshellacked pine cones by mail? I'd like to make a few wreaths for presents. —S.C., Westhampton, N.Y.

A. Here are two specialists to write to right away. Please note that each has a minimum merchandise order of $5. *The Cone Tree*, 528 West 4th Ave., Albany, Ore. 97321. Free price list (please send a self-addressed, stamped business-size envelope with your request) offers seed pods and wreath kits as well as several dozen kinds of cones. *Western Tree Cones*, P.O. Box 1418, 1921 S.W. Brooklane, Corvallis, Ore. 97330. Photo-illustrated catalogue-handbook ($1 ppd. a copy) shows several dozen species of cones, many other dried materials like teasels and sweet gum balls, and supplies like wire wreath rings, florist's wire (in three weights), tape, and waterproof red and green vinyl ribbon—and includes how-to tips.

Ready reblading

Q. Where could I have the stainless steel blades of my sterling silver knives replaced? The blades have become pitted over the years, and a jeweler has tried to buff them without success. —D.W., San Diego, Calif.

A. Some firms that reblade certain knives are listed below. They've given us approximate prices for providing a new stainless steel, luncheon-size blade and resetting it in your handle. (Carving knives usually cost about twice as much to reblade as table knives.) Shipping and any sales tax are extra.

Before we get your hopes up, we must say that style changes make it unlikely that any firm will have blades just like your old ones. (This is even more of a problem with carving knives.) And not all knives can be rebladed: If your knives were made within the past 15 years, they're probably joined with epoxy, which makes them resistant to the high heat of automatic dishwashers that would cause most other knives to come apart but also makes them impossible to reblade.

If your knives were made between 1929 and 1945, they may be joined with plaster of Paris, in which case only three of the firms below will try to reblade them. Only two of the firms will attempt, at

Continued on page 44

The Danbury Mint
1979 Gold Christmas Ornament
"The Night Before Christmas"

Each 20 kt. gold electroplated metal ornament will be hallmarked, dated, and registered.

A uniquely beautiful gift not available in stores and attractively gift packaged.

A limited edition available at original issue price only until Christmas Day, December 25, 1979.

Guaranteed shipment for Christmas delivery on all orders received by November 26, 1979.

Priced at only $13.50.



© 1979 DM *Approximate height: 3½"*

Perhaps more than anything else, Christmas is a time for children. Every year, on Christmas Eve, our little ones await the brightly-wrapped presents that will magically arrive under the tree, and the wonderful surprises that fill their stockings in the morning.

With inspired artistry, "The Night Before Christmas" captures the wonder, excitement, and joy that fill the hearts of children everywhere on this most special night of the year.

This exquisite collectible will be individually handcrafted, then hand-polished to a gleaming lustre. Imagine how beautiful it will be, displayed proudly on your tree, its golden surfaces reflecting the holiday lights and brilliant colors that surround it!

"The Night Before Christmas" will be issued in a strictly limited edition and is available at its original issue price only for orders received by midnight, Christmas Day, December 25, 1979. At only $13.50, it is ideally priced for Christmas giving. To avoid disappointment, please act promptly, and return the coupon today.

The 1979 Danbury Mint Gold Christmas Ornament
"The Night Before Christmas"

The Danbury Mint
47 Richards Avenue
Norwalk, Conn. 06856

Available at original issue price only for orders received by Christmas Day, December 25, 1979

Please enter my order for the 1979 Danbury Mint 20 kt. Gold electroplated metal Christmas Ornament, "The Night Before Christmas." I have enclosed my payment as follows:

_____ Gold Christmas Ornament(s) @ $13.50 each $_____
quantity

Shipping and handling @ $1.50 each $_____

Total amount enclosed* $_____

☐ Check here if any ornament is to be shipped to a different address and give us specific instructions on a separate sheet of paper. Also include any message for a gift card which we will provide, if requested.

Your Name_____

Address_____

City, State, Zip_____

Make check or money order payable to: Danbury Mint.
*Conn. residents pay $1.05 per ornament to include sales tax

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your own risk, to reblade knives of brittle materials like bone, mother-of-pearl, or ivory.

Since you may not be able to tell how your knives were put together, query first. (It may keep you from sending a firm work it would have no way of accomplishing.) Send a photocopy of each type of knife you want rebladed, giving the name of the pattern and manufacturer, if possible. Some firms can provide stainless steel blades in several alloys—blades high in nickel are more stain-resistant but not as sharp as those high in steel, which are less stain-resistant. So state whether stain-resistance or sharpness is more important to you. Enclose a self-addressed, stamped envelope to receive a price and time estimate. Send flatware by insured mail only. You pay return postage in any event.

Allan Adler Silversmiths, 8626 Sunset Blvd., Los Angeles, Calif. 90069.
This maker of handwrought silver will attempt to reblade handles of any material, including those with plaster of Paris joints and carving knives. He uses American blades. About $7 a table knife.

James Robinson, Inc., 12 E. 57th St., New York, N.Y. 10022.
This antiques dealer, which specializes its own handwrought silver, will try to reblade *only antique or period knives,* including those with nonmetallic handles, plaster of Paris joints, and carving knives. On most period cutlery, the blades are not as old as the handles, and James Robinson's expert will tell you if the original blade probably differed from the existing one and will suggest a stylistically suitable stainless steel replacement. It uses Sheffield cutlery-grade stainless steel from England. About $25–30 a table knife.

Julius Goodman & Son, 113 Madison Ave., P.O. Box 3195, Memphis, Tenn. 38103.
This jewelry and silver store also specializes in discontinued flatware patterns of sterling silver only. It will reblade only sterling silver-handled knives, including those with plaster of Paris joints and carving knives. The store uses Sheffield stainless steel blades from England. About $15–$30 a table knife.

Shreve, Crump & Low Co., 330 Boylston St., Boston, Mass. 02116.
This 179-year-old jewelry and silver firm will track down blades by your manufacturer or, if they're not available, will provide English ones. The firm reblades *only* sterling silver-handled knives not joined with plaster of Paris. It will do carving knives too, provided they have sterling or staghorn handles. The fee is

Vroman's Silver Shop, 1748 S. Grand Ave., Glendora, Calif. 91740.
A shop that specializes in discontinued American sterling, silverplate, or stainless steel flatware, Vroman's will reblade only table or carving knives with sterling or silverplated handles (but not with plaster of Paris joints). It uses American blades. Under $10 a table knife.

You might also query firms listed in city Yellow Pages under "Silverware Cleaning, Repairing, & Replating," "Flatware—Table," and "Cutlery."

Less staining for stainless

Q. How can I guard stainless steel flatware against pitting?
—A.M., New York, N.Y.

A. Stainless steel is very resistant to sulphur compounds (common in foods that contain eggs and in the air), which are the main reason silver that isn't used and washed frequently tarnishes readily. But it's more sensitive to water and milk stains than silver, according to the various reblading services. If you can't wash stainless steel utensils right away, it's better to leave them as is than to soak them. Towel dry immediately after washing. In a drawer or dishwasher, don't let the stainless steel blade of one knife touch the sterling handle of another, lest electrolytic action between them cause pitting. Period silver, two-piece blades joined with adhesives other than epoxy, and knives with nonmetallic handles should always be washed by hand.

Gilded names

Q. Who makes gold leaf name plaques for oil paintings?
—G.R., Waco Tex.

A. Handlettered name plaques for framed art are available in gold leaf on wood or in frosted brass from Mrs. Ruth Longden. A photocopied style sheet showing the shapes, lettering styles, and approximate sizes available can be ordered for 50¢ plus a self-addressed, stamped envelope from Mrs. Longden at 49 Rising Ridge Rd., Ridgefield, Conn. 06877. Her handiwork is not inexpensive: A #5 medium-sized rectangular plaque with the artist's name and birth and death dates currently costs about $15 in gold leaf on wood, about $10 in brass. Shipping and any sales tax are extra.

If you send Mrs. Longden the style sheet specifications of the plaque you're interested in, plus a self-addressed, stamped envelope and a *typewritten* copy of the label information, spaced as you want it lettered, she'll send you an estimate. (There may be a wait, as she has regular, prior commitments to professional framers, but you'll hear from her as soon as she can fit you in.) Prices are subject to change with the price of gold. Orders must be prepaid.

Continued on page 80

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DAVIS CUP

BY DIANA LEA

Presents to the cook's taste

The pick of this year's newest equipment for the kitchen

Large or small, presents that make cooking easier and faster are presents to the whole family. You may find it hard to keep some of these under wraps until Christmas.

To be considered as either pre-, post-, or under-the-tree gifts:

Cookware that improves your cooking

Two revolutionary new lines of ceramic cookware, both of which can be used either in the oven or over a flame! The first is sheer drama: pots and pans—with detachable handles—in glittering black glaze with a softly curved silhouette. Great cooking bonuses, too: Total thermal uniformity (the pots conduct and retain heat evenly) eliminates the need to stir during cooking, and the oven or open flame can be switched off before the dish is finished because stored heat will complete the job ("Kokki," by Abrabia of Finland; $24 to $86 at Hudson's, Detroit). The other, which like the Finnish design can also travel directly from the freezer to heat (microwave too) is composed of clays from all over the world. Along with covered casseroles, this rich brown-colored group includes soufflé, quiche, and flan dishes, onion soup bowls, baking dishes, and tableware (dinner and salad plates; cups and saucers). (H.E. Lauffer, $6 to $27.50 at Etc., San Diego, Calif.)

For decorative cook-and-serve stoneware, a gang of covered casseroles and crocks (in go-with-everything soft white, or in patterns adapted from Oriental porcelain, Pennsylvania Dutch quilts and Portuguese tiles). All hand-painted, each is designed so that oven temperatures determine the function of the pot: At low heat, the pots act as slow cookers; at medium heat, as casseroles; and at high heat, they roast at almost microwave speed (Amnion, $10 to $76).

Sturdy enough to survive your kids' kids: dark gray professional aluminum cookware, extra thick on the bottom for good heat conductivity and light on the sides for easy lifting. Plenty of other pluses, too: The large handles are ovenproof; there's no chemical interaction with cooking ingredients; because of their easy-to-clean interiors, these saucepans, casseroles, stock pots, fish poachers, and omelet pans cannot be damaged by metal spoons or spatulas. They're energy savers because they efficiently and evenly pass heat from the burner up the sides of the pot and through food (Magnalite Professional by General Housewares, $22 to $80 at Burdines, Miami; Foley's, Houston).

For the space-age sparkle of stainless steel (both inside and out, with aluminum sandwiched in between): a striking set of pots and pans with natural wood handles, each designed to provide the much-desired even heat spread (Farberware Advantage Cookware, $49 to $120).



ENSMINGER

Farberware stainless steel pots and pans

For inside the oven or top of stove, a 9-quart oval, enamel multipurpose roaster with lid and grill. In addition to poaching fish and steaming vegetables, the pan's grill has a "basting" flap which opens so you can spoon drippings onto roasting meat or slide vegetables under meat while a casserole is cooking (The Fangled Roaster, Lentrade Gourmetique, $50 at Dean & DeLuca).

An effective adaptation of the traditional "wok" steamer: an aluminum pan to heat the water plus a bamboo basket to go on top. Terrific for bringing out the natural flavor of fresh vegetables, fish, or dumplings, as well as for warming leftovers (Atlas Metal Spinning Co., $30; Macy's, San Francisco). Too, consider buying extra baskets ($9 each) for stacking so that more than one dish can be cooked at a time.

High-powered, time-saving machines

Instead of a shrill alarm, you can now wake up to the aroma of fresh coffee. Set the out-of-bed time up to 24 hours in advance and eight cups of hot drip coffee (each made at 20-second intervals so you don't have to wait for a whole pot to brew before serving) will greet you as you pry open your lids (Krups, $130).

For energizing pick-me-up drinks—consider exotic combos like pineapple with pear or beets with celery—an electric speed-demon juicer. Simply drop chunks of vegetables and fruits into the chute, watch them spin into pulp-free liquid, and in seconds you're ready to pour the results from a translucent pitcher into a glass (Oster, $70).

An old French company, long-known for its enameled cast-iron cookware, is now putting out a line of electric machines to help complete your kitchen: a hand mixer with 5-speed switch ("Petit Mixeur," $28); a standard mixer with dough hooks and contour beaters ("Grand Mixeur," $180); a juicer ("Machine à Jus," $28); a deep-fat frier ("Friteuse Francaise," $60); and a Food Processor with French fry, shredding, and slicing disks ($150). All by Cousances de France, at Jordan Marsh, Boston.

To reincarnate the summer cookout on a frostbiting night, an indoor electric barbecue for broiled steaks, hamburgers, and hot dogs. No smoke—drippings run from the grill down into a shielded tray—and no potholders necessary because the air flow and the position of the reflectors keep the stoneware exterior cool (Contempra Char-B-Que, $40 at Marshall Field, Chicago).



Contempra's indoor electric barbecue

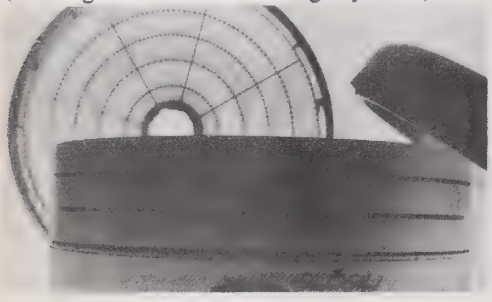
Another bit of barbecue news—this time an outdoor weatherproof vertical grill, light enough to transport to the beach and small enough to fit on an apartment terrace. The grill, which consists of a briquette-filled firebox locked into a vertical position, a revolving steel "basket" for the food, and a drip pan, is reminiscent of the Colonial revolving spit which was placed in front of the fire so that the meat was constantly basted by its own juices—but never polluted by the smoke of fat falling into the fire. Bat-

Continued on next page

continued from preceding page

tery operated, the grill is designed to cook steak, fish, and vegetables throughout at an even rate (General Housewares Corp., $100). Bloomingdale's, China Closet, I. Magnin.

An alert for gardeners, campers, health food addicts, weight watchers and others with a predilection for dried foods: a new electric circular food dehydrator. Unlike most dehydrators, which have vertical flow units, this round machine distributes heat and air horizontally, from the pressurized outer chamber to the center core, so that the food dries evenly. Because each tray has its own complete air flow system, you can use either one tray or expand up to ten (through an interlocking system) for



Harvest Maid's electric food dehydrator

quantity drying (Harvest Maid, $100 at Sears, Marshall Field, Boston Store).

Homemade fettucine, lasagna, ravioli—a little Italia can effortlessly roll onto the table with the help of this chrome-finished electric pasta machine. Along with a thickness selector (the range is sheer to ¼ inch thick), the machine contains three pairs of built-in rollers (with self-cleaning dough scrapers) so that your pasta can unravel in either wide or spaghetti-thin strips (Krups, $150).

For baking purists, the new grain mill attachment for the KitchenAid Food Preparer ($85). Capable of grinding wheat, rye, oats, rice, corn, barley, and coffee to either cracked grain or fine flour texture, it can produce at the rate of ¼ pound bag of flour a minute.

Convection ovens

Although well-known in restaurants, convection ovens are relatively new to homemakers. Whereas hot air remains motionless in a conventional oven, it is continuously circulated in convection ovens by a silent fan so that the food cooks faster, more evenly. No lengthy scrubbing, either, because most convection ovens have self-cleaning walls which vaporize food splatter on contact. Although there are many convection ovens to choose from—and most of them bake, broil, roast, and dehydrate food—here are some of the stars: for grandeur—it can handle the 18-pound turkey—the supersize convection Turbo-Oven 464, which shuts off automatically when the meat reaches desired doneness—a tem-

ware, $260); for a slow-heat cooking system which allows you to cook one dish, or a variety over a ten-hour period and have all of them done at the same time, the Toastmaster Convection Oven-Broiler System (McGraw-Edison, $200); for self-basting, the Moulin-Air Convection Oven ($193), which comes with a rotisserie-spit attachment; and for hot, muggy days, the Rival Convection Oven ($250), which has a special ceramic fiber-fill insulation system. *Note:* All of these convection ovens are available at leading houseware stores cross-country.

Turkey aids

For a more relaxed route to Christmas dinner—you no longer need two pairs of hands to flip the bird—a turkey turner, which consists of two pitched-roof-shaped racks caught on the sides with handles. You start the turkey cooking in one rack; then midway through the roasting you cover it with the other rack and invert it so that its other half can turn toasty brown, too. A sturdy construction of ¼-inch-gauge chrome-plated steel wire, the turkey turner is also ideal for roasting beef, pork, ham, or lamb (Roast-A-Round, designed by Wade Bentson for AMCO; $19 at Liberty House, San Francisco).

Food processor attachments

Two new multitalented cutting attachments: The first, which includes one large disk and four separate stainless steel blades, allows for French fry cutting, thick slicing, thin ripple slicing, and coarse shredding (Versa Disc, General Electric, $16); the other, Dial-A-Blade, adjusts to six different slicing positions so that delicate strawberries as well as tough-fibered carrots can be sliced either leaf-thin or ¼ inch thick (Norelco, $20).

The warm, earthy smell of baking bread can flow through your kitchen—you can experiment with wheat-germ, whole-wheat and nonprocessed white flour—with special plastic blades guaranteed to knead lump-free dough (American Electric, $1.99; included with Farberware Food Processor Model 386.)

To cut down on clean-up interruptions as you finish one food processor task and move on to the next, two extra bowls and covers, designed for refrigerator and freezer storage too ("Insert-A-Bowl," Gourmet Housewares, Inc.; for leading food processors, $12). Or to clock the seconds it takes to blend, whip, or purée, a food processor timer (Hoan, $8 at Bloomingdale's, N.Y.C.)

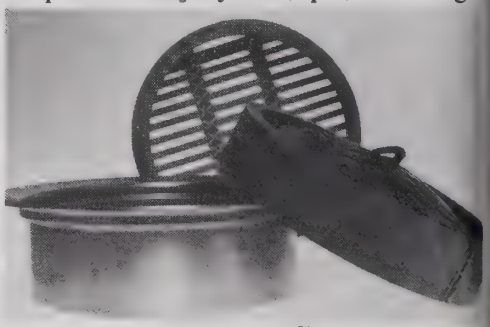
Finally, a mixing bowl set and blade, which in addition to kneading also prepares pie pastry and crepe batter (Dough Works by Moulinex for La Machine Models 390 and 354, $21).

No sweat baking

To fashion pie, quiche, or pizza pastry into perfect circles, a round plastic bag

with dough, zipped shut, and then rolled smooth (11 inch, $1.50; 14 inch, $2; at The Kitchen Connection).

Forget greasing pans and hands with shortening! To ease the transfer from pan to plate, nonstick parchment papers shaped to fit jelly roll, pie, and angel



Atlas Metal's adaptation of a wok

food cake tins (8½, 9, 10 inches, $1.60 at The Kitchen Connection).

After heavy trekking, you've finally tracked down that foreign bakery and decided to stock up on ethnic breads. To help with storing, there are now clear plastic French bread bags, long enough for even the leggiest loaves (The Kitchen Connection, 45¢; Burdines, Miami; Dayton's, Minn. and Wis.).

No longer do you need to place foil under a baking pie. With this 9" aluminum pie pan, there's a rim that continues down to form a trough guaranteed to catch drippings (Atlas Metal Spinning, $8 at Macy's, San Francisco).

Would-be dairymaids

Because it doesn't separate like whipped cream, crème fraiche these days is making the difference in terms of fuller and firmer mousses, soufflés, and pastries. To make your own, a cream-colored, easy-to-clean, high-impact polystyrene cooker, that without electricity, dials, or timers holds a culture (think buttermilk, cottage cheese, sour cream, and yogurt, too) at the appropriate incubating temperature, releases excess heat so that a culture cannot overcook. In addition to the container, Solait also includes a removeable one-quart container, a dairy thermometer for the accurate measuring of culture temperatures, and an easy-to-follow recipe book (Crayon Yard Corporation, $22 at Drummond's, Houston).

An inflation-fighting device for making homemade mayonnaise, salad dressings, ice cream, and Olde English cream: This machine comes with a piston which forces the dairy products (for example, whole pasteurized milk and unsalted butter) through a pin-sized hole into the base container thus creating enough pressure to homogenize the mixture into a creamy substance ("Original Olde English Cream Maker," Arlington, $14 at Crate and Barrel, Chicago).

Attachments for electric food preparers and processors can also churn out dairy products: The Kenwood Chef's cream maker guarantees thick heavy

Continued on page 50



ELEGANT TRADITION

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Cabin Crafts® Carpets

continued from page 48

cream; $35 at Macy's, New York; the Waring Food Processor's "Whip," a special stainless-steel disk with plastic creaming paddle provides the right aeration for whipped cream, homemade butter, and stiff egg whites ($20).

Green thumb in the kitchen

Grow-it-yourself indoor sprout gardens! Terrific for salads and casseroles. Radish, alfalfa, lentil, soybean, and ming bean sprouts can now be pantry stock in three-to-five days by sprinkling some out-of-the-ordinary seeds, legumes, growing kits to consider: One is ceramic (two containers—one for the seeds, the other for drippings—a lid and a pack of seeds; by Matsu, $22 plus $2.25 for postage, 1411 Washington Ave., San Leandro, Calif. 94578); the other, Pyrex (sprout jar, draining dish, lid and two packets of seeds; by Corning, $10 at The May Co., Cleveland).

Sharp-acting knives

Some suggestions for cutting through the frustration of a dull knife. One line features 4″ paring, 6″ boning, 8″ carving, 6″-10″ French, and has sturdy stainless steel blades, phenolic handles, and is dishwasher-safe (Kai Cutlery, For a traditional look with nontraditional resilience: knives with surgical stainless-steel blades which extend through the close-grained hardwood handles, thereby enhancing the overall balance of the knife and giving it the extra toughness to resist nicks, shrinking, or swelling. Models include a 3″ paring, 8″ French, 6″ boning, 10″ slicing, 9″ bread knives, plus poultry shears and a 6″ fork (Gerber, from $14 to $32).

Ingenious kitchen storage

Shelves, boxes, panels, fruit stands, wine racks—these wire grid storage units—reminiscent of supermarket baskets—can fasten onto walls, drop from counters, or stand, alone or stacked, on kitchen counters. When appropriate to the function, *hookersnappers* are included so that you can hang pots, pans, or mugs on the modules and thus create your own kitchen pop art (Kitchen Organizers; from $7 to $15 at Jordan Marsh, Boston; A & S, New York).

Variations on a similar theme—but this time *plastic*-covered grids: under-the-shelf baskets, stacking bins, and chinaware storage racks (Artwire Creations; $6 at Macy's, N.Y.).

The sign of a serious cook: mesh colanders, copper pots, silver ladles dangling in clusters from the ceiling. To create this look, there is now a Lucite/chrome "trapeze" bar, approximately two feet long, to help free your walls for other kinds of storage (Decorator House, Inc., $35 at Neiman Marcus).

Hang your stemware upside down! Not only does this 21″-long natural hardware bar—fitted with dowels to hold the base of up to 24 wine, champagne, or water goblets—provide efficient storage but it saves you from towel-drying crystal (Kinnovations, $10 at the Pottery Barn, New York).

The simplicity of outdoor deckboards can now sail onto your kitchen walls with panels made from strips of hard rock maple. Brass-plated hooks strong enough to hold pots, pans, or plants are included with each panel (Carborundum, $4.50 to $15.50 at Rich's, Atlanta).

Stocking Goodies

Tiny, inexpensive and fun:

So potatoes can dangle from the oven grill while the roast is cooking flat, aluminum, 5″-long skewers (set of 4, $1).

For the family's garbage collector or lunch box packer, a "twist 'em" dispenser—1,000 inches of paper-covered wire, snippable to any length. ($3).

To prevent burning your fingers, black rubber slipcovers for metal pot handles, comfortable in dishwashers (small, $3.25; medium, $4; large, $5). All by Rowoco and available at Bazaar de la Cuisine or The China Closet.

Finally, for the Lord of the Kitchen, a chef's pie hat ($8) or striped, to-the-knee cooking jacket with sash ($33—by Betsy's House, at Macy's, N.Y. ■



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A Country Path in May

Plates shown smaller than life size. Actual diameter

IN FINE ENGLISH PORCELAIN...

The Country Year

BY PETER BARRETT

collection of twelve beautiful porcelain plates, each portraying charm and color of the countryside in a different month of the year.

ch plate bears an original work of art
l is individually decorated with pure 24 karat gold.

pe issued in limited edition.

red by direct subscription only, a further limit of just collection per applicant.

ance subscription deadline: ember 30, 1979.

peauty of a mountain stream in autumn, or ntry meadow dappled with summer sun, sses an enchantment that is universal. And he rare ability to capture this unique form of poetry — the beauty of the ever-changing ryside — that has established the English er Peter Barrett as one of today's most l landscape artists.

d now, for the first time in his career, Peter tt has undertaken the task of creating an collection of important new works for in a form particularly prized by collectors: a of twelve beautiful *porcelain plates* por- g the entire panorama of the unspoiled ryside.

ch of these original works has been com- oned by Franklin Porcelain and created *ively* for 'The Country Year' porcelain collection. After it is completed, none of plates will ever be issued again.

ach plate captures a different setting, a different month of the year

ncompass all the splendors of the coun- e in its changing moods, each plate will t a totally different setting . . . in a dif- t month of the year.

e April plate, for example, conveys the ness of Spring from the perspective of a ded bluebell bower . . . The adventurous of May invites us to follow a quiet country . . August brings us to a golden wheat-



Wheatfields in August



The Colors of Autumn in October

field, where poppies, daisies and thistles abound, and swallows swoop low in search of food . . .

For no detail, no matter how small, escapes Peter Barrett's eye. And yet, over and above their sheer beauty, these new works accomplish something even *more* extraordinary. Because each plate actually seems to draw the viewer *into* the scene.

Challenging to create . . . satisfying to own

By letting elements of his art burst out of the center of the plate and flow to its very rim, Peter Barrett has given these works a unique sense of depth and dimension . . . a feeling of movement and vitality that brings *life* to every scene.

Furthermore, because of the precision of Barrett's art, and the fact that he has used some twenty-five separate colors in every work, this is a collection as challenging to create as it is satisfying to own. Indeed, more than two years has been devoted to its preparation.

To provide full scope for Peter Barrett's artistry and vision, each plate will measure a full nine inches in diameter. The entire collection will be crafted of fine English porcelain, whose traditional richness and vibrancy are exceptionally well suited to dramatizing the subtle colors of his art. And each scene will be framed within a decorative circular border of *pure 24 karat gold.*

A collection to enhance any room . . . any home

Each of the twelve beautiful plates in the collection is a superlative work of art in itself. Together they constitute a gallery of fine art that is breathtaking. Displayed upon the wall or shelves of any room, these beautiful plates cannot help but enhance the decor of your home.

But the plates are being made available on a very limited basis. They will be crafted *exclusively for individual subscribers.* And a further limit of just one collection per subscriber will be enforced without exception.

Here in the United States, the collection will be issued in a single edition, available *by direct subscription only* — and only from Franklin Porcelain. One plate will be issued every other month, and the issue price is just $45 for each plate and individual wall hanger.

Because of the international interest in Peter Barrett's art, a second edition will be made available overseas, with equally stringent limitations. In the tradition of the finest porcelain, the collection will be available only until the end of 1980, at which time the subscription rolls will be permanently closed. To enter *your* subscription, you need send no money now. But please note that the application below will be accepted only if postmarked by November 30, 1979.



ADVANCE SUBSCRIPTION APPLICATION

The Country Year

BY PETER BARRETT

Must be postmarked by November 30, 1979. Further limit: One collection per applicant.

Franklin Porcelain
Franklin Center, Pennsylvania 19091

Please enter my subscription for Peter Barrett's 'The Country Year' — consisting of twelve plates to be crafted for me in fine English porcelain.

I need send no money now. The plates are to be sent to me at the rate of one every other month, beginning in February 1980. I will be billed for each plate in two equal monthly installments of $22.50,*with the first payment due in advance of shipment. **Plus my state sales tax.*

Signature _____
ALL APPLICATIONS ARE SUBJECT TO ACCEPTANCE.

Mr. / Mrs. / Miss _____
PLEASE PRINT CLEARLY

Address _____

City _____

State _____ Zip _____

BY ANTONIA LAMOTTE

Presents you can make

There's still time before Christmas to make these gift ideas from kits. You can order them right now.

The Metropolitan Museum of Art has a kit to make a happy, old-fashioned **sampler**—a traditional Christmas gift. The design, based on the 1827 work of a young girl in Pennsylvania, has a two-chimneyed red brick house with rows of little windows surrounded by flowers and an occasional bird or heart. Under the house you stitch in the alphabet—and your own initials and the date. The design is hand silk-screened onto oyster-white linen. Paternayan yarn in 5 colors and cross-stitch instructions are included. The finished sampler is 27 inches square and can be framed. $35* at the Metropolitan Museum of Art (catalogue #L1350).

Another hearthside present to make is a **needlepoint rug** called "The Homecoming," based on an 1800 American folk-art rug. The little rug—33 by 20 inches—contains a pastoral scene with oak trees, a duck pond, farm animals, and the gentleman of the manor on horseback headed for the old homestead—a white, two-chimneyed house with blue shutters and a picket fence. That design is framed by flowers and birds. Your initials go at the bottom. Yarn and instructions included with canvas. $125 at the Metropolitan Museum of Art (catalogue #L1405).

A **pillow** shaped like a seated cat and decorated with simple crewel work was inspired by a 19th-century Pennsylvania-German doorstop. You could think of it as a stuffed animal as well. It's white with green eyes, dark whiskers, and spots. Nine and a half inches high and perfect for children's hugs. Kit includes silk-screened fabric, Paterna Persian yarn, needle, and instructions. $6.75 at The Philadelphia Museum of Art (catalogue #1718).

A more sophisticated cat **pillow**, this one in needlepoint, is based on a Chinese design. It's from a porcelain figure of the K'ang Hsi period, Ching Dynasty. The cat is curled up and stares out with wide-open, knowing eyes. Pale yellow ears and arrangements of purple, green, and black color areas over the body make a flowing design of colors and lines. #14 interlocking handpainted canvas. Paterna Persian yarn, needle, and instructions included. The finished pillow is 10 by 14 inches. $25.75 at The Philadelphia Museum of Art (catalogue #1721).

"Parrots at a Fountain" is a **needlepoint design for a wall hanging or a pillow** inspired by a mosaic from the Pompeii exhibit currently traveling around the country. In Pompeiian tones of blues, oranges, grays, and beiges, three large parrots are shown perched on the edge of a bowl of water which rests on a short pedestal. A small cat crouches nearby. 14¾ by 16¾ inches, the handpainted canvas comes with Paternayan wools and needle. $58 at The Museum of Fine Arts, Boston (catalogue #12A).

One variation on all the needlepoint kits is a **needlepoint evening bag**, from the Museum of Fine Arts, Boston. The little 5-by-8-inch clutch bag has a big Japanese peony in shades of pink floating on a navy background. Complete kit with yarn and instructions is $37. Canvas is 18 mesh.

A strawberry, a peach, a pear—each is a friendly **fruit-shaped needlepoint pillow** from kits by Louis Gartner. Each fruit comes in its own rich country colors with shadows and highlights. Stems and leaves are there, too. The pillows are 11 inches long. Handpainted 14-mesh canvas comes with Paternayan yarn. $55 for each fruit, from Needlepoint Design.

You can make **roll-up sewing or travel kits** that tie with a pretty ribbon. Choose one of your favorite fabrics—Liberty, Laura Ashley, Pierre Deux—and use the Simplicity pattern called "Handy Sew-Ups: Travel and Purse Accessories," #7735. Also included: patterns for a shoe bag, eyeglass case, or tissue holder. Simplicity pattern, $1.50.

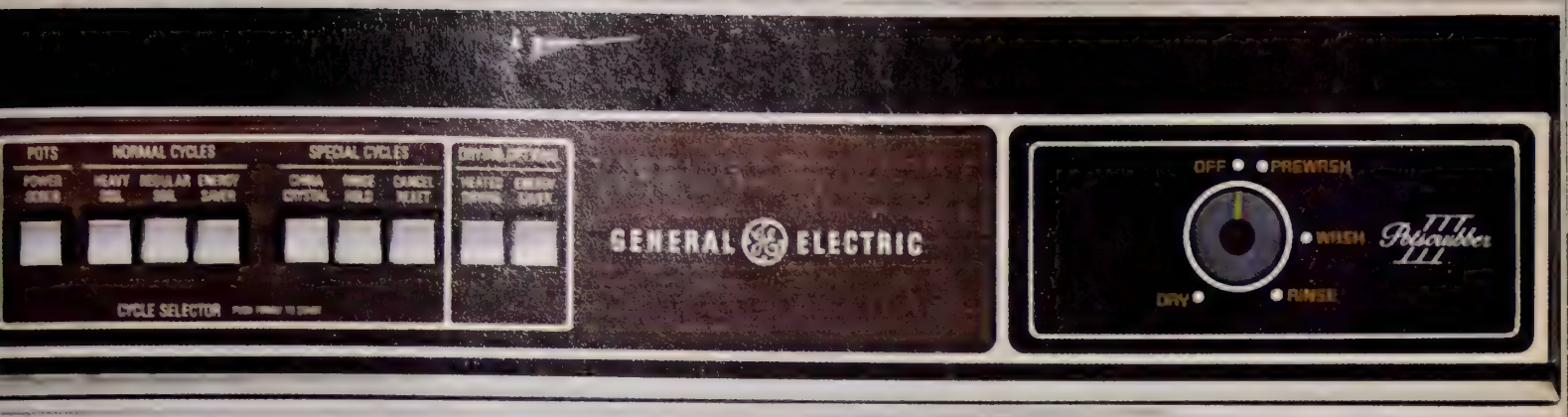
To melt hearts, there is the **Baby Dress Set** from Charing Cross Kits. Its way to make sewing exquisite clothes easy: The cutting pattern—as well as the print—is hand silk-screened directly onto fine English fabric. The baby dress kit contains machine-washable cotton lawn with a delicate cherry print. It makes a mob cap; a dress with little round collar, short puff sleeves and full skirt; a straight pinafore that ties on the sides; bloomers; little padded shoes that button on top; and a tiny doll. Available in yellow and green (Primrose), blue and green (Cornflower), or pink and white (White). For babies 6 months to 2 years $18.

"Beautiful Babies," designed by Suzanne Firtko, are star-shaped **cloth dolls** to sew up from a kit. They're small enough (6½ inches tall) to be tree ornaments if you attach a ribbon to them, but can be toys for the whole year. The kit comes with pattern, bright calico fabric, yarn hair, ribbon, and trimmings. Stuffing is not included. Each kit is $4 from Beautiful Babies.

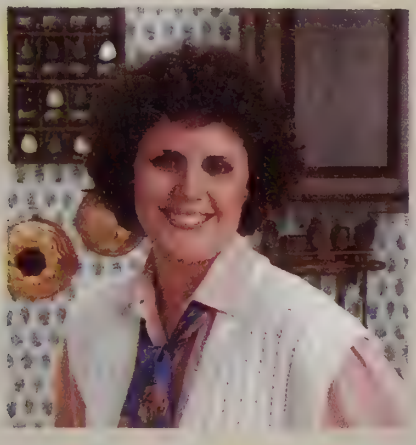
Down booties to envelope feet in softness and warmth can be made with a kit from Altra, Inc. The kit has precut nylon taffeta pieces which you sew together, then stuff with goosedown and tie up with a drawstring on top. There's elastic for ankle and instep for a good fit. The soles are made of waterproof cordura. The booties are navy with blue soles, brown with tan soles (or vice versa); sizes are x-small, small, medium, large, x-large (for men and women); and the whole kit is $17.50.

If you're a present-maker with a big idea, you can try making a graceful **Shaker side chair** or a **Shaker rocking chair**. Cohasset Colonials makes kits that have the precut pieces of wood and everything else you'll need to put a chair together by yourself. The chairs are made of maple (stain in kit) with slim tapered posts and slat backs. The side chairs have 3 curved slats for the back; the rocking chair has 4. The rocking chair also has gentle scroll (ladle) arms. You have the option of rush fiber for the original rush seat (weaving instructions included) or black and cocoa cotton tapes for a checkerboard web seat (weaving instructions and tacks included). From Cohasset Colonials: Shaker Side Chair, 41 inches high, seat 15 by 1[illegible] inches, with fiber rush seat (#260R), 1[illegible] lbs., $50; with web seat (#260W), 1[illegible] lbs., $65; Shaker Rocker, 45½ inches high, seat 16½ by 21 inches, with fiber rush seat (#266R), 19 lbs.; $68, with web seat (#266W), 18 lbs., $80. ■

*Prices approximate. Source addresses page [illegible]



"My Potscrubber® III dishwasher even cleans dishes that are stained and discolored with enchiladas.



Susan Echito

Susan Echito
Chino, Ca.

I can't tell you how impressed I am."



The Potscrubber III dishwasher cleans better and holds more dishes than any dishwasher General Electric has ever made.

It features the exclusive Multi-Orbit™ wash arm which combines with the Power Shower on top, and the Power Tower in the middle, to give you a pattern-changing 3-level washing action for sparkling clean dishes, glasses, pots and pans.



The Potscrubber III dishwasher runs quietly, and it's the most economical to use in GE history. The new Super Racks hold more, to cut down on washes; the machine uses less hot water to save you money and it has a special energy-saver drying button to save you even more.

The Potscrubber III dishwasher. **It's the best dishwasher we've ever made.**

We bring good things to life.

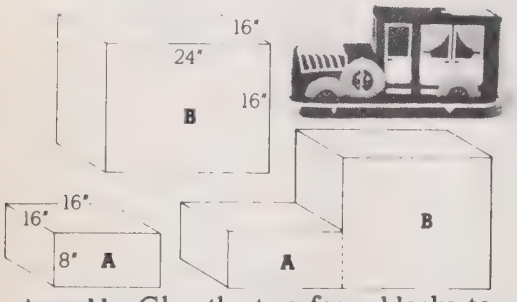
GENERAL ELECTRIC

How to build fun cars from fabric and foam

(see pages 168-169)

Climb aboard wagon

Materials: A 24-by-40 piece of ½-inch-thick chipboard for the car base, 4 wheels (two straight-rolling, two with ball bearings for easy turning), grommets (and an installing tool if you don't have one), 11½ feet of cheap plastic white hosing for a bumper, cord, rubber cement, and two solid foam rubber blocks (one 24-by-16-by-16 and the other 8-by-16-by-16—*see diagram*).

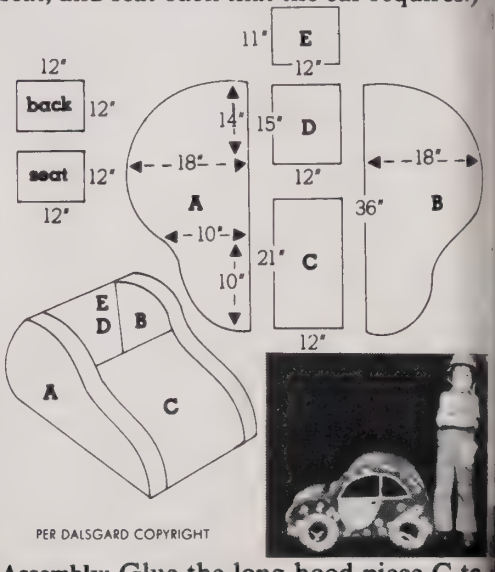


Assembly: Glue the two foam blocks together with rubber cement as shown. Coat each surface thoroughly, let dry until the glue is tacky, and then join the two blocks.

- Measure the car sides, front, back, top, windshield, and hood. Cut out fabric for the cover, allowing ½ inch extra for the seams and 6 inches extra for the bottom edges. Decorate with scraps of fabric—windows, hood, grillwork, doors, etc. Hem the bottom edges and attach grommets.
- Place the car cover over the foam blocks and lace the two long sides together with cord.
- Round the edges of the chipboard base with a saw. Paint to match the cloth cover. Staple or tack on the white hosing around the base.
- Drill holes in bottom of base; attach wheels. The two multidirectional ones go in front.
- Place the car over the base and lace the short flaps together to secure.

Sporty coupé

Materials: An 18-by-36 piece of ½-inch-thick chipboard for the car base, two 36-inch lengths of ⅞-inch lattice, 4 wheels (two straight, two with ball bearings for turning), grommets (and an installing tool if you don't have one), cord, rubber cement, and 4-inch foam cut to size according to the diagram. (First draw the diagram to size on a piece of newspaper and take it to the foam store. They will be able to follow the pattern and cut out the two sides, hood, two back pieces, seat, and seat back that the car requires.)



PER DALSGARD COPYRIGHT

Assembly: Glue the long hood piece C to the sides A and B. Again, coat each surface to be joined and let the glue dry until tacky before adhering the pieces. Wrap the car with twine so it will hold its proper shape while drying. Then attach piece E in the back to form the back wall of the car. Piece D is glued to the interior face of E (and the car sides) for extra support. (D will be longer than E and thus extend beyond it. Encircle back with twine and let entire unit dry.

- Make a car cover taking the dimensions from the assembled foam body. Be sure to add an extra ½ inch for seams and 6 inches at the bottom where the grommets go. Hem and install grommets. Cover seat and back cushions, and make four stuffed wheels to tie on the car. (Stuff only the tire part. Put two grommets through the "hubcap" and tie onto cover.)
- Trim off four corners of the chipboard base with a saw by making a slightly diagonal cut. Attach a strip of lattice to each long side (you will have to cut them down slightly) using finishing nails. Paint, and drill holes on the underside for the four wheels. The two multidirectional ones go in front.
- Put cloth cover over the foam body and place car on the baseboard. Tie all four sides around the base, lacing with the cord. Insert seat cushions (they should fit snugly) and car is ready to go.

Continued on page 62



"On the first day of Christmas, my true love gave to me..."
Introducing our Filigree Partridge Pendant, a Christmas keepsake for all seasons.
The delicate design is rhodium plated, gold toned, and set on a sparkling, faceted disk of full-lead crystal from Austria. By Eva Szela, exclusively for the Hallmark Little Gallery. $27.50, at selected Hallmark stores.

LITTLE GALLERY by Hallmark

THE VERSATILE GE MICROWAVE COOKING CENTER.

DESIGNED TO COOK TODAY'S MEALS FAST. OR FANCY.

ese days, you've got a lot more to nk about than just what's cooking. we built our versatile Microwave oking Center for the way you cook ay.

When you've got just minutes to a meal, our microwave oven up top save you time on everything, from rosting to reheating, from baking to sting. It lets you cook by time *or* temperature. And multiple power levels give you a range of time-saving choices.

On the rangetop, you'll like our Calrod® units that unplug for easy clean-up. (Or choose the exciting decorator ceramic cooktop.)

And when you've got lots of time to spend on cooking, there's the conventional lower oven. And it's self-cleaning so you can cook all your delicious meals without the messy clean-up.

We think you're going to like our Microwave Cooking Center a lot. Because you can get a lot more out of it when you have the time to put into it. And even when you don't.

We bring good things to life.

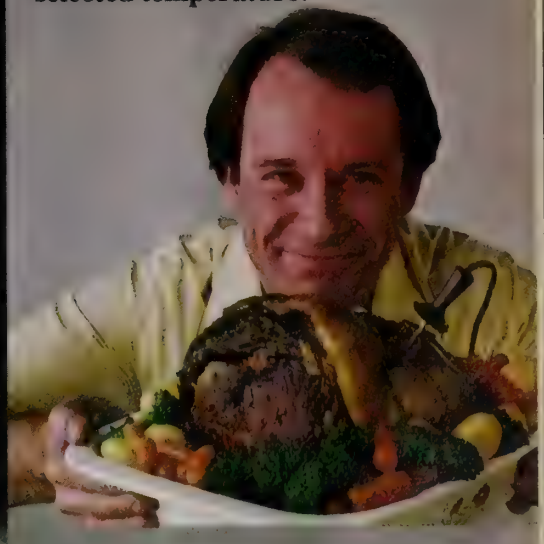
GENERAL ELECTRIC



te a fancy shish kebab in the entional lower oven.



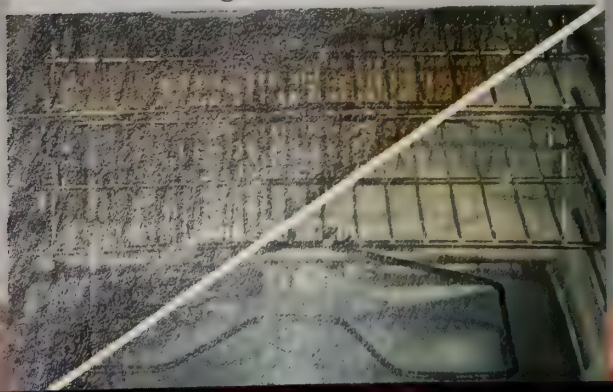
Micro-Thermometer™ temperature control stops the cooking at your pre-selected temperature.



an cook their own lunch in tes in the microwave oven.



The convenient, conventional oven is self-cleaning.



Bake a batch of cookies while something else cooks above.



Revere Ware takes what life dishes out. Beautifully.

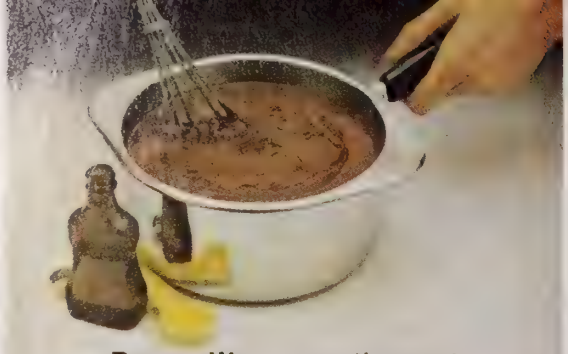
Day after day, Revere Ware takes the heat of the kitchen stove, the dousing of the dishwasher, the falls to the floor. Everything life in the kitchen dishes out.

And it takes it beautifully. But best of all, it keeps on dishing up beautifully and evenly cooked meals—time after time. The secret is Revere Ware's superior craftsmanship and construction.

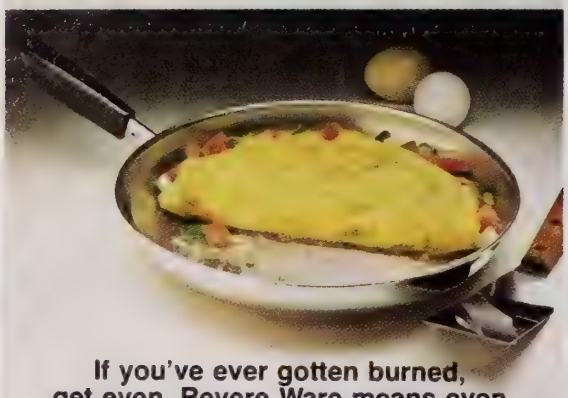
Whether you choose Revere Ware's traditional stainless steel cookware with copper bottoms or our newest line with stainless steel bottoms and a carbon steel core, you can count on quick, even heat distribution. And polished 18/8 stainless steel provides the strength to take whatever life dishes out—beautifully.

REVERE WARE

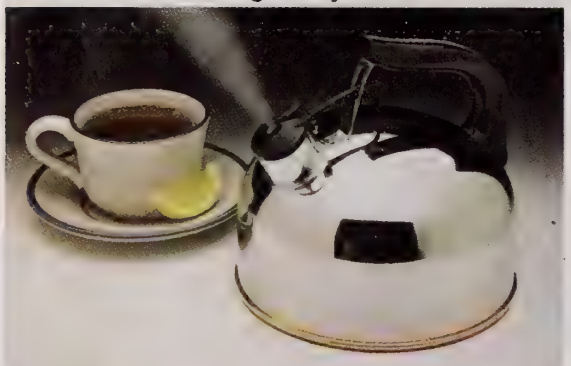
A heritage of excellence from Paul Revere.



Revere Ware smoothes out sticky subjects.



If you've ever gotten burned, get even. Revere Ware means even browning every time.



The Revere Ware that whistles while it works.



Give your Revere Ware a regular whipping. It can take it.

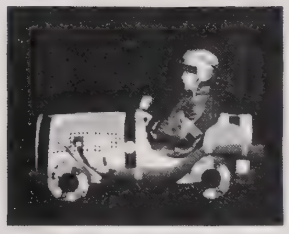


No brushing after meals. Revere Ware stainless steel cookware's so easy to clean.

continued from page 60

Breezy roadster

Materials: A 22-by-44 piece of ½-inch-thick chipboard for car base, two 44-inch lengths of ⅞-inch lattice, 4 wheels (two straight, two multidirectional for turning), grommets (and tool to install if you don't have one), cord, rubber cement, three 36-inch lengths of webbing (use lawn chair webbing, webbing available at camping stores, strips of canvas or sturdy cloth—these three strips encircle the car body and tie it to the chipboard base), Velcro fastener tape, and 4-inch-thick foam, cut to size according to the diagram. (First draw the diagram to size on a piece of newspaper and take it to the foam store. They will be able to follow the pattern and cut out the car body, the seat, which is made from the hole E in the body, three 14-inch-wide U-shaped pieces (B,C,D—see diagram for dimensions on how to draw these pattern pieces), four 8-inch circles for the wheels, plus another 8-inch circle cut into two semicircles for the visor and steering wheel.)



Assembly: Take the U-shaped piece for the car front, coat it and the car hood with rubber cement. Let dry until tacky, and glue together. Encircle the car front with twine so it holds its shape while drying. Glue the other two U-shaped pieces to the car back and the back of the opening for the driver's seat. Encircle with twine as before. Let dry.

- Make the cover for the car using the newspaper pattern to obtain the size of the hood piece. Add ½ inch for each seam necessary and 6 inches for the bottom. Hem and install grommets. Lace the cover underneath the foam body. Cover seat cushions, visor, steering wheel, and four wheels. Sew Velcro onto wheels, visor, steering wheel, and onto matching spots on car cover.
- Attach a strip of lattice to each long side of the chipboard base using finishing nails. Paint the base to match the cover, drill holes for the wheels and attach them, placing the two multidirectional ones in front.
- Put a grommet in each end of the three strips of webbing. Place the car on the baseboard and tie a strip of webbing over each foam U-shaped support (in the front, back, and behind the driver's seat). Knot securely under baseboard. ■

"THE BEST REASON FOR BUYING A NEW GE REFRIGERATOR IS AN OLD GE REFRIGERATOR." —The Steele Family.



Jane Steele
Verona, New Jersey

GE refrigerators are really built to last. And my old "Monitor" is lasting proof!

Talk about a great investment! I got it in 1957, when it was 23 years old. And it still works like a charm.

Of course, it doesn't have all the improvements and innovations General Electric's added over the years. But it shows how dependable GE refrigerators are. As I told my daughter Mary Ellen, they just can't be beat!



Great Aunt Agnes Spina
West Orange, New Jersey

I've spent nearly half a century depending on GE refrigerators.

We bought one of these in the mid-fifties, after giving away the faithful "Monitor" Jane has now.

What a workhorse! Soda was always cold, ice cream was hard, and it never needed any service.

So naturally when we modernized again five years ago, we went right back to GE for a big, beautiful side-by-side.

General Electric refrigerators really hold up. We've had enough of them to know!



Mary Ellen Steele Burns
Totowa, New Jersey

General Electric is a name you grow up with. You know it's dependable.

So we felt confident that our lower-priced GE refrigerator would give us the same quality and reliability as the most expensive model.

My mother told me GE refrigerators were the best kind, and of course we did a lot of shopping around.

No other brand had the features GE did for the same money. Or was as nice-looking, inside and out.



Suzanne Steele Walsh
Morristown, New Jersey

Having had GE refrigerators in the family for so long impressed me more than any brochure or sales talk.

So when we buy our new refrigerator, it won't be a question of "whether GE," but of "which GE."

And I think I know which—this gorgeous dream of a side-by-side!

It has plenty of space, important with our five children. And adjustable glass shelves, great for cleaning up spills.

Separate temperature control for the meat pan. Automatic defrosting. And the GE dispenser that gives you chilled water, ice cubes, even crushed ice. I love the 'New Naturals'™colors, too—so soft!

The reliability General Electric's been building into their refrigerators since Great Aunt Agnes bought hers makes me feel really confident.

Maybe some day *my* GE refrigerator will become a family heirloom too!

We bring good things to life.

GENERAL ELECTRIC



My Ethan Allen Interior Designer knew I'd love these Italian porcelain figures. She called to tell me about them.

"MY GALLERY GOES AROUND THE WORLD COLLECTING TREASURES FOR ME TO MIX AND MATCH IN MY OWN PERSONAL STYLE."

Meet Ann and Jerry Lawrence. Ninth in a series about the kind of people who furnish their house, their way, at their Ethan Allen Gallery.

"We both love fine furniture, and I especially love finding those treasures that make a room special. All of the furniture in this room came from Ethan Allen. Our desk is an example of the beautifully made pieces they have. But the things that make a room really 'us' came from Ethan Allen too. Ethan Allen can travel to places I can't, so I can brighten my home with Italian porcelain or make it glow with brass from India. Our favorite painting on silk is from China. So is the beautiful rug we've just chosen. It was one of the first to be brought out of Mainland China!

We enjoy being surrounded by good things. They're the things that last. Ethan Allen not only has fine furniture, they collect exciting accessories from all over the world. That's why Ethan Allen's our Gallery."





Ethan Allen travels to India, Pakistan–even Mainland China–to find hand-made rugs like these.

Ethan Allen Galleries



COME ON OVER TO OUR HOUSE
AND FURNISH YOUR HOUSE YOUR WAY

© 1979 Ethan Allen, Inc.

Thanksgiving outdoors

(see page 160)

Celebrate outdoors or at home. Recipes easy to pack, serve, cook which preserve traditional tastes

SUSAN WOOD



Teamwork makes baskets lighter. Part of the fun is working up an appetite.

Corn and oyster fritters

INGREDIENTS

1 cup Copes' Dried Corn, ground
1 teaspoon salt
1 teaspoon sugar
1¼ cups milk
1 whole egg
1 dozen oysters, chopped
1 teaspoon baking powder
½ cup flour
¼ cup fresh parsley, chopped
Vegetable oil or butter

METHOD

☐ Stir together all ingredients except oil in a large bowl. It should rest a few hours before cooking to let corn soften. Heat 2 tablespoons vegetable oil or butter in a large skillet. Drop batter by spoonfuls and fry until crisp and golden on both sides. Add more oil or butter as necessary. Serve hot. Serves 8.

☐ Note: To cook the fritters at home: Lighten the batter by separating the egg and beat yolk into batter with rest of ingredients. Just before cooking, beat 2 egg whites with a pinch of salt until stiff and fold them into the batter. Heat 3 inches of oil in a pot and fry batter by spoonfuls until crisp and golden. Remove with slotted spoon and drain on paper towels.

Chicken lemon soup

INGREDIENTS

2 quarts chicken stock or consommé
3 chicken breasts, skinned
1 bay leaf
1 onion, peeled and quartered
1 stalk celery
1 carrot, peeled
2 lemons
Salt, pepper
2 cups snow peas
2 tablespoons scallions, chopped

METHOD

☐ Combine in a large pot the chicken stock, breasts, bay leaf, onion, celery stalk, carrot, the juice and grated zest of 1 lemon, and salt and pepper to taste. Bring the liquid to a boil, then reduce heat and simmer very gently 1 hour. Remove chicken from the stock, let cool, then shred.

☐ Strain the stock through a fine sieve. Add snow peas, scallions, and the shredded chicken and reheat the soup ½ hour before serving. Garnish with thin lemon slices.

Turkey kebabs

INGREDIENTS

1 large turkey breast, about 7 pounds, boned
1 medium onion, chopped
1 stalk celery, with leaves, chopped
1 medium carrot, chopped
3-5 cloves garlic, minced
3 bay leaves, crumbled
2 teaspoons mixed dried herbs (thyme, marjoram, fennel, savory)
Salt, pepper to taste
¾ cup red wine
Juice and zest of 1 lemon
¾ cup olive oil
3 red peppers, cut in eighths
3 green peppers, cut in eighths
1 pound mushrooms, stemmed

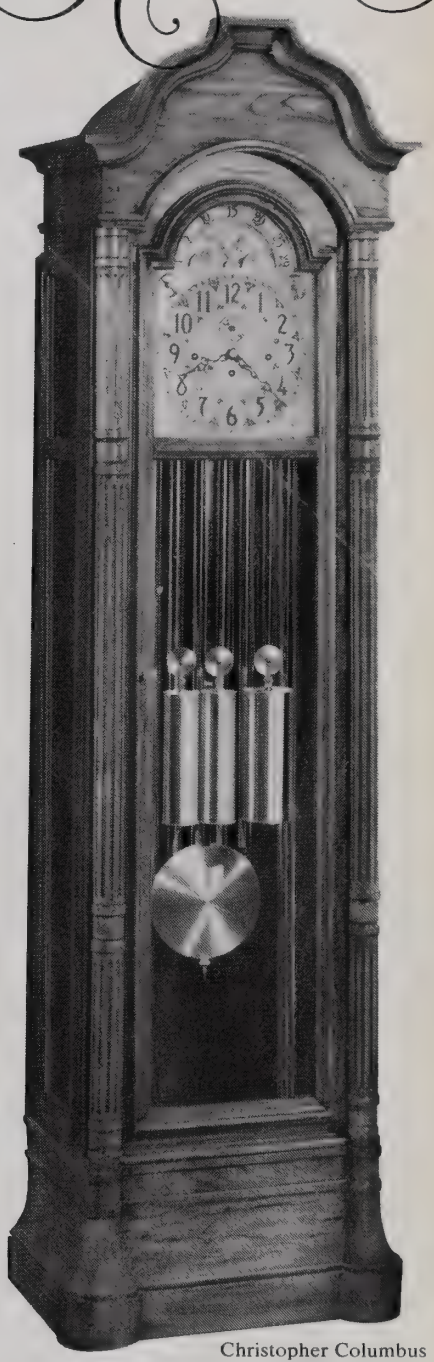
METHOD

☐ Cut the boned turkey breast into large chunks and place in a bowl or baking dish. Combine all other ingredients except peppers and mushrooms and pour over the turkey. Cover and let marinate overnight in the refrigerator.

☐ Drain the turkey, reserving marinade, and thread onto skewers with peppers and mushrooms. Brush with marinade and cook over hot coals or under a preheated broiler until crispy and done, about 10 minutes, brushing with more marinade if desired. Serves 8.

Continued on page 70

Herschede®

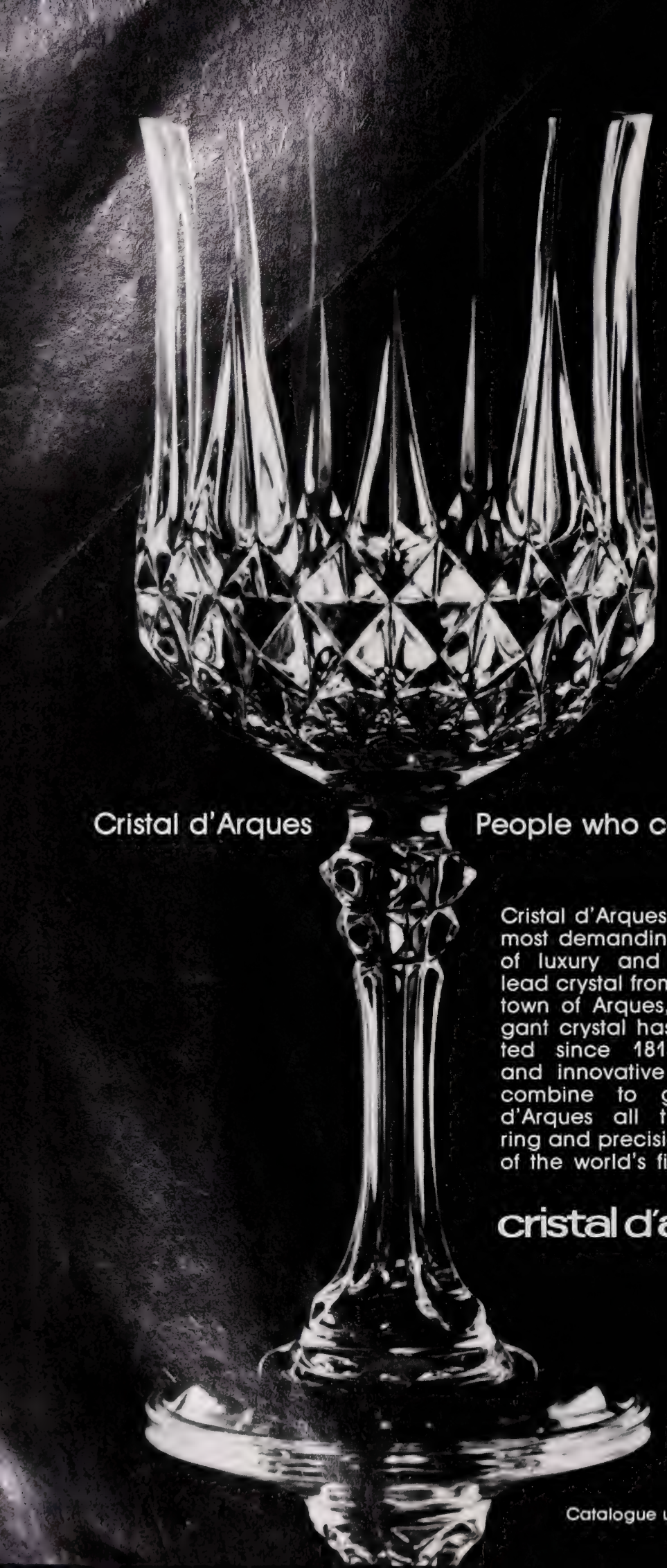


Christopher Columbus

Once you've heard a Herschede, you wouldn't buy any other clock.

You hear the quality. Finely-balanced mechanisms running in perfect pace. Then, it strikes. Deep, soft,tantalizing tones expand from the heart of a beautiful Herschede cabinet. For a color catalog of all Herschede clocks, from $7,200 down, send 50¢ to Herschede Hall Clock Co., Box 825-H, Starkville, Mississippi 39759. Division of Arnold Industries.

Gold medal winning clocks since 1885



Cristal d'Arques People who could afford anything prefer it.

Cristal d'Arques satisfies the most demanding standards of luxury and taste. Fine lead crystal from the French town of Arques, where elegant crystal has been crafted since 1815. Tradition and innovative techniques combine to give Cristal d'Arques all the sparkle, ring and precision detailing of the world's finest crystal.

cristal d'arques
FRANCE

arc
FRANCE

Pattern shown : Longchamp. About$ 4.50 each. Price slightly higher on the west coast.

Catalogue upon request. Write J.G. Durand, Millville, N.J. 08332



MARTEX. WE DESIGN ABRICS THAT APPEN TO BE SHEETS.

Here, "Summer Palace" joins two ancient Chinese traditions—hand ainting and geometry—to make an exquisite contemporary bed. A bed hat creates its own subtle atmosphere. Serene. Composed. Why not see what happens when you make your bed with Martex?

Sheets and pillowcases of 50% Dacron® polyester/50% combed cotton. Also comforters, tailored petticoats, tailored shams, shower curtains and towels. ® West Point Pepperell

Detail from "Summer Palace," approximately 1/2 size

MARTEX®

LET US MAKE YOUR BED.

SEIKO QUARTZ DESIGNER CLOCKS.



Probably the most beautiful accessories that ever kept time.

Here's the powerful elegance of the Westminster Chime, a truly magnificent modern classic. Superbly designed for your most important settings. With aristocratic Roman numerals on a clear white dial, serenely set in the commanding simplicity of its squared gold-toned case. It sounds the hours with a deep resonant chime that's unforgettable.

The Westminster Chime is only one stunning example of why Seiko Quartz Designer Clocks are among today's most exciting accessories. You'll find a brilliant selection of models in a broad range of styles, from contemporary to traditional. There's a perfect Seiko Quartz clock to match your every design mood. Each is battery powered and never needs winding. Some have convenient alarms. And all come with a one year warranty. With accuracy and dependability that are incomparable, too. Because they're Seiko Quartz.

See this uniquely beautiful collection for yourself. Seiko Quartz Designer Clocks, available at better jewelry, department, luggage and gift stores.

SEIKO

Seiko Time Corporation, 640 Fifth Avenue, New York, N.Y. 10019. (212) 977-2800

How to select a sound system for your car, boat or plane. Audiovox candidly reveals what you should look for, listen to and beware of.

by **Robert Harris,** Technical Director

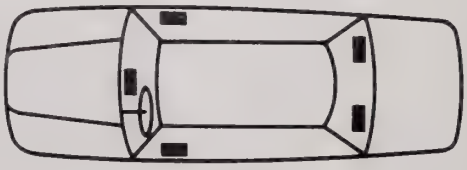
You are confronted by everything from $50 AM radios to $1,000 high fidelity systems. Where should you stop? How much do you really need to spend? Read on as Audiovox throws some light on the subject.

Audiovox aims to provide American motorists with a level of sound reproduction previously attained only in the home - through a range of more than 139 systems and components.

Where to buy.

Manufacturers with a limited range of products need to sell *all* of their products to *all* types of stores.

Audiovox, on the other hand, markets 3 totally *different* product groups. The regular group – providing superior sound reproduction at a reasonable price and available through conventional retailers, chain stores, and catalogs; the S.P.S. (Special Performance Series) featuring original equipment styling and features – available only from new car dealers; and the Hi-Comp group – a complete line of "state of the art" components, available through car stereo specialists.



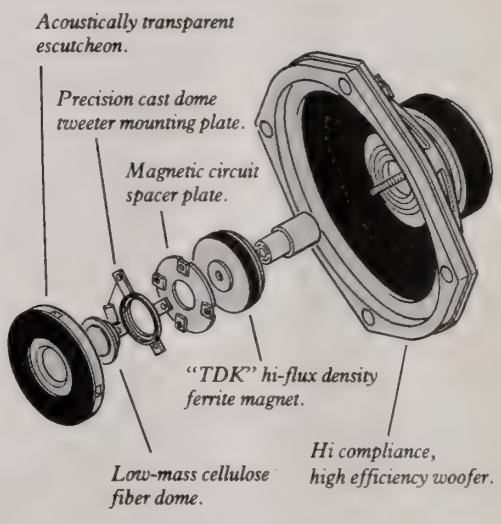
How much good sound should cost these days.

You can pick up a basic AM radio for about $50. The average cassette or cartridge player with built-in AM/FM radio and two good speakers will cost about $150. And if you want to shoot the works, Audiovox builds an electronically-tuned receiver/cassette player with auto-reverse, the HC65 speaker system, a 60-watts-per-channel amplifier, plus Dolby®, CrO_2 switch, parametric equalizer, etc. for around $950. (Installation charges excluded.)

Speakers – Facts you should know.

As with home hi-fi, speakers are the most important component of a mobile sound system.

The key issue is *compatibility*. With power out-puts of 60 watts per channel and up, an inappropriate set of speakers will blow out. If you play your Audiovox receiver/amplifier through power-matched Audiovox speakers, the performance of the system will be optimized to the fullest.

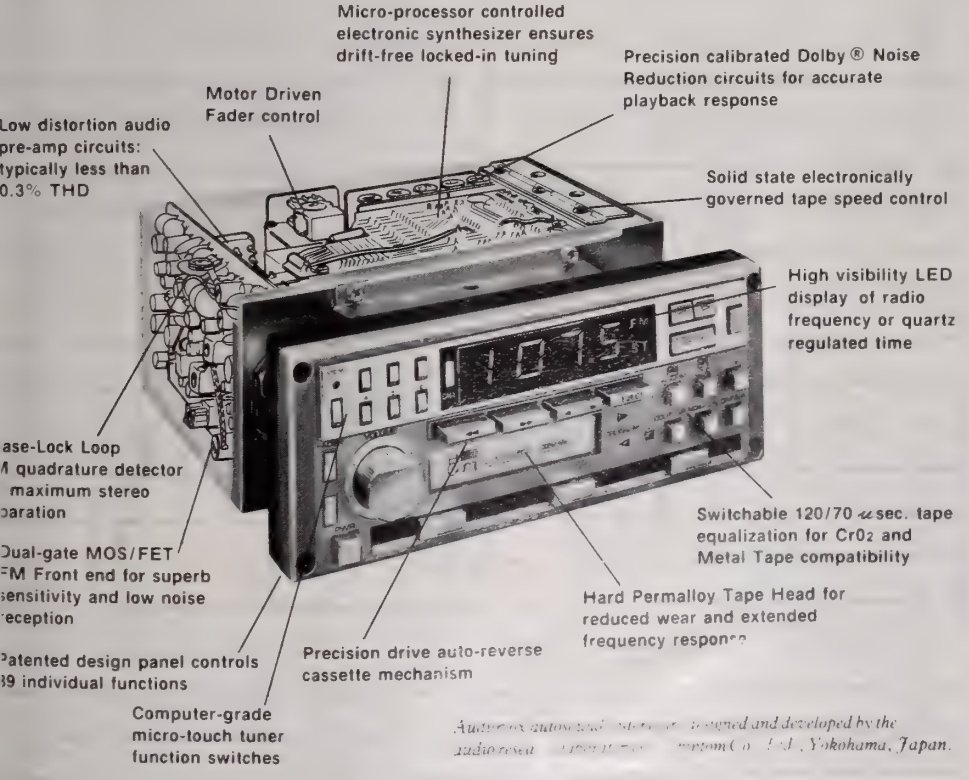


The Audio Dome™ 6" x 9" speaker system.

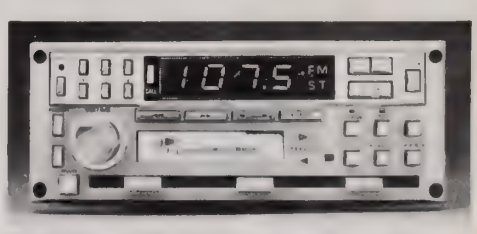
More than 15 years of specialized experience.

Audiovox sound systems have a remarkable pedigree. The single-minded pursuit of superior sound in automobiles has never been diluted by diversification. The state of the Audiovox art is superior mobile sound systems.

For further information, write to R. Harris, Dept. HG, Audiovox, 150 Marcus Blvd., Hauppauge, New York 11787.



Audiovox automotive electronics designed and developed by the audio research [illegible] System Co., Ltd., Yokohama, Japan.

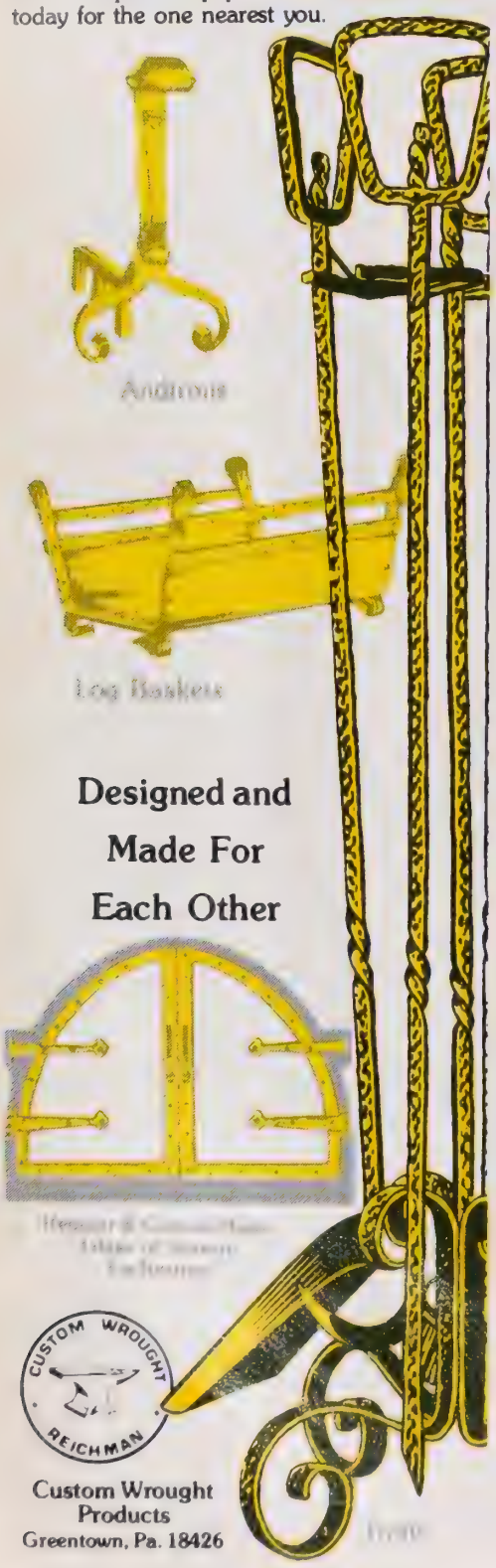


The Hi-Comp HCM0010: Electronically-tuned AM/FM/MPX radio, auto reverse cassette, Dolby,® plus 10 other hi-fidelity features.

Dolby® is a registered trademark of Dolby Laboratories, Inc
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Reichman's wrought iron fireplace tools & equipment in just a short period of time have become the overwhelming choice of leading decorators and thousands of homeowners throughout the country. Now ... because of many, many requests, the Reichman line is being offered in a New Buff Brass finish, in addition to their popular Black and Pewter finishes. Ask to see the Reichman line at better fireplace equipment stores, or write today for the one nearest you.



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Made For
Each Other

CUSTOM WROUGHT REICHMAN

Custom Wrought
Products
Greentown, Pa. 18426

THANKSGIVING

continued from page 65

Cranberry chutney

INGREDIENTS

2 pounds cranberries
⅓ cup candied ginger, chopped
10 whole cloves
2 2½-inch sticks cinnnamon
1 10-ounce package dates, cut in thirds
¼ teaspoon salt
1 cup raisins
¼ cup cider vinegar
1½ cups sugar, or to taste

METHOD

☐ Place the cranberries in a large pot, add 2 cups water, and simmer until tender. Drain the berries, return to the pot, and add remaining ingredients. Cook uncovered over low heat 20-30 minutes. Taste and adjust seasoning. Makes about 2 quarts.

Coconut bread

INGREDIENTS

1 large can (about 1½ cups) Coco Casa Cream of Coconut (sweetened coconut milk)
8 tablespoons butter
1 tablespoon salt
4 large eggs
2 tablespoons active dry yeast softened and proofed in ½ cup hot water
6 cups flour
1½ cups unsweetened coconut, grated

METHOD

☐ Heat the cream of coconut, butter, and salt in a large heavy saucepan. Let cool to room temperature or slightly warmer.

☐ Beat the eggs in a bowl and beat into the cream mixture. Blend in the yeast mixture and enough flour to make a very soft dough.

☐ Knead the dough in a mixer with a dough hook or on a lightly floured surface until smooth. Knead in grated coconut. Place in a greased bowl, cover with plastic wrap, and let rise in a warm place until doubled, about 2-3 hours. Shape dough into 2 loaves, place in greased 9-inch-by-5-inch baking pans, cover with plastic wrap, and let rise until they reach the tops of the pans.

☐ Bake the loaves in a preheated 375° oven 50-60 minutes, or until deeply browned on top and hollow-sounding when rapped on the bottom. Protect tops with foil if they get too brown before bread is baked. Cool on racks.

Pumpkin bread

INGREDIENTS

2 cups fresh pumpkin, peeled and grated
1 cup light vegetable oil
3 eggs
1 cup light brown sugar
1 tablespoon vanilla
3 cups all-purpose flour
1 tablespoon cinnamon
1 teaspoon mace or allspice (optional)
1 teaspoon salt
1 teaspoon baking soda
1¼ teaspoons baking powder
Honey
Turbinado sugar (available at gourmet or health food shops)

METHOD

☐ Stir together in a bowl the pumpkin, oil, eggs, brown sugar, and vanilla until thoroughly mixed. Add the dry ingredients and mix 1 minute. Pour batter into 1 large (9-inch-by-5-inch) or 2 smaller greased and floured loaf pans. Bake in a preheated 325° oven 1 hour for small pans, 1½ hours for large pan. Remove from oven and cool bread in the pan on a rack 15 minutes. Turn out of pan and finish cooling. As the bread cools, brush with honey and sprinkle with turbinado sugar, if desired.

Inge's bread

INGREDIENTS

2 ounces fresh yeast
1⅓ cups tepid water
⅓ cup yogurt
3 apples, shredded
1 cup raisins, chopped
1 cup nuts, chopped
1 tablespoon honey
1 tablespoon salt
2½ cups whole-wheat flour
8-9 cups all-purpose flour
Butter

METHOD

☐ Dissolve yeast in the water in a large bowl. Add yogurt, apples, raisins, nuts, honey, salt, and whole-wheat flour. Stir to blend. Add 6-7 cups of the all-purpose flour, then knead dough, adding remaining flour until dough is elastic and no longer sticky. Cover with a dry cloth and let rise in a warm place 1 hour.

☐ Divide dough into 2 portions and place in 2 well-greased loaf pans. Brush the loaves with water and pierce all the way through with a fork 4 times. Let rise 25 minutes, then bake in a preheated 350° oven about 50 minutes or until loaves are nicely browned and sound hollow when tapped on the bottom. Turn out of pans and cool on racks.

Stuffed dates

INGREDIENTS

1 box pitted dates
Peanut butter
Granulated sugar
Whole walnut meats
Turbinado sugar

METHOD

☐ Stuff half the dates with peanut butter. Roll in granulated sugar to coat. Stuff the second half with the whole walnuts and roll in turbinado sugar. ■

What paradise tastes like.

Ahh... Exotic Cocktails. Tropical temptations. The essence of wild cherries. Zingy apricots. Juicy guavas. Nature's flavors. Already mixed with brandy. Gin. And secret blends of rum. This is what paradise really tastes like.

A Singapore Sling. A Zombie. Dr. Funk. And Navy Grog. All tropical dreams blended to send shivers through your taste buds. They're marked with mystery and postmarked paradise. So prepare yourself. Few experiences will be as exotic.



Exotic Cocktails. New from Heublein.

Singapore Sling, Navy Grog, Dr. Funk, Zombie. 35 Proof. © Heublein, Inc. Hartford CT.

New Kent III 100's



Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

Experience it!

Taste, in one of the lowest low-tars in 100's history.

Taste, at only 5 mg. tar.

Taste, a remarkable experience for smokers of low-tar 100's.

The taste of new Kent III 100's. Experience it.



5 mg. "tar," 0.6 mg. nicotine av. per cigarette by FTC Method.



Bloomcraft brings you bedroom eloquence. With an ensemble that says it dramatically...beautifully. This sophisticated "Wings" pattern in a blend of Kodel polyester and rayon can inspire your imagination to flights of fancy. Like the innovative way the pinch pleated draperies are used as a backdrop for the bed. And you'll fancy the soft bedspread quilted with KodOfill™ polyester fiberfill for sumptuous plumpness. Smile. Kodel helps keep it looking fresh morning after morning, night after night. Included in this collection are: standard size bedspreads, shams, 84" and 90" draperies. In the colors shown. At fine stores including those listed on the opposite page.

Bedroom ensemble by Bloomcraft. Kodel® polyester by Eastman.

EASTMAN CHEMICAL PRODUCTS, INC., a subsidiary of Eastman Kodak Company, 1133 AVENUE OF THE AMERICAS, NEW YORK, N.Y. 10036. KODEL is Eastman's [illegible] does not make fabrics or consumer textile products and therefore makes no warranties with respect to such products.

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Puffy quilted bedspreads, shams and matching pinch-pleated draperies in one perfect color combination—suede, steel, copper and sand.

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Store directory

Addresses of stores, mail-order firms, and other sources for Christmas presents

Prices throughout the issue are approximate and do not include state or local taxes where applicable. Unless marked "ppd." postage or shipping is extra.

All presents made by major manufacturers are available at stores throughout the country.

ABITARE, 212 E. 57th St., New York, N.Y. 10022

ACE HARDWARE STORE, 2817 N. Clark St., Chicago, Ill. 60657

ALTMAN'S, 361 Fifth Ave., New York, N Y. 10016

ALTRA, 5441 Western Ave., Boulder, Colo. 80301

AMNION, 116 Carl St., San Francisco, Calif. 94117

BACCARAT, 55 E. 57th St., New York, N.Y. 10022

BAILEY HUEBNER AT HENRI BENDEL, 10 W. 57th St., New York, N.Y. 10019

BAZAAR DE LA CUISINE, 1003 Second Ave., New York, N.Y. 10022

BETSY'S PLACE, 144 E. 74th St., New York, N.Y. 10021

BEAUTIFUL BABIES, P.O. Box 174, Ansonia Station, New York, N.Y. 10023

BLOOMINGDALE'S, 1000 Third Ave., New York, N.Y. 10022

THE BOSTON STORE, West Wisconsin Ave. at North Fourth St., Milwaukee, Wis. 53203

BOSTON MUSEUM SHOP, Museum of Fine Art, 29 Sleeper St., Boston, Mass. 02210

CABLE WIEDENER, 2179 Munroe Ave., Rochester, N.Y. 14618

CHARING CROSS KITS, P.O. Box 798, Main St., Meredith, N. H. 03253

CHINA AND GARDEN, 227 Main St., Chatham, N.J. 07928

THE CHINA CLOSET, 6807 Wisconsin Ave., Bethesda, Md. 20014.

CHINA SEAS, 149 E. 72nd St., New York, N.Y. 10021

CLARENCE HOUSE*, 40 E. 57th St., New York, N.Y. 10022

COHASSET COLONIALS, 729 Ship St., Cohasset, Mass. 02025

COOK'S MART, 609 N. LaSalle St., Chicago, Ill. 60610

CRATE & BARREL, 1510 N. Wells, Chicago, Ill. 60610

DALY'S, 401 F St., Eureka, Calif. 95501

DAYTON'S, 700 Nicollet Mall, Minneapolis, Minn. 55402

DEAN & DELUCA, 121 Prince St., New York, N.Y. 10012

DESIGN-TECHNICS, 160 E. 56th St., New York, N.Y. 10022

DRUMMOND'S, 5354 Westheimer, Houston, Tex. 77056

THE EMPORIUM, 835 Market St., San Francisco, Calif. 94103

ETC., 2400 Kettner Blvd., San Diego, Calif. 92101

FFOLIO 72, 888 Madison Ave., New York, N.Y. 10021

FRANK'S BICYCLE SHOP, 553 Grand St., New York, N.Y. 10022

FRESH GARLIC ASSOCIATION, P.O. Box 2151, Gilroy, Calif. 95020

GARDEN WEASEL, 1013 W. 8th St., Dept. HG79, Kansas City, Mo. 64101

GEORGE CLARKSON INTERIORS, 698 Madison Ave., New York, N.Y. 10021

GEORGE KOVACS, 831 Madison Ave., New York, N.Y. 10021

GIMBELS, 1275 Broadway at 33rd St., New York, N.Y. 10001

GORDON FOSTER ANTIQUES, 1326A Third Ave., New York, N.Y. 10021

HAMMACHER SCHLEMMER, 147 E. 57th St., New York, N.Y. 10022

HARRIET AMANDA CHAPMAN, 331 E. Main St., Middleton, Conn. 06457

THE HORSE, 5716 Kennott Pike, Wilmington, Del. 19807

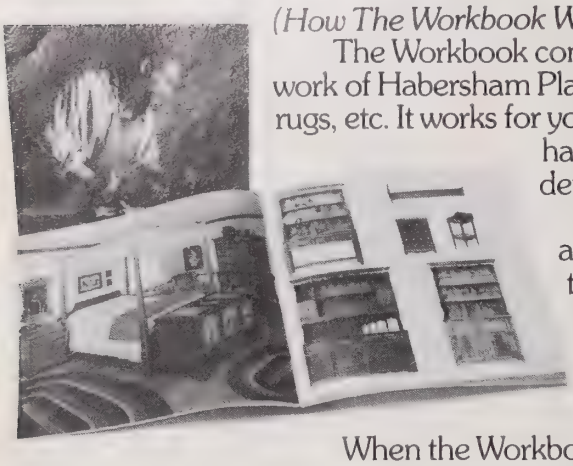
HERMES BOUTIQUE AT BERGDORF GOODMAN, 58th St. at Fifth Ave., New York, N.Y. 10019

HIRSCHL & ADLER, 21 E. 70th St., New York, N.Y. 10021

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Continued on next page

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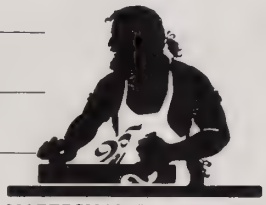
(How The Workbook Works)
The Workbook contains all of the furniture work of Habersham Plantation, plus bedspreads, rugs, etc. It works for you as a room planner and has a glossary of helpful definitions for collectors.
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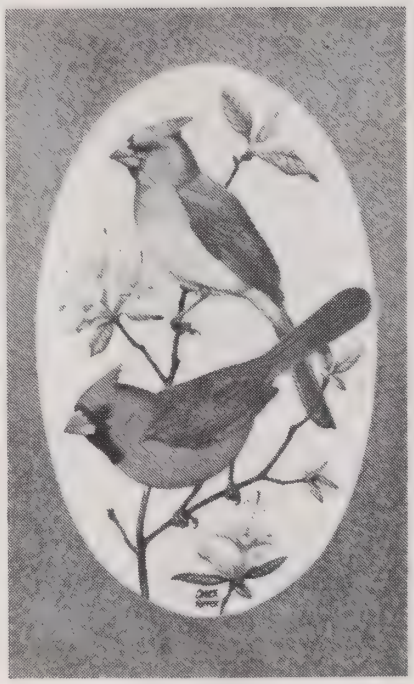
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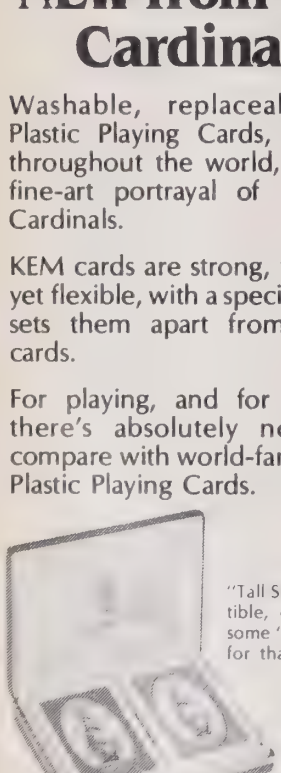
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Washable, replaceable KEM Plastic Playing Cards, cherished throughout the world, now in a fine-art portrayal of handsome Cardinals.

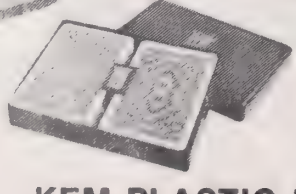
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continued from preceding page

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JORDAN MARSH, 450 Washington St., Boston, Mass. 02107

KENT COMMUNITY INDUSTRIES, 3375 Division Ave. South, Grand Rapids, Mich. 49508

THE KUMQUAT, 228 N. Lee Rd., Covington, La. 70433

LCS, 1059 Third Ave., New York, N.Y. 10021 (through decorators and architects only)

LERON, 745 Fifth Ave., New York, N.Y. 10022

LIBERTY HOUSE, 120 Stockton St., San Francisco, Calif. 94108

L. L. BEAN, 588 Cedar St., Freeport, Maine 04033

MACY'S, Broadway & 34th St., New York, N.Y. 10001

MACY'S, Stockton & O'Farrell sts., San Francisco, Calif. 94108

MAISON GLASS, 52 E. 58th St., Dept. HG-11, New York, N.Y. 10022

MANHATTAN AD HOC HOUSEWARES, 842 Lexington Ave., New York, N.Y. 10021

MARSHALL FIELD, 111 N. State St., Chicago, Ill. 60690

MAY CO., 158-218 Euclid Ave., Cleveland, Ohio 44114

THE MEDITERRANEAN SHOP, 876 Madison Ave., New York, N.Y. 10021

METROPOLITAN MUSEUM OF ART GIFT SHOP, Fifth Ave. at 82nd St., New York, N.Y. 10028

MISS GRACE LEMON CAKE COMPANY, 16733 Ventura Blvd., Encino, Calif. 91436

MISSOURI BOTANICAL GARDEN, The Garden Gate Shop, 2101 Tower Ave., St. Louis, Mo. 63110

MUSEUM OF AMERICAN FOLK ART, 49 W. 53rd St., New York, N.Y. 10019

THE MUSEUM SHOP, Philadelphia Museum of Art, P.O. Box 7858, Philadelphia, Pa. 19101

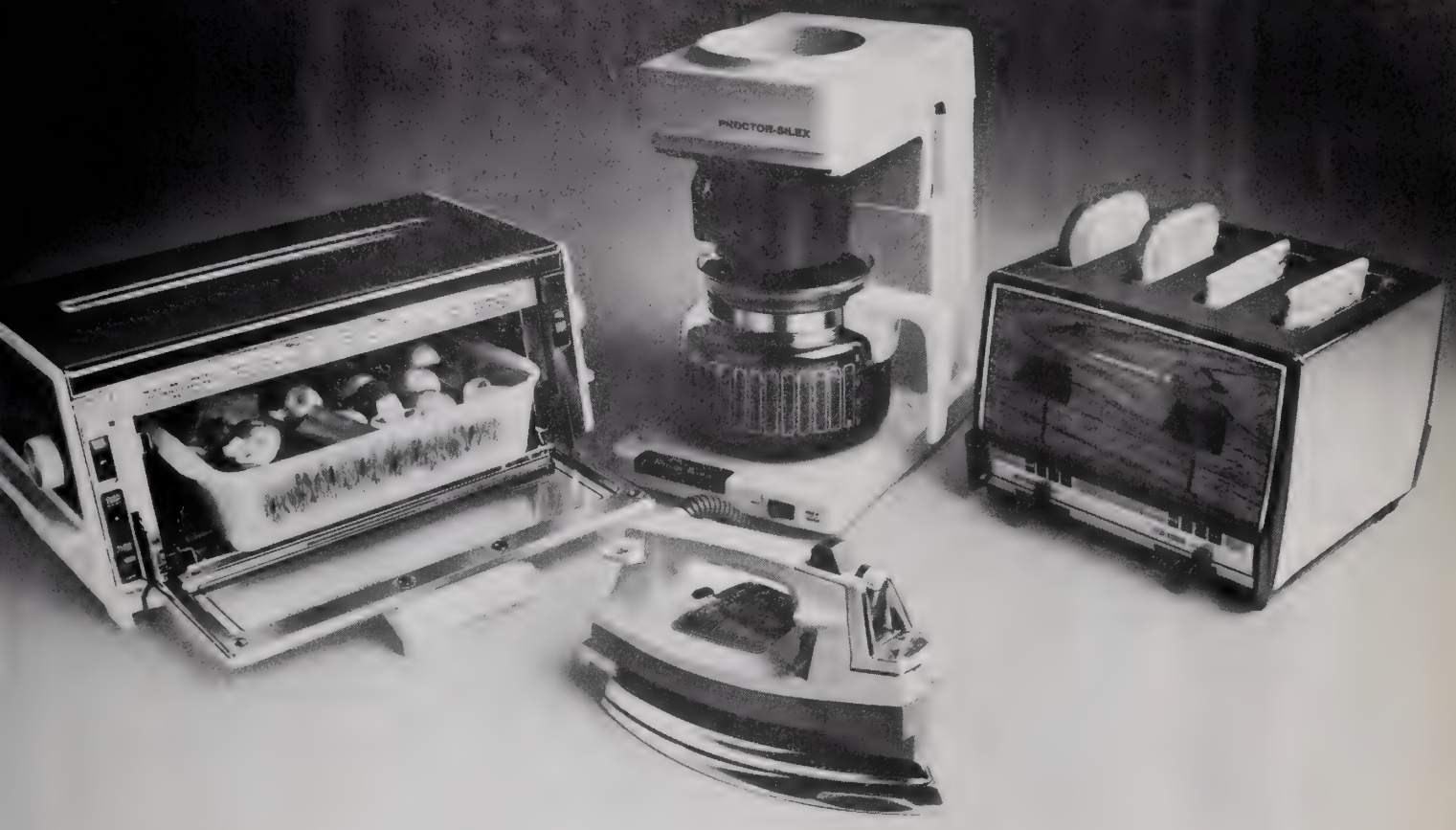
NEEDLEPOINT DESIGN, 312 Worth Ave., Palm Beach, Fla. 33480

NEIMAN-MARCUS, Main & Ervay sts., Dallas, Tex. 75201

OBSERVATION BEEHIVE CO., 3248 Broderick St., San Francisco, Calif. 94123

Continued on page 214

The Smart Set.
Something for everyone.
And for someone special, everything.



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The meal maker® countertop appli-nce is a pop-up toaster, full-range ven, broiler and slow cooker too. omes with all accessories including ow cook dish and cover.

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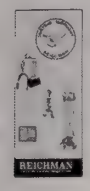

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The House Gift

All of the catalogues and brochures illustrated here are filled with great ideas for helping you select The Big Gift, The Shared Gift, The House Gift. For the next three months, you can order any or all of these booklets through House & Garden by filling in and mailing the coupon below. IF YOU WISH TO TAKE ADVANTAGE OF THESE GIFT SUGGESTIONS IN TIME FOR THE HOLIDAYS, YOUR ORDER MUST BE RECEIVED NO LATER THAN NOVEMBER 1.



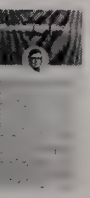
1 GRANDFATHER AND GRANDMOTHER CLOCKS. In this elegant brochure from Herschede you can choose from its entire line of hall clocks. Includes dimensions, specifications and an explanation of fine clock movements. Herschede. 50¢



2 FIREPLACE FURNISHINGS. Brochure shows accessories that will accent or compliment your fireplace. All products are still handmade in small batches, with old-time proven methods, in the tradition of the early iron workers. Custom Wrought.



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4 FURNITURE REFINISHING GUIDE. This season you can give a gift that's a labor of love. Homer Formby, 3rd generation restorer and refinisher, gives tips on how old treasures can be refinished to make great holiday gifts for family and friends. Formby's.



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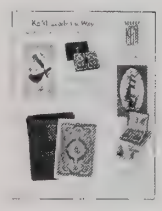
6 ENGLISH ANTIQUE REPRODUCTIONS. New 40-page, 4-color catalogue from The Bombay Company includes the classic Butler's Table, Queen Anne Tea Table, English Officer's Field Bar, English Wine Table and other charming pieces. The Bombay Company. $2



7 FOOD, DRINK AND DESSERT RECIPES. The makers of Tia Maria bring you many imaginative ways to enjoy their exotic liqueur. Tia Maria Sauce, asparagus soup, and barbecued ham steaks are just a few! Pamphlet from W.A. Taylor & Co.



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9 PLASTIC PLAYING CARDS. Brochure lists why Kem Plastic Playing Cards are appreciated as the highest quality playing cards throughout the world. Color illustrations show the distinguished designs by Kem.



10 TRADITIONAL CLOCKS. This brochure shows wall, hall and grandfather clocks in an assemblage of antique reproductions. The English Bracket Clock, The Chatham, The Wittington and the Railroad Regulator are but a few. Howard Miller Clocks.



11 STERLING AND STAINLESS TABLEWARE. Informative literature from Lunt Silversmiths describes its active sterling patterns and new high quality stainless flatware. Lunt Silversmiths.



12 SMALL APPLIANCES . . . toasters, toaster-ovens, automatic drip coffee makers, irons, juicers, electric kettles. Brochure: "The First Fifty Years," celebrates the extent of the Proctor-Silex line and the range of fine quality products they produce. Proctor-Silex.



13 DINNERWARE. Let this booklet be your guide to the moods of Wedgwood. Patterns range from elegant bone china to practical and pretty dinnerware choices. And the perfect finishing touch—Wedgwood Irish Crystal from Galway. 25¢



14 RUG CATALOGUE. Thirty-eight full-color pages show off Cabin Crafts beautiful "Custom Crafted Rugs." Read how they shear, finish, and make the unique designs by single-needle technique. Cabin Crafts. $2



15 AUTOMOTIVE SOUND SYSTEMS. Mini catalogue presents a sampling of the Audiovox car sound product line. Includes sound systems designed for in-dash and under-dash mounting, speakers, antennas, amplifiers, accessories and CB. Color photogaphs with descriptions. Audiovox.

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continued from page 44

Easy-growing greenery

Q. My apartment faces north—there's no direct light. And I have a brown thumb. What plants would have the best chance of surviving?
—P.W., New York, N.Y.

A. Don't give up hope. Some house plants that are surprisingly hardy and prefer places without direct sunlight are listed below. The botanical names are on the left; the common names, in parentheses. Of these, the ones that need the least light are *Sansevieria* and *Spathiphyllum 'Clevelandii.'* The latter has been known to flower even in windowless hallways.

These make an important decorative statement because they grow tall:
Caroyota mitis (Fishtail palm)
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Dracaena fragrans 'Massangeana' (Corn plant)
Howea Forsterana (Kentia palm)

These grow to medium size:
Aglaonema modestum (Chinese evergreen)
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Chamaedorea elegans (Parlor palm, *Neanthe bella)*
Chlorophytum comosum (Spider plant)
Cissus antartica (Kangaroo vine)
Cissus rhombifolia (Grape ivy)
Dracaena deremensis 'Warneckii'
Philodendron Selloum
Sansevieria (Snake plant)
Spathiphyllum 'Clevelandii'

Double-decker beds

Q. I'm interested in building bunk beds for my children and need either pictures or plans. Any information you could provide would be appreciated.
—D.T., Rolla, Mo.

A. You'll find drawings and instructions for three space-saving beds in *How to Make Children's Furniture and Play Equipment* by Mario Dal Fabbro: a bunk bed with drawers in the base, stacking beds that can be separated and used as "twins," plus a trundle bed. Sixty-eight projects are shown in all, even some adults could use. The hardcover book is available in bookstores for $9.95. Or add 48¢ for 4th-class shipping and you local sales tax and order directly from the McGraw-Hill Book Co., P.O. Box 400, Hightstown, N.J. 08520.

Would you like to build a bunk bed that looks like a circus wagon? A fire engine? A cable car? To decide which of these whimsical designs you prefer, send $1 to the American Plywood Association (P.O. Box 11700, Tacoma, Wash. 98411) for its plans catalogue. Plans are $1 each.

Orders may be prepaid by check or money order.

Piano pointers

Q. I was told never to put a piano near a window because it would get out of tune too quickly. What are your thoughts on the subject?
—J.S., Woodside, N.Y. N.Y.

A. If your house has storm windows and well-insulated outer walls, the old rule "always by an inside wall" may not apply, according to Willard Sims, Piano Service Manager of Baldwin Piano & Organ Co. He suggests that to keep the piano in tune as long as possible you should keep the temperature and humidity stable, so place the piano as far from working radiators, fireplaces, or heat or air-conditioning vents as you can. Do leave at least 3 or 4 inches of air *all* around a piano—more if the environment is humid. A grand piano should have its "tail" and curved side facing into the room. A vertical piano usually sounds better with its back out in the open: If your piano back is unfinished or your room won't permit a "peninsula" or space-diving piano arrangement, follow the 4-inch rule above. As with fine furniture and rugs, a piano should be shielded from the bleaching effect of direct sunlight. To experiment with floor plans, make a templet of the piano lid by creasing wrapping paper over it. ■

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Once upon a midnight dreary, while I pondered weak and weary,
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While I nodded in the hushing, suddenly there came a rushing, as of someone slowly flushing water 'cross my chamber floor. Only this and nothing more.

Eagerly I wished the morrow, vainly I sought to borrow plungers to relieve my sorrow, mops to dry the soggy floor. I slowed it down and nothing more.

Ankle deep in water standing, long I stood there wheezing, panting, weeping, cursing curses no mortal ever cursed before. As the mess was slow subsiding, my thoughts were strong to go a-riding to dry my troubled clothes, perhaps to find a liquor store.

I jumped astride my motor scooter, a big black bird screamed "Roto-Rooter"! "And away go troubles down the drain"—Roto-Rooter. Quoth the raven: "Evermore."

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Look for "Roto Rooter" in the white pages.

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Easy holiday parties

(see page 148)

CHRISTMAS EVE DINNER
Zucchini, string bean, celery vinaigrette
Tagliarini soufflé
Cream-cheese mold with raspberry sauce

CHRISTMAS DINNER
Pork with orange
Purée of carrots and potatoes
Broccoli pudding
Prune cake

NEW YEAR'S EVE BUFFET
Prosciutto and cheese mold
with tomato cream sauce
Cold pasta salad with prawns
Prune cake

CHRISTMAS EVE LUNCH
Cold pasta salad with prawns
Prune cake

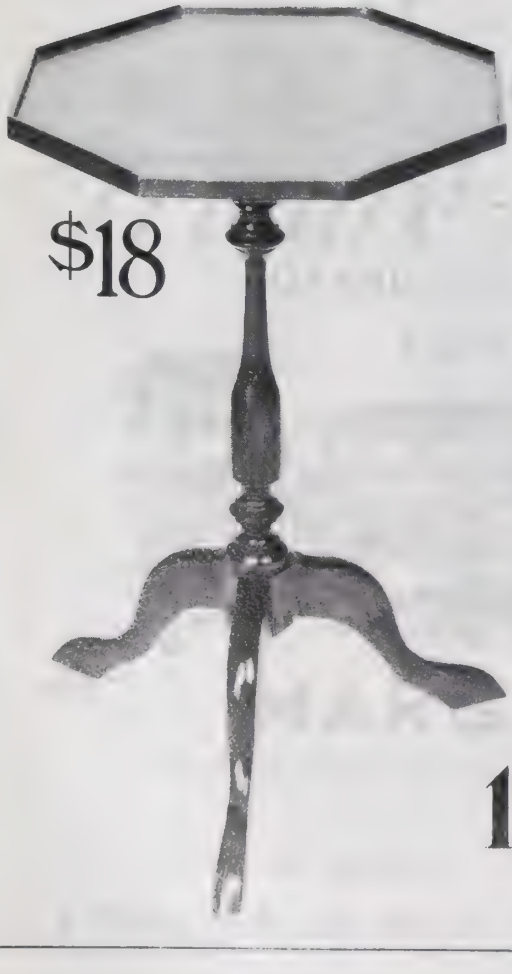
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Bollito misto with red and green sauces
Orange, chocolate, strawberry bombe

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Purée of carrots and potatoes
Tagliarini soufflé
Orange, chocolate, strawberry bombe

NEW YEAR'S DAY LUNCH
Tagliarini soufflé
Cream-cheese mold with raspberry sauce

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The recipes from cooking teacher Emalee Chapman make up a whole season's worth of parties

Pork with orange

INGREDIENTS

3 tablespoons butter
2½–3-pound pork-loin roast
4 carrots, sliced
1 pound veal bones, sawed into pieces
2 tablespoons cognac
1½ cups dry white wine
1 sprig thyme
1 bay leaf
Salt, pepper
4 oranges

METHOD

☐ Melt butter in a heavy ovenproof casserole, add the pork roast and carrots, and brown on all sides. Add veal bones. When roast is browned, add cognac and touch with a lighted match. Add the wine, thyme, bay leaf, salt, and pepper to the pan. Cut the zest of 1 orange into fine julienne and add to the pan along with the juice of the orange. Place in a preheated 375° oven, reduce heat to 325°, and cook the roast slowly 2 hours, basting often. Transfer the roast to a platter and keep it warm.

☐ Pour off the fat from the pan juices, add the juice and grated zest of 2 oranges, bring to a boil, and cook rapidly 2 minutes. Slice the remaining orange thinly and arrange on a serving platter. Spoon a bit of the sauce over the slices, place the roast on top, and pour the remaining sauce over the pork. Serves 6–8.

Purée of carrots and potatoes

INGREDIENTS

1 pound carrots, scraped
Butter
1 teaspoon cognac
1 pound potatoes, mashed
3 oranges, halved and hollowed out
Fresh tarragon, chopped, or use parsley or chives

METHOD

☐ Cook the carrots in a pan of boiling water about 30 minutes or until soft. Drain and

Continued on page 84

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purée carrots in a food processor or food mill, add 1 tablespoon butter and the cognac. Fold in the mashed potatoes and add more butter to taste. Fill the orange halves with the purée and sprinkle with chopped tarragon. Serves 6.

Broccoli pudding

INGREDIENTS

1 bunch broccoli, washed, stemmed, with flowerets split into small pieces
4–5 medium potatoes, peeled
Salt, pepper
Butter
4 eggs, separated
¼ teaspoon cream of tartar
Parmesan cheese, grated

METHOD

☐ Steam the broccoli in a pan of boiling water for about 10 minutes or until just tender. Drain and purée in a food processor or food mill. While the broccoli cooks, cook potatoes in a pan of boiling water until soft. Drain the potatoes and mash them until smooth. Stir in salt and pepper to taste, ¼ cup butter, and 4 beaten egg yolks into potatoes. Fold broccoli purée into potato mixture.

☐ Beat 4 egg whites with cream of tartar in a large bowl until they stand in soft peaks. Fold them carefully into the vegetable mixture. Pile the mixture lightly into a well-buttered soufflé dish. Bake in a preheated 375° oven until puffed and golden, about 35 minutes. Sprinkle top with grated Parmesan. Serves 8–10.

Tagliarini soufflé

INGREDIENTS

3 tablespoons butter
3 tablespoons flour
3 cups milk, heated
½ cup heavy cream
½ cup Parmesan cheese, grated
½ cup Mozzarella cheese, grated
1 pound thin tagliarini
3 egg yolks
5 egg whites
Bread crumbs

METHOD

☐ Melt the butter in a saucepan, blend in the flour, let bubble a few minutes over medium heat, and stir in the milk and cream. Cook, stirring, until the sauce comes to a boil, then cook over low heat 5 minutes longer. Add the cheeses and cook, stirring, until they are melted and the sauce is smooth.

☐ Cook the tagliarini in a large kettle of boiling water until *al dente*. Drain and mix immediately with the sauce.

☐ Beat the egg yolks in a large bowl until lemon colored. Gradually add the noodles and sauce. Beat the egg whites in a large bowl until they stand in soft peaks, then fold gently into the noodle mixture.

☐ Spoon the soufflé into a buttered 2-quart soufflé dish or earthenware oval ovenproof dish. Sprinkle bread crumbs on top and bake in a preheated 375° oven about 25 minutes—the top should be nicely browned. Sprinkle more cheese on top before serving. Serves 8–10.

Bollito misto

INGREDIENTS

Choose from the ingredients listed below according to your own taste and the number of people to be served:
Beef brisket or lean chuck roast
Veal knuckle, cut into pieces
Chicken, quartered, or use 1–2 small trussed chickens (or capon or turkey for special occasions)
Fillet of veal
Cotechino (pork sausage)
Beef tongue
Sauces (recipes below)

METHOD

☐ Select the meats for the bollito misto and bring them to room temperature before cooking. Cook the beef first—place in a large kettle or roasting pan, add water to cover, and bring to a boil. Skim often and simmer slowly about 3 hours. After 1 hour, add the veal knuckle. 1½ hours before the beef is done, add chicken, veal fillet, cote-

Continued on page 86





It's the incredible Le Chef Food Processor from Sunbeam.

I love to cook—whenever I can spare the time. But those recipes that call for half a day's worth of chopping, pureeing and slicing really used to intimidate me! Now, with my Le Chef, I can do those jobs in seconds. Really! And not just for entertaining, but for everyday dishes too.

What's so special about the Le Chef Food Processor? The motor is surprisingly quiet and powerful. Sunbeam calls it direct drive. I call it incredible. Le Chef easily kneads stiff yeast dough without stalling. And its super capacity container lets me prepare enough for a crowd, all at once. The Touch On/Touch Off pulse control makes for instantly regulated action, so I'm less likely to over-process foods by mistake. The Le Chef Food Processor comes with 4 processing blades and discs, for handling each job just right. The multi-purpose blade for minced onions or homemade hamburger, the shredding disc for cheddar cheese or cole slaw. The slicing disc turns out perfect, even slices of vegetables or sausage. I use the mixing blade for cake batter and desserts.

There's even a handy spatula and a complete 64-page recipe book included.



Le Chef, the amazing, indispensable food processor for everything from apple pancakes to zucchini. From my favorite appliance company. Who else but Sunbeam.

Sunbeam

Love their quality!
Shirley Jones

Sunbeam Appliance Company, a division of Sunbeam Corporation ®Sunbeam ™Le Chef ©Sunbeam Corporation, 1978

TEFLON II



METHOD

☐ Stir ingredients together in a bowl until smooth.

Green sauce

INGREDIENTS

½ cup parsley, chopped
1 tablespoon capers, chopped
1 anchovy fillet, rinsed and chopped
1 clove garlic, chopped fine
Freshly grated horseradish (optional)
4 tablespoons olive oil
1–2 tablespoons lemon juice

METHOD

☐ Mix together the parsley, capers, anchovy fillet, and garlic. Add the horseradish if desired. Add oil and lemon juice to taste. The sauce should be fairly thick.

Zucchini, string bean, celery vinaigrette

INGREDIENTS

10 small zucchini
½ pound string beans
Several stalks celery
¼ cup olive oil
Juice of 3 lemons
4 tablespoons capers
¼ cup parsley, chopped

METHOD

☐ Use a vegetable peeler to pare strips lengthwise from the zucchini for a striped effect. Slice zucchini into 1-inch sections. Slice the string beans vertically, then into 2-inch sections. Cut the celery into 2½-by-½-inch pieces. Place all the vegetables in a sauté pan or a steamer and cook about 12 minutes or until crisp-tender. Drain the vegetables, place in a large bowl and, while they are still warm, toss with the oil, lemon juice, capers, and parsley. Serve at room temperature. Serves 8–10.

Prosciutto and cheese mold

INGREDIENTS

12 slices prosciutto (they should not be too thin)
3 tablespoons butter
3 tablespoons flour
2 cups milk, heated
1 cup Cheddar cheese, grated
6 eggs, well beaten
Salt, pepper
Paprika, Cayenne
Tomato cream sauce (recipe page 88)

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HOLIDAY PARTIES

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chino, and tongue. When the meats are done, lift them carefully out of the cooking liquid and arrange them on a heated platter. You may slice them before serving or at the table. Traditional accompaniments include boiled white beans, served hot or cold with oil, vinegar, and chopped parsley; fresh steamed spinach; boiled potatoes; 4 sauces: tomato sauce, green sauce, mustard sauce (recipes below), and a béarnaise sauce or tarragon mustard.

VARIATIONS ON THE BOLLITO:

For 4 people

Simmer 2 veal knuckles, cut into pieces, for 1 hour. Add 1 chicken, quartered, 1 fillet of veal, 1 small tongue, and 1 cotechino.

For 6 people

Simmer 1 beef tongue slowly for 1 hour. Add 2 chickens or 1 capon, quartered, 1 veal or pork fillet, 1 cotechino, and cook slowly an additional hour.

For 8–10 people

Start with 4 pounds lean beef chuck, simmer 1 hour, add 1 capon, trussed or quartered, 1 small beef tongue, 2 veal fillets, 2 cotechinos, and cook 1½ hours longer.

For 10–12 people

For special occasions, have a turkey cut into serving pieces and cook with a beef tongue, a rolled and tied veal shoulder, and 3 cotechinos.

Tomato sauce

INGREDIENTS

¾ cup oil
6 large tomatoes, chopped coarse
Salt, pepper
½ clove garlic, chopped fine
1 tablespoon parsley, chopped
2 tablespoons red wine vinegar
1 tablespoon Dijon mustard

METHOD

☐ Heat the oil in a shallow pan and add the tomatoes. Sprinkle with salt and pepper; add garlic, parsley, vinegar, and mustard. Cover and cook over very low heat 30 minutes.

Mustard sauce

INGREDIENTS

1 cup mayonnaise, preferably homemade
2 tablespoons capers
1–2 tablespoons Dijon mustard




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METHOD

☐ Arrange prosciutto slices over the bottom and sides of a 1-quart charlotte mold or bowl. Melt the butter in a saucepan, stir in the flour, let bubble a few minutes, and slowly add the milk, stirring as the sauce thickens and becomes smooth. Add the cheese and stir until melted. Let the sauce cool.

☐ Add beaten eggs to cool sauce, and season to taste with salt, pepper, paprika, and cayenne. Pour the mixture into the mold, then fold the overhanging prosciutto slices over the top of the custard. Place the mold in a baking pan on the oven rack, pour in warm water to come ⅔ up the side of the mold, and bake it in a preheated 325° oven 50-60 minutes, or until a knife inserted comes out clean. To unmold, turn upside down on a warm platter. Slice and serve the prosciutto with tomato cream sauce. Serves 8.

Tomato cream sauce

INGREDIENTS

6–8 very soft, red, ripe tomatoes
2–3 tablespoons butter
2 cups heavy cream

METHOD

☐ Place tomatoes in a porcelain saucepan with the butter, cover, and cook slowly about 10 minutes. Uncover and cook, stirring, 5 minutes. Purée the tomatoes through a fine sieve, reserve 1 cup, store the rest in an airtight container in the refrigerator.

☐ Bring the cream to a boil in a saucepan and boil 5–8 minutes to thicken. Add the 1 cup tomato purée to the cream and stir to mix well. Serve hot.

Cold pasta salad

INGREDIENTS FOR MAYONNAISE

1 egg
Vegetable oil
Juice of 1 lemon
2 anchovy fillets
¼ teaspoon oregano or tarragon
2 tablespoons capers

INGREDIENTS FOR SALAD

2 cups pasta (use a combination of small shapes)
½ pound prawns, cleaned, cooked, and shelled
1 head leaf lettuce
1 lemon, sliced
2–3 tablespoons capers
Fresh parsley, chopped fine

METHOD FOR MAYONNAISE

☐ Blend the egg briefly, then slowly add oil with the blender running until the mixture begins to thicken (about ½-1 cup). Add the lemon juice, anchovy fillets, and oregano and blend until smooth. Stir in capers.

METHOD FOR SALAD

☐ Pour pasta into a large pot of rapidly boiling water and cook just until *al dente*. Drain well, place in a bowl, and toss immediately with the mayonnaise.

☐ Line a serving bowl or platter with lettuce. Stir prawns into pasta, adding more sauce or lemon juice if necessary. Arrange salad on lettuce and garnish with more lettuce, lemon slices, capers, and parsley. Serves 6.

☐ *Note:* This salad keeps well in the refrigerator—take out of the refrigerator 30 minutes before serving.

Prune cake

INGREDIENTS FOR BATTER

½ cup vegetable shortening
2 cups sugar—white, brown, or a combination
2 eggs
2 cups prunes, cooked, pitted, and chopped
1½ cups pastry flour, sifted before measuring
½ teaspoon salt
1½ teaspoons baking soda
2 teaspoons baking powder
1 tablespoon cinnamon
½ teaspoon powdered cloves
1 teaspoon mace
1 teaspoon nutmeg
10 tablespoons sour milk

Continued on page 90

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† Suggested retail price

continued from page 88

2 tablespoons sherry
1 cup raisins
1 cup walnuts or almonds, coarsely chopped
½ cup mixed citron, orange or lemon zest

INGREDIENTS FOR ICING

½ cup butter, softened
2–3 cups confectioners sugar
1 cup heavy cream, heated
1 teaspoon vanilla
Zest of 1 lemon, grated
Angelica strips for garnish
Whole almonds, blanched, for garnish

METHOD FOR BATTER

☐ Blend together in a bowl until creamy the vegetable shortening, 2 cups sugar, and the eggs. Stir in the prunes until well incorporated.

☐ Sift together into a bowl the flour, salt, soda, baking powder, cinnamon, cloves, mace, and nutmeg and add to the prune mixture alternately with the sour milk.

☐ Sprinkle the sherry over the raisins, nuts, and citron, then add to the batter, folding in well.

☐ Pour the batter into 4 7-inch cake pans that have been greased and lined with wax paper circles and bake in a preheated 375° oven 35–40 minutes. Let cool in pans 10 minutes, then turn out of pans and finish cooling on racks.

METHOD FOR ICING

☐ Blend together in a bowl the butter and sugar until smooth. Gradually beat in the cream until the icing is of the desired consistency—it should be stiff. Blend in the vanilla and grated lemon zest.

METHOD FOR ASSEMBLY

☐ Place 1 cake layer on a serving platter or cake stand. Spread icing thickly in swirls over the layer. Top with another cake layer and continue as above. Spread a thin layer of icing on the top and the sides of the cake and decorate with angelica strips and whole almonds. Serves 10–12.

Cream-cheese mold

INGREDIENTS

1 envelope (1 tablespoon) unflavored gelatin
1½ cups milk, heated
1 8-ounce bar cream cheese, softened
1½ cups heavy cream, whipped
Vegetable oil
Fresh raspberries or strawberries
Mint leaves for garnish
Raspberry sauce (recipe below)

METHOD

☐ Soften the gelatin in 6 tablespoons cold water, then add to the hot milk in a large bowl and stir until dissolved. Slowly mix in the cream cheese—whisk until smooth and creamy. Let cool to room temperature. Fold in the whipped cream and pour into lightly oiled brioche or other fluted molds—use one large (5 cup) and one smaller (½ cup) mold. Chill several hours in the refrigerator. To unmold, invert larger mold onto a chilled platter, cover with a warm cloth for a few seconds, and remove mold. Place the smaller mold on top of the larger one. Surround with fresh berries if desired. Tuck mint leaves decoratively around the edge of each mold. Serve with raspberry sauce. Serves 8–10.

Raspberry sauce

INGREDIENTS

2 cups fresh or frozen (unsweetened) raspberries
3 tablespoons granulated sugar
2 tablespoons orange juice, or use orange-flavored liqueur

METHOD

☐ Place berries, sugar, and orange juice or liqueur in a saucepan and simmer 15 minutes, stirring occasionally. Strain through a fine sieve into a bowl.

Orange, chocolate, strawberry bombe

INGREDIENTS

2 layers sponge cake (shape not important)
Cointreau, orange juice, white wine, or leftover champagne
5 cups heavy cream
½ cup sugar
½ teaspoon vanilla or Amaretto liqueur
3 ounces semisweet chocolate
1½ teaspoons cognac
1 cup strawberry, raspberry, or apricot purée
Whole pecans, toasted

METHOD

☐ Use a serrated knife to halve the cake layers, then cut into strips. Line a 2-quart glass bowl with the strips, moistening them with the Cointreau or other liquid. Fit the pieces together so the bowl is completely lined.

☐ Whip the cream with the sugar in a large chilled bowl until stiff. Mix a scant ⅓ of the whipped cream with the vanilla. Spoon into the cake-lined bowl.

☐ Melt the chocolate in a double boiler over warm water, stir in the cognac, and let the chocolate mixture cool. Fold chocolate into half the remaining whipped cream and spoon into the bowl over the first layer of filling.

☐ Fold the berry or apricot purée into the remaining whipped cream and spoon into the bowl over the chocolate filling. The bowl should be full—if not, whip a bit more cream and repeat as many layers as necessary. Freeze the mold several hours or until firm. To unmold, invert onto a chilled platter, cover with a warm cloth for a few seconds, and remove mold. Lay pecans end to end around the edge of the mold. Serves 8–10. ■



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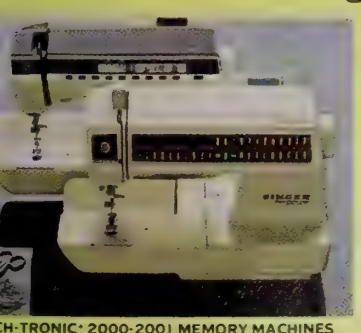
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BY RICHARD LANGER

How to create your own plant varieties

With a little patience and luck, you can hybridize many fascinating variations of your favorite flowers

If you get real enjoyment from nuturing a plant from its dormant seed infancy through to a spectacular maturity, why not take things one step further and create your own plants? Hybridize. It's not all that difficult. And for a real sense of accomplishment, little else in gardening can compare with developing a unique plant.

Mention hybridization and the first things coming to mind are Mendel's work, chromosomes, dominant characteristics, and a host of other concepts that make you feel either back in school or ready to abandon the whole project. But you needn't worry. All you really have to know in order to get started is a few how-to-do-it basics. Then let enthusiasm guide you further.

One of the most readily cross-pollinated house plants is the African violet. That's why such a profusion of African violet hybrids have been developed over the years—all of them originating from the rather plain plant popularized during the 30s and 40s. It's also the reason the Saintpaulia is perfect for your introduction to plant breeding. You don't even need two plants for your first try.

Cross-pollination refers to introducing pollen from the anthers of one flower to the pistil of another. But nothing says they have to be on different plants (unless, of course, you're dealing with a species that carries flowers of only one sex on each plant). Cross-pollinating flowers on the same plant may occasionally produce interesting mutations in the following generation, not to mention the variations that can occur when cross-pollinating different hybrids.

But back to that single Saintpaulia on your windowsill, the one whose future seed will probably *not* change the evolutionary direction of its whole genus. Pick up the pot and look at the plant closely.

For simplicity's sake, choose a single-flowered variety rather than double. The flowers are bisexual. Each has both anthers (the male organs) and a pistil (the female organ), surrounded by the colorful corolla we usually think of as the flower itself. In the case of the Saintpaulia, this corolla appears to be composed of five petals. However, if you look closely, you'll notice it's really only two—a two-lobed upper one and a three-lobed lower one to which the yellow pollen-filled anthers are attached. The pistil, on the other hand, comes right from the center of the flower, where the ovary is contained. To minimize self-pollination, the pistil grows out to one side of the flower center, away from the anthers, and if you look closely, you'll notice that the tip of the pistil, known as the stigma, is bent down as well as out. Since the sticky tip is where the pollen must land in order for seeds to develop, its angle further minimizes self-fertilization.

The easiest tools for pollination are a pair of small tweezers, a razor blade, curved fingernail scissors, and sometimes a piece of black cardboard or paper. A small, soft camel's-hair brush can be used, too, but is not really necessary.

Select two good-looking flowers. You want them to have been open at full size for at least 2 or 3 weeks, to make sure the pollen is fully developed. On the other hand, you don't want the flower to be spent. Some plants are very tricky that way, having only an hour or so in the flower's existence that is just right for pollination. Saintpaulias are much more obliging. Almost any time during the flower's long life will work.

ELVIN MCDONALD



Seed pods forming on an African violet hybrid 6-9 months after pollination.

The flowers chosen and the tools ready—what next? Pollen picking, naturally. Some people remove the stamen—filament and anther—and the whole corolla along with it, so they won't drain energy better put to developing the seeds. But leaving the corolla on or taking it off seems to work equally well. However, you might as well get into the habit of removing the anthers, since this is done pretty regularly on all future seed-bearing flowers in order to avoid accidental self-pollination.

Continued on page 100

SUSAN MCNEILL



Petals and sexual parts of Saintpaulia.

Use scissors to remove stamen for hand pollination.

Use razor to slice anther tip, releasing golden pollen.

With tweezers, transfer pollen by touching anther to stigma.

Which plants to cross

Most plants can be hybridized one way or another. However, for the house plant grower, sticking to the basics is the best idea. Begonias, impatiens, geraniums, and, of course, the whole gesneriad family offer the beginner a reasonable chance of success. But stay with one species for a while. Hybridization is probably worse than raising rabbits—you can end up with hundreds of plants just from the first generation, as you wait for the perfect specimen to cross and recross.



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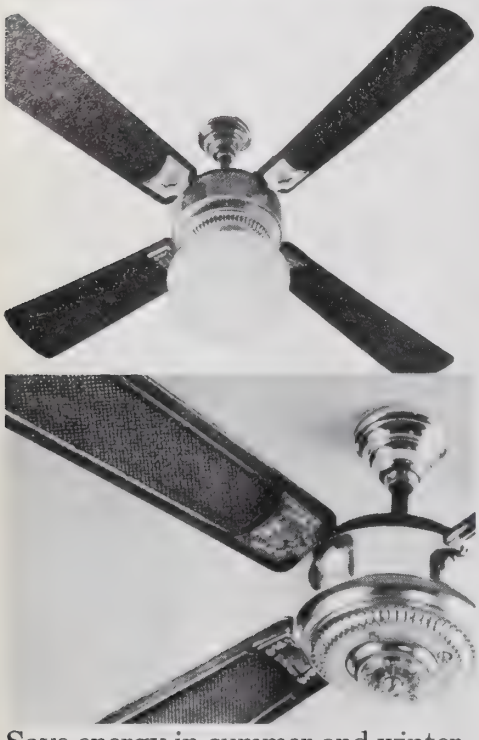
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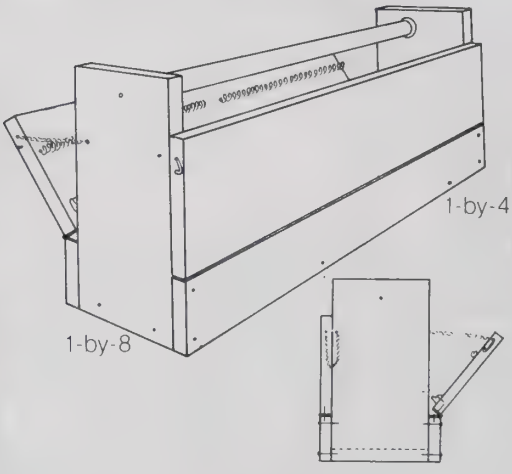
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BY DEANNE RAFFEL

A tool box you can make and the best way to weather-strip a door

Q. I'd like to build a tool box—do you have one a beginner can tackle?

A. The tool box below is easy to build, and especially useful as a traveling workshop since it has a sturdy handle and fold-out flaps that store small tools within easy reach. It is also large enough to carry saws and power tools that sometimes don't fit in a standard tool box.



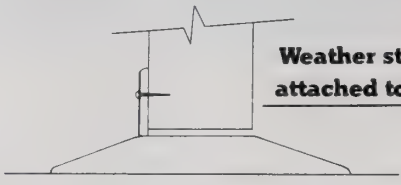
Materials: Wood lengths (which can be precut at the lumberyard):
24-inch length of 1-by-8 for the bottom
2 26-inch 1-by-8s for the two side flaps
2 15-inch 1-by-8s for the ends
2 26-inch 1-by-4s for the lower side pieces

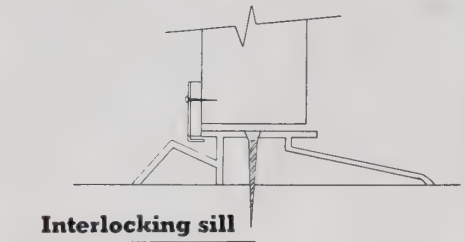
You will also need:
2 24-inch pieces of 1⅜-inch sanitary molding
1 1⅜-inch pole, 24 inches long
2 1⅜-inch pole sockets and accompanying screws
2 9-inch chains
4 #62 springs
2 1½-inch piano hinges, 25 inches long
1 1½-inch finishing nails
60 ⅝-inch #5 flathead wood screws
8 5/16 by 24 hexagonal nuts
2 #399 flat brass hooks and accompanying screws
Panhead sheet metal screws:
8 1-inch No. 12s;
16 1½-inch No. 8s;
6 ¾-inch No. 6s;
2 1-inch No. 8s;
4 ½-inch No. 6s

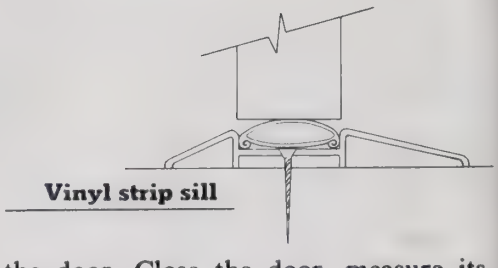
Assembly: Glue and nail the box end pieces to the bottom, and then attach the 1-by-4-inch lower side pieces. For strength, these boards should also be fastened with 1½-inch No. 8 screws. (Always drill pilot holes before inserting any screws.) Attach the piano hinges to the box sides and the side flaps with ⅝-inch flathead screws. Then, using ¾-inch screws, attach the sanitary molding to the side flaps, about 1 inch up from the piano hinges. (Run glue along the moldings first.) Drill four pilot holes near the top of the flap to attach the springs. Thread a 1-inch screw through the spring end hook and then through a nut before fastening. In stretching the spring between the two screws, it becomes taut enough to stay in place. Install the pole sockets with glue and screws. (The slit that allows the pole to be slipped in place should face down.) For added security, drill a hole through each end of the box into the pole and insert a 2-inch screw. Add ½-inch screws to the side flap and end pieces to attach chain. Attach the flat hooks with accompanying screws to side flaps and ends. Sand and finish as desired.

Q. What's the best way to weather-strip a door?

The draftiest area is usually at the bottom of a door—the space between the door and the sill. There are two remedies: First, block off the draft space by attaching an aluminum-and-felt strip to







the door. Close the door, measure its base and cut the strip (you'll need a hacksaw) to size. Position the strip so it extends below the door and touches the

Continued on page 98

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continued from page 96

sill. Make pencil marks on [illegible] tions on the strip to mark where the slot holes should be. [illegible] Drill holes and attach weather stripping. (If the door opens onto high pile carpet, use a strip that automatically adjusts its height as the door opens and closes—see package directions for installation.) The other way to stop a draft is to install a new, higher sill. If the threshold is worn, especially irregularly, remove it, and replace it with either an aluminum sill with a slot for door stripping to sit down in it or an aluminum sill with a vinyl hump that presses up against the underside of the door to provide an airtight seal. Make sure the new saddle is pretty close to the same height and width of the old one—or else you may have to trim the door with a saw. Measure the opening for the threshold and cut the aluminum to size. Position the sill, drill pilot holes where indicated, and fasten with screws. If the interlocking sill is used, cut the accompanying door strip to size, and attach it to the inside bottom of the door. If you find air is still escaping despite the vinyl strip sill, then add a door strip as a backup. You may find it necessary to plane the door underside if it rubs against the sill and prevents proper closing.

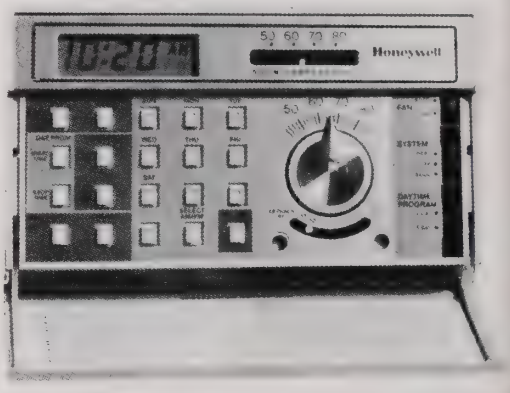
To prevent drafts from the other three sides of the door, use weather stripping with either a wood or aluminum molding—it provides the most effective seal. Weather stripping for the door jamb is packaged in kits with two long pieces for the side jambs and a shorter one for the head jamb. Use small finishing nails for the wood molding type—small box nails for the aluminum. To install, close the door, measure the head jamb, and cut the short piece of stripping to fit. Position the strip in the jamb so that it covers the crack and the vinyl part of it makes light contact with the door. Tack it in place—but don't fasten tightly. Measure from the head jamb to the sill and cut the strips for the side jambs accordingly. Butt them against the top strip and tack into position. Open and close the door a few times to see if the vinyl fits well against the door. You may have to readjust it in places. Then hammer the nails in securely. If the vinyl drags against the door, lubricate the spot with petroleum jelly.

Wall coverup

A new wallcovering, Paris Wall, can be applied over concrete block, old ceramic tile, cracked and uneven plaster walls. In brick, cane, cork, ceramic, and decorative tile patterns in 18 different colorations, it comes precut in 9½-foot-by 31½-inch rolls. It has a glass fiber backing, an embossed vinyl face over a dense core, and is a material heavy enough to mask wall imperfections. The vinyl foam core muffles noise as well, and the vinyl surface cleans with a damp sponge. Applied with Paris Wall-Bond adhesive, $1.19 to $1.29 per square foot. FORBO North America, 218 W. Orange St., Lancaster Pa. 17603.

Energy saver

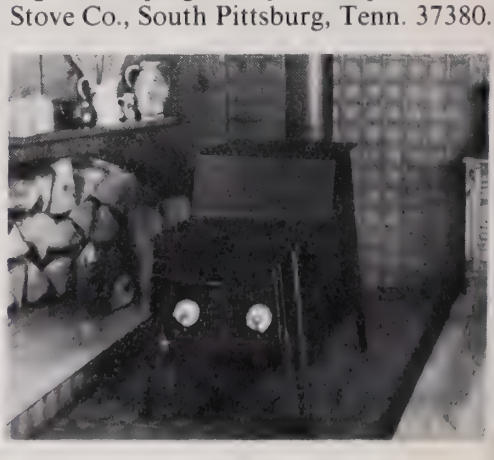
A new super thermostat for conserving house energy is the T800 Fuel Saver. Computerlike, it lets you program heat-

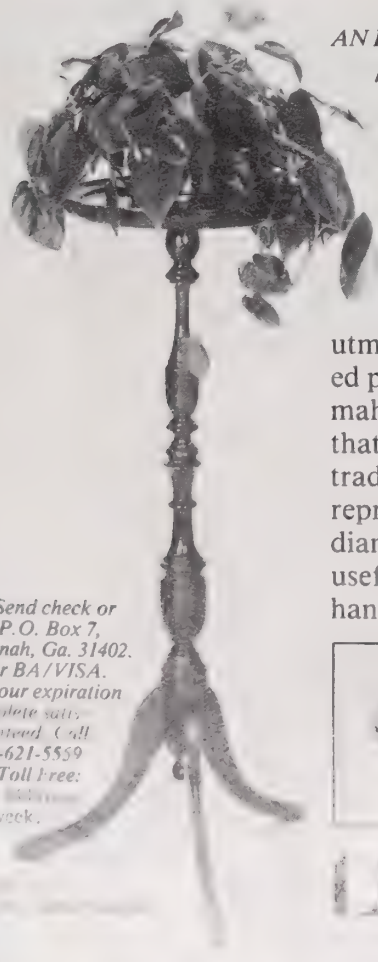


ing and cooling needs on a weekly, seven-day cycle. Automatically, temperature will be set back to save 30 percent on fuel during wintertime sleeping hours and also be set back in daytime when the family is at work and school. It can save 25 percent on cooling costs in summer with automatic setup of daytime temperature. It can also have a five-day cycle to ensures ample warmth or cooling for weekends and it includes a digital clock which will display the thermostat program. About $125 plus a 15 percent tax credit as an energy saver. Honeywell, Inc., Honeywell Plaza, Minneapolis, Minn. 55408.

Wood-burning stove

A wide front door that drops flat for easy loading of wood or coal and a slide-out bottom pan for ash removal are features of this new steel and cast-iron heavy-duty stove. Two top-level surfaces provide two cooking areas and two temperatures. Lined with fire brick and seam welded, the stove has load-bearing foot pads that protect the floor, a two-way door latching system. Available in two sizes, list priced at $428.28 and $537.84, the Forester stove has a five-year warranty against burn-out, cracking, or warping of any metal parts. U.S. Stove Co., South Pittsburg, Tenn. 37380.



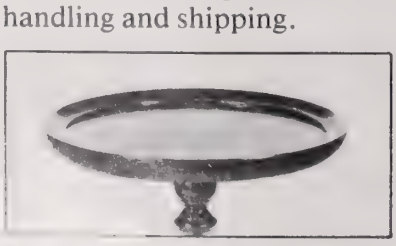


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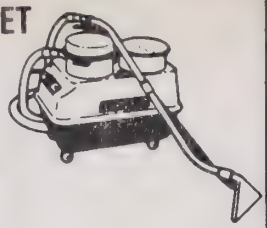
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No purchase necessary. See Official Rules to left. HG1

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IF FOAM IS TOO DRY AND FOAM IS TOO WET
WHAT DO THE "IN-PEOPLE"
SAY YOU SHOULD GET?



ARGOSHEEN

Let some of the In-People tell you what their carpets were like when Argosheen made them new again:

"Everytime I looked at my carpets, I saw red!" one of them wrote. "Argosheen has made them new again."

Mr. R. Sam Smith, P.O. Box 52, McLean, Virginia wrote: "Just a note to let you know that Argosheen has saved the day. I have this heavy, off white, plush nylon carpeting. It had become so badly stained and was so dirty that I had already solicited bids from flooring contractors to replace it. In a desperation move I ordered Argosheen just as a last resort to really prove to myself that the carpeting was unsalvageable and also to say to my wife, 'I told you so' . . . It is unbelievable . . . but the carpet is like new."

Bessie Davis, who has been in charge of Interior Cleaning for Delta Air Lines Atlanta Jet Base for 23 years says, "We have everything imaginable spilled and tracked on our carpets, including ramp grease and tar, and I have never found a spot Argosheen would not take up."



To clean Orientals, wools, and most synthetics: The cotton Argomop is the only tool you need. Spray or mop on a solution of Argosheen. Mop off with clear water.



The Argonaut machine: Newer than steam. Harmful brushes never touch your carpet. Today's carpets never really wear out, says DuPont. Argosheen will keep them looking new.

Guaranteed to please special introductory offer: 2 quarts Argosheen, Argomop and tub, UPS prepaid ***$15.98.*** *1 gallon Argosheen, mop and tub,* ***$18.98*** *ppd. Argonaut machine* ***$299.50.***

ARGO & COMPANY, INC.

Dept. HG, P.O. 2747, 182 Ezell Street, Spartanburg, South Carolina 29302

may be used at once. Normally, however, they are permitted a period of further drying, or after-ripening, of about 4 to 6 weeks.

Seedlings will usually flower the first year if well cared for. Store surplus seeds in small capped bottles—plastic vials from the pharmacist work well—and keep them in a cool place. A temperature of 60 degrees is ideal. Saintpaulia seeds will retain their viability for a year or more, those from some other plants less than a week.

So much for the single African violet. Once you know how to pollinate, combining the genetic traits of two different African violets becomes no more difficult.

Although the actual results of your efforts will remain unknown until your new flower blooms, there are a couple of basic thoughts to guide you in your quest for new varieties. For one thing, most of the first-generation plants of a cross will resemble their pistillate parent rather than the pollen parent. Some may be quite different from either parent, however.

The second generation is when the plants really come into their own. Select your best specimens. Crossbreed some and self-pollinate others, and you stand a chance of getting something really good—something you and Mother Nature have created together. ■

HOUSE PLANTS

continued from page 94

A whole stamen can be readily removed with a snip of the scissors. Place it on a piece of black cardboard. With the tweezers, hold onto the filament, or shaft, beneath the anther, or pollen sack. Cut away the tip of the anther with the razor blade. As you do so, some golden-to-white powder will spill out onto the cardboard. If it stays in a ball and doesn't scatter like dust, the pollen wasn't ready. The dust can be picked up with the camel's-hair brush and gently deposited on the sticky tip of the stigma. By dint of careful brushwork, you can stretch the pollen out to cover many, many stigmas.

Since I usually don't have that many plants to pollinate, I use a coarser method. Once I've cut away part of the anther, I merely pick it up with the tweezers and push it gently on top of the stigma. While the stigma normally looks lighter, more translucent than the rest of the pistil, once it's covered with pollen the change is quite noticeable.

The pollen cells begin to grow down inside the pistil as soon as they've made contact. The rate of descent from stigma to ovary is quite rapid, as much as an inch in 24 hours in some plants. Once a pollen cell enters the ovary, fertilization occurs. But don't hold your breath. You won't notice the seedpod swelling for several weeks. Meanwhile, you might as well put a small string tag on the plant to indicate the seeds' parentage. Label the seedpod even if you have only a few plants. It will take 6 to 9 months for the seedpod to mature, and by then you could have scores of new plants to confuse the issue.

Springtime-pollinated Saintpaulias take about 6 months to set a mature seedpod, fall-pollinated ones a little longer, usually up to 9 months. The difference is probably due to generally slower growing conditions over the winter season. Of course, if you grow the plants under artificial light, most of the external seasonal variations will be eliminated. But there are also internal time variations introduced by the species involved.

Whatever amount of time your seedpod takes to mature, the plant during this time should be kept just a little drier than usual around the roots and given good air circulation. A still, cloying atmosphere can lead to softening and eventually rotting seedpods.

As it reaches maturity, the seedpod will begin to dry and shrivel. Once the withering has stopped completely and the pod has turned more or less evenly brown, it's done. Remove it from the flower, stalk and all. If you are impatient to be planting, the tiny dustlike seeds

Next Month:

GREAT IDEAS FOR A GLORIOUS CHRISTMAS—ENTERTAINING, LAST-MINUTE PRESENTS, DECORATIONS, FOOD

WATCH FOR DECEMBER HOUSE & GARDEN ON YOUR NEWSSTAND

Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

FILTER 100's: 10 mg. "tar", 0.8 mg. nicotine, FILTER, MENTHOL: 11 mg. "tar", 0.8 mg. nicotine, av. per cigarette, FTC Report MAY '78.

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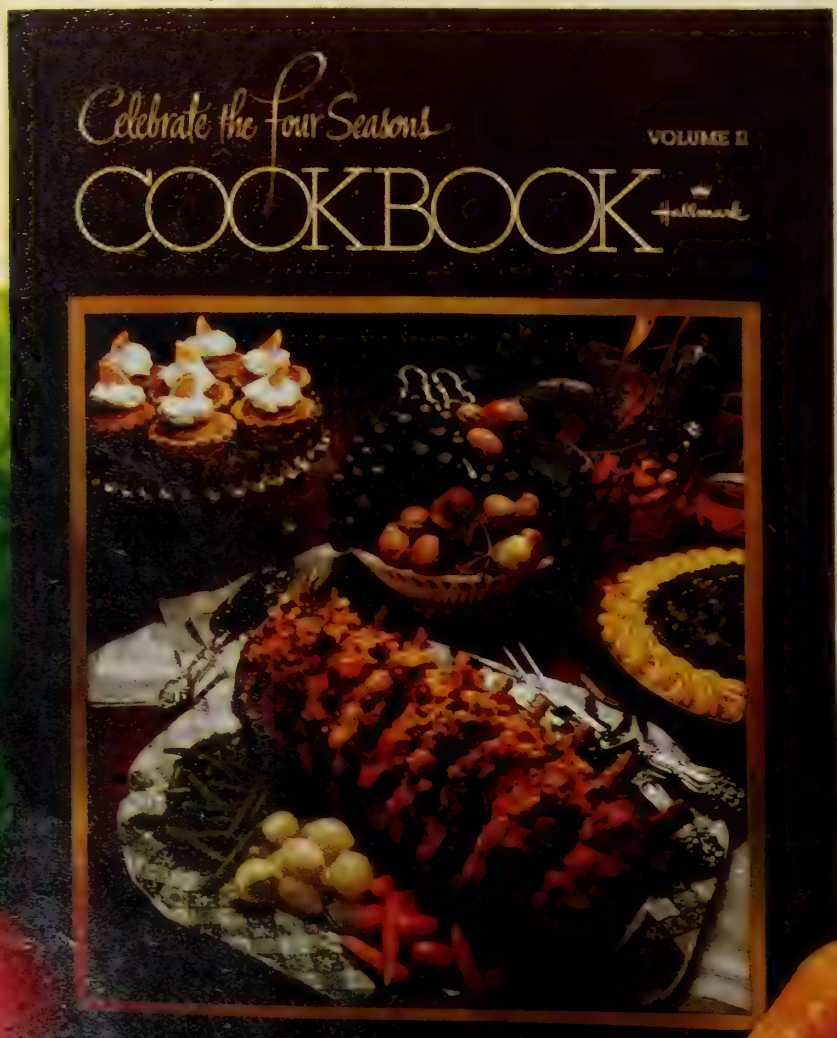
It contains over 25 full color photographs and 160 original recipes developed by noted food columnist Sylvia Schur. You'll find menu ideas, preparation tips, and delicious recipes that will make entertaining a success in any season. In fact, by taking advantage of this offer early, you'll be able to enjoy the recipes in the special Christmas holiday section.

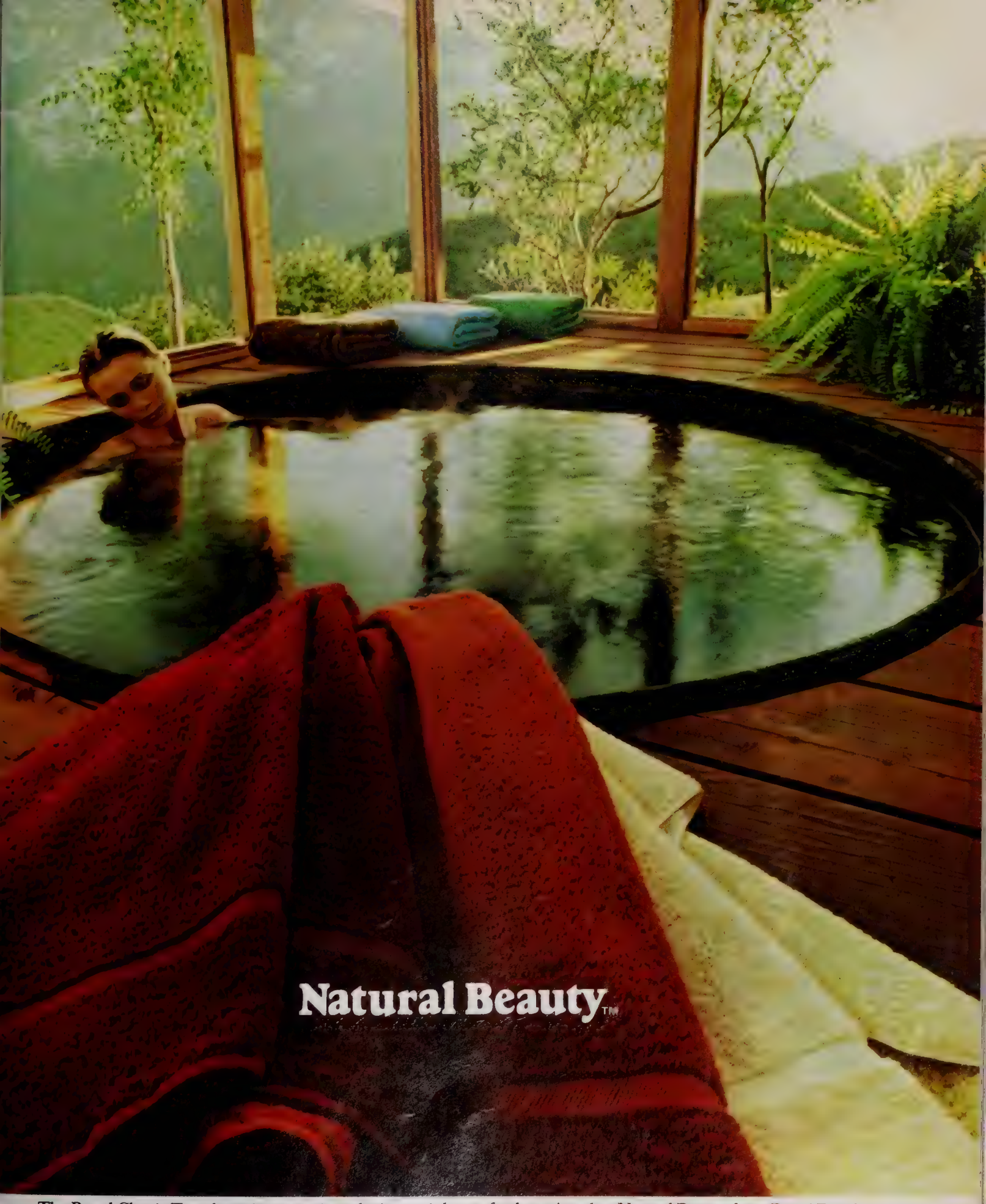
So, this season when you're selecting your Hallmark cards and gifts for others, do something nice for yourself. Pick up a copy of the Hallmark "Celebrate the Four Seasons" Cookbook. You'll find it has unique entertaining ideas for every season of the year.

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Scotland in November, Museum trips in 1980, plus News

Edinburgh and the Isle of Skye in six satisfying days

BY DEE HARDIE

Scotland takes off its kilt in winter. The tourists have left, and the days shorten to darkness at tea time. It returns to the natives, misty and cozy and peaceful by November. And that's why we went. We went as Dr. Johnson and Boswell did in 1773, to be visitors rather than tourists, to rest after the hectic excitement of London.

Knowing that many highland hotels and most castles close the end of October, we chose the simple splendors of Edinburgh and the grand simplicity of the Isle of Skye. We cut our six-day holiday in half, with three days at each place, and found the timing exactly right for us.

Trains go almost every hour from London to Edinburgh, but we picked the 10 A.M. "Flying Scot," because as the name implies, it is the fastest and best. After a sensible lunch served at our first-class seats, Scotland soon arrived, no announcement necessary. Suddenly the countryside was more remote, with vivid green fields, plump white [illegible] sheep [illegible] and an ancient shepherd [illegible]

[illegible]gh, 3:30 P.M., [illegible] that we [illegible]



The Isle of Skye in Scotland's Hebrides: a quiet place to explore in the fall.

TRAVELING WITH EXPERTS FOR INSPIRATION ON ART, ARCHITECTURE, GARDENS, AND HANDCRAFTS

There is a big plus in traveling with a tour sponsored by a museum or preservation group. They send top authorities along to enrich your understanding of the places you visit. Here are some interesting 1980 tours.

Hudson River Historic House Cruise (Oct. 11-18). Sail from New York City's South Street Seaport, stop at Lyndhurst, Hyde Park, and restorations up and down the Hudson. National Trust for Historic Preservation, Washington, D.C. 20006.



Cruise up the Hudson with the National Trust and visit Lyndhurst, Jay Gould's Gothic-revival mansion in Tarrytown.

Peru, Ecuador, and the Galapagos Islands (Feb. 2-18). To Lima for Incan handcrafts. Ecuador for a cruise through the Galapagos, exploring wildlife. Back to Peru for ruins of Machu Picchu. Franklin Institute, Philadelphia, Pa. 19103.

Burma, Bali, Java (Feb. 3-28). Visit temples, pagodas, monasteries; see collections of ancient batiks (shop for new ones). Boston Museum of Fine Art Tours, Membership Dept., Boston, Mass. 02115.

South of Suez (Feb. 7-17). Fly to Egypt. Cruise the Red Sea. Day trips to Thebes, Safaga, Luxor, Valley of the Kings, Deir El-Bahri, Karnak, Giza, Memphis, Sakkara, Cairo. Sail up Gulf of Aqaba for day trip to Biblical city of Petra, Jordan. Metropolitan Museum of Art, Special Travel Programs, New York, N.Y. 10028.

Savannah and Charleston (Mar. 11-19). House and garden tour, pinpointing the best in architecture, furnishings, design. Cooper-Hewitt Museum, 2 East 91st St., New York, N.Y. 10028.

South America (spring—write for exact dates). In Colombia, visit Bogota's contemporary art museum and gold museum. Take house tours in Rio. Cruise up the Amazon from Manaus. Philadelphia Museum of Art, Philadelphia, Pa. 19103.

The Northeast Passage (May 13-27). Sail from Boston on Royal Viking's *Sky* up New England Coast, around Nova Scotia, down St. Lawrence River. House tours, lectures with National Trust for Historic Preservation. Metropolitan Museum of Art, Special Travel Programs, New York, N.Y. 10028.

Korea/China (spring). Visit sources of exhibition "5,000 Years of Korean Art." Another trip, **Peru** (summer) coincides with "Peru's Golden Treasures." Seattle Art Museum, Seattle, Wash. 98112.

Island World of Britain (June 13-29). Visit castles and gardens on inland stops of cruise around Great Britain. Denver Art Museum, Denver, Colo. 80204.

Ireland (Sept. 13-27). Sources of Celtic art—friaries, medieval towns, Georgian houses, castles, gardens—many not generally opened to public. Carnegie Institute, Pittsburgh, Pa. 15213.

Greece (Oct. 10-21). Aegean Island cruise visiting ancient archaeological sites, tiny villages. St. Louis Art Museum, St. Louis, Mo. 63110. C.W.

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Some years ago, Barry Vandenberg, an insurance agent from Oxnard, California, decided on some life insurance for his family.

He wanted his whole family to drive Volvos, because he felt Volvos were the safest cars on the road.



Sure enough, as the Vandenberg children reached driving age, the Volvo population exploded. Today the Vandenbergs own seven Volvos, with a total of one million miles on them.

"These Volvos are still running beautifully, even after all those hard miles," says Mr. Vandenberg. "More importantly, Volvo's safety features help me sleep better at night. My kids are too old to coddle. But they'll never be too old to protect."

Statistics show that 9 out of 10 people who have bought new Volvos are happy, especially with Volvo's safety features.

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It's nice to see that for some families, buying them is a tradition, too.

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continued from page 104

few blocks to the Howard Hotel on Great King Street. Once two elegant townhouses, this small hotel has a few rooms (like #10) furnished with antiques. Other rooms are compact and complete. From this base, we walked everywhere.

Edinburgh is easily arranged, with Princes Street dividing the old from the new. At night it is a city of silhouettes—Walter Scott's tall Gothic spire, and the Castle perched high, keeping watch over the city. Dusk comes about 5 P.M. and tiny white tree lights sparkle around the base of the castle like a tiara. During the day, climb the Scott Memorial for a full view of the city, visit the Castle to see the Scottish Crown jewels.



Edinburgh Castle on the hill (left), Sir Walter Scott Memorial (right).

Lining the new side of Princes Street is shop after shop trimmed with tartan. You can be overwhelmed by plaid, but I wasn't, knowing I had a kilt almost in hand. Before leaving home, I had sent my measurements and ordered a kilt of our family tartan from Hugh MacPherson Ltd., 17 West Maitland St. (Maggie, a Scottish friend living near Edinburgh, had said it was one of the best shops in town.) A courteous correspondence followed. "Do you *really* want a kilt? May we say, a kilt is more properly worn by a man, and only to the knee." And so what I bought was a *kilted skirt*, longer, not as full, and far more reasonable. One fitting and it was mine the next day.

Other shopping was on the Royal Mile, a narrow street stretching through Old Town from the Castle to the Palace of Holyroodhouse, where 19-year-old Mary Queen of Scots lived when she returned as a widow from France. At Julia Clarke's shop, we found a silver-tipped stag-handled carving set we couldn't find in London, and one of the small brass boxes Queen Mary gave the British troops in 1914, filled with Christmas chocolates. Stop for lunch at Clarinda's, a 1920s tea room with lace tablecloths. Here we had excellent vegetable and barley soup, brown bread and butter, a pot of tea and cakes.

When not snacking on shortbread, we ate at our hotel, at Henderson's, 95 Hanover St., a rustic cafeteria with wine and tasty lentil stew, among other vegetarian dishes, and at the Cramond Inn, several 300-year-old cottages turned into a fine restaurant a few minutes from town.

We even managed a day of art. The Royal Scottish Museum and the National Gallery of Scotland are in Old Town, while in New Town on Queen Street is the National Portrait Gallery filled with the faces of Scotland. Our favorite was a charming portrait of two young boys in their MacDonald tartans posed with golf clubs.

The third morning, after a typical Scottish breakfast of porridge, eggs, sausage, and oatcakes, we drove four hours to Kyle of Lochalsh on the west coast. Here car ferries leave almost every five minutes for the Isle of Skye, the largest of the Inner Hebrides.

Although only 300 yards from the mainland, Skye soars with spirit, the countryside wild with mountain peaks and sea lochs. In between, narrow roads are hugged by gentle green fields dotted by neat white crofters' cottages and meandering wooly sheep.

These one-lane roads take you all over the 70-mile-long island. When an occasional car comes your way, you pull over to a passing place. A friendly wave and you're off again. (During the summer on Skye, we heard, you use the passing places often, as the roads are packed.)

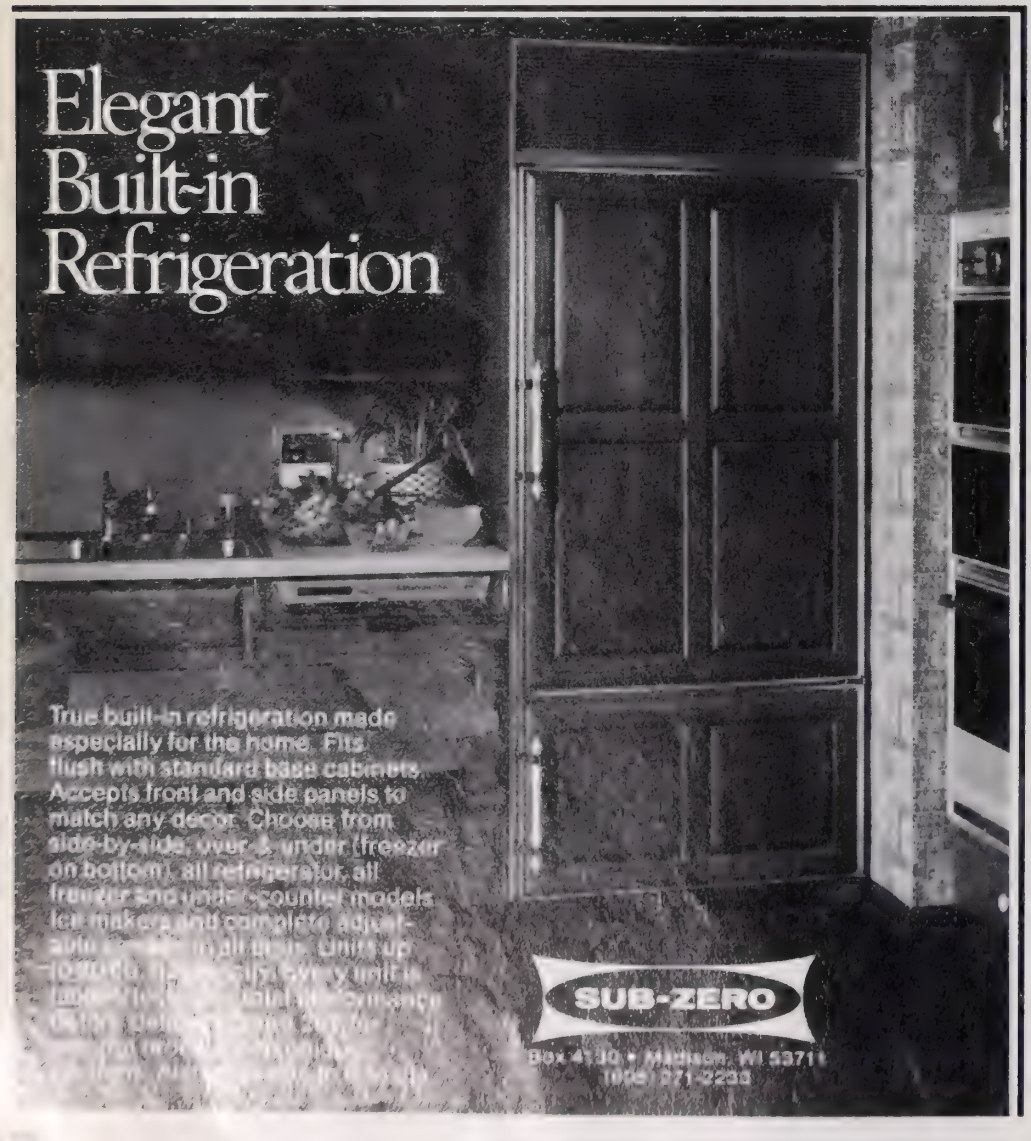
To explore the top of Skye, we spent our first night at Ullinish Lodge Hotel, an 18th-century house in Struan. Our room was modest, the lamb dinner superb. In the morning rain, we visited nearby Dunvegan Castle, ancestral home of the MacLeods. Although closed, we wandered outside around the turrets and towers, especially mysterious in the mist.

Then south toward the center of the island to Portree, a small port fringed with pastel-tinted houses by the harbor. Since there are no restaurants, we had tea and sandwiches at the Royal Hotel, along with adorable school boys in their maroon blazers. Our final destination was Hotel Eilean Iarmain, an old-fashioned "Gaelic-speaking" inn, recently restored on the peninsula of Sleat in the very south.

Once there we didn't do much traveling. We preferred sitting by peat fires in slightly fading chintz armchairs. It was Agatha Christieland on Skye. With only 12 rooms, the inn is on the quai of a tiny fishing village. Everyone wears turtleneck sweaters and rubber boots and Gaelic *is* spoken. It floats through the air. And every night hot water bottles waited for our toes in bed. (The inn is open year round.) A walk away at Muilleann Beag a' Chrotail (Little Crotal Mill), I bought a thick dusty-pink sweater dyed from elderberries, and a green one from heather shoots.

Skye was a lovely ending to our Scottish fling. But we certainly weren't the first. Edward VII once brought Lillie

Continued on page 220



SN'T IT TIME YOU KNEW AN EXCITING DRINK TO ORDER?

—INSTEAD OF TAKING A MAN'S SUGGESTION



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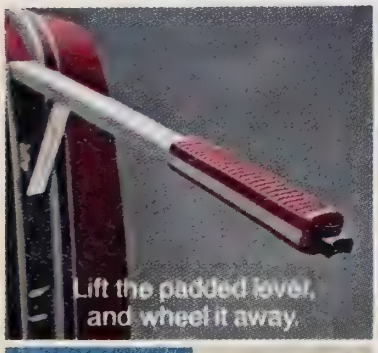
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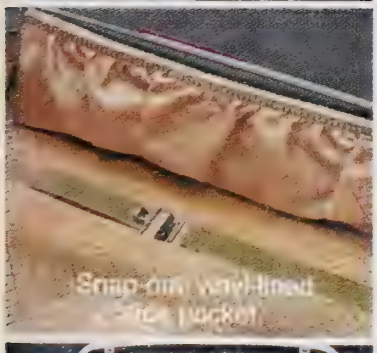














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GREAT WINTER VACATIONS

Winter vacations used to be the province of a fortunate few. While most of us dutifully trekked to the beaches in the sweltering heat of mid-summer, the smart set saved their fun for winter, when the home front was buried under snow and the tropics were sunny and warm. Nowadays, charter and super saver flights, coupled with a variety of package plans, make it feasible for a far broader cross-section of vacationers to savor the winter delights of Jamaica, Mexico, Quebec's Laurentian Mountain ski resorts, Georgia's "Golden Isles," the Gulf Coasts of Alabama and Mississippi, and incomparable Bermuda.

RENDEZVOUS IN BERMUDA

There's no place in the world quite like Bermuda. Dignified and British, she swims 600 miles out in the temperate waters of the Gulf Stream. Her winter air is soft and balmy; her beaches shimmer against the turquoise Atlantic. The island's winter calendar is crowded with activities: golf—135 holes, tennis, sailing, deep sea fishing, soccer matches, powerboat races, access to botanical gardens abloom the year 'round, and to be sure, afternoon tea as correct as Kensington.

As an added inducement to winter guests, Bermuda's "Rendezvous Time," extending from early December to the middle of March, offers a selection of package plans that include hotel accommodations, meals and air fare, as well as many side benefits. Several plans are especially tailored for such special guests as golfers, tennis buffs and honeymooners.



Vacationers gather in St. George, Bermuda, for the ceremonial firing of the "Noonday Gun"

"Rendezvous Time" vacationers are lavished with scads of festive goings-on. Kilted Scottish pipers, drummers and dancers perform the traditional "Skirling Ceremony" for them each noon at historic Ft. Hamilton. In the picturesque 17th century Town of St. George, uniformed members of the Bermuda Regiment fire the ceremonial "Noonday Gun" in King's Square. The Pickled Onion, a very proper British pub in Hamilton's City Hall, serves up complimentary pints of ale. Free guided tours take guests through the 36-acre Botanical Gardens near Hamilton to see the spectacular display of orchids, hibiscus and other tropical flowers blooming there. Golfers and tennis players are invited to compete for prizes in special Rendezvous Time Tournaments.

BERMUDA FESTIVAL

The five-week Bermuda Festival is an ongoing bonus for January and February visitors. Nightly performances feature classical concert pianists, New Orleans jazz artists, country and western stars, pop and rock singers, internationally known ballet companies, magicians and stand-up comedians.



Georgia's balmy climate entices winter golfers

Bermuda's hotels and guest houses are old hands at pampering guests. The island's cuisine includes all the popular international specialties, and such homegrown Bermudian favorites as tangy mussel pie, fish chowder with sherry and black rum, succulent spiny lobster, and hoppin' John—a traditional dish of black-eyed peas and rice.

Prices vary greatly, but at the island's best restaurants $40 will be sufficient for a fine dinner for two with wine. With a bit of scouting about, an equally memorable dinner can be found for less than half that tab. Most resort hotels and cottage colonies welcome non-guests for lunch, dinner and Sunday brunch.

GOLFING IN GEORGIA

For those who want their winter sun stateside, the coasts of Georgia, Alabama and Mississippi are surprisingly balmy the year 'round. Moderate temperatures and invigorating ocean breezes make winter *the* season at Georgia's Jekyll Island. Just ask the thousands of Canadian golfers who turn Jekyll into a southern province from November to March.

Formerly the private preserve of the

Continued

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Astors, Cranes, Goulds, and Rockefellers, state-owned Jekyll Island has no less than 63 holes of golf, all-weather tennis courts, an Olympic-size heated indoor swimming pool, and vast stretches of unpeopled beach. Several of the elaborate millionaires' "cottages" have been opened to the public as museums. Surf fishing and crabbing is nearly always rewarding, and most of the island's motels and apartment hotels come with kitchens to facilitate your frying up the day's catch.



SEA ISLAND'S CLOISTER

The Cloister Hotel on nearby Sea Island reigns as one of America's most outstanding resorts. The famed Sea Island Golf Course skirts salt marshes, live oaks and the Atlantic Ocean. Winter at The Cloister also means tennis, skeet shooting, horseback riding, plantation suppers and long, quiet walks on the beach. Festive holiday activities are included in the hotel's Thanksgiving and Christmas package plans.

Neighboring St. Simons Island has a wide choice of accommodations--notably the comfortable King & Prince Hotel and the Sea Palms Resort - plus [illegible] against the Spaniards in Florida.

HISTORIC OLD SAVANNAH

Winter is one of the best times to browse unhurriedly through the gracious old world squares in downtown Savannah. Planted with azaleas, camellias and century-old oaks, the squares are flanked by early 19th century Regency and Georgian townhouses returned to their original glory by one of the nation's most successful preservation movements.

Preservation fervor has also revived a string of old brick warehouses on River Street, where King Cotton once awaited shipment to Liverpool and Boston. The warehouses, facing the Savannah River, now house seafood restaurants, taverns, shops, art galleries and small museums. The Ships of the Sea Museum is a fascinating treasure house of sailing ship artifacts.

Savannah can easily be combined with a visit to "Pogo" and his friends in the Okefenokee Swamp Park near Waycross, Georgia. Guides take visitors on daytime canoe and fishing trips through the great swamp. The more adventurous may want to camp out for several days.

CHARMING CHARLESTON

Savannah is also only a two hour drive from its historic sister, Charleston, S. C. Now well into her third century, Charleston has survived ravaging fires, General William T. Sherman's revenge, and an earthquake that all but shook it to the ground in 1888.

Here, the hours are still tolled by the mellow bells of St. Michael's Episcopal Church (1761). Natives speak with a curious accent, and prepare a distinctive seafood-centered cuisine. Ghosts aplenty—Porgy and Bess, blue-blooded eccentrics, Revolutionary heroes, and unreconstructed secessionists—rattle around the high-ceilinged old mansions facing the Battery (the Ba'try, in Charlestonese).

Charlestonians will tell you quite unabashedly that at the Ba'try, the Ashley and Cooper rivers come together to form the Atlantic Ocean.

Charleston's great plantation gardens, Magnolia and Middleton Place, are open all year, as are many of the historic homes. World War II buffs will want to pay a special visit to the aircraft carrier *Yorktown,* anchored in the Cooper River. The gallant "Fighting Lady" of the Pacific has been refurbished as a naval museum.

The success of the Spoleto Music Festival (late May-early June) has inspired a wave of new restaurants and hotels. Currently, Charleston's most preferred hotel is the deluxe Mills Hyatt House in the heart of the historic district. The Mills' Barbados Dining Room is famous for its Carolina Low Country cuisine.

During the Christmas season, many of Charleston's historic churches invite visitors to special services and musical programs. Charlestonians take great pride in decorating their stately townhouses in seasonal array.



Azaleas bloom in one of the Old South's great plantation gardens

Seabrook Island and Kiawah Island, two plush resorts with golf, tennis and a broad range of luxurious accommodations, are only a half hour from downtown Charleston. Hilton Head Island's great golf courses are about two hours away.

SCENIC ALABAMA

Alabama is 58,000 square miles of history capped at either end by mountains and beaches. In northern Alabama, the rolling green foothills of the Appalachians shelter serene lakes and cool limestone caverns. The "miracle" of Helen Keller took place at Tuscumbia. Her girlhood home, "Ivy

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At Elbow Beach Hotel, our tennis is as winning as our magnificent stretch of pink sandy beach. You'll experience the exhilarating freshness of a crisp Bermuda morning as you ace in your serve on any one of five all-weather courts (three are Laykold, two are immaculately-kept clay and lit so you can play on into the night.) Has tennis ever been this exciting before?

Come take advantage of our special Elbow Beach Tennis Package. You'll have unlimited use of the courts during the day, one hour of night tennis or one hour use of ball machine, a can of Elbow Beach tennis balls, a tennis shirt, invitation to our weekly tournaments, an hour of instruction at our tennis clinic and much more.

And when you're not rallying on the courts, you can swim in our huge climate-controlled pool. Enjoy superb, friendly service. There's nightly music and entertainment in our charming pub. And meal times are an event—extraordinary food beautifully prepared.

Ask your travel agent about the many attractively priced packages at Elbow Beach Hotel. Beginning December 1st, take advantage of even lower Rendezvous Season rates; Tennis—4 days, 3 nights from $152.00 to $209.00 (per person, double occupancy); or the Bermuda Commuter—4 days, 3 nights from $117.00 to $174.00 (per person, double occupancy).

ELBOW BEACH
HOTEL
BERMUDA

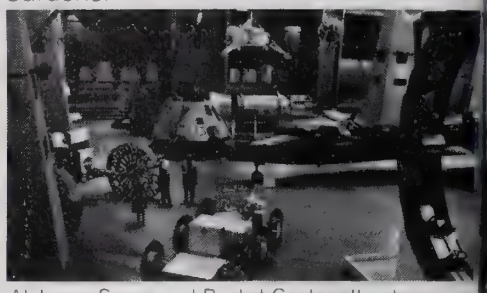
People have been coming here for years. For a very good reason.

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Green," is open to the public as a museum.

This richly varied state even has winter skiing. Cloudmont Resort, near Mentone, is the nation's southernmost ski area. The natural powder is augmented by snow making equipment. The Alabama Space and Rocket Center at Huntsville invites visitors to experience first hand the thrills of outer space travel.

At Alabama's southern tip, the bustling port city of Mobile has Mardi Gras (America's original), Greyhound racing, and world famous Bellingrath Gardens.



Alabama Space and Rocket Center attracts thousands of visitors each year

The Azalea Trail Festival in early March celebrates the sudden explosion of millions of these colorful blooms. The annual blessing of the shrimp fleet at nearby Bayou LaBatre is a link to the Mobile area's French heritage.

Beaches at Dauphin Island and Gulf Shores are popular most of the year.

Alabama's state parks are a model for park systems everywhere. Located throughout the state, Alabama's parks have golf courses, tennis courts, fishing areas, hiking trails and camp sites. Five "super parks" offer accommodations in modern, comfortable lodges and kitchen-equipped cabins at surprisingly low rates.

Lovers of Greek Revival architecture should pilgrimage to Gaineswood and Bluff Hall at Demopolis, and the Shorter Mansion, one of the many old beauties in Eufaula.

MISSISSIPPI'S RIVIERA

The 60-mile-long Mississippi Gulf Coast blends beautiful beaches, a dozen-plus first class golf courses, tennis and fine accommodations with an Old South romance of ante-bellum mansions and mossy live oaks. Try your hand at landing the big ones on a deep sea fishing excursion, but don't skimp on the seafood dishes artfully prepared at seaside restaurants in Biloxi, Gulfport and Pass Christian.

Lodgings on the Mississippi Gulf Coast range from first-class resort hotels, with all the recreational amenities, to inexpensive cottages and motels. Winter temperatures along this Deep South Riviera rarely dip below 50, making the season ideal for golf, tennis and other outdoor activities.

Many winter visitors to the Gulf Coast make excursions to the Vicksburg National Military Park, site of that most decisive struggle of the Civil War, and

Bermuda. Get away to it all!

"The lifestyle in Bermuda appeals to us very much. Golf, swimming, tennis, the beach. Everything you want, at your fingertips."

Stephen and Ann Bell talk about the Bells' second visit to Bermuda.



"The architecture is a delight. It's nice to see a house exactly as it was. Like stepping back a hundred years."



"I don't see how Bermuda can be improved upon. This is only the second time we've been here. But it's not going to be the last."

See your travel agent or write Bermuda, Dept. 334
630 Fifth Avenue, N.Y., N.Y. 10020 or Suite 1010, 44 School St., Boston, Mass. 02108
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And most of our over 300 Days Inns and Lodges even have economy gasoline on the premises.

This year, make your travel costs a lot more comfortable—despite increasing fuel prices. Stay at Days Inns, and your travels may cost *even less* than last year! **For reservations, call toll-free: 1-800-241-3777. Or call your travel agent.**

Good nights cost less at Days Inns.



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dreamy Natchez, that lovely belle of the Old South. More than 30 of Natchez' great mansions are open to the public during the annual March pilgrimage.



Recreational opportunities abound at Gulf Coast resorts

WINTER IN NEW ORLEANS

New Orleans, the gateway to the Mississippi Gulf Coast, comes alive in winter after a long, languid summer. The crisp fallish air whets the appetite for the Crescent City's world famous Creole cuisine.

Christmas visitors to New Orleans are in for a special treat. Many of the most renowned restaurants offer festive holiday menus. The weekend "Jazz Brunch" at Commander's palace in the Garden District is a year 'round special event.

RACING, ROSES IN SHREVEPORT

Shreveport, metropolis of northwestern Louisiana, has its own brand of excitement. Ultra-modern Louisiana Downs is one of the nation's fastest growing thoroughbred tracks. Flower fanciers will be dazzled by the American Rose Center, an 118-acre botanical oasis where hundreds of rose varieties are accentuated by flowering shrubs, plants and trees.

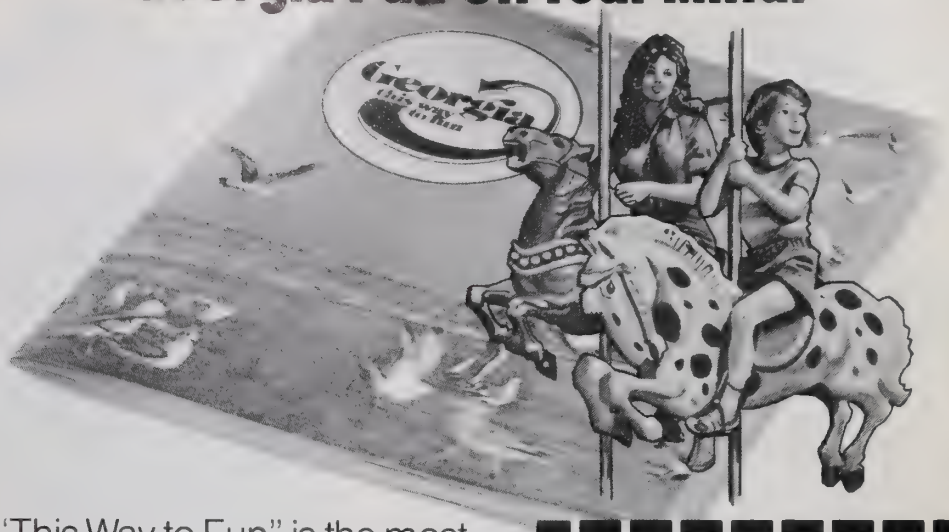
Country and western fans should plan a Saturday night at the "Louisiana Hayride," a live radio broadcast that over the past 25 years has launched such stars as Hank Williams, Johnny Cash and Elvis Presley.

Shreve Square, a once-decaying sector of Victorian architecture, has been turned into a bustling center for restaurants, night spots, unique shops, ice cream parlors and penny arcades.

BUDGET NIGHTS AT DAYS INNS

For families on a budget, the Days Inn motor hotel chain has 305 locations in 28 states and Canada. Room rates average $15.88-$19.88 for one guest, with an average of $3-$4 for additional adults and $1 per child. Most Days Inns have self-service gasoline facilities. Days Inns' unique September Days Club provides discounts on lodging, food, and rental cars for members over 55 years old.

Our Free 76-Page Guide Will Keep Georgia Fun On Your Mind.



"This Way to Fun" is the most comprehensive vacation guide ever. It describes 333 different attractions, resorts, historical sites and vacation facilities. Complete with maps and directions. And charts on state parks, campgrounds, tennis, golf and fishing. Just for fun, why not send for your copy today?

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Box 1761, Dept. HG-79, Shreveport, Louisiana 71166

EASY GOING WITH SAMSONITE

To make the going easier for this year's vacationers, Samsonite has introduced an innovative new luggage line called Silhouette II. A modern variation on Samsonite's long popular Silhouette line, Silhouette II includes the "Cartwheel Model," engineered for increased maneuverability and easier steering. For an extra touch of security and privacy, Silhouette II has an identification card inside, to assist the return of luggage when the exterior I.D. card is lost.

Samsonite's "Beauty Case" has a tiltable mirror and a soft, sturdy handle for easier carrying. All Silhouette luggage is lightweight and damage resistant.

EASTERN SERVES VACATIONLANDS

Eastern Air Lines has comprehensive service to the most popular winter vacation areas in Florida, Mexico, the Caribbean and Canada. Flights from New York, Miami, New Orleans, Atlanta and other major hubs serves such exotic destinations as Bermuda, Acapulco, Puerto Rico, Guatemala, Jamaica, Walt Disney World, Miami, and Florida's West Coast. Eastern recently inaugurated non-stop Atlanta to San Francisco flights on its A-300 Airbus. Inquire about Eastern's "Super Saver" fares and other money saving discounts.

This winter treat yourself to that great vacation you so richly deserve.

William Schemmel

advertisement

Alabama the Beautiful

Oh let me sing of a land full of crystal lakes where the rock cliffs come down to the water's edge. Of a surprising land where you turn off the highway to the blacktop and then to a dirt road with a fiddler's convention at the end of it. Of a rich land that grows cotton and corn and peaches and people. Friendly people who look you in the eye and mean what they say.

This is my beautiful Alabama. From the great dams and the Space Center in the north to the ante-bellum mansions and the snow-white beaches of the south. And in between, the lost Indian civilization and the city with the Grecian name and architecture, founded by a colony of Frenchmen. And a waterfall called Noccalula after the Indian maiden with the faithless lover who cast herself from it.

Come to this bountiful land, rich in history and tradition and rich too in what has made America, America. Alabama the Beautiful.



Alabama Bureau of Publicity and Information
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Please send free Alabama the Beautiful booklet to:

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Address _____

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HG-11

Or call Toll-Free 1-800-633-5761

GREAT WINTER VACATIONS Booklets To Help You Plan Your Winter Holiday

Here are some booklets that give you information about where to go and how to get there this winter. Just fill out the coupon below and return it.

1 *Alabama Has It All* contains maps and a fund of useful information about Gulf Coast beaches, mountains, historic sites and state parks.

2 *Eastern Air Lines* has informative brochures on holidays at Walt Disney World, Miami, Pinehurst and other southern resorts. Eastern also has scheduled convenient routes to sunny islands such as Bermuda and the Bahamas.

3 *Shreveport/Bossier:* "Be Our Guest" is a guide to motels and hotels, with valuable suggestions on how to spend your time in this Louisiana locale.

4 *Mississippi:* It is like coming home. Civil War sites, ante-bellum mansions and Gulf Coast beaches make Mississippi an ideal vacation spot.

5 *Bermuda—There Is No Doubt About It* is a booklet with questions and answers about everything from where to eat and what to see on the island, to an explanation of Bermuda's wide variety of unique traditions and attractions.

6 *Elbow Beach Hotel* is ideally situated on Bermuda's south shore, with 24 acres of gardens, tennis courts and golf. It has an olympic-size swimming pool, and one of the finest stretches of ocean beach on the island.

7 "This Way To Fun" is a comprehensive and interesting guide to vacations and historic attractions in *Georgia.*

8 *Charleston, South Carolina Trip Planner*—one of a number of informative brochures that families considering a vacation trip to this historic and charming city will find most useful.

9 *Day's Inn Directory* is a state-by-state guide to accommodations that are surprisingly low in cost and uniquely geared to family travel.

10 *Scotland: Where to Go, What to See* tells you the abbeys, castles, fishing villages and lakes (Loch Ness, Loch Lomond) to see in the highlands and the lowlands—in Sir Walter Scott's country, in Robert Burns' country, and, of course, in the Glamis Castle area of Shakespeare's Macbeth.

11 *Britain, a Land to Explore,* offers 8 itineraries for 5-12 day driving trips through England, Scotland and Wales (plus day trips to take from London) along with a section on sights to see in Ireland. Maps, information on railroads and public transportation included.

12 You can get almost anywhere in Britain by train—sign up for a *Britrail* pass (7 days, $100 first class or $75 economy) or a Scottish Highlands and Islands Travelpass for traveling through just Scotland ($76.) Other plans include sea-passes to Ireland.

13 *Raymond & Whitcomb,* the well known tour operators, have planned four of the museum trips listed on page 104. Sign up for their brochures on the Metropolitan Museum of Art's cruises to Egypt and to New England and Canada (run with the National Trust for Historic Preservation), the Denver Art Museum's cruise around Britain, and the St. Louis Art Museum's trip to the Greek Islands.

14 Take a cooking course at the Robert Mondavi Winery in California's Napa Valley with Michel Guérard (see story in the Wine & Food section). Classes (which are scheduled for the first week in December) are part of the *Great Chefs of France Cooking Course* run by Michael James' Cooks of San Francisco.

15 Fly to the Virgin Islands on *Eastern* and spend 7 nights on St. John (at the Maho Bay Camping Resort—$175, single), St. Thomas or St. Croix—or four nights on each of two islands (except St. John). Another way to go: select one of 9 plans that include hotel and air fare to Puerto Rico and the Virgin Islands (3 to 7 nights).

16 In St. John, stay at Rockresort's *Caneel Bay* on a 170-acre peninsula bordering the Virgin Islands National Park. Rates include use of tennis courts, small sail boats, bicycles, snorkeling and beach gear, and snorkeling lessons.

Circle the number of each booklet you want. Add $1 for postage and handling. Do not send stamps. Allow up to 4 weeks for delivery. Mail to: HOUSE & GARDEN, Dept. 11A, Box 3579, Grand Central Station, New York, N.Y. 10017.

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BY MARY ELIZABETH FALTER

The easy way to do it

How to tell if your plants need water, a way to organize your refrigerator, clever ways with food, and more

We've heard about talking to your plants to help them flourish, but here's a chance to **let the plants talk to you** and report on the state of their health. You need a Plant Communicator from the Agronic Corporation of America, Bellevue, Wash. 98004 (see page 172). It's a battery-operated sounder that looks a little like a two-pronged fork. When poked down into the plant, it "talks"—everything from a barely audible tick (help!) to a steady purr (I don't need water; I'm well fed; I'm happy). As no two plants are exactly alike, the plant communicator is a help on watering day, so each plant gets just the right amount of plant food and water it needs.

If you travel frequently, you can save time if you **keep your carry-on bag permanently packed** with duplicate supplies of drugs and toilet articles—everything you might need for overnight. Use small sizes to keep the weight down and refresh and replace the contents after each trip. A small rectangular duffel bag with compartments is fine for this.

A good way to **make neat changes in your address or engagement book** is to cover the old entry with a small white pressure-sensitive label and write in the new information. These labels, sold at most stationery stores, come in many sizes and shapes and are convenient for many kinds of household labeling and, of course, for mailing packages.

Organizing the contents of a large refrigerator can be complicated. Leftovers slide to the rear and get lost or forgotten, and the storage racks on the door always seems to be overflowing. A good way to cope is to establish a system and stick to it. First, keep track of all the things you use regularly and try to store them on the same shelf each time. Label opened containers and arrange them with the freshest at the rear. Leave a roomy area in the front of the shelves for roasts or casseroles. Shallow trays or baskets (such as office in/out mail baskets) are helpful, as you can fill them with small things and pull them out all at once or put small containers of leftovers in them.

Dedicated coffee lovers should be delighted with a Bunn Pour-Omatic **drip coffee maker**. Bunn has been a manufacturer of restaurant coffee makers for years and all of its expertise has gone into the design of the Pour-Omatic. It operates on the displacement principal, as it has a stainless steel storage tank of water at the perfect brewing temperature all the time. When you fill the filter basket and slide it into the place above the pot, all you have to do is pour the required amount of cold water in the top and the brewing starts instantly. It takes about a minute and a half to make 8 cups—especially delicious when made with bottled spring water and a premium brand of special automatic-drip coffee.

You can **brighten the flavor of any kind of baked beans** by adding some coarsely chopped kosher dill pickle. Use about a tablespoon of pickle per cup of beans.

As storm-window time approaches, consider the possibility of **leaving all the regular windows and storm windows down permanently** if you have a hot air heat and central air-conditioning system. It is a great fuel saver and the house stays much cleaner. Leave one window that you can open if necessary in each bedroom, the kitchen, and key living areas, and seal the rest with tape or removable caulking material. If both sets of windows are clean inside and out when you start, you should be able to keep them reasonably clean for some time by washing the inside windows on the inside and the outside of the storm sash. Also remember to keep fireplace dampers closed when not in use, as this can be another big fuel saver.

For a change of pace, **try French olive oil** instead of Italian for salad dressings and fine cooking, and ask for the best quality. Most gourmet food shops across the country carry it. It's more delicate and subtle and some people think the flavor stays fresh longer.

If you're planning a fast-paced travel schedule this summer or going to some remote area, and **if you have to wear prescription glasses and sunglasses,** don't leave home without an Eye Glasses Repair Kit, which you can buy at most drugstores. It contains some tiny little screws, a minute screwdriver, and a magnifying glass, so you can make your own repairs if an ear piece loosens or comes off.

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"Somebody's Up There"

by N[illegible]



Diameter: 8¼"

ISSUE PRICE: $24.50

The only 1979 Christmas plate officially certified by the Rockwell Society of America and bearing the Society's seal

No artist has ever captured the spirit of America—or the hearts of Americans — like the late Norman Rockwell.

"Somebody's Up There" is a key example of the unique pictorial style that endeared Rockwell to Americans during his long career—a nostalgic glance backwards to a long-gone past that now lives on as part of his legacy to us.

Created in full color on fine china bearing the hallmark of Knowles, America's oldest name in fine china, "Somebody's Up There" is now available at the issue price of $24.50. Earlier issues in this series have sold out early—and the series as a whole has already more than tripled in value.

If you are interested in obtaining "Somebody's Up There" while it is available at the issue price, please send your remittance and the coupon below to The Bradford Exchange, 9345 Milwaukee Ave., Niles, IL 60648. (Order promptly to ensure Christmas delivery.)

THE BRADFORD EXCHANGE 365-DAY MARKET RESALE GUARANTEE

At any time up to one full year after you receive your plate, you may return it to the Bradford Exchange and receive an immediate check for 100% of everything you have paid, including shipping — without waiting for the resale transaction to be completed.

To: THE BRADFORD EXCHANGE
9345 Milwaukee Ave., Niles, IL 60648

Please send me "Somebody's Up There," the 1979 issue in the Rockwell Society of America Christmas series. My check or money order for $24.50 for each plate is enclosed. (Please make checks payable to the Bradford Exchange. Limit of two plates per customer.)

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Address_____

City_____

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HAPPY HOUSEKEEPER

Air traveler's note: If you are taking a plane and have a camera with you, invest in some **lead-lined film-shield bags** to protect your film from damage by the airport security X-ray. They are available wherever a selection of film is sold.

A refreshingly different sandwich for a hot day consists of a mixture of coarsely chopped and sliced raw vegetables—peeled and seeded tomatoes, scallions, green peppers, radishes, cucumbers, and carrots—tossed in sour cream and seasoned with dill, salt, and lemon pepper. Serve heaped on dark pumpernickel slices with icy cold beer (for the calorie-conscious, substitute low-fat yogurt for the sour cream, iced tea for the beer).

A fruit ripener is a must these days, because so much fresh fruit is packed and shipped when it is still green and hard and will often spoil or spot-decay before it has a chance to ripen properly. The Ripenright Fruit Bowl is clear plastic and about the size of a cake box. It is scientifically designed to ripen fruit fully and evenly, and it's an attractive addition to the kitchen or pantry while the ripening takes place. You can get it from the Blue Anchor Corporation in Sacramento, California.

For juicy, lean meat and cool cooking, few utensils beat the SEB grill, an import from France. It's reminiscent of an early waffle iron, about 10 inches [illegible] with heating elements in the top and bottom. The cooking surface is Teflon-covered metal, molded in ridges to carry away any extra bit of fat on the meat, and it sear-grills meat without any fat other than a light brushing of oil. Steaks and chops cook in minutes, hamburgers and sandwich combinations in seconds. Even veal and pork chops, notably difficult to broil without having them dry out, are succulent when SEB-grilled. After the Teflon cooking plates cool, they snap out for easy cleaning. The SEB can be ordered from Williams-Sonoma, San Francisco, California.

If you've ever wondered **how to hard-boil an egg without getting a dark ring around the yok,** here's how to do it: Put the eggs in a pan of cold water and bring it to a rolling boil. Cover, turn off the heat, and let it rest for 20 minutes and you will have firm eggs with nice yellow yolks.

If you have an **automatic electric coffee pot,** pamper yourself and put it on a tray, along with the fixings, and set the tray on a dressing table or desk in your bedroom. In the morning, you can quickly fill it and minutes later have a hot cup of coffee in bed. Of course, you can cheat and load it the night before, but the coffee won't taste as fresh.

There are few things more delicious than **fresh cooked peas** *if* they're properly cooked and you don't have to shell them. You can be sure of success on both scores, if you wash and trim the pods, toss them all in a freezer bag, and freeze them until you're ready to use. When ready to cook them, put the frozen peas—still in their pods—into your pressure cooker. When the pressure comes up, cook 2 minutes and cool. As soon as the peas have cooled enough to handle, pluck out the empty pods as they shell themselves, and the peas are perfectly cooked. Reheat quickly with butter. Unfortunately, pressure cookers hold only enough for two servings.

A good **investment in entertaining equipment:** a pair of round tops for card tables and a long folding table that seats 8. Hammacher Schlemmer in New York City has these; it also has some dandy folding chairs. They are light, but very sturdy, and fold flat for storage (a mere inch or two in depth). They come in soft gold metal with matching upholstery, and it seems to blend with many schemes.

Most department stores carry **inexpensive long and round tablecloths** with matching napkins in very pretty colors, so it's possible to build a collection of mix-and-match schemes for your table settings. Black-and-white-checked gingham yardage and pretty prints make very attractive tablecloths, too.

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The Bull Tavern
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The Lion
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☐ The Lion ☐ The Bull Tavern
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(Each only $19.95 plus $2 shipping. Minnesota residents add 4% sales tax.)

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Sunrise Coffee. Any way you like it, it isn't bitter.

You've swallowed your last cup of bitter coffee. Now you've got Sunrise® instant coffee mellowed with chicory—full coffee flavor without coffee bitterness. That's what happens when you blend roasted chicory with fine coffees. Because chicory does for coffee what coffee cannot do for itself. Chicory brings out all of coffee's better nature, but leaves the bitter taste behind.

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BY CAROLINE SEEBOHM

Conversations with a chimney sweep

Is your chimney ready to welcome Santa Claus? The children no doubt will hardly be worrying about whether he'll arrive covered in soot on Christmas Eve, but this is the time of year when your fireplace deserves more attention than simply hanging a string of socks from its mantel. And that attention is becoming more and more the professional study of chimney sweeps.

You may think that chimney sweeps went out in the 19th century. Not a bit. True enough, sweeps are no longer little urchins small enough to scramble up and down the chimneys, but there is a growing band of master chimney sweeps across the country, whose job is to help make Americans more aware of the importance of fire safeguards to protect their homes, and to teach them how to enjoy their fireplaces and get the most out of them.

Two such master sweeps are Dee and David, a husband and wife team who have formed the Chimney Sweeps of America, Ltd. David is a director of the National Chimney Sweeps Guild, which is working on certification, rules, and protection for both homeowners and sweeps, through the state legislature. (Alabama has already passed these.) In addition, David, with an associate master chimney sweep, David Lockwood, has started the Chimney Sweep School of America, expected to be the first accredited chimney sweep school in the U.S., located in Peoria (where they are building a fire academy), and Roselle, Ill.

"People know so little about their fireplaces," says David. "Yet since the fuel crisis, wood is the most plentiful energy source available to us in our homes. We chimney sweeps can show you how to get the most heat out of your fireplace and—just as important—how to avoid fires. The National Fire Protection Association reported 41,000 chimney fires last year."

Today's chimney sweeps are a far cry from the little street lads who were pushed up the chimneys in their black tails and top hats (since their work covered them in soot they took their black clothes from the funeral parlors), carrying one stiff flue brush. "We go on the rooftops of America with fiberglass poles, steel brushes that fit any flue, high-powered wet and dry vacuums—and even if your rooms are all white, you will never see a speck of dust when we have finished."

How to get the most heat from your fireplace and protect your hearth and home from fire—plus a touch of good luck!

It's National Chimney Sweeps week October 3-10. And with Christmas coming, the home fires burning, and Santa Claus sledding his way down your chimney, here are some timely questions about your fireplace answered by master sweeps Dee and David.

Q. What kinds of fireplaces are there?

A. The most common types of fireplaces are built-in or free-standing masonry, or built-in or free-standing metal—metal often being the most economical choice. A remodeling project may suggest a prebuilt gas or electric fireplace. Another kind of fireplace is the "zero clearance" fireplace, which is a metal-jacketed fireplace that comes in one unit with the flue. This means it is easy to install, is totally insulated, and gives out a great deal of heat, as well as being easy to clean. Over half the fireplaces currently being installed nationally are this type. (The Fireplace Institute in Chicago is in the process of setting new standards for heat-efficiency in fireplaces. For more information, write The Fireplace Institute, 111 East Wacker Drive, Chicago, Ill. 60601.)

Chimney sweeps Dee and David cavort.



RON NIELSON

Q. What is a flue?

A. The flue is the opening where the volatile gases and smoke escape inside the chimney. It is usually made of vitrified fine clay, and greatly strengthens the chimney. Some flues are metal, usually with a "zero clearance" fireplace (see above).

Q. What is a damper?

A. A damper is a detachable plate in the flue of the chimney for controlling the volatile gases and smoke, usually made of steel or iron. By adjusting the damper, which has several settings, the amount of heat that passes through can be controlled. When you start your fire, the damper should be opened all the way so the oxygen gets to the fire. When the fire is going, close it until the smoke stops curling round the top of the hearth and goes up the chimney. If you leave the damper open all the time you will lose a great deal of heat up the chimney.

Q. What is the purpose of the grate?

A. The grate keeps the wood or coal in the air, and close together—leaving air pockets, so that oxygen, essential for the fire, can reach the wood or coal at all times. The best material for grates is cold rolled steel, which does not bend from the intense heat. Many styles can be found in this material, and in the last few years grates have been designed so that more heat comes to the front of the fireplace and therefore into the room, and we believe that these can be used to make your fireplace more heat-efficient, if that is its purpose.

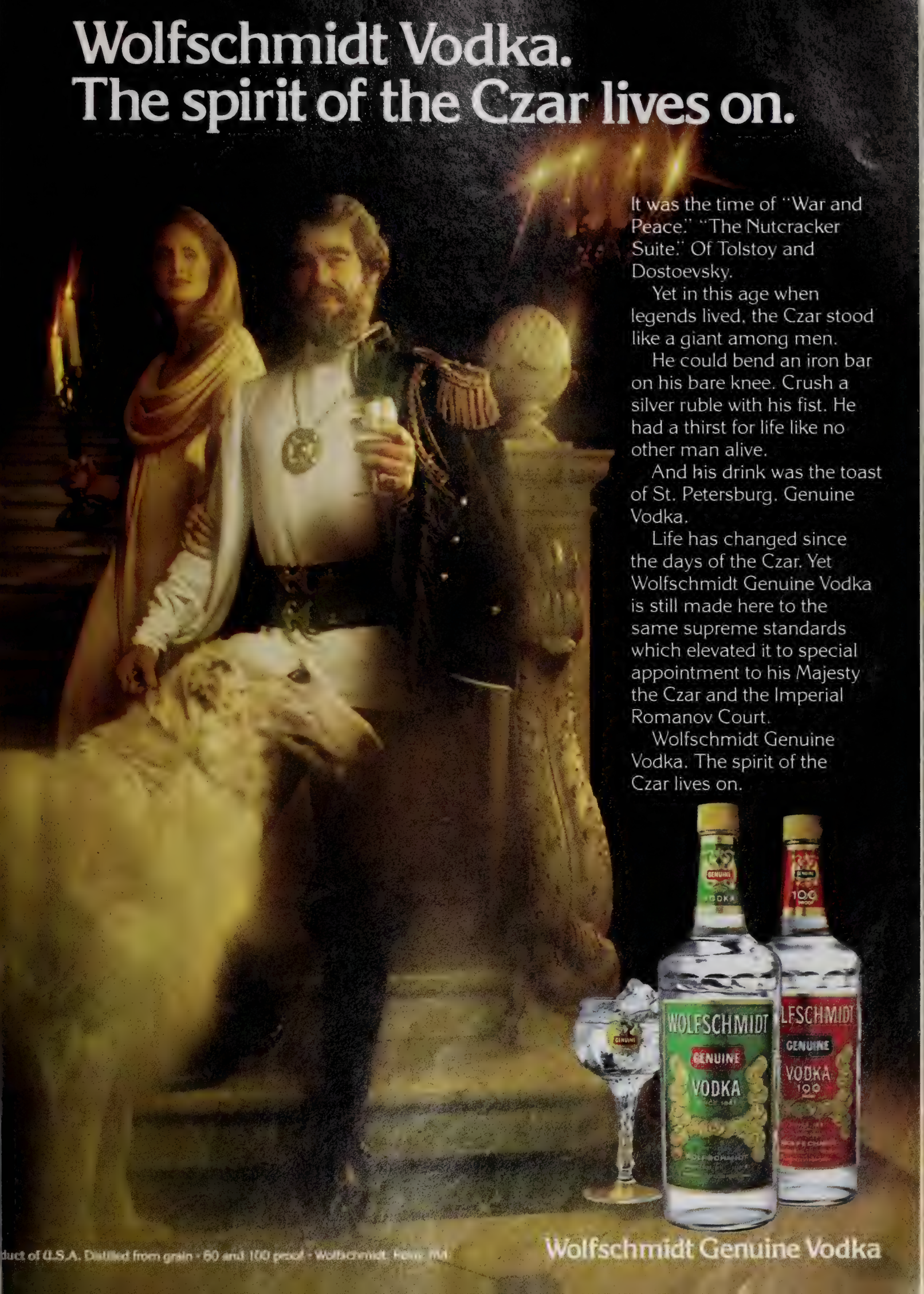
Q. How do you build a fire?

A. Start with a prestarter, whether it be paper or kindling, then add a slightly larger bed of kindling, then split logs, which are just bigger pieces of kindling, and then ignite. Once this is burning you should place on top one or two little logs, with pockets of air between for proper ventilation.

Many people start the fire using tightly twisted paper with the original kindling. Others start the fire with a "teepee" of kindling. Still others use chemicals, which we can't recommend because they are highly combustible and may explode. We use large logs on the back of the grate to balance and equalize the burning rate. Never, in our opinion, have more than three logs going at the same time, and never place on a going

Continued on page 12

Wolfschmidt Vodka.
The spirit of the Czar lives on.



It was the time of "War and Peace." "The Nutcracker Suite." Of Tolstoy and Dostoevsky.

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Winston
Light 100's
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continued from page 124

fire any paper or other combustible item that could cause the heat of the fire to start a chimney fire.

A. First, don't put too much wood on the fire to start it. The stack temperature should reach 250 degrees as soon as possible. In lighting a fire, try not to use a charcoal lighter as it could explode. Light the fire in a few places and use long matches for safety. Close screens whenever the fire is "taking."

Q. How do you get the most heat from a fire?

A. Keep the fire facing toward the front and radiating into the room. The farther back the burning stack, the greater the amount of heat going up the chimney. For maintaining best heat output, put logs in the center, and keep most of the coals in front. You should keep some ashes at all times on the fireplace floor, to give oxygen and insulation to the ashes that fall from the grate, thus keeping the heat going. Many fireplaces have an ashpit to push the ashes in—remember to leave some out. Making a bank of ashes up the back of the fireplace (not high enough to reach the grate) also helps preserve the heat.

Q. What is the best type of wood to use?

A. The best types of wood are hardwoods that have been properly dried (20 percent moisture content or less, and this can be checked out by the cord of wood with special weighing charts). You can add pine, hickory, or cherry wood chips for a nice cozy smell. But if you actually burn pine wood, you will dirty your chimney with creosote very fast, the last thing you want.

Some people like to burn charcoal because charcoal is a clean burning fuel. But *never* burn just charcoal in a fireplace, because if the damper is closed you might get asphyxiated by carbon monoxide fumes—just as you should always cook on a charcoal grill *out*doors.

Always avoid soft coal, as coal produces a sulphur dust. Besides being possibly carcinogenic, it is like breathing pure sulphur. Artificial logs are made with copper sulphate which gives off a glow, but it is possible that they are pollutants. You should always read thoroughly the instructions on artificial logs before burning. Sawdust logs and newspaper logs give off more fly ash, but there is nothing wrong with using them and they are not considered a pollutant.

Q. How do you keep a chimney clean?

A. 1. Burn good, seasoned hard wood. Green wood or pine will build up creosote that sticks in the chimney.

2. Equip the chimney with a cap to keep rain, birds, leaves, flying objects, and dirt out of the chimney—also animals, which sometimes get into chimneys for warmth. This cap, for chimneys burning gas, oil, wood, or coal, is designed to allow the smoke and gases to escape while protecting them from intruders. We use a sweep-designed cap made of galvanized steel and mesh, which fits tightly into any flue, with open sides, so that animals, birds, snow and ice will stay on top, while smoke and gases are emitted out of the sides. It also acts as a spark inhibitor.

3. Have your chimney checked once a year by a certified chimney sweep. (For the name of a certified chimney sweep in your area, call Chimney Sweeps of America, (312) 893-6066, 24 hours a day, for information, or write to Chimney Sweeps of America, Ltd., P.O. Box 65, Roselle, Ill. 60172.

Q. Should a fireplace have a screen?

A. The screen is essential if you leave the room or the fireplace is not being closely watched. It can prevent sparks from falling into the room where, in a matter of seconds, a rug or piece of furniture could catch on fire. However, the screen will also restrict the heat from coming into the room, so if you are sitting right there enjoying the fire, open the screen to get maximum heat benefits.

Q. What are the greatest hazards and what can be done about them?

A. 1. A chimney fire. Avoid this by cleaning once a year.

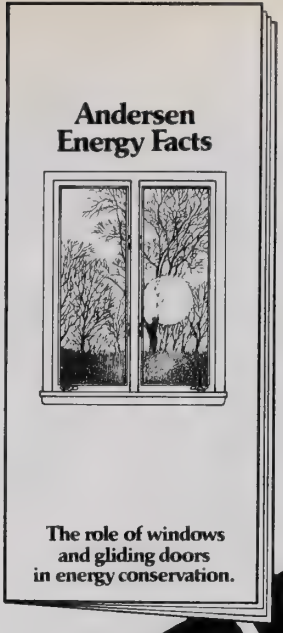
2. Overloading the fireplace and risking a log falling into the room and catching rugs on fire. Be sparing with your logs.

3. Explosions caused by using charcoal or other starter fluid such as white gas or kerosene. Use only products made for the express purpose of lighting fireplace fires, which are designed to burn slowly like a wick.

4. Loose bricks or crumbling mortar in your chimney, which should be checked once a year for possible repairs.

5. In older homes, where an old wood- or coal-burning stove has been removed, the remaining hole in the wall that connected the stove pipe to the chimney may be a fire hazard, in that it is a natural draw if there is a fire in the home. These openings have often been covered with a metal disk (the technical name for them is thimbles), then plaster and/or wallpaper. These "thimbles" should be *located*, and *uncovered*, using, say, a decorative plate hanging loosely on the outside, so that firemen can get to them easily in case of fire. The main thing is that the homeowner should know where they are and not keep them hidden from view.

As well as knowing about fireplaces, master sweeps get to see a lot of rooftops, and Dee and David point out that they can give you a sweep's-eye view of your roof—for loose shingles, clogged gutters, loose antennas, and so forth. And, as David reminds us, one of the pieces of chimney sweep folklore still holds true today—"Touch a chimney sweep and you'll have good luck! ■



FREE

Window and gliding door energy facts from Andersen.

This 16-page, easy-to-understand booklet explains how to window plan for energy savings, and how windows can actually help heat your home and reduce annual energy bills.

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Get the facts . . . from the folks who wrote the book on window beauty.

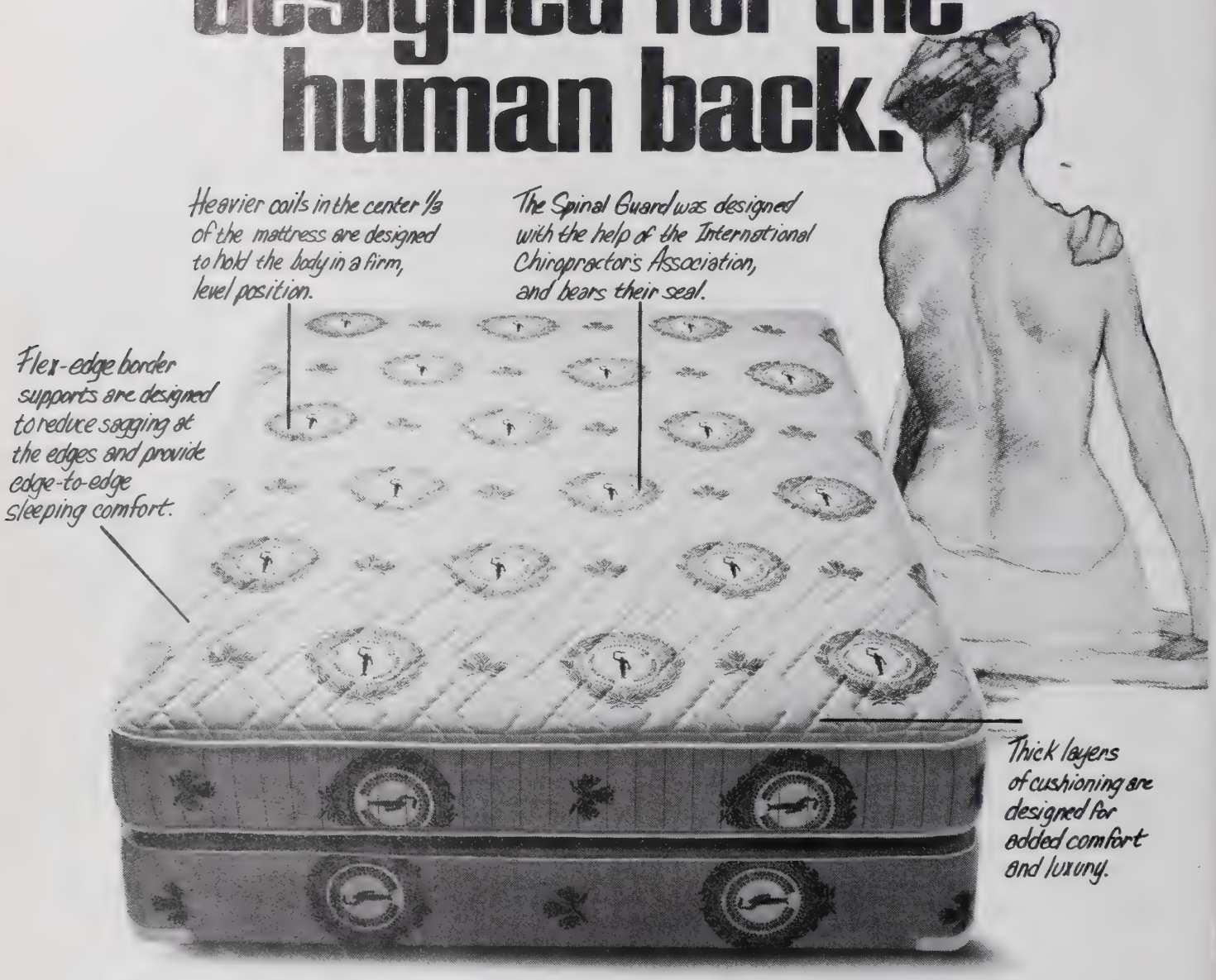
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The Challenge. If you believe that a mattress ought to be as carefully designed as the body it supports, we suggest you check out the Spinal Guard at a better furniture store or sleep shop near you.

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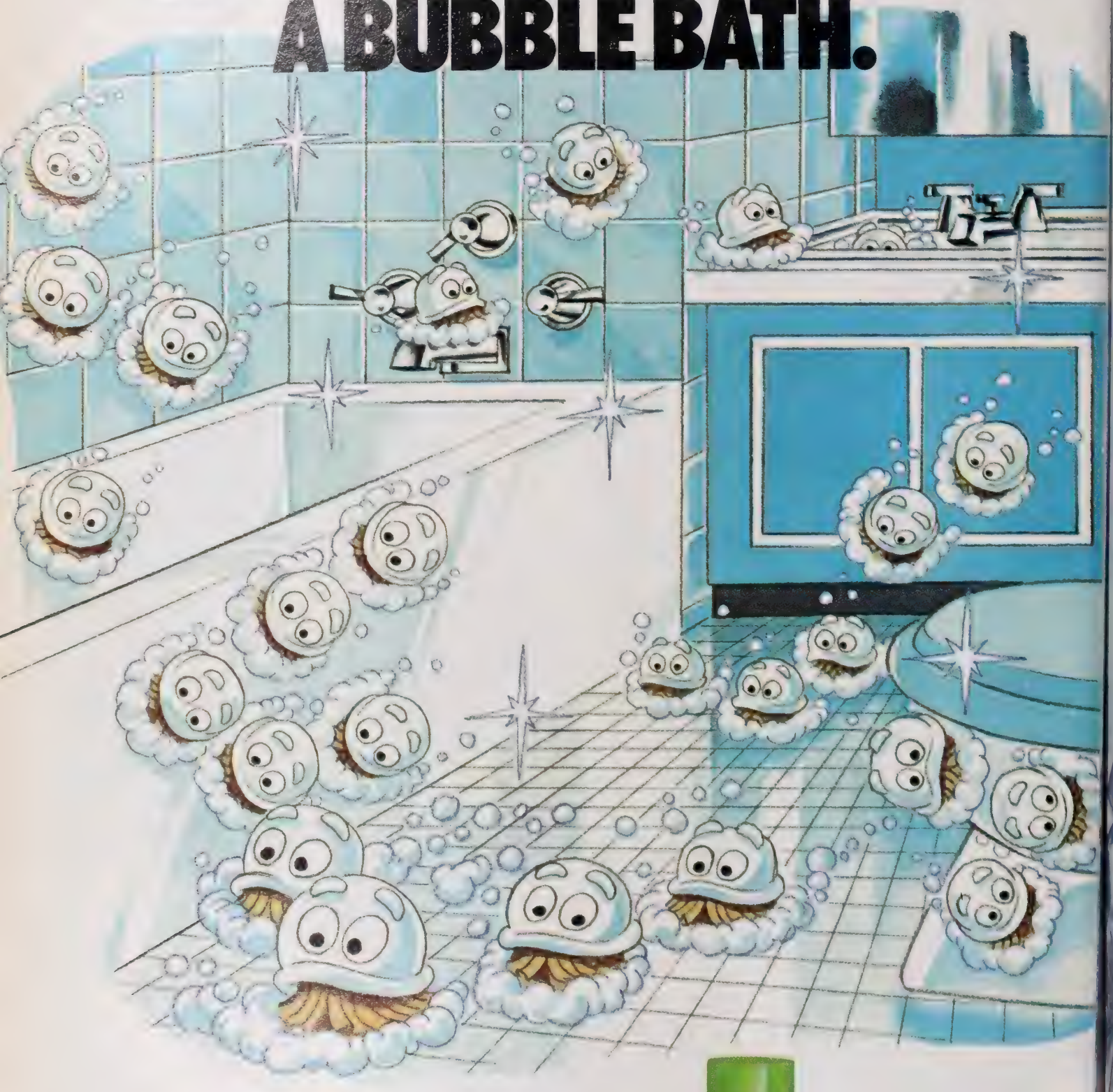
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—Homer Formby 3rd generation restorer and refinisher

Think hard for a minute. Try to remember some of the gifts you gave last Christmas. Can you even remember the gifts you got? Don't feel bad—most people can't.

And I'm sure a lot of money was spent on those presents. Even so, they just weren't that special or memorable.

I'd like to give you and your family a suggestion based on something we do in our family. Find an old picture frame. Or an old mirror. Or a small table. It doesn't matter where you find it—though it sure would be nice if you can poke around the attic or the basement and find something that belonged to your grandfather or grandmother.



Next, refinish that piece and put it under the tree. Now before you tell me refinishing is a sloppy, time-consuming business, let me stop you. Have you heard about my furniture refinisher?

Formby's Furniture Refinisher ends the drudgery of refinishing. You'll find that refinishing doesn't have to be a big deal, or an ordeal. Just apply some of my Refinisher with my refinishing pads and watch the old varnish, lacquer or shellac finish dissolve away right before your eyes. You know what? It's so easy it really can be an all-family project. Even the kids can do it.

There's no sanding. No stripping. No staining. Why there's not even any hard rubbing. (You can put away your supply of elbow grease.) And my refinisher protects the patina of your wood. Patina is the richness and character that's built up over time. So whatever you refinish, it'll look like a beautiful old piece—not a piece that could have been bought yesterday. And forgotten tomorrow. Watch it stand out from the plastic and tinsel. It'll be a gift that won't be soon forgotten, believe me.

How long will it take? You can refinish a picture frame in less than one hour! And that includes hand-rubbing in a beautiful tung oil finish. A small table takes just two hours from start to refinish.

In the spirit of giving, many of our dealers are displaying a special coupon offering you a $3 refund on my new half gallon size refinisher and related products. Look for the coupon (not all dealers have it).

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So this Christmas, don't give another sweater or another pair of furry slippers. Put something under the tree you've put yourself into. Remember, it's a gift from your heart because it's a gift from your hands.



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Vhen possible, use one large ulb rather than several maller ones. A standard 75-vatt bulb uses no more elec-ricity than 3 standard 25-vatt bulbs but gives 68 per-ent more light, according to Con Edison. Fluorescents ive twice as much light as in-andescents at almost half the ost.

Recycle! It takes only 5 per-ent as much energy to recy-le aluminum, for example, as t takes to produce it from auxite. From Concern, Inc., Washington, D.C., environ-ental education group.

For the most efficient oper-tion, stuff a freezer—with ags of ice cubes if necessary. Vith refrigerators, do the re-erse—leave air space around ach container.

f the only possible place for a efrigerator is by a stove, ven, or radiator, put non-ombustible insulation be-ween it and the hot spot.

Discover pressure cookers. Vhen you bake, cook many ishes at once, in pyroceramic r oven-safe glass dishes so ou can cut cooking tempera-ures about 25 percent. For mall meals, use small electric ppliances rather than a ange. However you cook, urn off a few minutes ahead o tap residual heat.

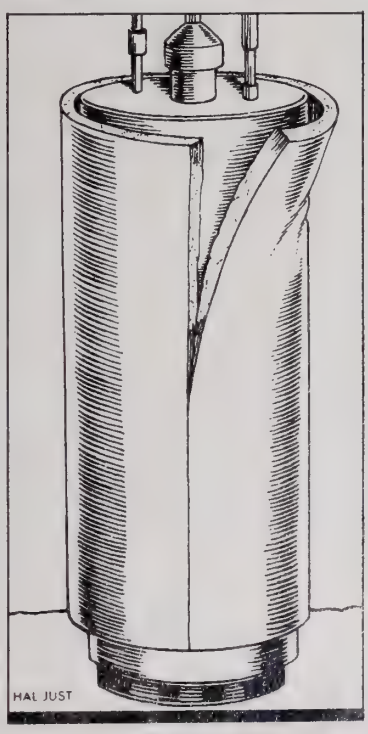
Consider heating water at oint of use—add a heat ooster at the dishwasher or a ankless hot water heater to a aucet. Available from Chron-mite Labs, 21011 South Fi-ueroa St., Carson, Calif. 0745 (electric, UL-listed), or om General Mail Corpora-on, 25 Valley Dr., Green-wich, Conn. 06830 (electric). About $130. You must have the device professionally installed.

Plugging the leaks

Twenty percent of the cold air leaking into a house comes through empty sockets and switchplates, according to Texas Power & Light. Look for Draft Sealers insulators for outlets and switchplates. By Bede Industries, 1985 West 85th Street, Cleveland, Ohio 44102.

In winter, use a door sheltered by a vestibule or porch. Or hang heavy, draft-resisting curtains aross the entrance to the foyer.

Insulate the water heater, plus any exposed hot-water pipes and heating and air-conditioning ducts. On air-conditioning ducts, be sure to use insulation with a vapor-barrier installed face-out.





If you sleep with a window open, weather-strip and close the bedroom door so heat from the whole house won't be lost.

Fix leaky hot-water faucets. A leak of one drop per second wastes 700 gallons a year, according to Con Edison.

Weather-strip! Don't forget on double-hung windows to put thick felt strips or other weather stripping across meeting rail (where the latch is). Cut opening in felt for latch. Keep window locked to tighten seal.

Snap-on interior storm windows are perfect for apartments. Vinyl mounting attaches to inside of frame with pressure-sensitive tape, then clear plastic window snaps in place. From Montgomery Ward fall-winter 1979 catalogue, page 821.

Save money and fuel: Make your own storm windows with heavy clear plastic sheeting, a staple gun, 1-by-2-inch wood. To receive an instruction booklet, send 25¢ plus self-addressed stamped envelope to "Storm Windows," Comark Plastics, 3601 Hempstead Turnpike, Levittown, N.Y. 11756.

Two-way liners

Reversible silver and white Wind-N-Sun Shield curtain liner can be hung with the metallized polyester side toward the room to help keep heat inside in winter, with the metallized side toward the window to reflect the hot sun in summer. A 36-by-95-inch pleated panel is about $17.98 plus shipping (1 lb.). Wind-N-Sun Shield, Inc., Box 1434-HG11, Melbourne, Fla. 32935.

Hot news

Hunting for firewood? You may be able to gather some free at national forests in 38 states. For fact sheet, write Forest Service, U.S. Dept. of Agriculture, Box 2417, Washington, D.C. 20013.

Southern comfort

If your house is in the southern two-thirds of the U.S., and the heating or air-conditioning system wears out, consider replacing it with a heat pump. In winter it drains warmth from outside air and pumps it inside; in summer it drains warmth from inside and pumps it out. While the cost is considerable, it's estimated to cut heating costs 50 to 70 percent.

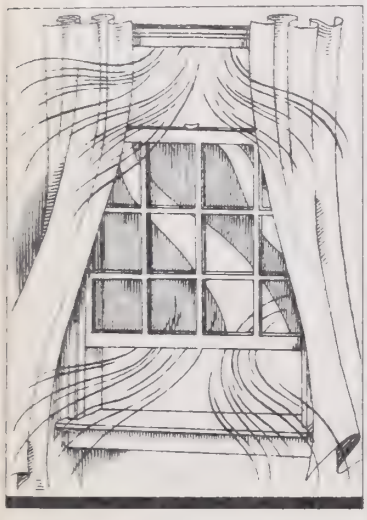
For more energy-saving ideas, turn the page

Keeping your cool

Green shade: To shield south-facing windows and still get air, put up a trellis and plant it with a deciduous vine that grows quickly in your climate. Query local nurseries.

Shading a window from the outside keeps more heat out than shading it from the inside with curtains or shades.

Shield east windows from early morning sun, west windows from late afternoon sun, south windows all day.



Windows open on the top *and* bottom have a better chance of catching a summer breeze.

Make reflecting "glass" by applying a solar film to the inside of the panes. "Scotchtint" film by 3M is said to reject 75 percent of the sun's heat and is available at many hardware stores. During the day insiders can see out, outsiders see a mirrory surface. At night the effect is reversed. It can be removed and reused.

To keep heat from being trapped under an awning, install the awning one or two inches away from the house. Use small wood blocks nailed to window casing as spacers.

An attic fan will help cool the house without an air conditioner, and, properly used, can cut an air-conditioning load 10 to 30 percent, according to experts. Provide vents in the eaves of gable sidewall, leave the attic portal open, and, on cool nights—with the air conditioner off—leave bedroom windows open.

To come home to a cool house, put your air conditioner on a timer.

Winter warmers

Allow hot bath water to cool before draining the tub. After a bath or shower, leave door open to let welcome heat and moisture into the house.

Down clothing has moved from campsite to main street: You can find booties at the Down Shop in Bloomingdale's or padded vests at the Energy Shop at Marshall Field.

Warm air rises. Force it back to the floor by placing an electric fan, on lowest setting, at a slight upward tilt diagonally to the wall. . . Or take advantage of it in bed with an electric mattress pad. Two sources: Patented Products Corporation, Danville, Ohio 43014. Or the Montgomery Ward fall-winter 1979 catalogue, page 1184.

Read on!

Tips for Energy Savers (#610G, free), *How to Improve the Efficiency of Your Oil-Fired Furnace* (#605G, free), *In The Bank or Up The Chimney? A Dollars and Cents Guide to Energy-Saving Home Improvements* (#056G, $1.70), *Firewood for Your Fireplace* (#047G, 60¢), *The Energy-Wise Home Buyer* (#109G, $2), from the Consumer Information Center, Pueblo, Colo. 81009.

Making The Most of Your Energy Dollars In Home Heating & Cooling (#003-003-01446-0, 70¢), from the Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. 20402.

Save Energy, Save Dollars (#125, $1.25), from Distribution Center HG, 7 Research Park, Cornell U., Ithaca, N.Y. 14850.

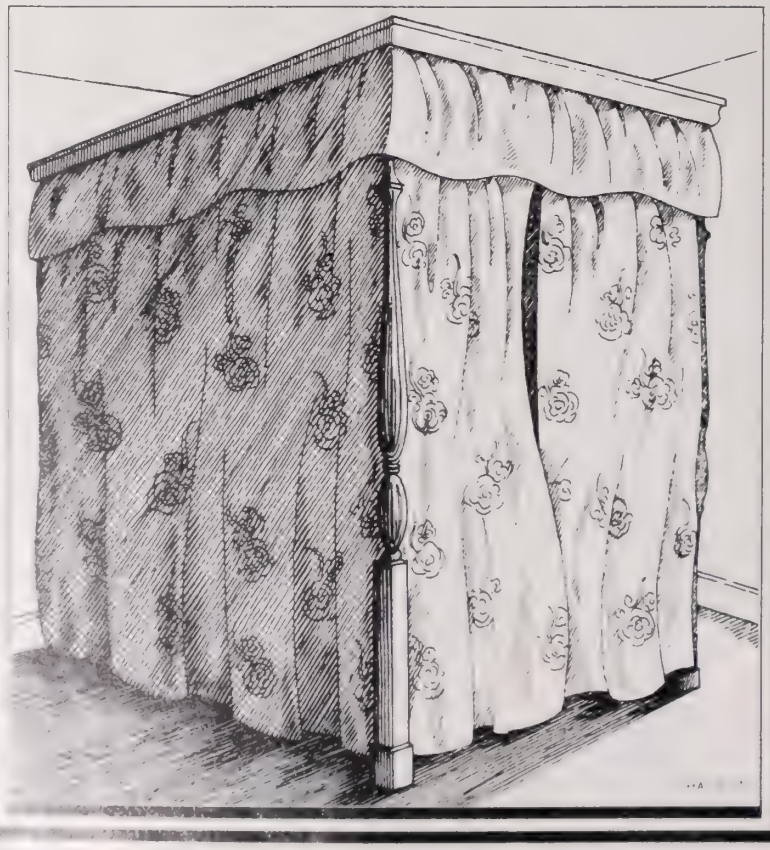
Still befuddled? Ask your utility or energy office if it offers an inexpensive house energy audit that will estimate cost and savings of energy-savers.

Rediscover

Cotton flannel sheets: thermal underwear for beds. In 15 delicious colors, from Garnet Hill, 1392 Main St., Franconia, N.H. 03580 (catalogue, 50¢). Cotton and polyester flannelette sheets are available from L. L. Bean, Freeport, Me. 04033 (free catalogue).

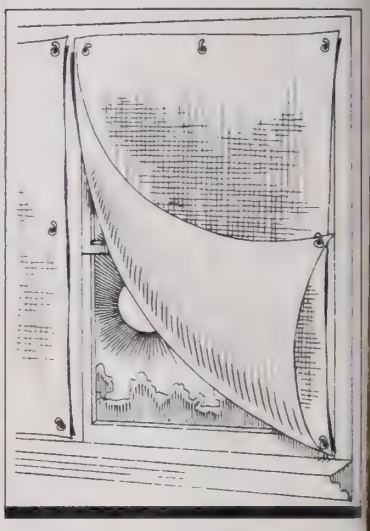
The hot-water bottle: a very packable bed-warmer. One that's covered in deep red or royal blue velour is $30 ppd. from The Vermont Country Store, Weston, Vt. 05161 (catalogue, 25¢).

The fourposter: Drawn bed curtains help hold the 400 BTU's a person gives off when sound asleep, according to Con Edison.



Layer up for warmth

The average person will feel about 5 degrees warmer after putting on two lightweight long-sleeved sweaters, but only 3.7 degrees warmer after putting on one heavy long-sleeved sweater, according to U.S. Department of Energy.



Make your own layered cover to hook to the window frame, suggests Herman Phynes of Fabrications: When the sun shines, you can hook it partially open for a tentlike window treatment. Cut two pieces of heavy canvas the size of window frame, one piece of Roc-lon lining material (at Fabrications). Baste Roc-lon to wrong side of one piece of canvas. Pin right sides of canvas together; sew all around, leaving small opening for turning. Turn right side out; stitch opening closed. Attach grommets at four corners plus centers of each side, top and bottom. Attach hooks to frame. Hang.

Winter windows deserve layers too. Some ready-to-buy ones to line inside panes with are—The Window Quilt cover: ultrasonically-stitched off white fabric, polyester fiber fill, and aluminized film on roller bar. Seals tightly at edges with plastic tracks. 2 ½-by-4-foot shade, about $40 plus shipping. Appropriate Technology Corp., Box 975, Brattleboro, Vt. 05301. The windowBlanket cover: quilted cotton with Dacron fiberfill and Roc-lon insulated lining. White, tan, or rust 45-by-84-inch curtain is about $49.50 plus $2 for shipping. windowBlanket Co., Rt. Box 83J, Lenoir City, Tenn. 37771 (brochure, 50¢).



There may still be places on earth
here Grand Marnier isn't offered after dinner.

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Christmas COUNTDOWN

Presents, food, decorations to start right now

Woodsy basket

A pine cone basket is pretty at Christmas time. To make one, slide pine cones between the wires of a 10-inch hanging basket, pushing the cones from the top of the basket, where the wires are wide, down towards the bottom. At the top of the basket, where wires become too



DENNIS O'NEIL

widely spaced to hold the pine cones securely, wire pine cones into place. Bend basket hanger into a handle and attach small pine cones with wire. Hook or wire to the basket. Line basket with sheet moss, and spray lightly with clear acrylic for a pleasant sheen. From "Sunny O'Neil's Favorite Christmas Decorations." $1.75 ppd. from Sunny O'Neil, 7106 River Road, Bethesda, Md. 20034.

● Poinsettias that spill from the sides and top of their pots look dazzling in hanging baskets, as centerpieces, or perched on a tall stand. Order them from your florist now. Prices for cascading poinsettias range from $25-$75, depending on size. Care for them just as you would the more familiar varieties, advises the Paul Ecke Poinsettia Ranch, Encinitas, Calif., where poinsettias are developed, grown, and distributed to florists. Give them lots of daylight (but not wilting sun), thorough watering when soil feels dry, low 60s temperature at night, low 70s by day, away from drafts. After the red bracts fade, cut leggy stalks back to 3 joints, cut down on water, withhold fertilizer until new shoots appear in spring and summer. Pinch back until plants are compact and bushy, for a green year-round house plant.

SPICE ROPES TO MAKE

Southern women hang spice ropes in their kitchens for a fine fragrance. Make some for friends this Christmas: Braid 8 strands of yarn or heavy string to make a 27-inch rope. Stitch tiny calico or gingham bags, fill with cinnamon and cloves, and drops of cinnamon or clove oil. Tie bags to braid with ribbon.

Plant Bulbs Now

Plant amaryllis bulbs 8 weeks before you want them to bloom. Keep in the sun, water frequently, and give them as living Christmas presents. After blooms fade, snip them off, but keep watering to let leaves develop. (Plant outside in late spring if you can.) Keep watered, and feed all summer. In fall, when leaves begin to die, stop watering. Let the bulb go dormant, and keep in a cool, dry place. Eight weeks before you want bulbs to bloom, give them sun and water again.

Paperwhite narcissus will bloom after only 3 weeks. Place bulbs in a shallow bowl of gravel and water. Keep in a cool, dark place or in the refrigerator for 2 weeks. Bring into filtered light, then sun. Start a few bulbs every week to guarantee a continuous succession of blooms. Discard bulbs after flowering. (In the Deep South, plant outdoors.)



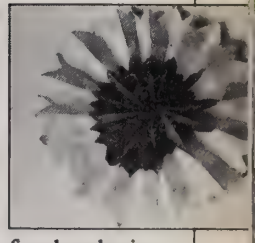
● Here are two easy-to-make tree decorations that are fast and festive, made by Jan Jessup, creative director of Calico Corners:

Paper Partridges

Cut four 1-inch strips of brightly colored paper. Staple together to form a beak, and the shape of a body, curling tail feathers and topknot around an unridged pencil or paintbrush. Paper from an art supply store is usually of better quality, and more colorful, than construction paper. A combination of turquoise, yellow, magenta, orange, and green make brilliant birds.

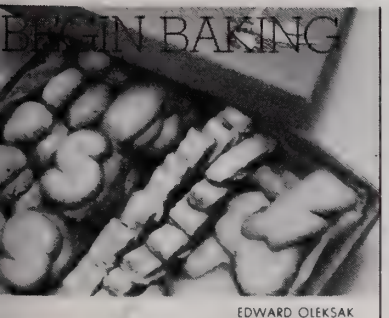
Rice Paper Medallions

Accordian-fold rectangles of rice paper and staple in the center. Top and bottom folds should face the same direction. Dip each end into a dye bath of diluted water colors or food coloring. Remove quickly and press out excess dye on sheets of paper towels. Dip the center for a two-color design. Let dry, clip ends off at an angle. Pull folds into a circle and staple ends together.



These decorations could be part of a Christmas mobile of cookies; candy canes; stained glass, straw, clay or tin ornaments; paper doves; or stuffed felt animals. Hang from lengths of invisible fishing line anchored to a cross piece of doweling or light wood or metal.

BEGIN BAKING



EDWARD OLEKSAK

Get a head start on the holidays by baking your Christmas cookies now. They'll keep in the freezer for about 3 months—the higher the fat content, the better. Baked cookies freeze better than unbaked dough. Package closely, and separate with sheets of waxed paper or plastic wrap. Avoid breakage by storing in an extra carton after wrapping. Thaw wrapped cookies in the refrigerator. Freshen quickly in a 350° oven.

● Tips from Edna Lewis, author of *The Taste of Country Cooking* (Knopf) . . . Sprinkle tops of Christmas cookies with vanilla sugar—2 cups superfine sugar mixed with a plump vanilla bean in a pint jar for a week . . . For best results, use brown eggs and pure extracts . . . It's better to make more batches than to double a recipe . . . Heavy cookie sheets brown best—or use double thin ones . . . Store cookies in odorless tins.

How to keep your body and mind in top condition

Part One—A Healthy Body from Head to Toe

1. AFFAIRS OF THE HEART. How your heart works, finding your heart rate, heart pick-me-ups, from Dr. Lenore R. Zohman of Montefiore Hospital. Prescription for heart health from Dr. Denton Cooley, Texas Heart Institute.

2. THE INSIDE STORY. Guidelines to keep your stomach healthy, from Dr. Jean Saleh of St. Luke's Hospital, N.Y., plus exercises from Barbara Pearlman.

3. PUTTING YOUR BACK INTO IT. How to avoid low back pain, plus special exercises, from D. Bernard E. Finneson of the Crozier-Chester Medical College.

4. FEELING IT IN YOUR BONES. How your bones work and what to do to keep them strong, from Dr. Hamilton, Orthopedic Ballet.

5. ...ears, from ...

6. YOUR BEST FACE FOR-... Guidelines for a healthy complexion, from Dr. Samuel M. Peck, Mount Sinai School of Medicine, and Dr. Albert M. Kligman.

8. TAKE A PAIR OF SPARKLING EYES. How to look after your eyes; spectacles and contact lenses, from Dr. A. Benedict Rizzuti of the International Eye Foundation, Dr. William C. Cooper, Dr. Jorge Buxton and Dr. Newton K. Wesley.

9. SECRETS OF A RADIANT SMILE. How to keep teeth and gums healthy, plus brushing and cleaning tips, from Dr. Irwin K. Mandel.

10. HANDS UP FOR HEALTH. The structure of the hand, nail and skin care, handcraft secrets from craftsmen, advice from Dr. Norman Orentriech, and Dr. James C. Parkes II, Orthopedic Surgeon from the New York Mets. Plus hand exercises from Marjorie Craig of Elizabeth Arden, manicure tips from Corinne Caduff of Saks Fifth Avenue and massage step-by-step from Vicki Schick of the Profile Health Spa.

11. THE CROWNING GLORY. Hair growth and health, why men go bald, the question of hormones, and the best hair care, from Dr. Norman Orentreich and Dr. Robert A. Berger.

12. YOU AND YOUR DOCT... Doctor's dos and don'ts for healthy... the proper physical checkup, dia... computer, by Dr. Mary Cather...

Part Two—Nutrition ... Healthy Body by Eloise ...

13. HOW TO EAT ... you're not cheat... benefit of the fo...

14. APPLE PIE ... NOT? What a re...

15. LUNCH—... GIZER. A nutritious lunch ...

16. DINNER—OUR MOST SOCIAL OF ALL MEALS. How to produce a well-planned dinner for the whole family.

17. NUTRITION FOR A TEENAGE ATHLETE. A training table for the teenage athlete is good for the whole family.

18. VITAMINS—FOR YOUR VERY LIFE. Where to find them, how to eat them, how many and what types you need.

19. PROTEIN POWER. It plays a multiple role in good nutrition. Here are protein plus recipes and required allowances.

20. CARBOHYDRATES—THE MI... AGE INGREDIENT. The ma... and least expensive fu... cise.

21. W... ...from ...its content in ...

...L GRAINS AND OTHER ...URAL FIBERS. The rediscovery of fiber, how and why it works.

25. NUTRITION LABELING—PROOF OF THE PUDDING. Learn how to read food labels.

26. HOW TO PLAN NUTRITIONALLY SOUND VEGETARIAN MEALS. Vegetarianism makes more sense today than ever.

Part Three—Weight Control for a Healthy Body.

27. WEIGHT CONTROL — THE BASICS. The right attitude can help you take off calories—following the rules of nutrition, by Eloise R. Trescher, R.D.

28. THE REDUCING DIET THAT GIVES YOU MORE VITALITY. A nutritionally sound diet that controls weight and also makes you feel wonderful. Menus and recipes. By Eloise R. Trescher, R.,D.

29. THE FOOD DIARY THAT TALKS BACK. If you record what you eat, you'll find out what's causing weight problems, by Eloise R. Trescher. F.D...

30. DIET SECRETS F... *The Golden Door, Ma... La Puerta, The Gre... Eugenie-les-Bains.*

31. WEIGHT, WISH ... AND WILLFUL POW... obesity, from Dr. Marci... ty and starvation, from ... for weight los...

...OUR MI... ... SLIM. A... ...ou lose weigh...

Part Four—Exercise: The Healthy Body in Action

34. EXERCISE ROUNDUP. Indoor jogging, home bicycles, calisthenics, from Dr. Lenore R. Zohman; bicycling, jogging, from Dr. Willibald Nagler; skating from Dr. Tenley E. Albright; cross-coun... from Dr. John L. Marsh... total fitness f... Morehou...

...and how ...ward Colt, physi... ...w York Marathon; the ...running and the right shoes, from Dr. Richard O. Schuster.

37. DANCING—THE FUN EXERCISE. Experts talk about dancing; why dancing is good for your health. from Dr. Lenore R. Zohman.

38. HOW TO PERFORM BETTER. Getting the most out of your body—three tips to train body and mind, from Dr. Laurence E. Morehouse.

39. SLEEP—THE WAY TO A HEALTHY LIFE. The difference between physical and mental tiredness, from Dr. Ernest Hartmann; rhythms and sounds, from Dr. Joseph Mendels; how to relax for sleep, from David Davis, consultant to Mount Sinai Hospital, plus ways to help you fall asleep.

40. YOUR OWN HOME SPA—THE BATH. Bathing and your body, from Dr. Anna Kara; water, skin and cosmic forces, from Dr. Diane G. Tanenbaum; towel exercises from Larry Lorence, Director of Gala Fitness in New York; bath and toning exercises, from Barbara Pearlman.

Part Five—A Healthy Mind

41. HOW TO BE HAPPY WITH WHO YOU ARE. Prescription for a fuller life, from Dr. Erich Fromm.

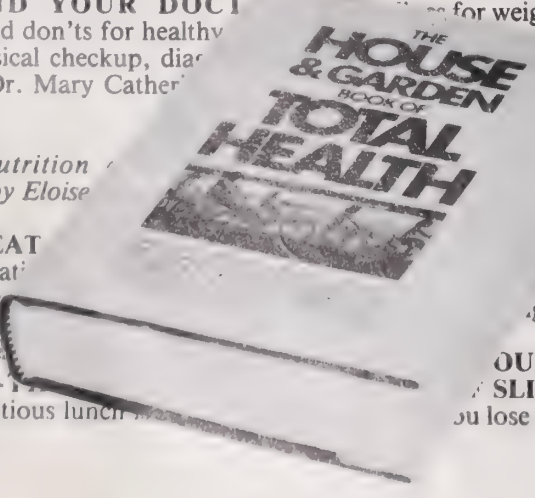
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BY RICHARD AND JEAN TAYLOR

New compacts for 1980

Four energy-saving, efficient, roomy, and comfortable American models to start the decade

Every American car company offers a wide variety of models for 1980, from mini-subcompacts just big enough for two passengers to large sedans. In between there are some excellent compacts that are in the fastest-growing market segment in America. These are cars in which a family with luggage can comfortably travel a long distance and yet still get good fuel economy. They are safe to drive, inexpensive to insure, and easy to repair. Here are four we found particularly to our liking:

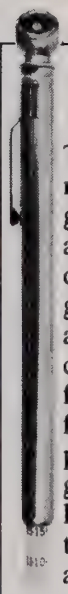
General Motors: The 1980 GM "X-body" cars may change the whole shape of cars in America. The X-body is fairly small on the outside, only a little over 14 feet long, yet the interior is very spacious for four adults. The cars are pleasantly peppy to drive, yet get a phenomenal 37-38 mpg on the highway. Chevrolet, Pontiac, and Oldsmobile all sell X-body models, but the Buick Skylark seemed to us the quietest and most comfortable.

Buick's Skylark comes as a two-door coupe or a four-door sedan. (Unfortunately there's no station wagon in the X-body line.) The version of the Skylark we liked best is the four-door sedan, equipped with optional V-6 engine and automatic transmission, power steering and brakes, and air conditioning. The Skylark Limited is a fancy interior and exterior trim model which has plush seats and a sound deadener package that makes this a surprisingly quiet and luxurious small car. It can cost nearly $8,000, depending on the other options you order, but that's still less than the average price paid for a new car in 1979.

If you need more carrying capacity, Chevrolet and Pontiac offer virtually the same car, but for a lower price tag and with a five-door "hatchback" body. You can buy a Citation or a Phoenix for less than $6,000—either is an excellent buy that should hold its value and still appear modern years from now.

Ford: The Ford Motor Company's Fairmont (also sold as the identical Mercury Zephyr) weighs less than 2,700 pounds

Continued on page 271



CAR CARE: HOW TO FIX A FLAT TIRE

The best way to change a flat tire is not to have to. Buy a tire pressure gauge (less than $3) and check the air pressure in your tires at least once a month. Don't depend on the gas station's air pump gauge to be accurate; bring your own. The usual cause of a flat tire is heat caused by friction because the tire wasn't inflated with enough air. Use 30 to 35 psi when you check tires (don't forget the spare). This will make them last longer, steer easier, and give better gas mileage. When you check the air pressure, look at your tires for cuts and abrasions on the sidewalls or sharp stones or glass in the treads. And when you park, don't scuff your tires on the curb.

If you do get a flat tire, there are some *basic tools* you should have in the car: a lug wrench, a jack, perhaps a large screwdriver. A flashlight can be a big help, too. The jack that comes with most cars fits on the bumper and is difficult to use. A better idea is a hydraulic jack which fits under the axle. You can buy one for under $25, and it's not only easier to use, but much safer.

Step 1: Pull well off the highway, out of the way of other traffic. Park on a level spot that's firm enough for the jack. You can't jack up a car in soft mud or sand. Turn off the engine and put the car in park if you have an automatic transmission, in reverse if you have a manual transmission. Put on the parking brake as hard as you can.

Step 2: Take all the tools you need plus the spare tire out of the trunk before you jack up the car. (You shouldn't be rummaging through the trunk with the car up on a jack.) Roll the spare tire near to the corner where the flat tire is, and check to make sure there's at least some air in the spare before you put it on. Many new cars use collapsible spares which come with their own air supply. There will always be instructions for using this type of spare on the tire itself.

Step 3: Use the sharp end of the lug wrench or the screwdriver to pry off the hubcap or wheelcover. Do a little on each side and it should pop off on the ground. There will be four or five "lug nuts" under the wheelcover holding the wheel to the car. Start by loosening these, but don't remove them. Your lug wrench should fit the lug nuts snugly. Everything may be a little rusty, so you might have to really push on the wrench handle. Lug nuts come off when you rotate them counterclockwise, so make sure you're turning the correct way.

Step 4: If you have a bumper jack, you'll have to fit the notched post into the square base, hook the lifting hook under the bumper nearest the flat tire, and use the lug wrench as a handle to work the jack. The jack will have a small trigger on the part that goes up and down which lets it move *up*—click!—or *down*. Figure out how this works before you try to use it. There should be an instruction label with the jack itself or in the owner's manual. If you've bought a hydraulic jack, place this under the axle very near the wheel. On most cars, there will be a flat plate beneath the spring that's a perfect spot to jack.

Step 5: The advantage of a hydraulic jack is that you lift only the flat tire; the other three stay on the ground. With a bumper jack, you must lift the entire front or rear of the car, then the suspension. It's much easier for a car to topple off a bumper jack. If it does, start over from Step 1. Jack the car until the flat tire is 3 inches off the ground. The new spare full of air will be bigger around than the flat, so you need extra room.

Step 6: Now remove all the lug nuts, using either your fingers or the lug wrench. Use the hubcap as a cup to hold the lug nuts safe. When all the nuts are off, pull the tire and wheel straight off. It should come with just a slight tug. Lay it down out of the way and put on the spare tire in the same way. Then replace the lug nuts on their threaded studs. It usually helps to thread a lug nut on the bottom stud first, then do the others.

Step 7: Use the lug wrench to tighten the lug nuts snugly. Be gentle—you don't want to pull the car right off the jack. Click the trigger on the jack and let the car down slowly until the tire is touching the ground. Don't put it all the way down yet, though.

Step 8: Now go back and tighten all the lug nuts as tight as you can, clockwise this time, of course. Tighten them in an alternate sequence to make sure the wheel gets on straight; don't go around the circle in order. Be sure you don't miss any for the final tightening.

Step 9: Lower the car with the jack until the jack comes free. Lift the flat tire into the trunk, along with the jack, lug wrench, and wheelcover. Don't bother to replace the wheelcover on the spare.

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Great ideas to give you a head start on Christmas

There's a good reason to catch the Christmas spirit early. When you get a head start on Christmas you give yourself a gift of time. Time to prepare for the celebrating with serenity and to enjoy every step in the process. Time for the thinking and choosing that makes each present a true expression of your affection. Time to have time for all the spontaneous festivities of the season.

We don't think you'll need any more encouragement when you see—and read about—this year's exciting new Christmas presents. There are hundreds of **ideas for presents** in this issue and we've chosen 199 terrific ones to illustrate in color. Some of these we picked purely for their pleasure-giving potential. Because they are entertaining—the chess-playing computer, for example—or because they are simply beautiful to look at or listen to or taste. But the great majority of this year's presents have more than their good looks going for them—they are very useful things to have around the house or garden. Most would find a welcome in any household on your list, but we've included some for people with very special points of view. A cook who is serious about soufflés would covet the copper liner for the bowl of her KitchenAid K5A, and a miniature enthusiast, the inch-high Coalport teapot. New cookware scaled to small households will win the gratitude of the individual or couple who doesn't care to cook in quantity—we know some who feel very strongly about this. In fact, you'll have no problem pleasing anyone on your list who cooks. It's a vintage year for kitchen presents: why-didn't-they-think-of-it-before gadgets—a turkey turner for example. Professional-quality equipment to last a lifetime. Marvelous work- and time-saving machines.

Because there's a bottom line on everyone's Christmas list, price was also a consideration in our selection, but price in relation to quality. In a year when everything costs more, we feel that you'll want to make sure that what you give gives lasting pleasure and beauty and use. We've tried to choose presents you'll be proud of whatever your budget. You'll find presents, serious presents, for less than $10 throughout the gifts-in-color pages, and more elsewhere in the issue. And you'll find a few presents that are frankly luxurious with price tags to match. We couldn't resist them—dreams belong to Christmas—and besides, this might be your year to splurge. In fact we're finding that more and more families are pooling their Christmas present money to buy themselves one great present they can all enjoy—a projection TV, a wonderful antique, a longed-for trip, a great new kitchen machine.

If you find more joy in giving presents you make yourself—and we know people who wouldn't consider giving any other kind—you'll find ideas we've collected especially for you. Wonderful soft cars that will *make* the children's Christmas morning. A round-up of new kits and patterns for a variety of easy-to-make projects. And don't overlook the presents-to-buy pages as a source of inspiration. Crocheted placemats, if you're creative with a crochet hook, or a cake from your own treasured recipe could be your present of the year. Two suggestions to start you off, you'll find more. And we hope you've already started with some of the many make-ahead ideas on the Christmas Countdown pages in our September and October issues—our gift of time to the Christmas craftsman.

Hospitality is just as great a part of Christmas giving as presents are—the holiday spirit thrives on sharing and company—so lots of the ideas in this issue have to do with hospitality. **Ideas for parties** and party tablesettings. **Ideas for food:** a mix-match menu plan—with recipes—for a dozen great meals or one spectacular buffet. A surprising twist on the traditional Thanksgiving dinner—it's a picnic. But you don't need the setting to try the recipes. 7 fabulous desserts from a famous French chef. M.F.K. Fisher's simple, splendid Christmas dinner. Imaginative recipes from the California wine country. Great buys in champagne and sparkling wines. **Ideas for decorating.** Because the first step in your holiday preparations may well be freshening up your rooms. There's no better spur than the prospect of a party to doing all the fixing up you've been meaning to do but somehow haven't managed to get started. We're offering inspiration in the form of some very inviting rooms—an imaginative one-room apartment, a serene and pretty house for family gatherings, a dream of a country kitchen, a farmhouse full of family antiques, collections, and personality. And some very exciting rooms in which top designers use new romantic fabrics and sheets in fresh and creative ways. All of them rooms with **ideas to stimulate your ideas.**

The attractive setting, the food and wine of hospitality, the presents we give are a material language we use to communicate our love and generosity. But we haven't forgotten that there are other languages, nonmaterial ways to demonstrate the same feelings. Some of our most provocative **ideas for giving** are concerned with them. A distinguished psychologist discusses the techniques and rewards of psychological giving. And on the very last page of this issue, you'll find out about a gift we can all join in giving each other this year—the gift of equality.

The gift of hospitality



A houseful of holiday spirit in just one room

This house is just one room made festive with yards and yards of soft painter's canvas, tucked and tied around a sofa, stitched into chair cushions, draped floor to ceiling. Brush in a bright kilim rug, splash on baskets of red flowers, frame the room with leafy green ficus—and start the party! "Moving here was an experiment," confides San Francisco cooking teacher and fashion buyer Emalee Chapman, who entertains up to 30 people in her studio apartment looking out to the San Francisco Bay. "I've found that to make one big space work, keep it simple, be selective. Most of my few pieces of furniture are large, like the Venetian cupboard and my canopied bed, and placed to keep the open space *open*. I have around me only what appeals to my eye."

Far left: In the dining corner, mirror-topped table is angled between Venetian cupboard and gilt-framed mirror—both finds from Florence. *Left*: Emalee Chapman, in holiday apron, slices an orange-chocolate-strawberry bombe in the compact kitchen.

HOLIDAY SPIRIT IN ONE ROOM

"Make every element count, especially in the kitchen" is Emalee Chapman's motto. Her entertaining strategy hinges on a flexible plan—"I mix and match the recipes I teach in my holiday workshop [*right*] for party menus from Thanksgiving to New Year's Day." Most are done well ahead and can be served twice, like the ham and cheese mold, lovely chilled and sliced the next day for a small brunch. What's practical and simple can be dramatic, too. Mrs. Chapman groups tiny votive candles between serving platters, banks the buffet with gardenias in bloom, then, before dinner, leads guests out to her sliver of terrace for sunset-gazing over cocktails. "The paring away, the simplicity, make me tranquil. I'd say the one-room experiment has been a success." For menus and recipes, see page 80

"Food, like rooms, should be arranged to please the eye."



Above: The hostess ready and waiting in festive silk kimono. *Right*: Rounded Syrie Maugham sofa placed on diagonal opens up the room. Gold-tooled "columns" on table behind are encyclopedias stacked for easy reference. *Center right*: Morning sun warms white and wicker room through windows over bay. *Far right*: Carved canopy and posts lavishly draped turn a place to sleep [illegible] hideaway

Karen Radkai



Pork with orange

Zucchini, string bean, celery vinaigrette

Orange, chocolate, strawberry bombe




Tagliarini soufflé
m cheese mold
Prune cake
ccoli pudding
Cold pasta salad
Bollito misto
Prosciutto and cheese mold



The gift of hospitality

A house for family gatherings

One big heart-of-the-house room where adults can relax and children can play

This is a house designed for entertaining — entertaining three generations of one family that gathers for the holidays. The owners wanted one big heart-of-the-house room where everyone could congregate—and it's become the most-used room in the house, even when they're there alone. Working with designer William Hodgins, they closed the kitchen with an L-shaped counter-buffet and set off the sitting area with a rug made from rag runners sewn together.

Left: For the family room, cool tile paving, pine furniture, country French prints. *Opposite page insert*: Sleek kitchen space with country tile-patterned backsplashes. *Below*: For dining, a French pine table and Windsor-style chairs painted red. Above the English pine buffet, a painting by Peter Sobin. *Bottom*: Just beyond the glass doors, the swimming pool.

A HOUSE FOR FAMILY GATHERINGS

A living room with two separate seating areas and a game table; a master bed-sitting room that's a get-away-from-it-all retreat

Because they're New Englanders at heart, the owners wanted to bring their roots to Florida. Thus all the pine furniture and country prints in the family room. In the living room, there's a lot of wicker furniture—all in keeping with Southern decorating—but instead of the bright colors you might expect to find in a tropical climate, designer William Hodgins filled the room with a rainbow of pretty pastels. Sofas are piled with color-soft pillows made from silks, cottons, saris. Wicker armchairs wear a mauve print that warms the rest of the furniture—white with one exception: the green ottoman—"a welcoming surprise."





n the master bedroom next door—at the far nd of the house, away from children and randchildren—Mr. Hodgins borrowed the iving room's pinky mauve color and used it verywhere. One quiet print, so subtle it eems to blend right into the rug, is used for urtains, dust ruffle, pillow shams, and up- olstery for the headboard and sofa. On the vicker armchair, a cheerful country print everal shades brighter gives the all-over nauve an added sense of lightheartedness. The total effect is understated and femi- ine—but not overly so: Large-scale Early American furniture gives the room a sense of balance and proportion.

Opposite page top and bottom: The living room—big enough to entertain large groups, but warm enough with two separate seating areas to welcome two. Each area has its own rug—a durrie and a handwoven one—that floats on the tiled floor, a continuation of the one in the family room. Over the big sofa, a painting by Friedel Dzubas.
Above: In the master bedroom, a private sitting area (there's a small refrigerator behind the sofa). Bedside lamps were painted to look like marble.
Right: In the back of the house, pool and big pine tree—shades of New England.



Beadle

The gift of hospitality

A kitchen where parties begin

Open storage, a big fireplace, and a central work island make preparations a pleasure



Not just a kitchen in the country, but a real country kitchen where fresh foods can be turned into delicious party dishes—that's what the owners of this house had in mind when they designed this kitchen. Inspired by old-fashioned European kitchens, it was planned for working (for sit-down dinners, there's a brand-new dining room next door). Utensils are all in easy reach of cooks working at the big maple-topped island, complete with its own drawers, cutlery and towel racks, hooks for cutting boards, even electrical outlets. The sink area, visually separated from the rest of the kitchen by its arched nook, recalls the separate sculleries in European kitchens. Six different tiles further define the spaces: Undercounter cabinets in cooking and clean-up areas are faced with Portuguese tile in two colors. Above the cooking counter are two more tile patterns and, over the sink, yet another. On the floor, easy-to-maintain Mexican terra-cotta tiles share space with Italian tiles scattered like pretty mosaics in a palazzo.





Opposite page: The cooking side of the kitchen with two 1920s stoves, modern ovens, and a tiled sink with an iron arm to hold draining vegetables. *Top:* The central work isle. In the rear, fireplace on a raised brick hearth flanked by floor-to-ceiling storage. *Above right:* In one corner, a stand for writing. Above the counter, compartments for trivets and, next to it, a rainbow of napkins behind a plexiglass door. *Right and far right:* China cabinets with chicken wire doors, tilt-out storage below. Beyond, walk-in pantry. *Left:* Behind the tile facades, more storage.



Tom Yee

The gift of hospitality

New Rules for Entertaining

BY STEVEN M. L. ARONSON

A lighthearted look at today's hospitality: what matters, what's changed, plus some new ways to solve sticky situations



Pam and Billy have been invited to Claire's first big Sunday lunch party in the country. On the face of it, this could be any imperiously lazy Sunday lunch in the whole of human memory. Except that Claire has just realized how much she dislikes Pam, who this time has brought along her 5-year-old, now busy fondling a piece of Baccarat crystal. And there's Brian's ancient water spaniel, all coiled up on the silk of a good chair. On top of that, Barbara, knife-blade-lean and determined to stay that way, is looking very uncomfortable with the rich food.

The piece of crystal breaks. At that moment, out of an eye's corner, Claire notices that in her roving confusion she has not only invited a newly separated couple, but seated them next to each other. Caught within a question mark, and without guidelines, she thinks, "I'm done for. Nobody can help me in this situation."

There's every possible version of misery at this party. Of course it doesn't always happen at once. But many of these things do happen in pieces. And we don't know what's expected of us. Yet we have the feeling we *should* know. The etiquette books aren't being updated fast enough to keep pace with the wild shapes hospitality can take these days.

Hospitality means *people*. As a rather social anthropologist once pointed out, "lions do not ask one another to their lairs, nor do birds keep open nest; when you give a bone to your dog, he doesn't run out and invite another dog to share it with him, and your cat doesn't insist on having a circle of other cats around her saucer of milk." It's people that hospitality engages, and it engages them at the highest level, where they are all trying to be at their best.

But how can we be at our best when we don't know what the best is any more? And how, then, can we presume to entertain?

Entertainment reifies; at the same time, it exposes and dramatizes, showing both what our lives are and what we imagine them to be.

What entertainment also does is make the covert social system visible. In the old system, there were feasts aplenty and an army of servants to soldier them, amounting to no less than a domestic version of warfare. The guest was looked after at all costs; eight, nine, ten meals were child's play, and additional hay might even be brought to feed his horses.

This world of rules, great expectations, and high protocol, which these banquets so implacably marked, has nearly vanished. And with it the kind of hospitality that offered its participants a language and code they could readily understand.

Between the World Wars, a group of stylish theatre people—all of them old, old friends—took a house together in Bermuda. In a frenzy of good spirits they decided to play a joke on one of their number, a jolly tippler. They had all the vegetables dyed strange colors—the potatoes purple, the carrots green, etc. When he protested, they insisted there was nothing amiss. As they were all actors, you can imagine how beautifully they carried it off; no one cracked a smile. "What *are* you talking about," they said, with the gravest possible innocence. "Perfectly delicious" (and they put on a little more salt and pepper and proceeded to scrape their plates). Naturally he couldn't eat the purple potatoes, green carrots, magenta mash, and bright blue peas.

The prank was fun, because it had been played within the security of a known world

Continued on page 21

Editor's note: Steven M.L. Aronson spent a decade in publishing, most recently as co-publisher and associate to the chairman at Harcourt Brace Jovanovich, Inc. He is co-authoring a book, HYPE: The Phenomenon of Disproportion, *to be published by William Morrow and Company. He also serves on the boards of directors of several cultural, philanthropic, and humane organizations, including the American Society for the Prevention of Cruelty to Animals.*







"Entertaining is a way of giving, of telling your friends you love and appreciate them," says Alexandra Stoddard, an interior designer, author, and mother of two children, who loves to give big sit-down dinners such as this one for 36 people—in almost every room in her city apartment. "A dining room is dead space most of the time," she believes. So hers has become a library/family room. "With 36 stacking chairs that are stored in a linen closet, portable tables, plus two tabletops that hang on a wall when not in use, the hallway, library, and bedroom become perfect dining spaces." To create the sparkling and pretty effects you see here, she calls on her collection of glazed cotton tablecloths (all unhemmed for flexibility), napkins, candles, and seasonal flowers. The food is simple, pretty to look at.

A party in every room

When you love to share a celebration, every room in the house can be turned into an entertaining space







Clockwise, from top: Alexandra Stoddard, with colorful flowers for the party. In the hallway, 2 tables for 8 are decorated with ice cream-colored cloths and napkins; the hallway in its nonparty state (the two white plant stands are table pedestals); twin bedroom in peach pastels with quilts and white trim; transformed for an intimate party setting, the beds, pushed back against the wall, make banquettes with oversized cushions for 2 tables of 5; in the library, a party table seats 10 in cozy comfort among the books.

The gift of hospitality

Thanksgiving outdoors

New twists on traditional American foods for a portable holiday picnic



THANKSGIVING MENU

Hot apple cider
Corn and oyster fritters
Chicken broth with lemon and snow peas

Turkey kebabs with mushrooms and peppers
Wild rice, Cranberry chutney

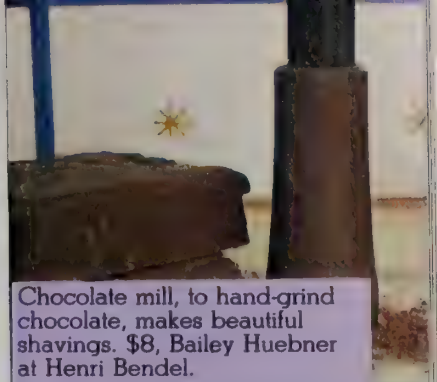
Coconut, Pumpkin and Inge's breads
Sweet butter, Cheddar cheese

Walnuts, tangerines, apples, grapes
Cookies, stuffed dates

Louis Martini California
Mountain Pinot Noir

199 terrific presents

to cook with
to look at
to put things in
to stitch
to garden with
to wrap yourself in
to play with
to relax with
to love



Chocolate mill, to hand-grind chocolate, makes beautiful shavings. $8, Bailey Huebner at Henri Bendel.

China-box house, by Michael Parkinson. 6 by 7 by 3 in. $20, at Gordon Foster Antiques.



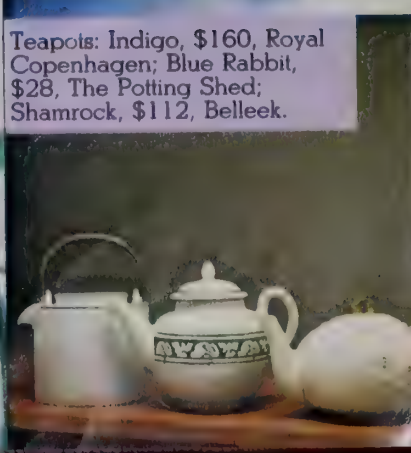


Cat scarecrow, metal with crystal eyes that catch light. $5 ppd., at ffolio 72.

Portable telephone, 2,000-ft. range. Uses battery or house current, 8¼ in. $595, Hammacher Schlemmer.



Teapots: Indigo, $160, Royal Copenhagen; Blue Rabbit, $28, The Potting Shed; Shamrock, $112, Belleek.



Special delivery: Send a glorious bouquet of fresh cut flowers—joy to someone special every month, week, or day. Ask any member of the American Institute of Floral Designers in your city to help you plan for the gift of flowers or plants. *Above*, Zibby Tozer, of The Flower Service in New York, arranges flowers for a Christmas Eve surprise.

Prices approximate. Store addresses, page 216

The gift of hospitality

Thanksgiving outdoors

New twists on traditional American foods for a portable holiday picnic



THANKSGIVING MENU

Hot apple cider
Corn and oyster fritters
Chicken broth with lemon and snow peas

Turkey kebabs with mushrooms and peppers
Wild rice, Cranberry chutney

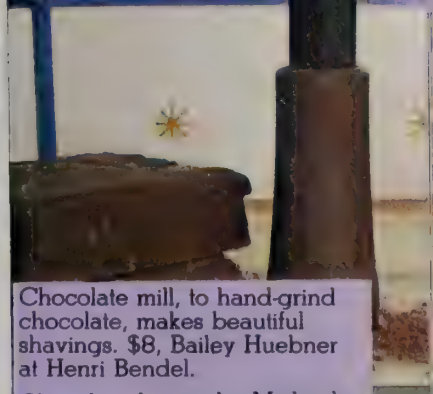
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Louis Martini California
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199 terrific presents

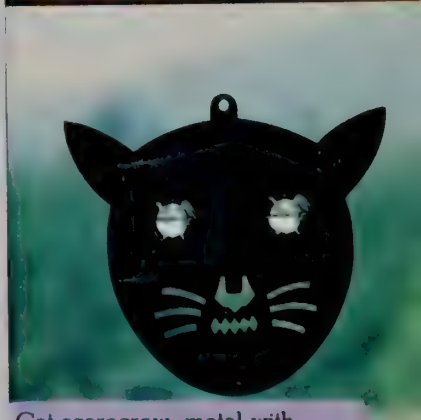
to cook with
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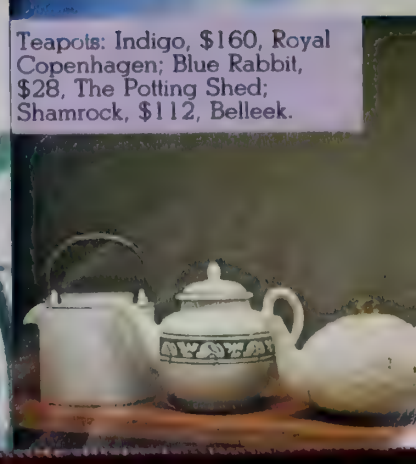


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Prices approximate. Store addresses, page 216

99 terrific presents and ...

For people who love to be at home — little things to make being there even more wonderful



Terra-cotta candlesticks, handmade in Portugal. $3.95 each, at The Pottery Barn.



Rattan basket with handle, #6257, 20 in. wide. $96 b Blair Rubel; needlepoint ru canvas, 32-in. sq., and woo $750. All at Woolworks.



Bath mitt, $7.75; backstra $18.75; sponges: small, $3.50; with rope, $7.75; back, $16.50; for body, Cassa/Crayonne, at Bull

Vogue: Book of Fashion Photography 1919–197 Polly Devlin. $29.95, Si and Schuster.

Porcelain bowl, handthrown and handpainted by Roy Hamilton. 16-in. diam. $175, at Gordon Foster Antiques.



Desserts: Give a credit for a choice of pastry treats from a favorite bakery.



"Guirlandes" china egg cup, plate, spoon. By Ceralene. $72.50 at Baccarat. Flatware, 5-piece setting, $15; ceramic dinnerware, handmade, with greetings, 3-piece setting, $39. Bailey Huebner, at Henri Bendel.





Oval Shaker nesting boxes, from 7 by 8½ in. to 3½ by 4½ in. By Faroy Sales. $9 set of four, at Jenny B. Goode. "Tip & Sip": carafe, 6½ in. high, and glass. By Schmid. $10 at Bullock's.

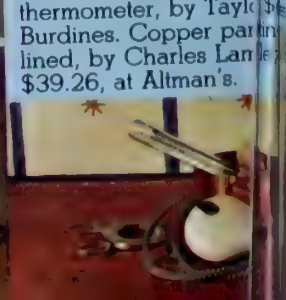
Cashmere blanket with wool binding, 83 by 98 in. $720, Agnona, at Clarence House.







60-minute timer with ... Terraillon; $16 at Mar ... Field; Rowoco Egg Sn ... $2.95, at Cook's Mart ... thermometer, by Tayl ... Burdines. Copper pan ... lined, by Charles Lan ... $39.26, at Altman's.



celain tea set, handthrown
painted by Lynn Evans.
s and saucers, $30 ea.;
ar bowl, creamer, $30.
Gordon Foster Antiques.
quered pieces: 4-in. box
cover, $7; nesting boxes,
.50; trays: 7½-in. with
dle, $15; 13-in. round,
.50; 14-in. square, $17.
asa, at Saks Fifth Ave.

A dozen glass ashtrays, 3½-in. diameter. Approx. 60¢ each, at Manhattan Ad Hoc.
Crocheted placemat, cotton, 12 by 18 in. Handmade in China. By Faroy Sales. $4.50, at Jenny B. Goode.

Cotton damasks, reversible: tablecloths and napkins; kitchen/hand towels, $5–$58; all by Le Jacquard Français, at Macy's.
Crumb-catcher cutting board, 14 by 7 in., with Copco knife. $35 together, by Bailey Huebner at Henri Bendel.

Porcelain plate, 11 in. square, by Lynn Evans. $50, at Gordon Foster Antiques.
Kitchen towels, plaids and stripes. All cotton, 28 by 20 in. By L'Art de Chine from Fitz and Floyd. $2.50 each, in red, blue, brown, black.

nches of candles, 12 in., n-drip. $7.80 a dozen, by nox Candles.

Linen napkins, 21 in. square. By L'Art de Chine from Fitz and Floyd. $2.50 each, at Williams-Sonoma.

Hostess aprons: red sailcloth, $19 by Barbara de Wolfe. At The White House. Canvas, leather straps, $22. Bailey Huebner, at Henri Bendel.

Blueglass, all handblown: 64-oz. pitcher, $24; 8-oz. glasses, $8 each. By Villeroy & Boch, at Pampered Kitchens.

mpagne truffles, $16 a
nd, Teuscher Chocolates
witzerland; Schramsberg
c de Noirs, a California
mpagne, $14.

Drip teapot, of oven- and microwave-proof French porcelain. Makes 6 cups. $23, by Hoan.

"Walnut" stoneware soup bowl, $7.95; on Woodcraft salad plate, 10¾-in. diam., by Bob van Allen, $10. Both by Mikasa.

Compact digital alarm clock, blue or red enamel, gilt trim, 4 in. long. By Seiko. $95, at Saks Fifth Ave.

king utensils, rosewood
dles: 13-in. fork, $5.10;
-turner, $7.75;
ula, $5.35. All at
essional Kitchen.

Braid of garlic, lasts 6 months. Pink, $11.50, or white, $14.50 ppd. From Fresh Garlic Association.

Selected imported beers, imported and domestic waters. Stainless steel pails: 15-qt., $32; 13-qt., $25; both by Vollrath, at Ace.

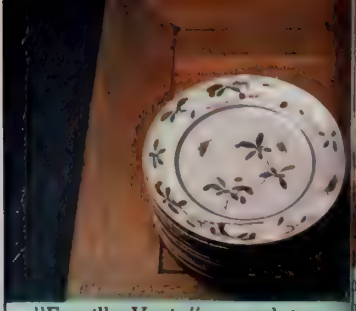
Placemats, 18 by 14 in.; napkins, 22 in sq. Half cotton/half polyester. By Now Designs. $3 each at The Silo.

Prices approximate. Store addresses, page 75

For people who love the personal touch —a collection of things for special occasions or special moods



'Cloud' goblets aswirl with color and delicate bubbles. Handblown by Josh Simpson. $22 each, available at Design-Technics.



"Famille Verte" porcelain dinner plates. By Mottahedeh. $25 each, at The Metropolitan Museum of Art.



Spiral candlesticks of crystal, 7 in. tall. By Masters Edition. About $45 a pair, available at Bloomingdale's.

Beeswax candles, 5 in. tall, 2 and 1½ in. wide. $8, $5.50 each, respectively, at St. Remy L'Herbier de Provence.



orcelain tulipier, wood-oxed. Designed by larence House for Haldon. 60, available at Neiman arcus by Post.

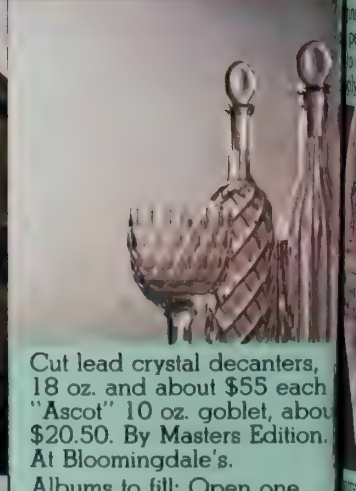




Postcards! 12 folk art, $5 ppd.; 8 decoy, $4 ppd. Museum of American Folk Art. Fruits printed by Abrams, 50¢ each at Bullock's. Photocards, 30¢ each at Witkin. Add stamps and a ribbon—they're a gift. Child's rocking elephant, 18 in. high, wood with denim ears, a rope tail. $45, at Harriet Amanda Chapman.



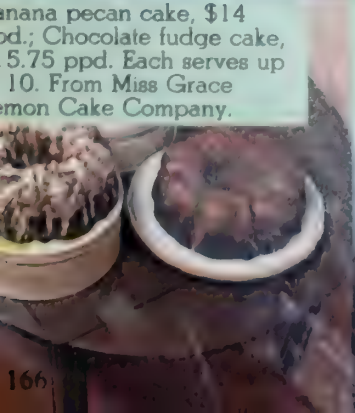
"Betsy's Loaf," loaded with walnuts, dates, grapefruit zest, more confection than cake. 28 oz. silver-colored tin, $16, from Betsy's Place.
Glass wine cooler with metal bottle pocket. 8¼ in. high. By Orrefors. $99, at Bloomingdale's.

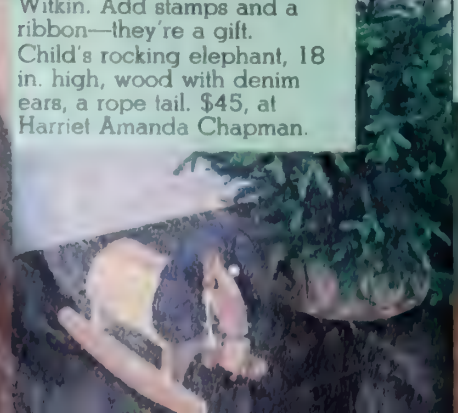


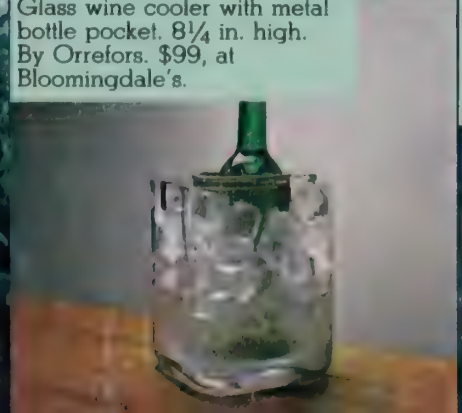
Cut lead crystal decanters, 18 oz. and about $55 each "Ascot" 10 oz. goblet, abou $20.50. By Masters Edition. At Bloomingdale's.

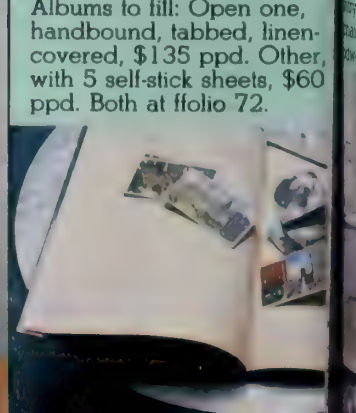
Albums to fill: Open one, handbound, tabbed, linen-covered, $135 ppd. Other, with 5 self-stick sheets, $60 ppd. Both at ffolio 72.

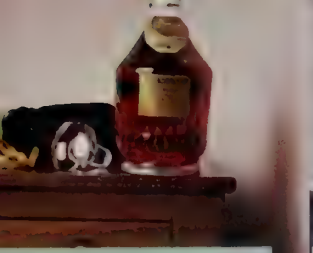
anana pecan cake, $14 pd.; Chocolate fudge cake, 5.75 ppd. Each serves up 10. From Miss Grace emon Cake Company.











nessy V.S.O.P.
npagne cognac in
arat decanter, velvet
red box. $103,
rted by Schieffelin.



dmade ceramic basket
ry storage. $300, at
firma Ceramics.
o album covered in
n floral paper in any of
olors. $42.50, at The
terranean Shop.



nia country ham, peanut-
pepper-coated. $2.25 a
o order from Holland
ly Company.



try seat: Rustic ironwood
hair. $325, at Parrish
dworth Florist.





Pillows made from antique durrie rugs. 19 in. square, Dacron filled. By Harris Kosmas. Through decorators only, from LCS.

Basket of five fine herbal seasonings for fish. $15 ppd., available at St. Remy L'Herbier de Provence.





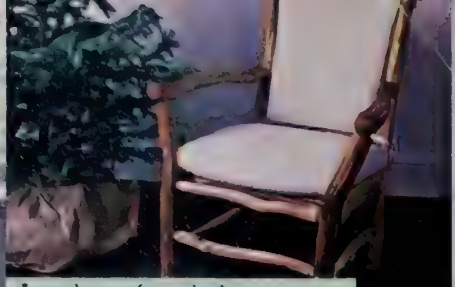
Antique porcelain teapots with brass handles. Chia Ching dynasty, from China. Through decorators only, from China Seas.

Carry on: Dovetailed wooden tray. $22, by Bailey/Huebner at Henri Bendel.



Facsimile print of "The Gospel Union Fruit Bearing Tree." Limited edition benefiting Hancock Shaker Village. $100 unframed, at Hirschl & Adler.





Armchair of peeled alderwood, with canvas cushions. $450, at Parrish Woodworth Florist.



Infusion cups with herbal tea to match. 6 titles. $23 each ppd., at St. Remy L'Herbier de Provence.



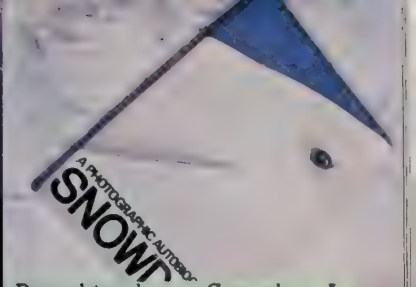
Handwoven mohair afghan, 4 by 6 ft. By Mikana. Ready-to-buy or in custom colors and sizes. $380, at George Clarkson Interiors.



Coalport "Blue Willow": 3-pint pot, $82. Special-order miniatures, with inch-high pot, $55 set. Altman's.

"Zig Zag" queen-sized top sheet, two French-style pillowcases with embroidered trim. $136, at Léron.





Bound to please: *Snowdon, A Photographic Autobiography* By Lord Snowdon. $29.95, published by Times Books.



Hardmilled soaps with honey, palm oil, or olive oil. No animal fat or detergent. $2.50-$3 each, at St. Remy L'Herbier de Provence.

Child's cane and bamboo rocker, 22 in. high. Imported by F.O. Merz & Co. $50 at Wicker Picker.





Handpainted "Palio" earthenware pitcher has any of 17 Sienese crests, holds a liter. $19.75, at The Mediterranean Shop.

"Anna" handpainted decanter, $59. Shot glass, $20. Claret, $35. Tumbler, $24.50. By Orrefors.



Prices approximate.
Stores, page 75

©Per Dalsga







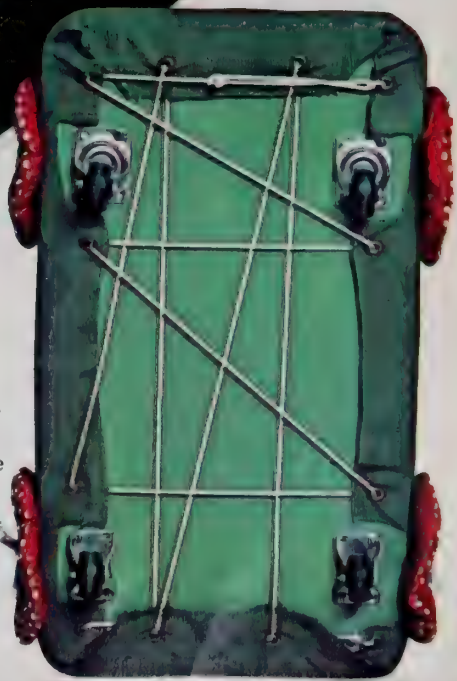
lere's a sporty coupé for one—with tie-on polka-dot wheels (the met-l ones at right do the real work) and a removable red seat back and ushion. See how the cover laces around the base, *opposite page, ght.* A lattice rim helps position the body securely.

Take a ride in a breezy roadster, complete with visor and steering wheel (out of foam semicircles, *right*), and lots of fancy enginework. The three black stripes are actually strips of webbing (they're rolled up, *right*) that tie the body on. The foam wheels go on with Velcro.

For children who love to get up and go — fun cars to build from fabric and foam

Here are 3 easy ways to put imagination on wheels. Comfy, colorful, and child-sized, these cars, designed by the Danish team of Per Dalsgard and Elisabeth Erichsen, have enough built-in ingenuity to power endless adventures (no energy crisis here). They're made out of simple foam rubber (you have the pieces cut to size at the store—just glue together with rubber cement). Sew a cloth cover to fit over the foam body and lace it under the chipboard base—it unties for easy washing. Four sturdy wheels make for safe driving (the front ones are multidirectional for easy turning). Deck the car with what's on hand—rickrack for fancy grillwork, patchwork for spare tires, and lots of calico for intricate engine wiring. For complete instructions, see page 60





Climb aboard this classic wagon—there's an extra-wide base for a footrest and a white bumper from tacked-on garden hose. Cover sides tuck under foam—front and back flaps lace underneath the chipboard base to tie the car body on. *Right:* How the coupé *(opposite page, left)* laces up. Car mechanics: You should be able to custom produce any of these three cars for about $60 to $65 each. The foam will be about $35 (less for the wagon since there are no special cuts to make); chipboard (½ inch thick), $3; wheels, $2.50 each; grommets, $2.50 ($8 with installing tool); cord, $1; rubber cement, $4; fabric for cover—what's on hand.



Great Awakening Programmable Clock Radio, only 3 lbs.; 2 different wake-up settings. $117, by GE.

Electronic Scrabble, the classic word game now computerized. $35, by Selchow and Righter.

Projection TV, 5-ft. diagonal screen, 4 speakers. $4500, by Quasar.

Mini-components, maxi performance: FM Quartz synthesizer tuner, *upper left*, $499; amplifier, *lower right*, $599; 7-in. speakers, $169. By US JVC Corp.

M-100 Translator with a vocabulary of 5,000 words and phrases in 6 languages. $200, by Craig.

RQ-1 Calculator with clock, AM/FM radio, alarm, calendar, all under 5½ in. long. $130, by Canon.

Bose Spatial Control Receiver with adjustable frequency to control the spatial presentation of any recorded music. $799, by Bose.

Dream Machine, AM/FM radio with digital time, two alarms, dream bar for extra sleep. $35, by Sony.

"Maniac," an electronic brain twister with adjustable skill levels for 2-4 players, ages 8 and up. $40, by Ideal.

Copper liner designed by Wade Bentson for KitchenAid mixer bowl. By Atlas. $40 at Macy's, San Francisco.

Portable convection oven, removable glass door. By Maxim. $225, at Bloomingdale's, N.Y.

Egg coddlers, glass with stainless steel tops, 2-egg capacity each. By WMF of America. $14.50.

"Just for One": 5-qt. stainless colander by Vollrath, $9, at Ace; Crème Brulée Dish, $17 at Pachuka. Le Creuset saucepan and French oven, $24 and $25; 6-cup stainless Severe kettle, $15, all at Macy's; Copper saucepans, $33-$40, at Cook's Mart; 3-cup French Coffee Maker, $62, at Altman's.

25-lb. scale calibrated in pound units, $27.35; 5-lb. baking scale in ounces, $24.20. By Pelouze, at The Professional Kitchen.

Copper double boiler with Limoges insert, brass handles. By Charles Lamalle $319, at Cook's Mart.

Minnesota Wild Rice, grown from a tall, aquatic North American grass, $11- $15 per pound, at gourmet shops.

Classic Chefware in aluminum. By Mirro. $25-$42, at Macy's, New York.

nplifier, 10½ in., $370;
M stereo tuner, $340.
ette tapedeck, $560;
fier, *right*, $500. Mini-
onents by Mitsubishi.



"Intellivision" home computer that plays games, teaches, has excellent memory. $500, by Mattel Electronics.

Le Tour IV 10-speed bicycle in blue or red; weighs 30 lbs. By Schwinn. $181, at Frank's Bicycle Shop.





Hand-held electronic baseball for one or two players. $30, by Mattel Electronics.

Color TV, 19-in. with digital clock, programmable turn off, turn on, and viewing schedule. $569, by RCA.



"Gram Cracker" stereo headphones, a light 4¾ ounces. $30, by Audio Technica U.S.



-TV, 5-in. screen,
ble black & white, with
for automatic shutoff or
-up. $190, by Sony.





"Stop Thief" electronic game with computerized scan for 2-4 players, ages 8 and up. $30, by Parker Brothers.



Totable TV, black & white 5-in. diagonal screen, AM/FM radio, shoulder strap; 11 lbs. $200, by Quasar.





er failure warning light
comes on when power
off. $17, by Sanyo at
macher Schlemmer.

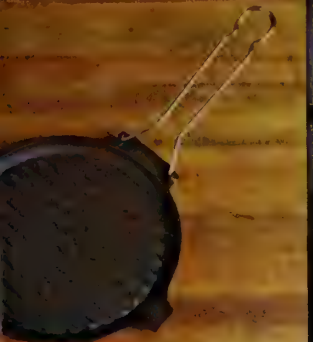


"Endura 365" easy-to-grab disposable flashlights that come in a variety of colors. 99¢, at Lamston's, N.Y.



Chess Challenger 10, the computer that plays at 10 skill levels. $275, at Hammacher Schlemmer.

iron grill, 9 in. round in
matte finish. Le Creuset,
chiller & Asmus;
95, at Macy's.



Carafe Kettle in heat-resistant glass, by Chemex. $25, at Bloomingdale's.



Bourdier d'Auvergne gift crates with faïence ware: soups, tureen, $125; oil, vinegar, cruets, $97.50. From Maison Glass.





Kitchen utensils: whips, spoons, brush. $2.35-$5.25, The Professional Kitchen.

Mezzaluna with wooden handles, $10.50 by Peugeot; 6-in. stainless-bladed cleaver by Wustof, $32; tinplated steel meat pounder, $9.50. The Professional Kitchen.



Whites": saucepans, 6-
teapot, 9-in. pieplate, 8-
an, open roaster. $4.75-
95, by Corning.



Unglazed stoneware shortbread molds. By Hartstone. $12.50 each, at China and Garden.



Cookbook markers by Tolley/McCaffery, 10 per package. $6.25 ppd., at Paper and Ink.



Prices approximate. Stores, page 175



Pruners, double edged. Red handle. $13.50 ppd., at N.Y. Botanical Garden Shop.

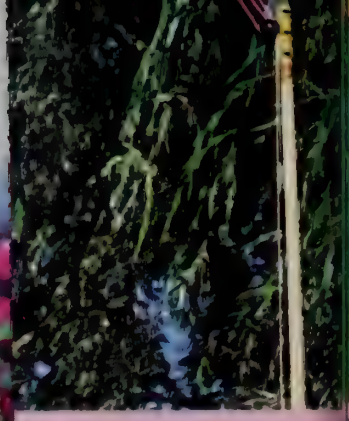
Refrigerator or freezer that runs on car/boat lighter. Has 25-lb. capacity. $360, by Norcold, in Sears catalog..



Indoor hive for harvesting honey without handling bees. $229 assembled, at Observation Beehive Co.



Plant Communicator sounds report indoor/outdoor plant needs. $14.75 ppd., at Horticulture House.



Tree Trimmer (or grape or rose pruner) in two 4-ft. sections snips 1¼ in. limb. $21.49, by True Temper.

Window box and brackets painted white. Pine, 30 by 6¾ in.; 8¾ deep. $26.50 ppd., at Walpole.





Watering can, lightweight red polythene; 4-qt.; fine-spray brass nozzle, $25.75 ppd., by Haws at W.F. Nick

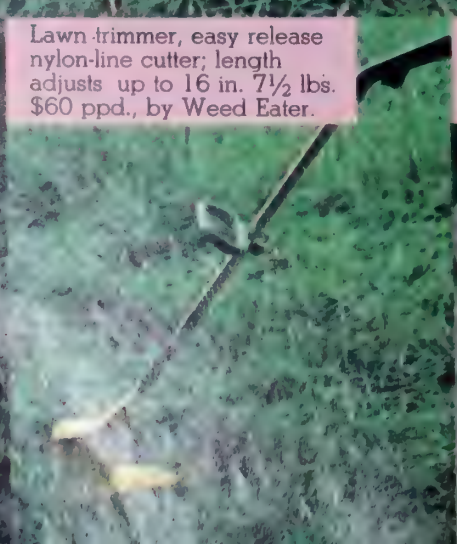
For people who love their gardens inventive things that make the pleasure grow



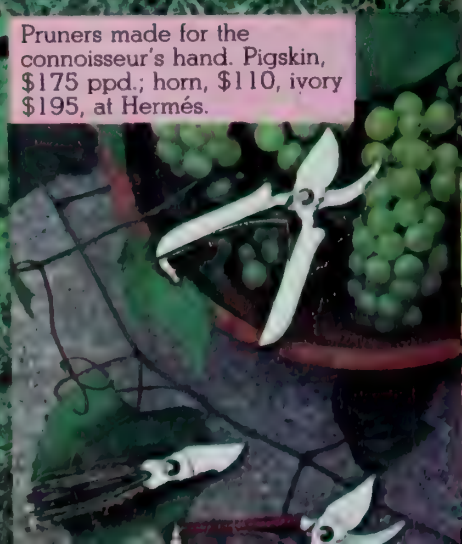
Tool Toter with four digging tools and compartments for seeds, bulbs, markers. $10.99, by True Temper



Lawn-trimmer, easy release nylon-line cutter; length adjusts up to 16 in. 7½ lbs. $60 ppd., by Weed Eater.



Pruners made for the connoisseur's hand. Pigskin, $175 ppd.; horn, $110, ivory $195, at Hermés.





Hose tender to let hose tu corners; copper owl, bird, squirrel. $20 ppd., at Missouri Botanical Garden

ifying glass, 10X, for
eye view. Add your
ariat. $5.45 ppd., at
Botanical Garden Shop.

Garden hose winding up to go places in cassette. 50 ft., 4 lbs.; $30.99 ppd., by Toro.

Birdhouse handcrafted for small songbirds; 1 ft. high. $12.95 ppd., at W.F. Nicke.

pH Tester to measure your soil, pool, for acidity or alkalinity. $21.45 ppd., at J&M Instruments Co.

Garden ornaments, weather vane style, 27-in. rods. Rabbit, cow, or lamb. $12.50 ppd., at Sign of the Swan.

Min Max

Min thermometer for
ow, yesterday/today.
5 ppd., at W.F. Nicke.

Wildflowers of the Northeastern United States, plus 40 slides. $19.95 ppd., at N.Y. Botanical Garden.

Digger-Trowels with sharp points, for gardeners or campers. 9-22 in.; $2.85 to $7.95 ppd., at W.F. Nicke.

geable rake for wide or
space. $5.98 ppd., at
Community Industries.
d decorative pitchfork.
0 ppd., at Pot Covers.
low tosses up weeds;
adjusts. $31.95 ppd.,
rden Weasel.

Snowshoes to make tracks from kitchen to compost. $67.50 ppd., at L.L. Bean.

Goatskin gloves, washable, naturally soft. Women's sizes 7-8, men's 9-11. $6 ppd., at N.Y. Botanical Garden Shop.

Garden Smarties, waterproof, cotton-lined; green or brown. Women's sizes 6-10. $21.50 ppd., at The Horse.

Milking stool—perfect for weeding. Durable cedar with handle for carrying. $8.75 ppd., at Walpole.

Prices approximate. Stores, page 75

Decorating with a welcoming feeling

How one family filled their Revolutionary farmhouse with new and old things they love for a very personal look





When a house has been in the family for years, its decorating is bound to be personal. "We wanted the house to be as warm and welcoming as it's always been, with a special stamp of our own," says decorator Mrs. John Pierrepont. She filled the 18th-century farmhouse with antique needlepoint, some furniture from the old Pierrepont house in Brooklyn, and lots of pictures—"mostly animals, because we're in the country." For freshness, sofas are covered with a lively red and brown chintz Mrs. Pierrepont found in France, set off by valanced curtains of the same print, bamboo shades, and pale blue walls suggested by the Pierreponts' friend, Albert Hadley of Parish-Hadley. Tabletops are a casual mix of tiny dog and cat pictures, books, little animal sculptures, and cups of fresh-cut petunias. Floors are bare, "to set off the furniture," and tiny chairs are tucked about in unexpected places, "so even children feel pampered and comfortable."

Right: In the living room, tufted one-arm chaises, designed by Mrs. Pierrepont's mother 50 years ago, still sport their original fringe. Colorful needlepoint benches frame a trio of snoozing animals: Dogs on the tiny Victorian footstools, and a porcelain cat curled up on an antique pillow. "He's napped by the hearth since my husband was a child, and we haven't the heart to disturb him." *Above*: The living room is "a nice jumble of styles": A red lacquered Chinese table, an English tea table, chairs from Italy and England.

Horst











Rooms filled with needlepoint, paintings, and flowers invite you to look, touch, and enjoy

To make the small house fit the family, the Pierreponts added several rooms, and turned the original living room into a library—"our favorite place to sit and talk." A needlepoint rug, cat and dog footstools, and lots of books make the tiny space even more tempting. Flowering needlepoint pillows on sofas and chairs invite you to curl up by the fire—and stay.

In the library, *left and below*, details for coziness: Leather-edged shelves; a valentine découpage on the cocktail table; a portrait of Lincoln flanked by silhouettes hung from Battersea knobs. *Opposite page, top left*: In the living room, paintings frame the 18th-century mantel. Across the room, *opposite page, below left*, chairs tossed with pastoral pillows; animal paintings perched on sofa backs and tabletops; gouaches by Henry Koehler above the lamps. *Below left*: In one corner of the living room, game table covered by a fringed needlepoint throw. On the French Regency chest, a trompe l'oeil traveling dog.

Modern decorating with romantic fabric

Three gifted designers give fabric a new point of view

From Italy with love: A wonderful collaboration of talents—fabric designer Marella Agnelli, designer Renzo Mongiardino, and architect Gae Aulenti. At base is a new collection of pure cotton fabrics, The Marella Collection, in two groups of patterns—"Romantica," *right,* and "Limelight" (please turn the page), designed by Mrs. Agnelli. In the hands of Mr. Mongiardino and Gae Aulenti the fabrics become dynamic. Mr. Mongiardino uses borders to create architectural details where none existed before; Gae Aulenti uses fabric to make mobile walls that expand space and extend functions. The Marella Collection includes fabrics, sheets, upholstered furniture, lamps, rugs, linens, and many other pieces to be seen at selected Robinson's stores in Southern California and Marshall Field in Houston and Chicago.

A ROOM WRAPPED IN COUNTRY SCARVES

Two talents and two patterns created the intriguing little model of an entry-hall, *opposite page,* designed by Renzo Mongiardino. It's a play on prints using two patterns from the "Romantica" group—"Floreale" and "Bordo," designs whose inspiration come from the 19th-century artist Pezzotti Genovesi. They are thought to be taken from shawl and scarf patterns and work marvelously in the "patchwork-like" application Mr. Mongiardino has chosen. The borders work like beams, cornices, chair-rails, picture frames, even baseboards. On the ceiling, the fabric is tacked in the corners, and at intervals along the ceiling edge which would let the fabric gently drape.



William P. Steele



Above: Inside the maquette (the model) fabric borders give the room its flavor. Uncannily, Mr. Mongiardino has placed them in classic diamond patterns often associated with great American quilts. The fabric is applied flat to the walls, where it is ingeniously pieced and mitered for the intricate "play of scarves" effect.

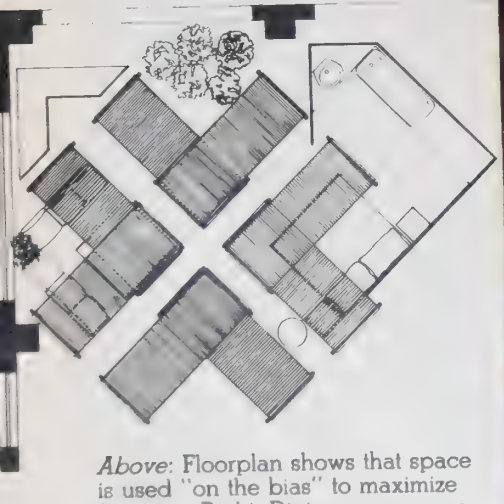
Diamond on walls

Diamond on ceiling

MOBILE FABRIC WALLS FOR A NEW-AGE SPACE

An Italian architect's design makes a living space change size by lifting a shade

An extraordinary pavilioned living space is the result of an ingenious weights-and-balance system combined with an original approach to the potential of fabric. Architect Gae Aulenti chose four cotton fabrics from the "Limelight" group of The Marella Collection designed by Marella Agnelli. The patterns are subtly colored neutrals of cinnamon and clay in stylized flowers and leaves. The room is 20 by 24 feet long, partitioned by 9-foot-high pale wood columns over which are hung 52-inch-wide shades of the fabrics. The shades lift and lower and form an overlapping system of movable screens. See The Marella Collection at selected Robinson's stores in California, and Marshall Field in Houston and Chicago.



Above: Floorplan shows that space is used "on the bias" to maximize function. *Right*: Dining area opens onto bedroom and bath. *Opposite, top*: Seating for dining is banquette; *Plan*: Overlapping drapery with hanging shades makes the "walls" of the room flexibile; *Bottom*: Bathroom with mirrors, oak-paneled walls, and ledge with upholstered lounge cushion. Carpet by World; sheets and towels by Martex; Kohler tub and fixtures; mirrors by John Depp; bed by Simmons; Noguchi globes from George Kovacs. See Shopping Information.

Tom Yee











WATER COLORS REFRESH AND PATTERN A SLEEPING ROOM

Designer Mary McFadden creates a room with her new sheet designs and the colors and crafts of Pompeii

For her first collection of sheets, fashion designer Mary McFadden has carried over the colors and feeling of ancient cultures which make her clothes so very distinctive. There are three patterns of stylized flowers, mosaics, and an intriguing stripe that resembles the original "watermark" of handmade papers and fabrics. The colors are watercolor soft for a sense of fabric that's been naturally sunbleached, carefully tended and valued.



The narrow 12-by-36-foot-long bedroom is a small miracle of fabric and paint. Everything in it has the look of handpainted craft: the sheets with their fluid stripes and flowers; the walls, their masonry, stone columns, mosaic-bordered floors, and ceiling all handpainted by Luis Molina in quick-drying acrylics. Pillow detail: After the bolster is covered in a sheet, your cleaner can pleat the ends. The room was designed by Mary McFadden, who was inspired to do it by the marvelous exhibit, "Pompeii—79 A.D." Flower Jewels sheets by Martex. See Shopping details



IMPORTED AND BOTTLED BY PARK AVENUE IMPORTS N.Y.C. 52 PROOF



Dutch Coffee

Get into the spirit of things with this luscious Dutch Coffee: Pour 1½ oz. of Vandermint in a cup and fill with hot coffee. Top it off with whipped cream for a real "Dutch treat." Making it with Vandermint makes the difference.

by Vandermint.

THE MINTED CHOCOLATE LIQUEUR
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MEAL IN MINUTES

MENU FOR FOUR
Watercress and potato salad
Oriental beef
Hot fruit curacao

A festive menu that counts calories easily and deliciously for you is welcome during the weeks of holiday parties. This dinner pairs spicy-peppery watercress and tender sliced potatoes (49 calories per serving); crisp seasonal vegetables and sherry-soy-marinated beef (195 calories per serving); followed by a light compote of peaches, apricots, bananas, and oranges. From *Helen Corbitt's Greenhouse Cookbook* (Houghton Mifflin), these recipes reflect Miss Corbitt's emphasis, during her years as food consultant for the Greenhouse spa in Arlington, Texas, on foods low in fat and calories, carefully and quickly prepared, and "served with style and flair."

Since the beef marinates 30 minutes, slice it thinly and pour sherry and soy sauce over, then set the potato for the salad on to cook. Prepare celery, mushrooms, pepper, tomato, and onion for the main course and reserve. Whisk together the vinaigrette dressing, then cool, peel, and slice the potato. Place the fruit in a baking dish, sauce with lemon juice and peach syrup, and put in a 350° oven to bake 25 minutes. Toss the salad and set on the table in a large bowl or spoon onto individual plates, then stir-fry the beef and onion, add the rest of the vegetables, cook 2 minutes, and serve immediately. When the fruit is done, let cool briefly, sprinkle with the curaçao, and serve warm, with whipped cream if you like.

Watercress and potato salad

INGREDIENTS

1 potato
1 bunch watercress, trimmed of stems
¼ cup green onion, sliced thin
2 tablespoons vinaigrette dressing (recipe below)
Vegetable salt, cracked pepp to taste

METHOD

☐ Boil the potato in the sk until tender. Cool and pe Slice thin. Toss watercress wi potato, onion, and dressin Correct seasoning. Serves 4; cup has 49 calories.

Vinaigrette dressing

INGREDIENTS

1 tablespoon Dijon mustard
2 tablespoons lemon juice
2 tablespoons vinegar
6 tablespoons safflower oil
Vegetable salt to taste
½ teaspoon freshly ground pepper
6 tablespoons water

METHOD

☐ Put first 6 ingredients in bowl and whisk 1 minute. W in the water a little at a time tablespoon has 56 calories.

☐ *Variations:* For a mimo dressing, add one hard-cook egg white, finely diced sieved, and 2 tablespoons fi ly chopped parsley. For Niço dressing, add ½ clove gar minced; 2 tablespoons oni minced; and 2 tablespoo parsley, chopped.

Oriental beef

INGREDIENTS

4 tablespoons dry sherry
8 tablespoons soy sauce
1¼ pounds lean raw beef, thinly sliced
4 tablespoons vegetable oil
2 cloves garlic, crushed
1 cup onion, thinly sliced
1 cup celery, thinly sliced
12 mushrooms, thinly sliced
1 cup green pepper, thinly sliced
1 medium tomato, peeled a sliced lengthwise

METHOD

☐ Pour sherry and soy sa over meat in a bowl or pan marinate about half an hou you do not like the flavor of use 3 tablespoons sherry. H oil with the garlic in a large let. Add onion and marina beef. Stir rapidly 30 secon Add remaining ingredie Cover and cook 2 minu Serve at once. Serves 4. E serving has 195 calories.

Continued on page

WINE & FOOD





visit with M.F.K. Fisher

Karen Radkai

WINE COUNTRY COOKING

Terrific desserts, delicious wines, menus and recipes from an extraordinary cooking class in California's Napa Valley, plus a visit with food writer M.F.K. Fisher



m
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ts:
sorbet
apaya
sprig of
strawberries



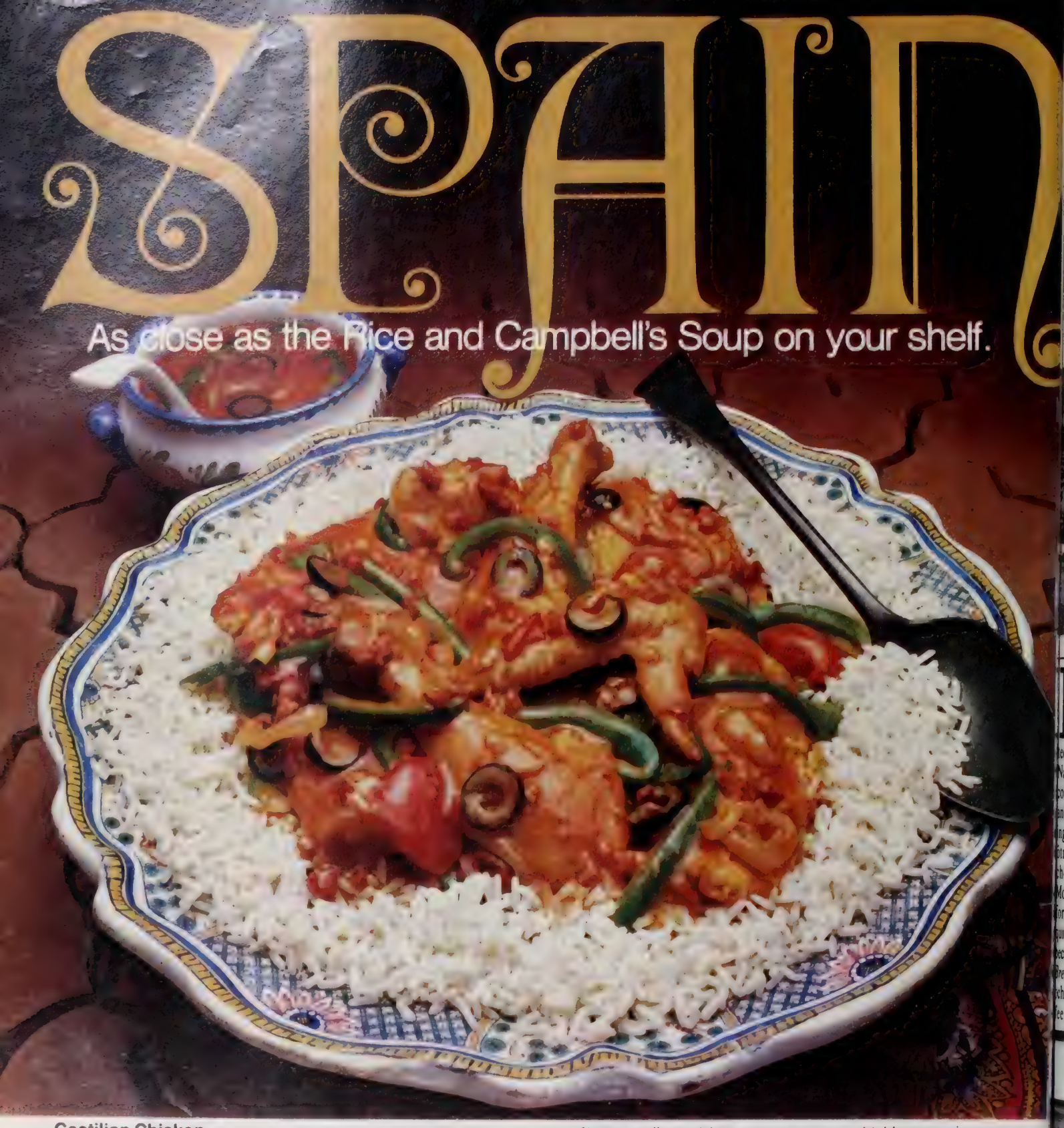
Cooking with Lenôtre

A cooking class to experience: Twice a year The Great Chefs of France (two enterprising young men from San Francisco, Michael James and Billy Cross, plus talented staff) arrange an extravagant class with different chefs at The Robert Mondavi Winery in California's Napa Valley. There is much to learn and carry away home—if not a trunkful of wine (oh, how I wish I could have!), at least an appreciation of the wine-makers' art and his wines and a desire to taste and enjoy them.

For holiday toasts across the country, we offer a shopping guide to sparkling wines.

SPAIN

As close as the Rice and Campbell's Soup on your shelf.



Castilian Chicken

1 can (about 8 oz.) tomatoes
2 pounds chicken parts
2 tablespoons olive oil
½ cup finely chopped cooked ham
1 cup sliced onion
2 large cloves garlic, minced
¼ teaspoon pepper
1 can Campbell's Tomato Bisque Soup
¼ cup dry sherry, optional
1 large green pepper, cut in ¼-inch strips
¼ cup sliced ripe olives
3 cups hot cooked rice

Drain tomatoes, reserving juice. Cut up tomatoes. In skillet, brown chicken in oil. Add ham, onion, garlic and pepper; cook until onion is tender. Blend in soup, sherry and reserved tomato juice. Cover; cook over low heat 30 minutes. Add green pepper, tomatoes and olives. Cook uncovered 15 minutes more or until done; stir occasionally. Serve over rice. Makes 4 servings

Valencian Beef 'n Apple (NOT SHOWN)

1 pound ground beef
½ cup chopped onion
1 large clove garlic, minced
1 can (10¾ oz.) Campbell's Tomato Soup
½ cup seedless raisins
¼ cup toasted sliced almonds
½ cup water
1 medium tart apple, coarsely chopped
1 tablespoon vinegar
⅛ teaspoon ground cinnamo
¼ teaspoon ground cumin s
3 cups hot cooked rice

In skillet, brown beef and cook onion with garlic until tender (use shortening if necessary). Stir to crumble meat; pour off fat. Add remaining ingredients except rice. Cover; cook over low heat 25 minutes. Stir occasionally. Serve over rice. Makes about 4 cups meat mixture



RICE
Rice Council of America

A world of good cooking brought home with Campbell's and Ric

Cooking class adventures



Discovering a place where people live their dreams creating fine food and wines

BY PENELOPE W. LINCK

Five days devoted to food and wine. Freesias arrived on the breakfast trays of sixteen students staying at the Napa Valley Lodge who had come from all over the U.S. and Mexico to attend a cooking class with Gaston Lenôtre, Paris famous pastry chef, held at The Robert Mondavi Winery. Jogging before breakfast was not required, but was a good idea because . . .

Breakfast: Croissant and brioche, fresh orange juice, coffee. *Lunch*: Spicy fried peanuts, carnelian carrot coins, Peking white cabbage, caramelized tofu triangles, sesame paste noodles with cucumber threads and crushed peanuts, savory egg dumplings, baked buns stuffed with ham and scallion, fruit flowers, fortune cookies; Fumé Blanc, fragrant petal jasmine tea. *Dinner*: Asparagus with tarragon cream; roast strip sirloin, red wine sauce with shallots and marrow; snow peas, carrots, turnips, potatoes Maxim; cheese; pineapple sorbet, pear tart with almond cream, mocha cake, chocolate charlotte. 1977 Pinot Chardonnay, 1973 Reserve Cabernet Sauvignon, 1977 Botrytis Late Harvest Johannisberg Riesling . . . Gaston Lenôtre baked the breakfast rolls from dough he brought with him frozen from Paris. Barbara Tropp, a San Francisco cooking teacher, cooked the lunch; Michael James, the class organizer, did the dinner (and kept calm while Lenôtre prowled the kitchen poking asparagus. One night after fresh raw oysters were all arranged on plates, he had a sudden inspiration and created a rich sauce for them, first poaching them in wine. He did not have to cook but couldn't resist, and we reaped the benefits). Robert Mondavi supplied all the wines; Billy Cross designed the tables. (No salt or pepper!) Multiply these meals times five—and I did not gain weight. In the few hours unoccupied by cooking class (9-12:30), lunch (1-3 or 4), and dinner (8-11), we explored. Across the highway from the winery stands The Oakville Grocery—plain looking but stocked with delights. The baskets of California kiwis inspired the sorbet on the cover. They will pack picnics, and John Michels, proprietor, can choose appropriate wines if you like. Everyone bought packages of melon seed pasta which Sally Schmitt of The French Laundry restaurant in Yountville served as a side dish with her Aunt Polly's lamb shanks. Sally and Don Schmitt run their restaurant as if it were their dining room. In fact, the kitchen is the family kitchen—open and airy, lined with baskets and plants, and an herb garden right out the door, *above*. A balloon ride would be the perfect way to get your bearings in the valley. You can float over Highway 101, which runs right up the center of the valley from the town of Napa where the vineyards start, north to beyond St. Helena. Lining the highway are dreams turned to businesses—bakeries like the Sugar House Bakery, *below*, or the nouvelle cuisine restaurant Miramonte, both in St. Helena, and vineyards spreading out on both sides over the valley floor and up the hills, competing with live oaks and wildflowers. Christian Brothers Mont La Salle winery sits on a hill surrounded by chief wine-maker Brother Timothy's roses. (Roses in Napa grow as large as dinner plates and are rich with perfume.) He kindly invited me to taste some wines. A beautiful discovery—1973 late harvest Riesling, never released because it could not be made in commercial quantities. Brother Timothy, as all the wine people did, used a cork puller which not only pulls the cork out in one piece, but can put it back in the bottle. A visit to Inglenook yielded more discoveries—a sweet Muscat Blanc with a surprising spicy flavor, and the centennial wine (Inglenook is 100 this year), Cask 1974 Cabernet Sauvignon—big and tannic, made to last 25-30 years. A tasting at Joseph Phelps Winery introduced me to a late harvest Gewürztraminer. Back from all the adventuring, I lit a fire each night in my room and went to sleep by firelight. The last night of our stay, when we returned to our rooms after much Robert Mondavi

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Cork extractor

Karen Radkai



Breads from Sugar House Bakery piled in old laundry basket

While sixteen students worked in the kitchen of the Robert Mondavi Winery learning the art of pastry from Gaston Lenôtre, the staff of The Great Chefs of France went about creating lunches and dinners to match the standard set by Lenôtre's desserts. Michael James created the menus drawing inspiration from other chefs who have come to Napa to teach; his partner Billy Cross directed the staff, who vacation from their own jobs to be part of the experience. Recipes, page 206



Magical tablesettings by Billy Cross set the mood for each meal—bouquets of color at lunch, *left*, all white for a romantic evening, *above*. Gary Jenanyan serving, *right*.

Cooking class dividends: table-setting ideas plus fabulous menus and recipes for

MEAL



Creamy poached oysters

Outdoor table setting for a Chinese lunch with hand-embroidered mats

Perfect pink lamb chops

Fragrant artichoke bottoms

WITH A DASH OF THEATRE

WINE COUNTRY CLASSES



Autumn cake with chocolate frills



Puff pastry Pithiviers

The Pithiviers, *above*, would be delicious at breakfast, tea, or after dinner. Two puff pastry circles enclose a thick layer of almond cream. Vacherin dressed up for company recalls the joys of childhood desserts—vanilla ice cream and strawberry sorbet sit on a meringue crust. The whole is surrounded by a picket fence of meringue with whipped cream piped between each. St. Honoré base is flaky pastry topped with cream-puff ring and little puffs, then filled with pastry cream lightened wi meringue, garnished with strawberries and whipped crea



Two-crust apple tart with baked icing

Strawberry vacherin



St. Honoré





Salambôs

The underpinnings of the Autumn cake are three layers of meringue and two of chocolate mousse. They are "iced" with chocolate ribbons and leaves. Cake, *right*, is easy to decorate; one at *top* takes greater dexterity. Tart, *above*, is filled with poached apples. Top crust is spread with Royal icing, then baked. Pastry strips outline servings and prevent crust from cracking when cut. Pastry and whipped cream fills cream puff Salambos.

Autumn cake



UNFORGETTABLE DESSERTS



Six recipes plus tips and trade secrets from Gaston Lenôtre's cooking class

Karen Radkai

Wreathed in smiles and a haze of chocolate, Gaston Lenôtre, Paris' famous pastry chef, began the first day of class by demonstrating truffles, génoise, pastry cream, flaky pastry, brioche, pineapple sorbet. He and his assistant Jean-Claude Dudoit set the pace for five days at The Robert Mondavi Winery in the Napa Valley: Chocolate mousse, French meringue, puff pastry, cream-puff dough, vanilla ice cream (the best!), buttercream, croissants. While Lenôtre's hands flew, he kept up a flow of tips and explanations. And as the days slipped by in a dream of sugarplums, students learned that the endless variety of French pastry is based on a few basic recipes that are mixed and matched. *Lenôtre's Desserts and Pastries* (Barron's) is organized along this principle as is his new book *Lenôtre's Ice Creams and Candies* (Barron's).

Class notes:

Leave vanilla beans in custards through cooling until ready to use to give mixture maximum flavor.

If brioche dough rises in too warm a spot, butter separates out, malforms breads.

A flaky pastry crust for fruit tarts must be waterproofed with something to absorb fruit juices. If not using pastry cream, sprinkle crust with crushed madeleines or génoise crumbs.

Blanch and dry almonds carefully if grinding them to make powder. Do not dry them for almond paste.

Adding eggs one at a time to batters gives greater volume. If added all at once, batter would get too wet and would never be able to properly absorb all the egg.

If buttering and flouring a mold, chill it before flouring—it will absorb less flour. Flour creates a seal and helps retain moisture in cake.

When folding butter into a génoise, take some of the egg batter and whisk it into the butter, then pour all back over the batter and fold in. Pour immediately into pans and then into preheated oven without delay.

If cakes stick to their baking pans, turn them over onto a parchment-covered baking sheet. Trapped steam will loosen cake.

To hollow pineapple or brioche: Cut off a lid. Cut straight down with a sharp knife all around leaving a ½-inch shell. Do not cut through bottom. Stick knife blade horizontally into pineapple 1 inch from bottom, then move blade left to right. It will release the center in one round tube.

Recipes, page 199



Gaston Lenôtre assembles cake combining génoise, pastry cream, poached oranges while class watches

A personal Christmas

BY M. F. K. FISHER

Christmas and other festivals depend for their existence partly upon how a person feels about them. A man can say that today or even tomorrow does not *feel* like Christmas, and therefore it is not, for him anyway.

Some of this instinctive acceptance of holidays is based on conditioning, of course, and how it was shaped early in life. Many people begin to tingle emotionally about Easter and its promise of rebirth when they see a colored egg on a postcard. Wreaths of yew and holly, and little trees hung with twinkling baubles, and the electronic strains of "Silent Night" filtering down from bank buildings in big cities, make other people feel lighter-hearted and vaguely expectant, no matter how smoggy the present and how dim the days to come. This proves a fortunately latent optimism in us, perhaps, to be able to *feel* festive now and then.

I think I have known almost every phase of the phenomenon. I have been a happy and acceptive child in a small town where after The Tree on Christmas morning we paraded our new doll-buggies and bicycles up and down the block with our peers, and I have walked alone in foreign cities that day, not forlorn in any way because inside me I *felt* like Christmas. So it is not a question of where one is, given the innate recognition of a holiday's significance. Neither does it matter whether one is without all the old bustle and jollity and noise.

By now, living as I do on a somewhat isolated ranch in Northern California, Christmas is unbelievably removed from the way I was raised to know it, and yet I always feel that it is a fine and special Day.

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A Christmas menu from M.F.K. Fisher

"After all, Christmas comes but once a year. A meal should have a sense of luxury and special tastes."

Start with a **pâté de campagne**—a really good one, homemade or purchased. There are so many good caterers around now, and it's not too expensive

Serve the pâté with **good bread**, my favorite is a sourdough French bread

Then little **roasted quail**—several per person. And a salad of **Belgian endive with thin slices of truffle**. And end with little **mince and apple tarts**.

Drink a good, crackling dry **champagne** all through the meal—not an extravagantly expensive one. And some people might want a Bordeaux-type wine for the birds and pâté, so have a good Bordeaux or Cabernet Sauvignon on hand as well

RECIPE FOR THE GOOD LIFE

M.F.K. Fisher looks straight ahead from the comfort of a house that reflects her adventures in life

Mary Frances Kennedy Fisher is best known for her books on food—five of them have been collected in one paperback, *The Art of Eating* (Vintage). Three of their titles—*Serve it Forth, How to Cook a Wolf, The Gastronomical Me*—alert the reader that these books are much more than recipe collections. They are descriptions of people met, shared experiences and meals, landscapes and cities interwoven in a fabric of personal memory. Each book is a letter to the reader full of details observed by a woman of acute vision. She continues to write fiction for *The New Yorker* as well as other magazine articles and books.

"This is a very selfish house. It holds only the things I need and those that please me." M. F. K. Fisher, *left*, lives in a small house in Northern California (her previous house was an old Victorian with nine bedrooms)—"a two-room palazzo," as she likes to call it—not counting the bright red bathroom, *below*. "Once a guest disappeared for over an hour. When I went to search for her, I found her in a bubble bath." Pads and pens lie near the sink to catch random thoughts to be worked into pieces later. "It's organized chaos in here," she says of her bedroom/office, *bottom*. She litters the chaise lounge with baskets, blocks the fireplace with pictures. "I *work* in here. I would just sit and enjoy the fire too much if I ever lit it." However, she uses the living room's twin fireplace often. Wood for it is stored in the carport, *bottom left*, with baskets, drying flowers, and wine beneath the large heavy table.

Karen Radkai











GOOD SPIRITS

BY B. J. CUTLER

Bubbles on a budget

For lovers of Champagne and sparkling wines—good news at every price

When writing about Champagne, wine experts almost always use the word "festive." And they are right to do so. There is no other wine so associated with victory celebrations, joyous reunions, grand receptions, important anniversaries, memorable dinners, and toasts to health and happiness. Certainly there is something festive about the pop of its cork and the sight of hundreds of tiny bubbles dancing to the surface of the pale-to-golden wine. It tastes awfully good, too — clean, crisp, refreshing, and with a tingle to the palate from the exploding bubbles.

With the year-end holidays coming up, this is a useful time to survey the market. The news is good. American consumers have available to them, in all price classes, a wide range of Champagne and sparkling wines from France, the United States, Germany, Italy, Spain, Chile, and other countries. However, it is the consumer's task to shop wisely.

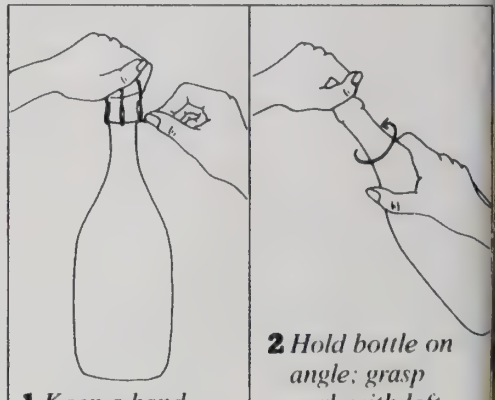
For example, the holiday shopper should look for special promotions and sales. Another suggestion: Buy sparkling wines in a busy shop that turns over its stock often. If a bottle stays too long on a shelf, especially standing upright, it can "go flat"—lose its bubbles—and be a great disappointment.

Despite Champagne's reputation as a luxury product, it actually is decently priced. The reason is interesting. As prices of good wines from Bordeaux, Burgundy, and California skyrocketed in recent years, Champagne makers went along slowly, fearful of pricing themselves out of the market. Thus an expensive wine became a relative bargain—this year. The situation will not last; the small harvest of 1978 soon will force prices up.

In France's Champagne district, about 90 miles east of Paris, the most famous of sparkling wines is made in this way: To earn the name Champagne, the wine must be made from specified grape varieties grown in a strictly defined area. The grapes are mostly Chardonnay and Pinot Noir, two expensive types. They have to be pressed carefully so the white juice isn't tinted by the Pinot Noir's dark skin. Then the juice is fermented into wine until cold weather halts the process. Enter the cellar master, who blends young wines from different vineyards and grape varieties with older wines saved from past years. His job is to get the uniform "style" his firm is known for. The blended wine is bottled with a bit of yeast and sugar syrup. This causes a second fermentation. The sugar is changed into alcohol and carbon dioxide, the latter being the bubbles dissolved under pressure in the evolving Champagne. The bottles are stored neck down and given a sharp twist at intervals so that the sediment falls to the cork. When all the sediment is in the neck, and the rest of the wine is clear, the neck is frozen, the cork removed, and the frozen plug of wine and sediment popped out. At this point all Champagne is bone dry. The bottle now is topped off with a dose of sugar dissolved in wine. The amount of sugar used determines the wine's sweetness. Brut gets the least and is the driest. Then come Extra Dry, Dry or Sec, Demi-Sec, and Doux in ascending order of sweetness. The finished Champagne gets a new cork that is wired down. It is dolled up with labels and foil and given a rest before shipment. The process takes at least two years, usually more, and it is amazing that the product of so much care and labor can be sold at an affordable price.

At this point the great Franco-American argument comes in. The French insist that only wine made in the Champagne district by the method summarized above should be called Champagne. Other French regions comply calling their sparkling wines *vins mous seux*, from the French word for bubbles Other countries have bowed to th French demand and adopted nativ terms for their sparkling wines, such a Sekt in Germany and Spumante in Italy But the United States said no: Ameri cans have been making sparkling wine in New York and California for over century and calling them Champagn and have no desire to change. Even s these wines are clearly labeled Ne York State Champagne, Californi Champagne, or Napa Valley Cham pagne, and no one could be misled int thinking they come from Reims or Épe nay, the French Champagne center What may be annoying the French that not only have *les Américains* take their name, but they are also turning o

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1 *Keep a hand on the cork while removing wire cap.*

2 *Hold bottle on angle; grasp cork with left hand; turn bottle with right hand.*

Recork champagne! with a stopper from Moet et Chandon





Cork is forced into bottle under pressure for tight seal

All prices approximate



Sunday: noon

Guests are gathered. A toast or two. And brunch begins...a steaming slice of Swiss Omelet Roll adorned with a bit of mustard sauce. Both made rich with KRAFT Real Mayonnaise. And both fine company for Sunday's best.

SWISS OMELET ROLL

1 cup KRAFT Real Mayonnaise
2 tablespoons KRAFT Pure Prepared Mustard
2 tablespoons chopped green onion

* * *

1/2 cup KRAFT Real Mayonnaise
2 tablespoons flour
1 cup milk
12 eggs, separated
1/2 teaspoon salt
1/8 teaspoon pepper
1-1/2 cups finely chopped ham
1 cup (4 ozs.) shredded KRAFT Natural Swiss Cheese
1/4 cup chopped green onion
Watercress

Combine first three ingredients; mix well.

Combine mayonnaise and flour. Gradually add milk and beaten egg yolks; cook, stirring constantly over low heat until thickened. Remove from heat; cool 15 minutes. Fold mayonnaise mixture and seasonings into stiffly beaten egg whites. Pour into 15-1/2 x 10-1/2-inch jelly roll pan lined with wax paper, brushed with mayonnaise. Bake at 425°, 20 minutes. Invert pan on towel, carefully remove waxed paper. Cover with combined ham, cheese and green onion. Roll from narrow end, lifting with towel while rolling. Serve with seam down; top with mustard sauce. Garnish with watercress. 6 to 8 servings.



RAFT
79 Kraft, Inc

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fine sparkling wines. So much progress has been made in recent years that the top California Champagnes can compete with all but the loftiest French brands. No wonder the French would like to get their prestigious name off a product giving them such a run.

Now to basics—which sparkling wine should one drink this holiday season? Like Will Rogers, who never met a man he didn't like, I've rarely met a Champagne I didn't like. Some of the French Champagne makers have been in existence for two centuries, and they didn't stay in business by turning out poor stuff. In my view, a bottle from any of the following *maisons*, if it hasn't been badly stored, will be an amiable companion: Abel Lepitre, Ayala, Besserat de Bellefont, Bollinger, Canard-Duchêne, De Castellane, Deutz, Charles Heidsieck, Heidsieck-Monopole, Henriot, Jacquart, Krug, Lanson, Laurent-Perrier, Mailly, Mercier, Moët et Chandon, Mumm, Perrier-Jouët, Piper-Heidsieck, Pol-Roger, Pommery et Greno, Roederer, Ruinart, Taittinger, De Venoge, and Veuve Clicquot.

Many of these houses produce at least three types of wine: a non-vintage blend, a vintage bottling most of whose grapes come from the specified year, and a super-luxury offering, such as Moët's Dom Pérignon ($40 when you can find it). The non-vintage bottles, selling for $10 to $15, make a lot of sense. They are carefully blended to be the same year after year, so when you find a brand you like, you won't be disappointed in the future. In theory, only great years are declared vintage years. In practice, some years are so anointed even when the growing season is less than ideal. This can result in an indifferent vintage wine selling for $2 or $3 more than the same maker's regular bottling, which will be more satisfying. There is no denying that the ultra-costly creations, which include Perrier-Jouët's Fleur de France and Taittinger's Blanc de Blancs Comtes de Champagne, are splended wines, meticulously crafted from the most expensive grapes. But are they worth the price? To a fellow who's just struck oil, perhaps. To me, three bottles of Moët's reliable non-vintage Brut Imperial at $12 each are more interesting than one bottle of Dom Pérignon at $40.

Still in France but away from the Champagne country, what does one look for? First, the words "*méthode champenoise*" or "naturally fermented in this bottle" on the label. Either means that the wine was made by the technique used in Champagne but in another region. Similar words should be looked for on American labels. Without such assurance, the wine probably was fermented in huge tanks and bottled under pressure. This is the bulk or Charmat process and should be so noted on the label.

Good French *méthode champenoise* comes from the village of Seyssel in the upper Rhone Valley. In fact, the late Frank Schoonmaker regarded Seyssel *mousseux* as "one of the very best sparkling wines of France." Le Duc, at $7, is one of the Seyssels often seen here. The Loire Valley also is a source of less costly imitators of Champagne. Sablant Brut (incidentally, made by Piper-Heidsieck) is interesting at $7. So is Monmousseau's sparkling Vouvray at around $6.75. From Beaune in Burgundy comes Kriter's attractive Blanc de Blancs, good drinking at $6.50.

"If you can't lick 'em, join 'em" seems to be the motto of the giant Moët et Chandon combine. They couldn't get Californians to drop the word "Champagne," so they went there to see what they could do. Three years ago the firm opened a winery in the Napa Valley and soon began making one of America's best Champagnes. Being French, Moët avoids the word. It calls its winery Domaine Chandon and its wines Napa Valley Brut and Blanc de Noir, the latter a slightly pink bubbly made from red wine grapes. At $9 or so, the two Chandons are winners. In the same topmost class is Schramsberg, whose elegant, carefully made Champagnes often sell for slightly more than the Chandons. With Schramsberg, American Champagne reached the big leagues, and Moët's trek to Napa confirmed the fact. Another interesting producer is German-born Hanns Kornell, whose Sehr Trocken (Very Dry) is based on the Riesling grape, the same variety used in the best German Sekt. Kornell's Sehr Trocken is a find at $6.50. Among other highly regarded producers of moderately-priced ($5–$8) Champagne are Sonoma, Mirassou, Almadén, Paul Masson, and Christian Brothers.

New York State continues to turn out large quantities of Champagnes that have their devoted fanciers. The major makers are Gold Seal, Great Western, and Taylor, and their wines, selling in the $5–$7.50 range, are based on the native labrusca grape, as distinct from the vinifera grape of Europe and California. The native grapes give New York Champagne a distinctive, fruity character that is not to everyone's taste. They are well worth trying to learn if they please you.

In a way, the New Yorkers are in a situation like Asti Spumante, Italy's sparkling wine made from the Muscat grape. Asti has a sweet, distinctive flavor, adored by some and avoided by others. I think it has an honorable place at the table. Asti's sweetness sets off rich desserts and fruits such as strawberries and peaches which aren't done justice by French and California Brut. On the other hand, these dry wines make excellent apéritifs, are fine by themselves after a meal, accompany sauced fish dishes, and are good with most cold foods. Well-known Asti Spumante houses include Bersano, Cinzano, Gancia, Martini & Rossi, and Riccadonna, whose bottlings are available at around $7.

Many German Sekts are made from imported, inexpensive grape varieties. Fortunately the Germans drink most of that stuff themselves. Among the Sekts shipped here are examples carefully made from good German grapes by reputable houses. Kupferberg's Gold Dry is produced from Rhineland grapes and is clean, fruity, pleasant, and a bit sweet. It costs $8–$9. Henkell's Extra Dry, in the same price class, is a popular German import. Another European sparkling wine worth mentioning is Spain's Codorniú Blanc de Blancs, a yeasty, attractive offering at $6. Midway between the European and California-style is Valdivieso Brut, from Chile, an interesting wine at $5.50.

As Champagne lovers have strong loyalties to "their" brand, I don't expect anyone to agree entirely with what follows. But, for what it's worth, here is one man's list of the best buys on today's market:

1. Dom Ruinart Blanc de Blancs Brut 1973 ($22). It may seem odd to call a $22 wine a best buy, but this one is. It is the premium offering of the oldest Champagne house, founded in 1729, and it is a beautiful wine from specially selected Chardonnay grapes. Ruinart wants to be better known here, so it sells this exceptional Champagne at less than true value. It is at least the equal of the $40 Dom Pérignon, and once word gets around, the price will rise.

2. Charbaut Blanc de Blancs Brut ($12). We've all tasted Charbaut but not known it. The house is a major producer of private label bottlings, now determined to promote its own name. Charbaut Champagnes usually are priced a couple of dollars below their value.

3. Laurent-Perrier Brut Non-Vintage ($12). A well-made Champagne from an old established house. At the price, what more is there to say?

4. Deutz Brut Non-Vintage ($11). A fine, unusually full-bodied wine for the price.

5. Lanson Black Label ($11). This house has been trying to expand in the American market by selling its delicate, light-bodied Champagne at bargain prices. Often on sale, it's worth snatching.

6. Bouvet Brut ($5.99). This very pleasant sparkling wine comes from Saumur in France's Loire Valley. In flavor it is terribly close to a genuine Champagne at $3–$4 less.

7. Almadén Blanc de Blancs ($5.75). Who says big California wineries can't compete with specialized boutique winemakers? This Champagne, Almadén's top of the line, is stylish and enjoyable.

8. Valdivieso Brut ($4). A sparkling

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MICHE
BE
Weekends
were made
for Michelob®
By ANHEUSER-BUSCH, INC. • ST. LOUIS • SINCE 1852

Good spirits
continued from page

wine from Chile which exports good bottlings at unbeatable prices. It reminds some of France, some of California. In either case, a good value.

9. Winemaster Champagne ($2.90). At this low price, one should not expect much, but Winemaster is a decent bulk-process wine. The bubbles do not last very long, but the taste is yeasty and clean.

There is a lot of rigmarole about Champagne that puts off newcomers, but it is really quite simple to serve. It should, of course, be chilled. Thirty minutes in an ice bucket or one hour in the refrigerator will do. Too much chilling will deaden the taste of a fine Champagne, but it will mask the faults of a poor one—so two hours in the refrigerator for the least expensive ones.

Everyone should keep in mind that sparkling wine is under pressure, and the cork can come out like a bullet, threatening one's eyesight. Never point the cork at yourself or another person. Keep a hand on the cork while removing the wire that holds it in. When ready to open, get a good grip on the cork with your left hand and twist the bottle with your right. Hold the bottle at a 45-degree angle so the wine won't spill and be wasted. No special Champagne glasses are needed. Any stemmed, tulip-shaped wineglass will do. Very tall, narrow glasses are ideal, as they best show off the rising bubbles. Those saucer-shaped sherbet glasses that people used to use are a poor choice. They dissipate the bubbles too soon.

To order a Domaine Chandon Champagne Stopper, send check or money order for $5 to Domaine Chandon "Champagne Stopper," California Dr., Yountville, Calif. 94599. ■

Napa Valley recipes
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Day 2:

LUNCH
Cream of sorrel soup
Rabbit and squab in vegetable aspic
Salad and cheese
Vanilla ice cream
Brioche surprises: stuffed with fruit salad, vanilla Bavarian, chocolate mousse
Banana tart
Easter cake with strawberries
DINNER:
(at The French Laundry)
Aunt Polly's Lamb Shanks
Melon seed pasta
Every single dessert—all shared and discussed

Day 3:

DINNER
Poached oysters with hollandaise
1973 Chassagne Montrachet
1973 Bâtard Montrachet
1975 Robert Mondavi Pinot Chardonnay Reserve
Braised veal shoulder stuffed with zucchini
Zucchini gratin
Crisp potato galette
Caramelized oven tomatoes
1974 Robert Mondavi Cabernet Sauvignon
Pithiviers
Concorde
Puff pastry pineapple tart
Strawberry vacherin
1977 Robert Mondavi Moscato di Oro

Day 4:

DINNER:
Artichokes in aromatic broth
1975 Robert Mondavi Fumé Blanc Reserve
Rack of lamb
Fresh pea purée
Waffle potatoes
1970 Robert Mondavi Cabernet Sauvignon (unfined)
Saint Honoré Chantilly
Paris Brest
Apple tart with royal icing
Profiteroles
Bagatelle with strawberries
1977 Robert Mondavi Johannisberg Riesling (late harvest)

Day 5:

LUNCH:
Scrambled eggs with caviar
1977 Robert Mondavi Pinot Chardonnay



Turn plain cream pie into creamy light Dream Pie. So easy and m-m-m... so delicious!

On the left, a plain chocolate cream pie. On the right, a luscious Chocolate Dream Pie. It's made with DREAM WHIP® Whipped Topping Mix and JELL-O® Brand Instant Pudding and milk. That makes the creamy light difference. And each piece of Dream Pie holds its shape beautifully, so it's really pretty.

Since Dream Pies use JELL-O Instant Pudding, they're made in a snap. Try all your favorite pudding flavors...like yummy pistachio, tangy lemon, and tasty banana. Your family will really love it.

So go ahead, turn your plain cream pies into light, lovely Dream Pies.

It's incredibly easy.

Just follow the simple recipe on the right.

GF GENERAL FOODS

Duck salad with truffles
1976 Robert Mondavi Pinot Noir
Autumn meringue cake
Upside-down orange cake
Baked Alaska
1977 Robert Mondavi Johannisberg Riesling (late harvest)

Lenôtre desserts
continued from page 191

Vanilla-flavored pastry cream

INGREDIENTS
2 cups milk
1 vanilla bean, split in half
⅔ cup sugar
6 egg yolks
4 tablespoons cornstarch or flour
Butter

METHOD
☐ Bring the milk with the vanilla bean to a simmer in a heavy saucepan. Cover and set aside.
☐ Beat together the sugar and egg yolks in a large bowl until they form the ribbon. Gently whisk in the flour or cornstarch.
☐ Pour milk onto the egg yolk mixture in a thin stream, beating vigorously. Pour back into the saucepan and bring to a boil, whisking constantly to prevent scorching. Simmer the mixture 2 minutes, whisking vigorously, then turn into a bowl and rub lightly with a piece of butter to prevent a skin forming. Refrigerate when cold. Remove the vanilla bean only when ready to use the cream. Makes 2⅓ cups.

INGREDIENTS
¾ cup vanilla pastry cream
8 tablespoons sweet butter, at room temperature
1 cup pulverized almonds, or almond powder
¾ cup confectioners sugar, sifted
2 eggs, lightly beaten
1 tablespoon plus 1 teaspoon cornstarch
1 tablespoon dark rum

METHOD
☐ Prepare the vanilla pastry cream and allow to cool at least one hour.
☐ Cream the butter in a large bowl. Beat in the almonds, then the confectioners sugar. Beat in the eggs one at a time and continue beating until the mixture is smooth and light. Stir in the cornstarch and rum. Stir the chilled pastry cream into the almond base 1 tablespoon at a time. Mix until well blended. Refrigerate. Makes 2¾ cups.

Chocolate mousse

INGREDIENTS
11 ounces semisweet chocolate, in pieces
2 tablespoons instant coffee powder (optional)
12 tablespoons sweet butter, room temperature, in pieces
5 egg yolks
8 egg whites
3½ tablespoons sugar

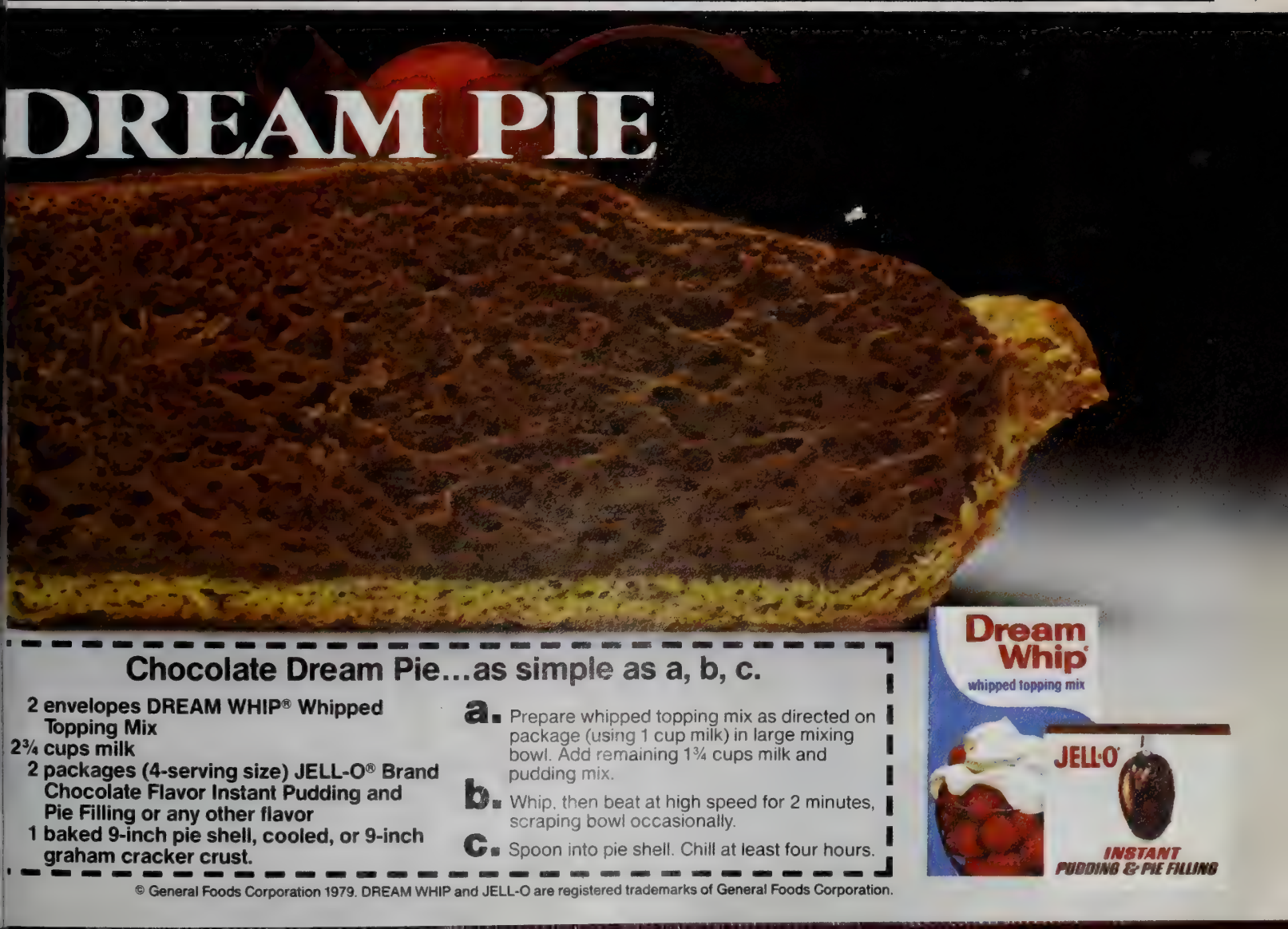
METHOD
☐ Melt the chocolate in a saucepan over simmering water. Remove the chocolate from the heat, stir in the coffee powder (if you use it), and let cool to room temperature. Beat in the softened butter with a wooden spoon. Beat in the egg yolks.
☐ Beat the egg whites in a large bowl until they form soft peaks. Sprinkle on the sugar and continue beating until stiff peaks form. Fold the chocolate mixture gently into the whites, mixing until well blended. Pour into individual dishes or a serving bowl and chill, then decorate as desired or use as directed. Makes about 6 cups. Serves 8-10.

French meringue

INGREDIENTS
5 egg whites, at room temperature
1 heaping tablespoon sugar
½ cup sugar
1 cup confectioners sugar

METHOD
☐ Beat egg whites in a large bowl until they form soft peaks, sprinkle on tablespoon of sugar, and continue beating until the whites are stiff. Sift together ½ cup

Continued on page 201



Chocolate Dream Pie...as simple as a, b, c.

2 envelopes DREAM WHIP® Whipped Topping Mix
2¾ cups milk
2 packages (4-serving size) JELL-O® Brand Chocolate Flavor Instant Pudding and Pie Filling or any other flavor
1 baked 9-inch pie shell, cooled, or 9-inch graham cracker crust.

a. Prepare whipped topping mix as directed on package (using 1 cup milk) in large mixing bowl. Add remaining 1¾ cups milk and pudding mix.
b. Whip, then beat at high speed for 2 minutes, scraping bowl occasionally.
c. Spoon into pie shell. Chill at least four hours.

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The Wakefield Weekend

Here's a recipe for a great weekend. Sit back, relax, and enjoy the sweet, succulent taste of Wakefield Alaska King Crabmeat. Like any good weekend, there's very little work involved – whether you whip up a simple cocktail, a sizzling saute or a sensational crab kabob. Reward yourself for working hard all week. Look for Wakefield in your grocer's freezer, and have a Wakefield w[illegible]



WAKEFIELD CRAB SAUTE

1 pkg. (6 oz.) Wakefield King Crabmeat
¼ c. butter
1 clove minced garlic
¼ c. chopped green onion
¼ c. dry white wine
¼ t. chopped parsley

Thaw crabmeat, save liquid. Melt butter skillet (med. heat). Add garlic, onion, th saute. Stir in crabmeat, liquid, wine, parsley. Simmer until crabmeat is heated (about 1 min.). Serve over rice or vermicelli.

For more delicious weekends, send 25¢ to Pacific Pearl, Dept HG-200, C. 10220, 1450 114th Ave. S.E., Bellevue, WA 98004

PACIFIC PEARL SEAFOODS, AN Amfac COMPA



Autumn meringue cake

INGREDIENTS

3 circles of baked French meringue
2 generous cups chocolate mousse
5¼ ounces semisweet chocolate

METHOD

☐ Place 1 meringue layer on a 9-inch cardboard disk. Divide the mousse in half—use ½ for filling, ½ for coating the outside of the cake. Spread a layer of mousse onto the meringue. Place the next meringue layer on top of the mousse and cover with another layer of mousse. Place the third meringue on top of the mousse. Cover the top and sides of the cake with the reserved mousse. Refrigerate 1 hour.

☐ Melt the chocolate in a double boiler. Warm a baking sheet in the oven or over a flame. Use putty knife to spread a very thin layer of chocolate on the sheet, then bang the sheet on counter to even the chocolate. If you are preparing the chocolate ahead, cover with plastic wrap to protect it from humidity. Refrigerate.

☐ After about 10 minutes, use a wide-bladed putty knife, held almost horizontal to the baking sheet, to scrape off a band of chocolate. Hold up the end of the strip with your fingers as you peel. The chocolate should form ribbons 1½-2 inches wide. If the chocolate is too cold and breaks, let it stand at room temperature 5 minutes. If it is too warm and cannot be picked up, return it to the refrigerator to harden a bit more. Once you have several bands of chocolate, place them around the sides of the cake, then begin to scrape chocolate to decorate the top. Try to make fan-shaped ribbons by placing your thumb against one edge of the ribbon as you scrape. Form a circle with the least-pleated strips placed around the rim of the cake, and in the center form a rose with the most fan-shaped strips. Sprinkle lightly with confectioners sugar. Serves 6.

☐ An easier method to decorate the top of the cake is to take up teaspoons of the mel-

Continued on next page

Lenôtre desserts
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sugar and the confectioners sugar and fold into the whites.

☐ The meringue should be baked at once, or it tends to deteriorate. Scoop into a pastry bag fitted with a ¾-inch plain round tip and pipe onto a buttered and floured or parchment-covered baking sheet in whatever shape is required. Dust with confectioners sugar. Bake in a preheated 275° oven approximately 1¼ hours. Lower the heat of the oven if it browns too rapidly.

☐ For autumn meringue cake—draw 3 9-inch circles on parchment paper and fill them by piping a long spiral of meringue starting from the outside and working to the center.

☐ For the vacherin, pipe one 9-inch circle as for the autumn cake, and a trayful of meringue "ladyfingers": On a parchment-lined baking sheet, pipe 2½-inch lengths of meringue leaving 2 inches between each. Any extras not needed for the vacherin are wonderful to serve as cookies with ice cream.

Cream-puff dough

INGREDIENTS

½ cup milk mixed with ½ cup water
¾ teaspoon salt
1 teaspoon sugar
7½ tablespoons sweet butter
1 cup flour
4 eggs, beaten (about 1 cup)

METHOD

☐ Combine milk-water, salt, sugar, and butter in a saucepan and bring gently to a boil. Remove from the heat and beat in the flour all at once with a wooden spoon. Return the pan to the heat and beat the dough a minute or so until it pulls away from the sides of the pan and is no longer sticky. Turn the dough into a warm bowl. Add ⅓ of the beaten eggs, beating until thoroughly blended. Beat in ½ the remaining egg, and, when smooth, all the remaining egg. The mixture should whiten. Place the dough in a pastry bag and pipe in the shape desired. Bake as directed in the recipes to follow. Makes about 1⅓ cups dough.





ted chocolate with the rounded tip of a thin spatula and smear them on wax paper into flat petal shapes. Chill until hard. After covering the sides of the cake with ribbons, peel petals off paper and arrange them in slightly overlapping circles on top of the cake.

Strawberry vacherin

INGREDIENTS

1 meringue base 9 inches in diameter, ¾ inch thick
1 pint vanilla ice cream
1½ pints strawberry or raspberry sorbet
1 cup heavy cream
1 teaspoon sugar
1 teaspoon vanilla
Meringue "ladyfingers" (see French meringue recipe)
24 strawberries plus 1¾ cups strawberry sauce or 32 raspberries plus 1¾ cups raspberry sauce (1⅛ pounds fruit puréed with 1⅓ cups sugar)

METHOD

☐ Place meringue base inside a spring-form pan (sides should be 2 inches high) and freeze about 20 minutes. Spread the vanilla ice cream evenly over the meringue base and return to the freezer for 1 hour. Fill with strawberry sorbet, smooth surface with a spatula, and freeze 2½ hours.

☐ Place serving platter in freezer 30 minutes before unmolding. To unmold, run a sponge dipped in warm water around the sides of the spring-form and remove vacherin from mold.

☐ Beat the cream with the sugar and vanilla in a chilled bowl until stiff. Spread ⅓ of the cream over the vacherin with a metal spatula. Place meringue ladyfingers vertically all around the vacherin, leaving a small space between each shell.

☐ Place the remaining cream in a pastry bag with a cannelated (fluted) tip. Pipe in between each shell and on top of the vacherin, leaving the center free for the fruit. Return to the freezer until serving time. Garnish with fruit and nap with a bit of sauce just before serving. Serve the rest of the sauce separately. Serves 10.

☐ Note: Undecorated, the vacherin may be stored 8 days in the freezer. Decorated, 1 day.

Two-crust apple tart with royal icing

INGREDIENTS

4 tart apples
3½ tablespoons sweet butter
⅓ cup vanilla sugar
¾ pound sweet short pastry
1 whole egg, beaten
1½ tablespoons egg white
¾ cup confectioners sugar
3 drops lemon juice



METHOD

☐ Peel and core the apples and cut into thick slices. Melt the butter in a large skillet or copper bowl and heat until nut brown. Add the vanilla sugar, then toss in the apples, and sauté 5 minutes or until half cooked. Set aside to cool.

☐ Roll out half the pastry and line a 10½-inch false-bottomed tart tin with it. Prick all over with a fork and spread in the apples—make sure they are very flat and even with the top edge of the pan. Brush edge of pastry with egg glaze. Roll out the rest of the dough in a 10-inch circle and place over the apples. Roll rolling pin around edges to seal and cut off excess dough. Brush off any flour and refrigerate to harden top crust. There must not be any air under the top crust.

☐ Stir together the egg white and the confectioners sugar in a bowl for 2 minutes. Add the lemon juice and spread over the top of the tart as smoothly and evenly as possible. If desired, cut 1/16-inch-wide strips of puff or other pastry and lay them over the icing in a radiating pattern outlining individual pieces. Brush the strips with egg glaze, but make sure not to get any glaze on the icing. Bake the tart in a preheated 400° oven about 40 minutes, watching carefully to make sure icing does not overbrown. Cover the tart with aluminum foil while baking, if necessary. Unmold the tart while warm and serve at once. If you have placed pastry strips on top of the icing, cut through them and the icing will not crack. Serves 8.

Puff pastry with almond cream

(Pithiviers)

INGREDIENTS

1 pound, 5 ounces puff pastry
2 cups almond-flavored pastry cream
1 beaten egg
1½ tablespoons confectioners sugar

METHOD

☐ Divide the pastry in half and roll each piece out on a lightly floured surface into a 6-inch square. Cut off the 4 corners and press them into the center of each piece of dough. Roll each piece into a 10½-inch circle about ⅛ inch thick.

☐ Place one of the circles, trimmings side up, on a baking sheet lightly sprinkled with water. Spread with almond cream to within 1 inch from the edge. Brush egg glaze around the border, but be careful not to drip any egg on the cream or the sides of the dough. Cover this circle of dough with the other circle, trimmings side to the inside, and lightly press edges together to seal them. Place a flan ring over the pastry and use it as a guide to scallop the edge with a small sharp knife—hold it at a slight angle away from you. Refrigerate 30 minutes.

☐ Brush the top of the pastry with the remaining egg wash. Use the tip of a knife to make a spiral design, working from the center out to the edges of the pastry.

☐ Place in a preheated 475° oven and immediately lower the heat to 400°. Bake about 15 minutes, and when the pastry begins to puff, lower the heat to 375°. Continue baking 30-40 minutes more. Ten minutes before the pastry is done, sprinkle with confectioners sugar. Remove to a rack to cool briefly. Serve warm. Serves 8.

Saint-Honoré Chantilly

INGREDIENTS FOR CAKE

7 ounces puff pastry dough or pâte sablée
Butter
Sugar
⅔ cup cream-puff dough
Egg glaze (1 whole egg, beaten)
Chopped nuts (optional)

INGREDIENTS FOR PASTRY CREAM

1⅓ cups milk
1 vanilla bean, split in half
3 tablespoons sugar
5 egg yolks
3 tablespoons cornstarch

INGREDIENTS FOR ITALIAN MERINGUE

⅓ cup sugar
2 tablespoons water
4 egg whites
2 tablespoons sugar

INGREDIENTS FOR COOKED CARAMEL

¾ cups sugar
3 tablespoons water
Whole strawberries tossed with raspberry jam for garnish (optional)
Heavy cream whipped with sugar and vanilla (crème Chantilly), optional

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The Farberware Convection Oven. A cooler, cleaner, faster and more economical way to cook.



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Lenôtre desserts

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METHOD FOR CAKE

☐ Roll out the puff pastry on a lightly floured surface and cut out a 9½-inch circle. Set on a buttered baking sheet, prick all over with a fork, and sprinkle with sugar.

☐ Scoop the cream-puff dough into a pastry bag fitted with a ½-inch tip. Pipe a strip of dough around the edges of the pastry circle. Pipe a large S shape in the center so the base pastry will not burn. Then pipe 16 small puffs onto a second buttered baking sheet. (If the cream-puff dough seems too thick, soften with a little beaten egg before piping small puffs.) Brush small puffs and pastry circle with egg glaze. If desired, sprinkle with sugar and chopped nuts, shaking off excess before baking. Place baking sheets in a preheated 450° oven for 10 minutes, then lower heat to 400° and bake an additional 15 minutes, propping the oven door ajar. Remove the sheet of small puffs after about 5 minutes. When the large shell is done, set on a rack to cool. When cool, cut cream-puff ring open horizontally with a serrated knife.

METHOD FOR "CHIBOUST" CREAM

(pastry cream plus Italian meringue)

☐ Prepare the pastry cream according to the directions for the basic recipe and set aside ¾ cup for filling the cream puffs later on.

☐ Place the ⅓ cup sugar and 2 tablespoons water in a saucepan and bring to a boil, stirring only until sugar dissolves. While the sugar cooks, beat egg whites until very stiff, adding the 2 tablespoons sugar halfway through. This should take about 5 minutes. When the sugar reaches the hard ball stage (248°F), pour it carefully into the egg whites, mixing at high speed, then continue mixing at low speed until the meringue is cool and stiff. Fold the meringue into the remaining pastry cream.

METHOD FOR ASSEMBLY

☐ Scoop the ¾ cup of pastry cream into a pastry bag fitted with ⅛-inch tip. Pierce a small hole in the bottom of the small puffs with a knife and pipe in the pastry cream.

☐ Cook the sugar and water for the caramel in a saucepan until light caramel color. Remove from the heat and dip the tops of the small puffs into the caramel, then place caramel side down on a buttered baking sheet to cool. When cool, after 1-2 minutes, dip the bottoms into the still-warm caramel to coat lightly, then press them onto the top of the large cream-puff shell. Fill the center of the shell with the chiboust cream using a pastry bag fitted with a star tip. Refrigerate until ready to serve—the dessert is best eaten the same day. If you like, garnish center of the filled cake with strawberries and pipe whipped cream between them. Serves 10.

Salambo cream puffs

INGREDIENTS

⅔ cup cream-puff dough
⅔ cup granulated sugar
2 tablespoons water
3 drops lemon juice
1½ cups vanilla pastry cream, cooled and flavored with 1½ tablespoons rum, or use a mixture of pastry cream and heavy cream whipped with sugar and vanilla

METHOD

☐ Use a pastry bag fitted with a ⅝-inch tip to pipe 10 cream-puff ovals onto a buttered baking sheet. Bake in a preheated 425° oven 20 minutes, then cool on racks.

☐ Combine the sugar, water, and lemon juice in a small saucepan and cook until golden brown. Dip the top of each puff in the caramel, then place caramel-side down on a baking sheet to cool. When the puffs are cold, cut them open and fill with the pastry cream. Refrigerate and serve the same day. Makes 10 salambos.

Strawberry vacherin from *Lenôtre's Ice Creams and Candies*. All other dessert recipes from *Lenôtre's Desserts and Pastries*. Both by Gaston Lenôtre, published by Barron's, English language editions. Copyrights © 1979 and 1977 respectively by Barron's.

Poached oysters with béarnaise sauce

From Gaston Lenôtre

INGREDIENTS

2 cups dry white wine
2 tablespoons shallots, minced
1 tablespoon fresh tarragon, minced, or ½ teaspoon dried

Continued on next page



continued from preceding page

4 tablespoons wine vinegar
18-24 medium-sized fresh oysters, shucked (reserve any juices)
4 egg yolks
2 tablespoons cold sweet butter
22 tablespoons sweet butter, clarified and kept warm
3-4 tablespoons heavy cream or crème fraîche
Fresh tarragon and parsley, chopped
Salt, pepper
1-2 red bell peppers, cut into fine julienne
Zest of 1 lemon, cut into fine julienne

METHOD

☐ Bring the wine, shallots, tarragon, and vinegar to a boil in a heavy-bottomed saucepan. Simmer a few moments to evaporate some of the alcohol, then turn heat to just below simmer, add oysters and juices, and poach gently about 3 minutes, or until they swell. Lift oysters out of the liquid with a slotted spoon or skimmer and divide among 6 ovenproof soup plates. Cover with foil and set aside in a warm place while you make the sauce.

☐ Boil the cooking liquid down rapidly over high heat until it is reduced to about 4 tablespoons. Remove from the heat and allow to cool. Beat the egg yolks in a 6-cup enameled saucepan until thick. Add 1 tablespoon water and the wine reduction and beat ½ minute more, until the yolks are pale yellow in color. Set the saucepan over low heat and whisk steadily until the mixture thickens and is smooth and creamy. Beat in the cold butter 1 tablespoon at a time until absorbed. Beat in the clarified butter by drops at first, then in a steady stream, whisking continuously. Remove the pan from the heat if the sauce ever begins to overheat—it should be good and hot but nowhere near a simmer. Add cream, herbs, and salt and pepper to taste to the sauce and pour it over the oysters. Run the plates under a very hot broiler for 2 or 3 seconds to glaze the sauce lightly. Garnish with red pepper and lemon zest strips. Serves 8.

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The Greenbrier
White Sulphur Springs

Fresh pea puree

From Michael James

INGREDIENTS

3 pounds fresh peas, shelled
Salt
6 tablespoons sweet butter, at room temperature
3-4 tablespoons heavy cream
Freshly ground pepper
1 teaspoon fresh basil or tarragon, chopped

METHOD

☐ Cook the peas in 3-4 quarts boiling salted water until tender, about 6-8 minutes. Remove 1 cup of the cooking liquid and reserve; drain and refresh the peas in cold water. Drain thoroughly.

☐ Purée the peas in a food processor or through the fine disk of a food mill. Beat in the butter, cream, and as much of the reserved cooking liquid as is necessary to make a nice purée—it should not be too stiff. Turn into a saucepan, season, and set aside until ready to serve. To rewarm, stir the purée over medium-low heat until it is hot through. Stir in the herbs and serve. Serves 6.

Zucchini gratin with cream

Adapted from Michel Guérard

INGREDIENTS

1½ pounds fresh zucchini, trimmed and washed
2 cups milk
2 cups heavy cream
2 teaspoons salt
Freshly ground pepper
Freshly grated nutmeg

METHOD

☐ Slice the zucchini about ⅛ inch thick. Bring the milk, cream, 1½ teaspoons salt, and the remaining seasonings to a boil in a large heavy-bottomed pot. Add the zucchini and simmer 2 minutes—the vegetable should retain a slight texture. Lift zucchini out of the pan with a slotted spoon or skimmer and arrange in a neat layer less than 1 inch deep in a large oval gratin dish. Season with the remaining salt.

☐ Boil the milk and cream down until it thickens nicely, to 1-1½ cups. Taste and correct seasoning. Pour over the zucchini. Ten minutes before serving, set the dish in a preheated 375° oven, then run it under a hot broiler to brown lightly. Serve from the dish. Serves 6.

From Michael James

INGREDIENTS

5 tablespoons peanut oil
2 3-pound racks of lamb, bones and meat trimmed of most of the fat, chine bones cracked
Salt, pepper
1 head garlic, broken into cloves (leave unpeeled)
2 cups dry white wine
2-3 tablespoons meat glaze
⅔ cup heavy cream
1-2 teaspoons fresh thyme, chopped (optional)

METHOD

☐ Heat the oil in a large skillet over medium-high heat. Pat the meat dry and brown on all sides in the pan. Remove to a large roasting pan as it is browned. Season the meat and toss on the garlic. Pour off the fat from the skillet, deglaze with ½ cup wine, and pour into the roasting pan. Set the meat on the highest rack of a preheated 450° oven for 20-25 minutes for rare lamb. When the meat is done (juices should still run pink), remove it to a warm place to rest, covered very loosely with foil, while you prepare the sauce.

☐ Skim off the fat from the roasting pan (keep the garlic and any juices), pour on ½ cup wine and boil down rapidly, stirring with a wooden spoon to scrape up coagulated juices from the bottom of the pan. Put mixture through the fine disk of a food mill and set aside.

☐ In a saucepan reduce the remaining white wine over high heat to about 6 or 7 tablespoons—this will take about 10 minutes. Stir in the garlic purée with the deglazed juices, add the meat glaze, and stir over heat until smooth. Add the cream and continue reducing over medium heat until the sauce is reduced by half. Season to taste and stir in thyme if desired. Carve the meat into individual chops, arrange on hot plates, and spoon the sauce over. Serves 6.

From Simone Beck

Braised veal shoulder stuffed with zucchini and mushrooms

INGREDIENTS FOR VEAL AND STUFFING

4 pounds boned shoulder of veal, trimmed of all fat and gristle
2½ tablespoons Dijon mustard
¾ pound zucchini, trimmed and washed
Salt
2 tablespoons shallots, finely minced
2 tablespoons butter
1 tablespoon cooking oil
1 recipe creamy minced mushrooms (recipe below)



braised.

☐ When you are ready to continue, add the bouquet garni to the pan along with the wine and stock and bring the liquid to a boil, scraping the bottom of the pan to de-glaze it. Lay a piece of waxed paper directly over the meat, cover with a lid, and cook in a preheated 375° oven 1½ hours. The liquid should maintain a slow simmer; turn the veal once midway during its cooking.

☐ When the meat is done, cover it with foil and set in a warm place to rest; it may wait up to 45 minutes. Strain the vegetables from the braising liquid (the onions may be served with the meat, if you wish). If necessary, degrease the liquid, then boil it down rapidly to about 1⅓ cups. Off heat, swirl in the butter; correct the seasoning. Remove the strings and cheesecloth from the veal, carve it into neat slices, and arrange them on a hot platter. Mask the veal with a bit of the sauce and garnish with the watercress. Pass the remaining sauce in a sauceboat. Serves 10.

☐ To serve the veal cold, boil the braising liquid down to about ½ cup, until it is a glaze. Omit the butter enrichment, and when the concentrated liquid has cooled and is beginning to set, brush it on the cold slices of veal arranged on a platter. Serve with herb mayonnaise (recipe below).

Creamy minced mushrooms

INGREDIENTS

½ pound firm white mushrooms, washed and trimmed
⅔ cup evaporated milk
1 teaspoon salt
Freshly ground pepper
Freshly grated nutmeg

METHOD

☐ Slice the mushrooms in a food processor or with a knife and place them in a 10-inch nonstick skillet over medium heat. Toss or stir 3-4 minutes, until they are beginning to render their water, then add the milk and seasonings and simmer 10-15 minutes, until the mushrooms are tender, and the milk is thick and creamy. Chop fine. They will keep 2 or 3 days

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1 ounce fresh white bread, trimmed of crusts and coarsely grated
2 tablespoons heavy cream
¼ pound boiled ham, diced
½ cup Parmesan cheese, grated
1 egg
1 tablespoon fresh parsley, chopped
1 tablespoon fresh chives or dill, chopped
Freshly ground pepper
Freshly ground nutmeg

INGREDIENTS FOR BRAISING

5 tablespoons cooking oil
2 carrots, scrubbed and quartered
2 medium-sized onions, peeled and sliced
Bouquet garni—parsley, fresh or dried thyme, bay leaves
1½ cups dry white wine
2 cups veal or chicken stock
5 tablespoons butter
Sprigs of watercress

METHOD

☐ Lay the veal shoulder flat on a working surface and slice partially through the thickest section of meat to increase the surface for stuffing. Coat the surfaces of the meat with the mustard; set in the refrigerator while you prepare the stuffing.

☐ Grate the zucchini in a food processor or by hand, then toss it in a colander with 1 teaspoon salt. Allow to drain 10 minutes, then squeeze very dry in a strong kitchen towel. Sauté the shallots gently in the butter and oil in a skillet about 2 minutes, then stir in the zucchini and cook 6-8 minutes, until just tender. Correct the seasoning, being careful not to oversalt.

☐ Prepare the mushrooms as directed. Combine in a bowl the cooked zucchini, mushrooms, bread, cream, ham, Parmesan cheese, egg, and herbs. Taste the stuffing carefully for seasoning, adding salt, pepper, and nutmeg as needed. Spread the mixture evenly over the surface of the meat, then roll it up in a large piece of cheesecloth and tie it firmly with string at intervals along its length to make a plump sausage shape about 14 inches long.

☐ Heat the 5 tablespoons oil in a roasting pan or casserole with lid and brown the meat on all sides. Remove from the pan and add the carrots and onions, stirring over medium heat to brown them lightly. Return the meat to the pan. It can wait up to an hour or two before it is

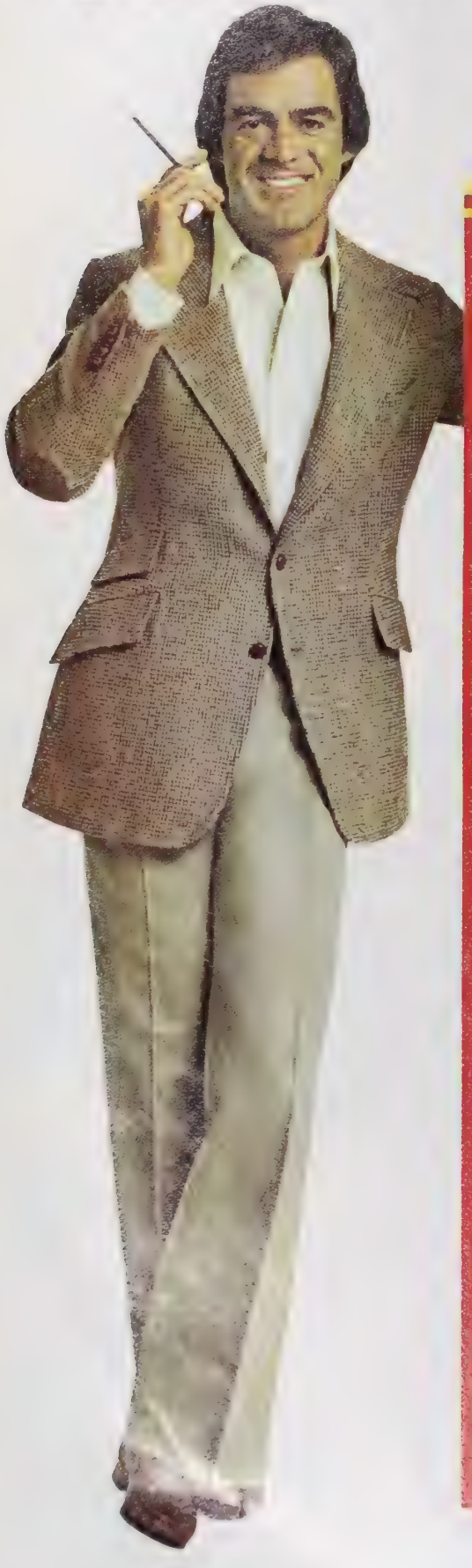


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in the refrigerator with a piece of plastic wrap pressed onto the surface of the mushrooms. Makes about ¾ cup.

Herb mayonnaise without egg

INGREDIENTS

3 tablespoons strong, creamy Dijon mustard such as Amora or Maille
1 tablespoon good wine vinegar
2 tablespoons water
1 cup oil—half olive oil and half tasteless salad oil
3 tablespoons evaporated milk, chilled
1 teaspoon capers, well drained
A good handful of parsley sprigs, washed and thoroughly dried
A dozen or so large fresh basil leaves or 1 teaspoon dried tarragon
½ teaspoon salt
Freshly ground pepper

METHOD

☐ Blend the mustard, vinegar, and water together in a food processor, then beat in the oil in a thin stream through the pour spout, alternating each 4 or 5 tablespoons of the oil with drops of the cold milk. When you have added all the oil and milk, scrape down the sides of the bowl and add the capers and herbs. Beat the mixture 8-10 seconds more, scraping down the sides as necessary, until all the capers and herbs are well chopped and incorporated into the sauce. Correct the seasoning.

☐ The mayonnaise, done in the food processor, is virtually foolproof, but if at any point it begins to separate, you can always bring it back by starting again with a little mustard (1-2 teaspoons) in a clean bowl of the processor and gradually beating in the turned sauce alternately with an additional teaspoon or so of cold evaporated milk.

☐ To make the sauce by hand, proceed as for a mayonnaise: Omit the water and beat the oil and evaporated milk gradually into the mustard and vinegar. Add the chopped herbs and capers at the end. If the sauce ever becomes too thick or begins to separate, beat in a small piece of ice.

☐ The sauce may be stored for several days or even a week in the refrigerator. To thin it down at any point, stir in a few drops of lemon juice, or water if the sauce is already acid enough; more milk will tend to thicken it. Makes 1½ cups.

Crisp grated-potato galette

INGREDIENTS

1¼ pounds boiling potatoes
3 tablespoons peanut oil
6 tablespoons butter
1 teaspoon salt
Freshly ground pepper
1 teaspoon fresh parsley, chopped

METHOD

☐ Peel the potatoes and grate them coarsely, either in a food processor or with a hand grater. Wash them in 1 or 2 changes of cold water—by rinsing away the potato starch, the center of the galette will be light and creamy rather than gluey—drain and pat thoroughly dry in a towel.

☐ Heat the oil and 3 tablespoons butter in a 12-inch nonstick skillet, then add the potatoes; they should sizzle as they touch the hot fat. Use a wooden spoon or metal spatula to press the potatoes into a neat and even layer to completely fill the bottom of the skillet and form the galette. Brown over medium-low heat 15-20 minutes, then season with ½ teaspoon salt and a bit of pepper. Slip onto a large plate, add the remaining butter to the pan, and invert the galette back into the skillet to finish browning on the other side 10-15 minutes more. Season with the remaining ½ teaspoon salt and more pepper. Slip the crisp potatoes onto a cutting board and slice into wedges. With the help of 2 large spatulas or the false bottom from a tart tin, transfer to a warm serving platter, sprinkle with parsley, and serve.

☐ To make ahead of time, finish cooking the galette and slip it onto a large plate or platter to wait. Just before serving, melt 3 tablespoons fresh butter in the skillet and crisp the potatoes on both sides over medium-high heat. Serves 6.

Excerpted from *New Menus from Simca's Cuisine* by Simone Beck in collaboration with Michael James. To be published by Harcourt Brace Jovanovich, Inc. Copyright © 1979, 1978 by Simone Beck and Michael James.

Roger Vergé's artichokes in white wine

INGREDIENTS

8 small artichokes, about 4-6 ounces each
1 lemon
4 cloves garlic, peeled
1 sprig fresh basil (about 5 large leaves)
1 tablespoon fresh parsley, chopped
3 tablespoons olive oil
1 medium-sized sweet onion, thinly sliced
1 young carrot, notched and thinly sliced into "flower" rounds
1 sprig fresh thyme or ¼ teaspoon dried
1 small bay leaf
Coarse salt
Freshly ground white pepper
⅜ cup dry white wine
Carrot threads for garnish

METHOD

☐ Trim and peel the stems of the artichokes, leaving about 2 inches. Use a heavy chopping knife to cut approximately 1 inch off tops. Tear away several layers of outside leaves close to the base and trim the bottoms smoothly and evenly with a small sharp knife. The exposed flesh will be a pale green, almost white. Rub the artichokes with half a lemon to prevent the flesh from darkening and set them aside in cold water to which the juice of the remaining half a lemon has been added. Chop 2 of the 4 cloves of garlic together with the basil leaves and parsley and set aside.

☐ Heat olive oil in an enameled cast-iron

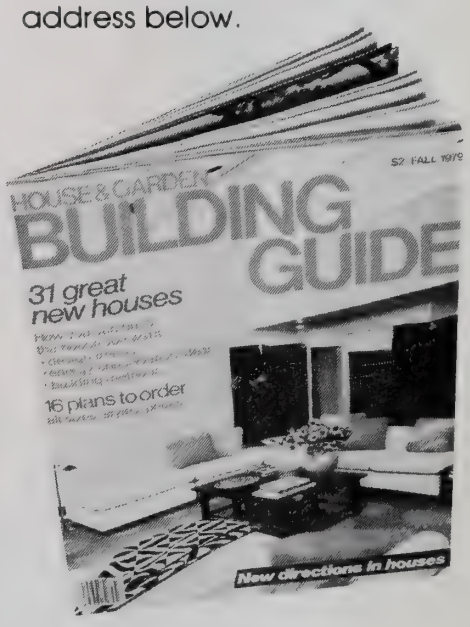
Continued on page 211

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or other nonmetallic casserole just large enough to hold the artichokes side by side. Add onion and carrot and sauté over medium-to-low heat about 10 minutes or until soft but not browned. Add thyme, bay leaf, remaining 2 whole cloves of garlic.

☐ Arrange artichokes on top of the vegetables and sprinkle with salt and pepper. Pour the wine over and add just enough water to barely cover the artichokes. Cover the casserole, bring the liquid to a simmer, and cook 15 minutes over medium heat. Then uncover the artichokes, raise heat to high, and boil down the broth until only a few tablespoons of syrupy juice remain. This will take about 15 minutes. Turn the artichokes periodically during this time.

☐ Remove casserole from heat and add a pinch salt and freshly ground pepper. Carefully stir in chopped garlic, basil, and parsley mixture, sprinkle with carrot threads, and serve. Serves 2-4, depending on size of artichokes.

☐ Note: If you wish to prepare the dish ahead, do not add fresh herb mixture until the last moment before serving. If baby artichokes are not available, substitute hearts of larger artichokes.

From the forthcoming book of the cuisine of Roger Vergé, to be published in 1980 by William Morrow & Co., Inc. Translation copyright © 1979 by William Morrow & Co., Inc.

Kiwi sorbet

INGREDIENTS

1 cup sugar
5 very ripe kiwifruit
Juice of ½ lemon
1 egg white, stiffly beaten

METHOD

☐ Stir the sugar together with 1 cup water in a heavy saucepan and bring to a boil. Let cook 5 minutes, then cool to room temperature.

☐ Peel the kiwifruit and purée in a blender or food processor—you should have 1¾ cups purée. Stir the lemon juice and ½ cup sugar syrup (or more to taste) into the kiwifruit until well blended, turn mixture into a shallow pan, and freeze. When almost frozen hard, break up the sorbet and process until smooth. Beat in the stiffly beaten egg white and return the mixture to the freezer until it is of desired consistency. Serves 4-6.

☐ Leftover sugar syrup keeps forever in the refrigerator.

From Barbara Tropp

Thick and rich sesame paste noodles

INGREDIENTS FOR NOODLES

1 pound fresh, thin Chinese egg noodles (or any long, thin noodle, preferably fresh)
2 tablespoons dark brown sesame oil

INGREDIENTS FOR SAUCE

3 heaping tablespoons Chinese sesame paste
2 tablespoons oil from sesame paste bottle
3 tablespoons dark soy
1½ tablespoons regular (thin) soy
2 tablespoons honey
4 tablespoons dark brown sesame oil
1 tablespoon hot chili oil

INGREDIENTS FOR TOPPINGS

1 firm, large cucumber, peeled, seeded, and cut into matchsticks
½ cup raw peanuts, coarsely chopped

METHOD FOR NOODLES

☐ Parboil the noodles in a large pot of water only until firm. Drain immediately and rinse with cold water until thoroughly chilled. Shake off excess water, then toss noodles with 2 tablespoons sesame oil to separate strands. At this stage, you can store the noodles, wrapped tightly, for up to 2 days in the refrigerator.

METHOD FOR SAUCE AND ASSEMBLY

☐ Combine sauce ingredients and blend until smooth—using a blender or food processor is easiest. Add up to ⅓ cup water if a thinner sauce is desired. (Sauce lasts indefinitely in refrigerator.) Just before serving, toss noodles with sauce, or pour in ribbons on top and let each person toss his own. Top the noodles with a layer of cucumber, then sprinkle with peanuts. Serves 8-10.

Golden egg dumplings with savory pork stuffing

INGREDIENTS FOR FILLING

6 medium-sized dried black mushrooms
6 large water chestnuts
1 walnut-sized nugget fresh ginger
1 thin scallion, cut into 1½-inch lengths
6 ounces pork loin, cut into 1-inch cubes and well chilled
1 tablespoon regular (thin) soy
½ teaspoon freshly ground black pepper
1 scant teaspoon dark brown sesame oil
2 tablespoons mushroom-soaking water

INGREDIENTS FOR DUMPLINGS

6 large eggs
Approximately 1¼ cups vegetable oil
¾ cup chicken stock, heated
1½ tablespoons regular soy
1½ tablespoons Chinese rice wine or pale dry sherry
1 scant teaspoon coarse (Kosher) salt
1 scant teaspoon sugar

METHOD FOR FILLING

☐ Pour boiling water to cover over the mushrooms in a heatproof bowl. Cover and soak until mushrooms are spongy. Trim off stems and cut caps into even strips ⅛ inch wide and reserve. Chop the water chestnuts coarse in a food processor or by hand. Mince the ginger and scallion fine in a food processor or by hand. If using a food processor, add the pork, soy, pepper, sesame oil, and 2 tablespoons soaking water to the bowl and process until ingredients are well blended and the pork finely minced. If mixing by hand, have the butcher grind the pork. Blend all ingredients well. Stir in the water chestnuts by hand to re-

Continued on next page

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tain the texture. The filling may be made a full or half day in advance—cover tightly and refrigerate. Bring to room temperature and stir once or twice before using.

METHOD FOR DUMPLINGS

☐ Beat the eggs well in a food processor or by hand.

☐ Heat a large, heavy skillet over high heat until hot. Add oil to a depth of 1/16 inch. Reduce heat to medium. When the oil is hot but not smoking, ladle in about 2 tablespoons egg to form a small pancake 4 inches in diameter. As the egg sets, dip a teaspoon into chilled water, then scoop up about 1 tablespoon pork. Place off-center in the pancake, then use a spatula to carefully fold the other half of the pancake over the filling, creating a half-moon-shaped dumpling. Dribble on some extra egg if your dumpling has a bald spot.

☐ When the bottom of the dumpling is golden, flip it over and lightly brown the other side. Remove to a skillet or Dutch oven 10-12 inches in diameter and at least 4 inches deep. Continue making dumplings until the pork is used up. (Beat an extra egg if necessary.) Dribble in oil as needed from the side of the pan, keeping the bottom well lubricated. Make several dumplings at once as you grow more comfortable with the technique, adjusting the heat so each side browns in 1-1½ minutes. Array the dumplings evenly over the bottom of the second skillet. Combine the hot stock, soy, wine, salt, and sugar. Stir until salt and sugar dissolve. Pour the combined liquids over the finished dumplings. Sprinkle the reserved mushroom strips over the top. Cover pan tightly, bring liquid to a simmer over high heat, then simmer over low heat 10 minutes, or until most is absorbed. Serve immediately. Or, for doubly flavorful dumplings, wait several hours or overnight, then add ⅓ cup water or stock to the pot and simmer again until most of the liquid is absorbed. Serve on a heated platter with the mushrooms arranged brightly on top. Serves 4-5 as a main course, 8-10 as part of a Chinese meal.

Baked stuffed buns

INGREDIENTS FOR DOUGH

2 teaspoons dry yeast
1½ teaspoons sugar
1 cup lukewarm water
3¼ cups all-purpose flour, sifted, or use 2 cups all-purpose and 1¼ cups whole-wheat flour, sifted
1½ teaspoons coarse (Kosher) salt
1½ teaspoons dark brown sesame oil

INGREDIENTS FOR HAM AND SCALLION FILLING

¾-pound quality boiled or smoked ham, cut into 1-inch cubes
4 medium scallions, cut into 1½-inch lengths, or use 3 scallions and 1¼ cups coriander
Soy, mushroom soy, and/or rice vinegar

INGREDIENTS FOR TOPPING

2 teaspoons honey dissolved in 1 tablespoon boiling water
½ cup untoasted sesame seeds, white or black

METHOD FOR DOUGH

☐ Dissolve the yeast and sugar in the warm water. Stir to mix and set aside in a warm place to proof (about 5 minutes).

☐ Put flour and salt in a food processor fitted with the steel blade. With the machine running, pour the yeast mixture through the feed tube in a thin stream. Once a ball of dough forms around the blade, add 1 teaspoon sesame oil, then run machine 30 seconds to knead the dough. The dough should be ear-lobe soft and not sticky.

☐ If dough is very sticky, add flour as needed and process until blended. Turn dough onto a pastry board and knead by hand 1-2 minutes, until dough is smooth and supple, incorporating bits of dough that might have stuck to blade or bowl. Flour board lightly if dough sticks.

☐ Put remaining ½ teaspoon sesame oil in a large bowl. Add dough to bowl, then rotate dough to coat it and bowl lightly with oil. Cover with a damp cloth and set aside in a warm place for about 40 minutes, or until dough doubles.

☐ Punch down dough. Knead 2-3 minutes, then use flat of your hands to roll into a cylinder about a foot long. Cut the cylinder into 22 sections. Space the sections 1 inch apart on a board. Cover with a dry towel.

METHOD FOR FILLING

☐ Add ham and scallion to workbowl of a food processor fitted with steel knife. Process with quick turns until coarsely or finely minced, as desired, or chop by hand with a sharp knife. Season to taste. Filling may be made ahead and refrigerated.

METHOD FOR ASSEMBLY

☐ Roll the first section of dough into a ball. Flatten the ball on a floured pastry board, then roll into a 3-inch circle, ¼ inch thick in center and slightly thinner around edge.

☐ Place 2 teaspoons of filling in the center of the circle. Pick up edge with thumbs and forefingers, move around the edge making tiny pleats, bringing dough up and over filling and automatically closing the bun as you do so. Seal bun tightly shut with a quick twist of pleated dough.

☐ When the bun is sealed, flatten it slightly with fingertips. Gently pick up the bun and dip the unpleated top into the honey water, then press it into the sesame seeds so that the top is encrusted. Put finished bun seed side up on a greased baking sheet—do not put in a warm place, or buns will rise too quickly. Cover finished buns with dry cloth.

☐ Bake in a preheated 375° oven until tops are lightly browned, about 15-20 minutes. Serve hot in a covered bowl or basket. The buns may be baked in advance, wrapped tightly in foil, then reheated in a 300° oven 10-15 minutes. Place a pan of water in the oven so the buns don't dry out during reheating. To store, let buns cool completely, then wrap airtight in foil or plastic wrap. They keep 1 week in refrigerator, 1-2 months in freezer. Serve with mushroom-soy dip if desired (recipe below). Makes 22 buns.

Mushroom-soy dip

INGREDIENTS

4 tablespoons mushroom-flavored soy (2 Chinese dried black mushrooms soaked, minced, and mixed with ¼ cup dark soy)
2 tablespoons regular (thin) soy
1 tablespoon dark brown sesame oil
Scallion rings (optional)

METHOD

☐ Blend together the mushroom soy, regular soy, and sesame oil and spoon into individual dip dishes. Plan on 1-2 tablespoons dip per person. Garnish with scallion rings if desired. If you store leftover dip, remove scallion rings and cut fresh ones when next used. ■

Hot fruit curacao

INGREDIENTS

1 29-ounce can freestone peaches, drained (reserve syrup)
1 30-ounce can whole apricots, seeded and drained
2 bananas, peeled and freshly sliced
3 oranges, peeled and sectioned
Juice of 1 lemon
Zest of 1 orange, grated
2 tablespoons orange zest, julienned
¼ cup curacao
Heavy cream, whipped (optional)

METHOD

☐ Place fruit in shallow baking dish. Mix lemon juice with peach syrup and pour over fruit. Add orange zest. Bake in a preheated 350° oven 25 minutes. Cool slightly, then pour curaçao over. Serve warm or hot, with or without whipped cream. Do not reheat after adding liqueur. Serves 8-10.

From the book "Helen Corbitt's Greenhouse Cookbook" by Helen Corbitt, published by Houghton Mifflin Company, Boston. Copyright © 1979 by the Estate of Helen Corbitt.

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A HOUSE FOR FAMILY GATHERINGS
Pages 152-155

Enameled steel plate: $22. **Ironstone plates on dining table:** 12" d. $12 ea. **Stainless steel bucket:** $10. **Ice tea glasses:** $1.75 ea. **Round wooden trays:** $5.21 ea. **Pale bleached wood picnic basket:** $25. **14" round enamel trays:** $2.98 ea. All at Manhattan Ad Hoc, NYC 10022. **Cylindrical frosted glasses:** 79¢ ea. At Azuma, NYC 10022. **Wire basket:** $12. **Wooden slat tray:** $11. **Flat wooden cheese/bread server.** All at Of All Things, NYC 10017. **Brion-Vega radio:** $150. At Abitare, NYC 10022. **Ice tea pitcher:** 14" tall. $12. **Striped beach towels:** $17 ea. All at Bloomingdale's, NYC 10021. **"Poppy Red", "Artic Blue" and "Canary Yellow" cotton and polyester bath towels:** 25" x 50" . $7.50 ea. By Fieldcrest.

BUILDING FACTS: KITCHEN WHERE PARTIES BEGIN
Pages 156-157

12" octagon terra-cotta tiles: From Mexico. Italian inserts. **LS Culinarios handpainted ceramic tiles:** 5⅜" sq. From Portugal. **LS Tome cabinet facing:** 5⅜" sq. tiles. From Portugal. In blue and red. **Game Plaque and Sundial:** From Portugal. All at Country Floors Westport, Westport, Conn. 06880.

Major Appliances

Gas range and 4 burner gas cook top: Both antique, one of a kind. **White enamel frost-free refrigerator and double electric wall ovens:** (#TBF-16D). By General Electric. **Self-vented cooktop grill:** By Jenn-Air Grill. **White enamel dishwasher:** (#WU601). By Maytag. **Wrought iron pot rack:** Custom design by John Hallock, Bethlehem, Conn. **Solid maple topped kitchen table:** Wired for electrical outlets. Custom designed by Christian Schwebler & Vaghi Millworks, Bethel, Conn. **Provencal style food bins and storage areas:** Woodworking by R.S. Andrews, Bethel, Conn.

THANKSGIVING OUTDOORS
Pages 160-161

"Astron" stainless steel flatware: 5 pc. place setting, $18. **"Blueberry" stoneware:** 16 pc. set, $89. By H.E. Lauffer. **"Window Boxes" cotton plaid fabric:** 55" w. 11" repeat. $23.70 a yd. Design Imports from Vice Versa*, NYC 10022.

MOBILE FABRIC WALLS
Pages 180-181

"Excellent" polyester and nylon carpeting: About $12.95 a sq. yd. By World Carpets. **"Rondelle" lavatory:** Parchment color. Self-rimming vitreous china. "Bravura Water-Guard" faucet in satin chromium finish. **"Caribbean" bathtub:** Parchment color. "Bravura Water-Guard" faucet in satin chromium finish. Safety grip handles. Both by Kohler. **Custom cut mirror:** From John Depp, NYC 10028. **"Comfort Shade":** White vinyl coated fiber glass. By Joanna Western Mills. **"Beautyrest" king size mattress.** By Simmons.

"Walnut" stackable stoneware: Covered bowls, $9.50 ea. **Woodcraft chef salad plate:** 10¾" d. $10. From "Best of Everything Collection" by Bob van Allen for Mikasa. **"Heirloom" crystal wine glasses:** 8 oz. $7.95. By Mikasa. **"Oblique" stainless steel flatware:** 25 pc. service for 4, $45. By Bob van Allen for Stanley Roberts. **Belgian linen and polyester blend napkins:** 17" sq. $2.25. By Leacock. At Bloomingdale's. **"Luxor" Tiger Lily and Vanilla cotton bath towels:** Hand, about $5.50. Wash, about $2.75. Bath, about $10.25. **"Limelight" sheets:** From Marella for Martex, Italian Designs, Inc. At Robinson's, LA 90017; Marshall Field, Houston and Chicago. Both by Martex, WestPoint Pepperell. **"Akari" globe lamp:** $19. **Swag lighting kit:** $10. **Bamboo stands:** 25" h. Also in black metal. $79. All at George Kovacs, NYC 10021. **5" B/W Portable Clock TV:** $189.90. By Sony. **Slat folding table:** 17¾" x 17¼" h. In natural wood. About $31. At Conran's, NYC 10022. **Round basket:** 23" x 8⅞" h. At Ambienti, NYC 10021. **Fabrics on pages 000-000 and 000-000 designed by Marella Agnelli for The Marella Collection:** "Romantica" patterns, "Floreale", "Bordo", and "Geometrica" (not shown): One colorway only. "Martedi", "Lunedi", "Mercoledi", "Giovedi", four of 5 coordinating patterns: In three colorways, Saddle (shown), Eggshell, and Cassis. All fabrics, 54" w., cotton with Scotchgard finish. At the following Robinson's stores in California—Santa Barbara, Woodland Hills, Beverly Hills, Newport, University Towne Centre, San Diego; In mid-November at Marshall Field in Houston and Chicago. **Other home furnishings in The Marella Collection:** Upholstered furniture, by Selig, Leominster, Mass.; Vanguard Furniture, Hickory, NC; Interior Crafts, Chicago. Lamps, Stiffel, Chicago. Rugs, Regal Rugs, North Vernon, Indiana; Milliken, La Grange, Ga. Dinnerware, linens, paper products, Sigma, NYC. Pillow, Pillows of California, Los Angeles. Bedspreads, Dakotah, Webster, SD. Closet accessories, Ashland Products, NYC. Desk accessories, Samuel Ward, Boston. Stationery, Brett-Forer, NYC 10021. **In Italy:** Fabric, M. Bordogna, Como, Italy 22100.

ROMANTIC FABRIC
Pages 182-183

"Flower Jewels" cotton and Dacron polyester shams: $25 ea. **Reversible pillowcases,** $10 a pr. **Sheets,** queen, $18. **Comforter,** queen, $80. All designed by Mary McFadden for Martex, WestPoint Pepperell. Also by Mary McFadden, dress, pink chenille scarf, jewels. **Antiqued trompe l'oeil handpainted finishes on walls and floor:** By Luis Molina, NYC 10021. **Indo-Portuguese chest:** 34" x 18" x 18" h. 18th c. **Large Japanese bronze vase:** 14" x 19" h. 18th c. **Greco-Egyptian marble head from Alexandria:** 9" x 16" h. I-II AD. **Indonesian planter's chair:** 36" x 30" x 39" h. Carved wood and woven straw. 18th c. From Didier Aaron, NYC 10021. **French St. Cyr needlepoint rug:** 9'4" x 5'9". From Stark*, NYC 10022. **Round stoneware planter:** 38" x 21" h. Custom designs available. By Elizabeth Nields, Box 300, RD #1, Otego, NY 13825. **"Tizio" lamp:** Matte black steel. 46½" x 4⅞". $270. At Ambienti, NYC 10021. **18th-c. Korean chest:** 42" x 18" x 67" h. Elm with iron mounts. At Koreana Art & Antiques, NYC 10021.

Store directory
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PROFESSIONAL KITCHEN, 18 Cooper Sq., New York, N.Y. 10003

RICH'S, 45 Broad St. at Alabama, P.O. Box 4539, Atlanta, Ga. 30302

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THE WHITE HOUSE, P.O. Box 3271, Beaumont, Tex. 77704

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Gift of giving
continued from page 162

Let's look at the 12 gifts:

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Time is a very precious commodity. It is *the* nonrenewable resource. Time is the soil in which all relationships grow and it is especially important to give time to children. If you can't lavish it, don't stint on it either. If you can even map out one afternoon a month, or one weekend every two months or so to give to a project, an outing, a day of bike riding, whatever, you've made room for something to exist that wasn't there before.

The Gift of a Good Example

Very few of us consciously go around thinking that others will be influenced by our behavior. The fact is that your behavior matters more than you think. If you have confidence, others find it easier to emulate it. If you are enthusiastic, others will respond to it. Everyone feels better for it.

The Gift of Acceptance

This is a gift which can make others feel relief. That you are willing to accept another's actions, beliefs, personality, whatever, allows that person to relax. You profit by a more sincere, more realistic sense of what the person has to offer, how the friendship can grow.

The Gift of Seeing the Best in People

It doesn't mean suspended belief—my husband right or wrong. It means that you direct your attention and your effort toward a person's "best" self—not always the easiest thing to do when someone you care for is irritable and out of sorts. "Giving people the benefit of the doubt" falls into this package because it means you're willing to accept and rely on their better nature as a true expression of who they are.

The Gift of Privacy

This one is almost as difficult to give as the gift of time. It takes sensitivity and trust to know when someone needs to be alone. This gift also includes waiting until you're offered some information willingly by someone who appears to be upset or disturbed. Privacy does not bear prying. This gift also requires balancing time spent together with time spent apart. Each part of the equation profits, and this is as important for children as it is for parents.

The Gift of Self-esteem

It is similar to the gift of seeing the best in another person. A person's self-esteem is enhanced when his best self is perceived and trusted. The gift of self-esteem is a restorative—to your perspective and to that person's pride.

The Gift of Giving Up a Bad Habit

Isn't this something we'd all like—to give and to get? This is a perfect example of the two-way present. Either you give up smoking or endure the trauma while your mate does. That's the gift of time, self-esteem, seeing the best in others, everything.

The Gift of Self-disclosure

Candor is a liberator. For you. For the ones who profit by your ability to reveal your doubt, your feelings, your joy or pain. Self-disclosure shows others the way—it's emotional trailblazing.

The Gift of Helping Someone Learn Something New

Another example of the two-way street—you enrich your understanding of a subject when you impart the basics of it to someone else. They in turn bring their own fresh perspective, their originality to bear upon an area you thought you'd plumbed. The result is fertilization.

The Gift of Really Listening

It takes some skill to quiet your own thoughts in order to make room for the thoughts

Continued on page 218



BY PATRICIA CURTIS

Bringing your first pet home

What equipment do you need? Is a trip to the vet necessary? What should you feed and when?

To help get your new dog or cat off to a good start in your home, there's some basic equipment you must provide. You'll need a collar, leash, and license for your dog—and it's a good idea to include a name tag (with *your* name and address) on your dog's collar, just as a precaution. If your cat will be going outdoors, a collar with your name tag on it is also an excellent idea. If your new pet is a puppy, take care to check the collar regularly as the animal grows, to be sure it doesn't get tight. You should be able to fit two fingers sideways between your dog's neck and the collar.

A clean litter box must always be easily available to cats, and if you'll be walking your dog in the city, you'll need equipment for tidying up after it on the street.

As for where your pet will sleep, the animal, of course, will assume the best place is on your bed with you. It is one thing to have a cat or small dog curled up at the foot of your bed, but if you have a good-sized dog, or don't like the idea of a pet on your bed, you'll want to provide the animal with its own comfortable bed.

Most pet owners in a rash of enthusiasm buy their first pet all kinds of toys, and there's no harm in this, except I wouldn't give it anything with a bell attached that could be chewed off and swallowed. Dogs and cats enjoy rubber balls. Good homemade cat toys: wine corks, wads of paper, pipe cleaners curled together.

HORST



The dog who came to dinner: The John Pierreponts' terrier, Arabella, finds everything, except the plate, is riveted to the tiny wood table. By Warner Dailey.

Scratching posts for cats will prevent or reduce wear and tear on your upholstered furniture. While I have never known a cat that will use one of those upended logs on small wooden bases, a cat will usually prefer a tall upholstered pole on a broad sturdy base to even something as alluring as the arm of a sofa. Another good kind is a cork cylinder that attaches to the wall at a height a cat stands on its hind legs to reach.

The importance of a good balanced diet

There are many good commerical pet foods available of the canned, dry, and moist (packaged) types, and a healthy diet for a dog or cat can include all three. Variety is important. It is inconvenient for you and non-nourishing for the animal, if it gets hooked on one single type or flavor of food. Some people cook for their pets or give them table scraps, and this is fine for variety or supplement, but should not be the basic diet.

I believe that the best diet for a healthy pet consists of a wide variety of canned dog or cat food as the basic diet, with dry and moist food added several times a week, and with additional nourishing treats such as cottage cheese, cooked egg (for cats), cooked fresh liver or heart, and table scraps of cooked meat, fish, and vegetables. No bones!

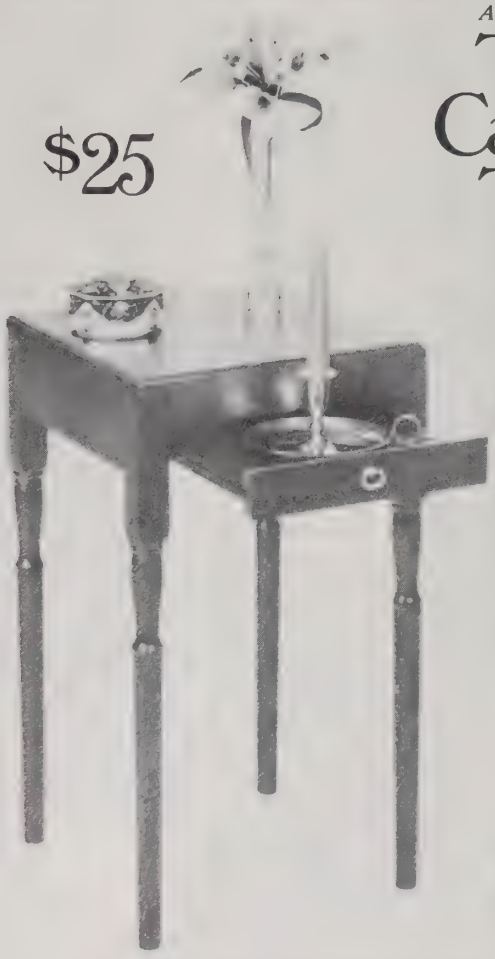
Kittens and puppies should be fed at least three times a day. Adolescent and adult cats (6 months old and up) eat twice a day; dogs once. I give my dog a snack for breakfast, because she would feel hurt when my cats were fed and she

Continued on page 221

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Gift of giving
continued from page 217

of another. Objective listening is a relief—as you are listened to, so can you hear; as you are advised, so can you counsel.

The Gift of Fun

Go to a movie about outer space and see how the condition of weightlessness appeals to the children. Having fun is like being weightless—it's like being freed. To be with someone who actively seeks laughter is a medicine in itself. *Giving fun takes real talent.*

The Gift of Letting Others Give to You

This is the gift of exchange—equal *for* equal, and equal *to* equal. Letting others give to you means that you are open to receive, a matter of attitude. Kindness given almost always means that it will be returned—perhaps in another guise. Letting others give to you is an expression of your being approachable. It's the first-footing that friendship needs to flourish.

These gifts take no space. They don't come wrapped or through the mail. They do reap dividends of grateful appreciation for years to come and what's best—you can give them everyday. ■

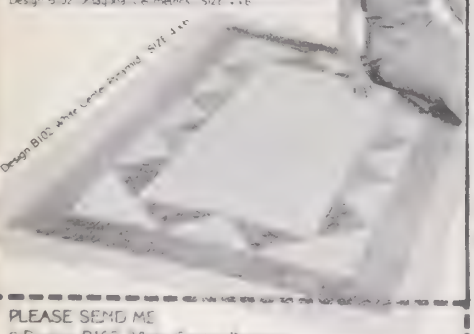
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Rules for entertaining
continued from page 158

Played on someone who didn't understand the spirit of this little community, who didn't have its intimacy of shared reference, it would have been bullying and malignant.

Times have changed.

When the British novelist Alec Waugh invented the cocktail party in the spring of 1924, it was in order to fill the gap in London social life between half-past 5 and 7. The object of the operation was a little drink before dinner. Today's cocktail parties mock Alec Waugh's sense of time-honored ritual—you're lucky to get people out by 9. This says a lot about the modern democratization of time. Nowadays, many people feel free to stream into each other's time. In the country especially. We've all had those dangling people on our hands who just "drop in" prepared to spend the entire afternoon. It's up to the host to find some unobtrusive way of calling it quits.

What I do when I'm giving a cocktail party—and I've been on both ends of the hospitality table; I've gone through the grizzly and effervescent business, in many cities, of entertaining (not without anxiety and hard work) and of being entertained—I tell the bartenders to stop serving drinks at 8:30 sharp.

I've noticed that more and more the host expects his guests to fix their own drinks. It's certainly one way to make sure people get just what they want.

A traditional horror of big cocktail parties is getting stuck with somebody. Or worse, sensing that the person you're talking to feels stuck with you. You can always say, "Let's have another drink," and with a little fencing lose each other in the vicinity of the bar.

I have an ingenious, if sometimes cold-handed and two-fisted solution to this problem. I always carry two drinks, so that I'm never not in a position to say, "I have to deliver this drink." And off I go.

But imagine a party where *everyone* is carrying two drinks, fleeing from each other!

I've heard these stupendous cocktail parties referred to as "open parties," meaning that the host and hostess don't know exactly who's going to turn up. In the old days, when you wanted to bring someone, you would call up and ask, with some diffidence, "May I bring So-and-So?" But now that things are more casual, and large-scale hospitality can encompass all manner of strange cattle, you just bring your friends along.

At small cocktail parties, a guest should expect to be introduced to everyone. He seldom is. She seldom is. And that's serious for people today when the bulk of the great divorced (a word that Alec Waugh's younger brother Evelyn gleefully pronounced "die-vorced") is actively seeking to remarry. The host and hostess should understand that they're running, if not exactly a marriage bureau, then at least some sort of marketplace for poignant companionship. They *have* to know how to introduce. One matchmaking hostess I know specifies that her guests all bring people they're not involved with. The result is a goodly supply of the unattached.

But however skillful the host is, untoward things are going to happen at parties. At a cocktail party I gave a few years ago, a friend, who happens to be terrifyingly rich, marched over to me: "I hope your insurance covers dental bills. I've just broken a tooth on *your* French bread!"

"How awful," I commiserated. "Of course I'm covered." I managed a smile, but I was appalled. She'd broken her own tooth, in her own mouth, breaking good bread—and a number of rules besides, when she tainted the atmosphere of my party, broke its mood.

The richest soil for hospitality is—always has been—the dinner party. Finally, all you can say about hospitality happens here. You put food and drink out, your friends come—it really is a good life, friends are important.

Today when you ask friends for dinner, it's perfectly all right to suggest the departure hour; that way, at least they know you mean business when you say to come on time. I always ask people for half-past 7 and at half-past 8 we sit down, whether they're there or not. When the laggards arrive, I welcome them, setting aside my notion of civility or going beyond it, for what is hospitality but welcome?

Lately I've observed that people are no longer so tyrannical about having an equal number of men and women at the dinner table, although just the other day a hostess asked me, "Don't you think I should have invited another man?" I thought that question had been stifled forever with the old quip, "We're dining, not mating."

As for the food, today you want to keep it simple. You don't want to spend all your time in the kitchen. It's unacceptable for a host to look harried. Anxiety can be as contagious as poison ivy

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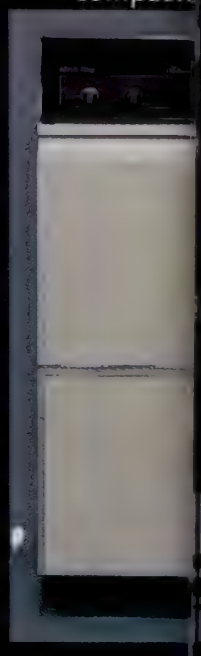
B. Steam Machine dishwasher with delay start



C. Griddle 'n Grill self-cleaning oven



D. Classi compacto



For Classic Kitchens



H. Thrustpower II kitchen hood



J. Food waste disposer



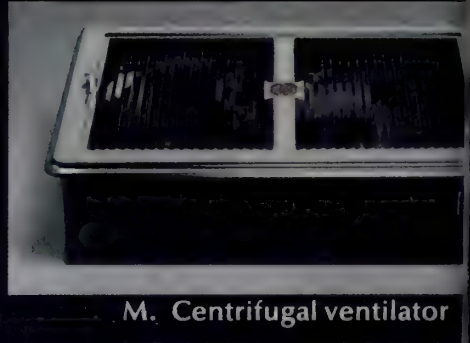
L. Turbofan electri



I. Griddle 'n Grill



K. Built-in can opener



M. Centrifugal ventilator

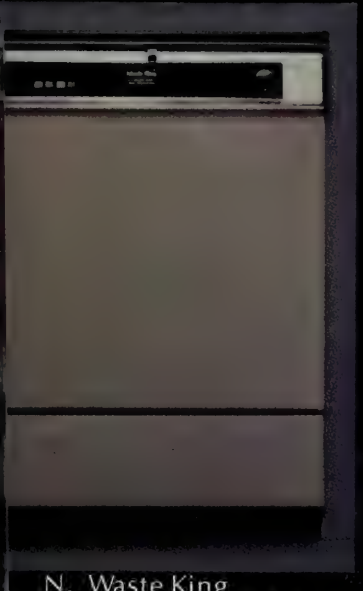
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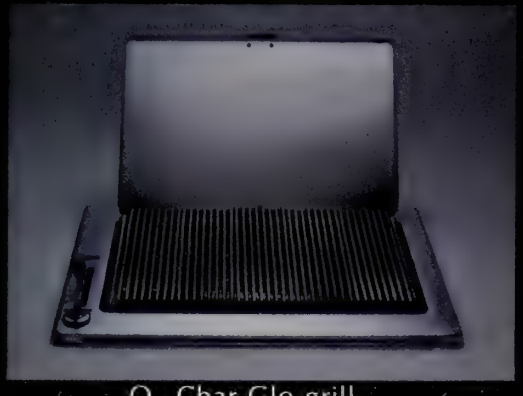
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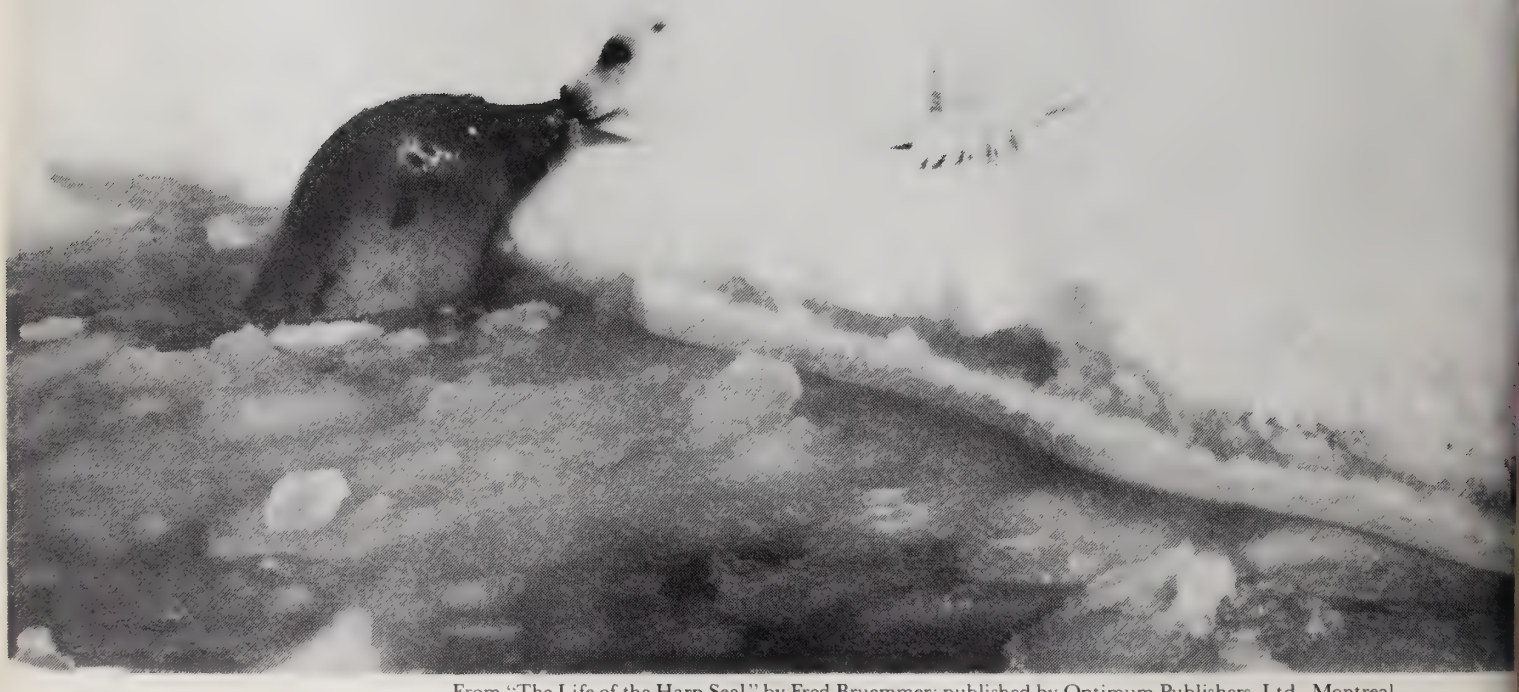
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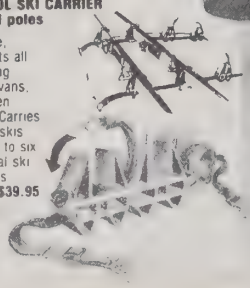
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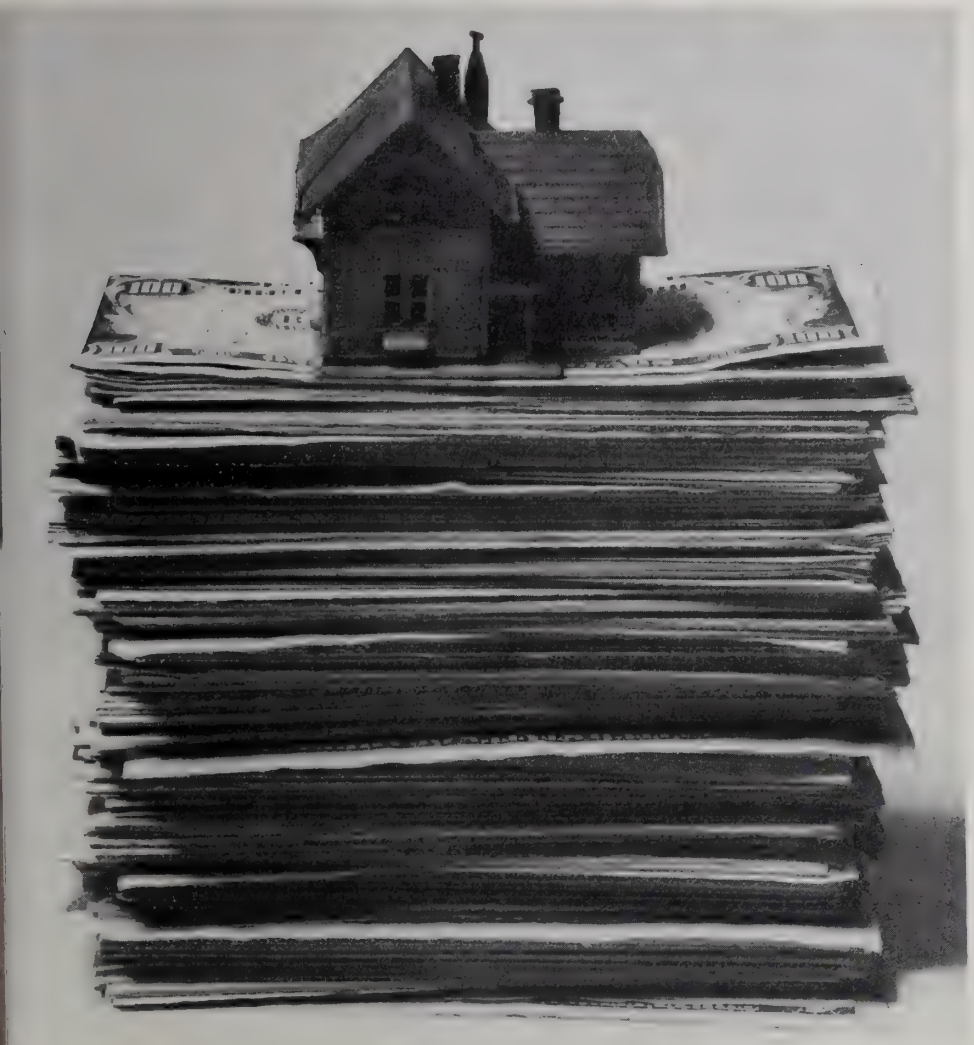
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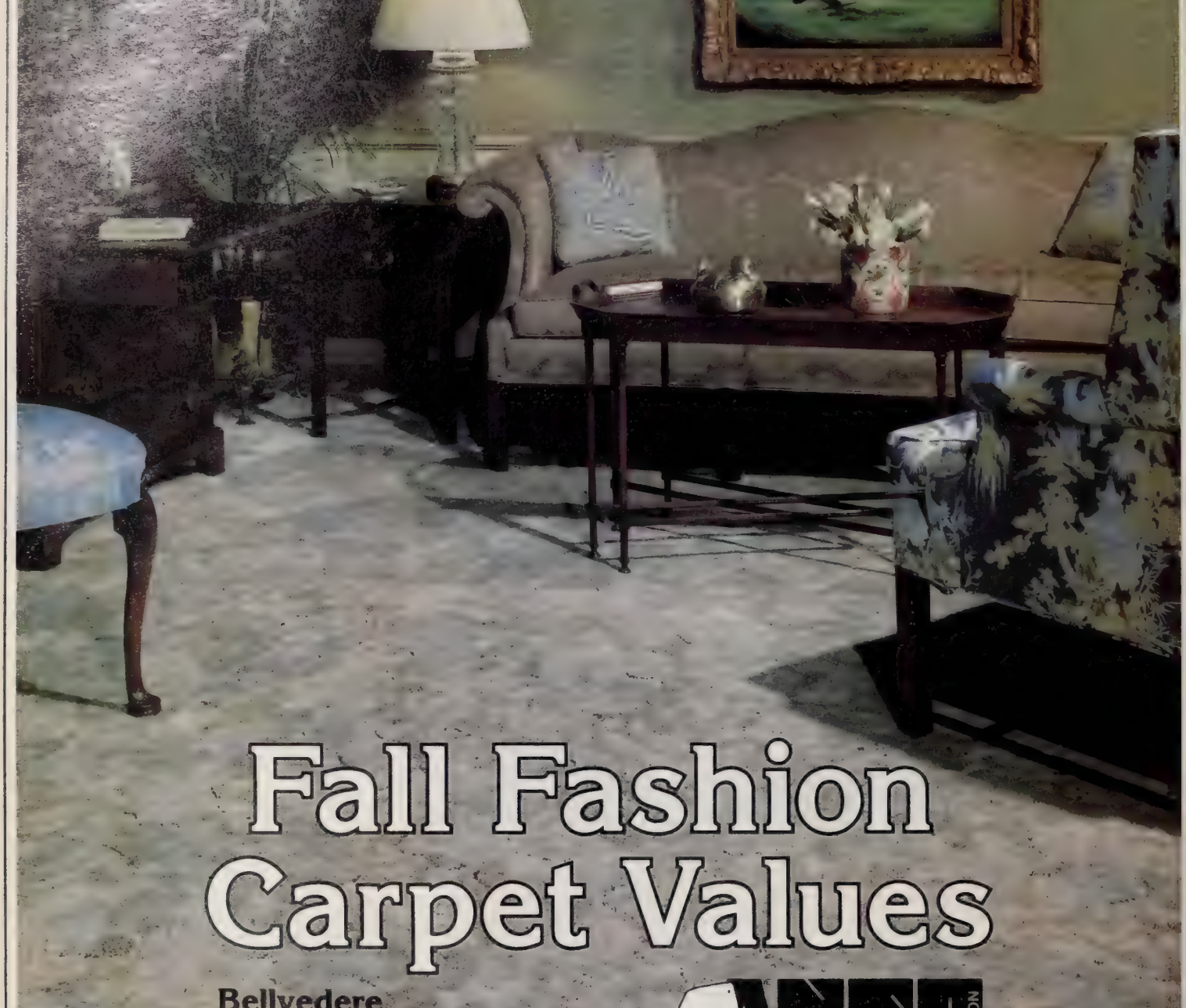
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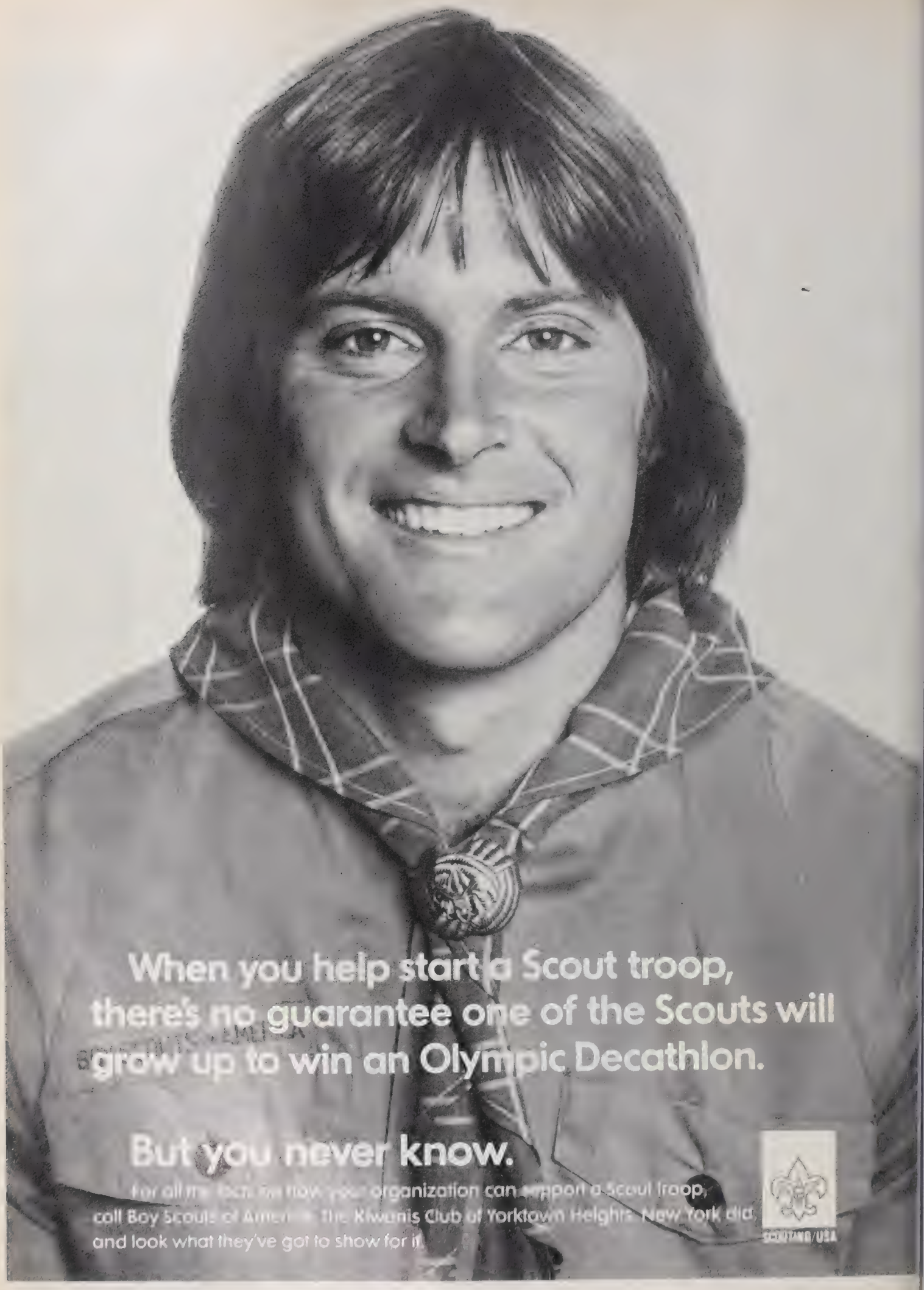
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Try to look as if you've done everything effortlessly. (It's impossible, of course.)

The new rule is: Don't feed your guests too much. This is a total reversal of the old rule, where plentifulness was the measure of hospitality—witness the Edwardian era. The new watchword is circumspection. Sensible servings of non-rich food, arranged so that the eye rests lightly on it, is what people want today—not food disguised by too many flavors, sauces, and seasonings. Your guests are all trying to keep healthy and look attractive. To give them a cream soup or a buttery potato—oh that's a cruel thing when they're trying to lose weight!

You'd think it would go without saying that if you're having people to dinner you shouldn't eat a different dish from the one you serve them. And yet I have seen this done on occasion, most recently at the house of the chairman of one of America's largest corporations. After everyone else had been served slabs of roast beef, a fresh fish salad was carried out and set down in front of him. Since I knew he wasn't on any particular diet, I was forced to conclude that this was a dominance gesture. He just wanted to show us how much more careful he was about himself than we were about ourselves; unlike his decadent guests, *he* wouldn't be caught dead eating dead animal meat.

It's hard to believe that a host would ever give his guests something inferior to what he was having himself. But I'll never forget the time I saw a banker serve his guests perfectly good brandy, then surreptitiously reach for his private stock, a bottle so old and rare you couldn't even read the label, and pour himself a shot. It's true I saw this once and once only, but that was enough.

A host is responsible for the pleasure and welfare of his guests. That's one rule that will never change. Astonishingly, there are hosts who care so much more about the party than their guests that the party flourishes while the guests languish. For instance, entering a room where everyone is already totally informal, a guest may feel stiff and rigid, not up to the demands of informality. Informality shouldn't be forced on a guest. Not everyone wants his style uncramped. He may want a little social distance, at least at first, before sitting down and joining the others on the floor—some point of transition.

Parties were designed to provide levity and a haven, but what if. . .

What if conversation lags? How do you draw out a guest who seems ill at ease? I know someone who unfailingly turns to the stranger beside her and asks, with a perfect imitation of genuine interest, "Who is the messy person in your family, you or your wife?" I have a useful question when I'm seated beside a new and diffident person. "Tell me," I say—it's the first question I always ask—"What do you do with your shoes?"

And what if you don't like the food? I once saw someone, when the hostess wasn't looking, throw the *escargots* like marbles under the table. The moment of truth had not been avoided, only postponed: They were found on the floor the next day. One solution to this problem is to say you have a medical test to take the first thing in the morning and that as of this hour on this night you are not allowed to eat anything. (The tricky thing here lies in calculating how good the dessert is likely to be.)

What if you accidentally break something? In a grand house many years ago, a woman knocked over a beautiful piece of jade. It shattered. She was in a quandry. Should she confess or, since she realized she could never repay her host, spare him the anguish of having to deal with *her* anguish by pretending it never happened? She decided not to tell. As a woman of the world, she knew that there are times when honesty is not the best policy, when in fact it may be the most disruptive. But this incident occured in an age when the people who gave the parties expected damages. Today's hosts can't expect damages for the simple reason they can't afford them.

And what about thank-you notes? If you do write them, you should write them the next day. But the telephone has really taken over from the pen. The bread-and-butter call. And the sooner you call, the better: Next-day post-mortems are a great compliment to any party—the kind and number of calls it generates.

If a three-hour cocktail or four-hour dinner party can present so many "what ifs," think of all that may be lying in wait during the two-and-a-half days of a weekend visit. (Some people shouldn't visit. They are at their best only when they're at the head of their own table, under their own roof, and in complete control. As guests, they are "fish out of water." If you go somewhere, you are obligated to enjoy yourself. Do not go if you're going to feel jealous or put out or trapped.)

Gifts are not necessary. And whatever you do, don't bring flowers. I recall a rather embarrassing occasion. A woman, invited for the weekend to a country house where she had never stayed before, got out of her car and rushed over to present the hostess with a small bouquet of peonies. The hostess thanked her profusely, knowing there was an ironic sadness in store for this thoughtful guest. Just behind the house were hedges and hedges of prize-winning peonies; the air was tipsy with the smell of them, and every vase in the house was filled with them.

Instead of flowers, instead of gifts, bring a little original joy to a weekend visit.

If there's anything you think your host should know ahead of time, do tell: the gender, marital status, and age of the person you're bringing. Hosts do not like surprises of this sort. They crave the comfort that only clarity can bestow.

If a host is planning to ask his guests to cook, he should arrange it with them beforehand and not wait till they get there to spring the chicken on them. Weekend guests are not necessarily short-order cooks. A woman recently invited me to spend a week in a house she'd rented deep in the country. "We'll all take turns cooking and washing up," she told me. "It might even be fun." I didn't want to go under those conditions, and I was grateful to her for spelling them out beforehand.

The weekend host has the obligation to involve his guests in all his activities. He can't tell them he's off to a party at Mick Jagger's and he'll be right back later, there's plenty to eat in the fridge. The new rule, here again, is that the old rule hasn't changed: The host has to provide some agreeable structure.

If the host has the obligation to be obligated, so does the guest. He has no right to go off without the host—it's not a boarding house he's staying in. Or maybe it is. One of the duties of the guest is to understand the rules of the house, which of course are different in each house. And the host on his part must be frank about the rules he wants observed. Since we're creating rules day by day now, the only way is to be absolutely frank *beforehand*. As for me, all I ever expect of guests is a little cooperation and no complaints unless the ceiling falls on their heads.

When you're invited for longer than a weekend, you should offer to pay some of the bills. People feel anguished enough without having their homes invaded, even when they invite the invasion. Last year a writer I know and her young son accepted a long-proferred invitation to take over the house of a friend of theirs for a couple of months. My friend was just settled back in her own house when she received a bill for $137. Undetected by her, some of the little boy's treacherous airplane glue had stuck on a bed cover and a lot of carpet. The letter enclosing the bill ended: "Do come and stay again soon." My friend, recognizing her obligation, sent a check for the entire amount right away, carefully ending her note: "Have a lovely Christmas." These two women made a point of being charming to each other at a time when it would have been so easy to rupture in vexation. So the rule for the guest is: Settle those accounts immediately. And always remember that when a host says to go ahead and help yourself to anything you like, he, of course, doesn't mean it. The good guest

Continued on next page

Rules for entertaining
continued from preceding page

course, doesn't mean it. The good guest knows what it's all right to take, and leaves a new supply when *he* leaves.

And the good host knows what his guests are likely to be comfortable with. I have a shy friend who panics at the thought of cocktail parties. A few weeks ago, she was invited to a small dinner party; the hostess mentioned in passing that a few people might be dropping in for drinks, but they would be leaving early. My friend arrived to find roughly 200 people trampling on the lawn: A cocktail party in full foam, not even a personal one—it was for some political cause. There were no dinner preparations in sight, just a long refectory table unset, and dead drinks and dead ashtrays everywhere. Finally, a reluctant meal came forth: A moussaka and some wilted lettuce leaves. The six people who'd been invited for dinner were left to fend for themselves, as the hostess was still out on the lawn celebrating with the vestiges of her party. My friend ate very fast and went home. This wasn't her idea of getting asked out!

Each of us has his own way of learning things, his own lens permitting him to see the pitfalls of being a host or guest. I have a Newfoundland, a dog of the greatest sweetness, also of the greatest simplicity (he looks as if he'd been created half an hour *before* the dawn of evolution). Wherever I go, I take all 170 pounds of Ned with me, in the bearable misery of love. Since by definition this creature is incompatible with most people's idea of entertaining, I am afforded a kind of panoramic view. I tell you, having a dog the size of mine sets into counterpoint *all* the rules of hospitality, written and unwritten.

Once upon a time, I was invited to a house party in Rhode Island. I asked if I could bring my dog, taking care to explain that he had graduated from diminutiveness. By all means bring him, my hostess said—she adored big dogs, the bigger the better. When she saw him, she said he was *too* big, he would have to stay in the kennels. He was my dog, I was his person; I left at once, resolving never to darken her area code again.

At the other extreme, here is true hospitality, the hospitality of the tutored heart. One day in the country, Ned lay down—"such a feather, such a weight!"—in a friend's garden on a bed of prized perennials. My friend said nothing, went on talking. I held my breath. Presently the dog rose, and the flowers sprang up undamaged from beneath him, the petals of friendship also intact.

It is Thanksgiving, a few years back: A large Norman manor house looking out on part of the oldest mountain range on earth, the Taconic range dividing Connecticut, Massachusetts, and New York. The impeccable Alistair Cooke is a fellow guest. I offer him a lift back to town. Ned is directly behind him in the small car—drooling, as Newfoundlands do, onto even the sleekest white hair—courting Cooke's disapproval. Cooke remains unruffled.

If you have discipline and spirit, you can rise to any occasion. Our first hostess, Claire, couldn't see beyond the ruin of her lunch party. The secret, which she may never learn, is that you must open your heart as well as your house. Let the baby squeal, the parrot squawk, the piece of crystal break. Let the dog bark. (Why not let him in?) What a torrent of life your party has. How natural—how original—it is. How much more fun than fingerbowls and gold service. ■

Cooking class adventures
continued from page 187

unfiltered Champagne, we found a small box of chocolates from Lenôtre's Paris shop. Even though it was right after dinner, I ate them. (Is that why, next day, I was seated near the porcelain pig hiding in the flowers on the table?) In the morning when Lenôtre got out the vanilla ice cream made the day before for a baked Alaska, he excavated a spoon—evidence of a raid. We ate one of Barbara Tropp's lunches outdoors looking over the vineyards toward the hills. Miss Tropp spent hours thinking up and writing fortunes to stuff in the cookies. The best one—"Gaston Lenôtre will bake your birthday cake"—was received by a student who planned to be in Paris on her next birthday! Lenôtre validated her fortune with his signature. That is the kind of magic the Napa Valley weaves. Please turn to Travel Booklets (page 117) for details. ■

Going places
continued from page 106

Langtry here on his yacht.

How to go: From September 15 to May 14, TWA's Super APEX fare from New York to London (buy the ticket 21 days ahead, stay at least 7 days but no more than 6 months, return only from London) costs $363.00 plus a 10 percent fuel surcharge. For more information on Scotland, please turn to the booklet section, page 117.

NEWS

Country houses and gardens on exhibit

For a this-side-of-the-Atlantic British country house tour, the Yale Center for British Art is showing a special selection of paintings, plans, and sketches of *Country Houses in Great Britain*, all taken from the Mellon Collection. It's a chance for a rare view of how a country house is put together—from the landscaping plans to the room layouts to the philosophy behind the architectural styles. The show spans the 17th, 18th, and 19th centuries, plots changes in the country house, and shows how artists' portrayals changed also—from James Wyatt's elaborate Enlightenment renderings of the Fonthill gardens to the emotional landscapes of the 19th-century romantics like Constable and Turner, both represented in the exhibit. The show runs until January 13. For further information, call 203-432-4594 or write Yale Center for British Art, Box 2120 Yale Station, New Haven, Conn. 06520.

Foot tours

Pack your running shoes—and a pair for walking, too. Three new guides tell you how to take off on foot and do some sightseeing in the process.

Running USA lists the best jogging routes in 125 American cities—with tips to give you a running start. Learn what routes are scenic but polluted at certain times of day, where wind and lack of shade make the going rough, even how to watch for streetcars along St. Charles Avenue's "neutral ground" in New Orleans. The overview tells you how popular running is among the natives, and offers lots of ideas on things to do when your jog is over. Runner's advantage: the best hotels to stay in near jogging spots, weather statistics, races, running clubs, and maps. (Aardvark, $7.95)

Off at a slower pace, *Walking Tours of America* takes you to some of the most interesting areas in and around 60 U.S. cities. Roam through Greenwich Village in New York City, follow nature trails near Norfolk, Va., or explore art along with flora and fauna on a tour of Houston's gardens, galleries, and parks. These tours were developed regionally by the Kinney Shoe Corporation and have now been put together for the first time in a single volume—along with maps, historical background, museum admission costs, and mileage for longer walks. (Macmillian, $7.95)

In Paris, walking is to do as the Parisians do—and the five walks (all on the Left Bank) outlined in *Pariswalks* will make you feel as if you have your finger on the pulse of the city. The walks are detailed—a favorite carved doorway illustrated, a church's history and architectural significance told in full, and the best buys in the neighborhood shops described. Proprietors are named, and occasionally a story or two told about them, so you feel as if you have friends on the block. Some of the favorite recipes from the restaurants you pass are compiled in a special chapter in the back. The first chapter offers help with the basics—hotels, drugstores, French dress sizes, and more. (New Republic Books, $5.95) ■

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got nothing. Then I give her less at night than I would if she ate once a day.

There is such a wide variation in the sizes of dogs, it is best to ask your veterinarian's advice (or follow a reputable book on dog care) about the amount of food to feed. Kittens, on the other hand, need a total of 8 to 12 ounces of food a day, depending on their age; an adult cat of average size will do fine on a total of 4 ounces (⅔ of a regular 6-ounce can).

If you have more than one pet, each should have its own feeding bowl. Space them far enough apart so each animal can eat in peace, and watch them to see that the fast eaters don't gobble their food and then steal from the slow ones. And be sure a clean bowl of fresh water is available to your pets at all times where they can reach it easily.

A new pet should see a vet

Wherever you get your dog or cat—from a shelter, breeder, private home, pet shop or even if you pick up a stray—you would be well advised to stop at a veterinarian on the way home, or make an appointment as soon as possible. Especially if you have bought the animal in a pet shop or adopted a foundling, an immediate medical checkup is in order. There is a possibility it might have internal or external parasites or other relatively minor problems, and even a chance of a serious disorder that should have prompt medical attention for the pet's healthy future in your home.

A dog should be inoculated against the four serious canine diseases: distemper, hepatitis, leptospirosis, and rabies. Immunization against the first three is usually given in a single vaccine, starting with temporary protection for a puppy of 6 or 8 weeks. Let your veterinarian set up an immunization program of regular vaccinations, usually consisting of yearly booster shots.

Rabies is a rare disease, but extremely serious and transmissible to people and other animals. For this reason, it is important to have your dog inoculated against it as soon as it is 6 months old. Your vet will advise you on a regular schedule of rabies shots to follow, depending on the type of vaccine used.

Cats are susceptible to five serious diseases: feline distemper (panleukopenia), rhinotracheitis, calici, pneumonitis, and rabies. All kittens and cats should be inoculated against them. A veterinarian might recommend a schedule such as the following:

At 8 weeks, a kitten should get its first inoculation against the first three diseases in a vaccination called FVRCP. At 12 weeks, it receives the second FVRCP shot, and a yearly booster thereafter.

Also at 12 weeks, your kitten should get its first pneumonitis vaccination, another at 9 months, and then a booster once or twice a year.

A rabies vaccination at 6 months is a good idea, especially for a cat that goes outdoors. Immunization must be repeated every year or every 3 years, depending on the type of vaccine your vet uses.

Some vets follow a different schedule of vaccinations for a cat, because they prefer to use a new type of intranasal vaccine for rhinotracheitis and calici. The best thing for you to do is to establish a regular relationship with a veterinarian you like and trust, and follow the schedule he recommends for your cats.

Q. Does a dog need a coat or sweater? What about boots?

A. A short-haired dog that spends most of its time indoors will need a coat or sweater to wear out in cold weather. A raincoat is not essential but will make less work for you in drying the animal off when you bring it in after a walk in wet weather.

Boots or galoshes may look funny on a dog, but they are a good idea for an animal that walks on city sidewalks, which are likely to be salted after a snowfall. This salt contains chemicals that hurt the dog's footpads, and also, if the animal licks its paws when it comes in, the chemicals can make it very sick. If you don't put boots on your dog, be sure to wash its feet carefully when you come in. ■



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1. Candlelit Christmas. You'll enjoy a lovely hand-dipped candle. Made with delicate angelhair fern, the Christmas tree is adorned with red and green acrylic ornaments. As you light the flame the ornaments light up glowing with holiday warmth. The candle is especially designed so that only the center will burn down; scene remains intact. To extend candle's life indefinitely, place refill in center. A great gift idea. A great energy saver. 6½″ by 7″, $17.50; refills, two 50¢; liquid pine scent $1. Add $2.50 post; NY State add tax. MC/Visa (acct. no., expiration date). Tel: 212/840-2725. Catalogue 50¢. Erik L. Wood, Inc. Dept. HG11, 45 W. 38th St., New York, NY 10018.

2. Tiffany lamps made original way with copper foil. Hand-leaded, over 250 pieces each lamp. Electrified with glass globe, 21″ dia., ready to hang. Direct from manufacturer, for great savings. Money-back guarantee. $225 plus $25 post. NY State 7% tax. 8 other models. Color portfolio, $3 (refunded with first order). Victoria Enterprises, HG11, Box 935, Monticello, NY 12701.

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4. Adorable Christmas mouse. Ideal accessory to brighten your holiday season. Fits on any doorknob. Red quilted mouse, 9″ by 9″, with green plaid/calico trim. $6. Gift-wrap mouse in reusable calico bag, contrast fabric bow, $1. Ppd. MC/BA/Visa on orders over $10. Free catalogue of unusual gifts. Susan's Accessories, HG-119, 505 Dorchester Dr., River Vale, NJ 07675.

5. Personal photo calendar for 1980. Boasts print of firstborn, grandchildren, a beloved pet, your family portrait—plus, if you wish, any personalization. Print plainly. 10″ by 20″. How thrilled any grandparents would be with such a gift. Send a black-white or color print, slide or negative; it will be returned. $7.98 ppd. Miles Kimball, 100 Bond St. Oshkosh, WI 54906.

6. Pretty plant ladder holds 15 to 20 large plants, up to 30 small plants. Clear high-impact acrylic lets sunlight through to plants. Has seven 16″ shelves, grooved to catch water overflow and protect carpets or floors. 39″ high. $20 plus $3 post. Credit card orders: toll-free 800/342-6116. The Gallery of Amsterdam, Dept. 5735, Wallins Corner Rd., Amsterdam, NY 12010.

7. Strawberry Sweetie. That's the name of a fresh new dolly you'll love to give and to hug. She's 28″ tall, with soft flexible arms and legs. Carefree Strawberry Sweetie is a colorful Cuddlie Charactor©, full of her very own special kind of charm. Only $19.95 plus $2.95 post. Send check or money order. (Allow 6 to 8 weeks delivery). Lord Graphics, HG 11, P.O. Box 15318, Atlanta, Ga., 30333

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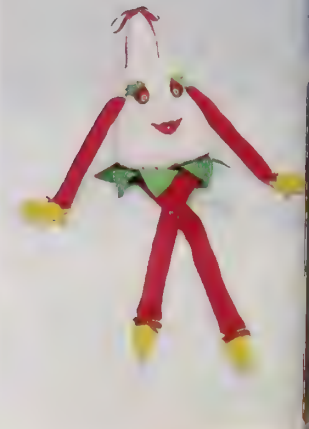
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7.



Advertiser

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10. Press-on die-cut address labels. Conveniently self-adhesive to put on your sports equipment, cameras, tools, umbrellas, toys, notebooks, whatever. And of course to use very decoratively on all correspondence. Black ink on choice of six colors: white, blue, pink, yellow, silver, gold. Size 1¾″ by ½″. Specify any message (print) up to 26 letters (including spaces) per line and up to four lines. State color desired. They're neatly packed in a plastic slide dispenser that you can keep handy in your purse or pocket. 450 labels (all alike) $6; 1,000 (all alike) $12. Add 50¢ post. $1 for gift catalogue of 80 pages. Bruce Bolind, 211-P Bolind Bldg., Boulder, CO 80302.

11. Sound value for winter. Goose down-filled Juniper Vest for dependable warmth with today's popular look. XXS to XL. Royal and gold; also comes in kelly, forest green, navy, copper. Sew-it-yourself kit $27; or handcrafted by Holubar $42.50. Add $3 post. plus tax in CO, AZ, CA and UT. Free catalogue Holubar, Dept. 163C, Box 7, Boulder, CO 80306.

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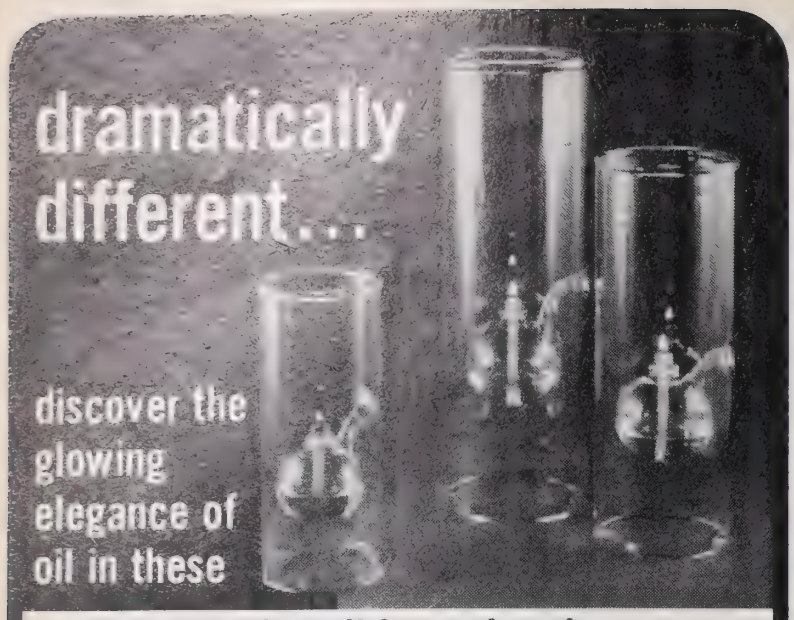






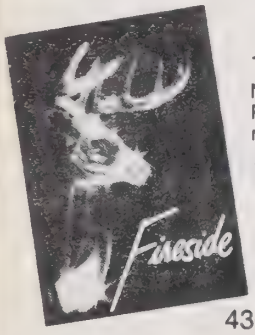






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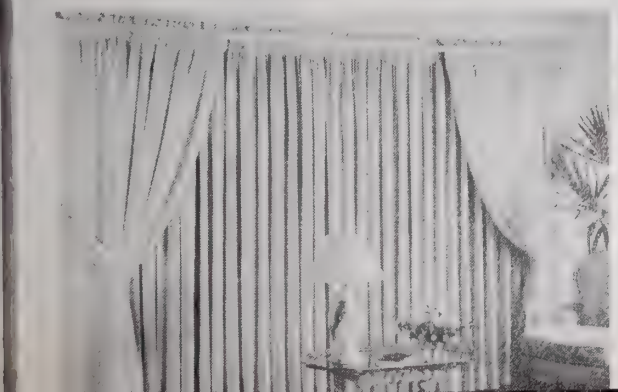


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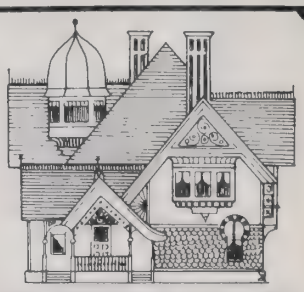
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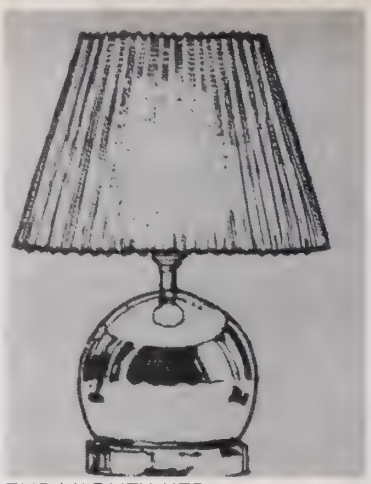
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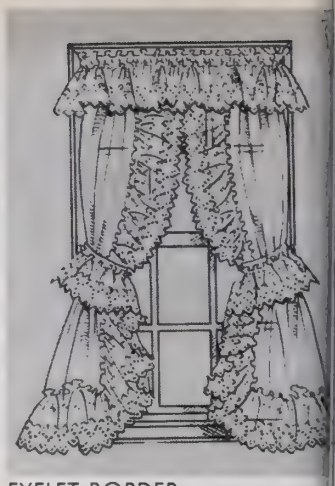
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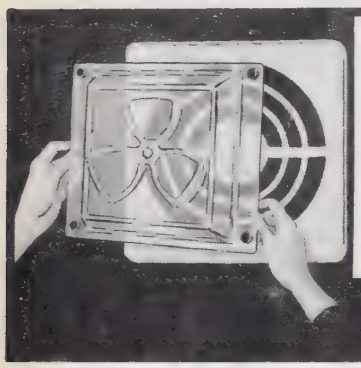
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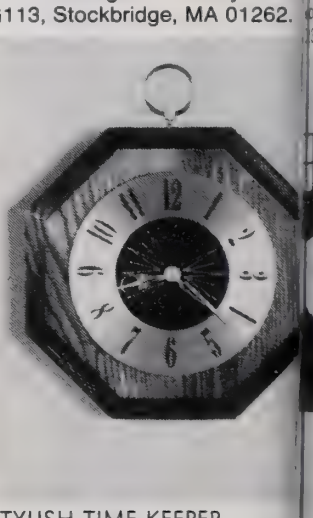
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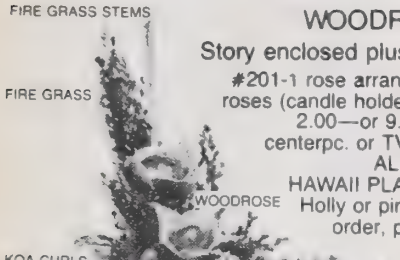
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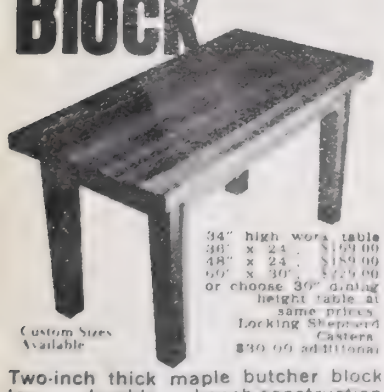


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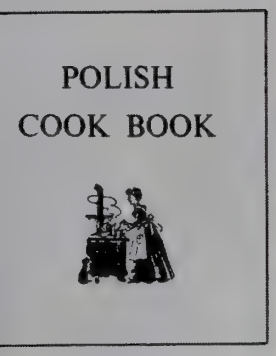
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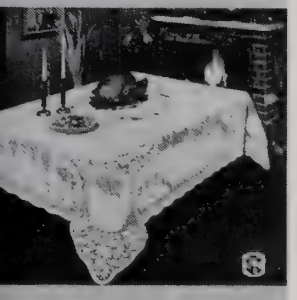
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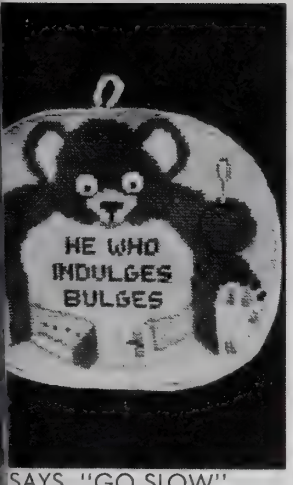
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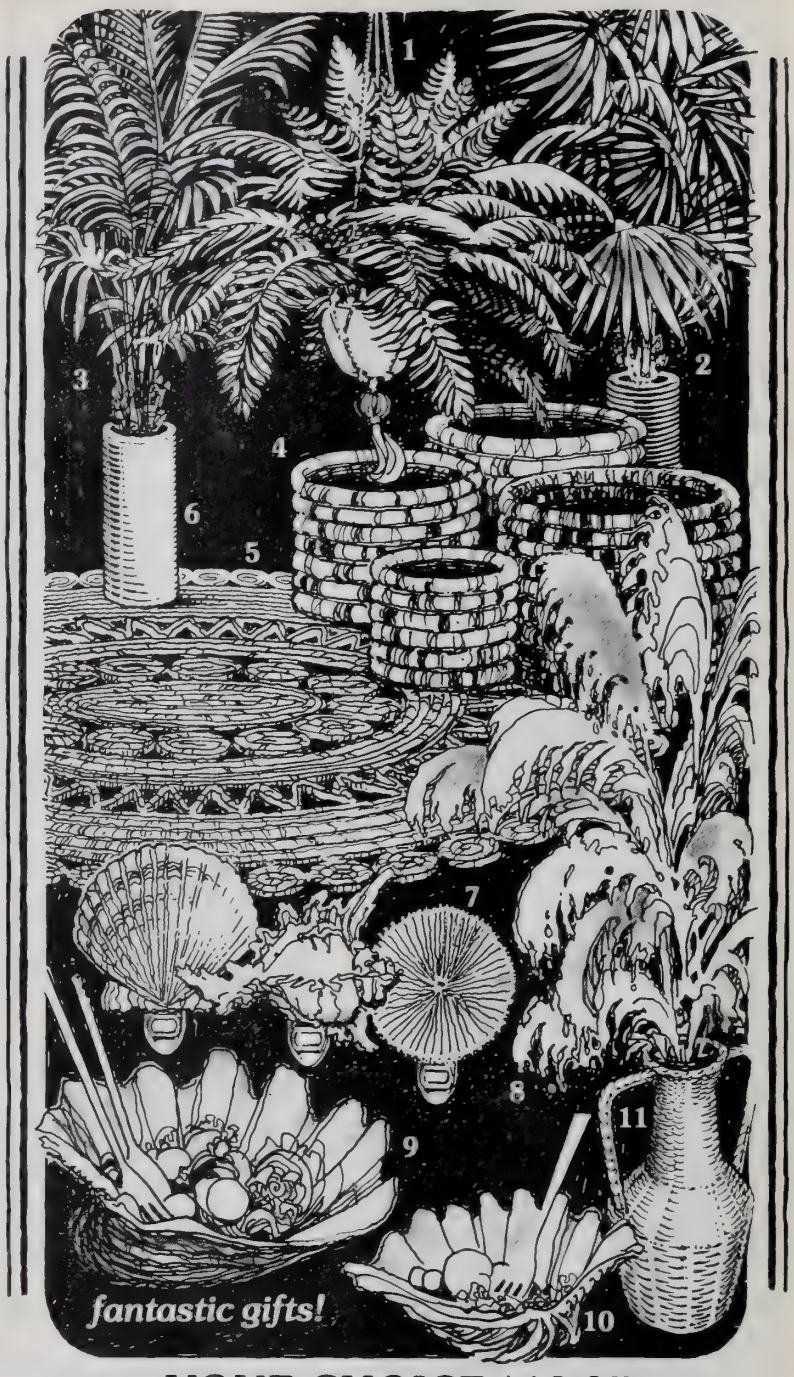
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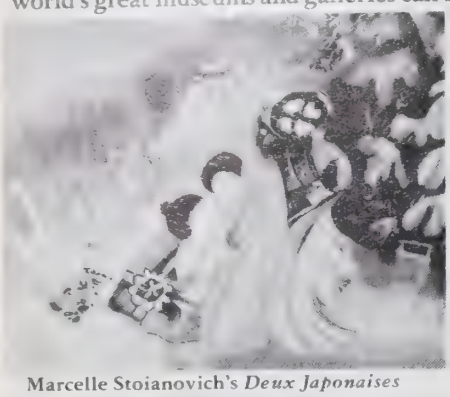
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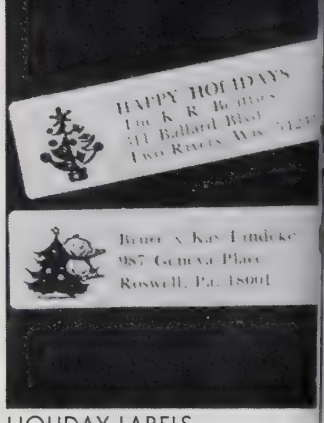
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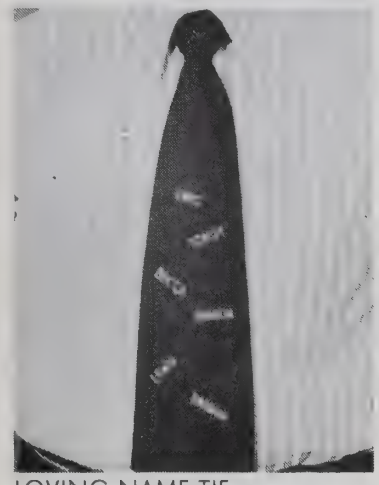
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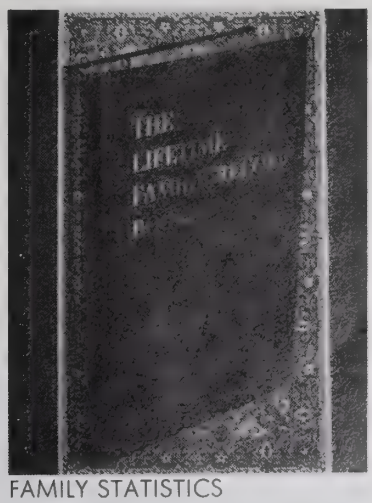
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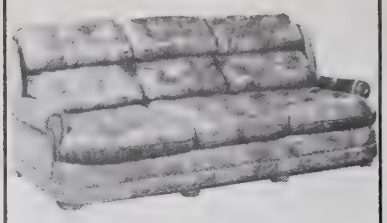
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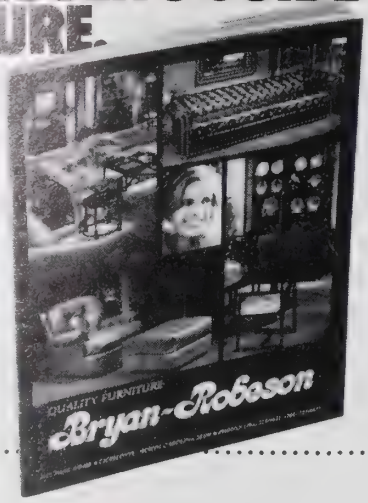
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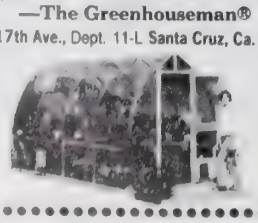
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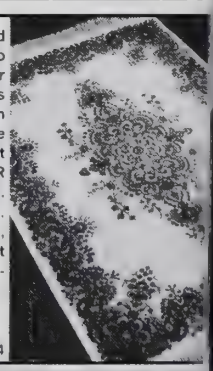
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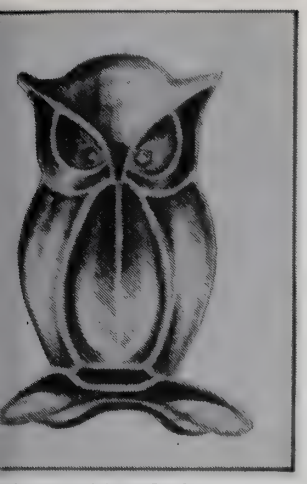
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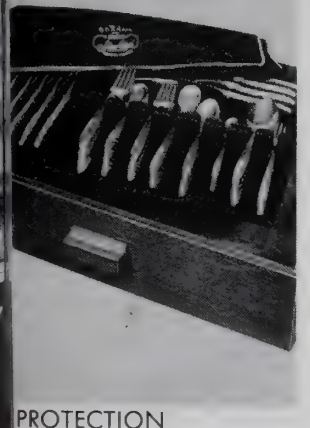
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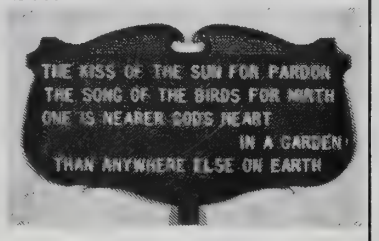
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OPEN TO SUNSHINE, FRIENDS AND GOD.

Extend a warm welcome to all visitors with this gate or entranceway plaque. Cat No. 538 finish is black with white letters. Measures 6" x 12".



ALUMINUM GARDEN PLAQUE

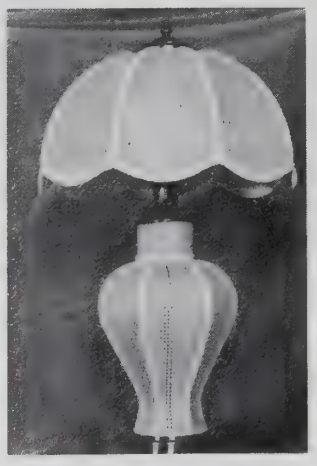
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Send $1.00 for catalog of all "Old South" gifts and products for the home and garden

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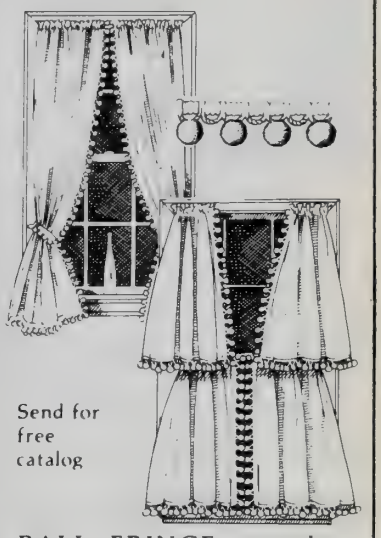


THE PARASOL

A wicker table lamp that gives you the ultimate in contemporary design. 30" high, 18" wide. In natural w/brass trim, in white w/white trim, in walnut w/black trim. $69.99 each. Matching Swag Lamp-$44.99 each. Free shipping in continental U.S.A. Send to The Wicker Shop, 230 S. Main, Frankenmuth, Michigan 48734.

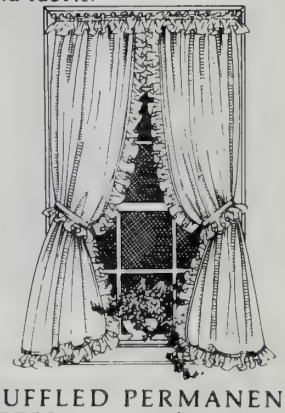
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BALL FRINGE...sturdy, specially-made ball fringe on unbleached or white cotton muslin or cotton/polyester permanent press in natural or white. 90" wide per pr. 20" or 25" long, $8 pr; 30",36" or 40" long, $9.50 pr; 45",54" or 63" long, $13.50 pr; 72",81" or 90" long, $15.50 pr. Valance, $4.50 each. Specify color and fabric.



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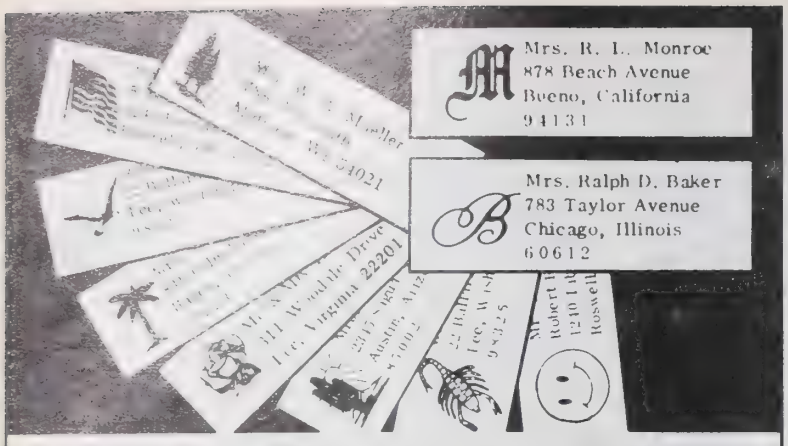
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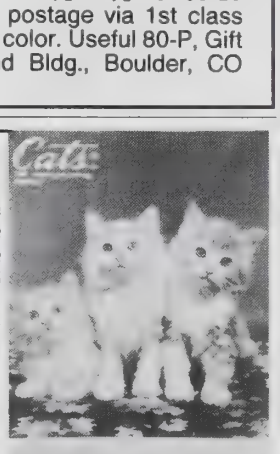
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Any initial in Old English or Script, Pine, U.S. Flag, Gull, Palm, Rose, Saguaro, Any Zodiac Sign, Happy Face or Horse, Roadrunner, Palette, Spruce, Treble Clef. To 20 letters per line, 4 lines (if you wish PLAIN labels, it is 26 letters per line). Printed in black ink on 500 white or 250 gold gummed labels. Two sizes. . . . 1½" x ½" for $3.25 or Deluxe size 1¾" x ⅝" for $3.50 + 50¢ postage via 1st class or 40¢ via 3rd class. Specify design, size and color. Useful 80-P, Gift Catalog, $1.00. Bruce Bolind, 211-L Bolind Bldg., Boulder, CO 80302. (Since 1956, thanks to you!)

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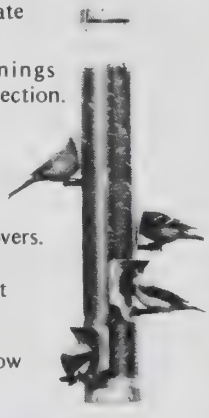
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Uses any seed or seed mixture.

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Easy to take apart for cleaning.

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Order #112
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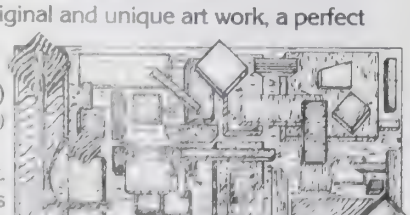
Each hand crafted into a totally original and unique art work, a perfect accent to any room.

24" x 12" x 4"

Finishes: natural (light red hue) early American (traditional brown tones) **ebony** (rich dark color).

Finish sealed with polyurethane coat.

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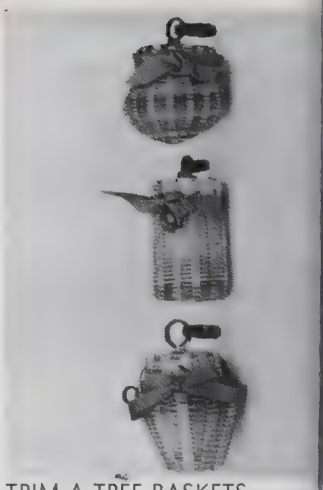
Goodwin Galleries, HG11 • P.O. Box 8712 • Mobile, AL 36608

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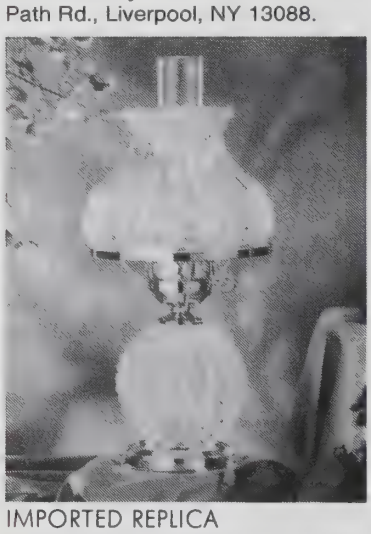
LET THERE BE LIGHT

Syroco wall sconces of elegance are a perfect choice for dining room, hall or living room in a home with traditional flavor. Each is 17 ¾" h. by 10 ½" w. Finished in gold with antique metallic finish. $25 pr., ppd. Color catalogue, 25¢. The Woods Path Gallery, HG11, 300 Woods Path Rd., Liverpool, NY 13088.



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The Georgetown Ceiling Fan is authentically crafted of durable—yet surprisingly light—resin materials, for both beauty and strength. You won't have to worry about mounting it on heavy support beams. The rich wood-grain blades span a full 44" in diameter. Drop from ceiling to bottom of fan is 12".



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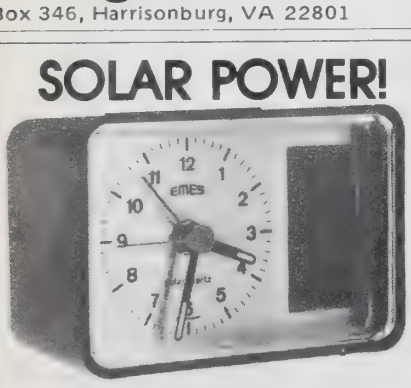
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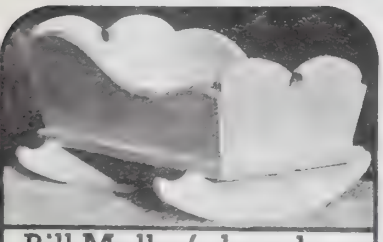


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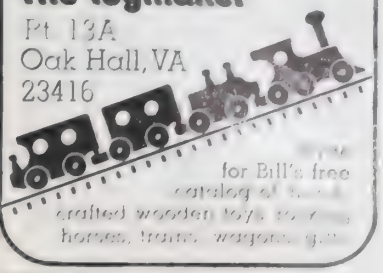
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18" long, 15½" wide, 11"high. $34.95 + $2.50 shipping. Check/VISA/MC.

Bill Muller, The Toymaker
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for Bill's free catalog of [illegible] crafted wooden toys [illegible] horses, trains, wagons [illegible]

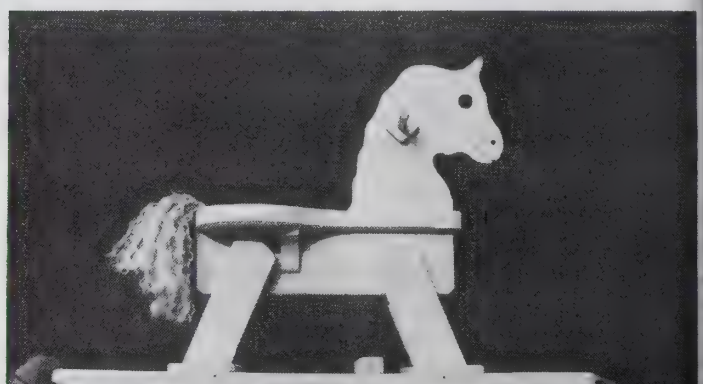
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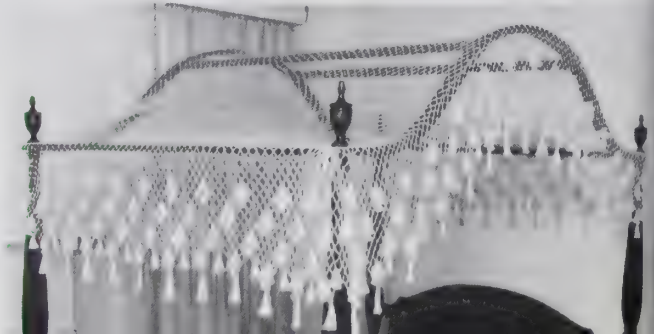


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Elegant nested table trio de signed and crafted by Flore tine artisans. In traditional a tique white and gold. Blend with any setting, lovely as gift. Largest size 22" by 14 by 22" high. Set $39.95 plu $5.95 shpg. Major credit cards. Tel: 202/783-6306. Goozh of Washington, Dep G-1179, 613 14th St., N.W. Washington, DC 20005.

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Delicate design by Margaret Winston, available in white or natural cotton thread. To order, send length/width of canopy frame; if curved, send measurement along curve. Hand-washable, warm or cold water. Twin or double $140; queen $160; king $190. Plus $3 post. Catalogue 50¢. Laura Copenhaver Industries, HG11, Box 149, Marion, VA 24354.



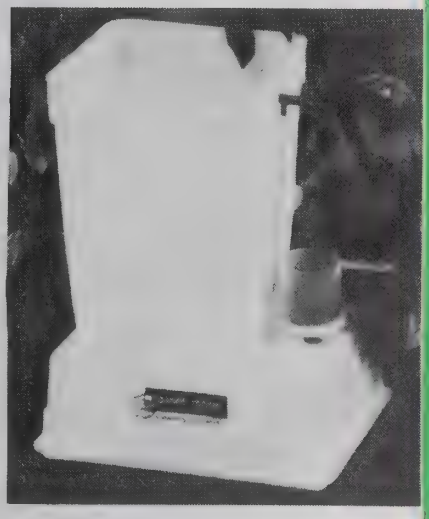


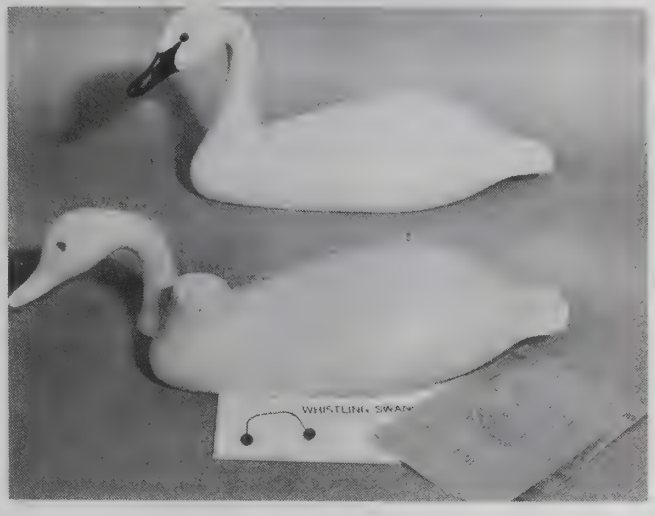
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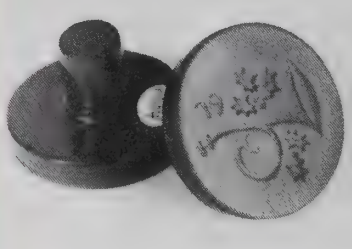
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Precocious puss peeks over a ball of yarn while you serve tea and cookies. Cookie Jar is 9" high, Teapot is 6½".
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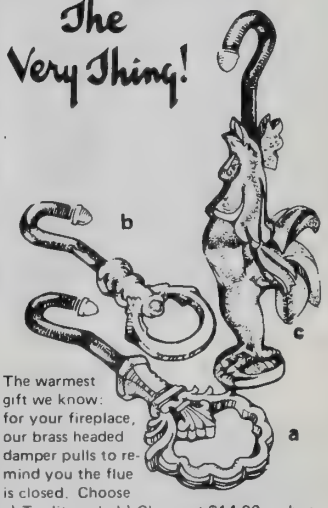


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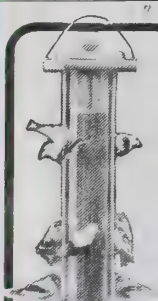
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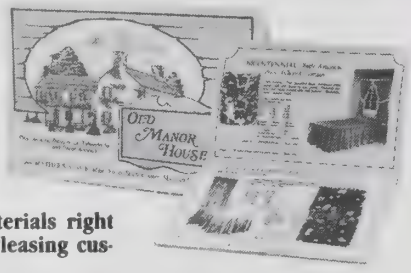
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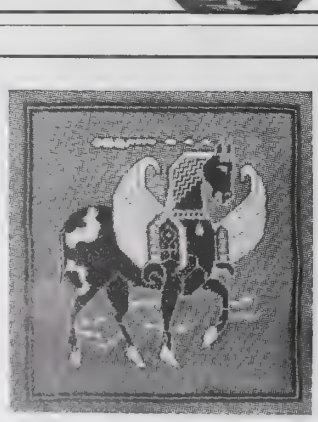
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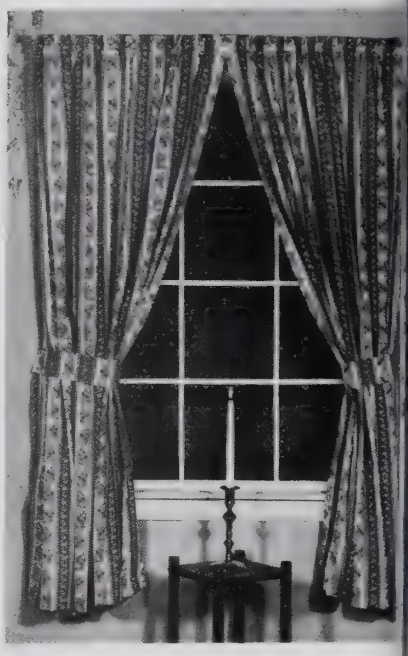
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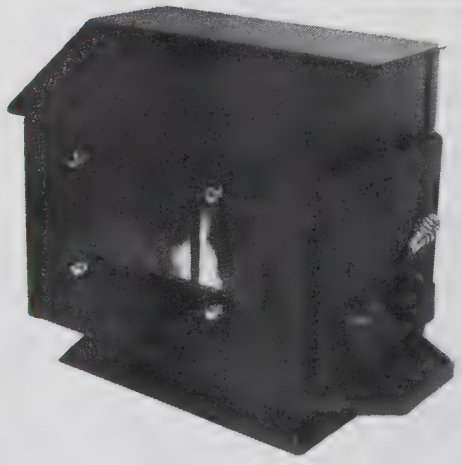
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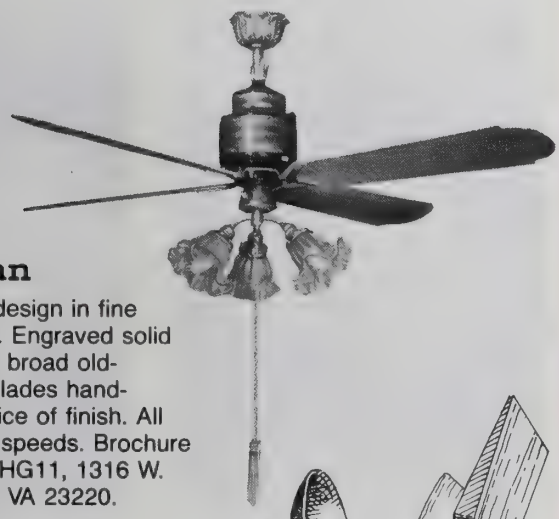
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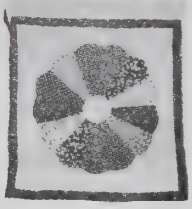
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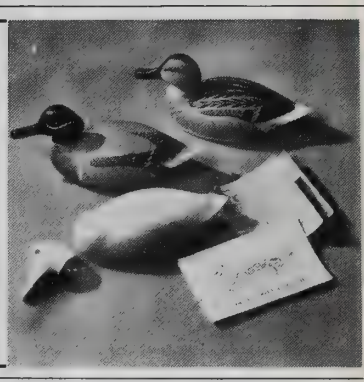
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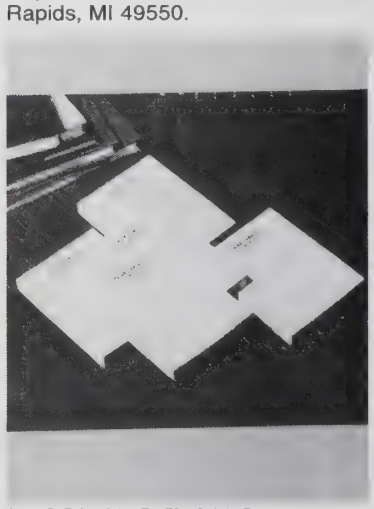
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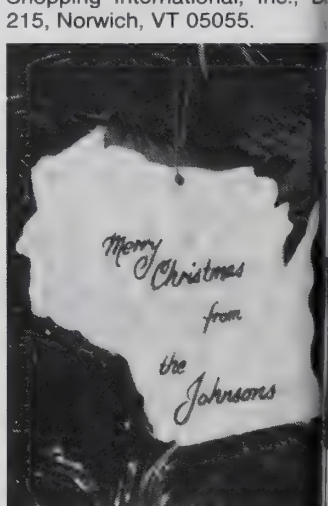
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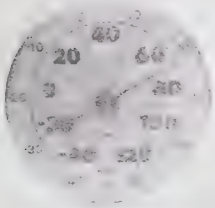
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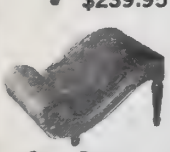
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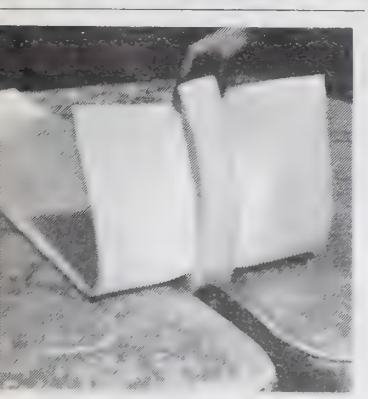
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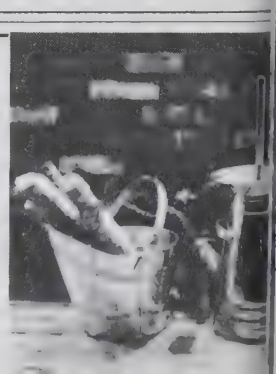
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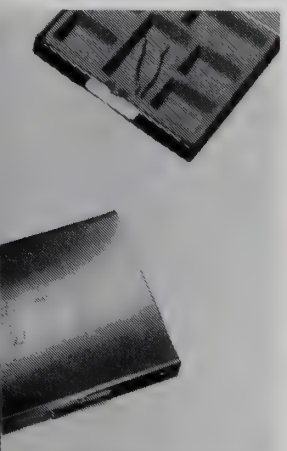
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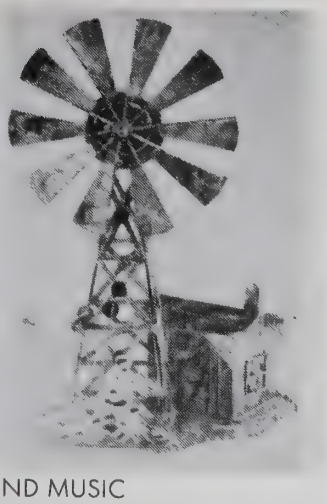
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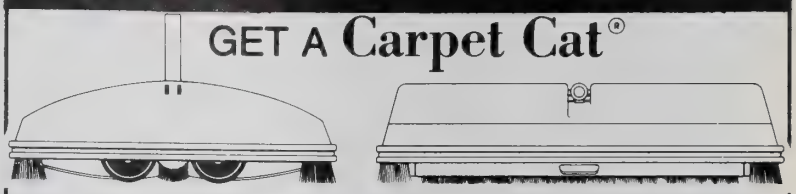
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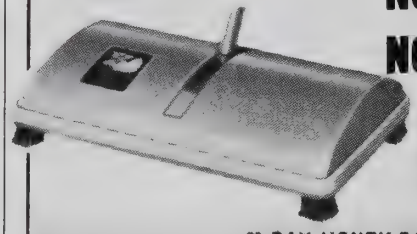


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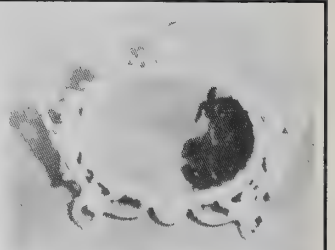
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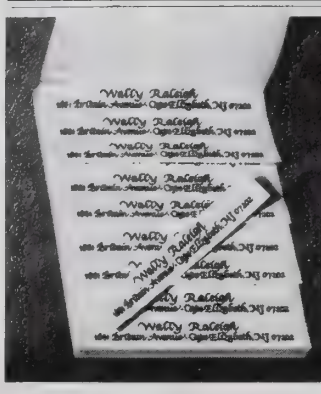
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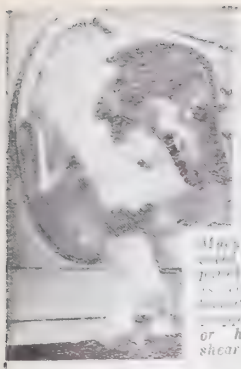
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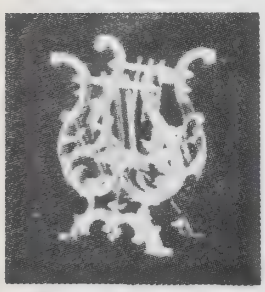
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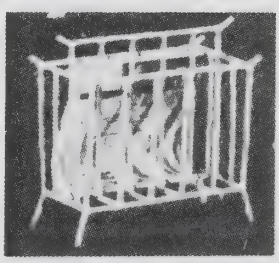
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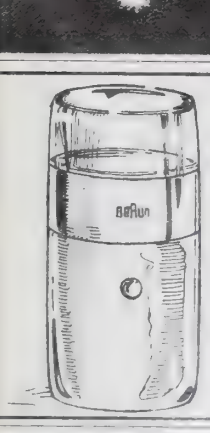
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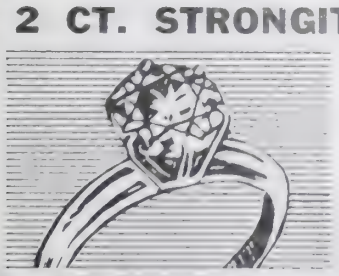
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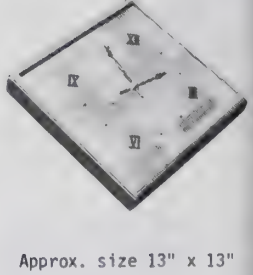
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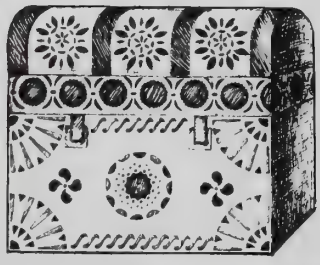
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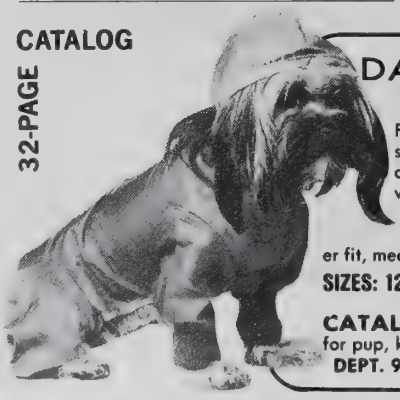
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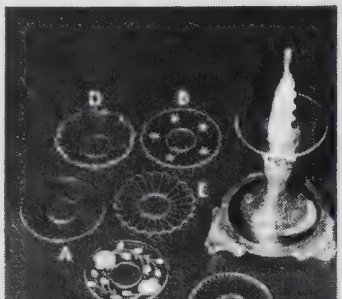
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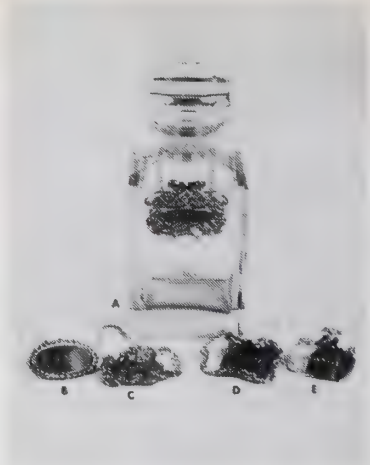
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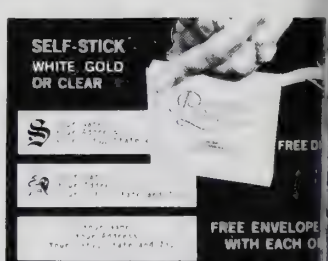
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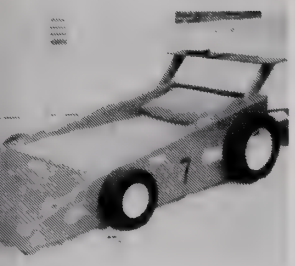
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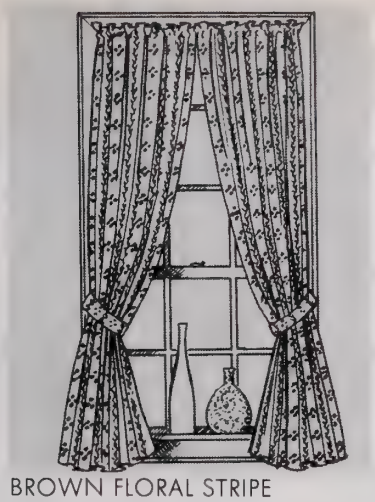
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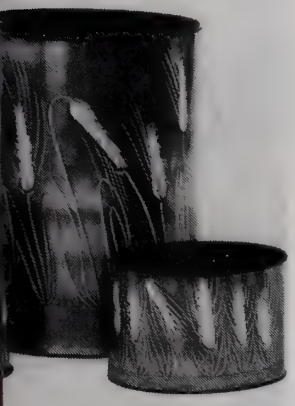
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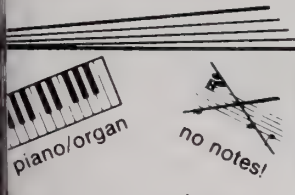
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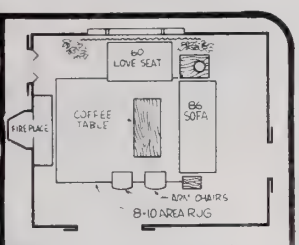
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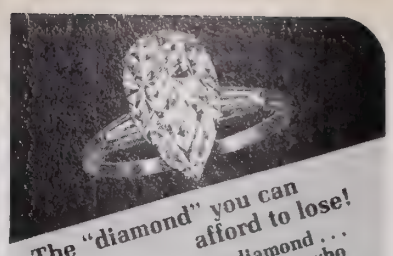
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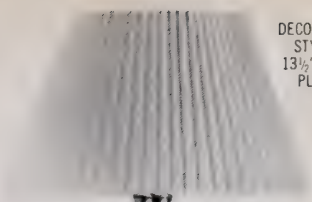
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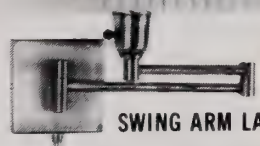
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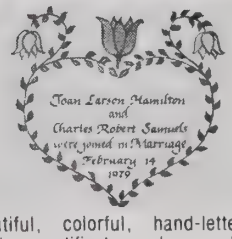
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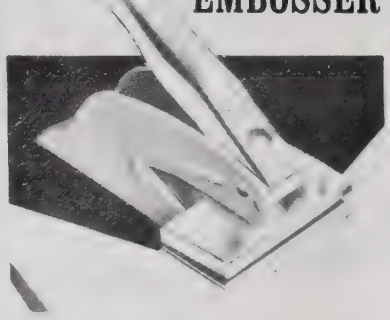
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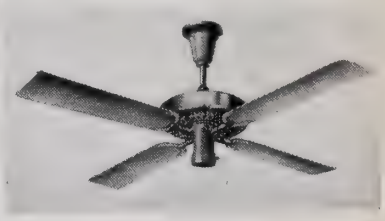
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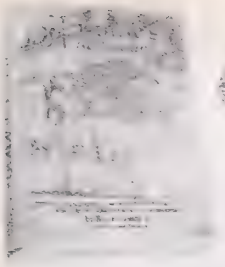
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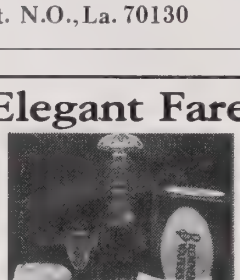
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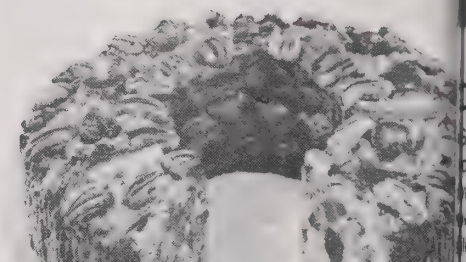
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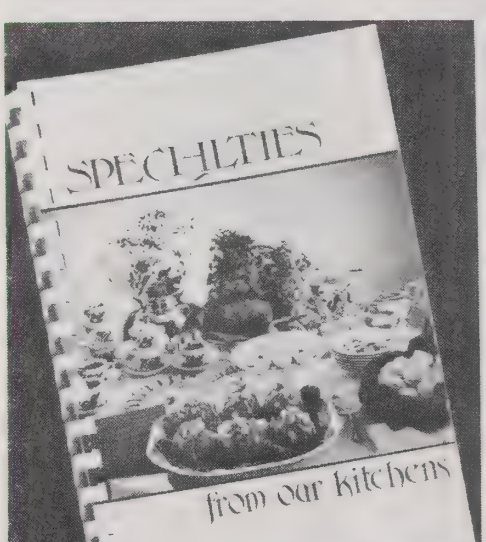
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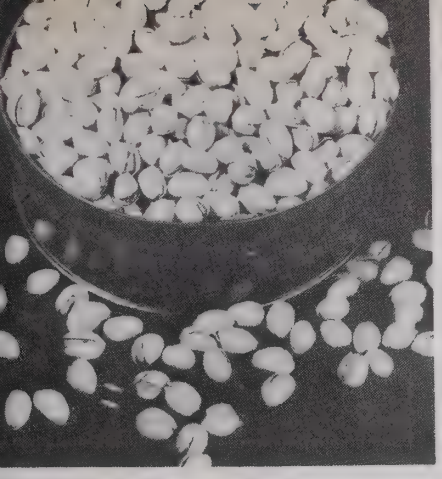
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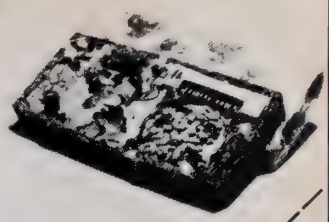
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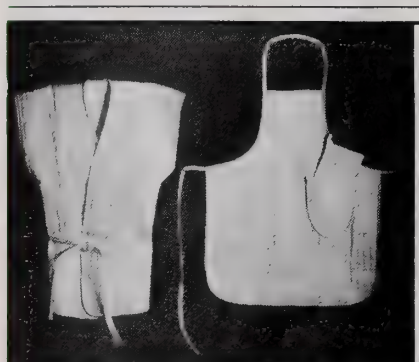
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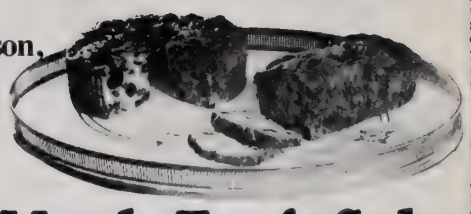


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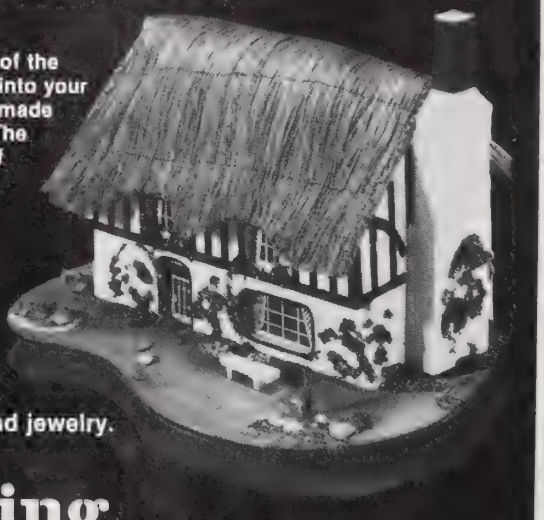
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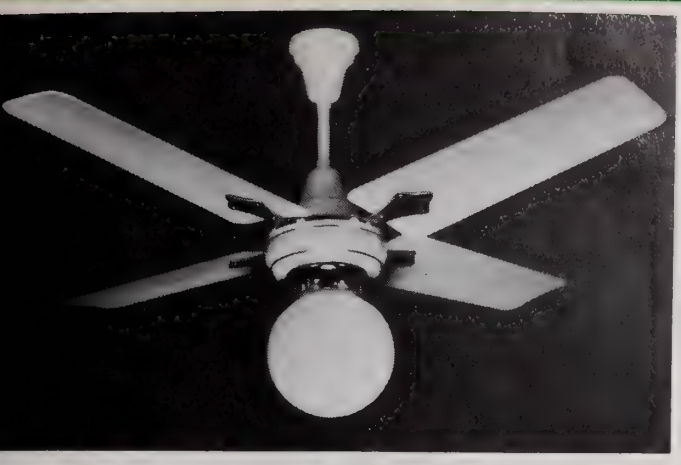
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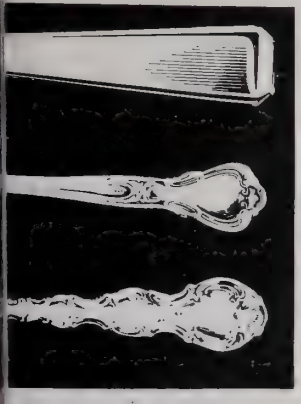
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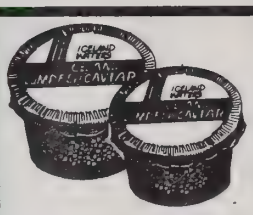
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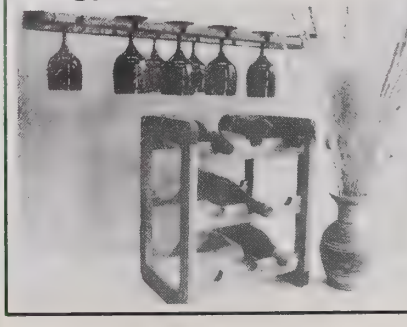


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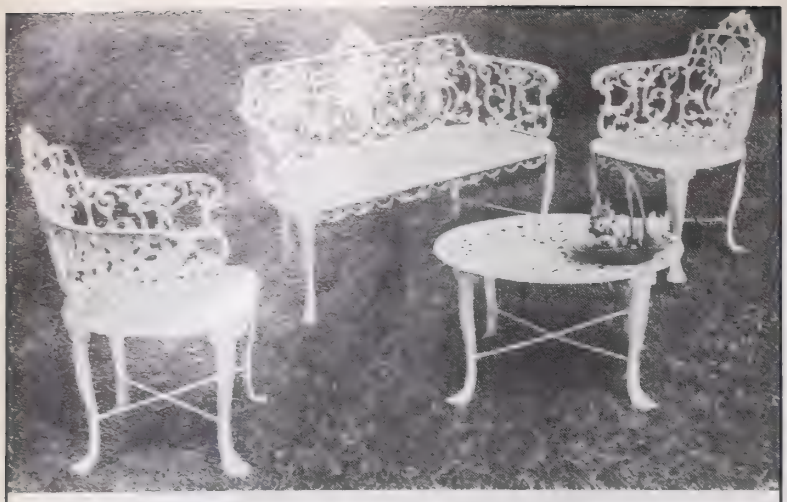
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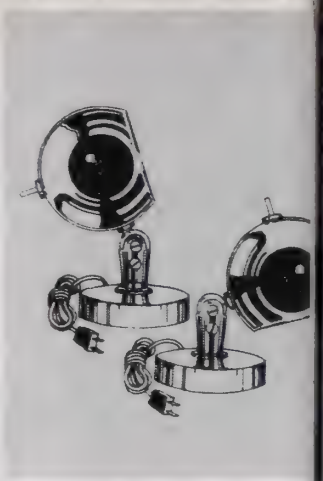
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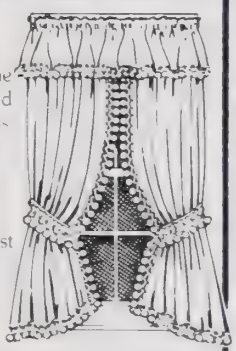


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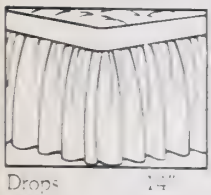
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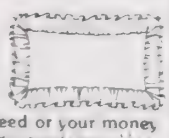
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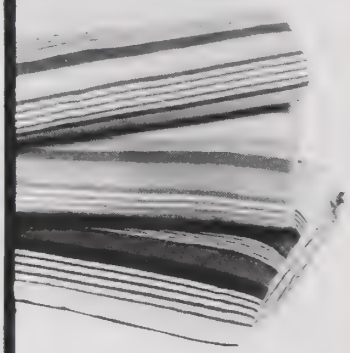
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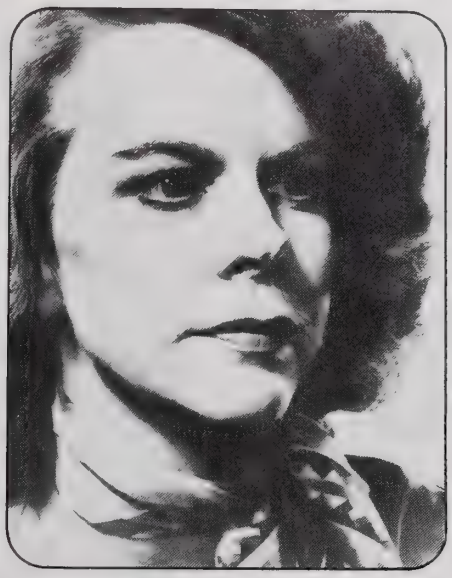
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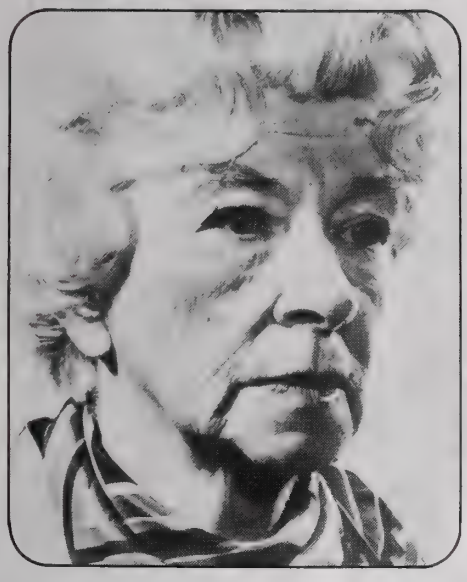
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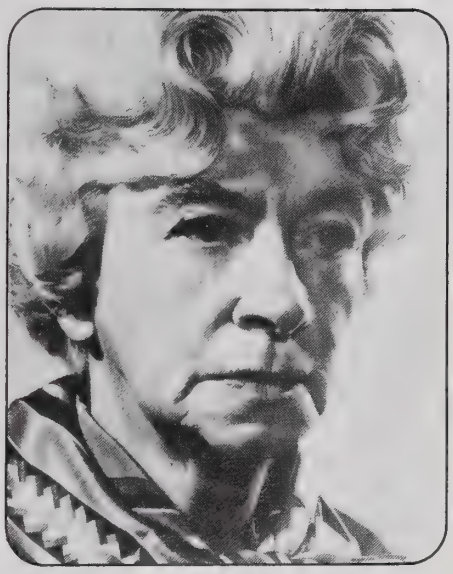
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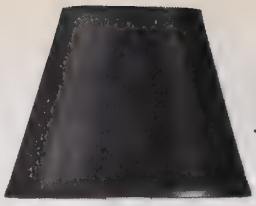
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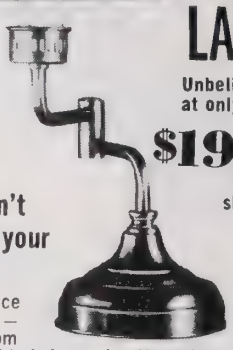
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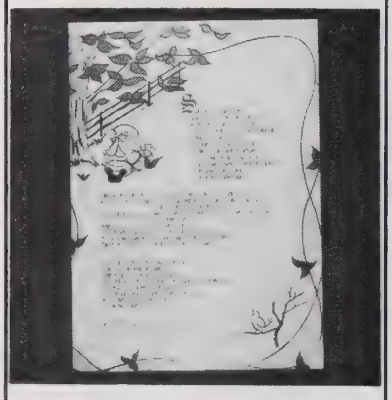
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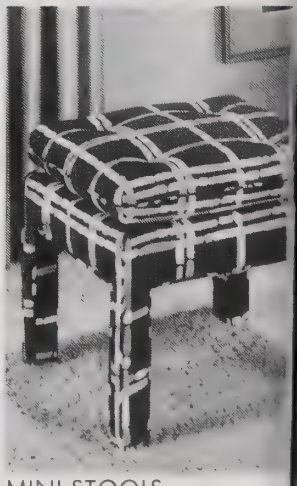
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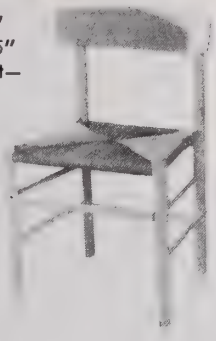
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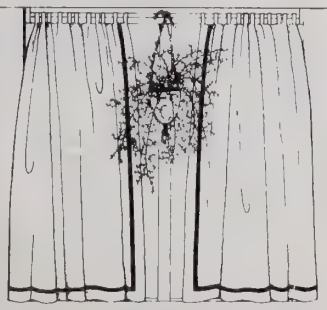
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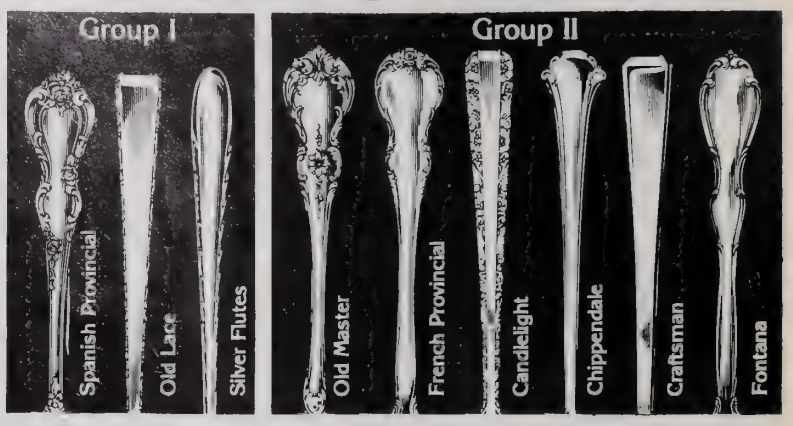
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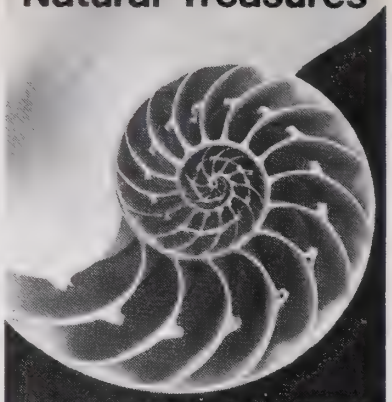
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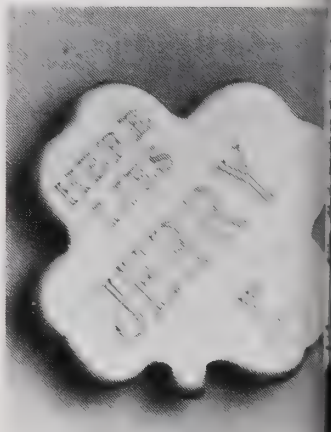
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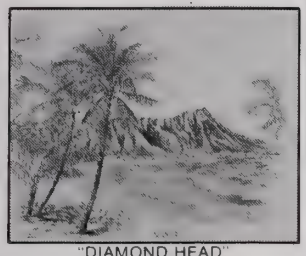


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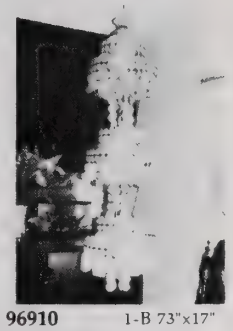
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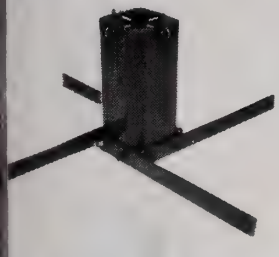
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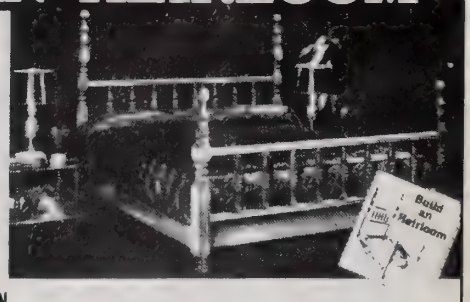
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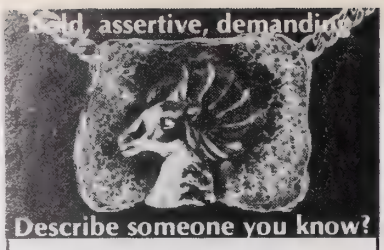
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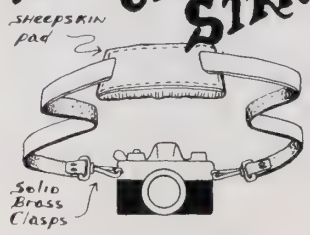
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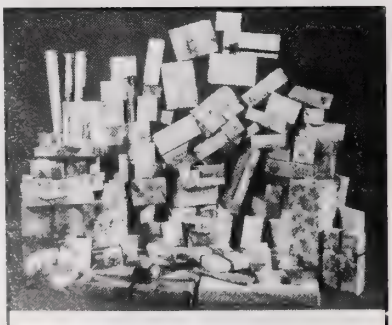
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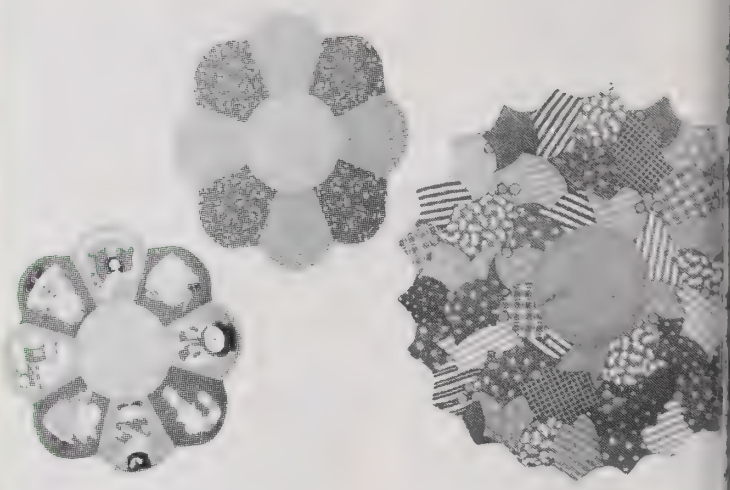
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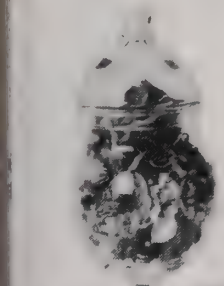
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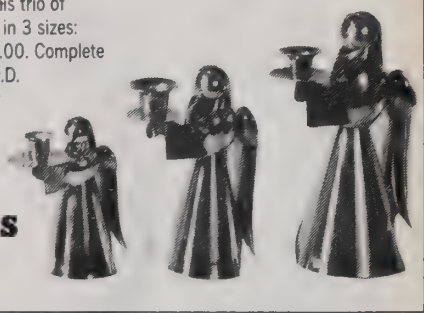
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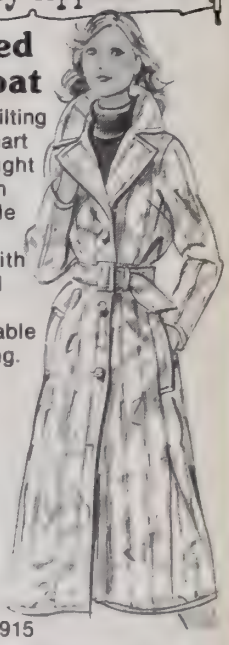


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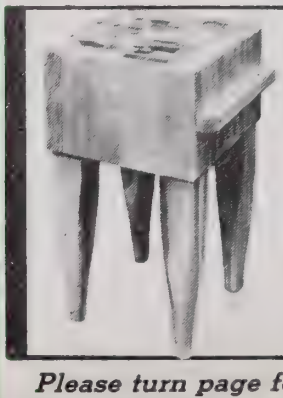


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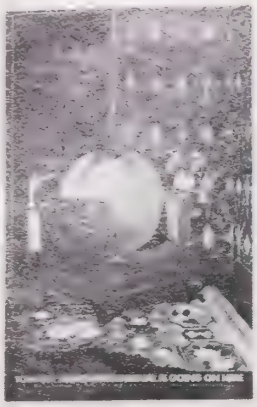
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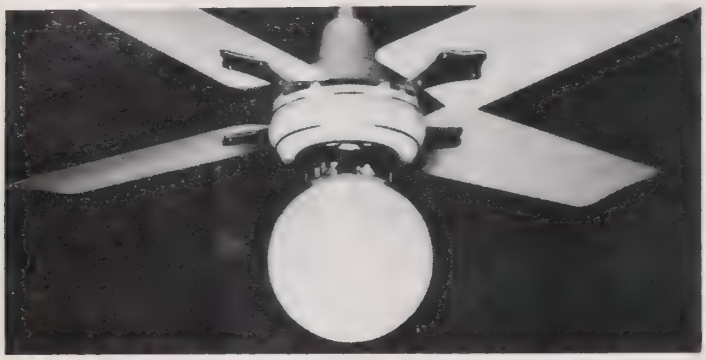


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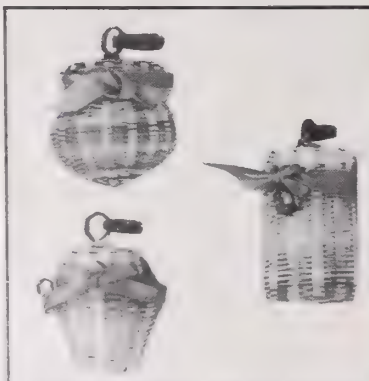
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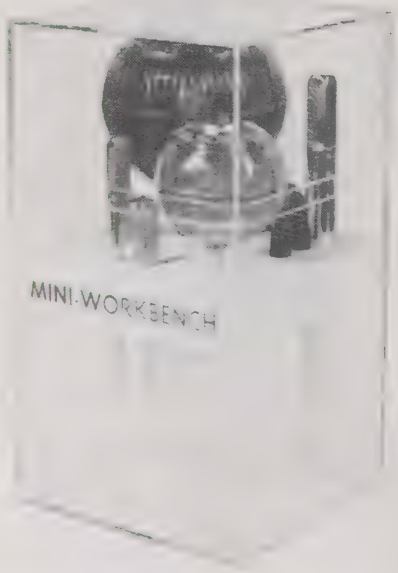
Sunburst and moonbeam

Scene candles have bright orange sun or deep blue moon shining through delicate, live angelhair fern. As candles burn down, scene remains intact: just place refill in center to extend life. 5" x 4½" x 3½". $8.75 plus $1.50 post.; both $16.50 plus $2.5 two refills 50¢. Catalogue 50¢. MC/V Tel: 212/840-2725. Erik L Wood, GS11, 45 W. 38th St., New York, NY 10018.

Stained glass bird



Colorful parrot handcrafted in California from imported European glass. Parts are handcut, assembled with lead and solder by skilled craftsmen. Mounted in 14" x 9½" bamboo hoop. Turns in hoop to reflect colors. $42.50 ppd. ($7 to AK, HI). Others in free brochure. The Mole Hole, HG11, Box 7250, Carmel, CA 93921.



Easydriver tool system

Fingertip power with strong-arm results. Large and small ratchet heads to do many jobs. Regular and phillips tips, from cabinetry down to jewelry size. Ideal for desks and workbenches. $39.95 plus $2 post. MC/Visa accepted. Stannard's, HG11, Box 944, 2710 Garfield Ave., Silver Spring, MD 20910.

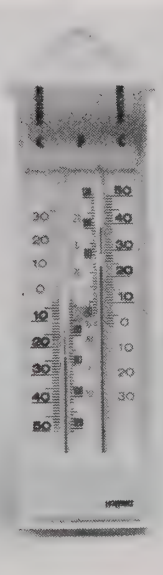


Lovely duo

Silk flower/fern basket lamp and wicker tray. 24" h. Fabric shade. Specify white or walnut-stained basket; and pink, coral, yellow, red, blue or white flowers. White tray 7" by 10" hand-decorated with same flower colors. Fits any decor. Lamp special at $95 plus $6 post. Tray $9 plus $1.75. Brochure 50¢. Peach Tree Designs, HG11, Box 26, Barnstable, MA 02630.

e Mini-Max

an precision thermometer shows ner temperature has gone up or . Tracks highs/lows for a day, or longer. Pushbutton resets. C, les. #71900. $13 plus $1.75 AE/MC/V/Diners. 212/924- . catalogue $2. Hoffritz, HG11, W. 24th St., NY, NY 10011.





Tree skirt

Make the base of your tree as festive as the top. Machine-washable polyester with lacy pattern and seasonal motifs as eye-catching as your table settings. Snow white, holiday red or green. 48" dia. $6.88 ppd. (Add $1.50 for rush orders.) Miloaf Products Inc., HG11, P.O. Box 817, Gracie Sta., New York, NY 10028.

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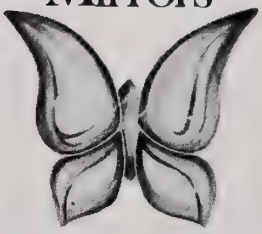
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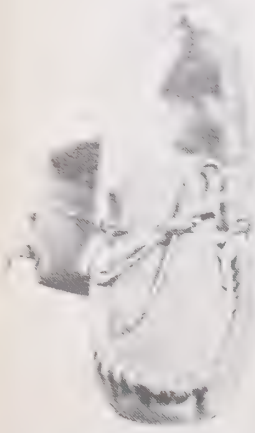
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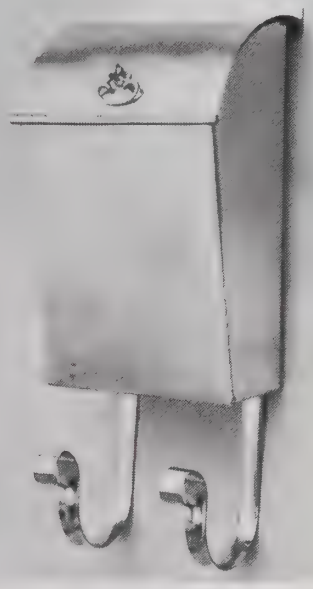


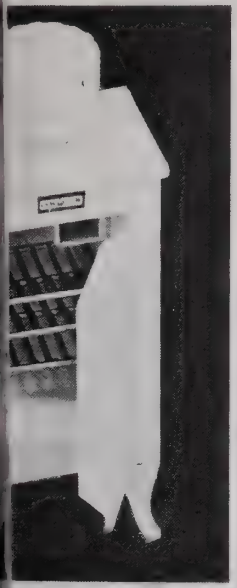
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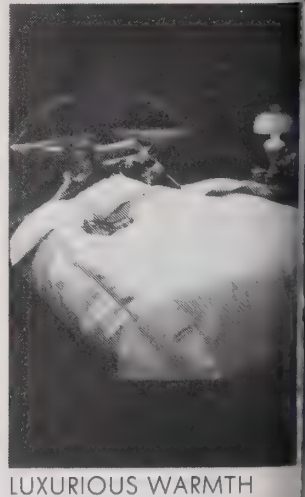
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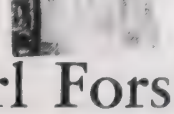
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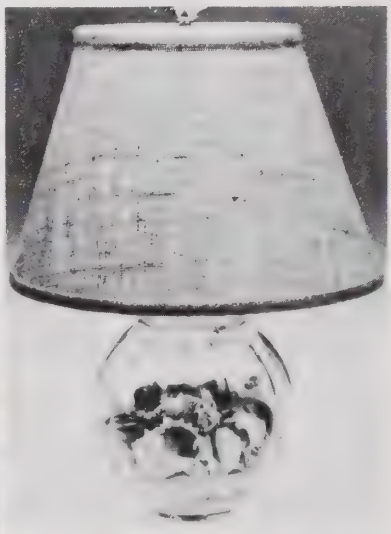


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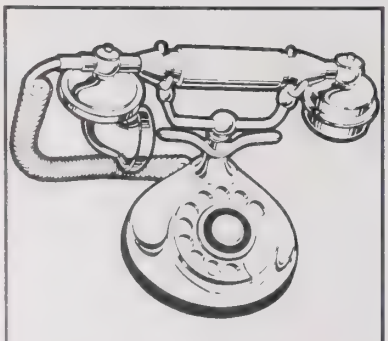
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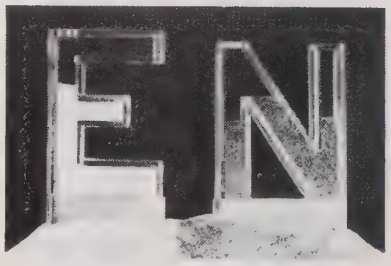


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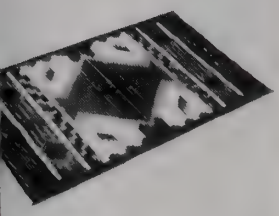
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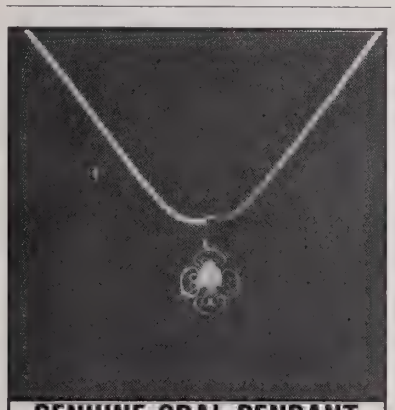
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More than "just another baby spoon"! it's an everlasting engraving of the darling's *initial, weight, date* and *hour of birth.* What a wonderful way of stirring up memories of the little angel's major events . . . the first word, the first steps, etc.

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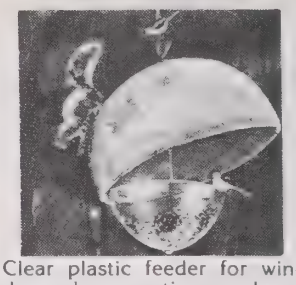
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specify plate 1

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Clear plastic feeder for windows, lawn, patio, porch or terrace. Tilt-action design. When a squirrel lands on the cover, dome tilts and he slides off unhurt. Dome keeps food dry & provides shelter. Removable food hopper for easy refilling. Weatherproof.

14"dome&8" food hopper $18.95
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add $2 postage & handling Pat. Pend.
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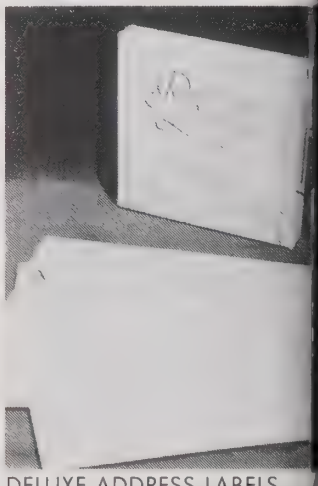
BEULAH LESTER HG119
25 Georgian Lane,
Great Neck, N.Y. 11024

SHOPPING AROUN



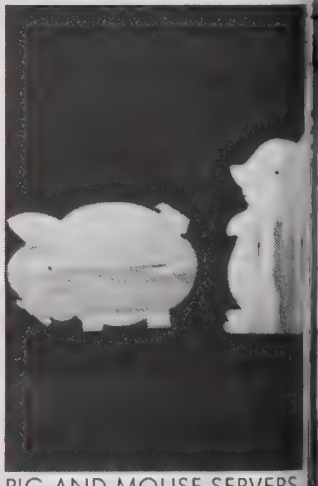
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Mushroom shape wicker hassc... a stool or seat. Remove cushic... a table; take off top, it holds to... magazines. 19" dia., 21" h. Pol... thane-filled cushion in beige or... Natural or walnut lacquer, ... white or yellow enamel, $37. ... Leaflet 25¢. Wicker Crea... HG11, Box 541, Hudson, NC 2...



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In dispenser, self-sticking. ... Four lines in black. Plain, init... zodiac. 500 White $2.95, ... $3.95, clear $4.95. Three c... (mixed copy ok) white $7.95, ... $9.95, clear $11.95. Post. per ... 25¢. Free envelope seals. L... Unlimited. Dept HE-11, 182 ... Dr., San Rafael, CA 94903.



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Carving boards, handcrafte... natural hard maple. For ch... canapes. Hang on kitchen ... About 10" by 16", each $19.9... $38; rectangular board, abou... by 14" (not shown) $10.95. A... post. each. Catalogue $1. U... Naks, HG11, Box 698, Lenc... Sta., New York, NY 10021.

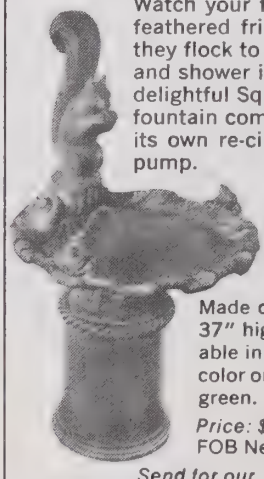
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$12.95 each;
2 for **$24.95**
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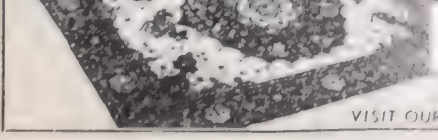
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ıerry tomatoes all year in ınny window. New hybrid an be planted any time, pro- it in 3 to 4 months. Kit has a 9" pot, potting soil, rope seeds, fertilizer and full in- ıs. $6.95 plus $2 post. Jo- erprises, HG11, Box 126, ı-on-Hudson, NY 10706.

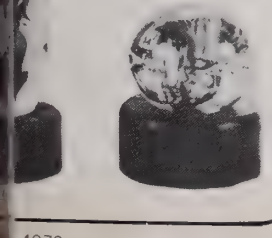
LUMINATOR
For Glass

ıghts, other transparent or translucent ɔw off best when lighted from below. ıe illuminator base provides that light, ass glow, revealing its true color, hid- ty, mystery

Use an illuminator for glass statuary, vases, bowls, sculpture, other pieces, contemporary or traditional. Transforms even a humdrum piece into an outstanding decorative light. Makes useful and unusual nightlight too.

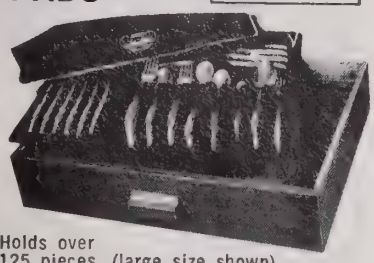
Illuminator is oil-finished hardwood, 3-3/4" dia., has 4-watt bulb with built-in reflector, 6' cord with handy line switch. $13.50 ppd

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IMMEDIATE DELIVERY



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Pad converts your drawer space into a silver chest. Prevents tarnish and scratching; silver is always ready to use.

SIZE: 11¾" wide x 15" deep x 2½" high. Holds over 100 pieces. $12.95

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Truly A Classic

$110.00
Freight collect.

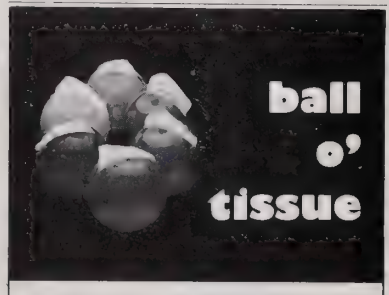
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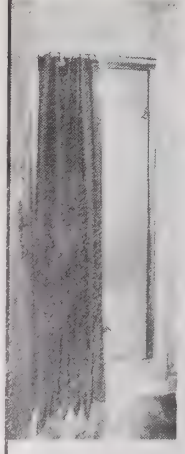
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Roll It. Rock It. Tilt It.

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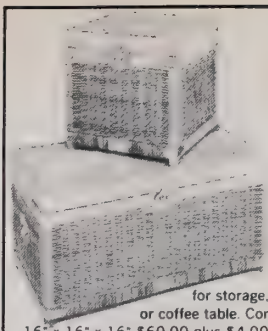
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HAVE A STALL SHOWER?



Hard to find **48" x 78"** Stall Shower curtain by Para in extra heavy gauge mildew and bacteria resistant vinyl. Matching 54" tailored window curtain available. White/brown/yellow/light blue/light pink/lime/rust/maroon/ivory/navy/gold/black. Stall shower curtain **$15.00.** Tailored window curtain **$10.00.** Check, money order, mastercharge or visa. Mass. res. add 5% tax. Postage and handling included. Satisfaction guaranteed.

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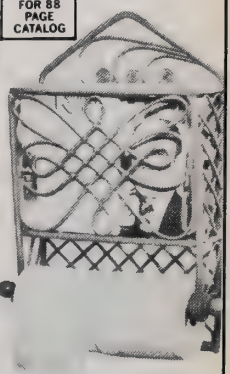


RATTAN TREASURE CHESTS
Hand-woven of golden rattan accented with brass corner braces, handles, lock and key. Can be used for storage, seating, lamp or coffee table. Comes in 4 sizes:
16" x 16" x 16" $60.00 plus $4.00 postage
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Breakfast in Bed! Compartmented lightweight handwoven of natural rattan, 23" x 14" x 10" high

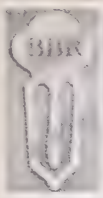


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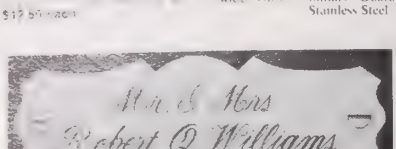


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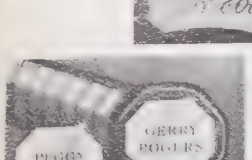
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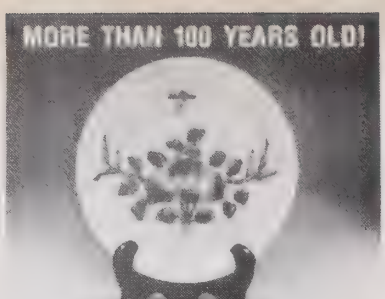
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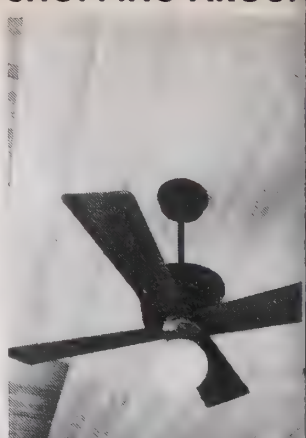
Precious Famille Rose porcelain from the T'ung Chih period (1862-1874) on a rosewood stand (included). Approx. 5½" diam., in lovely hand-painted colors. No two alike . . . let us select yours! Superb gifts. Cert. of Authenticity assures age & quality. $25 ea.

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Send chk. or m.o. MC and BA welcome. We pay postage. Cal resid. add 6% tax.

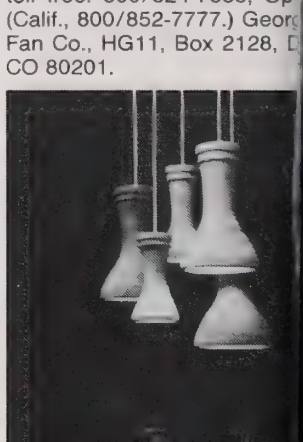
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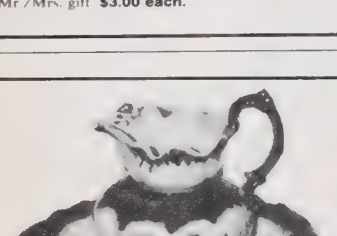
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Ceiling fan circulates air with blades in woodgrain finish of oak, yellow or white. 44" blade ext. 12" from ceiling, $69.9 light globe, $84.90. Add $7 po toll free: 800/824-7888, Op (Calif., 800/852-7777.) Georg Fan Co., HG11, Box 2128, D CO 80201.



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Dramatic hanging fixture fr Middle East combines five crafted clay drums. Handthro glazed pottery. Colors are b natural earth tones. Heigh from 7" to 13". Write airm brochure, $1. EP Israel, HC Henrietta Szold Street, Haifa Israel.



FLOW BLUE JUG & BASIN. Beautifully shaped large set. Jug 12½" tall—Bowl 17¼" long. Deep cobalt blue on white Staffordshire pottery under glaze. Great Christmas gift. Order now for prompt delivery. Special introductory offer ONLY $69.00 + $8.50 Pkg. & Shpg. Mail check or money order to: **EMPORIUM GALLERY,** RFD1 Kennebunkport, Me. 04046. Catalog of brass & wood items now available. Trade requests on letter head please. Send $1.00 Postage.

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YOU HATE DOG HAIR



Our DOG DUSTER solves your problem. Our DOG DUSTER entirely covers body, legs and tail, yet, thanks to the unique drop seat, there's no need to remove it for "tree stops." Easy to put on any dog. Comfortable, airy and light weight. Sturdily made of cotton/poly check—black & white or brown & white.

To determine size, take a snug measurement of chest right behind the front legs.
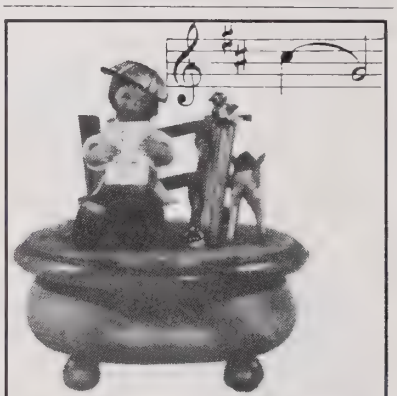
Chest	Size	Price
16-18	Xtra Small	9.75
20-22	Small	10.75
24-26	Medium	11.75
28-30	Large	12.75
32-34	Xtra Large	13.75

For extremely large or tall dogs, send measurements: chest, height at shoulder and length from neck to tail. Price $16.50.

NOT SUITABLE FOR CATS

Add $1.50 for post. & hdlg. Indiana res. add 4% sales tax.

DOG DUSTER
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"Oh, What A Beautiful Morning"

Beautiful hand carved and hand painted music box. Made in the famous house of Anri in Italy. 28 notes, Thorens musical movement. The top revolves as the music plays. 6½"H—$95.00; post paid. Limited, discontinued—order early.

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Personalized Golf Tees
The Perfect Xmas Gift for Golfers

Package of [illegible] $3.95
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send golf tee to

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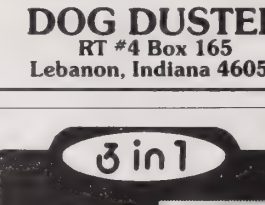
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3 in 1



Solve your gift problems with this sculptured hardwood serving set. Each set is crafted of native hardwood and may be used as a single unit or separated into three distinctive servers, each with its own "handle."

$12.95 each or Two for $23.95
(add $1.50 postage per set)

[illegible] hang on wall as one attractive unit. Original [illegible]

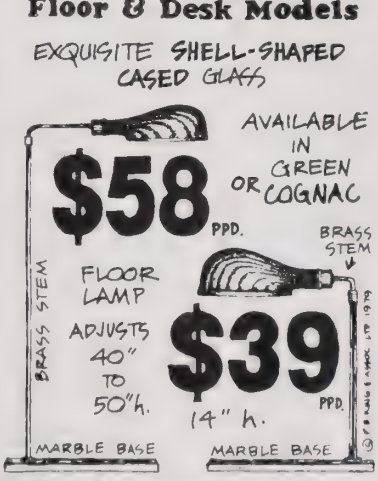
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Basic Shapes

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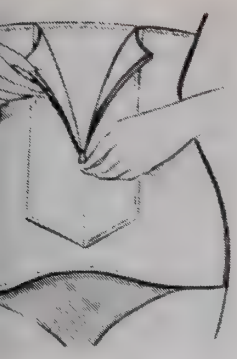
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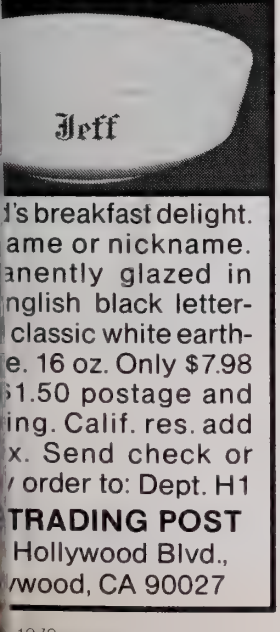
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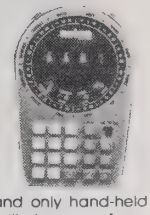
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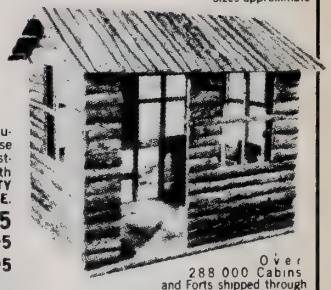


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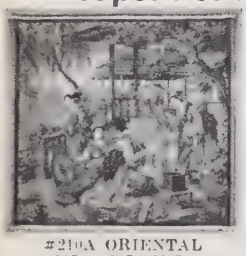


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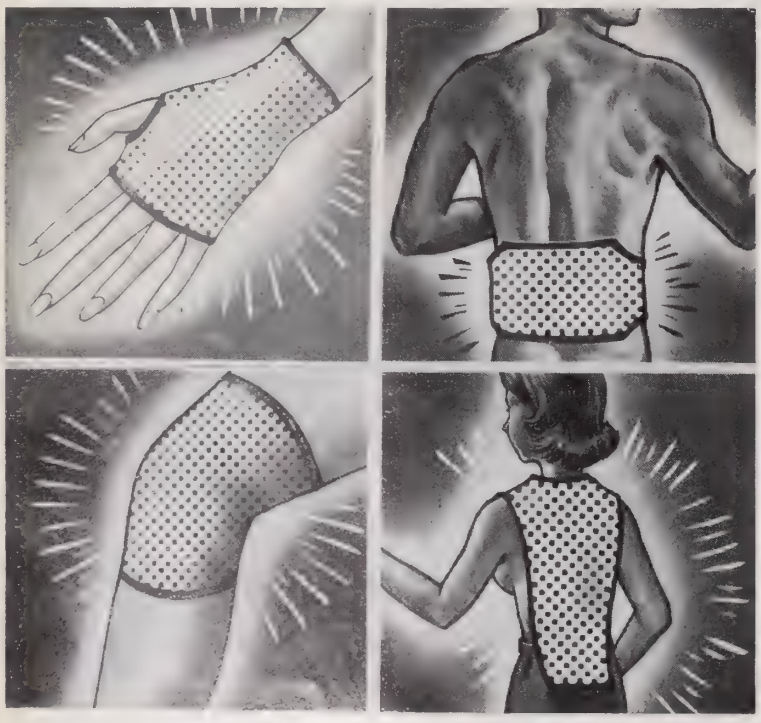
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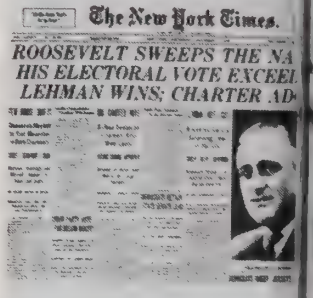
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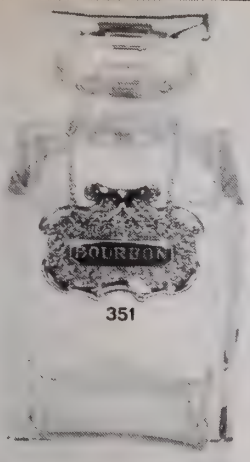
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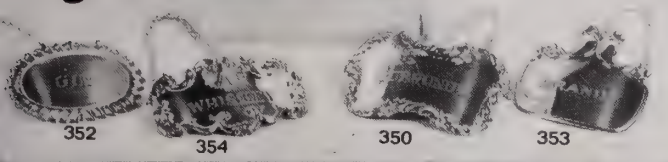


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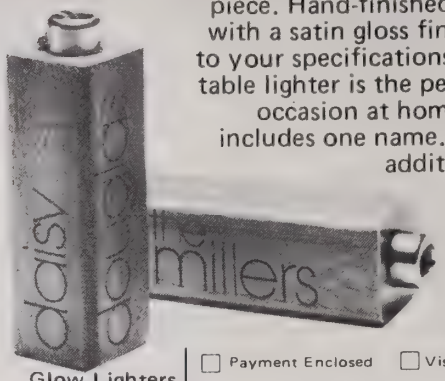


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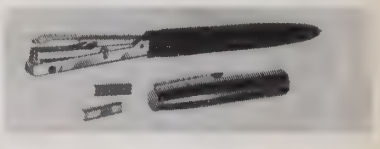
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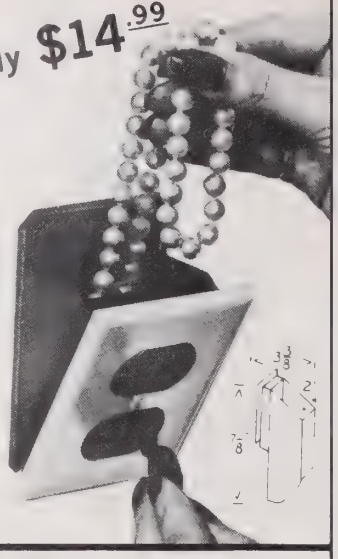
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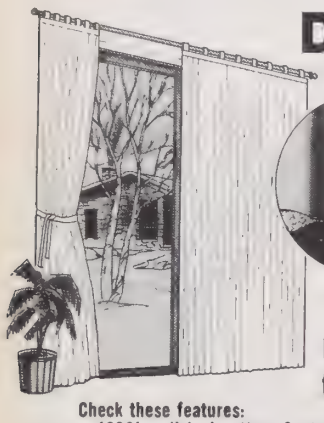


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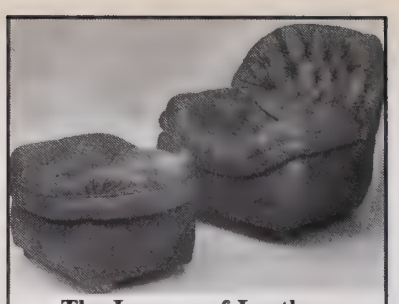
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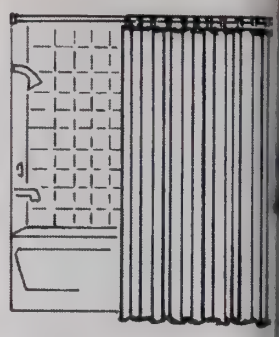


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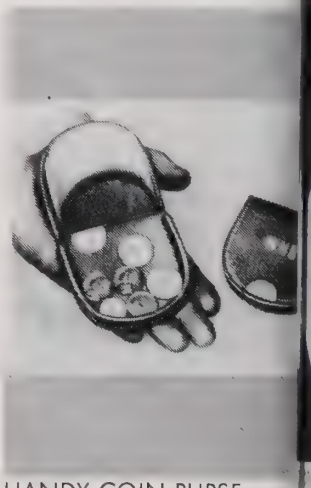
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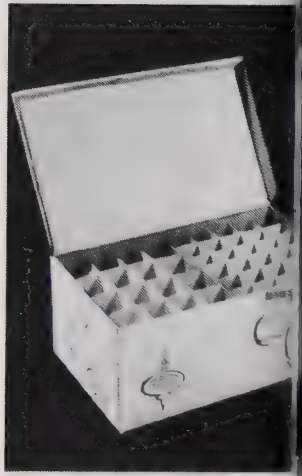
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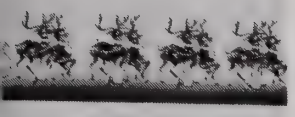
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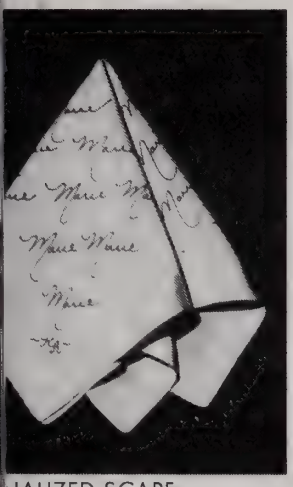
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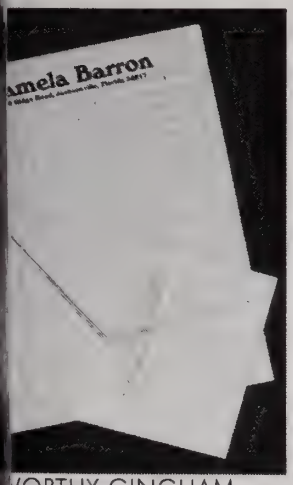
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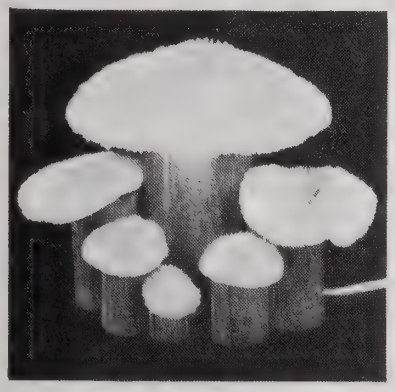
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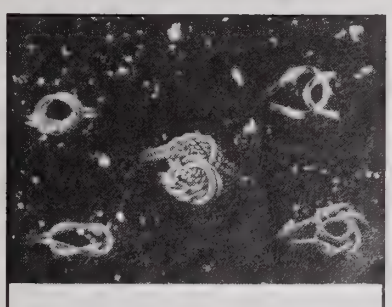
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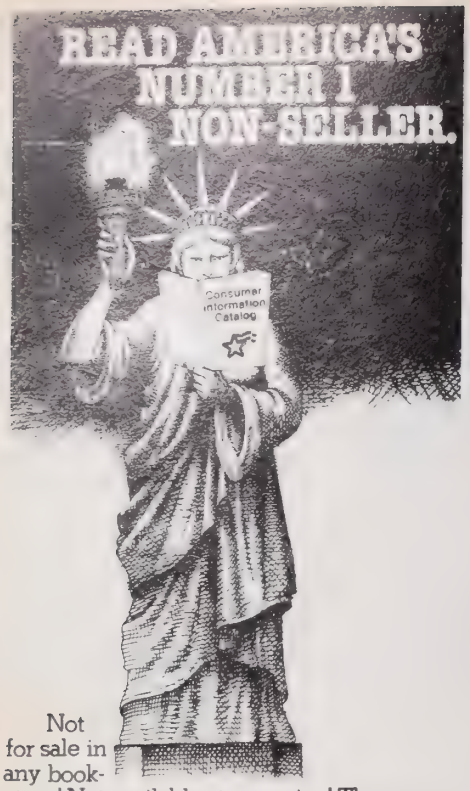
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GARDENER'S NOTES

BY JAMES FANNING

Late autumn musings

An extraordinary gardening book, a way to give bulbs a start, and using plastic pots

MARINA SCHINZ



Zelma Clark with some of the plastic foam boxes she uses for starting bulbs.

A fresh and original approach to gardening

Katharine S. White was an outstanding exception to the rule that American garden writing must be sententious, flat-footed, and educational at a grassroots level. She wrote with grace, wit, and a command of language that included spades and trowels but also transcended them. Actually, her subject was excellence: the excellence of a zinnia mixture from Park; the excellence of the Harris seed catalogue; the excellence of a rose or of a book about roses. She cast a cold eye on the passing fads that afflict gardening and applied her most scathing scorn to flowers arranged and flower shows judged in accordance with rules set down in books. Under the heading *Onward and Upward in the Garden*, Mrs. White's essays appeared in *The New Yorker* at intervals from 1958 to 1970. They have now been gathered into book form under the same title and published by Farrar, Straus and Giroux with a price of $12.95. Everyone who enjoyed these pieces on their first appearance will be delighted by the opportunity to read them again, and first-time readers will delight in finding a fresh and original approach to the ancient art of gardening. Not least among the charms of the book is an introduction by E. B. White, the author's husband, who also served as editor. Those of us who have learned to mistrust outdated addresses of nurserymen and seed houses will thank him for an appendix that brings us up to the present on the many changes that have come about since Mrs. White's articles first appeared.

Starting bulbs

Zelma Clark, a dedicated gardener who lives in Armonk, N.Y., applies a lively imagination to the methods she uses for making plants thrive. Plastic foam ice chests—generally used to keep cold things cold during the summer—are used by Mrs. Clark to provide the equable climate potted bulbs need to get started. After the daffodils, hyacinths, or other bulbs to be forced are potted and watered, the pots are placed in the plastic foam boxes, lids are set in place, and then they're left to look after themselves in a cool place away from sun that would cause too much heat buildup—in a garage or other unheated building. The pots stay clean and are protected from foraging rodents. They are easy to inspect for dryness or to check on the development of sprouts. Then, at the proper time, it is simplicity itself to bring the pots indoors where they are to flower, and stack the plastic boxes where they'll be handy for another season.

The case for plastic pots

Laboratory tests have shown that clay flower pots evaporate three times as much water as plastic pots. This confirms the practical experience of commercial growers, who have overwhelmingly switched to plastic. Eliminating two-thirds of the labor of watering is reason enough for the switch, but the light weight and freedom from mold and other discoloring elements have tipped the balance inexorably in favor of plastic pots. Traditionalists, of course, have their own reasons for sticking with clay pots. They're heavier, so less likely to be tipped over by wind, and the earthy color has an undeniable esthetic appeal. Then too, there is the flimsy, insubstantial look of the usual thin-walled plastic pot. The Phillips Petroleum people, however, have overcome this problem by designing a heavy-walled plastic pot that not only looks substantial but eliminates the cracking tendency of light-walled pots. The Phillips pots are available in House & Garden Colors. They are par

the wide variety of planterware avail-
le in stores nationwide. Growers agree
at the plants themselves can't tell the
fference between one kind of pot and
other. The one inflexible rule is to be
re your watering schedule fits the type
pot you're using, the kind of plant
u're growing, and the humidity—or
k of it—in the plant's surroundings.

ildflower guides

e Audubon Society Field Guide to
rth American Wildflowers (Knopf)
s a long-standing need for a pocket-
ed, easy-to-use guide to wildflower
ntification. It comes in two volumes,
e for the Eastern and one for the
estern region, sold separately for $9.95
ch. The identification key is arranged
cording to flower color, with each
wer shown as a color photograph.
e plant descriptions are botanically
curate but easy to read, with habitat
scriptions and historical lore wherever
may apply. ■

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u and your car
ntinued from page 145

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d is just 16 feet long, yet it's a five-pas-
ger car big enough for American
ults. The best engine for the Fairmont
he 3.3-liter six-cylinder which can be
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n, four-door sedan, or station wagon.
three should be ordered with the
vy-duty suspension, power steering,
l power brakes. The Interior Decor
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nvenience items that are definitely
rth having; the Exterior Decor Group
ust extraneous chrome trim that is
essential.

For a really indestructible four-door
an, order the Police Package, which
a reinforced chassis, heavy-duty
bling system, and other long-life
ns. Even a dressed-up Fairmont or
bhyr costs less than $6,000, which is
aper than many imported economy
s with much less room and luxury
l not that much more fuel economy.

Ford uses the same basic Fairmont/
bhyr chassis for the Futura/Z-7, Mus-
g/Capri, and Thunderbird/Cougar
-7. These are all "sporty" or "per-
al luxury" cars which have a higher
e tag but less interior room than the
c Fairmont. The all-new Thunder-
l has "keyless" door locks activated
pressing five buttons in the proper se-
nce, an electronic digital dashboard
play, and a unique four-speed auto-
ic transmission with overdrive for
er fuel economy. The Thunderbird,
stang, and Fairmont can also be or-
ed with Michelin TRX tires, which
nly on special wheels that are differ-
from normal size.

Chrysler: The Dodge Omni/Plymouth Horizon sedan is a beautifully designed car. The four passenger, five-door hatchback is essentially an oversized Volkswagen Rabbit at a lower price. The Omni/Horizon is still less than 14 feet long, however, and weighs less than 2,200 pounds. Its small four-cylinder engine gives 33 mpg in normal driving and is easy to service and repair.

The best way to order the Omni/Horizon is to ask for the five-door hatchback with a Premium interior package. This includes reclining bucket seats and attractive soft cloth upholstery, which is actually sturdier than vinyl. The Omni/Horizon is so small you don't need power steering, and the standard four-speed manual transmission is more economical than the extra-cost three-speed automatic. The "light package" adds a group of handy options you should have, the Rallye instrument cluster gives needed gauges, and the sport steering wheel is nicer than the standard one. Oversize steel-belted radial tires, the sport suspension package, and the heavy-duty battery are all inexpensive extras which are cheap to buy with your new car and which will save you money later. Chrysler offers a variety of extra-cost paint treatments, but the Omni/Horizon looks fine in a single bright color or with a conservative two-tone treatment in shades of the same basic color. When fitted out this way, an Omni/Horizon can cost less than $5,500.



Horizon's easy-to-service four-cylinder engine delivers excellent economy.

American Motors: All AMC cars are small and relatively inexpensive. The Spirit Liftback is a three-door hatchback that's less than 14 feet long and weighs 2,600 pounds, yet can carry four adults with a surprising amount of cargo. The styling is quite pretty, and you can order a very economical engine. This year, AMC is buying Pontiac's excellent four-cylinder engine and four-speed manual transmission, and this is the engine you will get in the new Spirit. Also you should order the Limited package, which features real leather trim on the bucket seats, a tilt steering wheel, power steering, and radial tires. The Spirit looks best in a conservative light color such as silver or beige, with an equally light interior. The fancy Spirit Limited costs less than $5,000, which is less than almost any of the new cars. ■



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Building and remodeling

1. "TIPS ON WOOD FINISHING"—A comprehensive guide for do-it-yourselfers from Minwax. The information in the booklet ranges from wood selection to preparing antiques for refinishing, and includes many useful tips on removing old finishes, making sanding easier, repairing cracks and gouges, selecting a finish, and instructions on how to "iron out dents." Minwax Co.

2. WINDOW AND DOOR IDEAS. Helpful 16-page booklet shows house builders and remodelers how types of windows can fit into contemporary and traditional architecture. Energy-conserving double-glazing system, low-maintenance exterior, plus easy washing features are described. Rolscreen.

Decorating

3. TODAY'S CLOCKS ... TOMORROW'S HEIRLOOMS. Master craftsmanship shows in the details of Ridgeway clock designs. You'll read why these hall, wall, and floor model clocks have a prestigious air. Chiming movements, handcrafted cabinetry, fine-furniture finishes, and a variety of styles are what you'll find in the Ridgeway clock brochure. From the Gravely Furniture Company, Inc.

4. WAIT TILL YOU SEE what an Indian handmade carpet can do for your floor. Beautiful carpet designs are shown in full color, along with inventive ideas that prove you can use these carpets with any decorating style you choose. Pande, Cameron & Company. $3

5. SCENE ONE—A contemporary collection of handsome furniture for bedroom, dining, and living room. Style distinction derives from the richness of natural wood grain interplayed with the drama of brass, mirror, and glass. Collection includes a modular system that can be combined according to individual space and function needs. Henredon Furniture Ind., Inc. $2

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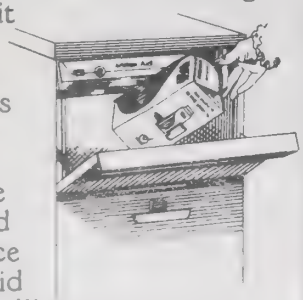
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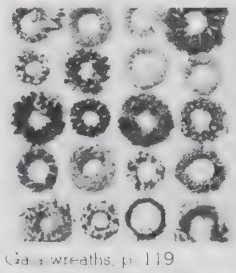
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1%* improvement in fuel efficiency ratings over 1979

17** EPA EST. MPG. 24 EST. HWY. MPG.

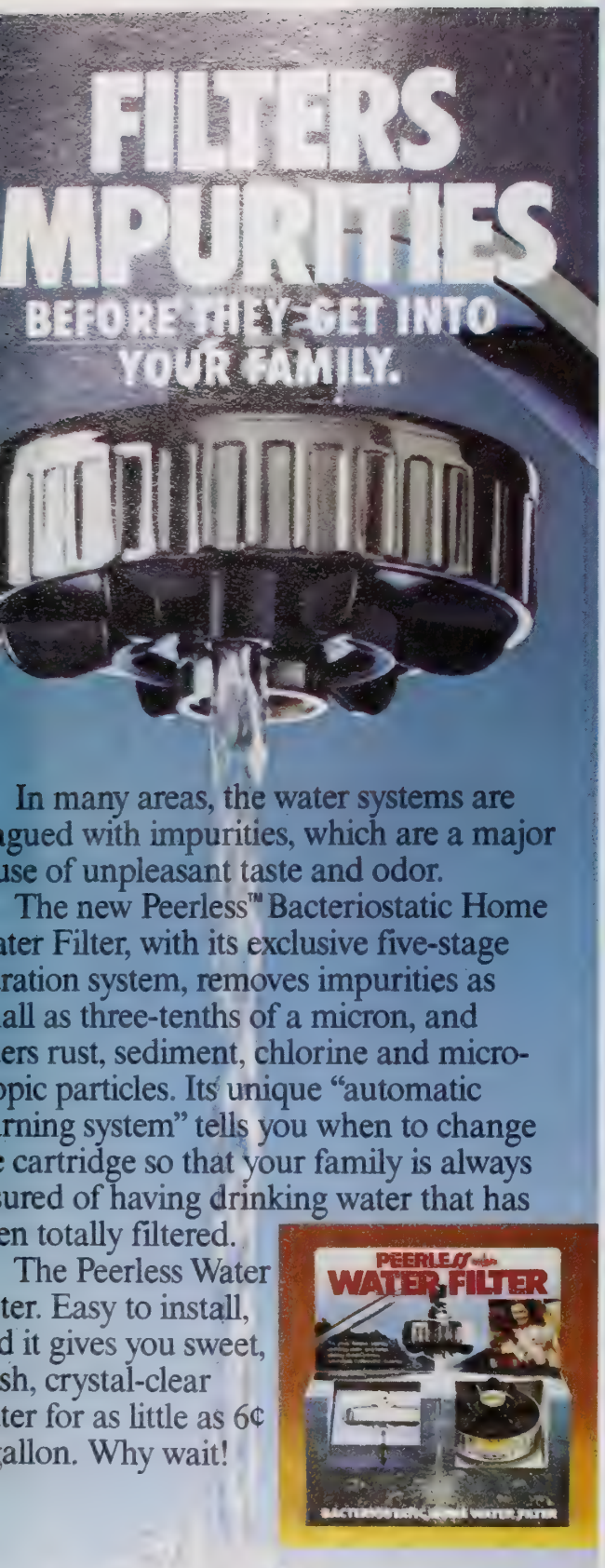
*Based on comparison of standard engines.

**Compare this estimate to the estimated MPG of other cars. You may get different mileage depending on how fast you drive, weather conditions and trip length. Actual highway mileage will probably be less than the estimated highway fuel economy. California estimates and percentages are different. †Based on EPA interior volume index.



CONTINENTAL MARK VI

LINCOLN-MERCURY DIVISION Ford



December 1979

HOUSE & GARDEN

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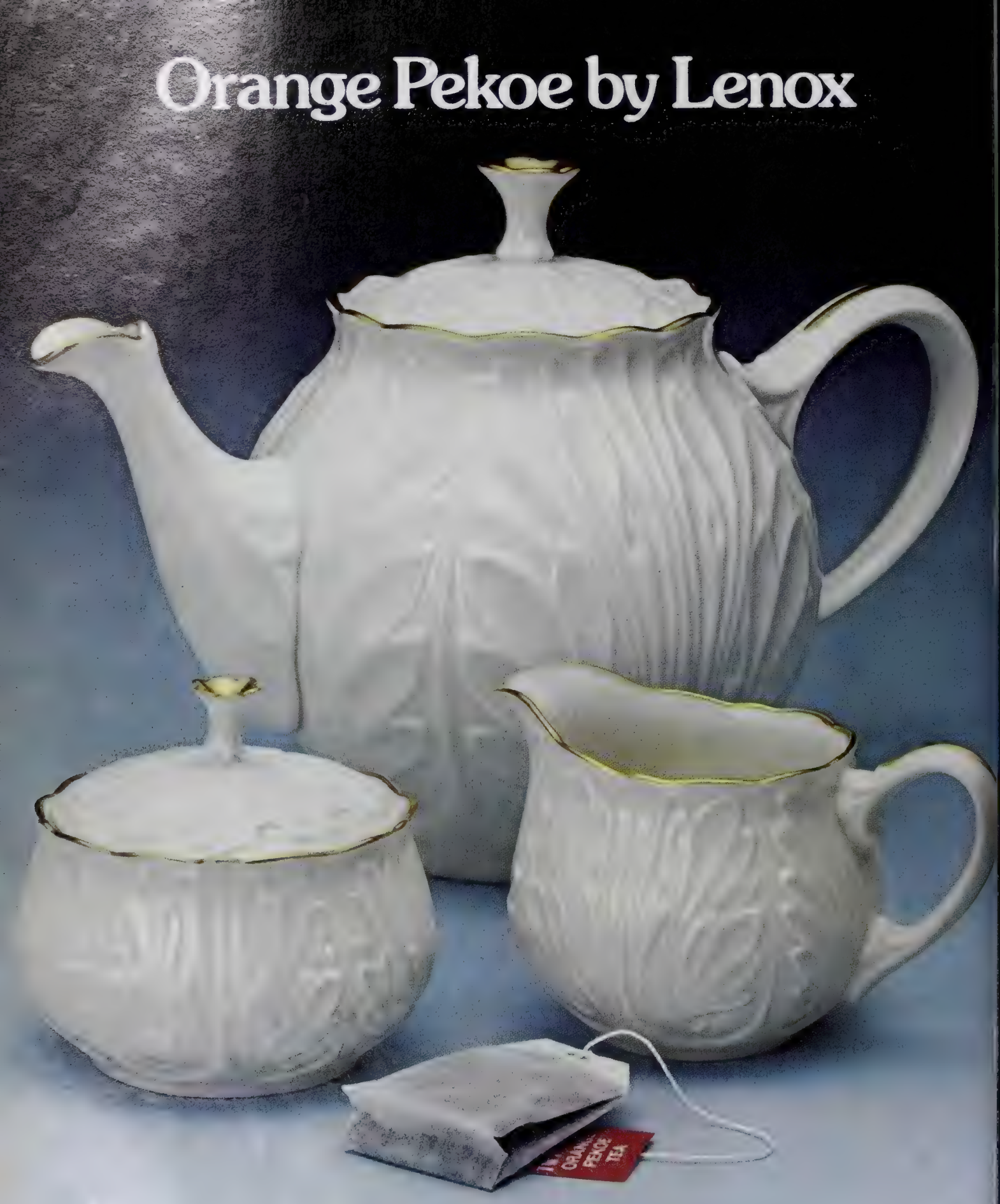


Reach out. Reach out and touch someone.

You're finally going to visit Joan. You haven't seen her for two years, ever since she took that glamorous job on the west coast. You kept in touch by phone, though. Fun, wasn't it, calling each other to chat about clothes and dates. Wonderful how the telephone can keep faraway friends close. Reach out and touch someone who's waiting to share your day.

Bell System

Orange Pekoe by Lenox



Lenox Gifts give you the same handcrafted beauty and unsurpassed quality that have made Lenox China famous all over the world.

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DeKuyper has a taste for love!

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DeKuyper Amaretto gives any occasion a romantic flavor. It's more than just an after-dinner drink... it's DeLiciously intriguing in mixed drinks, DeLightfully sensuous over ice cream, and DeLectably provocative all by itself. Try DeKuyper Amaretto... and find out what true love is all about.



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HOUSE & GARDEN



BEADLE

On the cover: A Christmas tree trimmed from top to bottom with easy-to-make mini-wreaths (see more of it on page 118). For glitter that's easy to put up and take down, there are silvery tinsel ropes and strands of glass beads, all interspersed with ornaments owner Walter Boxer collected during stays in Europe, Asia, and Africa. "Many ornaments have memories behind them, and others came my way as presents." The topmost treasure, an antique angel doll from America Hurrah. Many other handcrafted ornaments, The Gazebo. Embroidered ball ornaments, Henri Bendel. On walls, flat latex paint in House & Garden Geranium, custom-mixed by Janovic/Plaza.

To make the mini-wreaths designed by Bill Jarecki of Mädderlake in New York City: MATERIALS: Decorative materials from fields or florists. Evergreen waxflower (*Chamelaucium*) twigs, at many florists, serve nicely as a base and filler and have a lemon-balm scent, but you can substitute any supple twigs or vines. You'll also need fine-gauge florist's wire, ribbon, and wire tree-ornament hangers. PROCEDURE: Bend twigs, vines, or wire into a circle about 4 to 8 inches across; bend tightly. Strip bottom of each natural spray so it will go into the wreath cleanly. Twine twigs or vines around base, wrapping decorative material into them as you go and twining tightly with fine wire. Once each side is 1 to 1½ inches across, poke smaller sprays in till wreath is very full and all wire is hidden. Twine with ribbon, hooking each end into wreath with wire ornament hanger. Add bow if you wish.



Abigail, Amanda and Elizabeth in all their finery.

What could be lovelier than a Sunday promenade, circa 1800, when life was gentler and more elegant. Our charming Ladies of Fashion are crafted from England's Finest Bone China. Note the lifelike detail of arms and hands. And the delicate faces that could only be hand-painted by the most skilled artists. The Coalport Ladies of Fashion–23 in all–are from $85 to $275 at fine stores.*

By COALPORT for Wedgwood

To collect and enjoy.

LIVING

The latest in design, garden ideas, crafts, health, decorating, books, and exhibits



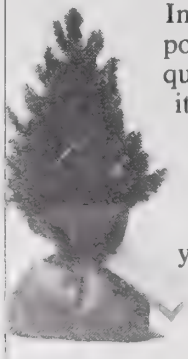
Dream sheets

Visions of sugarplums are usually reserved for traditional holiday sleep, but if you're clever enough, they may last throughout the year. To continue in the holiday spirit, designer Anya Larkin is hand-painting sheets that could add just the thing that's needed. Ms. Larkin, who has been designing hand-painted fabrics for sev en years, traces individual patterns onto the sheets in acrylic-based printer's inks. The sheets are completely machine washable, and are available in pure cotton or a polyester blend. There are three patterns to choose from: "Victoriana Rose," "Chinese Iris," and "Butterfly." A complete set—top, bottom, and two pillowcases—costs $250 in cotton. To order, write Anya Larkin, 7 West 22nd St., New York, N.Y. 10011.

Living trees

You don't have to throw away a perfectly beautiful tree after the holidays—if you buy one with the roots intact. Living Christmas trees are sold in increasing numbers every year. Some have their roots and soil-ball wrapped in burlap; others come in large pots or cans and may be kept outside as potted trees and used the following year. Most trees can be used for two, sometimes three, Christmases before outgrowing their pots.

Any living Christmas tree can have a difficult time acclimating indoors. Before you thrust a large evergreen into your warm living room, let it spend two or three days at a half-way point between temperature extremes: an unheated garage or balcony, for example.

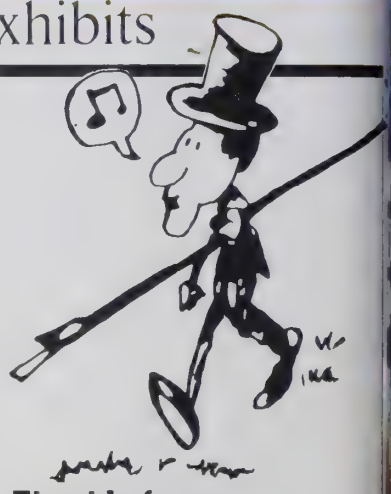


Inside, water the potted tree frequently. Think of it as a house plant, but since it isn't growing much at this time of year, don't worry about light or fertilizer. Remember not to keep the tree indoors for longer than a week, and send it back to that unheated spot for a few nights afterwards. Then put the tree where you want it, sheltered from cold north winds and away from low-lying cold pockets. With its roots sitting above ground, a potted plant is not as cold-hardy as its fellow evergreens in winter.

KEITH BARNES

New face for old garage

In Oklahoma City, just as Mr. and Mrs. James Wigley were about to tear down their old detached two-car garage, they had second thoughts. And are they glad they did! They now have an entertainment area, a roller-skating rink, and a sometime parking space all in the same place. And it cost them just $300 and a week's hard work. How did they do it? By removing the wood siding from three of the walls, stripping the interior of excess overhangs and shelving, and adding a trim of wood shingles around the top of the inside walls. Then, with some bender boards and lattice strips, Mr. Wigley made some arches and put a fence of two-by-fours along one side and the back of the former garage. The floor, made of cement, was left the same. Finally, a new coat of paint was added, and voila!—another space saved. "All the work was done with simple household tools," say the Wigleys. "It was the best $300 investment we ever made!"



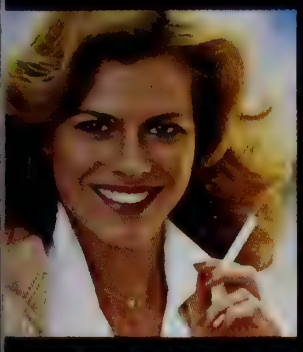
Fireside fun

Holidays traditionally have been a time to gather 'round the fireplace—maybe you'll have a yule log, or a cozy kindling fire. To enjoy the fire more, and keep it safe, the Duraflame firelog people have put together a "Fireside Kit." What's in it? A 19-by-25-inch coloring poster for children; "The Fireside Guide," a booklet of tips on fires; and "Master Sweep," a fire-safety board game for ages six and up. The object of the game is to sweep through every room on the board and clean each chimney. To order, send $1 for postage to "Fireside Kit," P.O. Box 24305, Oakland, Calif. 94623.



new VANTAGE ULTRA LIGHTS

ITRODUCING
LTRA TASTE—
T ULTRA LOW TAR.



ra taste. Never-before,
k smooth, truly satisfy-
g taste—in an ultra low
r cigarette!
(And we do mean ultra
w. At only 6 mg of tar,
lower than 90% of all
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How is it possible?
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That's the Ultra Ciga-
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Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

6 mg. "tar", 0.6 mg. nicotine av. per cigarette by FTC method.



Dress your bedroom with Wamsutta's new Confection, a sophisticated rustic
pattern that will countrify your city home or citify your country home.
The fabric is a no-iron percale blend of cotton and Fortrel® polyester.
The quality is unmistakably Wamsutta. And there's a wide range of Wamsutta

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So enjoy a breath of fresh country air. Right in your wn bedroom.

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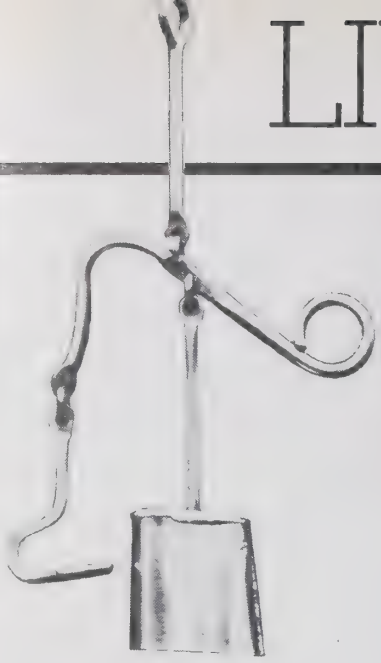
Div. M. Lowenstein Corporation
111 West 40th St., N.Y.N.Y. 10018

LIVING

A good question

You've just moved to a new house or apartment. Or, you've decided to redecorate. Suddenly there's an empty room staring you in the face. *What Do You Say to a Naked Room?* It's a good question, and it's also the title of a new book by Catherine Crane. Starting with some of the basics, such as "Where do you live?", "Who lives with you?", "What do you need?", Ms. Crane has put together a guide to help define individual needs and decorating tastes, providing answers to common problems. Which leads back to the original question. What would *you* say? $19.95, from the Dial Press.





Quelles bells!

Often there's a fine line between the functional and the artistic, and these bells are no exception. They'll hang as wind sculptures or serve as door chimes, like the "Loop handle door bell," *above*. They are handmade original designs forged by Richard Fisher, whose work has been exhibited in one-man and invitational shows in the Northeast for the past seven years. There are 11 different bell designs, and two wall brackets. The bells range in size from the "Tea bell," a tiny 6 inches tall and ½ pound, to "Fred's Linkage," 22 inches tall, 3 pounds in weight. Prices range from $8 to $50. U.S. Bells, Prospect Harbor, Maine 04669.

Running beat

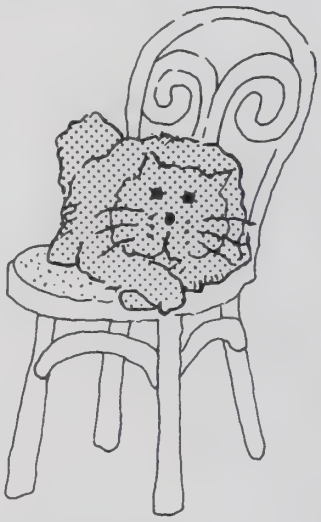
Joggers, runners, and other serious exercisers take note: There *is* a way to read your pulse without holding a stopwatch with one hand and your wrist with the other. "InstaPulse" works much the same as an EKG. Hold the 11-inch, 10-ounce monitor in both hands and read the LED signal for your heart rate at that moment. $150, by Biosig. Available through The Horchow Collection, Box 34257, Dallas, Tex. 75234.



Presents for pets

Fido and Felix don't know what the festive season is all about, but they know *something's* up—and what pet owner doesn't like to include them on the gift list?

Cats like small plastic or hard rubber balls that enclose a bell (Hartz makes one called Bizzyball.) The Toughie catnip mouse can make even an elderly cat cavort like a kitten. Of gray felt with a short string tail securely attached, it won't come apart to scatter catnip on the rugs. (Available for $1 from Felines of Distinction, 552 Hudson St., New York, N.Y. 10014.) If you want to go all out for your cat, a carpet-covered platform pole makes a great indoor jungle gym and scratching post. They come in different heights and colors. (Made by Abeta, 55 West Quackenbush Ave., Dumont, N.J. 17628; catalogue, $1.)



The best and safest dog toys are of hard rubber, tough leather, or processed natural bone. An English company makes excellent dog toys of a solid rubber called Cressite (widely distributed). Soft rubber toys should be avoided; they crumble as the dog chews, and rubber the animal might swallow can be harmful.

Veterinarians advise against painted toys, and they recommend removing any beads, bells, buttons, or rubber bands from toys before giving them to cats or dogs.

PATRICIA CURTIS

EVENTS What's showing and where

The Toledo Museum of Art: "New Glass," Nov. 18–Dec. 30. Work by 196 artists, designers, and factories from 28 countries. Toledo, Ohio.

Museum of American Folk Art: "The Art of the Weathervanes," Dec. 6- Feb. 24. History, construction, techniques. New York, N.Y.

The Oakland Museum: "Ansel Adams and the New West," Dec. 11–Jan. 27. The most comprehensive exhibit to date of the works of the famous landscape photographer. Oakland, Calif.

National Academy of Design: "American Drawings: Portraits and figure studies by Paul Magriel," Nov. 8–Jan. 31. Collection of 60 drawings in all mediums. New York, N.Y.

Holiday Specials: *Checkwood Botanical Garden*: "Trees of Christmas," Dec. 1–23. Nashville, Tenn.

1979 Kennedy Center Honors Program: Dec. 2. Second annual awards for achievement to five performing artists. Washington, D.C.

TV: "The Joy of Bach," Dec. 23. A salute to the influence of Bach on music over the past three centuries. 8 p.m. Check listings.





12 YEAR OLD BLENDED SCOTCH WHISKY. 86.8 PROOF. BOTTLED IN SCOTLAND. IMPORTED BY SOMERSET IMPORTERS, LTD., N.Y. © 1975

America, turn down your hot water heaters.

KITCHENAID INTRODUCES THE ONLY DISHWASHER THAT CAN SAVE MONEY ON YOUR TOTAL HOT WATER BILL

...and get your dishes cleaner than any other dishwasher can.

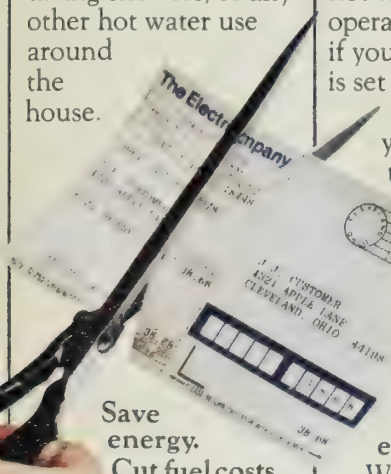
All dishwasher manufacturers say dishwashers should operate with water that's at least 140° hot.

To do this, until now, you've had to set your water heater at about 150° which is much higher than you need for washing clothes, taking showers, or any other hot water use around the house.

KitchenAid dishwasher has a built-in, thermostatically-controlled heating element that takes water from your tank, and heats it up to exactly the right temperature for proper washing and for sanitized rinsing.

By heating its own hot water, KitchenAid operates properly even if your water heater is set as low as 120°.

So, even if you've already turned your water heater down, you can count on KitchenAid to give you the best dishwashing results.



Save energy. Cut fuel costs.

Now, because of a KitchenAid engineering breakthrough, you can turn your water heater down to 120° and KitchenAid will get your dishes cleaner than any other dishwasher can at this temperature.

That's because the new KitchenAid dishwasher has a built-in, thermostatically-controlled heating element that takes water from your tank, and heats it up to exactly the right temperature for proper washing and for sanitized rinsing.

24-hour-a-day energy saving.

With KitchenAid, you don't just save energy when you wash dishes, you can save it around the clock by setting your water heater at a lower temperature level.



And that's important, because your hot water heater is the second largest user of energy in your home.



Just by reducing the temperature 20° you can cut your total water heating costs by about 10%.

You get energy-saving drying, too.

There's no heating element on during drying using energy. A fan circulates the heat built up during washing and rinsing to gently, safely, and efficiently dry the dishes.

Now every complete cycle is a Sani Cycle in every model.

There's no worry about sanitizing even when your water heater is turned down. Only KitchenAid heats its own wash and rinse water to the proper temperatures in every complete cycle for sparkling clean, sanitized dishes.

New triple protection warranty.

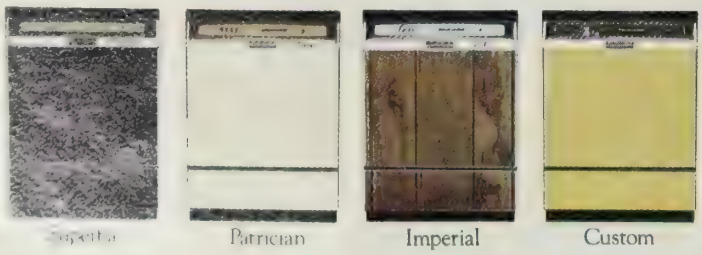
An all new 10-year limited warranty on the porcelain tank and inner door (parts only). Plus a 5-year limited warranty on the motor (parts only). And a full one-year warranty on the complete dishwasher.

At an energy-saving 120° KitchenAid gets dishes cleaner than other dishwashers.

Test results prove it. In comparative cleaning tests, using 120° input water, results showed that KitchenAid out cleaned the other leading brands.

There has never been a better time for you to buy a KitchenAid dishwasher.

Because you get a dishwasher that outcleans the others while saving total water heating energy, too.



Superba Patrician Imperial Custom



KitchenAid® Because it's worth it.

Hobart Corporation, Troy, Ohio 45374

The Royal Horticultural Society announces

The Surrey Springtime Wedgwood® Vase

To be created in only one edition — in commemoration of the 75th anniversary of the Society's world-renowned gardens in Surrey

vn much smaller than full size. Actual height: 9¼ inches



Rudyard Kipling, in one of his most famous poems, likened the entire British countryside to a garden '. . .full of stately views, of borders, beds and shrubberies, and lawns and avenues . . .' But over and above their lyric charm, those words also voice a scientific truth. For it is interesting to note that, of the 161 nations on this planet, none surpasses the sheer variety of floral life cultivated here in England.

And from the reign of George the Third onward, The Royal Horticultural Society has been dedicated to advancing the interests of horticulture in every nation of the world. But it wasn't until seventy-five years ago that the Society reached one of the most important milestones in its own history—the acquisition of its present, internationally renowned gardens in the heart of *Surrey*.

Now, to celebrate this historic anniversary, the Society has commissioned the creation of a most beautiful and unusual commemorative issue. An exquisite work of original floral art—titled *The Surrey Springtime Wedgwood Vase*.

The creator of the work is one of the world's most prominent horticultural artists, Mary Anderson Grierson. And the original design she has conceived for the Vase depicts four of the loveliest visitors to any English garden: the Snowdrop, the Pussy Willow, the Hazel Catkin and the Forsythia.

Moreover, each Vase will be specially decorated with an elegant border of pure 24 karat gold and crafted to individual order by one of the world's foremost makers of fine English bone china, *Josiah Wedgwood & Sons, Ltd.*

The Surrey Springtime Wedgwood Vase is the first of four Vases that will be issued by the Society—and it will be created in only one edition, which will be restricted to issue solely during the anniversary year.

To ensure strict adherence to the edition limits, the Society has appointed Franklin Porcelain to process all applications from collectors in the United States. Though *you need pay nothing now*, please note that the attached order form must regretfully be declined unless postmarked by the advance deadline of December 31, 1979.

© 1979 RHS

ADVANCE ORDER FORM

Valid only if postmarked by December 31, 1979. • Further limited to one Vase per person.

The Royal Horticultural Society
c/o Franklin Porcelain • Franklin Center, Pennsylvania 19091

Please enter my order for The Surrey Springtime Wedgwood Vase. I understand that the Vase will be created in fine English bone china, decorated with pure 24 karat gold. The official issue price of the Vase is $95.*—plus $2.50* for shipping and handling. However, I need pay nothing now. Instead, please bill me for three monthly payments of $32.50* each—with the first payment due in advance of shipment. **Plus my state sales tax*

Signature _____
ALL ORDERS ARE SUBJECT TO ACCEPTANCE

Name _____
PLEASE PRINT CLEARLY

Address _____

City, State, Zip _____

LIVING



Heavenly delights

It's always fun to make your own holiday ornaments, and here's a book that doubles as a do-it-yourself kit for Christmas decorations. *A Christmas Angel Collection* by Catherine Stock has 12 cutout angels, one for each day of Christmas. They're each dressed in authentic styles from the 13th through the 17th centuries, with fold-up wings. Use felt-tip markers, crayons, or paints to color them, then cut out the pages and fold them into stand-up angels. After the holidays, unfold them and store flat for next year. $3.95 from Charles Scribner's Sons.

How insightful!

If you've ever had to measure short distances—around corners, down hallways, between rooms—you know how awkward a tape measure can be. The Optical Tapemeasure provides one alternative: You measure distances through its sighting mechanism, focusing image dials that then read out the distance from 6 to 100 feet. A compact 5 by 3 by 1 inches, the tape measure costs approximately $25; carrying case, $6, through The Horchow Collection.



Old masters

How can one Christmas present serve as a gift for two people in different places? It will if it was purchased from The Elder Craftsmen, a not-for-profit organization that sells crafts made by older people from all over the country.

"We started as the outcome of a hobby show," says Barbara Stires, Executive Director. "Now we have over 500 craftsmen working in 36 states and two countries."

Craftsmen must be over 60 years old, and their work approved by the EC Selection Committee before it is accepted to be sold in the New York store. All work is sold on a consignment basis, with

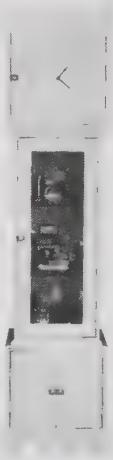


65 per cent of the final price going to the craftsmen.

What's for sale? Christmas toys and decorations, quilts, pillows, baskets, and much more. Special orders may be filled, too.

And, The Elder Craftsmen sponsors teaching workshops for staff members of senior centers and homes for the aged.

In New York, The Elder Craftsmen celebrates its 25th anniversary in 1980; 850 Lexington Ave., New York, N.Y. 10021. There is also a branch in Washington Depot, Conn., and similar shops in Washington, D.C., Philadelphia, Wilmington, Del., and in San Francisco.



More than a clock

Made by hand from hardwood, this "Grandchild Clock" is a combination clock/dollhouse/storage cabinet. Over 75 handmade miniatures fill the 3-story dollhouse that makes up the clock's waist. $785 ppd; $545 without miniatures. The Designing Woman, 6802 King Henry, San Antonio, Tex. 78229.

Coriander: The herb that adds spice

Coriander is an ancient flavoring much referred to in the literature of its time. From The Bible to *The Thousand and One Nights* the spice received nothing but favorable reviews.

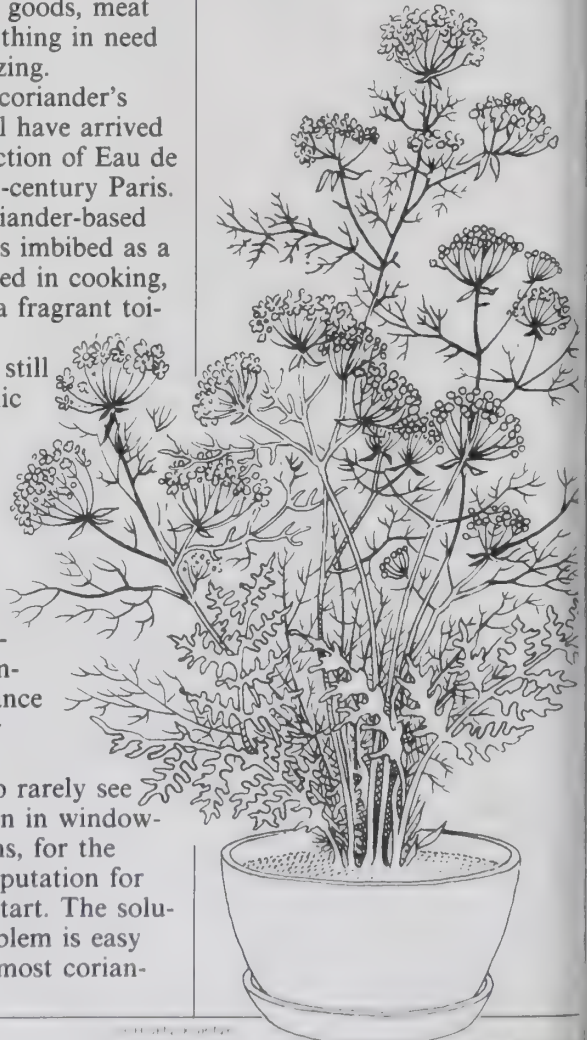
Medicinally its reputed powers were well-known to the early Greeks and Romans. The Romans in turn introduced coriander throughout Europe, where its alleged amorous powers were rediscovered in the love potions of the Middle Ages. It was used to flavor baked goods, meat dishes, and anything in need of inexpensive zing.

The peak of coriander's power may well have arrived with the concoction of Eau de Carnes, in 17th-century Paris. Here was a coriander-based liqueur that was imbibed as a refreshment, used in cooking, or splashed as a fragrant toilet water.

Coriander is still used in alcoholic beverages (gin) and some perfumes today, but you won't see it on the average home's spice shelf. This is unfortunate, for its lemony-sage fragrance is exceptionally pleasant.

You will also rarely see coriander grown in windowsill herb gardens, for the seeds have a reputation for being hard to start. The solution to the problem is easy enough. First, most coriander seeds have been fumigated, so they are less likely to sprout than seeds selected for growing. (One source is Hilltop Herb Farm, P.O. Box 1734, Cleveland, Tex. 77327.) Secondly, coriander seeds sometimes need coaxing. Soak them in tepid water for 24 hours before planting.

You should give the plants plenty of sun and a rather poor soil—don't fertilize. And don't wait until the seeds are ripe for your first harvest. RICHARD LANGER

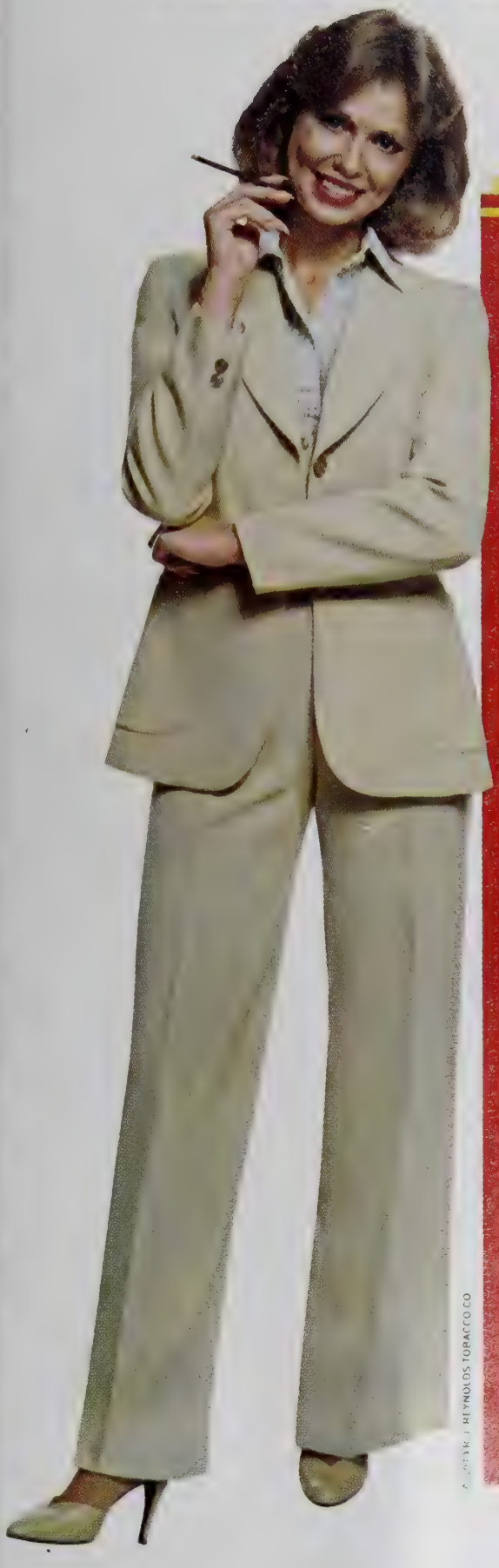


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THE BOLD LOOK OF **KOHLER**

BY PAULA RICE JACKSON

The pleasures of scent

Some fragrances for the house that make the pleasure last for months

It's Christmas. What could give you more of a lift than to walk into a house that's filled with the scent of flowers? Or herbs? Or fruit or spice? Potpourris and pomanders at the holiday season add a zest, an invigorating feeling to the air around you. There are some marvelous blends and mixtures to choose from and they make the most thoughtful presents. Most of the potpourris and scented sachets and balls may be ordered by mail.

Potpourri is one of the oldest forms of natural fragrance. Dry potpourri is usually a blend of dried roses with other dried herbs, fruit rinds, and spices. *The Claire Burke Company* is probably the best-known company that prepares potpourri in America. There are four mixtures in loose potpourri and lovely fabric-covered sachets, the newest being "Earthwood," a crisp, deep north woods fragrance. Claire Burke potpourris are made from the original recipes developed by Claire Burke in Charlotte, North Carolina, in the 40s. The scents come in a wide-ranging selection of containers, fabrics, candles, room refreshers, soaps, and bath products, and range from $1.50 to $50. You can find them at gift and specialty stores throughout the country.

Ronaldo Maia, one of the most talented and imaginative designers of flower arrangements, uses potpourri to fill in the small flat baskets that accompany his flowers. He has five blends of potpourri as well as small bottles of the essential oils needed to revive the mixture's aroma. Woodland Rose, Canela, Bahia, Judith Garden, and his own favorite, Jungle Paradise, come in quarter-pound velveteen pouches for $12.75 postpaid; oils, $17.75 each postpaid. You may also order the potpourri packed in a pale pine box whose lid has a raffia-tied bundle of twigs—Mr. Maia's personal signature. This for $20.75 postpaid. Write Ronaldo Maia Flowers, 27 East 67th St., New York, N.Y. 10021.

Oranges and cloves are the scents of "*Agraria*," an opulent potpourri from San Francisco. The mixture comes in bright red or green boxes for Christmas, and you can also find the Agraria scent in burning sticks that come packed in a slim green tube. These for $8.50. Agraria is mailed in quarter, half, and full-pounds, by mail from Henri Bendel, 10 West 57th St., New York, N.Y. 10019.

New York's "*Cherchez!*" is a delight of a shop that specializes in things Victorian. For working with dried flowers, herbs, and spices: "Dried Flowers: Their Arrangement and Preservation" and "Pomanders and Other Conceits," "The Claverton Herbal," and "The Claverton Herb Shop Recipes" (booklets all) come from The American Museum at Bath, Somerset. The set is $11.25 postpaid. Cherchez!'s collection of essential oils is wonderful. A tiny drop of "16th-Century Rondaletia" rubbed inside the edge of a drawer can scent your writing papers or your lingerie, $7.50 postpaid. Artist Richard Giglio has also done a wonderful poster-sized "menu" of all the goodies Cherchez! has to offer. It's a handsome blue-and-white drawing and it's $1. Write Cherchez! at 864 Lexington Ave., New York, N.Y. 10021.

Potpourri is powerful at *L'Artisan Parfumeur*, a new shop which has just opened in Beverly Hills, California. Master parfumeur Jean Laporte has developed several unusual blends which divide themselves as being strongly herbal or floral. He shows the potpourris in beautiful handmade earthenware ginger jars which have pierced lids that let the scent through, $138 with potpourri. Another elegant form for fragrance is a large Ambre ball, for $86. It's carved wood with small perforations that let the heady smell of amber scent the air. Write L'Artisan Parfumeur, 9645 Santa Monica Blvd., Beverly Hills, Calif. 90210.

"*Calvin Klein* Potpourri Scented Shells" have been dipped in a marvelous scented wax which releases its fragrance when the wax is moistened by the steam of a bath or shower. Clever. The shells, about 50 in a box, cost about $25, and their scent is a spicy floral. The potpourri scent of Calvin Klein is also available in a candle, drawer lining paper, and in charmeuse-covered sachets.

The beauty of potpourri lies in the container, too. Designer *Diane Love* has a potpourri she developed about two years ago which she has loosely packed in a handsome lacquered box tied with cream-colored tassles. This season she has put the potpourri inside evening bags made from the silks of Japanese obis and combined the silk with straw basket bases. $32 and $37 each from Diane Love, 851 Madison Ave., New York, N.Y. 10021.

Hope Hendler has made a potpourri she says is wonderful for the kitchen and another she thinks can help you get to sleep. There's another that is a "double-decker." Inside small Japanese wedding baskets she has Jasmine Verbena up top and Lemon Verbena below. $26.50 from Hope Hendler, 60 East 80th St., New York, N.Y. 10028.

At 654 Madison Avenue there is the tiniest shop for potpourri called *Shelley Marks*, and it is owned by one of New York's great "noses," Mr. Shelley Marks. He has been developing and experimenting with potpourris for thirty years and still finds mixtures that surprise him. His

Continued on page 28



Shapes of fragrance: *Scented shells, carved wood ball, ceramic ginger jar, lavender petals, essential oil, tapers, potpourris in acrylic boxes, obi bags, packed in pine.*

enter Chloé

"A woman does not put on my fragrance. She enters it."

Karl Lagerfeld



Parfums Lagerfeld • Paris

continued from page 26

collection of antique perfume and potpourri containers is well worth a quick trip and he mail orders quantities of dried mixtures all over the world.

Mary Chess makes sachets that are covered in soft pastel-colored silks—one of the prettiest, in a subtle pearl gray, comes shaped in small triangles to tuck in drawers, luggage, bath towels. $15 for four; $12.50 for two, $10 for one. To order from Miss Chess Limited, 150 East 56th St., New York, N.Y. 10022.

Potpourris from *Westminster of London* come in four blends: herbal, floral, sandalwood, and spice. These are potpourris that ripen to a subtle scent and *Rigaud* candles are famous for their elusive and lingering fragrance. "Cypress" is perhaps the best known. Rigaud has also transformed the scents into soaps which, left unwrapped, can scent a small space most effectively. Westminster potpourris begin at $8.50; Rigaud candles at $17.

Caswell-Massey, the country's oldest pharmacy, has dozens of dried herbs and flowers to buy to make your own blends as well as all the leading manufacturers of potpourris. The catalogue is one of the great treats for those interested in the enormous variety and combinations of fragrance. Catalogue, $1; Caswell-Massey, 575 Lexington Ave., New York, N.Y. 10022.

Beauty and health products new this month in the stores

This Christmas *Estée Lauder* has put together some two-in-one presents—wonderful red, white, and blue **flowered porcelains**: a coffeepot, single-serving teapot, sugar, and creamer (or milk pitcher, as you prefer). There's also a generous cachepot, and, of course, each is filled with a bath luxury scented with her famous fragrance Youth-Dew. The 14-ounce coffeepot holds Bath Crystals, $35; the small teapot, ⅖ ounce of Eau de Parfum, $18.50; the sugar, a 6-ounce ginger jar, Creamy Milk Bath, $22.50; the creamer, a slightly larger bottle of the Eau de Parfum, $20; the cachepot, 2 bath-sized bars of soap, 1½ ounces of Youth Dew Bath Oil, plus a bottle of the Eau de Parfum, $45. This pretty set could constitute the beginning of a collection of blue and white porcelains. You can find them at fine department stores everywhere.

Here's a beautiful and useful stocking stuffer to tuck at the top—or to give in a fine lacquered box—**clear acrylic-handled makeup brushes** from *Charles of the Ritz*. There's a brush for blush, one for eyes, one for lips, and one for brows. Give the set or buy them separately. Each is made with natural hair and comes in a clear plastic pouch that trav-

Continued on page 30

Get fiber into more foods your family will like.
Like Fresh Apple Cake.



Fresh Apple Cake

1½ cups all-purpose flour
2 teaspoons baking soda
½ teaspoon salt
1 teaspoon ground cinnamon
1 teaspoon ground nutmeg
½ cup margarine or butter, softened
1 cup granulated sugar
2 eggs
4 cups finely chopped, pared apples
1 cup KELLOGG'S® ALL-BRAN® cereal or KELLOGG'S® BRAN BUDS® cereal
1 package (3 oz.) cream cheese, softened
1 tablespoon margarine or butter, softened
1 teaspoon vanilla flavoring
1½ cups sifted confectioners' sugar

Stir together flour, soda, salt, cinnamon, and nutmeg. Beat the ½ cup margarine and the granulated sugar. Beat in eggs. Stir in apples, cereal and flour mixture. Spread in greased 9 x 9 x 2-inch baking pan. Bake at 350° F. about 45 minutes or until done.

To make frosting, beat cream cheese, the 1 tablespoon margarine and vanilla. Gradually add confectioners' sugar, beating until smooth. If frosting is too thick, add 1 to 2 teaspoons milk. Spread on cooled cake. YIELD: 12 servings.

Variations: In place of the All-Bran cereal, use 2 cups Kellogg's® 40% Bran Flakes cereal. Or crush 1⅓ cups Kellogg's® Cracklin' Bran® cereal to coarse crumbs.

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The high-fiber cereals.



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Hat perfume is to people Pot Pourri is to places . . .



Claire Burke

To perfume the pulse points of your home

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continued from page 28

els well. The Brush for Blush, $15; lips, $12.50; eye, $8; brows, $8.

Two new products that protect your skin in harsh winter weather: **Moon Drops All Weather Lip Moisturizer**—the glossy lipstick has at its core emollients and moisturizers as well as a sunscreen to soothe and soften dry lips. And the colors are great—clear, sheer shades of raisin, currant, rose, wine, coral, brown, cinnabar, and a gleamy natural. $2.65 each by *Revlon.* The other is **Environmental Protection Lotion** and it's lightweight, tinted or not, and works as an undermakeup moisturizer that city as well as country folk can profit by. It's made in your skin type, too, so choose either Skindex 2/4 if your skin is normal, Skindex 6/8 if it's dry and sensitive. The "6" means that you get effective sunscreen protection. Each lotion, $10 by *Etherea.*

Now, for romance and drama—two new fragrances to splurge on. Internationally-famous fashion designer *James Galanos* has created a spirited new perfume called **Galanos.** The scent is woody, slightly Oriental, and has great body to it. There are three sizes of perfume, an Eau de Toilette, a Spray de Toilette, a Natural Spray de Toilette, and a perfume purser with a refill. The perfume, $90 an ounce by *Parfums Galanos.* **Mary McFadden's** new fragrance, introduced earlier this year, has a beautiful purser for the holidays. She has placed her perfume inside a small ivory-colored lozenge and crossed it with golden woven braid. The effect is to make the small object look like a small treasure. The 1/4 ounce of perfume costs $45 at selected department stores across the country.

PAULA RICE JACKSON



Your herbal and fragrance almanac
The sign: **Sagittarius**
Circa: November 22–December 21

The fragrance most often associated with the Christmas season is the delightful balsam scent of pine, spruce, and fir. Christmas trees are a fairly recent tradition, introduced into Britain from Germany in 1829. The custom of decorating houses and churches with holly, evergreens, and mistletoe is immemorial, dating from Druid tree worship and before. Aromas of cinnamon and clove create other levels of comforting warmth and fragrance in a house. **Agraria** makes an opulent potpourri that generates waves of clove and field flowers. For Sagittarians, gregarious and good-humored all, there's an outgoing new scent from Elizabeth Arden—**Body Basics Eau Fraîche.** The sports-loving Sagittarian male should hunt for **Sargasso** by The Perfumer's Workshop.

MARIA REACHI

'Twas the night after Christmas

and the lady of the house had opened all her gifts of Rosepoint Lace Porcelains. She relaxed in Royal Secret Bath Foam from the Ginger Jar of Fragrance...



bathed with Royal Secret Soap from the porcelain Soap Dish...



...puffed on Royal Secret Bath Powder from the porcelain Powder Sachet...



...dabbed on pulsepoints of Royal Secret Perfume from the Fragrance Flacon...





...blew out the Royal Secret Fragrance Candle and went off to a gala party. (She could have danced the night away wearing Galore, Germaine or Bakir fragrance as well. They're all available in lace-pattern porcelains priced from 8.50 to 30.00 at the Germaine Monteil counters of very fine stores.)

The Rosepoint Lace Collection from Germaine Monteil

The Fox.™



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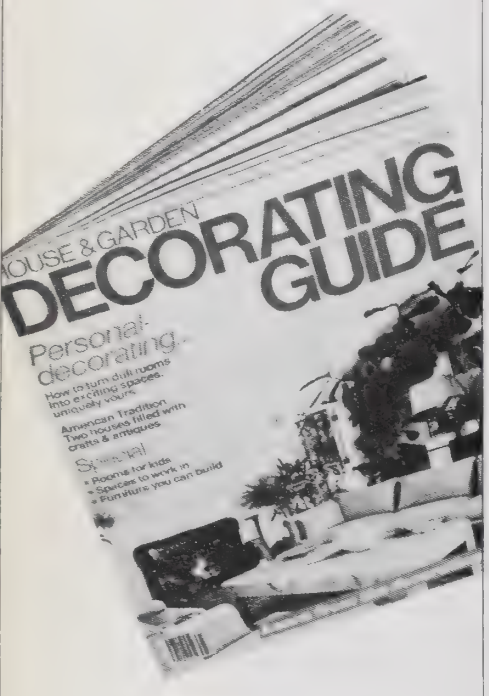
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ANTIQUES
QUESTIONS & ANSWERS

BY LOUISE ADE BOGER

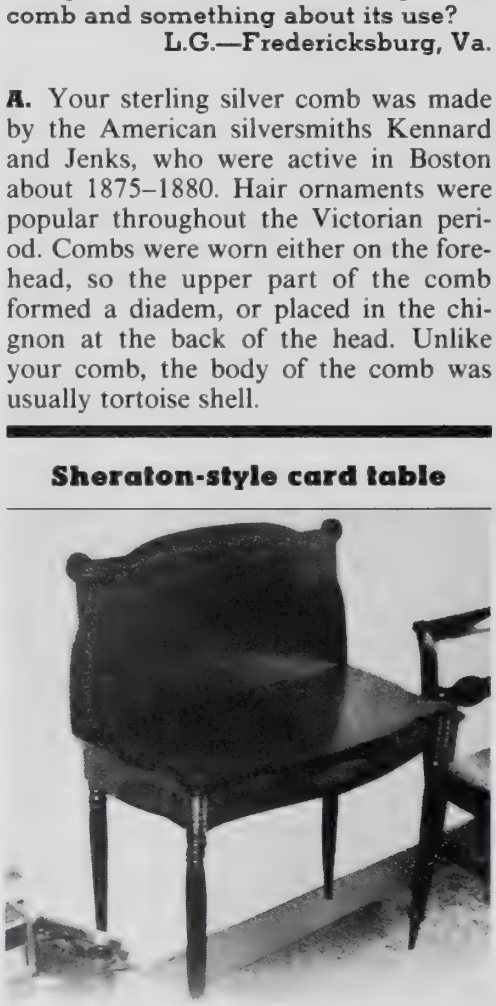
American silver comb



Q. From the mark and photograph, can you tell me who made my silver comb and something about its use?
L.G.—Fredericksburg, Va.

A. Your sterling silver comb was made by the American silversmiths Kennard and Jenks, who were active in Boston about 1875–1880. Hair ornaments were popular throughout the Victorian period. Combs were worn either on the forehead, so the upper part of the comb formed a diadem, or placed in the chignon at the back of the head. Unlike your comb, the body of the comb was usually tortoise shell.

Sheraton-style card table



Q. Can you tell me what style my table represents and whether it is very old? **E.L.P.—St. Charles, Mo.**

A.. If your Sheraton-style card table is a period piece, it was made in Boston, probably by John and Thomas Seymour, about 1800. (Their furniture is characterized by excellent craftsmanship.) The prolongation of the legs upward to interrupt the tabletop was one of Sheraton's favorite devices and he used it in all kinds of furniture. It constitutes one of the main stylistic differences between Sheraton and Hepplewhite, who never employed this form of construction. To determine the authenticity of your table, have an expert in the field examine it.

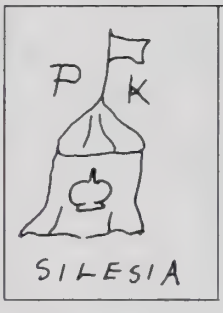
German sculpture



Q. Have you any information concerning the sculptor who made my figure, which I've photographed for you? **L.F.—Pueblo, Colo.**

A. Your sculpture is the work of Franz von Stuck (1863–1928), German painter, graphic artist, sculptor, architect, and designer. A founder member of the Munich Secession, 1893, he taught at the Munich Academy from 1895. He modeled figures for reproduction in bronze and ceramics. His signatures—Franz Stuck and Franz von Stuck—were engraved. The C. Leyer Bronze Foundry at Munich cast figures after models by von Stuck and others.

German porcelain mark



Q. I've drawn the mark for you and hope you can identify the maker of my porcelain dish and where it comes from.
M.E.L.
—Bristol, N.H.

A. According to the mark, your dish was made at a porcelain factory started in 1860 at Königszelt, Silesia, Germany. It dates before 1891. The distinguishing letters "P K" in your mark are for Porzellanfabrik Königszelt.

Continued on page 37





Seeing my Gallery's different room settings gives me ideas for my own house. And Ethan Allen's new Treasury is full of decorating ideas I can take home–392 pages of them! The Treasury's free when you drop in, even if you don't buy a thing.

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Meet Helen and Lee Nash and their daughter Sandra. Eighth in a series about the kind of people who furnish their house, their way, at their Ethan Allen Gallery.

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Ethan Allen Galleries



COME ON OVER TO OUR HOUSE AND FURNISH YOUR HOUSE YOUR WAY.

LOOK US UP IN THE YELLOW PAGES

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What paradise tastes like

And [illegible] tropical temptations. [illegible] Zingy apricots [illegible] Mature flavors. Already mixed with [illegible]. And [illegible] blends of rum. [illegible] really tastes like.

A Singapore Sling. A Zombie. Dr. Funk. And Navy Grog. All tropical dreams blended to send shivers through your taste buds. They're marked with mystery and postmarked paradise. So prepare yourself. Few experiences will be as exotic.

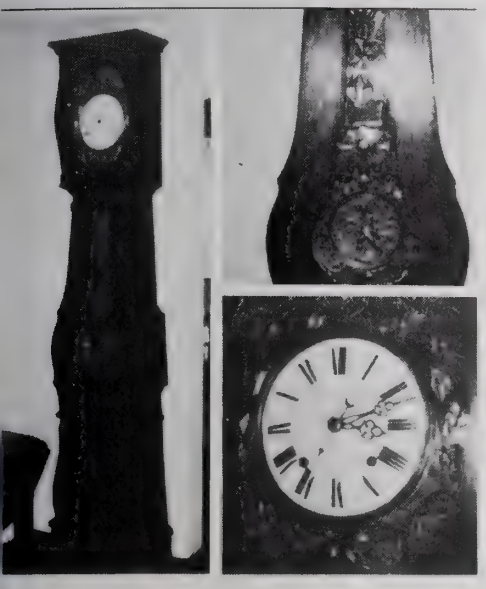


Exotic Cocktails. New from Heublein

Singapore Sling, Navy Grog, Dr. Funk, Zombie, 35 Proof © Heublein, Inc. Hartford CT

continued from page 34

French case clock



Q. I would appreciate anything you can tell me about the background and origin of this clock. V.B.—Arden, Del.

A. The "violin" form and brass repoussé pendulum are typical features of French tall case clocks found in the region of Franche Comté and Jura. The movements were manufactured in the region of Foncine and assembled at Morez and Morbier in French Jura. The name on the dial, Jullien Jean Pierre, is that of the seller and not the maker. Lists pertaining to French clockmaking include many Julliens, of which one resided in Paris, therefore near Varennes, from 1860–1870. Your clock is of that period. "La Chasse" refers to trophies of the chase or hunt worked in repoussé on the upper part of the pendulum.

Chelsea tea set



Q. Have you any idea where my tea set was made and about when?
M.L.S.—Arlington, Va.

A. Your tea set decorated with the tea-leaf pattern and, dating about 1850, is an example of English Victorian Chelsea, made in the Chelsea district. This ware was chiefly intended for export and entire dinner services were made of it. Like all good porcelain, it was very durable.

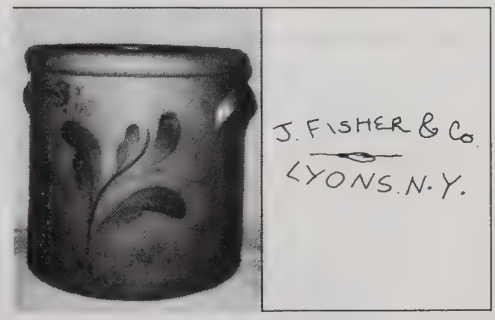
Limoges dishes



Q. I've drawn the mark on my mother's old china. Can you identify the maker and tell how old the china is?
N.C.—Gladewater, Tex.

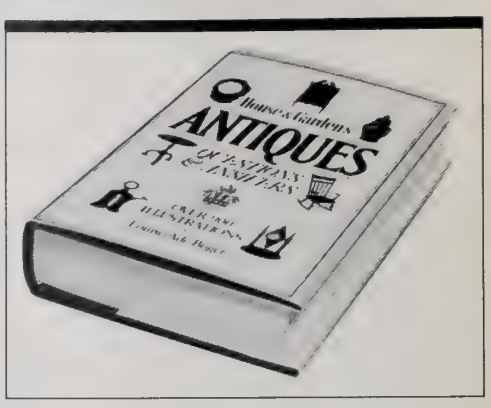
A. Your dishes were made at the well-known and still-existing Limoges porcelain factory, Guérin-Pouyat-Elite, Ltd., some time after 1890.

New York pickle crock

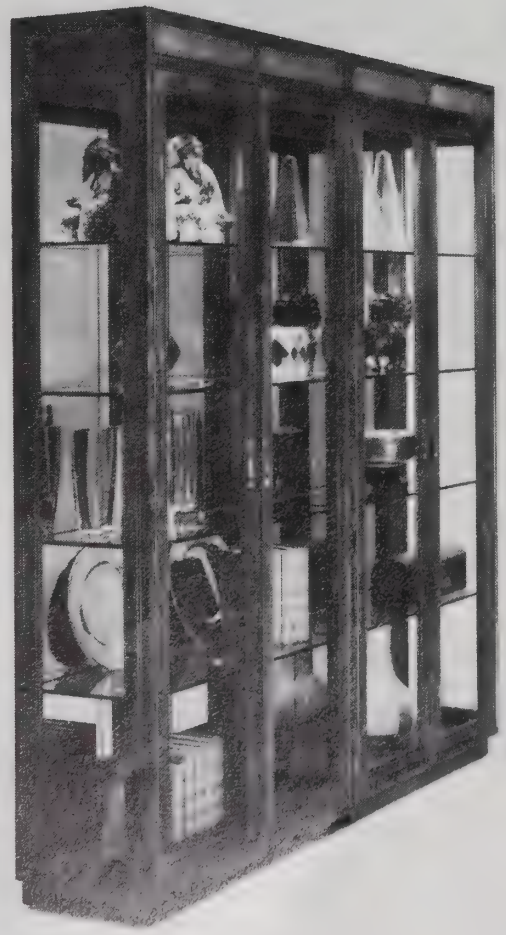


Q. Please help me identify this crock, which I bought in an antiques shop.
T.C.—Baton Rouge, La.

A. J. Fisher and Company, working at Lyons, N.Y., about 1840–1860, were the makers of your gray, salt-glaze stoneware 3-gallon pickle crock. Originally it was provided with a cover.



Copies of Louise Ade Boger's book House & Garden's Antiques: Questions & Answers, *which contains more than 900 items chosen from past columns, all arranged by category for quick and easy reference, can be purchased for $12.95 a copy, plus 45¢ to cover the cost of postage and handling. To order, please write to: Condé Nast Books, Post Office Box 3308, Grand Central Station, New York, N.Y. 10017, enclosing your remittance and correct mailing address.*



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Henredon

BY RICHARD LANGER

Wit and whimsy for your plants with easy topiary tricks

With these simple techniques you can turn house plants into geometric shapes or a menagerie of animals and birds

Topiary—the art of training plants by clipping, coaxing, and even wiring branches into place, though thousands of years old, is strictly a Western art. Oriental horticulturists dislike its artificiality, stressing that man must conceal his work within nature so that his hand goes unnoticed.

Yet, to our eyes, the Oriental garden doesn't always seem untouched. Certainly the Japanese mode has a formality of its own. And consider bonsai. It's natural looking, perhaps, but it is not invisible within the framework of nature.

Topiary, although obviously different, is in a way the Western version of bonsai. However, instead of taking decades to form, it takes mere years. In the case of some vining plants, it takes only months—English ivy and the creeping fig, *Ficus pumila*, as well as the grape ivy, *Cissus rhombifolia*, are particularly adaptable to indoor topiary, a form of house-plant cultivation completely neglected until recently.

Traditional topiary, in which garden plants are formed primarily by constant clipping, can also be applied to some indoor potted plants. High on the list of these are thyme, rosemary, and sage. They are best formed into cubes, obelisks, cones, and balls—plain geometric shapes. Holly, osmanthus, *Myrtus communis*, and *Ligustrum lucidum* are also good solid plants for these forms—but, of course, you can't use their trimmings in your cooking.

Start with a dense, fully-leaved plant, one whose green growth begins close to the soil line. Leggy plants are doomed to fail at anything but standards. Shape the plant very roughly into the desired form. However, envision the final design to be at least twice the size of your starter plant.

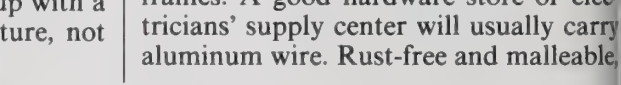
Don't be afraid to prune severly. What you'll end up with if you do it right is a frightful mess full of holes and blank spots. But that's only the painful birth of your topiary.

New growth will form, making the plant lusher than ever all around. After a year's good growth, however, there may still be holes. If so, your pruning will need some assistance. Using twine or thin insulated wire of a subdued color such as dark green or brown, tie some of the branches up or down to guide them so they will fill in the holes bit by bit.

During the main growing season, your topiary will need to be shaped every month. Stop only when growth stops, and commence cutting again as soon as new leaves develop. Keep the practice up 3 to 5 years, and you'll end up with a striking piece of growing sculpture, not to mention a valuable one.

EDWARD OLEKSAK





SUSAN MCNEILL

To make topiary ring: Bend wire until round (1), stick ends into pot. Train plant along loop by planting 1 or 2 plants at each end. As plants grow, tie stems to wire ring with wire (3).

Making the frame

Topiary forms come in a surprisingly varied selection, with, besides geometrical forms, enough birds and animals to start your own zoo. They can be expensive, however, particularly the large and intricate models.

You can, however, make your own forms. Creating one-of-a-kind topiary is an ideal indoor gardening project for winter nights when much of your window-sill garden is somnolent and slow to do anything.

It's possible to use wire coat hangers to frame topiary shapes, but they have a number of drawbacks. For one, the wire will rust and become discolored. That's no big deal when they are covered with greenery. Still, they become rather messy to handle after a year or so. More to their detriment is the fact that the wire coat hangers are hard to manage. The heavy thick ones make for difficult shaping. The flimsy new ones bend under the weight of a shirt or trousers and are as likely to sag from the weight of the plant just as your topiary is beginning to reach its green fullness. Finally, I invariably find that the piece of wire comes just 1 inch short of reaching where I want it to reach. Working with wire like that, the only solution is either to make the form smaller or to try cumbersomely to wire or tape pieces together.

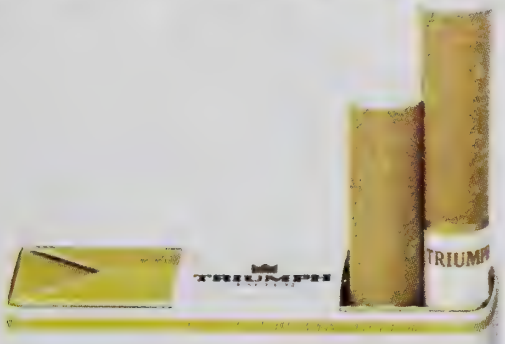
Far better to buy wire for your frames. A good hardware store or electricians' supply center will usually carry aluminum wire. Rust-free and malleable, it's your best bet. Get number 8 or heavier. (Wire is numbered in reverse from its thickness—number 10 is actually lighter and thinner than 8.)

In addition to stocking up on wire you should have on hand a good pair of pliers—a large-sized pair of needle-nosed pliers with rounded pincers and a wire-cutting bit is your best all-around tool. A roll of good-quality, waterproof electrician's tape or some florist's wire will also be needed. And for complex shapes, you will need some chicken wire and coarse sphagnum moss. Wire benders aren't really necessary, but they are sometimes handier than pliers. If you

Continued on page 4.

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local hardware store doesn't stock them, try the fishing department of a good sporting-goods store (wire-bending tools are used by avid fishermen to make their own lures).

What shape to make

Almost everyone starts with a simple ring. Take a length of wire a little longer than the ring you want. Bend it until it is round. Now, rather than joining the ends, bend them at right angles and stick them into the pot. Train ivy or creeping fig up along the wire loop by planting one or two plants at each end of the ring. As the plants grow, tie the stems gently but firmly to the wire ring with cotton-covered wire or insulated wire.

A giant toadstool is another easy topiary for beginners. Get a wire hanging basket from your garden center. Fill the basket with sphagnum moss and cover the open part with a flat sheet of chicken wire. Tie the chicken wire into place with florist's wire. Then turn the form upside down in the manner of a mushroom cap and wire it firmly to a ½- or ¾-inch dowel stuck firmly through the center of a flowerpot. Train your plants up the dowel stem, then all over the sphagnum-covered top. Mist the mushroom cap often to keep the moss moist.

Simple flat animal forms can be made in much the same way as the ring—that is, you make a silhouette or outline and train the plants along this one wire. However, it's the three-dimensional forms that really make striking topiary. Essentially the trick is to make a silhouette form and then flesh it out by shaping a body from chicken wire. The inside cavities, like that of the mushroom, should be filled with sphagnum moss kept constantly moist—but not, of course, dripping.

Those who would rather grow the topiary than make the forms and can't locally find a shape to their liking can acquire a whole menagerie of forms from Vine Arts, 6 Charcote Place, Baltimore, Md. 21218.

The polka-dotted bean topiary

Scarlet runner beans are a double-purpose ornamental creeper yielding striking flowers as well as a good kitchen harvest. To train a vegetable within the confines of a topiary frame would seem most unorthodox. Yet this fast-growing bean serves the purpose well, dotting the traditionally monochromatic form with brilliant splashes of color.

The scarlet runner bean topiary will need the sunniest spot your home affords—and the warmest one. Beans are tropical and semitropical in origin. They do best with daytime temperatures in the 80s. Putting the topiary on the balcony or a sunny terrace is an ideal way for the bean plants to spend their summer. But if that's your plan, wait to plant until 6 to 8 weeks before summer comes to your part of the country. And don't put the scarlet runner bean topiary outside until you are sure nighttime temperatures will not fall any lower than the 40s.

A frame is essential for bean topiary. Left to its own devices, the scarlet runner bean will either grow into a tangled heap or, if anything climable lies within the plant's reach, proceed to shoot straight up as far as the object in question permits. Heights of 8 to 10 feet are far from uncommon with beanpoles in the garden.

The best topiary forms for scarlet runner beans are the simpler, traditional geometric ones—pyramids, globes, cubes, and cones. More intricate ones such as birds and animals are rather hard to cover evenly, the rapidly growing bean plants tending to fuzz the narrow parts of the forms such as legs and necks. Another consideration is the plants' zooming vertical growth. You'll be able to control it to some degree. Even so, tall forms are preferred over squat ones.

Beans like a rich soil when they are growing in pots, and they need substantial quantities of water. So from a practical point of view, anything less than an 8-inch pot will be inadequate to keep the plants' roots moist. Also, since your runner beans will turn out yards and yards of growth per plant, you will need a large form, one at least 3 feet high. Considering this, anything less than an 8-inch pot would tend to look unbalanced.

Plant 6 to 10 seeds evenly around the base of your form. Add a few inside as well. Don't skimp. You can always pinch the plants back. But it's hard to get filler plants started later when you find large holes developing in your greenery.

Once the plants are growing, they will weave themselves obligingly around the wires of the form. Your only task will be to tuck the vines in and about the holes so that the shape becomes solid. Don't be afraid to lead particularly strong growth all the way down to the bottom of the frame. It will grow right up again, making your topiary denser than ever. Also don't be afraid to pinch back new growth once it grows out of bounds. The same holds true for flowers. Pinch them off as soon as the bright scarlet blossoms have begun to fade. The more you pinch, the more you get.

Of course, if your topiary is on the balcony or terrace, where the insects can spot the blossoms for pollination, you might consider leaving a few to set seed. If there's anything more unique than a flower-covered topiary, it's one you can cook up for dinner. And the beans are

Continued on page 71



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"A vacation house should be designed for vacation purposes"

An interview with Marco Aldaco by Marie-Pierre de Cicco

Vacation houses are Marco Aldaco's specialty, and on pages 150 to 157 you will see some of the designs that have built his reputation as one of Mexico's leading architects. Created with an imaginative blend of modern and traditional materials and techniques, his designs are very specific to their locations, but the thinking behind them offers an illuminating and practical approach to building anywhere in a hot climate.

Marco, your houses are all at the beach or by the sea. Why is that?
The sea is something that calls me. I don't know why, but I think that people by the sea live with less effort, more peacefully, and it's easier for me to express myself there. At the beach, in Acapulco as well as in Cancún, you have artisans who have kept the special local ways of solving problems, who build their houses with their own hands. You have more possibilities when you work with artisans like that. In the long run—and this is a great truth—I copy the housemaking techniques of all times, and those who know them best are people who live right in the region. For example, when I put in a wood beam, I need wood that won't rot. They know which one I should use and show it to me. They say, look, use a zapote beam. So in a moment we jointly resolve a structural problem in the most natural way.
Local artisans give a special local personality to the houses. Not in the proportions, because I give them some primary drawings. Then all we do is watch that things work out the way we want them to go. But we give them an absolute freedom to work in their own traditional style, because with that freedom within the same shape things come out differently. You see that I barely use straight lines but that everything is geometrical. I consider that architecture is geometry but the finishing is within the dimension of the laborer's hand. These artisans never use straight lines in their houses. So instead of making them do things that are not natural to them I adapt myself and say, "If this man knows how to work in a certain way, I'll just let him do it, and I will use my creativity to take advantage of it."
My expression is up-to-date. I don't create things out of our time, although many of the elements are ones that have always been used, elements that people can touch and identify with.

Are your houses for all year round?
The ones I'm doing now are not. My clients are people who come here to take refuge from the cold, or who work hard in big cities and come for a vacation. So my houses are designed to be pleasing and comfortable when the weather is best. If I were to make a house for all year, that is for the rainy season, I would have to have windows and protections that would then have to be removed when the weather is best and people come. For me, a vacation house should be designed for vacation purposes—to free you from complications, to give you a natural, authentic rest. So I try to do something different. I make houses that are practically empty when people are not there. In their city houses people have so many objects that complicate their existence. Simple open spaces give them freedom—they don't have to worry about things being stolen, or broken, or difficult cleaning, or mechanical systems breaking down. They can really rest.
Actually my houses consist of two elements: an open part, which I would like to say more about later, and a closed part. I always give people the option of opening or closing their own space. The bedrooms are the closed part. They are like safe-deposit boxes. Fireproof, mudproof, and constructed to withstand earthquakes, they are fortresses where you can shut yourself in, or if you are in the mood, throw open doors and windows and sleep in the fresh air.

Most of the furniture in your bedrooms is built as an integral part of the room. Why is that?
To simplify cleaning, and to eliminate any places where insects or animals could hide. All the walls and floors are white so you can detect and deal with them easily if they come in. The walls are curved so as not to leave a single space where a spider may knit its web—spiders don't know how to make webs in curved spaces. Though the way things are going, in about three years, I think spiders will have learned to do so.

You say that you make a house so that people may appreciate nature. Would you explain?
Nature is always part of my compositions—a beautiful tree, the sea hitting a rock. Part of the success that my houses have is due to the landscape where I build them. Not all the merit is mine. Nature is there in front of us. The only merit I have is to make people see things that they would normally ignore. For example, there is a rock in front of us. If you look at it from the land next door it will seem less spectacular. That is because I am framing it, giving it the light it should have, the importance it should have, with the help of a certain axis I have built into the house. Really my houses are built to allow you to feel in brotherhood with nature. Deep, deep in the human being are atavisms, things we were born with, distant, maybe forgotten, but unerasable; things to which we would like to go back. We like to sit under a tree, or to roast a steak out on the fire and eat it right there as in the times when fire was discovered. We like to see sunsets, to take our shoes off and be able to walk barefoot, to feel the breeze on our bodies—which is better than any air conditioner. Now when you arrive at my houses the first thing you feel like doing is taking off your shoes, because the floors feel very pleasant under your feet. When I make floors I touch them, I take off my shoes and feel them delicious under the soles of my feet. If the floor does not feel delicious, it is not finished yet. The floor is not humid, it has a pleasant temperature, and we achieve this by using natural elements. There is a constant circulation of air which cools and dries. We capture the winds and let them out throughout the house in a controlled way by means of these very high ceilings made of palm thatch, these palapas. The palapa is a cone that draws air up and out through holes at the top. By adjusting the orientation of the rooms, the height of the ceiling, the depth of the overhang, and the slope of the roof, we can control the circulation. The open part of the house, the living room, can be completely open because we plan the direction of the winds. In some living rooms we have a wall at the back with its back to the breeze where you can move if it becomes too windy. In all my houses, too, I have a place to be in the morning and a place to be in the after-

Continued on page 223

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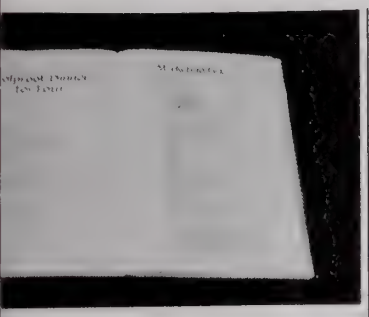
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Christmas COUNTDOWN

Menus, last-minute presents and ornaments

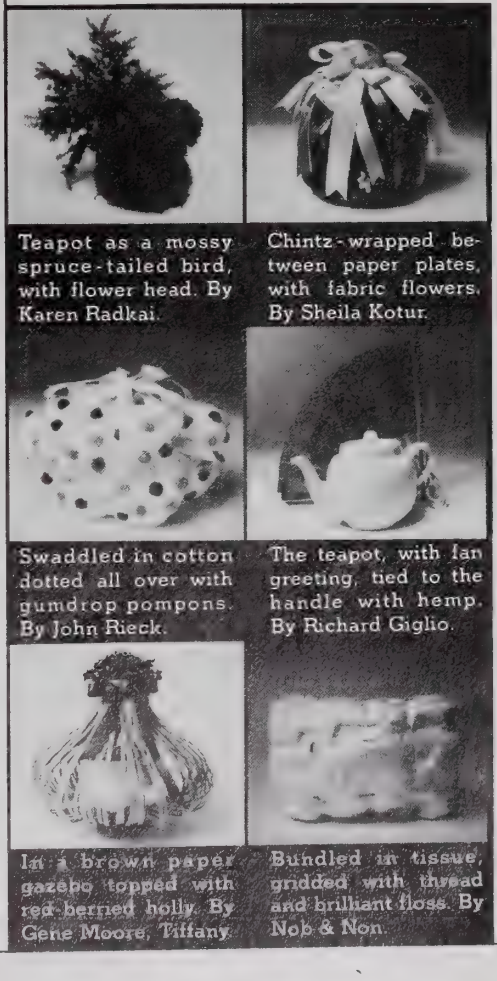


A master plan for a fabulous meal, with menu, marketing list, and recipes written in a beautiful notebook—that's Stephen K. Bierman's (Bierman & Carrington Caterers, New York City) Christmas present to favorite friends. His own "Foolproof Dinner for Four" features herbed pea soup with Parmesan croutons, rosemary roast chicken, carrot and broccoli purées, with praline mousse and espresso for dessert. For the recipes, see page 186, or custom-plan your own Foolproof Meal-in-a-Notebook.

Easy last-minute present and ornament ideas

A generous bagful of crisp pine cones is a welcome gift for city friends to decorate with, or to use as fireplace fuel . . . Mrs. Robert Warner grows her own luffa from seed, presents them in hand-stitched burlap bags tied with red wool . . . Tie up children's presents with ribbons of their old camp and school nametapes, as Carol Weston does . . . Mrs. Arthur Pinkham saves candle stubs, wraps them firecracker-style in newspaper, ties the ends with plaid bows, and gives them as fireplace kindling . . . Your host will appreciate bottles of Perrier nested in a pine-filled basket, or a napkin-lined basket of nuts with a ribbon-tied nutcracker . . . Stitch heart-shaped ornaments from pretty scraps of fabric, stuff with fiberfill and cinnamon potpourri. After the holidays, recycle them as sachets, as Karen Cahan does . . . Susie Littlefield trains a lush pot of ivy around a wire wreath. Wound with ribbon and collared with a bow, it's a tabletop topiary . . . Peggy Kennedy spatter-paints an old wooden milk-bottle carrier and fills it with tissue-wrapped wineglasses . . . Maida Silverman trims a huge wooden spoon with clove-studded pomanders, cinnamon-stick bundles, and shiny lemon leaves, intertwined with festive lacings of red, gold, and green yarns with knotted ends, to hang on the wall for a holiday scent.

How to wrap a teapot



Teapot as a mossy spruce-tailed bird, with flower head. By Karen Radkai.

Chintz-wrapped between paper plates, with fabric flowers. By Sheila Kotur.

Swaddled in cotton dotted all over with gumdrop pompons. By John Rieck.

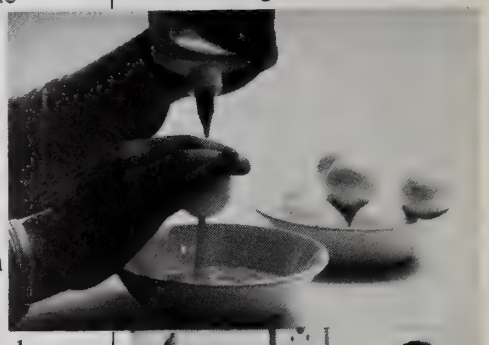
The teapot, with fan greeting, tied to the handle with hemp. By Richard Giglio.

In a brown paper gazebo topped with red-berried holly. By Gene Moore, Tiffany.

Bundled in tissue, gridded with thread and brilliant floss. By Nob & Non.

Egg-citing eggnog and ornaments

Peter Stamberg kills two birds with one egg—he makes egg ornaments for his Christmas tree, and pumps out the "fillings" to make eggnog for his Christmas Eve party. *To make an egg pump*, remove the orange twist cap from an empty 8-oz. bottle of Elmer's Glue. Snip off the exposed plastic bars. Poke a sporting-goods pin valve up through the hole in the orange cap until ⅝-inch of the valve is exposed. Secure with masking tape. Replace on glue bottle. *To make an egg ornament*, shake egg vigorously to break yolk. Using a pushpin, carefully punch a small hole in the narrow end of the egg, and poke a hole twice as large in the broad end. Carefully insert the pump's pin valve into the egg's small hole. Squeeze pump 2 or 3 times. If egg doesn't spurt out of the large hole immediately, stop and break the egg's membrane with a narrow-gauge wire before continuing. *When eggs are empty*, clean them out thoroughly. Gently pump in warm water, shake, and draw water out. *To hang the egg ornaments*, bend a 12-inch length of narrow-gauge wire in half, insert the folded end into the egg's small hole, out the large hole, and bend to one side. Twist free ends together to form a hook for hanging. Handle egg ornaments carefully—they're very fragile. Keep egg ornaments from year to year in their original cartons.





Peter's Eggnog

Beat 12 eggs until light in color. Gradually beat in 1 lb. confectioners sugar, ½ teaspoon salt, 1 teaspoon vanilla. Stir in 1½ qts. milk, 1 qt. heavy cream, 3 cups water, 3 cups rye or Bourbon, and 1 cup dark rum or brandy. Cover tightly. Refrigerate at least 24 hours—the longer, the better. Serves about 20.

Deck the doorways

Swag a length of fabric through holly or straw wreaths fastened to the top corners of a door or entryway, draping slightly in the center, letting ends fall loosely to the floor. Pretty fabrics to try: crisp red chintz or taffeta, soft green velvet, or thin white gauze twinkled with tiny gold stars. Or, try the same treatment in gold or silver lamé.

WILLIAM P. STEELE, RAEANNE GIOVANNI, ROGER HESTER

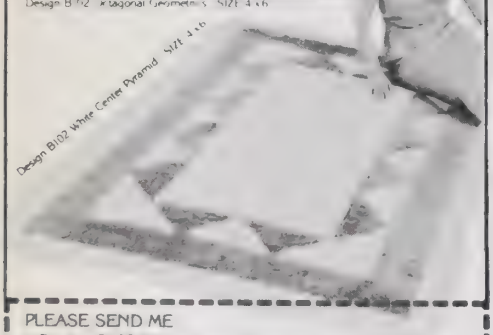
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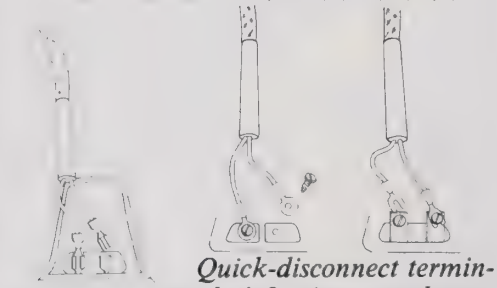
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BY DEANNE RAFFEL

Replace a frayed iron cord, stop drafts, plus the best way to weather-strip a door

Q. The cord to my iron is frayed and needs replacing. How do I do this?

A. Replacing an iron cord is fairly simple. First disconnect the old cord to see which of three types of connectors it has. The cord may extend from either the top, back, or side of the iron handle. It may also have a removable "strain relief" (a rubber or wire sleeve that supports the cord as it projects from the handle). Loosen the screw that secures the cover plate and holds the cord in place within the handle. Remove the plate. Now you will be able to disconnect the cord from the terminals. Most cords will have one of three types of solderless connectors. The *easy-disconnect* or *quick-disconnect* type has a shaped metal sleeve that fits over a tongue on the iron. It disconnects by pulling. The *spade connector* is U-shaped and slides under the head of a terminal screw. Loosen the screw to slip the connector out. With the *eyelet* or *ring connector,* the terminal screw goes through the center of the ring. The screw must be removed for the wires to be disconnected. A fourth type of connection may be found on older irons: bare wire wrapped (clockwise) around the terminal screws. Loosen the screws and unwrap the wires. You may find on older irons that the wires have been knotted in certain ways or the cord tied to relieve strain at the point where it protrudes through the handle. Sketch any such knots so you will remember to repeat them when installing a new cord.



Quick-disconnect terminals, left; above, *eyelet or ring connector, U-shaped spade connector.*

Replacement cords can be purchased at a hardware store. They are available in 7-foot lengths, with or without molded strain reliefs. Be sure to purchase a cord with the correct type of terminal pattern for your specific iron. Any terminal will work for the bare wire connection—simply snip the connectors off and bare the ends of the wire. If your iron had any specific knots or wiring peculiarities, repeat them before the terminals are secured. Plug in connectors or tighten terminal screws as necessary, replace coverplate, and fasten the securing screw.

Q. Do you know a way to stop drafts emanating from hard-to-insulate places?

A. In winter, you notice the places in your house that leak—holes where the walls and floors meet, voids around pipes and electrical boxes, drafty spaces around windows, doors and thresholds, even cracks and holes in masonry walls. These places are hard to insulate with normal sealers and caulks dispensed in tubes. A good way to get at them is with a urethane foam sealant called Polycel One. A relatively new product, it comes in an aerosol can, shoots out like shaving cream, and hardens into a rigid, closed-cell foam insulation. It cures to double or triple its volume to fill even odd-shaped spaces. (On very warm days, it will expand even further.) Since the foam is a non-solvent system when cured, it will never shrink, dry out, or pull away as do other caulking and sealing materials when they age.

How to use: As the foam is very gooey, sticky, and messy to use, wear old clothing and disposable plastic or rubber gloves (surgical supply houses sell thin rubber gloves). Polycel One can be wiped off with nail polish remover (acetone), turpentine, or paint thinner (mineral spirits) when in the soft, tacky state. It is very difficult to remove when it hardens, so wipe as necessary while it is still latherlike.

The foam is channeled through one of two tubes which are inserted into the cap. The wider, 8-inch-long tube will yield a bead of foam that cures to ½ inch in width. The narrower, 6-inch-long tube will yield foam that cures to ¼ inch. In both cases, these sizes are based on using medium pressure on the activator cap. Do not completely fill the space you are insulating, since the material will expand. Only a small bead of foam is required to fill a crack or gap. If the foam overflows, trim it away when cured (wait at least 12 hours). Use a serrated knife blade or a broken fine-toothed hacksaw blade. Then smooth with medium-grade sandpaper, and paint or stain if necessary.

Continued on page 62

MAN MADE FIBERS
LIFE MADE BETTER

Holiday Spirit

In The Glenmore Tradition



DOG-TEX®
CLEANS AND

BY DEANNE RAFFEL

The holidays are here!

There's a special joy in entertaining now—an exuberance of spirit that bids us offer hospitality in any number of festive ways. Afternoon cocktails, hearty buffets, New Year's Eve galas, dessert-and-cordials evenings with intimate friends—whatever the occasion, there's no better way to please the people you invite into your home than by serving them the smooth, delicious tastes of Glenmore brands. At holiday time, and all through the year, this outstanding collection of fine wines and spirits contributes unmistakeable zest and flavor to favorite drinks and favorite foods. Try them and see. Then plan a year of celebrations around the celebrated Glenmore family names.



1-1/2 cups flour
4 pounds tart apples

waxed paper and refrigerate while preparing the apples.

30 31

MAN MADE FIBERS
LIFE MADE BETTER

Time to celebrate with Glenmore's Wines & Spirits...



Right into the New Year

New Year's Eve Gala

PATÉ MAISON

1/2 pound bacon
1/4 cup Mr. Boston Five Star Brandy
1-1/2 pounds each: beef and calves' liver, ground
1/2 pound pork liver, ground
2 eggs
1/4 cup sour cream
Salt, black pepper, a little crushed garlic
3 or 4 chicken livers

Line a paté mold with thinly sliced bacon, sprinkled with a little brandy. Mix ground livers with eggs, sour cream, and seasonings. Mix well and pour on remaining brandy, flaming. Mix well and half fill mold with mixture. Put chicken livers in row down center. Cover with rest of paté, then cover top with bacon. Stand mold in pan of water and bake at 300° for about 2 hours, covered with foil. Remove, cool in water. Put brick on top to press down firmly and chill in refrigerator for 24 hours. Turn out and cut as many slices as needed. Arrange on a platter, overlapping, [illegible] end. Surround with chopped

DELLA ROBBIA PIE

1-1/2 cups vanilla wafer crumbs
[illegible] cup chopped toasted almonds
1/3 cup melted butter or margarine
1 quart vanilla ice cream
1/3 cup Amaretto di Saronno
1/3 cup finely chopped mixed candied fruits
1 cup (1/2 pint) heavy cream
2 tablespoons Amaretto di Saronno
1 pound marzipan fruits or 2 cups assorted fruits—strawberry halves, green seedless grapes, maraschino cherries, peach slices, pineapple chunks, banana slices or plum slices
Fresh mint leaves or crystallized mint leaves
Candied mimosa and violets

In a bowl, mix crumbs, almonds and butter or margarine. Press mixture firmly into an ungreased 9-inch pie pan. Chill. Soften ice cream and stir in Amaretto di Saronno and fruits. Pour mixture into chilled pie shell. Freeze until hard. In a bowl, mix heavy cream and Amaretto di Saronno and beat until stiff. Pile whipped cream in mounds around the outer edge of pie. Freeze until ready to serve. Decorate pie with marzipan or fruits pressed into whipped cream. Add mint leaves, mimosa and violets, if desired. Serve at once. makes 1 9-inch pie.

Peel and slice apples into a baking [illegible] 1 cup sugar [illegible] china, AYNSLEY Bone China; crystal, Waterford; platter, carving tools, Wilton

single burner, Bass & Bass, Inc.; ice bucket, Hammacher-Schlemmer; linen, Lord & Taylor; plates, [illegible] glasses, Pottery Barn.
COVER: mantel, andirons, fire tools, Danny Alessandro; ice bucket, Hammacher-Schlemmer; linens, Lord [illegible] cushions, cracker basket, glasses, Pottery Barn.

DOG-TEX®
CLEANS AND

HOUSE CRAFT

BY DEANNE RAFFEL

Make It A Party With Glenmore



breakfront, Ann-Morris Antiques; crystal, Baccarat; ice bucket, pewter mugs, bar accessories, Hammacher-Schlemmer; antique silver coffee urn, tub, china, Marie Bevilacqua; linen, Porthault.

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PHOTOGRAPHY: BILL MARGERIN DESIGN CONSULTANT: GALEN BRAND HOME ECONOMIST: HELEN FEINGOLD

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Bedroom ensemble by Dakotah. Springmaid fabric. Kodel polyester by Eastman.

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Model SDI-25

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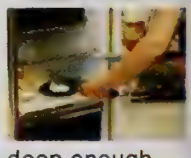
4. No defrosting ever: Totally Free-O'-Frost™ freezer and refrigerator sections.

5. Amana 3-position Energy Saver Control lets you adjust to the humidity level in your home—and that saves energy!



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Hydrangea Forever Pink (Upper left). A compact grower whose opulent flowers remain clear pink, never blue, even in acid soils, **Dicentra Pantaloons** (Upper center), a superb white Bleeding Heart. **Erigeron Foerster's Liebling** (Upper right), with bright pink, semi-double flowers on 18 inch, bushy plants. **Clematis Spooneri** (Center left), a vigorous vine with pure white, 3 inch flowers and attractive foliage. **Leucothoe Scarletta,** (Center right), a new dwarf evergreen hybrid with mound shaped habit, attractive red foliage and lovely flowers. **Buxus Green Velvet** which retains its lustrous foliage even in the harshest winter.

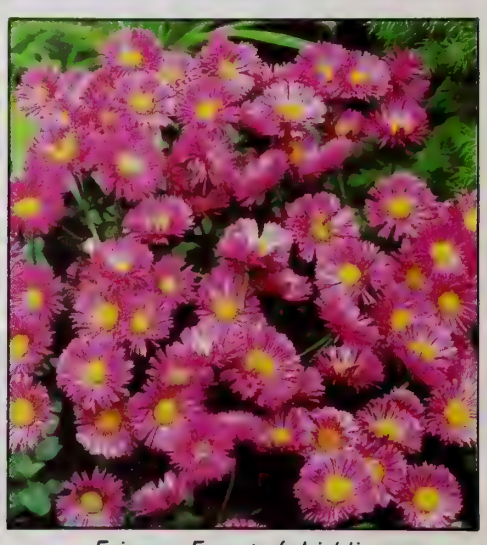
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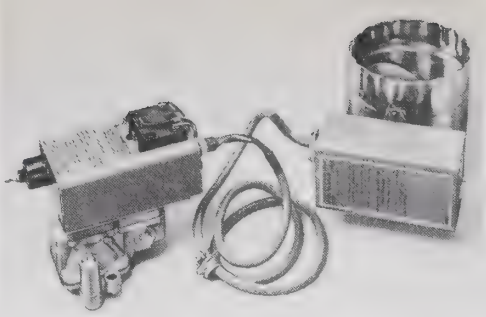
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48

...se the entire can, leave the tube in place and make a "plug" to clean out the foam in it by inserting a finishing nail (for the narrow tube) or a 3½-inch No. 8 screw (for the large tube). When dry, pull the fastener out and a plug of foam should follow. Remove the tube from the nozzle. Use a heavy wire (try coat-hanger wire) to push out the rest of the hardened foam. Be sure the nozzle itself is not also plugged up with cured foam. Shelf life for the material is one year; however, the manufacturer does note that the foam should be dispensed within one month from the time the can is started. Polycel One sells for about $7 a 12-ounce can, and is available at most hardware stores. Write Coplanar Corp., 1175 59th St., Oakland, Calif. 94608, for the name of a local dealer, if you have difficulty finding it.

Heat cost-cutter

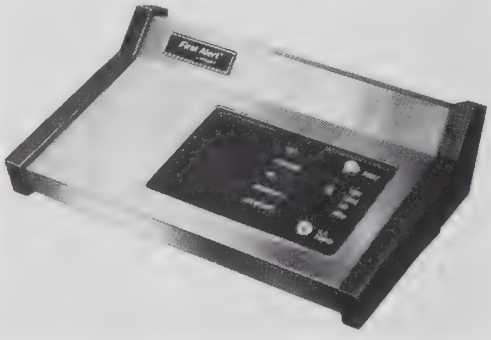
You will cut gas-heating bills with this two-part Mizer energy saving system. An electronic spark ignition device shuts off the pilot light on boiler or furnace automatically when heat isn't needed, instead of letting it burn continually. A vent damper in a heat duct closes when house heat is sufficient, instead of wasting warm air in a chimney. For new or



existing boilers or furnaces, the Mizer costs $300 to $350 (depending on installation) and is worth a 15 percent tax credit. Johnson Controls, Energy Conservation Dept., 2221 Camden Court, Oak Brook, Ill. 60521.

Housewide security

The First Alert Family Protection System consists of a console receiver and transmitters that give warning of fire, smoke, gas leaks, door or window break-ins, and signal personal emergencies.

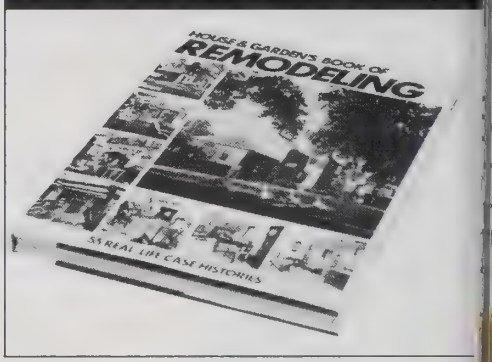


When alerted, the appropriate dial lights, one of three alarms sounds. A 4-position console switch adjusts system to different needs. "Home" position monitors for door or window intrusion. "Away," with an entry/exit delay, and "Off" let you in the house without turning off the fire, gas, or emergency signals. The console and one door transmitter, $159.95; other door and window protectors, remote siren, and emergency transmitter, about $30 each; fire, smoke, gas alerts $35 each. Pittway Corp., 780 McClure Ave., Aurora, Ill. 60507.



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This new weather stripping is for doors, windows, and general use throughout the house. To seal heat-leaking openings and fissures, it is a self-sticking, vinyl-clad strip of compressible foam for small or large gaps. The white moisture-proof vinyl won't absorb water, can be washed. A 10-foot roll of ⅜-by-⅜-inch Vinyl Clad Weather Seal, about $3.99. Stanley Hardware, Dept. PID, Box 1800, New Britain, Conn. 06050.



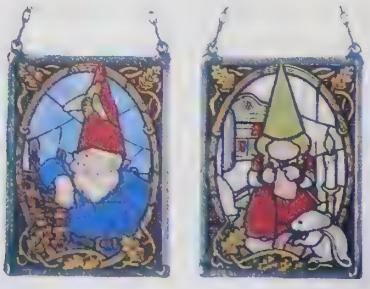
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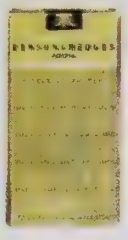
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SIGHTS, SOUNDS & SPACE-AGE HOUSEKEEPING

BY DAVID LACHENBRUCH

What you should know about big-screen TV in your media room

With the introduction and spread of new video devices, media rooms are expected to become as common in American homes of the next decade as the den or family room of past years. The heart of the media room is the giant-screen TV, a far more versatile entertainment device than the expensive professional-type movie projector, which it almost directly replaces.

You can locate a big-screen projection-TV receiver in your living room, but it's a rather dominating instrument, probably more at home in a specially created space. The projection TV set provides a movie-sized picture without the bother and cost of film-type projection systems. The pictures it shows you are television, of course—sports, movies, sitcoms, and the rest—but with a new dimension of life-sized realism. To improve on conventional TV fare, you can connect a home videocassette recorder, which will let you store the best TV programs for viewing at your choice of time, or show recent movies, as well as old-time movie classics, in uncut form. With a color video camera, you can make and show "electronic home movies" of your family and friends.

Here are some of the most frequently asked questions about the newest room in the house—the media room.

Q. How big should the room be?

A. It depends entirely on the space you have available and the type of equipment you install. Some families have set up media rooms in areas not much larger than 8 by 12 feet. And this needn't actually be a separate room. It can be an alcove off a recreation area, or even a corner of a room itself. On the other hand, some people have designed—or redesigned—their homes with a large media room as a centerpiece. Of course, the amount of space you have and the number of people you expect in your "audience" should determine the type of TV projector you buy.

Q. Exactly what is a TV projector?

A. A TV projector, or projection TV set, actually is a TV which enlarges the picture by throwing it onto the screen, just as a movie projector does. In a conventional "direct-view" TV set, the picture you view is on the face of a cathode-ray tube, commonly known as a picture tube. A projection TV uses optical lenses in front of one or more cathode-ray tubes, and a special screen, which may either be separate from or built into the television receiver.

How much room you need, where to place the screen, how to attach your sound system to projection TV, more

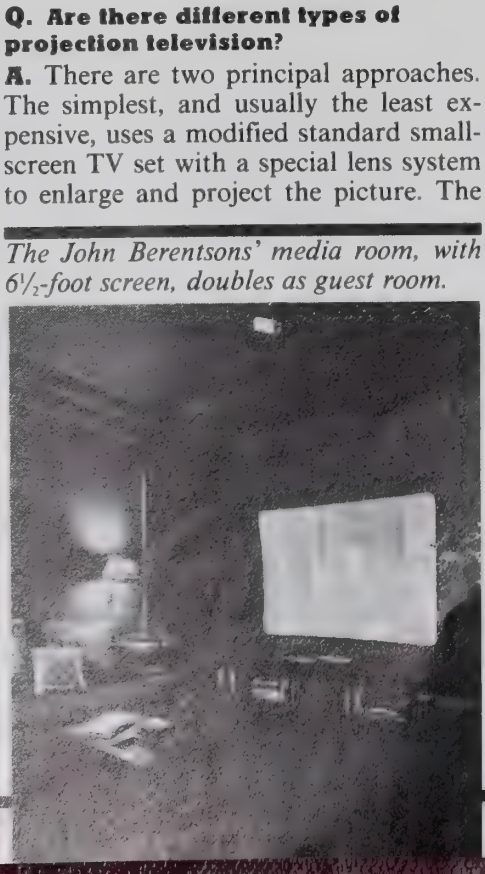
Q. How big is the screen?

A. The sizes vary, generally from 50 inches in diagonal measurement (2½ by 3⅓ feet) all the way to 7 feet (4½ by 5⅔ feet). Even the smallest gives a picture area nearly 4 times bigger than a standard 25-inch console. The largest is more than 11 times bigger.

Q. Are there different types of projection television?

A. There are two principal approaches. The simplest, and usually the least expensive, uses a modified standard small-screen TV set with a special lens system to enlarge and project the picture. The other type has three small projection tubes, each with its own lens system to project each of the primary colors. When shopping for a projection set, you can tell which type you're viewing simply by looking from the screen into the business end of the projector (it won't hurt you) to determine whether there are three light-emitting systems or one. A third type, a variation of the single-tube approach, looks like a large console and projects its picture onto a translucent screen in front of the cabinet.

The John Berentsons' media room, with 6½-foot screen, doubles as guest room.



Q. How do the systems differ?

A. The "three-barrel" system usually provides more brightness, and sometimes more picture detail, than the one-tube types, although even an expert can sometimes be fooled by just looking at the picture. On the other hand, the single-tube type has no color registration problems, while three-barrel units often require a simple color conversion operation to make sure the three colors are in exact register.

Q. How much space do the units require?

A. Many one-piece units (which can be either the three-barrel or single-tube type) fold up into a cabinet not much bigger than a TV console when not in use. The projection system and screen are pulled out for use. Others are made in two pieces—a projection cabinet, which usually can do double duty as a table, and a separate screen. The largest projectors require a minimum of 12 feet between the screen and the back of the room; the smallest can be viewed in less space. These are minimums. Because the screen is easily viewable over a relatively large area, you're probably going to want your room to be big enough to accommodate your family and guests—and you're going to have plenty of guests when the word gets around that you have a movie-sized TV.

Q. How much do the projection systems cost?

A. They vary anywhere from a little more than the cost of a standard TV console—say, about $800—all the way

Continued on page 68



As shown is The Centura™ Model GDX[illegible]. Its cabinet is made from genuine pecan veneers and pecan solids. One of 4 consoles. Additionally, two table models will be available.



The picture is more like the movies. The sound, closer to stereo. Yet, only a handful of people will get to own one.

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to $5,000. Most three-barrel machines are in the $2,500 to $4,000 class, with good quality single-tube units ranging below that, depending on the quality of lenses and furniture style.

Q. Is any particular seating arrangement required?

A. You'll notice that most TV projectors have curved screens. Although the screen contains no electronic components, it's an integral part of the system. Its reflective surface acts as a mirror, and the curvature is designed to reflect the picture brightly and evenly to the principal viewing area. The high brightness of most projectors depends on this concentration of light. Therefore, "viewing angle" is important.

Viewing angles vary with different screens and systems—generally, the better the system, the less critical the viewing angle. If your screen provides a narrow viewing angle (that is, if it's deeply curved), the audience is going to have to sit more or less directly in front of the screen; those sitting to the side will see a dimmer picture. Viewers who sit close to the screen must be more directly in front of it than those farther back. One manufacturer of high-quality projection units suggests that for its 7-foot screen, the viewing area 12 feet from the screen be about 12 to 14 feet wide (that is 6 to 7 feet to each side of the center of the screen), while viewers 24 feet back can sit anywhere in an 18-to-20-foot row.

When you shop for a projector, take along the dimensions of your proposed room. Bring a tape measure and determine exactly where the brightness begins to fall off as you move to the side at various distances from the screen. In other words, make sure the equipment is proper for the proportions of your room.

Seating should be comfortable, because it's been found that people view projected pictures for longer periods than they do direct-view television. Because of the characteristics of curved screens, the depth of the viewing area should be greater than its width. Seating can be arranged in a casual manner and isn't critical so long as all viewing positions are within the angles of best brightness.

Q. Must a TV projector be viewed in darkness?

A. Not at all. The curved screen will reflect only lights within the viewing angle—these reflections resulting in a pale washed-out picture. Lamps may be placed anywhere *outside* the principal viewing area—that is, toward the sides of the room or behind the screen; overhead lights may even be used if the ceiling is fairly high. Of course, to properly focus attention to the screen, extremely bright or otherwise distracting lights should be avoided. Many projection sets work well in daylight if placed so that windows aren't within the viewing angle.

Q. How can I connect a video-cassette recorder to a projection TV set?

A. The same way you'd connect it to any set—just attach it to the projection TV's antenna terminals and connect your TV antenna to the recorder. Remember, the projection TV is still a TV set and works like any other TV, except for its means of displaying the picture. Some TV projectors do have an important feature not included on standard television sets—a set of jacks for direct audio and video input. Using these, the video recorder can be plugged directly into the amplifier of the TV without going through its tuning system, generally providing a better picture.

Q. Can I connect my hi-fi to the projector to improve the TV sound?

A. Yes, and it's usually easy. Many projection sets have audio output jacks for direct connection to the "aux input" terminal of a home stereo. You won't get stereo, of course, but the monophonic sound should be improved. Actually, the better projection sets have pretty good sound systems themselves. Many "bounce" the speaker's sound from the curved screen, providing a bigger sound

Continued on page 7



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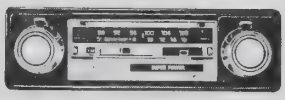
The car stereo buyer's guide to the Audiovox range* of sound systems for 1980:



Model DGC-20
Electronic Tuning AM/FM Stereo radio with Cassette player and Quartz Clock



Model DGC-10
Digital Display AM/FM/Stereo radio with Cassette player and Quartz Clock/Calendar



Model CAS-600A
Super Power Stereo Cassette player with AM/FM/Stereo radio. Dolby®. 40 Watt output



Model TPB-4000
Super Power 8-Track player with AM/FM/Stereo pushbutton radio. 40 Watt output



Model CP-750
Stereo Cassette player with pushbutton AM/FM/Stereo radio. 4-Way balance



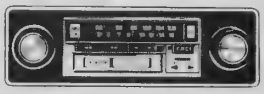
Model ID-900
Digital Display AM/FM/Stereo radio with Cassette player and Quartz Clock



Model ID-800
Digital Display AM/FM/Stereo radio with 8-Track player and Quartz Clock



Model ID-675
Super Power Stereo Cassette player with AM/FM/Stereo radio. 40 Watt output



Model ID-625
Auto-Reverse Stereo Cassette player with AM/FM/Stereo radio. 4-Way balance



Model ID-500E
8-Track Stereo Tape player with Pushbutton AM/FM/Stereo radio. 4-Way balance



Model ID-725
Stereo Cassette player with Pushbutton AM/FM/Stereo radio. 4-Way balance



Model ID-605
Stereo Cassette player with AM/FM/Stereo radio. "500" Nosepiece for Import Cars



Model ID-610
Stereo Cassette player with AM/FM/Stereo radio. Locking cassette controls



Model C-977A
8-Track Stereo Tape player with AM/FM/Stereo radio. Special 4½" deep chassis



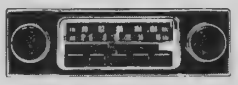
Model ID-600C
Stereo Cassette with AM/FM/Stereo radio. Locking cassette Fast-Fwd. control



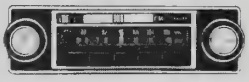
Model ID-400C
8-Track Stereo Tape player with AM/FM/Stereo radio. 105mm Nosepiece. Track lights



Model ID-300B
AM/FM/Stereo Pushbutton Tuning radio. Stereo Balance control. Slide-Bar band selector



Model C-575C
Pushbutton Tuning AM/FM Stereo radio with "500" nosepiece designed for Import Cars



Model ID-200B
Pushbutton Tuning AM/FM radio with Slide-Bar AM-FM Band selector. 4½" deep chassis



Model C-506B
AM/FM Pushbutton Tuning radio with "500" nosepiece designed for Import Cars



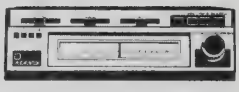
Model ID-100B
Pushbutton Tuning AM radio with illuminated Slide-Rule dial. 4½" deep chassis



Model C-406
AM Pushbutton Tuning radio. Full-range tone control. "500" Nosepiece for Import Cars



Model UC-20
Underdash Stereo Cassette player with FM Stereo radio. F.Fwd/Rewind/Eject cassette control



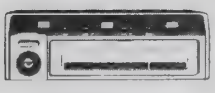
Model UT-30
Underdash 8-Track Stereo Tape player with FM Stereo radio. Slide-Bar controls. Track lights



Model C-981A
Auto-Reverse Stereo Cassette player with F.Fwd/Rewind/Eject. Underdash installation



Model C-988
Underdash Stereo Cassette player with Slide-Bar controls. Auto-Manual cassette eject



Model C-911A
8-Track Underdash Stereo Tape player with Locking Fast-Forward control. Track lights



Model C-905
Underdash 8-Track Stereo Tape player. Super compact size. Track lights. Slide controls



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ontinued from page 68

ıst as the screen amplifies the picture's rightness.

The videodisk player, just coming on ıe market, will provide an ideal addi- ion to the media room when connected) the projector and the home stereo sys- ;m. Videodisks have hi-fi soundtracks, ıany of them in stereo. They also pro- uce pictures of higher quality than ei- ıer broadcast TV or videocassettes, so ıey'll supply more exciting visual and ural material to your home theatre. ;oth disk players and video recorders an be plugged directly into home hi-fi ystems for best performance—their ound needn't go through the TV at all.

). Will a projection set work ith cable TV?

. Excellently. And if your area has a ay-cable channel, such as Home Box)ffice or Startime, you'll be able to view ecent movies uncut and without com- ıercials on the giant screen.

). Are there any safety problems onnected with projection TV?

. No more than with a standard televi- ion. You can walk between the projec-)r and the screen of a two-piece set with o effect other than blocking the picture. ou can look into the projection tube. he projector emits only light beams, ke a movie or slide projector.

). Are TV projectors expensive) operate?

. Most of them use about as much en- rgy as a 25-inch direct-view TV. Single- ube units often use less.

). What are the advantages and isadvantages of projection sets?

. To sum up the disadvantages first: hey *do* require some extra space and pecial arrangement of furniture and ghting. The best ones cost considerably ıore than the most deluxe TV consoles. hey discourage conversation and casu- l viewing, because they almost force ou to focus attention on the screen.

But that's also the principal advan- age: They show television as it's never een seen before. The viewer is com- letely enveloped in the action on the creen. The color, sharpness, and bril- ance can be far better than a super-8 or ven a 16-millimeter movie projector. 'rojection TV makes possible a com- letely affordable home theatre. With tandard broadcast television, cable TV, ideo games, videocassette recorders, nd new programming systems yet to ome, you'll probably get more use from our projector than you would from a tandard TV set.

The projector-equipped media room rovides a new focus for the home, a enter for all-enveloping information nd entertainment on a giant screen. ■



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EASY TOPIARY TRICKS

continued from page 43

delicious. Scarlet runner bean seeds are available from Stokes Seeds, Inc. P.O. Box 548 Buffalo, N.Y. 14240.

Standards in the home

A standard is a normally bushy plant that has been trained to grow as a stylized tree. Lollipops, my children call them. Balloons on sticks are another image that comes to mind.

Standards, particularly rose standards, are an obsession with some British gardeners. On this side of the Atlantic, they have never been really popular. Gardens are less formal and climatic conditions not so favorable.

If American gardens don't lend themselves to standards, American homes do, particularly if the decoration is modern, with sharp, clean lines. Being simpler in form than true topiary, standards can employ a number of plants unsuited to fancy shapes. For instance, fuchsias, geraniums, coleus, and calamondin orange lend themselves to standards.

Ficus benjamina—better yet, if you can find a specimen, *Ficus nitida*, the Indian laurel—can be used to form good natural standards for large rooms. Clipped back in the manner of true topiary to gradually form a ball once they have reached the desired height, these plants rarely need staking. *Lauris nobilis*, the Sweet bay or Grecian laurel, makes a lovely traditional standard—but only if you have a cool sunporch for its winter shelter and can set it outside during the summer months.

Let's assume, however, that you're starting with a geranium that has a single strong growing stem. If numerous stems are present, cut off all but the largest.

Stick a stake into the plant's pot quite close to the stem. A green bamboo stake is usually the most unobtrusive. A height of 2 to 4 feet is standard, but select the height which fits in best with your room scheme.

As the stem grows, tie it gently but firmly to the stake. Green Twist-ems can be used, but be very careful that the wire doesn't cut through the paper and bind into the stem. The stem should be tied to the stake every 1 or 2 inches as it grows, to minimize shifting. Any side shoots that develop should be pinched off immediately. What you want is a growing head on a bare stem going up and up.

Once the stem is an inch or two from the top of the stake, pinch back the tip. Now you'll get multiple shoots. As soon as these shoots develop 2 to 4 sets of leaves, pinch back the shoot. Keep up this procedure until you have a nice round ball. Even then you can't stop pruning, since the standard would soon lose its shape if you did. So keep pinching—it's great for nervous tension. ■

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BY ANTONIA LAMOTTE

Double-duty tables—give one as a present for the house

Tables that move up, down, sideways, too, to give you the most for your big-present investment

Decorators are calling them hi-lo tables—tables that can be used as dining tables or lowered to be used as coffee tables. They are the handsome, versatile, big-investment house present (let's say for your own house). Most of them are sold in major department stores across the country.

Two tables from Thayer Coggin are raised and lowered by a lever under the tabletop. One that looks especially cheery and clean-cut has an off-white (biscuit) laminate top, 48 inches square with rounded corners, that sits on a bright-red laminate column. It grows from 22 inches to 29 inches high and costs $1,057.* The design is by Milo Baughman.

Also among Baughman's designs is a table with a sleek, khaki-colored (they call it Maple Sugar) lacquered surface. The tabletop is 48 inches square and again has graceful rounded corners. The top rests on a hefty square chunk of wood-finished laminate colored a slightly deeper shade than the top. The range in height is from 21 to 29 inches. The price is $1,100; manufactured by Thayer Coggin.

Another table whose top moves up and down with a lever has a textured surface. Try running your hand across it—hand-woven African reed, linen, hobnail, or stucco. The surface is protected by a shiny lacquer coating on top. The table is square with beveled corners, so it has eight sides. The top edge of the table all around is softly rounded off. The pedestal the table stands on is in the same texture and shape and has a base that's rounded off like the top edge of the table. The tabletop is 38 inches square. It rises from 17½ to 28½ inches. From Weiman/Warren Lloyd, $759.

A simple idea—the base of a table is turned on its side to change the table's height. One that can do this trick is made by Hickory Chair. It has a removable 39-by-19½-inch tray (of handsome olive-ash burl) with three sides—two with openings for handles, one that curves in toward the center—and double-X, corkscrew-shaped legs of the same wood. When the X-base is horizontal, the table is 21 inches high; when the X is turned so it's vertical, the table is 39 inches high. Cost is $395.

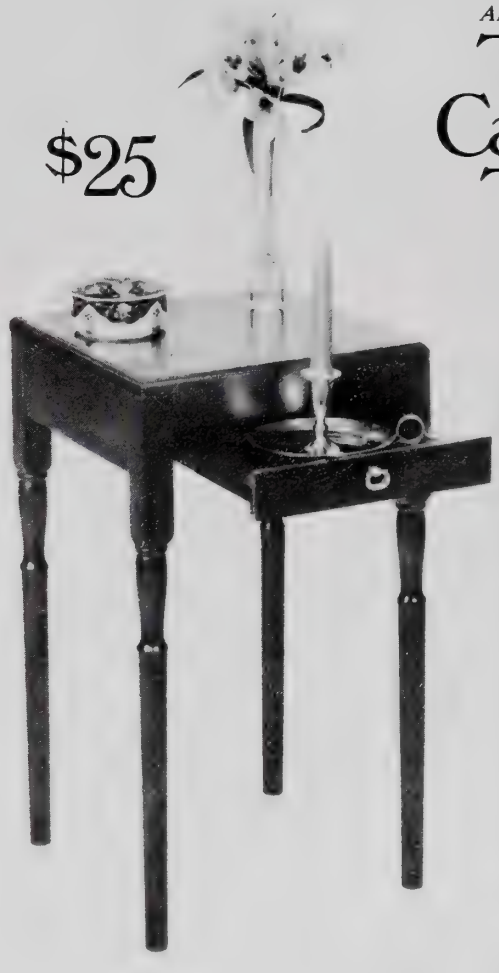
A table made by Flair has a base of two shiny chrome X's joined together at all four ends by short perpendicular pieces of chrome with toast-colored wood trimmings. When the double-X of the base is set on its wide side, the table is 17 inches high. If you turn the base around, the table becomes 28½ inches high. The top is a separate piece, a big 54-by-40-inch sheet of pristine, clearest glass. The glass top costs $130; polished chrome base with wood trim, honey pine finish, is $310.

Another table with an acrobatic base is from Daystrom Furniture. The top is a pale, almond-colored laminate with matte finish (also available in white), 59¼ by 35 inches. The base is polished chrome and consists of two units. Each unit has two L-shaped chrome pieces linked together at the short ends and at the joints of the L's by perpendicular chrome pieces. The units look like chrome rectangles with long arms reaching out. When the long part of the L stands up (the rectangle with the short parts of the L's is under the table), the table is 29 inches high. If the L is lying flat, the rectangle stands up and the table is 16 inches high. The tabletop and base together cost $231.

Some furniture has jointed legs that work like scissors—director's chairs and suitcase stands are examples. Gold Med-

Continued on page 226

All prices are approximate

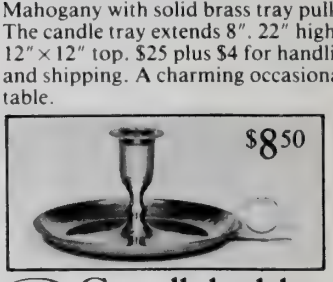


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BY ANTONIA LAMOTTE

A gift of beauty for flower lovers

Containers from $5 to $300 that make flowers look even better

One idea for a simple, beautifully designed vase is a glass globe. Imagine it filled with tulips bowing over the edges, or with a couple of pert roses. A fine example is the delicate clear glass globe—a 9-inch bubble—handblown in West Virginia. It is made by Rubel, and costs $16.95. (12-inch height, $22.95.) It also comes in a rich, opaque sapphire blue with a shiny finish. (8½ inches high, $10.95.) All are at The Pottery Barn.

Two little bowls of cut crystal are designed especially for keeping roses. One is incised with lines that wrap around the bowl in a spiral, the other has lines that criss-cross to make a diamond pattern. The spiral-cut bowl is 4 inches high, and costs $22; the diamond-cut is 4¾ inches high, and costs $33. (The Masters Edition, at Bloomingdale's.)

A small, bulb-shaped vase with an elegant stretched-out neck: The designer, Diane Love, calls it her "Tuber Vase." Made of crisp frosted glass, it is 22 inches high (mostly neck) and costs $110. (Diane Love for Mikasa, at Saks Fifth Avenue, Bloomingdale's.)

Many of the svelte cylinder-shaped vases are tailored for the new sparer arrangements of flowers—an independent flower, or a small number of tall flowers, can say what they have to say in them. One Orient-inspired group that works to this end is designed to look like clear stalks of bamboo. The glass stalks range from $15 for a narrow one that's 6¾ inches high, to $18 for one that's 9 inches, to $30 for one that's 9 inches high and twice as wide. (Masters Edition, Bloomingdale's.)

A couple of heavy-bottomed cylinders of plain, thick crystal are 11½ inches high; for one that's wider and squared off, $79. (Orrefors.)

One of the most lyrical is from Steuben. It's a lesson in dramatic simplicity: a cylinder that's about as wide as its walls. The rim flares out generously, like a flower opening. The 7¾-inch-high "Pedicel Vase" is designed by David Dowler, $265.

A reproduction of an 18th-century Meissen vase shows how long Westerners have liked Oriental design. The original, at the Smithsonian Institution, was handmade and handpainted at the Meissen factory in Saxony about 1725. It's a slim column of white porcelain with a delicate garden growing gently around the sides. Curving stems hold large, floppy leaves painted soft greens and blues topped with full-bloomed roses, peonies, and fuchsias, in vivid pinks and reds with purple and yellow touches. Butterflies and a hummingbird fly above, and a heron walks on the ground. At the base is a handpainted band of 24-kt. gold. The "Saxony Vase" is from Lenox, 11 inches high, $100.

For a variation on the cylinder theme, there is a tall (23 inches high) clear glass vase with generous convex flutes all around. The flutes widen toward the bottom and round off at the ends to look like a series of giant, stretched-out raindrops. From Rubel, for $32.50 at The Pottery Barn.

Another is of heavy clear glass shaped into a rounded-off square and decorated with an enormous, bright, amoeba-shaped red dot. Hand-blown, 4½ inches high, $24. (Venini.)

One that has a flowing shape is of thin, clear glass. It starts from a round base, then divides into two tubes that merge into a single, wider opening at the top. There's a thin glass sheet stretched across the tear-shaped hole in the middle. From Venini, $132.

A vase of clear glass has graceful thin white stripes running up from the base to the top. It's narrow at the bottom and swells out near the top like a puffed-out Robin's chest to an 11-inch diameter, then closes in again. At the lip, it opens out to welcome the flowers. It's 17 inches tall, and costs $50. (Bloomingdale's Superglass collection.)

A one-of-a-kind, tall, slim column for flowers is of exquisite thin glass faintly tinted pink. It has a round, bright-tur-

*All prices approximate

Continued on page 87



Let heaven&nature sing.

May your holidays and those of your loved ones
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Say you're preparing a vegetable salad. For the firmer foods, like carrots, dial a medium speed for medium slices, a faster speed for thinner slices. And dial a slow speed to gently slice the tomatoes, without making mashed tomatoes.

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The same holds true for dishes like tuna, egg or ham salads that require thorough mincing and chopping for part of the job, then gentle mixing for the rest. What's more, you won't over-mix a delicate cake mix.

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Even the heaviest doughs can't bog our processor down, because the motor actually delivers more power to the blade than direct drive processors. It's a reliable motor, too, thanks to solid state circuitry. And it not only works harder, it also stops faster. In under 3 seconds.

Important as this safety feature is, it's not our only one. There's a "power-on" light, a double-safety interlock, an on-off pulse switch, a longer feed tube. Plus extra strong suction feet.

The best blades. Top to bottom.

Our processor comes with 4 blades that do all the tough jobs you want from a processor.

Because they're Farberware, you know they're the finest. And because they're braced from underneath, they never bend or warp.

And always cut precisely.

They clean more easily, too. We took out every hard-to-clean nook and cranny and put a flush-through hole down the center core.

We arranged the shredding blade's edges to give you consistently even shredding.

Our new, stubby kneading blade works with a true hand-kneading action. In one-twentieth the time it takes you by hand.

Another Farberware exclusive. The Farberware name.

If you have a Farberware product, you have first-hand knowledge why Farberware's name is as good as it is. So you can be sure our new food processor will live up to all we say it can help you do. Because it must live up to its name. Farberware.



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BY JEROME H. DENNER

Christmas presents — the case for books

Art, architecture, cooking, crafts, gardening, money, jazz—there's a book for every interest

—and there's one place where you can do all your Christmas shopping and still get the perfect present for everyone: your bookstore!

For everyone who loves art, the overwhelming present: a new edition of Vasari's **Lives of the Most Eminent Painters, Sculptors, and Architects.** Four centuries after its first appearance, Harry N. Abrams has published a 3-volume, leather-bound, gold-tooled edition with over 500 illustrations, 200 of which are tipped-in color plates, reproducing the most important works discussed by Vasari. A beautiful job of bookmaking, but beauty seldom comes cheap—$225.

Abrams is also responsible for several other handsome art books. Among them: **American Art** ($40)—painting, sculpture, architecture, photography, and the decorative arts (over 700 illustrations) from the Colonial period to today, each field described by an authority . . . **Western European Paintings in the Hermitage** ($40) and **Byzantine Art in the Collections of Soviet Museums** ($40)—great works of art not generally reproduced . . . **Treasures of American Folk Art** ($12.50), a poster-size paperback with 29 color photographs by Seth Joel of outstanding works from the Museum of American Folk Art, and text by Robert Bishop.

Andy Warhol: Portraits of the Seventies (Random House, $15; $8.95 paperback) presents 60 of Warhol's portraits of well-known personalities—Liza Minelli, Halston, Regine, Man Ray. The book is planned to coincide with a major exhibition opening at New York's Whitney Museum, later traveling across the country.

Collections by master photographers or masterly photographs of places are always welcome. Try: **Henri Cartier-Bresson: Photographer** (N.Y. Graphic Soc., $49.95). A retrospective of 150 duotone pictures covering all the great photographs and recent less well-known ones . . . **Snowdon—A Photographic Autobiography** (Times Books, $29.95). Work ranging from portraits of the famous (Chaplin, Tolkien, Baryshnikov) to his well-known dramatic reportage. Snowdon says: "I hope my pictures are sometimes sad, sometimes beautiful. I want to make the reader think, laugh, cry, but never wince." . . . **The Great British** (N.Y. Graphic Soc., $14.95). Photographic portraits by Arnold Newman of noteworthy Britons—Edward Heath, John Gielgud, George Harrison, Henry Moore—76 in all. . . . **American Images** (McGraw-Hill, $35). 200 new works by 20 contemporary photographers. All taken within the U.S.

Photographed magnificently by Fulvio Roiter, **Venice** (Vendome Press, $45) with an introduction by poet Stephen Spender is assuredly one of the handsomest books of the year . . . Dennis Stock provides over 190 spectacular photographs in **Alaska** (Abrams, $100)—the mountains, glaciers, forests, wildlife, log cabins, totems, Eskimos and other inhabitants. Alaska-inspired poetry and prose of such writers as Jack London, Joaquin Miller, Justice Wm. Douglas, plus 3 essays by Alaskan authorities serve as commentary.

Two insightful books of photographs dealing with the increasingly more scrutable East: **Imperial Japan** (Knopf, $25)—120 photographs taken between 1854 and 1904. **Behind the Great Wall** (Atheneum, $25)—photographs by Mary and Theodore Cross of everyday life in China today.

One of a Kind (Godine, $25 until Dec. 31; then $30) demonstrates, in color, the dazzling work done with a Polaroid camera by inventive photographers.

The performing arts

The big book for show-biz fans is **Broadway Musicals** (Abrams, $40 until Dec. 31; then $45) by Martin Gottfried. All the razzle-dazzle of the great hits from "No, No Nanette" to "Annie" is re-

Continued on next page

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continued from preceding page

illed in almost 400 illustrations. The informative, opinionated text examines all the elements that make up America's great art form.

Musicians will empathize with **Pianist's Progress** (Crowell, $8.95), Helen Drees Ruttencutter's profile of a young pianist from a small town struggling through Julliard to the concert stage, in the fiercely competitive musical world . . . **The Music Makers** (Abrams, $35) is a compendium of facts about instruments, composers, performers, all kinds of music from its prehistoric beginnings to today's avant-garde . . . For jazz buffs: **Jazz: A Photo History** (Schirmer Books, $35) by Joachim-Ernst Berendt is a visual history with 370 photographs capturing all the greats and providing a capsule history of jazz from its rough roots to its most progressive. The book is crammed with quotes from the musicians and vocalists.

For balletomanes: **Diaghilev** (Atheneum, $22.50) by Richard Buckle is an exceptional biography of the great impresario whose influence on the dance is still felt today. A fascinating man, a fascinating book . . . **The King's Ballet Master** (Dodd Mead, $8.95) by Walter Terry is a biography of the little-known (here) great Danish choreographer August Bournonville, whose individual style and charming ballets are now becoming familiar in American repertoires.

The decorative arts

The Art of Embroidery (Dutton, $35) by Mary Gostelow offers exquisite needlework from England and America—crewel, quilting, appliqué, patchwork—the techniques and history all deftly explained . . . **The Art of Oriental Embroidery** (Scribners, $19.95) by Young Y. Chung—examples of public and private collections comprising a history of traditional embroidery techniques of China, Japan, and Korea. Contemporary examples are described in sufficient detail for the reader to copy.

Dictionary of 19th Century Antiques and Later Objets d'Art (Putnam, $22.50), compiled by George Savage, is a handy, easy-to-use reference book.

Birds, beasts, and sea denizens

This seems to be the year of the bird book—there are many—but especially delightful is ethologist Konrad Lorenz's **The Year of the Greylag Goose** (Harcourt Brace Jovanovich, $25) with wonderfully perceptive photographs by Sybille and Klaus Kalas. Professor Lorenz's text is never less than enthralling—who would ever have thought the life cycle of a few geese could be so poignant and captivating!

Other new bird books: **Penguins** (Houghton Mifflin, $25) by bird authority Roger Tory Peterson; **A Passion for Birds** (Coward McCann, $25)—the result of 50 years of photographing wildlife by Eric Hosking; **The Nesting Season** (Viking, $25)—the bird photographs of Frederick Kent Truslow.

If you prefer your bird drawn (but not quartered), there's **The Art of Audubon** (Times Books, $29.95 until Dec. 31; then $35)—the complete birds and mammal drawings of the great one . . . **The Great Bird Illustrators and Their Art 1730–1930** (A&W, $25)—just what it says it is . . . **A Sketchbook of Birds** (Holt, Rinehart & Winston, $19.95)—123 drawings by Charles Tunnicliffe.

For the total wildlife of a region, try any (or all 3) of these beautifully illustrated, comprehensive volumes: **Wildlife of the Mountains, Wildlife of the Forests,** and **Wildlife of the Oceans** (Abrams, $16.95 each) . . . The fantastic, weird, beautiful, and unfamiliar world of **Living Corals** (Clarkson N. Potter, $40) is photographed by Douglas Faulkner and described by Richard Chesner.

Cooks' tours de force

You'll find plenty of good new cookbooks; each would be welcomed by amateur or longtime cooks. One of the most famous, **The Fannie Farmer Cookbook** (Knopf, $12.95), has been completely revised by food expert Marion Cunningham—1,839 recipes, 223 illustrations, and still one of the best basic cookbooks in the business.

Julia Child—the name is enough, you know by now what you're going to get. In time for her new TV series, **Julia Child and More Company** (Knopf, $15.95; $9.95 paperback), goes from the simple to the lavish, all with her you-can't-go-wrong instructions.

Perla Meyers' From Market to Kitchen Cookbook (Harper & Row, $15)—over 500 pages of sensible advice on how to shop for the best produce, meats, groceries, and how to use them for best nutrition and enjoyment in over 300 creative recipes. . . . Devotees of his newspaper column and previous books will snap up **Craig Claiborne's New New York Times Cookbook** (Times Books, $16.95). Written with Pierre Franey, it contains over 1000 recipes, plus digressions on equipment, cooking suggestions, even menus for multicourse extravaganzas.

You can sample some of the recipes from Judith Olney's fine new book, **Comforting Food** (Atheneum, $19.95), by turning to page 181 and starting to cook. One bite is worth 1000 words.

Michel Guérard, who became a household name with his cuisine minceur, won fame in France for the many great—and not at all slimming—dishes served in his 3-star restaurant. They are collected here in **Michel Guérard's Cui-**

Continued on page 82



Henredon

This authentically inspired Regence cabinet from the Four Centuries Collection is impressive in any period setting. Similar pieces are offered in many styles, as well as a wide variety of occasional tables, secretaries, desks, bookcases and wall storage systems. Henredon is available from many fine furniture and department stores. Write for the names of those nearest you. To receive our comprehensive Occasional Furniture Brochure, send $2.00 to Henredon, Dept. G-129A, Morganton, N.C. 28655.

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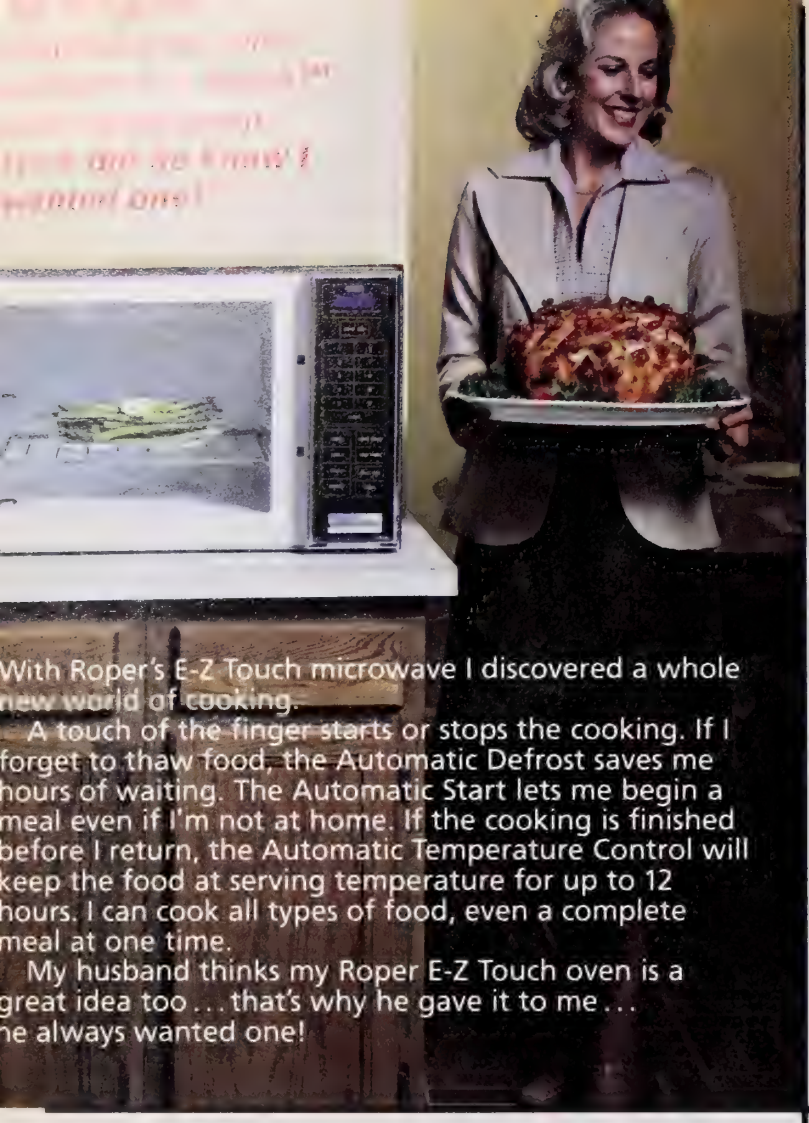
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Mix ¾ oz. lemon or lime juice, 1½ oz. Leroux Blackberry Flavored Brandy, 1 tsp. sugar. Shake, strain, garnish with orange slice, cherry.



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Encyclopedia of Stitchery (Doubleday, $14.50) by Mildred Graves Ryan; **Needlework in America** (Viking, $25) by Virginia Churchill Bath; **More Needleplay** (Scribners, $17.95 until Dec. 31; then $20) by Erica Wilson; **African Art in Needlework** (Crowell, $20.95; $9.95 paperback) by Leslie Tillett; **Design Knitting** and **Design Crochet** (Hawthorn, $14.95 each), both edited by Mark Dittrick; **The Complete Book of Pillow Stitchery** (Simon and Schuster, $12.95) by Jill Jarnow; **Quilting** (Bobbs-Merrill, $14.95) by Betty Alfers; **American Quilts and How to Make Them** (Scribners, $9.95 paperback) by Carter Houck and Myron Miller; **Maggie Lane's Book of Beads** (Scribners, $4.95 paperback).

A few for the male craftsman: **Working with Wood, The Practical Carpenter,** and **Working with Metal** (Crowell, $11.95 each; $5.95 each paperback); **Mr. Chips 101 Plans** (Deco Plans, $9.95 paperback); **Stained Glass, Traditions and Techniques** (Dial, $9.95 paperback) by Joan M. Scobey.

A very special book for anyone who enjoys any craft: **The Work of Craft** (Knopf, $7.95) by Carla Needleman is an inquiry into the nature of crafts and craftsmanship (not a how-to book) and the relation of the craftsman to his materials and to his teachers.

Architecture and decorating

Two reference volumes for the budding architect—or the dilettante: **A Concise History of American Architecture** (Harper & Row, $25) by Leland M. Roth, and **English Architecture** (Oxford Univ. Press, $13.95; $7.95 paperback) by David Watkin.

Anatomy of Architecture (A&W, $19.95) by George Mansell is an inquiry into what makes a building great—structure, form, decoration, balance—with illustrations from Greek temples to Manhattan skyscrapers. . . . **Modern Architecture** (Abrams, $42.50) by Manfredo Tafuri and Francesco Dal Co covers contemporary architecture in Europe and

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BOOKS

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sine Gourmande (Morrow, $14.95) . . . **Cooking the Nouvelle Cuisine in America** (Workman, $14.95) by Michele Urvater and David Liederman—150 original recipes using the new techniques, with foods and equipment readily available in the U.S.

A fine cooking teacher and writer's latest recipe collection is always of interest. So—**The Maurice Moore-Betty Cookbook** (Bobbs-Merrill, $14.95), with over 200 recipes created over 3 decades.

For something great fun to prepare and taste: the recipes in **The Chinese People's Cook Book** (Harper & Row, $12.95) by Mai Leung. This is the food of the ordinary Chinese meal, not the familiar banquet food. The dishes are easy, nutritious, inexpensive; only their names are way out—who could resist Deep-Fried Ghosts?

Two fine cookbooks that stick to a single subject, cover it thoroughly, clearly, sensibly: **John Clancy's Fish Cookery** (Holt, Rinehart & Winston, $5.95 paperback), with excellent how-to instructions for preparing the fish for cooking, and **Jane Grigson's Vegetable Book** (Atheneum, $19.95)—everything to know about every vegetable you've ever heard of—and some you may not have.

Finally a good cookbook that's also a sheer joy to read: **From My Mother's Kitchen** (Harper & Row, $12.50) by Mimi Sheraton. Mrs. Sheraton alternates her chapters of recipes with reminiscences about life with her mother—and grandmother—and the foods they cooked at home and ate in restaurants (many of the recipes given are traditional Jewish ones; some are American). A warm and loving memoir.

Crafty Ways

A good crafts book should give easy-to-follow instructions, be illustrated with how-to techniques where the procedure is tricky, and give a good idea of what the finished product should look like. Here are some recent ones that qualify: **The Complete**



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he U.S., its engineering feats, innovations, materials, use of space.

The American House (Harper & Row, $20) by Mary Mix Foley traces the style and history of the houses Americans have lived in from pre-Revolutionary days to the present, with over 300 line drawings by Madelaine Thatcher . . . Covering less of a time span, **The American Home,** Architecture and Society, 1815–1915 (Little, Brown, $20) by David Handlin includes the development of the suburban and country home, the apartment house, and the tenement, in context with the events of the day and growing technology.

Philip Johnson and John Burgee: Architecture (Random House, $35) contains all the beautiful, innovative, and often controversial buildings of this remarkable team, with descriptive text by Nory Miller.

The Victorian Country House (Yale Univ. Press, $29.95 until Dec. 31; then $35) by Mark Girouard is an authoritative and entertaining look at 31 Victorian country houses, the architects who designed them, and the social, economic, and technological conditions that made them possible.

Interior designers—and in a way we are all interior designers, constantly redoing our rooms—will find useful information in: **History of Modern Furniture** (Abrams, $25) by Karl Mang. 150 years of furniture design, international in scope . . . **Chinese Furniture** (Kodansha International, $60) by Jean-Michel Beurdeley, encompasses not only hardwood furniture, but hua-li rosewood and the various types of lacquers, enamels, and porcelains.

Lighting Your Home (Pantheon, $17.95) by Mary Gilliatt and Douglas Baker aims to explain in simple terms the sophisticated lighting techniques within the range of every home and budget. Among the topics: a room-by-room guide, lighting art and plants, outdoor lighting.

In **Living with Design** (Morrow, $29.95), internationally-known designer David Hicks explores practically everything that requires design—rooms, fabrics, shops, kitchenware, even ashtrays—and offers his ideas in a lively, personal manner.

Attention to Detail (Quick Fox, $19.95; $9.95 paperback) by Herbert H. Wise is a handsome, color-filled book of fittings and fixtures for every room—cabinets, tubs, lighting fixtures, basins, hinges, doorknobs, even house numbers . . . **Homeworks** (Van Nostrand Reinhold, $24.95 until Dec. 31; then $29.95) by Robin Guild is an informative guide on how to display your possessions to their best advantage throughout the house . . . **Planning a Home** (Holt, Rinehart & Winston, $22.50) by Sarah Faulkner tells how to decorate houses, apartments, even single-room dwellings and mobile homes.

Growing things

For pleasure-filled browsing: **Japanese Gardens** (Morrow, $60 until Dec. 31; then $70) by Irmtraud Schaarschmidt-Richter and Osamu Mori explores every aspect of the breathtakingly lovely Japanese garden—its infinitely varied style and composition, significance as a personal artistic statement, as a place for pleasure and meditation.

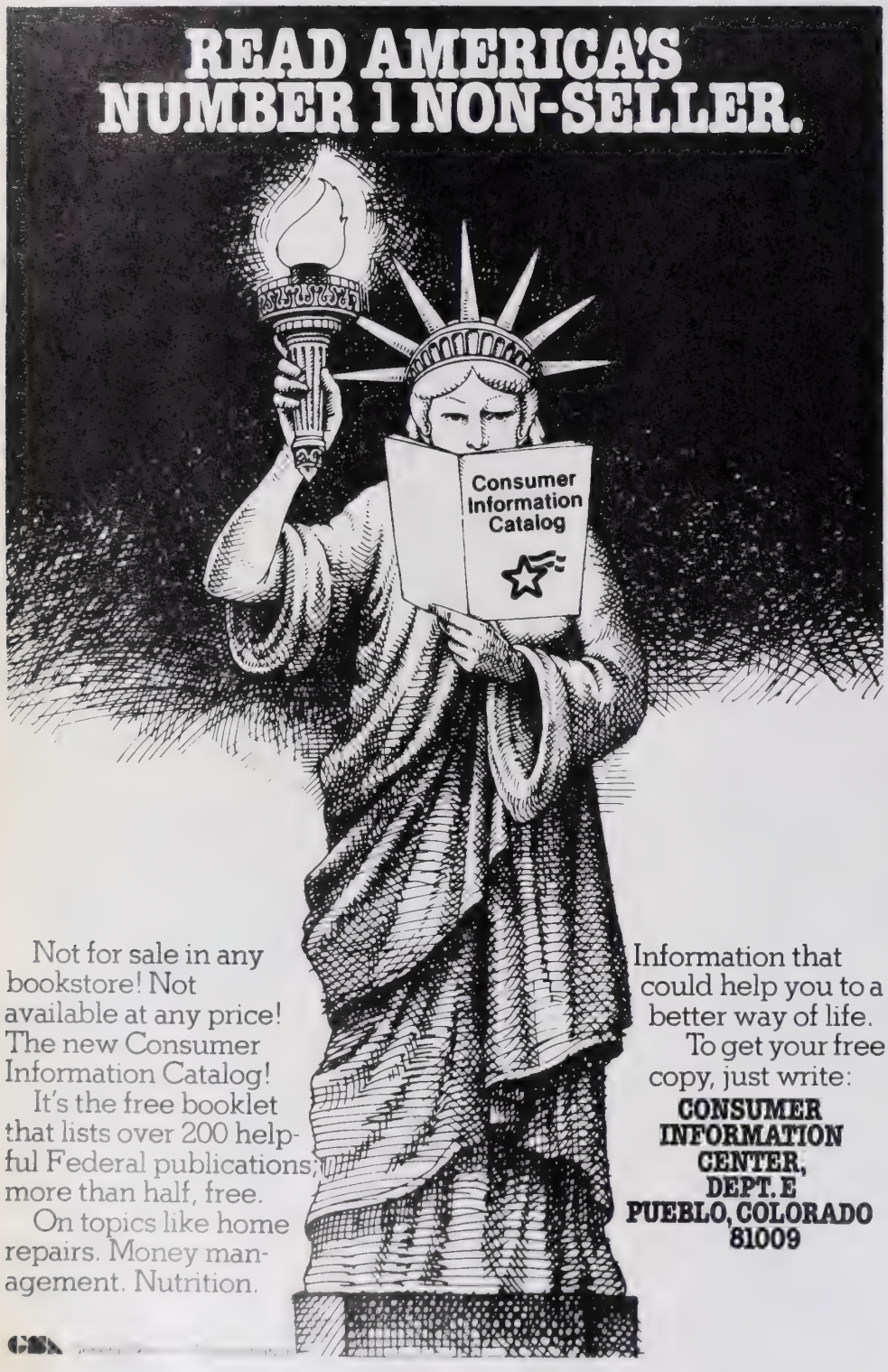
Beautifully written—a joy even if you don't know a dahlia from a delphinium and what's more, don't care—is Katharine S. White's collection of essays **Onward and Upward in the Garden** (Farrar, Straus, Giroux, $12.95). There's not much Mrs. White didn't know about gardening (and about the use of the English language) and her musings and opinions provide hours of rewarding reading.

From the sublime to the nitty gritty: **Crockett's Tool Shed** (Little, Brown, $19.95; $12.50 paperback). The late James Underwood Crockett discusses over 500 gardening tools and products, cataloguing each tool's outstanding design, merits, usefulness, and providing the manufacturer's name and address.

Simon and Schuster is preparing what it calls a step-by-step encyclopedia of

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THE CASE FOR BOOKS

continued from page 84

practical gardening, published in cooperation with the Royal Horticultural Society. **Plant Propagation** and **Pruning** ($7.95 each) are ready now. Spiral bound for easy use, they contain easy-to-follow how-to's covering their subject thoroughly.

A useful miscellany

A great gift for the teen-ager who loves airplanes—or any aviation bug—is the lavish **The National Air and Space Museum** (Abrams, $42.50 until Dec. 31; then $50) by C.D.B. Bryan. Spectacularly illustrated, it covers the history of maned flight from the earliest attempts to the moon landings . . . Also fine for the teen-ager, this time one with a science bent, are a new edition of Darwin's **Origin of Species** (Hill and Wang, $19.95 until Dec. 31; then $25), abridged and introduced by anthropologist Richard E. Leakey and illustrated with photographs and drawings of the species Darwin discusses, and **Our Magnificent Earth** (Rand McNally, $35), an atlas of the earth's resources and how we use them now and will use them in times to come.

Who doesn't take a special interest in money? Two books that attempt to unravel its mystery in laymen's terms: **Everyone's Money Book** (Delacorte, $14.95) by Jane Bryant Quinn, and **Sylvia Porter's New Money Book for the 80's** (Doubleday, $24.95). Both ladies write popular financial columns, both cover pretty much the same territory, which is everything you could possibly want to know about how to handle your financial matters.

To keep the children out of mischief: **Good Times—Every Kid's Book of Things to Do** (Bantam paperback, $6.95) by Marilyn Burns, Linda Allison, and Martha Weston. Games, projects, recipes, interspersed with useful and not so useful (did you know that Yap is an island in the Pacific Ocean?) information.

Good stocking stuffers: For the introverted lefty: **The Natural Superiority of the Left-hander** (Evans, $3.95) by James T. deKay. For an artistic child: **The Second Anti-Coloring Book** (Holt, Rinehart & Winston, $3.95) by Susan Striker with Edward Kimmel. For the exercise-without-tears maven: **Walking** (Bantam, $2.25) by John T. Davis, or to get in on the latest craze **Anybody's Roller Skating Book** (Bantam, $1.95) by Tom Cuthbertson. For the serious cycler: **Bike Touring**, the Sierra Club Guide to Outings on Wheels (Sierra Club, $6.95). All are paperbacks.

Finally, for everyone—special interest or not—the pièce de résistance: **The Miss Piggy Calendar 1980** (Abrams, $6.95). La Piggy as Cleopatra, Fay Wray struggling in Kong's grasp, Scheherazade, a tap-dancing sailorette, and 8 other glorious flights of fancy. To *moi*, it's irresistible. ■

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quoise shape painted about halfway up on either side. The shapes are painted to resemble the bottom, which is round and rises to a little point in the middle. It is hand-blown and costs $300. (Venini.)

Some ideas for designs were borrowed from nature, designers' favorite source. The Bulb vase is like a very squat bulb poured over with streams of plum, maroon, and beige glaze. The Gourd vase is shaped like one of those long, double-curved gourds with a little of the stem left on. The Gourd has a swirling glaze of deep maroon and plum. The Bulb is 5 inches high and $18, and the Gourd, standing at 8 inches, is $22. Both are by Mikasa and are at Saks Fifth Avenue and Bloomingdale's.

A rugged little standing oval is hand-built from a slab of clay and rolled across a mold of a cedar shingle. It remains in the natural black color and semi-matte finish of the toasted clay. Five inches high and $30. A handthrown (on the potter's wheel) vase from the same manufacturer (Terrafirma) has a cone-shaped terra-cotta body with an encircling neck of beige and brown. It is 9 inches high and $44. Both can be found at Of All Things.

If you've ever found an antique glass bottle, especially the kind washed up on the beach, you'll know what inspired the great ideas for these vases: two look-like bottles for an extra-special elixir—each has six sides and a long, narrow neck topped with a lip to hold an imaginary cap. They are blue with some green mixed in, with bubbles trapped inside the glass. One is 6½ inches high, $33; the other is 10½ inches high, $70. Another one is plain frosted glass, shaped like a smoothed-down Coke bottle—one that's been rolling around an ocean bed for a long time. The opening for flowers and water extends about two-thirds of the way down the body. The rest is solid glass. It is 12 inches high and costs $135. All of these Kosta Boda vases are available through Royal Copenhagen.

Also to be found are miniatures in classic shapes: for instance, a 5-inch-high glass vase shaped like a Greek amphora, in an opaque sapphire blue. It's very shiny and costs $5.50 at Dean & Deluca. Two Oriental designs are a 3½-inch-high vase of pale green opaline glass (looks like jade) with a graceful sloping neck and chubby round body, $15 (it comes on a stand of hand-carved teak with little curving legs), and a deep oxblood-red porcelain, tall at 7½ inches, with a round, shiny body, short, narrow neck, and delicate handles from the neck to the body, $30. The black lacquer stand is oval. (Both at Gump's.)

A formal miniature is cut with a Chinese-inspired lattice design. It is 5 inches high and 2¾ inches at its widest. $17.50 at Bloomingdale's; Masters Edition. ■



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BY PAUL GROSS

How to reduce your income tax now

By thinking ahead, you can make a considerable saving on your 1979 tax

art working on your 1979 tax return ow, because there's still enough time to ake some year-end maneuvers that can duce your tax load a good deal. For ne thing, as our incomes rise in order to ep up with inflation, we move up into er higher tax brackets. For another, ery dollar saved from your tax is really orth a lot more than just $1. If, for exnple, you're in the 50 percent tax racket, each dollar saved in taxes is orth $2 earned. Put another way, you ave to earn $2 to keep $1 after taxes. hat's more, a dollar saved today is orth more than a dollar saved next ear—thanks to inflation. If the inflation te for 1979 works out to around 13 ercent, today's dollar will buy 87 cents orth of goods next year.

There are two basic tax tactics: You n reduce your income by deferring me of it into next year, or you can inease your tax deductions. If you work r yourself, you can ask to be paid in nuary for work you do in December. ash-basis taxpayers are liable for taxes income when it is received.

By the same token, if you are in line r a year-end bonus, ask your company give it to you in January instead of ecember. Most companies will give u that option. Deferring income into ext year not only lowers your tax bill r this year, but it also lets you use the oney tax-free for a full year. Hence u can put more of it to work for you. et's say, again, that you are in the 50 ercent tax bracket and expect to get a 0,000 bonus. If you receive it this ear, you would get to keep $5,000 after xes. Now, assume that you want to inst your bonus in a tax-free municipal nd fund that yields 6 percent. Your nus, after being whittled down to ,000 by taxes, would earn $300 in 80. If you had waited one month, you uld have invested $10,000 in the same nd fund, where it would earn $600. hat's a 100 percent improvement.

dvice for investors

vestors have a number of ways to time eir gains and losses to get the best tax breaks. However, whatever else you do, don't let tax considerations dictate what should be an investment decision. It is far better to make a taxable gain than it is to make a tax-deductible loss.

The basic idea is to "cut your losses short and let your gains run long," as old Wall Street hands are fond of saying. Cutting your losses short lets you end the pain of a losing investment and can also give you a better tax deduction (from an investment held for less than 12 months) than a long-term loss. Short-term losses can be used to reduce your ordinary income from other sources dollar for dollar. It takes $2 of long-term losses to offset $1 of ordinary income. By contrast, long-term capital gains give you a far better tax break than short-term gains. Long-term gains are taxed at no more than a 28 percent rate, while short-term gains can be taxed at up to a 70 percent rate.

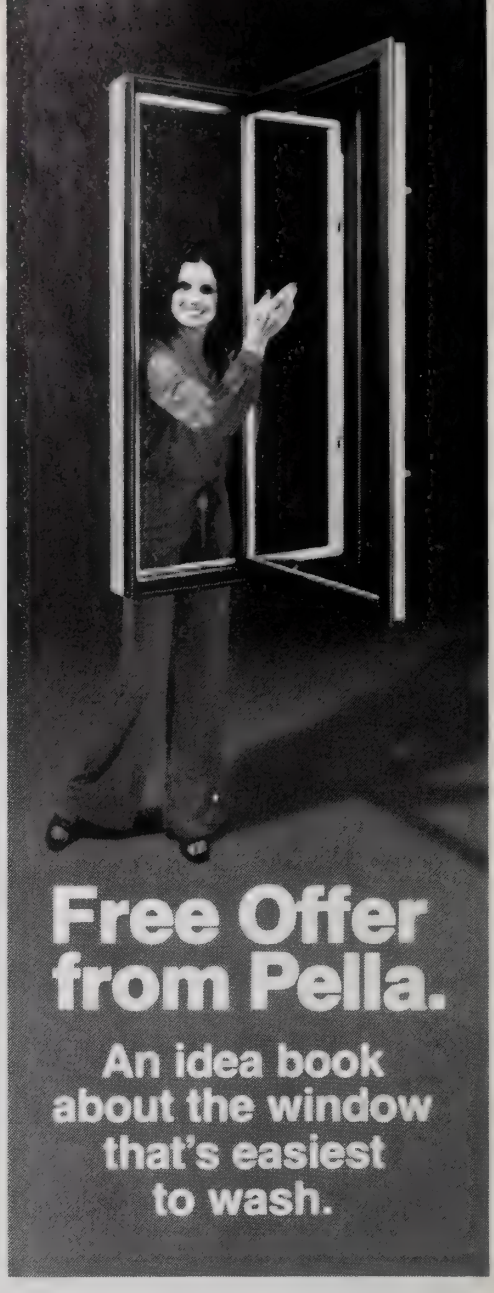
Here's how to figure out your gains and losses. Sort out your investments into four categories: long-term gains, long-term losses, short-term gains, and short-term losses. The reason for doing this is that you have to "net out" your positions. In other words, you have to apply long-term losses against long-term gains and short-term losses against short-term gains. Once you have done that, you can apply any losses left against any kind of gain you have. For example, let's assume that you have:

	short term	long term
gains	$4,000	$6,000
losses	$5,000	$1,000

After netting out your short-term position, you would still have $1,000 of short-term losses to apply against your long-term gains. (After netting out your long-term position, you would still have $5,000 of long-term capital gains.)

Assume further that all of these are just paper gains and losses—you haven't sold anything yet. If that's the case, you have a number of good options. If the investments showing a short-term gain still look like winners, hang on to them for as long as you can—or at least until they become long-term gains. Should they look weak—sell them. For the sake of this example, let's say that half your short-term gains are starting to look weak and you decide to sell them. After taking all your short-term losses, you would still have $3,000 of short-term

Continued on next page



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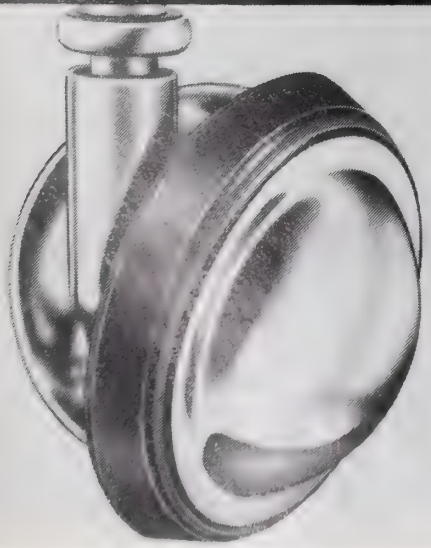
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continued from preceding page

losses to apply against your long-term gains.

However, using a short-term loss to offset a long-term gain is a waste of good deduction. (Remember that long-term capital gains are taxed at no more than a 28 percent rate, while short-term losses can be used to reduce income that would be taxed at up to a 70 percent rate.) So, you decide to take $1,000 of long-term gains this year. That gain would be offset by your long-term loss of $1,000. You now have $3,000 of short-term losses to apply against your regular income—where it will do the most good.

Contribute to a retirement fund

Finally, you can also lower your taxable income by contributing to your pension plan, an Individual Retirement Income Account (IRA), or a Keogh plan. If you aren't covered by your company's pension plan, you can set up an IRA and make annual contributions to it of up to $1,500 or 15 percent of your salary—whichever is less. If your spouse doesn't work, you can increase your contribution to $1,750. If you are self-employed or work part-time (in addition to your regular job), you can set up a Keogh plan. You can make annual contributions of $7,500, or 15 percent of your annual salary—whichever is less. If you set up a so-called defined-benefit plan, which is based on the kind of benefits you want to receive, not the payments made, you can contribute even more to the plan.

The beauty of these plans is that contributions are made in pretax dollars. That means each dollar contributed is deducted against your adjusted gross income. Hence, contributions to a retirement plan lower your taxes for the year and also give you more money to work for your retirement nest egg. What's more, the money earned in these plans isn't taxed until you retire and withdraw your funds. Consequently, it will compound tax-free.

Now comes the fun part: rounding up tax deductions, or as one tax adviser puts it, "getting the IRS to foot part of the bill for you." Here's a handy checklist that will help you nail down every deduction you're legally entitled to take:

Getting the most from medical deductions

The basic trick is to bunch your medical deductions into one year. Reason: You can deduct only those medical expenses that exceed 3 percent of your adjusted gross income. For example, if your adjusted gross income is $10,000 and you have $400 of medical bills, you would only be able to take a deduction for $100. Here's why: 3 percent of $10,000 comes to $300—so only the remaining $100 is deductible. To overcome that problem, have any foreseeable medical and dental work done and paid for in 1979. Then in 1980, try to avoid seeing doctors and dentists, so that you can bunch up your medical deductions again in 1981.

You would also be wise to buy or increase your medical insurance coverage. One half of the premium, up to a maximum of $150, is tax deductible. Moreover, medical insurance coverage is a must in these days of rapidly rising medical costs.

How to make charitable contributions

First make sure you get some proof for every donation you make. If you give clothing or furniture, ask the charity for a receipt that states how much the clothing is worth. If you give money, pay by check or, if the charity accepts it, credit card. And if you have a stock or some other kind of security that has appreciated in value, consider giving that to a charity. It makes more sense than giving money, because you won't be liable for the capital gains tax on the security's appreciation, even though you can deduct the security's full fair market value.

Counting investment expenses

If you own investment real estate, consider having any maintenance projects planned for next year done now instead of later. That will also save you money, since maintenance costs are rising along with everything else. If you are an investor, subscribe to financial publications now. Also renew any subscriptions that are about to come due. If you subscribe to any publication because it has tax and investment advice, the subscription is tax deductible.

Energy credit

If you install insulation or energy-saving equipment, such as a more efficient burner for your furnace, you can get a tax credit worth 15 percent of the first $2,000 you spend—up to a maximum of $300. If you install a solar-power sys- you can get an even bigger tax credit of up to $2,200. Note that these credits apply only to improvements made to your principal residence and that a tax credit is worth far more than a tax deduction. A tax credit reduces your taxes dollar for dollar, while a tax deduction only lowers your taxable income.

Child-care credit

If you hire someone to look after your children because you and your spouse work, you qualify for the child-care credit. The credit—based on 20 percent of eligible expenses up to $4,000—works out to a maximum of $800. Eligible expenses include the cost of hiring a baby-sitter, day-care tuition, the cost of sending your children to a summer camp. ■

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Four vacations in Mexico, Christmas in Morocco, a lodge in Quebec, and more

Snow fun/sun fun in the Laurentians

BY MARGARET MORSE

Bacon's First Law of Travel: The farther north you travel, the meatier and smokier the bacon. Eighty miles northwest of Montreal, at Mont Tremblant Lodge, the bacon was hearty indeed, the food—from roasts to salad buffets to homemade soups—good and simple. And you look at the Lodge's adorable white stucco cottages with pastel-painted gables and think you're in Europe.

You come for the country—over 3,900 acres of it. Set back above nine-mile-long Lake Tremblant, Mont Tremblant Lodge is right below the chairlifts that go to the top of Mont Tremblant, the highest peak in the Laurentians, at 3,150 feet. The air is a tonic. Yearly snowfall in the Laurentians averages 10 feet, the ski season almost five months. While downhill skiing's the main event at Mont Tremblant (with 25 trails), you could also go cross-country skiing or snowshoeing. Or skating on rink-sized Mirror Lake. Just be sure to pack plenty of warm things: It's colder than American snow-bowls!



Snow-holiday haven: The cozy, gambrel-roofed Mont Tremblant Lodge in Quebec.

In summer the scene switches to the manicured, marigold-fringed lawn of the Inn, with its heated pool, putting green, and flagstone terrace of immaculate white armchairs. Just a mile around Lake Tremblant is the beach and tennis club, playground, and—with greens fees—a nine-hole golf course; shuttle service is provided. Anglers with permits

Continued on page 107

A Selective Guide

CRAFT SHOPPING IN MEXICO CITY

Handcrafts live. All over Mexico. And from all over Mexico, they make their way in enormous numbers to the capital. Crafts for celebration, crafts for everyday living. Naïve, worldly. Traditional, designed yesterday. In almost every material you can think of. To be sold in a dozen public markets, hundreds of shops, and even on street corners. Selectivity is a matter of necessity unless you have that almost unheard of luxury, unlimited time. We—Marie-Pierre de Cicco, photographer David Massey, and I—have confined our selection to traditional regional crafts and to shops that have a variety of well-chosen good-quality work. Almost all are gathered in two parts of town that you are likely to visit.

DAVID MASSEY



Glowing colors, swirling patterns on hand-painted glazed pottery from Puebla.

In the center of the city: Near the Alameda on Avenida Juarez are three government-sponsored craft shops, close enough so you can visit them all before settling on your choices. All will ship to the United States. The Exposicion Nacional de Arte Popular at number 89 has ceramics, metalwork, fabrics, and toys from all over the country. Museo Tienda del Arte Popular de Oaxaca at number 70 confines itself to work from that rich-in-crafts state. Not to be missed on several counts is the Museo de Arte Popular—a museum where everything is for sale—at number 44. The building—a baroque convent—is lovely. The murals—a crafts-map of Mexico—are by Covarrubias, and the selection is enticing, from extraordinary embroideries to tin Christmas ornaments and cut-paper decorations. Not very far away is a shop that's a must for any serious craft collector. Going in the direction of the Zocalo, Avenida Juarez becomes Avenida Madero as it crosses San Juan de Letran. Galerias Victor—Artes Populares Mexicanas is at Madero 10–305. It takes a bit of finding—down a narrow passage and then up two floors—but it's worth it. Victor Fosado travels all over Mexico and has for 60 years, collecting crafts, antique and contemporary.

In the Zona Rosa—a network of streets that might be called Mexico City's Madison Avenue: Galeria de Carlos Espejel—Arte Popular, Londres 136, is a small, attractive shop, one flight up. The owner, who has written several books on Mexican crafts and folk arts, chooses carefully. Our favorites: the ceramics and the lacquerwork from Olinalá. More crafts, different choices, next door, at Londres 136A, a new shop operated by Fonart, the same government foundation that runs the shops at 70 and 89 Juarez. In the public market, Mercado Publico, Londres 158, there isn't anything selective about the crafts but it's fun to walk through. And about a block away is a chance to sample another kind of Mexican craftsmanship, its traditional cuisine, for a leisurely, delicious lunch. La Fonda del Refugio, Liverpool 166, is charming—wide-plank floors, plaster walls, copper pots, and hammered copper service plates, hand-blown glasses.

Not near anything you'd like to visit is Fonart's main store on Patriotismo 691. But if you have time—or want to do all your shopping in one stop—it's worth the taxi ride. It's the largest of all—a folk-art supermarket—and like all government stores, it will ship. Also somewhat out of the center of the city, also worth the taxi ride, is one of the most pleasant places to stay—the new Hotel Presidente Chapultepec in Chapultepec Park. Super-modern, super-efficient, very handsome, and very near the anthropological museum. Views are splendid—from within the park, the city's famous congested evening traffic turns into a river of diamonds. —DENISE OTIS

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LE PUNCH*



*OR HOW THE FRENCH GET INTO THE HOLIDAY SPIRIT.

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Le Punch Recipe: Place a clear block of ice in a large rounded punch bowl. Top with 1 bottle (¾ quart) Cointreau, 1 bottle (fifth) vodka, and 1 can each (6 oz.) orange juice concentrate and pineapple juice concentrate. Stir to blend, add 3 quarts club soda, and garnish with orange slices decorated with cranberries and studded with cloves. Makes about 5 quarts or 40 punch cup drinks.

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GOING PLACES

ontinued from page 92

Cancún: Island sanctuary for birds, beaches, ancient Mayan ruins

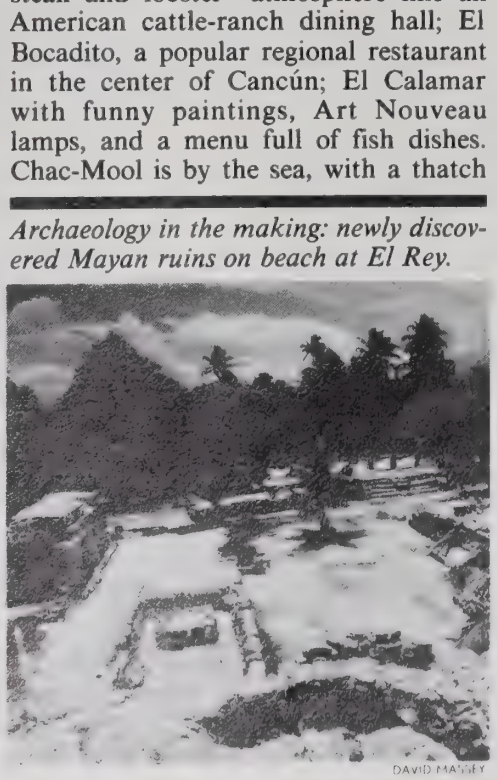
ancún is a 12-mile-long island of eaches and beach flora that was noth- g much more than the beautiful trea- ure of local fishermen until the Mexican overnment made it into a resort six ears ago. House & Garden's Marie- ierre de Cicco and David Massey went Cancún to photograph houses for the agazine. Below, their impressions.

"Cancún is like a bird sanctuary— arrots, black toucans with huge, color- l beaks, swallows, black birds, yuyas ith beautiful yellow chests, cenzontles at sing so beautifully, seagulls, pink amingos, storks, white ibis. And a par- dise for fish. People come for the scuba iving because the water is clear and arm and the sea floor with its colorful sh and plant-life make a spectacular nderwater garden.

"Highpoint: boat trip to the newly dis- overed Mayan ruins at El Rey. Takes n hour to go, an hour to come back, nd an hour and a half in the ruins. A total must for those who like archaeology, boats, nature, watching the birds fly. We suggest making the trip with Victor Fosado in his red and white Chinese junk that leaves from the yacht club. Or try the El Rey-Romanoff trip, Romanoff being the yacht club restaurant."

Restaurants: El Portero for wonderful steak and lobster—atmosphere like an American cattle-ranch dining hall; El Bocadito, a popular regional restaurant in the center of Cancún; El Calamar with funny paintings, Art Nouveau lamps, and a menu full of fish dishes. Chac-Mool is by the sea, with a thatch roof and stone walls, white lacquered garden furniture for dining, navy blue linens, candlelight. Order lime soup, one of their lobster specialities, and a Mexican blanc-de-blanc.

Archaeology in the making: newly discovered Mayan ruins on beach at El Rey.



DAVID MASSEY

Shops: Victor, Artes Populares Mexicanas, Centro Commercial el Parian. (His father owns Galerias Victor in Mexico City.) Look for: Mexican antiques—paintings, trays, carved woods, old embroidered shirts and skirts. Also, contemporary handcrafts: Carved wooden bowls, rugs, well-cut Mexican cotton dresses, hand-embroidered white shirts, silver jewelry inlaid with black coral. More shops: Viva Mexico in the Mauna Loa shopping center for crafts from Guanajuato and Oaxaca, plus contemporary Mexican resort clothes; Barbara, run by an American, for clothes with Mexican inspiration—also sells furniture, flowers, crafts.

Where to stay: The government-owned El Presidente Hotel, an alabaster slab nine stories high, has a marvelous beach with thatch bungalows for sunshade. The Camino Real, another of the hotels, "an architectural tour de force. Breakfast is very good, bread hot-hot, butter sweet, coffee good. At dinner, boys and girls serve, beautifully turned out in white with long pink and white checked aprons bordered in pink. The beach, full of private places to swim. Coconut trees make good beach umbrellas." (*Continued on page 98*)

Give a Gif

Exciting "I Love New York" City Weeken



"It's surprising that more people don't use travel as a gift. Especially in package form, it's easy to give, and a trip to some special place is a memory that can last a lifetime," ***says Stephen Birnbaum,*** *Travel Editor of* Playboy *magazine. Today Show, CBS Radio, and Editor of the new "Get 'Em and Go" Travel Guide series.*

Travel as a Gift. More and more people are discovering that "I Love New York" weekends make the perfect holiday gift. They're affordable, and as easy to give as picking up the telephone! So if you're looking for a gift that is truly different for that someone who has everything, here it is: 72 hours in the world's most exciting city. It's a gift that's a celebration and an adventure all wrapped up in one; a multifaceted experience that keeps on giving in the form of never-to-be-forgotten memories.

A Gift to Whom?

To absolutely anyone. What better gift to your spouse—which means the weekend becomes an experience to share? Or why not include your kids in a unique New York City holiday, one that will let the whole family enjoy the city? It's also a special gift for parents or grandparents. How about an "I Love New York" gift weekend as a bonus to a deserving employee, or even to your own boss? A gift of such extraordinary taste and good judgment has to mark you as a very special person.

The Gift That Gives More.

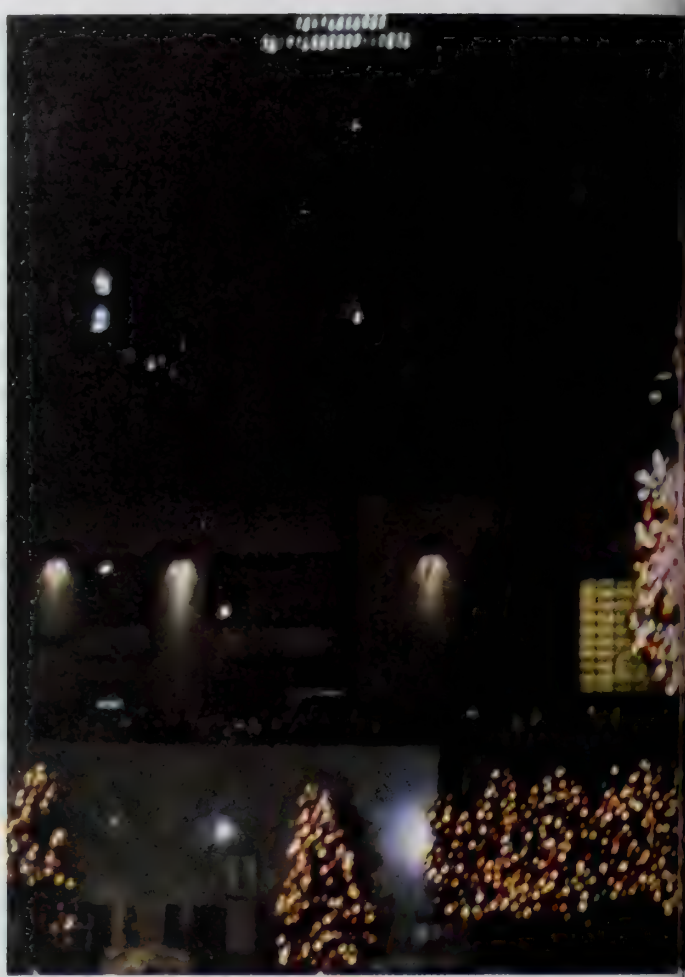
What other present can you think of that satisfies every human sense? The *sights* of New York dazzle even the most frequent visitor. This is the absolute apex of the theater season on the glittering Great White Way, and Broadway has never been healthier.

The *sounds* of New York's nightclubs and discos literally turn on the rest of the country, while the host of concert halls overflow with performances of everything from obscure classics to the most outrageous rock extravaganza.

The *feel* of being a guest in one of New York's famous hotels is the standard by which luxury is measured the world over. And, of course, New York is the culinary capital of the world. No other city anywhere can offer the gastronomic diversity—the *smells* and tastes—available at New York's restaurants.

How Much?

Far less than you'd ever imagine. These packages let you buy a combination of appealing travel elements—*at a cost lower than you could purchase them yourself.* You not only save money when you buy one of these packages; you



save time. There's no reason to make half a dozen call complete the same arrangements—in the very same (and the very same rooms), at the very same theaters the very same seats) you would have to hustle to get o your own. Here are three super, economical "I Love N York" packages that make perfect holiday gifts.

Applause Weekend: $79.00 Per Person, Double Occupan

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Show Stopper Weekend: $99.00 Per Person, Double Occupan

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here's also an orchestra seat at your choice of a vay show and Sunday brunch high above the city in ulous Rainbow Room.
the Sheraton Centre Hotel is chosen, the package cludes After Theater Supper at Gallagher's restau- Single occupancy: $239.00, $213.00 for Sheraton .)

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continued from page 95

Baja: Beautiful wilderness for sportsmen

The Baja Peninsula, a spiny 750-mile-long branch of almost-desert terrain that extends south from California parallel to the Mexican mainland, has begun to lure a steady stream of Americans to its clean waters, untouched beaches and superb sport fishing. In 1973, a new divided highway running from Tijuana to Cabo San Lucas opened up this strip of beautiful wilderness to more general tourism than ever before. In the seven years since the highway, hotels and restaurants have cropped up along both coasts. Land's end is Cabo San Lucas, which can be reached by highway from California, or by ferry from Puerto Vallarta on the mainland. Last May (with the water warm and the fishing season at its height), House & Garden editor Marie-Pierre de Cicco and photographer David Massey made a trip to Cabo San Lucas and came back with diaries full. Below are some of their tips.

"All Baja seems to live off fishing. In May, June, July, even fishermen with no know-how are bound to catch something. Marlin, sierra, dorado, bonito, and tuna are in abundance. (If you're along just for the boat ride, the sport is spotting schools of California Gray Whale in transit from their breeding grounds in a huge lagoon to the north.) If you are staying in Cabo San Lucas, your hotel can arrange for a fishing boat and captain. But if your Spanish is good, go to La Playa, a nearby fishing village, and arrange with a local fisherman at the pier to go fishing for a day.

"More to do: 1) Boat trips to the huge stone arch formed by the swirling confluence of the Pacific and the Sea of Cortes (at the same time see the Cabo Falso Lighthouse atop giant sea rocks that make up the peninsula's tip). 2) Boat trips along the beaches up to San José, and a bird sanctuary in an estuary where a fresh water river meets the ocean. 3) Jeep trips to the 10-mile-square fossil dig in the Thron Forest near Santa Anita. An American, Jimmy Jeffery, will give you a thorough tour. 4) Also by jeep with Jimmy Jeffery: rock paintings about 60 miles up the coast from Cabo San Lucas. 5) Beach picnics and beach cruising in glass-bottom boats. All can be arranged through Juan Antonio and Jillian Herbert de Sanchez, Viajes Plaza, Cabo San Lucas, Baja. Telephone: (684) 30 255."

Continued on page 101



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continued from page 98

Where to stay

"The Hotel Twin Dolphin, seven miles from town. The beach is like a new moon, with rockeries at either end and sand that looks like millions of pinkish seed pearls. When the waves come up on the sand, the sound is like the fizz of champagne being poured. The hotel entry is airy, open, large; the rooms simple, comfortable. Japanese landscape architect Chuck Ito has made a beautiful cactus garden around the hotel. Built two years ago, there are 50 rooms with 50 more planned. $100 a day for two, all meals included.

"Hyatt Cabo San Lucas is also right on the beach. The pool, a large cool-blue rectangle, is built out into beach rock—you see ocean-blue as you swim. Many rooms are in little bungalows tucked around the main hall and dining area, which is covered but has no walls to obscure an ocean view. There's old Mexican furniture in the public areas, contemporary wooden furniture in the rooms; our room had two levels and a terrace. Breakfast, dinner, and a room for two, $97 a day. Rooms 27, 28 are especially nice. Spectacular views of rocks and sea."

Las Hadas: Sun living in tropical luxury

About midway between Puerto Vallarta to the north and Acapulco and Ixtapa to the south, Manzanillo is a small but active tropical port city. In Manzanillo itself, commerce predominates, but in the surrounding country the business of pleasure is all. Luxuriant growth, a steady sunny climate, beautiful water for fishing and swimming, and a jetport 10 minutes from town have supported a colony of good small hotels for several years. Recently, however, one resort development has given Manzanillo an international reputation for sophisticated fun living.

Ten miles from town on a mild peninsula that juts into Santiago Bay, jungly hills descend steeply to wide, pleasant beaches and the water. Here a 1,600-acre resort compound, Las Hadas, offers an 18-hole golf course that winds around next to the sea; tens of swimming pools—one large enough to water ski in; banks of tennis courts; fishing, scuba diving, and sail-fish operations; a condominium village for families run by Club Med-France; more condominium clusters where you can rent or buy your own villa; and at the center of it all, the Las Hadas hotel, where House & Garden's Marie-Pierre de Cicco and David Masley stayed.

rooms up, up, up through the twisting white streets shining in the moonlight. Flowers, vines, and trees gleaming. By daylight, from the big bedroom balconies, we have a good look at Las Hadas from what must be one of the best vantage points. Order a splendid breakfast which is served on the terrace. For lunch, the Las Piñas restaurant, a roofed-over but unwalled dining room right by the main pool. At night the hotel has arranged a "Mexican" fiesta in the plaza; we dine outdoors around the fountain. The buffet has every possible dish and happily more Mexican than international. Superb quality, every plate. Mariachis are strumming away on a high trestle platform put up for the occasion, dancers tossing around acres of lace and crinoline. The following evening: dined at El Terral, another Las Hadas restaurant perched up on a hill overlooking the whole fantasy world of Las Hadas and the bay of Manzanillo, lovely on a Sunday night, no wind. For us the stay was all too quick." ■

How to go

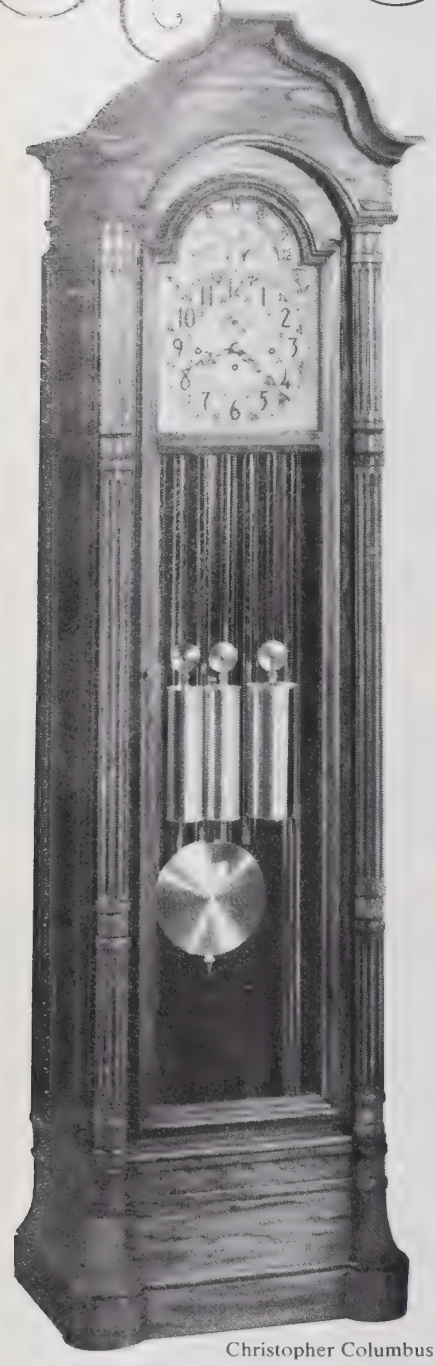
Aeromexico flies nonstop to Mexico City from New York, Miami, Houston, Dallas, San Antonio, Los Angeles, and Tucson. From there, it's one stop to Cancún, Baja, or Manzanillo, for an additional $30. Add on another stop for an extra $15. From Houston and Los Angeles, Aeromexico has nonstop flights to Baja, plus nonstops from Houston to Cancún, and flights from Los Angeles to Manzanillo. ■



From a bedroom terrace, the view over the Las Hadas rooftops to the beach



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Gold medal

continued from preceding page

Merry Christmas Marrakech

BY DEE HARDIE

Marrakech, a great resort city of Morocco, could be your Christmas treat wrapped up in one great big exotic package. There are loads of wise men, all waiting to be your guide, and plenty of camels. Remember, Marrakech is the last city oasis before the Sahara. The scene is Biblical with a touch of glamour, and Morocco is only 6½ hours by air from New York.

Last Christmas, we felt it was time for a different kind of holiday, a change from the usual round of entertaining. To get there, we flew from New York to Casablanca, staying one night at the Hotel el Mansour. Leaving early the next day, we drove three hours through sparse semi-desert land and adobe villages with cactus fences to hem in the sheep.

What I'll never forget is entering a city built totally, it seemed, of red terracotta brick, streets lined with shiny-leaved orange trees, December roses in pink, peach, and a deep red, and waist-high hedges of rosemary. On café awnings, graceful Arabic characters made the inscription "Coca-Cola" look mysterious. Through stenciled doorways, we saw walls densely patterned in tiny tiles in a riot of colors. In the streets, always a mixture of the age-old and the contemporary: little donkeys laden with mint, and nearby, motorcyclists wearing yellow crash helmets and flowing black burnooses.

In time for lunch we arrived at the most splendid oasis of all, the Hotel Mamounia. The Mamounia is like a grand ocean liner, spacious, elegant. Our room overlooked a spread of orange trees and flowers, with an oval pool tucked in the bouquet. Here we stayed and rested for five days.

You'll meet the natives almost immediately—at the first traffic light. While waiting for the light to change, a young man came up on his bicycle wanting to be our guide. This happened often. At first annoying, it soon became a game. And if you walk by a policeman, the self-appointed guide quickly vanishes. Once I found myself saying, "No speak English," and giggling. Our pursuer quickly replied in Swedish. Then we all giggled. Although sometimes incorrigible, the Marrakech Arab is amusing, has humor, a certain finesse, perhaps from all those years of trying to outwit the French. If you like, your concierge can arrange for an authorized guide, $5 a half day. We used our Abdul only for an afternoon of palaces and gardens.

If you have only one day in Marrakech, visit the Djemmaa-el-Fna Square, and the labyrinth of souks behind. The square is a stage, a dentist's office, restaurant, all rolled into one. You'll see snake charmers, acrobats, jugglers, story-tellers, monkeys dancing, drums beating, and the local dentist with his small mountain of molars. There is a wonderful air of innocent authenticity about the Djemmaa.

We even lunched there, very reasonably, in an open-air restaurant, breaking our bread next to the locals. You do need a good meal before you plunge into the souk, with its hundreds of shops and stalls grouped by category along twisting alleyways, where you find rugs, furniture, clothing, and other treasures. Here we did all our Christmas shopping.

First, we invested in an extravagantly gold-embroidered caftan I wore back at home on New Year's Eve. $110. Then, bellows made from a turtle shell, $8, a brass-framed mirror, $5, burnoose, $30, cotton djellabah, $10, mint-tea glasses of red and blue, $1.50 each.



In the souk, Moroccan men wash the wool to be woven into rugs.

These were not the original prices, as you are *expected* to bargain. And my husband did this with bravado, at first offering exactly half what they asked. If you have a guide, the prices are higher, as he gets a commission. After one sale, the young vendor insisted on making our daughter Beth a necklace from a stick of wood, fashioned on a small lathe worked only by his toe. If you prefer more conventional shopping, the Compartim, run by the government on Abd-el-Mumin Square, has all the crafts of Morocco.

In the afternoon, with our guide Abdul, we saw the Saadian Tombs, the 12th-century Koutoubia Tower, the ruins of El Badi Palace, and the Aquedal Gardens with olive, date, palm, and apricot trees, thousands of them. We saved the horse-carriage ride around the ramparts as a late-afternoon treat.

Three restaurants we recommend highly. And why not couscous for Christmas? L'Bahja in the Mamounia, Le Riad in nearby Rue Arset El Maach.

Continued on page 105


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ontinued from page 102

ith dancing girls and musicians in pink urbans and white djellabahs, and La Maison Arabe, 30 Derb Ferran, a restauant in a private house, serving only 20 ustomers a night. We especially liked he chicken pickled with lemon and olves, stewed lamb with almonds and runes, and the incredibly flaky stuffed astry dusted with sugar and crushed-alhond milk. You relax on low banuettes, eat with your fingers, choosing rom all the platters on the table.

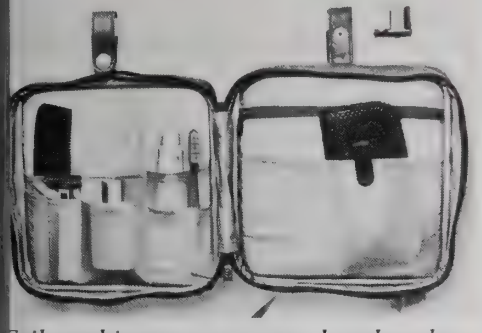
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NEWS

lew luggage design

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eady to go, it folds like a book and zips losed. For photo gear, Samsonite's amera bag has loops for a tripod, comartments for lenses, an exterior pocket or film, plus nooks and crannies for oranizing other photographic equipment. ll three luggage pieces are available at epartment stores across the country—r write Samsonite, 11200 East 45th ve., Denver, Colo. 80239.

avvy shopping guide or New England

he Weekend Connoisseur is an antiques over's guide to the East. Written for colectors by a fellow collector, author Joan ragin shares her favorite shops and ealers from Maine to Maryland. Some f her choices are true finds, others tores of long-standing repute. What will make travelers feel at home in all of them are the anecdotes about the owners, background on the clocks, carpets, or primitive paintings the store is known for, and advice on what makes wonderful looking and what is good buying. The section on each state also lists the historical houses and museums to visit, plus suggests country inns and restaurants in the area. In the cities, there are ideas for walking tours through areas with restorations and historic houses (Philadelphia's Society Hill, Boston's Beacon Hill, Providence, Rhode Island's Benefit Street). $5.95 ppd. from Doubleday & Co., 501 Franklin Ave., Garden City, N.Y. 11530.

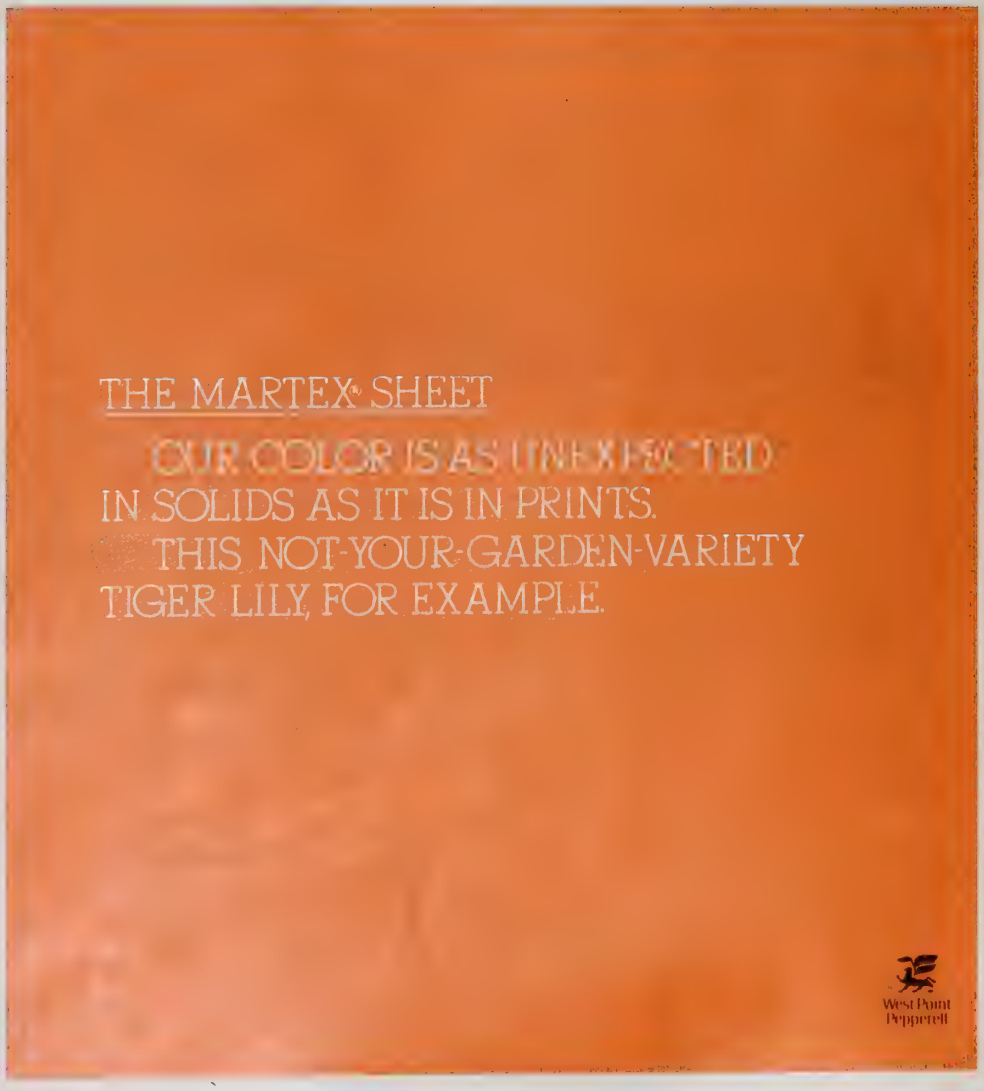
A map guide to Central Park: acres of almost-country right in the middle of New York City

Eight hundred and forty-three acres of green, the proud work of America's most famous team of landscape architects, Frederick Law Olmstead and Calvert Vaux, Central Park mimics some of the best features of an 18th-century English landscape park. Completed over 100 years ago—it was a major public work and took fifteen years to complete—Olmstead and Vaux produced not only a masterpiece landscape but a popular playground for people. To explore Central Park's landscape design, as well as find out most everything else you'd like to know—where to join a citizens' group to help preserve and maintain the park, where to play tennis, go roller skating, attend free Shakespeare (summer) or go ice-skating (winter)—send for a free, illustrated map published recently by the Junior League of the City of New York and The Central Park Community Fund, 9 West 57th St., New York, N.Y. 10019. Or pick one up at the New York Parks Department, The Arsenal, 830 Fifth Ave., New York, N.Y. 10021, or at the Central Park kiosk at Fifth Avenue and 60th Street. ■

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Aachen	241	Duisburg	203	Karlsruhe	721
Berlin	30	Dusseldorf	211	Mannheim	621
Bochum	234	Essen	201	Munich	89
Bonn	2221	Frankfurt	611	Nuremberg	911
Bremen	421	Hamburg	40	Stuttgart	711
Dortmund	231	Hannover	511	Wuppertal	202

Bell System

continued from page 92

can fish for land-locked salmon, gray trout, or maskinonge. From the end of June to Labor Day, there's inexpensive waterskiing and chairlift riding, too.

Mont Tremblant Lodge has several dozen cottages, from twin-bed to two-story. Plus the Lodge proper, the Inn, and the Cedars. The style is country comfort: cretonnes and calicos at the windows, pine paneling, stone fireplaces. Summer windowboxes overflow with tuberous begonias. We were sorry to leave and, five miles south at St. Jovite, consoled ourselves with two fine Florentine cookies at a delicatessen called Petite Europe (address: 804 Ouimet). *How to get there:* Air Canada has six nonstop flights a day from New York to Montreal, plus regular nonstop service from Miami, Tampa, Chicago, and Los Angeles. The Lodge, for a fee, can have a car meet you. Several Voyageur/Greyhound buses arrive at the Inn door from Montreal each day. For more information, write Mont Tremblant Lodge, Mont-Tremblant, Quebec JOT 1ZO, Canada. ■

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2. Introduction to **Mexico City:** museums, palaces, and gardens to see, area by area. Notes on sports, shopping, restaurants, and hotels.

3. New Resorts has a map of Mexico and background on Baja California, Mazatlán, Puerto Vallarta, Acapulco, Cancún, Mérida, and Querétaro. Street maps of 5 cities; table for calculating distances.

4. A year's worth of Mexican festivals are included in **Travel Tips,** along with information on customs, transportation, weather and wildlife. Common Mexican road and information signs pictured.

5. Aeromexico's tours leave from 4 U.S. gateways—New York, Los Angeles, Miami, and Houston—and go to resorts and cities all over Mexico. Your zip code, processed by a computer, will link you to the brochures on tours leaving from the gateway nearest you.

6. In Mexico City, stay at **Western International's** Hotel Alameda downtown (within walking distance of the Cathedral, art museums, and ballet)—or the Camino Real uptown (on 7½ acres of gardens, tennis courts, and swimming pools). The Cancún Camino Real is almost an island—Caribbean beaches on 3 sides, a lagoon on the fourth. (Individual hotel brochures include 800 numbers for Western International's 8 Mexican hotels.)

7. El Presidente Hotels—run by the Mexican government—are 20 good places to stay in Mexico. The Cancún Hotel & Club de Golf has a pool, tennis courts, and a golf course next door—in addition to the beach. The high-rise Chapultepec Hotel in Mexico City is in a huge park, near the zoo, Museum of Natural History, and Maximillian's castle.

8. Marrakesh takes you on a tour of the city: the Djemaa-El-Fna plaza, plus palaces, shops, and gardens, all in walking distance. Seven plans for day trips included.

9. Morocco has a map of the entire country, with hotels, festivals, and airports color-coded. **Morocco: the South** covers the area around Marrakech with a map and descriptions of what to see along the major routes.

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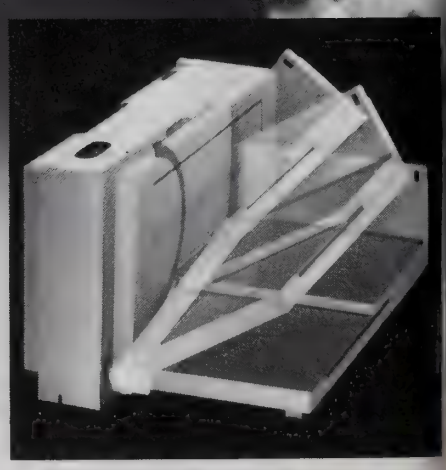


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BY CAROLINE SEEBOHM

Critics' choice of recent recordings

From opera to pop, critics offer their choices of the best new records

ale Harris, contributing editor of High idelity; arts correspondent of the Manester Guardian:

he Historic Recordings—Claudio Aru. 2-record set. Desmar #GHP-4001/2.

instein on the Beach. Philip Glass. 4-cord, boxed set. Tomato #4-2901.

he Makropoulos Affair. Janáček. Elizbeth Söderström; the Vienna Philharonic. 2-record set/tapes. London OSA-12116.

on Quixote. Massenet. Regine Crespin nd Nicholas Ghiaurov. Casimirz Kord, onductor. 3-record set/tapes. London OSA-13134.

rahms' Requiem. Sir Georg Solti and e Chicago Symphony Orchestra. 2-rerd set/tapes. London #OSA-12114.

ohn Rockwell, rock and pop critic of he New York Times:

usk 2. Fleetwood Mac. 2-record set/pes. Warner Bros. #2HS-3350.

ust Never Sleeps. Neil Young. 2-rerd set/tapes. Reprise #2296.

he Roches. The Roches. Record/tape. Warner Bros. #BSK-3298.

Fear of Music. Talking Heads. Record/tape. Sire #SRK-6076.

The B52s. The B52s. Record/tape. Warner Bros. #BSK-3355.

Robert Jacobson, editor of Opera News

Hansel and Gretel. Engelbert Humperdinck. The Gurzenich Orchestra of Bavaria and the Children's Chorus of the Cologne Opera; John Pritchard, conductor. 2-record set/tapes. Columbia #M-235898.

Faust. Gounod. Paris Opera Orchestra and Chorus. 4-record set/tapes. Angel #SZDX-3868.

Peter Grimes. Benjamin Britten. London Symphony Orchestra conducted by Colin Davis. Record/tape. Philips #6769014.

Cavalleria Rusticana. Mascagni. With Renata Scotto and Placido Domingo. James Levine, conductor. 2-record set/tapes. RCA #CRL1-3091.

Sweeney Todd, The Demon Barber of Fleet Street. Original cast and Broadway score. 2-record set/tapes. RCA #CBL2-3379.

David Hamilton, music critic of The Nation; contributing editor of High Fidelity:

Images and Estampes. Debussy. Paul Jacobs. Record/tape. Nonesuch #H71365.

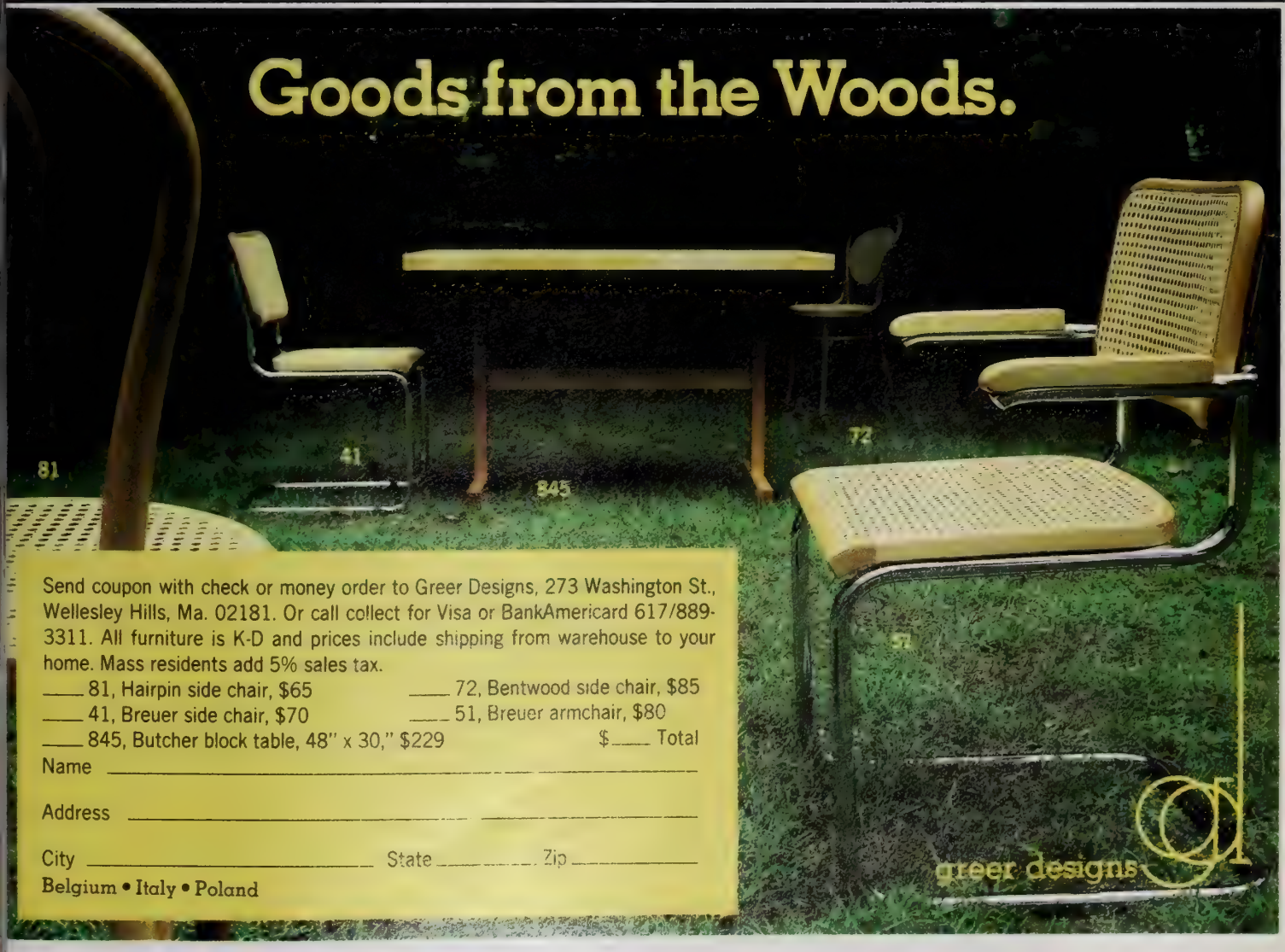
Duets—Schumann. Jan De Gaetani and Leslie Guinn. Nonesuch #H71364.

Symphony No. 6—Mahler. London Symphony Orchestra conducted by James Levine. 2-record set. RCA #ARL2-3213.

13 Dickinson Songs. George Perle. Bethany Beardslee and Morey Ritt. C.R.I. #SD-403.

Complete Works, Vol. 1—Webern. Pierre Boulez, conductor. 4-record set. Columbia #M4-35193.

Brahms' Symphony No. 3. Philharmonia Orchestra conducted by Guido Cantelli. Record/tape. Seraphim #S-60325. ■





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Wall dimmers enable you dim the lights as you enter e room, and are easy to in-all. Just follow the direc-ons on the package.

Safety note: To prevent verloading your dimmer, be ure its maximum wattage ated on the package exceeds e total wattage of the bulbs will control.

ight tricks

o shed a soft, golden light at ight, designer Renée Grau-art hides white fluorescent bes in the reveals of tall uttered windows. When the utters are closed, light radi-tes through, creating a pretty alance in the room's light.

To set the inside of kitchen cabinets aglow, install fluores-cent tubes in channels behind sheets of acrylic, as Dexter Design does.

For an airy, floating feeling, light shelves, platforms, steps, and furniture from below with a string of tiny Christ-mas-tree lights.

To create the illusion of an outdoor terrace, line the top of your windows with track fixtures pointing down behind your curtains, suggests de-signer Sidney Feldman.

Designer Mario LoCicero lines window reveals with white and colored fluorescent tubes. The white tubes imitate daylight; colored tubes give a theatrical glow at night.



Lighting the edge of a ceil-ing—by either dropping the ceiling, or concealing the lights in a trough or baffle—gives the illusion of a higher ceiling and greater space, es-pecially in a hall or entryway.

Lightolier makes the Lyte-trough, which is easy to in-stall.

Installing a false wall in front of an existing wall and lighting from behind creates another interesting lighting effect—especially pretty in a darkened room.

Lighting for warmth

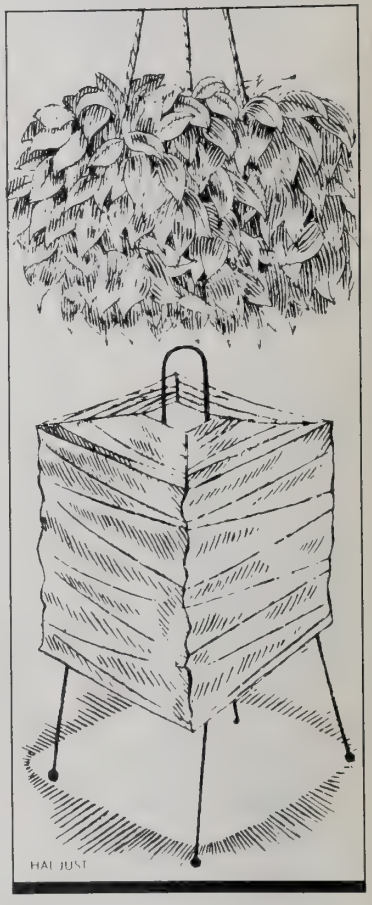
Cold winter weather requires a different lighting plan than the one you use in summer. Lights should cast a warmer, redder glow to create a cozy feeling. Here are some easy seasonal switches to make in winter lighting, from Ralph Jacobowitz of Light/Inc, New York: Use pink- and am-ber-toned bulbs. Light up warm things: focus on wooly afghans, a fireplace, a tex-tured rug or wallhanging. Use dimmers—when lights are lowered, they turn slightly red, and everyone looks healthier. Replace old lamp-shades with new pink-lined lampshades.

Curtain time

Enhance the texture and color of nubbly curtains by lighting them from the front, as de-signer Sidney Feldman does.

Night lights

Consider the outdoors as part of your decorating plan. If the view is nice, why not bare your windows and uplight trees and terraces? Your rooms will seem larger as your eye is carried outside, suggests interior designer Da-vid Hamman. Spotlights on spikes are available at most hardware stores across the country for under ten dollars.



A glamorous glow

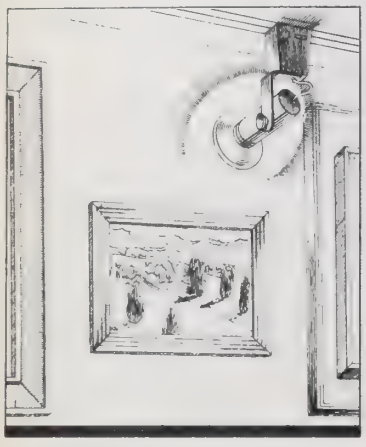
Japanese paper lamps shed a soft glow under shelves, be-hind sofas, under plants. Try the Noguchi paper lamps from George Kovacs. Other "soft" lights—white fiberglass "rocks" that glow when lit from within. Koch & Lowy has them. For more informa-tion, write George Kovacs, 831 Madison Ave., New York, N.Y. 10021; Koch & Lowy, 940 Third Ave., New York, N.Y. 10022.

To make the most of a high vaulted ceiling, uplight it with hidden spotlights, suggests designer David Hirsch. Re-flected light is softer than down-lights or recessed spots.

For more lighting ideas, turn the page

On-the-light-track

A multi-circuit track system can produce exciting theatrical effects. Designer Ralph Bisdale puts colored lights on one circuit, white lights on the other, uses each circuit separately, or both at once, depending on the mood he's creating. Designer Sidney Feldman creates a striated lighting effect by turning on every other fixture of a two-circuit track, turns both circuits on for straight lighting.

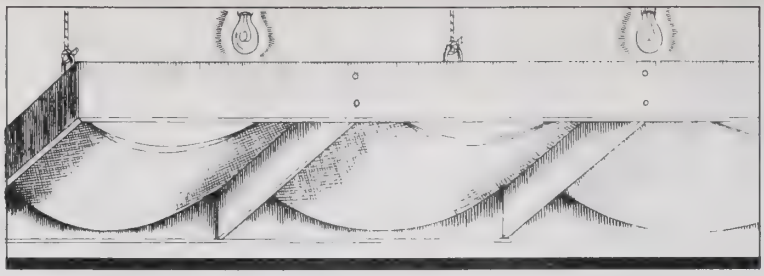


Spotlight on art

Beware of lights that are too bright or too hot when lighting art. Too much or too little light can change the true colors of a painting, cautions designer Sidney Feldman. Watercolors are especially sensitive to heat and light. Track or recessed lighting is usually the best solution. Other factors to consider: Art under glass (graphics, watercolors) needs a different angle of light than an oil painting. The color of the wall behind the art, and the type of frame, if any, will also affect the type of lighting you choose.

The latest in lighting

What's a Circlite? It's General Electric's new fluorescent "wheel of light," producing as much light as a 100-watt incandescent bulb with less than half the electricity. The circular bulb and adapter screw into ordinary lamps or ceiling sockets. The bulb outlasts 10 ordinary 100-watt bulbs. Its steering wheel shape diffuses warm, pleasing light similar to incandescent lighting, ideal for reading, easy on the eyes. About $20, the Circlite more than pays for itself in energy saving in about 3 years.



Look for G.E.'s electronic Halarc bulb in early 1981—it will use less electricity than today's incandescents, last four times longer, and burn as bright as a 150-watt bulb using one-third the energy.

Brighten kitchen work surfaces with General Electric's "Hi-Light," a decorative lighting fixture containing a replaceable fluorescent Bright Stik that lasts for years. The 33-watt plug-in unit's woodgrain shade can be adjusted to direct light where needed. Hi-Light installs in minutes, requires no special wiring. About $20.

An incandescent bulb in a tubular shape is a most versatile innovation, suggests architect Alan Buchsbaum of Design Coalition. He uses The Anywhere Light by Kingston Industries, mounted end to end in rows, side by side, or at angles to create light designs on a wall or ceiling. Best of all, The Anywhere Light is dimmable—think of the soft light it could cast, mounted just above the baseboards of your room, dimmed to a soft glow. Or, in a hallway, around a mirror, in a bookcase. There are two sizes—12 inches, 35 watts; or 20 inches, 60 watts. Write Kingston Industries, 205 Lexington Ave., New York, N.Y. 10016, for your nearest dealer.

Recessed ceiling fixtures and track lights are most happy fitted with reflector bulbs—silvered on all but the bottom. They direct light downward, heat upwards—great above plants. Reflector bulbs last longer, use less wattage than regular bulbs, give almost as much usable light.

Long-life bulbs cost more and produce less light per watt than regular bulbs, but in hard-to-reach places their convenience makes them worthwhile to use.

For soft, muted light, build a row of 1-by-4's a foot below the existing ceiling, drape with swoops of canvas, and light from above. This is also a great way to disguise a damaged ceiling.

Fluorescent light is taking on new importance at home. Bulbs are warmer and more flattering than ever—the combination of warm white and cool white tubes closely resembles daylight. For drama, color fluorescent light with a theatrical gel—a tinted sheet of acetate slipped into a clear plastic tube which fits over the fluorescent tube. Architect Yann Weymouth of Redroof Design uses amber, yellow, and blue fluorescents in his loft—all three at once for a daylight effect, amber at dusk, blue after dark.

Dexter Design chooses fluorescent lights according to the colors of the room—warm white deluxe tubes in yellow, brown, or red rooms; cool fluorescents in blue, green, lavender rooms.

Tips of the trade

For theatrical drama at night, lighting designer Brian Thompson lit photographs on top of his kitchen cabinets with old 10-inch stage lights painted black, fitted with transformers for low-voltage 25-watt bulbs. The fixtures are attached to ceiling pipes. Undercounter lights illuminate work areas.

To keep lights shining brightly, keep bulbs sparkling clean—dust can considerably reduce their efficiency.

Putting 3-way bulbs into every lamp possible is a simple way to triple your lighting effects.

For dramatic hallway lighting, Dexter Design mounts 15-inch incandescent ceiling disks on the wall, controls their intensity with a dimmer.

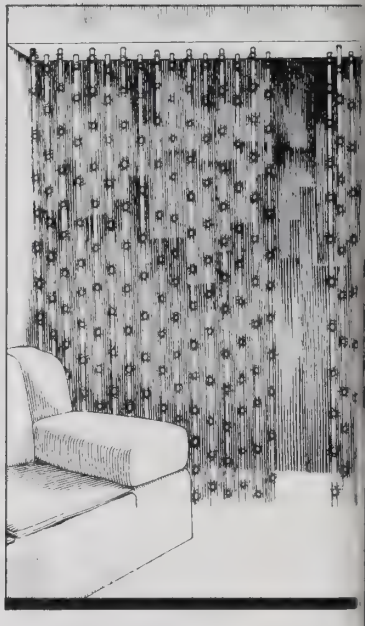
Dramatize hutches, étagères, bookshelves, and bookcases instantly by lining them with tiny recessed lights, or miniature lamps set on shelves. Lightolier's LyteTrim miniature track, Roxter's Nothing Lamp, or even simple Christmas-tree lights will do the trick for you.

One way to disguise an unattractive ceiling fixture is by hanging a pine grid below it from chains. Or surround a bare light bulb in the ceiling with three cotton banners that are hung in a triangle.

Look for inexpensive high-tech work lights at photographic suppliers: simple clamp-on spotlights, or a spotlight on a telescoping tripod near a desk.

Party lights

To create a festive party atmosphere, try votive-candle clusters on cocktail tables, supplemented by small uplights behind trees, sofas, and plants, suggests Dexter Design. Spotlight a glass-shelved niche or glass étagère from above—instant glitter.



For very special windows

Try these magnificent lighted curtains by Tivoli: Strings of seed-sized ½-watt low-voltage bulbs suspended inside clear Lucite tubes, joined to form a curtain of light that twinkles like a skyful of stars. They are available at Light/Inc, 1162 Second Ave., New York, N.Y. 10021.

Service for sixteen.

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11. Brilliant Piña Coladas
12. Exquisite Margaritas
13. Beautiful Gimlets
14. Extraordinary Lemonade
15. Sublime Rickeys
16. Sparkling Collins



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n Radkai

Christmas is a rare and precious occasion. It's the one moment of the year when the family comes together, in an affirmation of the continuity of life, the strength of generations.

Joy + Sharing = Christmas

When everyone is home, play some special music—the sparkling new recording of *Hansel and Gretel* with Frederica von Stade, or Benjamin Britten's *Ceremony of Carols,* sung by the choir of King's College, Cambridge. Read a story aloud, as families have always done through the ages—the poignant stories in *The Happy Prince,* by Oscar Wilde, or some childhood memoirs, *A Time to Remember,* by Marie Jastrow, or Agnes deMille's *Where the Wings Grow.*

Get a jigsaw puzzle going in a corner that family and friends can add to during the holiday. The Gallins Gallery puts out a spectacular jigsaw series of Gustav Klimt's paintings. Gold and glittering, they look like Christmas and, incidentally, tell you a good deal about how a great artist uses color and design.

For last-minute Christmas cards or wrapping, *potato printing* is something everyone in the family can have a go at. Just cut a potato in half, paint a simple design on the white surface, then cut around it with a sharp knife, leaving the design raised like a bas-relief. Apply paint to the design and stamp it on white or colored paper in whatever pattern you like. The children will love this new role for the plain old potato.

Games make Christmas full of laughter. Test your I.Q. with Norman Hickman's *The Quintessential Quiz Book;* sports fans can pretend it's summer with *Stratomatic Baseball;* or push the furniture back for that hilarious hardy perennial, charades.

For a little outdoor activity, send the family out on an *animal track hunt.* In snow or sand, you can find all sorts of animal footprints—the most common being the raccoon (five tiny toes, rather like a child's), the gray squirrel (who leaps and bounds, leaving paired pawprints), or the deer mouse (the straight line between his tracks is his tail). To check your findings, look up Thoreau's journals, where he sketched some of them.

While you're outdoors, why not give the birds a Christmas present? Cookies, pretzels, peanut-butter-covered crumbs will be like a turkey dinner for winter wild birds.

If it's snowy, *collect snowflakes.* With a microscope and some slides, you can actually see the many intricate patterns a snowflake makes. They say that no two snowflakes, since the time it first snowed, have ever been the same. If you live in a warm climate, make your own snowflakes by cutting out shapes on folded paper. then unfolding them to reveal your own designs to hang on the tree or from the ceiling. (These ideas, and more, come from *The Cold Weather Catalog,* a Doubleday/Anchor book.)

When everyone comes in from the great outdoors, share a traditional loving cup—the wassail bowl, which originally contained a hot punch of beer mulled with spices, roasted apples, and toast. (Hence the phrase, to "toast" someone.)

One of the most delightful ways to get the family involved in the Christmas countdown is with an advent calendar. You can buy the ones with little doors that open each day for the 24 days before Christmas, or you can make one, like this hanging tapestry invented by a grandmother in Ohio. Take a large rectangle of red felt and sew onto it another piece of green felt in the shape of a Christmas tree. Attach the felt to a pole and hang it on the wall with gold ribbon. Collect 24 tiny ornaments, charms, or miniature animals, each tied with a safety pin and hidden in numbered wrapping. Each day, pin one on the tree—until Christmas Eve. (This grandmother chose a little baby for the last.) The hanging can be used again next year.

The rest of this issue is our toast to the season—hundreds of practical ideas for celebrating Christmas, from edible trees to presents within presents. There's joy in all of it; and adding that to the wonderful feeling of family coming-together-ness, the equation equals our salute to Christmas—a happy tribute to the human spirit.



Jennifer and Olivia ready to roll cookie dough

The happyfaces, hearts, and cookie hands on this tree were never meant to last! As soon as they disappear, a new supply is slipped right onto the branches by cooking teacher Ann Rowan and her three children, who shape the cookies specially to hang by themselves or with a simple baked-in licorice whip loop. Underneath the tree go crocks of gingerbread cookie mix and jars of husband David Rowan's innovative herb jellies to give away. *Recipes, page 186.*

Christian Reinhardt

Joy + Sharing

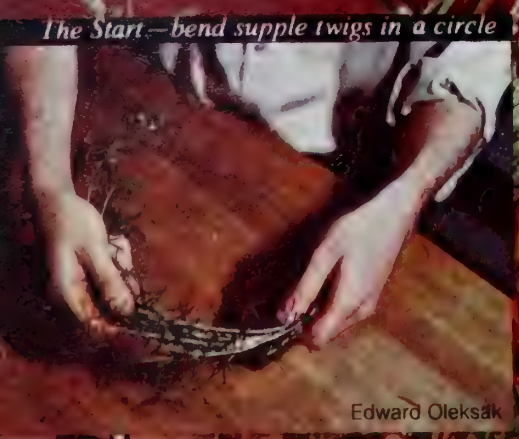
Christmas
at the heart of
your house–
The incredible,
edible tree
bedecked with
a new twist on
cookie ornaments,
child's play to make



Jennifer hanging a cookie hand

Christmas

JOY + SHARING = CHRISTMAS



The Start—bend supple twigs in a circle

Edward Oleksak

A galaxy of dazzling mini-wreaths fresh ideas for easy-to-make ornaments

Pea tree leaves and flowers

Silvery artemisia

Pearlized millinery stamens

Fragrant berried juniper branches

Plumy quack grass bound with ribbon

Quack grass sprayed gold

erky chrysanthemums

Variegated holly with its own berries

Puffy striped nigella pods

Ruby-red cranberries

Pine cones with waxflower buds

Plump wreath of dried everlastings

Sprigs of berries on a twig base

hery waxflower

Ribboned foxtail millet

Silver glass balls, waxflower

bon gives a finishing touch

Birch twigs bound with claret-colored cord

Fluffy phragmites with oats

Stephanotis-starred waxflower

Bachelor's-buttons and lacy ribbon

Trim wreath of sorghum

Gold-sprayed waxflower

lmade wreaths just 5 to 9 s wide make natural nents for the tree shown here n the cover. Bill Jarecki of derlake uses supple twigs as a for dried flowers, pods, berries, s, and feathery grasses. For o tips, see page 12. Tree- ng: Antique angel doll from rica Hurrah.

TWELVE DAYS

Dreams come true at Christmas. Those visions of sugarplums? They're made of chocolate...or gingerbread or whatever your fantasy invents. Judith Olney, author of *Comforting Food* (Atheneum), cooked up a new Twelve Days of Christmas—she let her imagination play and created a present for each day turning cookies into tarts, mushrooms, and greeting cards; making chocolate into shells, wreaths, and sausage. To recreate the magic, see the recipes, page 181



On the first day of Christmas my true love sent to me ... a chocolate-lover's dream present -- one dozen chocolate-frosted chocolate cookie mushrooms.

JOY + SHARING =CHRISTMAS

OF PRESENTS



TWELVE DAYS OF PRESENTS

SETTING THE MOOD FOR THE SECOND DAY, THE PERFUME OF GENTLY COOKING APPLES, PEARS, AND CRANBERRIES. THE JAM IS AS EASY TO MAKE AS APPLESAUCE AND IS SPICED WITH A WHIFF OF CINNAMON. GIVE IT AWAY IN OLD-FASHIONED CLIP-TOP JAR TIED WITH CRANBERRY STRING.



Hide chocolate truffl
pearls in a white chocolat
shell on the third day. Fin
a 10-inch scallop shell. If it
rough, smooth by chippin
ridges off with hammer an
screwdriver. Cover witl
two layers plastic wrap
smooth on a layer of foil
Oil the foil and melt ½
pound white chocolate
Place shell, foil up, on a
baking sheet. Pour ¾ of the
chocolate over shell by
spoonfuls; smooth with a
knife. It hardens faster than
brown and should be thick.
Leave to cool at least 1½
hours. Carefully pull back
foil and plastic, paring away
excess candy from edges.
Gradually work mold free.
Glue cracks or breaks and
strengthen by painting in-
side with chocolate. Fill
with chocolates. Smaller
shells work very well, too

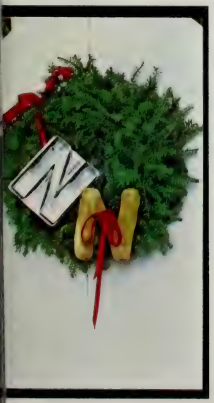


Rest a little on the fourth day and make an easy terrine to serve drop-in guests or to give away in its mold. The light mixture of chicken and veal flavored with herbs that taste especially good in winter—thyme, savory, and juniper—sports pine sprigs and hazelnuts in an aspic glaze.





ney sing a siren's song you can't resist for long. Instead of gold rings, give chocolate rings on the fifth day. Melt 1 pound semisweet choco-te in double boiler. Add 2 tablespoons each melted butter, brandy. Stir until smooth. Should the chocolate dry and harden, stir in more elted butter. Let chocolate cool briefly, spoon into pastry bag fitted with medium star tip. Pipe thick, 3½-inch circles onto wax-paper-lined iking sheets. Stud with hazelnuts, sliced almonds, raisins, silver and gold dragées. Refrigerate until hard. Makes 16-20 edible wreaths.



On day 6, give a child his daily bread -- a cutter in his initial to shape dough for personalized sandwiches.



Radkai

On the seventh day of Christmas, send a card made of gingerbread, fresh from the oven and painted with colored icing, or decorated with acrylic paints and protected with polyurethane. Order Mrs. Olney's design (see recipe) or create your own card or love letter.

Karen Radkai

Scent the air of the ninth day with cinnamon, nutmeg, clove, and rose. Sew drawstring bags to fill half with store-bought, half with home-dried potpourri spiked with lots of orange and lemon peel, sprinkled with orris root and cinnamon, then dried. Add to the scent collection a grapefruit pomander patterned with dried flowers as well as cloves.





Double the fun on the tenth day and make two spectacular breads from one batch: both begin with almonds, raisins, lemon zest, cinnamon. Knead candied cherries into half to give in a brioche mold, left, and brandy-soaked sugar cubes into the other half.

TO SUSTAIN REVELERS ON THE EIGHTH DAY OF CHRISTMAS, SERVE TROMPE L'OEIL BRIE AND SAUSAGE ON WOODEN CUTTING BOARDS. LEFT THE BRIE IS A ROUND OF SCOTTISH SHORTBREAD WITH ALMONDS AND CITRON AND A "CRUST" OF SIEVED CONFECTIONERS SUGAR. THE SAUSAGE IS A RICH MIXTURE OF CHOCOLATE STUDDED WITH RAISIN "TRUFFLES" AND PISTACHIO "LARDONS." SERVE WITH A LIGHT FRUIT DESSERT OR AT TEA.

Buttery caramel sweetness for the eleventh day, a Florentine tart, below, *packaged in a scavenged brie box lined with shiny gold paper. The two-step cookie "tart" is built on a sweet, flaky pastry crust. Bake the cookie in a pizza pan. The filling of butter, sugar, citrus zest, glacéed cherries, raisins, and almond caramelizes in the oven while baking and hardens on cooling to a sparkling glaze. The entire top is given a free-form drizzle of chocolate. Cut the tart into pie wedges to serve. An overnight guest would love to wake up and find a small slice by the bedside with a cup of hot coffee, or take it to a dinner party as an offering for dessert to serve with whipped cream or ice cream. It keeps (only if hidden) 3-4 days in the refrigerator.*





A partridge in a pear tree leads a reprise on the twelfth day from a Christmas tree hung with a representative for each day. There would be 78 figures if everyone in every verse joined the party, so Mrs. Olney made just one of each. The not-for-eating decorations of baker's clay have hooks baked into their backs for extra strength. She dressed and feathered them with paints and polyurethane. Buy a large can of polyurethane and dip ornaments. Hang on a wire hanger to dry. *Bottom row from left:* The maid a-milking, a lady dancing and lord leaping, a piper piping, the drummer drumming. *Middle row from left:* The swan a-swimming, a gold ring, and a goose a-laying. *Top row:* A turtle dove, French hen, and colly bird complete the cast. Ornament patterns can be ordered from Judith Olney's Kitchen Art. Address follows recipe.

Give a warm and generous welco



with a houseful of OLD-FASHIONED OME-MADE, HOME-GROWN DECORATIONS



Delicate paper whites, smooth golden apples, clean-scented greens, and garlands of laurel set the mood for sharing Christmas with family and friends. Abundance counts, and it doesn't have to be expensive. If you have a lot of evergreens, pruning is good for them at this time of year. You can make garlands with rope, wire, and sprigs of any green. If you go to a nursery, ready-made laurel garlands cost about a dollar a yard; less than $10 gets enough pine or spruce boughs for several rooms; big bunches of holly cost under $5; pine cones are a few dollars a dozen; and wreaths range from $2 to $10. 48 narcissus bulbs from Burpee's catalog are $21.95. (Start 3 weeks before Christmas.) The little tree here is decorated with Lady Apples, cranberries, and lace cookies, homemade by Christine Mayer, a caterer and owner of this 175-year-old house. Its warm and rustic rooms are filled with Early American furniture that she and her husband have thoughtfully collected over 12 years.

Karen Radkai





Above: In a corner of the kitchen: An antique basketful of pine cones and evergreen sprigs from nearby woods; above them, multi-colored, hand-dipped candles hang from pegs.

Imagination transforms this house and fills every corner with Christmas



Left: In the dining room, a Christmas of earthly delights—shiny apples in a row, greens from the forest, sparkle from a fire. Table of home-baked sweet things is the grand ending to the Christmas feast. Above: In the kitchen, the Mayers' niece Torre strings cranberries while Wheaton Terrier pals look on.

Karen Radkai



Left: Sugared fruits and marzipan in tiers make a candy Christmas tree for guest nibblers; clay pot of home-grown paper-white narcissus.

Cinnamon, narcissus, spruce and holiday baking create the familiar fragrance of Christmas



Right: In the dining room, the big Christmas tree is framed by laurel ropes and evergreen wreaths. Antique tree ornaments are part of a collection. Holly decorates the desserts (recipes, page 186). Above: Spicy Christmas smells come from bundles of cinnamon sticks and clove-studded oranges.

Karen Radkai



Presents

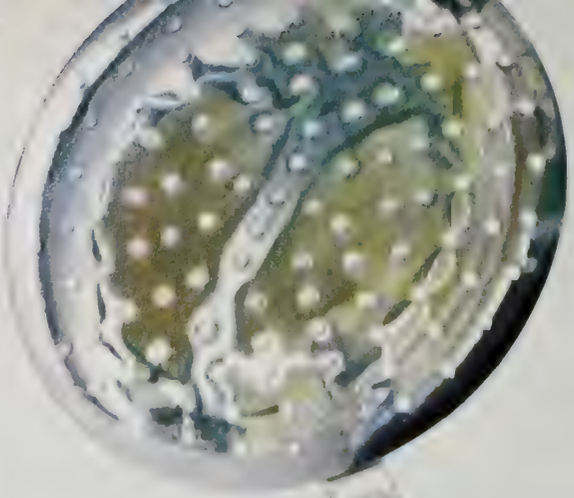


Red lettuce dryer with salad fork and spoon, oil, vinegar, mustard, and sea salt, all wrapped in green. Carolyn Sollis.



Strings of kumquats and cranberries ready to hang—delivered in a pine-cone basket you make from a kit. Niña Williams. Below: *Gingerbread box full of cookie favorites. Box panels are cut out of thick dough, baked, and iced to a real cardboard box. Sheila Kotur.*





A wreath of presents in a basket: home-grown herbs, angel candle, packages with herb honeys, jams, and potpourri. Karen Radkai.



Edward Oleksak

Kitchen finds in a wire basket: stainless-steel strainer, bouquet garni, herbs, homemade jams. DuPré Cochran.



Delight them with double gifts– one is the wrap– the low cost will be your secret!

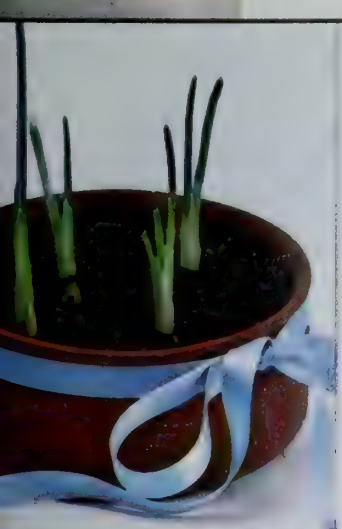
Within presents

For a Christmas equation that's sure to bring pure pleasure, add one part inspiration to one part just plain fun. Take one present and wrap it in another—it's an easy trick that will stretch your imagination, but not your budget. Look around your house—and your local housewares store—and you'll find dozens of great ideas for these easy, clever last-minute gifts that prove it really *is* the thought(s) that count.





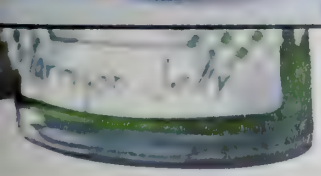
The well-baked loaf, fresh from the oven in its terra-cotta pan. Donald Gray.











1. The first flowers of the new year: miniature irises in a clay pot. Annett Johnson. 2. Long-handled miniature basket, bearer of chocolate wonders. Liza Wick. 3. Stitch up a felt dog bone to fill with Christmas treats. Debby Brown. 4. Cranberry art: homemade whole-berry sauce too pretty to box. Use the mason jar for storage afterwards. Liza Wick.

For shopping information, how-to tips, 266 and recipes, see page 187.

A child's delight: cookies, candy, popcorn that hang on a tree are eaten every Christmas. By Senga Mortimer.

Barber-pole pine swirls for a loft column, right, topped with natural wreath. By David Madison and Christopher Hyland



MERRY & BE

Wrap your house like the gift it is– go for an all-out Christmas

GHT



Tom Yee

Spotlight on five trees with tinsel-tin stars and lights that twinkle with the rest of the city. Underneath, a pair of plastic "granny geese."

Beadle



A cool, crisp feeling of the season with crystal ornaments, glass beads in the home of Lee Radziwill.

Christmas breakfast for the William Bourne family, stuffed stockings waiting, a tree that's decorated in levels. To accent Christmas-colored quilt, yellow Mikasa china, Kosta Boda flatware.

Wonderfu



A ring of poinsettias brings out the deep pinks of Michael de Santis' tall, colorful tree, left. *To add to the festivities, Santas, ribbons, and a simple string of lights.*

Red orchids, red ornaments, gold accents, right: *Chinese fans, hanging ribbons bring traditional colors to a modern room. By Renny Reynolds for Kay Unger.*

Beadle





MERRY & BRIGHT

Horst



atural greens and white calla ilies by Goslee Associates for White Drawing Room in Westbury House.



Russell Macmasters

A Bear family holiday dinner by Corinne Wiley for the 1978 American Conservatory Theater benefit in San Francisco.

nristmas ideas for the child inside each of us



d pine and red balls, above, *make a festive elier for Mr. and Mrs. Richard Lang. For te Christmas,* left, *Larry Laszlo combines aryllis with garlands of kumquats and artichokes over his mantel.*



Tom Yee

MERRY & BRIGHT



Red ribbons and garlands of evergreens turn a stairway into a festive welcome. By Renny Reynolds.

Roger Bester



Weather-vane ornaments from the Museum of American Folk Art hang on the tree of its director, Robert Bishop.

Christian Reinhardt



Stuffed toys, china spaniels, and a 19th-century dollhouse under Mr. and Mrs. Robert Kotur's tree.

Beadle



A fabricated Christmas from Laura Ashley: hand-sewn ornaments, presents wrapped in wallpaper and fabric ribbons.



Chinese satin figures become Christmas ornaments for a Carambola tree with starfruit. By Angelo Donghia.



A tree of Austrian springerle cookies tied with white ribbons, by Charles Gautreaux of Williams-Sonoma for Mrs. Warren Clark for ACT.

Trees that glow with the light of fantasy and festivity

CHRISTMAS DECORATING 1808



A historic house decked for a traditional welcome

Fresh pine garlands, lemon leaves, and the scent of hot mulled cider are the makings of an old-fashioned Christmas, and at Boscobel, a 19th-century restoration overlooking the Hudson River, this natural-style celebration is a holiday tradition. Decorations focus on mantels and tabletops—Christmas trees weren't introduced to America until the latter half of the century. Furnishings echo Boscobel's Federal style, like the cabriole chairs, mahogany fire screen, and parcel-gilt mirror in the rear drawing room, *right*. Boscobel, which means "beautiful woods" in Italian, was named for its scenic setting, *above*. To share more of Boscobel's natural Christmas, please turn the page.

Beadle







CHRISTMAS DECORATING 1808

Holiday fruits add a graceful









ouch and brighten boughs of evergreen





Every room at Boscobel is holiday-dressed. *Clockwise, from opposite page, top left: In an upstairs bedroom,* a portrait of States Dyckman, who built Boscobel, presides over a fireplace decorated with ropes of pine, fruit, and holly. Narcissus and cyclamen edge the hearth, near an English needlepoint rug. Brunschwig wallpaper. *Pyramids of crisp lady apples* studded with candied cherries crown a dining-room table set for Christmas dessert. The pyramids are skirted with wreaths, and topped with "stars" of pine. *Beneath a painting of sailing ships,* pineapples in creamware spill vases, or arranged with lemons and oranges, color an upstairs mantel. Lolling chair and Carraule bench rest on a Scotch ingrain carpet. Brunschwig wallpaper. *A fire is always burning* in Boscobel's basement kitchen. Red and yellow apple "trees" flank a cider cauldron set in a holly-edged wreath. *Lemons in Chinese export vases,* golden apples, and twisted ropes of pine and spruce make the mantel in the front drawing room a festival of yellow and green. Crystal lusters are sprigged with holly. Nineteenth-century furniture includes a mahogany dumbwaiter, Duncan Phyfe tea table, and gilt mirror with églomisé panels. *Red-berried holly and free-falling garlands of spruce* edge a fruit-strewn mantel in the guest bedroom. Pineapples sit in Mocha-ware vases. An old-fashioned bed-warmer stands by the fire. Boscobel, in Garrison, N.Y., is open March-December except Tuesdays, Thanksgiving, and Christmas.

Beadle

NOW THEY HAVE A HOUSE THEY LOVE,

Need more space? Take some hints from this makeover that gave an active family more room for their money

Though you'd never know from looking at it, comfort did not come naturally to this house. The sweeping, light-filled spaces, high ceilings, and balanced proportions of this house in the Northeast are all the result of an ingenious remodeling. The work began slowly, tentatively, with architect James A. Barbiere. But as the owners saw the potential that remodeling had in store, they called in designer Robert K. Lewis. Together they made changes in almost every corner, turning an ordinary suburban house into something very special and personal. First on the agenda was to create a new, roomier living room, *right*. A wall between the old living room and garage was removed, the garage doors were closed in and, to bring light into the far end of the room, a fixed glass window was put into the wall directly across from the new fireplace and French paneling. (It balances a window just like it at the other end of the wall.) Off came the roof and in its place went a dramatic tray ceiling with clerestory windows on two sides. Since the room is big, there are two seating areas: one with an L-shaped sofa and a love seat in front of the fireplace, the other with a sofa and tufted sueded-wool-covered armchairs. Both groupings are arranged on a pair of grid-patterned rugs that accentuate the beams above. Unifying the two seating areas is a deliberate, though subtle, sharing of patterns: for the sofa and love seat, one flowery chintz; plaid linen for the French chairs, curtains, and throw pillows; and, on the backs of the chairs, the same printed chintz used for the table skirt.



Elliott Erwitt

LED WITH LIGHT AND CHARM



The dining room leads a double life: it's an inviting

Top priority in the remodeling of this house was to create inviting, versatile rooms—rooms with an easy, feet-up feeling both family and friends could enjoy. The living room is "boy-proof" (the owners have three teen-age sons) and so comfortable, with its happy mix of patterns and textures, that it's more of a family room than a special place for entertaining guests. And the dining room, *right,* is as much a library as it is a formal dining place. One whole wall is built in with bookshelves, and the facing wall is a showcase for a collection of Remington lithographs in grain-painted frames. The table, which is frequently opened to seat 10 for dinner, looks more like a partner's desk than a conventional dining-room table. Since this room is actually an extension of the living room (in fact, the dining room is the short end of the L-shaped space), designer Robert K. Lewis wanted to separate the two areas visually. "This is an interior room next to one with lots of glass and light, so it was important to accentuate its lightlessness rather than attempt to make it look light," says Mr. Lewis. That's why the room is wrapped "like a wonderful warm cocoon" in a deep, earthy terra cotta, enriched by the wash of light that comes from recesses in the ceiling. The two doors—one, next to the folk-art bench, opening into the kitchen, and one opposite it leading into the den—were originally in the middle of the long walls. But Mr. Lewis had them moved so the room wouldn't be just a pass-through but, rather, a cozy place in which you'd want to stop and stay.





Here's a kitchen that turns its long, narrow shape



A HOUSE FILLED WITH LIGHT AND CHARM











When an unbroken wall was created after the door between the dining-library and kitchen was moved, designer Robert K. Lewis decided to turn the resulting kitchen space into a much-needed storage area. Appliances were moved across the room, all within easy reach of one another and the new central work island. Since the room is long and narrow, Mr. Lewis moved the door from the middle of the room off to one side, and hung rough-hewn beams across the ceiling to create an illusion of width. Recessed lighting is supplemented by sunlight that pours in through the two big windows in the adjacent breakfast area. "One of the house's best features is its site," says Mr. Lewis, "so I opened it up to the outside wherever I could." On the porch, the exterior wall became fixed glass panels over awning windows. Three skylights, shaded by moveable bamboo, went into the ceiling. More skylights were added in the bedrooms and in the new master bath-dressing room, a 10-by-30-foot space that was added to the master bedroom.

Left: The raised-wood-paneled kitchen, from its new, off-center entrance.

Top right: French oak table, 18th-century English corner cupboard, and bakers' rack in the breakfast area. Through the door, a view of the light-filled porch-game room.

Second from top: Indoor porch with antique pool table, a Chippendale-style garden bench, and an 18th-century English oak cabinet separated to create a bar.

Third from top: In the new master bath, a private step-down bathing area at one end and, behind the mirrored door, a water closet with its own skylight.

Bottom right: An upstairs bedroom with a new skylight and a window created by opening the wall on either side of the projecting diagonal roof beam.

Elliott Erwitt

THE PLEASURES OF THE OUTDOOR ROOM

New ways to live outdoors with indoor comfort—Mexico's long tradition of designing for the sun takes on exciting new looks



It's called a palapa in Mexico, the palm-thatch roof that's the age-old shelter of the tropics—Africa to the South Seas. It canopies rooms for living, dining, cooking in Mexican architect Marco Aldaco's vacation houses "because it's logical for the climate. It's an extraordinary sun-insulator. It gives wonderful acoustics. It functions like a chimney—warm air is drawn up the cone and out through spaces at the top—and keeps air in constant circulation." As modern as the palapa is traditional is the concrete and steel structure that it covers. But in the hands of Aldaco and his workmen, concrete takes on sculptural shapes and inviting surfaces that give sensuous richness to his very practical designs for fresh-air living, which he discusses in an interview on page *44*

Two rooms—variations on a plan—in a private vacation-house compound, Las Iguanas, in Cancún, illustrate more comfort-creating strategies. Inside, *right,* potted plants, tree-trunk lattice temper sun, wind; tiers of built-in seating give a choice of sun or shade. Outside, *above,* poolside concrete is distressed to make an aerated, nonslip surface, kept clean with weak chlorine, strong sun.



Under palm-thatch parasols nature does the air conditioning

David Massey



Blue-framed doors and windows, a Moorish touch for the white-washed cubism of Club Maeva-Las Hadas. Jose Luis Ezquerra, architect. *Right:* Carved, tinted concrete table at Las Iguanas. Marco Aldaco, architect.

Indoors and out, blue and white are the colors of Maeva-Las Hadas, here in a tiny, tiled kitchen.

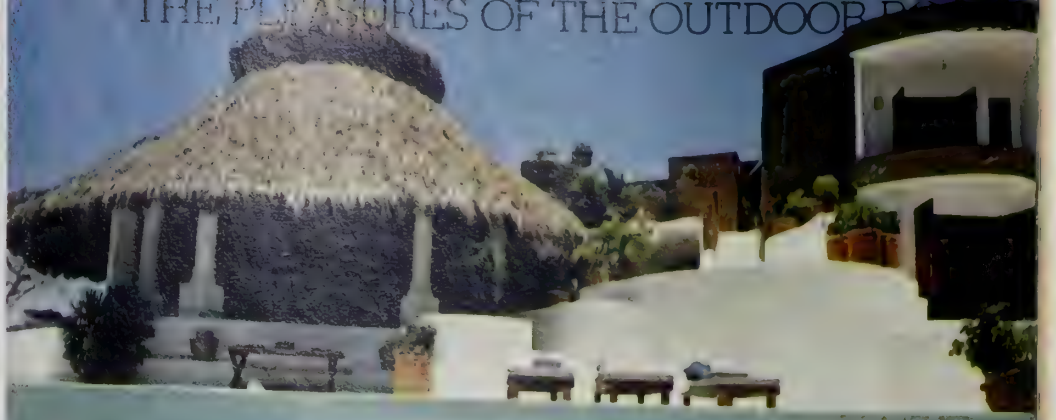
Throughout Las Iguanas—handmade furniture, handwoven cottons in white or soft pastels.

Traditional blue and white on the veranda of a country house near Cuernavaca.

Artistry in concrete: Handcast flowerpots, walls washed with color while still damp so that the color is absorbed—a fresco technique.

Cobalt-blue fresco outline doors, windows, and headboards carved in cement in a bedroom at Las Iguanas.





Easy-care decorating Mexican style: cool white, natural woods, a dash of color

Like a hilltown in miniature, ocher-washed bedroom wing curves around a palapa-topped living room. House in Careyes by Marco Aldaco.

: Tree-trunk
n for poolside
. *Left:* Ceiling
oves air
h curving hall.
Las Iguanas.





Curtains close "upper berths" in double-duty living room. Maeva-Las Hadas.





in Careyes
house. *Left:* High-
rising palapa roofs a
dining room in
Las Iguanas.

Hub of the house—a walled-in garden with rooms for every mood or shift of sunlight

Stairways rise to a loft for solo sunning and go down to a convivial nook where one can sit in the shade or sit out a shower. Leafy with bamboo, bougainvillea, palms, pencil trees, philodendrons, and other plants we in cold climates grow in pots indoors, designer Ken Scott's holiday house in Cuernavaca is full of ideas for open-air living anywhere.



Davi



Sunny terraces, shady hideaways



David Massey

Sun-country living and "the fascination of seeing what can grow in pots" inspired Ken Scott to remodel this house with the help of architectural designer Samuel Botero. It had been abandoned and overgrown 8 years. Now an open area, *right*, has tables near carpets of dwarf bougainvillea, seasonal flowers (chrysanthemums at Christmas), and small lemon trees. A dry garden of native cacti and euphorbias rims the roof. A fiddle-leaf fig and crotons bask on overhangs above white-curtained doorways. Fabrics by Ken Scott spark two outdoor rooms, *above* and *left*. Here, plants and people can find shade in a pool house mirrored to bring the green world in, while others choose the sun.



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MEAL IN MINUTES

Menu for four

Curried shrimp and chicken
Noodles with carrots and dill
Ice cream with liqueur topping

Careful combination of odds and ends on hand in the pantry and refrigerator often yields exciting, unorthodox dishes, like shellfish and poultry in a curry-tinged sauce from Pierre Franey. For many years the chef at Le Pavillon restaurant in New York, Mr. Franey has gathered over 100 of the quick meals featured in his weekly New York *Times* column into one collection, *The New York Times 60-Minute Gourmet* (Times Books). A satisfying Sunday lunch or cool weather supper, Mr. Franey's menu evolved from ingredients left after a day of experimenting with recipes (you may find that you need to make a brief stop at the market for the shrimp and dill); he suggests a tossed green salad and cold beer to complement the curry.

Peel and rinse the shrimp and bone and skin the chicken breasts if the butcher has not done it for you, then cube the meat. Chop vegetables and fruit for curry sauce and julienne carrots for the noodles. Set the water for the noodles on to heat while you sauté onion, garlic, and celery, then add curry powder and tomato paste, banana and apple. Stir broth into the mixture and simmer it 10 minutes. Sauté the chicken and shrimp quickly in a separate skillet—the noodles should be cooking at the same time. Purée the sauce, pour over the meats, and simmer 2 minutes more. Just as the curry is ready, cook carrots in butter 2 minutes, drain noodles, and toss in a heated serving bowl with carrots and dill.

Curried shrimp and chicken

INGREDIENTS

1 pound raw shrimp, peeled and deveined
2 chicken breasts, about 1½ pounds
4 tablespoons butter
½ cup onion, finely chopped
¼ teaspoon garlic, chopped
½ cup celery, finely diced
2 tablespoons curry powde
1 tablespoon tomato paste
½ cup banana, cut into ½- cubes
1 cup apple, peeled and cu into ½-inch cubes
2 cups chicken broth
Salt, freshly ground pepper taste

METHOD

☐ Peel the shrimp, rinse, drain well. There should about 2 cups. Set aside.

☐ Pull away the skin of chicken breasts. Cut the m from the bones. Discard skin and bones, or use scraps for soups. Cut the m into 1-inch cubes. There sh be about 3 cups. Set aside.

☐ Heat half the butter i small casserole and add onion and garlic. Cook bi and add the celery. Cook, ring, about 1 minute. Spri with curry powder and stir. the tomato paste and stir. the banana and apple. Stir.

☐ Add the broth and sti blend. Add salt to taste. Sim about 10 minutes.

☐ Heat the remaining butt a saucepan and add the ch en. Sprinkle with salt and p per and cook, sti occasionally, about 2–3 utes. Add the shrimp and s kle with salt and pepper. C stirring, about 2 minutes.

☐ Meanwhile, pour the c mixture into the container food processor or ele blender and blend until smo If a blender is used, this have to be done in 2 or m stages.

☐ Pour the curry sauce the chicken and shrimp. B to the boil and simmer abo minutes, stirring occasion Serves 4.

Continued on page

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Opposite page: A buffet of old-fashioned country breads from Beulah Haye Clockwise from top: braided Christmas bread, cornflake muffins, Brazil-nut fruit cake, steamed brown bread, apricot bread, orange roll cranberry bread, lemon bread, corn sticks.
Recipes, page 168

WINE & FOOD



Easy Christmas cooking ideas
hearty breads, fast, festive meals—
to give you time to enjoy
the greatest holiday gift: home

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DELICIOUS BREADS TO SHARE AT CHRISTMAS, E A CHEWY OLE-WHEAT CRANBERRY LOAF AND CORNFLAKE MUFFINS

"My mother taught me to bake when I was ten years old and I'm eighty now," says Mrs. Reginald Hayes. "Baking is a special delight for me. I love to collect new recipes to try." At Christmas, she bakes over 20 loaves to give friends and neighbors, from new recipes and tried-and-true ones "that you can be sure are going to work." As a special gift to a dedicated baker, Mrs. Hayes might include an antique mold for which she hunts at country auctions. The muffin and cornstick molds, *above*, date from about 1850.

A SEASONFUL OF IDEAS FOR NO-COOK FINGER FOODS TO SERVE WITH DRINKS

Look again at the supermarket, delicatessen, and health-food store—they hold lots of good things to combine for quick snacks for a midnight tree-trimming party or after ice-skating. Freddi Greenberg, food writer, scouted shops in New York, called noted cooks, raided her own pantry, and assembled the following quick checklist of tips and suggestions to make easy work of holiday party-giving.

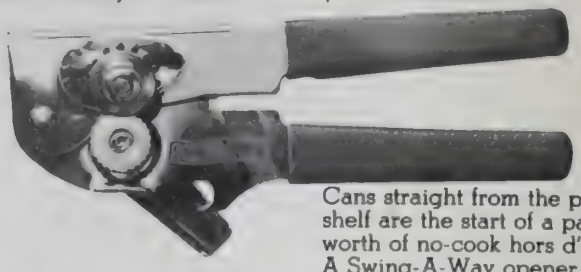
Cheeses

- An unexpected addition to the brie and crackers theme is a pot of tingling hot pepper jelly . . . spread and spoon a little of each on crisp saltines.
- Uncoil an Armenian string cheese on a platter and surround with a selection of Greek olives.
- Two new cheeses to try: Saint Albray, of the brie family, with a bit more bite; Pres Clos, a part skim, semi-soft cheese, is mild and creamy with an earthy aftertaste. Good with dried Turkish figs and whole-wheat crackers.
- A nice goat cheese tasting might include a light, creamy Montrachet marinated in olive oil, bay leaves, and thyme; the firmer, crumbly, and tart Buche Bugon; and a crottin, which is quite dry with a good bite. Serve with crusty French bread or slices of dark, grainy walnut bread and drink a Bordeaux.
- You can make your own marinated fresh cheeses in much the same way with a block of fresh farmer cheese or cream cheese: Marinate in olive oil and herbes de Provence, or, for a luscious change, try honey and bay leaves. Serve cool with moist, fresh pumpernickel.
- Dried fruits and cheese: Try dried fruits, the larger and moister the better, with cheeses—apricots and dates are particularly good with goat cheeses. Dried figs and prunes with Cheddar.
- Zero in on Cheddar and have an international tasting—strong Canadian, like Black Diamond or Ontario, a buttery golden English farmhouse, and a mild white Vermont. Water biscuits and dry or sweet sherry or even a spicy Alsace wine would go well here.
- Haute cream cheese with jelly: Offer a block of fresh cream cheese with a selection of herb jellies such as apple and thyme, sage, or mint.
- Feta and olives are a natural combination: Offer cubes of feta, a choice of tiny black and green Nicoise olives, dried Sicilian, brine-and-oil-cured Greek, or make your own by combining large ripe olives with olive oil sprigged with rosemary and several large cracked cloves of garlic. Cover and marinate 3 days or longer.
- Set out bowls of good cream cheese, mango or peach chutney, and salted almonds with a basket of water biscuits and let guests make their own.
- Spread triangles of thinly sliced pumpernickel with garlic and herb cream cheese and top with anchovies. Garnish with crisp, sweet red pepper strips.
- Arrange hot grilled cheese sandwiches on a board or platter and serve with a bowl of Giardinieri, the colorful Italian marinated vegetable salad available in jars or by the pound at supermarkets and Italian delicatessens.
- Top thin slices of Italian bread with mozzarella and prosciutto cheese and broil until very lightly browned.
- Toast slices of dark grain bread on one side and rub untoasted sides with olive oil. Top with crumbled Kesseri cheese, a sort of Greek Parmesan, and dried herbs, and broil until golden. Serve hot, sprinkled with freshly ground pepper.

Meats

- Arrange see-through slices of Bunderfleiche, the smoky air-dried Swiss beef, on a platter with crusty French bread, sweet butter, and cornichons.
- To make Carpaccio "cigarettes," pound raw beef filet paper thin, spread with a piquant parsley-lemon-caper dressing, and roll into elegant cylinders. Garnish with lots of watercress.

Continued on page 177.



Cans straight from the pantry shelf are the start of a party's worth of no-cook hors d'oeuvre. A Swing-A-Way opener comes in handy for the recipes here.



Bonny McCone





CHRISTMAS MORNING BUFFET—INCLUDING A BACON TASTING AND A FLAMING FRUIT DESSERT

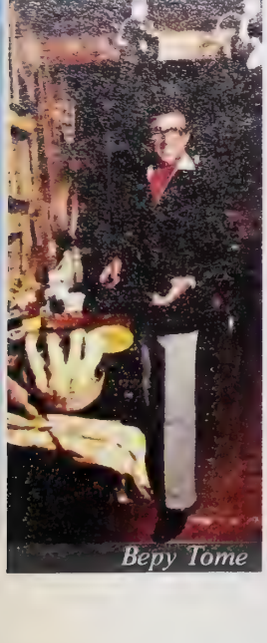
"There's no place like home for the holidays," agree Bonny and Frank McCone. For them, it means an old-fashioned Christmas in their New Hampshire farmhouse, complete with friends gathered at fireside to share a leisurely, informal brunch. A tiny sweet-tart scoop of lemon sherbet, served with cranberry shrub apéritifs, whets the appetite for crisp-cooked bacons—Canadian, maple cured, smoked—and "Suzy's soufflé," *right,* a giant popover assembled in minutes, baked until ripply and golden, served piping hot with maple syrup and homemade raspberry jam. Next, a crisp green salad lightly tossed with a vinaigrette and crowned with graceful carrot ribbons. For dessert, *above right,* Mrs McCone combines tinned Harlequin oranges from Italy with wine-poached pears, figs, and plums in syrup, sprinkles all lavishly with strips of citrus zest, then flames the fruit in cognac

Recipes, page 176

FOR CHRISTM DINN WI MEXIC FLAV TURK SAUCED WI CHOCOLA

It's one of Mexico's mos —and most festive- served on special o since the days of th court. Elisabeth Lambo author of *The Complete Mexican Cooking* and *of Latin American C* simplifies the tradition in this Christmas dinne begins with fresh "cooked" in a lim marinade. A simple gre avocado salad accompa turkey, along with wh beans, tortillas. Since ancho chilis in the sa richness rather than he Ortiz offers serrano or peppers separately fo who like extra spice pineapple chunks and s ries follow—serve wi pottery mugs of *café* strong coffee flavor brown sugar, cinnam cloves. Recipes, page


Shrimp seviche studded with jalapeños and pimientos
Turkey simmered in a velvety sauce of chilis, tomatoes and chocolate
Crisp, warm tortillas to dip into guacamole


Bepy Tome

ON THE NIGHT BEFORE CHRISTMAS— FRESH PASTA SAUCES THAT NEED NO COOKING

Create poetry with pasta in minutes! International investment banker Giuseppe B. Tomé (shown above in the 1779 stone barn he and his wife, Caroline, restored) spends very little time in the kitchen. An Italian with a passion for pasta, he creates quick no-cook sauces that have become a passion with friends, too – their many requests for recipes encouraged him to collect 60 of his favorites into a small book to give as a Christmas present. His tips ensure good results: "*Please* do not cook pasta by the clock. Instead taste it to see how much more cooking is needed. See recipes, page 176


Farfalle (pasta bow ties) with raw tomatoes, oregano, and small cubes of mozzarella. *A hank of fresh*


Steep chopped parsley and garlic in green cold-pressed olive oil and pour over spaghetti. *Tuna, anchovies,*

David Massey



ini teams with Scotch, smoked salmon, cream.



A spectacular way to serve caviar—stir it into cream, lemon juice for spaghetti.





pepper make a pungent sauce for penne pasta. *Tortiglioni (corkscrew-shaped pasta) sauced with tomatoes, basil, olive oil, cream.*

GOOD SPIRITS

BY HENRY MCNULTY

A bracing toast to Christmas



EDWARD CLEESAK

Special Christmas food and drink customs from foreign lands to inspire celebrations at home

I must say that as a child I enjoyed the tantalizing expectancy and the relief of surprise more than anything else about Christmas. We never let Christmas piddle itself away in tiny driblets. Everything happened at once, suddenly, shockingly, delightfully. We did what the Scandinavians do: Keep the kids guessing what there is behind those closed doors, where the Christmas tree and the tinsel and the presents are, until the very last possible, spine-tingling, excruciating, fabulous moment when the door is unsealed, and you rush in to gaze in astonishment at the Aladdin's Cave of treasure laid out before you. That's the way Christmas should be.

Delving a bit into other peoples' Christmas traditions shows that, though things may have changed, the more they do, the more, as the French say, they stay the same. You may be able to revive some old customs and turn them into an element of novelty for your own modern Christmas eating, drinking, and celebrating. Emulate the Norwegians, whose Christmas is a white time. Not for them our colored lights and turkey. They brew a special Christmas beer as their forefathers did, and because turkey hadn't yet been "discovered" in Norse times, they traditionally eat pork as their main yule dish. A Norwegian family spends a lot of good Christmas time not spring-, but Christmas-cleaning before Nowel. (That's the true way to spell it in English—Noël is French, originally from the Latin word for "birth.") Norwegians like a do-it-yourself Christmas: They chop their own wood for their open fires and send out family expeditions into the forests to choose their Christmas tree "fresh."

Danish and Norwegian children still respect a little gnome, called a Nisse, whom they treat politely, leaving food—usually a bowl of porridge, or a piece of codfish—out for him on Christmas Eve. Otherwise he can turn mischievous and sour your milk, upset tables, and let the cat out of the house—or the bag—in a most embarrassing way. Even Scandinavian cattle get special Christmas treatment: an extra bale of hay for the cows, a sheaf of oats for the birds to peck at.

Humans in Norseland peck at more substantial stuff like **Mother Monsen's Cake,** a soft, easy-to-make cookie. Cream ½ pound butter with ¾ cup sugar. Add 4 egg yolks. Sift 2 cups plain flour with 1 level teaspoon baking powder over them. Mix in a level teaspoon of grated lemon zest and 1½ teaspoons lemon juice. Beat the egg whites until fluffy, fold them in. Next, pour the batter into a pan lined with greased paper; sprinkle the top with currants, chopped almonds, and coarsely crushed lump sugar according to your own likes. Bake in a 350° oven about 20 minutes until golden. Cool and cut into diamond shapes.

While you are making this, you might appreciate a bit of liquid refreshment to share with your kitchen helpers. A very appropriate Scandinavian drink is an **Aquavit Mary:** 2 jiggers of aquavit ("Linie" if you want to stick to Norway, or Aalborg for Denmark) in a tumbler or Old Fashioned glass. Fill with tomato juice, add a shake of pepper, salt, and Worcestershire sauce to taste.

In Colombia, to jump like Santa to another part of the world, you might get a **Bloody Caesar** for Christmas (according to London man-about-town Eduardo Llano), one part each vodka, clam juice, and tomato juice. Dip the lightly dampened rim of the glass you use in salt, add ice, and stick a stalk of celery into it as a stirrer.

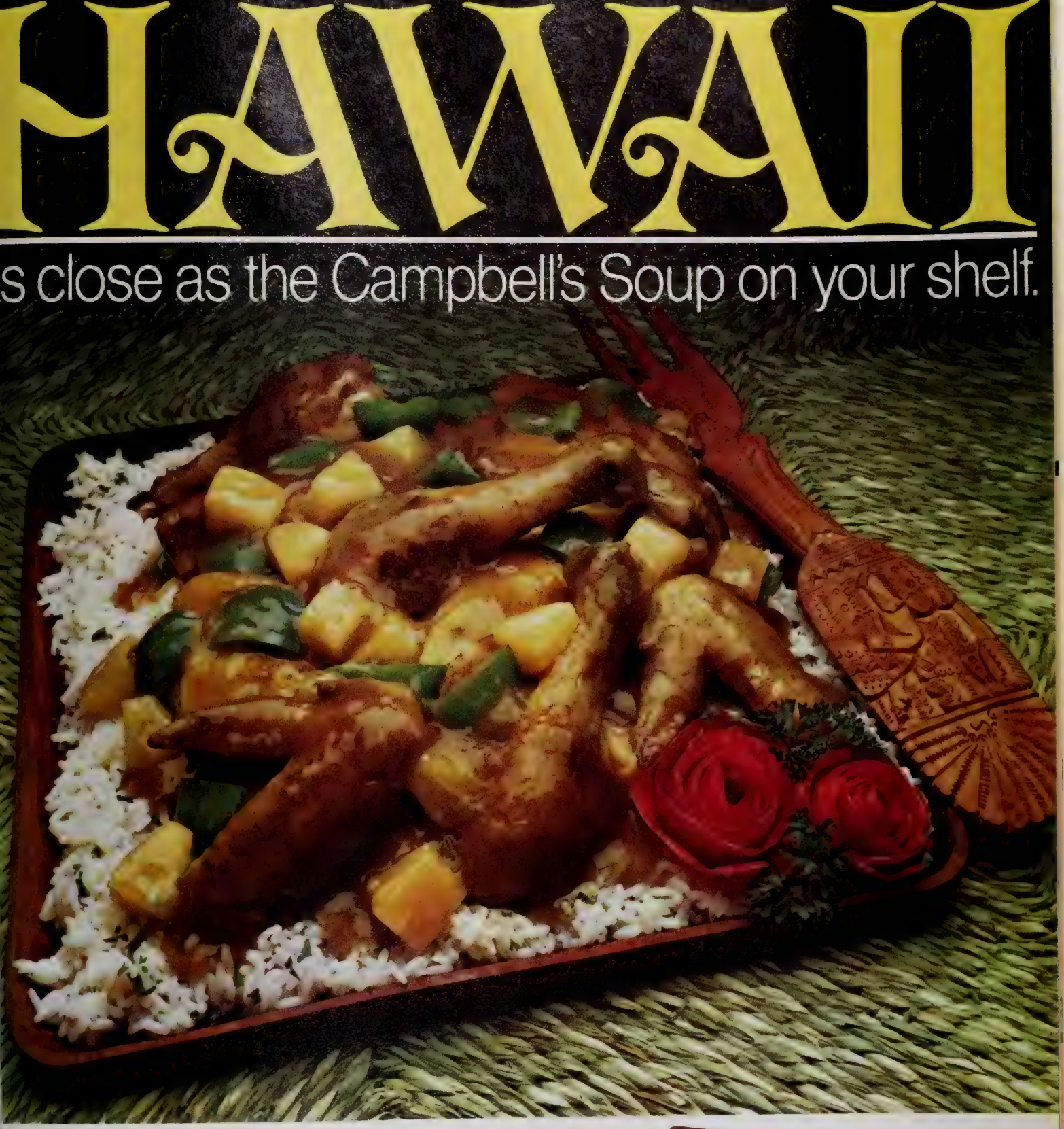
In the Waloon part of Belgium, where midnight mass is the most important Christmas event, Christmas carols themselves are called "Noëls." Families tend to put presents around crèche figures they have preserved from generation to generation, some of them centuries old, in addition to a tree. Their St. Nicholas brings toys to the children well before he gets to America—something to do with the time difference, I suspect—for he climbs down Belgian chimneys on December 6. Belgian children dress up like the three Kings of Orient-Are (as I used to think it was) and collect money from sentimental adults on Christmas Eve. On that Eve, too, all Belgian sheep turn their faces towards the East, bees swarm, sunken bells toll if there are any, and you can see towns like Atlantis clearly through water. 'Struth.

Belgians are mainly beer and wine

Continued on page 168

HAWAII

s close as the Campbell's Soup on your shelf.



nd-Style Chicken

n (about 8 ounces) pineapple unks in heavy syrup
unds chicken parts
olespoons shortening
n Campbell's Chicken Broth
up vinegar
olespoons brown sugar
2 teaspoons soy sauce
1 large clove garlic, minced
1 medium green pepper, cut in squares
3 tablespoons cornstarch
¼ cup water

n pineapple chunks, reserving syrup. In skillet, brown chicken in tening; pour off fat. Add reserved syrup, broth, vinegar, sugar, soy, garlic. Cover; cook over low heat 40 minutes. Add green pepper and apple chunks; cook 5 minutes more or until done. Stir occasionally. nbine cornstarch and water; gradually stir into sauce. Cook, stirring until kened. Serve with cooked parsleyed rice. Makes 4 servings.



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A world of good cooking brought home with Campbell's.

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drinkers, but their neighbors, the Dutch, sometimes like a sip or two of **Kandeel** with their Christmas dinner. This is a kind of punch in which a ¾-ounce stick of cinnamon, 10 cloves, and the peel of a lemon are simmered in half a pint of water for over an hour. Strain out the spices, allow the liquid to cool. Beat 6 egg yolks with ¼ pound sugar until foamy. Add the liquid, stirring as you do so, then a bottle of white wine (Rhine wine is what they use). This is then warmed up and blended by stirring it in a simmering double boiler for a minute or two.

With Christmas dinner, Greeks drink local wine, like Demestica. Before eating, they are likely to have an *ouzo*, an anise drink made with a couple of ounces of ouzo in a tall glass with ice, filled with water. Or they might have a *retsina*, resin-flavored white wine, as a prelude to a meal. After the meal a sip of Greek brandy would not be unusual. Metaxas is a well-known brand. In a modern home, a cocktail might be drunk—I would suggest an **Athenian Cooler:** 5 parts each curaçao and lemon juice, 1 part each gin and crème de menthe. Shake well with ice; pour into glasses with a dash of Angostura. Old Greek for wine was *oinos*, from their word *onisis*, meaning to benefit. All this beneficial imbibing can, and often does, bring on an attack of *kefi* (joie de vivre) and the start of impromptu dancing!

Although today's French Christmas Eve celebrations are more inclined to be theatrical than churchy, their big effort at Christmas is gastronomic: *reveillon*, a meal eaten after midnight mass. In the south, it is still traditional for this to be mainly vegetarian, ending with cheese and Thirteen Desserts in the early hours. The 13 symbolizes the 12 Apostles and Christ, and consists mainly of various fruits—figs, raisins, nuts, nougat, and so on. Snails and oysters are allowed, presumably because they are not "meat." The French might begin a reveillon with pistou, a soup made with basil. In Alsace the traditional things to eat at Noël are onion tart, roast goose, and Münster cheese. And all over France Christmas is a tough time for geese because the French like goose instead of turkey, and foie gras is consumed in large quantities, washed down with Champagne.

In addition to the bubbly, however, you might feel like further Frenchifying your affair with a **Parakeet**. This is 2 jiggers of Pernod and a dash of crème de menthe in a tall glass of ice, filled with soda, decorated with a sprig of mint. Or perhaps, since Cognac is France's number one alcohol, you could have **French Coffee**, one third each Cognac, Cointreau, and very cold black coffee, shaken with ice. Green drinks are Christmassy, and Peppermint-Get, my favorite crème de menthe, is perfect by itself, frappé. Incidentally, when you have a liqueur that gives you a choice of green or yellow (like Chartreuse or Izarra, all good Noël nogs), the green version is always the stronger.

England's tradition at Christmas is the forerunner of ours, with holly and mistletoe, and a decorated tree for the gifts that St. Nicholas brings. In one rather untraditional British household I know, however, they have a sort of smorgasbord for Christmas lunch, during which presents are opened. This is an easier way to feed a gaggle of small children than a sit-down meal. The grown-ups meantime can knock back the real **English Egg Nogs** of 12 egg yolks beaten until thick to which ¾ cup of confectioners sugar is added while you beat until dissolved. Blend in ¾ cup of Scotch whiskey. Now beat the 12 egg whites until stiff, gradually adding another ¾ cup of sugar. Fold the whites into the yolk mix, add ¾ cup brandy and ½ cup rum. Keep on beating as you fold in 1 to 2 cups of lightly whipped heavy cream. Sprinkle the top with grated nutmeg and enjoy. (You can cut down the quantity of sugar beneficially, I think.)

If that is too much trouble, try an **Old Etonian**, as made by London's Savoy Hotel bartender, Harry Vickers: equal parts of gin and dry vermouth, two dashes each orange bitters and almond liqueur (crème de Noyaux). Shake well with ice, strain into a glass, squeeze an orange peel over each drink. The Savoy also does a delicious, easy dessert, **Pears in Chartreuse**: Peel fresh pears, slice thinly lengthwise over a shallow dish to catch the juice. Transfer to a glass dish with their own juice and sprinkle with a few drops of lemon juice. Toss them gently as you would a salad. Pour a little green Chartreuse over them to taste. The pears should be prepared an hour or two before you want to eat them. Whipped cream on top.

Germany claims more or less to have invented yuletide celebration as we know it today, and they celebrate it charmingly. Nearly every window in every house has lights in it. The prows of the Rhine barges are decorated with small but real Christmas trees. Germans say the first-ever recorded Christmas tree was one in their country in 1539 and are proud of the fact that Prince Albert, Queen Victoria's princely husband, brought the tree-and-presents custom to Britain a little over a century ago. Whatever the historic facts are, Christmas Eve, not Day, after dark, is the Christmas climax, and they insist on real candles on a real tree. German celebration begins, however, with St. Andrew's night, November 30, when, theoretically, they start preparations by fasting and refraining from both dancing and marriage! St. Nicholas, who began life as Bishop of Myra in what is now Turkey, shows up with presents on December 6.

German punches at Christmastime are inclined to be sweet, but you might like an **Old Hamburg Health Drink**, consisting of 8 beaten eggs, 4 ounces dry sherry, 2 ounces German gin (an aromatic type of gin, with a pronounced juniper flavor—Bommerlunder and Steinhager are two noted brands), sugar to taste, a pinch of nutmeg, and half a pint of cream. Beat all ingredients except cream together and heat them slowly, stirring gently with a whisk, until the mixture thickens. Heat the cream and blend it slowly (don't let it boil) into the rest. Let stand ¾ hour and serve. ■

Delicious breads
continued from page 161

Cranberry bread

INGREDIENTS

2 cups whole-wheat flour
½ cup wheat germ
1 cup brown sugar
2 teaspoons baking powder
½ teaspoon baking soda
1 teaspoon salt
Zest of 1 orange, grated
½ cup orange juice
2 tablespoons vegetable oil
1 cup cranberries, chopped

METHOD

☐ Combine flour, wheat germ, sugar, baking powder, soda, salt in large bowl.

☐ Beat together the orange zest, juice, oil, and ¼ cup warm water and stir into the dry ingredients. Add cranberries and stir to distribute evenly. Pour batter into 1 greased loaf tin, about 4 by 7½ inches, bake in preheated 350° oven 50–60 minutes. Turn out of pan, cool on rack.

Lemon bread

INGREDIENTS FOR BREAD

6 tablespoons vegetable shortening
1 cup sugar
1½ teaspoons lemon zest, grated
2 eggs
1½ cups flour
1 teaspoon baking powder
½ teaspoon salt
½ cup milk
1 cup walnuts, chopped fine

INGREDIENTS FOR TOPPING

1 tablespoon lemon juice
½ cup confectioners sugar

METHOD

☐ Cream the shortening in a bowl with the sugar and lemon zest. Add eggs and blend well. Mix in the dry ingredients. Stir in the milk, then add the nuts and stir to distribute evenly. Pour the batter into a small greased loaf pan, about 3 by 7 inches, and bake in a preheated 350° oven ½ hour. Reduce heat to 275° and bake ½ hour longer. Turn bread out of the pan. Mix the lemon juice and sugar together and pour over the bread while it is still hot.

Continued on page 170

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Delicious breads
continued from page 168

Corn sticks

INGREDIENTS

1 cup all-purpose flour
1 cup cornmeal
1 tablespoon baking powder
1 teaspoon salt
1 cup milk
2 tablespoons butter, melted
2 eggs, beaten
Vegetable shortening for molds

METHOD

☐ Sift dry ingredients together into a bowl. Blend in the milk and butter, then add eggs and mix well.

☐ Heat greased iron corn-stick molds (to make 3-inch corn sticks) or large iron skillet in the oven until hot. Spoon batter into the molds or pan until they are ¾ full. You may have to do the corn sticks in several batches. Bake in a preheated 400° oven 18–20 minutes. Remove corn sticks from molds at once and serve hot or let cool on racks, wrap, and store in refrigerator or freezer. Makes 2 dozen.

Cornflake muffins

INGREDIENTS

¼ pound butter
¾ cup brown sugar
1 egg, beaten
1 cup flour
2 teaspoons baking powder
½ teaspoon salt
¾ cup milk
2 cups cornflakes

METHOD

☐ Cream butter and sugar together in a bowl. Add the egg and mix well. Sift flour, baking powder, and salt together and add to the butter mixture alternately with the milk. When well blended, fold in the cornflakes. Pour batter into greased muffin tins and bake in a preheated 400° oven 20 minutes. Turn out of muffin tins and let cool on racks. Makes 12 large or 24 small muffins.

Christmas bread

INGREDIENTS

2 cakes fresh yeast
¼ cup warm water
½ cup plus 1 teaspoon sugar
2 cups milk
1 ounce (¼ stick) butter
1 tablespoon salt
2 eggs, beaten
8 cups all-purpose flour, sifted
Confectioners sugar mixed with milk, for frosting
Mixed glazed fruits for garnish
Toasted pecans and almonds for garnish

METHOD

☐ Dissolve the yeast in the warm water and 1 teaspoon sugar. Place the milk in a saucepan and heat to scalding. Add the butter (it will melt), then let the milk cool slightly. Place the ½ cup sugar in a large bowl with the salt, stir in the milk, the yeast mixture, and the eggs. Gradually mix in enough flour to make a fairly stiff dough. Cover with a towel and let rise until doubled in bulk.

☐ Turn the dough out onto a floured surface and knead 10 minutes. Divide the dough in half and set one half aside, covered with a towel. Roll the other half out on a floured surface until it is ¾ inch thick, then cut it in 3 strips. Beginning with the end farthest from you, braid the strips tightly, pressing the strips together at the bottom. Repeat with the second half of dough. Let the loaves rise until almost doubled again and bake on an ungreased baking sheet in a preheated 350° oven 20–30 minutes.

☐ When the loaves are cool, frost with the confectioners-sugar-and-milk icing, then sprinkle with glazed fruit and nuts.

Apricot bread

INGREDIENTS

1 cup boiling water
1½ cups dried pitted apricots
½ teaspoon baking soda
1 cup sugar
2 eggs
2¼ cups all-purpose flour
1 tablespoon baking powder
1 cup chopped nuts
Butter

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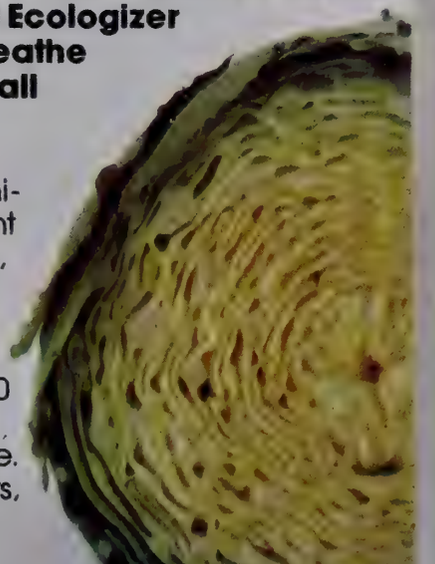
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ETHOD

Pour boiling water over the apricots in a rge bowl and let stand until the fruit is nder. Drain the apricots, reserving the liq- d—add enough water to bring the liquid 1 cup. Chop the apricots and reserve.

Pour the apricot liquid into a large bowl. ix in the baking soda, sugar, and eggs. dd the apricots, flour, baking powder, and uts and blend well. Pour the batter into a nall buttered loaf pan about 3 by 7 inches nd bake in a preheated 350° oven 45 min- es. Turn out of pan and cool on rack. akes 1 loaf.

teamed brown bread

IGREDIENTS

cup cornmeal
cup graham or whole-wheat flour
cup whole-wheat flour
cups buttermilk
cup molasses
cup sugar
teaspoon salt
teaspoons baking soda
egetable oil or butter for mold

ETHOD

Mix the cornmeal and flours together in large bowl and set aside. Place the but- rmilk in a second bowl and stir in the mo- sses, sugar, salt, and baking soda. Stir e liquid into the dry ingredients, blending ell. Pour the batter into a well-greased ½-quart pudding mold, bundt pan, or mel- n mold. Cover with a lid or greased foil. ace the mold on a rack in a large kettle. our in boiling water to come halfway up e side of the mold, cover, then steam ver moderate heat 3½ hours. Remove old from water, let stand briefly, then in- ert onto a plate and unmold.

Whole-wheat bread

NGREDIENTS

packages active dry yeast
cup milk, heated
teaspoon sugar
cups quick rolled oats
½ cups boiling water
cup dark molasses
½ tablespoons butter
tablespoon salt
½ cups all-purpose flour
½ cups whole-wheat flour
cup wheat germ
lelted butter

IETHOD

Dissolve the yeast in the warm milk with e sugar. Place the rolled oats in a large owl and pour the boiling water over. Stir ell and let cool.

Heat the molasses, butter, and salt to- ether in a small pan and stir into the oats. dd the yeast mixture and blend well. radually add the flours and wheat germ nd mix well with the hands. Cover the owl with a towel and let dough rise in a arm place until doubled in bulk. Turn ough out onto a floured surface and

Continued on page 174



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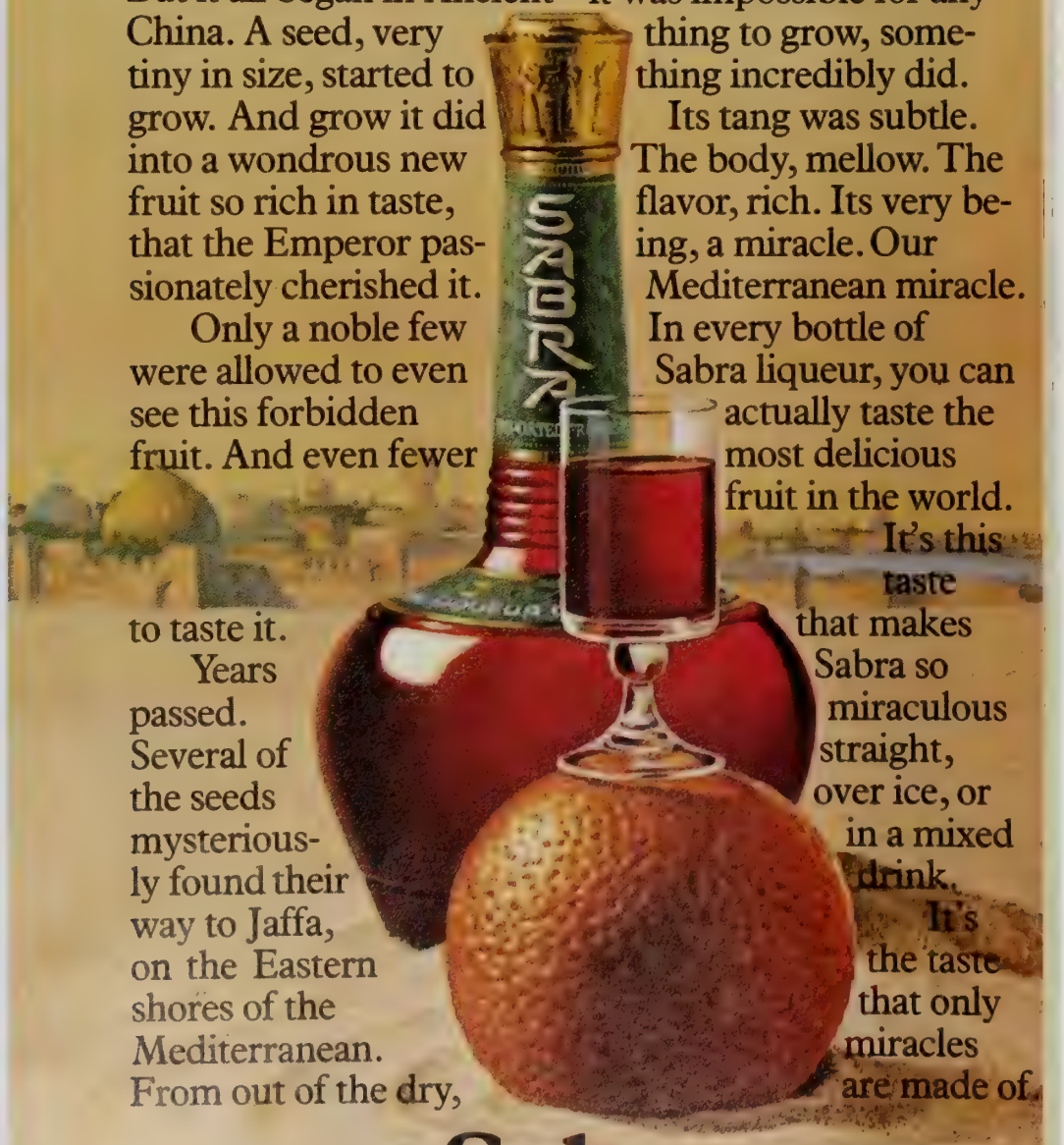
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knead until smooth, 10–12 minutes. Divide in half and shape into loaves. Place in 2 greased 9-by-5-inch loaf pans. Let rise again until doubled in bulk. Bake in a preheated 350° oven 1 hour or until loaves are nicely browned and hollow-sounding when rapped on the bottom. Let cool on racks and brush with melted butter while warm.

Orange rolls

INGREDIENTS FOR DOUGH

2 cakes fresh yeast
¼ cup warm water
½ cup plus 1 teaspoon sugar
2 cups milk
¼ pound butter
1 tablespoon salt
1 egg, beaten
6 cups all-purpose flour, sifted

INGREDIENTS FOR ORANGE FILLING

2 tablespoons orange zest, grated
½ cup orange juice (do not strain)
1 cup sugar
½ cup butter
1 cup pecans, toasted and chopped (optional)

METHOD FOR DOUGH

☐ Dissolve the yeast in the warm water and 1 teaspoon sugar. Heat the milk to scalding in a small pan and add the butter (it will melt), then let cool. Place ½ cup sugar and the salt in a large bowl and add the cooled milk. Stir in the eggs, then the yeast mixture. Gradually mix in the flour until the dough forms a ball. Knead about 10 minutes, until smooth and elastic. Cover the bowl with a towel and let dough rise in a warm place until doubled in bulk.

METHOD FOR ORANGE FILLING

☐ Combine all ingredients in a saucepan and bring to a boil, stirring. Let the mixture boil slowly—do not stir—until it reaches 228°F on a candy thermometer. Remove pan from heat, let mixture cool slightly.

METHOD FOR ASSEMBLY

☐ Turn the dough out onto a floured surface and roll to ½ inch thick. Spread with the filling mixture, leaving a ½-inch border all around free—sprinkle nuts over filling if you wish—and roll the dough up away from you as you would for a jelly roll. Slice the roll into 1-inch pieces and place them in buttered muffin tins. Let the rolls rise until almost doubled in bulk, then bake in a preheated 350° oven 20 minutes. Turn out of tins and cool on racks. Makes 24 rolls.

Brazil-nut fruit cake

INGREDIENTS

¾ cup flour
¾ cup sugar
½ teaspoon baking powder
½ teaspoon salt
3 cups whole Brazil nuts
2 packages whole pitted dates
1 cup maraschino cherries, drained and chopped
3 eggs
1 teaspoon vanilla
Vegetable shortening or butter for loaf pan

METHOD

☐ Sift together flour, sugar, baking powder, and salt into a large bowl. Add the nuts, dates, and cherries. Mix well. Beat the eggs with the vanilla and blend into the flour mixture. Pour into a 3-by-7-inch greased loaf pan lined with greased parchment paper. Bake in a preheated 350° oven 45–60 minutes. Let cool briefly in pan, then turn out of pan and finish cooling on a rack. ■

Mexican flavor

continued from page 162

Shrimp seviche

(Seviche de camarones)

INGREDIENTS

2 pounds small or medium shrimp, shelled and deveined (if medium sized, cut in half)
1 cup lemon or lime juice
2 medium tomatoes, peeled, seeded, and coarsely chopped
1 or 2 canned jalapeño chili peppers, rinsed, seeded, and coarsely chopped, or any fresh hot red or green pepper, 1 or more according to taste
2 pimientos, coarsely chopped
1 medium onion, peeled and finely chopped
2 tablespoons fresh coriander (cilantro), chopped
6 tablespoons vegetable oil
2 tablespoons lemon juice (reserved from shrimp)
Salt, freshly ground pepper
Lettuce

METHOD

☐ Put the shrimp into a bowl with the lemon or lime juice and refrigerate about 3 hours, or until they are opaque, turning once or twice.

☐ Drain the shrimp and reserve the lemon juice. Put the shrimp in a bowl with the tomatoes, hot peppers, pimientos, onion, and coriander. Beat the oil and lemon juice with salt and pepper to taste and pour over the shrimp mixture. Toss lightly to mix. Serve on a bed of lettuce leaves. Serves 8–10.

Turkey in mild pepper and chili sauce

(Pavo en salsa de chile ancho y chocolate)

INGREDIENTS

4 tablespoons vegetable oil
7–8 pound turkey, cut into serving pieces
2 cups chicken stock
Salt, freshly ground pepper
8 ancho peppers (available in specialty shops and Spanish markets)
2 fresh hot red or green peppers, seeded and chopped
1 large or 2 medium onions, peeled and coarsely chopped
2 cloves garlic, chopped
4 medium tomatoes, (about 1 pound), peeled and chopped
1 ounce bitter chocolate, broken into bits

METHOD

☐ Heat the oil in a large skillet and sauté the turkey pieces, a few at a time, until golden brown on both sides. Transfer the turkey to a large casserole. Reserve skillet; do not wash. Pour in the stock, season to taste with salt and pepper, cover, and simmer gently until the turkey is almost tender, about 1 hour.

☐ Meanwhile, tear the stems from the ancho peppers, shake out the seeds, and discard the stems and seeds. Tear the peppers into pieces and put them to soak in 1 cup warm water for 30 minutes, turning from time to time. If the peppers are very dry, soak a little longer.

☐ In a blender or food processor combine the onion, garlic, tomatoes, hot peppers, and the ancho peppers with the water in which they have soaked and process to a paste-like purée. Add enough oil to the skillet to bring the fat to 4 tablespoons. Add the onion-pepper mixture and sauté over low heat, stirring constantly, about 5 minutes. Gradually stir in 2 cups of the turkey stock and the chocolate and simmer, uncovered, about 10 minutes over low heat. Tip casserole to drain the turkey pieces of any remaining liquid and set liquid aside for use as stock. Pour the contents of the skillet over the turkey pieces in the casserole, cover, and simmer very gently 30 minutes to blend the flavors. Serve the turkey with plain white rice, beans, tortillas, and green bean and avocado salad (recipe below). Serves 8–10.

Green bean and avocado salad

(Ensalada de ejotes y aguacates)

INGREDIENTS

2 large avocados, peeled and cubed
3 medium tomatoes, cut into ½-inch slices, then each slice cut into quarters
1 pound cut green beans, cooked
3 scallions, chopped (use both white and green parts)
1 cup oil and lemon juice dressing
Lettuce

METHOD

☐ Mix together all the ingredients except the lettuce. Arrange in a salad bowl lined with lettuce leaves. Serves 8–10.

Pineapple with strawberries

INGREDIENTS

1 large pineapple
Granulated sugar
Kirsch or Cointreau
1–2 pints ripe strawberries, hulled

METHOD

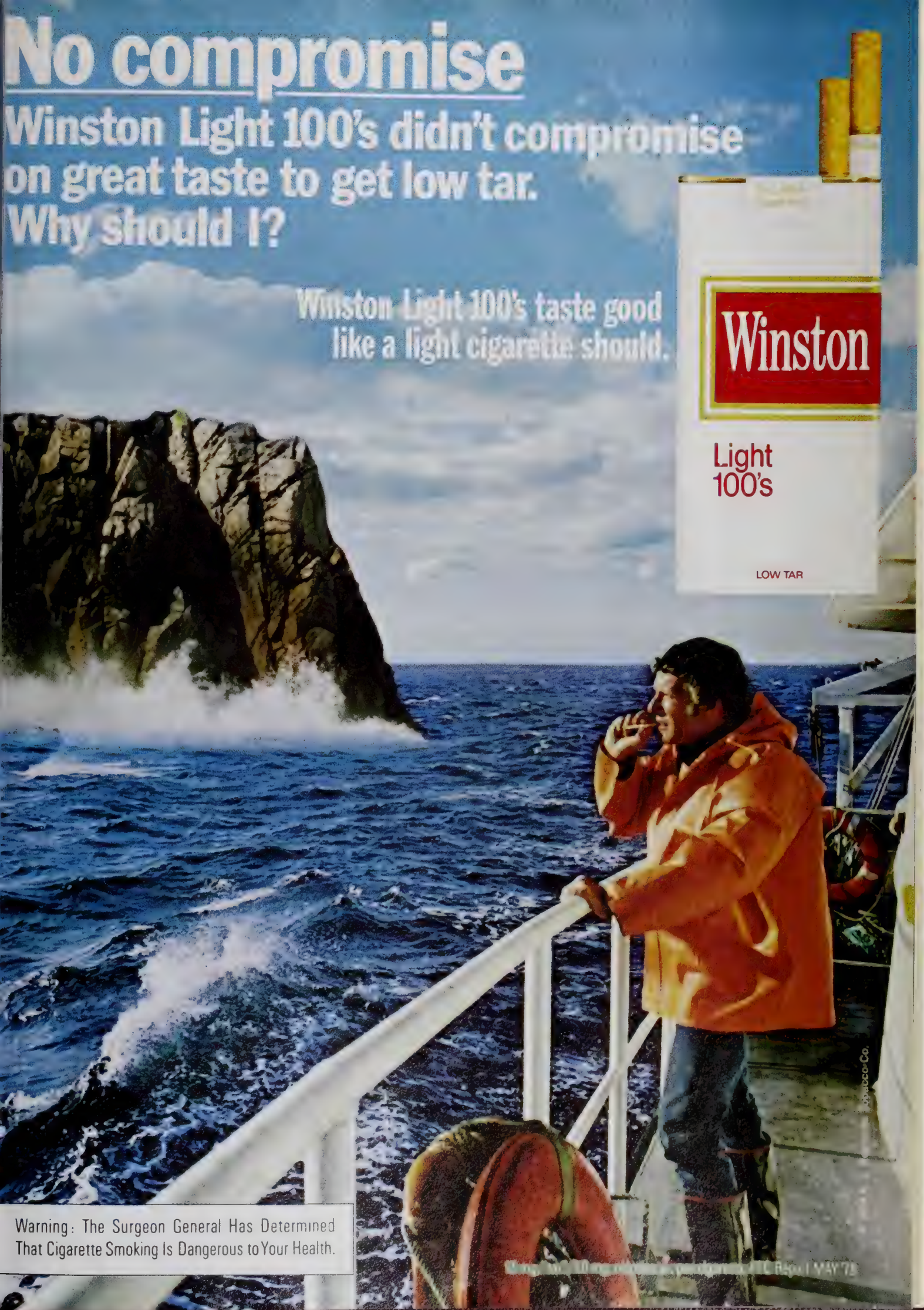
☐ Halve the pineapple lengthwise, leaving the leaves on. Scoop out the flesh, cut away the core, and cut the fruit into cubes. (Reserve the pineapple shell.) Put fruit into

Continued on page 176

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Mexican food
continued from page 174

a bowl, sprinkle with sugar to taste and 2 or 3 tablespoons kirsch or Cointreau. Refrigerate 1–2 hours. Macerate an equal amount of strawberries in another bowl with sugar to taste and 2 or 3 tablespoons kirsch or Cointreau. Refrigerate. When ready to serve, lightly combine the fruits and pile up in the pineapple shell. Serves 8–10. ■

Christmas buffet
continued from page 162

Suzy's soufflé

INGREDIENTS

¾ cup flour
¾ cup milk
2 eggs
Pinch salt
¼ cup butter

METHOD

☐ Mix together in a bowl flour, milk, eggs, and salt. Do not overbeat. Heat butter in an ovenproof 10- or 12-inch metal pan. When it is frothy, pour in the batter and place in a cold oven. Turn heat to 450° and bake 15 minutes. Reduce heat to 350° and bake 20 minutes longer, or until popover is brown and ripply. ■

Pasta sauces
continued from page 165

Green spaghetti

INGREDIENTS

2 cups cold-pressed virgin olive oil (the greener it looks, the fresher it will be)
1½ cups fresh parsley, trimmed of stems and chopped
2–3 cloves garlic, peeled
Salt, freshly ground pepper
1 pound spaghetti

METHOD

☐ Several hours before serving, pour the olive oil into a bowl and stir in the parsley and garlic; let stand to absorb flavors, the longer the better.

☐ Just before serving, add spaghetti to 6 quarts boiling salted water, stir, and cook until *al dente*. Drain quickly, turn into heated serving bowl, remove garlic from oil-parsley mixture, and pour sauce over pasta. Season to taste. Serves 4–5.

Pink tortiglioni

INGREDIENTS

5 very ripe tomatoes or 10 Italian plum tomatoes
2 cups fresh basil leaves
5 tablespoons cold-pressed virgin olive oil
3 tablespoons crème fraîche or heavy cream
Salt, freshly ground pepper
1 pound tortiglioni (corkscrew pasta)

METHOD

☐ Place tomatoes, basil leaves, oil, cream, and salt and pepper to taste in a blender. Add tortiglioni to 6 quarts boiling salted water, stir, and cook until *al dente*. While the pasta cooks, blend the sauce 3 minutes—it should be frothy. Pour sauce into a saucepan and cook over low heat 3–4 minutes until warmed through. Drain the pasta quickly, turn into a heated serving bowl, and pour the sauce over. Serves 4–5.

Penne with green tuna sauce

INGREDIENTS

1 pound penne
1 6- or 7-ounce can white tuna packed in olive oil
3 anchovy fillets, drained and rinsed
1 cup fresh parsley, chopped
1½ cups olive oil
Salt, freshly ground white pepper

METHOD

☐ Add penne to 6 quarts boiling salted water, stir, and cook until *al dente*. Just before penne is done, place tuna, anchovies, parsley, oil, and pepper to taste in a blender. Blend the sauce 60 seconds. Since the tuna absorbs a great deal of oil, it is best to blend the sauce at the last moment, otherwise you will have to add more oil. Drain



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It's incredibly easy.

Just follow the simple recipe on the right.

GF GENERAL FOODS

ta quickly, turn into a heated serving vl, pour the sauce over. Serves 4–5.

aghetti with raw tomatoes, egano, and mozzarella

GREDIENTS
ound spaghetti
t
cups olive oil
7 not-too-ripe tomatoes, cut into small ubes
ablespoon dried oregano, or 1 cup resh basil leaves
unces fresh mozzarella, cut into small ubes (or more to taste)

THOD
Add spaghetti to 6 quarts boiling salted er, stir, cook until *al dente*. Drain pasta ckly, turn into a heated serving bowl, s gently with oil, tomatoes, oregano, zzarella. If you wish to heat sauce—a ation for the winter—reserve half the zzarella cubes to toss with the spaghetti before serving. Serves 4–5.

aghetti with caviar

GREDIENTS
cups crème fraîche or heavy cream, r use melted butter or olive oil
ound spaghetti
t
ce of ½ lemon
1 small tin or jar pressed caviar or fish roe

METHOD
☐ Place crème fraîche in a saucepan and warm gently over low heat. Add spaghetti to 6 quarts boiling salted water, stir, and cook until *al dente*. Just before pasta is done, stir lemon juice and caviar into crème fraîche and heat through. Drain pasta quickly, turn into heated serving bowl, and pour sauce over. Serves 4–5.

Tagliolini with smoked salmon and whiskey

INGREDIENTS
1 pound tagliolini
Salt
1½ cups crème fraîche or heavy cream
6 ounces Scotch
2–3 thin slices smoked salmon, cut in narrow strips
Freshly ground black and white pepper

METHOD
☐ Add tagliolini to 6 quarts boiling salted water, stir, and cook until *al dente*. While pasta cooks, warm the crème fraîche and Scotch in separate saucepans over low heat. Just before pasta is done, add salmon to Scotch for 15–20 seconds, remove, and mix into crème fraîche. Drain pasta quickly, turn into heated serving bowl, pour cream and Scotch over, season to taste, and toss well. Serves 4–5. ■

Finger foods
continued from page 161

- Sauté halved chicken livers in butter with shallots and flame with Reynac Pineau des Charentes, a cognac-based apéritif. Serve with a bowl of cool green grapes, so that guests can spear some of each onto small wooden skewers.
- Complement a rich garlicky French pâté with a bowl of crisply chilled Mexican pickled vegetables. They're available in jars in supermarket Mexican food sections.
- Wrap good, thinly sliced smoked ham around stalks of raw asparagus, fennel, or green beans and offer a pot of curry-and-mustard-flavored mayonnaise for dipping.
- Sopressata, a dry, spicy Italian sausage, is available hot or sweet at Italian delis and many supermarkets. Offer both on a cutting board with a few sharp knives, crusty whole-wheat Italian bread, and a big bowl of caponata, the Italian ratatouille, available in cans.

Fish

- Surround chunks of olive-oil-packed tuna with capers, lemon wedges, chopped onion, parsley, and chopped egg—voila! Tuna tartare. Serve with dark bread or melba toast.
- Serve a sardine smorgasbord of several different kinds with fresh rye or Jew-

Continued on next page





A stamp collecting kit isn't an ordinary gift your kids will get bored with. It's the beginning of a hobby that can fascinate them for a lifetime, and that you can enjoy with them.

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crisp and barely colored.

- Animal crackers: Cut out animal or other shapes from bread with cookie cutters before baking. Turn scraps into bread crumbs.
- Try puffed-rice cakes from the health food store. They come in various flavors—brown rice with sesame, corn, or salt-free. Serve them with cashew butter or tahini topped with crumbled bacon or sliced scallions.
- Look for corn tortillas in the refrigerated-foods section of the supermarket. Crisp in a hot oven and serve with dips.
- The fresh, whole-grain, very thinly sliced continental-style rye and pumpernickel breads (the loaf is usually square) taste terrific with semisoft cheeses as well as Swiss and Gruyère. Serve with old-fashioned grainy mustard, or the new extra-strength, salt-free Dijon-style mustard.
- Look for Hovis crackers imported from England at cheese and specialty shops. The crisp, thin 3-inch round cookies have a warm baked-wheat flavor that goes best with mild cheeses. ■

Meal in minutes

continued from page 158

Noodles with carrots and dill

INGREDIENTS

1 small carrot, trimmed and scraped
½ pound fine noodles
Salt to taste
5 tablespoons butter
Freshly ground pepper to taste
1 tablespoon fresh dill, chopped

METHOD

☐ Cut the carrot lengthwise into ¼-inch-thick slices. Stack the slices and cut them into ½-inch-thick strips. Cut the strips into 2-inch lengths. There should be about ⅔ cup.

☐ Put the noodles on to cook in boiling salted water, to the desired degree of doneness.

☐ Heat 2 tablespoons butter in skillet, add carrots. Sprinkle with salt and pepper. Cook about 2 minutes, stirring.

☐ When the noodles are ready, drain them quickly but thoroughly. Spoon them onto the carrots. Add the dill and remaining butter and toss quickly. Serve hot. Serves 4. ■

Finger foods

continued from page 177

ish corn bread, sweet butter, and thinly sliced red onion. Garnish platter with ripe cherry tomatoes.

- Tiny brook trout, available canned in specialty food shops, are delicious chilled, arranged on Boston lettuce, and served with caper mayonnaise and tiny bread-and-butter sandwiches.
- A creamy tonnato dip: Blend 1 7-ounce can drained tuna with a cup of mayonnaise and season with basil, capers, and chopped onions to taste. Particularly good on cucumbers, raw mushrooms, peppers.
- Indulge in crab and salmon without spending a fortune with one of these luxurious dips—serve with crudités and melba toast: Smoked salmon dip—blend 4–6 ounces minced smoked salmon (leftover scraps are perfect for this) into 2 cups sour-cream dill dip flavored with Dijon mustard and scallions. Crab mayonnaise—Thaw and drain 1 6-ounce package frozen crabmeat and blend with 1 cup mayonnaise, ½ cup sour cream, 2 tablespoons chili sauce, 1 tablespoon dry sherry, Worcestershire, and Tabasco to taste. Chill well before serving.

Dips for vegetables

- Blend equal quantities of sesame paste and garlicky vinaigrette dressing and serve as a dip with crisp raw vegetables and toasted pita bread triangles.
- Orange-tomato cream: Blend mayonnaise with grated orange zest and tomato paste until rosy.

Breads and crackers

- Grissini, those foot-long, pencil-thin breadsticks, are especially good with antipasto.
- AkMak are a recent contribution to the natural foods cocktail table. Light and crisp, these break-apart whole grain crackers are delicious with cheeses and spreads.
- Remember plain or onion matzo—its nutty flavor and crackling crisp texture make it the perfect all-purpose cracker.
- Homemade Melba toast: Halve slices of white, rye, or whole-wheat thin-sliced bread and bake on a cookie sheet at 325° 15–20 minutes until



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ALMOND PINECONES

- 1-1/4 cups BLUE DIAMOND® Whole Natural Almonds
- 1 8-oz. pkg. PHILADELPHIA BRAND Cream Cheese
- 1/2 cup KRAFT Real Mayonnaise
- 5 crisply cooked bacon slices, crumbled
- 1 tablespoon chopped green onion
- 1/2 teaspoon dill weed
- 1/8 teaspoon pepper

Spread almonds in a single layer in shallow pan. Bake at 300°, 15 minutes, stirring often, until almonds just begin to turn color.

Combine softened cream cheese and mayonnaise; mix well. Add bacon, onion, dill and pepper; mix well. Cover; chill overnight. Form cheese mixture into shapes of two pinecones on serving platter. Beginning at narrow end, press almonds at slight angle into cheese mixture in rows. Continue overlapping rows until all cheese is covered. Garnish with artificial pine sprigs. Serve with crackers. 1-1/2 cups.



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ays of presents
ntinued from page 125

ountry terrine with azelnuts

GREDIENTS

cup chicken livers
slices firm bread, crusts removed
pound salt pork (freeze ½ hour before use)
medium onion, peeled and finely chopped
large clove garlic, minced
pound veal, ground
pound chicken, preferably dark meat, ground
cup parsley, chopped
lt
eshly cracked pepper
teaspoon mixed thyme and savory
tablespoons cognac
iuniper berries, pulverized
cup hazelnuts, roughly chopped
tter
large hazelnuts for garnish
niper or hemlock sprigs for garnish

ETHOD

Trim chicken livers of any fat or green- portions. Place them on a cutting board d slide a knife through the mass repeat- ly until the livers are well chopped.

Soak the bread slices in a bowl of water til soft, then squeeze them until they are damp mass. Crumble bread into a large xing bowl and add livers.

Cut the salt pork into small dice. The siest method is to have the block of fat lf frozen before dicing. Cut the dice di- ctly against the rind, then slice off the hall cubes. Place the salt pork in the mix- g bowl and add all other ingredients ex- pt the garnishes. Mingle everything well th the hands.

Pack the mixture into a lightly buttered cup terrine or soufflé dish. Cover the ter- e loosely with aluminum foil and place e dish in a bain-marie (a larger pan hold- g an inch or so of water). Bake in a pre- ated 325–350° oven 1 hour. The water ould steam but not bubble.

Remove the terrine from the bain-marie, cover, and tip it slightly to drain off any uids. Place a double thickness of alumi- m foil on top and weight the loaf with nned goods. When cool, place weighted rrine in refrigerator overnight.

To garnish, arrange 3 whole hazelnuts a centered triangle on top of the loaf and ace 2 small sprigs of piny green on either de. Serves 10 generously.

Note: For a more finished look, or if the rrine is not to be eaten soon, a thin layer aspic quickly composed from clarified icken stock and gelatin can be poured er the surface. Another attractive preser- tion method, which will hold any terrine 10–12 days, is to pour melted butter o the dish until it forms a solidly protec- e layer over the meat. Chill, then coat e butter with a mixture of dried herbs. over and refrigerate until needed.

"Sausage"

INGREDIENTS

⅓ cup natural pistachio nuts, shelled
10 ounces almonds, blanched and ground
6 ounces semisweet chocolate, grated
Large pinch cinnamon
½ cup dark raisins
1 egg
½ cup sugar
1 tablespoon butter, melted
Granulated sugar
Confectioners sugar
Cocoa

METHOD

☐ Peel the skins from the pistachio nuts by placing them in a small pan of boiling water for 1 minute. Drain the nuts and rub them with a kitchen towel to remove the skins. Mix pistachios, almonds, grated chocolate, cinnamon, and raisins in a bowl.

☐ Beat the egg with ½ cup granulated sugar until it is thick and pale. Add egg and melted butter to the dry mixture and combine all ingredients with the hands. Knead and compress the mass; then, still using your hands, place it in a saucepan over very low heat. Continue stirring and turning until the chocolate becomes slightly warm (there should be no *melted* chocolate). Remove the mixture from the pan and divide it in two. Sprinkle a mix of granulated sugar, confectioners sugar, and cocoa on a work surface and firmly roll each half of the chocolate mixture into a compact sausage shape. The sugar-cocoa mixture will provide the effect of a striated outer "casing." Let the sausages cool, then wrap them in aluminum foil and refrigerate. A small netting of string tied around each sausage and looped at the end can further enhance their trompe l'oeil duplicity.

"Cheese"

(Pitcaithley Bannock shortbread)

INGREDIENTS

4 tablespoons superfine sugar
1 stick sweet butter, chilled
¼ cup rice flour
1½ cups all-purpose flour
1 ounce almonds, finely ground
2 ounces candied citron peel, chopped
Granulated sugar for mold
Confectioners sugar

METHOD

☐ Cream the sugar and butter together in a large bowl. Sieve the rice and all-purpose flours together and add, with the nuts and citron, to the creamed butter. Using the thumbs and the tips of the fingers held together, rapidly work the dry ingredients into the butter as for short pastry. Mix *very* lightly. The ingredients should remain flaky. (It is possible to work them into a compact dough, but this is *not* what should happen.) There will not be a perfect amalgamation of butter and flour, and some slicks of each will probably be apparent in the bowl.

☐ Select a shortbread mold or an 8-inch pie dish and sugar it generously. Pack in the dough, pressing it down well with the flat of the hand, then turn the mold sharply over onto a baking tray and remove mold. Bake in a preheated 350° oven about 25 minutes, or until the shortbread turns a pale biscuit color. To make a "brie cheese," sieve some confectioners sugar over the smoother side. *Some shortbread rules:* Always use sweet butter and superfine sugar if available. Keep the ingredients as cold as possible. Work them as little as necessary. The less kneading and mixing, the flakier the end product.

Florentine tart

INGREDIENTS FOR CRUST

4 ounces (8 tablespoons) sweet butter
2 tablespoons sugar
1 egg
½ teaspoon vanilla
About 1½ cups all-purpose flour

INGREDIENTS FOR FILLING

6 ounces (12 tablespoons) sweet butter
½ cup sugar
4 tablespoons cream
Zest of 1 lemon, grated
Zest of 1 orange, grated
¾ cup mixed red and green candied cherry halves
½ cup mixed dark and gold raisins
½ cup almonds, slivered or sliced
4 ounces semisweet chocolate

METHOD FOR CRUST

☐ Cream together in a large bowl the butter and sugar. Stir in the egg and vanilla, then add the flour and work it in lightly with your fingertips. When the ingredients are smooth enough to pack into a ball, gather the pastry together, wrap in plastic wrap, and refrigerate at least 30 minutes.

☐ Take the pastry from the refrigerator and leave it at room temperature a few minutes to facilitate rolling. Roll out the pastry on a lightly floured surface to a 12-inch circle. Transfer the dough to a pizza pan or baking sheet. If the dough cracks a bit, simply pinch it together and piece the edge if necessary. Refrigerate the tart base 15 minutes, then bake in a preheated 350° oven 10 minutes. Tuck three 3-inch-wide strips of aluminum foil under and up around the pastry base edge to act as protective barriers when the filling is poured into the crust.

METHOD FOR FILLING AND ASSEMBLY

☐ Heat the butter and sugar in a small saucepan over medium heat. When the sugar has dissolved and the mixture is at a rolling boil, add the remaining ingredients except the chocolate all at once. Stir briefly, then remove from heat. Pour the filling over the crust—try to leave a small border free, as the filling will expand outward as it heats. Distribute the fruit evenly over the crust. Bake in a preheated 350° oven about 20 minutes—watch carefully toward the end of baking time. The filling will first bubble up and look as if it has sugared, then it will dissolve into a smooth caramel which will grow darker as it bakes. Remove the

Continued on next page

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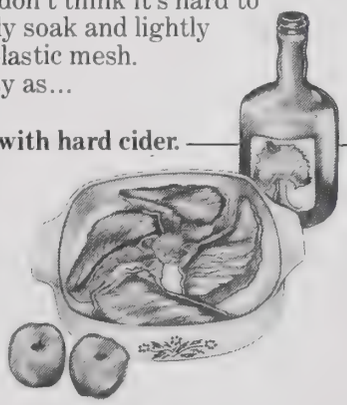
for Corning



If you love gourmet cooking but you hate cleaning up all those pots and pans—here's a pork recipe that will make you squeal with delight. Except for heating the broth, all the steps from sauté to serve are accomplished in one versatile Corning Ware® shallow casserole. And just because you've used one pan for everything, don't think it's hard to clean! Simply soak and lightly scrub with plastic mesh.

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Easy pork chops with hard cider.

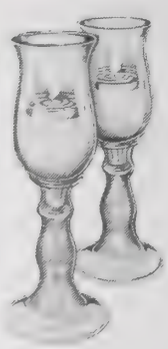


4 trimmed pork chops, 1" thick (about 3 lbs.)
1 large clove garlic, split
3 T. oil
2 large onions, coarsely chopped
1 cup long grain rice
2 medium apples, peeled and sliced
2½ cups chicken broth
½ cup hard cider (or applejack or Calvados)
¼ tsp. powdered cloves
1 small bay leaf
Salt and pepper to taste

Heat oil in 10" Corning Ware shallow casserole. Rub chops with cut side of garlic, then brown in oil. Remove chops. In remaining oil, sauté onions until limp but not brown. Add chops and top with onions. Spoon rice over chops, then top with apples. Heat broth and cider in a 1-quart saucepan, stir in seasonings, bring to a boil, pour liquid over the chops. Cover and bake in 350° oven about 45 minutes. Remove bay leaf and serve (I like it with a mixed green salad and steamed buttered carrots).

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continued from preceding page

tart from the oven when it turns a pleasant gold. Let cool to room temperature (the caramel will solidify), and transfer to a serving platter.

☐ Melt the chocolate in a double boiler over hot water until smooth. Let cool briefly, then when it is cool enough to handle, drizzle some free-form over the top of the tart. Spoon the rest into a pastry bag fitted with a small star tube. Border the edge of the tart with a chocolate scallop. Refrigerate. Serve cut into wedges. Serves 10–12.

Gingerbread cards

INGREDIENTS

5 ounces sweet butter
¾ cup dark brown sugar
½ cup granulated sugar
2 large eggs, lightly beaten
¼ teaspoon salt
1 teaspoon cinnamon
1 teaspoon ginger
About 3 cups all-purpose flour
1 teaspoon baking soda
⅓ cup hot water

METHOD

☐ Cream the butter and the sugars together in a large bowl, then stir in the beaten eggs. Sift together the salt, spices, and flour. Dissolve the baking soda in the hot water and stir it and the flour mixture alternately into the butter mixture until well blended. The dough should be quite firm. Cover and refrigerate overnight.

☐ Divide the dough into two and roll out each portion directly on a lightly greased cookie sheet until it is ¼ inch thick. Cut 2 rectangles, approximately 6 by 8½ inches, from the dough. Roll out the scraps and cut free-form angels and ¼-inch-wide border strips from them. Lightly moisten the designs with water and lay them on top of the rectangles. Using the back of a table knife blade, press decorative details into the angels. Use the head of a small nail to pattern the border. Bake the cards in a preheated 325° oven about 1 hour. Do not overbrown.

☐ When the cards are completely cool, you may decorate them with tinted frostings or, for a more permanent (though inedible) gift, paint cards with poster colors or acrylic paints and protect the surfaces with a coat of polyurethane. Makes 2 cards.

Two Christmas breads

One basic recipe of dough divided into 2 portions and flavored in 2 ways yields 2 very different and decorative sweet breads.

INGREDIENTS

2 envelopes (½ ounce) dried yeast
1½ cups half and half, warmed
About 9 cups all-purpose flour
2 whole eggs
3 egg yolks

Continued on page 185



Maybe We Should Seal Our Mustard With A Cork.

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continued from page 182

1 cup milk, warmed
1¼ cups sugar
1¼ cups sweet butter, melted and cooled
2 teaspoons salt
2 teaspoons cinnamon
2 teaspoons lemon zest
1 cup mixed golden and black raisins
1 cup slivered almonds, roughly chopped
1 generous cup Domino Dots sugar cubes
3 tablespoons cognac
1½ teaspoons powdered cardamom
½ cup mixed red and green candied cherries, roughly chopped
Butter or oil
Egg glaze: 1 egg yolk beaten with 1 tablespoon water
Whole red and green candied cherries for garnish
3 tablespoons red currant jelly, melted

METHOD

☐ Dissolve the yeast in ⅔ cup warm water in a very large mixing bowl. Add the half and half and stir in 2 cups flour. Cover with a towel and let rise in a warm place until doubled in bulk.

☐ Stir the "sponge" down and add eggs, milk, sugar, melted butter, salt, cinnamon, zest, raisins, and almonds. Add flour until the dough is firm enough to turn out onto a floured counter. Divide the dough into 2 portions, one slightly larger than the other.

☐ Sprinkle the sugar cubes with the cognac and powdered cardamom. Work the flavored cubes into the larger dough portion and continue to knead the dough, adding more flour as necessary, until the dough is smooth and elastic. Cover with a towel and let rise in a moderately warm place 1½–2 hours.

☐ Add the chopped cherries to the smaller portion of dough and knead until firm and elastic. Cover with a towel and let rise in a moderately warm place at least 1 hour, or until doubled in bulk.

☐ To form the bread in a basket, butter or oil a #20 (12-cup) charlotte mold or tie a tall, heavy foil rim around a 2-quart soufflé dish and oil both dish and rim. Punch down the sugar cube dough and place it in the mold. Let it rise 45 minutes, or until the dough is almost to the top of the mold. Brush the top with egg glaze and bake in a preheated 350° oven 1¼ hours. For the last ½ hour of baking time, cover the top of the bread with aluminum foil so that it does not overbrown. Remove bread from oven and let cool slightly. Brush with melted red currant jelly, then halve several candied cherries and press onto the surface of the bread in a grape cluster design.

☐ To form the bread in a brioche mold, butter an 8-cup mold. Punch down and press ¾ of the cherried dough into the mold and up the sides so that there remains an indentation in the middle. Roll the remaining dough into an 8-inch rectangle, sprinkle the surface with sugar and cinnamon, and roll up as for cinnamon rolls. Cut in the center of the mold. Place a whole cherry in the middle of each roll. Let rise 45 minutes, then brush with egg glaze and bake in a preheated 350° oven 1 hour. Add further sheen to both breads with a light glazing of melted red currant jelly.

12 Days of Christmas decorations

INGREDIENTS FOR BASIC BAKER'S DOUGH

4 cups flour
1 cup salt
About 1½ cups lukewarm water

METHOD

☐ Mix the flour and salt together, then add water until the dough is the consistency of molding clay. Knead 10 minutes. Cover the dough with plastic wrap and refrigerate overnight before using. It is easiest to form decorations directly on a dry baking sheet. Roll out portions of the chilled dough and cut and shape them with the back of a knife blade and your fingers. Insert wire hooks into the dough before baking. The decorations should be no more than ⅓ inch thick. Bake in a preheated 300° oven 1 hour or until perfectly dried and firm. Turn off the oven and let the decorations remain another hour. Paint with acrylics or tempera paints and protect with a good coating of polyurethane.

Chocolate mushrooms

INGREDIENTS

6 tablespoons sweet butter
1 cup brown sugar
½ cup honey
4 ounces semisweet chocolate
⅓ cup buttermilk
3 eggs, lightly beaten
5¼ cups all-purpose flour
2 teaspoons baking soda
Pinch cinnamon
Quick chocolate frosting (recipe below)

METHOD

☐ Heat together in a saucepan the butter, sugar, honey, and chocolate. Stir until the chocolate has melted. Let the mixture cool somewhat, then stir in the buttermilk and eggs. Scrape mixture into a large bowl.

☐ Sift together the flour, baking soda, and cinnamon, then stir into the chocolate mixture. When the dough is well blended, cover the bowl with plastic wrap and refrigerate at least 3 hours.

☐ To make large mushroom heads, place 3-tablespoon portions of chilled dough on lightly greased baking sheets and, with damp fingers, flatten them slightly to 2½-inch circles. Leave room between them for cookies to expand. For the stems, roll some 3-inch-long cylinders, flatten them slightly, and point one end. Bake in a preheated 350° oven about 12 minutes. The cookies should feel firm on the outside but remain soft on the interiors. Remove cookies to cooling racks and press an indentation on the bottom sides of the heads. Frost tops and undersides of caps generously when cool. Dip pointed ends of stems into icing and press into cap indentations. Lay on a baking sheet and refrigerate until hard. Store airtight. Makes 16–20

Quick chocolate frosting

INGREDIENTS

1½ sticks sweet butter
2 tablespoons water
A few grains salt
5 tablespoons cocoa
Generous 2 cups confectioners sugar, sifted

METHOD

☐ Place the butter, water, and salt in a saucepan and bring to the boil. Stir in the cocoa, then add confectioners sugar until a soft frosting forms. Let the saucepan of frosting sit in a larger pan of hot water 15 minutes before using. Add a bit more sugar or water as necessary to spread smoothly.

Spiced pear and cranberry jam

INGREDIENTS

4 pounds Bosc pears, peeled, cored, and chopped
3 firm eating apples, peeled, cored, and chopped
Juice of 1 lemon
4 cups sugar
1½ cups cranberries, rinsed
Scant ½ teaspoon cinnamon

METHOD

☐ Pare and core the pears and apples with a stainless steel knife. Place them in a large stainless steel or enamel pan and, as they are finished, sprinkle with the lemon juice and sugar from time to time to help prevent discoloration. Add cranberries and cinnamon and bring slowly to the boil. Stir the mixture until the sugar dissolves. Just as the boil starts, begin skimming off scum. When the surface is scum-free, reduce heat and let the fruit simmer 40 minutes. Strain if the mixture appears excessively juicy. Purée the fruit mixture in a food processor or blender, then pour into sterilized jam jars. Seal with wax if the jam is to be stored. Makes about 1½ quarts.

The "N" bread

INGREDIENTS

1 recipe plain or sweetened bread dough, risen one time
Egg glaze: 1 egg yolk beaten with 1 tablespoon water

METHOD

☐ Roll out a piece of the once risen dough directly on a baking sheet. When it is ¾ inch thick, stamp out the letter of your choice with a mold, trim away excess dough, and let the letter rise 30 minutes. Brush with egg glaze and bake in a preheated 350° oven about 25 minutes. Turn bread out of mold and let cool on rack. Slice as desired.

Continued on next page

Days of presents
continued from preceding page

Where to order:

Handmade tin letter bread mold, approximately 6 inches tall, $24.95. Please specify initial and allow 4-6 weeks for delivery.

Printed designs for 12 Days of Christmas ornaments and gingerbread cards, $4.95 per set.

Order from The Artist in the Kitchen, P.O. Box 2085, Durham, N.C. 27702.

Jar, Page 122: "Abigail's Useful Jar," 1 pint clip-top canning jar from Crownford Giftware. $6 at The Beach Basket, 1034 Tacoma Mall, Tacoma, Wash. 98409, Jenny B. Goode, 1194 Lexington Ave., New York, N.Y. 10028, Combest General Store, #28 Lakewood Center Mall, Lakewood, Calif. 90712. ■

Country terrine with hazelnuts, Florentine tart, "Sausage" and "Cheese" are adapted from Judith Olney's book, *Comforting Food*, to be published by Atheneum. Copyright © 1979 by Judith Olney. Reprinted by permission of Atheneum Publishers.

Home-made Christmas
continued from page 131

Lacy almond cookies

INGREDIENTS

½ cup butter or margarine
1 cup light brown sugar, firmly packed
1 cup all-purpose flour
¾ teaspoon cinnamon
1 cup almonds, blanched and finely chopped
¼ cup warm water

METHOD

☐ Cream together the butter and sugar in a large bowl. Sift the flour with the cinnamon, then blend into the butter mixture. Stir in the almonds, then the water to blend well. Drop the batter by teaspoonfuls onto an ungreased cookie sheet, leaving 2 inches between cookies. Bake in a preheated 325° oven 10 minutes. Let cool on sheets just until firm, then transfer to racks to cool. Makes 4 dozen cookies.

Carrot spice cake

INGREDIENTS FOR CAKE

1½ cups safflower oil
2 cups sugar
2 cups flour
2 teaspoons baking soda
1 tablespoon cinnamon
1 teaspoon salt
3 cups carrots, grated
1 cup almonds or walnuts, chopped

INGREDIENTS FOR FROSTING

8 ounces cream cheese
¼ pound butter, melted
2 tablespoons vanilla
Zest of 1 lemon or small orange, grated
Confectioners sugar

METHOD FOR CAKE

☐ Mix together the oil and sugar in a large bowl. Sift together the flour, baking soda, cinnamon, and salt and blend into the oil-sugar. Stir in the carrots, then fold in the nuts. Pour batter into a tube pan and bake in a preheated 325° oven 1¼ hours. Invert the tube pan over the neck of a bottle and let cake cool completely. Remove from pan.

METHOD FOR FROSTING

☐ Blend the cream cheese, butter, and vanilla together in a bowl until smooth. Stir in the grated zest, then slowly mix in up to 1 box confectioners sugar to taste. Spread on cooled cake and decorate with holly leaves and berries if desired. ■

Edible tree
continued from page 116

Lemony Christmas cookies

INGREDIENTS

1 cup butter
1 cup shortening
1 cup granulated sugar
1 large egg
1 tablespoon vanilla flavoring
½ teaspoon lemon flavoring
½ teaspoon powdered mace
5–6 cups all-purpose flour
1 teaspoon baking powder
Cherry, grape, and regular licorice "shoestrings"

METHOD

☐ Cream together in a large bowl the butter, shortening, and sugar until light and fluffy. Add the egg and mix well. Blend in the flavorings, one at a time. Sift together flour and baking powder and add to butter mixture a third at a time until a stiff dough is made.

☐ Roll out the dough, a small portion at a time, on a floured surface to a thickness of ¼ inch (a little thicker for larger cookies). Keep unused dough chilled. Cut out desired cookie shapes and decorate with pieces of licorice shoestring pressed firmly into the dough. Put cookies on lightly greased baking sheets and press a loop of licorice string into each for a hanger. These licorice hangers should be protected by a piece of aluminum foil when baking so that they will not become brittle and break off when you remove cookies from baking sheet. Put a strip of foil over the top of the loop to protect it in the oven. Check cookies during baking period to see that licorice hangers are firmly pressed into dough. Bake in a preheated 350° oven about 10 minutes (longer for thicker cookies). Cool on racks and hang on tree. Makes 4-6 dozen large cookies.

Gingerbread cookie hands

INGREDIENTS

Gingerbread mix (recipe below), chilled
Butter or oil for baking sheets

METHOD

☐ Roll the dough out to ¼-inch thickness on a floured surface, or, if you do not have a large spatula to transfer shaped cookies to baking sheet, roll dough out directly on a lightly greased baking sheet (do not use a nonstick sheet). Place child's hand lightly on rolled-out dough, and using a not-dangerously-sharp knife, cut out shape of child's hand, following along each finger. If working on a floured surface, place cookie hand on baking sheet. Gently push thumb and first finger together to form a loop for hanging on the tree (they will bake together as dough spreads) and decorate as desired. Bake in a preheated 350° oven until lightly browned and baked through in the center. Remove from baking sheet with a large spatula and cool cookies on racks then hang on tree. Makes about 4 dozen large cookies.

Gingerbread mix

from *Make-A-Mix Cookery* by Karine Eliason, Nevada Harward, and Madeline Westover. Published by HP Books. Mrs. Rowan liked the gingerbread mix so much that she made extra, packed it in pretty crocks, and gave it to friends as Christmas presents.

INGREDIENTS

8 cups all-purpose flour
2 cups sugar
¼ cup baking powder
1 tablespoon salt
1 teaspoon baking soda
1 teaspoon cloves
1 tablespoon ginger
1 tablespoon cinnamon
2 cups vegetable shortening

METHOD

☐ Sift together into a large bowl the flour, sugar, baking powder, salt, baking soda, cloves, ginger, and cinnamon. Mix well. With a pastry blender, cut in shortening until evenly distributed. Mixture will resemble cornmeal in texture. Put in a large airtight container. Label. Store in a cool, dry place. Use within 10–12 weeks. Makes about 12 cups gingerbread mix.

☐ *Note:* You may substitute 2 cups brown sugar for granulated sugar. ■

Christmas countdown
continued from page 47

Hot herbed pea soup

INGREDIENTS

1 medium-sized potato
1 stalk celery, peeled and coarsely chopped
1 onion, peeled and coarsely chopped
1 carrot, peeled and coarsely chopped
1 clove garlic, peeled and sliced
½ teaspoon marjoram
¼ teaspoon thyme
2–3 sprigs fresh dill (optional)
2 sprigs parsley
1 teaspoon salt
2 cups chicken stock
1 package frozen peas
1½ cups milk or half-and-half
Freshly ground pepper

tablespoons dry sherry (optional)
armesan croutons (recipe below)

ETHOD

Peel the potato and cut into small unks. Drop into a 2–3-quart casserole th the celery, onion, and carrot. Add gar-, herbs, salt, and 1 cup chicken stock. ring to a boil, cover, and reduce heat. mmer 30 minutes, or until carrots are ery soft. Let cool.

Drop frozen peas into a pan of boiling lted water and cook 5 minutes. Drain nd refresh under cold running water.

Combine vegetables and peas. Purée egetables, a few spoonfuls at a time, in ectric blender, gradually adding 1 cup icken stock and milk. Taste and adjust easoning. Stir in sherry, if you wish. Re-eat soup gently and serve with Parmesan outons. Soup can be made 1–2 days nead and stored, covered, in refrigerator. ay also be frozen. Serves 4.

'armesan croutons

NGREDIENTS

tablespoon butter
tablespoons vegetable oil
–4 slices firm white sandwich bread, trimmed of crusts and cubed
epper
tablespoons Parmesan cheese, freshly grated

IETHOD

Heat butter and oil in small skillet. Add read cubes and sauté until golden brown, naking pan and turning cubes with 2 ooden spoons. As cubes start to brown, prinkle with pepper and Parmesan neese. Drain on absorbent toweling.

losemary roast chicken

NGREDIENTS FOR HAM-MUSHROOM TUFFING

tablespoons vegetable oil
pound mushrooms, coarsely chopped
cup shallots or yellow onion, chopped
small clove garlic, pressed
pound ham, coarsely chopped
cup fresh bread crumbs
tablespoons parsley, chopped
teaspoon thyme
teaspoon basil
teaspoon sage
teaspoon Worcestershire sauce
tablespoons cognac or Bourbon
large egg, lightly beaten

NGREDIENTS FOR CHICKEN

3½-pound roasting chicken
–4 tablespoons sweet butter, at room temperature
elery salt
oarse ground black pepper
teaspoon rosemary, crumbled
cup dry sherry

ETHOD FOR STUFFING

Heat vegetable oil in a medium skillet or asserole and sauté mushrooms, shallots, nd garlic over very low heat until most of e juices have evaporated. Let cool.

☐ Combine all other ingredients in mixing bowl. Stir with fork until lightly mixed. Add mushroom-onion mixture and blend gently.

METHOD FOR CHICKEN

☐ Rinse the chicken, pat dry, and stuff with mushroom-ham mixture. Close cavity with skewers or toothpicks.

☐ Place chicken, breast side up, in a small heavy pan. Rub breast and legs with softened butter. Sprinkle generously with celery salt, coarse pepper, and rosemary. Place in preheated 425° oven and roast 20 minutes. Reduce heat to 400°.

☐ Pour sherry over chicken and roast 10 minutes more. Tilt pan and use soup spoon to baste chicken with pan drippings every 10 minutes. Turn chicken breast side down and roast 20-25 minutes longer. Roast for remaining time breast side up, basting every 10 minutes. Total cooking time: 1 hour 20 minutes. Remove chicken to serving platter, let rest briefly, carve. Serves 4.

Rissolé potatoes

INGREDIENTS

4 large potatoes
Salt
1 tablespoon butter
2–3 tablespoons vegetable oil (or use 1 tablespoon bacon or beef drippings)
Freshly ground black pepper

METHOD

☐ Peel potatoes and use a melon baller to scoop out potato balls. Drop into cold water, add 1 tablespoon salt, and bring rapidly to a boil. Simmer 5 minutes, or until potatoes are barely tender. Drain well.

☐ Heat butter and oil in large skillet over medium heat. Drop in potato balls and cook over low heat about 45 minutes, or until potatoes become crisp and brown. Shake pan frequently to turn potatoes. Season with salt and pepper. Serves 4.

Praline mousse

INGREDIENTS

⅓ cup very strong hot coffee
1 envelope (1 tablespoon) unflavored gelatin
1 tablespoon Bourbon
2 egg yolks
1¼ cups praline powder (recipe below)
1⅓ cups heavy cream
3 egg whites
Crème au cocoa (recipe below)

METHOD

☐ Place coffee, gelatin, and Bourbon in blender. Blend at high speed until thoroughly mixed. Add egg yolks and 1 cup praline powder and blend until smooth. Set aside for 10 minutes until mixture thickens.

☐ Whip cream and refrigerate. Scrape praline mixture into large mixing bowl. Gently fold in whipped cream. Whip egg whites until soft peaks form, then fold into mixture. Pour mixture into serving bowl and chill 4 hours or longer. (Mousse may also be frozen.) Just before serving, sprinkle with reserved praline powder and serve with crème au cocoa on the side. Serves 4.

Praline powder

INGREDIENTS

¼ cup hazelnuts
¾ cup superfine sugar
¼ cup water
¼ cup almonds, blanched
Vegetable oil

METHOD

☐ Place hazelnuts on cake pan and toast in a preheated 350° oven about 30–40 minutes, or until skins begin to flake off, and nuts turn golden brown. Cool. Rub off nut husks with your fingers.

☐ Place sugar, water, hazelnuts, and almonds in heavy 3-quart pot. Bring to a boil and cook, stirring constantly, until syrup becomes a rich brown. Do not let the nuts burn. Immediately empty pot onto a lightly oiled jelly-roll pan. Let mixture cool completely. Break up the brittle and grind into fine powder in a food processor or blender.

Crème au cocoa

INGREDIENTS

½ cup heavy cream
1 tablespoon cocoa
2 tablespoons confectioners sugar
2 tablespoons dark rum or crème de cacao

METHOD

☐ Add cocoa to cream in a chilled bowl and begin whipping. As cream begins to thicken, add sugar. When the cream is quite thick, splash in rum or crème de cacao and whip a few seconds longer. ■

Presents within presents
continued from page 133

Sourdough bread

From Donald Gray

INGREDIENTS FOR STARTER

1 generous tablespoon active dry yeast
2 cups unbleached flour
2 cups warm water

INGREDIENTS FOR BREAD

1½ cups sourdough starter
2 cups warm water
2 tablespoons sugar
2 tablespoons salt
5 cups unbleached flour
½–1 tablespoon active dry yeast (optional)
¼ cup butter, melted and cooled
Cornmeal

METHOD FOR STARTER

☐ Mix all ingredients together in a glass or ceramic bowl (do not use plastic or stainless steel) and let sit 48 hours to ferment. To keep the starter going as you use it, replenish with more flour and warm water. Store in the refrigerator in a covered glass jar—it will last for years if used and refreshed occasionally.

METHOD FOR BREAD

☐ Since the basic bread mixture must sit

Continued on page 226

KITCHEN PAGE

Recipes, remodelings, and other helpful hints for kitchen people

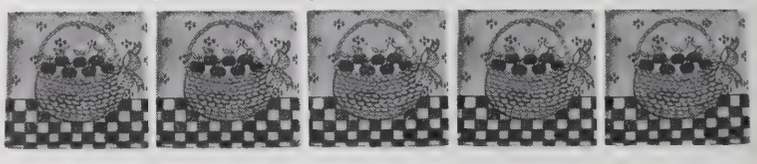


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Cooks, how does your herb garden grow? Prolifically? In easy reach? Right on your windowsill? The year round? If not, it can now, in the hydroponic City Green Kitchen Garden. There's no mess, no fuss, because the garden is soilless, weedless, and pestless. All you do is water every week or so, and snip your bounty as you need it. To order, write Applied Hydroponics of Canada, 140 East 56th St., Suite 8M, New York, N.Y. 10022. Cost:$34.95 plus $2 for shipping and handling.

New handpainted tiles

They're just in from France—brand-new, handpainted ceramic tiles designed especially for kitchens. Used as backsplashes, countertops, undercounter or around-the-window friezes, or just as trivets, they can add a special handcrafted charm to any kitchen, whether it's sleek and modern, or old-fashioned and country. Four-inch-square tiles are available in 36 interchangeable patterns. There are baskets of fruit, *below*, bouquets, drying herbs, a coffee pot, pussy cat, little girl, plus a patchwork pattern in 25 styles in green, blue, or rose. Some designs—confitures jar, olives, and bouquets—are patterns of four tiles. $12 and $16 for patterned tiles; $1.50 for plain white. Available from Country Tiles, Westport, Conn. 06880.



A Vegetable christmas tree

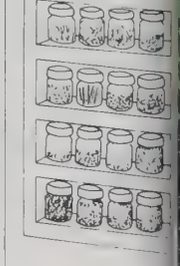
It may look good enough to eat, but this Christmas tree is all for show. At least that's what cooking teacher Janeen Sarlin (her New York City school is Cooking with Class) had in mind when she designed it as her Christmas dinner table centerpiece. Using round wooden toothpicks, she arranged miniature vegetables—baby eggplants, carrots, onions, shallots, Brussels sprouts, mushrooms, Italian peppers, kumquats, and snow peas—on a 12-inch-tall plastic-foam spindle (available in dime stores) covered with aluminum foil. Beginning with the biggest of the tiny vegetables, she worked from the bottom of the tree up, using snow-pea pods to cover up the holes. For a base, she used a chunky, Cheddar-cheese stem. The vegetable tree will keep up to ten days if after each use you mist it and put it covered with a plastic bag in the refrigerator.



EMERICK BRONSON

Let it all hang out

You store things in them, on them, sometimes underneath them—but have you ever thought of putting the outsides of your hanging cabinets to use too? The idea occurred to Pamela Scurry of the Wicker Garden in New York City when she spotted some good-looking spice jars at a gourmet shop. She brought home as many as she could carry, had the tops painted white, labeled them all (with labels bought at the same store)—and then turned the unused end of an overcounter cabinet into a spice rack (*right*). A frame was built to fit around the cabinet's end, and 9 shelves, each 1 7/8 inches deep (the size of the jars determined the depth of the shelves), were nailed inside it. To conceal the nails, strips of lathing were glued along the faces of each shelf and the frame. Then the whole rack was screwed into the cabinet from the inside. Presto, extra storage space that's as good looking as it is easy to make.







Easy kitchen makeover

A little paint and some reorganization went a long way toward turning what was an overcrowded kitchen, *far left*, into a sleek new space that makes cooking a pleasure, *left*. Designer Pierre Lajoie made room in existing cabinets for the gallimaufry of cooking utensils hung on the walls and backsplashes. Other things—the lamp and all the tacked-up clippings—were removed altogether. New hardware was added and a hanging dishrack replaced the old one which took up precious counterspace. Then, to unify the whole space, cabinets, walls, and ceiling were painted a warm taupe color. "In small spaces," says Mr. Lajoie, "it's important to simplify and organize."



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BY PATRICIA CURTIS

Welcoming a second pet



Two can live as happily as one

At first thought, it might seem that two pets would be twice as much trouble as one. But in many ways they are less trouble. If you are away from home a good deal, the knowledge that there are two at home keeping each other company can be a relief. The thought of a lonely animal anxiously awaiting your return can put a damper on your having a good time or can be disturbing when you have to be out on business for many hours.

And while it's cruel to leave a single pet alone for more than a day, even if somebody comes in to feed it, two or more animals can weekend alone companionably as long as someone looks in on them and tends to their needs.

As for feeding and other care, two are very little more trouble than one. If you're walking your dog, you might as well be walking your two dogs.

Choosing the second pet

What if the dog or cat you already have is elderly, firmly entrenched in the household, and set in its ways? In those circumstances, many people believe that the best choice for a new pet is a very young kitten or puppy. It's a rare older cat who will seriously attack a kitten; the same with a dog and a puppy. Sometimes, however, it is really mean to foist an exuberant youngster on an elderly cat or dog. The young one can drive the older animal crazy with its tireless pestering and playful antics. If you have a gentle, quiet, older pet, it might be best to bring in a nice-tempered, young but fully-grown (neutered) animal of the opposite sex. Try to study the personality of a new animal you are considering, to decide in advance how good its chances will be of being integrated happily into your household.

And, by the way, neutered pets adjust to one another far better than intact animals, especially males. It can be risky to introduce an unneutered male dog into the home of another male dog.

Don't hesitate to acquire a dog when you already have a cat, or vice versa. That way you can enjoy the special qualities of each. But you must, of course, use common sense. You don't bring a kitten—or any cat, for that matter—into a household with a dog or dogs that think it's okay to chase cats. There are dog owners, or their children, who think it's amusing to sic their pet on the neighborhood cats. No cat should ever have to defend itself in a home with such a dog. Nor do you bring a puppy or a timid dog into a household with a couple of full-grown, hefty, dog-hating cats!

Weathering the first few weeks

Some people believe that having another person actually bring the second animal into your home is preferable, psychologically, to bringing it home yourself. Presumably, the resident animal will feel less threatened and rejected. No matter who brings in the new animal, however, it is important to give the original pet a lot of reassurance and extra attention. For the first few weeks, try to cuddle the new animal at times when the other isn't around.

Don't be upset if your resident pet puts up a terrific show of hostility at first. Cats especially may growl and yowl and carry on for days, even weeks, before they accept the newcomer. You just have to stick it out; in all likelihood it will pass.

Nevertheless, you'll want to make it clear that the new animal is welcome and is not to be abused. Don't lean so far over backward lavishing attention on the older animal that you give it the idea that the new one doesn't belong and should be driven out as at once.

Sometimes it turns out that the problem is not with the resident animal but with the newcomer. Occasionally, the new animal turns into the aggressor and terrorizes the household. If after a week or so of this, there is no sign of its settling in amiably, the best thing to do is to return it to wherever you got it and pick another animal. It's not fair to your original pet or pets to subject them to this kind of upsetting intrusion.

The stray

Probably half the people with more than one pet have acquired the second (third, fourth, or tenth) unintentionally. Having been initiated into the rewards of pet owning by their first animal, they are more susceptible to the plight of the waif. The impulse to pick up an abandoned animal stems from one of the loftiest human qualities—compassion—and, I think, should be honored and encouraged. But be cautious about the matter of health. If the poor animal you can't resist looks sick, take it to a veterinarian before you bring it home. Even if it seems healthy, isolate it from your others (in the bathroom, if necessary) until you can get it to the vet for a checkup. Malnutrition and exposure make stray animals easy prey to disease, and you don't want to put your healthy animal at risk.

The dog or cat that has been abandoned is usually severely stressed and anxious. It may be in such a state of terror that it will hide or strike out until it is sure it will not be abused. Once it is reassured, however, this animal is likely to become grateful and peace-loving, willingly taking a back seat to the established pets. Occasionally, rarely, a stray animal is unsalvageable in terms of its personality and will never become well-socialized.

On the whole, however, with a stray you get an extra bonus of affection.

Playing it cool

Bear in mind that your own attitude and behavior can strongly influence a new pet's integration into your household. You can't control the reception totally, but you can make it either smoother or more traumatic.

If you are convinced that your darling pet will never accept a new animal, that it will die of jealousy, that it will annihilate a newcomer, your animal picks up your nervousness and acts accordingly. Conversely, if you let it be known that you wish to have this new animal, that you are, after all, in charge, but that you don't love your established pet any the less, it gets that message, too. When I once had a garden apartment and seemed always to be acquiring additional animals, I would signal the arrival of a newcomer by simply putting down one more bowl of food at mealtime, and that was that. I took it for granted they would get used to one another, and somehow they did.

Whether you have acquired your second pet from a desire on your part to have the pleasure of another animal in your home, or for the sake of your single pet to keep it from being lonely, the chances are you will both benefit. ■

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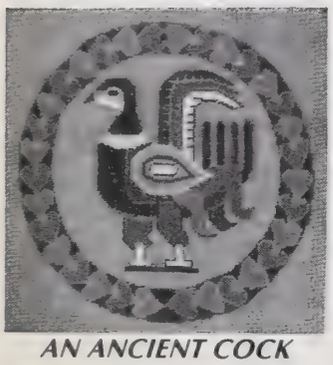
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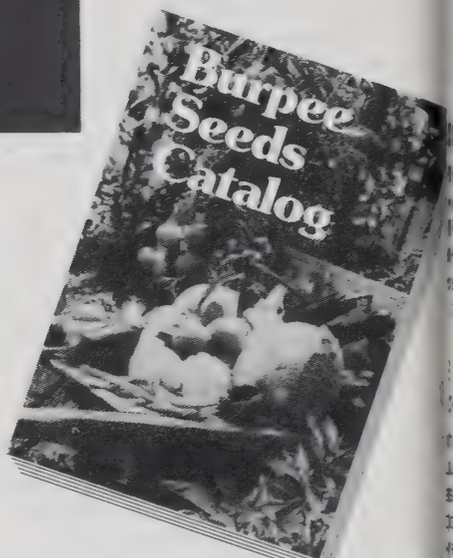
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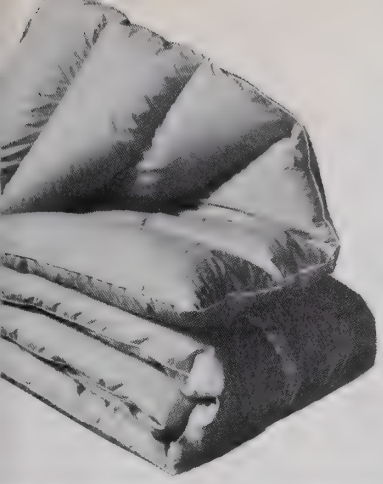
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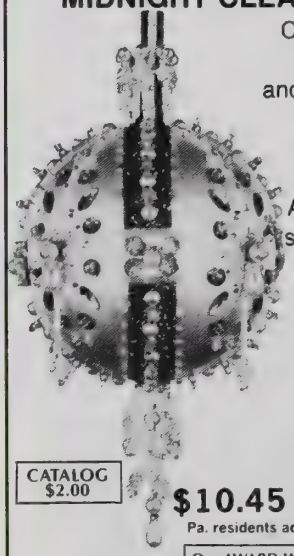


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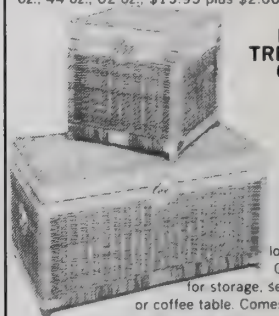


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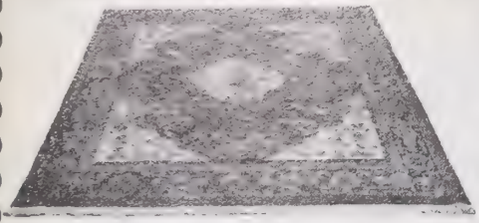
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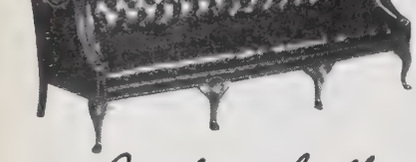
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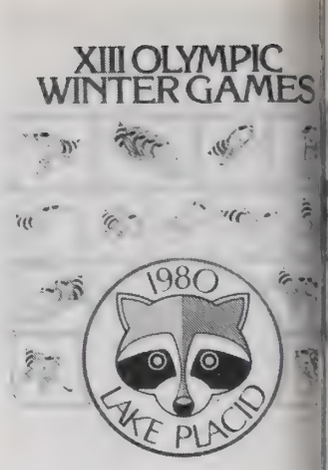


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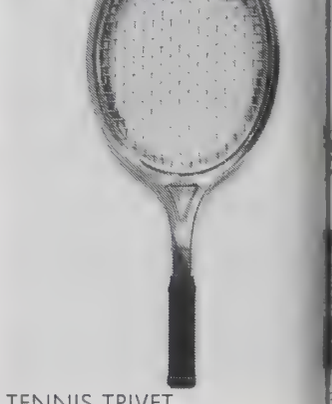
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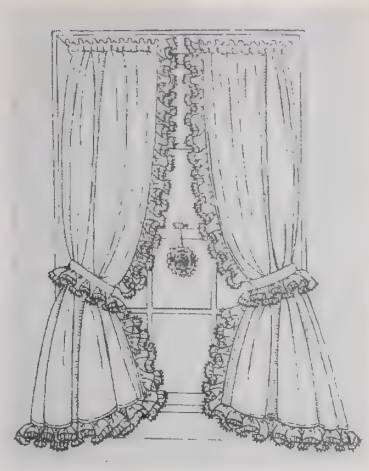
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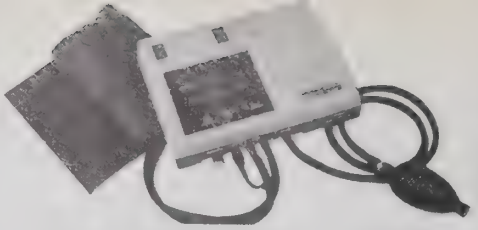
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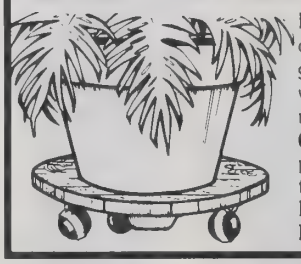
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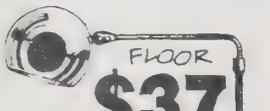
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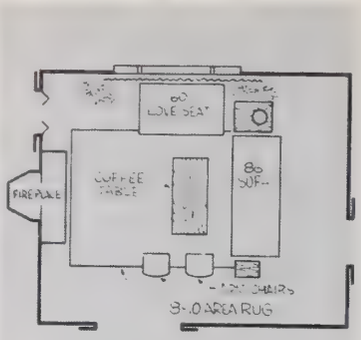
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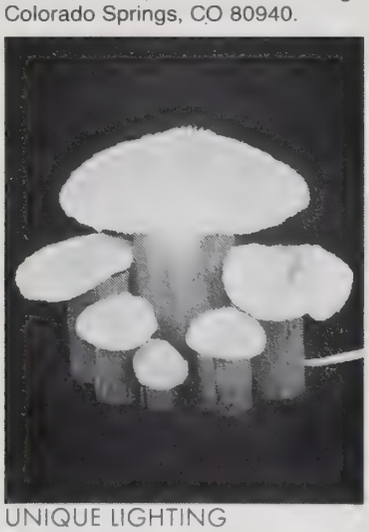
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Professional staff will design interiors for you. Send room measurements, show windows, doorways, fireplaces, state room function, style preferred. You'll receive a design that suits your needs plus a master plan to guide furniture purchases. $15 ppd. Mail-In-Teriors, HG12, 204 W. 20th St., NY, NY 10011.



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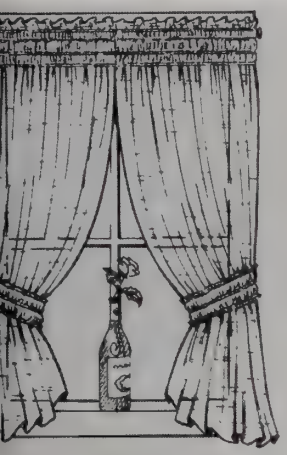


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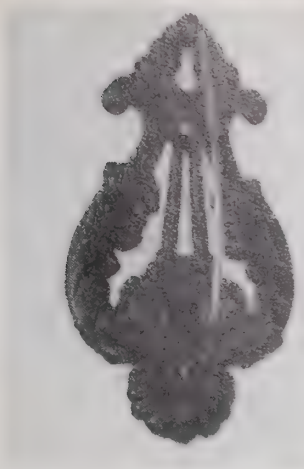
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er block modules slide into track. Each accepts peg, or e used as spacer. Aluminum, or white. Wooden pins, hard- included. Fasteners hidden. 12.50; 36" $15. Add $1.75 Catalogue $1 (refundable). e Naks, HG12, Box 698, Lenox a., New York, NY 10021.



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ctive in no-iron polyester d voile, 54"w. at top. Natural ite. Hang on regular or round 4", 30", 36" $14.50; 45", 54", 22; 72", 84", 90" $26; tiebacks, .50. Add $2.50 post. Free col- alogue. Colonial Maid Curtains, G12S, Depot Plaza, Mamaro- NY 10543.



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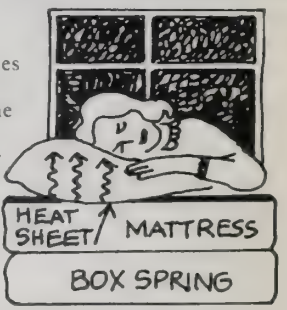
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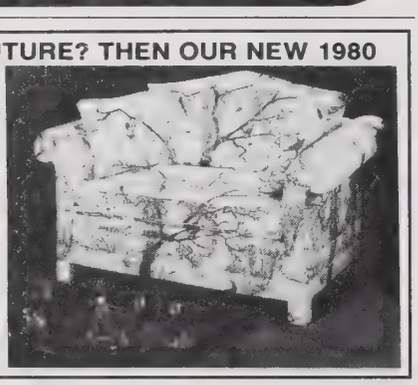
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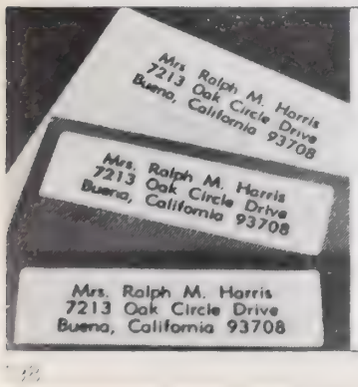
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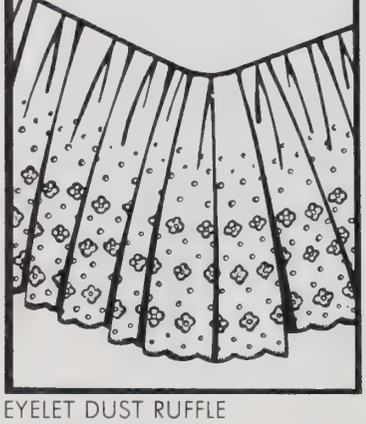
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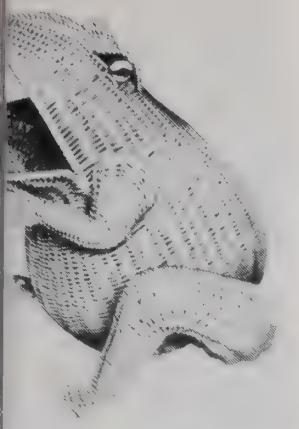
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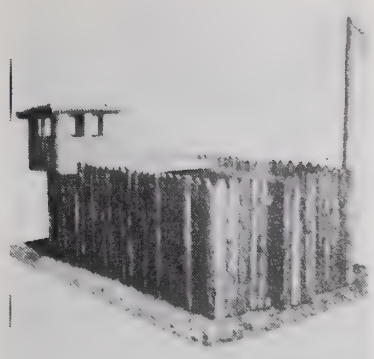
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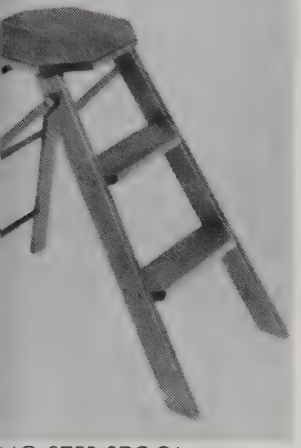
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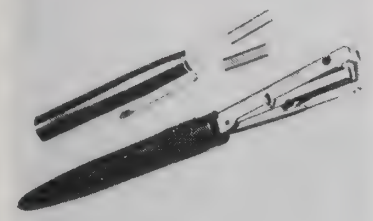
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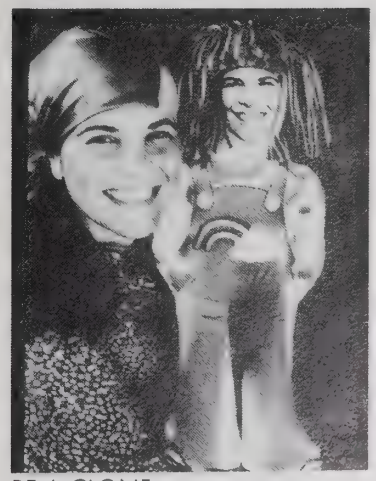
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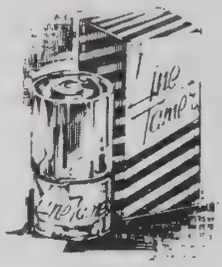
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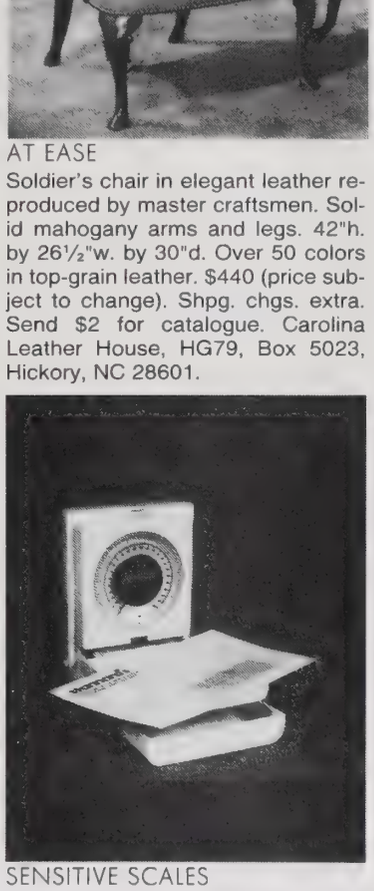
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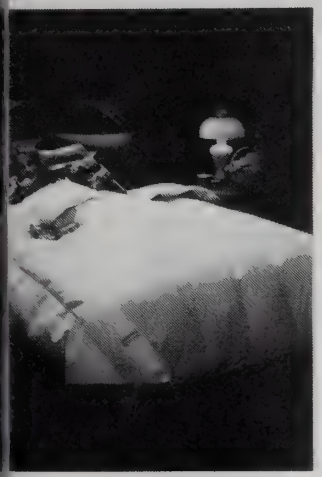
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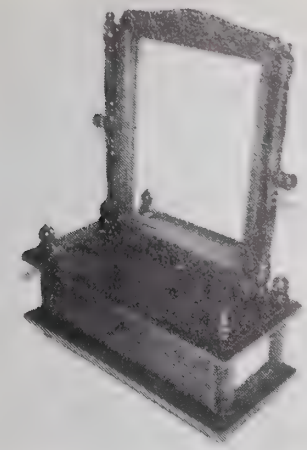
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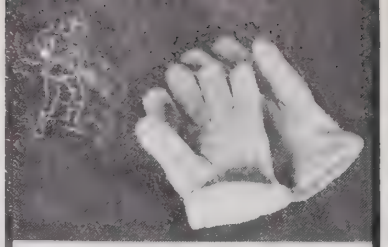
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Share your youngster's excitement with an easy-to-build youth bed that's a mini version of the 500 racers. Uses plywood for body and wheels. Mounted on casters. Frame 80"l. by 44"w. Plans, materials list $4. Brochure 25¢ Hammond Barns, HG79L, Box 584, 3130 Hardacre Court., New Castle, IN 47362.



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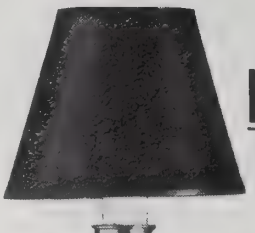


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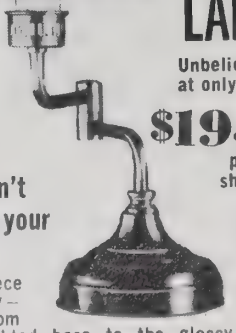
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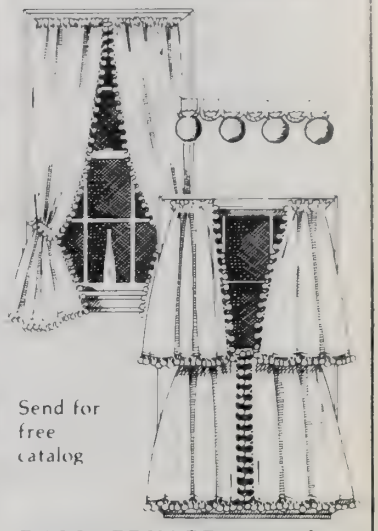
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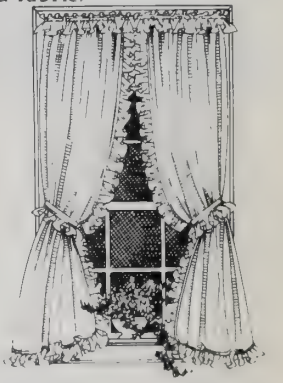
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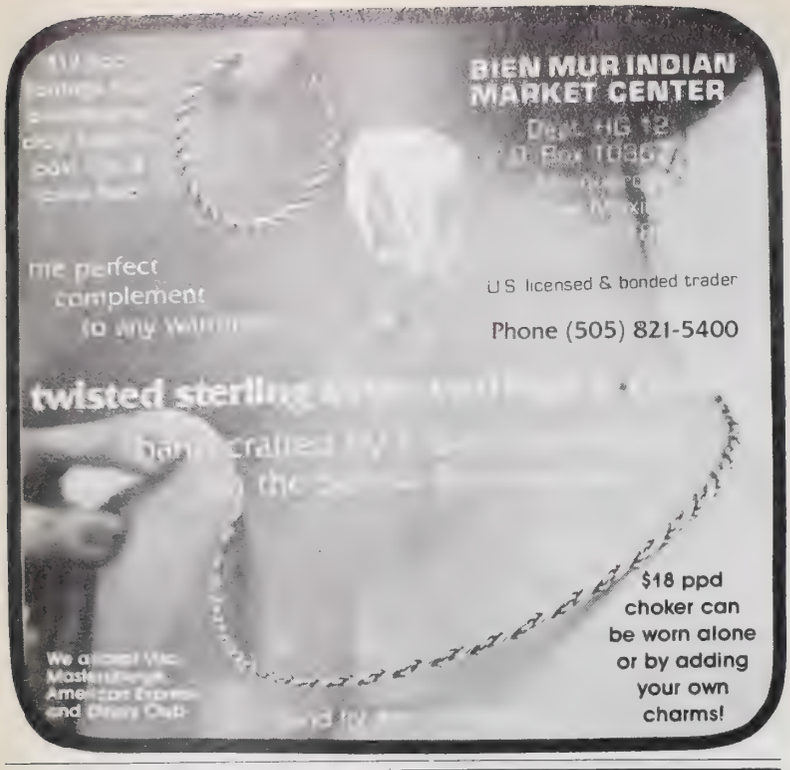
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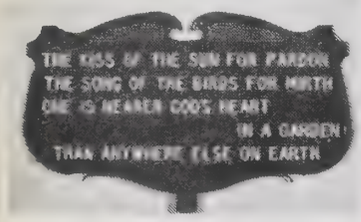
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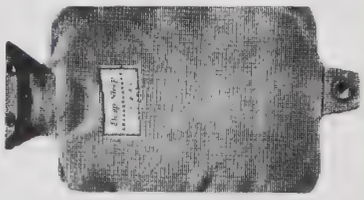
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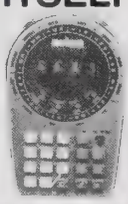


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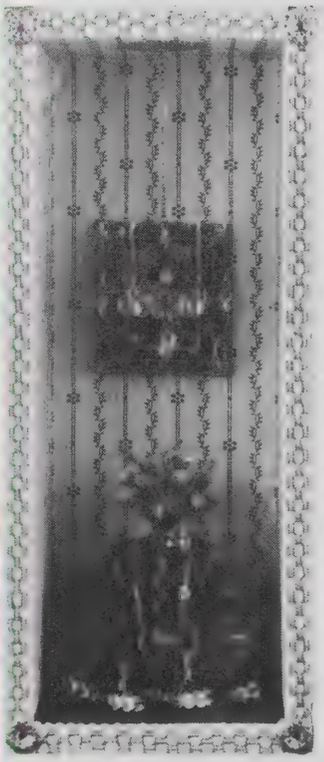
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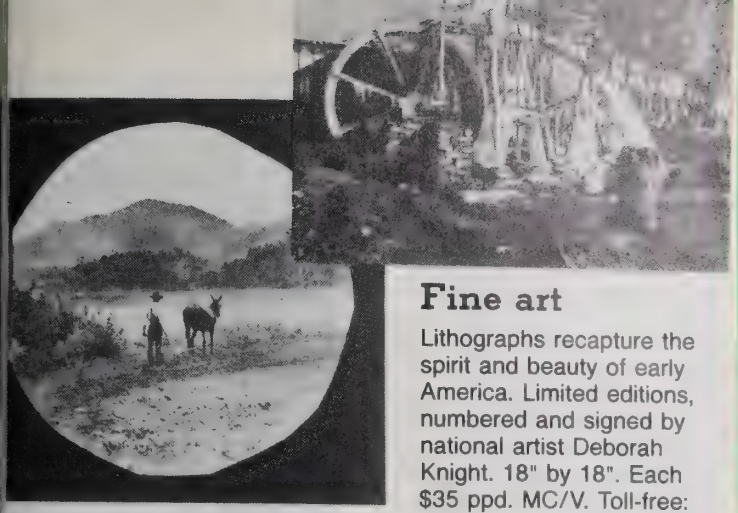
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Elegance

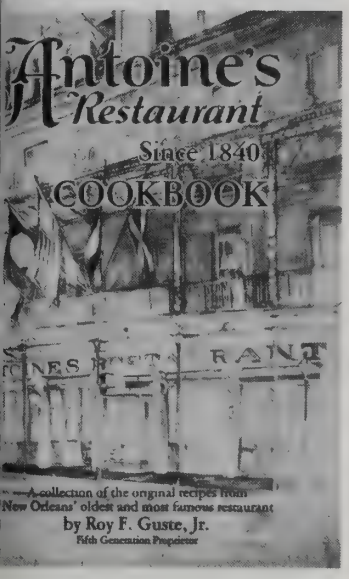
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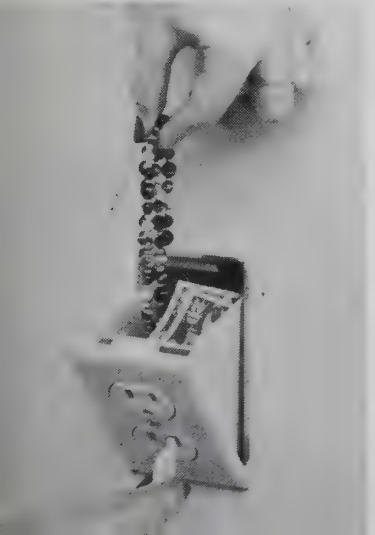
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Angel trio

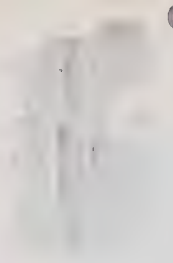
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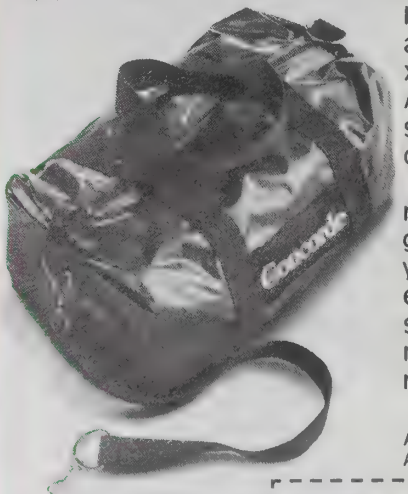
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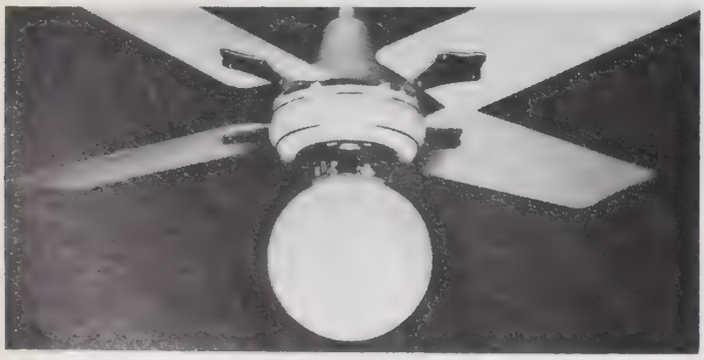


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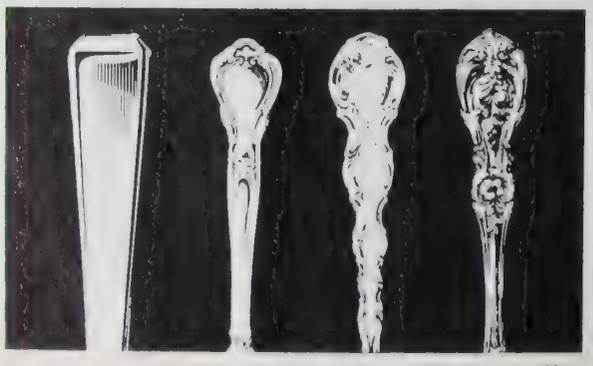


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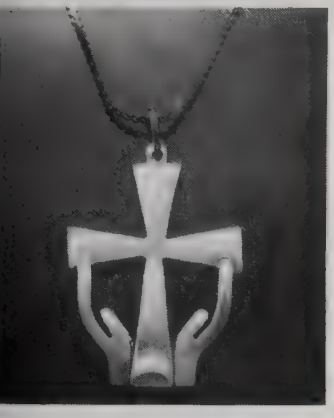
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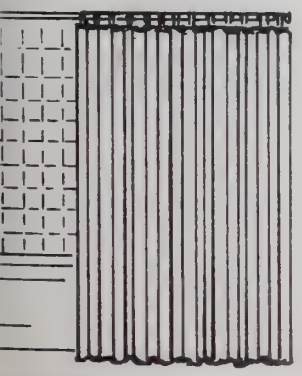
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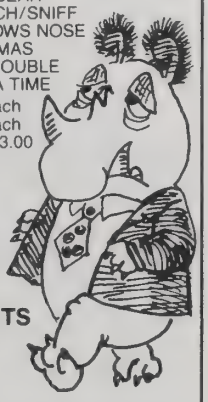
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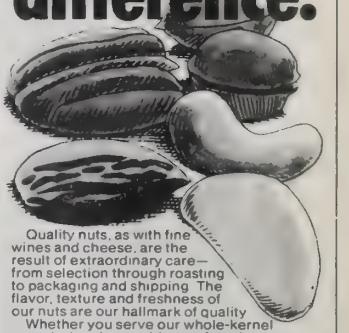
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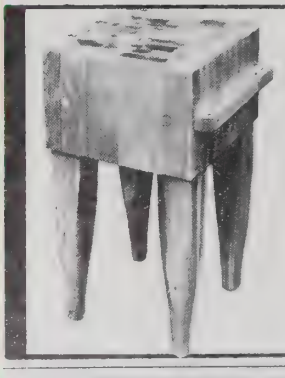
Quality nuts, as with fine wines and cheese, are the result of extraordinary care—from selection through roasting to packaging and shipping. The flavor, texture and freshness of our nuts are our hallmark of quality

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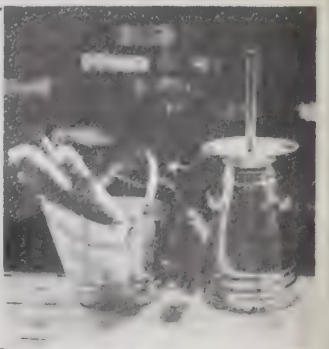
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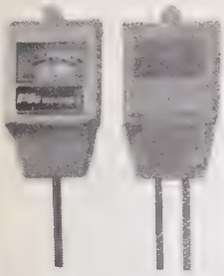
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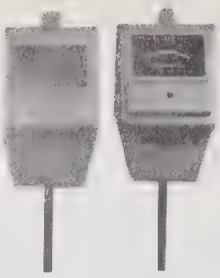
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PERFECT GIFT
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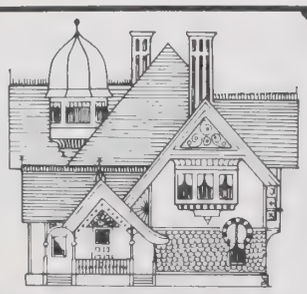
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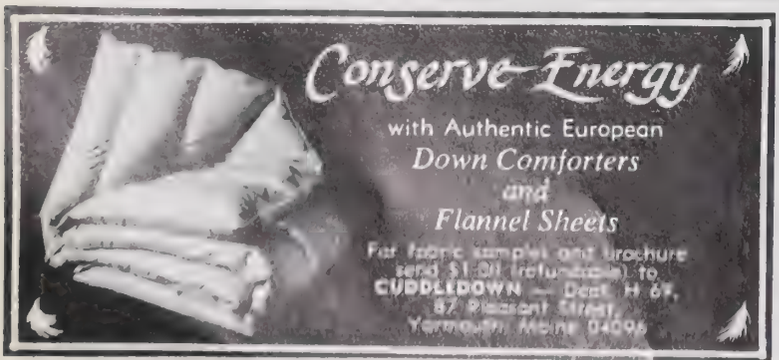
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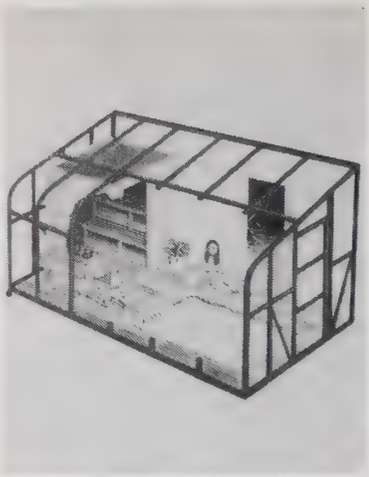
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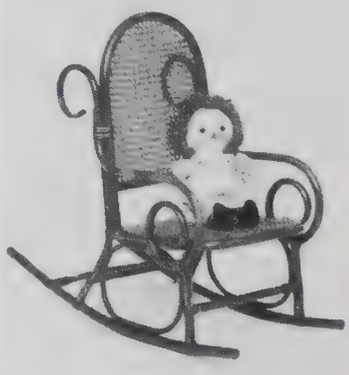
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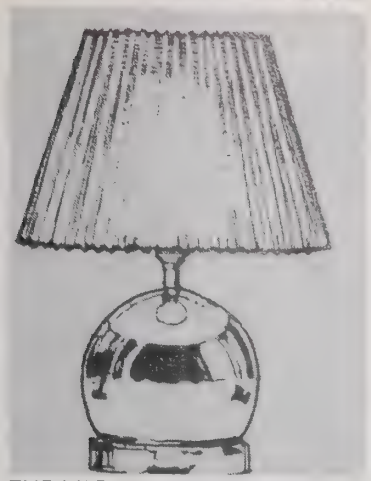
OFF, OFF AND AWAY

Green plastic sleeve distrib rain water away from down s across lawn, shrubbery. Sle stays rolled until it rains unrolls, water flows and spre through sprinkler holes. 9' l. $ plus 50¢ post. Anthony E prises, HG12, 587 Post St., Francisco, CA 94102.



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reamy white blossoms send eir fragrance, gracefully g the evergreen foliage that s down and around a hang- ket. Basket included with a althy plant. $2.98 plus 40¢ der from Michigan Bulb Co., B-70, 1950 Waldorf, Grand MI 49550.



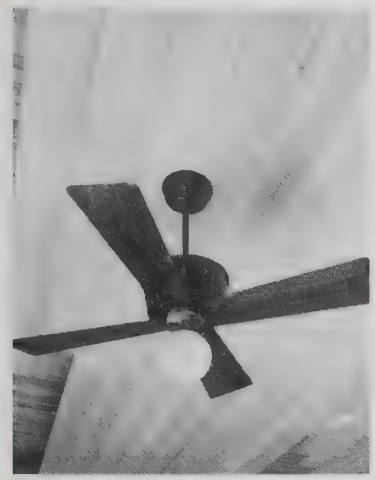
THE MIGHTY LITE

Where space is tight with limited height, the 13" high Mighty Lite accent lamp can give you the light you need. Choice of gleaming chrome or brass, with a soft pleated shade. MC/V. $20 ppd. $1 for brochure. Patrick B. King & Associates, Ltd., Dept. EH 12, Box 3581, Merchandise Mart, Chicago, IL 60654.



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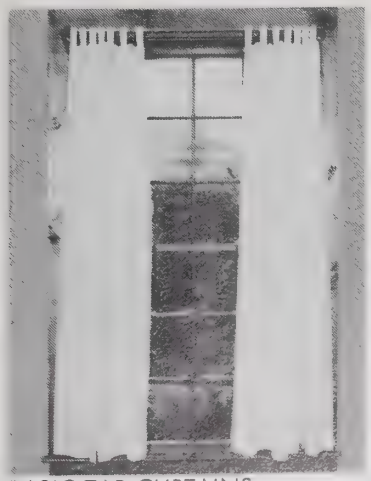
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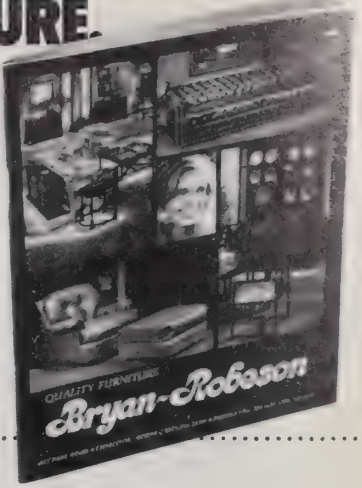
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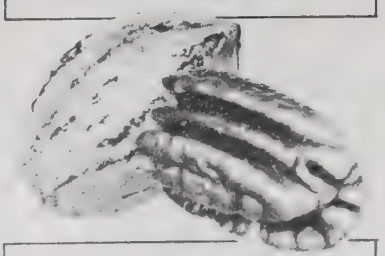
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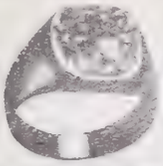
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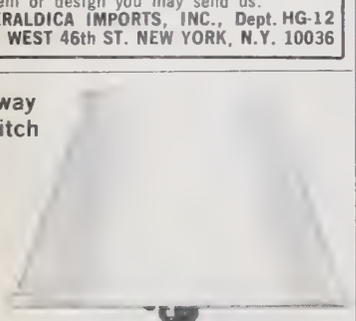
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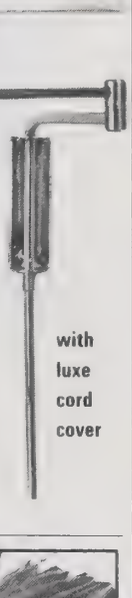


the Wall Swinger

a sleek swing arm at the fantastic price of $19.99

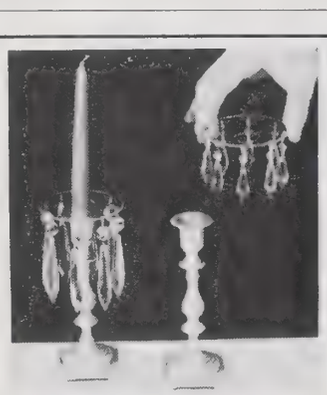
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Send 50¢ in Stamps or check for swatch and color catalog.

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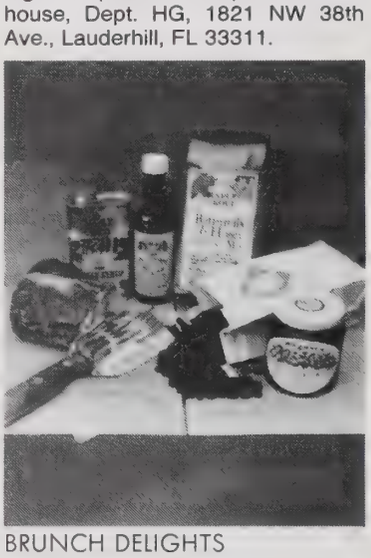
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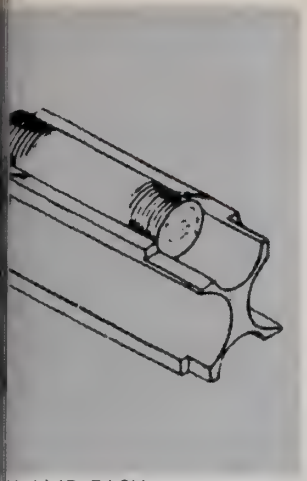
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room shape wicker hassock is l or seat. Remove cushion, its e; take off top, it holds toys or zines. 19" dia., 21" h. Polyure- -filled cushion in beige or print. al or walnut lacquer, $32; or yellow enamel, $37. Ppd. t 25¢. Wicker Creations, , Box 541, Hudson, NC 28638.



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Floor and floorcloth stencils available for the first time. Permanent see-through Mylar with complete instructions, layout diagrams. Summer Parlor (shown) kit $13.95 ppd. Also at same price: Sarah's Pride and Neptune. Bump Tavern, $15.95. Full-color catalogue $1. Adele Bishop, HG129, Dorset, VT 05251.



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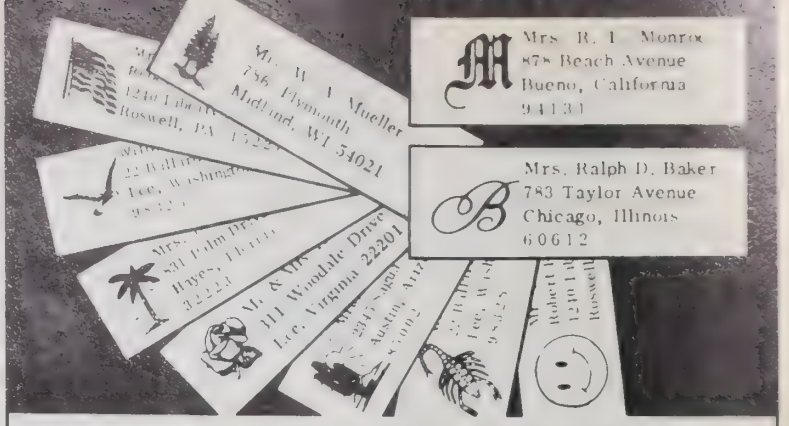
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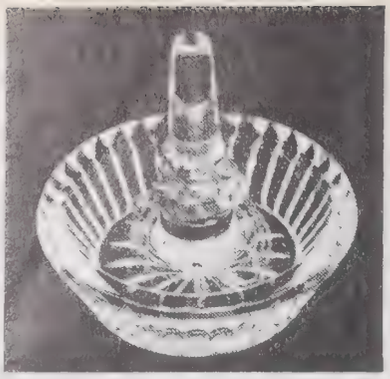
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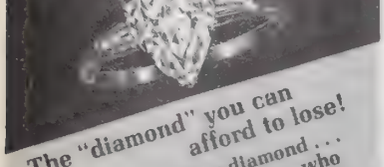
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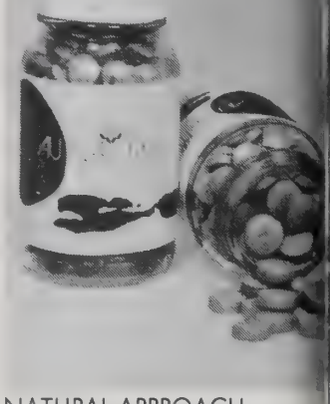
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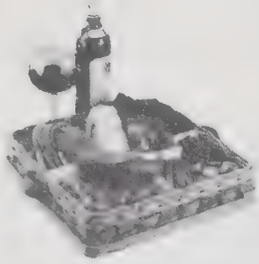


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$49.95

Send $1 for catalog and certificate worth $2 on your first order

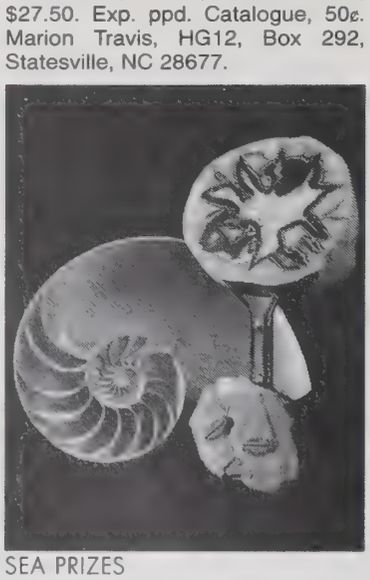
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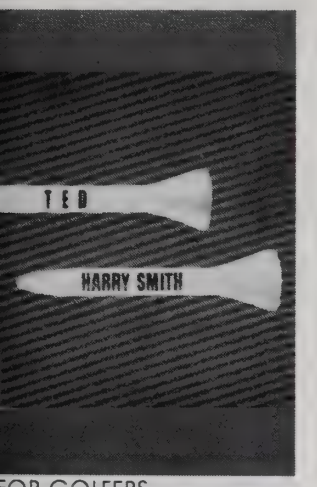
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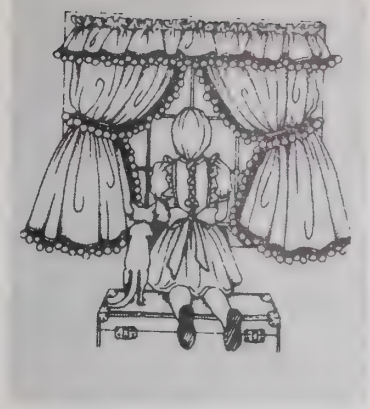
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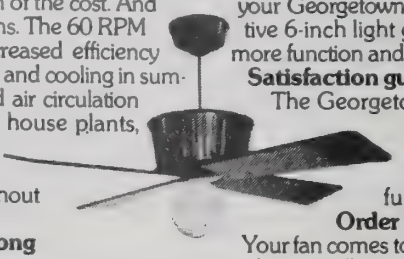


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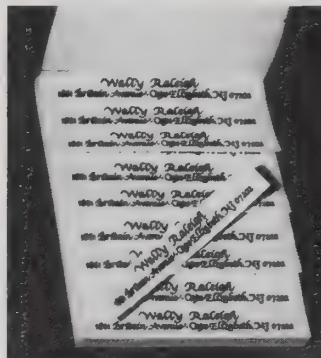
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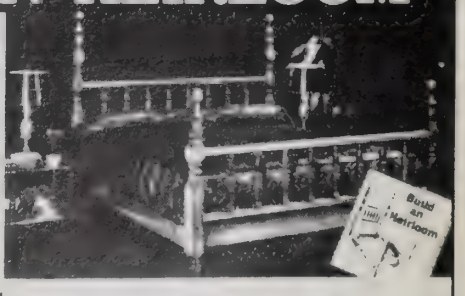
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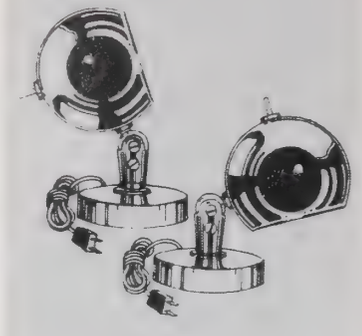
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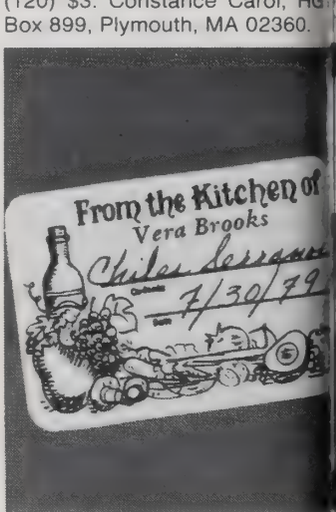
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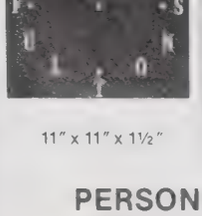
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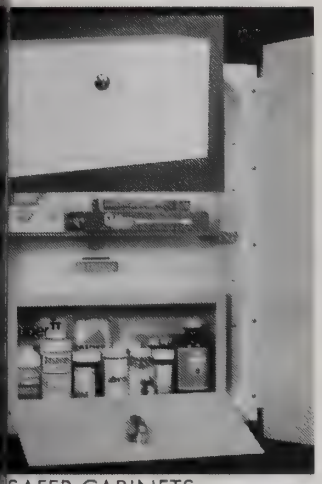
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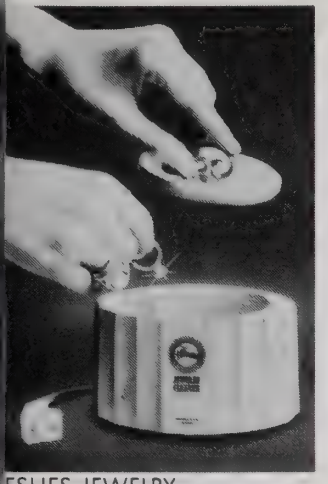
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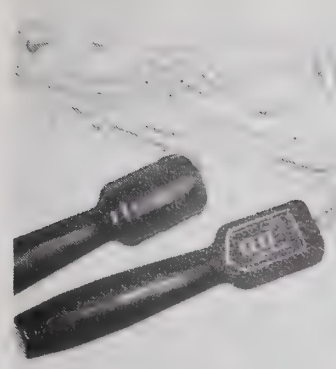
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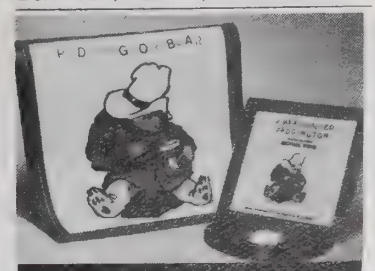
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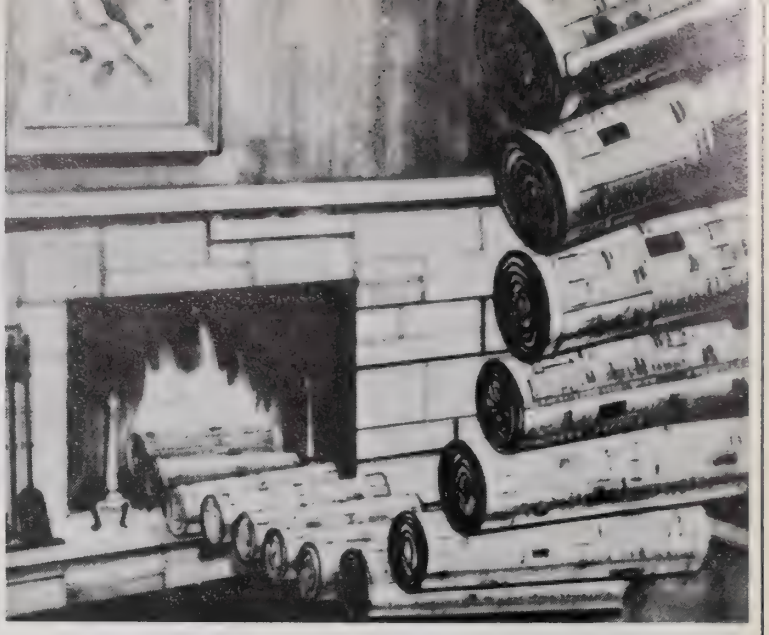
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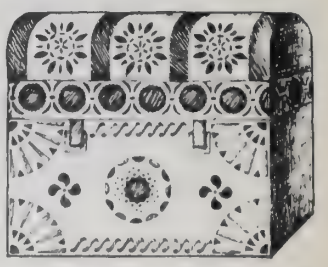
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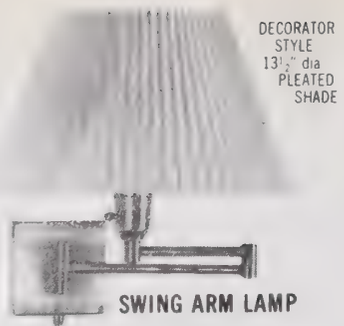


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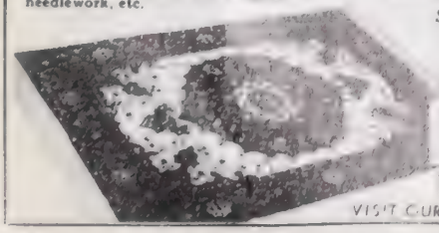
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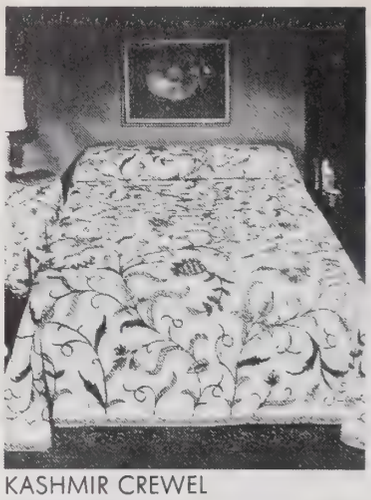
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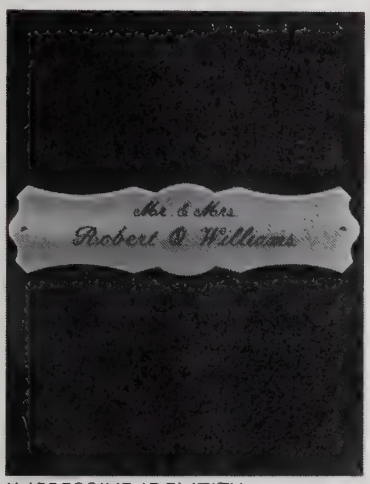
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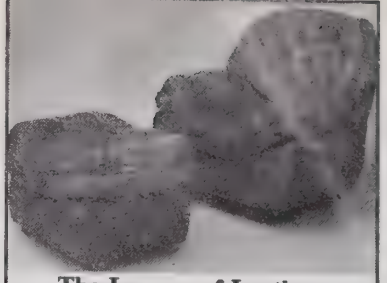
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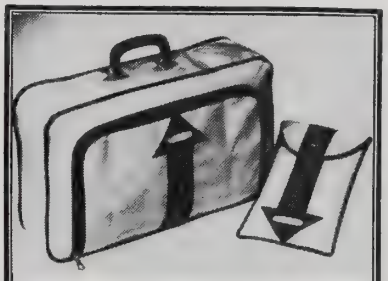
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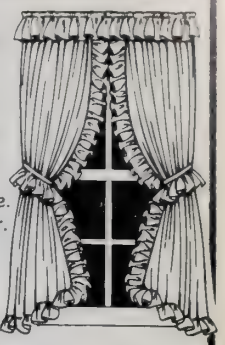
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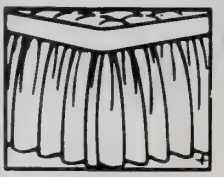
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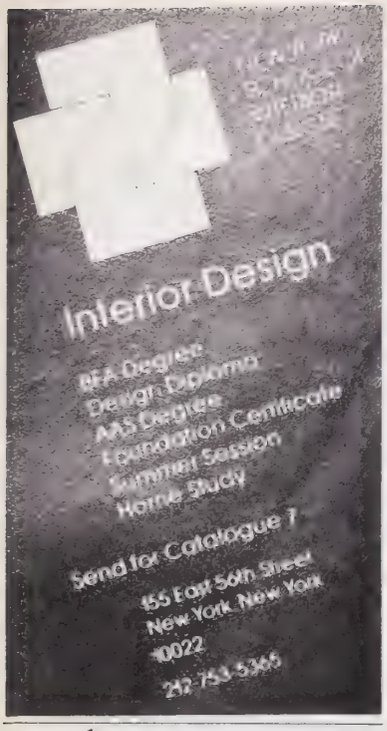
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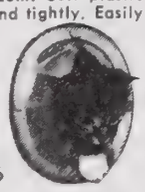


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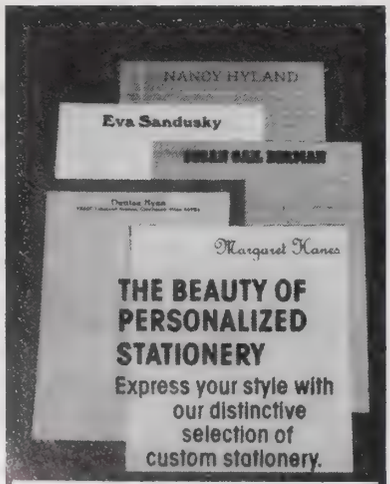
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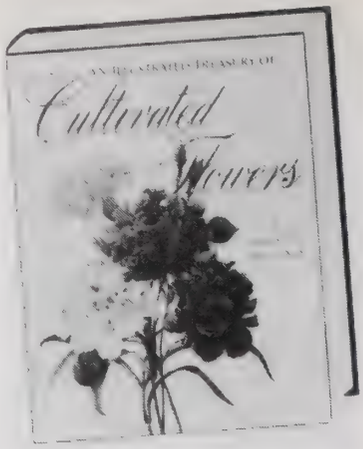
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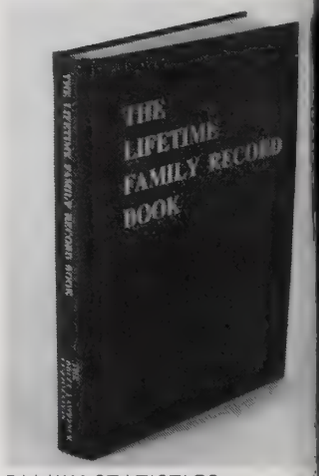
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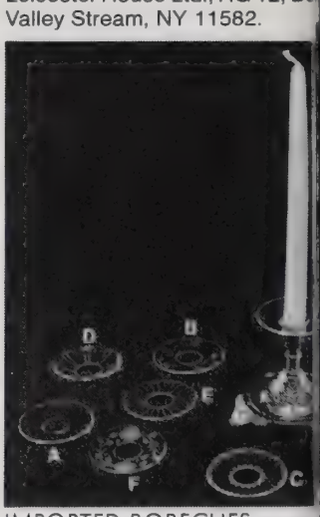
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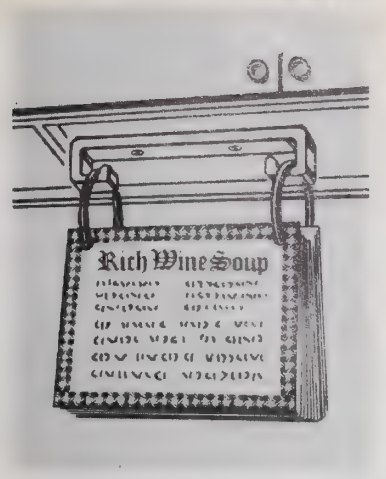
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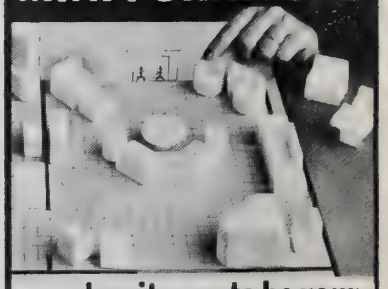
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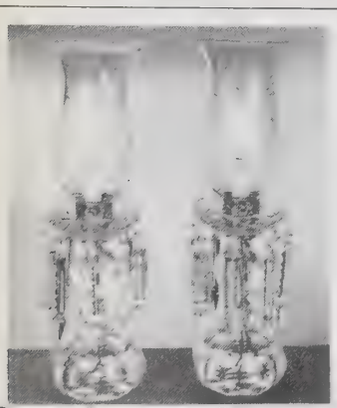
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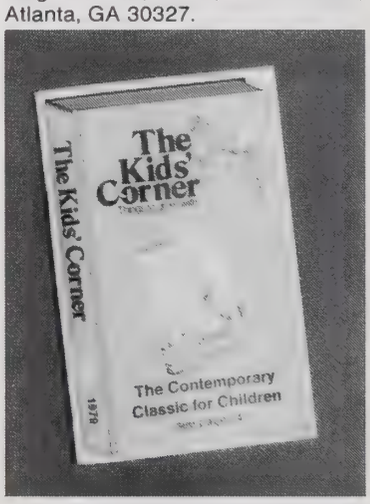
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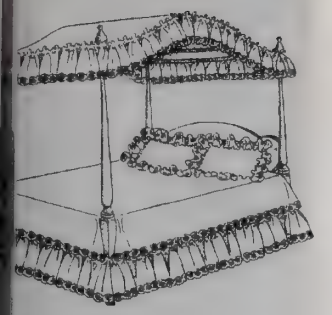
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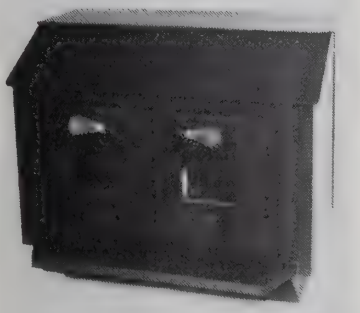
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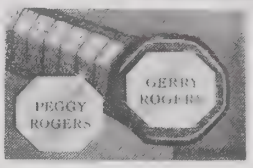
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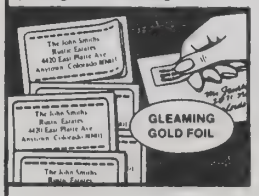
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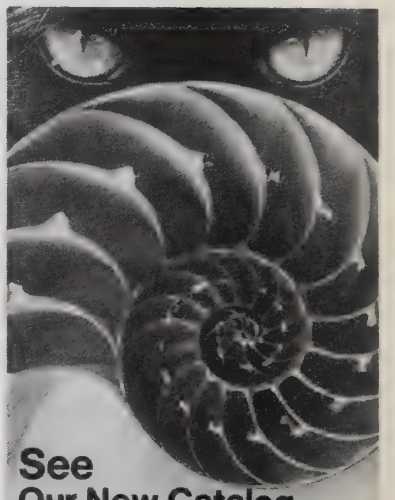


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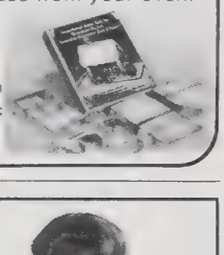
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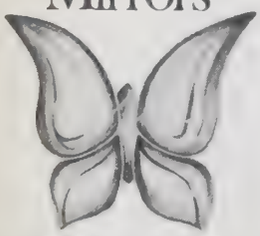
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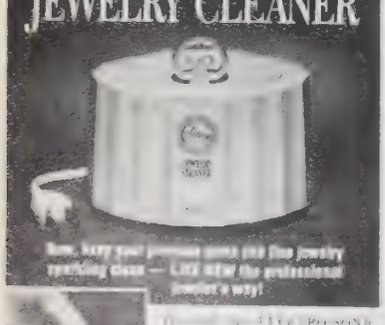
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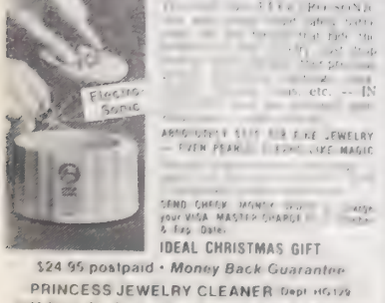
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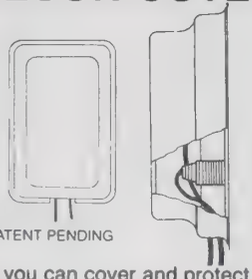
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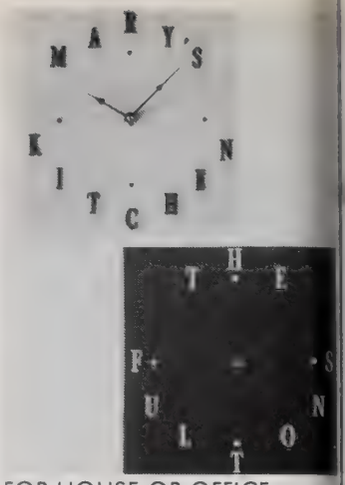
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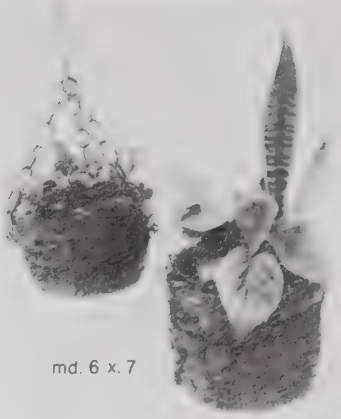
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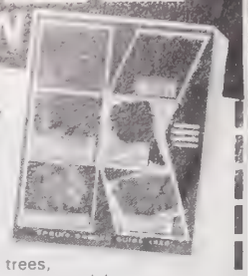
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BY JAMES FANNING

As Christmas approaches

The many beautiful holiday decorations at Callaway Gardens plus penetrating the soil with gypsum

Christmas at Callaway Gardens

The climate in Georgia is ideal for gardening. Mild but not tropical, with ample rainfall and long days of sunshine, it provides the right conditions for a great variety of plants. Long ago, the Callaway family of Pine Mountain began taking advantage of these conditions by establishing a garden designed to make use of this fine location for the benefit of themselves and the world at large. Today, Callaway Gardens draws visitors from all over the nation, with something to interest the garden-minded every day of the year. In summer it is vegetable and flower gardens and nature trails. In winter, the extensive greenhouses are the prime attraction, with lectures and study courses to carry on the educational process. But the Christmas season really brings out the best at Callaway Gardens. Beginning in late November, demonstrations of holiday decorations are emphasized, with the magnificent Poinsettia Tree—hanging baskets of poinsettias on a wire frame suspended over one of the indoor pools—a center of attraction and inspiration. For the wintertime (or anytime) tourist, Callaway Gardens is easy to reach, on Interstate Highway 85, south of Atlanta, and provides accommodations for as long as you want to stay. Full information can be had from Callaway Gardens, Pine Mountain, Ga. 31822.

A Christmas tree of poinsettia plants hangs above an indoor pool at Callaway Gardens.



REITTER

Callaway Gardens pointsettia Christmas tree is suspended from the strong frame of the greenhouse roof. Baskets are hung individually on steel cables and arranged in 4 tiers to achieve the tapered shape of an evergreen tree.

Spaced-out soil

A plant's worst enemy is compacted soil. Air and water can't get to the roots, and the roots themselves can't push their way between the closely packed soil particles. Breaking up the soil by cultivation helps, but only for a short time, since rainfall quickly pounds the particles together again. Centuries ago, it was discovered that calcium would flocculate the soil—that is, make the particles clump together and leave open spaces for air, water, and roots to get through. Usually applied in the form of lime—calcium carbonate—this treatment also helped to reduce soil acidity, which is another advantage for most crops. Lime, however, has to be worked into the soil to do its work, so is of little use on areas that cannot be dug up—an established lawn, for instance. However, calcium sulfate, known as gypsum, will penetrate soil without being worked in, and so permits the calcium to do its work of flocculation on undisturbed ground. Gypsum also has a buffering effect—that is, it absorbs chemicals such as salt that might harm plant roots. Spread on areas that have been subjected to salt runoff from highways or drives, it prevents damage to grass or other vegetation. It's not a fertilizer, so cannot burn plant roots—in fact, it helps ordinary fertilizers do their work. A great advantage of gypsum is that it is inexpensive and available in easy-to-handle sacks. A leading producer is United States Gypsum, whose Sof'n-Soil is specially prepared for garden and lawn use and can be obtained everywhere fertilizers or building materials are sold. ■

noon, so that the sun can shine on the part you are not using and keep it dry.

I'd like to come back to the palapa that you use so much. How long does it last?
Between five and eight years. But the framework will last for fifty years. Replacing the palm leaves is not very expensive and takes only a week. And because it is flexible it is very resistant to earthquakes and to hurricanes. The wind goes out the top instead of lifting the roof.

I notice that even outside on the terrace the concrete doesn't seem to get hot. Why is that?
Partly because it is white and reflects, but mostly because we pound it with axes and irons after it is poured to create a non-skid texture and ventilation channels. Your feet have contact with only about half the surface, the other half is air.
For the interior floors we've come to the conclusion that natural cement is the best because it is long lasting. But the most important thing to me is that the floors are all in one piece. I love the idea of being able to do a floor in a single stroke. We prepare the cement and do a whole room without a single junction. It's just fabulous—like a monolith.

Marco, many people tell me that they are amazed at how you are able to capture the personality of the owner and reflect it in the house. Can you tell me about this?
I've had the luck of a lot of collaboration from my clients in making the houses. When we are constructing the houses we discuss them together, and make decisions together, and even though they let me do many things, they always express their opinions. They are very enthusiastic and happy when they collaborate with me in the creation of what we believe to be a work of art. Often when we finish I notice a change in my clients; they are desperate because it's over. And really finishing the house implies that an adventure is over and they have to devote themselves to another kind of adventure, which at that time is not quite defined in their thoughts.
What I have learned about houses as far as their functioning, I've learned from my clients. I've been lucky enough to remain their friend, they invite me to their houses, they lend them to me, and that is what gives me the experience I have. Not of the process of construction but of the process of living in them, the process of the result. Many times they teach me what I had never guessed. I constantly jot down the experiences of the people who live in the houses. They are very important to me. ■

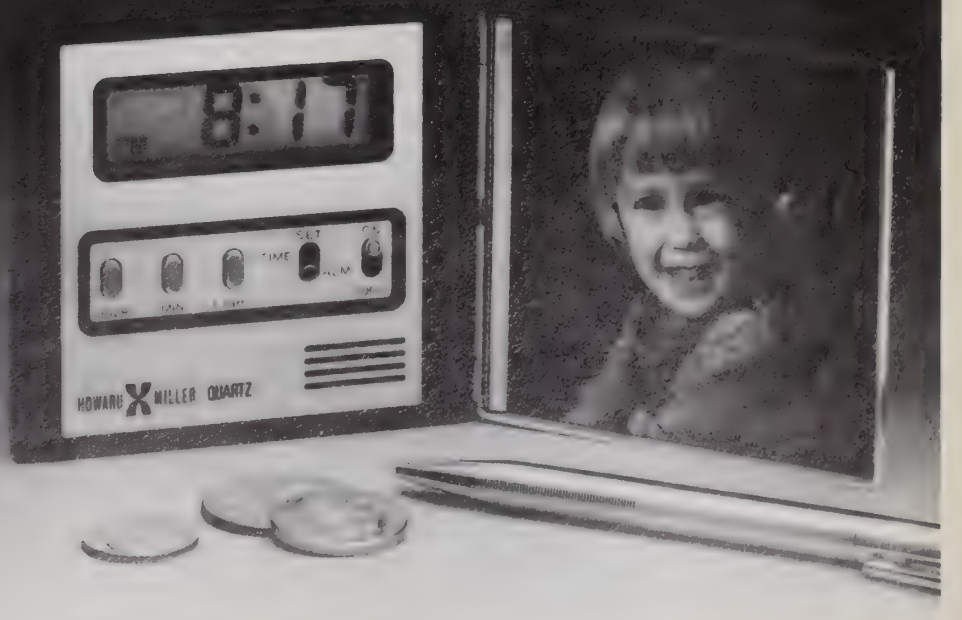


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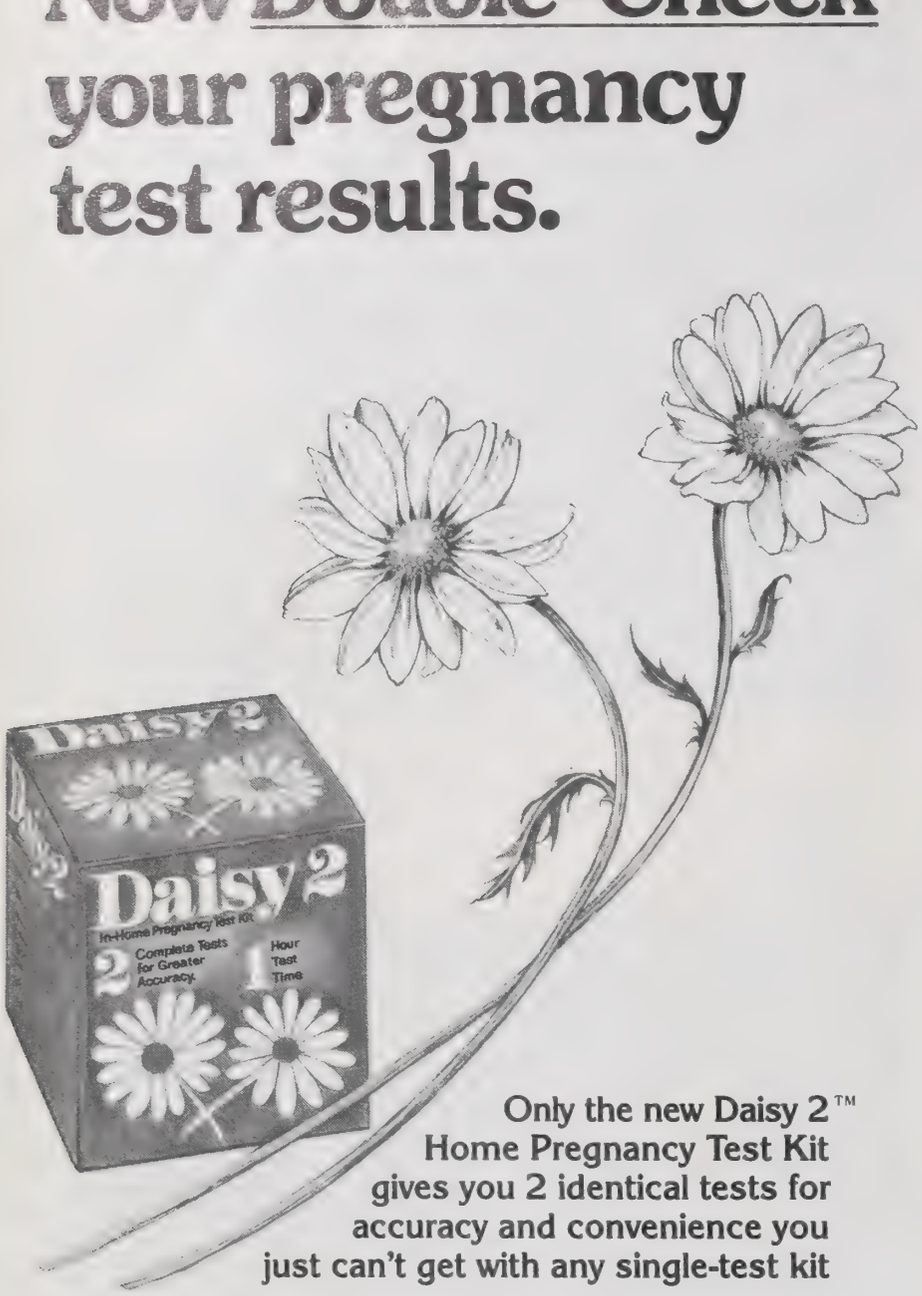
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Marvelous ideas to help you plan and shop are in the booklets below, and they're yours for the asking. You can order them directly from House & Garden—send for the ones you want today. Just fill out and return the order coupon, circling the number of each booklet desired, enclose $1 for postage and handling plus any additional charge as indicated next to the booklet number, and we'll see to it that your booklet requests are filled as quickly as possible. Do not send stamps. Cash, check, or money order may be used.

Building and remodeling

1. WINDOWS BEAUTIFUL—A complete, authoritative book on window treatments. Room-setting photos in color, examples of most popular types of treatments, styles suitable for various rooms, ideas for common and problem windows, how-to for measuring and sewing, basic treatment for many types of windows. Kirsch Company. $1.95

2. WINDOW AND DOOR IDEAS. Helpful 16-page booklet shows house builders and remodelers how types of windows can fit into contemporary and traditional architecture. Energy-conserving double-glazing system, low-maintenance exterior, plus easy washing features are described. Rolscreen.

3. "TIPS ON WOOD FINISHING"—A comprehensive guide for do-it-yourselfers from Minwax. The information in the booklet ranges from wood selection to preparing antiques for refinishing, and includes many useful tips on removing old finishes, making sanding easier, repairing cracks and gouges, selecting a finish, and instructions on how to "iron out dents." Minwax Co.

Decorating

4. WAIT TILL YOU SEE what an Indian handmade carpet can do for your floor. Beautiful carpet designs are shown in full color, along with ideas that prove you can use these carpets with any decorating style you choose. Pande, Cameron & Company. $3

5. PAN-ASIAN... "echoes of ancient Oriental cultures." Fifty-three-page booklet from Henredon shows furniture collections that come from the Far East. Some designs are copies of rare antiques while others translate ancient Oriental themes for contemporary homes. Henredon Furniture Ind., Inc. $2.

6. EARLY AMERICAN HOME DECORATING. This 124-page hardcover book of decorating suggestions has a room-planning kit and illustrates the entire line of Young Republic hard-rock maple living, dining, and bedroom furniture. Tell City Chair Co. $4.

MODERN FURNITURE FROM A Z—that's what you'll find in the new 8-page color catalogue from Roche bois. Settees to lithographs, storage its to pillowcases, tables, lamps, and sks for those who prefer their homes reflect their own style with unique yet neless decor. Roche Bobois. $5.

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ating and entertaining

LOW-CALORIE RICE RECIPES r the whole family. Delicious, lowlorie rice menus that are both nutrious and tasty. You're assured of essenl vitamins and minerals with such arty meals as: Savory Steak Jardin and roccoli-Rice Quiche. Rice Council of merica.

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12. "THE SWEET-POTATO LOVERS' GUIDE TO GOOD EATING." Learn about the saga of sweet potatoes—nutritional facts, their varieties, cooking procedures, and delicious sweet-potato receipes such as Sweet-Potato Walnut Bread with Almond Crunch Topping. The California Sweet-Potato Council.

Potpourri

13. UNIQUE 14-KARAT GOLD OVERLAY JEWELRY. Beautiful booklet reveals the story of Krementz gold overlay jewelry and why it's different. Description of the interesting process of producing gold overlay material and how it compares with the finest handcrafted gold jewelry in the world. Krementz & Co.

14. FIREPLACE FURNISHINGS by Reichman, known for creative design in iron. Brochure from Custom Wrought shows accessories that will accent or complement your fireplace. All Custom Wrought products are still handmade in small quantities, with old-time proven methods, in the tradition of the early ironworkers.

15. A MOST COVETED JEWELRY BOOK—The Tiffany Catalogue. 216 full-color pages featuring jewelry by Tiffany designers as well as collections of sterling, china, crystal, watches, gifts, and more. Exclusive catalogue by Tiffany & Co. $2

16. "THE ENLIGHTENED HOUSE" is a booklet with suggestions for enjoying the shining crystal lights of Waterford. Inviting lighting is the key to a warm feeling in your home. Information about illumination, task and accent lighting, chandeliers, and hints on selecting china and crystal lamps, fixtures, lamp shades. Waterford Glass, Inc.

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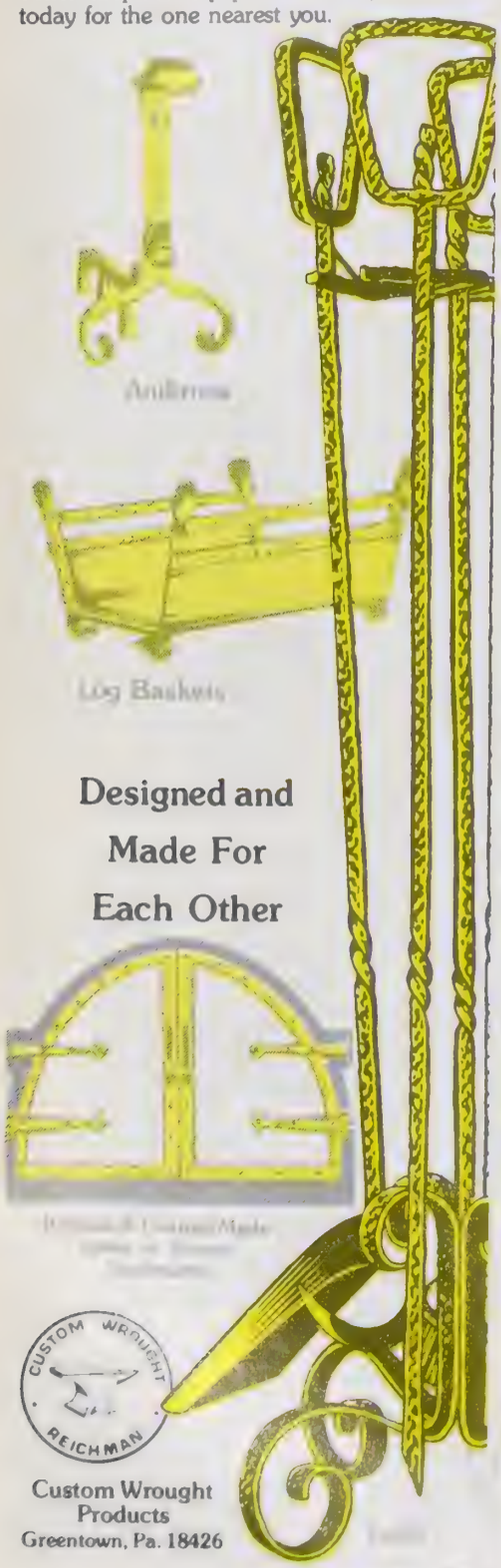
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Presents within presents
continued from page 187

12–16 hours, you can do it the night before. Mix together the starter, water, sugar, salt, and 2–3 cups flour in a very large bowl. Cover bowl with a towel and put in a warm place for 12–16 hours.

☐ Uncover the bowl and stir the mixture down, stirring in the optional yeast as you do so—it helps speed the rising time a bit. Mix in the melted butter and 2 or more cups flour—the dough should be moderately stiff, very smooth and elastic.

☐ Turn the dough out onto a floured board and knead 10 minutes. Place the dough in a buttered bowl, turn to coat with butter, cover with a towel, and let rise in a warm piace until doubled, about 1½–2 hours.

☐ Punch dough down, place on floured board, and knead several minutes. Cut or tear dough into 3 equal pieces. Sprinkle buttered baking sheets lightly with cornmeal, then shape dough into round or oval loaves and place on baking sheets to rise again. The loaves will become quite large, so you may wish to refrigerate one, wrapped in a plastic bag, while the first 2 bake. Let dough almost double—check it after 45 minutes. Bake in a preheated 375° oven 30–45 minutes, or until bread sounds hollow when rapped on the bottom. Brush top lightly with melted butter if desired. ■

To make the gingerbread box (*see page* 132), first find a small gift box to cover. Make a paper pattern of top, top sides, and box sides (pattern should not include the part of box side covered by top). Also, make pattern for tag. Prepare gingerbread recipe (see Wine & Food, page 186, for basic mix—half the recipe will cover a small, 4-by-6-by-6-inch box). Roll dough out to 3/16 of an inch. Put pattern on dough; cut out with sharp knife. Transfer cookies to cookie sheet, re-matching with pattern to be sure they haven't stretched. Press in lettering and designs with toothpick and ruler as guide. Bake and let cool completely. Make up a confectioners-sugar icing using 2 cups sugar, 1 egg white, and 2 teaspoons of lemon juice, blended with a wire wisk. Spread icing on box and attach cookies. Let dry overnight. ■

SHOPPING INFORMATION

PRICES APPROXIMATE
State and local taxes additional.
***Consult your interior designer or department store decorating service.**

PRESENTS WITHIN PRESENTS
Pages 132-133

Plastic lettuce dryer or egg basket. In red, yellow, or green. $15. At Bridge Kitchenware Corp., NYC 10022.

Pine-cone basket kit: To make a basket 13" diam. x 14"h. With instructions, 1 wire frame (10" diam.), 100 pine cones in graduated sizes, brown floral tape, wire, and satin-finish ribbon (1½" width) for bow; specify red or green. $15 postpaid (add $1.50 for Canada or foreign countries). From Mrs. Joanne Reilly, P.O. Box 202, Holbrook, NY 11741. Wire frames sold separately: 8" diam., $2.50; 10", $3; 12", $3.50; 14", $4.50. Bag of 50 pine cones, $3.40. At Patchogue Floral Fantasy Land, 10 Robinson Ave., East Patchogue, NY 11772. Add $1.50 to order for postage and handling.

Angel candle in basket, 5" x 6"h. $10. By Faroy. At Macy's, NYC 10001.

Glazed terra-cotta baking pot, 8" x 6"h. $2. At Bloomingdale's, NYC 10022.

Chrome wire egg basket, $11.25. **Stainless steel skimmer**, $2.75. At Manhattan Ad Hoc, NYC 10021.

Terra-cotta pot, $3.50. In a variety of sizes. At Sea Raven Pottery, Old Saybrook, CT 06475.

Miniature basket from the Phillippines, ¼" x ½" x 10"h. $3. The Silo, New Milford, CT 06776.

Double-duty tables
continued from page 75

al has two tables that make use of this scissors action for multilevel use as well as for flat storage. One has a round top, 36 inches in diameter, of thin, varnished wood planks and varnished hardwood legs. The legs cross each other, forming a tepee shape that opens and closes, allowing the table to range in height from 24 to 28 inches with adjustments under the tabletop. The price of the table is $143.50. (The top is also available in white plastic laminate.)

Another one has a 30-by-40-inch rectangular top with rounded edges made with a plastic-laminated wood finish and hardwood legs. The table adjusts to three heights—18, 23, and 27 inches—which are kept in place by screws in the top. It costs $108.

In case you'd rather have a table that expands horizontally instead of one that grows and shrinks vertically, Henredon has an ingenious table with curved leaves that flip up from underneath the top. It is made of solid ash with a knotty-oak veneer. The leaves are attached to the tabletop with antique-finished brass hinges that make good-looking details when the leaves are tucked away. With all the leaves under, the table is 40 inches square; then, if you open two of them, since the leaves are curved, the table becomes an oval 56½ by 40 inches; and, if you open out all four leaves, the table becomes round, 56½ inches in diameter. Delicate lines etched into the top (including the leaves) echo the primary square shape of the table. When the leaves are out, the lines disguise where the top stops and the leaves begin. The tabletop rests on a 29¼-inch-high octagonal pedestal with a base that has antiqued brass trimmings. The pedestal is of the same wood as the top. The table costs $1,165. ■